

# A new invariant of 4-manifolds

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We define an integer invariant  $L_X$  of a smooth, compact, closed 4-manifold X by minimizing a certain complexity of a trisection of X over all trisections. The good feature of  $L_X$  is that when  $L_X=0$  and X is a homology 4-sphere, then X is diffeomorphic to the 4-sphere. Naturally, L is hard to compute.

trisections | 4-manifolds | Heegaard splittings | curve complex

We define an integer invariant  $L_X$  of a smooth, compact, closed 4-manifold X by minimizing a certain complexity of a trisection of X over all trisections.

## **Loops in the Cut Complex**

Let X be a closed, orientable, smooth 4-manifold. In ref. 1, Gay and Kirby show that X has a trisection into three 4-dimensional handlebodies and prove that any two trisections of X are stably equivalent under a suitable notion of stabilization. We exploit these results to define a new 4-manifold invariant  $L_X$  and prove that  $L_X=0$  if and only if X is a connect sum of copies of  $S^1\times S^3$ ,  $S^2\times S^2$ ,  $CP^2$ , and  $S^4$  (the case of the empty connect sum). If  $L_X\leq 1$ , we obtain the same 4-manifolds, so  $L_X$  is never one.

Definition 1:  $A(g; k_1, k_2, k_3)$ -trisection of a closed, oriented 4-manifold X (where  $0 \le k_i \le g, i = 1, 2, 3$ ) is a decomposition  $X = X_1 \cup X_2 \cup X_3$ , where (i) each  $X_i \cong \natural^{k_i} S^1 \times B^3$ , (ii) each  $X_i \cap X_j \cong \natural^g S^1 \times B^2$  (for  $i \ne j$ ), and (iii)  $X_1 \cap X_2 \cap X_3 \cong \#^g S^1 \times S^1$ .

Definition 2: A  $(g; k_1, k_2, k_3)$ -trisection diagram is a 4-tuple  $(\Sigma, \alpha, \beta, \gamma)$  such that each of  $(\Sigma, \alpha, \beta)$ ,  $(\Sigma, \beta, \gamma)$ , and  $(\Sigma, \gamma, \alpha)$  are genus g Heegaard diagrams of  $\#^k{}_iS^1 \times S^2$ , i=1,2,3, respectively. A trisection diagram for a given trisection  $X=X_1\cap X_2\cap X_3$  is a trisection diagram  $(\Sigma, \alpha, \beta, \gamma)$ , where  $\Sigma$  is diffeomorphic to  $X_1\cap X_2\cap X_3$ ,  $\alpha$  is a cut system for  $X_1\cap X_2$ ,  $\beta$  for  $X_2\cap X_3$ , and  $\gamma$  for  $X_3\cap X_1$ .

The stabilization operation for a balanced trisection increases the genus of the central surface  $\Sigma$  by 3. It can be understood in terms of the trisection diagram by taking the connect sum of  $(\Sigma, \alpha, \beta, \gamma)$  with the standard genus three trisection diagram of  $S^4$ .

An unbalanced trisection can be "balanced" by taking the connect sum with genus one trisections of the 4-sphere.

The topology of each of the three pieces of  $\hat{X}$  is completely determined by a single integer  $k_i$ , and the topology of each of the overlaps between pieces is determined by another integer g. If  $k = k_1 = k_2 = k_3$ , the trisection is called balanced.

Given a trisection of  $X^4$ , we have a central surface  $\Sigma = X_0 \cap X_1 \cap X_2$  in X bounding three 3-dimensional handlebodies  $X_i \cap X_j$ , which fit together in pairs to form Heegaard splittings of three 3-manifolds in X, and these 3-manifolds in turn uniquely bound three 4-dimensional 1-handlebodies. We can thus specify a trisection by considering systems of curves on  $\Sigma$ .

Definition 3: A cut system for a closed surface  $\Sigma$  of genus g is an unordered collection of g simple closed curves on  $\Sigma$  that cut  $\Sigma$  open into a 2g-punctured sphere.

Definition 4: A genus g Heegaard diagram for a closed orientable 3-manifold is a triple  $(\Sigma, \alpha, \beta)$ , where  $\Sigma$  is a closed orientable genus g surface and each of  $\alpha$  and  $\beta$  is a cut system for  $\Sigma$ .

Following Wajnryb (2) and Johnson (3), we define the following:

Definition 5: The cut complex  $\mathcal C$  of  $\Sigma_g$  is a 1-complex with vertices corresponding to (isotopy classes) of cut systems. Two vertices  $\alpha$  and  $\alpha'$  in  $\mathcal C$  are connected by an edge of type 0 if their corresponding cut systems  $\alpha=\{\alpha_1,\alpha_2,\ldots,\alpha_g\}$  and  $\alpha'=\{\alpha'_1,\alpha'_2,\ldots,\alpha'_g\}$  agree on g-1 curves and their final curves are disjoint. Two vertices  $\alpha$  and  $\alpha'$  are connected by an edge of type 1 if their corresponding cut systems  $\alpha$  and  $\alpha'$  agree on g-1 curves and their final curves intersect in a single point. The distance between two vertices  $\alpha$  and  $\beta$ ,  $d(\alpha,\beta)$ , is the length of the shortest path (using the edge-metric) connecting them in the cut complex.

Notice that if  $\alpha$  and  $\alpha'$  are connected by a type 0 edge, then  $\alpha$  can be obtained from  $\alpha'$  by sliding  $\alpha_g$  over some of  $\alpha_1, \alpha_2, \ldots, \alpha_{g-1}$ . C is connected (4).

Suppose we are given a  $(g; k_1, k_2, k_3)$ -trisection diagram  $(\Sigma, \alpha, \beta, \gamma)$  for a trisection  $\mathcal{T}$  of X.

Definition 6: Let  $\Gamma_{\alpha}$  be the set of all vertices in  $\mathcal C$  that are path connected to  $\alpha$  by type 0 edges (generalized handle slides). Define  $\Gamma_{\beta}$  and  $\Gamma_{\gamma}$  similarly (see Fig. 1).

Definition 7: We say two cut systems  $\alpha$  and  $\beta$  are in good position with respect to each other if we can order each,  $\alpha = \alpha_1, \alpha_2, \ldots, \alpha_g, \beta = \beta_1, \beta_2, \ldots, \beta_g$ , so that for each i, either  $\alpha_i$  is parallel to  $\beta_i$  (and we write  $\alpha_i \mathcal{D}\beta_i$ ) or  $\alpha_i$  intersects  $\beta_i$  in exactly one point (and we write  $\alpha_i \mathcal{D}\beta_i$ ), and  $\alpha_i$  is disjoint from  $\beta_j$  for all  $i \neq j$ . We say  $\alpha_i$  and  $\beta_j$  are a good pair if they are either parallel or intersect in a single point and are disjoint from all other  $\alpha$ s and  $\beta$ s.

Note that it is possible for  $\alpha$ ,  $\beta$ ,  $\gamma$  to pairwise all be in a good position but not with respect to the same ordering. For example, in Fig. 2 all pairs are in a good position, but  $\alpha_1$  is paired with  $\gamma_2$  and  $\alpha_2$  with  $\gamma_1$ .

Every vertex in  $\Gamma_{\alpha}$  represents a different cut system describing the same handlebody  $X_1 \cap X_2$ .

We can calculate the length of the shortest path between  $\Gamma_{\alpha}$  and  $\Gamma_{\beta}$ . We use a mild generalization of Waldhausen's theorem for Heegaard splittings of the 3-sphere (5):

Theorem 8: Let  $(\Sigma, \alpha, \beta)$  be a genus g Heegaard diagram for  $\#^k S^1 \times S^2$ . Then there exist cut systems  $\alpha'$  and  $\beta'$  that are connected to  $\alpha$  and  $\beta$ , respectively, through type 0 edges such that  $\alpha'$  and  $\beta'$  are in good position with respect to each other.

# **Significance**

All known 4-manifolds invariants cannot distinguish a possible counterexample to the smooth 4-dimensional Poincare Conjecture from the standard 4-sphere. The *L* invariant, defined in this paper, can do so, for if it vanishes on a homotopy 4-sphere *X*, then *X* must be diffeomorphic to the 4-sphere. Unfortunately, it is very hard to calculate.

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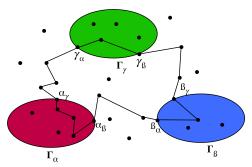


Fig. 1.  $S^2 \times S^2$ .

The details of this theorem appear in ref. 6, p. 313, together with a discussion of its relation to the isotopy question. We include an outline of the argument, which proceeds by induction, for the convenience of the reader. Proof: Use Haken's (7) lemma to find an essential separating 2-sphere S that intersects  $\Sigma$  in a single essential simple closed curve  $\lambda$  bounding imbedded disks  $E_{\alpha}$  and  $E_{\beta}$  on both sides of  $\Sigma$ . Use an outermost arc on, say,  $E_{\alpha}$  of intersections with the disks bounded by the  $\alpha$ s to dictate handle slides on the  $\alpha$ s to reduce the number of points of intersection between  $\lambda$  and the  $\alpha$ s. This implies that any Heegaard splitting of  $\#^k S^1 \times S^2$  is diffeomorphic to a good Heegaard splitting (but not necessarily isotopic to one).

Hence there exists a cut system in  $\Gamma_{\alpha}$  that has distance precisely  $g-k_1$ , through  $g-k_1$  type 1 edges, to the nearest cut system in  $\Gamma_{\beta}$ . Note that stabilizing the trisection increases the length of such a path in a straightforward way; if the initial trisection is balanced and the stabilization is balanced, the length of the path goes up by 2. For an unbalanced stabilization, the length goes up by either 0 or 1.

Definition 9: Let  $l_{X,T}$  be the length of the shortest closed path in C that intersects each of  $\Gamma_{\alpha}$ ,  $\Gamma_{\beta}$ , and  $\Gamma_{\gamma}$ , which also satisfies the following:

i) There are three pairs— $(\alpha_{\beta}, \beta_{\alpha}), (\beta_{\gamma}, \gamma_{\beta}), \text{ and } (\gamma_{\alpha}, \alpha_{\gamma})$ —in

$$(\Gamma_{\alpha}, \Gamma_{\beta}), (\Gamma_{\beta}, \Gamma_{\gamma}), (\Gamma_{\gamma}, \Gamma_{\alpha}),$$

respectively, which are all good, so it takes  $g-k_i$  type 1 moves to travel from the vertex corresponding to one element in the pair to the other.

ii) The subpath of  $l_{X,T}$  connecting  $\alpha_{\beta}$  to  $\alpha_{\gamma}$  (respectively,  $\beta_{\alpha}$  to  $\beta_{\gamma}$ ,  $\gamma_{\beta}$  to  $\gamma_{\alpha}$ ) remains within  $\Gamma_{\alpha}$  (respectively,  $\Gamma_{\beta}$ ,  $\Gamma_{\gamma}$ ).

Normalize l by defining:

Definition 10:  $L_{X,\mathcal{T}} = I_{X,\mathcal{T}} - 3g + k_1 + k_2 + k_3$ . Note that this number can only decrease when we stabilize. Note also that this number is equal to the total number of type 0 moves in each of  $\Gamma_{\alpha}$ ,  $\Gamma_{\beta}$ , and  $\Gamma_{\gamma}$ .

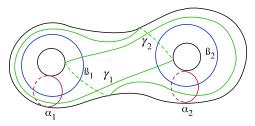


Fig. 2. C.

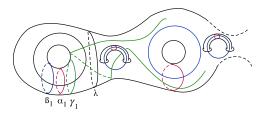


Fig. 3.  $\alpha_1 \mathcal{P} \beta_1 \mathcal{P} \gamma_1$ 

Definition 11: The length of X, denoted  $L_X$ , is the minimum value of  $L_{X,T}$  over all trisections T of X.

It follows immediately from the stable equivalence of balanced trisections (1) that  $L_X$  is well-defined.

We analyze the manifolds for which  $L_X = 0$ :

Theorem 12:  $L_X = 0$  if and only if X is diffeomorphic to a connect-sum of copies of  $S^1 \times S^3$ ,  $S^2 \times S^2$ ,  $CP^2$ , and  $S^4$  (in the case of an empty connect sum).

As an immediate corollary, we have the following:

Corollary 13: If X is a homology 4-sphere, then  $\bar{L}_X = 0$  if X is diffeomorphic  $S^4$ .

Proof of theorem: Let  $(\Sigma, \alpha, \beta, \gamma)$  be a  $(g, k_1, k_2, k_3)$  trisection of X that realizes  $L_{X,\mathcal{T}}=0$ .

Then,  $g - k_1 = d(\alpha, \beta)$ ,  $g - k_2 = d(\gamma, \beta)$ , and  $g - k_3 = d(\alpha, \gamma)$ . Let  $(\alpha_1, \alpha_2, \dots, \alpha_n)$ ,  $(\beta_1, \beta_2, \dots, \beta_n)$ ,  $(\gamma_1, \gamma_2, \dots, \gamma_n)$ , and  $n = 1, \dots, g$  be the curves corresponding to the cut systems  $\alpha, \beta, \gamma$ .

Since  $(\Sigma, \alpha, \beta, \gamma)$  realizes  $L_{X,T} = 0$ , we may assume that  $\alpha_1, \alpha_2, \ldots, \alpha_g, \beta_1, \beta_2, \ldots, \beta_g$  are in good position with respect to each other and that  $\alpha_1, \alpha_2, \ldots, \alpha_g, \gamma_1, \gamma_2, \ldots, \gamma_g$  are in good position with respect to each other (any ordering of  $\alpha$  determines one for  $\beta$  and for  $\gamma$ ). Note that the  $\beta$ s and  $\gamma$ s would also be "good" if we allowed reordering of subindices. Consider the example of  $S^2 \times S^2$  where  $\beta_1$  and  $\gamma_2$  are good, as are  $\beta_2$  and  $\gamma_1$ .

We may also assume that  $\alpha_i \mathcal{P} \beta_i$  for  $i = 1, \dots, k_1$ . After possible relabeling, we have the following cases:

Case 1 :  $\alpha_1, \beta_1, \gamma_1$  are all parallel (see Fig. 3).

No other curve from  $\alpha \cup \beta \cup \gamma$  intersects  $\alpha_1, \beta_1, \gamma_1$ . Let  $\delta$  be a simple closed curve intersecting  $\alpha_1$  (also  $\beta_1, \gamma_1$ ) transversely in a single point, chosen to be disjoint from all other  $\alpha$ s and  $\beta$ s.  $\alpha_1$  and  $\delta$  together have a neighborhood that is a punctured torus T. We say that T is defined by  $\alpha_1$  and  $\delta$ . Let  $\lambda = \partial T$ .  $\lambda$  is disjoint from all  $\alpha$ s and  $\beta$ s but may intersect  $\gamma_2 \cup \ldots \cup \gamma_g$ . However, we can slide these  $\gamma$ s over  $\gamma_1$  to remove these intersections, obtaining  $\gamma_2', \ldots, \gamma_g'$ , which are disjoint from  $\partial T$ . Let  $\gamma' = \gamma_1, \gamma_2', \ldots, \gamma_g'$ . Since this operation has no effect on the intersections of curves with subindices  $2, \ldots, g$ ,  $(\Sigma, \alpha, \beta, \gamma')$  also realizes L = 0. In  $(\Sigma, \alpha, \beta, \gamma')$ ,  $\partial T$  is a splitting curve—that is, a separating simple closed curve—disjoint from all curves in all three cut systems, which splits the diagram into two subdiagrams, each with L = 0. The subdiagram containing  $\alpha_1$  yields an  $S^1 \times S^3$  summand that we can

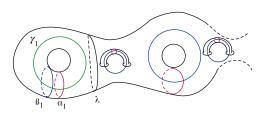
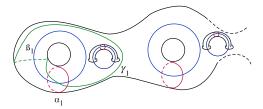


Fig. 4.  $\alpha_1 \mathcal{P} \beta_1 \mathcal{D} \gamma_1$ .



**Fig. 5.**  $\alpha_1 \mathcal{D} \beta_1 \mathcal{D} \gamma_1 \mathcal{D} \alpha_1$ .

split off and proceed to consider the smaller genus remaining subdiagram.

Case 2:  $\alpha_1 \mathcal{P} \beta_1$  and  $\gamma_1$  intersects each in exactly one point (see Fig. 4).

As before, we can find a punctured torus T containing  $\alpha_1, \beta_1, \gamma_1$ , which in this case is automatically disjoint from all curves in  $\alpha \cup \beta \cup \gamma$ . Hence, there is an obvious  $S^4$  summand in the trisection diagram, which we split off to reduce the genus and again proceed on the remainder.

Case 3 : No pair of curves from  $\alpha, \beta, \gamma$  is parallel. In particular,  $\alpha_1 \mathcal{D} \hat{\beta}_1$  and  $\alpha_1 \mathcal{D} \gamma_1$ . Let  $\lambda$  be the boundary of the torus T defined by  $\alpha_1$  and  $\beta_1$ .

Subcase a:  $\gamma_1 \mathcal{D}\beta_1$  (see Fig. 5).

Claim: Then we can split off a  $\pm CP^2$  summand.

Proof: If  $\gamma_1$  does not lie in T, then we can move it there by a type 0 move. Then,  $\partial T$  will be a splitting curve.

Subcase b:  $\gamma_1$  is disjoint from  $\beta_1$  (see Fig. 6). Then, we can assume (by relabeling as needed) that  $\gamma_1 \mathcal{D}\beta_2$  and  $\gamma_1$  are disjoint from all other curves in  $\alpha$  and  $\beta$ .

Claim: Then, we can split off a  $S^2 \times S^2$  summand.

Proof: We analyze the remainder of the  $\gamma_i$ s and show there must exist a  $\gamma_2$  such that

- $\gamma_2 \mathcal{D}\beta_1$ ,
- $\gamma_2 \cap \alpha_1$  is empty,
- $\gamma_2 \mathcal{D} \alpha_2$ , and
- γ<sub>2</sub> ∩ β<sub>2</sub> is empty.

This follows because exactly one  $\gamma$ , which we label  $\gamma_2$ , is dual to  $\beta_1$ , and it links  $\gamma_1$  in  $\lambda$  when both intersect  $\lambda$ . That forces  $\gamma_2$  to intersect  $\alpha_2$  in one point. By type 0 moves on  $\gamma_1$  and  $\gamma_2$ , we can arrange that all curves with indices 1 or 2 are outside the punctured  $S^2 \times S^2$ , whose boundary is a splitting curve. This concludes the proof.

We now prove the stronger theorem:

Theorem 14: If there exists a trisection  $\mathcal{T}$  such that  $L_{X,\mathcal{T}} = 1$ , then  $L_X = 0$ , and X is again diffeomorphic to a connect sum of copies of  $S^1 \times S^3$ ,  $S^2 \times S^2$ , and  $CP^2$ .

Assume  $(\Sigma, \alpha, \beta, \gamma)$  realizes  $L_{X,T} = 1$ . We may also assume that  $\alpha_1, \alpha_2, \dots, \alpha_g, \beta_1, \beta_2, \dots, \beta_g$  are in good position with respect to each other and that  $\alpha_1, \alpha_2, \ldots, \alpha_g, \gamma_1, \gamma_2, \ldots, \gamma_g$  are in good position with respect to each other. Note that the  $\beta$ s and  $\gamma$ s would also be good if we allowed reordering of

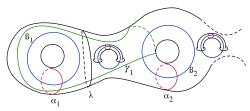


Fig. 6.  $\alpha_1 \mathcal{D} \beta_1$ ,  $\gamma_1 \mathcal{D} \alpha_1$ .

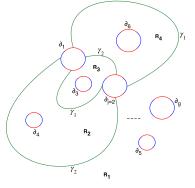


Fig. 7. P.

subindices, with the exception of a single  $\gamma_j$ . Hence there exists a cut system  $\Gamma' = \gamma_1, \gamma_2, \ldots, \gamma_j', \ldots, \gamma_g$  that is distance one from  $\gamma_1, \gamma_2, \ldots, \gamma_g$  and that is good with respect to  $\beta_1, \beta_2, \ldots, \beta_g$  after reordering.

The arguments in cases 1 and 2 of theorem 1 work as before if  $\alpha_i \mathcal{P} \beta_i$  or  $\alpha_i \mathcal{P} \gamma_i$  for any i, or  $\beta_i \mathcal{P} \gamma_k$  for any  $k \neq j$ , or  $\beta_i \mathcal{P} \gamma_i'$ ; that is, we can assume that the trisection is balanced and that q = k so that each  $X_i$  is a 4-ball.

If g=2, the theorem follows from ref. 8. Assume g>2. We relabel so  $\Gamma=\gamma_1,\gamma_2,..,\gamma_g$  and  $\Gamma'=\gamma_1,\gamma_2,..,\gamma'_g$ . Hence, we have the following string of relations:

$$\beta_1 \mathcal{D} \alpha_1 \mathcal{D} \gamma_1 \mathcal{D} \beta_j \mathcal{D} \alpha_j$$
.

If j = 1, we are back in case 3, subcase a of the previous argument. Assume  $j \neq 1$ . Then, we can continue our string to the left,

$$\gamma_a \mathcal{D}\beta_1$$
,

and to the right,

$$\alpha_j \mathcal{D} \gamma_b$$
.

If a = b, then  $a \neq g$ . If  $a \neq b$ , then either a or b (or both) is not equal to g. In any case, we obtain a slightly longer string by adding on to the left or to the right, say to the left,

$$\gamma_a \mathcal{D}\beta_1 \mathcal{D}\alpha_1 \mathcal{D}\gamma_1 \mathcal{D}\beta_j \mathcal{D}\alpha_j$$
,

where  $a \neq g$  and  $\gamma_g$  is not in the string.

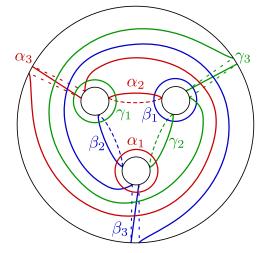


Fig. 8. Q.

Claim: a = j.

Proof of claim: Cut  $\Sigma$  open along all  $\alpha$ s and  $\beta$ s to obtain a planar surface P with g boundary components,  $\partial_1,\ldots,\partial_g$ , with the labelling inherited from the  $\alpha$ s. The remnants of  $\gamma_1$  in P are two properly imbedded arcs connecting  $\partial_1$  to  $\partial_j$ . The remnants of  $\gamma_a$  in P are also two properly imbedded arcs, whose endpoints are linked on  $\partial_1$  with the endpoints of  $\gamma_1$ . We know  $\gamma_a$  is dual to exactly one  $\alpha$  and disjoint from all others; the only available  $\alpha$  that yields a single connected curve is  $\alpha_j$ . Hence, a=j (see Fig. 7).

We now relabel so j = 2 and summarize our findings thus far:

$$\gamma_2 \mathcal{D}\beta_1 \mathcal{D}\alpha_1 \mathcal{D}\gamma_1 \mathcal{D}\beta_2 \mathcal{D}\alpha_2 \mathcal{D}\gamma_2$$
.

Definition 15: Call such a set  $\gamma_2, \beta_1, \alpha_1, \gamma_1, \beta_2, \alpha_2, \gamma_2$  a good sextet.

The remnants of  $\gamma_1$  and  $\gamma_2$  in P cut P into four regions, one of which,  $R_1$ , contains  $\partial_q$ .

Suppose the other three regions,  $R_2$ ,  $R_3$ ,  $R_4$ , are disks—that is, contain no other boundary components of P.

Claim: Either  $\gamma_g$  or  $\gamma_g'$  is disjoint from  $R_2 \cup R_3 \cup R_4$ .

Proof of claim: Suppose  $\gamma_g$  intersects  $R_2$ .  $\gamma_g$  is disjoint from all  $\alpha$ s except  $\alpha_g$  and disjoint from all other  $\gamma$ s, so  $\gamma_g$  can only intersect the pieces of  $\partial R_2$  corresponding to remnants of the  $\beta$ s. Hence, (possibly after removing trivial intersections)  $\gamma_g$  intersects  $\mathbb{R}_2$  in a collection of parallel arcs connecting the two  $\beta$  remnants on  $\partial R_2$ . This means that  $\gamma_g$  must also intersect  $R_3$  and  $R_4$  in a similar fashion. Recall that  $\gamma_g'$  is disjoint from  $\gamma_g$ , and  $\gamma_g'$  is disjoint from all  $\beta$ s except  $\beta_g$ . Then, by the same argument, if  $\gamma_g'$  intersects  $\mathbb{R}_2$  at all, it must do so in a collection of parallel arcs connecting the two  $\alpha$  remnants on  $\partial R_2$ . But any such arc would intersect an arc of  $\gamma_g$ , and  $\gamma_g'$  is disjoint from  $\gamma_g$ . So if  $\gamma_g$  intersects  $R_i$ , i=2,3,4, then  $\gamma_g'$  cannot and vice versal.

Assume  $\gamma_g$  is disjoint from  $R_2 \cup R_3 \cup R_4$ .

Then,  $\partial R_1$  is a splitting curve for  $\alpha, \beta, \gamma$ , and we proceed by examining the smaller diagram inside  $R_1$ .

Suppose one of  $R_2$ ,  $R_3$ ,  $R_4$  is not a disk, say  $R_2$ .

Using previous arguments, we can find another good sextet inside  $R_2$ .

This sextet also divides P into four components, one of which contains  $\partial_a$ .

If all other components are disks, we are done by the previous argument. Otherwise, select one that is not a disk, and repeat.

Eventually, we find a sextet such that one component of P defined by the sextet contains  $\partial_a$ , and all others are disks.

## An Example with L < 6

Currently, the smallest nonzero  $L_{X,T}$  we know, namely 6, is achieved by a smooth orientable 4-manifold Q that is the quotient  $(S^2 \times S^2)/Z/2$ , where the group Z/2 acts by sending (x, y) to (-x, -y). This allows the possibility that our theorem holds

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for  $L \leq 5$ , but we only conjecture the theorem can be strengthened to show that  $L \leq 2$  implies L=0. There is a notable lack of low-genus simply-connected, closed, smooth 4-manifolds (other than those with L=0). In the nonspin case, there are connected sums of  $\pm CP^2$ , and in the spin case, there is the K3 complex surface. Many of these manifolds have exotic smooth structures (e.g.,  $CP^2$  with at least two points blown up; this means connected summing with  $-CP^2$ s), but these have complicated handlebody structures suggesting L is large. For  $\pi_1$  nonzero, our Q is a fairly simple example and is a natural candidate for the smallest nonzero L.

There is a handlebody description of Q obtained by taking a simple description of the nonorientable disk bundle over  $RP^2$  and doubling it to get Q (see ref. 9, p. 27). There are algorithms to turn this handlebody description into a trisection with genus three, but the diagram in Fig. 8 will most easily show that  $L \leq 6$ . This diagram was discovered independently by David Gay and by Jeff Meier, in the latter case as part of studying trisections of twist spun 3-manifolds.

By symmetry, it suffices to calculate how many type 0 moves are required to make the  $\alpha$ s and  $\beta$ s standard. Ignore the  $\gamma$  curves, and observe that  $\alpha_2$  and  $\beta_1$  are a pair that intersect each other once and are disjoint from all other  $\alpha$ s and  $\beta$ s. Notice next that  $\alpha_1$  and  $\beta_2$  would be a good pair if not for the fact that  $\beta_3$  intersects  $\alpha_1$  twice. These intersections can be removed by two handle slides of  $\beta_3$  over  $\beta_2$ . First, push the closer point of intersection clockwise along  $\alpha_1$  and then slide over  $\beta_2$  to remove the point of intersection. Then, do the same with the further point of intersection, again moving clockwise and sliding over  $\beta_2$ .

We now have two pairs intersecting once each, and then one can check that  $\alpha_3$  and  $\beta_3$  are in fact parallel on  $\Sigma$ , and thus, the  $\alpha-\beta$  curves form a standard Heegaard spitting of  $S^1\times S^2$ , as desired.

A sharp reader might observe that if the second handle slide had been done counterclockwise, then the two handle slides would combine into one type 0 move, suggesting that l=3, but a sharper reader will realize that in this case  $\alpha_3$  and  $\beta_3$  are no longer parallel, for the other pairs are stuck between the otherwise parallel curves.

#### Remarks

It seems likely that a complicated handlebody diagram for X would lead to a large value of L. But it is sobering to realize that the complex hypersurfaces such as the K3 surface are not connected sums of smaller 4-manifolds, yet if one connect sums with one copy of  $\mathbb{C}P^2$ , the resulting complicated handlebody slides away to a connected sum of  $\pm \mathbb{C}P^2$ s (refs. 10 or 11), showing that there must also be a way to do handle slides on the  $\alpha$ s,  $\beta$ s, and  $\gamma$ s to get L=0.

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