

1 Investigation of the Thermal and Mechanical Properties of 2 Hydrolyzed-Collagen-Reinforced Poly(lactic acid) Composite Blown 3 Films

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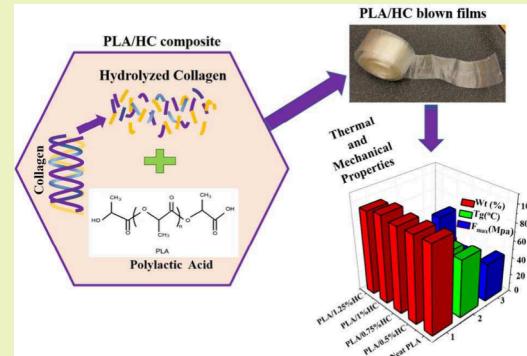
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5 ABSTRACT: Poly(lactic acid) (PLA) is a biodegradable polyester polymer
6 that is a promising material for replacing petroleum-based polymers in various
7 applications. The present study investigates the mechanical and thermal
8 properties of hydrolyzed collagen (HC) powder-reinforced biopolymer
9 composite blown films. The biodegradable polymer PLA was reinforced with
10 HC at different weight percentages (0.5%, 0.75%, 1%, and 1.25%) using the
11 solution blending method in chloroform, followed by blown-film extrusion.
12 Among different weight percentages of HC in the PLA matrix, 1 wt % HC
13 reinforced with PLA blown films exhibited significant changes and improve-
14 ments in the FTIR, XRD, TGA, and DSC analyses. A polymer blend formation
15 from PLA and 1% HC was observed in XRD, FTIR, and Raman analyses,
16 exhibiting chemical bonding of the amide group to the PLA backbone. It was
17 understood that intermolecular interaction of the PLA and HC molecules was
18 due to the inter-H bonds of the –NH, –OH, and –CH functional groups. The thermal behavior and crystallinity of the PLA/HC
19 composite films were investigated using TGA and DSC. Compared with other film samples, PLA/1% HC exhibited a higher thermal
20 stability of 360.29 °C. The tensile studies show significant enhancement in the flexibility with a high elongation strength of PLA/HC
21 composite films compared to neat PLA films. The fracture analysis of PLA/1% HC confirms the interfacial compatibility and
22 transformation to plastic deformation due to the chemical bonding of HC in the PLA matrix. The PLA/HC composite films exhibit
23 UV barrier properties that are recommended for food packing applications.

24 KEYWORDS: biodegradable polymer, polymer composites, poly(lactic acid), hydrolyzed collagen, food packaging



1. INTRODUCTION

25 Recently, the continuous consumption of plastic products,^{1–3} the future scarcity of petroleum resources,^{4,5} and the increasing
26 threat of plastic waste have led to the development and
27 research of non-petroleum-based biodegradable polymer
28 materials.^{6–8} In the past decade, many biobased and
29 biodegradable polymers have been introduced in the market,
30 among which poly(lactic acid) (PLA) is a biodegradable
31 polyester that is widely researched and developed.^{9,10} This
32 compostable and versatile polymer is a linear aliphatic
33 thermoplastic polyester synthesized from the fermentation of
34 renewable resources, such as sugar beet and corn starch.
35 During PLA production, it consumes a low amount of energy
36 and produces minimum greenhouse gases. PLA has excellent
37 properties such as biocompatibility, biodegradability, trans-
38 parency, high strength, and modulus. Besides, they are easily
39 processed using conventional thermoplastic processing techni-
40 ques such as thermoforming, injection molding, blown film,
41 and filament extrusions.^{11,12}

43 As a biodegradable polymer, PLA is generally recognized as
44 safe (GRAS) for food contact surfaces. However, their
45 drawbacks are relatively low gas barrier (O_2 and water

vapor) properties, low thermal stability, and brittleness,⁴⁶ which limits the use of PLA in food-packaging applica-⁴⁷
tions.^{13,14} Numerous studies have been reported on multiple
48 procedures to overcome these disadvantages of PLA by
49 chemical modification, nucleation, block copolymerization,
50 plasticizers, and blending with suitable polymers.^{15–17} The
51 chemical routes and copolymerization methods are complex
52 and typically expensive, affecting production costs. Blending
53 with suitable polymers is another way to enhance polymers'
54 mechanical and physical properties. However, blending can
55 cause negative impacts such as chemical interaction, low tensile
56 strength and modulus, and degradation properties in PLA.¹⁸

57 Another method is adding organic or inorganic fillers in
58 polymers that can act as nucleating agents to improve
59

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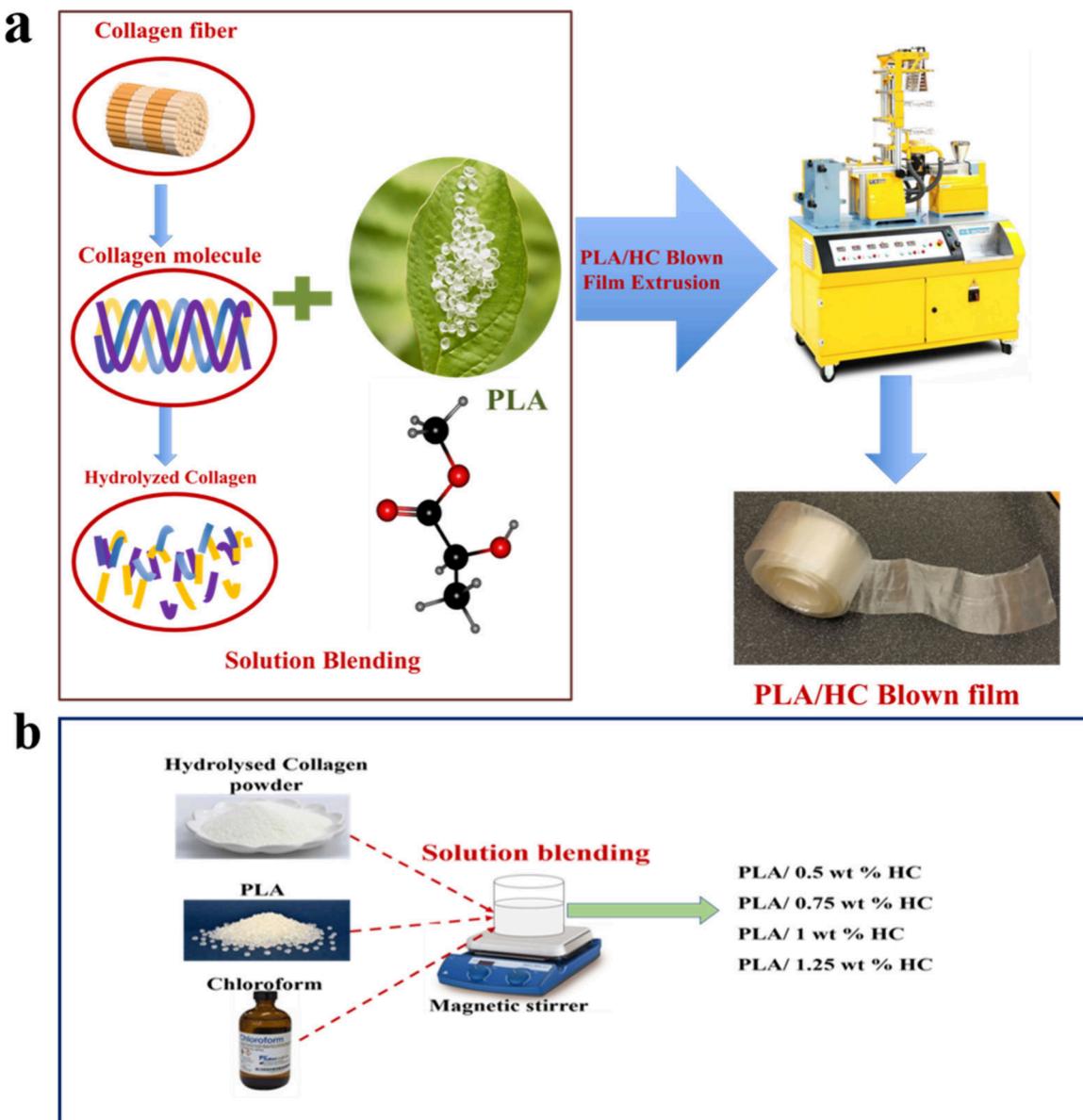


Figure 1. (a) Diagram illustrating the method of PLA/HC composite blown-film preparation using an ultramicrofilm blowing line type LUMF-150 single screw extruder. (b) Schematic representation of the different weight percentages of PLA/HC composite preparation using solution mixing.

60 polymers' flexibility, strength, toughness, thermal stability, and
 61 barrier properties, even when added at very low concentrations
 62 in a polymer.^{19,20} Numerous investigations have been reported
 63 on the addition of natural and waste fillers that act as
 64 nucleating agents to reinforce the PLA backbone to achieve
 65 flexibility and crystallinity, such as natural fibers,²¹ aluminum
 66 silicates,²² hydroxyapatite,²³ calcium carbonate,²⁴ collagen,²⁵
 67 etc. Moreover, by enhancement of the properties of the
 68 polymer composite, these natural fillers help to improve partial
 69 decomposition of the polymer, thereby partly solving environ-
 70 mental issues.

71 Among these natural fillers in polymers, collagen is a natural
 72 protein found in animal connective tissues that generally aids
 73 in strengthening skin elasticity and flexibility. Collagen as
 74 polymer filler exhibits interesting mechanical and biological
 75 properties and forms a good blend with natural polymers.²⁶
 76 Collagen is made of three chains of amino acids wound
 77 together as helices, as shown in Figure 1a. A hydrolysis process
 78 can break down these amino acids into small peptide

79 molecules, forming hydrolyzed collagen (HC) with excellent
 80 solubility. Hydrolyzed collagen with small peptide molecules is
 81 extensively used as a dietary skin antiaging supplement that is
 82 easy for the body to absorb and digest.²⁷

83 A few studies have been reported on PLA and collagen
 84 composites in various medical applications.^{28–30} However, no
 85 studies have been reported on the detailed analysis of PLA and
 86 HC composites made from blown-film extrusion for potential
 87 food-packing applications. The main aim of this study is to
 88 investigate the effect of HC in the PLA matrix and its potential
 89 use in food-packaging applications. The thermal and
 90 mechanical properties of HC as a natural filler in the PLA
 91 matrix were thoroughly investigated. A detailed materials
 92 characterization of the HC and PLA/HC composite blown
 93 film was performed using X-ray diffraction (XRD), Fourier
 94 transform infrared (FTIR), Raman spectroscopy, scanning
 95 electron microscopy (SEM), thermogravimetric analysis
 96 (TGA), and differential scanning calorimetry (DSC). It was
 97 understood that HC compared to natural collagen gives

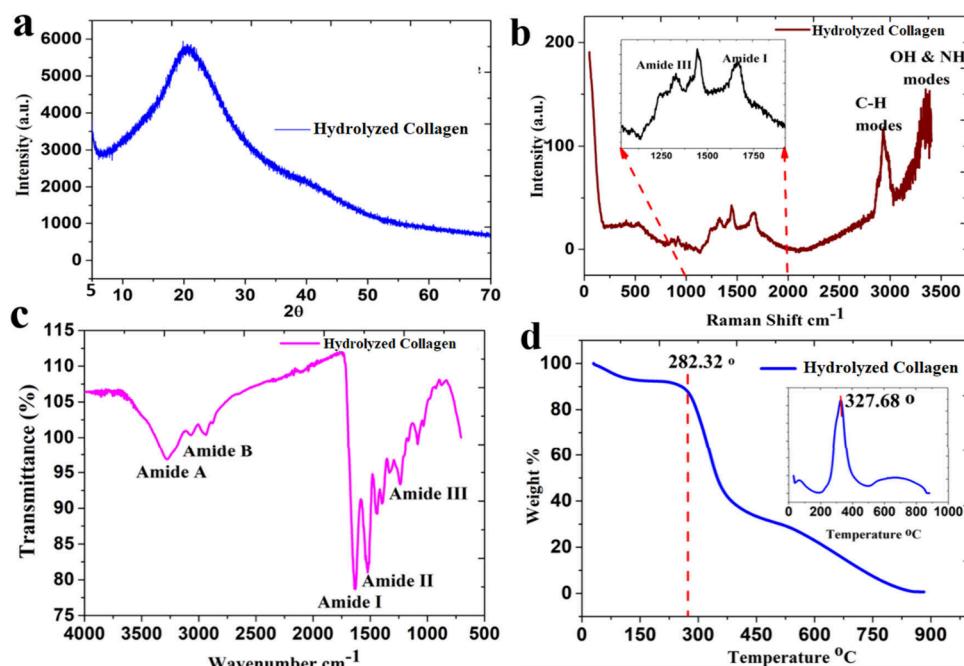


Figure 2. Characterization of hydrolyzed collagen powder: (a) XRD pattern; (b) Raman spectrum; (c) FTIR spectrum; (d) TGA.

98 excellent solubility and can blend more into the polymer
99 matrix due to the small peptide molecules. The study reveals
100 significant improvement in the thermal and mechanical
101 properties of the biodegradable PLA/HC composite films for
102 potential applications in food packaging.

2. EXPERIMENTAL SECTION

103 **2.1. Materials.** Commercially available consumable hydrolyzed
104 collagen powder (Mama natural multicollagen powder) from the
105 market was used to prepare PLA/HC composite blown films with
106 Type I, II, III, IV, V, and X collagens. Poly(lactic acid) (PLA) pellets
107 4032D were purchased from Natureworks LLC, USA. Chloroform
108 ($\geq 99.8\%$ with 0.5–1% ethanol as a stabilizer) for dissolving PLA
109 pellets was procured from Sigma-Aldrich (St. Louis, MO).

110 **2.2. Preparation of the PLA/HC Composite.** A simple solution
111 blending method was used to prepare the PLA/HC composite, where
112 chloroform was used as the solvent that can effectively dissolve PLA
113 pellets. Hydrolyzed-collagen-reinforced PLA composites were pre-
114 pared using different weight percentages of HC powder in PLA.
115 Figure 1 b shows the schematic representation of the PLA/HC
116 composite preparation with 0.5, 0.75, 1, and 1.25 wt % of HC in PLA.
117 Different weight percentages of HC powder were stirred in 200 mL of
118 chloroform for 30 min to disperse the HC, followed by continuously
119 adding PLA pellets stirred at 600 rpm for 6 h at room temperature.
120 The well-dispersed PLA/HC solutions were transferred to an
121 aluminum tray to evaporate the solvent under a fume hood. The
122 dried PLA/HC composite sheets were then chopped into small pieces
123 for film extrusion.

124 **2.3. Preparation of PLA/HC Composite Blown Films.** All of
125 the PLA/HC composite blown films (0.5, 0.75, 1.0, and 1.25 wt %)
126 were produced using an ultramicrofilm blowing line type LUMF-150
127 single screw extruder by Lab Tech Engineering Company Ltd. (Figure
128 1a). The chopped biocomposite polymer with different weight
129 percentages of HC in PLA was fed into the hopper with a screw speed
130 maintained at 60 rpm. The screw assembly was a single conical screw
131 with a diameter of 18 mm at the feed section and narrowing down to
132 8 mm at the screw end. It possesses an L/D ratio of 30:1. The melting
133 temperature of the neat PLA polymer obtained from DSC analysis
134 was set as the barrel temperature. The single screw blown film
135 extruder has two heating zones that can be controlled independently.

The barrel and die temperatures for the blown-film extrusion of 136 PLA/HC composite were set at 170 °C (340 °F) and 163 °C (325 °F), respectively. The film die assembly had a 20 mm film die, and an air ring was provided to the blower to cool the exterior side of the blown film. The blower speed was kept between 900 and 1000 rpm to cool the blown films from the die assembly. Different weight percentages of PLA/HC composite films were extruded through the die and directed through the spring-loaded nip rolls to the winding bobbin at the other end of the machine to roll down the films. Figure 1a shows the blown film extruded for a 1 wt % HC/PLA composite.

2.4. Characterization Techniques. The HC was characterized by using a Rigaku Smartlab X-ray diffractometer equipped with monochromatic Cu $\text{K}\alpha_1$ radiation. The sample was scanned at a scan rate of 1°/min from 1° to 70° Bragg angle at 45 kV and 40 mA. A Thermo Scientific DXR Raman spectrometer with a 780 nm excitation wavelength was used for chemical analysis of the HC and PLA/HC composite films prepared at different weight percentages. The spectrum was analyzed from 0 to 3500 cm^{-1} with a laser power of 5 mW. The functional groups attached to the HC and PLA/HC composite films were analyzed using a FTIR spectrometer (IR Tracer-100) with a high resolution at 0.25 cm^{-1} and a high scanning speed. The structure and morphology of the hydrolyzed collagen powder and PLA/HC composite films were imaged using a JEOL JSM-7200F field-emission scanning electron microscope. Before imaging, all samples were gold-sputtered for 30 s using a sputter coater. The hydrolyzed collagen powder and the fracture analysis of the PLA/HC composite films were imaged at an accelerating voltage of 10 kV, and the surface of the PLA/HC composite films was imaged at an accelerating voltage of 5 kV.

2.5. Thermal Property Testing. The decomposition temperature and weight change of the HC and PLA/HC composite films were studied by using a TA Q500 thermogravimetric analyzer. The temperature degradation and change in weight of the samples with increasing temperature were observed by using TGA in a nitrogen atmosphere. The DSC TA-Q series 2000 instrument was used to study the thermal properties of the PLA/HC composite films. The DSC thermograms for the PLA/HC films were obtained for heating and cooling cycles at a heating rate of 10 °C/min from –20 to +200 °C under a nitrogen atmosphere.

2.6. Mechanical Property Testing. The mechanical properties of the PLA/HC composite films were performed using a uniaxial tensile test following the ASTM D882-10 standard for polymer films.

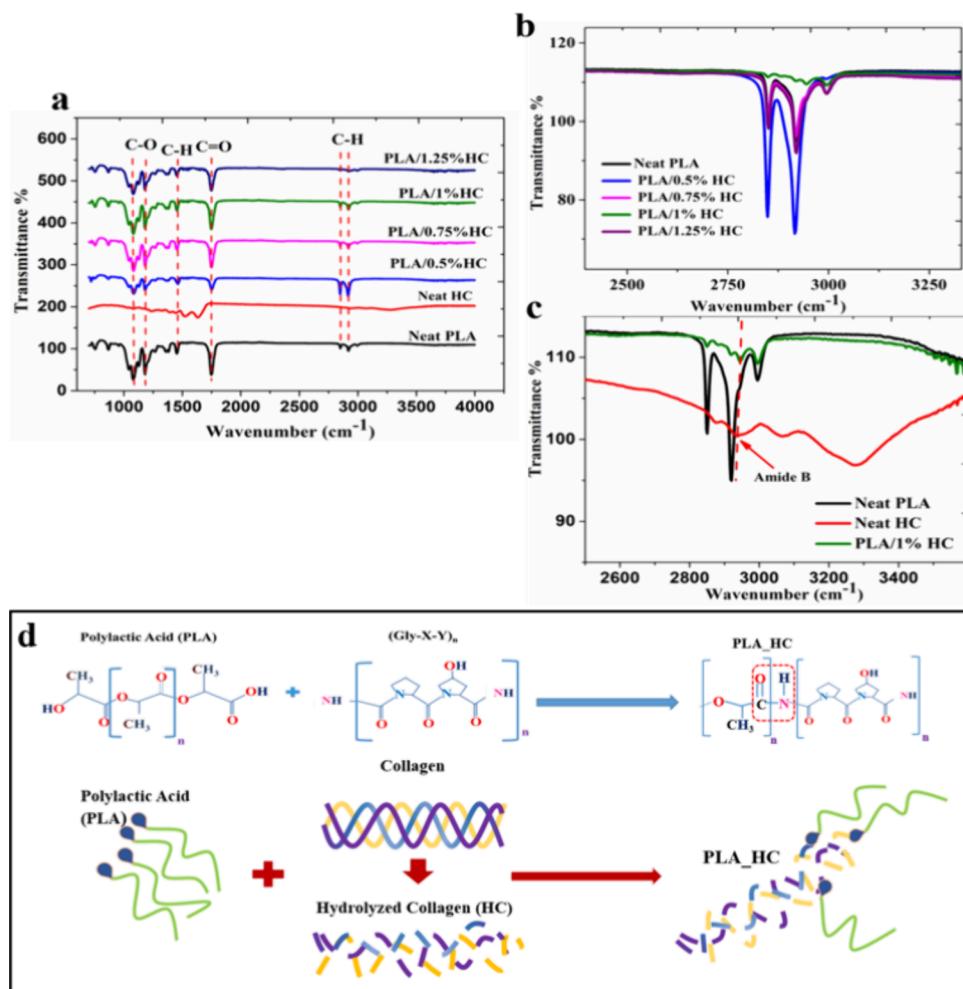


Figure 3. (a) FTIR spectrum of PLA/HC composite blown films (0.5, 0.75, 1, and 1.25 wt %) compared with neat PLA film and HC powder. (b and c) Magnified region of the FTIR spectrum from 2500–3400 cm⁻¹. (d) Schematic of possible chemical bonding between PLA and HC.

178 of less than 1 mm thickness. The average thickness of the films was 179 measured at different points by using a digital vernier caliper with 180 0.001 mm resolution for reliable results. The 0.04–0.05 mm thickness 181 × 150 mm length polymer film samples were placed between the 182 upper and lower wedge grips of the Zwick/Roell Z2.5 universal 183 testing machine. A load cell of 2.5 kN and a constant crosshead speed 184 of 50 mm/min were set for the tensile testing of different composite 185 polymer samples in the universal testing machine.

3. RESULTS AND DISCUSSION

186 **3.1. Characterization of Hydrolyzed Collagen Pow-
187 der.** **3.1.1. XRD.** The material analysis of hydrolyzed collagen 188 powder was performed using various characterization tech-
189 ques, as shown in Figure 2. The XRD pattern of HC shows 190 (Figure 2a) a prominent intensity peak at $2\theta = 5^\circ$ and a 191 prominent broad peak at $2\theta = 20^\circ$ that characterize an 192 amorphous material. It has been reported that, in neat collagen, 193 the peak at 5° represents the distance between the molecular 194 chains and the peak at 20° indicates the diffuse scattering.^{31,32}
195 **3.1.2. Raman Spectroscopy.** Figure 2b gives the Raman 196 analysis obtained for the HC that showed collagen and no 197 collagenous moieties at 1250–1350 cm⁻¹ (amide III) and 198 1590–1700 cm⁻¹ (amide I) in the spectrum. The peak at 2945 199 cm⁻¹ corresponds to a strong vibrational mode corresponding 200 to the bending and stretching of the C–H groups. The 201 hydrolysis process of collagen can result in a continuous

202 change in the hydrogen-bonding structure as a function of 203 separation between the collagen triple helices that cause a 204 change in the O–H and N–H vibrational modes measured at 205 the 3100–3500 cm⁻¹ range.^{33,34}

206 **3.1.3. FTIR Spectroscopy.** The types of functional groups 207 and bonding in the HC were analyzed using FTIR spectro- 208 copy, as shown in Figure 2c. The absorption peaks in the 209 spectrum are associated with the bending and stretching of 210 specific functional groups. The characteristic FTIR peaks 211 obtained at 3275, 2924, 1635, 1522, and 1232 cm⁻¹ 212 correspond to amide A (N–H stretching), amide B (C–H 213 stretching), amide I (N–H group bending vibration), amide II 214 (C–N group stretching), and amide III (C–N stretching and 215 N–H deformation), respectively. The absorption intensities of 216 amide III (1232 cm⁻¹) and amide II (1450–1522 cm⁻¹) infer 217 that the triple-helical structure arrangement of the collagen 218 showed good agreement with the Raman spectrum obtained 219 for HC.^{35,36}

220 **3.1.4. TGA.** Figure 2d shows the thermal degradation study 221 of the HC carried out until 900 °C with an initial degradation 222 temperature of 282.32 °C, the first derivative peak temperature 223 at 327.68 °C, and the complete material loss achieved at 900 224 °C. The surface morphology of the HC is included in 225 Supporting Information S1 (see Figure S1).²²⁶

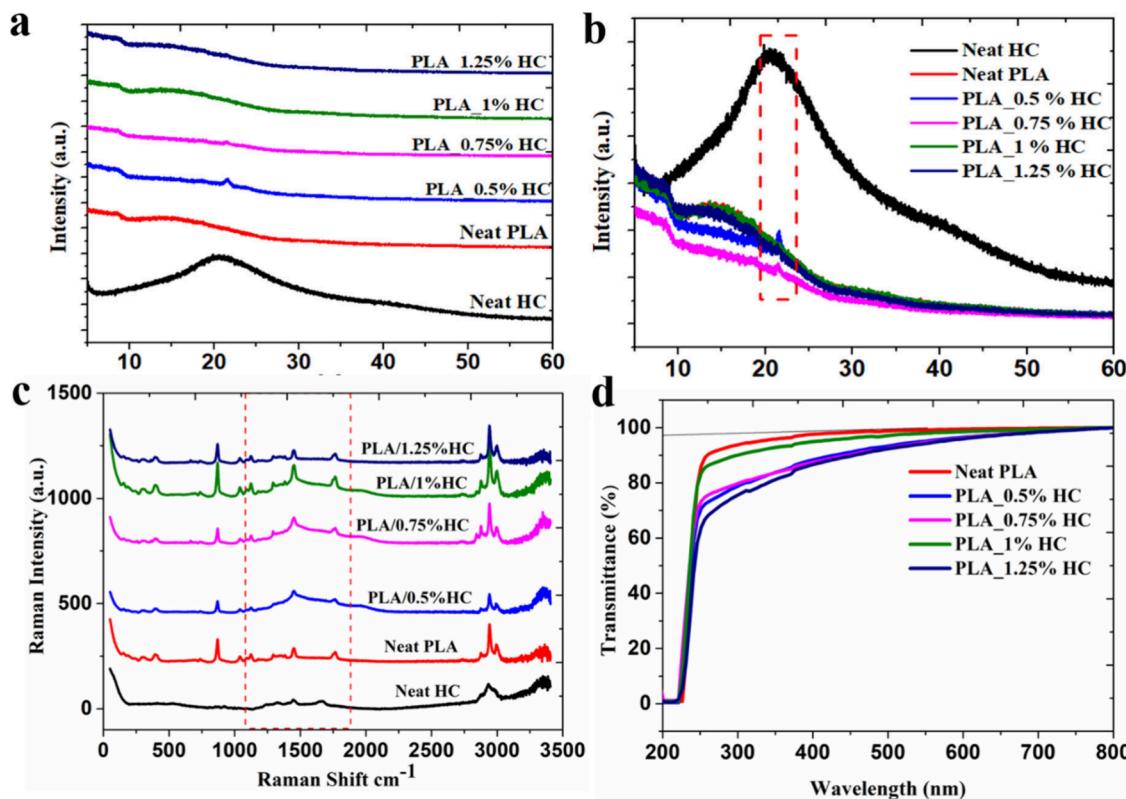


Figure 4. (a and b) XRD analysis, (c) Raman spectroscopy, and (d) UV-visible spectroscopy of PLA/HC composite blown films (0.5, 0.75, 1, and 1.25 wt %) compared with neat PLA and HC powder.

3.2. Characterization of PLA/HC Blown Films.

3.2.1. FTIR Spectroscopy. The interaction of the HC with the PLA polymer in the composite was further investigated by using FTIR analysis. Figure 3a compares the FTIR spectra obtained for neat PLA, hydrolyzed collagen, and composite blown films of PLA/HC 0.5 wt %, PLA/HC 0.75 wt %, PLA/HC 1.0 wt %, and PLA/HC 1.25 wt %. All of the HC/PLA composite films exhibited the characteristic peaks of the PLA polymer. It can be observed that neat PLA has weak peaks of $-\text{CH}$ stretching vibrations at 2917 and 2845 cm^{-1} . The peaks at 1748 and 1452 cm^{-1} are attributed to the presence of $-\text{C=O}$ of the ester bond and $-\text{CH}$ bending vibrations. The other peaks at 1372, 1077, and 873 cm^{-1} correspond to $-\text{CH}$ bending, $-\text{CH}_3$ stretching, and $\text{C}-\text{COO}$, respectively.^{37,38} From Figure 3a, the FTIR spectra obtained for neat PLA and PLA/HC composite films were identical but with a significant decrease in the intensities of the peaks. Parts b and c of Figure 3 shows the CH stretching vibration region of the spectrum around $2500\text{--}3200\text{ cm}^{-1}$. It was observed that PLA/HC 1% exhibited significant changes in this region compared with other weight percentages of HC blown films. A significant reduction of the $\text{C}-\text{H}$ intensity peaks and an additional peak corresponding to amide B of the HC was observed for the 1% HC film (Figure 3c), showing strong chemical bonds with the PLA backbone. Zhang et al.³⁹ reported that PLA can form strong hydrogen bonds during polymer blending. Collagen, a natural polymer and a hydrogen donor, can form hydrogen bonds with PLA, which are weak secondary molecules but can hold the polymer molecules together.⁴⁰ Because the $\text{C}-\text{H}$ groups can also act as donors for hydrogen bonds,⁴¹ it was understood that the $\text{C}-\text{H}$ groups in PLA have contributed to the hydrogen bonding between the collagen and PLA

backbone, which resulted in a significant reduction of the intensities of the $\text{C}-\text{H}$ peaks. Qin et al.⁴² reported a similar intensity reduction in the FTIR spectrum of PLA-incorporated oil films due to the interaction of essential oils with the PLA functional groups. It has also been reported that the reduced peak intensities of the PLA/HC polymer films compared with neat PLA films can be attributed to the grafting of the filler to the polymer backbone.⁴³ Figure 3d gives the possible chemical interaction between PLA and HC during the composite formation. Ma et al.⁴⁴ reported the possible grafting reaction between the collagen and PLA from NMR spectral analysis. It was understood that chemical grafting occurs through a condensation reaction of the $-\text{NH}$ and $-\text{COOH}$ end groups in the collagen and PLA molecules. Because the weight percentage of HC in the polymer composite is very low to PLA, fewer grafting reactions occur in the composite. This finding can be correlated to the FTIR results obtained for the PLA_1% HC composite films. Endo et al.⁴⁵ also reported that the intermolecular interaction of PLA and collagen is due to the inter-hydrogen bonding of $-\text{OH}-\text{O=}$, $-\text{NH}-\text{O=}$, and $-\text{CH}-\text{O=}$ functional groups from frontier molecular orbital theory calculations. It can be inferred that, as a natural polymer, the amides in the HC helped to be covalently grafted to the backbone of PLA, forming the PLA/HC composites.

3.2.2. Raman Spectroscopy. The Raman spectra (Figure 4c) of the neat PLA and composite films were compared to confirm the interaction with HC and PLA during composite formation. Neat PLA has peaks at 867, 1024, 1190, 1297, 1385, 1762, and $2846\text{--}3000\text{ cm}^{-1}$, which correspond to $-\text{C}-\text{COO}$, $-\text{C}-\text{CH}_3$, CH_3 , CH , CH_3 , $-\text{C=O}$, and $-\text{CH}$ vibrational groups, respectively.⁴⁶ In the HC Raman spectrum around $1000\text{--}2000\text{ cm}^{-1}$ (Figure 2b), the broad peak corresponds to

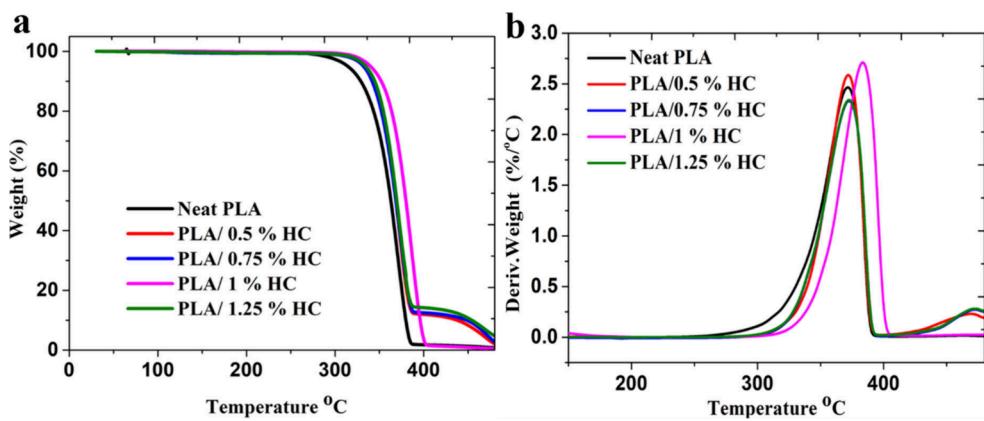


Figure 5. (a) TGA and (b) DTG curves obtained for different PLA/HC composite blown films.

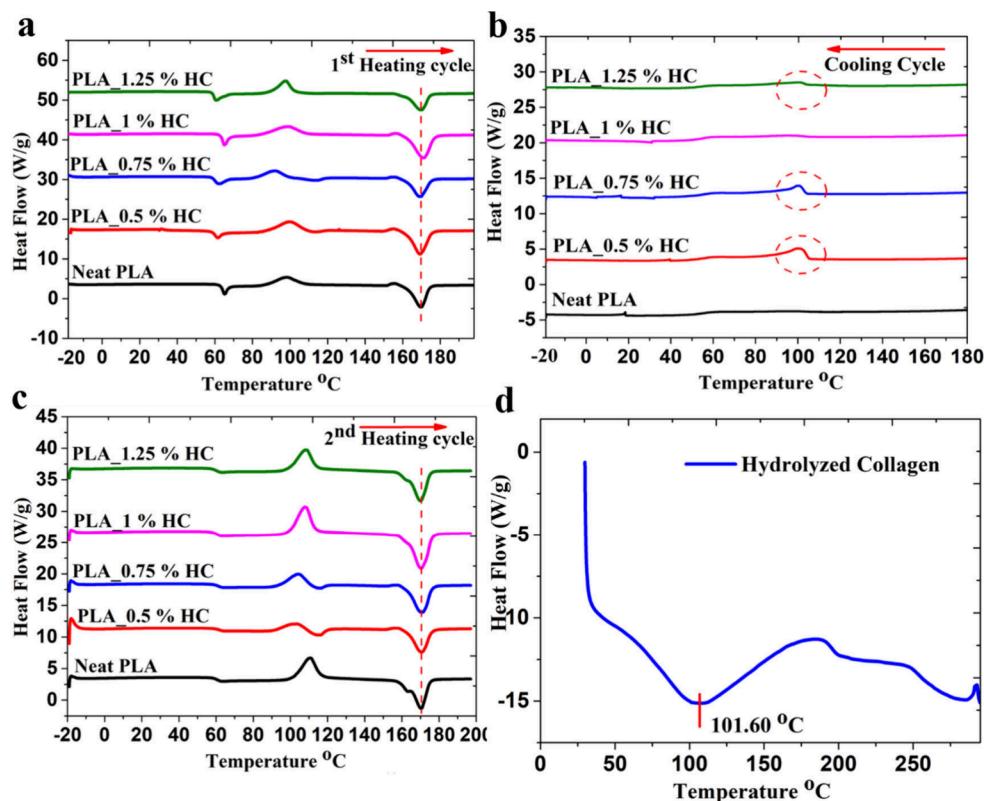


Figure 6. DSC analysis of different concentrations of PLA/HC blown films compared with the neat PLA film: (a) during the first heating cycle; (b) during the cooling cycle; (c) during the second heating cycle. (d) DSC curve for hydrolyzed collagen powder.

amide III and amide I, whereas PLA corresponds to the C—H groups. Figure 4c shows that, compared with the neat PLA film, there was a broad bend in the spectrum in the C—H region of the PLA composite films exhibiting an interaction with amides in HC. The Raman spectra exhibited high intensity for PLA/1% HC peaks compared to neat PLA and other composite films in the CH regions around 1000–2000 and 2846–3000 cm^{-1} . The increased intensity can be correlated with the hydrogen bonding between PLA and HC. The amino acids and peptides in HC react with the PLA polymer chains and increase the peak intensities due to overlapping functional groups. The Raman spectrum infers that 1 wt % of HC in PLA was the optimized concentration that gives better grafting with the PLA polymer backbone. The broken-down amino acids and peptides in the HC act as

nucleating agents in PLA, further improving the crystallinity of the PLA/HC composite films.⁴⁷

3.2.3. XRD. To analyze the interaction of HC in the PLA matrix, XRD of the PLA/HC films was taken. Parts a and b of Figure 4 show the XRD patterns obtained for the blown films with different weight percentages of HC in PLA. Neat PLA possesses a broad peak maximum of approximately $2\theta = 16^\circ$, and all of the composite films exhibited the characteristic peak of PLA in the spectrum. PLA/HC films with 0.5, 0.75, and 1.25 wt % clearly show the distinctive peak of HC, with a slight shift toward the right at $2\theta = 21^\circ$ shown in Figure 4b. The HC peak's right shift can probably be due to thermal expansion during the filament and film extrusion processes. Interestingly, the HC peak was not observed in the PLA/1% HC, confirming

319 that the HC was miscible in the PLA matrix forming the PLA/
320 HC blend.

321 **3.2.4. UV–Visible Spectroscopy.** In the field of food-
322 packaging applications, it is indispensable to analyze the UV-
323 blocking performance and transparency of polymer composite
324 films. It has been reported that the addition of fillers in a
325 polymer matrix can alter the transparency and reduce the
326 passage of UV radiation through the polymer composite
327 films.^{48,49} Figure 4d shows PLA composite films analyzed using
328 UV–visible spectroscopy. The neat PLA films exhibited
329 maximum transparency with a transmittance of 92% in the
330 UV–visible region. The spectrum reveals the reduction of
331 transparency by adding HC in neat PLA. The composite films
332 with 1, 0.75, 0.5, and 1.25 wt % of HC in PLA indicate
333 transparency of 87%, 76%, 73%, and 68%, respectively. It was
334 noticeable that, compared to other HC weight percentages in
335 PLA, 1 wt % indicated maximum transparency, confirming the
336 complete miscibility of HC in the PLA matrix. Therefore, UV–
337 visible spectroscopy analysis confirms that the PLA/HC
338 composite films are UV-protective and can be potentially
339 used for food-packaging applications.⁵⁰ The surface morphol-
340 ogy analysis of the neat PLA and PLA/HC composite blown
341 film samples using SEM is given in Supporting Information S2
342 (see Figure S2).

343 **3.3. Thermal Property Analysis of PLA/HC Blown
344 Films.** 3.3.1. **TGA.** Parts a and b of Figure 5 give the
345 percentage of weight degradation curves (TGA) and derivative
346 weight percentage curves (differential thermogravimetry,
347 DTG) of different PLA/HC films for an increase in
348 temperature from 30 to 500 °C.

349 The initial, final, and significant decomposition temperatures
350 obtained from the TGA characteristic curves for neat PLA and
351 different PLA/HC composite films are summarized in Table
352 S1. All of the PLA/HC composite films showed an
353 enhancement in the initial decomposition temperature
354 compared to neat PLA, which infers improvement in the
355 thermal stability of the films. It has been reported that adding
356 natural sources to polymer composites can enhance their
357 thermal stability.^{51,52} The thermograms showed a single-step
358 degradation for neat PLA film and PLA/1% HC at 385 and
359 400 °C, respectively, whereas PLA/0.5% HC, PLA/0.75% HC,
360 and PLA/1.25% HC films decomposed through a two-stage
361 process, where the first step is attributed to the PLA matrix and
362 the second step is exhibited by the presence of HC, which
363 completely decomposes at 500 °C.⁵³

364 The TGA curve of HC in Figure 2d confirms good thermal
365 stability at high temperatures, further improving the thermal
366 stability of the PLA/HC composite. A significant increase in
367 the initial, final, and major degradation temperatures was
368 observed in the PLA/1 wt % HC composite film, attributed to
369 better HC compatibility in PLA compared to 0.5, 0.75, and
370 1.25 wt % of HC in composite films. The TGA curve validates
371 the uniform dispersion and grafting of 1 wt % of HC in PLA
372 under solution blending with an enhanced temperature profile
373 compared to the neat PLA film.

374 **3.3.2. DSC.** The crystallinity behavior of the PLA/HC
375 composite films was investigated by using DSC analysis. Parts
376 a–c of Figure 6 give the DSC thermograms obtained for the
377 first, cooling, and second heating cycles. Based on the first
378 heating cycle, the crystallinity (χ_c) of the composite film
379 samples was calculated using the equation⁵⁴

$$\chi_c = \frac{\Delta H_m - \Delta H_c}{W \Delta H_m^0} \quad (1)$$

380 where ΔH_m is the crystallization enthalpy of the samples (J/g),
381 ΔH_c is the cold crystallization enthalpy, ΔH_m^0 represents the
382 melting enthalpy of 100% crystalline PLA, that is, 93.7 J/g, and
383 w is the weight fraction of PLA. Figure 6d gives the DSC
384 thermogram of neat HC showing thermal stability with an
385 endothermic peak at 101.6 °C.
386

387 The values obtained for glass transition temperatures (T_g),
388 cold crystallization temperatures (T_c), melting temperatures
389 (T_m), and melting enthalpy (ΔH_m) of the polymer samples are
390 summarized in Table S2. In the first heating cycle, it was
391 observed that 0.5%, 0.75%, and 1.25% HC in PLA composite
392 films exhibited a noticeable shift in T_g values to lower
393 temperatures compared to neat PLA, whereas 1% HC
394 exhibited a value near that of neat PLA. The increase in the
395 glass transition temperature by 1% HC compared to other
396 weight percentages can be attributed to the intermolecular
397 interaction of the hydrogen bonds in the blend.⁵⁵ However, in
398 0.5%, 0.75%, and 1.25% HC composite films, the low
399 molecular weight of the HC caused a reduction in the
400 intermolecular interaction with the PLA chains, which was
401 attributed to a decrease in T_g . It was also observed that the T_g
402 peaks showed a sharp overshoot in the thermograms,
403 indicating a physical aging phenomenon, particularly in the
404 polymer composite films.⁵⁵ The cold crystallization peak
405 obtained for 0.5%, 0.75%, 1%, and 1.25% HC in the PLA
406 composite films in the first and second heating cycles shifted to
407 higher temperatures than the neat PLA films. It has been
408 reported that this phenomenon is due to the faster
409 crystallization by the influence of fillers, which act as nucleating
410 agents of the PLA polymer.^{56,57}

411 From the first to second heating cycle, T_m for all of the
412 polymer film samples showed a shift of 1 °C. In the second
413 heating cycle, the T_g peak was almost absent because of the
414 irreversible crystallization during the first heating cycle.⁵⁸ After
415 the first heating cycle, followed by a cooling cycle, the
416 amorphous phases were reduced and more crystalline phases
417 were formed. It was reported that PLA does not exhibit a
418 crystallization peak at a faster cooling rate (10 °C/min) in the
419 first cooling cycle because of the slow crystallization rate.^{59,60}
420 An exothermic peak was observed during the first cooling cycle
421 (Figure 6b) in 0.5, 0.75, and 1.25 wt % HC polymer composite
422 and was almost absent in 1 wt % HC and neat PLA films. The
423 exothermic peak observed during the cooling cycle was
424 attributed to the crystallization behavior of PLA due to
425 nucleation and cross-linking.⁶¹ The DSC thermogram was
426 obtained for 0.5, 0.75, and 1.25 wt % HC, and 1 wt % HC
427 exhibits a significant difference in the results. It was understood
428 that, at 0.5, 0.75, and 1.25 wt %, HC has a strong nucleation
429 effect that promotes a crystallization peak, whereas the
430 optimized 1 wt % exhibits strong cross-linking with the PLA
431 matrix that blocks the movement of PLA chains to reduce
432 crystallization during the cooling cycle. The increase in the
433 melting temperature also confirms the cross-linking of PLA
434 and HC of 1%.

435 During the second heating cycle, the crystalline phases melt
436 at a lower temperature, resulting in a lower melting
437 temperature shift in the composite samples. Adding HC as a
438 filler reduced the crystallinity of the composites, confirming
439 that the filler acted as a nucleating agent in the PLA matrix.^{62,63}
440 It was interesting to observe that the crystallinity of the PLA/

441 HC composite with 1% filler showed high crystallinity, due to
 442 the optimized percentage in the PLA matrix with cross-linking.
 443 It was understood that the increase in crystallinity was due to
 444 the proper reinforcement of the low-molecular-weight HC
 445 particle in the PLA matrix.⁶⁴

446 **3.4. Mechanical Property Analysis of PLA/HC Blown
 447 Films.** Figure 7 shows the tensile characteristics obtained for

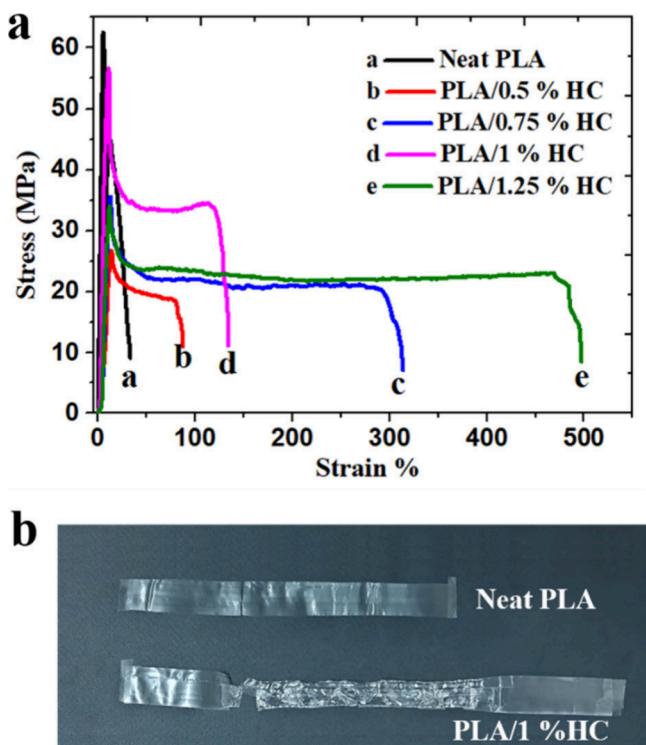


Figure 7. (a) Stress versus strain curves obtained for neat PLA and PLA/HC composite blown films. (b) Neat PLA and PLA/1% HC blown films after tensile testing.

448 PLA/HC composite blown films at 0.5, 0.75, 1.0, and 1.25 wt
 449 % HC in the PLA matrix. PLA has an inherent fracture brittle
 450 characteristic, and adding HC in PLA has significantly
 451 improved the elongation strength of the PLA composite. The
 452 PLA/0.5% HC, PLA/0.75% HC, and PLA/1.25% HC
 453 composite films exhibited elastomer characteristics with low
 454 tensile strength and very high elongation strength in tensile
 455 curves b, c, and e, respectively. The tensile strength and
 456 elongation at break values obtained for the PLA composite
 457 samples are summarized in Table S3. The PLA/1% HC sample
 458 showed a remarkable increase in tensile strength and
 459 elongation strength compared to the other composite films.
 460 Generally, the filler materials in the PLA matrix decrease the
 461 tensile modulus and tensile strength and increase the
 462 elongation strength of the composite.^{65,66} The mechanical
 463 property analysis indicates that the HC filler significantly
 464 increased the toughness of PLA and 1 wt % HC in PLA
 465 contributed to the excellent elongation and tensile strength.

466 Galuska et al.⁶⁷ reported that incorporating hydrogen bonds
 467 in the backbone of polymer chains is an effective strategy to
 468 enhance the mechanical performance of the polymer. The
 469 study agrees with the improved mechanical performance of
 470 PLA/HC composite films. They reported that increased
 471 hydrogen bonds in the polymer matrix may result in
 472 plasticization of the films. The elongation at break for the

473 PLA/HC composite films increased with the HC concen-
 474 tration, and 1.25% HC exhibited the maximum elongation at
 475 break. HC as an amorphous material incorporated in
 476 semiamorphous PLA reduced the crystallinity, causing
 477 excellent flexibility for the PLA/HC composite films. The
 478 formation of hydrogen bonds and the amide bonding in PLA/
 479 1% HC further increased the crystallinity and exhibited
 480 excellent tensile strength and elongation at break. Figure 7b
 481 shows neat PLA and PLA/1% HC blown-film samples after the
 482 tensile test performed under ASTM-D882. Fracture analysis of
 483 neat PLA and PLA/HC composite films using SEM is
 484 explained in Supporting Information S3 (see Figure S3).
 485

4. CONCLUSIONS

485 PLA/HC biocomposites with different weight percentages
 486 (0.5, 0.75, 1, and 1.25 wt %) of HC in PLA were prepared
 487 using solution blending, and the PLA/HC biocomposite films
 488 were prepared using a blown-film extrusion technique. The
 489 Raman and FTIR analyses of the composite films reveal the
 490 chemical interaction of the amide group and the formation of
 491 hydrogen bonds between the HC and PLA matrix. The
 492 investigation on the PLA/HC composite infers that the HC
 493 with a low molecular weight of 3–6 kDa can reinforce the PLA
 494 backbone, thereby improving the flexibility of the PLA/HC
 495 biocomposite. PLA/1% HC was the optimized concentration,
 496 forming a PLA/HC blend with excellent thermal and
 497 mechanical properties. TGA shows that the initial and final
 498 degradation temperatures were enhanced at 1 wt % HC in
 499 PLA. The different concentrations of HC in PLA 1 wt %
 500 exhibit an excellent tensile strength of 52 MPa and 1.25 wt %
 501 with an excellent elongation strength of 476.2% compared to
 502 neat PLA films. It can be concluded that the HC-reinforced
 503 PLA film from renewable resources with better thermal
 504 stability, excellent mechanical properties, and inherent
 505 biodegradable properties can be employed for packaging
 506 applications with further studies.

■ ASSOCIATED CONTENT

SI Supporting Information

507 The Supporting Information is available free of charge at
 508 [509 https://pubs.acs.org/doi/10.1021/acssusresmgt.4c00282](https://pubs.acs.org/doi/10.1021/acssusresmgt.4c00282).
 510

511 Morphology and surface analysis of the HC imaged
 512 using FE-SEM (Figure S1), surface morphology of the
 513 neat PLA and PLA/HC composite blown-film samples
 514 using FE-SEM (Figure S2), fracture surface analysis of
 515 the tensile-tested neat PLA and PLA/1% HC blown-film
 516 samples using FE-SEM (Figure S3), summary of the
 517 TGA results obtained for PLA/HC films (Table S1),
 518 summary of the DSC results obtained for PLA/HC films
 519 (Table S2), and summary of the data obtained from
 520 tensile studies of the PLA/HC films (Table S3) (PDF)
 521

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533 **Notes**

534 The authors declare no competing financial interest.

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