

# Combining Mass Spectrometry and NMR Improves Metabolite Detection and Annotation

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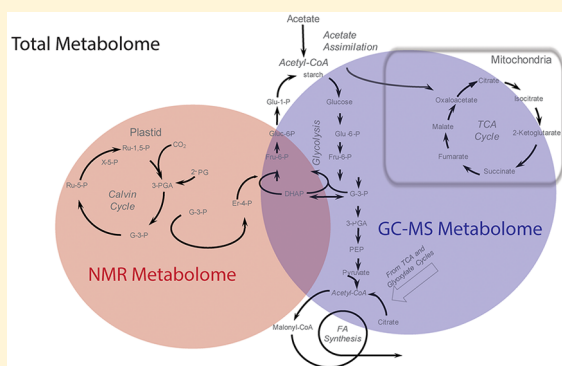
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**S** Supporting Information

**ABSTRACT:** Despite inherent complementarity, nuclear magnetic resonance spectroscopy (NMR) and mass spectrometry (MS) are routinely separately employed to characterize metabolomics samples. More troubling is the erroneous view that metabolomics is better served by exclusively utilizing MS. Instead, we demonstrate the importance of combining NMR and MS for metabolomics by using small chemical compound treatments of *Chlamydomonas reinhardtii* as an illustrative example. A total of 102 metabolites were detected (82 by gas chromatography–MS, 20 by NMR, and 22 by both techniques). Out of these, 47 metabolites of interest were identified: 14 metabolites were uniquely identified by NMR, and 16 metabolites were uniquely identified by GC–MS. A total of 17 metabolites were identified by both NMR and GC–MS. In general, metabolites identified by both techniques exhibited similar changes upon compound treatment. In effect, NMR identified key metabolites that were missed by MS and enhanced the overall coverage of the oxidative pentose phosphate pathway, Calvin cycle, tricarboxylic acid cycle, and amino acid biosynthetic pathways that informed on pathway activity in central carbon metabolism, leading to fatty-acid and complex-lipid synthesis. Our study emphasizes a prime advantage of combining multiple analytical techniques: the improved detection and annotation of metabolites.



Metabolomics is experiencing exponential growth<sup>1</sup> and has made substantial contributions to various research areas, such as nutrition, plant physiology, cellular metabolism, disease diagnosis and biomarker detection, and drug discovery and development.<sup>2–4,5,6</sup> To date, metabolomics has primarily relied on the separate application of mass spectrometry (MS) or nuclear magnetic resonance spectroscopy (NMR), but there are also notable examples of the application of surface enhanced Raman spectroscopy and Fourier transform infrared spectroscopy (FTIR).<sup>7</sup> Nevertheless, the vast majority of recently published metabolomics studies are only making use of GC–MS or liquid chromatography (LC)–MS despite prior contributions from NMR and other analytical techniques.<sup>8</sup> In 2017, only 5% of metabolomics manuscripts published in PubMed described any form of a combined NMR and GC–MS approach to metabolomics (Figure 1). This may be explained, in part, by an erroneous belief that mass spectrometry is the optimal analytical technique for metabolomics. Unfortunately, this false perspective has begun to negatively impact the field and will likely limit the coverage of the metabolome, potentially diminish the quality of research, and hamper progress. Instead, metabolomics should seek to maximize (not limit) the number of analytical techniques used to characterize the entirety of the metabolome. Moreover, the confidence and accuracy of metabolite identification and

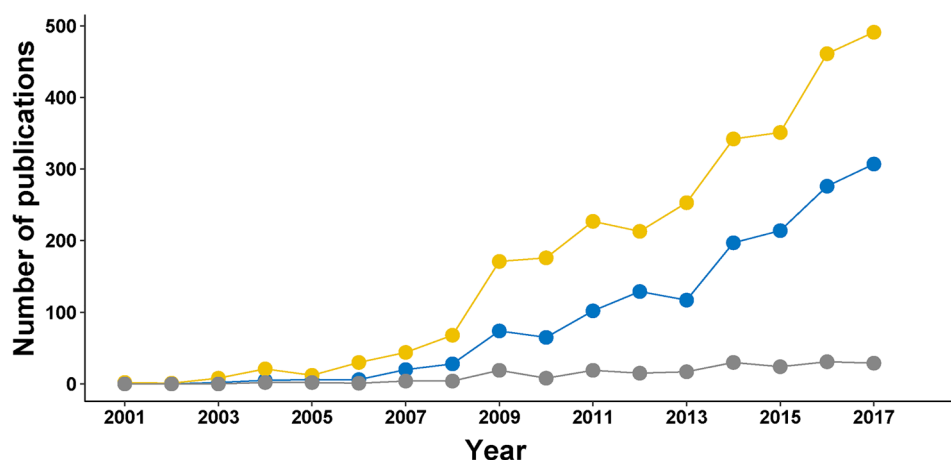
quantification is improved by the application of multiple analytical techniques. Thus, the goal of the field should be to accurately address scientific questions by striving for the broadest coverage of the metabolome, not by focusing on the type of instrumentation used.

NMR and MS are inherently complementary due to their distinct strengths and weaknesses. This, in turn, leads to different sets of metabolites that are uniquely detected by NMR and MS. Accordingly, combining both NMR and MS will result in a greater coverage of the metabolome. Simplistically, NMR detects the most-abundant metabolites, and MS detects the metabolites that are readily ionizable. This arises from fundamental differences between NMR and MS. For example, NMR requires minimal sample handling, but chromatography is a necessary component of MS metabolomics because of the relatively narrow molecular-weight distribution of the metabolome.<sup>9</sup> Chromatography methods are plagued by non-uniform metabolite derivatization, incomplete column recovery, decomposition during derivatization, ion-suppression due to the coeluent matrix, and misaligned retention times, to name a few reasons.<sup>10–14</sup> Similarly, small molecules exhibit variable thermal stability that

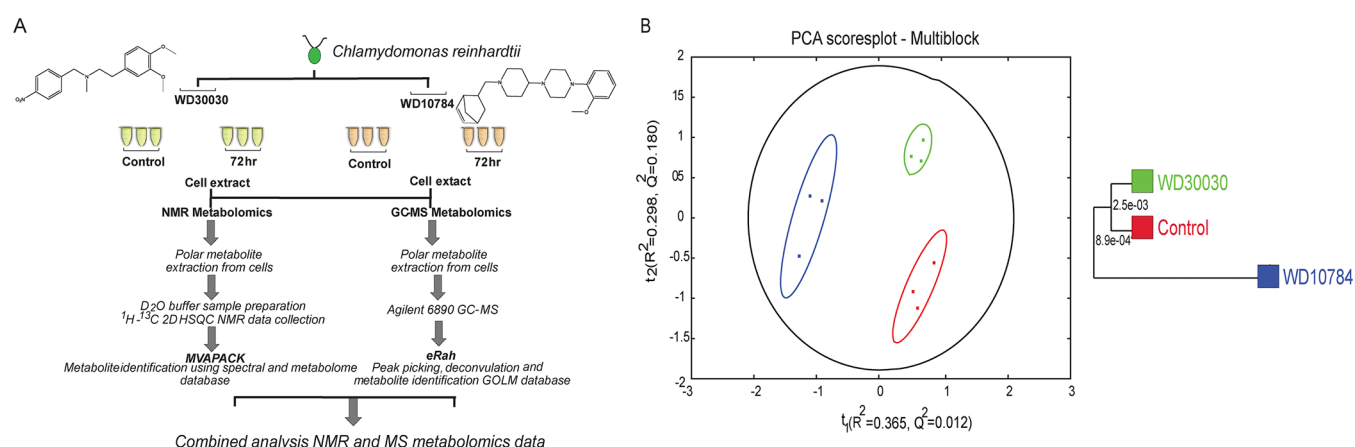
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**Figure 1.** Summary of metabolomics publications in PubMed that refer only to NMR (yellow), only to GC-MS (blue), or to both GC-MS and NMR (gray).



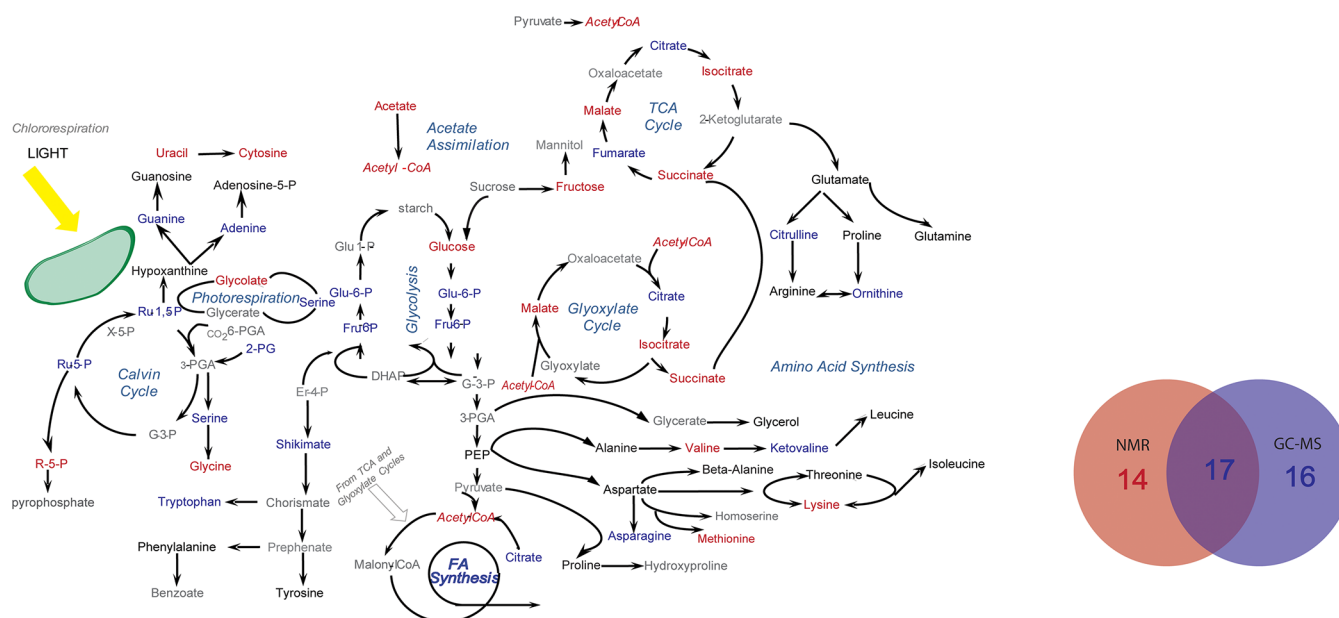
**Figure 2.** (A) Workflow schematic showing the key steps in the combined NMR and GC-MS analysis of the *C. reinhardtii* metabolome. Three biological replicates were prepared for each group consisting of the untreated controls, WD30030-treated cells, and WD10784-treated cells. A GC-MS spectrum and a 2D  $^1\text{H}$ - $^{13}\text{C}$  HSQC NMR spectrum were collected for each biological replicate. (B) Multiblock PCA scores plot generated from the combined GC-MS and 2D  $^1\text{H}$ - $^{13}\text{C}$  HSQC NMR data sets illustrating a distinct clustering for untreated controls (red squares) and the WD30030- (green squares) and WD10784- (blue squares) treated cells. A total of three biological replicates are displayed per group, and each data point represents the combined GC-MS and 2D  $^1\text{H}$ - $^{13}\text{C}$  HSQC NMR data sets plotted in the PC space. The ellipses represent a 95% confidence limit of the normal distribution of each cluster. The associated dendrogram was derived from the PCA scores plot, and each node is annotated with a Mahalanobis distance-based  $p$  value. The separation between untreated controls and WD30030 ( $p$  value of  $2.5 \times 10^{-3}$ ) and WD10784 ( $p$  value of  $8.9 \times 10^{-4}$ ), respectively, is considered statistically significant ( $p < 0.05$ ). The color scheme for the dendrogram is the same as the scores plot.

73 may lead to the loss of metabolites and the erroneous  
74 accumulation of degradation products at temperatures  
75 routinely used for gas chromatography (GC).<sup>15</sup> Conversely,  
76 NMR lacks the sensitivity to detect metabolites in the  
77 submicromolar range ( $\geq 1 \mu\text{M}$ ) and has limited spectral  
78 resolution that often results in peak overlap.<sup>16</sup> MS also has a  
79 higher resolution ( $\sim 10^3$  to  $10^4$ ) and dynamic range ( $\sim 10^3$  to  
80  $10^4$ ) relative to NMR.

81 Ambiguous peak assignments are a common problem  
82 encountered by both NMR and MS. This issue is attributed  
83 to limitations in the availability of reference spectra, insufficient  
84 software and databases, and our incomplete knowledge of the  
85 metabolome. It is believed that nearly all metabolomics  
86 investigations have at least one misidentified or unidentified  
87 metabolite.<sup>17</sup> Natural product chemistry has routinely  
88 employed protocols involving both NMR and MS data to  
89 identify novel compounds, but the application of this  
90 combinatorial approach has seen limited usage in metab-  
91 olomics.<sup>18</sup> Nevertheless, a few methods have recently been

described that combine NMR and MS to assign metabolites  
and identify unknowns.<sup>19–21</sup> Notably, the community has  
recognized that metabolomics needs to continue to move in  
this direction.<sup>8,21–26</sup> There have also been a few recent  
examples that highlight the utility and complementarity of  
combining 1D  $^1\text{H}$  NMR with direct injection or LC- and  
GC-MS experiments for metabolomics.<sup>27,28</sup> Most of these  
examples are methodology-driven; are focused on improving  
statistical tools and modeling; or performed parallel, but  
separate, sample analysis.<sup>29–31</sup> In this regards, NMR is  
routinely only used as a supplement to MS or in a secondary  
confirmatory role. Accordingly, the full impact of using NMR  
to characterize a metabolomics sample is missed.

Current estimates suggest the size of the human  
metabolome is approximately 150 000 metabolites, but only  
those upward of a few hundred metabolites are typically  
identified in a given metabolomics study.<sup>32</sup> Combining MS  
with NMR and other analytical techniques is necessary to  
move beyond this self-imposed limit.



**Figure 3.** Metabolic pathway summarizing the coverage of the *C. reinhardtii* metabolome (metabolites of interest) from the combined application of NMR and GC-MS. Metabolites that were only identified by NMR are colored blue. Metabolites that were only identified by GC-MS are colored red. Metabolites identified by both methods are colored black, and metabolites that are not identified are colored gray. The embedded Venn diagram identifies the total number of metabolites of interest within these metabolic pathways that were identified either by NMR, by GC-MS, or by both techniques.

To address this need, a global metabolomics study was performed in a platform-unbiased fashion to highlight the intrinsic benefits of combining NMR and MS. In this regard, NMR and MS data were collected on a similar set of samples without complicating existing workflows or requiring major protocol modifications. Accordingly, there were no serious experimental barriers encountered that would prevent the metabolomics community from adapting a combined NMR and MS approach as a standard for the field. As an illustrated example, the metabolome of *Chlamydomonas reinhardtii* grown in tris-acetate phosphate (TAP) media ( $^{13}\text{C}_2$ -acetate for NMR) was characterized by NMR and GC-MS. The cells were also treated with two lipid accumulation modulators (WD30030 and WD10784) as described by Wase et al.<sup>33</sup> The aqueous-extracted metabolomes from treated and untreated cells were then compared to identify metabolic variations due to the compound treatments. The eRah package was used to perform peak picking, retention-time alignment, and metabolite library search for the GC-MS data set.<sup>33,34</sup> Similarly, NMRpipe<sup>35</sup> and NMRview<sup>36</sup> were used for processing and peak picking the NMR data set and metabolite assignments were performed using spectral databases.<sup>37</sup> A schematic overview of the workflow is shown in Figure 2A. Details of data handling, processing and analyses are available as Supporting Information.

The complete 2D  $^1\text{H}$ - $^{13}\text{C}$  HSQC NMR spectra obtained from *C. reinhardtii* metabolome extracts were used for unsupervised multivariate analyses to generate a principal component analyses (PCA) scores plot with an associated dendrogram (Figure S-1A). Statistical models were generated after the data was processed as a matrix to be standard normal variate (SNV) normalized and unit variance scaled. The WD30030- and WD10784-treated cells formed distinct clusters separate from the untreated control. The dendrogram generated from the Mahalanobis distances between each point in the PCA scores plot and the resulting  $p$  value between each

node indicates a statistically significant ( $p < 0.05$ ) separation between each group. Similarly, metabolite assignments from the GC-MS spectral data set were obtained from the eRah package and identified using the GOLM database.<sup>38</sup> The assigned metabolite peak areas were then imported as a matrix into MVAPACK to obtain a comparable PCA scores plot and dendrogram as described above (Figure S-1B).<sup>39</sup> A similar statistically significant group separation between the WD30030- and WD10784-treated cells and the untreated controls was obtained. Importantly, the NMR and GC-MS data sets were successfully combined to generate a comparable multiblock (MB)-principal component analysis (PCA) model with a corresponding dendrogram (Figure 2B).<sup>30</sup> The MB-PCA model provides a single statistical model for both data sets. In this manner, key metabolite differences between the treated and untreated controls can be identified irrespective of the analytical method.

Overall, 82 compounds were identified by GC-MS alone and 20 by NMR alone, and 22 were common to both methods (Tables S-1–S-3). Of these 102 detected metabolites, a total of 47 metabolites of interest were perturbed upon compound treatment (Table S-4). Thus, a greater coverage of compound-induced changes in the *C. reinhardtii* metabolome was obtained by combining the metabolite assignments from the NMR and GC-MS data sets. Specifically, 14 unique metabolites were identified from the NMR analysis of  $^{13}\text{C}_2$ -acetate labeled *C. reinhardtii* cells that were significantly perturbed upon treatment with either WD30030 or WD10784. Metabolites were assigned using the Biological Magnetic Resonance Bank (BMRB) metabolomics database.<sup>40</sup> Similarly, 16 unique metabolites were identified from the GC-MS spectra using the GOLM database. Furthermore, an additional 17 metabolites were identified by both NMR and GC-MS. In total, the metabolites comprise the following metabolic pathways: the oxidative pentose phosphate pathway, the Calvin cycle, the tricarboxylic acid cycle, and the amino acid biosynthetic



183 pathways. A summary of the *C. reinhardtii* metabolic changes  
184 of interest resulting from treatment with WD30030 and  
185 WD10784 is shown in Figure 3.

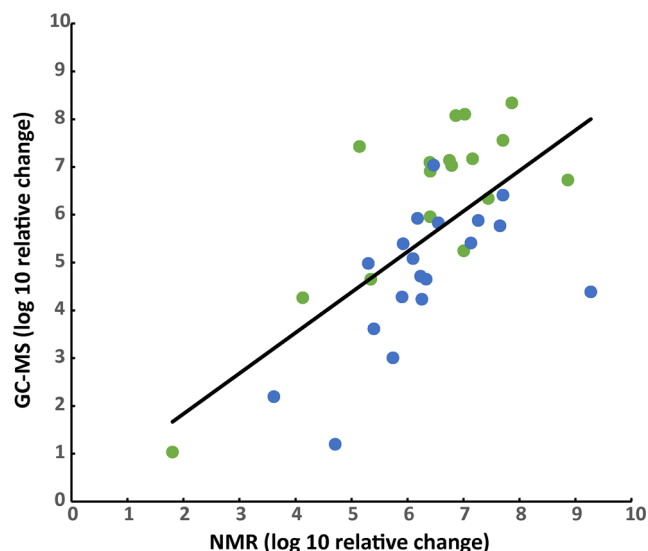
186 NMR and GC–MS identified nine glycolytic intermediates  
187 in which fructose, glycerol, and pyruvate were uniquely  
188 identified by NMR, and fructose-6-phosphate was unique to  
189 GC–MS. All 20 amino acids were detected from the combined  
190 data sets, but asparagine, cysteine, histidine, serine, and  
191 tryptophan were only observed with GC–MS. Consequently,  
192 glycine, lysine, methionine, and valine were unique to NMR.  
193 Tricarboxylic acid cycle and Calvin cycle metabolites exhibited  
194 the most variation. Acetate, isocitrate, ketoglutarate, malate,  
195 and succinate were identified by NMR, but fumarate was  
196 limited to GC–MS. Ribulose and its phosphate derivatives  
197 were exclusively assigned through GC–MS. Nucleotide and  
198 nucleoside analogs were the metabolite group consistently  
199 observed by both techniques. A total of 7 out of the 10  
200 metabolites (2-deoxy adenosine, adenosine, guanosine, hypo-  
201 xanthine, inosine, thymine, and xanthosine) were observed by  
202 both NMR and GC–MS. Cytosine and uridine were uniquely  
203 identified by NMR, whereas uracil was only observed by GC–  
204 MS. A complete list of metabolites identified by NMR and GC  
205 are provided in Tables S-1–S-4).

206 The complete set of 22 metabolites identified by both NMR  
207 and GC–MS, including the 17 metabolites of interest depicted  
208 in Figure 3, were further evaluated for overall consistency  
209 between the two methods. A correlation between the 22  
210 common metabolites was evaluated using Pearson correlation  
211 within the R environment (<http://www.r-project.org>), and the  
212 resulting comparison is plotted in Figure 4. While there is  
213 significant scatter, the overall trend is quite similar. It is  
214 important to note that only relative changes in metabolite  
215 concentrations were compared. Furthermore, the GC–MS  
216 metabolomics analysis was untargeted and lacked any  
217 metabolite-specific calibration. Conversely, the absolute  
218 quantitation of metabolite concentration changes is an

inherent strength of NMR. However, NMR was only used to  
monitor the relative changes in metabolites derived from  $^{13}\text{C}_2$ -  
acetate, whereas GC–MS captured total metabolite changes.  
Differences in the number of sample processing steps may also  
impart unintended variations. Metabolite derivatization has  
been identified as a major source of sample variation.<sup>10,12,14</sup>  
Similarly, variable metabolite stability during GC–MS data  
acquisition is another potential source of error.<sup>15</sup> Finally, a  
limited number of biological replicates will also contribute to a  
larger variance. We want to emphasize that, given these  
unavoidable discrepancies and the limited number of sample  
replicates, the observed correlation between the relative  
changes in metabolite concentration is quite notable.  
Importantly, the overall trend (or direction) in metabolite  
concentration change is preserved for the majority of  
metabolites despite the scatter in the magnitude of these  
changes. Furthermore, a simple comparison of metabolite  
trends is probably the limit of the data given the distinct and  
numerous sources of variance.

A pair-wise comparison between the 22 individual  
metabolites identified by both NMR and GC–MS are plotted  
as line curves in Figure S2. Again, an acceptable level of  
consistency is achieved in the pair-wise comparisons. A general  
agreement was also observed in the relative changes between  
both compound treatments. Any observed discrepancies  
between metabolite trends may be explained by the fact that  
GC–MS is capturing the total metabolite change, while NMR  
is only capturing the changes in metabolites derived from  $^{13}\text{C}_2$ -  
acetate. In this regard, both measurements are likely correct  
but are simply observing different aspects of the metabolome.  
Again, this highlights the inherent strength of combining both  
NMR and MS. Conversely, if GC–MS observes a significantly  
lower metabolite concentration relative to NMR, this is a likely  
an error in the GC–MS data due to a limited thermal stability  
of the metabolite, variations in derivatization efficiency, and  
the multiplex phenomena.<sup>12–15</sup> Additionally, given the fact  
that NMR routinely provides highly accurate sample  
quantitation relative to MS, NMR is likely to provide the  
correct metabolite change when the methods disagree (Figure  
S3).<sup>41</sup>

Extensive (nearly complete) coverage of key metabolic  
pathways associated with lipid accumulation was only achieved  
by combining NMR and GC–MS data. In effect, the NMR  
data filled-in the metabolites that were missed by GC–MS.  
Importantly, the broader coverage of the *C. reinhardtii*  
metabolome was able to provide a comprehensive view of  
the algae's response to a compound treatment. This level of  
detail is essential to further our understanding of the  
mechanism of action of drug leads, of drug resistance, and of  
disease development and progression, among numerous other  
potential utilities. Achieving this level of coverage of the  
metabolome requires employing multiple analytical techniques.  
This viewpoint is consistent with some prior observa-  
tions.<sup>8,21–26</sup> For example, Chen et al. noted an improvement  
in biomarker identification by combining 1D  $^1\text{H}$  NMR and  
GC–MS for the analysis of urine from patients with bipolar  
disorder.<sup>42</sup> Another recent example highlighted the use of 1D  
 $^1\text{H}$  NMR and GC–MS for the analysis of bronchial-wash fluid  
to investigate responsiveness to air pollution.<sup>43</sup> Barding et al.  
have highlighted similar improvements in coverage of the  
metabolome in molecular response of rice to stress.<sup>44</sup> These  
studies were able to combine multiple data sets to obtain a  
robust set of biomarkers, which further emphasizes the benefit



**Figure 4.** Comparison of the 22 relative metabolite concentration changes detected by NMR and GC–MS. Metabolite changes resulting from treatment with WD30030 and WD10784 are colored green or blue, respectively. The regression line fitted to the data exhibited a correlation coefficient of  $R^2$  0.55 and a confidence interval with a  $p$  value of  $<0.001$ .

282 of combining multiple analytical platforms for metabolomics.  
283 These are other recent examples in which both NMR and  
284 GC–MS metabolomics data sets have been integrated for  
285 applications in biomarker identification, food chemistry, and  
286 plant physiology.<sup>45–48</sup>

287 To date, the majority of metabolomics studies have been  
288 self-limited to a single analytical platform (Figure 1). This is  
289 despite the fact that NMR and MS (and other analytical  
290 techniques) are highly complementary. Furthermore, existing  
291 workflows (Figure 2A) can easily accommodate the inclusion  
292 of both techniques. Consequently, there is little to no barrier to  
293 the broad adoption by the scientific community of a  
294 multianalytical approach to metabolomics. Importantly, and  
295 as clearly demonstrated herein, combining NMR and MS  
296 improves the coverage of the metabolome, increases the  
297 accuracy of metabolite assignments,<sup>19–21</sup> and provides  
298 redundant validation of metabolite changes. In fact, our results  
299 demonstrate a limited overlap in the metabolites identified by  
300 both NMR and GC–MS. However, most metabolites in  
301 common did exhibit consistent trends in relative concentration  
302 changes, showcasing the robustness of the combined approach.  
303 Our results provide clear evidence that both NMR and MS are  
304 equally valuable and necessary for metabolomics studies and  
305 that combining multiple analytical sources is essential to the  
306 future of metabolomics.

## 307 ■ ASSOCIATED CONTENT

### 308 ■ Supporting Information

309 The Supporting Information is available free of charge on the  
310 ACS Publications website at DOI: 10.1021/acs.jproteo-  
311 me.8b00567.

312 Additional experimental methods; figures showing PCA  
313 scores plots, individual line plots, and a comparison of  
314 metabolite changes; tables showing lists of metabolites  
315 uniquely identified with analysis methods and a  
316 comparison of metabolites of interest (PDF)

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### 323 Author Contributions

324 F.B. and N.W. performed the experiments; R.P. and C.D.  
325 designed the experiments; F.B., N.W., C.D., and R.P. analyzed  
326 the data and wrote the manuscript.

### 327 Notes

328 The authors declare no competing financial interest.

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