

REVIEW

The role of amyloidogenic protein oligomerization in neurodegenerative disease

Gregor P. Lotz · Justin Legleiter

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Abstract A common pathological hallmark in many neurodegenerative diseases, including Alzheimer's disease, Parkinson's disease, and Huntington's disease, is the formation of fibrillar protein aggregates referred to as amyloids. The amyloidogenic aggregates were long thought to be toxic, but mounting evidence supports the notion that a variety of amyloid aggregate intermediates to fibril formation, termed oligomers, may in fact be the primary culprit leading to neuronal dysfunction and cell death. While amyloid formation is a complex, heterogeneous process, aggregates formed by diverse, diseases-related proteins share many conformational similarities, suggesting common toxic mechanisms among these diseases. Ideally, similar therapeutic strategies may be applicable. This review focuses on the potential role of amyloidogenic oligomers in neurodegenerative disease, highlighting some promising therapeutic strategies.

Keywords Amyloidogenic oligomers · Neurodegenerative disease · Alzheimer's disease · Parkinson's disease · Huntington's disease · Therapeutic strategies

Introduction

Most neurodegenerative diseases, including Alzheimer's disease (AD), Parkinson's diseases (PD), Huntington's disease (HD), amyloidoses, α 1-antitrypsin deficiency, and the prion

encephalopathies, are associated with extracellular or intracellular proteinaceous aggregates [1, 2]. These aggregates are predominately comprised of extended, β -sheet-rich fibril structures that share several biochemical/biophysical properties, commonly referred to as amyloids. Many factors, including mutations, increased concentration, environmental stresses, or aging, can trigger amyloid protein aggregation [3]. While there is no apparent correlation between amyloid-forming proteins in size or primary amino acid sequence, the common structural motif associated with protein deposits of each disease may indicate a conserved mechanism of pathogenesis associated with these phenotypically diverse diseases. While sometimes a specific mutation or dysfunctional process can be attributed to amyloid formation, the character and location of protein aggregates *in vivo* highly depends on the amyloids aberrant interaction with the proteome network.

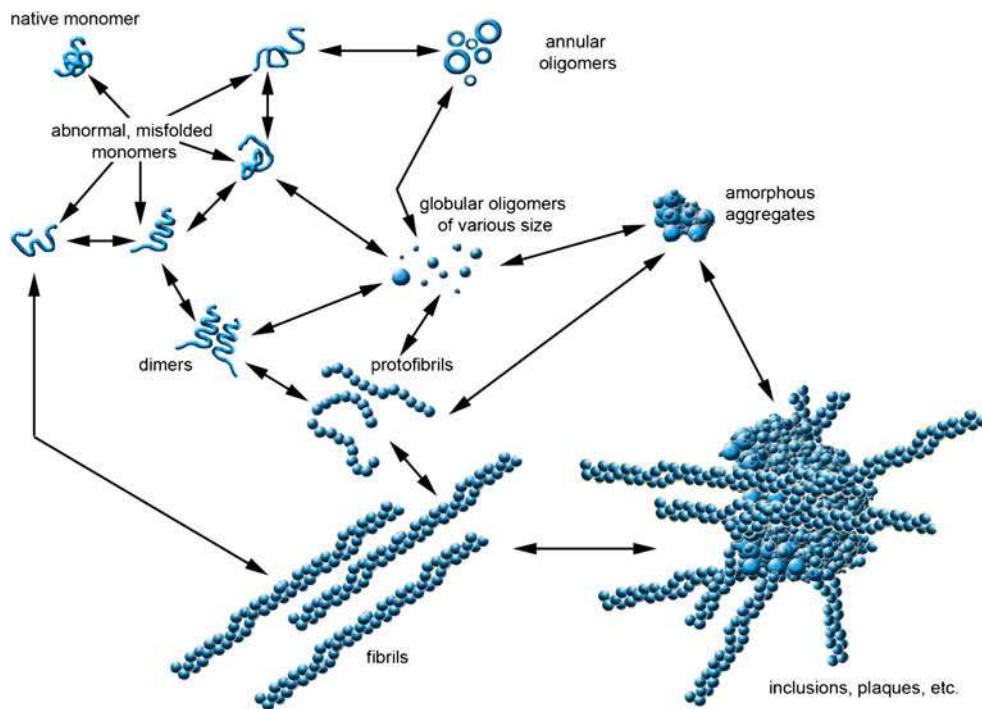
Amyloid formation occurs via a variety of complex aggregation pathways. Misfolded or partially abnormal protein conformations initially form, leading to aberrant interactions and a heterogeneous mixture of intermediate aggregate structures such as dimers, a variety of oligomers, and protofibrils (Fig. 1) [4–6]. Protofibrils show amyloid-like structures with elongated, filament-like morphologies and are late-stage intermediate precursors on the pathway to fibrillar amyloid formation. Using high resolution microscopic techniques, oligomers have been detected in multimeric states mostly with globular, spherical morphologies [7]. Oligomers vary in size, ranging from dimers and trimers to much larger aggregates [8–10]. A variety of aberrant structures and conformations are also observed that are off-pathway to amyloid formation, including annular aggregates of various size [11, 12].

While protein aggregation is a common feature of these diseases, the exact role of the aggregates and their relative importance is not fully elucidated. A common objection to the importance of protein deposition in these diseases is that often the number of plaques or inclusions does not correlate well with symptoms. There is evidence that fibrillar aggregates

G. P. Lotz (✉)
Novartis Institutes for Biomedical Research Novartis Pharma AG,
Basel, CH 4002, Switzerland
e-mail: glotz54@gmail.com

J. Legleiter (✉)
The C. Eugene Bennett Department of Chemistry, Center
for Neuroscience, Robert C. Byrd Health Sciences Center,
West Virginia University, 217 Clark Hall,
Morgantown, WV 26506, USA
e-mail: Justin.Legleiter@mail.wvu.edu

Fig. 1 Generic aggregation scheme for amyloid-forming proteins. Fibrillization can proceed via several potential pathways that can populate various intermediate aggregate states, including oligomers and protofibrils. These pathways are not necessarily mutually exclusive. Off-pathway aggregates, annular aggregates for example, may also form. These aggregates eventually accumulate to form the hallmark amyloid plaques or inclusions associated with each disease. For any given amyloid-forming protein, the aggregation process can vary considerably depending on protein properties, modifications, or environment



associated with neurodegenerative disease are toxic [13–18]; however, increasing evidence suggests that, rather than being pathogenic, fibrillar aggregates may be inert or potentially protective. For example, older individuals without clinical symptoms of AD often have amyloid aggregates present in the brain [19], and correlation between disease severity and A β neuritic plaque density is poor [20, 21]. However, the concentration of soluble forms of A β correlates much better with cognitive impairment [22–24]. In PD, neuropathological analyses suggest that Lewy body (inclusions containing mainly the protein α -synuclein) formation preferentially occurs in healthier neurons in comparison with adjacent cells that lack inclusions [25]. In HD, the relationship between amyloid-like inclusions and pathology is controversial because of several observations. Massive cellular degeneration is observed in the striatum along with the appearance of intracellular aggregates comprised of mutant huntingtin (mHtt) containing an expanded polyglutamine (polyQ) domain; however, the cerebral cortex displays moderate degeneration with typically a much larger number of aggregates [26]. Even within the striatum, medium spiny neurons are selectively lost in HD compared to large interneurons, but the interneurons typically have a larger aggregate load [27]. In cell culture models of mHtt toxicity, there is poor correlation between inclusion body formation and toxicity [28]. In a classic study using live cell imaging to track the fate of individual neurons in culture, cells expressing similar levels of mHtt were more likely to survive if inclusion bodies formed compared with cells in which mHtt remained diffuse [29]. While correlation between the inclusion body formation and cell survival suggests a protective role for sequestering mHtt species into larger aggregates, the exact

nature of toxic species within diffuse mHtt is not fully understood. Without further analysis of the diffuse population of mHtt, the correlation with cell death does not necessarily lead to causation. Clarifying the controversial relationship between amyloid-like deposits with pathology in HD is difficult as most studies use only a small fragment of the entire Htt protein. While the precise fragment of mHtt that accumulate in HD are unknown, a recent study demonstrated that N-terminal fragments similar to exon1 are detected in knock-in mouse models of HD that express full-length Htt [30], and fragments slightly larger than exon1 have been detected in HD patients [31, 32], providing rationale for the use of exon1 as a model system. Collectively, these studies suggest that while some fibrils may possess toxic properties, another aggregate form may play a larger role in disease progression.

Another important aspect for toxic aggregate formation of mHtt are, besides the expanded polyQ domain, the flanking regions directly adjacent to the polyQ domain. Mutations of flanking serines 13 and 16 with either aspartate (phosphomimetic or SD) or alanine (phosphoresistant or SA) in a transgenic HD mice model expressing full-length mHtt, differentially resulted in alterations in pathogenicity [33]. SD mutations abolished selective neurodegeneration in mice with a reduction of inclusion formation, whereas the SA mutations preserved HD-like phenotype in mice and large inclusions were observed. Further, *in vitro* analysis of aggregation of Htt exon1 fragments containing either the SD or SA mutations demonstrated that the SD mutation retards aggregation while SA mutations accelerate

aggregation [33]. At first glance, this study would seem to be at odds with previous studies claiming a protective role for inclusion body formation; however, the SD mutations appear to promote a polymorphic aggregate form. Such an aggregation pathway may circumvent specific toxic species; therefore, negating the need to sequester diffuse Htt species. Further, in vitro aggregation studies of Htt exon1-like peptides containing phosphoryl-Ser residues at positions 13 and 16 further support reduced aggregation rates and atypical aggregate morphologies associated with these mutations [34].

While understanding of the exact toxic entity associated with protein aggregates in these diseases is still incomplete, concerns must be raised in regard to therapeutic strategies aimed at manipulating the aggregation pathway and/or clearing pre-existing protein deposits. For example, if an oligomeric aggregate is the most relevant toxic species for a particular disease, any strategies that remove fibrils in such a way that the pool of oligomers is augmented could very well be counterproductive. As some studies indicate that large inclusions may play a protective role by sequestering diffuse aggregates, the possibility that promoting the formation of large inclusions, while bypassing the formation of quickly sequestering oligomers, may have therapeutic benefit. In this regard, a compound that promotes inclusion formation in cellular models of HD and PD was shown to reduce cellular pathology, further supporting a potential protective role for inclusion formation [35]. Additional studies are required to further elucidate the complex relationship between protein aggregation and toxicity.

Several studies support the notion that small, diffusible oligomers might be the primary culprits in neuronal dysfunction and cell death. For example, soluble A β oligomers microinjected into rat hippocampus inhibit the late phase of long-term potentiation [36, 37]. Distinct toxic oligomers of A β have been identified, including ADDLs [38] and A β *56, a specific nonfibrillar, dodecameric A β assembly [39]. A β *56 caused memory deficits in hAPP mice (Tg2576) and when infused into the brains of NTG rats [39]. Furthermore, neurons with detection of low-molecular-weight conformational states of mHtt using specific antibodies strongly correlated with neuronal death [40], suggesting that monomers and possibly small oligomers may represent important toxic species. Interestingly, there is a correlation of mHtt aggregation and disease progression with polyQ length [41, 42], and it has been demonstrated that the formation of mHtt oligomers is polyQ length dependent [43, 44]. Importantly, oligomers of mHtt are detected in a variety of cellular and mouse models [45, 46]. Lentiviral infection of dopaminergic neurons in the substantia nigra of rats with mutated α -synuclein that forms oligomers were associated with significantly greater dopaminergic loss compared with fibril-forming mutants, demonstrating α -synuclein oligomer toxicity in vivo [47]. Further evidence of the “oxic oligomer” hypothesis is provided by

the finding that a single monoclonal antibody recognizes a common conformational epitope found in several disease-associated oligomers, including A β , α -synuclein and polyQ-containing peptides [48]. Interestingly, pre-incubation of anti-oligomer antibodies with these oligomers blocks toxicity when applied to cultured cells, indicating that oligomeric structures formed by distinct disease proteins might confer toxicity through a similar mechanism [48].

Structural heterogeneity in oligomers and their formation/stability

Much is known concerning the structure of fibrils, as they share a common cross- β structure [49]; however, variability in the packing of intermolecular β -sheets can lead to distinct amyloid fibril morphologies, even for the same protein, giving rise to distinct fibril polymorphs [50]. Fibril polymorphs are observed for A β [51], calcitonin [52], amylin [53], insulin [54–56], and lysozyme [57]. Presumably, these polymorphic fibrils will form from distinct aggregate intermediates, adding to the heterogeneity of protein oligomers [58].

Compared to fibrils, the structural variety of oligomers is less well understood. Characterization is made difficult by oligomers typically occurring as metastable states that readily convert into more favorable conformations; therefore, structural analyses of oligomers often requires trapping these metastable intermediates [59]. There are A β oligomers comprised predominately of random coil [60], and there are A β oligomers that exhibit high β -sheet content [49, 59, 61]. Such findings suggest that oligomerization represent a polymorphic state. Antibodies specific for generic oligomeric epitopes have been developed for at least two distinct types of amyloid oligomers, classified as fibrillar and prefibrillar [58]. A β prefibrillar oligomers can further be classified using monoclonal antibodies into several more structural polymorphisms [16]. A factor that contributes to the formation of specific oligomers in vitro is variations in preparation protocols [58, 62]. However, oligomer heterogeneity can occur within the same sample for some proteins and preparations [43, 63]. In the case of expanded polyQ aggregation, associated with diseases like HD, adjacent flanking sequences have profound impact on the ability to form oligomeric aggregates [44, 64, 65]. The ability to form structurally distinct and varied oligomer species is important because different oligomer structures may exhibit different biological effects [58, 66, 67].

Polymorphic protein conformations and aggregates may play a particularly important role in prion diseases. Prion diseases are associated with the induced misfolding of a normal cellular form of the prion protein (PrP^C) by the presence of an infectious disease-related form of a prion protein (PrP^{Sc}) [68, 69]. Based on characteristic incubation periods and neuropathological profiles associated with serial

passages of PrP^{Sc} isolates from mice, there are distinct metastable strains of PrP^{Sc} [70]. The basis of this strain effect is likely a feature of the biochemical properties of PrP^{Sc}, which can be related to its ability to form polymorphic aggregate species. Studies on transmissible mink encephalopathy (TME) first indicated the strain phenomenon as a single isolate of TME resulted in two distinct laboratory strains [71], and these distinct phenotypes are related with differences in the protease-resistant core fragment size of PrP [72]. Since these initial observations, correlations between the biochemical properties of PrP^{Sc} and clinical phenotypes of a variety of prion diseases have been reported [73–75]. Several other amyloid-forming proteins may have prion-like infectious properties, including A β [76–78], tau [79], and α -synuclein [80, 81], and such a phenomenon appears to play a critical role in cell to cell translation of the disease state [82–85]. Several small molecules and cocktails of these molecules have been identified that appear to reverse the formation of polymorphic aggregates associated with prion-like capabilities [86, 87], providing a potential strategy to interfere with cell to cell transmission of disease.

Toxic mechanisms

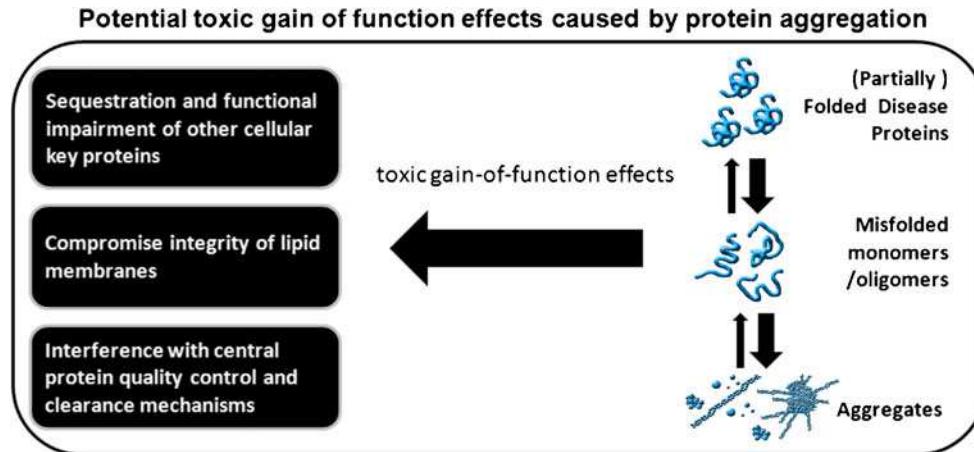
Amyloid-associated diseases appear to predominantly result from toxic gains of function [88, 89]. Several hypotheses are under intensive investigation (Fig. 2). One prominent hypothesis is that amyloidogenic oligomeric aggregates contain exposed hydrophobic sites that facilitate aberrant interactions and sequestration of other proteins, impairing their function [1, 90]. Another hypothesis is that amyloidogenic oligomers exacerbate general protein folding defects via direct interference with central protein quality control and clearance mechanisms [91–93]. A third hypothesis states that amyloidogenic oligomers compromise the integrity of lipid membranes [11]. While evidence supports all of these hypotheses, as will be

discussed below, these mechanisms are not mutually exclusive and may act synchronistically.

Sequestration and functional impairment of other cellular key proteins

Many cell regulatory proteins co-localize in pathological protein aggregates, suggesting that aggregation of disease proteins sequesters other important housekeeping proteins, disabling their key functions including transcription, translation, trafficking, redox-homeostasis, and cytoskeletal organization [1, 90]. For example, mutated polyQ oligomers aberrantly interact with other functional proteins with polyQ-rich domains, including the transcriptions-factors CBP, TBP, and Sp1, impairing their function [94, 95]. While this may explain the complexity associated with polyQ-mediated toxicity, it does not explain the aggregation and/or sequestration of other key cellular or disease proteins lacking these domains. A possible hint comes from α -synuclein which seems to preferentially exist in a metastable native conformation for functional flexibility; however, mutations or increased levels of α -synuclein lead to pathogenic self aggregation [96–100]. Interestingly, α -synuclein is also sequestered and colocalized with A β , tau, and Htt aggregates, suggesting that α -synuclein is particularly vulnerable to co-aggregation due to its metastable structure [101–103]. This hypothesis is supported by a recent quantitative proteomic study that analyzed the interactome of amyloidogenic oligomers in human cells, demonstrating that endogenous, metastable proteins are particularly vulnerable to sequestration by amyloidogenic oligomers [104]. Most of these proteins are large in size, unstructured, and show diverse functional flexibility to act as relay-proteins in cell regulation and signaling. Although this study used artificial amyloid-structured proteins, a range of prefibrillar aggregation intermediates are populated with potential toxic properties such as ANS-binding hydrophobic

Fig. 2 Potential mechanisms for toxic gain of function associated with protein aggregates



surfaces and A11 anti-oligomer reactivity. These observations potentially explain the multi-factorial and severe toxicity associated with intracellular amyloidogenesis [105]. However, it still remains unclear whether widespread aberrant interactions with metastable proteins are engaged by protofibrils with flexible hydrophobic surfaces, unpaired backbone structures, or by advanced amyloid-structures with stable cross- β cores. It is also an open question whether oligomers formed on a non-amyloidogenic aggregation pathway show similar interaction and sequestration properties.

Interference with central protein quality control and clearance mechanisms

An interesting correlation appears to exist between age-dependent decline in protein quality control systems, the generally observed late-onset of protein-conformational brain diseases, and the sequestration of components of the degradation and protein quality control systems [91–93, 106, 107]. The irreversible co-localization of the proteasome, molecular chaperones and/or other components of protein quality control mechanisms indicate that, beyond simply responding to amyloidogenic protein, these systems become overwhelmed with age [106, 107]. Trapped quality control factors decrease efficient clearance, which is particularly relevant as overall capacity shrinks with aging. Resulting in a vicious cycle, the down-regulation of protein quality systems accelerates the onset of conformational diseases and has an age-dependent effect on protein homeostasis. For example, the expression of expanded polyQ protein results in the loss of function of a diverse set of metastable proteins [93]. Interestingly, these metastable proteins are not colocalized with the polyQ proteins suggesting that, rather than a direct interaction, misfolded polyQ proteins impact these proteins indirectly by impairing factors that stabilize protein homeostasis. Although this observation is in contrast to the direct toxic sequestration hypothesis, both gain of toxic function are not mutually exclusive and may act in parallel.

Evidence that multiple factors can cause toxicity is demonstrated in studies with molecular chaperones an important protein family to stabilize protein homeostasis. Oligomers can directly interact with molecular chaperones, impairs their function, and become sequestered into aggregates [108, 109], suggesting a direct toxic sequestration-based mechanism. However, decreased chaperone levels and reduced expression activity are observed in patients with neurodegenerative diseases due to HSF1 dysregulation, the major transcription factor for stress-inducible molecular chaperones [110, 111]. These studies indicate a transcriptional impairment of cellular quality control by misfolded proteins rather than an overloading/sequestration-based mechanism.

Additional cellular systems that preserve protein homeostasis are the autophagy and the ubiquitin-proteosome system (UPS), two important protein degradation systems [91]. Misfolded mHtt impairs cellular ubiquitin-proteosome activity in mouse models of HD prior to inclusion body formation [112], raising the possibility that amyloidogenic Htt oligomers in the cytosol interfere with ubiquitin-proteosome activity before localizing into inclusions. Failure in cargo recognition might be responsible for inefficient macroautophagy in HD cell and animal models [113].

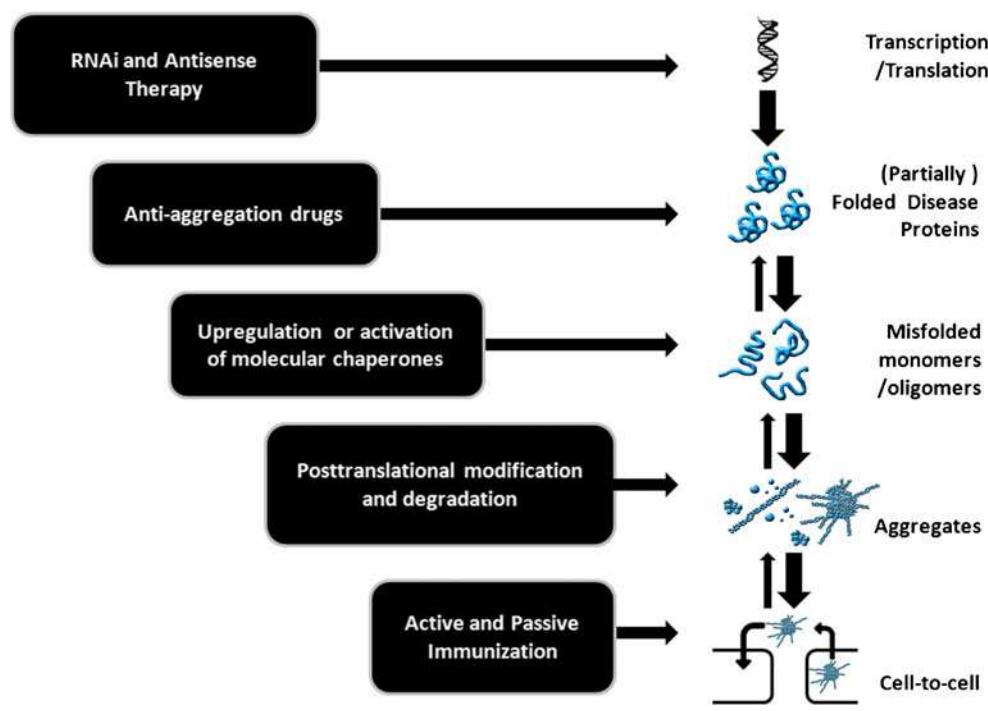
Compromised integrity of lipid membranes

Based on experiments with model membranes, growing evidence supports the notion that absorption of amyloids modifies membrane properties and lipid order, affecting the activities of specific membrane proteins and possibly disrupting membrane integrity [5, 11, 114–116]. Oligomeric assemblies of several amyloid-forming proteins interact with phospholipid bilayers, modifying membrane structure and ion permeability [117]. While the underlying mechanism remains unclear, it appears that anionic lipid membranes can preferentially induce amyloid formation and toxic aggregation [117–119]. This is supported from observations in Alzheimer's disease patients where high level of anionic phospholipids in the neuronal membranes are detected [120]. Another membrane associated hypothesis concerning a potential toxic mechanism is that amyloid-forming proteins form unregulated, membrane-spanning pores or channels. A sub-population of early, ring-shaped protein oligomers that penetrate the cell membrane, resulting in non-specific pores, has been observed to form from a variety of amyloid-forming proteins [5, 11, 121]. For example, in vitro aggregation studies performed with A β , α -synuclein, ABri, ADan, serum amyloid A, and amylin demonstrated the formation of ion-channel-like structures that elicit single ion-channel currents [122]. However, the in vivo detection of such structures remains to be demonstrated, and the cellular defects associated with protein aggregation are so complex that it is difficult to attribute them to non-specific membrane dysfunction alone [105].

Targeting oligomers for therapeutic purposes

Modulation of amyloid aggregation has achieved beneficial therapeutic effects in some cellular and preclinical animal models of neurodegenerative diseases, suggesting such approaches may eventually become a medically significant strategy for treatments (Fig. 3). Here, we briefly discuss potential therapeutic strategies targeting the aggregation pathway to inhibit formation of toxic oligomeric aggregates

Fig. 3 Potential therapeutic strategies with specific targets indicated based on aggregation state



Lowering disease protein level by RNAi and antisense therapy

The manifestation of polyQ diseases has been reversed by blocking the mutant protein expression in conditional mice models [123, 124], suggesting that the reduction of the causative amyloidogenic protein level provides a promising aggregation and disease-modifying strategy. Two oligonucleotide approaches based on RNAi and antisense oligonucleotides are under intensive investigation to intervene directly with the production of amyloid-proteins [125]. Challenges to both approaches are the selective and potent suppression of the causative proteins and local delivery of the oligonucleotides into the brain [125]. For example, current oligonucleotide-based approaches in HD models are not selective enough to target the mutant alleles with CAG repeat expansions. On the upside, viral delivery of inhibitory shRNA into striatum of HD transgenic mice models resulted in robust, but not complete suppression, of mutant and wild-type Htt mRNAs and strikingly rescued most aspects of pathology [126]. These are important findings because partially silencing nonallele-specific Htt might be sufficient to avoid side-effects and to improve HD pathology despite significant suppression of wild-type Htt. To optimize delivery of oligonucleotides into the brain, preclinical studies in animal models of HD have confirmed that direct CNS administration in saline or in a viral package is a promising approach to silence the mutant protein and ameliorate neuropathology [125]. Taken together, selective and potent oligonucleotides combined with sufficient delivery

into the brain and the development of quantitative assays to evaluate and monitor target activity are key for translational success. Successful proof-of-concept studies in patients would have far reaching implication for the treatment of protein-conformational disease.

Anti-aggregation drugs

Another promising approach to target protein aggregation is the identification of small molecules that inhibit and/or reverse the formation of toxic oligomers. Several compounds that directly affect aggregation have been identified [109, 127–131]. Some stabilize native conformations, others prevent abnormal β -sheet formation (β -sheet breaker) or interact directly with mature fibrillar structure resulting in their destabilization and disassembly. However, most of these compounds have been demonstrated to be ineffective *in vivo*. This disappointing outcome might be due to lack of quantitative methodologies to detect toxic oligomers *in vivo* leading to insufficient pharmacodynamic read-out on the right oligomeric target. Another explanation might be that some of the formed aggregates are the wrong targets and are not associated with the disease pathway. A less specific and less selective compound methylene blue modulates aggregation of A β and has shown promising results in a Phase II clinical trial for Alzheimer's disease [132]. Arguably, the most promising results for effective small molecules treatment of amyloid aggregation have been obtained for transthyretin familial amyloid polyneuropathy, a rare but

fatal neurodegenerative disorder characterized by progressive sensory, motor and autonomic impairment [130, 133]. Pathogenic mutations in the transthyretin (TTR) protein lead to destabilization of its tetrameric structure and subsequent formation of amyloid aggregates [130]. Tafamidis (Pfizer), a small-molecule inhibitor, binds selectively to TTR and stabilizes the tetrameric structure, reducing pathology and significantly slowing down disease progression in patients. It has already been approved by the European Commission for the treatment of the disease, and it is currently under review by the FDA [133].

Posttranslational modification and clearance

Another interesting therapeutic approach is to target post-translational modification of amyloids needed for degradation. Modified sites by acetylation, phosphorylation, sumoylation, ubiquitination, and palmitoylation are detected in several disease proteins and seem to play an important role in protein aggregation. Therapeutic modulation of these sites may avoid aggregate formation and may increase degradation of toxic proteins. For example, acetylation of mHtt facilitates its trafficking to autophagosomes and improves clearance by macroautophagy [134]. The CREB binding protein (CBP), a histone acetyl-transferase, increases mHtt acetylation [135], whereas HDAC1, a histone deacetylase, strongly decreases its acetylation. Therefore, targeting acetylation may be an interesting mechanism that promotes degradation of mHtt by autophagy. Similar approaches might be interesting for other diseases. In AD, the abnormal acetylation and phosphorylation of tau protein accelerates its aggregation [135–137] leading to loss of its function and gain of toxic functions. Interfering with these posttranslational modifications might ameliorate disease progression.

Upregulation and activation of molecular chaperones

Most amyloidogenic aggregates also sequester molecular chaperones, a protein family that assist in folding, re-folding, stabilization and processing of client proteins including misfolded proteins in neurodegenerative diseases. Molecular chaperone modulation has achieved remarkable therapeutic effects in some cellular and preclinical animal models of protein-conformational diseases [109], raising hope for chaperone-based therapeutic strategies. Today, the best characterized drugs inhibit Hsp90/HSPD function and target its ATP-binding domain. Blocking ATP hydrolysis causes degradation of client proteins but also induces the cell-protective cellular stress response, which includes general chaperone expression [131, 138]. Both strategies are being considered for treating neurodegenerative diseases. For example, HSPD inhibition protects

against α -synuclein and other amyloidogenic protein toxicity [139, 140] via stress response and increased levels of other chaperones including Hsp70 and Hsp40 members (HSPA8 and DNAJB1) [138, 140]. Also, mHtt protein is a Hsp90 client, and ATP-site inhibitors disrupt the HSPD-mHtt interaction, inducing mHtt clearance via the UPS [141]. However, drugs that target chaperone core sites, such as the ATP-binding pocket, could cause undesirable side-effects, narrow the therapeutic window, and limit translation into the clinic. Thus, other interesting chaperone targets are worthy of consideration. The chaperonins, small Hsps, Hsp70, and Hsp40 members are all effective in inhibiting protein aggregation and ameliorate pathology [108, 142, 143]. For example, the Hsp40 members, DNAJB1 and DNAJB6, inhibit the aggregation and toxicity of mHtt [108, 144]. DNAJA1 overexpression facilitates the degradation of Tau, and DNAJB1 inhibits Tau aggregation [145–147]. As a result, specifically targeting Hsp40s appears to be a promising strategy to intervene therapeutically in protein-conformational disorders.

Active and passive immunization

Active and passive immunization strategies have been successfully used to prevent amyloid aggregation in several neurodegenerative disease models, including AD, PD and prion diseases [123]. For example, AD transgenic mice were actively immunized against $\text{A}\beta(1-42)$ by administration of synthetic peptides [124]. These mice did not develop $\text{A}\beta$ aggregates and showed reduced pathology [124–126]. Passive immunization has also been successfully applied by injection of antibodies against $\text{A}\beta$ leading to reduced aggregate load and pathology [127]. This promising result suggests that applied antibodies can cross the blood/brain barrier and bind to amyloids. Thus, both therapeutic strategies, passive and active immunization, have entered clinical trials to remove extracellular cerebral $\text{A}\beta$ amyloid in patients with AD [128, 129]. Although 6 % of the patients in these trials developed severe cerebral inflammation, a significant reduction in amyloid burden was detected and a decline on cognitive malfunction on follow up studies of 30 patients observed. Although these results give hope that immunotherapy is a useful strategy to treat amyloidogenic diseases, more investigation is necessary as recent clinical trials using $\text{A}\beta$ -targeting monoclonal antibodies (mAbs) have revealed (bapineuzumab—Wyeth and Elan; solanezumab—Eli Lilly; gantenerumab—Roche, etc.). For instance, the application of bapineuzumab initially showed a positive response in apoE non-carriers, but subsequent trials in apoE4 carriers were halted due to lack of effect [148, 149]. Passive immunization trials with solanezumab have been promising (LY2062430; Eli Lilly) (www.clinicaltrials.gov). Although solanezumab also failed to meet its primary and functional end points, pooled data from phase III clinical trials demonstrated a small,

statistically significant decrease in cognitive decline (Galimberti et al. 2013). As trials for both of these drugs were performed with patients in late stages of AD, it may have been too late to effectively intervene in the disease via passive immunization. However, non-invasive and quantitative imaging methods of aggregates using improved specific PET ligands have been developed, allowing for better and earlier detection of aggregate species [131]. In combination with the development of selective and potent conformation-specific antibodies and optimized brain uptake, e.g. via transcytotic target receptors [130], antibodies administration at pre-manifest disease stages might be the potential therapeutic strategy to trigger pharmacodynamic Parkinson's disease changes on amyloidogenic protein aggregates that translates into meaningful effects on protein fate and downstream neurophysiological and clinical effects. Notably, an anti-A β antibody was also shown to alter CNS levels of A β when administered peripherally without crossing the blood/brain barrier, leading the peripheral sink hypothesis that states that circulating antibodies sequester A β , resulting in an increased efflux of A β from the CNS [132].

Another alternative immunization approach, beside A β -targeting antibodies in AD, is the development of antibodies generated against targets involved in the APP processing. Here, the most prominent target is BACE-1 and its inhibition leads to decreased A β level and improved clinical symptoms in vivo [150]. A recent study has shown that a coding mutation (A673T) in the APP gene protects against AD [151]. Interestingly, this substitution is adjacent to BACE-1 cleavage site in APP, and results in an approximately 40 % reduction in the formation of amyloidogenic peptides in vitro [151]. The strong protective effect of the A673T substitution against Alzheimer's disease provides proof of principle for the hypothesis that reducing the BACE-1 cleavage of APP and therefore, lowering the level of amyloidogenic A β may protect against the disease.

Finally, evidence is growing that several misfolded protein pathologies can spread and cause non-cell autonomous damage [133, 134]. If this hypothesis can be confirmed in patients, active and passive immunization might be an effective therapeutic strategy to halt disease progression and to modify these fatal diseases.

Concluding remarks

Drugs targeting protein aggregation in the CNS have many challenges in common with other CNS drugs, most importantly, getting across the blood/brain barrier, proof of efficacy, safety and tolerability. Neurodegenerative diseases generally show slow progression rates and therefore age-dependent changes in protein quality control mechanisms have to be taken into account when selecting patients for

proof-of-concept studies. Exposures of therapeutic antibodies or small molecules in brain should suffice to trigger pharmacodynamic Parkinson's disease changes on the misfolded protein that translate into meaningful effects on its fate, be it stabilization, functional recovery, or clearance, and its downstream neurophysiological and clinical effects.

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