# **Towards Understanding the Spectral Bias of Deep Learning**

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#### **Abstract**

An intriguing phenomenon observed during training neural networks is the spectral bias, which states that neural networks are biased towards learning less complex functions. The priority of learning functions with low complexity might be at the core of explaining the generalization ability of neural networks, and certain efforts have been made to provide a theoretical explanation for spectral bias. However, there is still no satisfying theoretical result justifying the underlying mechanism of spectral bias. In this paper, we give a comprehensive and rigorous explanation for spectral bias and relate it with the neural tangent kernel function proposed in recent work. We prove that the training process of neural networks can be decomposed along different directions defined by the eigenfunctions of the neural tangent kernel, where each direction has its own convergence rate and the rate is determined by the corresponding eigenvalue. We then provide a case study when the input data is uniformly distributed over the unit sphere, and show that lower degree spherical harmonics are easier to be learned by over-parameterized neural networks. Finally, we provide numerical experiments to demonstrate the correctness of our theory. Our experimental results also show that our theory can tolerate certain model misspecification in terms of the input data distribution.

## 1 Introduction

Over-parameterized neural networks have achieved great success in many applications. However, the success of deep learning has not been well understood. In order to understand neural network training, a recent work [Rahaman et al., 2019] pointed out an intriguing phenomenon called spectral bias, which says that during training, neural networks tend to learn the components of lower complexity faster. Similar observation has also been pointed out in [Xu et al., 2019; Xu et al., 2020]. The concept of spectral bias is appealing because this may intuitively explain why over-parameterized

neural networks can achieve a good generalization performance without overfitting. During training, the networks fit the low complexity components first and thus lie in the concept class of low complexity. Arguments like this may lead to rigorous guarantee for generalization.

Great efforts have been made in search of explanations about the spectral bias. [Rahaman et al., 2019] evaluated the Fourier spectrum of ReLU networks and empirically showed that the lower frequencies are learned first; also lower frequencies are more robust to random perturbation. [Andoni et al., 2014] showed that for a sufficiently wide two-layer network, gradient descent with respect to the second layer can learn any low degree bounded polynomial. [Xu, 2018] provided Fourier analysis to two-layer networks and showed similar empirical results on one-dimensional functions and real data. [Nakkiran et al., 2019] used information theoretical approach to show that networks obtained by stochastic gradient descent can be explained by a linear classifier during early training. These studies provide certain explanations about why neural networks exhibit spectral bias in real tasks. But explanations in the theoretical aspect, if any, are to some extent limited. For example, Fourier analysis is usually done in the one-dimensional setting, and thus lacks generality.

Meanwhile, a recent line of work has taken a new approach to analyze neural networks based on the neural tangent kernel (NTK) [Jacot et al., 2018]. In particular, they show that under certain over-parameterization condition, the neural network trained by gradient descent behaves similarly to the kernel regression predictor using the neural tangent kernel. For training a neural network with hidden layer width mand sample size n, recent optimization results on the training loss in the so-called "neural tangent kernel regime" can be roughly categorized into the following two families: (i) Without any assumption on the target function (the function used to generate the true labels based on the data input), if the network width  $m \geqslant \text{poly}(n, \lambda_{\min}^{-1})$ , where  $\lambda_{\min}$  is the smallest eigenvalue of the NTK Gram matrix, then square loss/crossentropy loss can be optimized to zero [Du et al., 2019b; Allen-Zhu et al., 2019; Du et al., 2019a; Zou et al., 2019; Zou and Gu, 2019; Lee et al., 2019]; and (ii) If the target function has bounded norm in the NTK-induced reproducing kernel Hilbert space (RKHS), then global convergence can be achieved with milder requirements on m [Arora et al., 2019; Cao and Gu, 2019].

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Inspired by these works mentioned above in the neural tangent kernel regime, in this paper we study the spectral bias of over-parameterized two-layer neural networks and its connection to the neural tangent kernel. We show that, given a training data set that is generated based on a target function, a fairly narrow network, although cannot fit the training data well due to its limited width, can still learn certain low-complexity components of the target function in the eigenspace corresponding to large eigenvalues of neural tangent kernel. As the width of the network increases, more high-frequency components of the target function can be learned with a slower convergence rate. As a special case, our result implies that when the input data follows uniform distribution on the unit sphere, polynomials of lower degrees can be learned by a narrower neural network at a faster rate. We also conduct experiments to corroborate the theory we establish.

Our contributions are as follows:

- We prove a generic theorem for arbitrary data distributions, which states that under certain sample complexity and over-parameterization conditions, the convergence of the training error along different eigendirections of NTK relies on the corresponding eigenvalues. This theorem gives a more precise control on the regression residual than [Su and Yang, 2019], where the authors focused on the case when the labeling function is close to the subspace spanned by the first few eigenfunctions.
- 2. We establish a rigorous explanation for spectral bias based on the aforementioned theoretical results without any specific assumptions on the target function. We show that the error terms from different frequencies are controlled by the eigenvalues of the NTK, and the lower-frequency components can be learned with less training examples and narrower networks at a faster convergence rate.
- 3. For uniformly distributed input data, we further give convergence results of two-layer ReLU networks by characterizing the spectra of the neural tangent kernel. We show that in this setting the eigenvalues of neural tangent kernel are  $\mu_k = \Omega(\max\{k^{-d-1}, d^{-k+1}\}), \ k \geqslant 0$ , with corresponding eigenfunctions being the k-th order spherical harmonics. Our result is better than the bound  $\Omega(k^{-d-1})$  derived in [Bietti and Mairal, 2019] when  $d \gg k$ , which is in a more practical setting.

#### 1.1 Additional Related Work

A few theoretical results have been established towards understanding the spectra of neural tangent kernels. To name a few, [Bach, 2017] studied two-layer ReLU networks by relating it to kernel methods, and proposed a harmonic decomposition for the functions in the reproducing kernel Hilbert space which we utilize in our proof. Based on the technique in [Bach, 2017], [Bietti and Mairal, 2019] studied the eigenvalue decay of integrating operator defined by the neural tangent kernel on unit sphere by using spherical harmonics. [Vempala and Wilmes, 2019] calculated the eigenvalues of neural tangent kernel corresponding to two-layer neural networks with sigmoid activation function. [Basri *et al.*, 2019] established similar results as [Bietti and Mairal, 2019], but

considered the case of training the first layer parameters of a two-layer networks with bias terms. [Yang and Salman, 2019] studied the the eigenvalues of integral operator with respect to the NTK on Boolean cube by Fourier analysis. Very recently, [Bordelon et al., 2020] gave a spectral analysis on the generalization error of NTK-based kernel ridge regression. [Basri et al., 2020] studied the convergence of full training residual with a focus on one-dimensional, non-uniformly distributed data. [Advani et al., 2020] gave an average case analysis of the learning dynamics of large neural networks trained by gradient descent and studied the generalization of over-parameterized neural networks.

# 2 Preliminaries

In this section we introduce the basic problem setup including the neural network structure and the training algorithm, as well as some background on the neural tangent kernel proposed recently in [Jacot *et al.*, 2018].

**Notation.** We use lower case, lower case bold face, and upper case bold face letters to denote scalars, vectors and matrices respectively. For a vector  $\mathbf{v} = (v_1, \dots, v_d)^T \in \mathbb{R}^d$  and a number  $1 \leq p < \infty$ , we denote its p-norm by  $\|\mathbf{v}\|_p = (\sum_{i=1}^d |v_i|^p)^{1/p}$ . We also define infinity norm by  $\|\mathbf{v}\|_p = \max_i |v_i|$ . For a matrix  $\mathbf{A} = (A_{i,j})_{m \times n}$ , we use  $\|\mathbf{A}\|_0$  to denote the number of non-zero entries of  $\mathbf{A}$ , and use  $\|\mathbf{A}\|_F = (\sum_{i,j=1}^d A_{i,j}^2)^{1/2}$  to denote its Frobenius norm. Let  $\|\mathbf{A}\|_p = \max_{\|\mathbf{v}\|_p \leqslant 1} \|\mathbf{A}\mathbf{v}\|_p$  for  $p \geqslant 1$ , and  $\|\mathbf{A}\|_{\max} = \max_{i,j} |A_{i,j}|$ . For two matrices  $\mathbf{A}, \mathbf{B} \in \mathbb{R}^{m \times n}$ , we define  $\langle \mathbf{A}, \mathbf{B} \rangle = \mathrm{Tr}(\mathbf{A}^\top \mathbf{B})$ . We use  $\mathbf{A} \succeq \mathbf{B}$  if  $\mathbf{A} - \mathbf{B}$  is positive semi-definite. In addition, we define the asymptotic notations  $\mathcal{O}(\cdot)$ ,  $\widetilde{\mathcal{O}}(\cdot)$ ,  $\Omega(\cdot)$  and  $\widetilde{\Omega}(\cdot)$  as follows. Suppose that  $a_n$  and  $b_n$  be two sequences. We write  $a_n = \mathcal{O}(b_n)$  if  $\limsup_{n \to \infty} |a_n/b_n| < \infty$ , and  $a_n = \Omega(b_n)$  if  $\liminf_{n \to \infty} |a_n/b_n| > 0$ . We use  $\widetilde{\mathcal{O}}(\cdot)$  and  $\widetilde{\Omega}(\cdot)$  to hide the logarithmic factors in  $\mathcal{O}(\cdot)$  and  $\Omega(\cdot)$ .

**Problem Setup.** Here we introduce the basic problem setup. We consider two-layer fully connected neural networks of the form

$$f_{\mathbf{W}}(\mathbf{x}) = \sqrt{m} \cdot \mathbf{W}_2 \sigma(\mathbf{W}_1 \mathbf{x}),$$

where  $\mathbf{W}_1 \in \mathbb{R}^{m \times (d+1)}$ ,  $\mathbf{W}_2 \in \mathbb{R}^{1 \times m}$  are the first and second layer weight matrices respectively, and  $\sigma(\cdot) = \max\{0, \cdot\}$  is the entry-wise ReLU activation function. The network is trained according to the square loss on n training examples  $S = \{(\mathbf{x}_i, y_i) : i \in [n]\}$ :

$$L_S(\mathbf{W}) = \frac{1}{n} \sum_{i=1}^{n} (y_i - \theta f_{\mathbf{W}}(\mathbf{x}_i))^2,$$

where  $\theta$  is a small coefficient to control the effect of initialization, and the data inputs  $\{\mathbf{x}_i\}_{i=1}^n$  are assumed to follow some unknown distribution  $\tau$  on the unit sphere  $\mathbb{S}^d \subseteq \mathbb{R}^{d+1}$ . Without loss of generality, we also assume that  $|y_i| \leq 1$ .

 $<sup>^1</sup>$ Here the input dimension is d+1 since in this paper we assume that all training data lie in the d-dimensional unit sphere  $\mathbb{S}^d\subseteq\mathbb{R}^{d+1}$ .

#### **Algorithm 1** GD for NNs starting at Gaussian initialization

**Input:** Number of iterations T, step size  $\eta$ .

Generate each entry of  $\mathbf{W}_1^{(0)}$  and  $\mathbf{W}_2^{(0)}$  from N(0,2/m) and N(0,1/m) respectively.

 $\begin{array}{l} \textbf{for } t = 0, 1, \dots, T-1 \textbf{ do} \\ \textbf{Update } \mathbf{W}^{(t+1)} = \mathbf{W}^{(t)} - \eta \cdot \nabla_{\mathbf{W}} L_S(\mathbf{W}^{(t)}). \end{array}$ 

end for

Output:  $\mathbf{W}^{(T)}$ .

We first randomly initialize the parameters of the network, and run gradient descent for both layers. We present our detailed neural network training algorithm in Algorithm 1. The initialization scheme for  $\mathbf{W}^{(0)}$  given in Algorithm 1 is known as He initialization [He et al., 2015]. It is consistent with the initialization scheme used in [Cao and Gu, 2019].

**Neural Tangent Kernel.** Many attempts have been made to study the convergence of gradient descent assuming the width of the network is extremely large [Du et al., 2019b; Li and Liang, 2018]. When the width of the network goes to infinity, with certain initialization on the model weights, the limit of inner product of network gradients defines a kernel function, namely the neural tangent kernel [Jacot et al., 2018]. The neural tangent kernel is derived by linearizing the network around its random initialization, and is defined as

$$\kappa(\mathbf{x}, \mathbf{x}') = \lim_{m \to \infty} m^{-1} \langle \nabla_{\mathbf{W}} f_{\mathbf{W}^{(0)}}(\mathbf{x}), \nabla_{\mathbf{W}} f_{\mathbf{W}^{(0)}}(\mathbf{x}') \rangle.$$

For two-layer networks, by the definition of Gaussian initialization, we can obtain the following calculations of the neural tangent kernel by the law of large numbers:

$$\kappa(\mathbf{x}, \mathbf{x}') = \langle \mathbf{x}, \mathbf{x}' \rangle \cdot \kappa_1(\mathbf{x}, \mathbf{x}') + 2 \cdot \kappa_2(\mathbf{x}, \mathbf{x}'), \qquad (2.1)$$

where

$$\kappa_{1}(\mathbf{x}, \mathbf{x}') = \mathbb{E}_{\mathbf{w} \sim N(\mathbf{0}, \mathbf{I})} [\sigma'(\langle \mathbf{w}, \mathbf{x} \rangle) \sigma'(\langle \mathbf{w}, \mathbf{x}' \rangle)], 
\kappa_{2}(\mathbf{x}, \mathbf{x}') = \mathbb{E}_{\mathbf{w} \sim N(\mathbf{0}, \mathbf{I})} [\sigma(\langle \mathbf{w}, \mathbf{x} \rangle) \sigma(\langle \mathbf{w}, \mathbf{x}' \rangle)].$$
(2.2)

Since we apply gradient descent to both layers, the neural tangent kernel is the sum of the two different kernel functions and clearly it can be reduced to one layer training setting. These two kernels are arc-cosine kernels of degree 0 and 1 [Cho and Saul, 2009], which are given as  $\kappa_1(\mathbf{x}, \mathbf{x}') = \hat{\kappa}_1(\langle \mathbf{x}, \mathbf{x}' \rangle (\|\mathbf{x}\|_2 \|\mathbf{x}'\|_2)), \; \kappa_2(\mathbf{x}, \mathbf{x}') =$  $\hat{\kappa}_2(\langle \mathbf{x}, \mathbf{x}' \rangle / (\|\mathbf{x}\|_2 \|\mathbf{x}'\|_2))$ , where

$$\widehat{\kappa}_1(t) = \frac{1}{2\pi} \left( \pi - \arccos(t) \right),$$

$$\widehat{\kappa}_2(t) = \frac{1}{2\pi} \left( t \cdot \left( \pi - \arccos(t) \right) + \sqrt{1 - t^2} \right).$$
(2.3)

**Integral Operator.** The theory of integral operator with respect to kernel function has been well studied in literature [Smale and Zhou, 2007; Rosasco et al., 2010] thus we only give a brief introduction here. Let  $L^2_{\tau}(X)$  be the Hilbert space of square-integrable functions with respect to a Borel measure  $\tau$  from  $X \to \mathbb{R}$ . For any continuous kernel function  $\kappa: X \times X \to \mathbb{R}$  and  $\tau$  we can define an integral operator  $L_{\kappa}$ on  $L^2_{\tau}(X)$  by

$$L_{\kappa}(f)(\mathbf{x}) = \int_{X} \kappa(\mathbf{x}, \mathbf{y}) f(\mathbf{y}) d\tau(\mathbf{y}), \quad \mathbf{x} \in X.$$
 (2.4)

It has been pointed out in [Cho and Saul, 2009] that arccosine kernels are positive semi-definite. Thus the kernel function  $\kappa$  defined by (2.1) is positive semi-definite being a product and a sum of positive semi-definite kernels. Clearly this kernel is also continuous and symmetric, which implies that the neural tangent kernel  $\kappa$  is a Mercer kernel.

#### 3 **Main Results**

In this section we present our main results. We first give a general result on the convergence rate of gradient descent along different eigendirections of neural tangent kernel, and then apply this result to give an explicit convergence rate for uniformly distributed data on the unit sphere.

#### 3.1 Convergence Analysis of Gradient Descent

In this section we study the convergence of Algorithm 1. Instead of studying the standard convergence of loss function value, we provide a refined analysis on the speed of convergence along different directions defined by the eigenfunctions of  $L_{\kappa}$ . For simplicity, we focus on the setting where the data inputs have normalized lengths, i.e.,  $\mathbf{x} \in \mathbb{S}^d$ .

Let  $\{\lambda_i\}_{i\geqslant 1}$  with  $\lambda_1\geqslant \lambda_2\geqslant \cdots$  be the strictly positive eigenvalues of  $L_{\kappa}$ , and  $\phi_1(\cdot), \phi_2(\cdot), \ldots$  be the corresponding orthonormal eigenfunctions (i.e.,  $L_{\kappa}(\phi_i)(\mathbf{x}) = \lambda_i \phi_i(\mathbf{x})$ for all  $\mathbf{x} \in \mathbb{S}^d$ ). Set  $\mathbf{v}_i = n^{-1/2}(\phi_i(\mathbf{x}_1), \dots, \phi_i(\mathbf{x}_n))^{\top}$ ,  $i=1,2,\ldots$  Note that  $L_{\kappa}$  may have eigenvalues with multiplicities larger than 1 and  $\lambda_i$ ,  $i \ge 1$  are not distinct. Therefore for any integer k, we define  $r_k$  as the sum of the multiplicities of the first k distinct eigenvalues of  $L_{\kappa}$ . Define  $\mathbf{V}_{r_k} = (\mathbf{v}_1, \dots, \mathbf{v}_{r_k})$ . By definition,  $\mathbf{v}_i, i \in [r_k]$  are rescaled restrictions of orthonormal functions in  $L^2_{\pi}(\mathbb{S}^d)$  on the training examples. Therefore we can expect them to form a set of almost orthonormal bases in the vector space  $\mathbb{R}^n$ . The following lemma follows by standard concentration inequality.

**Lemma 3.1.** Suppose that  $|\phi_i(\mathbf{x})| \leq M$  for all  $\mathbf{x} \in \mathbb{S}^d$  and  $i \in [r_k]$ . For any  $\delta > 0$ , with probability at least  $1 - \delta$ ,

$$\|\mathbf{V}_{r_k}^{\top}\mathbf{V}_{r_k} - \mathbf{I}\|_{\max} \leq CM^2 \sqrt{\log(r_k/\delta)/n},$$

where C is an absolute constant.

Denote  $\mathbf{y} = (y_1, \dots, y_n)^{\top}$  and  $\hat{\mathbf{y}}^{(t)} = \theta \cdot (f_{\mathbf{W}^{(t)}}(\mathbf{x}_1), \dots, f_{\mathbf{W}^{(t)}}(\mathbf{x}_n))^{\top}$  for  $t = 0, \dots, T$ . Then Lemma 3.1 shows that the convergence rate of  $\|\mathbf{V}_{r_k}^{\top}(\mathbf{y} - \mathbf{v})\|$  $\hat{\mathbf{y}}^{(t)})\|_2$  roughly represents the speed gradient descent learns the components of the target function corresponding to the first  $r_k$  eigenvalues. The following theorem gives the convergence guarantee of  $\|\mathbf{V}_{r_k}^{\top}(\mathbf{y}-\widehat{\mathbf{y}}^{(t)})\|_2$ .

**Theorem 3.2.** Suppose  $|\phi_i(\mathbf{x})| \leq M$  for  $j \in [r_k]$  and  $\mathbf{x} \in$  $\mathbb{S}^d$ . For any  $\epsilon, \delta > 0$  and integer k, if  $n \ge \widetilde{\Omega}(\epsilon^{-2} \cdot \max\{(\lambda_{r_k} - 1)\})$  $\lambda_{r_k+1})^{-2}, M^4r_k^2$ ,  $m \geqslant \widetilde{\Omega}(\text{poly}(T, \lambda_{r_k}^{-1}, \epsilon^{-1}))$ , then with probability at least  $1 - \delta$ , Algorithm 1 with  $\eta = \widetilde{\mathcal{O}}(m^{-1}\theta^{-2})$ ,  $\theta = \widetilde{\mathcal{O}}(\epsilon)$  satisfies

$$n^{-1/2} \cdot \|\mathbf{V}_{r_k}^{\top}(\mathbf{y} - \widehat{\mathbf{y}}^{(T)})\|_2$$
  
$$\leq 2(1 - \lambda_{r_k})^T \cdot n^{-1/2} \cdot \|\mathbf{V}_{r_k}^{\top} \mathbf{y}\|_2 + \epsilon.$$

Theorem 3.2 shows that the convergence rate of  $\|\mathbf{V}_{r_k}^{\top}(\mathbf{y}-\hat{\mathbf{y}}^{(t)})\|_2$  (or its normalized version,  $\|\mathbf{V}_{r_k}^{\top}(\mathbf{y}-\hat{\mathbf{y}}^{(t)})\|_2/\|\mathbf{V}_{r_k}^{\top}\mathbf{y}\|_2$ ) is determined by the  $r_k$ -th eigenvalue  $\lambda_{r_k}$ . This reveals the spectral bias of neural network training under the NTK regime. Specifically, when the network is wide enough and the sample size is large enough, gradient descent first learns the target function along the eigendirections of neural tangent kernel with larger eigenvalues, and then learns the rest components corresponding to smaller eigenvalues<sup>2</sup>. Moreover, by showing that learning the components corresponding to larger eigenvalues can be done with smaller sample size and narrower networks, our theory pushes the study of neural networks towards more practical settings. Therefore, Theorem 3.2 provides an explanation of the observations given in [Rahaman et al., 2019] in the NTK regime.

It is also worth noting that Theorem 3.2 is *not* based on the common NTK-type assumption that the target function belongs to the NTK-induced RKHS [Arora *et al.*, 2019; Cao and Gu, 2019]. Instead, Theorem 3.2 works for arbitrary labeling, and is therefore rather general.

Comparison with existing results. The most relevant results to ours are [Arora et al., 2019; Su and Yang, 2019; Bordelon et al., 2020; Basri et al., 2020]. Compared with [Arora et al., 2019] which focuses on the setting where the network is wide enough to guarantee global convergence, our result works for narrower networks for which global convergence may not even be possible. Compared with [Su and Yang, 2019], the key difference is that while [Su and Yang, 2019] studied the full residual  $\|\mathbf{y} - \hat{\mathbf{y}}^{(T)}\|_2$  and required that the target function lies approximately in the eigenspace of large eigenvalues of the neural tangent kernel, our result in Theorem 3.2 works for arbitrary target function, and shows that even if the target function has very high frequency components, its components in the eigenspace of large eigenvalues can still be learned very efficiently by neural networks. More recently, [Bordelon et al., 2020] studied the solution of NTK-based kernel ridge regression. Compared with their result, our analysis is directly on the practical neural network training procedure, and specifies the width requirement for a network to successfully learn a certain component of the target function. Another recent work by [Basri et al., 2020] provides theoretical analysis for one-dimensional nonuniformly distributed data, and only studies the convergence of the full residual vector. In comparison, our results cover high-dimensional data, and provide a more detailed analysis on the convergence of different projections of the residual.

#### 3.2 Spectral Analysis of NTK for Uniform Data

We now study the case when the data inputs are uniformly distributed over the unit sphere as an example where the eigendecomposition of NTK can be calculated. We present our results on the spectral analysis of neural tangent kernel in the form of a Mercer decomposition, which explicitly gives the eigenvalues and eigenfunctions of NTK.

**Theorem 3.3.** For any  $\mathbf{x}, \mathbf{x}' \in \mathbb{S}^d$ , the Mercer decomposition of the neural tangent kernel  $\kappa : \mathbb{S}^d \times \mathbb{S}^d \to \mathbb{R}$  is

$$\kappa\left(\mathbf{x}, \mathbf{x}'\right) = \sum_{k=0}^{\infty} \mu_k \sum_{j=1}^{N(d,k)} Y_{k,j}\left(\mathbf{x}\right) Y_{k,j}\left(\mathbf{x}'\right), \qquad (3.1)$$

where  $Y_{k,j}$  for  $j=1,\cdots,N(d,k)$  are linearly independent spherical harmonics of degree k in d+1 variables with  $N(d,k)=\frac{2k+d-1}{k}\binom{k+d-2}{d-1}$  and orders of  $\mu_k$  are given by

$$\mu_0 = \mu_1 = \Omega(1), \ \mu_k = 0, k = 2j + 1,$$
  

$$\mu_k = \Omega(\max\{d^{d+1}k^{k-1}(k+d)^{-k-d}, d^{d+1}k^k(k+d)^{-k-d-1}\},$$
  

$$d^{d+2}k^{k-2}(k+d)^{-k-d-1}\}), k = 2j,$$

where  $j \in \mathbb{N}^+$ . Specifically, we have  $\mu_k = \Omega\left(k^{-d-1}\right)$  when  $k \gg d$  and  $\mu_k = \Omega\left(d^{-k+1}\right)$  when  $d \gg k$ ,  $k = 2, 4, 6, \ldots$ 

**Remark 3.4.** The  $\mu_k$ 's in Theorem 3.3 are the distinct eigenvalues of the integral operator  $L_{\kappa}$  on  $L^2_{\tau_d}(\mathbb{S}^d)$  defined by

$$L_{\kappa}(f)(\mathbf{y}) = \int_{\mathbb{S}^d} \kappa(\mathbf{x}, \mathbf{y}) f(\mathbf{x}) d\tau_d(\mathbf{x}), \quad f \in L^2_{\tau_d}(\mathbb{S}^d),$$

where  $\tau_d$  is the uniform probability measure on unit sphere  $\mathbb{S}^d$ . Therefore the eigenvalue  $\lambda_{r_k}$  in Theorem 3.2 is just  $\mu_{k-1}$  given in Theorem 3.3 when  $\tau_d$  is uniform distribution.

Remark 3.5. [Vempala and Wilmes, 2019] studied two-layer neural networks with sigmoid activation function, and proved that in order to achieve  $\epsilon_0 + \epsilon$  error, it requires  $T = (d+1)^{\mathcal{O}(k)\log{(\|f^*\|_2/\epsilon)}}$  iterations and  $m = (d+1)^{\mathcal{O}(k)\log{(\|f^*\|_2/\epsilon)}}$  wide neural networks, where  $f^*$  is the target function, and  $\epsilon_0$  is certain function approximation error. Another highly related work is [Bietti and Mairal, 2019], which gives  $\mu_k = \Omega(k^{-d-1})$ . The order of eigenvalues we present appears as  $\mu_k = \Omega(\max(k^{-d-1}, d^{-k+1}))$ . This is better when  $d \gg k$ , which is closer to the practical setting.

#### 3.3 Convergence for Uniformly Distributed Data

In this subsection, we apply the result in the previous subsection and give explicit convergence rate for uniformly distributed data on the unit sphere. The following two corollaries are based on the calculation of the spectral decomposition of the NTK for uniform data in Theorem 3.1.

**Corollary 3.6.** Suppose that  $k\gg d$ , and the sample  $\{\mathbf{x}_i\}_{i=1}^n$  follows the uniform distribution  $\tau_d$  on the unit sphere  $\mathbb{S}^d$ . For any  $\epsilon,\delta>0$  and integer k, if  $n\geqslant\widetilde{\Omega}(\epsilon^{-2}\cdot\max\{k^{2d+2},k^{2d-2}r_k^2\})$ ,  $m\geqslant\widetilde{\Omega}(\mathrm{poly}(T,k^{d+1},\epsilon^{-1}))$ , then with probability at least  $1-\delta$ , Algorithm 1 with  $\eta=\widetilde{\mathcal{O}}((m\theta^2)^{-1})$ ,  $\theta=\widetilde{\mathcal{O}}(\epsilon)$  satisfies

$$n^{-1/2} \cdot \|\mathbf{V}_{r_k}^{\top}(\mathbf{y} - \hat{\mathbf{y}}^{(T)})\|_2$$
  
 
$$\leq 2 \left(1 - \Omega\left(k^{-d-1}\right)\right)^T \cdot n^{-1/2} \cdot \|\mathbf{V}_{r_k}^{\top}\mathbf{y}\|_2 + \epsilon,$$

where  $r_k = \sum_{k'=0}^{k-1} N(d,k')$  and  $\mathbf{V}_{r_k} = (n^{-1/2}\phi_j(\mathbf{x}_i))_{n \times r_k}$  with  $\phi_1, \ldots, \phi_{r_k}$  being a set of orthonormal spherical harmonics of degrees up to k-1.

<sup>&</sup>lt;sup>2</sup>Note that by the definition we have  $\lambda_{r_k} < 1$  for all k. More details are given in Section 3.2 and th proofs in the appendix

**Corollary 3.7.** Suppose that  $d \gg k$ , and the sample  $\left\{\mathbf{x}_i\right\}_{i=1}^n$  follows the uniform distribution  $\tau_d$  on the unit sphere  $\mathbb{S}^d$ . For any  $\epsilon, \delta > 0$  and integer k, if  $n \geqslant \widetilde{\Omega}(\epsilon^{-2}d^{2k-2}r_k^2)$ ,  $m \geqslant \widetilde{\Omega}(\operatorname{poly}(T, d^{k-2}, \epsilon^{-1}))$ , then with probability at least  $1 - \delta$ , Algorithm 1 with  $\eta = \widetilde{\mathcal{O}}((m\theta^2)^{-1})$ ,  $\theta = \widetilde{\mathcal{O}}(\epsilon)$  satisfies

$$n^{-1/2} \cdot \|\mathbf{V}_{r_k}^{\top}(\mathbf{y} - \hat{\mathbf{y}}^{(T)})\|_2$$
  
 
$$\leq 2 \left(1 - \Omega \left(d^{-k+2}\right)\right)^T \cdot n^{-1/2} \cdot \|\mathbf{V}_{r_k}^{\top} \mathbf{y}\|_2 + \epsilon,$$

where  $r_k = \sum_{k'=0}^{k-1} N(d,k')$  and  $\mathbf{V}_{r_k} = (n^{-1/2}\phi_j(\mathbf{x}_i))_{n \times r_k}$  with  $\phi_1,\ldots,\phi_{r_k}$  being a set of orthonormal spherical harmonics of degrees up to k-1.

Corollaries 3.6 and 3.7 further illustrate the spectral bias of neural networks by providing exact calculations of  $\lambda_{r_k}$ ,  $\mathbf{V}_{r_k}$  and M in Theorem 3.2. They show that if the input distribution is uniform over unit sphere, then spherical harmonics with lower degrees are learned first by wide neural networks.

# 4 Experiments

In this section we present experimental results to verify our theory. Across all tasks, we train a two-layer neural networks with 4096 hidden neurons and initialize it exactly as defined in the problem setup. The optimization method is vanilla gradient descent, and the training sample size is 1000.

We first verify our theoretical results by learning linear combinations of spherical harmonics with data uniformly distributed over unit sphere. Consider

$$f^*(\mathbf{x}) = a_1 P_1(\langle \zeta_1, \mathbf{x} \rangle) + a_2 P_2(\langle \zeta_2, \mathbf{x} \rangle) + a_4 P_4(\langle \zeta_4, \mathbf{x} \rangle),$$

where the  $P_k(t)$  is the Gegenbauer polynomial, and  $\zeta_k$ , k=1,2,4 are fixed vectors that are generated uniformly over  $\mathbb{S}^9$ . Note that by the addition formula  $\sum_{j=1}^{N(d,k)} Y_{k,j}(\mathbf{x}) Y_{k,j}(\mathbf{y}) = N(d,k) P_k(\langle \mathbf{x},\mathbf{y} \rangle)$ , every normalized Gegenbauer polynomial is a spherical harmonic, so  $f^*(\mathbf{x})$  is a linear combination of spherical harmonics of order 1,2 and 4. The higher odd-order Gegenbauer polynomials are omitted because the spectral analysis showed that  $\mu_k = 0$  for  $k = 3, 5, 7, \ldots$ 

Following our theoretical analysis, we denote  $\mathbf{v}_k = n^{-1/2}(P_k(\mathbf{x}_1), \dots, P_k(\mathbf{x}_n))$ , and define the (approximate) projection length of residual  $\mathbf{r}^{(t)}$  onto  $\mathbf{v}_k$  at step t as  $\hat{a}_k = |\mathbf{v}_k^{\mathsf{T}}\mathbf{r}^{(t)}|$ , where  $\mathbf{r}^{(t)} = (f^*(\mathbf{x}_1) - \theta f_{\mathbf{W}^{(t)}}(\mathbf{x}_1), \dots, f^*(\mathbf{x}_n) - \theta f_{\mathbf{W}^{(t)}}(\mathbf{x}_n))$  and  $f_{\mathbf{W}^{(t)}}(\mathbf{x})$  is the neural network function.

The results are shown in Figure 1. Following the settings in [Rahaman  $et\ al.$ , 2019], we test target functions with different magnitudes in different components. We can see in (a),(b) that the residual at the lowest frequency (k=1) converges to zero first and then the second lowest (k=2). The highest frequency component is the last one to converge. The convergence curves in logarithmic scales are given in (d),(e). It is clear that the convergence of different projection length is close to linear convergence, which is well-aligned with our theoretical analysis. Note that we performed a moving average of range 20 on these curves to avoid the heavy oscillation especially at late stage. In (c)(f) we further consider more general target functions, which are given by  $f^*(\mathbf{x}) = \sum_i \cos(a_i \langle \zeta, \mathbf{x} \rangle)$  and  $f^*(\mathbf{x}) = \sum_i \langle \zeta, \mathbf{x} \rangle^{p_i}$  for

some fixed unit vector  $\zeta$ . The results demonstrate that Theorem 3.2 still holds even when the target function has high-frequency components.

We also do experiments for non-uniformly distributed data. Note that the eigendecomposition of NTK for general multidimensional input distributions do not necessarily have good analytic forms. Therefore, here we treat the non-uniform distribution of the input data as model misspecification, and test whether residual projections onto spherical harmonics of different degrees can still exhibit different convergence rates. We consider three types of non-uniform distributions:

- Piece-wise uniform distribution (PUD). We divide the unit sphere into two semi-spheres along a randomly drawn direction  $\zeta_0$ . A data input is then generated as follows: with probability 1/4, draw the input uniformly over the first unit sphere; with probability 3/4, draw the input uniformly over the second unit sphere.
- Normalized anisotropic Gaussian (NAG). We generate the data by first generating non-zero mean, anisotropic Gaussian vectors, and then normalize them to unit length. The Gaussian mean vector is generated elementwise from  $\mathrm{Unif}([-1,1])$ ; the covariance matrix is generated as  $\Sigma = \mathbf{A}^{\top}\mathbf{A}$ , where  $\mathbf{A} \in \mathbb{R}_{d \times D}(d=10,D=20)$  has i.i.d. standard Gaussian entries.
- *Normalized Gaussian mixture (NGM)*. Here the inputs are drawn from a mixture of 3 anisotropic Gaussian distributions described in the second example.

Figure 2 shows that the residual components corresponding to lower order polynomials are still learned relatively faster, even for the non-uniform distributions described above, where spherical harmonics are no longer exactly the eigenfunctions of NTK. This suggests that our theoretical results can tolerate certain level of model misspecification, and therefore the spectral bias characterized in Theorem 3.2 and Corollaries 3.6, 3.7 holds in a variety of problem settings.

#### 5 Conclusion and Future Work

This paper gives theoretical justification for spectral bias through analyzing the convergence behavior of two-layer ReLU networks. We show that the convergence of gradient descent in different directions depends on the corresponding eigenvalues of the neural tangent kernel, and give the exact convergence rate on different directions. We also conduct experiments on synthetic data to support our theoretical result.

Our current analysis of spectral bias is mostly in the NTK regime. Extending our results to the general setting beyond NTK regime is an important future work direction. Studying spectral bias for the training of deep neural networks with regularization [Hu *et al.*, 2021] is another future direction.

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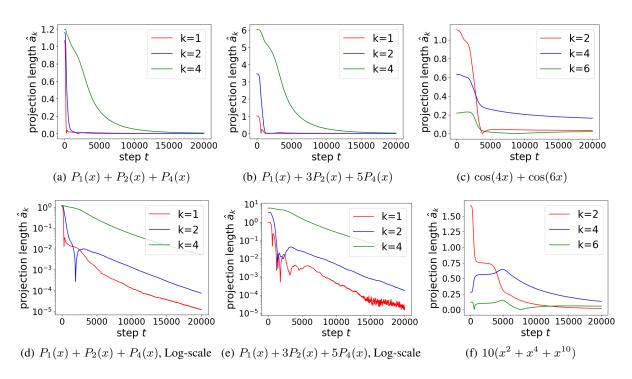


Figure 1: Convergence curves of projection lengths for learning different target functions on uniform data.

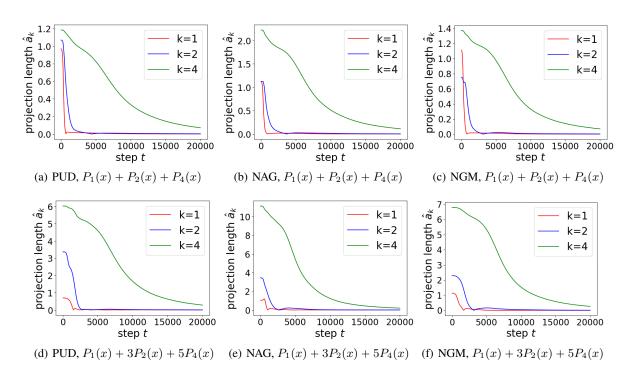


Figure 2: Convergence curves of projection lengths for non-uniform data distributions.

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