

Fig. 2. A 60GHz phased-array-based FD backhaul mesh network can support up and down links simultaneously on the same channel, improving spectral efficiency and reducing latency.

conductivity modulation.

## II. MILLIMETER-WAVE FULL-DUPLEX APPLICATIONS

### A. Millimeter-wave FD Backhaul

Backhaul is one of the least addressed bottlenecks of future 5G wireless communication. Rapid growth of mobile data traffic in 5G wireless communication networks will bring great capacity pressure on the backhaul. Therefore, connecting 5G base stations to other 5G base stations and the network through low-latency, cost-effective backhauling mechanisms with fiber-like throughput is essential [14]. Fiber is the dominant technology for backhaul due to virtually unlimited capacity and link distance but it is hard and costly to deploy. Therefore, bringing fiber to every 5G small cell looks prohibitively expensive [15]. On the other hand, E-band microwave backhaul has been explored in the recent years as a cost-effective method to deliver Gbps throughput. However, it uses two different bands for simultaneous uplink and downlink (effectively FDD between 71-76GHz and 81-86GHz through the use of waveguide diplexers), and high-gain Cassegrain antennas to support extremely long link ranges in adverse weather conditions, resulting in static links and networks that require careful alignment. In the recent past, there has been interest in phased-array-based backhaul in the unlicensed 60GHz band over shorter distances between densely deployed base stations (Fig. 2) [16]. Phased arrays reduce installation costs and enable interference mitigation. Simultaneous uplink and downlink is necessary to reduce latency, and FD operation would enable such operation using a single frequency band.

### B. Millimeter-wave Small-cell 5G Base-Stations

Millimeter-wave small-cell 5G base-stations are envisioned to increase coverage in dense areas and will need to communicate with multiple users simultaneously in uplink and downlink. Although the multiple users will occupy adjacent channels in the same band, the techniques developed in the context of FD for front-end transmitter-receiver (TX-RX) isolation will be important. For example, a fully-integrated low-loss, high isolation circulator with high power handling capability would be useful to share a single antenna between

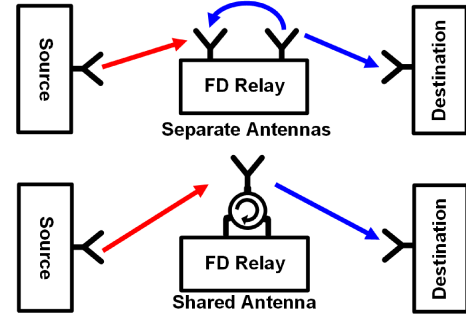


Fig. 3. Millimeter-wave FD relaying with separate TX and RX antennas or shared antenna with a millimeter-wave circulator.

TX and RX while eliminating the need for high-quality millimeter-wave diplexers.

### C. Millimeter-wave FD Relaying

Propagation loss is one of the main disadvantages of millimeter-wave wireless communication. Due to high propagation and absorption losses at high frequencies, the wireless link range is limited. To extend the link range as well as improve link margin, it would be useful to use relay nodes between sources and destinations [17]. However, traditional relay nodes are half-duplex (HD) and therefore have poor spectral efficiency or introduce unwanted latency in the network depending on whether FDD or TDD is used. Millimeter-wave FD relay nodes (depicted in Fig. 3) can be employed to extend the millimeter-wave link range, with significant spectral efficiency or latency improvement over existing HD relays. FD millimeter-wave relays can employ either separate antennas for TX and RX or a single antenna (Fig. 3). For the latter, a millimeter-wave circulator is required.

### D. FMCW vehicular radar

One remaining problem in FMCW automotive radars is the TX-to-RX SI which is usually referred to as spillover. Spillover can result from on-chip coupling, limited isolation between the antennas or in the circulator, and from first reflections arising from the vehicle's fascia or from dirt or mud covering the antenna. The spillover power at the RX input can be much higher than the power reflected by targets that the radar aims to detect [18]. SI suppression techniques developed for millimeter-wave FD can also be adopted in automotive radars to solve the spillover problem. Additionally, another open problem in automotive radars is the design of fully-integrated low-loss circulators with high isolation to replace passive quasi-circulators (such as hybrids which have a theoretical loss of 3dB, typically 4dB) used at the shared-antenna interface.

### E. Millimeter-wave FD wireless links for VR Headsets

Head-mounted displays create a virtual reality experience by projecting high quality video (e.g. 2160 x 1200 resolution) to each eye at a high frame rate (e.g. 90Hz) [19]. The video streams require very high data rate (approaching 20Gbps for emerging VR headsets) and need to be delivered with very low latency (less than 5ms) to prevent an adverse user experience

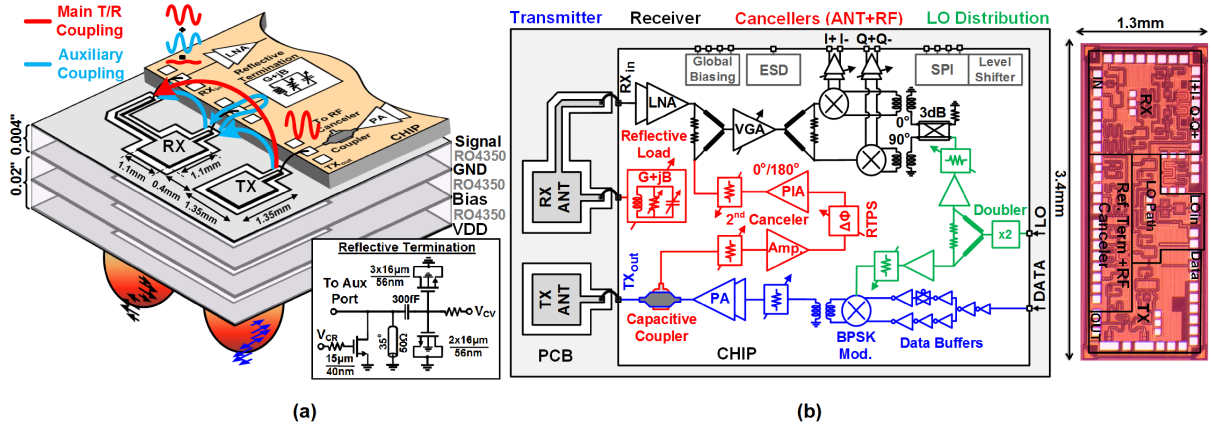


Fig. 4. (a) Polarization-based reconfigurable antenna cancellation concept and (b) the 60GHz SOI CMOS FD transceiver block diagram and chip photo.

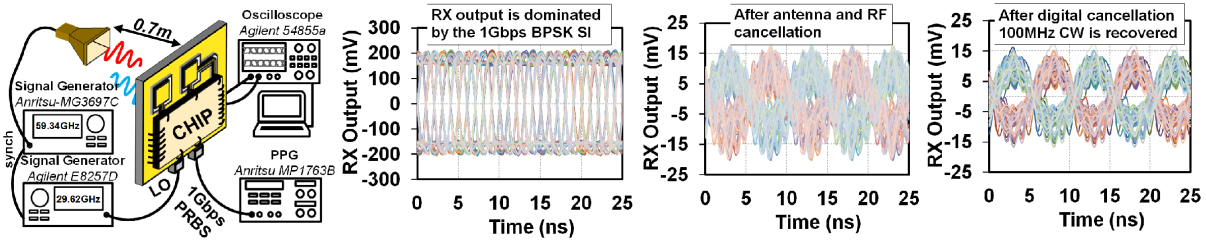


Fig. 5. 60GHz full-duplex link setup and demonstration.

(e.g. VR sickness) [20]. For a smooth VR experience, a huge amount of data has to be sent back and forth between the computer, the headset and the positional tracker, requiring bi-directional communication to close the feedback loop [19]. Millimeter-wave full-duplex wireless links have the potential of delivering high speed data with low latency and therefore can be a promising solution to cut the cord of VR headsets.

### III. 60GHz 45NM SOI-CMOS FULL-DUPLEX TRANSCEIVER

Recently, we reported the first FD transceiver which merges millimeter-wave with full-duplex [11], [12]. In our transceiver, a novel reconfigurable polarization-based antenna cancellation technique is proposed to enable millimeter-wave FD operation (Fig. 4(a)). As the RF signal is converted into an electromagnetic wave, polarization becomes another degree of freedom which can be leveraged. Our polarization-based antenna cancellation technique first employs a co-located transmit (TX) and receive (RX) antenna pair with orthogonal polarizations to reduce inherent TX-to-RX coupling, improving the initial isolation to 32-36dB over 54-66GHz based on simulations. Additionally, an indirect coupling path between TX and RX is created by introducing an auxiliary (AUX) port on the RX antenna that is co-polarized with the TX antenna. The AUX port is terminated with a high-order reconfigurable reflective termination that is integrated on the IC to achieve wideband self-interference (SI) cancellation at the RX port. The reflective termination reflects the coupled signal at the auxiliary port back into the antenna to the RX port to cancel the self

interference at the RX input. An SI suppression of more than 50dB is achieved over 8 GHz bandwidth in simulation. The reflective termination is electronically programmable to maintain the high level of SI suppression even in the face of a changing EM environment.

Fig. 4(b) shows the architecture of our 45nm SOI CMOS 60GHz FD transceiver IC and its chip microphotograph [12]. It is a direct conversion BPSK transceiver consisting of five main parts: on-PCB T/R antenna pair with the polarization-based antenna cancellation, transmitter, receiver, a second RF canceller and LO distribution. The second RF cancellation path from the transmitter output to the LNA output with >30dB gain control and >360° phase control (and a group delay of ≈93ps over 56-62GHz) is employed to further suppress the residual SI. In conjunction with digital cancellation in MATLAB, the FD transceiver achieves almost 80dB total SI suppression over 1GHz bandwidth. This allowed us to demonstrate the world's first millimeter-wave FD link over a distance of nearly 1m. Fig. 5 shows the link setup. As the desired signal, a continuous-wave signal at 100MHz offset from the LO frequency is transmitted from a horn antenna (with the same EIRP as our IC) while our 60GHz FD transceiver transmits a 1Gb/s BPSK signal. As can be seen, without any SI cancellation, the RX output is dominated by the 1Gb/s BPSK SI whereas after antenna, RF and digital cancellation, the desired CW signal is captured with a signal-to-interference-noise-and-distortion ratio of 7.2dB. It should be noted that the BPSK (SI) data rate and BW are the main indicators of the cancellation BW, not the desired CW signal. A BPSK signal with no pulse shaping

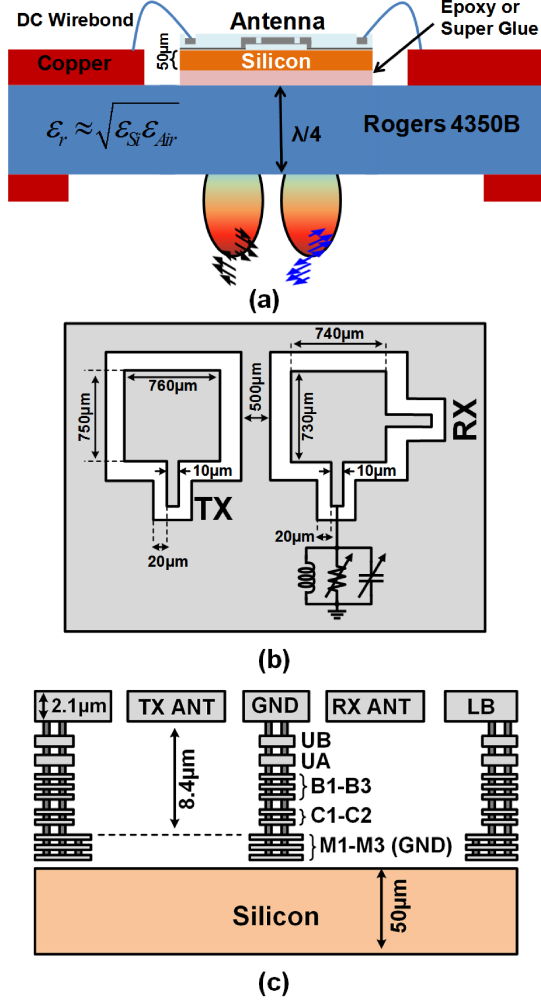


Fig. 6. On-chip implementation of the millimeter-wave slot loop T/R antenna pair with the proposed reconfigurable wideband polarization-based antenna cancellation technique: (a) cross-section of the proposed chip-PCB integration, (b) a 60GHz implementation in GF 45nm SOI CMOS, (c) GF 45nm SOI CMOS BEOL cross-section.

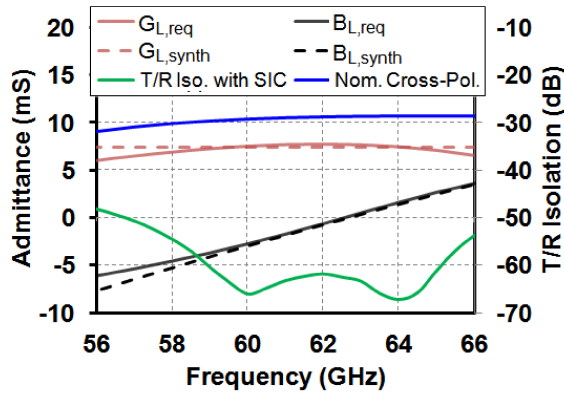


Fig. 7. 60GHz on-chip antenna cancellation simulations: required conductance and susceptance ( $G_{L,req}$  and  $B_{L,req}$ ), synthesized conductance and susceptance ( $G_{L,synth}$  and  $B_{L,synth}$ ), nominal isolation and isolation with SIC.

TABLE I  
SUMMARY OF FULL-DUPLEX TRANSCIVER PERFORMANCE

Implementation	Technology	45nm SOI CMOS
	Chip Area	1.3mm x 3.4mm
Transceiver Metrics	Frequency	57-66GHz
	Peak RX Conv. Gain	40dB (IEEE Channel-1) 32.7dB (IEEE Channel-2) 37.7dB (IEEE Channel-3) 38.2dB (IEEE Channel-4)
	RX Gain Control Range	~18dB (IEEE Channel-1) ~20dB (IEEE Channel-2) ~21dB (IEEE Channel-3) ~21dB (IEEE Channel-4)
	RX IP1dB (High Gain Mode)	-32dBm (IEEE Channel-1) -38dBm (IEEE Channel-2) -40dBm (IEEE Channel-3) -37dBm (IEEE Channel-4)
	RF NF	4dB
	TX Output Power	11-15dBm @ 56-66GHz
	Peak TX Efficiency	15.3% @ 57 GHz
	Data Rate	>5Gbps <sup>1</sup>
Full-Duplex Metrics	SI Suppression	>70dB (ANT+RF)
	SIC BW	1GHz @ 59GHz
	TX ANT Gain Degradation Due to SIC	1.1dB @ 60GHz (Simulated)
	RX ANT Gain Degradation Due to SIC	0.18dB @ 60GHz (Simulated)
	RX NF Degradation Due to SIC	Negligible (Measured)
	Full-Duplex Link	0.7m <sup>2</sup> (SINDR=7.2dBm)
Power Consumption	TX+TX-side LO Dist	206mW
	RX+RX-side LO Dist	111mW
	RF Canceller	44mW

<sup>1</sup> Loop-back test through the RF Canceller

<sup>2</sup> In conjunction with digital cancellation in MATLAB

has a sinc spectrum with a null-to-null BW that is twice the bit rate (or 2GHz in this case) and 90% of the energy is contained in  $1.6\times$  the bit rate (1.6GHz in this case). Since our transceiver is able to cancel a significant portion of the 1Gbps BPSK energy, we are able to see the desired CW signal. A similar cancellation performance is expected when the desired RX signal is also modulated at 1Gb/s. Table I summarizes the transceiver performance.

#### On-Chip Implementation of the Antenna Pair with Polarization-based Cancellation

Fig. 6 presents a method for the implementation of the SIC technique with on-chip slot loop antennas. The cross-section of the antenna-chip-PCB integration is shown in Fig. 6(a). The lossy Si substrate and CMOS back-end-of-line (BEOL) limitations pose challenges for the integration of high-gain, high-efficiency and wideband antennas. Since CMOS BEOL thickness (distance between top and bottom metal layers) is typically less than 10μm, shielding the antenna from the lossy substrate results in current-based antennas radiating from the top with low efficiency [21], [22]. High-efficiency voltage-based antennas such as slot antennas with a quartz lens [23] or superstrate above the IC [24] can be implemented on chip but they suffer from bandwidth limitations. Therefore, we propose thinning the substrate down to 50μm and taking the radiation from the bottom. The chip containing the antennas as well



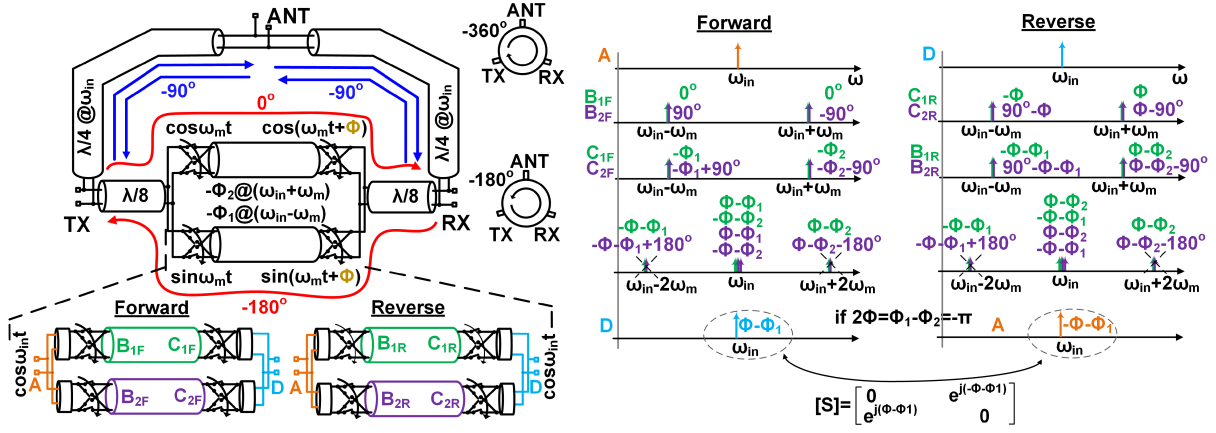


Fig. 8. Magnetic-free passive millimeter-wave circulator based on spatio-temporal conductance modulation.

as the FD millimeter-wave transceiver can be mounted on a PCB with  $\epsilon_r = \sqrt{\epsilon_{air}\epsilon_{Si}} \approx 3.45$  (e.g. Rogers 4350B with  $\epsilon_r=3.48$  and  $\tan(\delta)=0.0037$  at 10GHz) and  $\lambda/4$  thickness using a non-conductive epoxy or superglue ( $\epsilon_r \approx 3.5$  for both) which can be as thin as  $\approx 50 \mu\text{m}$ . Thus, the wave impedance in Si is matched to the wave impedance in the air, improving the antenna efficiency (ratio of the total radiated power to the power delivered to the antenna).

Slot loop antennas have several advantages which make them favorable for on-chip integration. First, slot antennas help to meet the stringent CMOS metal density requirements, especially for the topmost metal, in the vicinity of the antennas. Additionally, slot loop antennas can be easily interfaced to the front-end circuits through coplanar waveguide (CPW) lines, which are the workhorses of millimeter-wave integrated circuit design as they easily satisfy metal density rules and provide good isolation between signal traces (typically higher than 50dB).

Fig. 6(b), Fig. 6(c) and Fig. 7 depict a 60GHz case study of the proposed on-chip T/R slot-loop antenna pair and SIC technique in the GF 45nm SOI CMOS process. The process offers 11 metal layers (Fig. 6(c)), including a  $2.1 \mu\text{m}$  topmost aluminum layer (LB) in which the TX and RX antennas are implemented for high efficiency. The antennas are fed using conductor-backed CPW lines in LB with an M1-M3 bottom ground stack and M1-LB side grounds. The ground layer is removed under the antennas. The 60GHz T/R antenna core is simulated in IE3D with a  $650 \mu\text{m}$  Rogers 4350B substrate layer assuming an epoxy thickness of  $50 \mu\text{m}$ . The broadside TX and RX antenna gains are simulated as 0.15dB with 25% efficiency and -0.45dB with 22% efficiency, respectively. Fig. 7 shows the simulated required and synthesized conductance and susceptance in the reflective termination for perfect SIC across frequency. With an appropriately chosen parallel-RLC termination, a T/R isolation of more than 50dB is achieved over 10GHz bandwidth in simulation, completely covering the 60GHz IEEE 802.11ad band (57.24-65.88GHz).

#### IV. 28GHz MAGNETIC-FREE NON-RECIPROCAL PASSIVE 45NM SOI CMOS CIRCULATOR

Combining FD operation with beam-steering capability is essential to reveal the true benefits offered by millimeter-wave full-duplex. Therefore, millimeter-wave low-loss shared antenna interfaces with FD capability as well as high linearity, isolation and BW are extremely important in enabling small-form-factor shared TX-RX antenna arrays, especially for millimeter-wave 5G base stations that need to communicate with multiple users simultaneously.

Reciprocal, passive, matched 3-port shared-ANT interfaces, such as the electrical-balance duplexer (EBD) [25], have at least 3dB theoretical loss (typically 4dB at RF and millimeter-wave) in the TX-ANT and ANT-RX paths. This 3dB theoretical loss can be avoided by breaking Lorentz Reciprocity to realize non-reciprocal circulators. Traditionally, circulators have been implemented using ferrite materials that exhibit the Faraday effect under the influence of an external magnetic bias. In the recent years, there has been significant progress on breaking reciprocity with time-variance (and without the use of magnetic materials) [26], [27], specifically spatio-temporal permittivity modulation which is achieved using varactors in a circuit implementation. However, permittivity modulation has small modulation index (varactor  $C_{max}/C_{min}$  is typically 2-4) and therefore is not an effective solution for achieving non-reciprocity on silicon. Poor quality factor of varactors at millimeter-wave further limits the applicability of permittivity modulation at these frequencies. Inspired by the N-path filter-based low-RF CMOS circulator proposed in [28], [29], we recently proposed a near-28GHz fully integrated passive circulator in 45nm SOI CMOS based on the novel concept of spatio-temporal conductivity modulation. Our work marks the first demonstration of magnetic-free passive non-reciprocity at millimeter-wave. Spatio-temporal conductance modulation breaks phase non-reciprocity similar to the phase-shifted N-path filter of [28], [29], but requires modulation at a frequency lower than the operation frequency (1/3rd in this case), thus enabling millimeter-wave operation. It only requires four 50% duty-cycle I/Q phases as opposed to

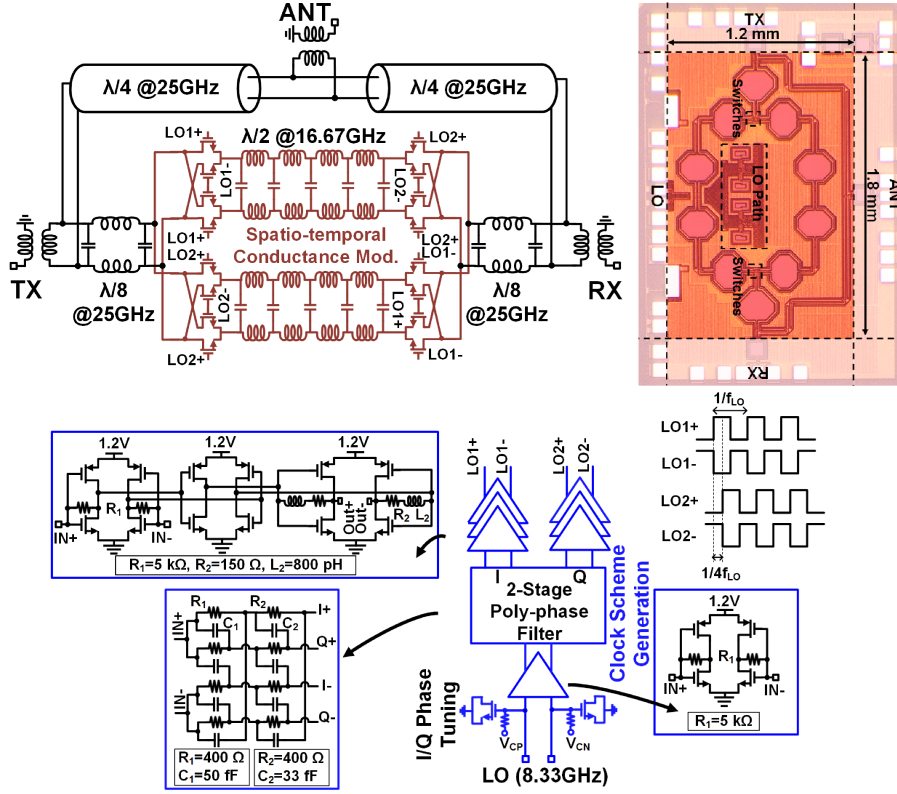


Fig. 9. Block and circuit diagram and chip photo of the near-28GHz 45nm SOI CMOS passive non-reciprocal circulator.

numerous low-duty-cycle non-overlapping clocks as in N-path filters, further easing millimeter-wave operation. Furthermore, the concept inherently enhances the insertion loss BW and isolation BW when compared with the N-path-filter-based approach of [28], [29]. This first demonstration of a passive non-reciprocal CMOS millimeter-wave circulator is scalable in frequency, e.g. to 60 or 77GHz, and, in principle, applicable from RF to optical frequencies.

Fig. 8 depicts the spatio-temporal conductance modulation operation based on a simple mixing analysis. It consists of two sets of I/Q switches on either end of I/Q transmission lines. The I/Q switches commute the signal at a modulation frequency ( $\omega_m$ ) lower than the operating frequency ( $\omega_{in}$ ). As a result two mixing products appear after the commutation, at  $\omega_{in}-\omega_m$  and  $\omega_{in}+\omega_m$ . These signals flow through the transmission line which provides  $-\Phi_1$  and  $-\Phi_2$  phase shift at  $\omega_{in}-\omega_m$  and  $\omega_{in}+\omega_m$ , respectively. The phase shifted signals are then commutated again at  $\omega_m$  but with a phase shift of  $\Phi$ . If  $\Phi=-90^\circ$  and  $\Phi_1-\Phi_2=-180^\circ$  (or equivalently,  $2\omega_m T_d=\pi$ , where  $T_d$  is the delay of the transmission line), a non-reciprocal phase shift with  $180^\circ$  difference between forward and reverse directions is achieved.

This non-reciprocal phase shift element can now be embedded within a  $3\lambda/4$  transmission line ring to realize a non-reciprocal circulator similar to [28], [29]. In Fig. 8, signal circulation is supported in only one direction ( $-270^\circ-90^\circ$  results in satisfaction of the boundary condition in the clockwise direction whereas  $-270^\circ+90^\circ$  results in violation of

the boundary condition in the reverse direction). S-parameters of the non-reciprocal phase-shift element can be derived as  $S_{11}=S_{22}=0$ ,  $S_{21}=e^{-j\pi\omega_{in}/2\omega_m}$  and  $S_{12}=e^{j\pi}e^{-j\pi\omega_{in}/2\omega_m}$ , showing non-reciprocal phase-shift over an infinite bandwidth. The required phase shifts of  $S_{21}=e^{+j\pi/2}$  and  $S_{12}=e^{-j\pi/2}$  can be achieved at multiple frequencies, namely  $\omega_{in}=(4n-1)\omega_m$  where  $n$  is an positive integer, showing that the circulator operation frequency can be easily scaled up. For example, scaling the circulator to operate at 58.31GHz ( $\omega_{in}=7\omega_m$ ) is as simple as designing the transmission line ring to be  $3\lambda/4$  at that frequency and keeping the non-reciprocal phase shift component unchanged.

Fig. 9 shows the implementation at 25GHz. The circulator is implemented in a differential fashion, reducing the LO feedthrough and improving power handling. The fully-balanced I/Q quads are designed using  $2\times 16\mu\text{m}/40\text{nm}$  floating-body transistors. The non-reciprocal phase component is placed symmetrically between the TX and RX ports so that switch parasitics could be absorbed into the lumped capacitance of the  $\lambda/8$  sections on either side. The  $\lambda/4$  transmission lines between the TX and ANT and ANT and RX are implemented using differential conductor-backed co-planar waveguides. A two stage poly-phase filter (phase imbalance  $<2^\circ$ ) and self-biased differential inverter chains are used to generate the 8.33GHz square clocks.

Fig. 10 shows the measured small and large signal performance of the circulator. Small signal measurements were performed using on-chip probing with an Anritsu 37397E

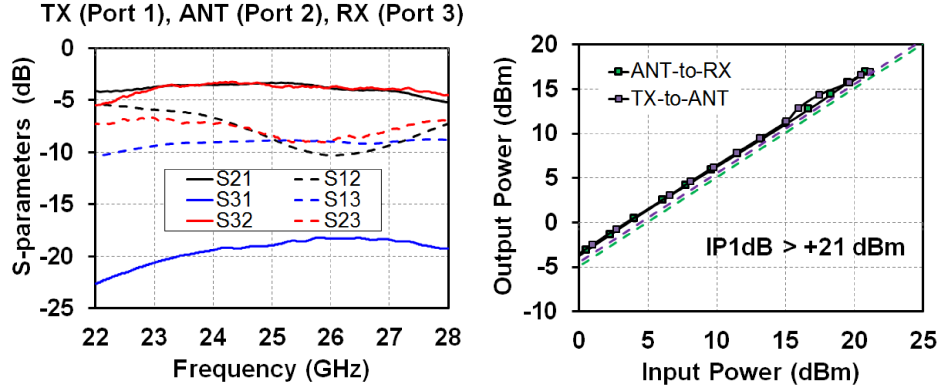


Fig. 10. Measured small and large signal performance of the near 28GHz fully-integrated non-reciprocal passive 45nm SOI CMOS circulator.

TABLE II  
PERFORMANCE SUMMARY AND COMPARISON OF THE NEAR-28GHz MAGNETIC-FREE CIRCULATOR TO THE STATE OF THE ART.

	TMTT'10[28]	TMTT'15 [27]	ISSCC'15 [22]	ISSCC'16 [26]	This work
<b>Technique</b>	Active Quasi Circulator	Active Quasi Circulator	Electrical Balance Duplexer	N-Path-Filter-based Magnetic-Free Passive Circulator	Magnetic-Free Passive Circulator Based on Spatio-Temporal Conductance Mod.
<b>Technology</b>	180nm CMOS	180nm CMOS	180nm SOI CMOS	65nm CMOS	<b>45nm SOI CMOS</b>
<b>Frequency</b>	24GHz	24GHz	1.9-2.2GHz	0.75GHz	<b>25GHz</b>
<b>TX-ANT Transmission</b>	+22.4dB	-5.7dB	-3.7dB	-1.7dB	<b>-3.3dB</b>
<b>ANT-RX Transmission</b>	+12.3dB	-5.7dB	-3.9dB	-1.7dB	<b>-3.2dB</b>
<b>TX-RX Isolation</b>	>15dB	>20 dB	>40dB	>20dB	<b>&gt;18.5dB <sup>4</sup></b>
<b>Isolation BW <sup>1</sup></b>	~1%	~1.6%	~15%	4.3%	<b>18% <sup>5</sup></b>
<b>Center frequency/ Modulation frequency</b>	N/A	N/A	N/A	1	<b>3</b>
<b>Area</b>	3.22mm <sup>2</sup>	0.715mm <sup>2</sup>	1.75mm <sup>2</sup>	0.64mm <sup>2</sup> /25mm <sup>2</sup> <sup>2</sup>	<b>2.16mm<sup>2</sup></b>
<b>ANT-RX NF</b>	17dB	N/R	3.9dB	4.3dB <sup>3</sup>	<b>3.3-4.4dB</b>
<b>TX-ANT IP1dB</b>	-19.8dBm	+9.5dBm	N/R	N/R	<b>&gt;+21.5dBm</b>
<b>TX-ANT IIP3</b>	-11dBm	N/R	+70dBm	+27.5dBm	<b>+19.9dBm</b>
<b>P<sub>DC</sub></b>	144.8mW	7.2mW	0	59mW	<b>78.4mW</b>

<sup>1</sup> BW over which an isolation better than the value quoted in the row above is maintained.

<sup>3</sup> Includes 2dB degradation due to LO phase noise.

N/A: Not Applicable, N/R: Not Reported

<sup>2</sup> Includes SMD inductors on PCB.

<sup>4</sup> Limited by the mmWave test setup.

<sup>5</sup> This is the 1dB insertion loss BW.

65GHz 2-port VNA while a millimeter-wave probe terminated with an Anritsu V210 50Ω termination was landed on the third port. The 25GHz circulator achieves 3.3dB/3.2dB TX-to-ANT/ANT-to-RX insertion losses (IL), respectively, and 18.3-21.2dB of TX-to-RX ISO over the 4.6GHz 1dB IL BW. This near-20dB isolation is limited by reflections at the antenna port due to imperfect matching, a challenge for all circulators. At millimeter-wave, it is hard to obtain better than -20dB reflection coefficient from a millimeter-wave probe and termination combination. Integrated antenna tuners or balance networks are required to mitigate this limitation. The measured ANT-to-RX NF and TX-to-ANT/ANT-to-RX input P1dB are 3.3-4.2dB and >21dBm (Fig. 10), respectively. The P1dBs are high relative to the IIP3s (+19.9dBm) because the

circulator gracefully transitions to reciprocal operation under large-signal operation. Since IIP3 is just an extrapolation from measurements with small input signals, this transition cannot be captured and thus the traditional estimation between P1dB and IIP3 values does not hold.

Table II compares this circulator with prior art. It performs better than active millimeter-wave circulators [30], [31] in all metrics (loss, linearity, NF and BW). When compared with a passive EBD [25], this work achieves >1dB overall advantage in IL (the sum of TX-to-ANT and ANT-to-RX ILs) while operating at >10x higher frequency. When compared with the N-path filter-based circulator of [28], [29], this work significantly enhances BW and most importantly scales to millimeter-wave.

## V. CONCLUSION

Millimeter-wave FD can offer wide bandwidths with increased spectral efficiency and can be used in many applications ranging from small-cell 5G base-stations, backhaul and FMCW radar to wireless links for virtual reality. However, the SI from the transmitter to its own receiver poses a tremendous challenge and novel millimeter-wave SI suppression techniques are required. This paper reviewed recent research efforts on millimeter-wave FD and SI suppression techniques at Columbia University, specifically the first 60GHz FD CMOS transceiver and 25GHz fully-integrated magnetic-free non-reciprocal passive circulator. Topics for future research include techniques to improve the power handling of integrated non-reciprocal circulators, novel integrated antenna tuners for millimeter-wave non-reciprocal circulators, and demonstration of millimeter-wave full-duplex operation within phased arrays. Device stacking techniques that have been investigated in SOI processes for T/R switches as well as PAs can be explored to improve the power handling capability of on-chip circulators. Bootstrapping is another technique that can be used to improve the linearity and power handling of switch-based circulators.

## ACKNOWLEDGMENT

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