

MicroRNA-7 directly targets *Reg1* in pancreatic cells

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Running title: *MicroRNA-7 regulates Reg1 expression*

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30 **List of abbreviations**

31 3'UTR: 3' untranslated region

32 AD: Alzheimer disease

33 EGFR: Epidermal growth factor receptor

34 hfPCR: high fidelity polymerase chain reaction

35 PanIN: pancreatic intraepithelial neoplasia

36 PDAC: pancreatic ductal adenocarcinoma

37 PMSF: phenylmethanesulfonyl fluoride

38 PVDF: polyvinylidene difluoride

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41

42 **Abstract**

43 Regenerating islet-derived (Reg) proteins, which were first discovered in the pancreas, are associated with
44 increased proliferation, prevention of apoptosis and enhanced differentiation in normal and disease states but
45 very little is known about the regulation of their expression. We hypothesized that Reg expression is influenced
46 by microRNAs. Bioinformatic analysis predicted Reg1 to be a target of microRNA-7 (miR-7), which influences
47 pancreatic beta-cell function. To this end, we investigated the effects of miR-7 on Reg1 expression in pancreatic
48 acinar and islet beta-cells. High levels of Reg1 were noted by immunostaining and western blotting in acinar
49 cells in contrast to islet cells. A reciprocal expression pattern was observed for miR-7. Overexpression of miR-7
50 resulted in Reg1 mRNA suppression and reduction of secreted Reg1 protein. Conversely, miR-7 knockdown led
51 to increases in Reg1. Targeting of Reg1 by miR-7 was confirmed via luciferase activity assays. In contrast,
52 miR-7 did not directly repress the human ortholog of Reg1, REG1A, as well as REG1B indicating species
53 differences in the regulation of Reg expression. This is the first account of microRNA modulation of any Reg
54 member warranting studies to fill gaps in our knowledge of Reg protein biology, particularly in disease
55 contexts.

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57 **Keywords:** Reg proteins; microRNA-7; pancreas; islets; acinar cells.

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59

60 **Introduction**

61 Regenerating islet-derived (Reg) proteins are C-type lectin-like proteins originally discovered in patients
62 with chronic calcific pancreatitis (10) while subsequent studies linked Regs further to pancreatitis (5, 22, 32) but
63 also to pancreatic cancer and diabetes. In particular, murine Reg1 and its human ortholog REG1A (also known
64 as lithostathine) are expressed in the exocrine pancreas and hyperplastic islets but not in normal islets.
65 Transgenic mice expressing Reg1 from a glucagon promoter in their islets exhibit apoptosis of β -cells with
66 ensuing diabetes and develop malignant tumors (48). Yet, Reg1 helps restore β -cell mass after pancreatectomy
67 in rats (43) and prevents or delays the development of diabetes in non-obese diabetic mice (44). Elevated
68 plasma Reg1 has been observed in mice with pancreatic intraepithelial neoplasia (PanIN) lesions (16), while
69 REG1A and REG1B are detected in the serum and urine of pancreatic ductal adenocarcinoma (PDAC) patients
70 (30, 39). Reg1 has also been implicated in extrapancreatic pathologies including colon cancer (49), seminoma
71 (33), hepatocellular carcinoma (8), cholangiocarcinoma (21) and Alzheimer disease (AD) (11, 12).

72 Despite the protein's significant presence in various pathophysiological contexts, especially as they relate to
73 pancreas, very little is known about the regulation of the Reg1 gene expression. Miscellaneous factors including
74 IL-6 and dexamethasone (13), PDGF and growth hormone (19), and gastrin (3) reportedly influence Reg1 levels
75 in different cell types, partly through pertinent response elements on the gene promoter. Beyond autocrine or
76 paracrine signals, regulation of protein production or RNA stability can be mediated by microRNAs (miRNA),
77 which are short (18-25 nucleotides) single-stranded RNA molecules that cleave or translationally repress their
78 specific target gene mRNAs (7). MicroRNA-modulated gene expression underlies diverse cellular processes
79 including proliferation, apoptosis, differentiation and tumorigenesis. To this end, several microRNAs regulate
80 pancreatic cell function, metabolism and differentiation. However, no miRNA has been identified to date that
81 targets Reg genes in any cell type including pancreatic cells.

82 Here, we performed bioinformatic analysis of the 3' untranslated region (3'UTR) of the Reg1 mRNA
83 seeking miRNAs with matching seed regions. The *mmu-miR-7a-5p* and *mmu-miR-7b-5p* featuring identical

84 seed regions were among the miRNAs identified as potentially targeting the murine *Reg1* mRNA. The
85 aforementioned miRNAs belong to a group comprising *Mir7a-1*, *Mir7a-2* and *Mir7b* (9) all of which have the
86 same seed sequence. The miR-7 family is evolutionary conserved across primates, rodents, and zebrafish
87 exhibiting a neuroendocrine pattern of expression (4, 6, 9, 28, 47). In the adult rat and human pancreases, the
88 islet/acinar tissue ratio of miR-7 expression is greater than 200 (6, 9, 26). Transgenic mice overexpressing miR-
89 7a in β -cells develop diabetes due to impaired insulin secretion and β -cell dedifferentiation without significant
90 changes in proliferation and apoptosis (29). In humans, miR-7 is also downregulated in PDAC and ampullary
91 adenocarcinoma compared to normal pancreas (41).

92 Given the apparent inverse localization of miR-7 and *Reg1* in the pancreatic acinar and islet compartments,
93 we considered the possibility of miR-7 targeting *Reg1* thereby influencing its expression in line with our *in*
94 *silico* analysis. Here, we show that miR-7 is a negative regulator of the murine *Reg1*. The repression of *Reg1* by
95 miR-7 was observed in acinar cells and β -cells. Further, the human *REG1A* (homolog of the murine *Reg1*) and
96 *REG1B* are not direct targets of miR-7, pointing to differences among species in the determinants of *Reg*
97 expression. This is the first account of miRNA modulation of the expression of a member of the *Reg* protein
98 family.

99

100 **Materials and Methods**

101

102 Housing and care of mice and collection of pancreatic tissues were approved by the Institutional Animal
103 Care and Use Committee at Tufts University.

104

105 *Murine pancreatic islet and exocrine tissue isolation*

106 Isolation of pancreatic tissue was performed as we reported (50). Eight-week old C57/BL6 mice were
107 injected intraperitoneally with 270 mg/kg ketamine/15 mg/kg xylazine (anesthesia overdose). A cannula was
108 prepared by filling with collagenase solution (Clzyme, Vitacyte, Indianapolis, IN) a syringe fitted with a 27 G

needle. After an incision made in the lower abdomen (V cut), the pancreas was exposed, the pancreatic duct was clamped off at its duodenal insertion with a small bulldog clamp and the cannula was inserted into the duct proximal to the liver. Collagenase solution (3 ml/mouse) was injected to fully inflate the pancreas, which was subsequently removed and placed in a 50-ml conical tube for 20-30 min in a 37°C water bath. At the end of the incubation, RPMI 1640 medium with 10% FBS was added (~20 ml) to each tube. The tubes were hand shaken vigorously for 5-10 seconds to break up the tissue and were kept in ice. Samples were washed three times to remove the collagenase by centrifugation at 180xg for 1.5 min. The supernatant was poured off, medium was added (~25 ml) and the samples were vortexed gently. The suspension was filtered through a 400- μ m wire mesh (VWR, Randor, PA). The filtrate containing islets and exocrine tissue was spun at 180xg for 1.5 min and the supernatant was removed. The pellet was resuspended in 10-15 ml Histopaque 1077 (Sigma-Aldrich, St. Louis, MO) and vortexed until the suspension was homogeneous. After overlaying with 10 ml of RPMI 1640 medium the sample was spun for 20 min at 1750xg with very slow acceleration and no braking at 10°C. Islets were collected from the interface with a 10-ml serological pipette and placed in a 50-ml conical tube. Exocrine tissue was collected from the bottom of the gradient and harvested to 50 ml-conical tubes. After three washes with RPMI 1640 with 10% FBS and centrifugation at 180xg for 1.5 min the islet fraction was transferred to 6-cm sterile culture dishes for islet picking under a microscope (Leica Microsystems Inc., Buffalo Grove, IL). Islet and the exocrine tissue were immediately processed for total RNA extraction or immunohistochemistry (see pertinent section below).

127 128 *Cloning and Vector Preparation*

129 The murine miR-7 (*mmu-miR-7a-2*) and 3'UTR of *Reg1* were cloned by high fidelity PCR (hfPCR) from
130 genomic DNA isolated from MIN6 cells. The following primers were utilized: *mmu-miR-7a-2*; forward (F): 5'-
131 ATATAAGATCTGAAGGTGGCTAGCGTGA-3', reverse (R): 5'-CCCGTCGACTGAAATGACCAGCAC-3'
132 (underlined: *BglII* and *SalI* sites). The miR-7 inhibitor (miR-7 sponge) sequence was designed (14) with two
133 repeats of the miR-7 binding site: 5'-ACAAACAAAATCACTAGTCTTCCA-3' and generated by hfPCR using

134 overlapping primers. The microRNA-67 from *C. elegans* (*cel-miR67*; accession MI0000038) was also included
135 in the study as an unrelated microRNA control. The corresponding synthesized DNA (Eurofins Genomics,
136 Louisville, KY) was used as a template for hfPCR amplification with the primers: (F) 5'-
137 GGAGATCTATTCCAACTCGATCA-3', R: 5'-CCGTCGACAATAAACGAAATT-3' (underlined: *BglII* and
138 *Sall* sites). The amplification product of miR-7, miR-7 inhibitor, or cel-miR-67 was ligated into the
139 pSuper.GFP/neo vector (Oligoengine, Seattle, WA) between the *BglII* and *Sall* sites (pSuper.GFP/neo-miR-7).

140 The murine *Regl* 3'UTR was cloned from MIN6 cell genomic DNA using the primers: F: 5'-
141 GGGAATTTCAGTCACCTGAAAAAAAATAGTCA-3', R: 5'-CCACTAGTGCAACATTGTAAAGGTGT-3'
142 (underlined: *EcoRI* and *SpeI* sites). Genomic DNA was also extracted from human embryonic kidney 293
143 (HEK293) cells for cloning the 3'UTRs of *REG1A* and *REG1B* with the primers: *REG1A* 3'UTR; F: 5'-
144 GGGAATTTCAGGCAACTGGAAAATACATG-3', R: 5'-CCACTAGTGACAGCACAAATAGTGGAAAC-3',
145 and *REG1B* 3'UTR; F: 5'-GGGAATTTCAGGAAGCTGAAAAATGGATGT-3, R: 5'-
146 CCACTAGTGAGCAAATGCAGAAGACAGAA-3' (underlined: *EcoRI* and *SpeI* sites). The pGL3 luciferase
147 vector (Promega, Madison, WI) was modified by (i) replacing the CMV promoter with the EF1 α promoter and
148 (ii) inserting a multiple cloning site (MCS) segment in the *XbaI* site flanking the 3' end of the luciferase gene.
149 The MCS contained restriction sites for *EcoRI* and *SpeI* for insertion of the 3'UTR of *Regl* (Luc-3'UTR-Reg1),
150 *REG1A* or *REG1B*. A mutated *Regl* 3'UTR sequence ($^{97}\text{-GTCTTCC}^{103} \rightarrow ^{97}\text{-GTCCCTT}^{103}$; +1 denoting the
151 nucleotide immediately after the *Regl* stop codon) was generated by high-fidelity PCR using a corresponding
152 synthesized template (Integrated DNA Technologies, Coralville, IA) and was inserted in the above luciferase
153 vector (Luc- Δ 3'UTR-Reg1) as described for the wild-type *Regl* 3'UTR. All constructs were verified by
154 sequencing.

155

156 *Cell culture and transfection*

157 MIN6 and β TC β -cells, 266-6 acinar cells (ATCC, Manassas, VA) and HEK293 cells were cultured in
158 DMEM medium (Thermo Fisher Scientific) with 10% fetal bovine serum (FBS) and penicillin-streptomycin

159 (100 U/ml – 50 µg/ml). Cells were manually passaged every 5-7 days with TrypLE (Life Technologies,
160 Carlsbad, CA) at a 1:4-1:6 ratio, and media were replaced every 3-4 days. The cultures were maintained in 5%
161 CO₂/95% air at 37 °C. Cells were stained with Trypan Blue dye (Life Technologies) and counted in a
162 hemocytometer or with the TC20 automated cell counter (Bio-Rad, Hercules, CA).

163 For transfection, cells were grown to 70-90% confluence and plasmids were delivered using Lipofectamine
164 2000 (Invitrogen). Transfection of miR7 (C-310592-07) or cel-miR67 (CN-001000-01) mimic (Dharmacon
165 Inc., Lafayette, CO) was carried out with RNAiMax (Invitrogen, Carlsbad, CA) following the manufacturer's
166 instructions.

167

168 *RNA extraction, RT-PCR and quantitative PCR analysis*

169 Total cellular RNA was extracted with Trizol (Life Technologies) according to manufacturer's instructions.
170 Reverse transcription was performed at 42 °C for 60 min with 1 µg total RNA using ImProm-II reverse
171 transcriptase (Promega, Madison, WI) and 250 ng oligo(dT)₁₂₋₁₈ primers (Thermo Fisher Scientific). The
172 reverse transcriptase was heat-inactivated at 70 °C for 15 min. The resulting complimentary DNA (cDNA) was
173 analyzed on a StepOne Plus thermocycler (Applied Biosystems, Foster City, CA) by quantitative PCR (qPCR)
174 for 40 cycles and 58-60 °C annealing temperature depending on each primer set. The sequences for primers
175 used in this study are listed in **Table 1**.

176 For miRNA expression analysis, total RNA was converted to cDNA with the qScript microRNA cDNA
177 synthesis kit (Quantabio, Beverly, MA) using an oligo-dT adapter primer (**Table 1**). The resulting cDNA was
178 amplified by qPCR (PerfeCTa SYBR Green SuperMix, Quantabio) with a universal PCR primer combined with
179 a primer targeting the *mmu-mir7a-5p* or the *RNU6-2*.

180 Analysis was performed based on the $\Delta\Delta C_T$ method (17) with *Actb* and *RNU6-2* used as endogenous
181 controls for the expression of *Reg1* and *mmu-mir7a-5p*, respectively.

182

183 *Immunocytochemistry*

184 Cells were fixed in 4% paraformaldehyde (Sigma-Aldrich) for 20 min and permeabilized with 0.1% Triton
185 X-100 in PBS for 20 min at room temperature (nuclear marker staining). After three 5-min washes with PBS
186 after each step, samples were blocked with 3% normal donkey serum (NDS; Jackson ImmunoResearch
187 Laboratories Inc., West Grove, PA) in PBS for 30 min. Incubation was carried out at 4 °C with a sheep anti-
188 murine Reg1 antibody (AF1657; R&D Systems, Minneapolis, MN) followed by treatment with a donkey anti-
189 sheep Rhodamine Red-X-conjugated antibody (713-295-147; Jackson ImmunoResearch) at room temperature
190 for 1 h. Nuclear DNA was stained with DAPI (Sigma-Aldrich). Controls were stained with IgG instead of
191 primary antibody. Immunostaining was visualized with a Leica TCS SPE confocal microscope (Leica
192 Microsystems Inc., Buffalo Grove, IL).

193

194 *Immunohistochemistry*

195 Paraffin-embedded sections were dehydrated with increasing concentrations of ethanol (80–100%). After
196 three 15-min washings with PBS, samples were blocked for 20 min in 3% NDS at 37°C and then incubated
197 overnight at 4°C with guinea pig anti-murine insulin (A0564; Dako/Agilent Technologies, Carpinteria, CA) and
198 sheep anti-murine Reg1 primary antibodies. Following three more washes with PBS, the sections were
199 incubated with AffiniPure donkey anti-guinea pig Alexa Fluor 488 and anti-sheep Rhodamine Red-X (706-545-
200 148 and 713-295-147, respectively; Jackson ImmunoResearch) secondary antibodies for 30 min at 37°C. The
201 samples were then washed three times with PBS, mounted with SlowFade Diamond Antifade medium
202 containing DAPI (Invitrogen) and visualized by confocal microscopy.

203

204 *Western blot analysis*

205 Total protein was isolated using lysis buffer containing Tris-HCl (50 mM, pH 8), NaCl (150 mM), NP40
206 (1%), sodium dodecyl sulfate (SDS) (0.1%), sodium deoxycholate (1%), protease inhibitor cocktail including
207 PMSF, and phosphatase inhibitors (1 mM sodium fluoride, 5 mM sodium pyrophosphate, 5 mM sodium
208 orthovanadate; all from Sigma-Aldrich). Protein concentration was determined via the Bradford method (Pierce

209 Biotechnology, Rockford, IL). Samples were separated in 10% SDS-PAGE and transferred to polyvinylidene
210 difluoride (PVDF) membranes as described before (25). The membranes were blocked with 5% skim milk and
211 incubated overnight at 4 °C with diluted primary antibodies against murine Reg1 (1:1,000) and β-actin (1:1,000;
212 #4970, Cell Signaling Technology, Beverly, MA). Then, membranes were washed four times (10-min) with
213 TBST and incubated for 1 h at room temperature with corresponding horseradish peroxidase (HRP)-linked
214 secondary antibodies (1:10,000; 713-035-147, 711-035-152, Jackson ImmunoResearch). After further washing
215 with TBST, enhanced chemiluminescence reagent (Pierce Biotechnology) was added and the membranes were
216 visualized with a C-DiGit blot scanner (LI-COR Biotechnology, Lincoln, NE). Densitometry was performed
217 using the Image Studio software (LI-COR) (42).

218

219 *Dual Luciferase Assay*

220 For determination of luciferase activity, cells in 24-well plates were transfected with a total of 500 ng of
221 plasmids per well as stated. Luciferase activity was assessed using the Dual Luciferase Assay Kit (Promega,
222 Madison, WI) 24-72 h post-transfection. Luminescence was detected in a microplate reader (Spectramax i3x,
223 Molecular Devices, San Jose, CA) with firefly luciferase activity normalized to the respective *Renilla* luciferase
224 signal for each sample.

225

226 *Enzyme immunoassay (ELISA)*

227 ELISA was performed to detect protein secreted in the culture medium. Cells were grown to 70-90%
228 confluence and the medium was replaced by low-serum medium (DMEM with 1% FBS). After 30 h, the
229 medium was collected and cells were harvested with TrypLE (Life Technologies, Carlsbad, CA) and
230 resuspended in fresh medium. Cells were counted using a hemocytometer while the collected medium was
231 added to 96-well EIA/RIA plates (Corning Inc, Corning, NY). Fresh low-serum medium served as control.
232 Recombinant murine Reg1 (R&D Systems) was plated at different dilutions to obtain a standard curve as we
233 reported (25). After overnight incubation at 4°C wells were coated with a blocking buffer of 3% BSA and 0.1%

234 azide in 0.1% TBST for 90 min at 37°C. Following four washes with 0.1% TBST, samples were incubated for 2
235 h at room temperature with biotinylated sheep anti-mouse *Reg1* (1:2000; BAF1657, R&D Systems) diluted in
236 buffer of 0.1% TBST with 1% BSA and 0.1% azide. Wells were again washed four times and a secondary
237 rabbit anti-biotin antibody (#5597, Cell Signaling Technology) in the same dilution buffer was added for 1 h at
238 room temperature. The wells were washed 4 times with 0.1% TBST and incubated with 1-StepTM Ultra TMB-
239 ELISA substrate solution (Thermo Fisher Scientific) per manufacturer's instructions. Total *Reg* concentration
240 was normalized by the number of cells in each sample.

241

242 *Statistical analysis*

243 Data are expressed as mean \pm standard deviation (SD) unless stated otherwise from at least three
244 independent experiments analyzed in triplicates. ANOVA and the *posthoc* Tukey test were performed using
245 Prism (v. 8, GraphPad Software, La Jolla, CA). Values of $p < 0.05$ were considered as significant.

246

247 **Results**

248 *Murine Reg1 is a predicted target of miR-7*

249 We set out to search *in silico* for miRNAs with binding sites on the 3'UTR of the murine *Reg1*.
250 Interrogation of the TargetScan database (1) revealed several putative miRNAs targeting *Reg1* (**Table 2**). Of
251 those miRNAs, the seed region of miR-7a-5p and miR-7b-5p was an exact match for the 97-103 nucleotide
252 segment of the 3'UTR of *Reg1* (**Fig. 1A**). Given the involvement of the miR-7 family in pancreatic cell function
253 and pathologies (15, 29), we decided to further investigate its potential role on the expression of murine *Reg1*.

254 Of note, we found no putative binding site(s) for miR-7 in the 3'UTR sequences of the genes encoding the
255 human REG1A (*Reg1* ortholog) and REG1B proteins despite the miR-7 family being conserved in mice and
256 humans and the high homology between the murine and human *Reg* proteins.

257

258 *Reciprocal expression of Reg1 and miR-7 in murine pancreatic exocrine and islet cells*

259 We proceeded to investigate experimentally whether *Reg1* is a target of *miR-7*. First, the expression profiles
260 of *Reg1* and *miR-7* were established by examining both exocrine cells and islet β -cells. Higher levels of *miR-7*
261 were detected in MIN6 (7.08-fold, $p=0.0164$) and β TC β -cells (44.46-fold, $p=0.009$) than in 266-6 acinar cells
262 (**Fig. 1B**). This *miR-7* expression pattern was mirrored in murine primary islets (30.08-fold, $p=5\times10^{-4}$) and
263 exocrine tissue.

244 Conversely, *Reg1* expression was lower in β -cells than in 266-6 cells (MIN6: 26.9-fold lower, β TC: 12.4-
245 fold lower, both with $p<10^{-4}$). Similarly, primary islets exhibited lower *Reg1* levels (4.97-fold, $p=7\times10^{-4}$)
246 compared to exocrine explants (**Fig. 1C**). Moreover, 266-6 cells were positive for *Reg1* unlike MIN6 cells (**Fig.**
247 **2A**) and *Reg1* was detected in exocrine regions but not in islets of pancreatic tissue sections (**Fig. 2B**). These
248 findings were corroborated by Western blotting (**Fig. 2C**). Secreted *Reg1* protein was present in supernatants
249 from 266-6 cell cultures but was not detectable in those from MIN6 and β TC cells (**Fig. 2D**).

270 Taken together, these findings demonstrate that increased *miR-7* expression coincides with lower levels of
271 *Reg1* in β -cells and primary islets while these profiles are inverted in exocrine cells.

272

273 *Direct targeting of murine Reg1 by miR-7*

274 The reciprocal expression of *Reg1* and *miR-7* in exocrine and endocrine cells along with the discovery *in*
275 *silico* of a region of the *Reg1* 3'UTR matching the *miR-7* seed sequence prompted us to investigate whether
276 *miR-7* represses *Reg1* directly. To this end, *miR-7* was overexpressed or suppressed so that *Reg1* levels could
277 be analyzed. Overexpression of *miR-7* (transfection with *miR7 OE* plasmid) led to a 60% reduction of *Reg1*
278 expression (**Fig. 3A**; $p=5.5\times10^{-3}$, $n=3$) in 266-6 cells. Accordingly, the amounts of *Reg1* released in the medium
279 were greater in control cells than in those overexpressing *miR-7* (**Fig. 3B**). The content of *Reg1* in the latter
280 cells (*miR7 OE*) was almost half (**Figs. 3C-D**) of that of cells transfected with *cel-miR67*. The *cel-miR-67* was
281 chosen because (i) it is natively expressed in *C. elegans* reducing the risk for confounding interactions with
282 murine cell miRNA moieties, and (ii) there are no apparent sites on the 3'UTR of *Reg1* matching the *cel-miR-*
283 67 seed region. The expression of *cel-miR-67* did not affect *Reg1* or *miR-7* levels. Upon inhibition of *miR-7* in

284 MIN6 cells, which natively exhibit pronounced *miR-7* levels, *Reg1* expression was increased (**Fig. 3A**) but there
285 was no detectable change in *Reg1* protein (**Fig. 3E**). Similarly, overexpression of *miR-7* resulted in reduction of
286 *Reg1* mRNA. These results show that the constructs used in this study were effective for *miR-7* modulation.
287 More importantly, augmenting or suppressing *miR-7* levels causes significant changes in *Reg1*.

288 Direct repression of the expression of a gene by a particular microRNA involves binding of the latter to the
289 3'UTR of the target mRNA. Therefore, the 3'UTR of *Reg1* was placed downstream of the luciferase gene (Luc-
290 3'UTR-*Reg1*). When Luc-3'UTR-*Reg1* was delivered with a *miR-7* mimic to 266-6 cells, luciferase activity
291 was lower supporting the notion that *miR-7* directly interacts with the 3'UTR of *Reg1* (**Fig. 4A**). No differences
292 were noted in luciferase activity between cells treated with *cel-miR67* mimic or vehicle. Furthermore, 266-6
293 cells were co-transfected with the *miR-7* overexpression plasmid and either the Luc-3'UTR-*Reg1* vector or a
294 luciferase construct with the *Reg1* 3'UTR but with its *miR-7* binding site mutated (Luc-Δ3'UTR-*Reg1*). Despite
295 overexpression of *miR-7*, luciferase signal was significantly reduced only in Luc-3'UTR-*Reg1*-transfected cells
296 (**Fig. 4B**). Again, co-expression of *cel-miR67* with either of the aforementioned luciferase constructs did not
297 result in differences in luciferase activity in comparison to cells receiving the empty expression vector.

298 These results prove that *miR-7* directly targets the 3'UTR of murine *Reg1* in line with the bioinformatic
299 analysis-based identification of *Reg1* as a *miR-7* target.

300

301 *Human REG1A and REG1B are not targets of miR-7*

302 We also assessed whether the human REG1A (ortholog of murine *Reg1*) and REG1B, which together
303 comprise the human REG1 subgroup, are also targeted by *miR-7*. Cells were transfected with a construct
304 containing the luciferase gene upstream of the 3'UTR of the human *REG1A* (Luc-3'UTR-*REG1A*) or *REG1B*
305 (Luc-3'UTR-*REG1B*). Additionally, these cells were co-transfected either with the *miR-7* OE or empty
306 (control) vector. There was no difference in luciferase activity in 266-6 cells receiving each luciferase vector
307 regardless of the expression of *miR-7* (**Fig. 5A**).

308 The findings support our *in silico* analysis indicating the absence of regions matching the miR-7 seed on the
309 *REG1A* and *REG1B* 3'UTRs.

310

311 Discussion

312 Regulation of the expression of Reg family members remains puzzling despite their discovery almost four
313 decades ago. This is surprising considering that Reg proteins are implicated in major pathologies of the
314 pancreas and other tissues including the gastrointestinal tract and central nervous system. Here, we showed that
315 miR-7 directly targets the murine *Reg1* modulating its expression. This is aligned with the reciprocal expression
316 of miR-7 and Reg1 in the acinar and islet cells although the physiological significance of this pattern is unclear.

317 Both miR-7 and Reg1 influence the differentiation and proliferation of β -cells. Overexpression of *Mir-7a* in
318 murine islets causes a decline in β -cell differentiation markers such as *Pdx1*, *Nkx6-1*, *Mafa* and *Neurod1*
319 whereas pancreatic islets of *Rip-Cre Mir7a2^{fl/fl}* mice exhibit higher steady-state levels of these transcripts
320 compared to controls (29). MiR-7 expression drops during islet compensation at the onset of diabetes in BKS
321 *db/db* mice (29). MiR-7 also regulates adult β -cell proliferation negatively as it targets five components of the
322 mTOR signaling pathway (46). In contrast, Reg1 is considered a β -cell mitogen with its expression increasing in
323 regenerating or hyperplastic islets although the exact mechanism is unknown (24, 45). Delayed development of
324 diabetes and larger islet volume are observed in the offspring of NOD mice crossed with transgenic mice
325 overexpressing *Reg1* from an insulin promoter (*Ins-Reg*) (44). After damage due to encephalomyocarditis virus
326 infection, the islets of *Reg1^{-/-}* mice exhibit lower BrdU labeling compared to those of wild-type mice (2).
327 Moreover, diabetic NOD mice exposed to human REG1A display a greater β -cell mass than control animals
328 (20). When combined with our findings of miR-7 targeting Reg1, a picture emerges of potentially coordinated
329 Reg1/miR-7 activities. Further investigation will be necessary to determine if these activities have significant
330 implications in the physiology for pancreatic cells. It will be particularly interesting to examine if control of
331 murine β -cell proliferation by miR-7 may partly be realized through adjustment of Reg1 expression.

332 Expression of Reg1 has been detected in E9-E12 mouse embryos but not in E8.5 and Reg2, which exhibits a
333 76% amino acid homology with Reg1, appears on E12 (37). Conversely, miR-7 expression is low between
334 E10.5-11.5 and increases at E13.5-E14.5 with strong localization in pancreatic endocrine cells and the neural
335 tube (34). Of note, the *Reg2* 3'UTR exhibits no matching regions for the miR-7 seed based on bioinformatic
336 analysis. This is in line with the restricted expression of Reg2 mRNA and protein in the exocrine tissue (40).
337 Hence, the upregulation in Reg2 may compensate the repression of Reg1 due to rising miR-7 levels but the
338 functional equivalence of Reg2 and Reg1 (despite their high amino acid homology) is not established.

339 It should be noted that the profile of Reg1 has not been studied in miR-7 mutant mice. As discussed already,
340 deletion of *Mir7a2* in the islets of *Rip-Cre Mir7a2^{f/f}* mice led to improved glucose tolerance via increased
341 insulin secretion (29). However, the available gene expression data (GSE48195) are not sufficient for
342 comprehensive statistical analysis to determine specific changes in *Reg1* levels. Moreover, mice with
343 conditional excision of miR-7a-2 exhibit a reduction – but not complete ablation – of miR-7 expression most
344 likely due to compensatory effects by other miR-7 family members (36). Hence, information about the
345 relationship between Reg1 and miR-7 *in vivo* has been challenging to obtain from published studies involving
346 miR-7 transgenic mice. This is further exacerbated by the plurality of miR-7 target genes.

347 Inhibition of miR-7 in β-cells resulted in increased *Reg1* expression but no changes were detected in the
348 corresponding protein. A longer period of miR-7 suppression may be necessary for a substantial change in the
349 protein level while additional mechanisms influencing the production of Reg protein cannot be ruled out.

350 The interaction between miR-7 and Reg1 may also be appreciated in other contexts beyond pancreas
351 pathophysiology. MiR-7 is expressed in various regions of the brain of humans and mice (18, 28) and is linked
352 to neuronal differentiation and function while its dysregulation may contribute to neurological disorders,
353 including AD (38). To this end, aged animals have lower Reg1 expression than healthy animals in a murine
354 model of AD (31). Hence, addressing whether miR-7 affects the expression of Reg1 in this context similar to
355 what we have demonstrated in pancreatic cells is of significant interest. Similarly, Reg1 and miR-7 have been

356 implicated in different types of cancer in studies involving rodent models (23, 27, 35) opening prospects for
357 further investigation of the *Reg1*/miR-7 relationship as a contributing factor.

358 We found that miR-7 directly targets the murine *reg1* but not the human *REG1A* and *REG1B*. Other genes
359 also have miR-7 target sites in their 3'UTR that are poorly conserved among species. The human epidermal
360 growth factor receptor (*EGFR*) gene features two segments targeted by miR-7 in its 3'UTR whereas the murine
361 *Egfr* has a single 3'UTR region albeit with low similarity to the miR-7 seed (23). In fact, overexpression of
362 miR-7 does not alter Egfr expression in MIN6 cells (46). The difference we report here between the murine
363 *Reg1* and the human *REG1A* and *REG1B* may underlie yet unknown disparities among species in the
364 regulation of Reg and therefore in its function in normal and disease states. It also cautions about extrapolating
365 findings on Reg proteins from studies involving rodents to humans. Nonetheless, the discovery of the
366 modulation of a Reg family gene in murine cells by a miRNA motivates the exploration of a similar mechanism
367 applicable to human Reg genes. To this end, ongoing work focuses on the identification of miRNAs targeting
368 the human Reg members that may potentially lead to novel insights into Reg protein biology.

369

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372

373 Author Contributions

374 F. Zhang, S. Downing and Z. Chen performed research; F. Zhang, S. Downing, Z. Chen and E. Tzanakakis
375 analyzed data; F. Zhang, S. Downing and E. Tzanakakis wrote the paper; E. Tzanakakis designed research.

376

377 Figure Legends

378 **Figure 1.** (A) Alignment of a putative miR-7 binding sequence in the murine *Reg1* 3'-UTR (nucleotides 97–
379 103) is shown with the seed regions (capital letters) of mmu-miR-7a-5p and mmu-miR-7b-5p. Expression of (B)
380 *mmu-miR-7* and (C) *Reg1* in MIN6 and βTC β-cells as well as primary islets and exocrine tissue. *p<0.05,

381 **p<0.01 vs. the expression of 266-6 cells (for MIN6 and β TC β -cells) or exocrine tissue (for islets) from n=4
382 separate experiments analyzed in triplicates. Normalization of *mmu-miR-7* and *Reg1* data was performed
383 relative to the expression of *RNU6-2* and *Actb*, respectively.

384

385 **Figure 2.** (A) Immunocytochemistry of 266-6 and MIN6 cells for *Reg1*. Nuclear DNA staining (DAPI) is also
386 shown along with merged images. Control samples (middle row) were stained only with the secondary
387 antibody. Bars: 25 μ m. (B) *Reg1* protein expression in pancreatic tissue. Insulin expression demarcates islet β -
388 cells. Bars: 50 μ m. (C) Western blot for the expression of *Reg1* in 266-6, MIN6, and β TC cells. The loading
389 control beta-actin (*Actb*) is also shown. L: ladder. (D) The concentration of *Reg1* secreted in the culture
390 medium was determined by ELISA (n=3 experiments in triplicates), ND: not detectable.

391

392 **Figure 3.** (A) Relative *Reg1* expression in 266-6 and MIN6 cells transfected with either a *miR-7* overexpression
393 (OE) or inhibition (sponge; SP) plasmid. Results from cells transfected with a plasmid for an unrelated control
394 microRNA (*cel-miR67*) are included. *p<0.05, n=3 experiments vs. *Reg1* levels for cells transfected with empty
395 vector. The *miR-7* levels after transfection with *miR7* SP or *cel-miR67* plasmid are shown. * p<0.05, n=3
396 experiments vs. *miR7* expression for cells transfected with empty vector. (B) ELISA results showing the
397 amounts of *Reg1* released by 266-6 cells transfected with either an empty vector (Control) or the *miR-7* OE
398 plasmid. *p<0.05, n=3 experiments in triplicates. (C) A representative blot is shown of *Reg1* content in 266-6
399 cells transfected with an *cel-miR7* or *miR-7* OE plasmid. A MIN6 cell sample is also shown. Loading control:
400 *Actb*. (D) Results of densitometric analysis of western blots such as the one shown in (C). The results are the
401 average (n=3) values of the ratio of intensities of the *Reg1* and corresponding *Actb* bands for each 266-6 cell
402 sample shown in (C). *p<0.05 vs. cells transfected with the *cel-miR67* plasmid. (E) Western blot for *Reg1* from
403 266-6 and MIN6 cells transfected with either the empty miRNA expression vector (pSuper) or *miR-7* sponge
404 (*miR7* SP). The loading control, *Actb*, is also shown.

405

406 **Figure 4.** (A) Acinar 266-6 cells were transfected with a luciferase vector featuring the 3'UTR of Reg1 (Luc-
407 3'UTR-Reg1) and incubated with various concentrations of miR-7 or cel-miR-67 mimic before measuring
408 luciferase activity. Results are shown as relative activity compared to cells treated with vehicle only (0 nM).
409 *p<0.0001 vs. cells transfected with cel-miR67 mimic at the same concentration, n=4-7 independent
410 experiments in triplicates. (B) Luciferase activity was reduced with overexpression of miR-7 (miR7 OE, light
411 bars) in cells co-transfected with Luc-3'UTR-Reg1 but not in those with the luciferase vector carrying the
412 3'UTR of Reg1 with a scrambled seed region (Luc-Δ3'UTR-Reg1). Dark bars depict results of cells transfected
413 with an empty vector. *p<0.0001, n=3 experiments. No differences were noted in cells transfected with each of
414 the aforementioned luciferase vectors and the cel-miR67 plasmid (hatched bars).

415

416 **Figure 5.** *miR7* does not target the 3'UTR of human REG1A and REG1B. Luciferase activity results are shown
417 for 266-6 cells from n=3 independent experiments with triplicate measurements.

418

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562

Table 1. Primers used in this study (shown in a 5' to 3' orientation).

Gene	Forward primer	Reverse primer	Amplicon size (bp)
<i>Reg1</i>	CTCATGCCTGATCGCCTGTC	AGCCCAAGTTAACCGGTCTTC	142
<i>Actb</i>	GTGACGTTGACATCCGTAAAGA	GCCGGACTCATCGTACTCC	245
Mir-7*	CGTGGAAAGACTAGTGATTGTTG	miRNA reverse primer	86
<i>Rnu6</i>	GCAAATTCTGTGAAGCGTTCC	miRNA reverse primer	104
miRNA reverse primer		GCATAGACCTGAATGGCGGTAAAGGGT GTGGTAGGCGAGACATTTTTTTTT TTTTTTTT	

* The primer is homologous to both Mir7-1 and Mir7-2.

Table 2. List of putative miRNAs targeting (mRNA) *reg1* based on *in silico* analysis.

miRNA	Sequence (3' to 5')	Targeted Positions of <i>reg1</i> 3'UTR
miR-19a/b-3p	AGUCAAAACGUACCUAACGUGU	164-171
miR-7a/b-5p	UGUUGUUUUAGUGAUCAGAAGGU	97-103
miR-599-5p	AGAGGAUACAGUAGAAUAGUU	75-81
miR-665-3p	UCCCUGGAGUCGGAGGACCA	101-107
miR-1197-3p	UCUUCAUCUGGUACACAGGAU	126-132
miR-463-3p	GAUGGAAUAUACCACAGAUAGU	73-79
miR-3101-5p	GAUCGAAAUCAGUUACCAUGG	132-138
miR-669o-5p	UGUAUUUGUACGUGUGUGUUGAU	168-174
miR-3097-5p	ACCUGUGUGUGAAGGGUGGACAC	137-143









