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High-Resolution T1 Mapping using Parameter-Free Low Rank Denoising

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Synopsis

Myocardial T1 mapping has become increasingly established for tissue characterization in numerous cardiomyopathies. However, the commonly used end-diastolic single-shot imaging imposes restrictions on the spatio-temporal resolution. In this work, we explored increased parallel imaging accelerations and higher resolutions, in conjunction with an image denoising technique that exploits inter-dependencies between the multiple images using random matrix theory. Following parallel imaging reconstruction, common noise characteristics across the images are extracted from the singular value decomposition of a Gaussian random matrix and denoised using locally low-rank regularization. Application of this technique to SAPPHIRE T1 mapping shows no corruption of the T1 time and enables parallel imaging acceleration up to 4 with an in-plane resolution of 1.1x1.1mm² at clinical image quality.

Introduction

Myocardial T1 mapping is commonly performed based on a series of diastolic snap-shot images acquired with differential contrast weighting. However, due to the brevity of a diastolic quiescence, the in-plane resolution is limited. This gives rise to partial-volume effects which impair inter- and intra-observer variability¹.

There are a number of properties shared across the multiple T1-weighted baseline images. These include common anatomical features across the weights, as well as similarities in the reconstructed noise distribution after parallel imaging. In this study we sought to exploit these similarities in a parameter-free noise reduction scheme in order to enable high resolution T1 mapping in a single breath-hold.

Methods

SAPPHIRE T1 maps were acquired with the following imaging parameters: Field strength=3T, TR/TE/FA=2.6/1.1-1.2ms/35°, FOV=300x300mm2, slice thickness=8mm, acq. window=230ms, #images=11. Spatio-temporal resolution was varied by adopting the parallel imaging factor²: R=3 (1.3x1.3mm2), R=4 (1.1x1.1mm2), R=5 (1.1x1.1mm2, acq. window=200ms, slice thickness=6.5mm).

The post-processing for denoising is depicted in Figure 1. Parallel image reconstruction was performed in SNR Units³. The non-uniform noise distribution in these images was compensated for via division by the g-factor maps, leading to a uniform Gaussian noise distribution across all normalized images. Furthermore, since these multiple images share similar features locally, we hypothesized that a Casorati matrix formed by rearranging the local patches across different contrast weightings was low-rank. This property was enforced by singular value thresholding (SVT). Since all images in this series have uniform Gaussian noise, the noise part of the Casorati matrix is a random Gaussian matrix, whose entries are independent identically distributed standard normal Gaussians. Thus, the threshold was analytically derived from the singular values of a random Gaussian matrix, which follow the Marchenko-Pastur distribution⁴. After thresholding, images were re-normalized by the g-factor maps, resulting in the denoised images with the desired contrast in SNR units. T1 map reconstruction was performed on the denoised baseline images, using a conventional three parameter fit.

Images were acquired in three healthy subjects (33±10 y/o, 3 males), and average T1 times and T1 time variability was assessed in manually drawn septal ROIs.

Results

Example baseline images at acceleration rate R=4 depict readily visible noise reduction with no apparent blurring of cardiac structures using the denoising technique (Fig. 2). Visually improved homogeneity of the T1 times in the myocardium is observed while a sharp myocardial-blood interface is maintained. T1 maps at multiple acceleration rates (Fig. 3) show increased noise contamination, leading to corrupted average T1 times and highly elevated variability if no denoising is performed (Across subjects T1 time±precision: R3/R4/R5 = 1539±101/1496±214/1491±407ms). Denoising achieves consistent T1 times across all tested acceleration rates, which are in close agreement with the average T1 time obtained with low-resolution T1 mapping. Furthermore, it successfully improves in-vivo precision, leading to a 23-36% decrease in spatial variability (T1 time±precision: R3/R4/R5 = 1553±64/1520±164/1520±276ms).

Discussion

Image denoising is commonly based on features within the image, often requiring a trade-off between noise reduction and retention of image details. Quantitative MRI, however, offers the advantage of acquiring multiple images with varying contrast, providing a certain degree of redundancy. This interdependency has been previously explored to allow highly accelerated image acquisition with a compressed sensing reconstruction from under-sampled data^{5,6,7}. However, these methods commonly necessitate a random or non-Cartesian acquisition and a computationally expensive iteration between data consistency and regularization. The approach explored in this study differs from these, as it is performed in a single-step procedure following conventional parallel image reconstruction. As such, it is easily integrable in existing post-processing pipelines, with no changes in the acquisition pattern.

Analytic description of the standard normally distributed noise in the Casorati matrix enables a judicious choice of the thresholding parameter without heuristics. This was previously explored in magnitude images for diffusion MRI in the brain⁸, and in dynamic T1 mapping with a large number of baseline images (>50), which has more favorable low-rank properties⁹. With this characterization, the algorithm parameters need not be tuned for different patients, promising robust performance across a wide scale of acquisitions. This automated analytic nature of the denoising algorithm may facilitate the integration in clinical scan-protocols.

Conclusion

Parameter-free low-rank denoising enables accurate myocardial T1 mapping with visually high image quality at in-plane resolutions up to 1.1x1.1mm2 in a single breath-hold.

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Figures

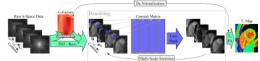
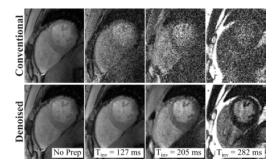
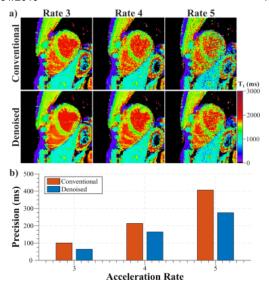


Diagram of the multi-contrast low-rank denoising scheme. Parallel imaging reconstruction in SNR units is performed from the raw k-Space data, and normalized by the g-factor maps to achieve a uniform noise distribution. A Casorati matrix is then formed from patches across the different contrast images. Low rank properties are enforced in the Casorati matrix using singular value thresholding. This low rank regularization is iterated in a multi-scale manner with different patch-sizes. Following the denoising the images are de-normalized with the g-factor and T1 maps are generated by parameter fitting.



Baseline images with and without the low-rank denoising processing. Images acquired with no magnetization preparation look visually comparable before and after denoising. However, substantial noise reduction is observed after denoising in baseline images with low SNR, following the saturation/inversion preparation. Furthermore, the denoising scheme maintains sharp delineation between the myocardium and the blood pool, while the depiction of cardiac structures is significantly improved.



Myocardial T1 maps with the denoising method at various acceleration rates, compared to conventional image post-processing (a). Increased visual homogeneity and diagnostic T1 map quality is obtained with the denoising at acceleration rates up to 4. Spatial variability of the septal T1 times averaged across three volunteers was reduced by 26-34% using the proposed method (b).

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