

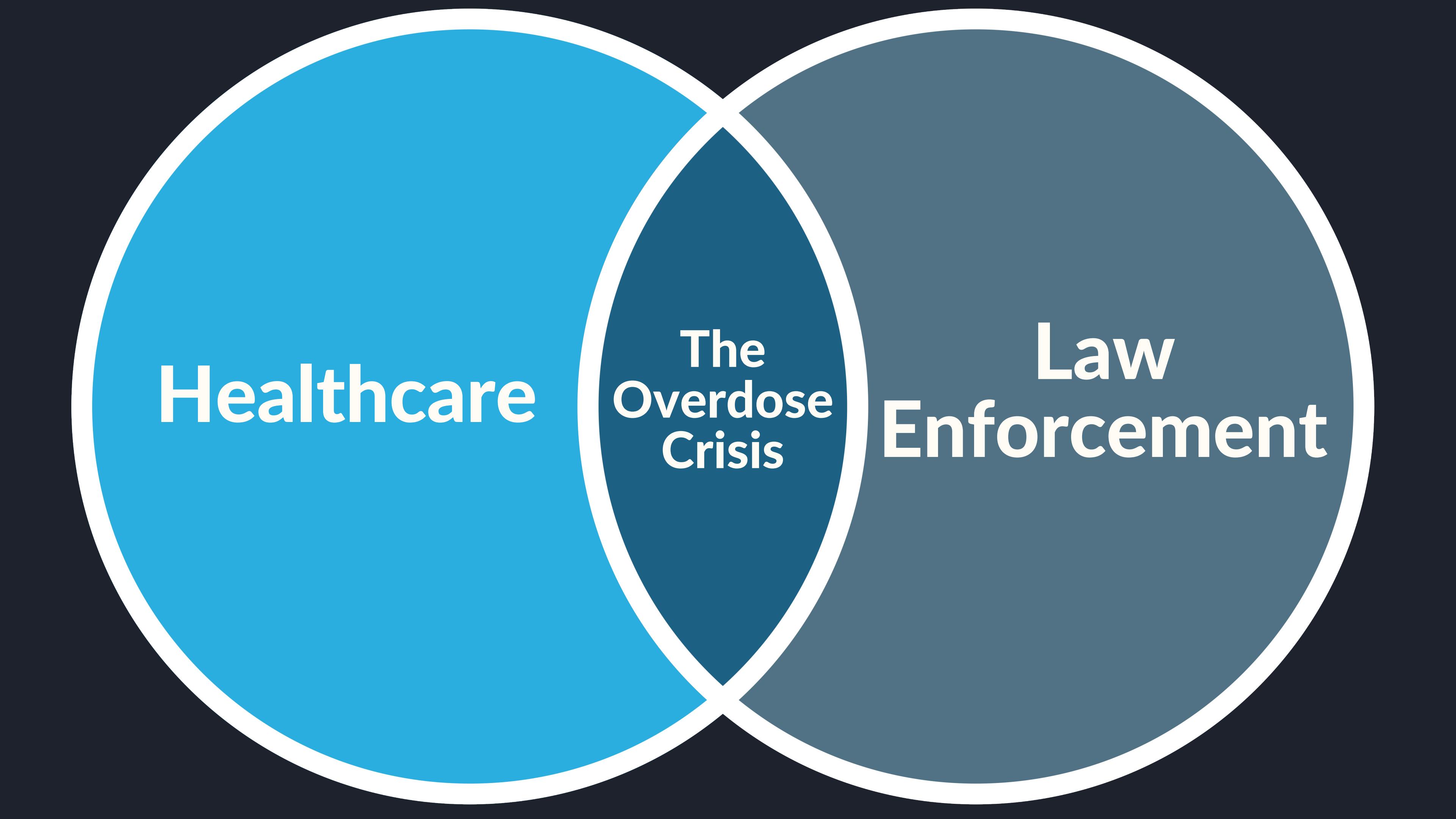
Life Without Social Media



Liz Chiarello, Ph.D.

Associate Professor
Department of Sociology
& Anthropology
Saint Louis University

A Student Experiment



Healthcare

The
Overdose
Crisis

Law
Enforcement

Pharmacists

The Ultimate Gatekeepers



Sarah, Chain Pharmacist, Kansas City

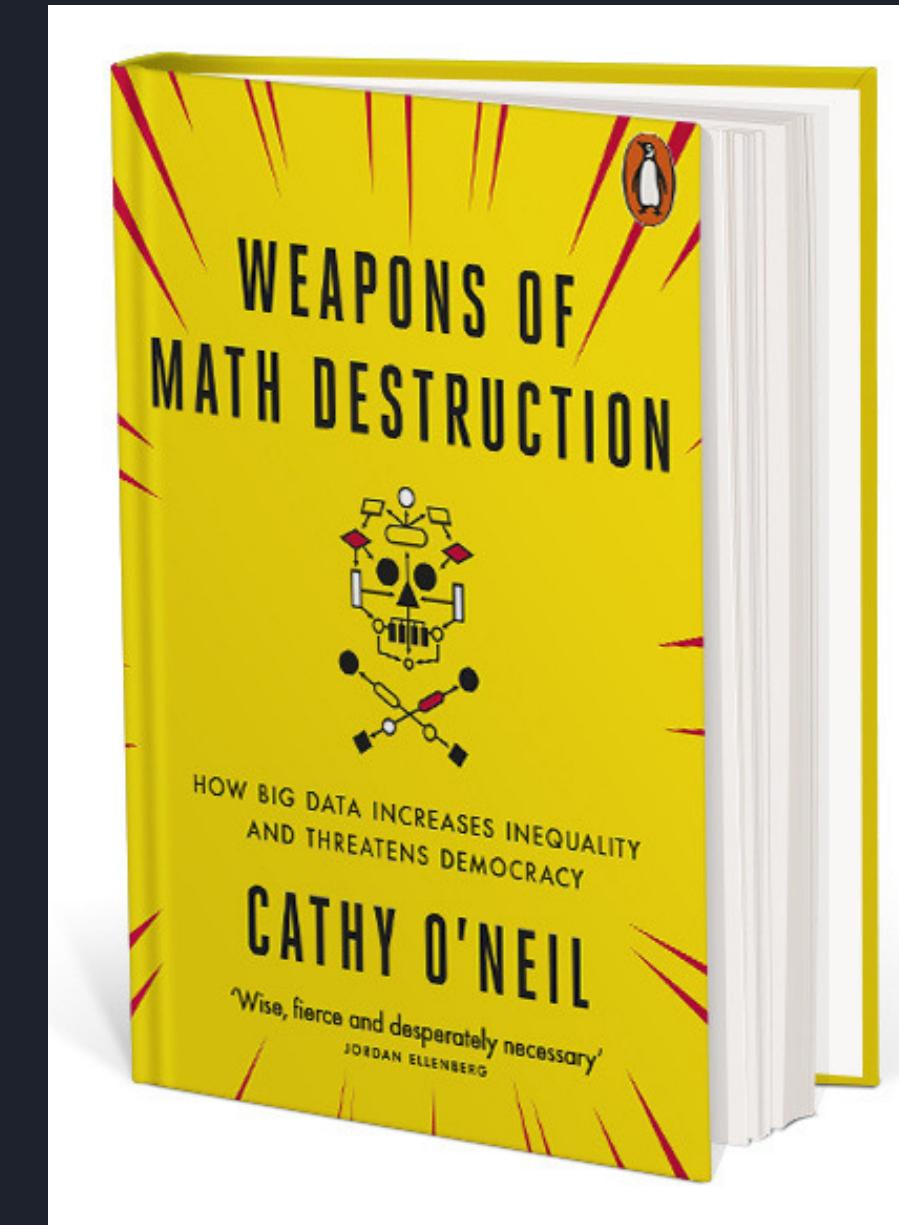
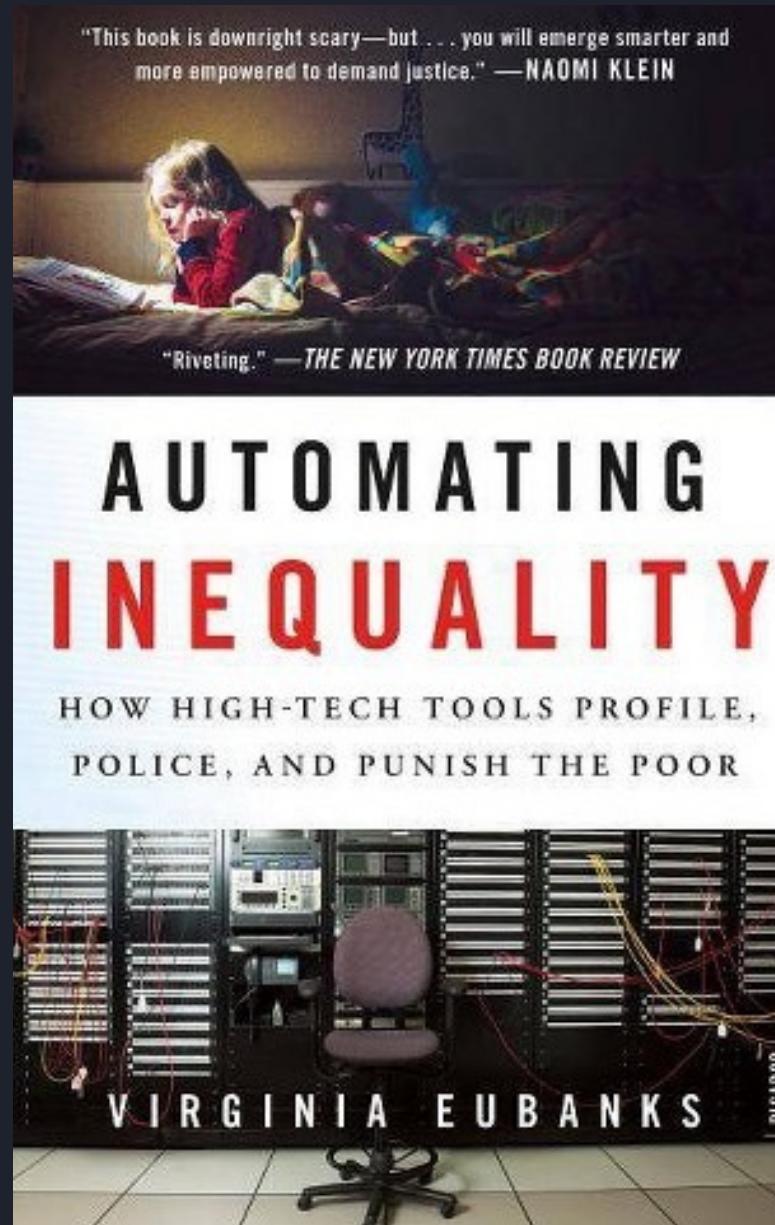
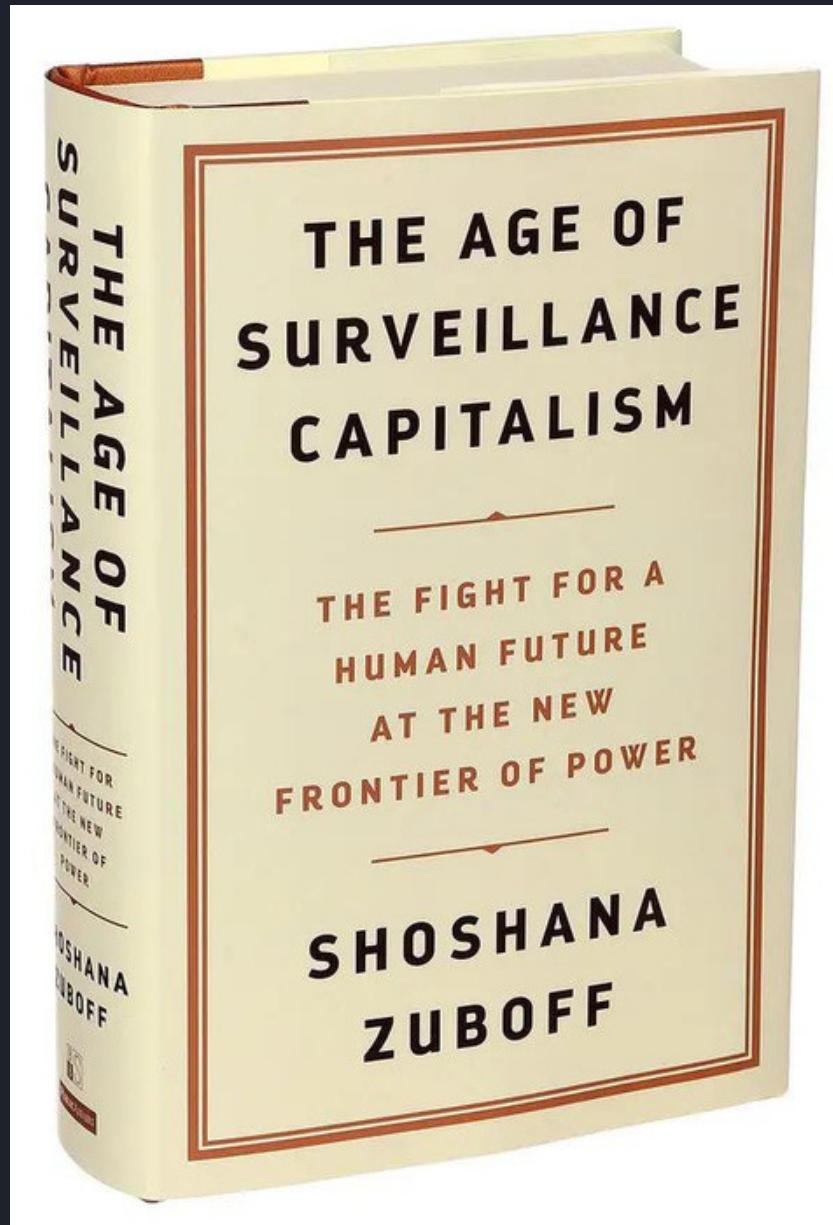


“Although I’m in the business of patient safety, I’m not in the police business . . . that’s the least fun part of my job, feeling like you’re a police.”



Prescription Drug Monitoring Programs (PDMPs)



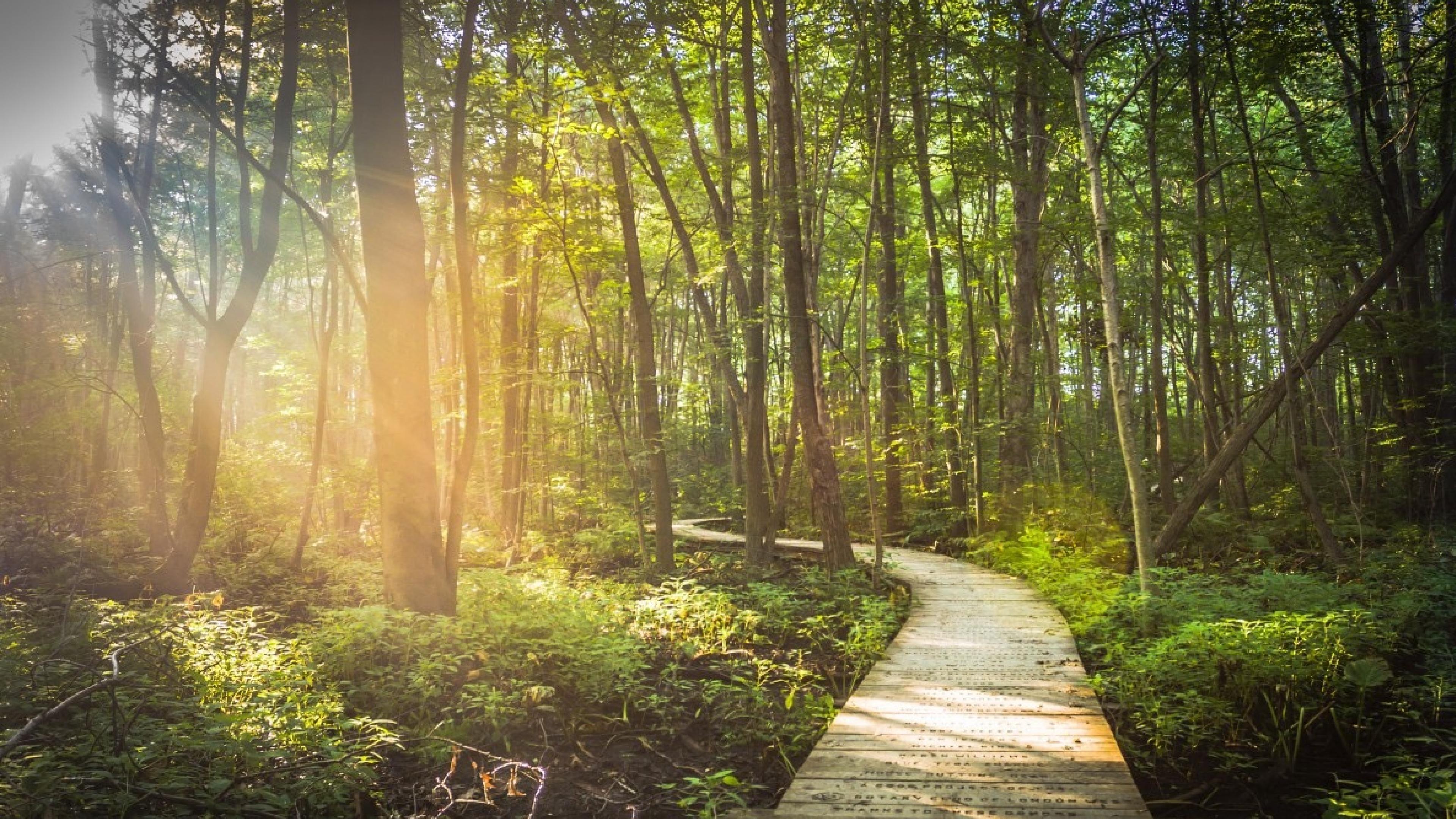




The "I" in "Internet"
The "Me" in "Meme":
**SELF, TECHNOLOGY, AND
SOCIETY**



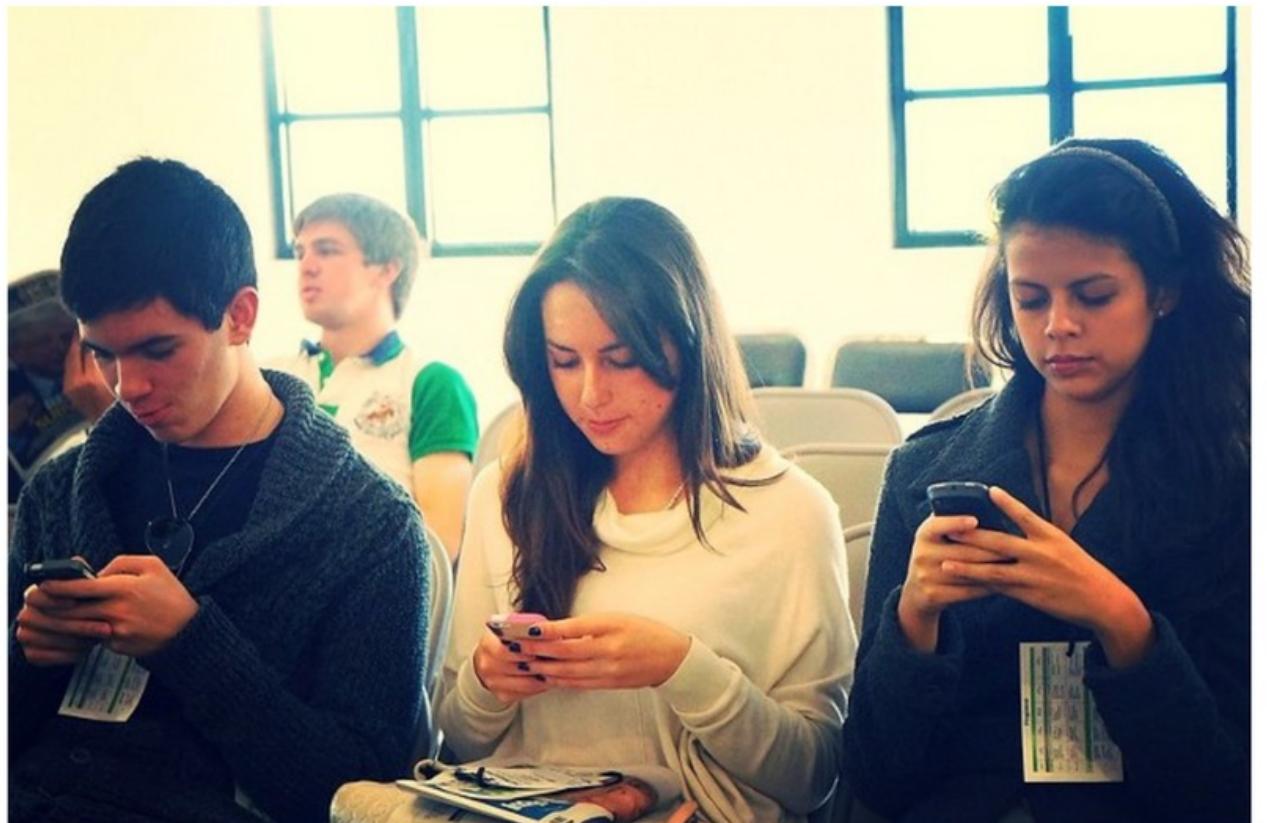




I Made My Students Delete Their Favorite App. The Joke Was on Me

A St. Louis University professor shares what she learned by watching her students go offline

By Liz Chiarello on Thu, Dec 1, 2022 at 6:30 am

[SEND A NEWS TIP](#)

FLICKR/ESTHER VARGAS

It's hard going app-free.





Friends

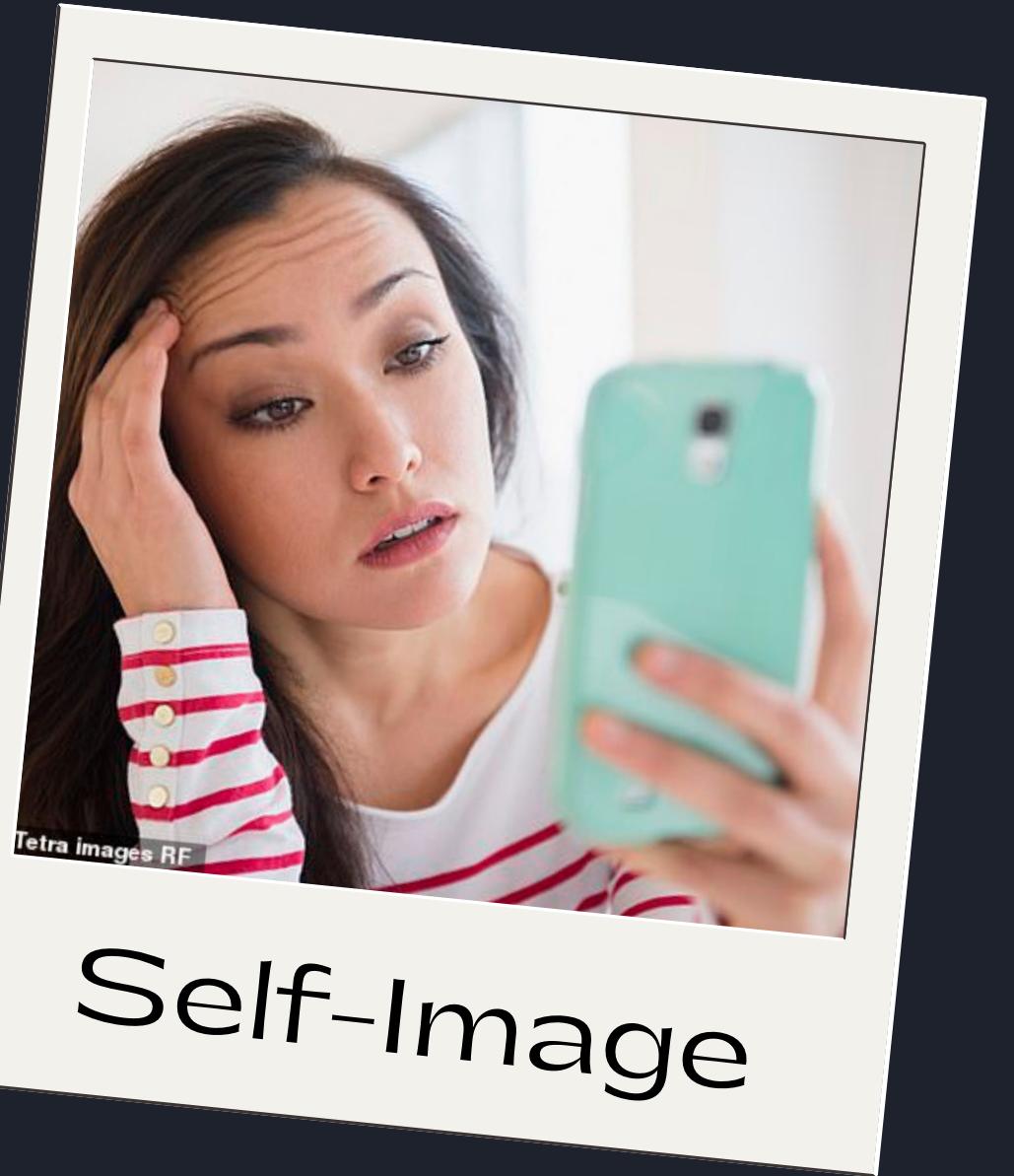
Family



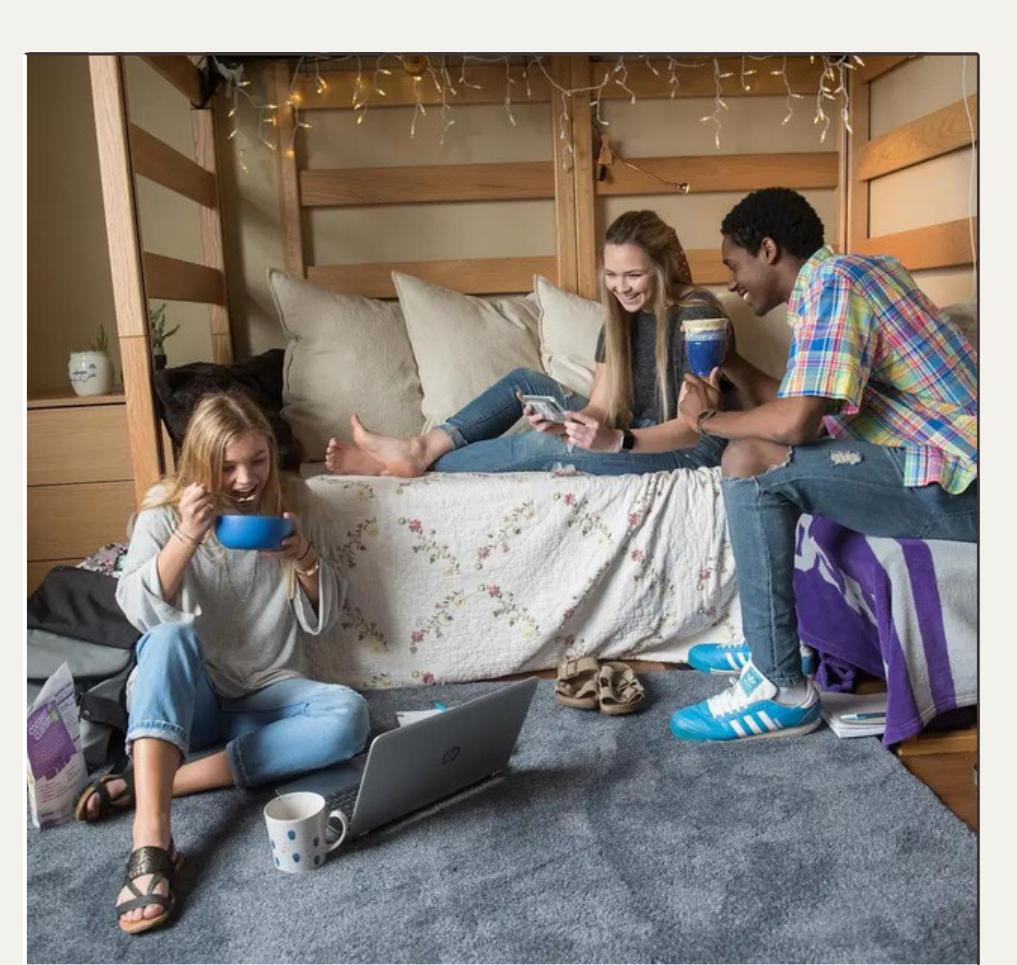
Family

“I was grateful that I didn’t have TikTok because it let us connect again on a personal level. I was able to put my phone down and just enjoy the present moment with her.”

"Not having Instagram allowed me to be happier as I was able to enjoy being at SLU and not compare my experience to anyone else's."



Self-Image



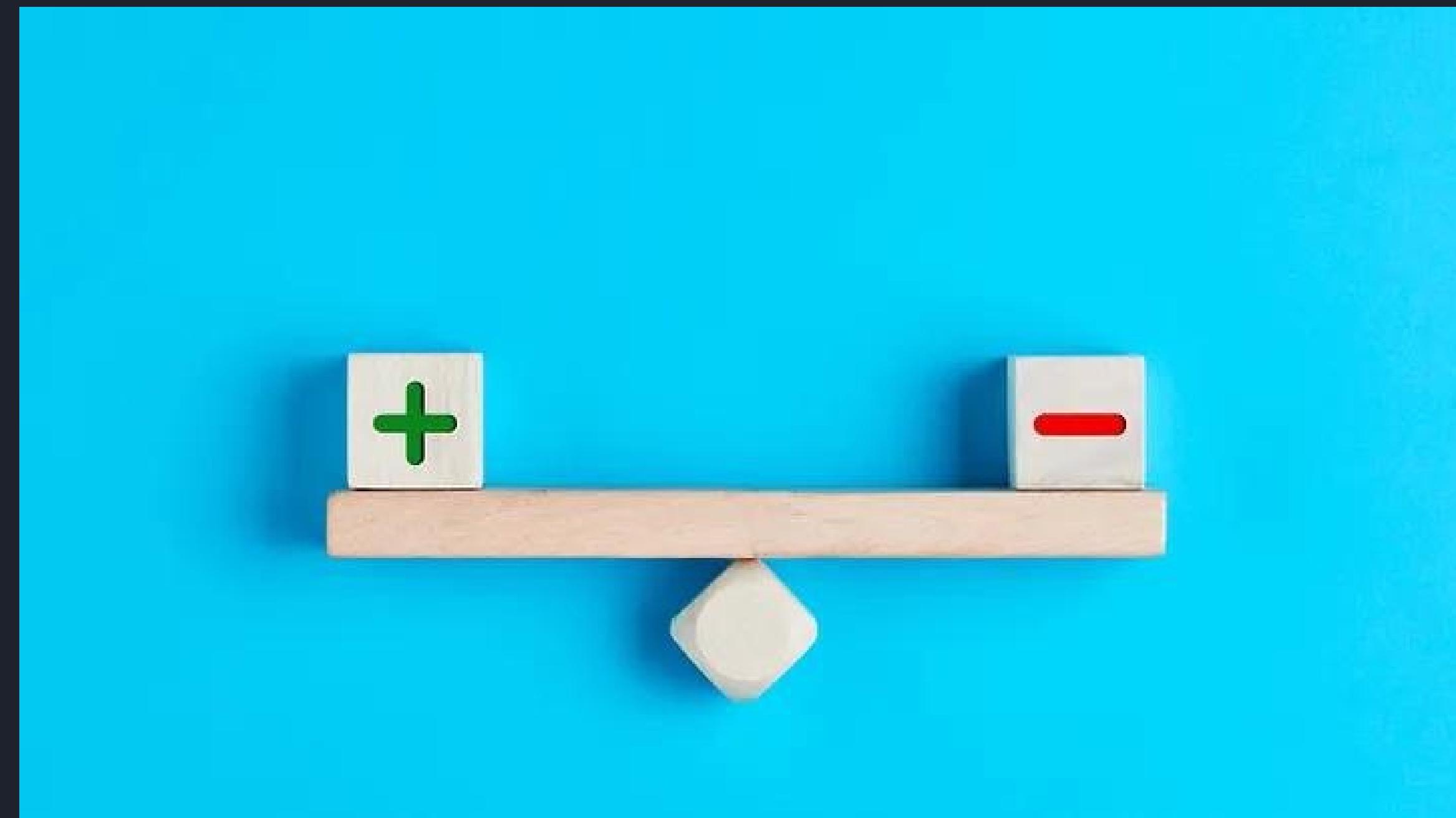
Friends

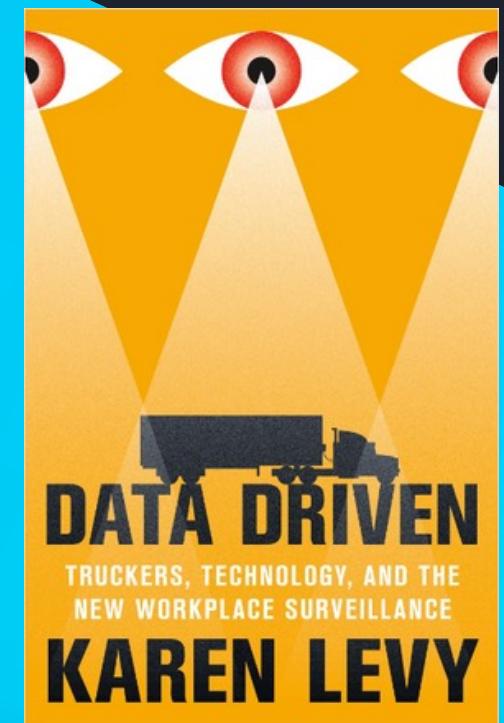
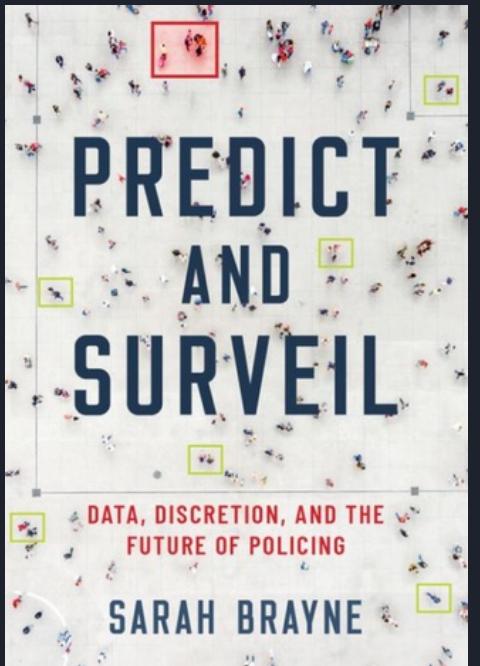
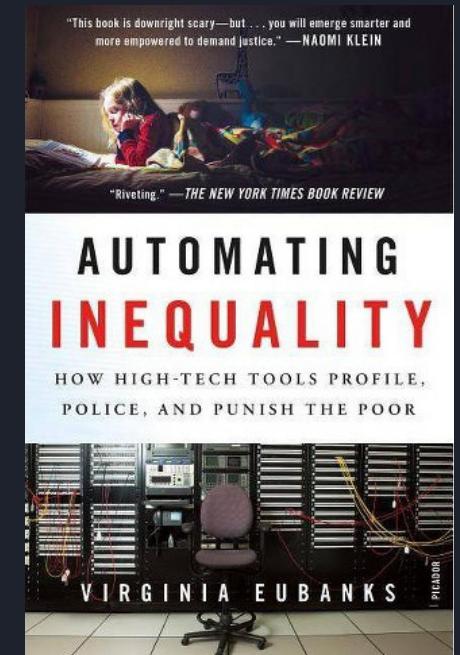
“I had a lot of fun spending time with friends instead of just sitting in my room wasting time on TikTok.”

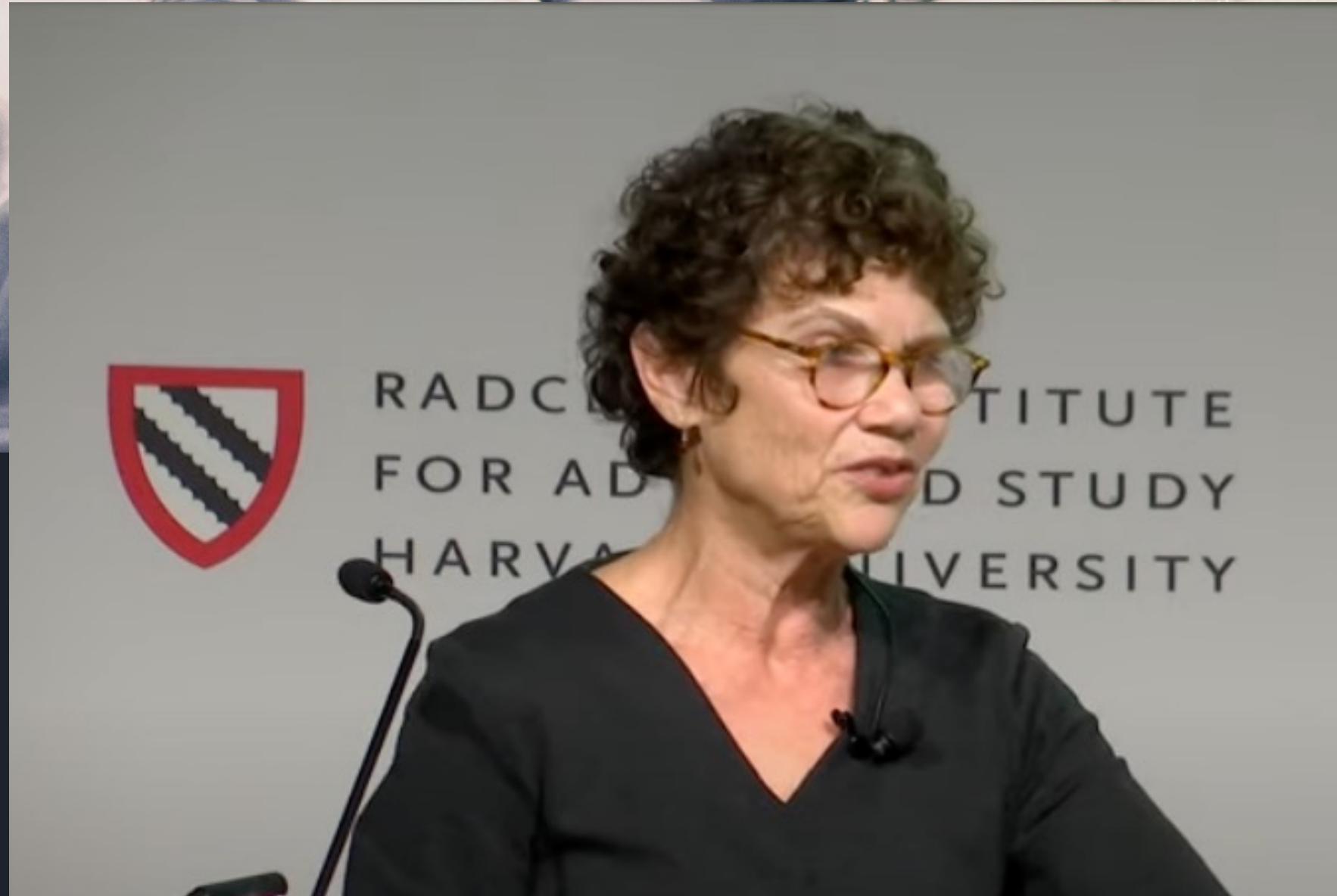
"To me, this experiment seems like a back-handed way for educators and people of older generations to make the younger generation feel guilty for taking advantage of the opportunities that come with social media.



It highlights the older generation's reluctance to change and adapt as technology becomes more and more present in our society."







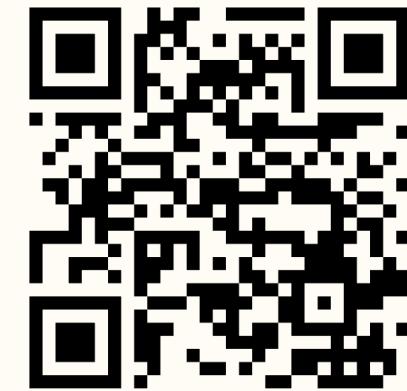
"Tech needs adult supervision"

Fran Berman, Ph.D.





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Thank you!