Title: Toward high-resolution population genomics using archaeological samples Running title: Progress in genetic analysis of ancient DNA Irina Morozova^{1,2#}, Pavel Flegontov^{3,4}, Alexander S. Mikheyev⁵, Hosseinali Asgharian⁶, Petr Ponomarenko^{6,7}, Vladimir Klyuchnikov⁸, GaneshPrasad ArunKumar⁹, Sergey Bruskin², Egor Prokhortchouk^{10,11}, Yuriy Gankin¹², Evgeny Rogaev^{2,13}, Yuri Nikolsky^{2,14,15}, Ancha Baranova^{15,16}, Eran Elhaik¹⁷, Tatiana V. Tatarinova^{6,4,7#}

#corresponding authors: TT tatiana.tatarinova@usc.edu and IM irina.morozova@iem.uzh.ch

- 1. Institute of Evolutionary Medicine, University of Zurich, Switzerland
- 2. Vavilov Institute of General Genetics RAS, Moscow, Russia
- 3. Department of Biology and Ecology, Faculty of Science, University of Ostrava, Czech Republic
- 4. A.A. Kharkevich Institute for Information Transmission Problems, Russian Academy of Sciences, Moscow, Russian Federation
- 5. Ecology and Evolution Unit, Okinawa Institute of Science and Technology Graduate University, Okinawa, Japan

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- 6. University of Southern California, Los Angeles, CA, USA
- 7. Children's Hospital Los Angeles, Los Angeles, CA, USA
- 8. Donskaya Archeologia, Rostov, Russia
- 9. School of Chemical and Biotechnology, SASTRA University, Tanjore, India
- 10. Research Center of Biotechnology RAS, Moscow, Russia
- 11. Department of Biology, Lomonosov Moscow State University, Russia
- 12. EPAM Systems, Newtown, PA, USA
- 13. University of Massachusetts Medical School, Worcester MA USA
- 14. F1 Genomics, San Diego CA, USA

- 15. School of Systems Biology, George Mason University, VA, USA
- 16. Research Centre for Medical Genetics, Moscow, Russia
- 17. University of Sheffield, Sheffield, South Yorkshire, UK

3 Abstract

The term "ancient DNA" (aDNA) is coming of age, with over 1200 hits in the PubMed database, beginning in the early 1980s with the studies of "molecular paleontology." Rooted in cloning and limited sequencing of DNA from ancient remains during the pre-PCR era, the field has made incredible progress since the introduction of PCR and next-generation sequencing. Over the last decade, aDNA analysis ushered in a new era in genomics and became the method of choice for reconstructing the history of organisms, their biogeography, and migration routes, with applications in evolutionary biology, population genetics, archaeo-genetics, paleo-epidemiology, and many other areas. This change was brought by development of new strategies for coping with the challenges in studying aDNA due to damage and fragmentation, scarce samples, significant historical gaps, and limited applicability of population genetics methods. In this review, we describe the state-of-the-art achievements in aDNA studies, with particular focus on human evolution and demographic history. We present the current experimental and theoretical procedures for handling and analyzing highly degraded aDNA. We also review the challenges in the rapidly growing field of ancient epigenomics. Advancement of ancient DNA tools and methods signifies a new era in population genetics and evolutionary medicine research.

Keywords: ancient DNA, bioinformatics, epigenetics, population genetics, next generation sequencing

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Ancient DNA as an indispensable source of information

6 The passion to unravel and reconstruct the history of life on Earth has always stimulated research in evolutionary biology. Although inferences of past events such as the states of ancestral organisms (e.g., ancestral sequences), evolutionary 7 episodes (e.g., speciation)¹, and the dynamics governing change (e.g., mutation models) can be obtained through 8 9 computational phylogenetic and coalescent approaches using contemporary data, naturalists have always valued direct 10 observation above all other methods. Ancient DNA (aDNA) is thus expected to revolutionize evolutionary genetics in the same manner that the fossil record revolutionized paleontology: it is a direct window into the past —a "time capsule". 11 Ancient DNA has already been invaluable in addressing many key questions in evolutionary biology¹⁻¹⁴, frequently 12 13 providing the only available evidence.

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15 Studies over the past several decades have demonstrated that aDNA can survive and be extracted from ancient and historical 16 material (e.g., bones, teeth, eggshells; mummified, frozen, or artificially preserved tissues; plant remains). The first attempts to extract and analyze aDNA were performed before the PCR era. In a pioneer study in 1984, Higuchi et al.¹⁵ managed to 17 18 recover DNA using bacterial cloning from dried quagga muscle, an extinct subspecies of plains zebra (Equus quagga). 19 However, due to extremely poor DNA preservation, analyses of aDNA were limited until an effective technology for DNA amplification, like PCR, made very small amounts of DNA accessible for study. In addition, next-generation sequencing 20 (NGS) technologies and the plummeting cost of DNA sequencing have provided an unprecedented opportunity to perform 21 22 millions of sequencing reactions in parallel. These advances enabled the first report on ancient sequences retrieved by NGS in 2005¹⁶. 23

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25 Human evolution and demographic history

Over the past decade, genomic techniques have been reshaping our fundamental understanding of human history and origins^{17,18}. Until recently, much of what was known about history came from the study of archeological sites and anthropological investigations, piecing together patterns of human migration and admixture from physical features, pottery,

weapons, ornaments, art production, traditional customs, and studies of modern DNA¹⁹⁻²⁶. Other sources of information 29 included linguistic classifications and ancient texts. Although undeniably powerful, these approaches often vielded more 30 31 questions than answers, and their resolution required incorporation of additional data. Analysis of ancient human remains can reveal migration patterns^{10-13,27}, address questions of kinship and family structure¹, and provide insight into 32 physiological or morphological characteristics such as blood group, skin color, hair type²⁸⁻³¹, and climatic adaptation¹. 33 34 When combined with other evidence, sequencing ancient genomes could help settle important debates within archaeology or linguistics. This approach, although not infallible, is particularly valuable now when ancient genetics is considered to be 35 highly robust tool and has significantly impacted many fields such as forensics and history³². 36

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38 Sequencing of the genomes from archaic hominids have illuminated earlier events in human evolution and suggested that 39 early hominids had a richer evolutionary history than was previously appreciated. Analysis of Neanderthal genomes 40 extracted from remains found in Europe and Western and Central Asia and dated 230-30 thousand years ago (kya) demonstrated that, contrary to previous suggestions, Neanderthals may have interbred with *Homo sapiens*^{2,8,33-39}. The 41 studies showed that Neanderthals share more genetic material with modern humans across Eurasia than those from sub-42 Saharan Africa, indicating that genetic flow from Neanderthals to Eurasian Homo sapiens likely occurred after the 43 emergence of humans from Africa but before the divergence of Eurasian groups^{2,8}. Additional gene flow events may have 44 occurred later in Europe³⁸ and East Asia^{35,40}. Mitochondrial DNA (mtDNA) sequences of morphologically ambiguous 45 Neanderthal bones from Teshik-Tash cave in Uzbekistan and Okladnikov cave in Southern Siberia provided evidence that 46 Neanderthals had an extensive range prior to their extinction⁴¹. Since the first description of the Neanderthal genome, a 47 number of studies have suggested that various Neanderthal alleles have been preferentially retained in modern populations 48 due to specific selective pressures⁴². 49

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51 Genetic analysis of mtDNA from a phalanx dated 48-30 kya recovered from the Denisova cave in Southern Siberia revealed another hominid, named Denisovan, which is genetically distinct from Neanderthals and modern humans⁴³. Since 52 then, only two more samples (molars) of Denisovans have been discovered³. Comparison of Neanderthal and Denisovan 53 genomes suggested that their population histories were independent of each other. The Denisovan mtDNA represents a deep 54 branch, with the Neanderthal mtDNA closer to that of modern humans³. Comparative analysis of the Denisovan and modern 55 human genomes revealed that the genetic contribution from Denisovans to modern humans may have been restricted to 56 57 Melanesia and Australia with hybridization events taking place mostly on the Southeast Asian mainland, although they may have permeated to Oceania^{3,4,43-47} as recently suggested by the existence of a widespread, low-level signal of Denisovan 58 ancestry across Eastern Eurasian and Native American populations⁴⁸. However, the methodology used in these studies has 59 been criticized, thus calling into question the ancient introgression of Denisovan DNA on the Asian mainland^{49,50}. 60

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NGS analysis of a nearly complete mitochondrial genome of a hominid found in Sima de los Huesos cave in Atapuerca, Spain and dated to more than 300 kya⁵¹ suggested existence of another branch in the human evolutionary tree. Surprisingly, the Sima de los Huesos mtDNA forms a clade with the mitochondrial genome of Denisovans rather than that of Neanderthals, demonstrating an unexpected link between Denisovans and Middle Pleistocene European hominids. Recently, approximately three million bases of nuclear sequences were obtained from a Sima de los Huesos femur fragment, an incisor, and a molar⁵². In contrast to the mtDNA, the nuclear genomic sequences of Sima de los Huesos are significantly

- 68 more similar to Neanderthals than to Denisovans⁵². These results agree with previous morphological analyses^{53,54} but 69 present an archaeological puzzle.
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Studies of aDNA have also delineated human migration routes around the world, particularly in Europe. Analysis of human genomes from Europe and Siberia dated 24–5 kya^{7,9,10,14,28,29} revealed at least three different sources of the population diversity of modern Europeans, i.e., West European hunter-gatherers, ancient North Eurasians with high similarity to Upper Paleolithic Siberians, and early European farmers originating mainly in the Near East but with limited West European hunter-gatherer ancestry⁷.

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77 Further aDNA studies allowed mapping migration in Europe in greater detail. A recent study of 69 European individuals who lived 8-3 kya¹² demonstrated that between 8-5 kya populations of Western and Eastern Europe were genetically 78 79 distinct. Groups of early farmers of Middle Eastern origin arrived to Western Europe and mixed with local hunter-gatherers, whereas Eastern Europe at that time was inhabited by a distant branch of ancient North Eurasian hunter-gatherers¹⁰. 80 However, Eastern Europe did not remain a "hunter-gatherer's refuge" for too long. Around 6-5 kya, farming populations of 81 82 West Anatolian ancestry appeared in Eastern Europe and mixed with local hunter-gatherers in the Pontic-Caspian region, giving rise to pastoralist people of the extremely successful Yamnaya archaeological culture. Such multiethnic melting pots 83 were fertile ground for many innovations, such as horse domestication and wheeled vehicles from the Yamnaya culture⁵⁵, 84 85 which probably enabled massive migration or invasions into Western and Northern Europe approximately 4.5 kya, introducing their ancestry, languages, and customs to central Europeans. Haak and colleagues reported that this steppe 86 ancestry persisted in central Europeans from at least 3 kya, and it is ubiquitous in present-day Europeans¹². At 87 approximately the same time, similar migrations spread Yamnaya-related cultures into South Siberia and Central Asia, as 88 revealed by another large-scale study of 101 genomes from Eurasian Bronze Age (5-3 kya) burial sites¹¹. Such large-scale 89 aDNA studies^{7,11,12} have not only made technical breakthroughs but also had significant interdisciplinary effects: they 90 influenced the decades-long debate in archaeology and linguistics about the origin of Indo-European language speakers and 91 92 shed light on perennial questions about the prevalence of traits like skin color and lactose intolerance in modern Europeans.

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With the progress in aDNA sequencing technology, considerable studies of remains from all over the world have begun to emerge⁵⁶⁻⁵⁸, shedding light onto, for example, settlement of China and the Pacific islands. Recently, Liu and colleagues reported the sequencing of an 80,000-year-old man (the earliest modern human in southern China) raising major questions about the "*out of Africa*" canonical paradigm, since there is no evidence that humans entered Europe before 45 kya⁵⁹. A recent study of a 4,500-year-old Ethiopian skeleton preserved in relatively cool mountainous conditions was the first example of successful aDNA analysis in Africa⁶⁰, giving hope to forthcoming studies of this incredibly interesting region.

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Pending future advances in functional genomics, aDNA might prove an unrivaled source of information on the evolution of traits associated with cognitive phenotypes. For example, discovering the genetic variants responsible for language acquisition may allow researchers to pinpoint the origin of complex language in the human lineage, indubitably a cornerstone event in human evolution. Approximately a decade ago the Neanderthals were found to bear a modern human version of $FOXP2^{61}$ (gene responsible for the ability to speak⁶²). The authors suggested that the modern variant of FOXP2were presented in common ancestor of Neanderthals and modern humans⁶¹.

We can also expect aDNA genomic studies to provide direct evidence about human adaptation substantiating the genetic 108 basis of selection. For example, a genome-wide scan of 230 West Eurasians who lived 6.5–1 kya and their comparison with 109 modern human genomes identified significant signatures of selection in a range of loci related to diet (lactase persistence, 110 fatty acid metabolism, vitamin D levels, and some diet-associated diseases), pathogen resistance, and externally visible 111 phenotypes (skin and eve pigmentation, tooth morphology, hair thickness, and body height).⁶³ This work demonstrated the 112 utility of aDNA data in human adaptive evolution studies. The currently available set of published human aDNA NGS data, 113 including sample IDs, dating, archaeological cultures, site names and locations, haplogroups, references, and links to data 114 repositories, is accessible online at our website (http://chcb.saban-chla.usc.edu/ANDA WEB/Ancient.xlsx) and illustrated 115 in Figure 1. 116

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118 Historic patterns in the spread of infectious diseases

Some devastating pandemics, like the Black Death, remain infamous even centuries after these catastrophes. Ancient DNA enables discovery of the origin and spread of disease-carrying alleles to aid modern epidemiology. Such analyses are possible when genotypes of ancient humans are recovered along with the genomes of their pathogens. For example, Rasmussen and colleagues sequenced DNA extracted from ancient human teeth and found that *Yersinia pestis*, the etiological agent of plague, infected humans in Bronze Age Eurasia as early as 5 kya, three millennia before the first historical records of plague⁶⁴. The authors concluded that the bacterium became the highly virulent, flea-borne bubonic plague strain only about 3 kya by acquiring specific genetic changes⁶⁴.

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Analysis of *Mycobacterium tuberculosis* genomes from remains of ancient humans and animals helped in deciphering the 127 origin and dispersal of tuberculosis in human populations. Ancient DNA studies provided support for the hypothesis that the 128 appearance of tuberculosis in humans was not connected to animal domestication as it was suggested before. On the 129 contrary, *M. tuberculosis* strain in humans is the most ancient one and other tuberculosis strains causing animal diseases 130 evolved from the human strain⁶⁵. Tuberculosis spread with humans and evolved in local conditions^{66,67}. The most ancient, 131 so far, human *M. tuberculosis* strain was discovered in 9000-Year-Old Pre-Pottery Neolithic Settlement in the Eastern 132 Mediterranean⁶⁶ where, in spite of the presence of quantities of bovine bones, no signs of bovine strain, *M. bovis*, were 133 found. Discovery of *M. bovis* strain in human remains from the Iron Age (as well as animal-like *Mycobacterium* strains in 134 Pre-Columbian humans) showed that back infection from animals took place^{6,64} at a later time. 135

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Studying dental plaque of Europeans from different periods (Mesolithic, Neolithic, Bronze Age, Early Medieval, Late 137 Medieval, and present time) demonstrated important shifts in human oral microbiota during recent evolution. The first shift 138 139 took place in the early Neolithic period with the introduction of farming when more caries- and periodontal diseaseassociated taxa were detected. The oral microbiota composition remained stable between the Neolithic period and modern 140 times. Recently, possibly during the Industrial Revolution in the 19th century, cariogenic bacteria became dominant, likely 141 142 due to consumption of industrially processed flour and sugar. Consequently, the genetic diversity of the oral microbiotic ecosystem was impinged, which contributed to the spread of chronic oral and other diseases in countries with postindustrial 143 lifestyles⁶⁸. 144

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One of the most remarkable achievements in the field is the study of historical RNA. In 1997, Taubenberger and colleagues⁶⁹ extracted and analyzed RNA from the virus that caused the "Spanish flu" pandemic that killed at least 20 million people in 1918–1919⁶⁹⁻⁷⁴. Reconstruction of the viral genome helped to reveal its origin and discover the mechanism of its exceptional virulence. In contrast to modern influenza viruses, which require an exogenous protease for their replication, the 1918 pandemic virus could replicate without exogenous trypsin. The "Spanish flu" viral genome contained a constellation of genes, essential for optimal virulence, which contributed to the strain's ultra-high virulence⁷³. This knowledge enabled epidemiologists to develop a vaccination strategy against another potential Spanish flu virus⁷².

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154 Adaptation of experimental and computational methods to the specific biochemistry of aDNA

After the death of an organism, all of its biomolecules are degraded either by host enzymes released from their proper 155 compartments or by saprobic microorganisms. Therefore, compared to modern DNA, aDNA has lower concentration; it is 156 fragmented, contaminated, and chemically modified^{16,75,76}. Ancient DNA is also commonly damaged by strand breaks and 157 cross-linking in addition to oxidative and hydrolytic degradation of bases or sugar residues. Relative preservation of DNA 158 in old samples depends on environmental circumstances, such as temperature, humidity, pH, or oxygen, rather than the 159 absolute age of the sample. For instance, DNA samples extracted from frozen remains dated thousands or even hundreds of 160 thousands years can be of better quality than much more recent samples^{5,77-79}. Recent studies showed that the age of 161 "readable" (by current methods) aDNA products is restricted to about 1–1.5 million years^{11,73}. At present, the 560–780 162 thousand years old Middle Pleistocene horse is the most ancient organism from which reliable aDNA data have been 163 procured⁵. Below we describe methods for overcoming difficulties caused by each one of the special aDNA features. 164

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166 Degradation

Early success with aDNA extraction and sequencing raised hopes that museum specimens, ancient samples, and 167 archaeological finds would provide a plethora of aDNA, but such hopes faded when it became clear that these old samples 168 did not vield any usable DNA⁷⁷. Unfortunately it is not uncommon for aDNA projects to be disbanded due to low or 169 undetectable DNA content⁸⁰⁻⁸². In many other projects, the aDNA concentration is so low that it demands destructive 170 sampling to yield adequate sequencing coverage. That, in turn, results in low genomic coverage (percentage of the length of 171 the reference genome that is covered by mapped reads from the sample) and less reliable genotype calls. In their analysis of 172 Neanderthal DNA, Green and colleagues reported GC content to be positively correlated (r = 0.49) with retrieval success of 173 sequence fragments^{2,83-85}, likely due to the faster denaturation of AT-rich regions. They also found G and T overrepresented 174 at the 5' and 3' ends of break points and suggested depurination as a significant cause of strand breaks⁸⁵. 175

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Some of the difficulties in working with aDNA were resolved by technological breakthroughs. Improvement of extraction 177 protocols can substantially increase the quantity and quality of aDNA. Thus, modern protocols^{4,109} enable extraction and 178 analysis of very short fragments (less than 50-60 bp, which constitutes the vast majority of aDNA). DNA fragmentation 179 posed difficulties for conventional PCR, which requires amplification of a large number of overlapping fragments to cover a 180 relatively long fragment of DNA, and it is impossible to sequence very short fragments (50-70 bp) using Sanger 181 182 sequencing. However, NGS technologies generate short reads for any DNA. The average retrieved sequence length in most aDNA projects is 50–100 bp, which is the same order of magnitude as the length of reads produced by many current NGS 183 184 instruments.

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Fragmentation and decay of DNA is a natural occurrence not only *postmortem* but also *in vivo*. Spontaneous DNA
 degradation caused by damaging and mutagenic factors is prevented by DNA repair mechanisms that are not present after

death. However, controlled DNA degradation in living organism is implemented during programmed cell death (apoptosis) 188 and differentiation of certain cell types (i.e., erythroid and lens cells, hair cortical cells). A large family of DNase enzymes 189 190 performs the DNA degradation vital for proper development and functioning of living tissues. Apoptotic processes leading to these changes and DNA degeneration explain the average length of DNA fragments of 140-160 bp and under extracted 191 from ancient mammoth hairs^{110,111}. Many processes leading to DNA degradation, including those that accompany cell and 192 193 tissue senescence (telomere shortening, error accumulation during DNA synthesis), occur naturally in vivo. Apoptosis finds its continuation in *postmortem* tissues, leading to further fragmentation of DNA even in favorable conditions for specimen 194 preservation. The detailed biochemistry of processes occurring after death still requires further evaluation, and elucidation 195 of their contribution to aDNA quality might be a promising area for research. 196

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198 Contamination

Even after successful DNA extraction, results must always be checked for authenticity. Ancient DNA is often contaminated 199 with some level of exogenous DNA (e.g., DNA from ancient or modern saprotrophic bacteria or fungi), postmortem 200 juxtaposition of organisms, or modern human DNA from the researchers themselves. Naturally, low amounts of aDNA (or 201 its complete absence) in the sample might facilitate the domination of PCR products by exogenous DNA, resulting in 202 recovery of irrelevant sequences. Indeed, in the 1990s a large number of papers were published reporting DNA sequences 203 from extremely ancient remains such as Miocene plant fossils^{86,87}, amber-entombed organisms^{88,89}, 250-million-year-old 204 bacteria in salt crystal⁹⁰, and dinosaur bones and eggs^{91,92}. In one such case, researchers reported successful extraction and 205 amplification of mtDNA cytochrome b fragment from a Cretaceous Period dinosaur⁹¹. The sequences differed from all 206 modern cytochrome b sequences. This led the authors to believe that they had sequenced authentic DNA from 80-million-207 year-old bones. It was later discovered that those mtDNA sequences were not close to avian and reptilian mtDNAs, as 208 would be expected from their phylogenetic history, but rather to mammalian (including human) mtDNAs. It was thereby 209 suggested that the alleged "dinosaur" DNA was contaminated, presumably by modern human DNA⁹³⁻⁹⁶. A similar course of 210 events occurred in the study of ancient bacterial DNA supposedly preserved in 250-million-year-old salt crystals, which 211 turned out to be modern bacterial DNA. In addition to these examples, several other aDNA projects have been impeded by 212 contamination of ancient samples⁹⁷⁻¹⁰¹. 213

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To prevent contamination, the experiment must be properly managed, including special requirements for sample collection, sterilization of the working area, DNA authentication, and independent reproducibility^{112,113}. These protocols are constantly being refined and improved. For example, in addition to mechanical removal of the upper layer and UV and/or bleach treatment of the sample, a brief pre-digestion step was recently suggested¹¹⁴, consisting of short-term sample incubation in an extraction buffer and its subsequent removal. According to the authors, this step alone increases the fraction of endogenous DNA several fold.

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In shotgun sequencing of vertebrate samples, a substantial fraction of the reads comes from contamination with environmental DNA from bacteria and fungi^{1,115,116}. Microbial sequences are often remarkably different from target species sequences and thus should be easily flagged by a standard BLAST search against the NCBI non-redundant nucleotide database. This strategy, however, fails to discover most of the microbial sequences that have yet to be sequenced. Therefore, it is not surprising that a large fraction of reads in many aDNA libraries is labeled as "unknown" or "unclassified," mainly due to the unidentified microbial content⁸⁴. Frequently, mapping the shotgun sequencing reads onto the reference genome of the target species (or the closest genome at hand) and discarding all reads below a certain level of similarity is preferred¹¹⁷ alongside choosing tissues with less microbial DNA. For instance, it has been suggested that hair shafts or avian eggshells contain less microbial DNA than bone^{110,118}, but these tissues are not available for most ancient samples. Alternatively, recovery of bacterial or fungal sequences is not very likely for PCR-based capture methods, as primers are designed based on known sequences from the sample's own species or its close relatives.

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The intricacy and method of detecting and removing modern human contamination depends on the distance of the target 234 species from humans. Expectedly, it is much easier to handle distantly related species such as mammoths, penguins, or cave 235 bears than archaic hominids, like the Denisovans and Neanderthals, and particularly ancient modern humans. Moreover, 236 archeological material in Europe is usually excavated and later handled, extracted, and sequenced by Europeans, sometimes 237 238 from the same region. The same is generally true for other territories around the world. When a limited number of loci are sequenced from PCR or cloning products, it is possible to examine alignments visually and to inspect individual 239 polymorphic positions to determine which differences are genuine and which are likely artifacts or contamination^{119,120}; 240 however, with reads from shotgun sequencing technologies, automated methods are typically required. 241

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Analyzing sequence reads in a phylogenetic framework along with sequences from ancient and extant relatives and outgroups is one of the initial steps to ensure that ancient sequences fit within the acceptable phylogeny and flag probable contamination. For instance, sequences from the mammoth were compared to those of the elephant, its closest kin, and to outgroups, such as humans and dogs, to ascertain phylogenetic correctness¹¹⁶. Filtering reads that were mapped onto the elephant genome with a high score and matched the elephant genome better than that of human, dog, or other species helped to remove human and microbial contamination. Neanderthal samples were phylogenetically examined to see if they fall outside the range of modern human variation⁴¹.

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Initially, a number of human and non-human studies filtered out samples with long sequence fragments considered evidence 251 of contamination since authentic aDNA is supposed to be fragmented^{80,120}. However, it has become clear that the average 252 aDNA fragment length can vary substantially between samples and can overlap with contaminant fragment lengths; 253 therefore, more elegant approaches are needed to develop authentication criteria based on length. In a study of Neanderthal 254 DNA, estimates of human-Neanderthal sequence divergence and the percentage of $C \rightarrow T$ and $G \rightarrow A$ (equivalent events) 255 misincorporations did not vary significantly with alignment length¹⁰⁸. Existence of substantial modern DNA contamination 256 would have produced two types of fragments: authentic ancient ones which were short and had high numbers of mismatches 257 (showed high divergence vs. modern human reference), and modern contaminant ones which were long and showed few 258 mismatches (showed low divergence vs. modern human reference). Noonan et al.¹⁰⁸ remarked that the absence of an inverse 259 relationship between alignment length and divergence from the human reference meant that the level of contamination with 260 modern DNA was negligible in their dataset; however, they did not provide a quantitative estimate. The problem with this 261 262 approach is that even among authentic ancient fragments, short fragments presumably represent higher rates of base modification and consequently may produce upward-biased divergence estimates⁸³. 263

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Through accumulation of ancient sequences over time, positions at which the target sequence (e.g., Neanderthal or Denisovan) have been invariably different from the likely contaminant (e.g., modern humans) can be used to estimate modern DNA contamination^{85,121,122}. Here, mtDNA is the marker of choice because of its high copy number, leading to

greater sequencing depth; however, the validity of extrapolating mtDNA contamination estimates to nuclear sequences has 268 been questioned based on possible differences in the conservation properties of mtDNA and nuclear DNA⁸³. As base 269 modification and misincorporations in aDNA often involve C to U (T) and A to G transitions, contamination with external 270 DNA can be more reliably estimated using transversion or indel counts⁸⁵. Even when sufficient prior data on sequence 271 272 variation in the archaic hominid population is available, the fraction of reads that deviate from consensus base calls at 273 haploid loci, e.g., those on mtDNA or the Y-chromosome, can provide an estimate of exogenous DNA-assuming that authentic aDNA is more abundant than contamination and that correct sequence reads are more likely than errors. This 274 method is especially applicable to positions at which the modern human population is fixed for the derived base while the 275 archaic consensus base is ancestral^{3,46}. 276

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Ancient modern humans are not expected to carry informative (fixed) substitutions compared to contemporary humans or necessarily to fall outside the range of modern human phylogeny, although they might do so. A first step in the QC of sequences from ancient modern human samples is to ascertain that all sequence reads come from a single individual. This can be done by estimating X-linked heterozygosity in male samples, Y-linked heterozygosity in male samples, Y-linked presence in female samples, or mtDNA heterozygosity for either gender^{1,46,83,123}. Next, it is necessary to show that each specimen in the dataset carries unique sequences (e.g., mtDNA or Y-chromosome haplotypes) that are different from sequences of other specimens and from the researchers^{81,107,124}.

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As most of the ancient sequences during the pre-NGS era or shortly thereafter were limited to mitochondrial markers^{85,125,126}, it was crucial to distinguish them from nuclear inserts of mtDNA (NUMTs). Generally, a higher alignment score to the mitochondrial sequence than to the nuclear sequences is the authentication criterion. For extinct species without a reference, where sequence reads must be mapped to the genome of another species, this becomes more complicated because divergence of orthologous sequences must be considered in addition to differences between NUMTs and their mitochondrial counterparts⁸⁵. Considering the low likelihood of heteroplasmy, observing more than one allele with nonnegligible frequencies at each position would indicate either external contamination or sequencing of NUMTs.

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294 Postmortem base modification

Postmortem DNA modifications through hydrolysis and oxidation pose another substantial difficulty for studying aDNA. 295 296 The most significant alteration is nucleotide deamination, which leads to false transitions during PCR: cytosine to uracil, 5methyl-cytosine to thymine (both causing incorporation of T instead of C), and, more rarely, adenine to hypoxanthine 297 (causing incorporation of G instead of A)^{80,102-105}. Chemical modification of nucleotides can lead to reduced sequencing 298 coverage because they prevent mapping of many authentic reads due to an overestimated number of mismatches compared 299 to the reference. They can also result in erroneous base and genotype calls and false estimates of genomic parameters such 300 as heterozygosity, nucleotide diversity, GC content, or divergence times. Base modifications are often observed in the 5-7 301 302 final bases of DNA fragments and are thought to occur more readily in terminal, single-stranded overhangs¹⁰⁶. These terminal misincorporations are even more problematic because local sequence alignment methods used for mapping the 303 NGS reads onto the reference genome rely heavily on matching initial bases to the reference⁸⁴. 304

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To overcome problems with chemical modification, several approaches have been developed. Treatment with uracil-Nglycosylase (UNG) removes uracil residues, thus preventing replication of fragments with deaminated cytosine^{102,127};

however, the resulting abasic sites prevent replication by DNA polymerases, which excludes all the fragments with uracil 308 from the reaction. This can be crucial for valuable ancient samples already having low DNA concentrations. A simple 309 modification was suggested recently to overcome this problem¹²⁸: follow-up treatment with endonuclease VIII after UNG 310 repairs most of the abasic sites and enables subsequent analysis of these fragments. This procedure, however, does not 311 resolve the problem of false $A \rightarrow G$ transitions. Using DNA polymerases such as Phusion, which does not amplify uracil, 312 313 also avoids false $C \rightarrow T$ (but not $A \rightarrow G$) transitions but excludes all uracil-containing fragments from amplification, which further decreases the DNA template in the reaction. Also, since these enzymes can work with methylated, deaminated 314 cytosine (i.e., 5-methyluracil, thymine), the problem remains for methylated aDNA. Single primer extension PCR (SP-PCR) 315 enables analysis of separate DNA strands, which makes it possible both to distinguish real mutations from postmortem 316 modifications and to evaluate the level of these modifications^{102-105,129}. SP-PCR is performed in two steps: first, PCR with 317 only one primer is carried out to accumulate only one DNA strand, and then the second primer is added to the reaction and 318 PCR continues with a normal protocol. The resulting PCR product derives mainly from one of the DNA strands. Analysis of 319 these products can identify in which DNA strand *postmortem* modification occurred. This method requires very thorough 320 selection of PCR primers and annealing temperatures, otherwise non-specific annealing or formation of primer dimers is 321 highly possible. 322

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324 One estimation strategy for base modification compares the percentage of T and A calls at ultra-conserved C and G positions, respectively. These genomic positions are expected to have retained their ancestral state in the ancient sample, so 325 transitions exclusively observed in the ancient sample can be attributed to base misincorporations^{4,111}. Another method 326 compares the frequencies of different types of transitions and transversions in ancient-modern and modern-modern 327 sequence alignments of closely related species (e.g., Neanderthal-human, Neanderthal-chimp, and human-chimp). An 328 excess of $C \rightarrow T$ (and $G \rightarrow A$, respectively) transitions in modern-ancient alignments provides an estimate of base 329 modification⁸⁴. A third strategy takes advantage of the direction of transition induced by base modification. In a 2006 study, 330 the C \rightarrow U modification in mammoth DNA caused the apparent rate of (mammoth T) \rightarrow (elephant C) transitions to be 1.9-331 fold larger that of (mammoth C) \rightarrow (elephant T) transitions¹¹⁶. Recently developed experimental protocols, such as pre-332 treatment of aDNA with UNG, have reduced the magnitude of this problem. 333

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If the level of base modification is non-negligible, steps must be taken to eliminate or lessen its effect on the output of 335 336 downstream population genetic analyses. Sometimes, $C \rightarrow T / G \rightarrow A$ or all transitions are simply left out of the analyses, and only transversions and indels are included in the calculation of divergence or reconstruction of phylogeny². Alternatively, it 337 is possible to polarize polymorphisms into ancestral and derived states using an outgroup (e.g., chimp for human-338 Neanderthal comparisons) to place the mutation events on the corresponding branches of the phylogenetic tree using a 339 parsimony approach (of which the branch leading to the ancient sample will probably contain disproportionately high 340 numbers) and to calculate divergence times using information from branches leading to modern samples only⁸⁴. Another 341 342 strategy takes advantage of the observation that most of the base modifications occur at the 5' and 3' ends of fragments and trims a few (5-7) bases off either end of each sequence read to lower the chance of including a misincorporated base^{1,123}. 343

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345 Base and genotype calling

Once the sources of contamination or base misincorporation are detected and removed from the aDNA sequences, it is possible to use the consensus base for further analyses. However, genotypes can be inferred more accurately by combining observed read bases with various estimators of contamination, base modification, sequencing error, and read alignment
 quality combined via a single maximum likelihood (ML) calculation¹³⁰. The ML model can be designed in haploid mode for
 mtDNA, or X- and Y-chromosomes in males, or diploid mode for autosomal markers or X-linked markers in females¹.
 Depending on the specific design, ML models can use these estimators to output the genotype or co-estimate all of these
 parameters simultaneously.

353

Although the problems associated with aDNA anomalies are not insurmountable using available experimental and 354 bioinformatics technologies, drastic variations in the type and magnitude of damage among ancient remains make it 355 impossible to develop a universally successful protocol for aDNA extraction and sequencing. For instance, the fraction of 356 authentic Neanderthal mtDNA among six examined ancient samples varied from ~1% to ~99%⁸⁴, and the level of 357 contamination in five well-preserved human bone specimens dated 800–1600 CE varied from 0% to 100%¹⁰⁷. The 358 359 Neanderthal mitochondrial genome and partial nuclear genome were retrieved using data from several sequencing attempts.^{41,84,108} This compendium was crucial in determining design parameters for assembling the full Neanderthal nuclear 360 genome⁸. The contaminating sequences in an ancient maize microsatellite genotyping project were found to be of different 361 natures across samples: some exhibited mainly microbial contamination, whereas others contained copies of transposable 362 elements⁸⁰. Therefore, an initial round of extraction and sequencing is recommended to estimate quality parameters for each 363 364 sample (e.g., vield, chemical modification, % contamination, % uniquely mapped reads, and % genome covered) to inform 365 appropriate experimental and data preparation strategies. It is also important to remember that both experimental and computational methods of overcoming of ancient DNA problems have advantages and limitations. Therefore, to achieve the 366 most reliable results, it is of great importance that researchers use both these approaches to examine aDNA. 367

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369 Analysis of aDNA data

370 Software tools for preprocessing of aDNA NGS data

371 In order to implement the computational approaches needed to address the special features of aDNA (i.e. obstacles due to degradation, base damage, and contamination) in addition to regular NGS data quality control and preprocessing steps, 372 application of highly specialized tools is required. Current NGS analyses of ancient DNA are performed with well-373 established but non-specialized computational tools as novel customized tools for aDNA analysis have not yet been widely 374 accepted, and custom scripts have to be written to adjust for aDNA specifics. Base calling is frequently performed with 375 Illumina's standard base-caller Bustard BayesCall¹³¹ (flexible model-based tool) and freeIbis¹³² (utilizing a multiclass 376 Support Vector Machine algorithm). Fast QC^{133} is typically used for preliminary quality control of reads. 377 AdapterRemoval¹³⁴, CutAdapt¹³⁵, and SeqPrep¹³⁶ are currently the most common tools in the aDNA world for de-378 multiplexing, adapter trimming, low-quality call trimming, and paired-end merging. BWA and Bowtie are commonly used 379 for mapping of aDNA reads.¹³⁷ Since BWA and Bowtie were developed for high quality modern DNA reads, parameter 380 adjustments to reflect properties of ancient DNA must be done. For example, it may be advisable to trim likely-damaged 381 positions, disable the seed, adjust gap openings and penalties, and permit indels at read ends.¹³⁷ Genome Analysis Toolkit 382 (GATK)^{138,139} or SAMtools¹⁴⁰ are then used for variant calling. Methods should be optimized for shorter (17–35 nucleotide) 383 reads with possible adapters on both ends of the read and a large overlap between paired reads, and the call corresponding to 384 the highest quality score should be selected at each position. In addition, due to low quantities of endogenous DNA, the 385 high number of short reads, and high levels of contamination, masking repeat regions may improve read mapping. Several 386 pipelines (e.g., aLib¹⁴¹ and PALEOMIX¹⁴²) incorporating all these changes were designed for aDNA analysis. Sometimes 387

- selected elements of such pipelines are combined to achieve optimal performance. For instance, the leeHom module of aLib
 is used to preprocess reads¹⁴³ while Anfo², MIA¹²¹, and BWA-PSSM¹⁴⁴ are used for subsequent read mapping.
- 390

After read pretreatment and alignment, the text file containing the sequence alignment data (termed the SAM file or BAM 391 for binary files) can be used to estimated contamination and degradation levels using tools such as mapDamage¹⁴⁵ and 392 mapDamage2.0¹⁴⁶. PMDtools¹⁴⁷ (identification of those DNA fragments that are unlikely to come from modern sources) 393 and Schmutzi¹⁴⁸ (maximum *a posteriori* estimator of mitochondrial contamination for ancient samples) are utilized to select 394 reads for re-analysis that have higher chances of coming from aDNA. Depending on the situation, analysis can be done in a 395 fully automated cycle for the entire genome or only for mtDNA. Such algorithms report the probabilities of different types 396 of *postmortem* DNA degradation, which allows for better statistical modeling at the variant calling stage, employing 397 SNPest¹⁴⁹ or custom scripts. A typical NGS pipeline for aDNA analysis is shown in Figure 2. 398

399

The amount of extracted endogenous DNA may allow satisfactory coverage of aDNA sequences (as high as 10–20x coverage at a subset of regions for a few samples), comparable to modern DNA studies. Nevertheless, it is very common for ancient samples to have ~1× average coverage. In such cases, population genetics analysis can still be done using ADMIXTURE and other standard tools by choosing the variant with the highest number of supporting reads (or with the highest quality) instead of trying to make heterozygous/homozygous calls at each autosomal position (which is tricky when there are <5 reads covering a given position resulting in 3–4 conflicting variants). This method can be used when the amount of contaminating modern human DNA is much lower than the amount of endogenous DNA.

407

Special care needs to be exercised when combining SNP data from ancient and modern samples. Recently published analysis of the first ancient African genome¹⁵⁰ presented an erroneous conclusion that genomes of individuals throughout Africa contain DNA inherited from Eurasian immigrants.¹⁵¹ The error was noticed, and the authors published an erratum stating that it had been necessary to convert the input produced by SAMtools to be compatible with PLINK, but this step was omitted causing removal of many positions homozygous to the human reference genome¹⁵¹. This example illustrates importance of using validated pipelines for aDNA analysis.

414

415 NGS data analysis of aDNA

416 Below, we discuss the analytical methods for biologically relevant interpretation of aDNA data. Various population genetics analytical methods have been applied to infer past demographic events of populations based on data obtained from aDNA 417 studies. One of the basic methods for identifying ancient haplotypes is scanning present-day populations for variants 418 419 identified in the aDNA. This simple approach provides an estimate of populations/regions that harbor such ancient genetic signatures and has been successfully applied to identify modern European populations with mtDNA mutations that were 420 found in aDNA samples^{152,153}. Analysis of single-nucleotide polymorphisms (SNPs) in prehistoric samples can shed light on 421 ancestral phenotypes, including pigmentation of skin, hair, and eyes³¹, and the sex of the sample can be computed as the 422 ratio of reads mapping to the Y- and X-chromosomes¹⁵⁴. In the case of uni-parental markers such as mtDNA variants and 423 Y-chromosome markers, the mutational distance between the ancient and modern haplotypes is visualized using 424 phylogenetic network analysis programs^{153,155}. Network analysis of haplotype data reveals genetic distance, mutation rate, 425 and regions of haplotype spread. 426

With increased numbers of recovered ancient and historic DNA samples and steady improvements in aDNA sequencing 428 technology, scientists can study the distribution of ancient human genetic variation and compare it to that of modern 429 populations¹⁵⁶ or gain a deeper-level understanding of the distribution of genetic variation within populations by applying 430 admixture-based tools for joint analysis of modern and ancient samples at a population level. Tools and approaches, such as 431 ADMIXTURE¹⁵⁷, ADMIXTOOLS¹⁵⁸, GPS¹⁵⁹, or reAdmix¹⁶⁰, which were initially developed for population analysis of 432 contemporary individuals, can be applied in combination with anthropological data and historic records to reconstruct 433 434 migration patterns, provenances, and local and global ancestries of extinct populations. ADMIXTURE is a computational tool for ML estimation of individual ancestries from multi-locus SNP genotype datasets. Recently, Allentoft et al.¹¹ inferred 435 the ancestral components from modern samples and then projected the ancient samples onto the inferred components using 436 the ancestral allele frequencies inferred by ADMIXTURE. Comparison of admixture profiles of ancient and modern 437 438 populations within a given region informs generation of hypotheses about population migrations that can be validated with 439 independent sources and methods of analysis. NGSADMIX uses genotype likelihoods instead of called genotypes to resolve ancestry, which is particularly useful considering the myriad sources of uncertainty in aDNA NGS data¹⁶¹. 440

441

The geographical origins of samples can be inferred with the Geographic Population Structure (GPS) algorithm developed 442 by Elhaik et al.¹⁵⁹, which analyzes genome-wide ancestry-informative markers. First, the algorithm converts the file with an 443 individual's genotype into a K-dimensional vector using ADMIXTURE in a supervised mode. The resulting vector is 444 compared to reference vectors corresponding to worldwide populations to identify the population with the smallest 445 Euclidean distance to the individual. Finally, the genetic distances are converted to geographic distances based on the linear 446 relationships between genetics and geography, which yields the position of the test sample. The same framework can be 447 applied to analysis of ancient samples to identify the geographical origins of ancient populations in the case of migratory 448 449 individuals. GPS can also identify the closest populations to the individual of interest. To infer multiple such populations, the reAdmix algorithm developed by Kozlov et al.¹⁶⁰ is a more suitable approach. reAdmix infers the complex provenances 450 of highly mixed individuals and represents a tested individual as a weighted sum of reference populations. In addition, 451 452 reAdmix can work in a conditional mode that limits the search space based on archaeological data.

453

To infer the geographical origin of a haplotype, it is essential to partition the genome into haplotypes with distinct ancestries that may have been inherited from multiple populations. Such haplotypes can be obtained using identical-by-descent tools such as BEAGLE¹⁶², HAPMIX¹⁶³, or SABER¹⁶⁴, which allow inference of "local ancestry" instead of the "global ancestry" that can be inferred with PCA, GPS, and reAdmix, and their usage depends on the complexity of the dataset, the expected mixture levels, and the available phenotypic data. For instance, if the phenotype is associated with a particular trait, a "local ancestry" tool is preferred, whereas a "global ancestry" tool should be used when the phenotype is a complex trait involving multiple unknown loci.

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When several individuals of the ancient population are available, certain population genetic parameters can be estimated. For example, by examining a number of microsatellite loci in 160–200-year-old Daphnia samples¹⁶⁵, researchers were able to calculate the heterozygosity, gene diversity, deviation from Hardy-Weinberg Equilibrium, and linkage disequilibrium between pairs of markers. An analysis of 21 samples from a graveyard in Germany dated ~6 kya allowed analysis of the mtDNA and Y-chromosomal haplotype diversity as well as the selection forces inferred from Tajima's D⁸¹. Jaenicke467 Despres et al. discovered allelic variants of three genes that differentiate modern maize and teosinte from 11 maize cobs

- dating to 660-4400 years ago, opening a window to the genetic chronology of maize domestication¹⁶⁶.
- 469

Even when only a single member of an ancient population can be recovered, a number of genomic and evolutionary 470 inferences can be made about its taxon or population. Based on remarkably low levels of dN/dS (non- synonymous to 471 472 synonymous substitution ratio), it was concluded that mitochondrial proteins were under strong purifying selection in Denisovans⁴³. Conversely, the higher dN/dS ratio calculated from Neanderthal genomes was attributed to smaller effective 473 population size and inefficient purifying selection^{85,121}. The heterozygosity of the TAS2R38 locus in a single Neanderthal 474 individual was used to infer that he was a bitter-taster and, further, that this trait varied among Neanderthals¹⁶⁷. Using 475 zygosity correlation along the genome, it was suggested that the Denisovans experienced a 30-fold decrease in effective 476 population size compared to African humans¹⁶⁸. 477

478

479 Beyond DNA sequence: ancient epigenomics

Physical characteristics, predisposition to diseases, and psychological features are the result of expression of genes through 480 complex and poorly understood interactions of so-called "genetic determinants" and external environmental signals. 481 Epigenetic mechanisms including DNA methylation, histone modifications, and a spectrum of noncoding RNAs often affect 482 483 chromatic structure and modulate gene expression in response to signals from the external or intra-organismal environment. Until recently, reconstructing the gene expression profile of specific postmortem samples using only DNA was deemed 484 impossible. A common feature of all aDNA samples is their highly degraded state and the presence of deaminated 485 cytosines. Several groups analyzing the methylation maps (methylome) of Neanderthals proposed that patterns of CpG 486 methylation were preserved in the DNA^{128,169}. Later, Llamas et al. applied bisulfite allelic sequencing of loci to late 487 Pleistocene Bison priscus remains and demonstrated that methylation patterns are indeed preserved in ancient DNA¹⁷⁰. 488 489 although postmortem deamination of methylated cytosine to thymine prevents accurate quantification of methylated 490 cytosine levels.

491

In 2014, several groups proposed a reliable approach toward genome-wide methylation studies in ancient samples^{169,171,172}. 492 Using high-throughput sequencing in combination with a variety of computational approaches, researchers assembled 493 genome-wide methylomes of human and mouse genomes in cells of different types and origins (e.g., somatic, stem, 494 germline, and cancer)¹⁷³. In bisulfite sequencing, unmethylated cytosines are chemically converted into uracils, which are 495 then read by some polymerases, such as *Taq*, as thymines (T). These $C \rightarrow T$ mutations can be located in vertebrate genomes 496 with single-nucleotide resolution. Similar chemical conversions occur naturally in *postmortem* samples, mainly through the 497 hydrolytic deamination of cytosines located in single-stranded overhangs¹⁰². With *Taq* DNA polymerases that can replicate 498 through uracils this results in increasing $C \rightarrow T$ misincorporation rates at sequence starts. Such misincorporations should not 499 be observed with high-fidelity DNA polymerases, like Phusion, that cannot bypass uracils, except at 5mC where 500 501 deamination leaves T instead of U (See Fig. 3 for the detailed interpretation). Thus, it became possible to detect methylated cytosines in ancient genomes by their elevated $C \rightarrow T$ mismatch rates at read starts compared to non-methylated cytosines. 502

503

504 Since deamination is a stochastic process, it is impossible to detect cytosine methylation with single-nucleotide resolution. 505 The methylated CpG sites that did not experience *postmortem* deamination events are copied as regular CpG's and leave no 506 methylation footprint in the genome. Methylation may then be detected with single-nucleotide resolution upon a significant 507 increase in coverage depth or by recording $CpG \rightarrow TpG$ mismatches within full genomic regions that include many CpG's.

508 This strategy was applied to analyze aDNA from Neanderthal (50 kya), Denisovan (40 kya), and a relatively recent Paleo-Eskimo individual (4 kya). DNA methylation patterns in ancient human bones or hairs were almost indistinguishable from 509 those in modern humans. However, by examining differentially methylated regions, Gokhman et al.¹⁶⁹ found that some key 510 regulators of limb development, like HOXD9 and HOXD10, had methylated promoters and gene bodies, respectively, in 511 Neanderthal and Denisovan samples, whereas these regions are hypo-methylated in bone samples from present-day humans. 512 Because deregulation of HOXD cluster genes in general, and HOXD9 and HOXD10 in particular, results in morphological 513 changes in mice¹⁷⁴ that reflect Neanderthal-modern human differences, it can be inferred that epigenetic changes in HOXD 514 clusters might have played a key role in the recent evolution of human limbs. 515

516

517 Differentially methylated regions were also found within the *MEIS1* gene, which encodes a protein that controls the activity of the HOXD cluster¹⁷⁴. Elucidation of the ancient methylome from aggregated $C \rightarrow T$ mismatch information over large 518 genomic regions allows analysis of whether extended regions with altered DNA methylation were present in ancestral bone 519 and hair samples. These include not only hypermethylated CpG islands but also 1) large (several 100 kb to several Mb) 520 partially methylated gene-poor domains that co-localize with lamina-associated domains^{175,176}; 2) DNA methylation valleys 521 extending over several kb of DNA, which are strongly hypomethylated in most tissues, enriched in transcription factors and 522 developmental genes^{177,178}; 3) undermethylated canyons (up to dozens of kb) that were recently identified in hematopoietic 523 stem cells¹⁷⁹: and 4) epigenetic programs associated with intestinal inflammation and characterized by hypermethylation of 524 DNA methylation valleys with low CpG density and active chromatin marks¹⁸⁰. 525

526

Methylation analysis usually focuses on genomic regions that span several kb or even mb¹⁷⁸⁻¹⁸⁰; the C \rightarrow T mismatch 527 aggregation strategy, applied in a recent aDNA epigenomic study¹⁷¹, could yield new perspectives on adaptation signals or 528 disease markers in the rare case that tissues normally unpreserved in anthropological samples (brain, intestine, muscle, and 529 blood) are found and may only be applicable to remains found in permafrost soil (such as mammoths and other extinct 530 Pleistocene species). In exceptional cases, such as when the epigenome map was deconvoluted from a single hair of a 531 Paleo-Eskimo man,¹⁷¹ analysis of epigenetic patterns also allows estimation of the age at death. A recent forensic study 532 generated data indicating a correlation between the methylation state of specific CpGs and the age of an individual¹⁸¹; 533 534 however, such calculations assume that environmental signals 6 kya produced the same genomic methylation response observed today to estimate the age of ancient humans using modern databases. Using this assumption, Pedersen et al. 535 calculated that the Saggag individual was probably in his late thirties when he died¹⁷¹. 536

537

Because methylated CpG's are found almost exclusively in vertebrate somatic cells, whereas bacterial genomes feature 538 methylated cytosines and adenines but almost never in a CpG context, CpG methylation of vertebrate genomes could be 539 540 used to enrich the endogenous content of a human aDNA sample and separate it from bacterial contaminants¹⁸². Methyl DNA binding domain (MBD) affinity chromatography, which allows separation of methylated DNA probes containing a 541 single methylated CpG, has become a routine method for establishing the methylomes of genomes of different origins¹⁸³. 542 Applying this method to aDNA not only promises both to facilitate characterization of ancient methylomes and to separate 543 vertebrate and microbial fractions of aDNA extracts. Using the remains of the Saqqaq Paleo-Eskimo individual, woolly 544 545 mammoths, polar bears, and two equine species, methylation marks were shown to survive in a variety of tissues and

- environmental contexts and over a large temporal span (>45–4 kya). Additionally, MBD enrichment allows characterization
- 547 of the microbiome of ancient samples and potentially ancient pathogen genomes.
- 548

Although DNA methylation may serve as an indicator of gene silencing, epigenetic analysis alone is insufficient to 549 determine whether the gene was destined for transcription or silencing. Additional data, such as histone modification marks, 550 551 chromatin structure, and transcription factor binding information, are essential for gene activity prediction. Although research on ancient proteins is in its nascent stage, shotgun sequencing of aDNA has provided a surprisingly rich source of 552 epigenetic information. Pedersen et al. observed unexpected periodicity in the density of covered nucleotides along the 553 Saqqaq genome¹⁷¹ and hypothesized that these periodic patterns could stem from protection of DNA by nucleosome binding 554 with preferential degradation of linker regions between nucleosomes, either by DNases that enter the nucleus at cell death or 555 556 as a result of *postmortem* stand breaks, instead of from alignment or sequencing artifacts. In such a scenario, the observed read depth would reflect the nucleosome occupancy. Fourier transformation of the function that links sequencing coverage 557 of a single nucleotide with its genomic coordinate revealed a strong signal at 200 bp from transcription start sites (TSSs). 558 where nucleosomes are strongly positioned, and downstream. Moreover, a phasogram from Fourier transform also revealed 559 short-range (10 bp) periodicity, reflecting preferential shifts in nucleosome positioning every 10 bp and/or preferential 560 cleavage of the DNA backbone facing away from nucleosome protection. Strongly positioned nucleosomes in an ancient 561 562 sample were also found within the vicinity (4 kb) of CTCF binding sites, and their order was negatively correlated with uncovered DNA methylation. Since DNase I-hypersensitive sites (DHSs) within the TSS are reliable predictive markers for 563 gene transcription¹⁸⁴, regions within open chromatin structures may be more susceptible to *postmortem* or apoptosis-564 induced DNase cleavage, in which case the density of NGS reads within the TSS of active genes would be lower than at 565 silent genes. Based on read density at known TSSs and DHSs from the ENCODE project and using de novo methods of TSS 566 prediction (e.g., NPEST¹⁸⁵ or TSSer¹⁸⁶), it is possible to sort TSSs according to the transcriptional activity of the 567 corresponding genes. In the near future, it may be possible to quantitatively reconstruct gene expression patterns of ancient 568 samples by combining nucleosome positioning, the presence of DHSs at TSSs, and DNA methylation. Therefore, the 569 discovery of preserved brains, like those from bog bodies¹⁸⁷, is of particular interest. The recent discovery of a woolly 570 mammoth that retained brain structures of very high quality¹⁸⁸ raised hopes that exciting discoveries are at the horizon that 571 would allow us to test whether the higher nervous system activity in modern humans differs from that of ancient humans, 572 mainly at the epigenetic level^{189,190}. 573

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575 Conclusions

Ancient DNA research has revolutionized a multitude of scientific disciplines. Representing the most direct route to address 576 a large number of questions in evolution, medicine, anthropology, and even history, aDNA became an indispensable tool in 577 archaeo-genetics, population genetics, paleo-epidemiology, and related fields. Analysis of aDNA has made tremendous 578 progress since its humble beginning in the early 1990s, when contamination with modern DNA sources was commonplace, 579 580 and only limited analysis was possible due to DNA fragmentation and sparse sampling. In this review, we attempted to provide a detailed overview of recent innovations aimed at coping with these limitations, both through experimental 581 582 procedures and bioinformatics algorithms. We also considered challenges regarding aDNA biochemistry and degradation, particular bioinformatics tools compensating for short reads and gaps in sequencing coverage, and advances in population 583 genetics to handle sparse sampling. Lastly, we described the particularities of aDNA epigenetics and functional 584 585 interpretation of deduced activities of particular genes and pathways.

586

In envisioning future progress in aDNA studies, we would like to note that not every advance in genomics or experimental 587 biology may affect the field. Recent breakthroughs in genomic technologies drastically increased the amount of information 588 obtained from aDNA, and new inventions, e.g., progress in targeted enrichment methods and single-molecule sequencing, 589 would likely allow investigation of previously intractable samples from hot climates and more distant eras. However, 590 591 experimental approaches will always be limited by the quantity and quality of aDNA in ancient remains. Thus, development of computational methods to cope with aDNA-specific biases and extract meaningful information from low-coverage aDNA 592 data is critical. Studies of aDNA will hugely benefit from further improvement of sophisticated bioinformatics tools coupled 593 with the rapid accumulation of content (reference genomes and variant databases) from both ancient samples and freshly 594 sequenced modern human populations. Regarding the latter, one can hardly overestimate the effect of international projects 595 on systematic sequencing of small and remote human populations, such as those undertaken by National Geographic and 596 others^{13,20,155,159,191-194}. Parallel improvement of experimental and computational methods will enable studies of ancient 597 populations instead of just a few individuals. The utility of aDNA data will increase with further progress in genotype-to-598 phenotype mapping of humans. For the first time, we can anticipate the direct study of evolution for traits that are not 599 associated with the fossil record, such as metabolic and behavioral details. Ancient DNA will provide an important source 600 of information on the origins of cells that harbored DNA thousands years ago, the age of samples at the time of death, and 601 602 the environmental influences. Altogether, analysis of ancient DNA will help us to better understand our world and our role 603 in it.

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034 Tables

035	Table 1.	Difficulties	of working	with anc	ient DNA	and sr	pecialized	methods	develor	bed to	encounter	them.
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Problem	Experimental solutions	Bioinformatics solutions		
Degradation	Improved extraction protocols	Algorithms based on genotype likelihoods rather than a		
	Using NGS approach (<i>catches short DNA fractions</i>)	single best genotype for low coverage genomic positions.		
Base damage	Using DNA Polymerases which does not amplify	Trimming 5-7 bases from read ends		
	through uracil (remove uracil- containing fragments from the reaction)	Counting and excluding $C \rightarrow T$ and $G \rightarrow A$ mutations at ultra-conserved positions		
	Treatment with Uracil-N-glycosylase plus Endonuclease VIII (<i>removes uracil, then repairs</i> <i>abasic sites</i>)	Apparently accelerated evolution on branches leading to ancient samples Comparing frequencies of different classes of transitions in modern-modern and modern-ancient alignments		
	Single-primer Extension PCR (analyses separate DNA strands)			
		Estimation of contamination or divergence based on indels and transversions only, not transitions		
		Exclusion of common ancestor-ancient sample branches from calculation of divergence		
Contamination	Special protocols for sample collection, transport and storage	Exclusion of extremely long reads or alignments (in case of 454 or Sanger sequencing)		
	Special pre-digestion steps (<i>including mechanical</i> and chemical decontamination, short-time pre- incubation)	Phylogenetic correctness (exclusion of reads based on similarity with non-target species; inclusion of reads based on similarity with the target species or a close		
	Independent replication in two labs	relative)		
	PCR-capture with species-specific primers	Conformity to species- or ethnicity-specific variants or haplotypes		
		Unique individual origin of reads from one specimen: homozygosity of X and Y positions in male specimens, absence of Y reads in female specimens, homozygosity of mtDNA positions		
		Absence of haplotypes present mainly in unrelated specimens or research team members		
		Distinguishing mtDNA sequences from NUMTs		

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037 The solutions aimed at one or more of the problems are not mutually exclusive and are often used in combination for better

results. Also, various bioinformatics ideas for tackling contamination and base damage are sometimes integrated into asingle Maximum Likelihood framework for base and genotype calling.

041 Table 2. Software packages, pipelines and tools suitable for aDNA analysis

Program	Short description	Available at
BayesCall	Base calling algorithm for high-throughput short-read sequencing	http://bayescall.sourceforge.net/
AdapterRe moval	Searches and removes remnant adapter sequences from High-Throughput Sequencing data	https://github.com/MikkelSchuber t/adapterremoval
ADMIXT OOLS	A software package that supports formal tests of whether admixture occurred, and makes it possible to infer admixture proportions and dates.	https://github.com/DReichLab/Ad mixTools
ADMIXT URE	Software tool for maximum likelihood estimation of individual ancestries from multilocus SNP genotype datasets	https://www.genetics.ucla.edu/soft ware/admixture/
aLib	Sequencing pipeline for ancient and modern DNA	https://github.com/grenaud/aLib
aLib/ leeHom	Bayesian reconstruction of ancient DNA fragments	https://github.com/grenaud/leeho m
Anfo	Reads mapper similar to Soap/Maq/Bowtie	https://bioinf.eva.mpg.de/anfo/
BEAGLE	Software package that performs genotype calling, genotype phasing, imputation of ungenotyped markers, and identity-by-descent segment detection	https://faculty.washington.edu/bro wning/beagle/beagle.html
BWA- PSSM	Probabilistic short read aligner	http://bwa-pssm.binf.ku.dk/
CutAdapt	Tool to find and remove adapter sequences	https://cutadapt.readthedocs.org
FastQC	Quality control tool for high throughput sequence data	http://www.bioinformatics.babrah am.ac.uk/projects/fastqc/
FreeIbis	An efficient basecaller for Illumina sequencers with calibrated quality scores	https://github.com/grenaud/freeIbi s
GPS	Sample Provenance Predictor	http://chcb.saban- chla.usc.edu/gps/
HAPMIX	Software for identifying ancestry segments in admixed individuals	http://www.stats.ox.ac.uk/~myers/ software.html
MIA	Consensus calling (or "reference assisted assembly"), chiefly of ancient mitochondria	https://github.com/mpieva/mappin g-iterative-assembler
NGSADM IX	Tool for finding admixture proportions from NGS data	http://www.popgen.dk/software/in dex.php/NgsAdmix
NPEST	de-novo TSS prediction	http://link.springer.com/article/10. 1007%2Fs40484-013-0022-2
PALEOM IX	User-friendly package for largely automates the analyses related to whole genome re-sequencing.	https://github.com/MikkelSchuber t/paleomix
reAdmix	Prediction of provenance for individuals of recently admixed origin	http://chcb.saban- chla.usc.edu/reAdmix/
SABER	Reconstructing genetic ancestry blocks in admixed individuals	http://med.stanford.edu/tanglab/so ftware/saber.html
SeqPrep	Stripping adaptors and/or merging paired reads with overlap into single reads	https://github.com/jstjohn/SeqPrep
TSSer	de-novo TSS prediction	http://online.liebertpub.com/doi/a bs/10.1089/omi.2008.0034
TREXML	A maximum likelihood method for inferring phylogenetic trees	No longer distributed
PUZZLE	A maximum likelihood method for inferring phylogenetic trees	http://www.tree-puzzle.de/
NETWOR K	Parsimony method to construct phylogenetic trees and networks	http://www.fluxus- engineering.com/sharenet.htm
TFPGA	Tools for population genetic analysis of allozymes and other molecular markers	http://www.marksgeneticsoftware. net/tfpga.htm
Arlequin	A tool for population genetic data analysis	http://cmpg.unibe.ch/software/arle quin35/
MEGA	A tool for molecular evolutionary genetic analyses (phylogenetic trees, distances, substitution models, etc.)	http://www.megasoftware.net/
GenePop	A tool for population genetic data analysis	http://genepop.curtin.edu.au/
MUSCLE	Multiple sequence alignment	http://www.ebi.ac.uk/Tools/msa/m uscle/
RAXML	A method for maximum likelihood phylogenetic tree reconstruction	http://sco.h- its.org/exelixis/web/software/raxm l/index.html

PAUP	Tools for phylogenetic reconstruction including distance methods, parsimony and maximum Likelihood	http://paup.csit.fsu.edu/
MRBAYE S	Bayesian inference of phylogeny	http://mrbayes.sourceforge.net/
PAML	A tool for maximum likelihood phylogenetic tree reconstruction	http://abacus.gene.ucl.ac.uk/softw are/paml.html
DnaSP	Tools for DNA sequence polymorphism data within and between populations plus tests of neutrality	http://www.ub.edu/dnasp/
BayeSSC	Tool for Bayesian inference based on coalescent simulations	http://web.stanford.edu/group/hadl ylab/ssc/index.html

- 043 Figure legends
- 044 Fig. 1 Location of aDNA finds



047 Fig. 2 Schema of bioinformatics pipeline for aDNA analysis from NGS sequencing



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AUTTCGUGCTGUTTUGACTU AUTTTGUGUTGTTTCGATTU ACUTCGUGUTGUTTUGATTU ACTTGCGTTGCTTGCTTTGATTC ACTTTGCGTTGCTTGCTTTGATTC ACTTTGCGTTGCTTTGATTC ACTTTGCGTTGCTTTGATTC

aDNA Bisulphite Conversion Cytosine to Uracil



