Amiot, D.; Wells, T.; Johnson, G.L.; Vasquez, A.; Kazan, N. Dysregulation, Discipline, Dyslexia, Oh My

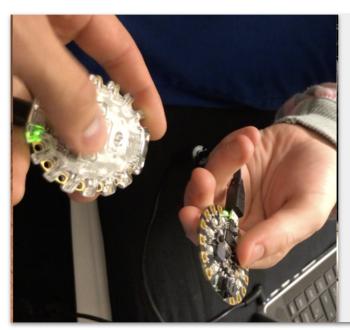
# Wearable Technologies for Active Learning and Sensory Regulation with Dignity

ASU-NERC PARTNERSHIP FOR NEURODIVERSE COMPUTATIONAL THINKING AND TELEMATIC EMBODIED LEARNING





# Purpose/goals of session



Explore how technologies are being used to promote active, equitable, and research informed learning with autistic students

# Agenda

Who we are

What we believe

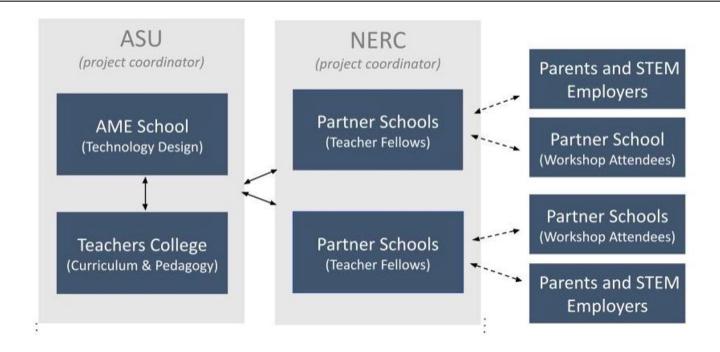
What we are doing

How it incorporates HLPs

What else there is to explore



# ASU-NERC Partnership



School of Arts, Media and Engineering







# Presenting Today



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# Primary Investigators



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# Project - Research Practice Partnership

- Exploring computational thought as it intersects with neurodiversity and the arts.
- Working with embodied technologies and constructivist pedagogy
- Striving to build rich, inclusive computational learning experiences for all students



Co-designing



**Pilot Testing** 



Scaling



# Partnership



**Science Prep Academy** 



**Sacaton Middle School** 

And additional partners coming soon!



# Core Principles

Neurodiversity is fundamental to inclusive education

Independence → Interdependence

Creative expression boosts social and emotional wellbeing

Linearity → Creativity

Embodied movement is central to understanding

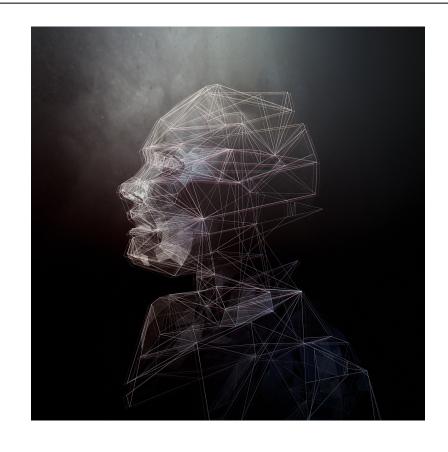
Cognitivism → Embodiment

# Neurodiversity

Everyone has a 'differently-wired' brain and their own unique way of thinking, interacting and experiencing the world.

Neurological variances should be recognized and respected just like any other human variation, such as gender, race or sexual orientation.

(Silberman, 2016)



# Active Learning

- Active Learning Theory refers to the ability for learners to construct or build their own understanding of concepts or topics
- Active learning is derived from two basic assumptions
  - 1. learning is by nature an active endeavor
  - 2. that different people learn in different ways

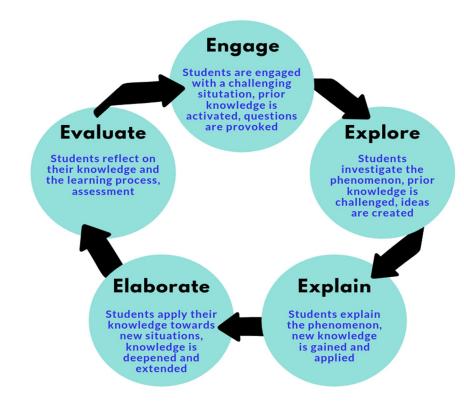




# Active Learning

### Inquiry based (5E lessons)

- How people learn
- Explore before explain
- Concept then procedure/skill



# Social Emotional Learning



Collaborative for Academic, Social, and Emotional Learning's (CASEL) five dimensions of SEL

### Strengths of SEL

- Inquiry/play and SEL
- Intersection of culture/race, disability and trauma

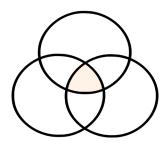
# Discipline



### **Democratic practices**

- Co-created classroom expectations and consequences.
- Shared maintenance of expectations
- Conflict resolution over punitive discipline

# Discipline



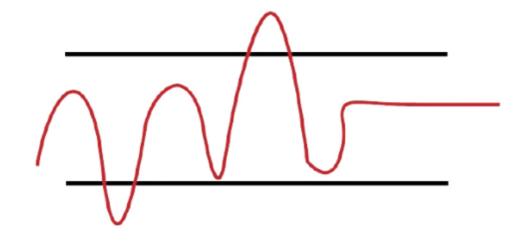
### **Positive Behavior Intervention Supports**

- Systems-based
  - o School/class-wide approach
- Practices
  - o Draw on research-based interventions
- Data-informed
  - o Monitor, evaluate, and revise practices

# Dysregulation

### Window of Tolerance

When our body goes above or below our tolerance level for emotions, we automatically enter flight, fight or freeze.



# Window of Tolerance



Flight, fight, freeze

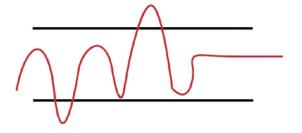
automatic, innate response

protect from threats

Triggered without life threatening situation

Ability to think, speak and plan are affected

# Window of Tolerance



Neurotypical people typically stay within their window of tolerance throughout the day.

Neurodivergent people, especially autistic people, are more likely to be at the top of their window of tolerance and be more likely to be triggered into dysregulation, meltdowns and shutdowns.



# **HLP Connections**

# HLP 18: USE STRATEGIES TO PROMOTE ACTIVE STUDENT ENGAGEMENT

# HLP 19: USE ASSISTIVE AND INSTRUCTIONAL TECHNOLOGIES

Inquiry-based lessons
5E lesson plans
Exploration before
explanation
Moving-thinking



M5Stick Device
Musical Instruments
Computational thinking
Co-design (teachers,
students, University)

# **HLP Connections**

### HLP 12: SYSTEMATICALLY DESIGN INSTRUCTION TOWARD A SPECIFIC LEARNING GOAL

5E lesson plan

Explore, explain, elaborate

Content standards

Computational Thinking concepts

Performance-based assessment

### **HLP 15: PROVIDE SCAFFOLDED SUPPORTS**

Explicit teaching for use of tools

Multiple entry points

Partners and cooperative groups

# **HLP Connections**

# HLP 22: PROVIDE POSITIVE AND CONSTRUCTIVE FEEDBACK TO GUIDE STUDENTS' LEARNING AND BEHAVIOR.

Accessible, positive supports

Student-centered, co-created

environments

Engagement

Multiple entry points

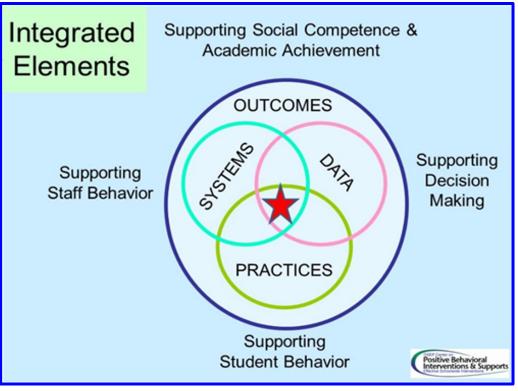


# PBIS - Positive Behavior Intervention & Supporting Social Competence & Supporting Social Competence &

The key attributes of PBS include

- preventive activities
- data-based decision making
- problem solving orientation.

By drawing from other disciplines, we can enhance its effectiveness in integrated settings.



Butchart, R. E. (1998). Introduction. In R. E. Burchart & B. McEwan's (Eds.) Classroom discipline in American schools: Problems and possibilities for democratic education (pp. 1-16). Albany, NY: SUNY Press.

School Y	ear 2021-22	2		Daily	y Poin	t Sh	eet
SA SCIENCE PREPACADEMY		Name	::				Date:
		Studer	nts may	earn up	to 50 po	ily.	
							Comments:
		P	R	l 1	D	E	
Mindfulness	9:00 - 9:15						
Period 1	9:15 - 10:00						
Snack	10:00 - 10:10						
Period 2	10:10 - 10:55						
Period 3	10:55 - 11:40						
Lunch	11:40 - 12:15						
Period 4	12:15 - 1:00						DOICH F DIL
Period 5	1:00 - 1:45						PBIS: The Four Pillars
Period 6	1:45 - 2:30						
Period 7	2:30 - 3:15						
<b>Upcoming Event</b>	Schedule:						ALL AREAS, ALL STAFF, ALL STUDENTS
							Expectations Correct
FUN FRIDAY REWARDS: If you have 45 or more points, congrats you made your day!						Explicitly Behavioral Taught Errors	
Weekly Level Bre	ak Down:						
Make your day 4 or more days per week= Level 3 (Activity Clubs and Social Hall)						Established Reinforce	
Make your day 3 or more days per week= Level 2 (Activity Clubs)						Expectations Expectations	
Make your day 2 or fewer days per week= Level 1 (Enrichment and make-up work)							
*Remember to follow PRIDE everyday to earn your rewards!							

# More Active Learning Ideas









```
set bunny • to sprite of kind Player •

set gravity • to 400

set bunny • ay (acceleration y) • to gravity •

set bunny • x • to 20

set bird • to sprite of kind Projectile •

set bird • to sprite of kind Projectile •

set bird • velocite of kind Projectile •

set bird • velocite of kind Projectile •
```

# More Active Learning Ideas

- ODD Ball https://oddballism.com/collections
- Otamaphone <a href="https://www.amazon.com/Otamatone-%E6%98%8E%E5%92%8C-Electricals-otamato-n-White/dp/B07QXW6K54/ref=pd\_lpo\_2?pd\_rd\_i=B07QXW6K54&psc=1">https://www.amazon.com/Otamatone-%E6%98%8E%E5%92%8C-Electricals-otamato-n-White/dp/B07QXW6K54/ref=pd\_lpo\_2?pd\_rd\_i=B07QXW6K54&psc=1</a>
- Mogees <a href="https://www.mogees.co.uk/">https://www.mogees.co.uk/</a>
- Circuit Playground Express
   https://www.adafruit.com/product/4060?gclid=Cj0KCQiAkZKNBhDiARIsAPsk0WjKHv1feeFf8RIE
   mKDYEt3cK5nn7D5r3j1x-2N9AtHGHdQKIz1STnEaAgYSEALw\_wcB
- Example approachable programming environment called <a href="https://www.microsoft.com/en-us/makecode">https://www.microsoft.com/en-us/makecode</a> (game environments, chill down spaces where lights or sound are animated by touch or coordinated touch)

### SPECIAL EDUCATION TEACHER FELLOWSHIP (AUTISTIC STUDENTS)



Teachers selected receive:

\$3000 stipend
Funded Conference (Travel & Hotel)
Professional Development
classsroom Resources

For more information, please email nkazan@neurodiversitycenter.org

# References

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