

An Ensemble of U-Net Models for Kidney Tumor Segmentation with CT images

Jason Causey[†], Jonathan Stubblefield[†], Jake Qualls[†], Jennifer Fowler, Lingrui Cai, Karl Walker, Yuanfang Guan, and Xiuzhen Huang

Abstract—We present here the Arkansas AI-Campus solution method for the 2019 Kidney Tumor Segmentation Challenge (KiTS19). Our Arkansas AI-Campus team participated the KiTS19 Challenge for four months, from March to July of 2019. This paper provides a summary of our methods, training, testing and validation results for this grand challenge in biomedical imaging analysis. Our deep learning model is an ensemble of U-Net models developed after testing many model variations. Our model has consistent performance on the local test dataset and the final competition independent test dataset. The model achieved local test Dice scores of 0.949 for kidney and tumor segmentation, and 0.601 for tumor segmentation, and the final competition test earned Dice scores 0.9470 and 0.6099 respectively. The Arkansas AI-Campus team solution with a composite DICE score of 0.7784 has achieved a final ranking of top fifty worldwide, and top five among the United States teams in the KiTS19 Competition.

Index Terms—Kidney tumor segmentation, CT images, U-Net model, Biomedical imaging

1 INTRODUCTION

The 2019 Kidney Tumor Segmentation Challenge (KiTS19) provides a good platform for encouraging computational approach development for automatic kidney tumor segmentation with patient computed tomography (CT) scans. In this paper we provide our method to address the challenge question. Our method is based on neural network models and trained by the dataset provided by the KiTS19 Challenge [1].

1.1 Medical Relevance and Significance

A machine-learning algorithm for segmenting kidneys and kidney tumors would be valuable for the medical community. Tumor characteristics, such as size and shape, are routinely used both for patient prognosis and surgical planning.

One of the most important factors influencing patient survival in renal cell carcinoma is the TNM stage of the tumor [5]. The TNM staging system is widely used in oncology and is determined by the size and shape of the primary tumor, number of lymph nodes involved, and the presence

or absence of distant metastasis [6]. A CT scan of the primary tumor provides enough information to ascertain the tumor portion of the cancer's TNM stage [5]. A segmentation algorithm will help automate the determination of the cancer's T-stage, providing valuable prognostic information to the physician and patient.

A segmentation algorithm would also help in surgical planning. The most common treatment for solid renal masses is surgery [7]. Until recently, radical nephrectomy was the standard of care, but with more advanced imaging and surgical techniques, partial nephrectomy is now more feasible [7]. Partial nephrectomy is equally effective at achieving cancer remission, but with less morbidity than a radical nephrectomy [7]. However, not all patients are suitable for partial nephrectomy. A segmentation tool will assist surgeons in determining who is a candidate for partial nephrectomy and who would be better treated with a radical nephrectomy. Such a tool would allow the surgeon to see the tumor's size and shape, and its relationship to nearby vital structures, such as the aorta, vena cava, collecting system, etc. These tumor aspects have been shown to influence the complication rate in partial nephrectomies [8].

2 MATERIALS AND METHODS

In this section, we first describe the dataset used and then present our model for the biomedical imaging problem based on neural networks.

2.1 Dataset

The data were provided by the KiTS19 Challenge organization [1]. The whole dataset consisted of 300 individual patient CT scans. 210 scans were made available to the competition teams as a training set, and the remaining 90 scans

- All authors are with the Arkansas AI-Campus.
- Jason L. Causey, Jake A. Qualls, Jonathan Stubblefield, Jennifer Fowler, Xiuzhen Huang are with Department of Computer Science and Molecular Biosciences Program, Center for No-Boundary Thinking (CNBT), Arkansas State University, Jonesboro, Arkansas 72467.
- Yuanfang Guan are with Department of Computational Medicine & Bioinformatics, University of Michigan, Ann Arbor, Michigan 48109.
- Lingrui Cai is with Ann Arbor Algorithm, Ann Arbor, Michigan 48103, United States of America
- Karl Walker is with Department of Mathematics and Computer Science, University of Arkansas at Pine Bluff, Pine Bluff, Arkansas 71601.
- The three authors, J. Causey, J. Stubblefield, and J. Qualls, considered as joint first authors.
- Correspondence to: X. Huang (xhuang@astate.edu).

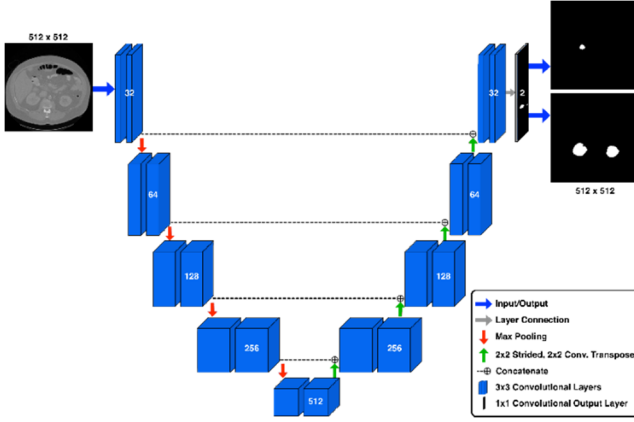


Fig. 1. U-Net architecture. The U-Net operates by compressing the input image into a low-level feature representation at the apex of the U. Following this, the model expands this low-level representation into the predicted segmentations for the image.

were retained for testing predictions; no segmentation information was provided for these.

We used the 210 patient CT scans and corresponding ground truth provided by the KiTS19 Challenge organizers [1] for our training and validation. A validation group was set aside before training began by selecting 20% ($N=42$) of available patients at random. The same validation group was isolated and used for validation on all models that were tested. The remaining 168 patients were used as the training group for all models. We chose to hold out a validation set instead of using cross-validation, because using cross-validation would force us to multiply the computational time by the number of folds we had, and an independent ensemble of neural networks would have to be trained for each fold. We chose 20% to achieve a balance between having adequate training data and being able to predict our error.

2.2 Methods

We investigated several model architectures as possible solutions to this challenge. Primarily, we looked at two high-level configurations: Mask-RCNN [2] and U-Net [3]. We decided on an ensemble of U-Net models as our final configuration after testing many variations. We discuss our experience with Mask-RCNN further in the Discussion section, as well as our rationale for ultimately choosing U-Net.

Our final ensemble consists of two U-Net models working in tandem, followed by a post-processing “cleanup” phase to minimize prediction artifacts. All of our U-Nets share the same structural architecture shown in Figure 1. The input layer accepts images of dimension 512x512 pixels. The network consists of four “downsampling” blocks, a feature representation block, four “upsampling” blocks, and one output convolutional layer. Each block contains two identical 3x3 convolutional layers. Each “downsampling” block is followed by a 2x2 max pooling operation. Each “upsampling” block is preceded by a 2x2 2-D convolutional transpose layer with a stride of 2x2 and a concatenate-

nation with features from the corresponding downsampling block (see Figure 1). The final upsampling block connects directly to the output layer, which is a 1x1 2-D CNN layer with 2 output channels of shape 512x512 pixels. All intermediate CNN layers utilize a ReLU activation. The output layer utilizes a sigmoid activation representing the probability that any pixel location should belong to the region of interest. Feature dimension sizes for all blocks are shown in Figure 1. Both models in our ensemble were trained on axial slices, differing in the number of epochs trained and the interpretation of the output masks from each. One model was tasked with predicting the kidney and tumor masks separately in its two output channels. We will refer to this as the “K/T” model. The other model was trained to predict the combined kidney+tumor mask on the first output channel, and the tumor portion on the second output channel. We will refer to this as the “KT/T” model. The output from the two models was combined such that both models voted equally for the inclusion of any individual mask voxel, and voxels receiving a vote from either model were included in the result sent to the post-processing stage.

This ensemble is unique as the two models are slightly different from each other, viewing the problem in slightly different ways. The KT/T model views the kidney and tumor as belonging together as a single unit, helping prevent errors in which the tumor voxels are predicted in locations far removed from the kidney. The K/T model is more flexible and not bound by this restriction, as it searches for the kidney independent from the tumor.

Finally, we post-processed the proposed mask by 1) filling gaps of width ≤ 2 in the tumor mask along each of the three axes, 2) computing and filling the convex hull of each connected region in the tumor mask, 3) removing any segmentations that occupy only a single ‘slice’ along each of the three axes, 4) retaining only the largest five connected regions in the tumor mask, 5) computing the two largest connected regions that intersect with a kidney segmentation in the union of the tumor and kidney masks and using those two largest connected regions to filter all proposals, removing any proposed segmentation voxels outside these two regions.

This post-processing stage removed spurious predictions as well as filling in any missing interior regions in the tumor prediction.

Pre-processing. We found that loading the NiFTi-format files for each patient created a bottleneck in the training process, so we pre-processed the images and saved the pre-processed versions in a format that could be read directly by the Numpy [4] package. For our axial models, we saved each axial ‘slice’ in an individual Numpy file. This allowed us to load slices individually instead of loading an entire CT scan volume, further optimizing our loading times. For training with coronal and sagittal views, we saved the entire CT volume for each patient in a single Numpy file. We optimized training on these views such that all possible slices for a single patient were used preferentially before moving to a different patient, so that we could reduce the impact of the longer load times.

Our pre-processing also included a window normalization of the CT image data which imposed a threshold of the raw Hounsfield units to the range $[-500, 500]$ and mapped the values to the numeric range $[0, 1]$ according to the formula:

$$v_{out} = \frac{\min(\max(v_{in}, -500), 500)}{1000} + 0.5$$

This step must also be performed prior to inference with all our models, so it is part of the input stage for the inference algorithm.

For inference, our algorithm reads the NiFTi file directly; it is not necessary to cache the image in Numpy format at this stage. The window normalization step is required as a pre-processing step during inference.

Training. Our training data consisted of 168 scans that included a ground-truth segmentation. For each of our models, we proceeded as follows using the Keras[Keras] deep learning framework in Python with the Tensorflow[Tensorflow] back-end.

Starting weights were seeded at random and trained for eight epochs each. We continued this process until we found an initial model that seemed to be converging at a reasonable rate. Many starts did not converge in any meaningful way within the first eight epochs, and they were discarded. In general, good starting weights could be found in about five attempts.

All training for the axial models proceeded by dividing all available axial slices into two sets: ‘Positive’ slices contained at least one segmented voxel of either tumor or kidney, and ‘Negative’ slices contained no segmented voxels. We balanced our training set by randomly choosing enough slices from the positive and negative sets to create a 2:1 ratio of positive slices.

Image slices were augmented in the following ways (each augmentation had a 50% chance of being applied to any slice):

1. Randomly flipped vertically (this augmentation was disabled after ~135 epochs).
2. Randomly flipped horizontally.
3. Randomly shifted up to 15% in both the vertical and horizontal directions.
4. Randomly zoomed in/out up to 15% and re-cropped or padded with zeros to maintain image size (only used on epochs > 150 K/T and > 200 KT/T).

Models were trained using approximately 2000 slices per epoch. Training loss was a weighted cross-entropy loss where tumor segmentation errors were weighted ten times versus kidney segmentation errors. We also monitored a per-slice Dice metric to determine how training was proceeding.

After training the models until the training metrics indicated a performance plateau, we ranked the weights by training and validation Dice metric, and chose several top

ranked checkpoints for further testing. For both axial models, we eventually trained in excess of 250 epochs, but the later checkpoints were not always best. Selected best weights were then used in an ensemble as described previously; we chose one checkpoint from the K/T and KT/T models for our final ensemble.

We provide detailed instructions for training both our K/T model and the KT/T model in the README.md file contained in our source repository on Github (https://github.com/jcausey-astate/ai_campus_kits19). The best K/T weights occurred at epoch 150 and the best KT/T weights occurred at epoch 205.

Implementation details. We utilized both local and cloud-based Amazon Web Services (AWS) GPU instances to train our models. Our two local instances included a single NVIDIA Tesla P-40 GPU and a single NVIDIA Tesla V-100 GPU, respectively. We also utilized up to three concurrent AWS cloud instances using the Deep Learning AML, with one NVIDIA Tesla P-100 on each instance.

3 EVALUATION METRICS

Each model was evaluated and ranked by its average Sørensen–Dice score [9, 10, 11] across all CT scans in the validation set. The metric is defined by the following formula:

$$DSC = \frac{2TP}{2TP + FP + FN}$$

In this formula, TP is the number of correctly labeled voxels and FP is the number of voxels falsely labeled as belonging to the class, and FN is the number of voxels incorrectly labeled as belonging to the background. The Sørensen–Dice score is computed on a per-class basis. We ranked our models first by the Sørensen–Dice score on the union of the kidney and tumor classes and secondarily ranked them on the tumor class alone.

4 RESULTS

4.1 Performance of our model

The table below shows the performance of our Arkansas AI-Campus models on our local validation group of 42 scans. Shown is the performance for each of the individual models in the ensemble, as well as the ensemble itself. The performance of the individual models does not include the described post-processing steps. Please refer to **Figure 2** for exemplary prediction outputs from our ensemble model.

At the time of judging of the KiTS19 challenge, the Arkansas AI-Campus team solution placed 50th overall, and among the top five of teams from the United States. The evaluation of our model on the retained test set of 90 scans shows that our model has consistent performance, and it has achieved Dice scores 0.9470 for kidney and tumor segmentation, and 0.6099 for tumor segmentation respectively. The Arkansas AI-Campus model has a composite Dice score of 0.7784.

Table 1. The performance of our models on our local validation set of 42 CT scans.

Model	K+T Dice, Std. Dev.	T Dice, Std. Dev.
K/T axial	0.927, 0.096	0.512, 0.293
KT/T axial	0.932, 0.072	0.517, 0.294
Ensemble + post-processing	0.949, 0.053	0.601, 0.292

4.2 Discussion of other models

Mask-RCNN. We attempted to adapt Mask-RCNN [2] to the segmentation problem. This model was selected for its state-of-the-art ability to perform segmentation tasks. However, we encountered challenges in adapting this

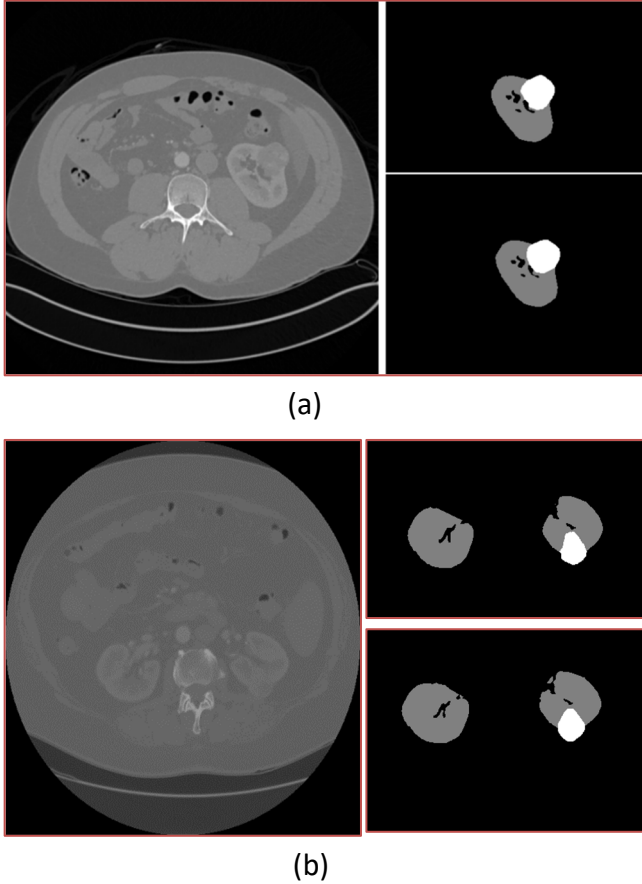


Fig. 2. For both (a) and (b), the image on the left is a single slice from one patient's CT scan. The upper right image shows the outlines of the kidney and tumor as identified by radiologists, while the lower right image shows the same outline as identified by our ensemble model.

model to the problem of segmenting the kidney and the tumor. Much like the U-Net model, Mask-RCNN is a 2D model and was trained with individual slices of CT scans. However, Mask-RCNN assumes that every training image will contain at least one object of interest. Training errors

occur if this is not the case. To work around this problem, we added a 'dummy' mask consisting of a single pixel placed in a random position on each slice that did not contain kidney or tumor. The randomness was intended to prevent the model from perfectly learning the dummy mask's position.

After making these modifications, we were able to train Mask-RCNN models for the axial, coronal, and sagittal views. However, its performance was quickly outclassed by the U-Net, even in ensemble and with post-processing. We suspect this is because Mask-RCNN has a much higher model capacity (and complexity) and trained more slowly.

Table 2. The performance of our Mask-RCNN based models on our local validation set of 42 CT scans.

Model	K+T Dice	T Dice
Mask-RCNN Axial + post-processing	0.340	0.098
Mask-RCNN Coronal + post-processing	0.400	0.073
Mask-RCNN Sagittal + post-processing	0.463	0.079
Mask-RCNN Ensemble + post-processing	0.724	0.166

Multi-View U-Net. While planning the U-Net ensemble, we planned to train models for all three views: axial, sagittal, and coronal. However, the coronal and sagittal models did not reach the same level of performance as the axial model, and ensembles containing these models underperformed ensembles with axial models only. We suspect that the reason was that these models were using the original images and not the interpolated dataset that allowed a common spacing in the Z-axis direction. This led to a much higher variance in the model's experience of anatomical structures for the non-axial views, reflected in the inability to reach adequate performance.

4.3 Further Work of Segmentation Algorithms

The development of automatic medical imaging segmentation algorithms, such as the work of the KiTS19 challenge, will contribute to the methods for imaging analysis. Also, the segmentation algorithms will be of clinical importance. Renal cell carcinomas are aggressive cancers, and further work for kidney tumor segmentation algorithms should be

able to provide a tumor stage for the cancer as well as information about the tumor's size and location. Most kidney cancers are treated with surgery. Segmentation algorithms will assist surgeons in deciding whether or not a patient is a candidate for partial nephrectomy by helping decide if a sufficient margin of healthy tissue can be left behind to minimize risk of cancer recurrence.

5 SUMMARY

The goal of the KiTS19 Challenge was to take standard human abdominal computed tomography (CT) images and build models that would scan the digital computed tomography (CT) scans and autonomously identify the kidneys and any solid tumors within the kidneys. The completion teams were initially given 210 scans to use as a training set from patients with kidney tumors identified by a team of radiologists at the University of Minnesota Medical Center. Using the training set, each team constructed models to identify tumors and were graded by how well their models performed on a separate testing set of 90 scans. The teams were scored by how closely the tumor and kidney tissue identified by their models matched tumor tissue identified by the experienced radiologists. After investigating several options, the Arkansas AI-Campus team developed an ensemble neural network algorithm that performed comparatively well and resulted in a composite Dice score of 0.7784 and 50th place globally. A limitation of the model is that it was developed iteratively during the competition, possibly leading to overfitting pressure from evaluation feedback. Additional validation on novel data would be required before deploying the model in a clinical setting.

DATA AVAILABILITY

The LIDC/IDRI data (<https://luna16.grand-challenge.org/data/>), LUNA16 data (<https://wiki.cancerimagingarchive.net/display/Public/LIDC-IDRI>) and DSB2017 Competition data (<https://www.kaggle.com/c/data-science-bowl-2017/data>) are publicly available through their individual websites and were previously used for biomedical imaging studies and computational approach development and testing by different research groups in the research field. The NLST data is NCI-controlled data; different research groups get their permission from NCI to use the NLST data for their study. Please refer to the NCI website for the information (<https://biometry.nci.nih.gov/cdas/publications/?study=nlst>).

CODE AVAILABILITY

The code is available through Github (https://github.com/jcausey-astate/ai_campus_kits19), and some intermediate files we processed and generated with this study could be made available to an investigator upon request for academic, research, and noncommercial use.

ACKNOWLEDGMENT

This research work was partially supported by National Institute of Health NCI grant U01CA187013, and National Science Foundation with grant number 1452211, 1553680, and 1723529, National Institute of Health grant R01LM012601, Arkansas Biosciences Institute grant #200144 "Develop Novel Informatics Algorithms for Lung Cancer Early Screening with CT Scans", as well as was partially supported by National Institute of Health grant from the National Institute of General Medical Sciences (P20GM103429).

REFERENCES

- [1] N. Heller, N. Sathianathan, A. Kalapara, E. Walczak, K. Moore, H. Kaluzniak, J. Rosenberg, P. Blake, Z. Rengel, M. Oestreich, J. Dean, M. Tradewell, A. Shah, R. Tejpal, Z. Edgerton, M. Peterson, S. Raza, S. Regmi, N. Papanikolopoulos, and C. Weight, "The KiTS19 Challenge Data: 300 Kidney Tumor Cases with Clinical Context, CT Semantic Segmentations, and Surgical Outcomes," arXiv:1904.00445 [cs, q-bio, stat], Mar. 2019.
- [2] K. He, G. Gkioxari, P. Dollár, and R. Girshick, "Mask R-CNN," arXiv:1703.06870 [cs], Mar. 2017.
- [3] Ronneberger, P. Fischer, and T. Brox, "U-net: Convolutional networks for biomedical image segmentation," in International Conference on Medical Image Computing and Computer-Assisted Intervention, 2015, pp. 234–241.
- [4] S. van der Walt, S. C. Colbert, and G. Varoquaux, "The NumPy Array: A Structure for Efficient Numerical Computation," Computing in Science Engineering, vol. 13, no. 2, pp. 22–30, Mar. 2011.
- [5] H. T. Cohen and F. J. McGovern, "Renal-Cell Carcinoma," New England Journal of Medicine, vol. 353, no. 23, pp. 2477–2490, Dec. 2005.
- [6] National Cancer Institute, "Cancer Staging," <https://www.cancer.gov/about-cancer/diagnosis-staging/staging>.
- [7] M. M. Picken, L. Wang, and G. N. Gupta, "Positive Surgical Margins in Renal Cell Carcinoma Translating Tumor Biology Into Clinical Outcomes," American Journal of Clinical Pathology, vol. 143, no. 5, pp. 620–622, May 2015.
- [8] Ficarra, Vincenzo, et al. "Preoperative aspects and dimensions used for an anatomical (PADUA) classification of renal tumours in patients who are candidates for nephron-sparing surgery," European urology 56.5 (2009): 786–793.
- [9] Sørensen, T. (1948). "A method of establishing groups of equal amplitude in plant sociology based on similarity of species and its application to analyses of the vegetation on Danish commons". Kongelige Danske Videnskabernes Selskab. 5 (4): 1–34.
- [10] Dice, Lee R. (1945). "Measures of the Amount of Ecologic Association Between Species". Ecology. 26 (3): 297–302. doi:10.2307/1932409. JSTOR 1932409.
- [11] Carass, A.; Roy, S.; Gherman, A.; Reinhold, J.C.; Jesson, A.; et al. (2020). "Evaluating White Matter Lesion Segmentations with Refined Sørensen-Dice Analysis". Scientific Reports. 10 (1): 8242. Bibcode:2020NatSR..10.8242C. doi:10.1038/s41598-020-64803-w. ISSN 2045-2322. PMC 7237671. PMID 32427874.
- [12] Skourt, B. A., Hassani, A. E., & Majda, A. (2018). Lung CT Image Segmentation Using Deep Neural Networks. Procedia Computer Science, 127, 109–113. doi:10.1016/j.procs.2018.01.104
- [13] Dong X., Lei Y, Wang T, Thomas M, Tang L, Curran W.J. et al, Automatic multiorgan segmentation in thorax CT images using U-net-GAN. Med Phys. 2019; 46: 2157–2168.



Jason L. Causey is an Assistant Professor of Bioinformatics with the Department of Computer Science, and serves as Associate Director, Center for No-Boundary Thinking (CNBT), Division Lead, CNBT Division of Algorithms and Computational Methodology, Arkansas State University. He received BS degree in Computer Science from Arkansas State University, in 1998, MS degree in

Computer Science from Arkansas State University, in 2003, and PhD degree in Bioinformatics from University of Arkansas at Little Rock, in 2017. His research interests include Biomedical Imaging Analysis, Machine Learning on Genomic and Gene Expression Datasets, Machine Learning in Agricultural Contexts, Multi-Modal Biomedical Data Analysis, Enhancing Reproducibility of Research.



Jonathan Stubblefield is a PhD student, focused on artificial intelligence in biomedical informatics, in the Molecular Biosciences Graduate Program at Arkansas State University. He received his BS in Mathematics and BS in Interdisciplinary Studies from Arkansas State University in 2013, and his MD degree from University of Arkansas for Medical Sciences in 2017.



Jake A. Qualls is an Assistant Professor of Bioinformatics with the Department of Computer Science, and serves as Associate Director, Center for No-Boundary Thinking (CNBT), Division Lead, CNBT Division of Advanced Data Science and Learning, Arkansas State University. He received BS degree in Computer Science from Arkansas State University, in 2002, MS degree in Computer Science from Arkansas State University, in 2004, and PhD degree in Bioinformatics from University of Arkansas at Little Rock, in 2019. His research interests include the application of Machine Learning and Data Science to address cross-disciplinary research questions, Probabilistic reasoning models and their role within Artificial Intelligence, and Computer Science education.



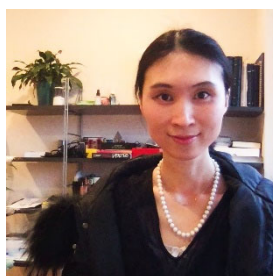
Jennifer Fowler is a PhD student, focused on advanced data science and bioinformatics, in the Molecular Biosciences Graduate Program at Arkansas State University. She received her BS in Biology from University of Arkansas at Fayetteville in 2011.



Lingrui Cai is a researcher in machine learning, computer vision, artificial intelligence and data science. She is with Ann Arbor Algorithms. She received her B.S. in Biotechnology, Anhui Normal University in 2012, and M.S., China Agricultural University in 2015.



Karl Walker is Associate Professor and Department Chair, Mathematics and Computer Science, University of Arkansas at Pine Bluff. He received his BS degree in Computer Science from Morehouse College in 2002, MS degree and PhD degree both in Bioinformatics, from University of Arkansas at Little Rock, in 2010 and 2014 respectively. He is the Arkansas Research Alliance (ARA) Fellow.



Yuanfang Guan is an Associate Professor, Department of Computational Medicine & Bioinformatics, and Associate Professor, Internal Medicine (Nephrology). She got her B.S. degree in Biology from University of Hong Kong in 2005, and Ph.D. degree in Molecular Biology from Princeton University, in 2010. She has her unique contribution to Open Data Science Challenges and the wide application of her algorithms in

precision medicine and drug development. She has contributed over 20 best-performing algorithms in the challenges in the community, i.e., DREAM challenges, as well as reaching other communities, such as PhysioNet, Data Science Bowl, and National Data Science Challenge.



Xiuzhen Huang is Professor of computer science, and Director of Center for No-Boundary Thinking (CNBT), Arkansas State University. Her work is in bioinformatics, biomedical informatics, artificial intelligence, advanced data science, and theory of computation. Dr. Huang conceived and defined the concept of No-Boundary Thinking (NBT). Dr. Huang founded the Arkansas Artificial Intelligence (AI) Campus, and founded the Joint Translational Research Lab

on the campuses of Arkansas State University and St. Bernards Medical Center's Internal Medicine Residency Program. She is the Arkansas Research Alliance (ARA) Fellow. Huang received her BS and MS in Computer Science from Shandong University in 1996 and 1999 respectively, and PhD in Computer Science from Texas A&M University at College Station in 2004.