

# The longitudinal predictive significance of maternal sensitivity for infant attachment cognitions

Rylie Putrich, Madeline Patrick, Yanfei Yu, Chenyuan Li, Tingyan Liu, Kristy van Marle, Ashley M. Groh, Yuyan Luo University of Missouri-Columbia, USA



## Introduction

One of the key mechanisms by which attachment is theorized to impact adjustment is internal working models (IWMs; Bowlby, 1973). However, little is known about the content and nature of IWMs in infancy (Luo et al., 2024; Sherman et al., 2015).

Only recently studies have explored infant attachment-relevant cognitions.

Johnson et al. (2007; 2010) reported links between infant performance in a VOE task (Margoni et al., 2024) and infant attachment. When watching a *separation* scenario, infants as a group did not expect responsivity. When grouped by attachment, however, secure infants held this expectation, and insecure infants did not. The findings were partially supported by Biro et al. (2015).

Jin et al. (2018) reported infant expectations for responsivity in a *comforting* scenario at 4, 8, and 12m. However, caregiving experiences were not assessed.

We examine the longitudinal predictive significance of caregiving experiences for attachment cognitions, using maternal sensitivity and two attachment-relevant scenarios (separation and comforting) in VOE tasks. We predict that infants' attachment cognitions will be informed by their history of caregiving experiences.

#### Method

#### **Participants**

• Mother-infant dyads living in Missouri, USA.

#### Measures

#### • Maternal Sensitivity (M infant age = 4m)

- Prompt, appropriate responding to infant distress and non-distress during play via coding system adapted from the NICHD Study of Early Childcare (Frosch & Owen, 2017).
- Attachment Cognitions (13-14m; order counterbalanced)
  - <u>VOEseparation</u> Infants watch events in which a female puppet leaves a baby, who begins to cry. The puppet returns to the baby (responsive event) or continues to move away (unresponsive), similar to Johnson et al. (2007; 2010).
  - <u>VOEcomfort.</u> Infants watch events (Jin et al., 2018) in which a woman first folds laundry on a table. Next, a nearby stroller starts to shake, accompanied by baby cries. The woman goes to the stroller, bends over, and rocks it as if comforting the baby (responsive) or goes to a chair next to the stroller to collect laundry, ignoring the baby (unresponsive).

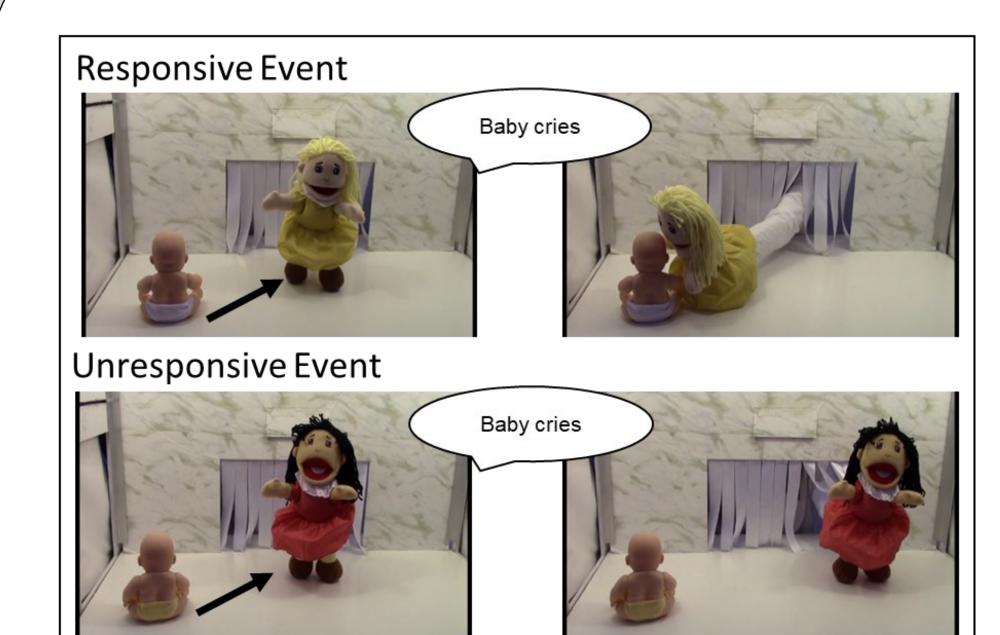
## Acknowledgment

- Thank you to the families who participated in our study!
- Research was supported by the National Science Foundation (2017920, 2123485, 2201965), the National Institutes of Health (R01 HD108218), and the University of Missouri Research Council.



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## **VOEseparation**



**Figure 1.** Schematic depiction of the two events shown in the VOEseparation task. The identity of the responsive and the unresponsive puppet are counterbalanced.

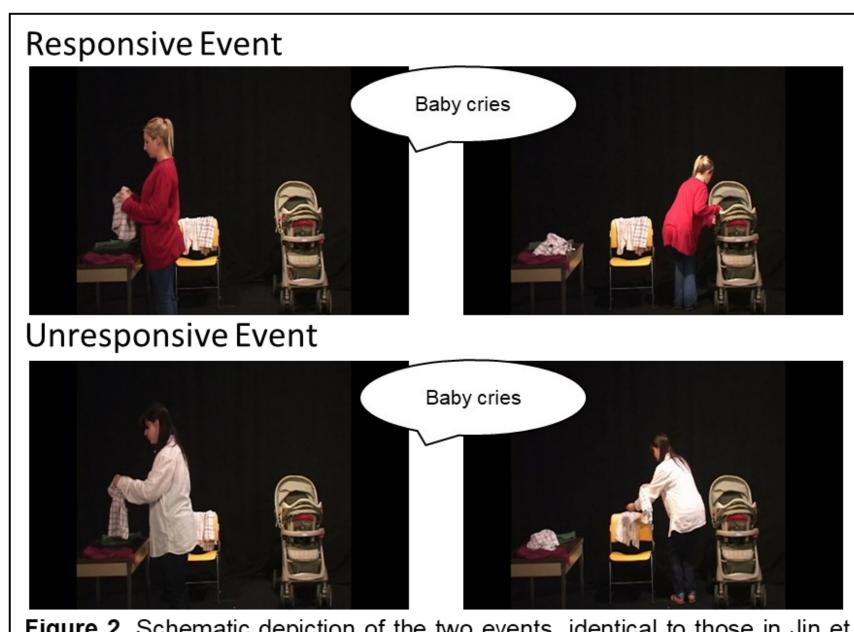
N = 38, half male; Mage = 14 months 6 days, SD = 27 days

Munresponsive = 41.84 s, SD = 13.68Mresponsive = 43.35 s, SD = 10.95

Munresponsive proportion = .49, t(37) = 1.138, two-tailed p > .250.

Consistent with Johnson et al. (2007; 2010), results so far suggest that after 12m, infants as a group do not expect responsivity in an attachment-relevant <u>separation</u> scenario.

### **VOEcomfort**



**Figure 2.** Schematic depiction of the two events, identical to those in Jin et al., (2018), shown in the VOEcomfort task. The identity of the responsive and the unresponsive woman are counterbalanced.

N = 20, half male; Mage = 14 months 6 days, SD = 43 days

Munresponsive = 40.62 s, SD = 13.00Mresponsive = 29.55 s, SD = 8.46

Munresponsive proportion = .57, t(19) = 4.692, two tailed p = .0002.

Results so far replicate and extend those of Jin et al. (2018) and suggest that, after 12m, infants as a group expect responsivity in an attachment-relevant *comforting* scenario.

## **Correlations with Maternal Sensitivity**

Correlations between infants' Munresponsive proportion scores in VOE tasks at 14m and maternal sensitivity composite scores (distress and non-distress) during toy play assessed at 4m.

	Maternal sensitivity during toy play
VOEseparation	-0.25 (N = 35)
VOEcomfort	0.17 (N = 17)

Results so far suggest that infants with more (vs. less) sensitive mothers at 4m look shorter at the unresponsive (vs. responsive) event in VOEseparation, but longer at the unresponsive (vs. responsive) event in VOEcomfort at 14m.

#### **Discussion**

We offer two possible explanations for the results so far, which will be determined upon completion.

First, infants with more (vs. less) sensitive mothers might find the unresponsive event in VOEseparation aversive, but the unresponsive event in VOEcomfort surprising. Second, attachment expectations examined in VOEcomfort may be more stable than those in VOEseparation. It is thus possible that similarly positive associations between maternal sensitivity and the two VOE tasks might be found if maternal sensitivity (and/or attachment) were measured at 12mo, as in previous work (Biro et al., 2015; Johnson et al., 2010).

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