



## Effects of ball milling on the structure of cotton cellulose

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1   **Abstract** Cellulose is often described as a mixture of crystalline and amorphous  
2   material. A large part of the general understanding of the chemical, biochemical  
3   and physical properties of cellulosic materials is thought to depend on the  
4   consequences of the ratio of these components. For example, amorphous materials  
5   are said to be more reactive and have less tensile strength but comprehensive  
6   understanding and definitive analysis remain elusive. Ball milling has been used  
7   for decades to increase the ratio of amorphous material. The present work used 13  
8   techniques to follow the changes in cotton fibers (nearly pure cellulose) after ball  
9   milling for 15, 45 and 120 minutes. X-ray diffraction results were analyzed with  
10   the Rietveld method; DNP (Dynamic Nuclear Polarization) natural abundance 2-D  
11   NMR studies in the following paper assisted with the interpretation of the 1-D  
12   analyses in the present work. A conventional NMR model's paracrystalline and  
13   inaccessible crystallite surfaces were not needed in the model used for the DNP  
14   studies. Sum Frequency Generation spectroscopy also showed profound changes as  
15   the cellulose was decrystallized. Optical microscopy and FE-SEM results showed  
16   the changes in particle size; molecular weight and carbonyl group analyses by gel  
17   permeation chromatography (GPC) confirmed chemical changes. Specific surface  
18   areas and pore sizes increased. Fourier Transform IR and Raman spectroscopy also  
19   indicated progressive changes; some proposed indicators of crystallinity for FTIR

20 were not in good agreement with our results. Thermogravimetric analysis results  
21 indicated progressive increase in initial moisture content and some loss in stability.

22 **Keywords** Amorphous cellulose · Ball milling · Cellulose Degradation · Crystal  
23 structure · Rietveld refinement

24

25 **Introduction**

26 Cellulose is often described as a two-phase material, with both crystalline and  
27 amorphous domains. It is widely thought that crystalline materials are stronger and  
28 less-reactive than their amorphous counterparts. Therefore, it has been of interest  
29 for nearly a century to understand these two components to better develop  
30 structure-function relationships for both natural and modified cellulosic materials.

31 The idea that cellulose has a crystalline component came from X-ray  
32 diffraction. According to the International Union of Crystallographers, any  
33 material (including cotton cellulose) that yields a diffraction pattern with sharp  
34 peaks is crystalline. Nishiyama et al. (2003a, 2002) published crystal structures of  
35 the I $\alpha$  and I $\beta$  native celluloses from the alga *Cladophora* and tunicate with atomic  
36 coordinates, based on both neutron and synchrotron X-ray studies.

37 The idea that everyday plant cellulose is not entirely crystalline came from  
38 several directions. In the case of diffraction, the peaks are not as sharp as those  
39 from many smaller molecules. That increase in peak breadth could come from

40 small crystallite size, from defects within the crystal lattice, or from material that  
41 lacks organization, causing the crystalline peaks to be more diffuse (Wertz et al.  
42 2010). Concepts of synthetic petrochemical polymers gave us the “fringed micelle”  
43 model and its nuanced “fringed fibril” variant (Hearle 1958) that has individual,  
44 long molecules passing through numerous domains of local organization. In  
45 between these local domains, or crystallites, the molecules lacked sufficient  
46 organization to diffract X-rays into sharp peaks. Another insight from diffraction is  
47 that the amorphous regions in ramie cellulose are quite small (Nishiyama et al.  
48 2003b) and distances between the regions are comparable to molecular lengths  
49 from Leveling Off Degree of Polymerization (LODP) studies.

50 Isogai and Atalla (1991) regenerated samples by precipitating cellulose from  
51  $\text{SO}_2$ -diethylamine-dimethylsulfoxide solutions with various precipitants. Unlike  
52 other regenerated celluloses, their precipitates were amorphous, and the exact X-  
53 ray scattering patterns differed, depending on the particular precipitating anti-  
54 solvent. Vibrational spectroscopists identified a group of low frequency vibrations  
55 that were necessary conditions for crystallinity (Agarwal et al. 2016). Those  
56 vibrations were absent in some native cellulose samples that still give diffraction  
57 patterns that the authors interpreted as indications of an aligned but non-crystalline  
58 state. These observations indicate that there are nuances to non-crystalline states  
59 and models for the disordered components must incorporate flexibility.

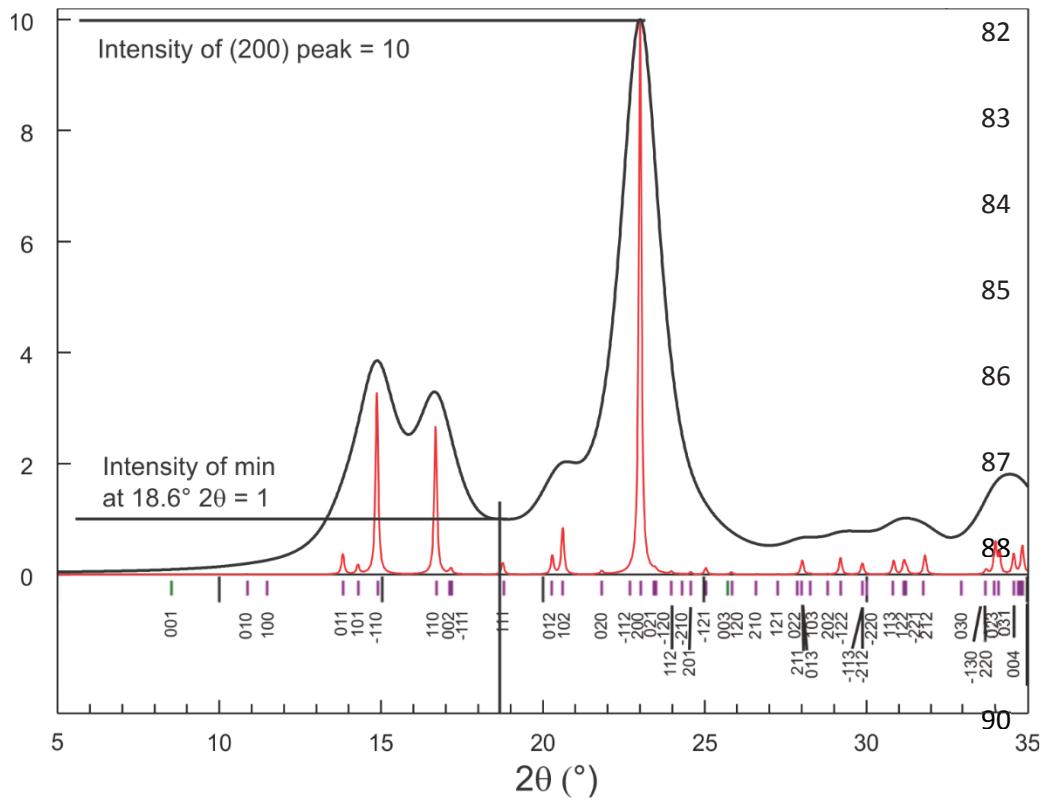
60 Cotton fibers are individual plant cells, and their cell walls, which consist  
61 mostly of cellulose, have additional structural features of interest. In particular, the  
62 crystallites of native cellulose are composed of molecules with their reducing  
63 groups at one end of the crystal, described as parallel packing. Since the crystallites  
64 are generally aligned with the fiber axis<sup>1</sup> one might describe the crystallite as  
65 oriented with the reducing end of the crystal towards the growth tip of the cotton  
66 fiber. Based in part on findings that the molecules in crystals of mercerized  
67 cellulose II are packed antiparallel, however, it has been concluded that adjacent to  
68 the crystallites “pointed” towards the fiber growth tip, there is another set of cotton  
69 crystallites oriented in the opposite direction. This finding was supported by sum  
70 frequency generation (SFG) spectroscopic studies (Lee et al. 2014). These  
71 oppositely oriented crystallites, each with parallel-packed molecules, can, after  
72 swelling with NaOH, merge to create crystals with their molecules packed  
73 antiparallel while retaining the overall fiber structure (Sarko et al. 1987; Shibasaki  
74 et al. 1997; French et al., 2018).

75 An early experiment with ball milling reduced the cotton sample to the  
76 amorphous state in 30 min (our ball milling system is slower) (Forzati et al. 1950).  
77 Subsequently, Segal et al. (1959) developed a crystallinity index (Fig. 1) to

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<sup>1</sup> Even though cotton has a high microfibril angle (French and Kim 2018) or range of deviations of alignment of microfibrils to the fiber axis, for this discussion the alignment of adjacent microfibrils can be considered to be antiparallel.

78 indicate the fraction of crystalline material in the sample. That publication has been  
79 cited some 3,650 times at this writing, and their equation is often used without  
80 proper credit.<sup>2</sup> In that paper, the Segal crystallinity index (CrI) was compared with  
81 acid crystallinity, LODP, density, moisture regain, and an infrared crystallinity



91  
92 **Fig. 1** Calculated diffraction patterns for peak widths at half height (pwhm) of 0.1  
93 (red) and 1.5° (black), based on the crystal structure of cellulose I $\beta$  (Nishiyama et  
94 al. 2002). The corresponding Miller indices are plotted for each possible peak,

<sup>2</sup> Despite its simplicity, the Segal method is sometimes used incorrectly. The Segal CrI depends on the intensity minimum between the (110) and (200) peaks, as well as the peak intensity of the (200) reflection. However, authors have too-often chosen the (110) or combined (1-10) and (110) peak as representing the amorphous material. Furthermore, for material to be represented by the minimum intensity near 18 deg. (copper K $\alpha$  radiation), the background must be subtracted. Typically, this would mean subtraction of a blank.

95 indicated by the vertical magenta lines. The values of  $2\theta$  are for a wavelength of  
96 1.5419 Å (CuK $\alpha$ ). The Segal CrI is  $\text{CrI} = 100 * (I_{200} - I_{am})/I_{200}$ ,  
97 where  $I_{200}$  is the height of the (200) peak, and  $I_{am}$  is the intensity at the minimum at  
98 about  $18.6^\circ$   $2\theta$ . Both calculations are based on perfect crystal models, but with  
99 sizes of about 900 Å (when pwhm =  $0.1^\circ$ ) and 60 Å (pwhm =  $1.5^\circ$ ). In this case the  
100 smaller crystallite would have a CrI of 90 %, whereas the larger one would have a  
101 CrI of 100%. Adapted from Fig. 2a in French (2014)

102

103 index. In the intervening years, researchers have attempted to confirm the Segal  
104 equation with numerous methods including infrared spectroscopy (Nelson and  
105 O'Connor 1964a) and deuterium exchange (Agarwal 2016).

106 Many such tests could confuse the increase of specific surface area with a  
107 decrease in the crystallinity, even though the smaller crystals with more surface  
108 area might be perfectly ordered. Another point is that surface molecules become an  
109 increasingly large fraction of the total molecules as the crystals are reduced in size.  
110 A crystal with 100 molecules (a more or less square shape with 10 molecules on  
111 each side) will have 36 molecules (36%) on the surface that are not as constrained  
112 by neighbors within the crystal. A similarly shaped crystal with only 36 molecules  
113 would have 20 molecules on the surface, or 55%. The O-6 groups on surface  
114 molecules would have extra freedom for rotation and occupation of the alternative

115 *gauche-trans* (*gt*) and *gauche-gauche* (*gg*) positions. The O-6 positions will affect  
116 various key spectroscopic results more than they would X-ray diffraction  
117 intensities. An O-6 in the *gt* position has very similar x- and y- coordinates as one  
118 in the usual *trans-gauche* (*tg*) cellulose I position and the very strong  $h\bar{k}0$   
119 diffraction intensities would not be affected very much. Because different  
120 crystallinity techniques measure different things, complete agreement among  
121 different methods may never be attained.

122 Segal's landmark equation was criticized, especially because the area under  
123 the peaks is more important than their height. More recently, French and Santiago  
124 Cintrón (2013) showed that some of the diffraction intensity attributed to  
125 amorphous material by Segal et al. can be due to the overlap of the broad peaks  
126 resulting from small crystallites, as in Fig. 1. Also, there is a small contribution to  
127 Segal's amorphous intensity from some small peaks. Therefore, no cellulose  
128 sample with reasonable crystallite size could give 100 % Segal crystallinity. A  
129 further deficit in Segal's approach is that a sample that was 100% amorphous  
130 would have to give a diffraction pattern with a flat top. Instead, amorphous  
131 samples, regardless of source, give a broad hump with a maximum that reflects the  
132 distribution of frequent interatomic distances in the sample.

133 Park et al. (2010) describe two other methods for crystallinity determination  
134 by diffraction: amorphous subtraction and peak deconvolution. The amorphous

135 subtraction method, as in the case of Segal's peak height method, depends on the  
136 assumption that the diffraction intensity at the valley between the (110) and (200)  
137 peaks is all due to amorphous material, and is thus inherently flawed. The XRD  
138 deconvolution method has better fundamentals. However, its implementations  
139 suffer because it is typically carried out with curve-fitting software, instead of  
140 software written to take into account the specific problems of diffraction data such  
141 as preferred orientation and anisotropic crystallite size that are endemic to cellulose  
142 samples. Also, only a few strong peaks are usually considered, along with a broad  
143 curve that defines the amorphous contribution to the overall intensity. Thus, none  
144 of the conventional methods for crystallinity study by diffraction is satisfactory.

145 In the present work, the Rietveld powder diffraction method is used  
146 (Rietveld 1969; Young 1993). This method would seem to be the ultimate  
147 approach for diffraction study of cellulose crystallinity and has been applied by a  
148 number of researchers including Thygesen et al. (2005), Driemeier and Calligaris  
149 (2011), Driemeier (2014), Howell et al. (2011), Chen et al. (2015), Xiaohui et al.  
150 (2015), Reyes et al. (2016), Ahvenainen et al. (2016), Duchemin (2017) and  
151 Vanderfleet et al. (2018). As also shown in Fig. 1 with the simpler Mercury  
152 program, the Rietveld method allows calculation of a theoretical diffraction pattern  
153 based on the atomic coordinates of a proposed structure, such as the work of  
154 Nishiyama et al. (2002). The question is: what changes to that ideal pattern are

155 needed to make it agree with the observed experimental result? Changes to  
156 compensate for variables such as crystallite size, small deviations in unit cell  
157 dimensions, and given a model, the presence of amorphous or other phases are  
158 optimized with a least squares fit. Even though Rietveld may be the ultimate  
159 approach, it is limited by the relatively small amount of data furnished by  
160 crystalline cellulose powders, and the X-ray patterns of progressively amorphous  
161 material give less and less information.

162 Nuclear magnetic resonance spectroscopy also has a strong role in cellulose  
163 crystallinity studies. Solid-state NMR spectroscopy (ssNMR) has been extensively  
164 employed to determine the polymorphic structure of native, functionalized and  
165 genetically engineered cellulose (Atalla and Vanderhart 1984; Harris et al. 2012;  
166 Wang and Hong 2016; Wickholm et al. 1998). Cellulose crystallinity can be  
167 inferred from the intensity ratio of the area under C-4 peaks arising from the  
168 crystalline chains that resonate at 87-90 ppm and the area of the disordered domain  
169 that shows broader signals spanning 80-86 ppm (Atalla et al. 1980; Newman and  
170 Hemmingson 1990; Larsson et al. 1999). This peak broadening is primarily caused  
171 by distinct hydroxymethyl torsion angles of C-6: the disordered regions adopt  
172 either *gt* or *gg* conformations while the tightly hydrogen-bonded crystallites of  
173 cellulose I adopt the *tg* conformation, a structure that is less energetically favored  
174 and rarely observed in other carbohydrates (Phyo et al. 2018; Viëtor et al. 2002;

175 Yang et al. 2018). Further peak complexity exists within each category due to  
176 conformational polymorphism, magnetic non-equivalence of glucose units, diverse  
177 patterns of chain packing, bundling of multiple microfibrils, and interactions with  
178 matrix polymers (Kono and Numata 2006; Newman et al. 2013; Wang et al. 2016).  
179 Despite investigation using ssNMR of these complicated structural aspects, an  
180 original issue remains and is discussed here. Namely, what is the level of  
181 agreement with other spectroscopic or diffraction methods in estimating cellulose  
182 crystallinity? Our analyses have been informed by the results given in the  
183 accompanying paper (Kirui et al., 2019). In the Supporting Information, an  
184 analysis of similar NMR data has been carried out with a more conventional  
185 approach in which a model is assumed and the samples were swollen in water prior  
186 to measurement.

187 Of course, many other techniques have been applied to studies of cellulose  
188 crystallinity, or at least their results have been interpreted based on changes in  
189 crystallinity. As mentioned already, FTIR has been frequently employed (Liu and  
190 Kim 2015) as has Raman spectroscopy (Agarwal et al. 2016). Application of SFG  
191 spectroscopy specifically to ball-milled cellulose is new. Other techniques are used  
192 herein to provide a fuller understanding of the effects of ball milling, including  
193 microscopy, molecular weight and oxidation to carbonyl groups determined by  
194 multidetector GPC after group-selective fluorescence labeling, surface area and

195 pore size, as well as thermogravimetric analysis. The end of the Results and  
196 discussion and the Conclusions sections tie these approaches together.

197

## 198 **Experimental**

### 199 **Materials**

200 Cotton balls were purchased from Wal-Mart and chopped in a Wiley mill  
201 (Eberbach E3300 mini cutting mill, Eberbach Corp., Belleville, Michigan) until  
202 they fell through a 20-mesh screen. Then 5 g portions of the powder were placed in  
203 a locally built ball mill (Forziati et al. 1950) running at 1750 rpm. The  
204 approximately one liter steel jar was chromium plated and 500 mL of stainless  
205 steel balls 0.25 in. (~4 cm) in diameter were employed. The cellulose samples  
206 milled for 15 min, 45 min and 120 min were respectively labeled as BMC-15,  
207 BMC-45 and BMC-120. The control, Wiley milled cellulose, was denoted as  
208 WMC.

209           Lithium chloride was purchased from JT Baker (Philipsburg, NJ, USA) and  
210 ethanol, acetone, and dimethylacetamide (DMAc) were purchased from Sigma  
211 Aldrich (St. Louis, MS, USA). All chemicals used in this study were either  
212 analytical or reagent grade.

213

### 214 **Microscopy**

215 Optical images were obtained with a Zeiss Axioplan polarized light microscope  
216 (Thornwood, NY, USA) with an AmScope digital camera (Irvine, CA, USA). Both  
217 WMC and BMC samples were dispersed with a pointed tool. The fiber lengths  
218 were determined with Image J software (1.41v, US National Institutes of Health,  
219 USA).

220 The samples were also observed with an FEI Quanta 3D FEG Field emission  
221 scanning electron microscope (FE-SEM, Hillsboro, Oregon, USA). The  
222 accelerating potential was 5 kV, with a beam current of 20 mA. The samples were  
223 sputter coated with a 3-nm layer of gold–palladium using a Leica EM ACE600  
224 (Buffalo Grove IL, USA).

225

## 226 **Molecular weight determination and carbonyl group analysis**

227 The samples were treated according to a standard protocol (Röhrling et al. 2002)  
228 for cellulose labelling (7 days in a shaking water bath at 40°C). After solvent  
229 exchange from water to ethanol into DMAc the samples stayed 12 h in DMAc,  
230 were dissolved in DMAc/LiCl 9% and diluted with DMAc prior to injection. The  
231 raw data are available upon request. The degree of polymerization was calculated  
232 by the following equation:

233 
$$DP = M/162 \quad (1)$$

234 where M is the molecular weight of each sample and 162 is the molecular weight  
235 of an anhydroglucose unit. The maximum molecular lengths (N) were obtained by:

236 
$$N \text{ (nm)} = DP * 0.5125 \quad (2)$$

237 where 0.5125 is our estimated advance per glucose residue along an extended but  
238 non-symmetric molecule.

239

240 **Surface properties and thermal analysis**

241 The specific surface area (SSA) and pore sizes of the ball-milled cotton cellulose  
242 were measured using Brunauer, Emmet and Teller nitrogen adsorption (Brunauer  
243 et al. 1938; Sehaqui et al. 2011) using a TriStar II Plus 2.02 Analyzer (Service  
244 purchased from Particle Testing Authority, Norcross, GA, USA). Prior to analysis,  
245 samples were under vacuum at 150 °C.

246 For thermogravimetric (TGA) and differential thermogravimetric (DTG)  
247 analyses, all cellulose samples (5 mg each) were conditioned in a Nor-Lake  
248 Scientific humidity chamber at 60 °C overnight (Hudson, WI, USA). Tests used a  
249 TA Q500 thermogravimetric analyzer (TA Instruments, New Castle, DE) and a  
250 nitrogen atmosphere. Samples were heated from 0–600 °C at a rate of 10 °C/min.  
251 Thermograms were analyzed by the Universal Analysis 2000 Software (TA  
252 Instruments).

253

254 **Spectroscopy**

255 FTIR spectra were collected on a Vertex 70 (Bruker Optics, Billerica, MA)  
256 equipped with a mid-IR source and an attenuated total reflection (ATR) sampling  
257 accessory (Pike Technologies, Madison, WI) with a diamond-ZnSe crystal.  
258 Samples were placed on top of the ATR crystal and secured with a metal clamp in  
259 a manner that assured consistent pressure for all samples. Three measurements  
260 were performed for each sample, with a total of 128 scans taken for each sample at  
261 a resolution of 4 cm<sup>-1</sup> (3800 – 600 cm<sup>-1</sup>). Spectra were corrected against an air  
262 background. Spectra for each sample were averaged, baseline-corrected and  
263 normalized using the OPUS spectroscopy software (version 6.5). Spectra are  
264 presented without ATR correction or atmospheric compensation.

265 The FT-Raman spectra were collected using a DXR2 785 nm Raman  
266 microscope (Thermo Fisher Scientific Inc., USA). The spectra (100-3100 cm<sup>-1</sup>)  
267 were obtained with a laser power of 10 mW, exposure time 1 s with a 25  $\mu$ m  
268 pinhole aperture. Each spectrum was measured once with an accumulation time of  
269 10 s. Spectra were collected by OMNIC for Dispersive Raman software (Thermo  
270 Fisher Scientific).

271 For vibrational SFG spectroscopy, the samples were pressed into pellets.  
272 Details of the SFG system have been discussed extensively elsewhere (Lee et al.  
273 2015a). Briefly, SFG beams were generated by spatial and temporal overlap of

274 800-nm and IR laser beams. A Ti-sapphire amplifier (Coherent, Libra) generated  
275 800-nm laser pulses that were then narrowed by using two Fabry-Pérot etalons to  
276 0.78 nm width. A broadband-tunable IR beam ( $1000 - 4000 \text{ cm}^{-1}$ ) with full width  
277 at half maximum (FWHM) of  $150-200 \text{ cm}^{-1}$  is generated using an optical  
278 parametric generation/amplification (OPG/OPA) system (Coherent, OPerA Solo).  
279 The analysis was carried out with p-polarized IR and s-polarized 800 nm, and the  
280 s-polarized SFG signal was recorded. The experiment was done with reflection  
281 geometry with two laser beams (IR and 800 nm) shining on samples with a  $45^\circ$   
282 angle. The generated SFG beam was passed through a monochromator and  
283 detected by a CCD camera. To minimize the heterogeneity in samples, the spectra  
284 were collected from ten randomly chosen locations on the pellets and averaged.  
285 Each spectrum was normalized by the IR power.

286

## 287 **Solid-state NMR experiments**

288 For the conventional solid-state NMR experiments, 50-59 mg of the native and  
289 ball-milled cotton samples were directly packed into 4-mm zirconium rotors for  
290 measurements. Solid-state experiments were conducted on a 400 MHz (9.4 Tesla)  
291 Bruker Avance spectrometer (Bruker Optics, Billerica MA, USA) using a 4-mm  
292 MAS HCN probe. The standard  $^{13}\text{C}$  CP experiments were collected under 10 kHz  
293 magic-angle spinning (MAS) at 296 K.  $^{13}\text{C}$  chemical shifts were externally

294 referenced to adamantane CH<sub>2</sub> signal at 38.48 ppm on the TMS (tetramethylsilane)  
295 scale. Typical radiofrequency field strengths were 80 kHz for <sup>1</sup>H decoupling and  
296 hard pulse, 62.5 kHz for 1H and <sup>13</sup>C CP. A contact time of 1 ms is used for CP. For  
297 signal averaging, 12288 scans were measured on each sample. The spectra were  
298 deconvoluted using DMfit software (Massiot et al. 2002). The WMC and BMC  
299 samples were also processed using a matrix-free protocol for DNP experiments  
300 (Takahashi et al. 2012) and the results are detailed in an accompanying separate  
301 paper (Kirui et al. 2019).

302

### 303 **Diffraction experiments**

304 Laboratory XRD measurements were performed at room temperature with a  
305 PANalytical Empyrean laboratory diffractometer (Malvern Panalytical Inc.,  
306 Westborough MA, USA) with a spinning, zero-background sample holder, using  
307 Cu K $\alpha$ -radiation and a PIXcel3D detector. The patterns were corrected by a blank  
308 and then analyzed using the pseudo-Voigt peak shape with the MAUD Rietveld  
309 program (Materials Analysis Using Diffraction, version 2.7, Lutterotti et al. 2007).  
310 The crystallinity was calculated from the area of the calculated pattern for  
311 crystalline cellulose divided by the sum of the areas for crystalline and amorphous  
312 regions. The *d*-spacings were calculated from refined unit cell dimensions, and

313 crystallite sizes perpendicular to different lattice planes were calculated using the  
314 Scherrer Equation (3).

315

$$L_{hkl} = \frac{0.9\lambda}{B_{hkl} \cos \theta} \quad (3)$$

316 where  $\lambda$  is the X-ray wavelength,  $B_{hkl}$  is the angular FWHM in radians of the (hkl)  
317 line profile, and  $\theta$  is the scattering angle (Holzwarth and Gibson 2011).

318 Synchrotron measurements were performed at beamline 6B of the Center for  
319 Advanced Microstructures and Devices (CAMD) (Baton Rouge, Louisiana, USA).  
320 Samples of 1 mg of milled cotton were placed in a plastic capillary (MiTeGen  
321 MicroRT, Ithaca NY) for which the background scattering pattern was individually  
322 recorded immediately prior to filling and collecting the data. Exposure time was 10 s  
323 and wavelength  $\lambda=1.38$  Å. The MAR 2048 x 2048 CCD detector synchrotron data  
324 were visualized and converted to 1D data with the XRD2D Scan software  
325 (Rodriguez-Navarro 2006). The Caglioti asymmetry parameters in the MAUD  
326 Rietveld program were adjusted from their Bragg-Brentano defaults (used with the  
327 laboratory data) to zero, and the HWHM Caglioti value0 was set to 0.00025; the  
328 value1 and value2 parameters were set to 0.

329 For visual comparison (Figs. 9 and 10), the synchrotron X-ray patterns  
330 ( $\lambda=1.3801$  Å) were converted to the same  $2\theta$  scale as the laboratory data  
331 ( $\lambda=1.5418$  Å) by solving the Bragg equation (4) (Klug and Alexander 1974) for  $d$

332

$$n\lambda = 2d \sin \theta \quad (4)$$

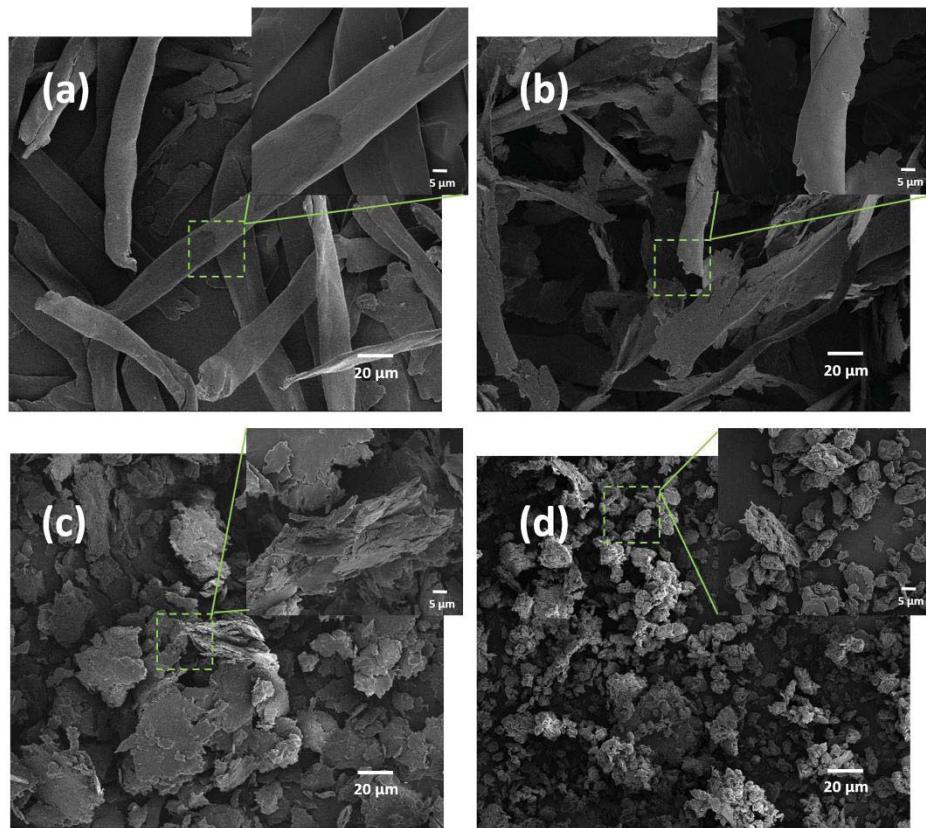
333 and then converting the  $d$  value to  $2\theta$  with the Bragg equation's arcsin inverse.

334

335 **Results and discussion**

336 **Optical microscopy and FE-SEM**

337 Polarized light optical micrographs of the samples are in Fig. S1. Previously  
338 immersed and dispersed in alcohol, many particles in the WMC and BMC-15  
339 samples were birefringent under polarized light. WMC showed intact and long  
340 cellulose fibers with an average length of 296  $\mu\text{m}$ . Ball milling for 15 min broke



351

352 **Fig. 2** SEM images of Wiley milled cotton (a) and cotton ball-milled for 15 min  
353 (b), 45 min (c) and 120 min (d). Scale bars in large images and insets = 20  $\mu$ m and  
354 5  $\mu$ m respectively

355  
356 down the fibers, lowering the sample birefringence as well as the average size of  
357 fibers. With longer milling time, the fiber shape disappeared for BMC-45  
358 and BMC-120 (average sizes were 47  $\mu$ m and 23  $\mu$ m, respectively), indicating that  
359 the extended ball milling effectively broke the WMC fibers into smaller particles.

360 Figure 2 shows the FE-SEM images of the samples. Wiley milling chopped  
361 the cotton fibers into relatively large fragments of about 120  $\mu$ m in length (Fig. 2a).  
362 A closer observation of a single fiber (zoomed in Fig. 2a) shows that the intrinsic  
363 fiber morphology of WMC remained intact. However, ball milling significantly  
364 degraded the fiber. Even 15 min of ball milling (Fig. 2b) split open some fibers  
365 along the fiber length as well as breaking some into small fragments. The  
366 fragments were irregular, but the longitudinal fragmentation was dominant. Ball  
367 milling extended to 45 min reduced the aspect ratio of the fragments to generate  
368 particles with a diameter of about 50  $\mu$ m (Fig. 2c). However, some large particles  
369 remain in sample BMC-45, suggesting the inhomogeneity of cellulose fiber  
370 particles after ball milling. The size of the particles was further decreased to about  
371 7  $\mu$ m after 120 min of ball milling (Fig. 2d). The disordered fiber residues were

372 approximately 10-15  $\mu\text{m}$  in length (zoomed in Fig. 2d) with coarse surfaces and  
373 pores, showing the higher extent of destruction of the cotton fibers.

374

### 375 **Molecular weights**

376 Table 1 shows that the molecular weights of the samples decrease steadily with  
377 increased milling time. Some oxidation is revealed by the notably increased  
378 carbonyl amount from 1.9  $\mu\text{mol/g}$  (WMC) to 36  $\mu\text{mol/g}$  for BMC-120. As the  
379 chains became shorter, more carbonyl groups per unit mass appeared than the  
380 expected increase based on the increased number of reducing ends from breakage  
381 of the molecules. However, the oxidation resulted in only more carbonyls, whereas  
382 the amount of uronic acid groups did not increase significantly. The distributions  
383 of oxidized functionalities with regard to molar mass and the corresponding molar  
384 mass distributions are given in Fig. S2.

385

386 **Table 1** The DP based on number-average molecular weight ( $\text{M}_n$ ), weight-average  
387 molecular weight ( $\text{M}_w$ ), Z-average molecular weight ( $\text{M}_z$ ); sample polydispersity  
388 and calculated average molecular lengths of Wiley and ball-milled cotton cellulose

Samples	DP on number- average ( $\text{M}_n$ ) <sup>a</sup>	DP on weight- average ( $\text{M}_w$ )	DP on Z- average ( $\text{M}_z$ )	Dispersity ( $\text{M}_w/\text{M}_n$ ) <sup>b</sup>	Molecular lengths (nm) from $\text{M}_n$ , $\text{M}_w$ , $\text{M}_z$ <sup>c</sup>
WMC	718	3335	5850	4.7	370 / 1718 / 3013

BMC-15	517	2143	4696	4.2	266 / 1103 / 2418
BMC-45	344	1409	3659	4.3	177 / 726 / 1885
BMC-120	265	856	2134	3.2	137 / 441 / 1099

389 <sup>a</sup> DP was calculated by equation (1)

390 <sup>b</sup> The dispersity equals Mw/Mn.

391 <sup>c</sup> The molecular lengths were calculated according to equation (2).

392

393 **Specific surface area (SSA), pore size and thermogravimetric analysis (TGA)**

394 SSA was determined from N<sub>2</sub> adsorption using BET analysis (Brunauer et al. 1938;

395 Sehaqui et al. 2011). All samples presented similar adsorption isotherm curve

396 shapes (Fig. 3a). WMC absorbed the lowest quantity of N<sub>2</sub>. The highest absorption

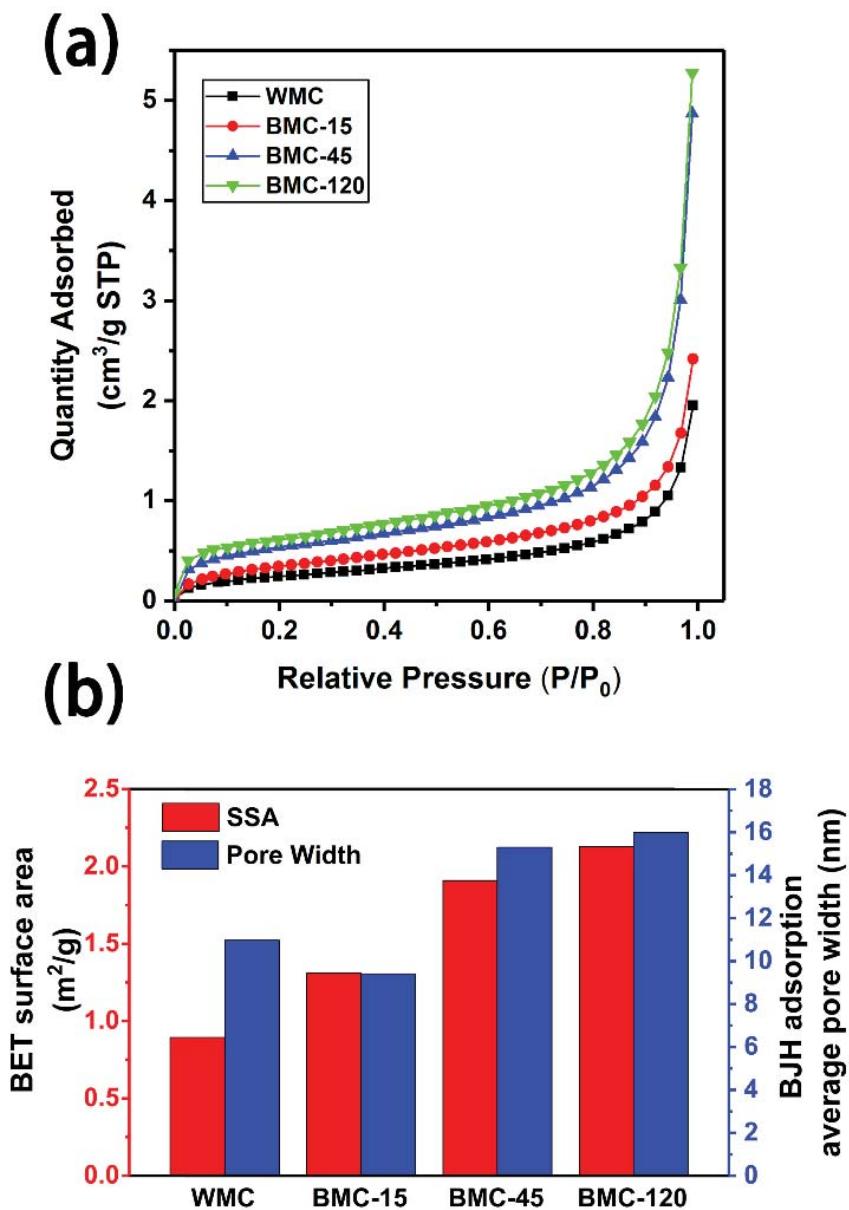
397 value was 5 cm<sup>3</sup>/g for BMC-120. The SSA and average pore width are plotted in

398 Fig. 3b based on the BET analysis. SSA showed a gradual increase with increased

399 ball milling time. It can be explained by the destruction of cellulose structures after

400 ball milling and exposure of internal surface of fibers as seen in the SEM images

401 (Fig. 2).



402

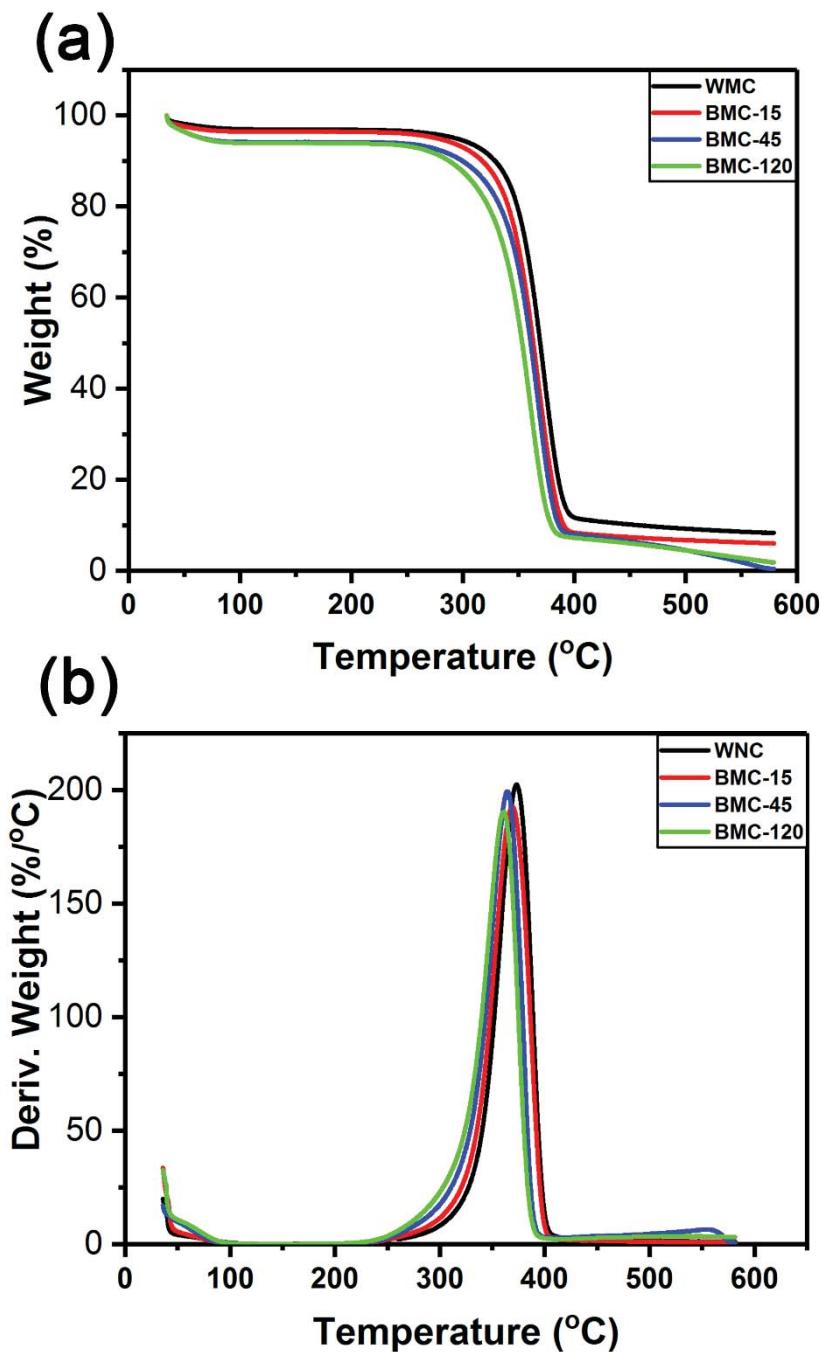
403 **Fig. 3** The adsorption isotherms (a) and BET surface area (red bars in b), BJH  
 404 adsorption average pore width (blue bars in b) of Wiley milled cotton cellulose and  
 405 cotton cellulose ball milled for 15, 45 and 120 min

406

407 The average pore width decreased slightly for BMC-15 but the pores were opened  
408 significantly for BMC-45 and BMC-120 with approximately 15 nm of average  
409 pore width. As expected, the ball-milling treatment for longer times is an effective  
410 way to disrupt the ordered arrangements of cellulose molecules. It breaks down the  
411 fibrous structures, exposes more surface area, and opens the pores of cotton. The  
412 initial decrease in pore size may have resulted from impact compression by the ball  
413 mill without the damage and fragmentation that occur at longer ball-milling times.

414 The samples were studied by TGA and DTG under an N<sub>2</sub> atmosphere. All  
415 data were plotted in the TGA weight loss mode and the DTG mode. From the  
416 analysis of thermal properties, we can estimate the cellulose crystallinity according  
417 to Bertran and Dale (1986), who used DSC to show that the crystallinity of  
418 cellulose could be correlated with the moisture content. The hypothesis was that  
419 the amorphous region of cellulose should absorb more moisture in a humidity  
420 chamber, whereas the crystalline region adsorbs much less. Of course, there is a  
421 rough correlation between the initial moisture content and SSA.

422 The TGA and DTG results are displayed in Fig. 4. The point of rapid weight  
423 loss for WMC appeared at nearly 300 °C while the curves for BMC samples  
424 shifted left to lower temperatures (Fig. 4a). BMC-120 began degrading obviously  
425 at 250 °C and lost almost all of its initial weight, indicating a decrease of thermal



443

444 **Fig. 4** TGA (a) and DTG (b) analyses of Wiley milled cellulose and ball-milled  
 445 cellulose for different times

446 stability after ball milling. WMC showed the highest maximum degradation rate as  
447 well as the highest degradation temperature (Fig. 4b). With extension of ball-  
448 milling time, the temperature for maximum degradation rate reduced to 369.3 °C,  
449 367.2 °C and 362.4 °C for BMC-15, 45 and 120 (Fig. S3a). However, the weight  
450 loss at each maximum DTG temperature showed a gradual increase (Fig. S3b),  
451 confirming the loss of stability after ball-milling treatments. This apparent loss  
452 could result, however, from a constant heating rate and the smaller particle sizes of  
453 the ball-milled materials. If the weight loss is taking place on the surfaces, larger  
454 crystals would take a longer time to decompose.

455 Two more correlations are shown for the four cotton samples (Fig. S4). The  
456 plots give the correlation of weight loss at 100 °C versus the temperature at the  
457 maximum degradation rate as well as the weight loss vs the maximum degradation  
458 rate. Both correlations are satisfactory ( $R^2 = 0.99$  and 0.94, respectively) for the  
459 cellulose samples that were preconditioned in the humidity chamber. The good  
460 correlations of the ball-milling time duration with two parameters further suggest  
461 that the high moisture loss is from the amorphous material of BMC.

462

### 463 **ATR-FTIR and FT-Raman spectroscopy**

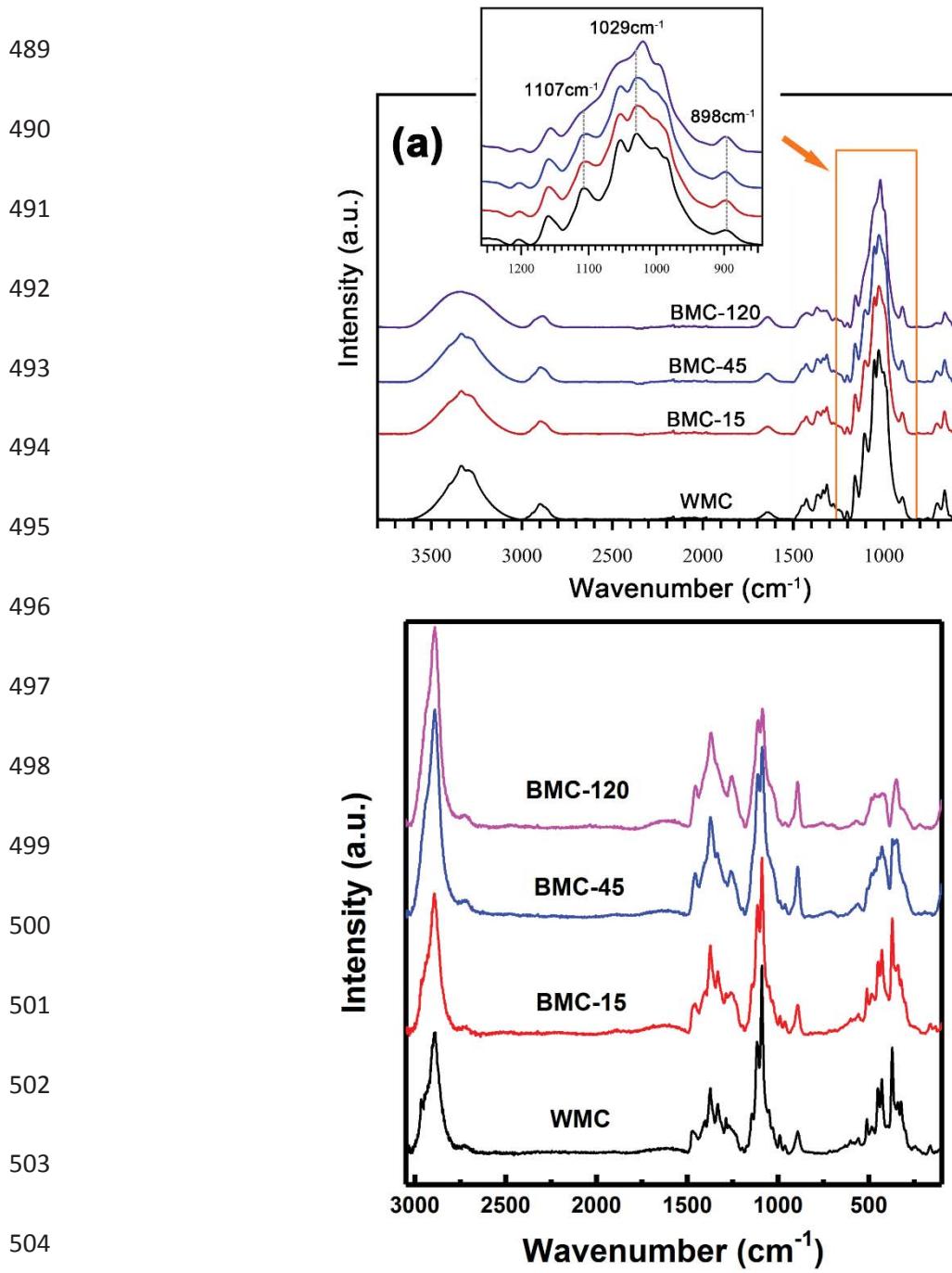
464 The FTIR spectra are shown in Fig. 5a. The spectrum for WMC showed infrared  
465 bands and peaks commonly observed for cotton: a wide OH stretching band (3600-

466 3000 cm<sup>-1</sup>), a CH stretching region (3000-2900 cm<sup>-1</sup>), the OH bending region,  
467 1800–1300 cm<sup>-1</sup>, and the fingerprint region with multiple combination bands,  
468 1250–850 cm<sup>-1</sup>. The visible bands at 3270 cm<sup>-1</sup> and 710 cm<sup>-1</sup> are typical for  
469 cellulose I $\beta$  for WMC, even though there are tiny peaks at 3240 cm<sup>-1</sup> and 750 cm<sup>-1</sup>  
470 assigned to a small amount of cellulose I $\alpha$  (Sugiyama et al. 1991). Ball milling  
471 leads to progressive broadening of the OH band, with the BMC-120 spectrum  
472 lacking the inflection points at 3334 cm<sup>-1</sup> observed for WMC. Meanwhile, the  
473 bands attributed to both cellulose I $\alpha$  and I $\beta$  disappeared for BMC-120, a result  
474 attributed mainly to the destruction of the crystal structure by lengthy ball milling.

475 Ball milling also results in changes to the fingerprint IR region. While the  
476 position of the 1159 cm<sup>-1</sup> peak is slightly altered by ball milling, its intensity  
477 appears unaffected. In contrast, the well resolved peaks at 1107 and 1052 cm<sup>-1</sup>  
478 diminish in intensity for the sample ball-milled for 120 min. The prominent peak at  
479 1029 cm<sup>-1</sup> is gradually shifted to 1019 cm<sup>-1</sup> following ball milling. Two shoulder  
480 bands are observed centered at 1000 and 985 cm<sup>-1</sup> in the Wiley milled sample;  
481 however, only one shoulder band (995 cm<sup>-1</sup>) is observed for BMC-120. The peak  
482 near 898 cm<sup>-1</sup> appears more intense in the ball-milled cotton samples. An early  
483 study by Nelson and O'Connor (1964b) observed similar spectral changes in ball-  
484 milled cotton samples. Key changes include the position of the 1163 cm<sup>-1</sup> band  
485 (observed in this study at 1159 cm<sup>-1</sup>), and the intensity of bands at 1111 and 893

486  $\text{cm}^{-1}$  (observed in this study at 1107 and  $898 \text{ cm}^{-1}$ , respectively). Their study did  
487 not show significant changes to the 1052, 1000 and  $985 \text{ cm}^{-1}$  bands, but these

488



506 **Fig. 5** ATR-FTIR (a) and FT-Raman (b) spectra of Wiley milled cellulose, and  
507 cellulose ball-milled for 15 min, 45 min and 120 min. A small peak for water in  
508 amorphous domains is seen at  $\sim 1650\text{ cm}^{-1}$ .

509

510 differences could be the result of their sampling methodology and resolution of  
511 their instrument.

512 The Raman spectra of Wiley and ball-milled cotton cellulose are presented  
513 in Fig. 5b. With the increase of milling time, the main peak of cellulose at  $380\text{ cm}^{-1}$   
514 assigned to symmetric bending vibration of pyranose rings in crystalline cellulose  
515 showed visible reduction together with the C-O-C and C-H stretching vibration at  
516  $1096\text{ cm}^{-1}$  and  $2900\text{ cm}^{-1}$ , respectively (Agarwal and Ralph 1997; Agarwal et al.  
517 2016; Makarem et al. 2019). The decreases of these main peaks were substantial  
518 for BMC-120, indicating the distortion of crystalline arrangements and the smaller  
519 CrI. Meanwhile, the peaks attributed to the bending vibrations of cellulose  
520 glycosidic linkages ( $990\text{ cm}^{-1}$ ,  $1116\text{ cm}^{-1}$  and  $1331\text{ cm}^{-1}$ ) disappeared for the most  
521 amorphous sample (BMC-120) (Wiley and Atalla 1987).

522 The notable peak of  $1481\text{ cm}^{-1}$  in WMC shifted to  $1462\text{ cm}^{-1}$  with prolonged  
523 ball milling. The ratio of these two peaks refers to the proportion of crystalline  
524 cellulose, and confirmed an increased amorphous fraction in the sample, leading to  
525 a significant decrease of CrI (Schenzel et al. 2005).

526

527 **SFG analysis**

528 SFG spectroscopy is specific to non-centrosymmetric vibration modes in an  
529 otherwise amorphous matrix (Barnette et al. 2011). The SFG signal intensity can  
530 be used to quantify the amount of crystalline cellulose in the sample if a proper  
531 calibration curve can be obtained (Barnette et al. 2012; Park et al. 2013). For ball-  
532 milled cellulose, the main features observed in the CH stretch region (2800-3000  
533  $\text{cm}^{-1}$ ) are the peak at  $2850 \text{ cm}^{-1}$  assigned to the  $\text{CH}_2$  symmetric vibration, the peak  
534 at  $2944 \text{ cm}^{-1}$  as the  $\text{CH}_2$  asymmetric vibration, and a shoulder at  $2968 \text{ cm}^{-1}$  also  
535 assigned to  $\text{CH}_2$  asymmetric vibrations (Fig. 6a) (Lee et al. 2013). Time-dependent  
536 density functional theory (TD-DFT) calculations also revealed that the  $\text{CH}_2$   
537 vibrations between 2800-3000  $\text{cm}^{-1}$  are highly coupled with CH vibrations on the  
538 six-atom ring (Lee et al. 2016a). Thus, the peaks in this region represent more than  
539 just the vibrational modes of isolated  $\text{CH}_2$  groups. The peak at  $2944 \text{ cm}^{-1}$  is  
540 characteristic for cellulose I $\beta$ , which also has a shoulder at  $2968 \text{ cm}^{-1}$  (Huang et al.  
541 2018a). With increased ball-milling time, peaks between 3200-3500  $\text{cm}^{-1}$  assigned  
542 to the stretching vibrations of OH groups in cellulose I $\beta$  show a notable decrease.  
543 Note that OH peaks in this region also cannot be assigned to single vibrational  
544 modes; they originate from highly coupled vibrations of multiple OH groups in  
545 cellulose structure (Lee et al. 2015b). Meanwhile, the broad component at 3450

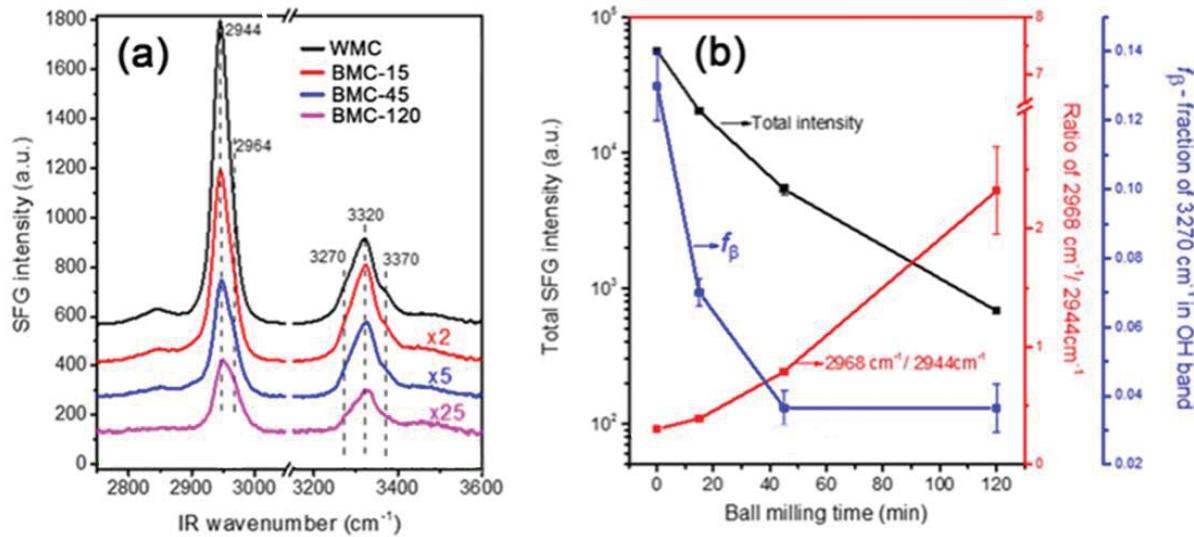
546  $\text{cm}^{-1}$  can be attributed to OH groups exposed at the surface of cellulose crystals  
547 (Makarem et al. 2017).

548 Fig. 6b displays changes in the total intensity of the  $\text{CH}/\text{CH}_2$  SFG peak as a  
549 function of ball-milling time. The SFG intensity from the cellulose I $\beta$  phase in the  
550 BMC-15, -45, AND -120 samples decreased to ~35%, ~9%, and ~1%,  
551 respectively, compared to the SFG intensity of WMC. This implies that a small  
552 fraction of cellulose I $\beta$  crystallites still remains in BMC-120.

553 Another important aspect is that the shape of the  $\text{CH}/\text{CH}_2$  asymmetric stretch  
554 feature in the 2900-3000  $\text{cm}^{-1}$  region changes with ball milling. The relative  
555 intensity ratio ( $2968 \text{ cm}^{-1}/2944 \text{ cm}^{-1}$ ) is plotted against the right-side red axis in  
556 Fig. 6b. The increase in this ratio implies that a small fraction of cellulose I $\beta$  was  
557 converted to cellulose II, as also found for the FTIR work. This transformation  
558 might have happened when the amorphized portion of cellulose chains underwent  
559 crystallization due to the proximity of cellulose chains or mechanochemical  
560 processes during ball milling.

561 SFG peaks in the OH stretch region (3200-3600  $\text{cm}^{-1}$ ) can be deconvoluted  
562 with various components. The component at 3270  $\text{cm}^{-1}$  is characteristic of cellulose  
563 I $\beta$ . The fraction of this component intensity with respect to the entire OH  
564 components ( $f_\beta$ ) can show the change in cellulose I $\beta$  fraction among the SFG-active

565 fraction of cellulose. The plot of  $f_\beta$  versus the milling time is also shown in Fig. 6b,  
566 decreasing as the ball-milling time increases.



567

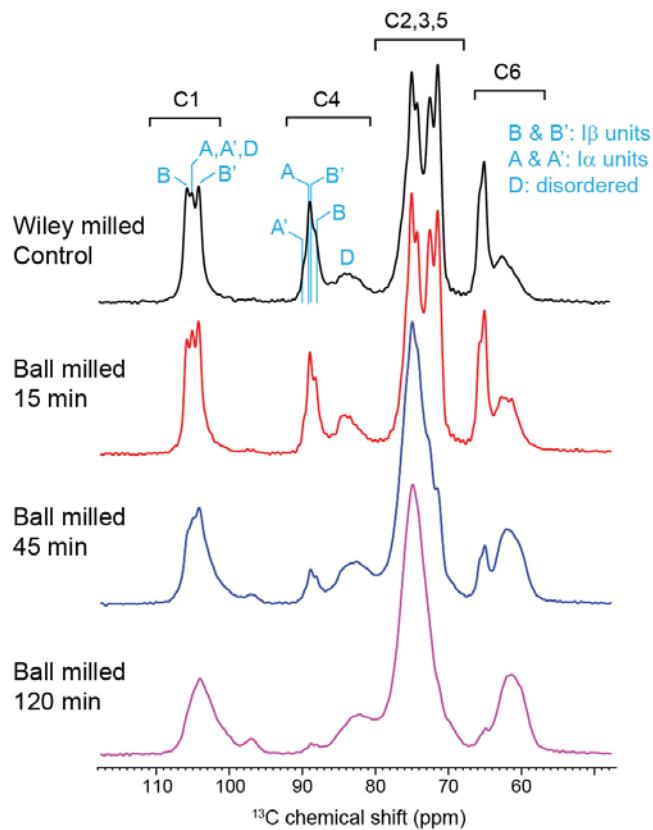
568 **Fig. 6** (a) SFG spectra of cotton before and after ball milling for 15 min, 45 min,  
569 and 120 min. Note that some spectra are amplified for comparison with different  
570 magnification ratios (marked for each spectrum). (b) Plots of the SFG total  
571 intensity, the  $2968\text{cm}^{-1}/2944\text{cm}^{-1}$  intensity ratio, and the  $3270\text{ cm}^{-1}$  fraction in the  
572 OH peak versus the ball-milling time

573

#### 574 **NMR characterization**

575 The standard  $^{13}\text{C}$  CP spectra of WMC and the three BMC samples show that  
576 cellulose crystallinity decreases with longer ball milling by the sequential

577 reduction in the intensity of crystalline cellulose C-4 at 88-90 ppm and the rise of  
578 disordered cellulose C-4 at 80-85 ppm. Peak multiplicity was observed in WMC  
579 since both I $\alpha$  and I $\beta$  cellulose contain two magnetically inequivalent glucose units:  
580 A and A' for I $\alpha$  and B and B' for I $\beta$  (Fig. 7) (Kono and Numata 2006). For BMC-  
581 45, the sharp peaks become negligible: instead, the spectra are dominated by broad  
582 components originating from the disordered forms (D), the intensity of which was  
583 low in the Wiley milled sample.



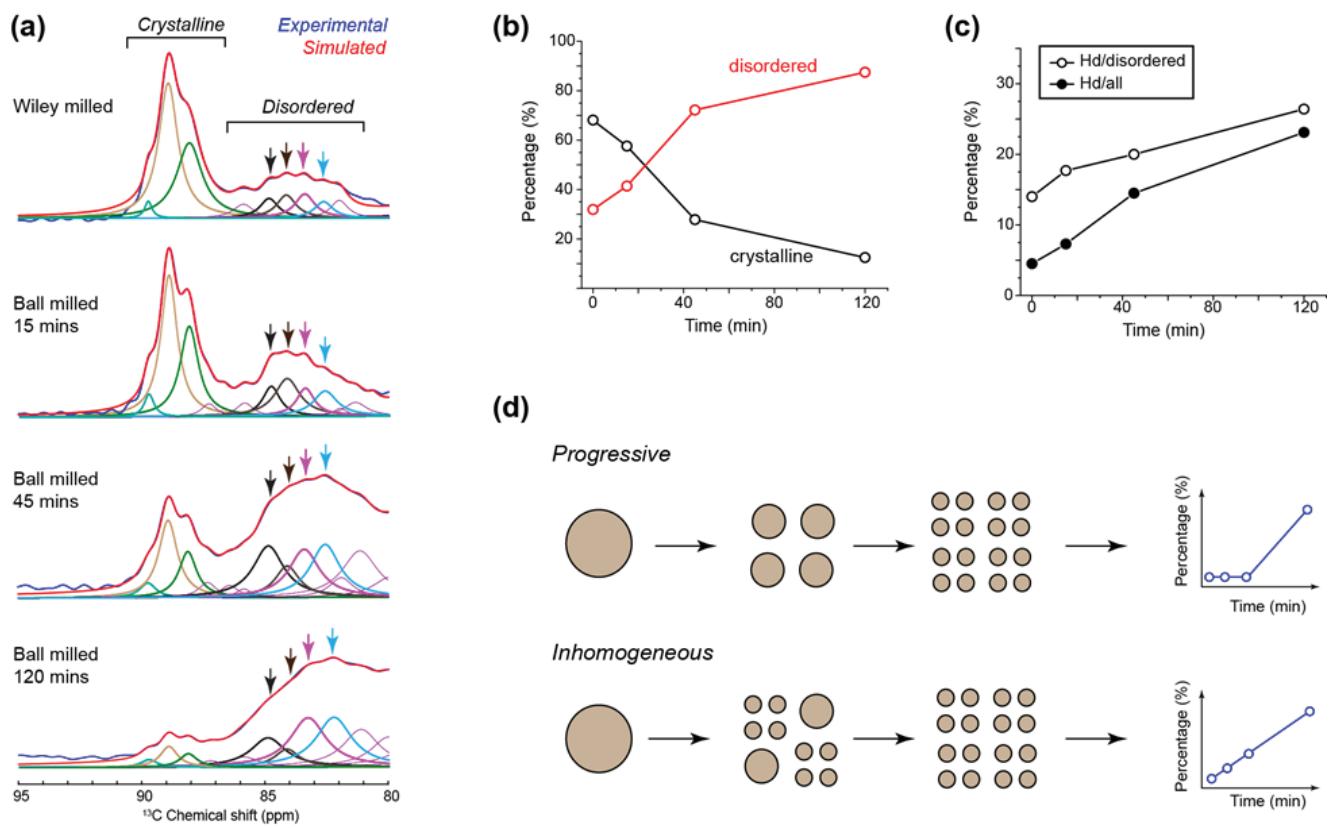
584  
585 **Fig. 7.**  $^{13}\text{C}$  CP spectra of Wiley milled control and ball milled cotton samples.  
586 Representative signals of the inequivalent glucose units in I $\alpha$  and I $\beta$  cellulose are  
587 labeled in cyan for the control sample

588

589       Spectral deconvolution allows us to analyze the composition and  
590       crystallinity of cellulose in greater detail and as a function of ball-milling time. The  
591       peak positions are using those resolved in the 2D  $^{13}\text{C}$ - $^{13}\text{C}$  correlation spectra of  
592       these unlabeled samples as enabled by the sensitivity-enhancing Dynamic Nuclear  
593       Polarization (DNP) technique, the spectral and technical details of which are  
594       reported in a separate article in the same issue (Kirui et al. 2019). The simulated  
595       and measured spectra dovetail well (Fig. 8a). In contrast, the central peak position  
596       for the disordered part gradually shifted from 85 ppm in WMC to 82 ppm in  
597       BMC-120. Quantification of peak areas shows that the cellulose crystallinity  
598       decreases in the order of 68%, 58%, 28% and 13% in the four samples, which  
599       clearly reveals the molecular-level structural effect of ball milling (Fig. 8b).

600       A central question is whether the crystallites of cellulose fracture  
601       homogeneously or not. This was addressed by monitoring the intensity change for  
602       the highly disordered form (Hd) at 82.5 ppm, which is only a minor component in  
603       the Wiley milled cotton but becomes dominant after 2 h of ball milling, accounting  
604       for one-fifth of all cellulose (Fig. 8c). If structural fractioning of the crystallites  
605       occurs progressively, we expect the size of cellulose particles to be roughly  
606       consistent within each step, a scenario in which the most disordered molecular  
607       structures can only occur in the last step (Fig. 8d). In contrast, linear growth of the

608 highly disordered subform is expected for inhomogeneous fractioning, in which  
 609 large and small particles could coexist. The experimental results align better,  
 610 although not perfectly, with the second model, suggesting that cellulose crystallites  
 611 are perturbed inhomogeneously during the ball-milling process. This concept of  
 612 inhomogeneous decrystallization is also supported (at a much larger length scale)  
 613 by the imaging results presented in Fig. 2 and Fig. S1.



614  
 615 **Fig. 8.** Compositional change of cellulose during ball milling. (a) Cellulose  
 616 compositional change tracked by spectral deconvolution. (b) Quantification of  
 617 cellulose crystallinity. (c) The content of highly disordered (Hd) allomorph (82.6  
 618 ppm) increases with longer duration of ball milling. (d) Two models for cellulose

619 fractioning during ball milling. The NMR data in panel (c) support inhomogeneous  
620 fractioning

621

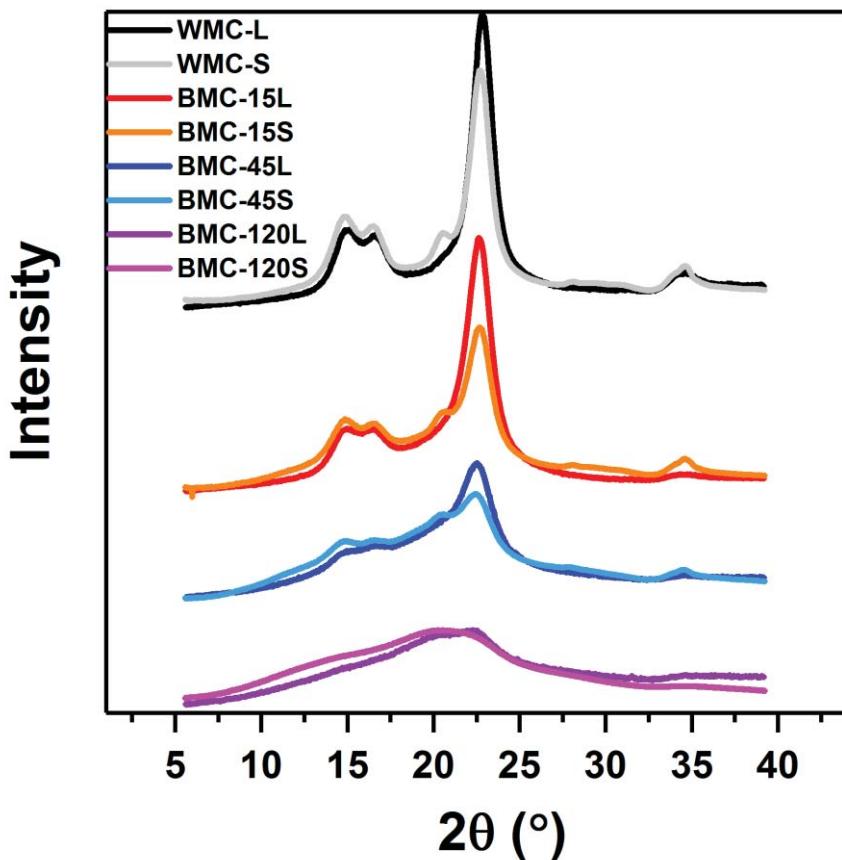
622 **Laboratory and synchrotron X-ray diffraction analyses**

623 Because of the fundamental problems with the conventional methods (see  
624 Introduction), we have used only the Rietveld method to analyze the crystallinity  
625 of the samples. Crystallinity was analyzed with laboratory (reflection mode) and  
626 synchrotron (transmission mode) X-rays. All data were corrected by subtracting  
627 background due to the air scatter and sample holder and, for the synchrotron work,  
628 the capillary. The patterns are compared in Fig. 9. WMC gave typical cellulose I $\beta$   
629 X-ray patterns with major peaks at 14.8°, 16.5°, 22.5° and 34.5°, respectively  
630 attributed to the (1-10), (110), (200) and (004) reflections (Fig. 1 shows that each  
631 of these peaks [especially (004)] is a composite of one or more adjacent peaks.)

632 The slightly lower 2 $\theta$  value (22.5°) for the (200) reflection of the control cotton  
633 compared to the 23.0° value for the archetype tunicate structure indicates a larger  
634 d-spacing, perhaps resulting from the reduced long-range forces in the smaller  
635 crystallites of cotton. Also, there may be strains on the crystallites because of their  
636 participation in the complex cell wall architecture that results in a disrupted  
637 structure compared to the higher order of the tunicate nano-needle crystallite films  
638 (see Fig. 6 in Huang et al., 2018b). The synchrotron X-ray pattern of WMC

639 (WMC-S in Fig. 9) presents a few more peaks than the laboratory pattern WMC-L.  
640 The two overlapping peaks at 20.3° and 20.6° are assigned to the (012) and (102)  
641 reflections (Fig. 1). The near absence of those “shoulder” peaks near the (200)  
642 peak on the WMC-L pattern indicates preferred orientation of the crystallites  
643 (French 2014) despite the sample simply being sprinkled on the diffractometer’s  
644 rotating sample holder and pushed towards the center with a spatula.

645 As the ball milling progressed, the maximum intensity decreased for these  
646 patterns (Fig. 9), which are plotted with constant areas between the curve and the  
647 baselines (not shown). Instead, the photon counts (X-ray intensity values) were  
648 slightly higher in most places to compensate for reduced (200) peak height. Under  
649 these conditions of constant (intensity  $\times 2\theta^\circ$ ) area it is legitimate to state that  
650 higher peaks indicate higher crystallinity. The pattern for BMC-120 is similar to  
651 those in studies on amorphous cellulose produced with different kinds of solvents  
652 (Schroeder et al. 1986; Isogai and Atalla 1991; Rollin et al. 2011).



665

666 **Fig. 9** Laboratory (L) and CAMD synchrotron (S) X-ray patterns for the samples.

667 For comparison, the intensities were adjusted to have comparable area under the

668 curves, with compensation for the different wavelengths and step sizes

669

670 Rietveld analyses were performed to obtain more detailed information from

671 laboratory and synchrotron X-ray patterns (Fig. 10). All the samples show fairly

672 good fits of the calculated patterns to the experimental patterns in the images a-h.

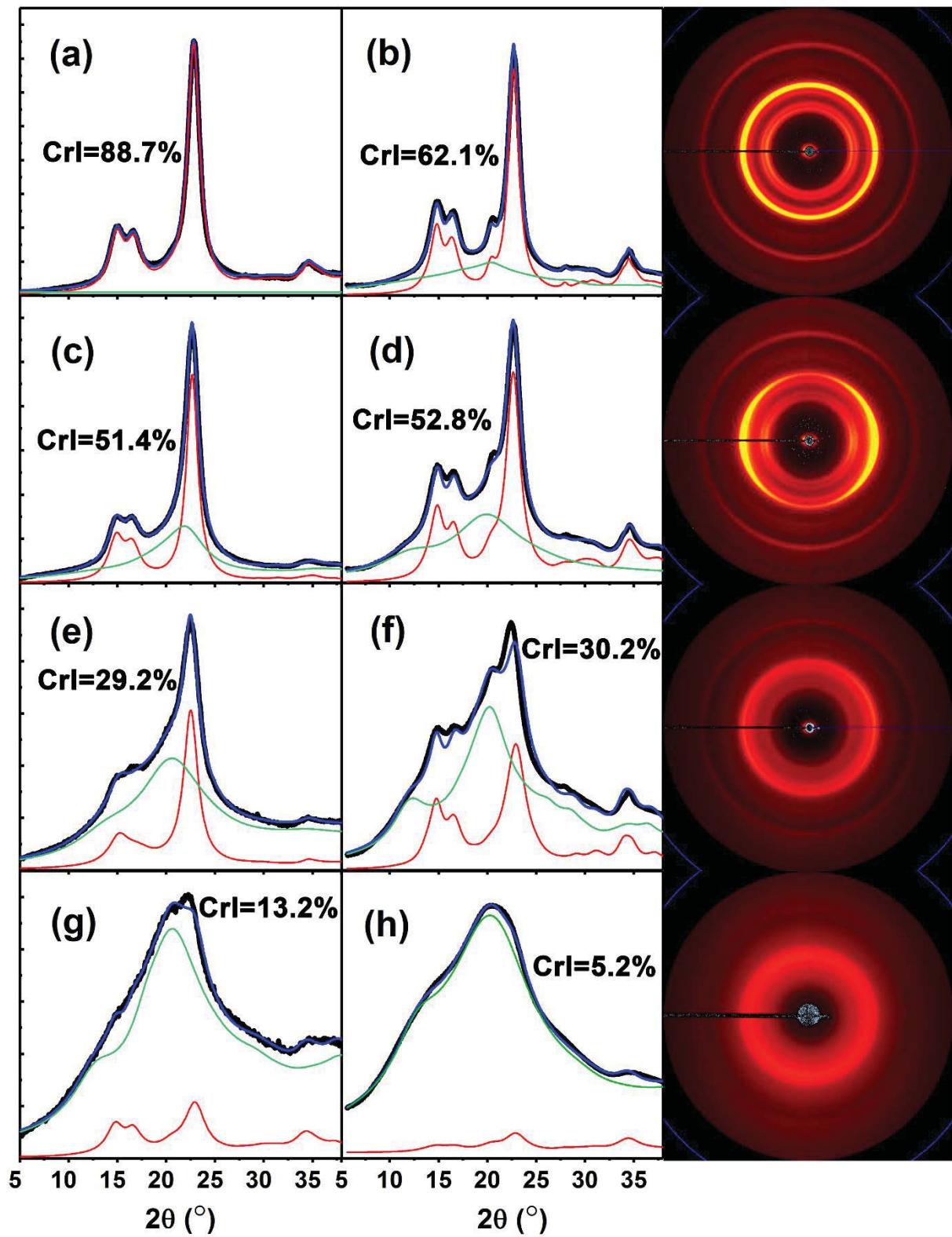
673 The thin red lines (representing the crystalline I $\beta$  component) indicate reduced  
674 peak heights and areas under the curve as the ball-milling time increased.  
675 Meanwhile, the areas under the green lines, representing the quantity of amorphous  
676 cellulose, were progressively greater proportions of the total. The crystallinity  
677 index (CrI) values calculated from the Rietveld refinement are also shown in Fig.  
678 10. WMC had CrI values of 88.7% for the laboratory XRD data and 62.1% for the  
679 synchrotron data. The relatively lower value of CrI from the synchrotron analysis  
680 is possibly a consequence of the inhomogeneity of the sample. Particle sizes were  
681 not uniform. Importantly, these crystallinity values are based on values of intensity  
682 for the calculated components exported from MAUD. MAUD also presents  
683 percentages of each phase in the program interface with typically very high error  
684 limits. Those values can differ substantially from the percentages calculated from  
685 the areas under the curves plotted in Fig. 10. Rietveld CrI analyses of BMC-15 and  
686 BMC-45 gave similar values regardless of X-ray source (laboratory and  
687 synchrotron). Those CrI are around 50% and 30% respectively. The amorphous  
688 phase dominated the patterns for BMC-120, with fairly similar CrI values of 13.2%  
689 and 5.2%. As in the SFG and NMR results, X-ray diffraction indicates that not all  
690 of the cellulose I crystallinity was destroyed even after 120 min. This is in contrast  
691 to the conclusions of Millett et al. (1979) who obtained similar diffraction patterns  
692 and used the Segal method. Comparison of the BMC-120 patterns in Fig. 9 and 10

693 emphasizes how the visual impression of the nature of the diffraction pattern can  
694 change depending on the amplitude of the y-axis for intensity. The Rietveld  
695 method is immune to visual impressions and it gave results for BMC-120 that are  
696 more consistent with the SFG and ssNMR results.

697 The 2D synchrotron X-ray diffraction images are also shown in Fig. 10 to  
698 the right of the 1D patterns obtained from the XRD2DScan program. The black  
699 experimental line in Fig. 10b (underneath the blue fitted line), for example can be  
700 considered to be the result of scanning to the right from the center of the adjacent  
701 2D pattern. The 2D image of BMC-15 shows an uneven intensity distribution  
702 proceeding around the rings at the same  $2\theta$  angle (Fig. 10, row 2). This is another  
703 example of preferred orientation, which occurred for the sample in the capillary  
704 tube for the synchrotron. The pattern is very similar to those from cotton fiber  
705 bundles (French and Kim 2018) although the sample consisted of particles picked  
706 up with tweezers and pushed into a capillary tube. (It was difficult to ensure good  
707 sampling for these small samples.) This underscores the need to take measures to  
708 avoid preferred orientation and to be aware that it may be inconsistent from sample  
709 to sample. In the present laboratory experiments, the sample holder was rotated  
710 during data collection. In the synchrotron experiments, the data were averaged  
711 around each circle to get the 1D plots.

712        In this work, the amorphous material was modeled by a very small crystal of  
713   cellulose II (Langan et al. 2001), initially 12 Å in each direction. The calculated  
714   scattering is somewhat different from that of cellulose I $\beta$  and seem to fit the  
715   observed data better. Rietveld refinements that include this model for amorphous  
716   material can vary the same parameters as are varied for the crystalline phase,  
717   providing the needed variability to compensate for differences in amorphous  
718   material.

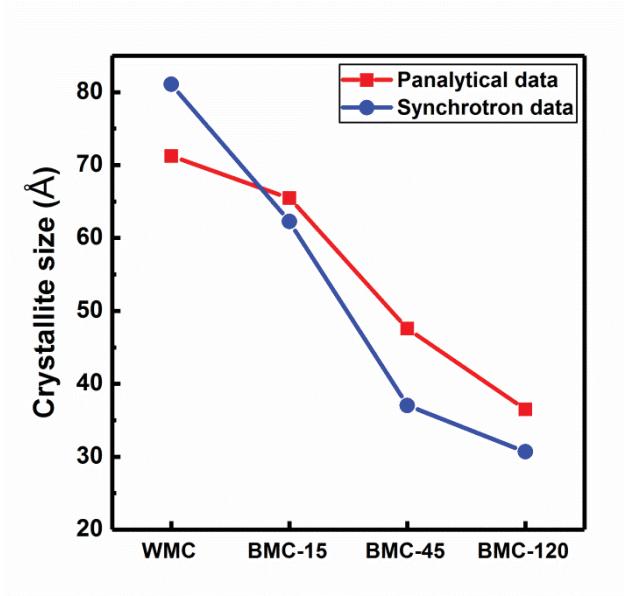
719        In our earlier Rietveld analyses of cellulose, we had not corrected the  
720   experimental data for the background scattering. In those cases, the background  
721   was instead included as part of the Rietveld refinement, based on a quadratic  
722   equation. In a number of cases, the refined amorphous component of the calculated  
723   intensity and the refined background worked together to give a better fit to the  
724   observed data but the values for the background were negative in some  $2\theta$  ranges.  
725   Subtraction of carefully collected background data from the experimental data  
726   allowed the Rietveld refinement to avoid the unphysical results because the  
727   background was simply not included and reduced the number of variable  
728   parameters by three.



730 **Fig. 10** Rietveld refinement analyses of laboratory (a, c, e and g) and synchrotron  
731 X-ray results (b, d, f and h) for WMC (a, b), BMC-15 (c, d), BMC-45 (e, f) and  
732 BMC-120 (g, h). Black lines are the experimental 1D data; blue, red, and green  
733 lines refer to the total fitted line for the analysis, and the modeled crystalline  
734 cellulose I $\beta$  and modeled amorphous cellulose contributions, respectively.  
735 Backgrounds were experimentally determined and subtracted. The 2D synchrotron  
736 X-ray diffraction images related to each sample are plotted to the right of the  
737 patterns. The yellow circles or arcs indicate the greatest intensity. Very small gray  
738 dots in the beam stop and support areas indicate negative intensity values resulting  
739 from background subtraction. They are within the noise levels

740 The crystallite sizes perpendicular to the (200) planes (Fig. 11) were  
741 obtained from the fitted cellulose I $\beta$  patterns with the MAUD software. However,  
742 the Scherrer equation was applied, rather than MAUD crystallite size values, which  
743 are somewhat larger than those calculated with the Scherrer equation. The  
744 calculation regions were set at  $2\theta=20^\circ\text{-}25^\circ$ , in which the (200) plane of cotton  
745 cellulose is included. Both the laboratory and synchrotron X-ray methods showed  
746 that the ball-milling treatment not only reduced the fraction of crystalline material  
747 but effectively reduces the crystallite sizes (Fig. 11). The trend is in agreement  
748 with the decrease of the CrI discussed above but there is better agreement between  
749 laboratory and synchrotron results for crystallite size. Diffraction-based

750 determinations of crystallite size are minimum values because the peak widths are  
751 affected by the other factors (Huang et al. 2018b).



752

753 **Fig. 11** Crystallite sizes perpendicular to the (200) reflections of Wiley milled and  
754 ball-milled cotton cellulose determined by laboratory XRD and synchrotron XRD

755

756 The various shapes of the calculated cellulose I $\beta$  and amorphous  
757 contributions to the total modeled diffraction intensity have arisen because they are  
758 the results of answering the question, “What must be done to the shape of an ideal  
759 cellulose diffraction pattern to make it match the experimental one?” Ideally, the  
760 individual components would vary in simple ways, such as total number of counts  
761 that represent the fraction of total intensity contributed by the component.

762 However, that is not enough variability. The widths of the resolved I $\beta$  component

763 are sharper for the WMC than the BMC, so that must be considered. The  
764 laboratory samples clearly have preferred orientation; MAUD can model that  
765 component with the March-Dollase equation (Dollase 1986) that changes the  
766 intensities of the individual peaks. In the end, to obtain low values of the  
767 discrepancy indices (R values), the variations of crystallite size in the different  
768 dimensions was also modeled (Popa and Balzar, 2008) that add considerably to the  
769 number of variables that were used.

770

### 771 **Comparison of the methods**

772 A comparison of crystallinity estimates from each of the surveyed methods was  
773 undertaken. Although the different analyses in this work measure different  
774 properties (Lee et al. 2016b), it is of interest to know how well they agree on the  
775 degree of disruption of the structure of the cotton fiber caused by ball milling. In  
776 the case of diffraction, we have used a two-phase model that considers both the  
777 fraction of amorphous material and the size of the remaining crystalline material.  
778 The NMR work indicates the relative fractions of molecules in characteristic  
779 environments. Various methods for calculating CrI have been proposed for IR and  
780 Raman data, and are employed in this study. SFG-based crystallinity  
781 determinations have also been reported, but absent a calibration curve, we assigned  
782 a value of a 100% for the CrI of WMC.

783 For the other analyses, we are not aware of existing crystallinity indices  
784 based on, for example, carbonyl group increases. Such CrI values would not be  
785 widely applicable as there are many reasons that the carbonyl groups could have  
786 increased such as intentional oxidation reactions that do not affect crystallinity so  
787 much. Still, we felt that it was of interest to derive simple equations that would  
788 enable us to compare the crystallinities based on different methods. These  
789 relationships are tabulated in Table 2 and plotted in Fig. 12b.

790 Table 2 includes the results from a second, more conventional  $^{13}\text{C}$  NMR  
791 analysis (Larsson et al. 1999; Massiot et al. 2002) that is fully reported in  
792 Supplementary Information. The values of crystallinity in Table 2 for the  
793 conventional NMR method were calculated from the sums of the percentages for  
794 the four NMR peaks:  $\text{I}\alpha$ ,  $\text{I}(\alpha+\beta)$ ,  $\text{I}\beta$ , and the paracrystalline peak (Foston et al.  
795 2011; Park et al. 2010). For this conventional method, the ssNMR crystallinity  
796 values for the WMC and BMC-15 are very similar, but the BMC-45 and BMC-120  
797 results diverge considerably. This result might be partially attributed to water  
798 swelling in the conventional  $^{13}\text{C}$  NMR samples as part of their preparation. That  
799 could lead to some recrystallization or other change in the molecular organization.

800 Every surveyed method for estimating sample crystallinity showed a  
801 decrease in value that followed increases in ball-milling time (Table 2, Fig 12).  
802 (The pore size measurements, which showed a decrease for BMC-15 and

803 subsequent increases, were not included.) For example, the WMC samples were  
804 more crystalline by any measure than any of their corresponding BMC samples in  
805 Fig. 12. Omitting from Fig. 12a the water-soaked conventional ssNMR results and  
806 the SFG data, the agreements among the methods is considerably improved. The  
807 outlier here is the synchrotron result for WMC. As seen in Fig. 10, the laboratory  
808 and synchrotron diffraction patterns differed substantially, most apparently because  
809 the laboratory data exhibit preferred orientation of the crystallites. In theory, the  
810 results of these two X-ray techniques should agree, and pursuit of the experimental  
811 protocols and algorithmic factors in the analysis should improve the inter-method  
812 agreement and improve the accuracy of X-ray crystallinity measurements.

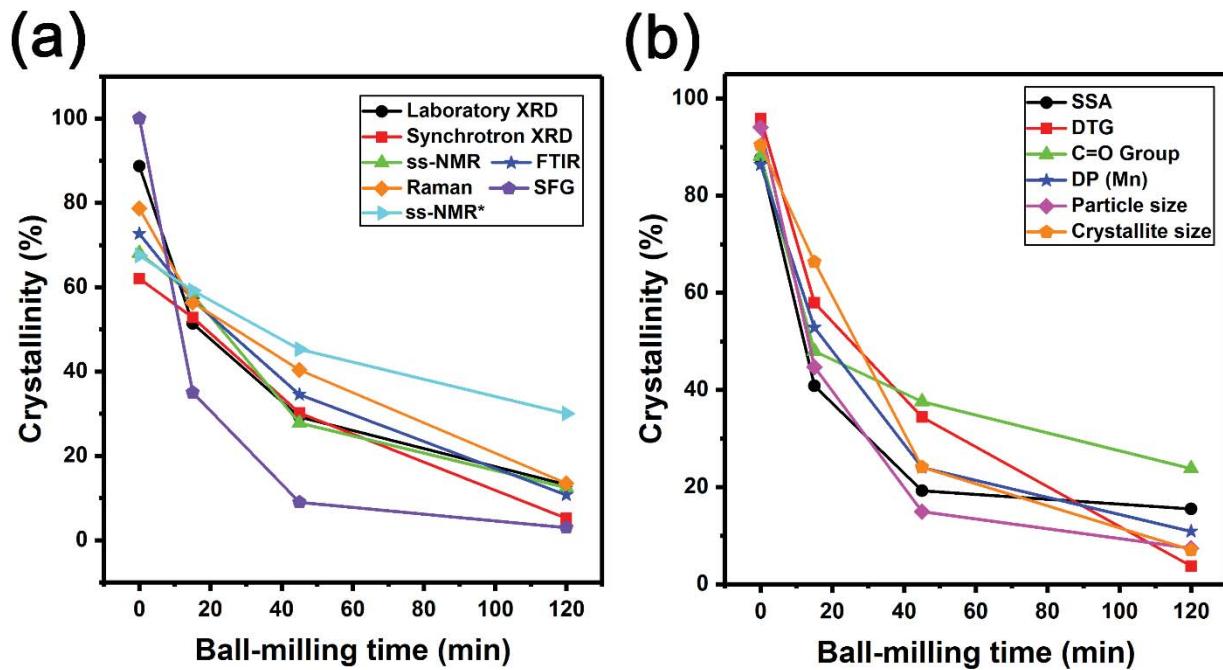
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815

**Table 2** Comparison of numeric crystallinity values and underlying data

Methods	Laboratory XRD		Synchrotron XRD		ss-NMR		FTIR		Raman		SFG	
	MAUD Rietveld method	MAUD Rietveld method	Cr 88-90ppm Am 80-85ppm	Cr 88-90ppm Am 80-85ppm	Fitting and modeling of NMR spectra <sup>a</sup>	CrI=A <sub>1372</sub> cm <sup>-1</sup> /A <sub>895cm</sub> <sup>-1</sup>	CrI=[(I <sub>380cm</sub> <sup>-1</sup> /I <sub>1096cm</sub> <sup>-1</sup> ) -0.0286]/0.0065	CrI=[(I <sub>380cm</sub> <sup>-1</sup> /I <sub>1096cm</sub> <sup>-1</sup> ) -0.0286]/0.0065	CrI (%)=120000/(Carb+35) <sup>2</sup>	CrI (%)=120000/(Carb+35) <sup>2</sup>	CrI (%)=(DP-200)/6	
Reference	Lutterotti et al. 2007	Kono and Numata 2006	Massiot et al. 2002	Oh et al. 2005	Agarwal et al. 2014	Kim et al. 2015						
WMC	88.7%	62.1%	68%	67.5%	72.7%	78.6%					100%	
BMC-15	51.4%	52.8%	58%	59.2%	56.9%	56.3%					35%	
BMC-45	29.2%	30.2%	28%	45.3%	34.5%	40.4%					9%	
BMC-120	13.2%	5.2%	13%	30%	10.7%	13.4%					3%	
<b>Samples</b>	<b>SSA</b>	<b>Est CrI</b>	<b>DTG</b>	<b>Est CrI</b>	<b>Carbonyl</b>	<b>Est CrI</b>	<b>DP (Mn)</b>	<b>Est CrI</b>				
WMC	0.8937	87.6%	371.99	95.8%	1.9	88.1%	718				86.3%	
BMC-15	1.309	40.8%	369.32	57.9%	15	48%	517				52.8%	
BMC-45	1.909	19.2%	367.18	34.3%	21.5	37.5%	344				24%	
BMC-120	2.1265	15.4%	362.36	3.7%	36	23.8%	265				10.8%	
<b>Estimation Methods</b>	<b>CrI (%)=70/SSA<sup>2</sup></b>			<b>CrI (%)=(DTG-360)<sup>2</sup>/1.5</b>		<b>CrI (%)=120000/(Carb+35)<sup>2</sup></b>		<b>CrI (%)=(DP-200)/6</b>				

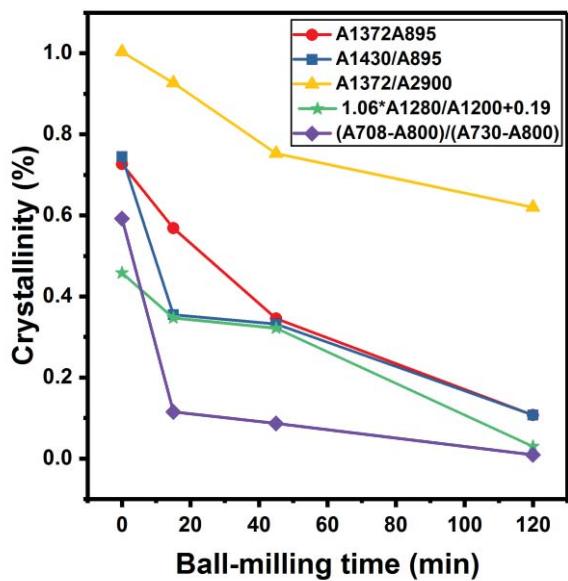


820 **Fig. 12** Plots to compare crystallinity indices from different methods. (a) Those  
 821 with established relationships. ss-NMR\* denotes the conventional NMR analysis  
 822 (b) Those with proposed relationships from Table 2.

823

824 Five different FTIR peak ratios have been proposed to predict crystallinity of  
 825 cellulose. Those crystallinity values derived from the ratios in Table 3 are plotted  
 826 in Fig. 13. It seems that the  $A1372\text{ cm}^{-1}/A2900\text{ cm}^{-1}$  ratio and the  $1.06 * A1280$   
 827  $\text{cm}^{-1}/A1200\text{ cm}^{-1} + 0.19$  equations result in estimates of a too-narrow range of  
 828 values. Similarly, the Liu et al. method (2012) estimates do not cover enough of  
 829 the range for the BMC samples. One of the ratios of the Oh et al. studies showed  
 830 crystallinity values comparable to the other methods reported in Table 2.

Samples	A1372 cm <sup>-1</sup> /A895 cm <sup>-1</sup>	A1430 cm <sup>-1</sup> /A895 cm <sup>-1</sup>	A1372 cm <sup>-1</sup> /A2900 cm <sup>-1</sup>	(1.06*A1280 cm <sup>-1</sup> /A1200 cm <sup>-1</sup> )+0.19	(A708 cm <sup>-1</sup> -A800 cm <sup>-1</sup> )/(A730 cm <sup>-1</sup> -A800 cm <sup>-1</sup> )
WMC	72%	74%	100%	45%	59%
BMC-15	56%	35%	92%	34%	12%
BMC-45	34%	33%	75%	32%	9%
BMC-120	10%	10%	61%	29%	1%
Reference	Oh et al. 2005		Nelson and O'Connor 1964b	Ilharco et al. 1997	Liu et al. 2012

832 **Table 3** Calculations of crystallinity based on FTIR results836 **Fig. 13** Comparison of crystallinity indices from various infrared peak ratios (see

838

839 **Conclusions**

840 In this work, cotton cellulose was ball-milled for 15, 45 and 120 min. Multiple  
841 approaches concurred that the cellulose crystals were progressively destroyed by  
842 the blunt-force impacts of ball milling. The fibers were split open and broken into  
843 small bits, the molecular weights decreased, and the cellulose was oxidized on a  
844 small scale, as shown by an increase in carbonyl groups. This resulted in more  
845 pores and higher surface area of the ball-milled cellulose. There was an increase in  
846 water adsorption and a decrease in thermal stability.

847 According to an average of the two different sets of diffraction experiments,  
848 the ball mill reduced the crystalline content of the original cellulose from around  
849 75% to 9%. Ball milling also reduced the crystallite size of the decreasing amount  
850 of remaining crystals from about 75 Å to about 35 Å. Except as described below,  
851 none of the other results contradicts these basic conclusions.

852 Results from two other approaches are strongly influenced by neighboring  
853 molecules over a range of distances: sum frequency generation vibrational  
854 spectroscopy, and ssNMR. They gave reasonable correlations with the X-ray data  
855 but the language of the description of decrystallization is different. In the case of  
856 SFG, the intensities of the peaks in the OH- and CH- stretch regions decline  
857 because of a loss of dipole moment as the sample is decrystallized. In the

858 unmolested crystals of cellulose I $\beta$ , the molecules have parallel packing that results  
859 in net dipoles for the crystals. In the case of cellulose II, the individual molecules  
860 alternate in packing direction (antiparallel), so there is no net dipole and the SFG  
861 spectrum disappears. Somehow, the milling reduces the sizes of the parallel-chain  
862 domains, not only by fracturing the parallel-chain crystals of cellulose I, but also  
863 by mixing the fragments of adjacent crystallites that have antiparallel orientation  
864 (see Introduction), similar to the mercerization treatment but dealing presumably  
865 with crystal fragments rather than individual molecules.

866 NMR results, informed by the 2D results in the following paper, gave a  
867 surprising result. Namely, there are new molecular structural features created by  
868 the ball milling. Although the 1D NMR spectra appeared to experience a general  
869 broadening of the peaks as milling progressed (as did the FTIR and Raman  
870 spectra), the 2D NMR results could be resolved in terms of peaks that had narrow  
871 peak widths. The major ordered component of the 120 minute-ball-milled sample  
872 is similar to one of the cellulose I $\beta$  molecules in tunicate cellulose. The major  
873 disordered components were most similar to surface molecules of native celluloses  
874 that have small crystals (*Arabidopsis*, *Brachypodium*, *Zea mays*). Remarkably, the  
875 native control cotton did not give peaks with chemical shifts closely similar to  
876 those interpreted from the small-crystal plant celluloses. Instead, the control cotton  
877 was analyzed in terms of molecular structural species similar to the archetypical

878 *Cladophora* A, A', and tuncate B and B' molecules. In the case of the 120-min  
879 ball-milled sample, there were also signals representing four different molecular  
880 species. We have not developed any ideas about the domain sizes needed to  
881 support the observation of four distinct molecular species by ssNMR in the small  
882 (30 Å) remaining crystallites or in the amorphous domains that were modeled with  
883 crystals of about 12 Å.

884 Another important finding from the DNP work was that the curve resolution  
885 did not depend on a “paracrystalline” component. The more conventional NMR  
886 analysis indicated a 27% paracrystalline component for the control cotton, but  
887 values of 18.6, 18.9, and 9.7% for the 15-, 45-, and 120-min samples respectively,  
888 in complete disagreement with the other analysis. The conventional NMR analysis  
889 also reported a large component of inaccessible fibril surface with a very broad  
890 width (about 3 ppm). Those values were 15.2, 22.4, 31.5, and 32.5% of the  
891 material. There was no need to invoke such a broad peak in the DNP work, nor did  
892 the observed increase in BET surface area support the modeled increase of  
893 inaccessible surface. Some of the other indicators of crystallinity from FTIR  
894 spectroscopy did not perform well enough either.

895 Ball-milled cotton was an interesting sample for analyses of amorphous or  
896 non-crystalline cellulose because few other molecules such as hemicellulose or  
897 lignin were present. Its initial crystal size is apparently bigger than for many other

898 plants. Also, all of the samples had the same history until the ball milling began,  
899 rather than choosing native materials from different sources to obtain different  
900 crystallinities. The choice of cotton balls from Wal-Mart balanced trivial expense  
901 and wide availability against a lack of detailed sample history, but they should be  
902 similar to other samples of bleached and scoured upland cotton. The diffraction  
903 data for the samples is provided in Supplementary Information.

904 Future efforts could aim to improve the understanding of domain sizes (and  
905 size distributions) for the SFG and NMR signals. From the diffraction side, it may  
906 be that improvement of the model crystals is necessary to get a better agreement  
907 with the observed data. Perhaps more than two crystallite sizes will be needed to  
908 reflect a range of crystallite sizes. Also, is it necessary to employ the random  
909 quarter-up or quarter-down shifting of molecules described by Driemeier and  
910 Francisco (2014)? How do structures of crystals in the common plants with smaller  
911 crystals differ from being smaller pieces of tunicate crystals?

912

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