

1 **Title**
2 **790,000 years of millennial-scale Cape Horn Current variability and**
3 **interhemispheric linkages**

4
5 **Authors list**

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11 we present high-resolution current strength and sea surface temperature records covering the
12 past 790,000 years from the Cape Horn Current as part of the subantarctic Antarctic
13 Circumpolar Current system, flowing along the Chilean margin. Both temperature and current
14 velocity data document persistent millennial-scale climate variability throughout the last eight
15 glacial periods with stronger current flow and warmer sea surface temperatures coinciding
16 with Antarctic warm intervals. These Southern Hemisphere changes are linked to North
17 Atlantic millennial-scale climate fluctuations, plausibly involving changes in the Atlantic
18 thermohaline circulation. The variations in the Antarctic Circumpolar Current system are
19 associated with atmospheric CO₂ changes, suggesting a mechanistic link through the Southern
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33

34 **Abstract**

35 Millennial-scale variations in the strength and position of the Antarctic Circumpolar
36 Current exert considerable influence on the global meridional overturning circulation and the
37 ocean carbon cycle. The mechanistic understanding of these variations is still incomplete,
38 partly due to the scarcity of sediment records covering multiple glacial-interglacial cycles
39 with millennial-scale resolution. Here,

40

41 **Introduction**

42 The last glacial period (71-11.7 thousand years ago, ka) shows pronounced millennial-
43 scale (~1 to 10 kyr) variability in ocean circulation and global climate, widely identified in
44 Greenland ice cores¹, speleothems records², and marine sediment cores³⁻⁵. In the Southern
45 Hemisphere (SH), the counterparts to the Northern Hemisphere (NH) abrupt warmings (so-
46 called Dansgaard-Oeschger; DO events) are known as the Antarctic Isotope Maxima (AIM)
47 and exhibit more gradual, smaller-amplitude changes^{6,7}. For this glacial millennial-scale
48 climate variability, the concept of a bipolar seesaw was established, describing a thermal
49 asynchrony between both hemispheres related to the dynamics of the global ocean
50 overturning circulation⁸⁻¹⁰. Beyond the last glacial cycle and the stratigraphic range covered
51 by Greenland ice cores, sediment records documenting millennial-scale climatic changes
52 across several glacial cycles are mostly restricted to the NH^{2,5,11-15}, in comparison to only few
53 SH records^{16,17}.

54

55 The Antarctic Circumpolar Current (ACC), located in the Southern Ocean between
56 40° and 60°S is the largest current system on Earth¹⁸. It is driven by atmospheric forcing¹⁹
57 including the Southern Westerly Winds (SWW)²⁰, bathymetry, and ocean density gradients
58 originating from surface, intermediate and deep ocean temperature and salinity changes¹⁹.
59 Connecting the Atlantic, Pacific, and Indian Ocean basins, the ACC interlinks the various
60 shallow to deeper southern water masses^{18,19}, thereby regulating the exchange with the global
61 deep ocean^{19,20}. The ACC is a crucial component in the global carbon budget¹⁸ and exerts a
62 major influence on the global uptake of anthropogenic heat and carbon dioxide²¹. The major
63 bathymetric constriction of the ACC occurs at the Drake Passage (DP). Complementing the
64 so-called warm-water route that connects the Indian and Atlantic oceans (i.e., Agulhas
65 leakage), the cold-water route connects the Pacific and Atlantic oceans through the DP. Over
66 the last glacial period, substantial millennial-scale fluctuations in DP throughflow²² and in the
67 Agulhas leakage²³, as well as Southern Ocean warming^{24,25} have been suggested as possible

68 triggers of DO events, through regulating the Atlantic Meridional Overturning Circulation
69 (AMOC). Therefore, it is crucial to obtain a more comprehensive understanding of millennial-
70 scale dynamics in the Southern Ocean in order to assess its role within the climate system.
71 Except for Antarctic ice core records¹⁷, longer paleorecords with millennial-scale resolution
72 covering multiple glacial cycles are not yet available from the SH. Consequently, our
73 knowledge about the presence and recurrence of such SH millennial-scale variability in earlier
74 parts of the Earth's Quaternary history is limited.

75

76 Here, we present high-resolution sedimentological and geochemical records obtained
77 from International Ocean Discovery Program (IODP) Site U1542 (52°42.29'S, 75°35.77' W;
78 1,101m water depth, Fig. 1)²⁶. The site is located ~30 nautical miles off the Chilean coast
79 within the central part of the Cape Horn Current (CHC), which flows along the Chilean
80 continental margin towards the DP²⁷⁻²⁹. The CHC originates from the bifurcation of
81 subantarctic **water masses of the South Pacific Current** (SPC) approaching the Chilean coast
82 around ~45°S^{28,29} (Fig. 1, Supplementary Fig. 1). The CHC is ~100-150-km wide, flows
83 along the Chilean margin southward parallel to the Northern Boundary (NB³⁰) of the ACC,
84 and merges with the main ACC flow close to Cape Horn^{27,29} (Supplementary Fig. 1). The
85 southern CHC is considered as part of the ACC system²⁷, whereas the northern section is
86 partly influenced by lower latitude forcings^{27,31}.

87

88 The ~250-m-long composite record covers the past 790 kyr with an average
89 sedimentation rate of ~30 cm/kyr (see methods for details on the age model). During glacial
90 periods, enhanced hinterland discharge contributed to an increased supply of terrigenous
91 sediment, resulting in a bulk accumulation rate of up to five times higher compared to
92 interglacial periods, consistent with earlier records from the region^{26,32}. We focus on
93 reconstructions of sea surface temperature (SST) using alkenone palaeothermometry^{14,32-35}
94 and near bottom current strength based on the X-ray fluorescence core scanner data
95 (zirconium to rubidium ratio; Zr/Rb) calibrated with sortable silt data^{4,22,36,37}. Both SST and
96 current strength reconstructions have been successfully applied in that region^{4,22,33,37}. Our
97 study extends the existing sediment records from the nearby previous piston core MD07-3128
98 that reach back to ~60 ka^{4,26,33}. Together, these records allow to explore orbital and
99 millennial-scale climate variability of the CHC at the entrance of the DP across the Late
100 Pleistocene in unprecedented detail.

101

102 **Results and discussion**

103

104 **SST and current strength reconstructions at the southern Chilean margin**

105 We obtained alkenone-based SSTs from 929 samples at an average temporal
106 resolution of ~700 years (Fig. 2c). Holocene SSTs reach up to ~11.5°C during the early
107 Holocene, and gradually decrease to ~9.6°C during the late Holocene. This is ~1.5°C above
108 the modern mean annual SST attributed to a likely seasonal bias of the alkenone-derived SSTs
109 at the southern Chilean margin³⁸. Over the past 790 kyr, the reconstructed SST at Site U1542
110 range from ~3 °C during the Last Glacial Maximum (LGM; sensu lato 18-28 ka), Marine
111 Isotope Stage (MIS) 7d (~275 ka), MIS 11b (~390 ka) to more than 12°C during MIS 5e, MIS
112 7e and MIS 9e (Fig. 2). The mean glacial to interglacial (G/IG) temperature difference at
113 glacial terminations is ~6°C from 0 to 430 ka and ~4°C before 430 ka. The transitions into
114 glacial periods are marked by strong and abrupt coolings ranging from ~3 to ~8°C. We
115 observe persistent and high-amplitude SST variability of ~1-3°C on millennial timescales
116 during glacial periods across all eight glacial periods recorded at Site U1542.

117

118 To assess the relationship between our SST record and the strength of the CHC, we
119 reconstructed the near-bottom current speed using an extension of the classical sortable silt
120 proxy³⁶, which includes the fine sand fraction (sortable silt/fine sand or SSFS²², see methods
121 and Supplementary Fig. 4). The calculated flow speeds depend on the sensitivity of the grain
122 size to the bottom-current flow speed which may partly depend on local conditions such as
123 bathymetry and seafloor morphology. Site U1542 is located on the upper continental slope
124 within a small-scale sediment drift²⁶ and documents a sedimentary sequence consisting mostly
125 of siliciclastic sediments. Ice-rafted debris (IRD) supply has been reported at the site (core
126 MD07-3128) for the last glacial period³³ when the western Patagonian ice sheet (PIS)
127 extended to the continental shelf in southern Chile^{39,40}. High siliciclastic sediment
128 accumulation rates at Site U1542 dilute the IRD supply and thus do not substantially affect
129 the SSFS⁴¹. This is supported by grain size analyses highlighting the absence of correlation
130 and therefore independent fluctuations between the mean SSFS and the size-fraction
131 commonly mainly dominated by IRD (Supplementary Fig. 4e). Supplementary Fig. 4b shows
132 that mean SSFS and the weight percentage of the SSFS component are positively correlated,
133 providing strong evidence for primarily current-controlled grain size changes within the silt-
134 fine sand fraction⁴². Downslope processes may also exert some influence on fine grain size
135 distributions during peak glacial intervals, when finer grain sizes might be influenced by

136 glaciofluvial sediment supply from the proximal PIS (Supplementary Fig. 4f). We use the
137 discrete SSFS measurements from grain-size analyses for calibrating the XRF-based Zr/Rb
138 count ratio in order to obtain high-resolution CHC strength records. The excellent correlation
139 between SS and Zr/Rb ($R^2 = 0.80$) indicates that both are reliable indicators of bottom current
140 speed at the southern Chilean margin⁴ and the DP (Supplementary Fig. 4a).

141
142 Our current strength reconstruction shows high values during the Holocene,
143 interglacial MIS 5, 7, 9, 11, and 15 with mean SSFS values of $\sim 50 \mu\text{m}$, corresponding to a
144 mean current velocities of $\sim 16.5 \text{ cm/s}$ (Supplementary Fig. 4i)⁴¹. Maximum velocities of ~ 20
145 cm/s occur during peak interglacials and correspond to 120% of the interglacial mean (Fig.
146 2b). MIS 13 and MIS 17 show weaker bottom currents of $\sim 42 \text{ cm/s}$ (80%, Fig. 2b). CHC
147 strength was significantly reduced during glacial ($< 10 \text{ cm/s}$, translating to $\sim 50\text{-}60\%$ weaker
148 flow compared to the mean interglacials (Fig. 2b). This reduction is similar to previous
149 estimates in the Chilean margin⁴ and in the central DP at the Polar Front during the last glacial
150 period²², and in the central South Pacific⁴³ (Supplementary Fig. 5). However, less reduction is
151 observed at the Pacific entrance of the DP based on deep ocean site PS97/093 (6 to 16%
152 reduction, Fig. 2a)³⁷. Similar to the SST changes, the Site U1542 CHC strength reconstruction
153 exhibits pronounced millennial-scale variability with amplitudes of ~ 2 to 6 cm/s , that persists
154 across all glacial stages. Altogether, our SST and CHC strength reconstructions underline the
155 exceptional palaeoceanographic sensitivity of the Chilean margin and provide a unique
156 opportunity to explore in detail millennial-scale changes of the SH during G/IG cycles.

157

158 **Sensitivity of the eastern South Pacific to orbital and millennial-scale climate variability**

159 The SST record at Site U1542 shows dominant spectral power at the eccentricity (100-
160 kyr) band. Additionally, small amplitude spectral peaks occur at the obliquity (41-kyr) and
161 precessional (23-19-kyr) bands (Fig. 2g). Though overall spectral power at the common
162 orbital cyclicities is similar in both the Site U1542 SST record and the Antarctic EPICA
163 Dome C ice core (EDC) temperature record, a direct comparison of the records reveals
164 substantial differences. For example, the U1542 SST record shows prolonged warming trends
165 throughout MIS 6 ($\sim 2^\circ\text{C}$ between early glaciation to termination), MIS 10 ($\sim 2^\circ\text{C}$), and MIS
166 12 ($\sim 1^\circ\text{C}$), which are not documented in the EDC record.

167

168 Comparable trends are likewise evident in the core PS75/034-2 SST record³⁴ and in
169 several other subantarctic SST records^{16,44,45} (Supplementary Fig. 6). However, the U1542
170 SST variations show overall warmer temperatures (~2-3°C) and higher amplitude glacial-
171 interglacial changes (2-5°C compared to 4-6°C) than recorded at site PS75/034 (located
172 outside the CHC ~200 nautical miles offshore U1542) (Fig. 2c, d; Supplementary Fig. 6)³⁴.
173 These patterns reflect the warmer SSTs in the CHC and its larger variability in the past. Also
174 occurring at site GeoB3327 (~43°S) in the Eastern South Pacific³⁴, the common warming
175 trend observed during several glacial stages in the subantarctic Southern Ocean is closely
176 aligned with the 100-kyr amplitude modulation of precessional variations at low latitudes,
177 implying that these trends are a direct response to low-latitude insolation forcing by
178 eccentricity^{34,46} (Supplementary Fig. 6).

179
180 Changes in reconstructed CHC strength and SST at Site U1542 covary on G/IG
181 timescales during the last 790 kyr (Fig. 2b, c). Increased CHC strength parallels warm SST
182 during interglacial periods, while reduced flow speeds occur during glacial periods with
183 colder SST. The overall direction of CHC strength changes across G/IG is similar to the
184 reconstructed ACC variations in the central DP (core PS97/085-3²²), at the Pacific entrance of
185 the DP (core PS97/093-2³⁷), and in the Central South Pacific (IODP Sites U1540/U1541⁴³).
186 These similarities show that large-scale ACC changes accompany the G/IG variations of the
187 CHC suggesting common forcings. Overall, interglacial maxima in our records stand-out
188 more prominently and initiate more abruptly from the overall glacial background compared to
189 deep-ocean sites. These patterns are most likely related to thresholds in the CHC response to
190 G/IG climate changes, involving e.g. sea-level and the extent of the PIS.

191
192 Site U1542 is presently located in the central CHC. Recent remote sensing-based
193 oceanographic studies define the CHC as poleward flowing from ~50°S towards Cape Horn,
194 where it merges with the Pacific ACC^{28,29,31}. While the comparatively weak northern part of
195 the CHC is mainly driven by pressure gradients through sea-level changes from oceanic
196 waves propagating from the low latitudes, the stronger southern CHC is intimately linked to
197 deep-ocean processes including ACC eddy activity³¹. It has been suggested that sediment
198 records (i.e., sortable silt) generally correspond to the total water transport including wind-
199 driven, barotropic, and eddy-induced transport^{41,43}. However, based on the proxy data, it is
200 impossible to distinguish the modern oceanographic processes in more detail on longer
201 geological time scales.

202

203 The above-average CHC strength during various interglacials indicates enhanced
204 influence of the overall stronger Pacific ACC⁴³ on Site U1542. Additionally, low latitude
205 forcings (e.g., Coastally-Trapped Waves propagated from the equator³¹), might have been
206 enhanced during strong interglacials. However, their influence on the bottom water current
207 strength would be minor as the modern northern CHC is much weaker than the more ACC-
208 influenced, stronger southern section. Conversely, we interpret the weaker glacial CHC as
209 indicative of a generally weaker ACC system in the Pacific sector⁴³ and, at the same time less
210 impact of low-latitude forcings. Today the CHC reveals pronounced seasonal changes²⁹.
211 During austral fall/winter, the southward meridional transport as characteristic for the CHC,
212 extends several degrees latitude further north and retreats southward during austral
213 spring/summer. These large seasonal changes are connected to the seasonal migration of the
214 South Pacific Gyre and are today related to the Southern Annular Mode⁴⁷ and thus the SWW.
215 On paleoceanographic time-scales, these seasonal changes imply that a northward extension
216 of subantarctic ACC waters probably connected to a stronger SPC, which would be consistent
217 with a northward migration of the Chilean bifurcation during cold periods. Conversely,
218 relatively warm periods would be characterised by a poleward shift of the ACC, SPC and
219 westerly wind circulation. These analogues would serve both for orbital-scale (G/IG) as well
220 as shorter millennial-scale variations discussed in this paper.

221

222 Glacial trends, however, diverge during MIS 2 and 8, showing long-term cooling
223 coinciding with CHC current strengthening. This strengthening might relate to regional
224 changes within the CHC, as the glacial trends were neither observed in the DP^{22,37} nor in the
225 central South Pacific⁴³ (Supplementary Fig. 5). At present, the core of the CHC is located
226 close to the shelf break²⁷, but could have been shifted slightly offshore due to the PIS reaching
227 the continental slope during the last glacial period³⁹. Moreover, a lower sea level likely also
228 deflected the CHC further offshore, thus enhancing its strength at Site U1542 but not at the
229 deep ACC sites. Notably, these long-term changes do not influence millennial-scale, but only
230 orbital-scale variability and trends.

231

232 The relationship between the reconstructed SST and CHC strength extends also to
233 shorter timescales, for example for several major AIM (1, 4, 8 and 12) during the last glacial
234 period, suggesting a connection on both orbital and millennial timescales (Fig. 3e, f). Our
235 CHC strength record mirrors the current record from sediment core PS97/085-3²² for the last

236 glacial (Fig. 3d). This suggests that the CHC strength closely resembles (Fig. 3d, e), the
237 northern subantarctic ACC entering the DP on millennial-scales. In the DP, geostrophic
238 current velocities are highest in the vicinity of the Subantarctic and Polar Front⁴⁸, and
239 latitudinal shifts of the fronts are linked to temperature changes¹⁹. This supports the idea that a
240 reduction in the strength of the overall DP throughflow is linked to the northward shift of the
241 Southern Ocean frontal system during glacial times^{4,22,37}. Furthermore, Wu et al.²² found a
242 correspondence between millennial-scale maxima in the DP throughflow strength and major
243 winter sea-ice retreat in the Scotia Sea. This potential link is consistent with our records, as
244 both SST and CHC strength show similar orbital-scale variability as the sea-salt sodium
245 (ssNa) record from the EDC ice core (Supplementary Fig. 7), a proxy for sea-ice extent and
246 atmospheric circulation changes⁴⁹. The sea-ice retreat is coupled to a strengthening and
247 southward shift of the SWW, acting as a positive feedback mechanism that amplifies
248 millennial-scale strengthening of the CHC flow speed^{20,22}.

249
250 High millennial-scale variability is also recorded in in two SST records from the
251 Chilean margin further north, core MR16-09PC03 (~45°S) and ODP Site 1233 (~41°S) (Fig.
252 3)^{32,40}. Like our Site U1542 SST record, suborbital SST changes range from ~2 to 3°C during
253 the last glacial period, showing consistent timing and amplitude. Located north of Site U1542,
254 ODP Site 1233 and core MR16-09PC03 suggest a stronger northward deflection of the SPC
255 and ACC into the Humboldt Current system (i.e., the South Pacific Gyre) during cold periods,
256 resulting in substantial millennial-scale variability. Taken together, these results support
257 large-scale changes in the northward extent of the ACC and SPC, involving atmospheric
258 variations of the SWW as important drivers for millennial-scale variations at Site U1542⁴.

259 260 **790,000 years of Southern Hemisphere millennial-scale variability**

261 We used a threshold detection approach to distinguish the occurrence of climatic
262 events on the SST and CHC strength records at Site U1542 (Supplementary Fig. 8). A SH
263 event is defined in our record by an abrupt CHC strengthening (108 events identified in total)
264 or SST warming (103 events) (see method, Supplementary Fig. 8). We classified each event
265 by defining two categories based on the distribution of their amplitudes (Supplementary Fig.
266 8g, h, i). We identified 66 major SST events characterized by a warming exceeding 1.6°C and
267 51 major CHC strengthening events displaying a strengthening greater than 3.6 cm/s
268 (corresponding to 24% of interglacial value, see Method, Supplementary Fig. 8). Not all

269 strengthening events in the CHC are necessarily associated with a SST warming event, as SST
270 events tend to occur only with the stronger CHC events.

271

272 This partly different behaviour of the bottom currents and SST within the CHC might
273 be due to varying millennial-scale sensitivities and thresholds for SST and CHC strength
274 changes. While both the SST and the current strength within the CHC are related to large-
275 scale atmospheric and oceanic circulation changes (as discussed for the G/IG variations), their
276 individual response to ACC changes and low latitude forcings might vary. For example, SST
277 changes might be more strongly linked to the advection of lower latitude water masses²⁸,
278 whereas the bottom water strength changes at our site are more strongly influenced by the
279 ACC.

280

281 Although the amplitude of associated warming and strengthening events appear to be
282 independent of each other (Supplementary Fig. 9), the identification of a millennial-scale
283 event in both SST and CHC strength records, particularly for major events, serves as a robust
284 indicator of climate dynamics that can be related to both oceanic and atmospheric circulation.
285 For instance, during the last glacial period, we observe a major increase of flow strength
286 (increasing from 50% to 80% of the interglacial mean) co-occurring with a temperature rise of
287 ~2 to 3°C toward several major AIM events (i.e., AIM 4, 8, 12, and 17). We found 57 (46
288 related to millennial-scale events) events monitoring an CHC acceleration concomitant with
289 SST warming within a timeframe shorter than 2 kyr.

290

291 Millennial-scale SST and CHC strength events at Site U1542 often occur in the
292 absolute SST range from ~4 to 6°C and 35 to 55 % of interglacial CHC strength
293 (Supplementary Fig. 9b, c), corresponding to intermediate glacial periods (Fig. 2)¹⁷. This
294 suggests that the CHC exhibited an enhanced sensitivity to climate during an intermediate
295 climate state (i.e., transitional periods leading to full glacial conditions) or that events are
296 larger during these periods, consistent with findings from NH records^{5,11,13,15}. Several studies
297 have suggested that a prolonged intermediate climate state, such as MIS 3, provides favorable
298 conditions for high amplitude DO-type variability^{13,50}. During full glacial boundary conditions
299 (e.g., LGM), NH records suggest a relatively stable climate with reduced millennial-scale
300 variability⁵.

301

302 For both SST and CHC strength records, the frequency of millennial-scale events
303 recorded at Site U1542 seems to follow a stochastic pattern, lacking any discernible cyclic
304 behavior (Supplementary Fig. 10). The recurrence of the millennial-scale warming events
305 slightly increases after the Mid-Brunhes Transition (MBT)⁵¹ (Supplementary Fig. 9d, e),
306 likely due to an increase of glacial period duration. This implies that the magnitude of
307 millennial-scale events, particularly SST events, changes with background climate and that
308 the MBT affects climate variability from orbital to millennial timescales. In contrast, the
309 amplitude of millennial-scale events are smaller during warmer periods, consistent with the
310 relative stability observed during extended interglacial periods in the Northern
311 Hemisphere^{5,13,15}.

312

313 **A persistent interhemispheric teleconnection**

314 Over the last glacial period, SST records from the **eastern South Pacific (ESP)** region
315 have been shown to reveal an ‘Antarctic timing’ of millennial-scale temperature
316 patterns^{33,52,53}, i.e., the SST pattern follows the Antarctic temperature reconstruction known
317 from Antarctic ice cores. Millennial-scale climate events at Site U1542 are found to be
318 contemporaneous with several AIM events⁷ (Fig. 3). Additionally, our SST and CHC strength
319 records is consistent in timing and amplitude with a Southwest Pacific Mg/Ca SST record
320 resolving millennial-scale changes and spanning the past three glacial cycles (Fig. 5f;
321 Supplementary Fig. 12)¹⁶. This suggests that the SST changes in both records represents
322 surface changes of the wider subantarctic Southern Ocean. In addition, the timing of our
323 millennial-scale climate events coincides with that recorded in DP sediment core PS97/085-
324 3²² over the last glacial period (Fig. 3d). This record further reveals that the ACC accelerated
325 during Antarctic warming events, in parallel with the weakening of the AMOC during
326 Heinrich Stadials⁹ in the NH, as indicated by high ²³¹Pa/²³⁰Th ratios⁵⁴ (Fig. 3c). According to
327 the bipolar seesaw concept⁸, NH stadial events are expected to be associated with SST
328 warming in the SH, and ACC strengthening events as observed during the last glacial period²²
329 (Fig. 3b). These comparisons over the more recent G/IG cycles suggests that our U1542
330 records are consistent with the interhemispheric timing predicted by the bipolar seesaw.

331

332 To robustly assess interhemispheric connections across the past 790 kyr, we identified
333 cooling events at Site U1385 (located at the Iberian margin in the North Atlantic)¹³, a high-
334 resolution record spanning the last million years. The planktic $\delta^{18}\text{O}$ signal from Site U1385

335 primarily reflects surface temperature conditions and is an indicator of NH millennial-scale
336 surface water changes. By applying the same thresholding approach used for Site U1542, we
337 identified 110 NH cooling stadial events (69 major events) at Site U1385 over the past 800
338 kyr, consistent with the findings of Hodell et al.¹³. We subsequently compared amplitude and
339 number of events per glacial cycle between the records to mitigate age model uncertainties.

340

341 The interhemispheric comparison reveals similarities between both records in the
342 amplitude and number of events per glacial cycle (Fig. 4). For instance, the average amplitude
343 of events recorded during MIS 8 and MIS 9 (243-337 ka,) shows the highest values, gradually
344 decreasing during the last two glacial cycles. These similarities are less evident for the older
345 glacial cycles. For instance, during MIS 12 and 13, the average CHC strength amplitude is
346 higher than in the NH record. likely because of the prominent CHC event at 490 kyr. The
347 number of events per 10 kyr period for each glacial cycle (Fig. 4b) is also similar for both
348 records. This includes the number of cooling events in the NH being strongly correlated with
349 the number of CHC strengthening events for the last 621 kyr, while it shows a moderate
350 correlation with the number of SST warming events. The interhemispheric disparity in several
351 cycles likely arises from the enhanced local sensitivity, notably influenced by the presence of
352 the PIS that reached the continental shelf edge at glacial maxima³⁹. During the LGM, records
353 from the Chilean margin and DP depict higher amplitude millennial-scale events (Fig. 3d-h)
354 compared to NH records (Fig. 3a-c). In both sediment records from Site U1542 and U1385,
355 we observe an intensification of amplitudes and recurrence times of millennial-scale events
356 after the MBT (Fig. 4). This suggests that the MBT, induced by changes in insolation⁵⁵, not
357 only amplified the G/IG signal⁵¹ but also influenced the climate on the millennial timescale.

358

359 At Site U1385, a notable out-of-phase relationship between benthic and planktic
360 oxygen isotopes has been documented, representing a southern signal in deep waters versus a
361 northern signal in surface waters within a single record⁵⁶. This out-of-phase pattern aligns
362 with Antarctic and Greenland climate records, respectively, and illustrates the bipolar seesaw
363 mechanism, extended over the mid-to-late Pleistocene^{13,56}. We find millennial-scale features
364 of SST and CHC strength at Site U1542 matching the North Atlantic benthic $\delta^{18}\text{O}$ record,
365 within age model uncertainties (Supplementary Fig. 12). For instance, during the penultimate
366 glacial period, SST and CHC strength millennial-scale climate events at Site U1542 are in
367 phase with benthic $\delta^{18}\text{O}$ fluctuations observed in the Iberian margin sediment core (referred to
368 as AIM6i to AIM6vi, between 180 and 155 ka, Supplementary Fig. 12a)⁵⁶, themselves

369 synchronous with AIM events⁵⁶. Expanding upon these observations, we find that several
370 major surface warming and CHC strengthening episodes recorded at Site U1542 can be
371 associated with negative benthic $\delta^{13}\text{C}$ incursions in the North Atlantic at Site U1308 (Fig. 5b,
372 Supplementary Fig. 12), and/or increased IRD concentrations at ODP 983 (Fig. 5a,
373 Supplementary Fig. 12): both parameters associated with a reduced AMOC during these
374 events^{11,12}. This suggests that these important variations of DP throughflow that have been
375 linked to AMOC instability over the last glacial cycle²², persisted over the past 800 kyr.
376 Furthermore, this one-to-one relationship reinforces previous findings highlighting strong
377 interhemispheric climate linkages on orbital and millennial time scales^{25,57}.

378

379 In addition to these oceanic mechanisms for interhemispheric climate linkages related
380 to the bipolar seesaw, atmospheric teleconnections have been proposed to operate, at least for
381 the last glacial cycle. For example, strong millennial-scale SST warming during Heinrich
382 event 1 at Site 1233 has been linked to southward displacements and/or strengthening of the
383 SWW induced by a southward shift of the Intertropical Convergence Zone⁵⁹. This
384 atmospheric interhemispheric teleconnection would plausibly affect both SSTs and CHC
385 strength, as the CHC is also connected to the migration of the South Pacific Gyre.

386

387 Studies of anthropogenic climate change using both models and observations detect an
388 acceleration of averaged zonal flow on the northern flank of the ACC and identify
389 anthropogenic ocean warming as the dominant driver⁶⁰. Moreover, considering the widely
390 anticipated weakening of the AMOC in response to anthropogenic warming^{61,62}, state-of-the-
391 art climate models seem to reinforce the idea of the teleconnection between Southern Ocean
392 conditions and circulation in the North Atlantic. Although occurring on a shorter time scale,
393 this corroborates the fundamental physical relationship between SST, CHC/ACC strength,
394 and ocean circulation that form the baseline of this study.

395

396 **Role of ACC in CO₂ exchanges**

397 The Southern Ocean modulates the exchange of CO₂ between the deep sea and the
398 atmosphere^{19,20}. The latitudinal shifts of the SWW exert control over the balance between the
399 biological carbon pump, which sequesters carbon into the deep ocean through the sinking of
400 biological carbon from the surface ocean^{63,64} and the release of CO₂ from ventilation of deep
401 water upwelling in response to surface ocean stratification^{61,65,66}. The mechanistic relationship

402 between surface ocean conditions and atmospheric CO₂ changes is closely tied to shifts in the
403 SWW, a major driver of CO₂ upwelling⁶⁵, as well as ACC strength^{4,22}.

404

405 To evaluate the role of ACC strength variability in driving atmospheric carbon dioxide
406 (CO₂) variability, we compare the rate of atmospheric CO₂ changes smoothed over a 2-kyr-
407 period (Fig. 6)¹¹ with our current strength reconstruction that mirrors both orbital- (Fig. 2a, b)
408 and millennial-scale (Fig. 3d, e, Supplementary Fig. 5) changes in the northern, subantarctic
409 CHC/ACC entering the DP. We found 57 atmospheric CO₂ release events, in the same order
410 as major CHC strengthening events (51). Millennial-scale CHC strengthening events range
411 from 24% to 50% (Fig. 6a), while strengthening related to glacial terminations reach 70%.
412 Similarly, atmospheric CO₂ release events range from 5 ppmv to ~35 ppmv (Fig. 6b), while
413 atmospheric CO₂ release related to glacial terminations reach 80 ppmv. Glacial terminations
414 present higher CO₂ rise compared to millennial-scale events, likely because other processes
415 than CHC/ACC changes affect CO₂ rise during glacial terminations. Although taking into
416 account of age model uncertainties, we associated 31 (10 related to glacial terminations)
417 atmospheric CO₂ release events with CHC strengthening events occurring within the moving
418 7-kyr windows (Fig. 6c, Supplementary Fig. 11), suggesting that the relative changes in flow
419 strength appear to be positively correlated to the amplitude of CO₂ variations (Fig. 6c).

420

421 Ahn & Brook⁶⁷ and more recently Barker et al.¹¹ have observed a relative shoaling in
422 the North Atlantic deep-water formation as well as an increase in IRD deposits in the North
423 Atlantic during phases of rising CO₂ (Fig. 5a). An AMOC disturbance induces a change in the
424 meridional heat transport resulting in heat being retained in the Southern Hemisphere, which
425 can then melt sea-ice⁶⁶ and/or cause a southward migration of the Intertropical Convergence
426 Zone⁵⁸. This can result in a strengthening and southward displacement of the SWW,
427 enhancing ACC strength, decreasing Southern Ocean stratification, promoting ventilation, and
428 consequently, increasing atmospheric CO₂ levels. The similarities between CO₂ changes and
429 CHC strength confirm and extend the role of the ACC fluctuations in enhancing the exchange
430 between surface and deeper water in the Southern Ocean and the corresponding release of
431 CO₂^{58,65,66}. During each glacial inception, a reduction in SWW wind-driven upwelling,
432 marked by the abrupt drop in the CHC strength record (up to 70% reduction during Inception
433 6, 3, 2, and 1; Fig. 6a) may have reduced the exchange of water from the deep ocean to the
434 surface, thus contributing to the storage of carbon in the deep ocean and the reduction of
435 atmospheric CO₂⁶³. Other mechanisms, such as dust-borne iron fertilization⁶⁸, and SST and

436 salinity changes⁶⁹ also contributed to the continuing and more gradual drawdown of CO₂
437 (Supplementary Fig. 11c) throughout the glacial stage by enhancing the efficiency of the
438 global ocean's physical and biological pump^{63,70}.

439

440 In conclusion, Site U1542, located underneath the palaeoceanographically sensitive
441 CHC, provides unprecedented insights into the millennial-scale CHC variability over the past
442 790 kyr in the ESP. Coupled CHC strength and SST changes provide compelling evidence
443 that millennial-scale variability previously documented for the last glacial cycle persisted for
444 the last eight glacial cycles. In line with evidence from other Southern Ocean records, this
445 variability is representative of the broader SH. A comparison with NH records indicates that
446 the interhemispheric dynamics observed during the last glacial period have persisted over the
447 Pleistocene. Periods of climate instability in one hemisphere align with those in the other
448 hemisphere, imply that the expected impact of DP throughflow changes on the Atlantic
449 circulation characteristic for the most recent glacial cycle extends to the past 800 kyr. The
450 CHC strength record supports the significant role played by the ACC in promoting inter-basin
451 water mass exchange in the Southern Ocean can influence atmospheric CO₂ levels. Notably,
452 these findings align with contemporary observations of a warming and accelerated Southern
453 Ocean⁷¹ in conjunction with AMOC weakening⁷² under anthropogenic forcing of the climate.

454

455 **Methods**

456 **Sediment record**

457 We analyzed a Pleistocene sediment record recovered during the International Ocean
458 Discovery Program (IODP) Expedition 383 Site U1542²⁶. Positioned in the ESP at
459 52°42.29'S, 75°35.769'W, IODP Site U1542 is situated ~30 nautical miles west of the
460 entrance to the Strait of Magellan, at a water depth of 1,101 meters beneath the southward-
461 flowing Cape Horn Current (Fig. 1). The site sits at the upper slope of the Chile continental
462 margin, within a relatively small-scale sediment depocenter ("sediment drift").

463 The nearly continuous, undisturbed, 249-meter-long sedimentary sequence recovered
464 at Site U1542 covers the past 790,000 years with sedimentation rates that exceed 30 cm/kyr.
465 The glacial sedimentary sequence is primarily constituted of siliciclastic sediments with low
466 carbonate contents (~1-12 wt% CaCO₃), and biogenic silica contents ranging from 1 to 4
467 wt%. Interglacials are characterized by sandy foraminiferal ooze (~30-55 wt% CaCO₃)
468 deposited during warm interglacial periods²⁶.

469

470 **Southern Chilean Margin composite record**

471 We combined the sedimentary record from Site U1542 with the published records
472 from nearby located Calypso piston core, MD07-3128. The U1542 ‘pre-site survey’ sediment
473 core MD07-3128 (30.33 m) was recovered in 2007, at 52°39.57’S, 75°33.97’W (1,032 m
474 water depth), during the IMAGES (International Marine Past Global Changes Studies) XV-
475 MD159-Pachiderme cruise on board R/V Marion Dufresne and is situated only ~5 nautical
476 miles from U1542. Given the availability of several high-resolution multi-proxy records for
477 MD07-3128^{4,33}, we chose to incorporate the ~60 kyr MD07-3128 sediment core data into the
478 corresponding section of the Site U1542 sediment record, in order to build a composite
479 sequence with very high resolution in the last glacial period. To achieve this, we aligned the
480 bottom of MD07-3128 with the corresponding age in Site U1542, using reflectance b* records
481 from both cores and alkenone-derived SST and XRF Zr/Rb serving as controls
482 (Supplementary Fig. 2). The tie point was identified at 28.63m (MD07-3128 depth)
483 corresponding to 25.47 CCSF-A (m) in U1542.

484 Due to the observed persistent temperature offset in alkenone-derived SST between
485 the two records, attributed to the use of a different type of gas chromatography column for the
486 MD07-3128 core, we applied a correction of + 1.44°C to the MD07-3128 SST data from the
487 previous data set by Caniupán et al.,³³ (Supplementary Fig. 2). This correction is derived from
488 the repeated measurement of a reference alkenone standard using both chromatography
489 columns employed for the two sedimentary records. We note that this correction does not
490 change the amplitude between G/IG and millennial-scale shifts in the SST records.
491 Furthermore, a discrepancy in XRF-based Zr/Rb values between Site U1542 and MD07-3128
492 has been observed. Considering that XRF measurements may exhibit variability across
493 different laboratories, we employed here a simple linear regression between both records to
494 assess the drift between devices. The regression equation ($\text{Value}_{\text{U1542}} = 0.6779 * \text{Value}_{\text{MD07-3128}} + 0.1836$)
495 was utilized to align MD07-3128 values to the same scale as Site U1542 values.

496

497 **Age model**

498 The stratigraphy of MD07-3128 is well-constrained by 13 Accelerated Mass
499 Spectrometry ¹⁴C AMS age from mixed planktonic foraminifera, along with the identification
500 of the Laschamp paleomagnetic excursion^{4,33,52}. We use the latest age model by Anderson et
501 al.,⁵². For Site U1542 in the time interval 65-800 ka, we graphically correlated glacial

502 terminations and inceptions based on the benthic foraminiferal oxygen isotope ($\delta^{18}\text{O}$) and
503 XRF-based Ca counts from Site U1542 to the Antarctic ice core EDC temperature record¹⁷ on
504 the AICC2012 age model⁷³ (Supplementary Fig. 3). As Site U1542 is located at a relatively
505 shallow depth, several periods exhibit strong variability, with a relatively subdued G/IG
506 variability in the benthic record. For instance, MIS 13 and 7 are not evident in the XRF Ca or
507 benthic $\delta^{18}\text{O}$ record. To address this, we added additional tuning points using our SST
508 reconstruction with reference to the Antarctic ice core temperature record¹⁷ (Supplementary
509 Fig. 3).

510

511 **Stable oxygen analysis on benthic foraminifera**

512 Foraminiferal stable oxygen ($\delta^{18}\text{O}$) measurements were performed on samples of each
513 2 tests of the infaunal benthic foraminifera *Uvigerina peregrina* from core Site U1542. The
514 samples were wet-sieved using a 125 μm mesh, oven-dried at 50°C, and then stored in glass
515 vials. *Uvigerina peregrina* from the sediment fraction larger than 250 μm were handpicked
516 under a stereo microscope every 20 cm. Isotopic analyses were performed on a Thermo
517 Scientific MAT 253 mass spectrometer with an automated Kiel IV Carbonate Preparation
518 Device at AWI. External reproducibility of $\delta^{18}\text{O}$ measurements based on an internal
519 laboratory standard (Solnhofen limestone) measured over a 1-year period together with the
520 samples was better than 0.08‰ for $\delta^{18}\text{O}$. Isotope data has been converted to the delta notation.
521 The isotope values were calibrated versus IAEA603 and are given in per mil (‰) relative to
522 the V-PDB (Vienna Pee Dee Belemnite) standard.

523

524 **Biomarkers analysis**

525 For the determination of alkenones at Site U1542, about 5 g of freeze-dried and
526 homogenized sediment samples were extracted by accelerated solvent extraction (ASE 350,
527 Dionex) with a mixture of dichloromethane and methanol (DCM:MeOH, 9:1, v/v) at the
528 Alfred Wegener Institute Bremerhaven. The resulting total lipid extract was further separated
529 into three fractions through column chromatography with silica gel as the stationary phase. *n*-
530 alkanes were eluted with Hexane (5 ml), alkenones were separated using DCM (5 ml), and
531 glycerol dialkyls glycerol tetraethers (GDGTs) were eluted with DCM: MeOH (1:1; 4 ml).
532 The first and third fractions (i.e., *n*-alkanes and GDGTs, respectively) were stored for
533 subsequent investigations. Internal standards (squalane, hexatriacontane, C₄₆-GDGT) added
534 before extraction served for quantification purposes.

535 Alkenones were analysed by gas chromatography on an Agilent 7890 fitted with a
536 flame ionization detector using an Agilent VF-200 ms capillary column (60 m length, 250 μ m
537 diameter, 0.25 μ m film thickness). The oven temperature was programmed to be held at 50 $^{\circ}$ C
538 for 2 min, then increased at 20 $^{\circ}$ C/min to 255 $^{\circ}$ C, at 3 $^{\circ}$ C/min to 300 $^{\circ}$ C, at 10 $^{\circ}$ C/min until
539 320 $^{\circ}$ C and held for 10 min. The identification of alkenones was achieved by comparing the
540 chromatographic retention times of the samples with those of a laboratory *Emiliania huxleyi*
541 culture extract that was routinely used as a working standard to control data quality. The
542 reproducibility of the procedure was evaluated using a homogeneous sediment standard,
543 extracted with every batch of samples. The relative analytical errors were below 0.5 $^{\circ}$ C in SST
544 estimates. To convert $U_{37}^{K'}$ values (expressed as the ratio of $C_{37:2} / (C_{37:2} + C_{37:3})$), into an
545 estimation of SST, we applied here the calibration of Prah1 et al. ($SST = (U_{37}^{K'} - 0.039)$
546 $/(0.034)$), widely used in paleotemperature reconstructions³⁵. The instrument analytical
547 precision based on replicate analyses of the culture extract was 0.23 $^{\circ}$ C (n = 29).

548

549 **Geochemistry**

550 We obtained geochemical data through the high-resolution X-ray fluorescence (XRF)
551 scanning measurements of Site U1542 using an Avaatech (non-destructive) XRF Core
552 Scanner at Texas A&M University. The scanning was performed at intervals of 3 cm (area 10
553 x 12 mm, down-core x cross-core) across the core in three runs at 10kV (Tube current 0.16
554 mA, live time 6s, no filter), 30kV (1.25 mA, 6s, Pd-thick filter) and 50kV (0.75 mA, 10s, Cu
555 filter).

556

557 **Grain-size measurements and current speed reconstruction**

558 To assess changes in near-bottom flow speed, we employed the sortable silt (SS)
559 proxy. SS is widely used to assess variations in near-bottom flow speed in deep-sea
560 sediments. This sedimentological parameter operates on the principle that a coarser mean size
561 reflects stronger near-bottom flow, through selective deposition and winnowing³⁶. As current
562 velocities are very high in our study area, we extended the sortable silt range by including fine
563 sand (SSFS). This proxy exhibits a strong correlation with modern and past variability in the
564 Drake Passage area²².

565 For the grain-size analysis, the terrigenous fraction was isolated from 5g of freeze-
566 dried bulk sediment by treating each sample with 5 ml H_2O_2 (35%), 5 ml HCl (10%) and 5 ml
567 NaOH (6%) while being heated, to remove organic matter, carbonate, and biogenic silica. The

568 samples were rinsed and centrifuged until reaching a neutral pH between each step.
569 Immediately before measurements, $\text{Na}_4\text{P}_2\text{O}_7 \cdot 10\text{H}_2\text{O}$ (sodium pyrophosphate) was added to
570 the leached material and the samples were sonicated for 30s, to avoid aggregations. Grain-size
571 analyses were carried out with a Mastersizer 3000 (Malvern Panalytical) at the Leibniz
572 Institute for Baltic Sea Research Warnemünde (IOW). To investigate whether the sediments
573 were subject to significant bottom current sorting, the mean sortable silt plus fine sand grain
574 size (SSFS; geometric mean of the 10-125 μm silt fraction) and the SSFS percentage (SSFS%,
575 defined as the 10-125 μm fraction relative to the $<125 \mu\text{m}$ fraction) were calculated after Wu
576 et al.,²² utilizing the software GRADISTATv9.1⁷⁴.

577 Several studies suggested that changes in the element compositions of fine-grained
578 sediments, particularly the zirconium/rubidium (Zr/Rb) count ratio, hold significant potential
579 as a tracer for grain-size variations of marine sediments, providing valuable insights into
580 current strength³⁶. Recently, the logarithmic Zr/Rb ratio derived from XRF core scanning has
581 been utilized as a proxy for reconstructing millennial-scale variability in near-bottom flow
582 speed in the Drake Passage^{4,22,37} and in the Southern Ocean²². To apply the (Zr/Rb) proxy to
583 our record, we correlated SSFS and $\ln(\text{Zr/Rb})$, obtaining a tight positive linear correlation
584 ($\text{SSFS} = 25.87 \times \ln(\text{Zr/Rb}) + 9.55$, $R^2 = 0.80$, $n = 133$, Supplementary Fig. 5).

585 In order to obtain a constant time-resolution along the record, we resampled the
586 resulting SSFS record at 100-year intervals, and subsequently smoothed it with a 0.6 kyr
587 running average. The smoothed SSFS record is broadly similar to the resolution of the SST
588 reconstruction. This running mean window has also the advantage of being close to the
589 smoothing window selected by Barker et al.,⁵⁰ to predict abrupt events, providing a reasonable
590 compromise between noise reduction and signal fidelity. In order to obtain current velocities,
591 we used the SSFS-current speed equation for the Drake Passage region ($\text{SSFS} = 2.76U +$
592 4.61)²² (Supplementary Fig. 5). While the standard analytical error of the grain-size analyses
593 to obtain sortable silt values is in the range of $\pm 0.6 \mu\text{m}$ (at 20 μm , see below), the exact error
594 of the current speed calculations from current meter data is more difficult to assess as only
595 few current meter and grain-size data are available. McCave et al.⁴¹ estimated the standard
596 error to be in the range of $\pm 12.5\%$.

597

598 **Spectral analyses and filtering**

599 To identify periodic components in the spectrum of the U1542 record, spectral
600 analyses were performed using the Blackman-Tukey spectral power estimator, implemented
601 in the Analyseries software. Prior to analysis, linear trends were removed, and values were

602 normalized. The frequency scale was resampled from 0 to 0.1 with a step of 0.0002. A
603 Bartlett window was applied, and the bandwidth was approximately set to 0.005. Prior to
604 analysis, our record was evenly sampled at 200 years. In consideration of the lower resolution
605 of core PS75/034-2, the record was evenly sampled at 1 kyr.

606

607 The removal of orbital-timescale variability is achieved by subtracting a 7 kyr smooth.
608 A cut-off at 7 kyr was selected, consistent with several previous studies (5 kyr in Pahnke et
609 al.¹⁶, 7 kyr in Barker et al.⁵⁰). The filtered result emphasizes millennial-scale variability and is
610 thought to remove the background climate evolution on G-IG timescales (Supplementary Fig.
611 8).

612

613 **Characterization of the millennial-scale events**

614 To identify millennial-scale events in the records, we used a thresholding approach,
615 following Barker et al.⁵⁰ to predict the occurrence of Dansgaard-Oeschger (DO) events. We
616 identify events using minima in the first-time differential of the 600-years mean signal giving
617 similar results as from the filtered signal (i.e., < 7 kyr to exclude long-term insolation-driven
618 signal) of CHC strength and SST record (Supplementary Fig. 8). This approach is thought to
619 avoid any subjectivity in the detection of millennial-scale events¹³. Each event is therefore
620 defined by an abrupt CHC strengthening or SST warming. The empirical choice of the
621 threshold underscored the importance of maintaining a balanced approach. An overly
622 sensitive threshold could indeed prevent the distinction between environmental changes in the
623 record and variations introduced by analytical and calibration uncertainties in the alkenone-
624 SST and bottom-current estimates. On the other hand, a threshold that is too insensitive might
625 omit important events, potentially leading to a biased representation of Pleistocene millennial-
626 scale variability. We selected a threshold intending to effectively distinguish between event
627 magnitudes chosen to ensure that the number of events fell within the range of DO events
628 observed over the last glacial period and in accordance with estimations for the northern
629 hemisphere records. Ultimately the threshold selected was set higher than the standard
630 deviation of the data to only capture climatic events, minimizing the inclusion of noise or
631 non-climatic variations in the sedimentary record. Subsequently, we identified major events
632 by sorting each event by their respective amplitude, which visually display two distributions
633 at 24% CHC strength (Supplementary Fig. 8g, h, i). Each amplitude is defined by the
634 difference between the minima before each event and the maxima after each event
635 (Supplementary Fig. 8a, b, c).

636

637 **Data availability**

638 All relevant data in this manuscript are available at PANGAEA Data Publisher

639 (<https://doi.pangaea.de/10.1594/PANGAEA.972776> and

640 <https://doi.pangaea.de/10.1594/PANGAEA.972778>). Additional data related to this paper may

641 be requested from the authors.

642

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821

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832

833 **Author Contributions Statement**

834 V.R. and F.L. conceived the study. V.R. conducted the analysis and drafted the manuscript.
835 V.R., N.R. and H.S. conducted alkenones measurements. V.R. and H.W.A conducted grain-
836 size measurements. L.L.J and I.M.V provided the isotope measurements.

837 V.R, F.L, L.L.J and H.W.A constructed the age model. V.R., F.L., N.R., H.S., H.W.A., S.B.,
838 L.L-J., A.W., G.K., I.M.V., T.M.L.P., R.T. & G.W. contributed to the scientific discussion,
839 reviewed, and contributed to the text of the manuscript.

840

841 **Competing Interests Statement**

842 The authors declare that they have no competing interests.

843

844 **Figures Legends**

845 **Figure 1. Regional modern ocean hydrography and location of cores discussed in the**
846 **study.** Map of the Drake Passage region with mean annual sea surface temperature from the
847 World Ocean Atlas (based on 2005-2017 average observations)⁷⁵. Yellow dots mark sediment
848 core locations and the red dot indicates the location of the main record introduced in this
849 study. MD07-3128 is located at the same location as Site U1542. White transparent arrows
850 are schematic representations of major surface currents; the Antarctic Circumpolar Current
851 (ACC), the South Pacific Current (SPC), the Cape Horn Current (CHC), the Humboldt
852 Current (HC), and the Malvinas Current (MC). Dashed lines represent altimetry-derived ACC
853 fronts³⁰; Northern Boundary (NB), Subantarctic Front (SAF), Polar Front (PF), and Southern
854 ACC front (SACCF). Maps were created in Ocean Data View⁷⁶.

855

856 **Figure 2. Orbital-scale variability of sea surface temperature in the eastern South**
857 **Pacific and current strength.** (a) Sortable silt record from sediment core PS75/093-2
858 representing Antarctic Circumpolar Current (ACC) strength changes at the entrance of the
859 Drake Passage³⁷. (b) Cape Horn Current (CHC) Strength. (c) Alkenone-derived sea surface
860 temperature (SST) from Site U1542, the yellow dots indicate the modern SST at the core
861 location). (d) Alkenone-derived SST from core PS75/034-2³⁴. (e) Antarctic ice core EPICA
862 Dome C temperature record¹⁷ on the AICC2012 age model⁷³. (f) Correlation between CHC
863 strength and every alkenones-derived SST measurement from Site U1542. (g) Respective
864 spectral power of (a) to (f). Timing and nomenclature of Marine Isotope Stages (MIS) follow
865 Lisiecki and Raymo⁷⁷ and glacial periods are blue shaded. MBT corresponds to the Mid-
866 Brunhes Transition⁵⁵.

867

868 **Figure 3. Interhemispheric linkages during the last Glacial Period.** (a) Greenland climate
869 reconstruction^{7,78} recording millennial-scales abrupt events, called Dansgaard-Oeschger
870 events (red dots). (b) Planktic $\delta^{18}\text{O}$ from North Atlantic¹³, taken as proxy for sea surface
871 temperature (SST) changes. (c) Compilation of Pa/Th as a proxy for the Atlantic Meridional
872 Overturning Circulation (AMOC) strength⁵⁴. (d) Grain size-based strength of Drake Passage

873 throughflow reconstruction²². **(e)** Cap Horn Current (CHC) strength. **(f)** SST with uncertainty
874 envelope (0.5°C; see methods) at Site U1542. **(g)** SST from ODP Site 1233⁴. **(h)** SST from
875 MR16-09⁴⁰. **(i)** Antarctic climate reconstruction at EPICA Dronning Maud Land site⁷
876 (EDML) on the AICC2012 age model. YD = Younger Dryas. ACR = Antarctic Cold
877 Reversal. H = Henrich events. AIM = Antarctic Isotopic Maxima. MIS = Marine Isotope
878 Stage.

879

880 **Figure 4. The amplitude and number of millennial-scale events for each glacial cycle.**

881 Comparing all events within a single glacial cycle reduces the impact of age model
882 uncertainties between the two locations, as glacial terminations are marked abrupt and distinct
883 patterns, making them more reliable indicators (original data are shown in background). **(a)**
884 Average amplitude of stadial events at Site U1385 (orange), sea surface temperature (SST)
885 warming events (purple), and Cape Horn Current (CHC) strengthening events (blue) at Site
886 U1542 for each glacial cycle, highlighting a correlation between the amplitude in one
887 hemisphere and that in the other. A high variability observed in one hemisphere during a
888 glacial period often corresponds to high variability in the other hemisphere. **(b)** Number of
889 events per 10 kyr for each glacial period. For example, during the penultimate glacial cycle
890 (130-243 ka), there was an average of 1.5 CHC events, 1.5 SST warming events, and 1.5
891 cooling events in the northern hemisphere per 10 kyr. An interhemispheric correlation
892 between the average amplitude (**c, d**) and the number (**e, f**) of events for each glacial cycles
893 shows that glacial cycles with higher event frequencies or amplitude in one hemisphere tend
894 to have similarly high frequencies or amplitude in the other hemisphere, as shown in (**c - f**).
895 Numbers on the figures **c - f** refers to the red number in **a** and **b** indicating the glacial cycle.
896

897 **Figure 5. Millennial-scale climate records of the past 800 kyr.** **(a)** Climate reconstruction
898 from 0 to 400 kyr. **(b)** Climate reconstruction from 400 to 800 kyr. **(c, j)** Ice-rafted debris at
899 ODP Site 983¹¹. **(d, k)** Benthic $\delta^{13}\text{C}$ from Site U1308 indicating mixing ratio between
900 northern and southern sourced waters¹². **(e, l)** Planktic $\delta^{18}\text{O}$ from Site U1385¹³ taken as proxy
901 for sea surface temperature (SST) changes. **(f, m)** Cape Horn Current (CHC) strength. **(g, n)**
902 SST from Site U1542 with the uncertainty envelope (0.5°C; see methods) (this study). **(h)**
903 Mg/Ca-derived SST from the Southwest Pacific¹⁶. **(i, o)** Antarctic ice core EPICA Dome C
904 temperature record¹⁷ on the AICC2012 age model⁷³. Purple, blue, and orange dots
905 respectively represent SST, CHC, and stadial events recorded from Site U1542 and Site
906 U1385. Timing and nomenclature of isotopic stage follow⁷⁷. Vertical purple bars and Roman

907 numerals indicate glacial terminations. H; Henrich events, AIM; Antarctic Isotopic Maxima,
908 MIS; Marine Isotope Stage, T; Terminations, I; Inceptions.

909

910 **Figure 6. Cape Horn Current and rate of atmospheric CO₂ changes during the**
911 **Pleistocene. (a)** Amplitude of major millennial-scale Cape Horn Current (CHC) strengthening
912 events (blue dots) and CHC Strength from Site U1542. **(b)** Amplitude of atmospheric CO₂
913 release events (red triangles) and rate of atmospheric CO₂ changes (dCO₂/dt) from¹¹ based on
914 atmospheric CO₂ concentrations from the EPICA Dome C ice core⁷⁹ (Supplementary Fig. 11).
915 **(c)** Correlation between associated amplitude of the CHC events with atmospheric CO₂ rise
916 observed in less than 7 kyr (Supplementary Fig. 11). Light red area indicates millennial-scale
917 window.











