

# A Fluorescent Carbon Nanotube Sensor Detects the Metastatic Prostate Cancer Biomarker uPA

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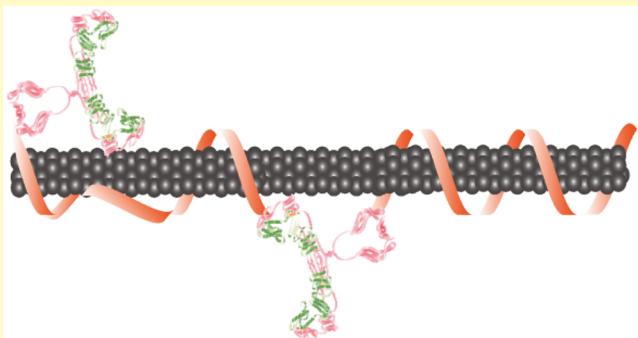
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## Supporting Information

**ABSTRACT:** Therapeutic outcomes in patients with prostate cancer are hindered by the inability to discern indolent versus aggressive disease. To address this problem, we developed a quantitative fluorescent nanosensor for the cancer biomarker urokinase plasminogen activator (uPA). We used the unique fluorescent characteristics of single-walled carbon nanotubes (SWCNT) to engineer an optical sensor that responds to uPA via optical bandgap modulation in complex protein environments. The sensing characteristics of this construct were modulated by passivation of the hydrophobic SWCNT surface with bovine serum albumin (BSA). The sensor enabled quantitative detection of known uPA concentrations in human blood products. These experiments potentiate future use of this technology as a rapid, point-of-care sensor for biomarker measurements in patient fluid samples. We expect that further work will develop a method to discern aggressive vs indolent prostate cancer and reduce overtreatment of this disease.

**KEYWORDS:** biosensor, optical sensor, protein, nanocarbon, nanomedicine, prostatic carcinoma



Prostate cancer is the most-diagnosed non-skin cancer among males in the United States and accounts for the second greatest number of cancer-related deaths in this population.<sup>1</sup> The current standard of practice for disease detection is through a digital rectal exam and by measuring the serum biomarker prostate specific antigen (PSA).<sup>2</sup> However, in up to 85% of cases, these metrics give contradictory results.<sup>2</sup> PSA-based detection has an up to 76% false-positive rate, fails to find early stage disease, and does not significantly affect outcomes in most men.<sup>3–5</sup> For these reasons, the U.S. Preventative Services Task Force recommends against its use in most circumstances, though the test continues to be used.<sup>4,6,7</sup> Thus, additional diagnostic methods to supplement traditional PSA-based detection would benefit this patient population.

Coupled with the problems of sensitivity and specificity, current diagnostic methods fail to differentiate aggressive versus indolent prostate cancer.<sup>8,9</sup> Therefore, men who are diagnosed with prostate cancer but would not exhibit symptoms in their lifetime, defined as overdiagnoses, are overtreated.<sup>10–12</sup> It is therefore necessary to identify patient populations that have diagnosable prostate cancer that would not progress to aggressive, metastatic disease.

Among potential biomarkers that have the potential to distinguish aggressive, metastatic prostate cancer from indolent disease, urokinase plasminogen activator (uPA) is a promising option. Intratumoral levels of uPA correlate with poor patient prognosis for multiple cancer types,<sup>13</sup> are predictive of

therapeutic regimen efficacy, and are predictive of future metastatic development.<sup>14–16</sup> Serum levels of uPA correlate well with the presence of metastatic disease.<sup>17,18</sup> Preoperative prostate cancer patients with local lymph invasion and skeletal metastases had significantly greater serum uPA levels (2–5 times more) than did healthy patients or compared to those that did not have extraprostatic invasion.<sup>17,18</sup> Furthermore, uPA has greater prognostic and metastatic predictive value than more traditional serum-based markers.<sup>18,19</sup> Thus, uPA may serve as a supplemental biomarker to differentiate aggressive from indolent prostate cancer.

Prior work has used the unique properties of nanomaterials to achieve detection of protein biomarkers. For example, studies have developed such sensors for blood-based detection using the surface-enhanced Raman scattering (SERS) and plasmonic properties of gold nanoparticles.<sup>20,21</sup> Other work has used the electrochemical properties of carbon nanotubes to report protein biomarker detection.<sup>22,23</sup>

The near-infrared (NIR) photoluminescence (fluorescence) of single-walled carbon nanotubes (SWCNTs) has been investigated for optical imaging and biosensing applications. This fluorescence, in the 900–1600 nm range, is highly penetrant to living tissue and fluids<sup>24–26</sup> and is uniquely photostable.<sup>27</sup> In addition, SWCNT fluorescence is extremely

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sensitive to its local environment, wherein the fluorescence intensity or energy can be modulated due to solvatochromic, redox, or Coulombic effects.<sup>28–31,34</sup> Prior work has found that changes in the local dielectric environment of the nanotube<sup>29,32,33</sup> or a change in its local electrostatic environment<sup>28,34–37</sup> can alter nanotube emission energy (wavelength) through bandgap modulation.<sup>33</sup> Using these properties, carbon nanotubes have been employed as an optical transducer element for the detection of multiple classes of analytes, *in vitro*, *ex vivo*, and *in vivo*,<sup>33,35,36</sup> including protein biomarkers of cardiac function *in vitro*, and ovarian cancer *in vivo*.<sup>38,39</sup>

In this work, we used the optical properties of carbon nanotubes to develop a sensitive and specific sensor for the metastatic prostate cancer biomarker uPA. Photoluminescent SWCNTs were engineered to specifically respond to uPA via antibody conjugation, which results in modulation of the optical bandgap following analyte interaction. We investigated the mechanism of sensing for this sensor and used these properties to detect the presence of uPA in whole blood, serum, and plasma.

## EXPERIMENTAL SECTION

**Sensor Synthesis.** We suspended HiPCO single-walled carbon nanotubes (SWCNT) (Unidym; Sunnyvale, CA) with single-stranded (TAT)<sub>6</sub> DNA modified with a 3' primary amine, in PBS, using a procedure adapted from a previous protocol.<sup>40</sup> We used a 2:1 mass ratio of ssDNA to dry nanotubes in a 1 mL volume of PBS, sonicating for 30 min at approximately 13 W (Sonics & Materials, Inc.; Newtown, CT). We then ultracentrifuged the suspension for 30 min at 280,000g, removing the top 75% of the solution for further processing. 100 kDa MWCO centrifugal filters (Millipore; Billerica, MA) were used to remove excess ssDNA by centrifugation at 15,000g for 7 min and one wash with PBS with the same parameters. We determined ssDNA-SWCNT concentration using UV/vis/nIR spectroscopy (Jasco V-670; Tokyo, Japan) using the extinction coefficient  $A_{630} = 0.036 \text{ L mg}^{-1} \text{ cm}^{-1}$ .

The ssDNA-SWCNT suspension was chemically conjugated using carbodiimide chemistry to a mouse monoclonal IgG<sub>1</sub> anti-uPA antibody (PGM2001; Santa Cruz Biotechnology; Dallas, TX). We used 1-ethyl-3-(3-dimethylaminopropyl)carbodiimide (EDC) and *N*-hydroxysuccinimide (NHS) in a 10 $\times$  and 25 $\times$  molar excess, respectively, to activate the carboxylic acids of the antibody and quenched the reaction with 1.4  $\mu\text{L}$  2-mercaptoethanol. The activated antibody was added to ssDNA-SWCNT in an equimolar ratio to the ssDNA for 2 h on ice. The solution was dialyzed against water in a 1 MDa MWCO filter at 4 °C for 48 h to remove excess reagents. Absorbance spectra and near-infrared photoluminescence (PL) plots were obtained to confirm complex stability and measure optical properties. Dynamic light scattering (DLS) was performed (Malvern; Worcestershire, United Kingdom) to determine the relative size of nanotube complexes by their correlation coefficient, with larger coefficients relating to larger particles. Electrophoretic light scattering (ELS) was performed with the same instrument to determine the average charge (three measurements each) of the ssDNA-SWCNT and Ab-ssDNA-SWCNT constructs.

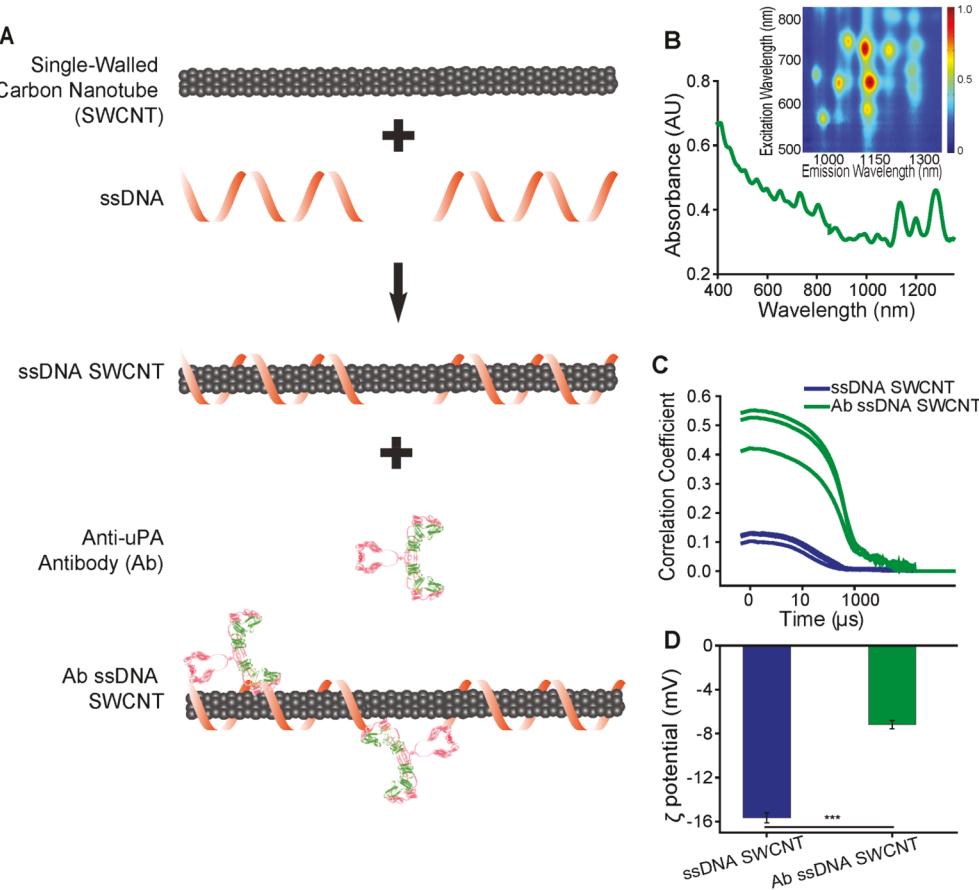
**Fluorescence Spectroscopy.** Near-infrared fluorescence emission spectra from the nanotube complexes were acquired in solution using a home-built optical apparatus.<sup>41</sup> This setup involves excitation using either a 1 W continuous-wave 730 nm laser (Frankfurt Laser Company; Friedrichsdorf, Germany) or a tunable white light SuperK EXTREME laser source (NKT Photonics; Birkerod, Denmark). Each source was fed into an inverted IX-71 microscope (Olympus; Tokyo, Japan) and passed through a 20 $\times$  NIR objective (Olympus). The light illuminated a 100  $\mu\text{L}$  sample in a UV half area 96 well plate (Corning; Corning, NY). Fluorescence emission was collected back through the 20 $\times$  objective, passed through an 875 nm dichroic mirror, and f/# matched to the spectrometer before injecting into an IsoPlane

spectrograph with a 410  $\mu\text{m}$  slit width (Princeton Instruments; Trenton, NJ). A 86 g/mm grating with 950 nm blaze wavelength was used to disperse emission in the spectral range of 930–1369 nm with a  $\sim$ 0.7 nm resolution. We used a PInNIR InGaAs 640  $\times$  512 pixel array (Princeton Instruments) to collect the emission. Excitation/emission plots were gathered using the supercontinuum laser source and a VARIA bandpass filter in 3 nm steps from 500–827 nm. A halogen calibration light source, HL-3-CAL EXT (Ocean Optics; Dunedin, FL), was used to correct for excitation power, spectrometer, detector, and optics wavelength-dependent features. A Hg/Ne calibration lamp was used to calibrate spectrometer wavelength. Background subtraction was performed using another well in the same plate using identical buffer/serum conditions as the investigated sample. Custom MATLAB code (MathWorks; Natick, MA) was used to apply spectral correction, background subtraction, and fitting of all nanotube chirality emission peaks to Lorentzian functions. MATLAB code is available upon request.

**Sensor Characterization.** To test the response to uPA, we diluted the sensor complex to a concentration of 0.5 mg/L in PBS in a 100  $\mu\text{L}$  total volume in a 96-well plate. In triplicate, the following concentrations of recombinant human uPA (Ser21-Leu431; RayBiotech; Norcross, GA) were added to the sensor: 0.1, 1, 5, 10, 25, 50, 100, 150, 200, and 250 nM uPA, as well as a control with no uPA added. Data were obtained as described above for 3 h in 30 min increments. For experiments performed with BSA coating, a 50 $\times$  BSA:SWCNT mass ratio of bovine serum albumin (Sigma-Aldrich; St. Louis, MO) was added to the nanotube stock on ice for 30 min prior to incubation with uPA. For experiments performed in serum, the BSA-coated or uncoated nanotubes were added to a solution of 10% fetal bovine serum (Gibco; New York, NY) in PBS prior to uPA addition. The same concentration ranges were used in all conditions to ensure accuracy of comparisons across experiments.

Each sample was exposed to the 730 nm excitation laser for three seconds to acquire individual spectra, as described above. Emission bands were fit to Lorentzian functions, as described above. The three chiralities with the greatest intensities, and therefore strongest fits, were chosen for characterization. Determination of sensor parameters was performed using the change from unchallenged control sensor of each average center wavelength in triplicate wells for each of three nanotube chiralities: (9,4), (8,6), and (8,7). The limit of detection was defined as the lowest concentration of uPA tested at which the change from control was larger than the standard deviation of the three measurements. Sensor dissociation constant ( $K_d$ ) was obtained by fitting the wavelength change from control data for all data points to a standard model of noncooperative saturation single-site specific binding kinetics with the equation:  $Y = B_{\max} \times X / (K_d + X)$ , wherein  $B_{\max}$  is the maximum specific binding as measured by wavelength change in nm and  $K_d$  is the equilibrium binding constant in nM. Goodness of fit was determined by  $R^2$  values. All  $R^2$  values reached at least 0.78, signifying a strong correlation.<sup>42,43</sup> The maximum red-shift was the largest average change found in a set of experiments.

**Sensor Function in Human Samples.** To test sensor functionality in various human blood products, we performed near-infrared fluorescence spectroscopy similar to above. In each experiment, the sensor was added to 0.5 mg/L in a final volume of 100  $\mu\text{L}$  in a 96-well plate. Human blood products were obtained retrospectively from adult donors without a cancer diagnosis after obtaining informed consent on MSKCC IRB# 06–107. An initial experiment was performed with the BSA-coated sensor in a solution of 10% human whole blood in PBS where either a final concentration of 100 nM uPA was added or not and measured 60 min post-addition. The change resulting from uPA addition was measured by a shift in the fluorescence emission band of the (9,4), (8,6), and (8,7) nanotube chiralities. Additional experiments were performed where a solution of either 10% human heparinized plasma, human ethylenediaminetetraacetic acid (EDTA) plasma, or 10% human serum in PBS was added to the sensor with a final concentration of 100 nM uPA, or 0 nM control, in triplicate. Fluorescence spectroscopy was conducted 30, 90, 120, and 150 min post-addition.



**Figure 1.** Synthesis and characterization of Anti-uPA-DNA-SWCNT complexes. (A) Scheme of Ab ssDNA SWCNT sensor complex synthesis. (B) Absorbance spectrum of the sensor complexes. Inset: Photoluminescence (PL) excitation/emission plot of the Anti-uPA-DNA-SWCNT complex. (C) Correlogram from dynamic light scattering measurements of pre- and post-Ab-conjugated ssDNA SWCNT complexes. Three measurements for each complex are shown. (D) Electrophoretic light scattering (ELS) of ssDNA SWCNT before and after anti-uPA antibody conjugation. Each bar represents mean of three measurements  $\pm$  SD \*\*\* =  $p < 0.001$ ;  $t$  test.

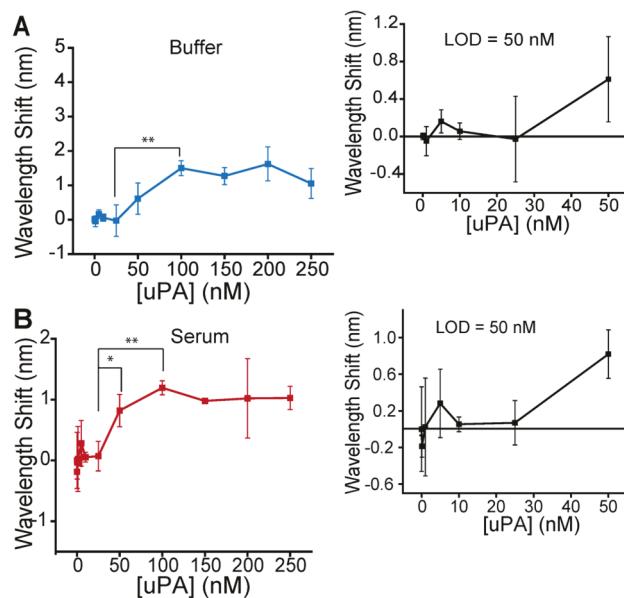
## RESULTS AND DISCUSSION

We developed an optical sensor for the biomarker uPA to allow for rapid solution-based measurements. The nanosensor complexes were synthesized from single-walled carbon nanotubes encapsulated with single-stranded DNA (TAT)<sub>6</sub> modified via a 3' primary amine functional group that was conjugated to a monoclonal anti-uPA antibody (Figure 1A). Absorbance and photoluminescence emission/excitation spectra were collected to assess the optical properties of the complexes. The spectra exhibited characteristic bandwidths and intensities of colloidally stable single-walled carbon nanotubes<sup>44</sup> (Figure 1B). Using dynamic light scattering (DLS), we measured changes in particle sizes upon conjugation of the suspended DNA-nanotube complexes with the uPA antibody (Figure 1C). We found that particle sizes became larger, as defined by shifts in the autocorrelation function, suggesting successful complexation of the antibodies with the nanotubes to result in a larger Anti-uPA-DNA-SWCNT complex. We also found a decrease in  $\zeta$ -potential of the complexes via electrophoretic light scattering (ELS) (Figure 1D), an expected result in light of prior studies,<sup>44–46</sup> further suggesting successful antibody conjugation.

To assess the sensitivity and dynamic range of this sensor, we added increasing concentrations of uPA to the Anti-uPA-DNA-SWCNT sensor complexes in phosphate-buffered saline (PBS). Ten concentrations of uPA ranging from 100 pM to

250 nM were added in triplicate to the sensor in solution. Near-infrared (900–1400 nm) photoluminescent emission was collected following 730 nm excitation of the sensor.<sup>41</sup> The change in fluorescence emission wavelength was assessed for multiple nanotube chiralities in this range. We observed red-shifting of the (9,4) nanotube chirality in response to uPA concentrations between 25 and 100 nM, compared to control, with a maximum red-shift of 1.6 nm (Figure 2A). The sensor exhibited a limit of detection (LOD) of 50 nM uPA and a dissociation constant ( $K_d$ ) of 100.05 nM (Figure S1A). We additionally observed red-shifting of the (8,6) chirality up to 4.2 nm and (8,7) chirality up to 3.1 nm (Figure S2A,B). We attribute the emission red-shifting to an increase in the local electrostatic charge density on the nanotube due to localization of the uPA near the nanotube surface. This is suggested by our previous findings wherein charged polyelectrolytes result in red-shifting of the nanotube emission bands.<sup>34–37</sup> Furthermore, structural studies of the uPA protein find multiple charged surface moieties.<sup>47</sup> The binding of uPA to the antibody-DNA-nanotube complex likely sequesters the uPA near the surface of the nanotube to promote static charge accumulation.

We then investigated the response of the sensor to increasing concentrations of uPA in 10% fetal bovine serum (FBS) to simulate the complex protein environment of clinical biosensors. FBS specifically, and serum in general, is composed



**Figure 2.** Antibody-SWCNT uPA sensor response. (A) Change in sensor emission center wavelength in PBS as a function of uPA concentration compared to control. Positive value signifies a red-shift of the (9,4) nanotube chirality. Two-sided one-way ANOVA with Tukey posthoc analysis performed to determine significance within the dynamic range of the sensor (25–100 nM): \*\* = 25 nM and 100 nM ( $p = 0.0075$ ); other comparisons are not significant. (B) Change in sensor fluorescence emission center wavelength in 10% FBS as a function of uPA concentration added for the (9,4) nanotube chirality. Two-sided one-way ANOVA with Tukey posthoc analysis performed to determine significance within the dynamic range of the sensor (25–100 nM): \*\* = 25 nM and 100 nM ( $p = 0.0018$ ); \* = 25 nM and 50 nM ( $p = 0.013$ ); other comparisons are not significant. Points represent the mean  $\pm$  SD of three experiments. The low-concentration region on the left is magnified on the right to clearly elucidate the limit of detection of the sensor under these conditions.

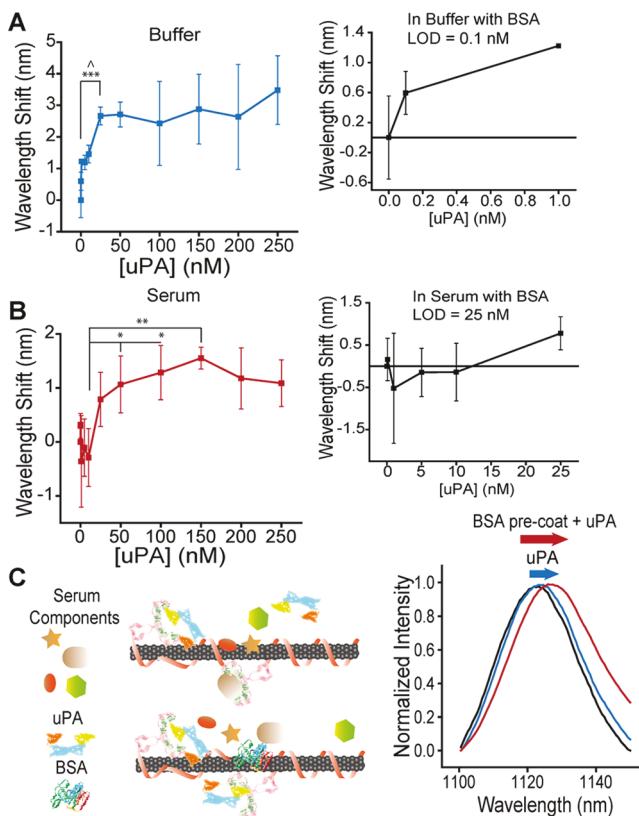
of many proteins, including albumin which is the most abundant, antibodies, and other signaling proteins, among others. It is also composed of many other interferents, including small molecules such as steroids, ions, and lipids, among others. Equivalent concentrations of uPA as above were added in triplicate to the sensor in FBS and fluorescence emission wavelength was assessed as before. Again, we observed red-shifting between 25 and 100 nM, and while the LOD was 50 nM (Figure 2B), analogous to the sensor in buffer, the maximum red-shift was only 1.2 nm, just 75% of the response without serum. We also observed a  $K_d$  of 58.24 nM (Figure S1C) and similar characteristics for the (8,6) and (8,7) chiralities, with red-shifts of 1.5 and 2.3 nm and dissociation constants of 29.9 nM and 42.8 nM, respectively (Figure S2C,D). Thus, as expected, serum caused a decrease in sensor functionality due to the effects of nonspecific interferent adsorption to the surface of the nanotube and a reduction in diffusivity of the target uPA, hindering its interaction with the antibody.

To increase the sensitivity and specificity of the sensor, we investigated passivation of the nanotube surface with bovine serum albumin (BSA). Albumin protein is used for its ability to prevent nonspecific protein adsorption to surfaces for various applications.<sup>48</sup> We hypothesized that due to the hydrophobic nature of various surface moieties on BSA<sup>49</sup> and its ability to adsorb to hydrophobic surfaces<sup>44,50</sup> such as carbon nanotubes,

albumin could prevent nonspecific adsorption of uPA and serum proteins to the nanotube surface. To test this, we incubated a 50-fold excess by weight of BSA with the sensor for 30 min on ice prior to challenge with uPA. Initially tested in PBS, the sensor was then incubated with increasing concentrations of uPA in triplicate and fluorescence emission measured as above. We again found a monotonic red-shift with increasing uPA concentrations between 0.1 and 25 nM; however, the maximum shift increased greater than 2-fold to 3.5 nm for the (9,4) chirality (Figure 3A) and exhibited similar responses upon observation of the (8,6), and (8,7) chiralities, with red-shifts up to 4.1 and 4.7 nm, respectively (Figure S3C,D). We also found an extremely low LOD of 100 pM in buffer, the lowest concentration tested (Figure 2B), with a  $K_d$  of 5.95 nM (Figure S1B). These numbers were 500-fold lower for the LOD and 16.8-fold lower for  $K_d$  as compared to measurements in buffer without surface passivation. We attribute this large enhancement to the excess albumin allowing for coverage of the exposed nanotube surface and preventing uPA from nonspecifically binding to the nanotube and thus altering the emission response. This allowed for the very high affinity of antibody–uPA interaction to control the interaction of sensor complex and analyte, bringing uPA close to the surface of the nanotube in a controlled, consistent manner, enhancing sensor function and output.

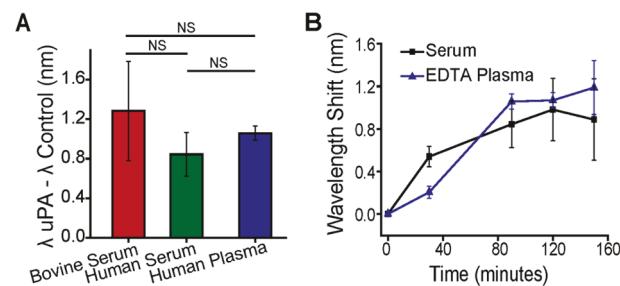
Given the improved sensor functionality found in buffer following albumin passivation, we tested this construct in 10% FBS to again simulate the complex environment found *in vivo*. While the response was not as optimal as in buffer alone due to interferent protein and small molecule adsorption on the nanotube, we again found marked sensor improvement with BSA passivation. We found sensor red-shifting with a maximum of 1.6 nm, 33% more than without passivation (Figure 3B; compared to Figure 2B). Similarly, the (8,6) chirality shifted up to 1.5 nm with a  $K_d$  of 30 nM and the (8,7) chirality shifted 2.1 nm with a  $K_d$  of 40.8 nM (Figure S3C,D). We found a limit of detection of 25 nM and a  $K_d$  of 43.99 nM (Figure S1D). These represent improvements of 2-fold in LOD and 25% in  $K_d$ . Importantly, this red-shift is in contrast to the complete lack of response when passivated DNA-encapsulated nanotubes without the antibody were challenged with 100 nM uPA in serum (Figure S4). This experiment confirms that the functionality of the sensor is imparted by the specificity of the antibody for uPA. Sensor responses to all concentrations above the limit-of-detection were relatively stable from initial measurement up to 60 min (Figure S5). Improved sensing with BSA passivation was primarily observed for all three chiralities investigated (SI Table 1). We therefore attribute these results to both the increased sensitivity as explained above, but also a reduction in adsorption of nonspecific serum proteins and other interferents to the nanotube surface (Figure 3C). This allows for a more consistent sensor response due a reduction in competing surface signals from heterogeneous protein adsorption.

Finally, we used the enhanced specificity and sensitivity of the sensor to investigate its ability to detect uPA spiked into human blood products. We found no significant difference in sensor red-shifting following 100 nM uPA addition to FBS, human serum, or human EDTA plasma (Figure 4A). We initially took the spectra of the albumin-passivated sensor in a solution of 10% whole blood, then spiked in 100 nM uPA. In this heterogeneous cellular and protein environment, we found a slight red-shift 60 min after addition of uPA (Figure S6A).



**Figure 3.** Antibody-SWCNT uPA sensor response after BSA pre-coating. (A) Change in BSA-coated sensor fluorescence emission center wavelength in PBS (positive value signifies a red-shift) as a function of uPA concentration for the (9,4) nanotube chirality. Two-sided one-way ANOVA with Tukey posthoc analysis performed to determine significance within the dynamic range of the sensor (0–25 nM): \*\*\* 0 nM and 25 nM ( $p = 7.41 \times 10^{-6}$ ). ^ indicates multiple significant comparisons not able to be shown due to proximity: 0 nM and 1 nM (\*  $p = 0.015$ ); 0 nM and 5 nM (\*\*  $p = 0.0084$ ); 0 nM and 10 nM (\*\*  $p = 0.0018$ ); 0.1 nM and 25 nM (\*\*  $p = 8.59 \times 10^{-5}$ ); 1 nM and 25 nM (\*\*  $p = 0.0048$ ); 5 nM and 25 nM (\*\*  $p = 0.0017$ ); 10 nM and 25 nM (\*\*  $p = 0.0077$ ); other comparisons are not significant. (B) Change in BSA-coated sensor fluorescence emission center wavelength in PBS as a function of uPA concentration added for the (9,4) nanotube chirality. Two-sided one-way ANOVA with Tukey posthoc analysis performed to determine the significance within the dynamic range of the sensor (10–150 nM): \*\* 10 nM and 150 nM ( $p = 0.0051$ ); \* 10 nM and 100 nM ( $p = 0.015$ ); \* 10 nM and 50 nM ( $p = 0.035$ ); other comparisons are not significant. Points represent the mean  $\pm$  SD of three experiments. The low-concentration region on the left is magnified on the right to elucidate the limit of detection of the sensor under these conditions. (C) Schematic of uPA binding to the antibody nanotube complex in the absence or presence of BSA pre-coating with serum components in the solution. To the right are representative spectra from sensor alone (black), uPA-bound sensor (blue), and BSA precoated sensor bound to uPA (red).

We next tested sensor response over time in two human plasma preparations and human serum. In EDTA plasma, we found that 30 min after addition of 100 nM uPA, there was a slight quantifiable and consistent red-shift, which plateaued at 90 min, reaching a maximum of 1.19 nm (Figure 4B). In human serum we again found a consistent red-shift after 30 min of incubating the sensor with 100 nM uPA which reached a plateau around 90 min (Figure 4B) with a maximum of 0.98 nm. After adding 100 nM uPA to the passivated sensor



**Figure 4.** Sensor detection of uPA in human blood products. (A) Comparison of the change in center wavelength after addition of 100 nM uPA in bovine serum, human serum, and EDTA human plasma. Bars represent the mean  $\pm$  of three experiments. Sensor wavelength difference between experiments and statistical analysis: bovine serum and human serum (0.44 nm;  $p = 0.48$ ); bovine serum and human plasma (0.23 nm;  $p = 0.86$ ); human serum and human plasma (0.21 nm;  $p = 0.88$ ); two-sided one-way ANOVA with Tukey posthoc analysis,  $p > 0.05$  was considered Not Significant (NS). (B) Change in sensor fluorescence emission center wavelength as a result of addition of 100 nM uPA over time compared to sensor without uPA added in 10% human EDTA plasma and 10% human serum. Points represent the mean  $\pm$  SD of three experiments.

incubated in 10% heparinized human plasma, we found some red-shifting at each time point, though there was significant variability in the measurements (Figure S6B). This result was expected due to the strong binding of heparin to uPA,<sup>51,52</sup> which clearly affects antibody binding and consistent sensing. A similar trend was found for each nanotube chirality investigated (Figure S7).

Further studies are necessary prior to the clinical translation of the sensor presented here as a point-of-care diagnostic tool. Current uPA detection in the clinic is performed by clinical laboratory enzyme-linked immunosorbent assays (ELISA) that may take hours and specialized equipment or training equipment to complete.<sup>53</sup> We expect that, following blood collection, we should be able to achieve sensitive biomarker detection within 15 min based on kinetics performed here. Additionally, serum uPA levels may range up to 17 nM, which our LOD in serum approaches.<sup>17</sup> To further increase the limit of detection of our sensor, future work may investigate exacerbating the optical bandgap modulation via chiral nanotube separation,<sup>54–56</sup> site-directed antibody conjugation,<sup>57–60</sup> and increasing antibody binding sites by using multivalent polymers instead of terminal-functionalized ssDNA.<sup>41</sup> In addition, brighter nanotubes may allow for greater sensitivity and sensor dynamic range.<sup>36,61,62</sup> Each of these future directions will ensure the ability to detect lower concentrations of uPA in biofluids from patient samples more representative of the range of clinical uPA concentrations.<sup>18</sup> Should long-term antibody functionality present a hurdle to translation, we expect future work will develop sensors with more stable sensing elements such as single-chain variable fragments (scFv) or nanobodies,<sup>61,63–65</sup> or aptamers<sup>66–69</sup> for prostate cancer biomarkers. The long-term functionality of this sensor in complex biological media will allow for repeated stable measurement of protein biomarkers in patient samples and *in vivo*.

The near-infrared fluorescent properties of this sensor and the mechanism of optical bandgap modulation may enable translation of this sensor as an *in vivo* tool for protein biomarker detection. *In vivo* imaging studies have used nanotube fluorescence to image vasculature in live animals

and as intraoperative imaging probes.<sup>70,71</sup> Other studies have used the optical properties of nanotubes to detect protein biomarkers,<sup>39</sup> microRNA,<sup>36</sup> and nitric oxide in live animals.<sup>72</sup> The work we have presented here makes use of specific antibody–analyte interaction and nanotube optical bandgap modulation to achieve sensing. We also used sensor surface passivation with BSA to reduce the interferent effects of serum components found *in vivo*. To reduce interferent effects of cellular components *in vivo*, it is possible to protect the sensor using various strategies. The above-referenced works used implantation of nanotubes immobilized in a semipermeable membrane or hydrogel matrix to achieve this purpose and detect the desired analyte.<sup>36,39,72</sup> We therefore foresee future work in extending the sensing properties we have presented here to live mice and, eventually, to detection of metastatic prostate cancer in human patients. This sensor may be deployed to detect uPA in a cumulative manner to improve the limit of detection, discussed above.

In this work, we focused on the detection of the metastatic prostate cancer biomarker urokinase plasminogen activator. We envision that this type of sensor may enhance the specificity and sensitivity of traditional PSA-based testing. However, future work could develop a multiplexed biomarker sensing panel<sup>36</sup> using physical<sup>73,74</sup> or chiral<sup>54–56</sup> separation of nanotube-based sensors to detect uPA and other prostate cancer biomarkers such as prostate-specific antigen, prostate-specific membrane antigen, soluble uPA receptor, and various other proteins.<sup>75,76</sup> Thus, we imagine a rapid, real-time sensor for the detection of a panel of prostate cancer biomarkers.

## CONCLUSIONS

We synthesized, characterized, and optimized a sensor for the metastatic prostate cancer biomarker uPA. We performed experiments to increase the sensitivity and functionality of the sensor in serum and demonstrated the potential of this sensor for uPA detection in various human blood products, potentiating future investigation into the clinical translation of this sensor. Studies to maximize sensor response and signal, develop multiplexed functionality, and translate *in vivo* and *ex vivo* bedside response remain prior to development of a clinical device. We expect this work to be a valuable tool in the rapid differentiation of indolent versus aggressive prostate cancer, thereby reducing overdiagnoses and overtreatment of this disease.

## ASSOCIATED CONTENT

### Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: [10.1021/acssensors.8b00631](https://doi.org/10.1021/acssensors.8b00631).

Change in sensor fluorescence center wavelength as a function of uPA concentration; response of additional nanotube chiralities; response of SWCNT with no antibody to uPA; kinetics of fluorescence center wavelength change; response of the sensor in additional human blood products; response of additional nanotube chiralities in human blood products; sensor characteristics for each nanotube chirality investigated under each given condition ([PDF](#))

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### Notes

The authors declare no competing financial interest.

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