

1 Enhanced stimulated Raman scattering during 2 intense laser propagation

3 **J. RYAN PETERSON,^{1,2,*} THEODORE G. JONES,³ BAHMAN HAFIZI³**
4 **LUKE A. JOHNSON³ DANIEL F. GORDON³ YU-HSIN CHEN³**
5 **ANTONIO TING⁴**

6 ¹*Physics Department, Stanford University, 450 Serra Mall, Stanford, CA 94305*

7 ²*SLAC National Accelerator Laboratory, 2575 Sand Hill Rd, Menlo Park, CA 94025*

8 ³*Directed Energy Physics Branch, Plasma Physics Division, Naval Research Laboratory, 4555 Overlook*

9 *Ave SW, Washington, DC 20375*

10 ⁴*Commonwealth Technology Innovation LLC, Alexandria, VA 22315*

11 **jrpete@stanford.edu*

12 **Abstract:** Stimulated Raman scattering is ubiquitous in many high-intensity laser environments.
13 Parameteric four-wave mixing between the pump and Raman sidebands can affect the Raman
14 gain, but stringent phase matching requirements and strongly nonlinear dynamics obscure
15 clear understanding of its effects at high laser powers. Here we investigate four-wave mixing
16 in the presence of strong self-focusing and ionization at laser powers above the Kerr critical
17 power. Theoretical analysis shows that the plasma generated at focus naturally leads to proper
18 phase matching for enhanced Raman gain almost without regard to the initial phase mismatch.
19 Multidimensional nonlinear optical simulations with multiphoton and collisional ionization
20 confirm the enhancement and suggest that it may lead to significantly higher Raman losses in
21 some nonlinear laser propagation environments.

22 © 2022 Optica Publishing Group under the terms of the [Optica Publishing Group Publishing Agreement](#)

23 1. Introduction

24 A variety of nonlinear effects arise during intense laser propagation in dielectrics. Among these is
25 stimulated Raman scattering (SRS), which transfers laser energy to both the medium and optical
26 sidebands. Significant efforts have been expended to understand and measure SRS, including in
27 water [1–3]; although SRS can be sometimes beneficial [4] and other times detrimental [5], both
28 cases require a good understanding of the factors affecting SRS gain.

29 Stimulated Raman scattering is long known to be affected by parametric four-wave mixing
30 (FWM) between the laser and the two Raman sidebands [6]. The coupled system can experience
31 either suppressed or enhanced Raman gain, both of which have been investigated theoretically
32 and experimentally in fibers with laser power of order 100 W [7–11]. The coupled gain depends
33 sensitively on the phase mismatch, which was optimized in experiments by tuning the laser
34 wavelength, power, pump-probe propagation angle, and/or using purpose-built fibers. These
35 results may be important for fiber applications, where both the laser and material parameters can
36 be carefully controlled. However, in non-phase-matched systems such as in laser nanosurgery [12],
37 water-based frequency conversion [4] and underwater acoustic generation [5, 13, 14], the impact
38 of FWM is less clear.

39 At high laser powers exceeding the Kerr critical power (of order 1 MW in condensed media),
40 the influence of FWM is obscured by several highly nonlinear effects. The laser will self-focus
41 until it ionizes the medium and plasma defocusing counteracts self-focusing. The presence
42 of the plasma, as well as the range of propagation angles inherent to a focusing beam, greatly
43 complicate the SRS gain. We can progress theoretically, however, by limiting our analysis to the
44 weakly-ionized (< 1%) regime, where SRS is still determined largely by the medium response.
45 Further, above the critical power, the plasma and Kerr response at focus are strongly connected

46 which allows us to understand the phase matching. Finally, we turn to the SNOPROP simulation
 47 code to solve the full three-envelope nonlinear propagation equations with SRS, FWM, the optical
 48 Kerr effect, and multiphoton and collisional ionization in 2D cylindrical geometry [15, 16].

49 We find that the self-generated plasma can strongly enhance the SRS gain. Analytic theory
 50 demonstrates that at high intensities, the self-generated plasma dispersion provides nearly optimal
 51 phase matching for maximum Raman gain, almost without regard to the initial phase mismatch.
 52 Multidimensional numerical simulations of a few-MW picosecond laser focusing in water confirm
 53 the SRS gain enhancement and agree well with analytic theory. Laser energy losses to the Stokes
 54 Raman band can increase by a factor of several due to the enhanced gain.

55 2. Theoretical analysis

56 We consider an envelope propagation model including beams at the Raman Stokes, laser, and
 57 Raman anti-Stokes frequencies $\omega_S = \omega_L - \omega_v$, ω_L , and $\omega_A = \omega_L + \omega_v$ respectively, where ω_v
 58 is the vibrational Raman frequency. The total electric field has the form

$$\mathbf{E}(\vec{r}, t) = \mathbf{e}_x \sum_{n=S,L,A} \left(A_n e^{-i(\beta(\omega_n)z - \omega_n t)} + \text{c.c.} \right), \quad (1)$$

59 where \mathbf{e}_x is the unit vector in the x -direction, A_n the envelope field, and $\beta(\omega_n) = k_n$ the
 60 wavenumber, and a subscript $n \in \{S, L, A\}$ corresponds to the Stokes, laser, or anti-Stokes
 61 beam respectively. The three beams interact in the presence of a third-order resonant (Raman)
 62 susceptibility χ_{RS} and nonresonant (Kerr) susceptibility χ_{NR} as well as a self-generated plasma.
 63 We restrict our analysis to the the propagation of an above-critical power laser pulse propagating
 64 in a weakly-ionized dielectric. We also include several numerical examples in the case of
 65 a laser with wavelength $\lambda_L = 355$ nm propagating in water, whose Raman frequency is
 66 $\omega_v = 6.4 \times 10^{14}$ s⁻¹, resonant susceptibility $\chi_{RS} = -1.1i \times 10^{-18}$ cm²/V², and nonresonant
 67 susceptibility $\chi_{NR} = 3.3 \times 10^{-18}$ cm²/V² [3].

68 We begin in the strong, static pump approximation by assuming $|A_L| \gg |A_S|, |A_L| \gg |A_A|$, and
 69 $|A_L|$ is constant, and we neglect transverse effects, ionization losses, and self-phase modulation.
 70 In this case the propagation equations for the Stokes and anti-Stokes waves reduce to the coupled
 71 equations

$$\frac{\partial A_S}{\partial z} = -\alpha_1 A_S + \kappa_1 A_A^* e^{i\Delta k z} \quad (2a)$$

$$\frac{\partial A_A}{\partial z} = -\alpha_2 A_A + \kappa_2 A_S^* e^{i\Delta k z}, \quad (2b)$$

72 where $\alpha_1, \alpha_2, \kappa_1$, and κ_2 are constant coefficients which may include the effects of SRS, FWM,
 73 cross-phase modulation (the optical Kerr effect) and plasma refraction, and $\Delta k = 2k_L - k_S - k_A$
 74 is the wavevector mismatch.

75 The general solution to a system of the form in Eqs. 2a and 2b was first given by Bloembergen [6].
 76 The dominant mode A_+ , a linear combination of A_S and A_A , will evolve according to $A_+ \propto e^{gz}$
 77 where

$$g = -\frac{1}{2}(\alpha_1 + \alpha_2^*) + \frac{1}{2} \left[(\alpha_1 - \alpha_2^* + i\Delta k)^2 + 4\kappa_1 \kappa_2^* \right]^{1/2}, \quad (3)$$

78 meaning that the real part, $\text{Re}[g]$, is the gain coefficient.

80 2.1. Stimulated Raman Scattering

81 Equation 3 has been studied both analytically and experimentally in various limits [6, 8, 9, 17].
 82 To understand the combined effects of SRS, FWM, the optical Kerr effect, and ionization,
 83 it is useful to start by reviewing each of the effects in turn. Beginning with only SRS (and
 84 neglecting FWM, Kerr, and plasma) requires $\alpha_1 = -\alpha_R$, $\alpha_2 = h\alpha_R$, and $\kappa_1 = \kappa_2 = 0$, where

85 $\alpha_R = 3i\omega_S \chi_{RS} |A_L|^2 / (cn_S)$ is the Raman gain coefficient in the absence of four-wave mixing,
 86 $h = \omega_A n_S / (\omega_S n_A)$ a constant, c the speed of light, and $n_n = ck_n/\omega_n$ the linear index of refraction
 87 at frequency ω_n . Note that because χ_{RS} is negative imaginary, the gain coefficient α_R is positive
 88 real. In this simplest case the Stokes sideband gains energy from the laser while the anti-Stokes
 89 sideband loses energy to the laser.

90 2.2. Four-Wave Mixing

91 The dynamics become more complicated when the anti-Stokes and Stokes sidebands are allowed
 92 to exchange energy with each other due to four-wave mixing. We consider both SRS and FWM
 93 by setting $\kappa_1 = \alpha_R$ and $\kappa_2 = -h\alpha_R$ with $\alpha_1 = -\alpha_R$ and $\alpha_2 = h\alpha_R$ as before. Here both the
 94 Stokes and anti-Stokes waves will experience gain with a coefficient depending on the phase
 95 mismatch Δk . Figure 1(a) illustrates the gain spectrum in water at 355 nm ($\Delta k = -550 \text{ cm}^{-1}$) for
 96 several laser intensities. In the case of a large phase mismatch, $|\Delta k| \gg \alpha_R$, the coupled gain
 97 $\text{Re}[g]$ asymptotes to the uncoupled Raman gain coefficient α_R ; although both waves experience
 98 gain, the dominant mode A_+ will be composed almost entirely of Stokes light with very little
 99 anti-Stokes light [17]. In the phase-matched case where $|\Delta k| = 0$, the waves can transfer energy
 100 extremely efficiently, as demonstrated experimentally in silica fibers [18]. However, in this case
 101 the coupled gain drops to 0; since the Stokes and anti-Stokes waves are perfectly coupled, any
 102 laser energy given to the Stokes wave is easily transferred to the anti-Stokes wave and then back
 103 to the laser. This gain suppression when $\delta k \ll \alpha_R$ near perfect phase matching has also been
 104 demonstrated experimentally [8].

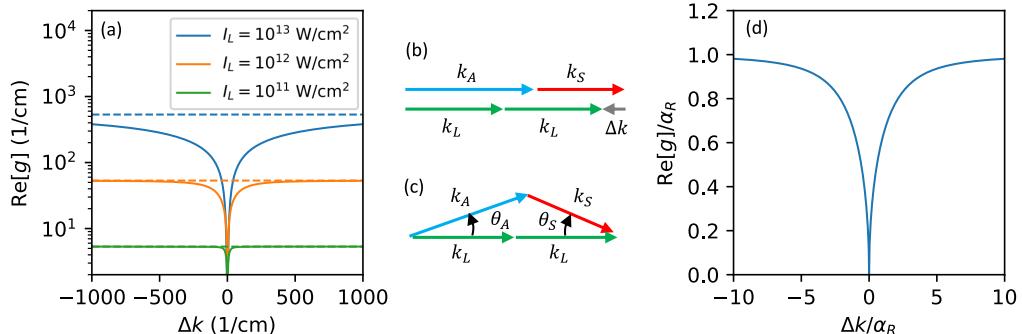


Fig. 1. Coupled gain spectrum including four-wave mixing. (a) Coupled gain (solid lines) and decoupled gain (dashed lines) in water for a 355 nm laser with three different intensities. (b) Phase mismatch Δk depicted for copropagating beams in a material with normal dispersion. (c) The phase mismatch Δk may be eliminated if the Stokes and anti-Stokes beams propagate off-axis from the laser. (d) The approximate coupled gain spectrum normalized to the decoupled gain α_R is valid at any intensity.

105 The magnitude of the phase mismatch depends on the material dispersion as well as the relative
 106 orientation of the laser, Stokes, and anti-Stokes beams. In the copropagating case shown in
 107 Fig. 1(b), the phase mismatch is always negative (positive) in media with normal (anomalous)
 108 dispersion near the laser wavelength, and vanishes only near the zero-dispersion wavelength.
 109 Experiments with two input beams can phase match by orienting the laser and Stokes beams at a
 110 small angle θ_S with respect to each other, which will produce an anti-Stokes beam oriented slightly
 111 off-axis at another angle θ_A as depicted in Fig. 1(c). As indicated previously, the coupled gain
 112 vanishes when phase-matched, rendering this useful mostly for frequency-conversion experiments
 113 from Stokes to anti-Stokes. A focusing beam contains a range of wavevectors, and choosing
 114 the correct F-number (with some light traveling at the angle θ_S) can partially satisfy the phase

115 matching criterion while still allowing some coupled gain. However, when a collimated or
 116 weakly-focused laser generates the Stokes wave, the two waves will copropagate, and the phase
 117 mismatch cannot be avoided.

118 We can simplify the gain equation with four-wave mixing. By normalizing the coupled gain
 119 and the phase mismatch to the uncoupled gain α_R and approximating $h \approx 1$ (which is generally
 120 accurate for small Raman frequencies $\omega_r \ll \omega_L$), Eq. 3 becomes

$$\frac{g}{\alpha_R} = \sqrt{\frac{\Delta k}{\alpha_R}} \sqrt{-i - \frac{1}{4} \frac{\Delta k}{\alpha_R}}. \quad (4)$$

121 This normalization allows us to plot a single gain curve valid for any laser intensity as demonstrated
 122 in Fig. 1(d). We can clearly see that the FWM-related gain suppression only manifests for small
 123 phase mismatches $|\Delta k| \lesssim |\alpha_R|$. As the laser intensity and thus $|\alpha_R|$ increase, the wavenumber
 124 range affected by FWM also increases.

125 2.3. Kerr Self-Focusing

126 Next we consider a system subject to SRS, FWM, and Kerr self-focusing. The gain in Eq.
 127 3 is calculated by setting $\alpha_1 = -(\alpha_R + \alpha_K)$, $\alpha_2 = -h(-\alpha_R + \alpha_K)$, $\kappa_1 = (\alpha_R + \alpha_K)$, and
 128 $\kappa_2 = h(-\alpha_R + \alpha_K)$, where $\alpha_K = 3i\omega_S\chi_{NR}|A_L|^2/(cn_S)$ is the positive imaginary Kerr phase
 129 contribution due to the strong laser field. The Kerr effect enhances the coupled gain when
 130 $\Delta k > 0$ but suppresses gain when $\Delta k < 0$ as shown in Fig. 2(a). Both gain suppression and gain
 131 enhancement have been demonstrated in silica fibers by tuning the laser about the zero-dispersion
 132 wavelength [8, 9]. Notably, at wavelengths with normal dispersion, Δk is always negative, so
 133 the Kerr effect will only suppress the coupled gain. We again consider the case of water at 355
 134 nm ($\Delta k = -550 \text{ cm}^{-1}$). As shown in Fig. 2(a), this wavelength always exhibits suppressed gain
 135 regardless of the laser intensity.

136 We can also simplify the gain equation when Kerr focusing is included. Again taking $h \approx 1$,
 137 Eq. 3 becomes

$$\frac{g}{\alpha_R} = \sqrt{\frac{\Delta k}{\alpha_R}} \sqrt{-i + |\chi_{NR}/\chi_{RS}| - \frac{1}{4} \frac{\Delta k}{\alpha_R}}. \quad (5)$$

138 In Fig. 2(b) we plot Eq. 5 for the ratio $|\chi_{NR}/\chi_{RS}| = 2.94$ characteristic of water at 355 nm.
 139 The enhanced gain occurs at a phase mismatch of $\Delta k/\alpha_R \approx 2|\chi_{NR}/\chi_{RS}|$ and reaches a gain
 140 of $\text{Re}[g]/\alpha_R \approx \sqrt{1 + |\chi_{NR}/\chi_{RS}|^2}$. A similar enhancement factor has been demonstrated in
 141 silica fibers at laser wavelengths above the zero-dispersion wavelength [9, 10]. Importantly, the
 142 maximum Raman gain depends strongly on the nonresonant susceptibility χ_{NR} .

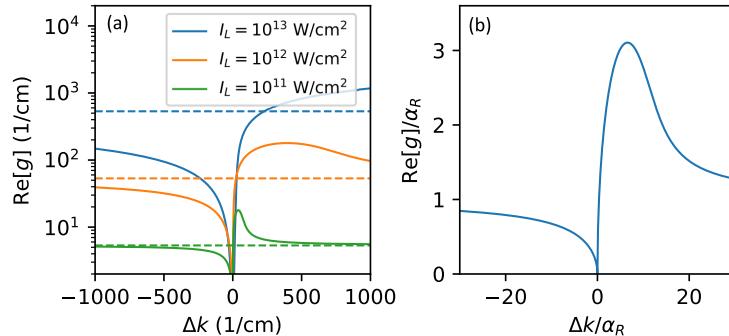


Fig. 2. Coupled gain spectrum including four-wave mixing and the Kerr nonlinearity.
 (a) Coupled gain (solid lines) and decoupled gain without FWM (dashed lines) in water for a 355 nm laser with three different intensities. (b) The approximate coupled gain spectrum normalized to the decoupled gain α_R is valid at any intensity.

143 Previous works demonstrating gain suppression and enhancement were limited to relatively
 144 low, ~ 100 W laser powers in silica fibers, reaching intensities of $\sim 10^9$ W/cm 2 [8, 9]. At these
 145 intensities, gain enhancement occurs only at a low, positive phase mismatch of order $\Delta k \sim m^{-1}$,
 146 corresponding to a wavelength range on the order of 10 nm wide in silica. Based on these
 147 results, we would not expect any gain enhancement for materials with normal dispersion where
 148 $\Delta k < 0$, e.g. in water at visible or UV wavelengths. We rather expect gain suppression over a
 149 larger wavelength range, since the condition $|\Delta k| \ll \alpha_R$ for gain suppression is more likely to be
 150 satisfied at high intensities. Figure 2(a) demonstrates this, showing the coupled gain in the region
 151 $\Delta k < 0$ to dip far below the uncoupled gain as the intensity increases. It is unclear how any such
 152 system could expect to experience enhanced gain.

153 *2.4. Plasma Refraction*

154 Plasma generation is a natural consequence of focusing megawatt-class lasers in condensed media,
 155 yet to our knowledge its effects on SRS in condensed media have not previously been explored.
 156 We now show that the presence of a low-density plasma can lead to strong gain enhancement
 157 almost without regard to the phase mismatch Δk . To capture the effects of the plasma refraction
 158 in Eqs. 2a and 2b, we set $\alpha_1 = -(\alpha_R + \alpha_K + \alpha_p)$ and $\alpha_2 = -h(-\alpha_R + \alpha_K + h_p \alpha_p)$ where
 159 $\alpha_p = -i\omega_p^2/(2c\omega_S n_S)$ is the negative, imaginary phase contribution due to the plasma, ω_p the
 160 plasma frequency, and $h_p = \omega_S^2/\omega_A^2$ a constant. We keep $\kappa_1 = (\alpha_R + \alpha_K)$ and $\kappa_2 = h(-\alpha_R + \alpha_K)$
 161 as before.

162 Inserting these coefficients into Eq. 3 and approximating $h \approx h_p \approx 1$, we arrive at the
 163 normalized gain

$$\frac{g}{\alpha_R} = \sqrt{\frac{\Delta k + 2|\alpha_p|}{\alpha_R}} \sqrt{-i + |\chi_{NR}/\chi_{RS}| - \frac{1}{4} \left(\frac{\Delta k + 2|\alpha_p|}{\alpha_R} \right)}, \quad (6)$$

164 which reaches a maximum when

$$(\Delta k + 2|\alpha_p|)/\alpha_R \approx 2|\chi_{NR}/\chi_{RS}|. \quad (7)$$

165 We see in Eqs. 6 and 7 that the plasma effectively increases the phase mismatch Δk by a factor
 166 $|\alpha_p|$, thereby lowering the system's zero-dispersion wavelength. Fig. 3(a) illustrates this effect
 167 at laser intensity $I_L = 10^{12}$ W/cm 2 , showing that higher plasma density allows Raman gain
 168 enhancement even for $\Delta k < 0$ where the medium has normal dispersion. In Fig. 3(b) we plot
 169 the gain for fixed $\Delta k = -550$ cm $^{-1}$ and varied plasma density, clearly showing how increased
 170 plasma density permit gain enhancement.

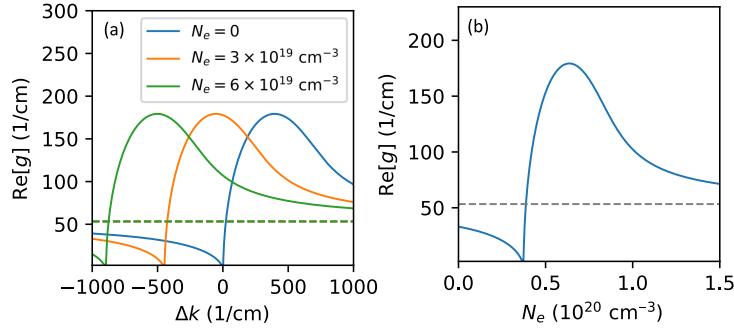


Fig. 3. Coupled gain spectrum including four-wave mixing, Kerr focusing, and plasma refraction. (a) Coupled gain (solid lines) and decoupled gain (dashed lines) in water for a 355 nm laser with intensity $I_L = 10^{12} \text{ W/cm}^2$ for three different plasma electron densities N_e . (b) Coupled gain at the copropagating phase mismatch $\Delta k = -550 \text{ cm}^{-1}$ for different plasma densities with laser intensity $I_L = 10^{12} \text{ W/cm}^2$.

171 2.5. Intensity clamping

172 The plasma density can be easily related to the intensity at focus. When the laser power P_L
 173 exceeds the Kerr critical power ($P_{cr} \approx 0.19\lambda_L^2 n_L \epsilon_0 c / \chi_{NL}$ with ϵ_0 the vacuum permittivity), or
 174 about 300 kW in water at 355 nm, self-focusing overpowers diffraction and the laser intensity will
 175 rise until ionization stops the self-focusing. This suggests that at focus, diffraction and plasma
 176 together must balance self-focusing; mathematically, we write this as

$$\alpha_p + \alpha_d \approx \alpha_K, \quad (8)$$

177 where $\alpha_d = \alpha_K (P_{cr}/P_L)$ is the phase change due to diffraction. Considering $P_L \gg P_{cr}$, we
 178 see that diffraction becomes unimportant for intensity clamping, and $\alpha_p \approx \alpha_K$. By setting
 179 $|\alpha_p| = |\alpha_K|$ in Eq. 7, the condition for maximum enhanced gain reduces to simply

$$\Delta k + 2|\alpha_K| \approx 2|\alpha_K|, \quad (9)$$

180 or alternatively

$$|\alpha_K| \gg |\Delta k|/2. \quad (10)$$

181 The condition in Eq. 10 can be easily converted to a laser intensity threshold by expanding
 182 α_K ; we find that for any laser intensity at focus above approximately

$$I_T = \frac{c^2 n_S n_L \epsilon_0}{3 \omega_S \chi_{NR}} |\Delta k|, \quad (11)$$

183 we expect nearly perfect phase matching and strongly enhanced SRS gain. This limit, which is
 184 $I_T \approx 2 \times 10^{12} \text{ W/cm}^2$ in water at 355 nm, considers copropagating laser and Stokes beams. With
 185 strong self-focusing, however, even a collimated or weakly-focused beam can lead to off-axis
 186 propagation angle θ_S of a few degrees. Fortunately, in water, even θ_S of a few degrees will only
 187 affect Δk and I_T by a factor of order unity; as long as the $I_L \gg I_T$ for a collimated beam, it is
 188 likely to hold with self-focusing as well. Our last step is to understand when this threshold will
 189 be reached.

190 3. Full spatiotemporal dynamics

191 Predicting the peak intensity at focus is difficult, as it depends on multiple nonlinear and
 192 spatiotemporally-dependent processes including pump depletion and ionization. This leads us

193 to numerical methods. Full three-wave nonlinear envelope propagation equations have been
 194 derived previously including both Raman and Kerr susceptibilities [19], four-wave mixing, and
 195 ionization [20] with 2D axisymmetry in pulse-frame longitudinal, temporal and radial coordinates
 196 z , $\tau = t - z/v_{gL}$, and r .

197 We model the plasma dynamics including both multiphoton and collisional ionization. The
 198 electron density N_e evolves according to

$$\frac{\partial N_e}{\partial \tau} = \nu_{\text{MPI}} N_0 - \eta N_e, + \nu_i N_e \quad (12)$$

199 where N_0 is the density of neutrals, η the electron reattachment rate, ν_{MPI} the total multiphoton
 200 ionization rate, and ν_i the collisional ionization rate. In water, we set $N_0 = 3.34 \times 10^{22} \text{ cm}^{-3}$ and
 201 $\eta = 10^{12} \text{ s}^{-1}$. Recombination is negligible compared to electron reattachment, as $\beta_r N_e \ll \eta$ for
 202 the electron densities in our study and recombination coefficient $\beta_r \sim 2 \times 10^{-9} \text{ cm}^3/\text{s}$ [21]. The
 203 multiphoton ionization rate is given by

$$\nu_{\text{MPI}} = \sum_{n=S,L,A} \nu_{\text{MPI},n}, \quad (13a)$$

$$\nu_{\text{MPI},n} = \frac{2\pi}{(l-1)!} \omega_n \left[\frac{I_n}{I_{\text{MPI}}} \right]^l, \quad (13b)$$

204 where l is the number of photons to ionize an electron with photons exclusively of frequency ω_n ,
 205 and I_{MPI} is the characteristic multiphoton ionization rate constant. For our test case in water, we
 206 extract I_{MPI} from the field ionization model introduced by Keldysh64 for crystalline media, due
 207 to the polycrystalline nature of water with conduction band energy $U_{\text{ion}} \approx 9.5 \text{ eV}$ [3, 22]. We find
 208 that for an electron effective mass $m_{\text{eff}} = 0.2 m_e$ [3] (where m_e is the free electron mass), laser
 209 wavelength 355 nm, and intensity $I_L \lesssim 10^{13} \text{ W/cm}^2$, the full Keldysh model predicts simple
 210 multiphoton ionization with a characteristic intensity of $I_{\text{MPI}} = 1.6 \times 10^{15} \text{ W/cm}^2$.

211 The collisional ionization rate ν_i and electron collision frequency ν_e obey

$$\nu_i = \frac{\nu_e}{U_{\text{ion}}} \frac{2e^2}{m_{\text{eff}}} \sum_{n=S,L,A} \frac{|A_n|^2}{\omega_n^2}, \quad (14a)$$

$$\nu_e = N_0 \sigma_c \frac{e\sqrt{2}}{m_{\text{eff}}} \left(\sum_{n=S,L,A} \frac{|A_n|^2}{\omega_n^2} \right)^{1/2}, \quad (14b)$$

212 where $-e$ is the electron charge, and σ_c the collisional ionization cross section which we set to
 213 $3.1 \times 10^{16} \text{ cm}^{-2}$ in accordance with electron impact ionization and scattering time experiments
 214 in water [23, 24].

215 Finally, the paraxial, slowly-varying envelope propagation equations are written [15]

$$\begin{aligned} 216 & 2ik_S \frac{\partial A_S}{\partial z} + \frac{\partial^2 A_S}{\partial r^2} + \frac{1}{r} \frac{\partial A_S}{\partial r} - ks\beta_S'' \frac{\partial^2 A_S}{\partial \tau^2} + 2ik_S \left(\frac{1}{v_{gS}} - \frac{1}{v_{gL}} \right) \frac{\partial A_S}{\partial \tau} - \frac{\omega_p^2}{c^2} \left(1 - \frac{i\nu_e}{\omega_S} \right) A_S \\ & + \frac{i\omega_S}{2c^2} \frac{U_{\text{ion}}}{|A_S|^2} N_0 \nu_{\text{MPI},S} A_S = \frac{-6\omega_S^2}{c^2} \left[\frac{1}{2} \chi_{NR} |A_S|^2 A_S + (\chi_{RS} + \chi_{NR}) |A_L|^2 A_S \right. \\ & \left. + \chi_{NR} |A_A|^2 A_S + (\chi_{RS} + \chi_{NR}) A_L^2 A_A^* e^{i\Delta kz} \right], \end{aligned} \quad (15a)$$

$$\begin{aligned}
2ik_L \frac{\partial A_L}{\partial z} + \frac{\partial^2 A_L}{\partial r^2} + \frac{1}{r} \frac{\partial A_L}{\partial r} - k_L \beta_L'' \frac{\partial^2 A_L}{\partial \tau^2} - \frac{\omega_p^2}{c^2} \left(1 - \frac{i\nu_e}{\omega_L} \right) A_L \\
+ \frac{i\omega_L}{2c^2} \frac{U_{\text{ion}}}{|A_L|^2} N_0 \nu_{\text{MPI},L} A_L = \frac{-6\omega_L^2}{c^2} \left[(\chi_{RA} + \chi_{NR}) |A_S|^2 A_L + \frac{1}{2} \chi_{NR} |A_L|^2 A_L \right. \\
\left. + (\chi_{RS} + \chi_{NR}) |A_A|^2 A_L + 2\chi_{NR} A_L^* A_S A_A e^{-i\Delta k z} \right], \tag{15b}
\end{aligned}$$

$$\begin{aligned}
2ik_A \frac{\partial A_A}{\partial z} + \frac{\partial^2 A_A}{\partial r^2} + \frac{1}{r} \frac{\partial A_A}{\partial r} - k_A \beta_A'' \frac{\partial^2 A_A}{\partial \tau^2} + 2ik_A \left(\frac{1}{v_{gA}} - \frac{1}{v_{gL}} \right) \frac{\partial A_A}{\partial \tau} - \frac{\omega_p^2}{c^2} \left(1 - \frac{i\nu_e}{\omega_A} \right) A_A \\
+ \frac{i\omega_A}{2c^2} \frac{U_{\text{ion}}}{|A_A|^2} N_0 \nu_{\text{MPI},A} A_A = \frac{-6\omega_A^2}{c^2} \left[\chi_{NR} |A_S|^2 A_A + (\chi_{RA} + \chi_{NR}) |A_L|^2 A_A \right. \\
\left. + \frac{1}{2} \chi_{NR} |A_A|^2 A_A + (\chi_{RA} + \chi_{NR}) A_L^2 A_S^* e^{i\Delta k z} \right]. \tag{15c}
\end{aligned}$$

220 with $\omega_p = \sqrt{N_e e^2 / m_{\text{eff}} \epsilon_0}$ the plasma frequency, $v_{gn} = 1/\beta'_n$ the group velocity at frequency ω_n ,
221 $\beta'_n = \partial \beta(\omega) / \partial \omega|_{\omega=\omega_n}$, and $\beta''_n = \partial^2 \beta(\omega) / \partial \omega^2|_{\omega=\omega_n}$.

222 4. Numerical simulation

223 We solve the system in Eqs. 12, 15a, 15b, and 15c numerically with the SNOPROP simulation
224 code [15, 16]. The system is initialized with a temporally and radially gaussian laser pulse, while the
225 Stokes and anti-Stokes fields are initialized to a uniform background intensity $I_{\text{BG}} = 10^{-2} \text{ W/cm}^2$
226 [1, 25]. Our first example consists of a 4 MW, 355 nm, 0.5 ps laser pulse with 192 μm FWHM
227 focusing in water with F-number of 42 (geometric focus at $z = 0.8 \text{ cm}$). All additional simulation
228 parameters are reported in Table 1. We perform two simulations: the first solves the equations as
229 written, while the second disables four-wave mixing by setting $e^{i\Delta k z} \rightarrow 0$ and $e^{-i\Delta k z} \rightarrow 0$ in
230 Eqs. 15a, 15b, and 15c.

Table 1. Simulation parameters for 0.5 ps pulse

Radial box size		800 μm
Radial cell size	dr	0.25 μm
Temporal box size		3 ps
Temporal cell size	$d\tau$	25 fs
Simulation length		1.6 cm
Step size	dz	2 μm
Stokes refractive index	n_S	1.3493
Laser refractive index	n_L	1.3572
Anti-Stokes refractive index	n_A	1.3662
Stokes group index	n_{gS}	1.4040
Laser group index	n_{gL}	1.4269
Anti-Stokes group index	n_{gA}	1.4558

231 The energy exchange between the three waves is shown in Fig. 4 with and without four-wave
 232 mixing enabled. In panel (a) we see that the the Stokes power output increases from 12% to
 233 39% of the input power when four-wave mixing is enabled, and the output laser power decreases
 234 from 60% to 35% of the input power. Anti-Stokes light is understandably only produced when
 235 four-wave mixing is enabled. The log-scale power evolution in panel (b) illustrates the Stokes
 236 gain enhancement, raising the peak Stokes growth rate from 160 cm^{-1} to 540 cm^{-1} . This gain
 237 enhancement factor of 3.38 is close to the expected enhancement factor $\sqrt{1 + |\chi_{NR}/\chi_{RS}|^2} \sim 3.16$
 238 due to four-wave mixing with the plasma-assisted phase matching. Panel (c) confirms that the
 239 peak laser intensity remains well above the threshold $I_T = 1.8 \times 10^{12} \text{ W/cm}^2$ for enhanced SRS
 240 as the laser propagates through focus, and even the average laser intensity (here calculated as the
 241 maximum intensity after averaging over the temporal FWHM) is comparable to the threshold.

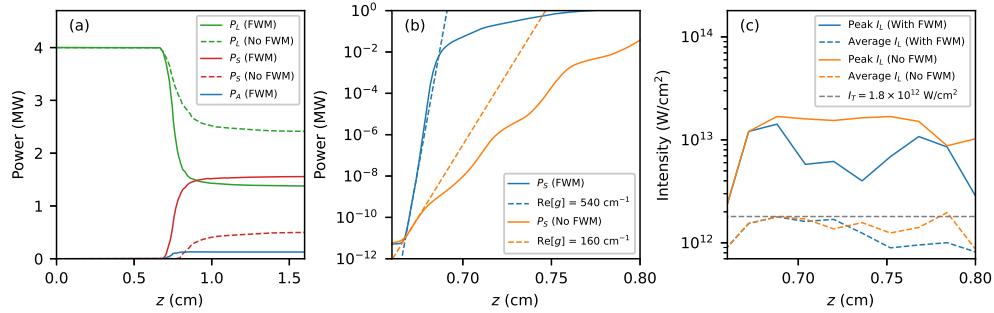


Fig. 4. Evolution of a 0.5 ps laser pulse propagating through focus in water. (a) Power of each of the three waves in simulations with and without FWM enabled. (b) Stokes power growth with approximate exponential fits. (c) Peak laser intensity and highest temporally-averaged laser intensity with FWM compared to the threshold for gain enhancement.

242 Oscillations in the Stokes gain (c.f. Fig. 4(b)) correspond to spatiotemporal modulation of
 243 the laser profile (c.f. Fig. 5(b)) by an ionization instability [26]. The instability transversely
 244 corrugates both the laser envelope and the electron density with a spatial scale near the plasma
 245 wavelength; the peak electron density of $N_e \sim 10^{20} \text{ cm}^{-3}$ corresponds to a plasma wavelength
 246 $\lambda_p = 2\pi c/\omega_p \sim 3 \mu\text{m}$, which is similar to the scale in Fig. 5(b). Since the center of the pulse
 247 ($\tau = 0$) has the highest power (well above P_{crit}), it will self-focus first, followed later by slices
 248 near the head of the pulse. This causes the instability-generated corrugations to travel along the
 249 pulse in the $-\tau$ direction. We see in Fig. 5 that over a distance $\sim 64 \mu\text{m}$, two intensity nodes
 250 cross the center of the pulse at $\tau = 0$, simultaneous with two gain oscillations in Fig. 4(b)). This
 251 confirms that the gain modulations are related to the ionization instability and underscores the
 252 importance of a full spatiotemporal treatment of the separate waves to accurately predict SRS.

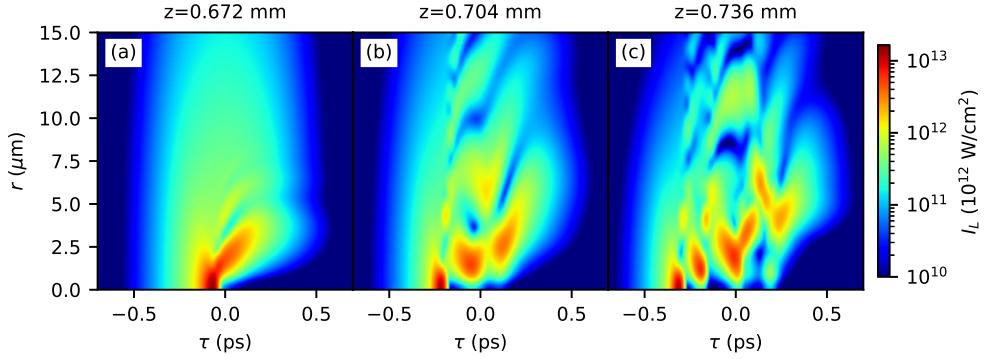


Fig. 5. Intensity profiles of a 0.5 ps laser pulse focusing in water with FWM disabled. (a,b,c) The laser envelope is shown at three different positions in z , with the front of the laser pulse at negative τ .

253 In order to understand the effect of the gain enhancement at lower intensities, we simulate
 254 an additional system where a 5 ps laser pulse focuses with a larger F-number of 80 and longer
 255 propagation distance of 3.2 cm. The temporal box and cell size are increased by a factor of 10,
 256 but all other parameters are as in Table 1. The longer pulse duration will enhance collisional
 257 ionization and reduce the laser intensity at focus. The energy evolution in Fig. 6(a) differs
 258 dramatically from the case with the shorter pulse, as enabling FWM only increases the output
 259 Stokes power by 2% and decreases the laser output power by 5%. However, Fig. 6(b) shows a
 260 clear enhancement in the exponential Stokes gain rate by a factor of 3.28—once again close to the
 261 expected theoretical enhancement of 3.16. Fig. 6(b) resolves the contradiction; we see that while
 262 the peak laser intensity exceeds I_T , allowing very localized regions near the high-intensity lobes
 263 (c.f. Fig. 5) to experience enhanced gain, the temporally-averaged laser intensity remains well
 264 below I_T and the majority of the laser energy does not experience enhanced gain. We confirm
 265 that the FWM-enhanced SRS gain is only to be expected at sufficiently high intensities above I_T .

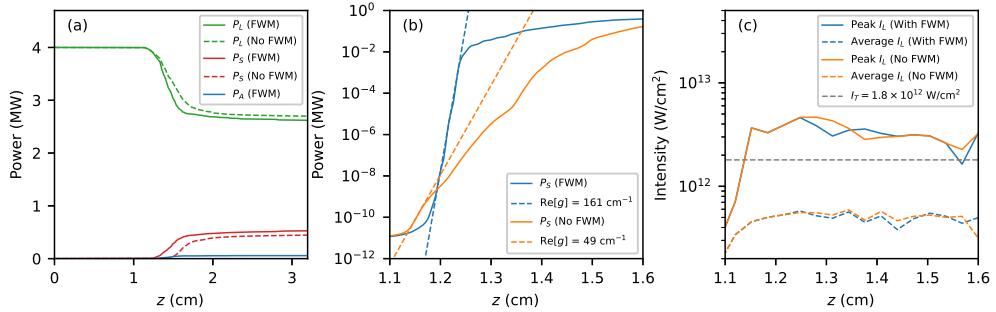


Fig. 6. Evolution of a 5 ps laser pulse propagating through focus in water. (a) Power of each of the three waves in simulations with and without FWM enabled. (b) Stokes power growth with approximate exponential fits. (c) Peak laser intensity and highest temporally-averaged laser intensity with FWM compared to the threshold for gain enhancement.

266 **5. Conclusion**

267 We have shown that four-wave mixing can significantly enhance Raman gain when high-power
268 lasers focus in condensed media. Our analytical results agree well with multidimensional
269 nonlinear laser propagation simulations and confirm that above a certain threshold intensity I_T ,
270 the laser-generated plasma provides the ideal phase matching for enhanced gain over a broad
271 wavelength range. This enhanced gain can lead to many times higher Stokes Raman production
272 and vastly increased laser energy losses. Accurate prediction of the Raman gain at high intensities
273 may require a fully-spatiotemporal treatment of each of the Stokes, laser, and anti-Stokes waves.
274 Water-based experiments similar to Ref. [3] but with shorter laser pulses could experimentally
275 verify this gain enhancement. Although we primarily consider laser propagation in water, the
276 phenomenon may also occur in other dielectrics which are weakly ionized by a high-intensity,
277 several-critical-power laser.

278 **6. Funding**

279 J. R. P. acknowledges support by the National Science Foundation under award number PHY
280 – 1903414, as well as the DOE NNSA LRGF fellowship under cooperative agreement number
281 DE-NA0003960.

282 **7. Acknowledgements**

283 We thank S. Glenzer for helpful discussions.

284 **References**

1. M. Sceats, S. A. Rice, and J. E. Butler, “The stimulated raman spectrum of water and its relationship to liquid structure,” *The J. Chem. Phys.* **63**, 5390–5400 (1975).
2. B. Hafizi, J. P. Palastro, J. R. Peñano, T. G. Jones, L. A. Johnson, M. H. Helle, D. Kaganovich, Y. H. Chen, and A. B. Stamm, “Stimulated raman and brillouin scattering, nonlinear focusing, thermal blooming, and optical breakdown of a laser beam propagating in water,” *J. Opt. Soc. Am. B* **33**, 2062–2072 (2016).
3. Y.-H. Chen, J. R. Peterson, L. A. Johnson, T. G. Jones, B. Hafizi, A. B. Stamm, A. C. Ting, J. P. Palastro, M. H. Helle, and D. Kaganovich, “Ionization in the field of a strong electromagnetic wave,” *Opt. Lett.* **45**, 4344–4347 (2020).
4. Y. Ganot, S. Shrenkel, B. D. Barmashenko, and I. Bar, “Enhanced stimulated raman scattering in temperature controlled liquid water,” *Appl. Phys. Lett.* **105**, 061107 (2014).
5. M. H. Helle, T. G. Jones, J. R. Peñano, D. Kaganovich, and A. Ting, “Formation and propagation of meter-scale laser filaments in water,” *Appl. Phys. Lett.* **103**, 121101 (2013).
6. N. Bloembergen and Y. R. Shen, “Coupling between vibrations and light waves in raman laser media,” *Phys. Rev. Lett.* **12**, 504–507 (1964).
7. S. Trillo and S. Wabnitz, “Parametric and raman amplification in birefringent fibers,” *J. Opt. Soc. Am. B* **9**, 1061–1082 (1990).
8. E. Golovchenko, P. V. Mamyshev, A. N. Pilipetskii, and E. M. Dianov, “Mutual influence of the parametric effects and stimulated raman scattering in optical fibers,” *IEEE J. Quantum Electron.* **26**, 1815–1820 (1990).
9. F. Vanholsbeeck, P. Emplit, and S. Coen, “Complete experimental characterization of the influence of parametric four-wave mixing on stimulated raman gain,” *Opt. Lett.* **28**, 1960–1962 (2003).
10. A. S. Y. Hsieh, G. K. L. Wong, S. G. Murdoch, S. Coen, F. Vanholsbeeck, R. Leonhardt, and J. D. Harvey, “Strong signal suppression in single-pump optical parametric amplifiers,” *Opt. Express* **15**, 8104–8114 (2007).
11. W. Liu, P. Ma, P. Zhou, and Z. Jiang, “Effects of four-wave-mixing in high-power raman fiber amplifiers,” *Opt. Express* **28**, 593–606 (2020).
12. A. Vogel, J. Noack, G. Hüttman, and G. Paltauf, “Mechanisms of femtosecond laser nanosurgery of cells and tissues,” *Appl. Phys. B* **81**, 1015–1047 (2005).
13. T. G. Jones, A. Ting, D. Gordon, M. Helle, and J. Peñano, “Underwater laser-guided discharge,” U.S. Pat. 8,941,967 (2015).
14. T. G. Jones, A. Ting, D. F. Gordon, M. H. Helle, and J. R. Peñano, “Two-laser generation of extended underwater plasma,” U.S. Pat. 9,088,123 (2015).
15. J. R. Peterson, T. G. Jones, B. Hafizi, L. A. Johnson, and D. F. Gordon, “SNOPROP: a solver for nonlinear optical propagation,” (2020). Memorandum Report, NRL/MR/6795–20-10,121 (Naval Research Laboratory).
16. J. R. Peterson, “SNOPROP: a solver for nonlinear optical propagation,” Zenodo (2020).
17. R. W. Boyd, *Nonlinear Optics* (Academic Press, Burlington, 2008), 3rd ed.

318 18. D. A. Akimov, E. E. Serebryannikov, A. M. Zheltikov, M. Schmitt, R. Maksimenka, W. Kiefer, K. V. Dukel'skii,
319 V. S. Shevandin, and Y. N. Kondrat'ev, "Efficient anti-stokes generation through phase-matched four-wave mixing in
320 higher-order modes of a microstructure fiber," *Opt. Lett.* **28**, 1948–1950 (2003).

321 19. N. Bloembergen, *Nonlinear Optics* (Harvard University, 1996), 4th ed.

322 20. P. Sprangle, J. R. Peñano, and B. Hafizi, "Propagation of intense short laser pulses in the atmosphere," *Phys. Rev. E*
323 **66**, 046418 (2002).

324 21. F. Docchio, "Lifetimes of plasmas induced in liquids and ocular media by single nd:yag laser pulses of different
325 duration," *Eur. Lett.* **6**, 5 (1988).

326 22. F. Williams, S. P. Varma, and S. Hillenius, "Liquid water as a lone-pair amorphous semiconductor," *The J. Chem.
327 Phys.* **64**, 1549–1554 (1976).

328 23. M. V. V. S. Rao, I. Iga, and S. K. Srivastava, "Ionization cross-sections for the production of positive ions from H₂O
329 by electron impact," *J. Geophys. Res.* **100**, 26421–26425 (1995).

330 24. C. Sarpe, J. Köhler, T. Winkler, M. Wollenhaupt, and T. Baumert, "Real-time observation of transient electron density
331 in water irradiated with tailored femtosecond laser pulses," *New J. Phys.* **14**, 075021 (2012).

332 25. M. Colles, "Efficient stimulated raman scattering from picosecond pulses," *Opt. Commun.* **1**, 169 – 172 (1969).

333 26. J. Thomas M. Antonsen and Z. Bian, "Ionization induced scattering of short intense laser pulses," *Phys. Rev. Lett.* **82**,
334 3617–3620 (1999).