Seagrass blade motion under waves and its impact on wave decay

M. Luhar,¹ E. Infantes,² and H. Nepf³

Corresponding author: M. Luhar, Department of Aerospace and Mechanical Engineering, University of Southern California, Los Angeles, CA, USA. (luhar@usc.edu)

¹Department of Aerospace and

Mechanical Engineering, University of

Southern California, Los Angeles,

California, USA

²Department of Marine Sciences,

University of Gothenburg, Gothenburg,

Sweden

³Department of Civil and Environmental Engineering, Massachusetts Institute of Technology, Cambridge, Massachusetts, USA

Key Points.

- Wave decay over a model seagrass bed was measured in experiments that also involved blade motion imaging.
- The reduction in wave energy dissipation due to vegetation motion depends on the Cauchy number.
- Scaling laws developed for individual blades are able to predict the reduction in wave decay over the meadow.

Abstract. The hydrodynamic drag generated by seagrass meadows can dissipate wave energy, causing wave decay. It is well known that this drag 4 depends on the relative motion between the water and the seagrass blades, 5 yet the impact of blade motion on drag and wave energy dissipation remains 6 to be fully characterized. In this experimental study, we examined the im-7 pact of blade motion on wave decay by concurrently recording blade posture 8 during a wave cycle and measuring wave decay over a model seagrass meadow. 9 We also identified a scaling law that predicts wave decay over the model meadow 10 for a range of seagrass blade density, wave period, wave height, and water 11 depth scaled from typical field conditions. Blade flexibility led to significantly 12 lower drag and wave decay relative to theoretical predictions for rigid, up-13 right blades. To quantify the impact of blade motion on wave decay, we em-14 ployed an effective blade length, l_e , defined as the rigid blade length that leads 15 to equivalent wave energy dissipation. We estimated l_e directly from images 16 of blade motion. Consistent with previous studies, these estimates showed 17 that the effective blade length depends on the dimensionless Cauchy num-18 ber, which describes the relative magnitude of the wave hydrodynamic drag 19

Х-2

20	and the restoring force due to blade rigidity. As the hydrodynamic forcing
21	increases, the blades exhibit greater motion. Greater blade motion leads to
22	smaller relative velocities, reducing drag and wave energy dissipation (i.e.
23	smaller l_e). Imaging-based estimates for l_e agreed well with a scaling law de-
24	rived from a simple force balance for flexible blades moving under wave forc-

25 ing. The same scaling law also led to accurate predictions for wave decay.

1. Introduction

Seagrasses are often termed ecosystem engineers because of their ability to alter local 26 hydrodynamic conditions. Because seagrasses are a source of drag, they reduce near-bed 27 water flow, and dissipate current- and wave-energy. In addition to serving as shelter 28 for fauna, the low-flow environment within seagrass beds also leads to reduced sediment 29 resuspension and increased sediment retention [e.g. Gacia et al., 1999; Duarte et al., 1999; 30 Granata et al., 2001]. For example, Fonseca et al. [1983] observed that finite patches of 31 seagrass were associated with local maxima in bed elevation in conditions with both 32 current and waves, and attributed this effect to enhanced particle retention within the 33 meadow. In addition to reducing flow locally, regionally the drag generated by seagrasses 34 can lead to significant wave decay [Fonseca and Cahalan, 1992]. Smaller waves lead to 35 lower near-bed flows, which could play an important role in reducing shoreline erosion.

Wave attenuation by submerged vegetation (including salt marsh vegetation and kelp 37 forests) has been studied in the laboratory [e.g. Fonseca and Cahalan, 1992; Kobayashi 38 et al., 1993; Augustin et al., 2009; Sánchez-González et al., 2011; Stratigaki et al., 2011; 39 Paul et al., 2012; Anderson and Smith, 2014], in the field [e.g. Knutson et al., 1982; Elwany 40 et al., 1995; Mork, 1996; Coops et al., 1996; Möller et al., 1999; Bradley and Houser, 2009; 41 *Riffe et al.*, 2011; *Infantes et al.*, 2012], and using analytical methods or numerical models 42 [e.g. Kobayashi et al., 1993; Asano et al., 1992; Méndez et al., 1999; Méndez and Losada, 43 2004; Peterson et al., 2004; Chen et al., 2007]. Most of these studies recognize that it 44 is the relative motion between water and vegetation that sets drag. Yet, a number of 45 these studies ignore the motion of the vegetation, which can lead to large errors in the 46

DRAFT

estimation of wave damping. For example, if the blade tip follows the wave passively, it
generates no drag.

In their analytical study, [Méndez et al., 1999] accounted for plant motion by imposing a 49 blade excursion that increases linearly with height, and used the resulting relative velocity 50 to calculate drag. In a field study, [Bradley and Houser, 2009] accounted for blade motion 51 by recording the movement of seagrass blade tips from above and, assuming a cantilever 52 model, translated tip excursion into blade motion over the entire blade height. Although 53 blade motion at the top of the meadow was significant in this study, wave decay was still 54 predicted reasonably well with a rigid blade model. Bradley and Houser [2009] attributed 55 this to the fact that the blades were moving in response to a broad wave spectrum, and so 56 the resulting blade motion was out of phase with the peak wave frequency. Other studies 57 [e.g. Méndez and Losada, 2004; Sánchez-González et al., 2011; Infantes et al., 2012] have 58 employed bulk drag or friction coefficients that are calibrated to account for vegetation 59 motion. 60

In recent years, there has been an increasing emphasis on quantifying the effect of 61 vegetation flexibility on bending and motion, and the effect of this bending and motion 62 on wave damping. For example, Mullarney and Henderson [2010] developed an analytical 63 dynamic model for single-stem salt marsh vegetation under wave forcing, assuming that 64 the stems can be modeled using linearized beam theory and that the hydrodynamic forcing 65 is dominated by drag (i.e. inertial effects such as added mass do not play a role). Following 66 on from this study, Riffe et al. [2011] measured the dissipation of waves over salt marsh 67 vegetation and found that the rate of dissipation was about half that expected over rigid 68 vegetation. However, the predicted dissipation rates were much closer to the observations 69

when the model developed by *Mullarney and Henderson* [2010] was used to account for vegetation motion.

While models based on linear beam theory are reasonable for relative stiff salt marsh 72 vegetation that undergoes limited bending in response to flow, such models may not ap-73 ply for more flexible vegetation (e.g. seagrass) that experiences substantial bending and 74 motion. With this in mind, Luhar and Nepf [2016] developed a more complete numerical 75 model for the wave-induced dynamics of flexible blades that accounts for large deforma-76 tions as well as inertial effects, and validated this model via laboratory experiments. This 77 study showed that blade motion is governed primarily by two dimensionless parameters: 78 (i) the Cauchy number, Ca, which represents the relative magnitude of the hydrodynamic 79 forcing to the restoring force due to blade stiffness, and (ii) the ratio of blade length to 80 wave orbital excursion, L. For large wave excursions $(L \ll 1)$, the flow resembles a uni-81 directional current and the scaling laws developed in previous steady-flow reconfiguration 82 studies [Alben et al., 2002; Gosselin et al., 2010; Luhar and Nepf, 2011] apply. For small 83 excursions $(L \gg 1)$, the beam equations may be linearized and the model developed by 84 Mullarney and Henderson [2010] holds. Further, Luhar and Nepf [2016] showed that the 85 small-excursion scaling laws apply even for intermediate cases with $L \sim O(1)$. 86

The present paper builds on these recent advances in our ability to model wavevegetation interaction by providing a thorough examination of the effects of blade motion on wave damping. In particular, the laboratory study described below is unique in that it provides detailed observations of blade posture and blade motion over the entire length of the blade for a submerged flexible meadow, designed to mimic the seagrass *Zostera marina*, interacting with progressive waves. By observing blade motion over the entire

blade length, the experiments offer new insight into the vertical distribution of wave drag 93 in a meadow and its impact on wave damping. In addition, the stem density, wave period, 94 amplitude, and water depth are varied systematically over a parameter range compara-95 ble to that observed in the field to elucidate the impact of each variable on wave decay. 96 Broadly, our results show that the dimensionless framework developed by Luhar and Nepf 97 [2016] for individual blades adequately accounts for the effect of blade motion on wave 98 decay at the canopy-scale. Finally, for field application, we also consider the impact of 99 submerged vegetation at the regional scale by calculating the ratio of the steady-state 100 wave heights for wind-generated waves over a vegetated bed relative to a sandy bed. 101

2. Theory

106

111

2.1. Wave Energy Dissipation

For the wave decay analysis, we follow the model proposed by *Dalrymple et al.* [1984]. Assuming linear wave theory is valid and that energy dissipation in the seagrass meadow alone is responsible for wave decay, the steady state energy balance for monochromatic waves is given by:

$$\frac{\partial}{\partial x} \left(\frac{1}{2} \rho g a^2 c_g \right) = -E_D. \tag{1}$$

¹⁰⁷ Here, x is the direction of wave propagation, ρ is the density of the water, g is the ¹⁰⁸ acceleration due to gravity, a is the wave amplitude, c_g is the wave group speed, and E_D ¹⁰⁹ is the rate of energy dissipation per unit bed area due to the presence of the vegetation. ¹¹⁰ Using a standard quadratic drag law, E_D can be expressed as:

$$E_D = \frac{1}{T} \int_0^T \int_0^l \frac{1}{2} \rho C_D a_v |u_R| u_R u \, dz \, dt.$$
(2)

DRAFT

March 30, 2017, 4:26pm

The parameter a_v is the vegetation frontal area per unit volume, C_D is the drag coefficient, u_R is the *relative* horizontal velocity between the vegetation and the water, u is the absolute water velocity, l is the blade length, and T is the wave period. Note that zrepresents the vertical coordinate (z = 0 at the bed) and t denotes time.

A number of assumptions have been made to yield [2]. Following previous researchers 116 Dalrymple et al., 1984; Méndez and Losada, 2004; Bradley and Houser, 2009], inertial 117 forces due to the relative acceleration of water and vegetation have been ignored. This is 118 a reasonable assumption since inertial forces tend to be out of phase with water velocity, 119 causing little dissipation over a wave cycle. Given the morphology of seagrasses (tall, 120 thin blades), the vertical drag force is also assumed to be negligible compared to the 121 horizontal drag force. This assumption breaks down as the blades get pushed over into a 122 bent posture. We account for this inconsistency below in Section 3. 123

¹²⁴ If the wave-induced velocities are adequately described by linear wave theory, the hori-¹²⁵ zontal velocity is:

$$u = a\omega \frac{\cosh kz}{\sinh kh} \sin \omega t,\tag{3}$$

¹²⁷ and the vertical velocity is

126

128

X - 8

$$w = a\omega \frac{\sinh kz}{\sinh kh} \cos \omega t. \tag{4}$$

Here, $\omega = 2\pi/T$ is the wave radian frequency, $k = 2\pi/\lambda$ is the wavenumber (λ is wavelength), and h is water depth. The dispersion relation $\omega^2 = kg \tanh(kh)$ describes the relationship between wave frequency and wavenumber.

For rigid vegetation, the relative velocity between the vegetation and the water is identical to the absolute fluid velocity, $u_R = u$. At this limit, [2] can be integrated and ¹³⁴ substituted into [1] to yield (assuming C_D and a_v are constant)

$$\frac{\partial}{\partial x} \left(\frac{1}{2} \rho g a^2 c_g \right) = -\frac{2}{3\pi} \rho C_D a_v \left(\frac{a\omega}{\sinh kh} \right)^3 \left[\frac{9\sinh kl + \sinh 3kl}{12k} \right],\tag{5}$$

¹³⁶ which has a solution of the form

137

$$\frac{a}{a_0} = \frac{1}{1 + K_D a_0 x}.$$
(6)

Here, a_0 is the initial wave amplitude at x = 0 (defined as the start of the meadow) and K_D is a constant, defined as

$$K_D = \frac{2ka_v}{9\pi} C_D \left[\frac{9\sinh kl + \sinh 3kl}{\sinh kh(\sinh 2kh + 2kh)} \right].$$
(7)

¹⁴¹ Note that using a quadratic drag law does not lead to exponential wave decay, which ¹⁴² is the fitting model used most frequently for wave decay analyses. However, for small ¹⁴³ $K_D a_0 x$, the behavior is very similar. Specifically, $\exp(-K_D a_0 x) \approx (1 + K_D a_0 x)^{-1}$ for ¹⁴⁴ $K_D a_0 x < 0.5$. Throughout this paper, we use the dimensionless parameter $K_D a_0 \lambda$ to ¹⁴⁵ represent wave decay. This dimensionless parameter can be considered the relative decay ¹⁴⁶ in wave amplitude over a distance equal to the wavelength. From [7], this dimensionless ¹⁴⁷ wave decay rate can be expressed as:

$$K_D a_0 \lambda = \frac{4a_v a_0}{9} C_D \left[\frac{9\sinh kl + \sinh 3kl}{\sinh kh (\sinh 2kh + 2kh)} \right].$$
(8)

For flexible vegetation that moves in response to flow, the drag force in [2] must be calculated based on the relative velocity. Previous studies have employed simplified cantilever models (i.e. models based on linear beam theory) for blade motion to estimate relative velocities [*Bradley and Houser*, 2009; *Mullarney and Henderson*, 2010]. Our observations of blade motion, described below, suggest that a simple cantilever model may not be appropriate under all wave forcing, as the degree of blade curvature far exceeds the assumptions of linear beam theory. To quantify the impact of blade motion on wave decay, we employ an effective blade length l_e , which is defined as the rigid blade length that dissipates the same wave energy as the moving flexible blade. Under these assumptions, [5]-[8] remain valid but l is replaced by the effective length l_e . We estimate this effective length directly from blade posture images captured over a wave cycle. This is described in Section 3. The dependence of blade motion, and specifically l_e , on the forces acting on the blade is considered in Section 2.2 below.

Finally, by assuming that the fluid velocity over the entire water depth is given by 162 linear wave theory, we ignore the possible reduction of wave-induced velocity within the 163 meadow. Lowe et al. [2007] show that wave-induced velocities may be reduced significantly 164 within vegetated canopies if the horizontal wave excursion, A, is much longer than the 165 drag length scale of the vegetation, given by a_v^{-1} . The reduction of wave-induced velocity 166 within the meadow can have a major impact on energy dissipation within the meadow, 167 which is proportional to $|u|u^2$. For the majority of the experimental runs presented in this 168 paper, the wave excursion is shorter than the drag length scale. As a result, the wave-169 induced velocity is not significantly diminished within the meadow, as shown in Luhar 170 et al. [2010]. However, we keep this limit in mind when interpreting our experimental 171 results for field application. 172

2.2. Blade Motion and Effective Length

As noted above, to account for the effect of blade motion on drag and wave decay, we employ an effective blade length l_e . Luhar and Nepf [2016] show that this effective blade length depends primarily on two dimensionless parameters: (i) the Cauchy number, Ca, and (ii) the ratio of blade length to wave excursion, L. Here, we provide a brief review of the scaling laws for effective length identified in *Luhar and Nepf* [2016].

¹⁷⁸ The Cauchy number is defined as:

184

$$Ca = \frac{\rho b U^2 l^3}{EI},\tag{9}$$

¹⁸⁰ in which *b* is the blade width, *U* is a characteristic wave-velocity scale (assumed to be the ¹⁸¹ magnitude of *u* at the bed [3]), *E* is the elastic modulus of the blade, and $I = bd^3/12$ is ¹⁸² the second moment of area for the blade cross-section, where *d* is blade thickness. The ¹⁸³ length ratio is defined as:

$$L = \frac{l}{A} \tag{10}$$

where $A = U/\omega$ is the wave orbital excursion.

¹⁸⁶ When the drag associated with wave forcing is much smaller than the restoring force due ¹⁸⁷ to stiffness, $Ca \ll 1$, the blade remains upright in the flow. At this effectively-rigid limit, ¹⁸⁸ the hydrodynamic drag generated by the blade is predicted well by assuming a typical ¹⁸⁹ flat plate drag coefficient. However, as the wave forcing increases such that Ca > O(1), ¹⁹⁰ the blade begins to bend and move in response to the wave. The resulting reduction in ¹⁹¹ drag depends on the length ratio L.

At the limit of large wave excursion $(L \ll 1)$, we have a quasi-steady situation in which a flexible blade can be pushed over into a bent posture in the early stages of a wave half-cycle (see Figure 1a). The blade remains bent until the oscillatory flow reverses direction. The bent posture held during most of the wave cycle reflects a balance between the restoring force due to stiffness and the hydrodynamic drag. In this reconfigured state, the restoring force due to stiffness scales as $EI(\partial^2\theta/\partial s^2) \sim EI(1/l_e^2)$, in which θ is the ¹⁹⁸ local blade angle relative to the vertical and s is the distance along the blade (Figure 2). ¹⁹⁹ Similarly, the drag force scales as $F_x \sim \rho b l_e U^2$. In other words, both the blade curvature ²⁰⁰ and the drag scale depend on the effective length in the reconfigured state. This balance ²⁰¹ between stiffness and drag, $EI(1/l_e^2) \sim \rho b l_e U^2$, can be rearranged to yield the following ²⁰² scaling law:

$$\frac{l_e}{l} \sim Ca^{-1/3}.\tag{11}$$

This scaling law, first proposed by *Alben et al.* [2002], is identical to that found for reconfiguration in *steady* flow.

At the limit of small wave excursions $(L \gg 1)$, we anticipate that the blade remains 206 nearly vertical as it oscillates back and forth over a wave cycle, and that the horizontal 207 excursion of the blade scales with the wave excursion (Figure 1b). For this small-deflection 208 limit, the blade curvature term can be linearized such that $\partial^2 \theta / \partial s^2 \approx \partial^3 x_v / \partial z_v^3$, in which 209 x_v and z_v are the local horizontal and vertical coordinates along the blade (Figure 2). 210 Since the blade horizontal excursion scales on the wave excursion, $|x_v| \sim A$, balancing 211 blade stiffness and drag for this small excursion limit yields $EI(A/l_e^3) \sim \rho b l_e U^2$. Using 212 the definition of Ca and L, this balance can be rewritten as: 213

$$\frac{l_e}{l} \sim (CaL)^{-1/4}.$$
 (12)

With this scaling, the effective length l_e represents the length over which there is significant relative motion between the blade and the water. The upper part of the blade moves nearly passively with the flow, contributing negligible drag. Note that this small-deflection behavior is identical to that described in the analytical model developed by *Mullarney* and Henderson [2010].

DRAFT

X - 12

203

March 30, 2017, 4:26pm

The scaling laws shown in [11]-[12] both assume that drag is the dominant hydrodynamic 220 forcing. For wave-induced oscillatory flows, inertial effects such as added mass can also 221 be important. The drag force per unit blade length is expected to scale as $\rho b U^2$, while 222 added mass is expected to scale as $\rho b^2 U \omega$ [Vogel, 1994]. Thus, the Keulegan-Carpenter 223 number, KC = UT/b, which represents the ratio of wave orbital excursion to the blade 224 width [Keulegan and Carpenter, 1956; Graham, 1980], can be used to assess the relative 225 magnitude of drag and inertial effects. For the conditions tested in the present study, 226 $KC \geq 11$ (Table 1), and so inertial effects are expected to be less important than drag. 227 Further, the scaling laws also neglect the influence of blade buoyancy. The relative 228 magnitude of the restoring force due to buoyancy and the restoring force due to stiffness 229 is denoted by the buoyancy parameter: 230

$$B = \frac{(\rho - \rho_v)gbdl^3}{EI},\tag{13}$$

in which ρ_v is the blade density. Luhar and Nepf [2011] show that for steady flows with 232 $B \gg 1$, the additional restoring force due to buoyancy can delay the onset of reconfig-233 uration. Specifically, the blade does not begin to bend until the hydrodynamic forcing 234 is large enough to overcome buoyancy, Ca > O(B). However, once the hydrodynamic 235 forcing exceeds the buoyancy force, $Ca \gg B$, the scaling law shown in [11] applies. For 236 further discussion on why buoyancy does not alter [11], the reader is referred to Luhar 237 and Nepf [2011]. Thus, buoyancy could delay the onset of bending for the quasi-steady 238 large-excursion limit illustrated in Figure 1a without affecting the eventual scaling law 239 shown in [11]. On the other hand, for the small-deflection limit shown in Figure 1b, buoy-240 ancy is unlikely to be play a major dynamic role. This is because blade motion is dictated 241 primarily by the balance of forces acting perpendicular to the blade. At the limit where 242

231

 $L \gg 1$, the blades remain nearly upright and so the effect of buoyancy would only affect the force balance along the blade, i.e. in the vertical direction. For all the laboratory experiments discussed below, $Ca \gg B$ and $L \ge 2.7$ (Table 1). For these high forcing conditions with relatively small wave excursions, we do not expect buoyancy effects to be important.

3. Experimental Methods

X - 14

Laboratory experiments were carried out in a 24 m long, 38 cm wide and 60 cm high wave 248 channel (Figure 3) in the Environmental Fluid Mechanics Laboratory at MIT. Waves were 249 generated at the upstream end of the channel by a vertical paddle driven by a hydraulic 250 piston. The motion of the paddle was controlled by a Syscomp WGM-101 arbitrary 251 waveform generator programmed to produce surface waves of a desired frequency and 252 amplitude, based on the closed form solution developed by *Madsen* [1971]. A plywood 253 beach with layers of rubberized coconut fiber was installed on the downstream end of the 254 channel. The beach reflected less than 10% of the wave energy. 255

The model seagrass meadow was constructed using artificial plants (Figure 4) that are 256 geometrically and dynamically similar to seagrass such as *Zostera marina* (eelgrass) and 257 *Posidonia oceanica*, as described by *Ghisalberti and Nepf* [2002]. Each shoot consisted of 258 a 2.0 cm long basal stem (made from a circular cylinder) and six blades. The blades were 259 attached to the basal stem using a rubber band, which locally increased the diameter. The 260 extent of the overlap between the stem and the blades was 1.0 cm. The stem diameter, 261 d_s , will be defined as the average between the minimum (6.4mm) and maximum (9.2 mm) 262 measured diameters of a typical stem, i.e. $d_s = 7.8$ mm. The blades were cut from low-263 density ($\rho_v = 920 \text{ kgm}^{-3}$) polyethylene film with a modulus of elasticity, $E = 3.0 \times 10^8$ 264

Pa. The blades were l = 13 cm long (excluding 1 cm stem overlap), b = 3 mm wide, and d = 0.1 mm thick. The buoyancy parameter [13] for these blades is B = 6.9.

A random algorithm was used to place the stems in pre-drilled baseboards at stem 267 densities ranging from 300 to 1800 stems m⁻² (blade densities, $n = 1800 - 10800 \text{ m}^{-2}$). 268 Only the top 1.0 cm of the stems, the region attached to the blades, protruded above the 269 baseboards. The blade density was chosen based on field observations of *Zostera marina* 270 and *Posidonia oceanica* [Moore, 2004; Marbà et al., 2005; Luhar et al., 2010]. The frontal 271 area per unit volume for the blades, $a_v = nb$, ranged from 0.054 cm⁻¹ to 0.32 cm⁻¹. These 272 densities correspond to a blade frontal area index $a_v l \approx 0.7$ to 4.2. Field meadows for 273 eelgrass have been observed in the range $a_v l \approx 0.3 - 1.1$, based on biomass data from 274 Moore [2004], converted to frontal area index in Luhar et al. [2008]. For species such as 275 *Posidonia oceanica*, the frontal area index can be as high as $a_v l \approx 4$ [based on data from 276 Pergent-Martini et al., 1994]. 277

To achieve similarity in wave conditions, the following dimensionless parameters were 278 matched to field conditions: kh (the ratio of wavelength to water depth), and l/h (blade 279 length to water depth). Most seagrass species (> 75%) are found in less than 20 m depth 280 [Duarte, 1991] and are affected by wave peak periods from 0.6 to 15 s [Ward et al., 1984; 281 Koch et al., 2006; Bradley and Houser, 2009]. Based on these conditions, we chose values 282 of kh ranging from 0.6 to 2.7 and l/h ranging from 0.3 to 0.8, which represent the shallow 283 region of a seagrass meadow. For example, assuming blades of length $l \approx 1 \text{m} [Luhar et al.,$ 284 2013; Eriander et al., 2016], kh = 0.6 and l/h = 0.3 correspond approximately to waves 285 of period 6s in 3m water depth; kh = 2.7 corresponds approximately to waves of period 286 T = 2 s. Similarly, the typical amplitude ratio employed in the experiments (Figure 3), 287

 $a_0/h \approx 0.1$ scales to waves of amplitude 30 cm in 3 m water depth. The length of the model meadow, 500 cm, was 1.4 to 5.5 times the wavelength λ . The leading edge of the meadow is denoted x = 0.

The wave parameters for each individual experiment are listed in Table 1. For reference, 291 the wave period ranged from T = 0.8 s to 2.0 s (Runs T1-T5), the wave amplitude 292 upstream of the meadow ranged from $a_0 = 0.9$ cm to 5.6 cm (Runs A1-A5), and the 293 water depth ranged from h = 16 cm to 39 cm (Runs H1-H4). Table 1 also lists the 294 Reynolds number based on blade width ($Re = Ub/\nu = 100-610$, where ν is the kinematic 295 viscosity of water), the Keulegan-Carpenter number (KC = 11-102), the Cauchy number 296 (Ca = 100 - 3610), and ratio of blade length to wave excursion (L = 2.7 - 25.9) for each 297 case. 298

The wave amplitude was measured using two resistance-type wave gauges with 0.2200 mm accuracy. One wave gauge was permanently mounted at x = 125 cm to provide a 300 reference measurement verifying that the wave conditions were constant throughout the 301 experimental run. The second wave gauge was mounted on a mobile trolley that moved 302 on precision rails. The mobile gauge was used to measure wave records at 20 cm intervals 303 from 40 cm upstream of the meadow and continuing along its entire length. At each 304 x position, the instantaneous position of the water surface was measured at 25 Hz for 305 120 seconds (60-132 waves, depending on wave frequency). The surface displacement 306 measurements were binned into 25T phase groups (e.g. 50 phase groups for waves of 307 period T = 2.0 s) based on the zero-crossings of the record, and averaged, yielding a 308 phase-averaged waveform $\eta(t)$. The wave amplitude was calculated based on the root 309

³¹⁰ mean squared value of the phase-averaged waveform:

311

$$a = \sqrt{\frac{2}{T} \int_{0}^{T} \eta^{2}(t) dt}.$$
 (14)

Equation [6] was then fitted to the wave amplitude measurements to obtain the decay 312 parameter $K_D a_0 \lambda$ for each experiment. As an example, the measured wave amplitudes 313 and fitted decay curves for runs H1 ($a_0 = 1.4$ cm, T = 1.4 s, h = 16 cm, see Table 1) 314 and T5 $(a_0 = 3.5 \text{ cm}, T = 2.0 \text{ s}, h = 39 \text{ cm})$ are shown in Figure 5. The major source 315 of error for the wave decay fits was the partially standing wave created in the flume 316 because of reflections (< 10%) from the downstream end. Due to this standing wave, 317 the measured wave amplitude exhibited small oscillations, periodic at a spatial scale of 318 half the wavelength (Figure 5). Note that wave energy is also dissipated in the laminar 319 boundary layers at the flume bed and sidewalls due to viscosity. To correct for this, we 320 subtracted the theoretical viscous decay per wavelength [Hunt, 1964] from the fitted decay 321 parameter. This correction typically resulted in a relative reduction of less than 10% for 322 the fitted value of $K_D a_0 \lambda$. 323

Blade motion was recorded in images taken midway along the meadow at 15 Hz using 324 a Sony DFW-X710 CCD camera. Images were taken for the wave conditions marked 325 with an asterisk in Table 1, but with a lower density $(n = 1800 \text{ blades m}^{-2})$ for better 326 image clarity. One of the blades was marked with a red dot at 2 cm intervals along 327 the blade and the marks were tracked over 5 wave cycles. Neighboring blades moved 328 in near-unison, hence tracking a single blade was sufficient to characterize blade motion 329 (see movies in Supplementary Information). A fifth order polynomial fit to the marked 330 positions was used to estimate the blade position and angle to the vertical $(x_v, z_v, and$ 331 θ in Figure 2) as a function of distance along the blade, s, at different phases in the 332

³³³ wave cycle. Sinusoidal curves were fitted to the observed blade positions over a wave ³³⁴ cycle to obtain the horizontal and vertical blade velocities $(\partial x_v/\partial t, \partial z_v/\partial t)$. At higher ³³⁵ stem densities, there was some interference between neighboring blades for certain wave ³³⁶ conditions. The nature of this interference and potential implications for blade motion ³³⁷ tracking are discussed in Section 4.1 below.

The observed blade velocities were used together with the horizontal [3] and vertical [4] orbital velocities predicted by linear wave theory to calculate relative velocities, $u_R =$ $u - (\partial x_v / \partial t)$ and $w_R = w - (\partial z_v / \partial t)$. For all the wave conditions considered in this study, vertical profiles of velocity measured upstream of the meadow were within 95% of predictions made by linear theory [Luhar et al., 2010]. The rate of energy dissipation within the meadow was then estimated using the equation:

$$E_D = \frac{1}{T} \int_0^T \int_0^l \frac{1}{2} \rho C_D a_v |u_{RN}| u_{RN} u_N \, ds \, dt.$$
(15)

where $u_{RN} = u_R \cos \theta - w_R \sin \theta$ is the relative velocity normal to the blade, and $u_N =$ 345 $u\cos\theta - w\sin\theta$ is the fluid velocity normal to the blade. As shown in Figure 2, θ is the 346 angle of the blade relative to vertical, and so [15] accounts for the bent posture of the 347 blades by considering both horizontal and vertical relative velocities. To estimate the 348 effective blade length, the rate of energy dissipation calculated using [15] was equated 349 with the expression shown on the right-hand side of equation [5], replacing l with l_e in 350 equation [5]. This method of estimating the effective blade length requires the further 351 assumptions that C_D and a_v are constant in time and in position along the blade, so that 352 the factor $C_D a_v$ cancels when equating [5] and [15]. Note that in the limit of rigid, upright 353 vegetation $(\theta = 0, u_{RN} = u_R = u)$, [15] is identical to the expression shown in [2]. 354

DRAFT

X - 18

March 30, 2017, 4:26pm

4. Results

4.1. Blade Posture and Motion

Movies of blade motion showed behavior that followed or fell between the two cases 355 illustrated in Figure 6. This figure shows the fitted blade posture at six equally spaced 356 phases of a wave cycle for wave conditions corresponding to the lowest amplitude case A1 357 $(a_0 = 0.9 \text{ cm}, T = 1.4 \text{ s}, h = 39 \text{ cm})$ and the highest amplitude case A5 $(a_0 = 5.6 \text{ cm}, h = 39 \text{ cm})$ 358 T = 1.4 s, h = 39 cm). Curves marked 1, 2 and 3 show blade posture under the wave 359 crest (forward stroke) while curves 4, 5 and 6 show motion under the wave trough (return 360 stroke). For both runs, the horizontal excursion of the blade tips was comparable to the 361 wave excursion. However, blade motion under the return stroke varied dramatically for 362 the two cases. 363

For the wave conditions in run A1, the blade remained relatively upright as it moved 364 throughout the wave cycle (Figure 6a). For this case, the effective blade length was 365 estimated to be $l_e/l = 0.40$, indicating that blade flexibility significantly reduced the drag 366 (cutting it by more than half) relative to a rigid blade of comparable length. For high 367 amplitude wave conditions, the blade motion was more complex, with significant blade 368 motion over most of the blade length (e.g. run A5, Figure 6b). The blade remained 369 relatively still and upright only very close to the bed. Greater blade motion translated 370 into smaller relative velocities, which led to a further reduction in the effective blade 371 length relative to run A1, specifically the effective length was estimated to be $l_e/l = 0.21$. 372 Photographs from Koch et al. [2006] show blade postures in the field similar to those 373 in Figure 6b, confirming the dynamic similarity between natural seagrass and the model 374

³⁷⁵ employed for this study. Note that *Paul et al.* [2012] also observe broadly similar blade ³⁷⁶ motion in their laboratory experiments.

³⁷⁷ We observed a net mass transport (unidirectional current) in the direction of wave ³⁷⁸ propagation that extended vertically over the height of the seagrass meadow. This induced ³⁷⁹ current is analogous to the steady streaming observed in wave boundary layers [for further ³⁸⁰ detail, see *Luhar et al.*, 2010, 2013]. The magnitude of this steady streaming was large ³⁸¹ enough (as much as 8 cms⁻¹) to create a bias in blade posture in the streamwise direction ³⁸² (Figure 6). However, the effective blade length calculated using [15] accounts for this bias ³⁸³ in posture¹.

For the wave conditions in the intermediate amplitude case A3 ($a_0 = 3.4$ cm, T = 1.4384 s, h = 39 cm), and the low frequency case T5 ($a_0 = 3.5$ cm, T = 2.0 s, h = 39 cm), blade 385 motion resembled the observed behavior for run A5 (high amplitude, Figure 6b). Blade 386 motion for the high frequency waves in experiment T2 ($a_0 = 2.7$ cm, T = 0.9 s, h = 39387 cm) was similar to that observed for A1 (low amplitude, Figure 6a). The difference in 388 blade motion is reflected in the effective blade lengths reported in Table 1. Note that the 389 wave velocities were larger for experiments A3, A5 and T5 compared to experiments A1 390 and T2, suggesting that hydrodynamic forcing dictates blade motion and sets the effective 391 length, with higher wave-induced velocities leading to smaller effective blade lengths. The 392 relationship between effective length and hydrodynamic forcing is considered in greater 393 detail in Section 5.1. 394

The above image analysis was carried out for blade density n = 1800 blades m⁻². At higher stem density the reduced center-center spacing between the model plants led to interference between neighboring blades. Qualitative observations indicate that blade

motion for high frequency or low amplitude waves did not change significantly. The 398 relatively upright posture of the blades during these runs, similar to Figure 6a, ensured 399 that there was little interference from neighboring blades. However, the complex blade 400 motion seen for high amplitude waves (Figure 6b) was affected. At densities above 7200 401 blades m^{-2} , the upper portions of the blades remained depressed in a streamwise posture 402 throughout the wave cycle. The blades oscillated periodically between the postures shown 403 by curves 4, 5 and 6 in Figure 6b, without undergoing the postures shown by curves 1, 404 2 and 3. This streamwise posture ensures that the upper portions of the blades provide 405 very little flow resistance (only skin friction). Drag generation is again dominated by the 406 lower part of the blades and hence, our earlier estimates of effective blade length remain 407 valid. 408

4.2. Wave Decay

⁴⁰⁹ The measured wave decay, expressed as $K_D a_0 \lambda$, is shown in Figure 7 as a function of ⁴¹⁰ the dimensionless vegetation parameters $a_v l$, a_0/h , l/h, and kh. For reference, we also ⁴¹¹ show curves (black lines in Figure 7) corresponding to the wave decay predicted for rigid, ⁴¹² right blades, i.e. $l_e = l$ in [8]. For simplicity, we assume a constant value for the drag ⁴¹³ coefficient for these predictions: $C_D = 1.95$, which corresponds to a flat plate normal to ⁴¹⁴ flow at high Reynolds number.

In general, the drag coefficient is expected to vary both as a function of the Reynolds number, Re, and the Keulegan-Carpenter number, KC. For steady flows, the Reynolds number dependence can be approximated as $C_D \approx 1.95 + 50/Re$ [Ellington, 1991; Vogel, 1994]. For oscillatory flows at high Reynolds number, Luhar and Nepf [2016] suggested the following dependence $C_D = max(1.95, 10KC^{-1/3})$ based on data from Graham [1980].

In the present experiments, the Keulegan-Carpenter number ranged from KC = 11 to 420 102, while the Reynolds number ranged from Re = 100 to 610 (Table 1). Based on the ex-421 pressions given above, $C_D \approx 2.1 - 4.6$ over this parameter range. Thus, $C_D = 1.95$ is likely 422 to be an underestimate of the true drag coefficient, making the solid curves in Figure 7 423 an underestimate of the rigid blade wave dissipation. Despite this underestimation, with 424 the rigid blade assumption, [8] over-predicts wave decay for all the experimental runs, 425 clearly showing that blade flexibility leads to reduced drag. Significantly, the rigid blade 426 assumption over-predicts wave decay by a factor of more than 3 in most cases (Figure 7). 427 Exceptions to this are the high frequency cases, T1 and T2 shown in Figure 7c, and the 428 low amplitude cases, A1 and A2, shown in Figure 7b. For these cases, the rigid, upright 429 blade assumption over-predicts wave decay by a factor of 2 to 3, consistent with the es-430 timated effective blade lengths for runs T2 and A1 ($l_e/l \approx 0.4$, see Table 1). Further, 431 the over prediction of wave decay by the rigid blade assumption increases with increas-432 ing wave amplitude (Figure 7b) and decreasing wave number (Figure 7c), which would 433 correspond to increasing wave length and period. In other words, the wave decay mea-434 surements suggest that an increase in orbital velocity, associated with a higher amplitude 435 or longer period, leads to a decrease in effective blade length, consistent with the direct 436 observations of blade posture and motion (Figure 6). 437

In addition to the drag reduction associated with flexible blades presented above, we also observed the following general trends in wave decay. Wave decay increased with vegetation density (Figure 7a), and the trend was approximately linear for the lower vegetation densities. However, wave decay reached a plateau for the two highest densities, Runs D5 (n = 9000 blades m⁻²) and D6 (n = 10800 blades m⁻²) shown in Figure 7a.

Lower decay may be explained based on the arguments put forth by Lowe et al. [2007]. 443 As the orbital excursion approaches or exceeds the drag length scale $(A \sim a_v^{-1})$, the wave 444 induced flow within the meadow is damped, resulting in lower velocities. Lower in-canopy 445 velocities lead to reduced energy dissipation [2] and wave decay. For run D5 the orbital 446 excursion was A = 2.7 cm, and the drag length scale was $a_v^{-1} = 3.7$ cm, suggesting 447 that the velocity damping limit was approached ($Aa_v = 0.7$ for D5 and $Aa_v = 0.8$ for 448 D6). Thus, even though more drag elements were present in case D6, relative to case 449 D5, the lower in-canopy velocity could produce comparable wave decay. We also expect 450 diminished wave velocities within the meadow for the following cases: T5 ($Aa_v = 1.1$), A4 451 $(Aa_v = 0.9)$ and A5 $(Aa_v = 1.0)$. Velocity measurements reported in Luhar et al. [2010] 452 for these wave conditions show that orbital velocities within the meadow are reduced by 453 as much as 21% compared to predictions made by linear wave theory. 454

Figure 7c shows the variation in wave decay over a range of wave periods (and also 455 wavelengths). In general, decay decreased as the waves became shorter (period T de-456 creases, kh increases). The decay per wavelength, $K_D a_0 \lambda$, was 0.11 (interpreted as an 457 11% reduction in wave height per wavelength) for waves of period 2.0 seconds (run T5) 458 and only $K_D a_0 \lambda = 0.01$ for waves of period 0.8 seconds (run T1). This is physically 459 intuitive since shorter waves have velocities that decrease more rapidly with depth and 460 smaller velocities within the meadow lead to reduced energy dissipation and wave decay. 461 For example, linear wave theory [3]-[4] predicts that a wave of amplitude 5.0 cm in 39 462 cm water depth would produce a horizontal orbital velocity of 22 $\rm cm s^{-1}$ near the flume 463 bed (z = 0 cm) for waves of period T = 2.0 s and only 5.6 cm s⁻¹ for waves of period 464 0.8 s. Similarly, because velocity increases linearly with amplitude, we also expect higher 465

⁴⁶⁶ wave decay for high amplitude waves. This is confirmed by the wave decay measurements ⁴⁶⁷ shown in Figure 7b. However, in both Figure 7b and Figure 7c, the observed increase in ⁴⁶⁸ wave decay with wave amplitude and period is not as steep as that predicted for rigid, ⁴⁶⁹ upright blades. This may be explained by a decrease in effective blade length caused by ⁴⁷⁰ higher velocities (and hence higher Cauchy number).

Finally, Figure 7d elucidates the impact of relative submergence. The water depth was 471 varied between 16 cm (H1, l/h = 0.8) and 39 cm (H4, l/h = 0.3) while the wave period 472 (T = 1.4 s) was kept constant for these runs. As a result, the parameters kh and l/h473 both varied for these experiments. The decay per wavelength, $K_D a_0 \lambda$, was 0.25 for case 474 H1 with l/h = 0.8. This reduced to $K_D a_0 \lambda = 0.09$ for the case where l/h = 0.3 (H4). 475 In general, wave decay increased as the meadow occupied more of the water column see 476 also Stratigaki et al., 2011; Anderson and Smith, 2014]. The predicted curve shown in 477 Figure7d suggests that decay is likely to be negligible if the meadow occupies less than 478 10% of the water column. 479

5. Discussion

5.1. Effective Length and Wave Decay

Figure 7 shows that the rigid blade assumption substantially over-predicts wave decay over the model canopy of flexible seagrass. Instead of calibrating the drag coefficient to account for the effect of vegetation motion, we propose the use of the physically-motivated effective length framework. For the present experiments, the ratio of blade length to wave excursion was $L \ge 2.7$ and the Cauchy number was $Ca \ge 100$. Thus, we expect the highforcing $(Ca \gg 1)$ and small-excursion $(L \gg 1)$ limit identified by Luhar and Nepf [2016] to apply. For this limit, the effective length is predicted to scale as $l_e/l \sim (CaL)^{-1/4}$ [12]. ⁴⁸⁷ As shown in Figure 8, the effective lengths estimated from blade motion imaging conform ⁴⁸⁸ well to this predicted scaling law². More specifically, the following relationship provides ⁴⁸⁹ the best fit to the data: $l_e/l = 2.25(CaL)^{-1/4}$ ($r^2 = 0.67$). Importantly, this scaling law is ⁴⁹⁰ also consistent with the single blade data reported in *Luhar and Nepf* [2016], which were ⁴⁹¹ obtained via direct force measurements.

We next test whether the relation for effective length determined through video analysis 492 of blade motion (Figure 8) can be used in [8] to predict observed wave decay. Figure 9 493 compares measured values for wave decay, $K_D a_0 \lambda$, with predictions made via [8]. With 494 the rigid blade assumption, $l_e = l$, the slope for the best-fit linear relationship between 495 predicted and measured wave decay is 4.50 (Figure 9a). In other words, the rigid blade 496 assumption on average leads to a 350% over-prediction of wave decay. Figure 9b shows 497 that the predictions improve markedly when the effective blade length is calculated using 498 the fitted relationship, $l_e/l = 2.25(CaL)^{-1/4}$. Specifically, the slope for the best-fit linear 499 relationship is 1.08, i.e. an 8% over-prediction on average. For most of the cases, the ob-500 served values are within 20% of the predictions, which further confirms that our physically 501 based model for effective length captures the behavior of the model seagrass blades well. 502 There is one exception to the good prediction provided by the effective length. Specifi-503 cally, wave decay is over-predicted substantially for run T5. As discussed above, for this 504 case the wave excursion exceeds the drag length-scale ($Aa_v = 1.1$), resulting in a reduction 505 of in-canopy velocities [Luhar et al., 2010] which is not accounted for in equation [8]. 506

The results presented in Figure 9 show that the effective length framework successfully accounts for the effects of blade flexibility on wave energy dissipation, providing an accurate prediction of measured wave decay. A major advantage of this approach is that it

DRAFT

⁵¹⁰ allows us to differentiate between the distinct physical phenomena that affect drag and ⁵¹¹ energy dissipation. Specifically, the effects of shape and Reynolds number can be incor-⁵¹² porated into the drag coefficient, so that C_D can be estimated from previous literature for ⁵¹³ rigid bluff body flows. The effects of vegetation bending and motion can be accounted for ⁵¹⁴ via the effective length l_e , which depends primarily on the Cauchy number Ca and length ⁵¹⁵ ratio L.

For field conditions, the Cauchy number Ca can be calculated based on estimates of 516 the blade properties (width, length, thickness and elastic modulus) and the significant 517 wave height and peak period. However, the exact power law for l_e obtained here may not 518 apply across all species of seagrass. The broadband nature of waves in the field also makes 519 defining an effective length more difficult. Specifically, there could be multiple energetic 520 wave frequencies in the field, and the vegetation is unlikely to dissipate all these frequencies 521 equally, i.e. the canopy may act as a high- or low-pass filter for the waves [Bradley and 522 Houser, 2009]. A single value for l_e identified from the significant wave height and peak 523 period would not reproduce this frequency dependence, and so it may be necessary to 524 define a frequency-dependent effective length [see also Mullarney and Henderson, 2010]. 525

5.2. Vegetation Effects at the Regional Scale

Previous studies [*Gacia et al.*, 1999; *Granata et al.*, 2001] suggest that the reduction in wave-induced velocities within seagrass meadows results in lower local bed-stresses. Lower bed stresses lead to reduced sediment re-suspension and, therefore, enhanced particle retention. On a regional scale, the presence of seagrass can also impact the bed stresses by reducing the wave amplitude. We follow the methodology of [*Fagherazzi et al.*, 2006] to predict the reduction in wave amplitude over a vegetated region relative to a bare bed and ⁵³² hence, estimate the regional effects on near-bed velocity. We consider locally-generated ⁵³³ wind waves at equilibrium, such that the energy input from the wind is balanced by the ⁵³⁴ energy extracted by bed friction in the absence of vegetation [as considered by *Fagherazzi* ⁵³⁵ et al., 2006], or by vegetative drag (as we now consider in comparison). For simplicity, we ⁵³⁶ ignore energy losses associated with wave breaking and white capping, and we also ignore ⁵³⁷ the influence of fetch, i.e. we consider an unlimited fetch. The dissipation rate due to bed ⁵³⁸ friction is:

$$E_{D,bf} = 2\rho g C_{bf} a_{bf}^3 \omega \frac{k}{\sinh kh \sinh 2kh}$$
(16)

with bed friction coefficient, $C_{bf} = 0.015$ [Fagherazzi et al., 2006]. For conditions with only bed friction (bf) acting, we denote wave amplitude a_{bf} . Wave dissipation due to a seagrass meadow (repeated here for convenience) is as shown in [5]

$$E_{D,veg} = \frac{2}{3\pi} \rho C_D a_v \left(\frac{a_{veg}\omega}{\sinh kh}\right)^3 \left[\frac{9\sinh kl_e + \sinh 3kl_e}{12k}\right].$$
 (17)

Here, for conditions with vegetation we denote the wave amplitude as a_{veg} . Since we compare conditions at the same site, with and without seagrass, the wind-input is the same. Therefore, we equate [16] and [17], and solve for the ratio a_{veg}/a_{bf} to compare the amplitude of waves in this region with and without vegetation. This ratio is given by the expression:

$$\left(\frac{a_{veg}}{a_{bf}}\right)^3 = \frac{3\pi}{2} \frac{C_{bf}}{C_D a_v l_e} \left[\frac{12kl_e}{9\sinh kl_e + \sinh 3kl_e}\right].$$
(18)

We compute this amplitude ratio for a typical seagrass meadow [see e.g. Luhar et al., 2010] subject to waves of period T = 2.0 s and T = 8.0 s. We assume that the seagrass blade length is l = 0.5 m, the water depth ranges from h = 1 m to h = 10 m, and the frontal area per unit volume ranges from $a_v = 1$ m⁻¹ to $a_v = 10$ m⁻¹. Since the effective

539

543

549

March 30, 2017, 4:26pm

length depends on the local hydrodynamic forcing, it cannot be predicted independently of the wave amplitude a_{veg} . For simplicity, we assume a constant value of $l_e/l = 0.2$ such that $l_e = 0.1$ m. The drag coefficient is assumed to be $C_D = 1.95$.

As expected, the influence of seagrass on wave amplitude increases as vegetation density 557 (a_v) increases (Figure 10). Recall from Figure 7 that wave decay increases as the fraction 558 of the water column occupied by the vegetation increases (runs H4-H1) and decreases 559 as the wave period decreases (runs T5-T1). However, Figure 10 shows that neither the 560 wave period nor the water depth appreciably impact the amplitude ratio, a_{veg}/a_{bf} . This 561 is because, for field conditions, the effective length of the vegetation is likely to be much 562 smaller than the wavelength, $kl_e = 2\pi l_e/\lambda \ll 1$, and so the factor inside the square 563 brackets in [18] is approximately equal to 1. At this limit, [18] simplifies to: 564

$$\frac{a_{veg}}{a_{bf}} \approx \left(\frac{2\pi}{2} \frac{C_{bf}}{C_D a_v l_e}\right)^{1/3}.$$
(19)

In other words, the wave period, wavelength, and water depth do not play a significant role. Instead, the parameter $C_{bf}/(C_D a_v l_e)$, which may be thought of as the ratio of energy dissipation over the two substrates, is the major control on the amplitude ratio.

Figure 10 shows that, for typical field conditions, the wave amplitude over a meadow is less than 70% of the amplitude over bare bed, i.e. a reduction of 30% or more. For dense meadows ($a_v \approx 10 \text{ m}^{-1}$), the reduction in amplitude can be as large as 70%. Since wave-velocity scales linearly with wave amplitude, a similar reduction in near-bed velocity is expected. Thus, on a regional scale, wave decay due to seagrass meadows is likely to yield a significant reduction of near-bed velocities compared to regions without vegetation. Lower velocities lead to lower bed stresses, thereby reducing sediment re-suspension.

56

6. Conclusion

Through flume experiments, we have studied blade motion under waves and its impact 576 on wave energy dissipation over a seagrass meadow. Only relative motion between the 577 blades and the water leads to hydrodynamic drag and hence, energy dissipation. As a 578 result, the effective length of the seagrass blades, which approximates the length of blade 579 over which relative motion between blades and water is significant, produces a better 580 predictor of energy dissipation than models based on the full blade length. Consistent 581 with recent experimental and theoretical research on the dynamics of flexible blades in 582 oscillatory flows [Mullarney and Henderson, 2010; Luhar and Nepf, 2016], our results 583 suggest that the effective blade length depends on the ratio of the restoring force due 584 to blade rigidity and hydrodynamic drag (Cauchy number, Ca) as well as the ratio of 585 blade length to wave excursion (L). Specifically, the ratio CaL provides a metric for 586 predicting the effective blade length, l_e . The best fit to the data was a power law of 587 the form $l_e/l = 2.25(CaL)^{-1/4}$. Using this estimator of the effective blade length, which 588 was based on images of blade motion, we were able to predict the wave decay over the 589 meadow. Previous researchers have simply used a calibrated value of the drag coefficient 590 to account for blade motion. By studying the posture of the blades over a wave cycle, we 591 give a mechanistic explanation for the lower drag coefficients. 592

We also studied the impact of vegetation characteristics (stem density and depth of submergence) and wave properties (period and amplitude) on wave decay. As anticipated, wave decay increases with increasing vegetation density (more drag-inducing elements). Relative depth of submergence also plays a major role; wave decay increases as the vegetation occupies a larger fraction of the water column. Further, wave decay decreases with decreasing wave period and increases with increasing wave height. This is because wave-induced velocities within the meadow increase as the wave period and wave height rise, and larger velocities lead to greater energy dissipation within the meadow. Finally, we show that on a regional scale, the amplitudes of steady-state wind-generated waves over seagrass meadows could be less than 40% of the amplitudes over regions without vegetation because of energy dissipation due to vegetation drag.

Acknowledgments. This study received support from the US National Science Foundation under grants OCE 0751358 and EAR 6935738. Any conclusions or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the National Science Foundation. E. Infantes would like to thank financial support from the Spanish Ministerio de Educación y Ciencia (MEC) FPI scholarship program (BES-2006-12850). All data necessary to evaluate and build upon the work in this paper are available in the cited references, or are included in the figures and tables.

Notes

 Biased blade postures have also been observed for single blades in oscillatory flows, though the exact mechanisms leading to this mean pronation remain to be fully understood [*Gijón Mancheño*, 2016; *Luhar and Nepf*, 2016].
 We also considered the large-excursion scaling, l_e/l ~ Ca^{-1/3}, shown in [11]. However, this scaling did not lead to as good of a fit for the effective lengths, which is understandable given that it assumes L ≪ 1.

References

- ⁶¹² Alben, S., M. Shelley, and J. Zhang (2002), Drag reduction through self-similar bending ⁶¹³ of a flexible body, *Nature*, 420(6915), 479–481.
- ⁶¹⁴ Anderson, M. E., and J. Smith (2014), Wave attenuation by flexible, idealized salt marsh
- vegetation, Coastal Engineering, 83, 82–92.

DRAFT

- ⁶¹⁶ Asano, T., H. Deguchi, and N. Kobayashi (1992), Interaction between water waves and ⁶¹⁷ vegetation, in *Coastal Engineering Conference*, vol. 3, pp. 2710–2710, ASCE.
- Augustin, L. N., J. L. Irish, and P. Lynett (2009), Laboratory and numerical studies of
 wave damping by emergent and near-emergent wetland vegetation, *Coastal Engineering*,
 56(3), 332–340.
- Bradley, K., and C. Houser (2009), Relative velocity of seagrass blades: Implications for
 wave attenuation in low-energy environments, *Journal of Geophysical Research: Earth* Surface, 114 (F1).
- ⁶²⁴ Chen, S.-N., L. P. Sanford, E. W. Koch, F. Shi, and E. W. North (2007), A nearshore ⁶²⁵ model to investigate the effects of seagrass bed geometry on wave attenuation and ⁶²⁶ suspended sediment transport, *Estuaries and Coasts*, 30(2), 296–310.
- ⁶²⁷ Coops, H., N. Geilen, H. J. Verheij, R. Boeters, and G. van der Velde (1996), Interactions
 ⁶²⁸ between waves, bank erosion and emergent vegetation: an experimental study in a wave
 ⁶²⁹ tank, Aquatic Botany, 53(3), 187–198.
- Dalrymple, R. A., J. T. Kirby, and P. A. Hwang (1984), Wave diffraction due to areas
 of energy dissipation, Journal of Waterway, Port, Coastal, and Ocean Engineering,
 110(1), 67–79.
- ⁶³³ Duarte, C. M. (1991), Seagrass depth limits, Aquatic Botany, 40(4), 363–377.
- ⁶³⁴ Duarte, C. M., E. Benavent, and M. del Carmen Sánchez (1999), The microcosm of
- particles within seagrass *Posidonia oceanica* canopies, *Marine Ecology Progress Series*,
 181, 289–295.
- Ellington, C. (1991), Aerodynamics and the origin of insect flight, Advances in Insect
 Physiology, 23, 171–210.

- Elwany, M. H. S., W. C. O'Reilly, R. T. Guza, and R. E. Flick (1995), Effects of southern
- california kelp beds on waves, Journal of Waterway, Port, Coastal, and Ocean Engineering, 121(2), 143–150.
- ⁶⁴² Eriander, L., E. Infantes, M. Olofsson, J. L. Olsen, and P.-O. Moksnes (2016), Assessing
- methods for restoration of eelgrass (Zostera marina L.) in a cold temperate region,
- Journal of Experimental Marine Biology and Ecology, 479, 76–88.
- Fagherazzi, S., L. Carniello, L. D'Alpaos, and A. Defina (2006), Critical bifurcation of
 shallow microtidal landforms in tidal flats and salt marshes, *Proceedings of the National* Academy of Sciences, 103(22), 8337–8341.
- ⁶⁴⁸ Fonseca, M. S., and J. A. Cahalan (1992), A preliminary evaluation of wave attenuation ⁶⁴⁹ by four species of seagrass, *Estuarine*, *Coastal and Shelf Science*, 35(6), 565–576.
- ⁶⁵⁰ Fonseca, M. S., J. C. Zieman, G. W. Thayer, and J. S. Fisher (1983), The role of current
 velocity in structuring eelgrass (*Zostera marina L.*) meadows, *Estuarine, Coastal and* ⁶⁵² Shelf Science, 17(4), 367–380.
- Gacia, E., T. Granata, and C. Duarte (1999), An approach to measurement of particle flux
 and sediment retention within seagrass (*Posidonia oceanica*) meadows, *Aquatic Botany*,
 655 65(1), 255–268.
- Ghisalberti, M., and H. M. Nepf (2002), Mixing layers and coherent structures in vegetated
 aquatic flows, *Journal of Geophysical Research: Oceans*, 107(C2).
- Gijón Mancheño, A. (2016), Interaction between wave hydrodynamics and flexible vegetation, Master's thesis, TU Delft.
- Gosselin, F., E. De Langre, and B. A. Machado-Almeida (2010), Drag reduction of flexible
 plates by reconfiguration, *Journal of Fluid Mechanics*, 650, 319–341.

X - 32

- Graham, J. (1980), The forces on sharp-edged cylinders in oscillatory flow at low keulegan– carpenter numbers, *Journal of Fluid Mechanics*, 97(02), 331–346.
- Granata, T., T. Serra, J. Colomer, X. Casamitjana, C. Duarte, and E. Gacia (2001), Flow
 and particle distributions in a nearshore seagrass meadow before and after a storm,
 Marine Ecology Progress Series, 218, 95–106.
- ⁶⁶⁷ Hunt, J. (1964), The viscous damping of gravity waves in shallow water, *La Houille* ⁶⁶⁸ *Blanche*, *6*, 685–691.
- Infantes, E., A. Orfila, G. Simarro, J. Terrados, M. Luhar, and H. Nepf (2012), Effect of a
 seagrass (*Posidonia oceanica*) meadow on wave propagation, *Marine Ecology Progress Series*, 456, 63–72.
- ⁶⁷² Keulegan, G. H., and L. H. Carpenter (1956), Forces on cylinders and plates in an oscil⁶⁷³ lating fluid, US Department of Commerce, National Bureau of Standards.
- Knutson, P. L., R. A. Brochu, W. N. Seelig, and M. Inskeep (1982), Wave damping in
 Spartina alterniflora marshes, Wetlands, 2(1), 87–104.
- ⁶⁷⁶ Kobayashi, N., A. W. Raichle, and T. Asano (1993), Wave attenuation by vegetation, ⁶⁷⁷ Journal of Waterway, Port, Coastal, and Ocean Engineering, 119(1), 30–48.
- Koch, E. W., J. D. Ackerman, J. Verduin, and M. van Keulen (2006), Fluid dynamics
 in seagrass ecology: from molecules to ecosystems, in *Seagrasses: Biology, Ecology and Conservation*, pp. 193–225, Springer, Netherlands.
- Lowe, R. J., J. L. Falter, J. R. Koseff, S. G. Monismith, and M. J. Atkinson (2007),
- ⁶⁸² Spectral wave flow attenuation within submerged canopies: Implications for wave energy
- dissipation, Journal of Geophysical Research: Oceans, 112(C5).

- X 34 LUHAR ET AL.: BLADE MOTION AND WAVE DECAY
- ⁶⁸⁴ Luhar, M., and H. Nepf (2016), Wave-induced dynamics of flexible blades, *Journal of* ⁶⁸⁵ *Fluids and Structures*, 61, 20–41.
- Luhar, M., and H. M. Nepf (2011), Flow-induced reconfiguration of buoyant and flexible aquatic vegetation, *Limnology and Oceanography*, 56(6), 2003–2017.
- ⁶⁸⁸ Luhar, M., J. Rominger, and H. Nepf (2008), Interaction between flow, transport and ⁶⁸⁹ vegetation spatial structure, *Environmental Fluid Mechanics*, 8(5-6), 423–439.
- ⁶⁹⁰ Luhar, M., S. Coutu, E. Infantes, S. Fox, and H. Nepf (2010), Wave-induced velocities ⁶⁹¹ inside a model seagrass bed, *Journal of Geophysical Research: Oceans*, 115(C12).
- ⁶⁹² Luhar, M., E. Infantes, A. Orfila, J. Terrados, and H. M. Nepf (2013), Field observations
- of wave-induced streaming through a submerged seagrass (*Posidonia oceanica*) meadow,
- Journal of Geophysical Research: Oceans, 118(4), 1955–1968.
- Madsen, O. S. (1971), On the generation of long waves, Journal of Geophysical Research, 76(36), 8672–8683.
- Marbà, N., C. M. Duarte, E. Díaz-Almela, J. Terrados, E. Álvarez, R. Martínez, R. Santiago, E. Gacia, and A. M. Grau (2005), Direct evidence of imbalanced seagrass (*Posi- donia oceanica*) shoot population dynamics in the Spanish Mediterranean, *Estuaries*,
 28(1), 53–62.
- Méndez, F. J., and I. J. Losada (2004), An empirical model to estimate the propagation
 of random breaking and nonbreaking waves over vegetation fields, *Coastal Engineering*,
 51(2), 103–118.
- ⁷⁰⁴ Méndez, F. J., I. J. Losada, and M. A. Losada (1999), Hydrodynamics induced by wind ⁷⁰⁵ waves in a vegetation, *Journal of Geophysical Research*, *104* (C8), 18–383.

- Möller, I., T. Spencer, J. French, D. Leggett, and M. Dixon (1999), Wave transformation 706 over salt marshes: a field and numerical modelling study from North Norfolk, England, 707 Estuarine, Coastal and Shelf Science, 49(3), 411-426.
- Moore, K. A. (2004), Influence of seagrasses on water quality in shallow regions of the 709 lower Chesapeake Bay, Journal of Coastal Research, pp. 162–178. 710
- Mork, M. (1996), The effect of kelp in wave damping, Sarsia, 80(4), 323-327. 711
- Mullarney, J. C., and S. M. Henderson (2010), Wave-forced motion of submerged single-712
- stem vegetation, Journal of Geophysical Research: Oceans, 115(C12). 713
- Paul, M., T. Bouma, and C. Amos (2012), Wave attenuation by submerged vegetation: 714
- combining the effect of organism traits and tidal current, Marine Ecology Progress 715 Series, 444, 31–41. 716
- Pergent-Martini, C., V. Rico-Raimondino, and G. Pergent (1994), Primary production of 717 Posidonia oceanica in the Mediterranean Basin, Marine Biology, 120(1), 9–15. 718
- Peterson, C. H., R. A. Luettich Jr, F. Micheli, and G. A. Skilleter (2004), Attenuation 719 of water flow inside seagrass canopies of differing structure, Marine Ecology Progress 720 Series, 268, 81–92. 721
- Riffe, K. C., S. M. Henderson, and J. C. Mullarney (2011), Wave dissipation by flexible 722 vegetation, *Geophysical Research Letters*, 38(18). 723
- Sánchez-González, J. F., V. Sánchez-Rojas, and C. D. Memos (2011), Wave attenuation 724
- due to Posidonia oceanica meadows, Journal of Hydraulic Research, 49(4), 503–514. 725
- Stratigaki, V., E. Manca, P. Prinos, I. J. Losada, J. L. Lara, M. Sclavo, C. L. Amos, 726
- I. Cáceres, and A. Sánchez-Arcilla (2011), Large-scale experiments on wave propagation 727
- over Posidonia oceanica, Journal of Hydraulic Research, 49(sup1), 31–43. 728

708



Figure 1. Schematic illustrating the difference in blade behavior at (a) the large excursion limit $(L \ll 1)$ and (b) the small excursion limit $(L \gg 1)$. This figure is modified from *Luhar and* Nepf [2016].

- ⁷²⁹ Vogel, S. (1994), Life in moving fluids: the physical biology of flow, Princeton University
 ⁷³⁰ Press, New Jersey.
- Ward, L. G., W. M. Kemp, and W. R. Boynton (1984), The influence of waves and
 seagrass communities on suspended particulates in an estuarine embayment, *Marine Geology*, 59(1-4), 85–103.



Figure 2. Schematic showing the coordinate system used to estimate blade posture, velocity

and drag.



Figure 3. Schematic showing a side view of the wave channel (all dimensions cm; not to scale). The direction of wave propagation, as indicated by the arrow, is from left to right. Baseboards were put in place for the region 2.5m-upstream and 2.5m-downstream of the model seagrass canopy to ensure that any measured wave transformation was due to the vegetation alone. The slope of the plywood beach is 1:5.

Table 1. Table listing the wave and vegetation parameters for the experiments. Runs D1-D6 measure wave decay over a range of vegetation densities. Similarly, H1-H4 vary water depth, T1-T5 vary wave period while A1-A5 vary wave amplitude. The final row indicates typical uncertainty for each variable.

	n	h	Т	a_0	λ	$a_v l$	l/h	kh	a_0/h	Re	KC	Ca	L	l_e/l
	$[m^{-2}]$	[cm]	$[\mathbf{s}]$	[cm]	[cm]		,		,					,
D1	1800	39	1.4	3.0	240	0.7	0.3	1.0	0.08	330	52	1030	5.3	-
D2	3600	39	1.4	3.3	240	1.4	0.3	1.0	0.09	360	58	1300	4.7	-
D3	5400	39	1.4	3.0	240	2.1	0.3	1.0	0.08	330	52	1050	5.2	-
$D4^{*,+}$	7200	39	1.4	3.4	240	2.8	0.3	1.0	0.09	370	59	1330	4.6	0.21
D5	9000	39	1.4	3.2	240	3.5	0.3	1.0	0.08	350	55	1180	4.9	-
D6	10800	39	1.4	2.8	240	4.2	0.3	1.0	0.07	310	49	910	5.6	-
H1	7200	16	1.4	1.4	170	2.8	0.8	0.6	0.09	290	47	850	5.8	-
H2	7200	24	1.4	2.0	210	2.8	0.5	0.7	0.08	330	53	1070	5.2	-
H3	7200	32	1.4	2.6	230	2.8	0.4	0.9	0.08	350	55	1170	4.9	-
${ m H4^{*,+}}$	7200	39	1.4	3.4	240	2.8	0.3	1.0	0.09	370	59	1330	4.6	0.21
T1	7200	39	0.8	3.6	90	2.8	0.3	2.7	0.09	120	11	150	25.9	-
$T2^*$	7200	39	0.9	2.7	125	2.8	0.3	2.0	0.07	160	16	260	16.5	0.35
$T3^*$	7200	39	1.1	3.7	170	2.8	0.3	1.4	0.09	310	39	970	7.0	0.21
$T4^{*,+}$	7200	39	1.4	3.4	240	2.8	0.3	1.0	0.09	370	59	1330	4.6	0.21
$T5^*$	7200	39	2.0	3.5	370	2.8	0.3	0.7	0.09	460	102	2060	2.7	0.23
$A1^*$	7200	39	1.4	0.9	240	2.8	0.3	1.0	0.02	100	16	100	17.1	0.40
A2	7200	39	1.4	1.9	240	2.8	0.3	1.0	0.05	210	33	420	8.2	-
$A3^{*,+}$	7200	39	1.4	3.4	240	2.8	0.3	1.0	0.09	370	59	1330	4.6	0.21
A4	7200	39	1.4	4.8	240	2.8	0.3	1.0	0.12	530	84	2710	3.3	-
$A5^*$	7200	39	1.4	5.6	240	2.8	0.3	1.0	0.14	610	97	3610	2.8	0.20
	[30]	[0.5]	[0.05]	[0.2]	[5]									[0.03]
Dlada			1 1	C. 1			· . 1 1·	. 1	• • • •			1	• . [1 - 1

* Blade motion was tracked for these runs, yielding direct measurement of l_e via [15].

⁺ D4, H4, T4 and A3 are identical runs listed in multiple locations for ease of comparison.



Figure 4. Photo of the model canopy with wave approaching from the left. The seagrass density is 1800 stems m⁻². The stem protrudes approximately 1 cm above the baseboards into the water. The mean measured diameter of the stems was d = 7.8 mm.



Figure 5. Wave amplitude measurements for runs H1 ($a_0 = 1.4$ cm, T = 1.4 s, h = 16 cm; open black circles) and T5 ($a_0 = 3.5$ cm, T = 2.0 s, h = 39 cm; filled gray squares). The best-fit decay curves for these measurements correspond to $K_D a_0 \lambda = 0.26$ for run H1 (fine black line) and $K_D a_0 \lambda = 0.12$ (fine gray line) for run T5. The heavy gray line shown above the measurements indicates the wavelength for run T5 ($\lambda = 370$ cm) and the heavy black line shown below the measurements indicates the wavelength for run H1 ($\lambda = 170$ cm). The oscillation in measured wave amplitudes reflects the partially standing wave created due to downstream reflection; as a result it is periodic with a spatial scale of $\lambda/2$.



Figure 6. (a) Blade posture at six different phases during a cycle for wave conditions corresponding to case A1. Curves 1, 2 and 3 indicate blade posture during the passage of a wave crest while curves 4, 5 and 6 show posture under a wave trough. (b) Blade posture for wave conditions corresponding to case A5. Also shown on the plots is the estimated effective blade length l_e , calculated using [15]. Movies of blade motion for cases A1 and A5 are included in Supplementary Information.

March 30, 2017, 4:26pm



Figure 7. Measured wave decay per wavelength $(K_D a_0 \lambda)$. (a) Experiments D1-D6: varying vegetation density, expressed as the dimensionless parameter $a_v l$, (b) experiments A1-A5: varying wave amplitude, plotted as a_0/h , (c) experiments T1-T5: varying wave period (and wavelength) expressed as kh, and (d) experiments H1-H4: varying water depth, plotted as l/h. For experiments D1-D6, A1-A5 and T1-T5, only one dimensionless parameter varies (e.g. for A1-A5, kh, l/h and $a_v l$ are constant). For experiments H1-H4, however, both a_0/h (0.3-0.8) and kh (0.6-1.0) vary. See Table 1 for more detail. The solid lines show predicted decay based on [8] assuming $C_D = 1.95$ and $l_e = l$. The error bars represent 95% confidence limits on the fitted wave decay parameter $K_D a_0 \lambda$. The major source of error in all cases was wave reflection from the downstream end of the flume.



Figure 8. Estimated effective lengths from blade motion images l_e/l plotted against the product of the Cauchy number and the length ratio, *CaL*. The error bars reflect range of estimated effective lengths obtained by shifting the recorded blade motion by 1 phase bin (i.e. 1/15 of a second) relative to the linear wave velocity field. The line shows the best-fit power law with the exponent constrained to be -1/4.

March 30, 2017, 4:26pm

DRAFT



Figure 9. Measured and predicted wave decay for all the cases shown in Table 2. (a) Predictions assuming $l_e/l = 1$. (b) Predictions assuming $l_e/l = 2.25(CaL)^{-1/4}$, the best-fit power law from Figure 8. The solid lines show the best-fit linear relationships with zero intercept: the fitted slopes are 4.50 ($r^2 = 0.83$) for (a) and 1.08 ($r^2 = 0.84$) for (b). The dashed lines indicate perfect agreement.

X - 44



Figure 10. Contours showing ratio of steady-state wave amplitudes over vegetated and bare beds a_{veg}/a_{bf} as a function of vegetation frontal area density a_v and water depth h. (a) Amplitude ratio for waves of period T = 2 s. (b) Amplitude ratio for waves of period T = 8 s.

March 30, 2017, 4:26pm

DRAFT