

# Electron Microscopy and Spectroscopy of Citrate Induced Calcium Oxalate Crystal Structure and Hydration State Changes, and Implications for Kidney Stones

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In the USA alone, **20 million** people are currently affected by kidney stones (KS) or are predicted to develop KS during their lifetimes. The most common KS symptom is severe pain, but symptoms often include nausea and emesis, blood in the urine, difficulty urinating, and the persistent need to urinate. Kidney stones may require removal of the kidney and are associated with Chronic Kidney Disease as well as Cardiovascular Diseases [1]. Approximately 80% of KS contain Calcium Oxalate (CaOx) as the major phase, of which CaOx monohydrate (COM) is the most common hydration state [2]. Medical KS research therefore primarily focuses on CaOx biomineralization and potential CaOx treatments.

Citrate, a common kidney stone treatment and dietary inhibitor, was previously thought to function by lowering the effective CaOx supersaturation within the urine. However, *in vivo* studies of both human urine and artificial urine have shown that addition and supersaturation of CaOx does not cause CaOx biomineralization [3]. This finding suggests a far more complex mechanism by which citrate and other KS treatments prevent formation of CaOx KS. Insight into the mechanism by which inhibition of CaOx biomineralization would allow optimization of medical treatment protocols and insight into the desired properties of improved next-generation KS treatments.

CaOx KS research has taken two broad approaches: 1) *in vitro* studies of CaOx crystallization within human or synthetic urine, and 2) organismal *in vivo* studies and clinical studies. These approaches, while essential for determining the efficacy of a CaOx KS treatment, do not provide fundamental data on the manner in which CaOx treatments affect the formation of CaOx. This study implements nanoscale resolution electron microscopy techniques, including High Resolution Transmission Electron Microscopy (HR-TEM), Energy Dispersive X-Ray Spectroscopy elemental analysis, Electron Energy Loss Spectroscopy chemical analysis, and Select Area Electron Diffraction analysis of the crystal structure to provide a fundamental understanding of the formation of CaOx mineralization and the influence citrate.

CaOx was synthesized by chemical reaction between sodium oxalate (NaOx) and calcium chloride (CaCl<sub>2</sub>). In experimental samples, CaOx was synthesized in the presence of sodium citrate. To determine the impact of citrate on CaOx solubility, CaOx was synthesized with 0.125M NaOx and 0.125M CaCl<sub>2</sub> in the presence of 1M citrate. This citrate concentration is much higher than medically achievable concentrations. In each experiment, six control CaOx samples and six citrate treated CaOx samples were synthesized. A control and experimental sample were analyzed immediately after the solution settled for 30min, and other samples at 3hrs, 6hrs, 12hrs, 24hrs, and 72hrs. At each time point, the supernatant was removed by pipette without disturbing the sample. The remaining sample was then centrifuged, and any additional supernatant removed by pipette. The sample was then rinsed with ultrapure water and the supernatant removed. The sample was dried by evaporation. Alterations in the final weight of CaOx due to the rinsing procedure are minimal due to the 0.67mg/L solubility of CaOx in water, while the high solubility of sodium chloride and any dissolved calcium or oxalate byproducts are removed.

Compared to control CaOx synthesized without citrate, citrate treated CaOx showed no significant change in the total weight synthesized. EDS analysis of the sample (Figure 1) showed that samples were not contaminated by sodium or chloride. However, SAED (not shown) and HR-TEM (Figure 2) showed alterations in the crystal structure of citrate treated CaOx as compared to control samples in each sample time point. In the absence of citrate, SAED showed that the sample consisted of COM, while citrate treated CaOx consisted of COD.

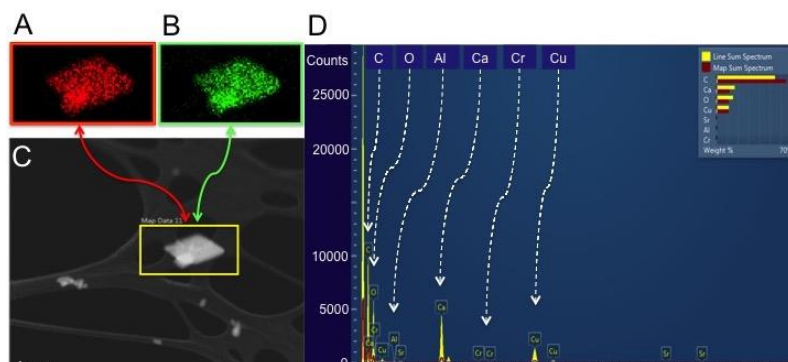
The preliminary results shown here indicate that citrate may act by influencing the crystallization of CaOx to a less mechanically stable structure. Furthermore, a previous study by Gan *et al.* showed that COM better adheres to cell walls as compared to COD [4]. This suggests that citrate may inhibit the formation of KS by altering the crystal structure and preventing cell adherence.

## References

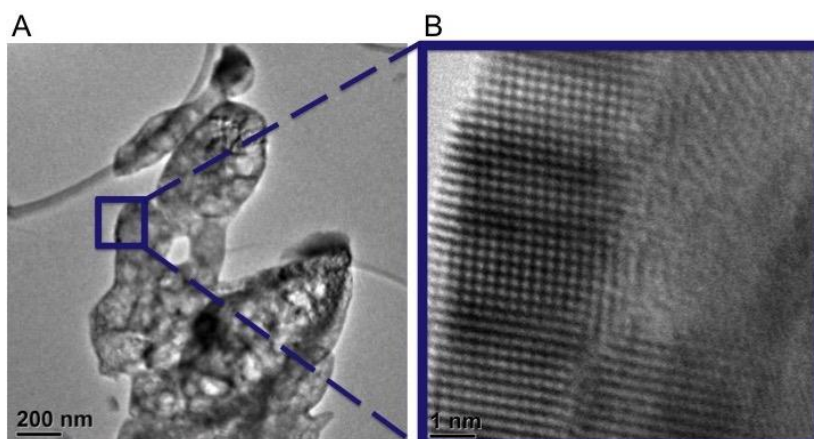
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**Figure 1.** Energy Dispersive X-Ray Spectroscopy mapping of CaOx synthesized by reaction between sodium oxalate and calcium chloride. The sample was prepared and rinsed as described in the methods detailed in this paper. A) shows the distribution of oxygen, while B) shows the calcium distribution with the sample shown in C). C), shows a High Angle Angular Dark Field Scanning Transmission Electron Microscopy (STEM) image of the sample. D), shows the total elemental content of the selected area. Notably, possible sodium and chloride are absent. Other elements, including aluminum, chromium, and copper are byproducts of STEM and were not introduced to the solution during the sample synthesis process. Imaged with the JEOL ARM-220CF at the University of Illinois Research Resources Center.



**Figure 2.** Transmission Electron Microscopy (TEM) of the CaOx synthesized by reaction between sodium oxalate and calcium chloride. The sample was prepared and rinsed as described in the methods detailed in this paper. A), shows TEM imaging of the sample. B), shows High Resolution TEM of the sample. In the left portion of B), individual atoms are visible. The right portion of the image is out of atomic resolution focus due to the thickness of the sample and the difference in height. By measuring the contrast across the visible atoms, the lattice spacing can be determined. It measures X, confirming the Select Area Electron Diffraction (not shown). Imaged with the JEOL 3010 TEM at the University of Illinois Research Resources Center.