

Constructing Stochastic Models for Dipole Fluctuations from Paleomagnetic Observations

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Abstract

Measurements of relative paleointensity are subject to temporal averaging and random error. Both of these errors limit our ability to construct stochastic models from paleomagnetic observations. Most of the difficulties for dipole fluctuations occur at high frequencies. We exploit this behavior to construct a stochastic model from two recent inversions of paleomagnetic observations for the axial dipole moment. An estimate of the noise term in the stochastic model is recovered from a high-resolution inversion (CALS10K2), while the drift term is estimated from the low-frequency part of the power spectrum for a long, but lower-resolution inversion (PADM2M). Realizations of the resulting stochastic model yield a composite, broadband power spectrum that agrees well with the spectra from both PADM2M and CALS10K2. A simple generalization of the stochastic model permits predictions for the mean rate of magnetic reversals. We show that the reversal rate depends on the time-averaged dipole moment, the variance of the dipole moment and a slow timescale that characterizes the adjustment of the dipole toward the time-averaged value. Predictions of the stochastic model give a mean rate of 4.2 Myr^{-1} , which is in good agreement with observations from marine magnetic

anomalies. We also show that the observed reversal rate is dependent on the temporal resolution of the observations.

Keywords: geodynamo, geomagnetic spectrum, stochastic model

1. Introduction

The spectrum of fluctuations in the geomagnetic dipole offer insights into the origin of the magnetic field and the dynamics of Earth's core (Constable and Johnson, 2005). Each distinct timescale bears the fingerprints of the underlying physical processes (e.g. Sakuraba and Hamano, 2007). Paleomagnetic observations are essential for characterizing the long-term behavior, yet no single source of information is sufficient to capture the full range of dynamics. Instead, an integrated approach is needed to combine different types of measurements into a composite record that spans a broad range of timescales.

One important source of information comes from measurements of relative paleointensity in marine sediments (Valet, 2003). Records are stacked and calibrated using independent estimates of absolute paleointensity to produce models for the virtual axial dipole moment (VADM) over the past two million years (Valet et al., 2005; Ziegler et al., 2011). Sediments acquire a magnetization over several thousand years (Roberts and Winkholfer, 2004), so the true signal is averaged in time. Uncertainties in dating can have a similar affect because paleomagnetic records from different times may be stacked together.

Higher resolution records have been obtained for the past 10 kyr using a combination of archeomagnetic and lake sediment data. These data have

22 improved spatial resolution, so the geomagnetic field can be expanded in low-
23 degree spherical harmonics (e.g. Korte and Constable, 2011). Even higher
24 resolution records are available from historical observations (Jackson et al.,
25 2000). Taken together these records provide a comprehensive description of
26 fluctuations in the dipole field, but the task of combining these results into
27 a single coherent model is a challenge.

28 Stochastic models are a useful tool because they enable quantitative pre-
29 dictions over a range of timescales. This facility is important for combining
30 different types of data with different levels of temporal resolution. There is
31 also good reason to think that stochastic models can represent the relevant
32 processes in the core. Stochastic models have been constructed from geody-
33 namo simulations with only a few model parameters, yet these models are
34 able to reproduce most of the variability in these simulations (Kuipers et al.,
35 2009; Buffett et al., 2014; Bouligand et al., 2016).

36 Synthetic studies using geodynamo simulations are an ideal test of the
37 general approach because the simulations have relatively low numerical error
38 and we can control the temporal resolution of the output. None of these
39 advantages are available when we apply stochastic models to paleomagnetic
40 observations. Significant errors are present in the estimates of the dipole
41 field, which affect the construction of the stochastic model. We also need
42 to deal with temporal averaging because it limits our ability to sample the
43 stochastic process. The goal of this study is to address the practical limi-
44 tations of dealing with paleomagnetic observations and to devise a strategy
45 for constructing models that best explain both paleomagnetic and historical
46 records. We focus primarily on the power spectrum of dipole fluctuations,

47 although we find that the resulting stochastic models can also account for
 48 the observed reversal rate and the duration of polarity transitions.

49 **2. Stochastic Description of Dipole Fluctuations**

50 Stochastic models were introduced by Langevin (1908) to describe Brow-
 51 nian motion. A small particle in water was assumed to move under the
 52 combined influence of viscous resistance and a random force due to collision
 53 with (unseen) water molecules. The viscous force was treated as a slowly
 54 varying deterministic quantity, whereas the force due to collisions with water
 55 molecules was treated as a rapidly fluctuating random process.

56 Brownian motion serves as a loose analogy for the evolution of the ge-
 57 omagnetic dipole moment. The deterministic part of the dipole moment
 58 can be represented by the opposing influences of dipole decay and the time-
 59 averaged dipole generation. Rapid fluctuations in dipole generation about
 60 the time average can be attributed to (unseen) turbulent flow, which we
 61 treat as a random process. We denote the axial dipole moment by $x(t)$
 62 and describe its time evolution using a stochastic differential equation (Van
 63 Kampen, 1992)

$$\frac{dx}{dt} = v(x) + \sqrt{D(x)}\Gamma(t), \quad (1)$$

64 where the drift term, $v(x)$, describes the deterministic part of the evolution
 65 and the noise term, $D(x)$, defines the amplitude of the random part. The
 66 time dependence of the random process, $\Gamma(t)$, is assumed to be Gaussian
 67 with a vanishing time average

$$\langle \Gamma(t) \rangle = 0. \quad (2)$$

68 We also assume that the correlation time of the noise source is short compared
69 with the sampling of $x(t)$. In this case the autocovariance function of $\Gamma(t)$
70 can be approximated by a Dirac delta function,

$$< \Gamma(t_1)\Gamma(t_2) > = 2\delta(t_1 - t_2), \quad (3)$$

71 where the factor of two is a common convention (e.g. Risken, 1989).

72 Estimates for $v(x)$ and $D(x)$ can be extracted from a realization of the
73 stochastic process (e.g. Friedrich et al., 2011). The drift term is defined by

$$< x(t + \Delta t) - x(t) > = v(x)\Delta t + O(\Delta t^2) \quad (4)$$

74 and the noise term can be approximated by

$$< [x(t + \Delta t) - x(t)]^2 > = 2D(x)\Delta t + O(\Delta t^2), \quad (5)$$

75 where the time averages are taken for a specific value of $x = x(t)$. In practice,
76 the dipole moment is divided into a finite number of bins and the time average
77 is evaluated for each bin. The time increment, Δt , is chosen to be long enough
78 that $\Gamma(t)$ and $\Gamma(t + \Delta t)$ are uncorrelated, but short enough that higher order
79 terms in Δt are small enough to neglect.

80 Applying (4) and (5) to the output of a geodynamo model (Buffett et
81 al., 2014; Meduri and Wicht, 2016) shows that the drift term, $v(x)$, is well
82 represented by

$$v(x) = -\gamma(x - \langle x \rangle), \quad (6)$$

83 where $\langle x \rangle$ denotes the time average and γ is a constant that defines the
84 inverse timescale for slow adjustments of the dipole. A similar representation
85 for $v(x)$ has been recovered from VADM estimates (Brendel et al., 2007;

86 Buffett et al., 2013). Indeed very similar values for the constant, $\gamma \approx 34$
87 Myr^{-1} , are reported for the SINT-2000 model of Valet et al. (2005) and the
88 PADM2M model of Ziegler et al. (2011). By comparison, the noise term,
89 $D(x)$, has a weaker dependence on x . It suffices for our purposes to adopt
90 the approximation $D(x) = D_{eq}$, where D_{eq} denotes the value of the noise
91 term at $x = \langle x \rangle$.

92 Simple representations for the drift and noise terms permit closed-form
93 solutions for the power spectrum of fluctuations about the time average (e.g.
94 $\epsilon(t) = x(t) - \langle x \rangle$). Defining the Fourier transform of $\epsilon(t)$ by

$$\epsilon(f) = \int_{-\infty}^{\infty} \epsilon(t) e^{-i2\pi ft} dt, \quad (7)$$

95 the power spectrum becomes (Buffett and Matsui, 2015)

$$S_{\epsilon}(f) = \epsilon(f)\epsilon(f)^* = \frac{D_{eq}}{(\gamma^2 + 4\pi^2 f^2)} S_{\Gamma}(f), \quad (8)$$

96 where the power spectrum of the noise is

$$S_{\Gamma}(f) = \Gamma(f)\Gamma(f)^* = 2. \quad (9)$$

97 Here $*$ denotes the complex conjugate.

98 The theoretical spectrum in (8) agrees well with a direct calculation of
99 the power spectrum from a geodynamo model (see Fig. 1). Departures at
100 high frequency can be improved by allowing for the influence of correlated
101 noise (see Buffett and Matsui, 2015, for details). The resulting spectrum for
102 correlated noise (denoted by $S_{\epsilon}^c(f)$) reduces the power at high frequencies,
103 but it does not change the behavior at low frequencies. It is important to note
104 that the drift and noise terms are recovered from the geodynamo model using
105 (4) and (5) with a time difference of $\Delta t = 1 \text{ kyr}$. No long-period information

106 goes into the estimation of $v(x)$ and $D(x)$, yet the resulting predictions are
 107 in good agreement with the low-frequency part of the spectrum. This result
 108 suggests that simple stochastic models offer a good description of long-period
 109 dipole fluctuations.

110 **3. Recovering the Drift and Noise from Paleomagnetic Models**

111 Several complications arise when the drift and noise terms are computed
 112 from paleomagnetic models of the dipole moment. One complication is due to
 113 random error and the other is due to temporal averaging of the fluctuations.
 114 We explore both of these complications before proposing a possible solution.

115 *3.1. Influence of Random Error*

116 Random error alters the estimates of the dipole moment, so the drift and
 117 noise terms are computed from

$$y(t) = x(t) + \eta(t) \quad (10)$$

118 which includes a time-dependent error $\eta(t)$. The drift term becomes

$$v(y) = \frac{\langle y(t + \Delta t) - y(t) \rangle}{\Delta t} \quad (11)$$

119 OR

$$v(y) = v(x) + \frac{\langle \eta(t + \Delta t) - \eta(t) \rangle}{\Delta t} \quad (12)$$

120 on substituting for $y(t)$ from (10). The presence of random error alters $v(y)$
 121 but the time average of the error in (12) is expected to vanish. The same is
 122 not true for the noise term. Using $y(t)$ to evaluate $D(y)$ gives

$$D(y) = \frac{\langle [y(t + \Delta t) - y(t)]^2 \rangle}{2\Delta t} \quad (13)$$

123 which can be rearranged into the form

$$D(y) = D(x) + \frac{\langle \Delta x \Delta \eta \rangle}{\Delta t} + \frac{\langle \Delta \eta^2 \rangle}{2\Delta t} \quad (14)$$

124 on introducing $\Delta x = x(t + \Delta t) - x(t)$ and $\Delta \eta = \eta(t + \Delta t) - \eta(t)$. Even when
 125 Δx and $\Delta \eta$ are uncorrelated and $\eta(t)$ represents the effects of white noise,
 126 we are left with (Hoze and Holeman, 2015)

$$D(y) = D(x) + \frac{\sigma_\eta^2}{\Delta t} \quad (15)$$

127 where σ_η^2 is the variance of the error. Thus the influence of random error
 128 becomes acute when Δt is small. On the other hand, larger Δt causes the
 129 higher order terms in (4) and (5) to become more important.

130 We illustrate the problem using a synthetic example. Consider a stochas-
 131 tic model with a linear drift term ($\gamma = 34 \text{ Myr}^{-1}$ or 0.034 kyr^{-1}) and a
 132 constant noise term ($D_{eq} = 69 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ Myr}^{-1}$ or $0.069 \times 10^{44} \text{ A}^2 \text{ m}^4$
 133 kyr^{-1}). These numerical values were recovered by Buffett et al. (2013) from
 134 model PADM2M of Ziegler et al. (2011). A numerical realization of the
 135 stochastic model is run for 2 Myr with values of $x(t)$ recorded at 1 kyr in-
 136 tervals. Next we add uncorrelated and normally distributed random error
 137 to produce a noisy record, $y(t)$, where the standard deviation of the error is
 138 $\sigma_\eta = 0.5 \times 10^{22} \text{ A m}^2$. Finally, we recover $D(x)$ and $D(y)$ from $x(t)$ and $y(t)$,
 139 respectively, assuming that both terms are independent of the amplitude of
 140 the dipole moment (i.e. a single bin for both x or y).

141 Figure 2 shows the estimates for $D(x)$ and $D(y)$ as a function of Δt . At
 142 the shortest time difference, $\Delta t = 1 \text{ kyr}$, we obtain $D(x) = 0.068 \pm 0.002 \times 10^{44}$
 143 $\text{A}^2 \text{ m}^4 \text{ kyr}^{-1}$ and $D(y) = 0.297 \pm 0.010 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ kyr}^{-1}$, where the
 144 uncertainties represent one standard deviation. These results are consistent

145 with expectations from (15). Large deviations from the true value of D are
 146 found with the noisy record when Δt is small. Smaller deviations occur as Δt
 147 increases, although these errors remain relatively large. On the other hand,
 148 the value recovered from the error-free record, $x(t)$, is reliable at small Δt
 149 but departs from the known value as Δt becomes larger. Consequently, we
 150 cannot deal with the influence of random error by arbitrarily increasing Δt .

151 *3.2. Influence of Temporal Averaging*

152 Temporal averaging of the paleomagnetic record can arise in several ways.
 153 Errors in dating allows measurements at different times to be stacked. In
 154 addition, magnetization is acquired in sediments over several thousand years
 155 (Roberts and Winkholfer, 2004). A prolonged acquisition time removes high-
 156 frequency variations and affects our ability to sample the stochastic process
 157 at short Δt . One way to deal with the problem of averaging is to treat the
 158 measured record as a filtered version of the true signal (e.g. Leonard, 1974).
 159 We define the measured signal, $\bar{x}(t)$, as

$$\bar{x}(t) = \int_{-\infty}^{\infty} x(t')g(t-t')dt \quad (16)$$

160 where the filter function, $g(t)$, smooths the true signal, $x(t)$, over some pre-
 161 scribed time interval (denoted by T). Two popular filter functions are the
 162 box-car and gaussian filters (see Fig. 3). The true signal is convolved with a
 163 suitable filter function to produce the measured record.

164 The paleomagnetic record, $\bar{x}(t)$, still obeys a stochastic differential equa-
 165 tion, but it is not the same as the differential equation in (1). Applying the
 166 filter to (1) gives

$$\frac{d\bar{x}}{dt} = -\gamma(\bar{x} - \langle x \rangle) + D_{eq}\bar{\Gamma}(t) \quad (17)$$

167 where we have adopted a constant noise term and a linear drift term. The
 168 only difference in (17) is that the random process is driven by $\bar{\Gamma}(t)$ rather
 169 than $\Gamma(t)$. A power spectrum for $\bar{\epsilon} = \bar{x} - \langle x \rangle$ is defined by taking the
 170 Fourier transform of (17). Solving for $\bar{\epsilon}(f)$ gives

$$S_{\bar{\epsilon}}(f) = \bar{\epsilon}(f)\bar{\epsilon}(f)^* = \frac{D_{eq}}{(\gamma^2 + 4\pi^2 f^2)} S_{\bar{\Gamma}}(f) \quad (18)$$

171 where

$$S_{\bar{\Gamma}}(f) = \bar{\Gamma}(f)\bar{\Gamma}(f)^* = 2 g(f) g(f)^* \quad (19)$$

172 and $g(f)$ is the Fourier transform of the filter function. Equation (19) follows
 173 from the convolution theorem (e.g. Bracewell, 1999) because convolution in
 174 the time domain

$$\bar{\Gamma}(t) = \int_{-\infty}^{\infty} \Gamma(t') g(t - t') dt \quad (20)$$

175 corresponds to multiplication in the frequency domain

$$\bar{\Gamma}(f) = \Gamma(f) g(f). \quad (21)$$

176 Power spectra for $x(t)$ and $\bar{x}(t)$ are the same at low frequencies because
 177 $g(f) \rightarrow 1$ as $f \rightarrow 0$ (see Fig 3).

178 We illustrate the consequences of time averaging using the stochastic
 179 model from Section 3.1. A 2-Myr realization is sampled at 1-kyr intervals and
 180 a smoothed version is produced using a box-car filter with an averaging time
 181 of $T = 3$ kyr. Figure 4 shows the power spectrum of the filtered signal, $\bar{x}(t)$,
 182 compared with the theoretical spectrum from (18). We also show the power
 183 spectrum for the original (unfiltered) time series, $x(t)$, versus the theoretical
 184 spectrum from (8). Both theoretical spectra are in good agreement with the
 185 direct calculations from $x(t)$ and $\bar{x}(t)$. Undulations in the spectrum of $\bar{x}(t)$ is

186 a consequence of the box-car filter, which is oscillatory in the Fourier domain.
 187 The main conclusion from this example is that temporal averaging affects
 188 only the high-frequency behavior of the record. The filtered dipole moment
 189 still obeys a stochastic differential equation and the spectrum is still reliably
 190 predicted at low frequencies from the drift and noise terms. Conversely, the
 191 low-frequency part of the spectrum constrains the drift and noise terms of
 192 the stochastic model.

193 Figure 5 shows the noise term, D , recovered from $x(t)$ and $\bar{x}(t)$ as a
 194 function of Δt . The most reliable estimate for D comes from $x(t)$ at the
 195 shortest possible Δt (1 kyr in this case). Temporal filtering substantially
 196 reduces the estimate of D at low Δt , although the recovered value approaches
 197 a constant once Δt exceeds the filter width T . A rule of thumb based on the
 198 spectrum of the filter (say $g(f) > 0.9$) is that Δt should be roughly twice T .
 199 Sampling the process at $\Delta t = 6$ kyr gives an estimate for D that is nearly
 200 independent of Δt . Unfortunately, this estimate is well below the known
 201 value (e.g. 0.044 versus 0.069). A similar departure in D at $\Delta t = 6$ kyr
 202 is inferred from $x(t)$ (e.g. 0.063 versus 0.069), although the error from the
 203 unfiltered time series is much smaller.

204 The preceding results show that temporal averaging can affect the am-
 205 plitude noise term, particularly when Δt is smaller than the duration of
 206 the averaging. Estimates for D appear to approach a constant value once
 207 $\Delta t > 2T$, although this constant can be significantly less than the true value.
 208 On the other hand, random noise causes the recovered estimate of D to ex-
 209 ceed the known value by an amount $\sigma_\eta^2/\Delta t$, where σ_η^2 is the variance of the
 210 error. Both temporal averaging and random noise have the largest affect on

the high-frequency part of the spectrum. Averaging removes power at high frequency, whereas random error introduces power across all frequencies, although it is most evident at high frequency. Consequently, the low-frequency part of the spectrum is relatively unaffected by both sources of error. We exploit this result to construct a broadband paleomagnetic power spectrum.

4. A Composite Paleomagnetic Power Spectrum

We use two sources of information to construct the paleomagnetic spectrum. Model PADM2M of Ziegler et al. (2011) gives the axial dipole moment over the past 2 Myr at intervals of 1 kyr, whereas CALS10K2 (Constable et al., 2016) gives the axial dipole moment (and other low-degree components of the magnetic field) over the past 10 kyr at intervals of 50 years. Figure 6 shows the power spectrum for each model, calculated using a multi-taper method (function `pmtm` in Matlab). We also show two theoretical spectra. One spectrum is predicted using the parameters of a simple stochastic model derived from PADM2M (Buffett et al., 2013). We take $\gamma = 34 \text{ Myr}^{-1}$ and let $D_{eq} = 69 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ Myr}^{-1}$ (or $0.069 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ kyr}^{-1}$). The second spectrum is obtained by applying a gaussian filter to the stochastic model, using an averaging time of $T = 2.4 \text{ kyr}$. The sampling used to construct the stochastic model from PADM2M was $\Delta t = 5 \text{ kyr}$, so the filter required to account for the power spectrum of PADM2M is broadly compatible with the proposed rule of thumb $\Delta t \approx 2T$.

CALS10K2 possesses more power than PADM2M at overlapping frequencies. One interpretation is that temporal averaging has a greater influence on PADM2M, which acts to reduce the power at high frequencies. We might

remedy this problem by seeking an independent estimate for the noise term from CALS10K2. Figure 7 shows the resulting estimates for D as a function of Δt . The noise term initially increases with Δt , implying some temporal averaging or possibly correlated noise in the stochastic model. A simple parametric fit of the form

$$D(\Delta t) = D_{eq}(1 - e^{-\Delta t/T}) \quad (22)$$

gives $D_{eq} = 0.34 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ kyr}^{-1}$ ($340 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ Myr}^{-1}$) for the asymptotic value of the noise term. We fit (22) through the lower limit of the estimates in Fig. 7 to account for the influence of random error (which tends to increase D). A correlation time of $T = 120$ years suggests that the sampling of the stochastic process should be restricted to $\Delta t > 240$ years. (We adopt $\Delta t = 300$ years as a lower limit in our subsequent discussion.) The value of the noise term recovered from CALS10K2 is more than four times larger than the value we recovered from PADM2M, but it can account for the higher power in the CALS10K2 spectrum.

Simply increasing the value of D in the stochastic model predicts more power at low frequencies, which is incompatible with the low-frequency part of the PADM2M spectrum. Since we expect random error and temporal averaging to have less affect at low frequencies, we choose to alter both D and γ to maintain agreement with PADM2M at low frequencies. In effect, we use the low-frequency spectrum of PADM2M to estimate γ once D is inferred from CALS10K2. The predicted power at low frequency is D/γ^2 , so we take $\gamma = 75 \times 10^{22} \text{ A m}^2 \text{ Myr}^{-1}$ and $D = 340 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ Myr}^{-1}$ to retain consistency with the low-frequency power in PADM2M. While the slope of the drift term is more than twice the value recovered from PAD2M

259 using (4), it is in rough agreement with the value $\gamma = 70 \times 10^{22} \text{ A m}^2 \text{ Myr}^{-1}$
 260 estimated for the PISO-1500 model (Channell et al., 2009). (The noise term
 261 for PISO-1500 near $x = \langle x \rangle$ is $540 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ Myr}^{-1}$, which is somewhat
 262 higher than the value recovered from CALS10K2. Interestingly, the preferred
 263 sampling interval for PISO-1500 is 4 to 5 kyr, which is close to the sampling
 264 interval adopted previously for PADM2M and SINT-2000 (Buffett et al.,
 265 2013). Thus the time averaging in all three VADM models is roughly the
 266 same).

267 We test the revised values for γ and D by running a series of 100 real-
 268 izations of the stochastic model. The model parameters are fixed but the
 269 initial conditions and details of the each realization differ. The realizations
 270 are run for 2 Myr and the value of the dipole moment is recorded every 300
 271 years, corresponding to the sampling interval inferred from CALS10K2. It is
 272 possible that the short averaging time (nominally 120 years) corresponds to
 273 the lifetime of convective eddies in the core. We could account for this effect
 274 in the stochastic model by introducing a correlated noise source (Buffett and
 275 Matsui, 2015), but we avoid this complication by choosing Δt to ensure the
 276 noise source, $\Gamma(t)$ is uncorrelated. A power spectrum is computed for each
 277 realization and the results are superimposed on the power spectra computed
 278 from PADM2M and CALS10K2 (see Fig 8a). The cloud of power spectra
 279 for the realizations overlap the low-frequency part of the PADM2M power
 280 spectrum and most of the power spectrum for CALS10K2 below 1 cycle/kyr.
 281 However, a direct comparison of the realizations with the power spectrum
 282 for CALS10K2 is not appropriate because the CALS10K2 spectrum is com-
 283 puted from a 10-kyr time series. A better comparison would rely on 10-kyr

284 realizations (see Fig8b). A series of shorter realizations produces a cloud of
 285 power spectra that overlap the computed power spectrum for CALS10K2,
 286 suggesting that the revised stochastic model is broadly consistent with the
 287 CALS10K2 model.

288 We also test the stochastic model against historical observations (Jackson
 289 et al., 2000). A steady decrease in the dipole field has lowered the dipole
 290 moment by $\Delta x = 0.68 \times 10^{22} \text{ A m}^2$ over a 150-year interval between 1860
 291 and 2010 (Gillet et al., 2013). Such a change is too large to be caused by
 292 the drift term, so it must be associated with the noise term. The root-
 293 mean-square (rms) variation in the dipole moment due to the noise term is
 294 $\langle \Delta x^2 \rangle^{1/2} = \sqrt{2D\Delta t}$. Using the revised estimate of D and $\Delta t = 0.15 \text{ kyr}$,
 295 we find $\langle \Delta x^2 \rangle^{1/2} = 0.32 \times 10^{22} \text{ A m}^2$. Thus the historical variation is larger
 296 than the expected variation, but it is not implausible. A realization of the
 297 noise process is described by (Risken, 1989)

$$\Delta x = \sqrt{2D\Delta t} w \quad (23)$$

298 where w is a random variable drawn from a standard normal distribution
 299 (mean of zero and variance of 1). We require $w = 2.13$ to account for the
 300 recent variation in the dipole field, which would occur about 1.7% of the
 301 time. The actual probability could be somewhat lower if the noise source is
 302 correlated at $\Delta t = 0.15 \text{ kyr}$ (a likely case given our estimate of the correlation
 303 time from CALS10K2). The preceding estimate would then represent an
 304 overestimate of the probability of occurrence. By comparison, the original
 305 value of $D = 0.069 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ kyr}^{-1}$ from PADM2M would require $w = 4.73$
 306 to account for the historical variation. Such an event would occur less than
 307 0.0001% of the time. Such an event is fairly unlikely, so the historical record

308 lends support to the larger value for the noise term.

309 Another useful prediction of the stochastic model is the variance of the
 310 dipole moment. We obtain an expression for the variance, σ_x^2 , by integrating
 311 the power spectrum over frequency

$$\sigma_x^2 = \int_{-\infty}^{\infty} S_{\epsilon}(f) df = \frac{D}{\gamma}. \quad (24)$$

312 The revised values for $D = 0.34 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ kyr}^{-1}$ and $\gamma = 0.075 \text{ kyr}^{-1}$ give
 313 $\sigma_x = 2.13 \times 10^{22} \text{ A m}^2$. While this value exceeds the estimate $\sigma_x = 1.48 \times 10^{22}$
 314 A m^2 for PADM2M (Ziegler et al., 2011), it is not too far from the estimate
 315 $\sigma_x = 1.97 \times 10^{22} \text{ A m}^2$ for SINT-2000 (Valet et al., 2005) and somewhat
 316 smaller than the estimate $\sigma_x = 2.68 \times 10^{22} \text{ A m}^2$ for PISO-1500 (Channell
 317 et al., 2009). Thus the predicted variance lies within the range of estimates
 318 from recent VADM models.

319 5. Geomagnetic Polarity Reversals

320 A more general representation of the drift term is needed to describe ge-
 321 omagnetic polarity reversals. The linear approximation in (6) is useful when
 322 x varies about $\langle x \rangle$, but its utility ceases when x approaches zero during
 323 a reversal. The invariance of the magnetic induction equation to a change
 324 in the sign of the magnetic field suggests that $v(x)$ is an odd function of x .
 325 We expect the drift term to adjust x toward the negative value of the time
 326 average once x changes sign. A simple extension of the linear approximation
 327 is

$$v(x) = -\frac{\gamma x}{\langle x \rangle} (x - \langle x \rangle) \quad \text{for } x \geq 0, \quad (25)$$

328 where the expected symmetry is obtained by taking $v(-x) = -v(x)$. The
 329 gradient of $v(x)$ at $x = \langle x \rangle$ is consistent with the linear approximation

in (6), but the value of the drift now vanishes at $x = 0$. It is convenient to represent the drift as the negative gradient of a potential $U(x)$. Integrating (25) for the $U(x)$ gives

$$U(x) = \frac{1}{2} \frac{\gamma x^2}{\langle x \rangle} \left[\frac{2}{3} x - \langle x \rangle \right] \quad \text{for } x \geq 0 \quad (26)$$

where the integration constant is chosen to make $U(0) = 0$. A comparison of $U(x)$ with the potential recovered from the PADM2M model of Ziegler et al. (2011) is shown in Fig. 9. The barrier at $x = 0$ is comparable for both potentials, but the amplitudes of $U(x)$ at large $|x|$ differ. This is mainly a consequence of increasing γ in the revised stochastic model. A larger γ produces a narrower potential well and limits the variability of x at a fixed level of noise, consistent with the predicted standard deviation $\sigma_x = \sqrt{D/\gamma}$. We now use the generalization of the drift in (25) to predict the rate of magnetic reversals and the duration of polarity transitions.

5.1. Rates of Reversals

Random fluctuations in x enable the dipole to jump from one potential well to the other, leading to a magnetic reversal. The average frequency of this transition can be predicted using the stochastic model. Kramers (1940) derived an approximation expression for the reversal rate, r , when the barrier $\Delta U = U(0) - U(\langle x \rangle)$ is large compared with the noise D . Kramers' formula in our notation gives

$$r = \frac{\gamma}{2\pi} e^{-\Delta U/D}. \quad (27)$$

Substituting for

$$\Delta U = \frac{1}{6} \gamma \langle x \rangle^2 \quad (28)$$

350 from (26) and using the definition of the variance from (24) gives

$$r = \frac{\gamma}{2\pi} e^{-\langle x \rangle^2 / (6\sigma_x^2)} . \quad (29)$$

351 Remarkably, the rate of reversal depends on the time average, $\langle x \rangle$, the
 352 variance, σ_x^2 , and the timescale for slow adjustments of the dipole field, γ^{-1} ;
 353 the slow timescale is thought to reflect the decay time of dipole fluctuations
 354 (e.g. Gubbins and Roberts, 1987). Geodynamo simulations suggest that the
 355 dipole fluctuations can be represented by the first few decay modes (Buffett
 356 et al., 2014). Using $\langle x \rangle = 5.3 \times 10^{22}$ A m², $\sigma_x = 2.13 \times 10^{22}$ A m² and
 357 $\gamma = 75$ Myr⁻¹ gives $r = 4.2$ reversals per Myr, which is comparable to the
 358 observed rate over the past 30 Myr (Lowrie and Kent, 2004). By comparison,
 359 a 60-Myr realization of the stochastic process yields 3.9 reversals per Myr
 360 when the realization is filtered to a resolution of 30 kyr, comparable to the
 361 resolution of marine magnetic anomalies (Gee and Kent, 2015). The need
 362 to filter the realization is connected to the complexity of polarity transitions
 363 when the noise term is large. We explore this question in the next section.

364 5.2. Duration of Polarity Transitions

365 The duration of polarity transitions depends on how the transitions are
 366 defined. A definition based on magnetic intensity might depend on the time
 367 required for the dipole to recover to the long-term average after a change
 368 in sign (i.e. a recovery time). This particular definition is useful for our
 369 purposes because it can be computed from the stochastic model. We expect
 370 the drift term to be small near $x \approx 0$, so the evolution of the dipole during
 371 the transition is dominated by the noise term. A useful approximation for
 372 the time required for the field to rise above a particular threshold, x_t , is

373 (Buffett, 2015)

$$\tau = \frac{4x_t^2}{D(0)\pi^2} \quad (30)$$

374 where $D(0)$ refers to the value of the noise term at $x = 0$. The general form
375 of (30) is characteristic of a diffusive process, which includes no contribution
376 from the drift term. A more exact treatment of the problem accounts for the
377 drift term as x rises toward the threshold x_t . Figure 10 shows a comparison of
378 the approximation in (30) with the value computed from a numerical solution
379 of the Fokker-Planck equation (e.g. Risken, 1989). Including the drift term
380 shortens the recovery, but the difference is relatively small when we adopt
381 the revised value for D . This implies that the recovery of the magnetic
382 field following a reversal is driven mainly by noise (e.g. random turbulent
383 fluctuations in the field generation).

384 We can compute a recovery time from the PADM2M model by interpo-
385 lating the time when x rises above the time average after a reversal. Each
386 reversal gives a different value for τ , but the average and its standard de-
387 viation are shown in Fig. 10. The agreement with theory is surprisingly
388 good. We also show the time required for the field to drop from the time-
389 averaged value into a reversal (i.e. a decline time). The mean decline time
390 from PADM2M is 41 kyr, whereas the mean recovery time is 27 kyr. This
391 asymmetry is consistent with previous observations (Valet and Meynadier,
392 1993). (The decline time was incorrectly reported as the recovery time in
393 Buffett (2015), although the main point in that study was that these short
394 durations require a noise term in excess of $300 \times 10^{44} \text{ A}^2 \text{ m}^4$).

395 The difference between the recovery and decline times can be attributed
396 to the role of the drift term. The recovery time is shorter than the ap-

397 proximation in (30) because the drift term drives the dipole moment toward
 398 the time average, increasing the rate of adjustment after a reversal. Con-
 399 versely, the dipole must work against the drift term during the decline phase.
 400 The approximation in (30) lies roughly midway between the estimates from
 401 PADM2M, which suggests that the drift lengthens and shortens the adjust-
 402 ment by comparable amounts, relative to a purely diffusive process with no
 403 drift term.

404 It is reasonable to question whether the PADM2M model can adequately
 405 resolve the recovery time when the short-period behavior is not sufficient
 406 to compute D . A transition that lasts $\tau \approx 30$ kyr would correspond to
 407 a frequency of $f = 1/2\tau$, assuming the transition represents half a cycle.
 408 A nominal frequency of 0.017 cycles kyr^{-1} lies in the part of the spectrum
 409 where PADM2M and the stochastic model are broadly consistent (see Fig.
 410 8). Consequently, there is internal consistency in our argument that the
 411 stochastic model is in agreement with both the transition duration and low-
 412 frequency power spectrum from PADM2M. It is encouraging that the same
 413 stochastic model gives a reasonable estimate for the reversal rate, particularly
 414 when no information about the reversal rate is used in the construction of
 415 the stochastic model.

416 The dominance of the noise term during a polarity transition has inter-
 417 esting consequences for the complexity of reversals. A process that is driven
 418 solely by the noise term is analogous to a random walk. The probability of
 419 stepping back and forth across $x = 0$ increases with the number of steps n .
 420 Dasgupta and Rubin (1998) show that the expected number of zero-crossings
 421 is proportional to \sqrt{n} . As we decrease the step size in a numerical realiza-

tion, we take a large number of steps through the transition and produce a large number of zero-crossings during a single transition. In practice the time step is limited by the correlation time of the noise source. Independent realizations of the noise process require the time step to exceed the correlation time of the noise, so the number of steps through a transition cannot be arbitrarily large. Still, several zero crossings are likely.

Numerical realizations with $D(0) = 0.3 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ kyr}^{-1}$ (close to the value proposed here) produced multiple zero-crossings in about 50% of the polarity transitions when $\Delta t = 1 \text{ kyr}$ (Buffett, 2015). The average number of zero crossings is 2.8, but this number would go up if $\Delta t = 0.3 \text{ kyr}$ is a more reasonable estimate for the time step. We could expect $3\times$ more time steps through a transition and roughly $\sqrt{3}\times$ more zero crossings (on average), corresponding to a total of 5 changes in sign during a transition. To make meaningful comparisons with geological observations we would want to remove these short-period polarity changes by filtering the numerical realization to the resolution of the observations. In the previous section we used $T = 30 \text{ kyr}$ to compare the reversal rate with estimates from marine magnetic anomalies.

6. Conclusions

Stochastic models have been successfully tested using geodynamo simulations, but their use with paleomagnetic observations requires departures from the standard approach. Two main difficulties are identified. The first is due to random error in the estimates of the dipole moment, which cause the noise term to be over-estimated. The significance of this problem depends

446 on the sampling interval, Δt , and the largest affects occur at short Δt . A
 447 second difficulty arises from temporal averaging of dipole fluctuations, either
 448 due to errors in dating or gradual acquisition of magnetization in sediment.
 449 In either case, temporal averaging reduces the noise term at short Δt , al-
 450 though estimates for D often converge to a constant value as Δt increases.
 451 Unfortunately, the noise term does not necessarily converge to the correct
 452 value.

453 An important feature of both random error and temporal averaging is
 454 that the largest influence is predicted at high frequency. Because the low-
 455 frequency behavior is less affected, we can use the low-frequency part of
 456 the observed power spectrum as a constraint on the stochastic model. We
 457 illustrate the approach using the PADM2M model of Ziegler et al. (2011) and
 458 the CALS10K2 model of Constable et al. (2016). An estimate of the noise
 459 term is recovered from the high-resolution CALS10K2 model, while the slope
 460 of the drift term, γ , is estimated from the low-frequency part of the spectrum
 461 for PADM2M. Realizations of the stochastic model yield a composite power
 462 spectrum that agrees reasonably well with both PADM2M and CALS10K2.

463 A simple generalization of the stochastic model is needed to allow large
 464 deviations from the time-averaged moment. This modification enables pre-
 465 dictions for the mean rate of reversal. A reversal in the stochastic model
 466 occurs when a realization jumps between the minima in a double-well poten-
 467 tial. Application of Kramers' formula (Kramers, 1940) gives a surprisingly
 468 simple expression for the reversal rate. We find that the reversal rate can
 469 be defined in terms of the time-averaged dipole moment, the variance of the
 470 dipole moment and a slow timescale that characterizes the adjustment of

the dipole toward the time-averaged value. Using values from the stochastic model gives a mean rate of 4.2 Myr^{-1} , which is good agreement with observations (Lowrie and Kent, 2004). Comparable rates are obtained from realizations of the stochastic process, provided we filter the realization to the same resolution as the observations. The need for temporal filtering arises from the importance of noise in driving polarity transitions. Multiple polarity changes can occur within a single transition field, so a quantitative comparison with observations depends on the temporal resolution of those observations.

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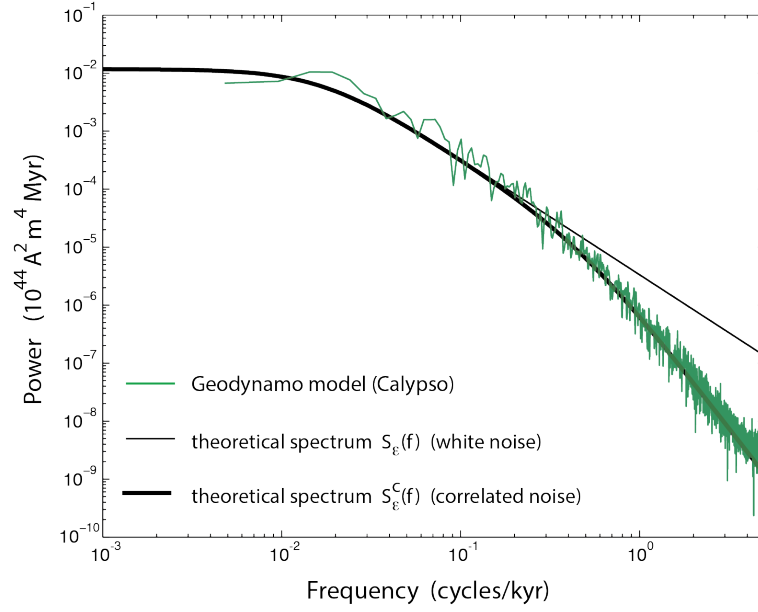


Figure 1: A power spectrum of dipole fluctuations from a numerical geodynamo simulation (Matsui et al., 2014), compared to predictions from two stochastic models. One stochastic model assumes a white noise source and the other assumes correlated noise. Both models are capable of predicting the low-frequency fluctuations even though the drift and diffusion terms are constructed from short-period information.

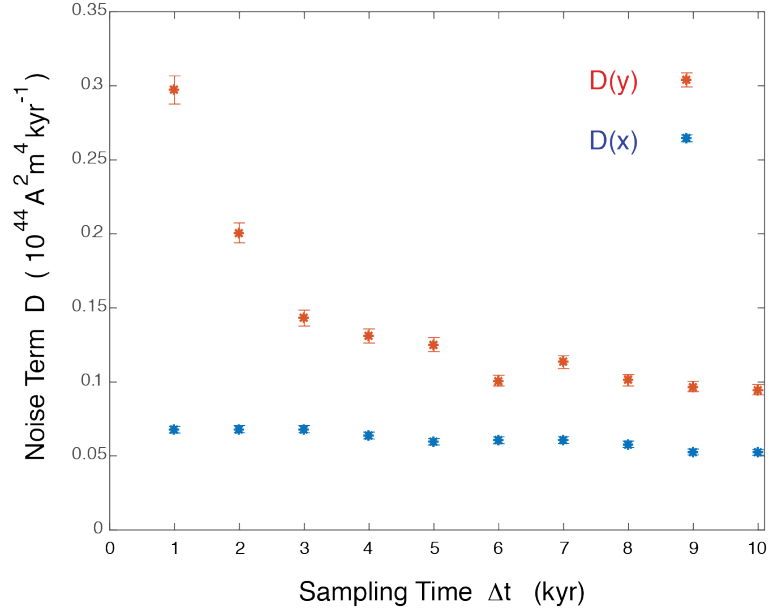


Figure 2: Estimates for the noise term, D , computed from exact $x(t)$ and noisy $y(t)$ time series. Addition of random error to $y(t)$ causes $D(y)$ to depart from the known value $D = 0.069 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ kyr}^{-1}$. Calculations using $x(t)$ reproduce the known value to within the uncertainties at $\Delta t = 1 \text{ kyr}$. Discrepancies in $D(x)$ increase with Δt due to unmodelled contributions from higher-order powers in Δt .

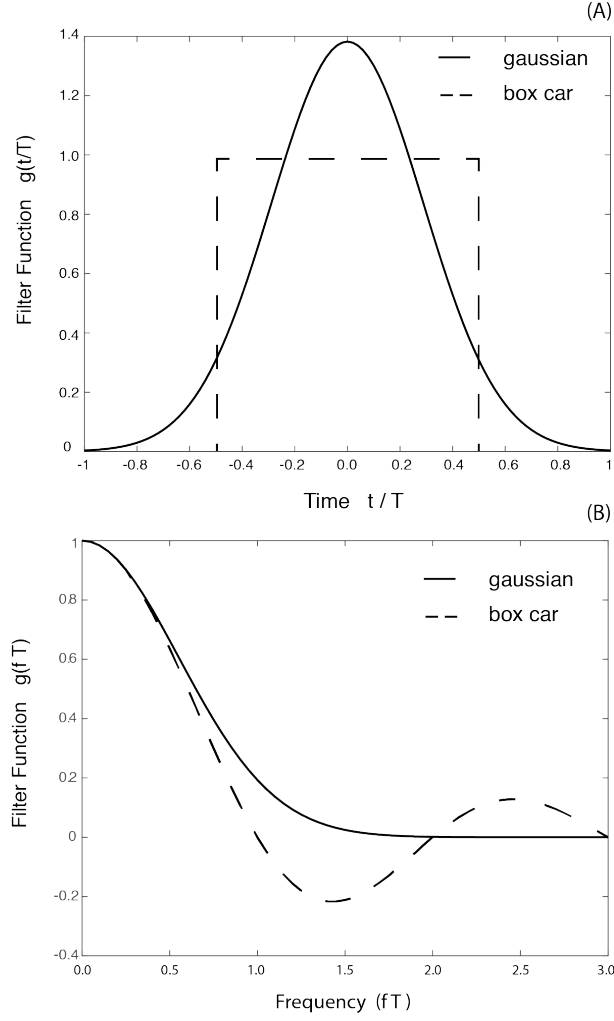


Figure 3: (A) Two commonly used filters are the gaussian, $g(t) = (6/\pi T^2)^{1/2} \exp(-6t^2/T^2)$, and the box car, $g(t) = 1/T$ for $|t| < T/2$, where T is the averaging time. (B) Fourier transforms are given by $g(f) = \exp(-4\pi^2 f^2 T^2/24)$ and $g(f) = \sin(\pi f T)/\pi f T$, respectively.

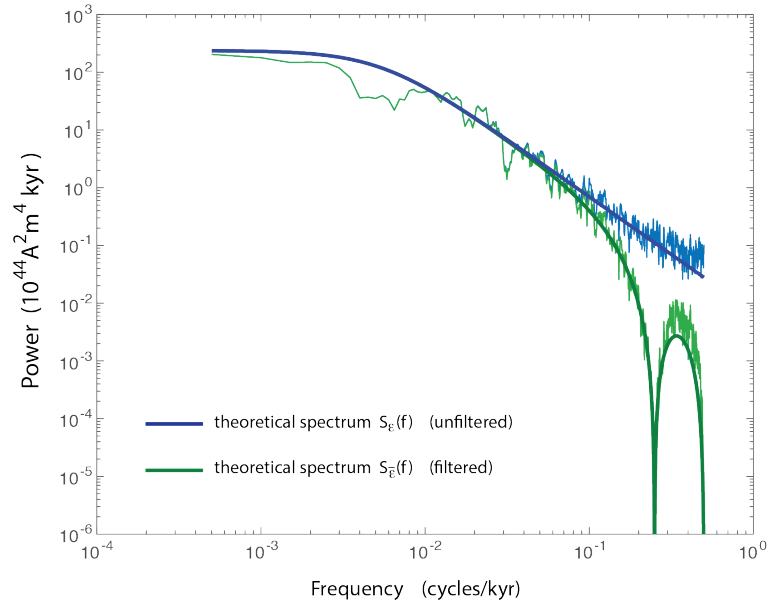


Figure 4: Power spectra of $x(t)$ (blue) and $\bar{x}(t)$ (green) compared with theoretical spectra $S_\epsilon(f)$ and $S_{\bar{\epsilon}}(f)$ (see text). Undulations in the filtered spectrum arise from the box-car filter, which is oscillatory in the frequency domain.

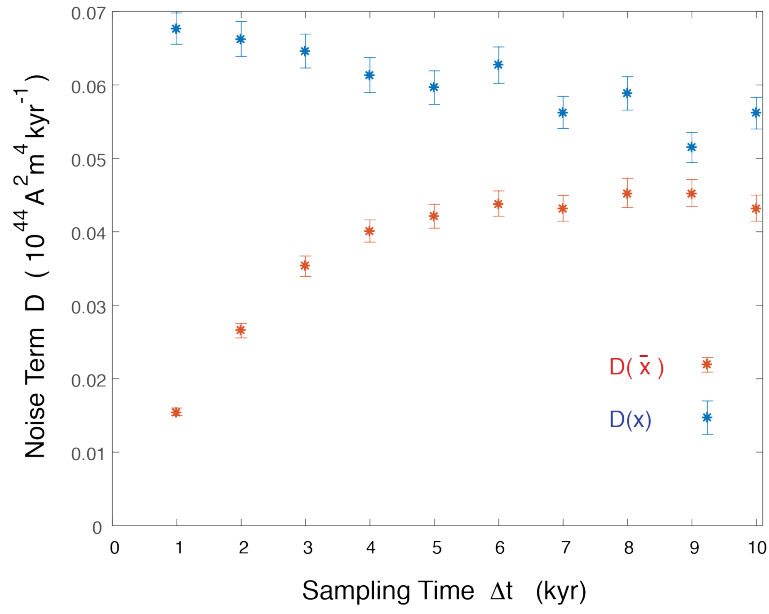


Figure 5: Estimates for the noise term, D , computed from exact $x(t)$ and filtered $\bar{x}(t)$ time series. Temporal averaging substantially reduces the noise term when Δt is less than the averaging time $T = 3$ kyr. Estimates for $D(\bar{x})$ approach a constant value once $\Delta t > 2T$.

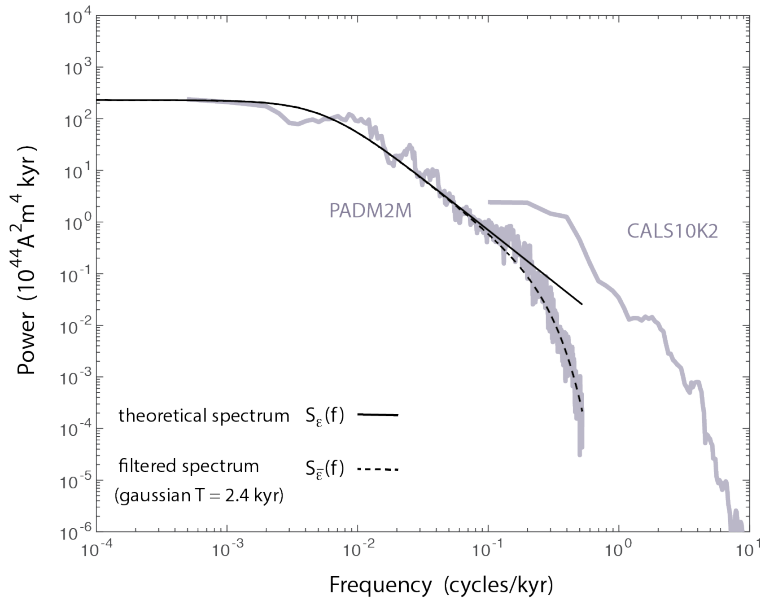


Figure 6: Power spectra computed from PADM2M and CALS10K2 using a multi-taper method. Theoretical spectra $S_\epsilon(f)$ and $S_{\bar{\epsilon}}(f)$ are based on the stochastic model derived from PADM2M and a filtered version of the stochastic model. We apply a gaussian filter with an averaging time of $T = 2.4 \text{ kyr}$ to account for the abrupt decrease in power of PADM2M at high frequency.

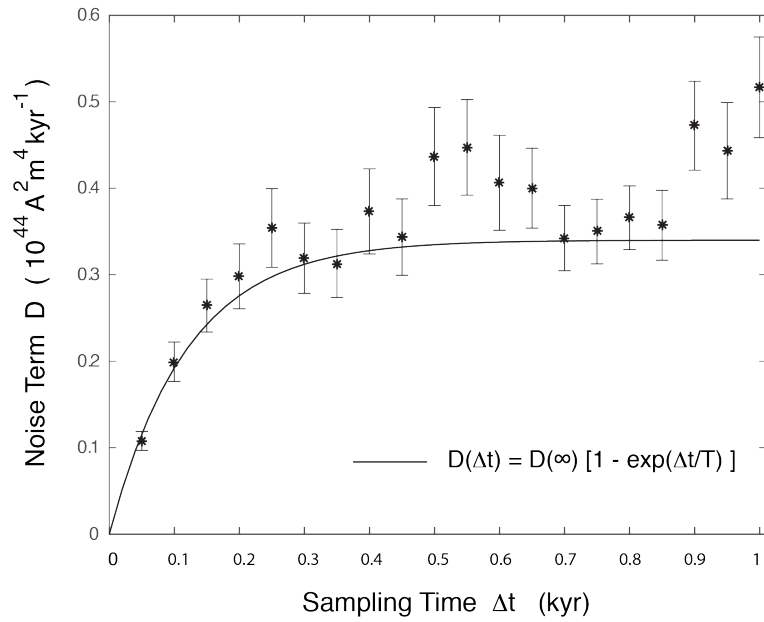


Figure 7: Estimates for the noise term, D , recovered from CALS10K2 as a function of sampling time Δt . A simple parametric fit to $D(\Delta t)$ in (22) gives $D(\infty) = 0.34 \times 10^{44} \text{ A}^2 \text{ m}^4 \text{ kyr}^{-1}$. The effective correlation time of the noise source is $T = 120$ years.

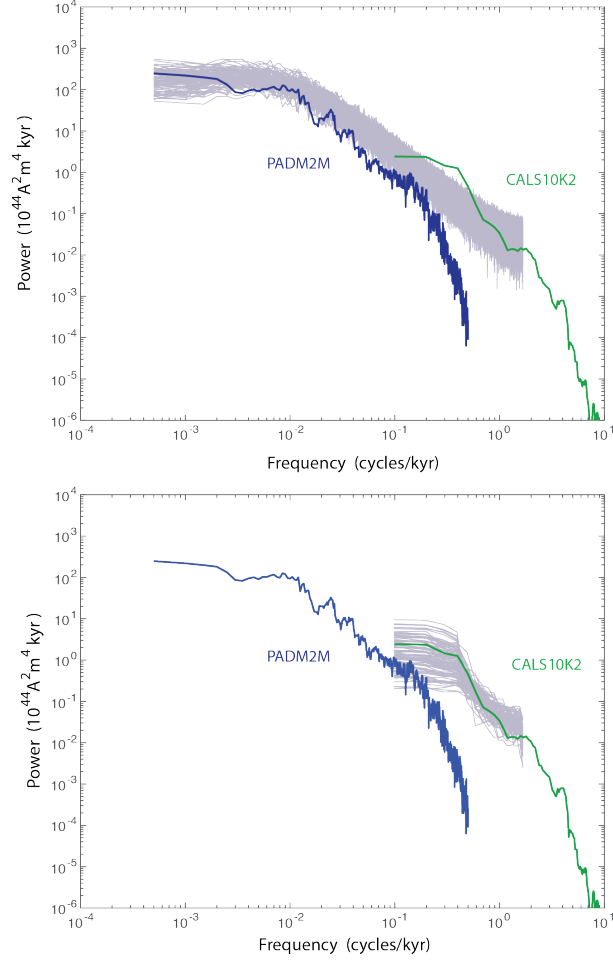


Figure 8: (A) Power spectra from 100 realizations of the stochastic model (in gray) compared with the power spectra computed from PADM2M (blue) and CALS10K2 (green). The ensemble of realizations is compatible with PADM2M at low frequencies and much of the spectrum for CALS10K2 below 1 cycle/kyr. (B) Power spectra of 100 shorter (10-kyr) realizations of the stochastic model.

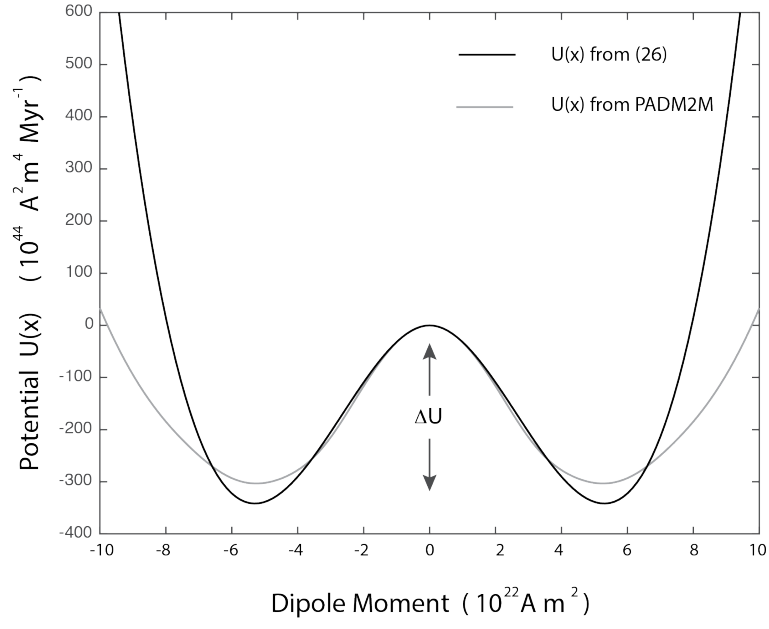


Figure 9: Potential $U(x)$ computed from (26) compared with a potential recovered from PADM2M. Both potentials have comparable barriers, ΔU , but different amplitudes at large $|x|$. The width of the potential well is defined by the second derivative $U''(x) = -\gamma$ at $x = \pm \langle x \rangle$. We use $\gamma = 73 \text{ Myr}^{-1}$ for the potential in (26), but obtained $\gamma = 34 \text{ Myr}^{-1}$ from PADM2M.

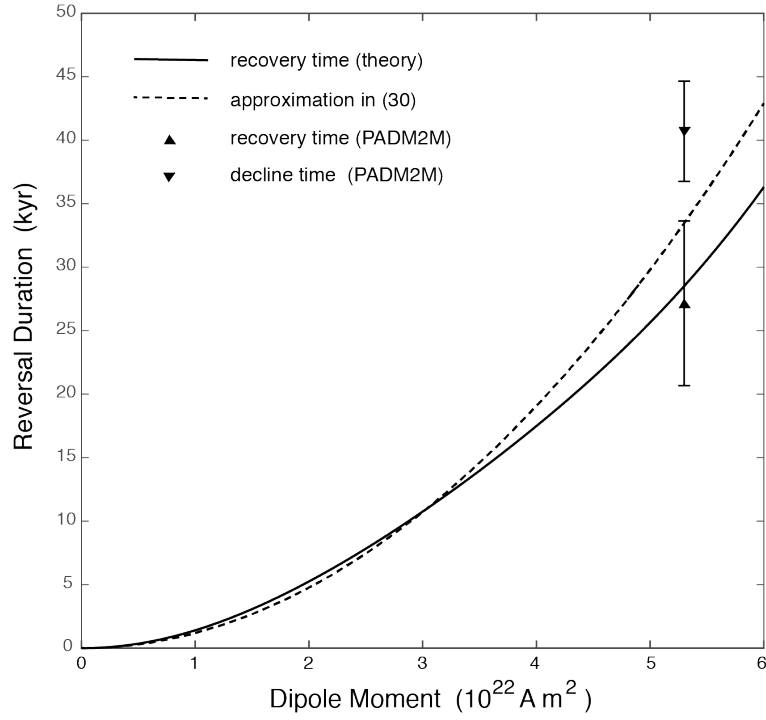


Figure 10: Mean recovery time for the dipole moment following a reversal. A numerical solution of the Fokker-Planck equation (theory) is compared with the approximation in (30), where the drift term is assumed to vanish. Discrete estimates from PADM2M are shown for the recovery and decline times. The recovery time agrees well with theory, whereas the decline time exceeds the recovery time, probably due to contributions from the drift term. The approximation in (30), which includes no contribution from the drift term, lies roughly midway between the recovery and decline times from PADM2M.