

**Scalable and safe synthetic organic electroreduction inspired by Li-ion battery chemistry**

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**Abstract:** Reductive electrosynthesis has faced long-standing challenges in applications to complex organic substrates at scale. Here, we show how decades of research in lithium ion battery materials, electrolytes, and additives can serve as an inspiration for achieving practically-scalable reductive electrosynthetic conditions for the Birch reduction. Specifically, we demonstrate that using a sacrificial anode material (Mg or Al), combined with a cheap, non-toxic, and water-soluble proton source (dimethylurea), and an overcharge protectant inspired by battery technology (tris(pyrrolodino)phosphoramido) can allow for multigram-scale synthesis of pharmaceutically-relevant building blocks. We show how these conditions have an exceptional level of functional-group tolerance relative to classical electrochemical and chemical dissolving metal reductions. Finally, we demonstrate that the same electrochemical conditions can be applied to other dissolving-metal-type reductive transformations, including McMurry couplings, reductive ketone deoxygenations, and reductive epoxide openings.

**One Sentence Summary:** Safe and scalable access to synthetically-useful strongly reducing species, usually only available via dissolving metals in amine solvents, is accomplished using a convenient electrolyte system in an electrochemical process reminiscent of Li-ion battery technology.

**Main Text:** The use of alkali metals as reagents for strongly reductive chemistry has found limited use in the modern era due to safety considerations and immense difficulty in industrial scale-up. The Birch reduction, a flagship example, is one of the first reactions taught in undergraduate organic chemistry lectures(*1*) for the rapid access it affords to  $sp^3$  complexity from simple feedstock arenes.(2-5) Yet typical procedures call for the hazardous condensation of ammonia, or other volatile amines, as solvent, combined with pyrophoric metals at cryogenic temperatures. Milder alternatives have been reported that rely on finely-dispersed silica-

impregnated Na (SiGNa-S1) and Na/K(6-8) or various mineral oil dispersions combined with superstoichiometric amounts of an expensive/toxic crown ether additive.(9, 10) However, these reagents either fail to access the same reactivity space as, for example, Li/NH<sub>3</sub>, or still require extreme caution in reaction setup on account of the alkali metal. Perhaps the most compelling modern Birch application stems from Pfizer's kilogram-scale synthesis of the anti-Parkinson's drug candidate, sumanirole (2, Fig. 1A).(11) The tandem aziridine opening/debenzylolation of the direct precursor 1 is a remarkable achievement in process chemistry and engineering that required the use of custom equipment to administer lithium metal, and enough ammonia to fill three Boeing 747 airliners in the gas phase. At the end of the reaction, which was conducted at cryogenic temperature (−35 °C), 2300 L of H<sub>2</sub> were liberated — an understandably intimidating occurrence.

In this context, electrochemical reduction is an appealing alternative. Indeed, several groups have explored the idea of electrochemical surrogates for alkali metal reductions (Fig. 1B and C)(12-14) with a key report by Kashimura demonstrating proof-of-concept for electrochemically-driven Birch reactivity.(15) Nonetheless, electrochemical reductions have been hindered by a myriad of unwanted side-reactions that typically overpower the desired reactivity, including competing proton reduction, electrode passivation from excessive electrolysis of solvent, and diminished yields caused by adventitious O<sub>2</sub>. Perhaps most telling, to synthesize 2 on process scale, Pfizer utilized chemical Birch over any then-known electrochemical alternatives. *For Pfizer, a kilogram-scale chemical Birch reduction was more practical to scale than any electrochemical method*, despite the enormous engineering challenges associated with the former. Corroborating these limitations, in our hands, attempts to reduce 1 using a variety of the known electrochemical conditions were completely fruitless (See *Supplementary Materials*).

Concurrent with these initial forays into electrochemical reduction, the quest to achieve a cyclable, safe, and high energy density Li-ion battery has faced similar challenges, culminating in a better understanding of the role that additives, solvent, and electrolyte play in the formation of a solid electrolyte interphase (SEI).(16, 17) Importantly, the SEI prevents buildup of an excessive passivating layer at the electrode while enabling a more active and stable electrode interface under extreme potentials (Fig. 1D) (18, 19). Application of these concepts to Li-ion battery technology is largely responsible for their widespread use in virtually all modern electronics, including smart phones, laptops, and electric vehicles. Inspired by this transformative technology, we sought to optimize electroorganic synthesis using the approaches originally developed for Li-ion batteries.(20) We show herein that such strongly reducing conditions can thereby be accessed in a simple and safe way, at ambient temperature without rigorous exclusion of air or moisture and can be applied to the most popular reaction classes in this arena such as Birch, debenzylation, epoxide/aziridine opening, and McMurry couplings.

Electrochemistry represents a convenient way to precisely select redox potentials for use in organic synthesis. Anodic, or oxidative, processes constitute the vast majority of commonly-employed electrochemical transformations, and run the gamut of C–H oxidation,(21) decarboxylation,(22) oxidative couplings,(23, 24) and olefin functionalizations.(25, 26) In contrast, cathodic reductions(27-29) have received considerably less use in modern preparative synthesis. This lower utility is likely due to three factors: First, many reductive methods are limited to divided cells, which can seem daunting enough to frighten off prospective users, in

addition to the engineering challenges they pose in setting up high throughput screenings and scale-up contexts (we note that divided cells are vitally important to preparative electrosynthesis, as they often alleviate redox incompatibilities/mismatches incurred in undivided cells, but with their complex construction, adoption from the broader synthetic community has been limited). Second, most electroreductive methods rely on a mercury pool cathode, a technique with extreme health and safety repercussions. Finally, while there are examples of other reductive electrosyntheses in the literature which demonstrate good chemoselectivity under such reductive conditions,(30) achieving chemoselectivity for electrochemical Birch reduction in the presence of other electrophores has remained an unanswered challenge. Indeed, on approach of strongly reductive conditions (including those required to access  $\text{Li}^0$ ), most common electrolytes disintegrate.(31, 32) Thus, while accessing this extreme reactivity using cathodic reduction is not a new idea, accessing it in a way that is both *practical and scalable* is a goal that has not been achieved. Birch himself reported the first electrochemically-mediated arene reduction of toluene (with  $\text{NaOEt}/\text{NH}_3$ ).<sup>(33)</sup> Additional reports following up on that pioneering study have appeared, including the key report by Kashimura (*vide supra* and Fig. 1C). However, all of them exhibit narrow scopes — Kashimura's method is limited to hydrocarbons — and they require procedures (e.g., continuous sonication) that are no more scalable than a purely chemical Birch. (12, 13, 15, 34-47)

### Li-ion battery interphase design applied to electroreduction

Accordingly, the current study began with an extensive evaluation of this prior art (partial results in Fig. 1E; for a complete listing, see *Supplementary Materials*), of which select efforts are summarized in entries 1–4.<sup>(12, 13, 15, 36, 42, 43, 48)</sup> To help probe the functional-group tolerance of these prior works, we opted for phenyl ethanol (**3**) as a model substrate. The conditions reported by Kashimura<sup>(15)</sup> were chosen as a basis set from which to launch more extensive optimization (entry 4); however, the limitations of that state-of-the-art were clearly demonstrated in that **3**'s alcohol moiety completely shut down reactivity under Kashimura's conditions. To optimize,  $\text{LiClO}_4$  was first replaced with  $\text{LiBr}$  due to the bromide salt's higher stability, affordability, and similar range of solubility; however, only trace product was detected (entry 5). An accumulation of an apparently metallic substance at the cathode reacted violently with  $\text{MeOH}$  and water during cleaning, and so provided an initial clue for further study. We reasoned that this material was  $\text{Li}$  metal that had reductively plated out due to the poor solubility of  $\text{Li}^0$  in THF. Indeed, similar events were observed in the early days of Li-ion battery exploration as a result of battery overcharging.<sup>(49)</sup> To combat this problem, several additives similar to those known for dampening the effects of overcharging in Li-ion batteries (including glyme, dioxane, and phosphoramides; see *Supplementary Materials* for complete list) were evaluated, with tris(pyrrolidino)phosphoramide (TPPA), a non-carcinogenic surrogate for HMPA,<sup>(50)</sup> emerging as optimal (entry 6). Although the desired product was observed in 50% yield, it was accompanied by undesired isomers and over-reduced species in *ca.* 30% yield. Unsurprisingly, varying the proton source had a profound effect on the distribution of these compounds. After an extensive screen (See *Supplementary Materials*), we determined that 1,3-dimethylurea (DMU) was the most selective for the desired product (entry 7). As expected, reduced temperature afforded greater selectivity (entry 8). Consistent with Kashimura's findings,<sup>(15)</sup> it was found that switching from an Al to a Mg anode and increasing the current

density on the cathode (by decreasing its surface area) rendered the reaction more selective and efficient at room temperature (entry 9). It is postulated that the anode is sacrificially oxidized, and it is possible that the identity of the resultant oxidized metal salts is relevant to the observed reactivity (*vide infra*).

## Mechanistic investigation

### *Electroanalytical and computational study of reaction kinetics*

With an optimized set of conditions in hand, the intriguing mechanism of transformation was explored in a variety of contexts. Intuitively, one may assume that the cathode simply generates  $\text{Li}^0$  species (whether homogeneous, heterogeneous, or electroplated) that are responsible for the observed reactivity, which in turn implies that electrolysis could be decoupled from the actual substrate reduction. To test this hypothesis, a degassed reaction solution — with the substrate and DMU omitted — was electrolyzed as normal, under an inert atmosphere at -78 °C, to putatively accumulate electrochemically-generated  $\text{Li}^0$  species.(51) After electrolysis was completed (1.5 hours, 5 F/mol), the substrate was then added, and the reaction was stirred, with samples drawn at 30-minute intervals (Fig. 2A). There was a small decrease in the substrate concentration over time, but no desired product or well-defined side products could be detected during this time. Similar trends held true for an analogous experiment run at room temperature (see *Supplementary Materials*). The apparent disconnect between putative  $\text{Li}^0$  generation, and lack of Birch reactivity, strongly suggested that a typical  $\text{Li}^0$  species is not the active reductant in our reaction manifold. We hypothesized that instead, arene substrate was getting reduced directly on the electrode surface. To probe this hypothesis, we underwent a variety of computational and electroanalytical experiments.

First, *ab initio* calculations (see *Supplementary Materials* for detailed methods) were undertaken (Fig. 2B) to compare the kinetics of the solution-phase reduction of **3** via  $\text{Li}^0$  species (red path, top) to the kinetics of **3**'s direct reduction at the electrode surface at -2.25V vs. NHE (blue path, bottom). The reduction of **3** via the Li-mediated path is predicted to proceed initially *via* electron transfer from the lithium metal ( $\text{Li}^0$ ) to **3**, forming the anion radical **3a** and generating the lithium cation ( $\text{Li}^+$ ); **3a** is then protonated in the solution phase *via* DMU to form the radical intermediate (**3b**). This first protonation step, as shown in Fig. 2B, is the highest energy state along the path with an activation barrier of 52 kJ/mol. On the other hand, the electrode-mediated pathway began with **3**'s adsorption to the cathode, followed by an electron transfer event from the cathode, to generate adsorbed radical anion (**3a<sup>ads</sup>**). Both adsorption and the heterogeneous electron transfer were calculated to be barrierless. Facile protonation of **3a<sup>ads</sup>** resulted in the formation of the adsorbed radical **3b<sup>ads</sup>**, which could undergo a second barrierless electrode-to-substrate electron transfer to give the adsorbed anion (**3c<sup>ads</sup>**). Finally, the rate-determining protonation gave the adsorbed diene **4<sup>ads</sup>** with a calculated barrier of 41 kJ/mol. Facile desorption was calculated to give the solution-phase product (**4**). Comparing the two pathways, these computations clearly support superior kinetic facility of an on-electrode reductive mechanism, rather than one mediated by  $\text{Li}^0$ .

To further investigate reaction kinetics, the reaction was monitored (*via* GC/MS analysis of quenched aliquots) under standard electrochemical conditions at five-minute intervals (Fig. 2C, left). Essentially no induction period was observed, and no competitive processes were

detected based on the absence of side-products. Furthermore, analysis suggests zero-order kinetics in substrate: Consumption of phenyl ethanol **3** and formation of product were both well-fitted by linear regression ( $r^2 = 0.99$  and  $0.98$ , respectively). The slight deviation from linearity observed is likely due to the small dataset collected. We also studied the reaction rate's dependence on current (Fig. 2C, right). A clear positive correlation between current and rate was observed; we attempted to determine the rate order *via* Jordi-Burés plot(52). While a first-order plot was the closest fit to the data (Fig 2C, right inset), the fit was not perfect, suggesting that the rate's dependence on current is quite complex. Nonetheless, the rate order is clearly positive. Taken together, these data are consistent with a kinetic picture in which electron flow from the cathode is rate-limiting, rather than any chemical transformation.

While voltammetric studies on the electrochemical reduction of arenes have been performed by others, the focus of these precedents' was on polyaromatics as electron shuttles/mediators/catalysts rather than substrates, and thus did not elucidate the details of protonation and second electron transfer events.(53) We thus sought out to study the microscopic electrochemical steps using a combination of voltammetric techniques (Fig. 3). We initially hoped to use **3** as a model to study. Unfortunately, however, under very similar conditions to our preparative reduction, lithium alkoxides are electrochemically generated at potentials higher (less negative) than that of **3**, thereby obfuscating critical details of the electron transfer steps. Under the general assumption that a given mechanism (or set of mechanisms) is common to all substrates, our focus shifted to naphthalene **5** as a model substrate for voltammetric analysis under our optimized reaction conditions. Variable frequency square wave voltammetry (SWV) of **5** (Fig. 3A) indicated two distinguishable electrochemical reduction steps that are resolved at high frequencies (i.e. some Electron-transfer, Electron-transfer; EE process). This result is consistent with a mechanism involving direct reduction of **5** at the electrode. It should be noted that this two-electron transfer could either occur consecutively prior to two subsequent protonation steps (Electron-transfer, Electron-transfer, Chemical-protonation, Chemical-protonation; EECC mechanism) or with a chemical step separating them (Electron-transfer, Chemical-protonation, Electron-transfer, Chemical-protonation; ECEC mechanism). To differentiate between these possibilities, we utilized cyclic voltammetry (see *Supplementary Materials*), the results of which revealed that varying the CV potential window had an influence on the reversibility of the scan. This is inconsistent with an EE mechanism and is evidence that these two processes are separated by a chemical step (protonation) prompting us to invoke an ECEC mechanism (refer to *Supplementary Materials* for more in-depth discussion). While elements of the data are also consistent with a DISP-type mechanism, the zero-order kinetics in substrate (*vide supra*) is not. Thus, an ECEC type mechanism seems most likely.

Notably, these CV experiments also demonstrated that without LiBr, the scans showed good reversibility, highlighting the crucial role of  $\text{Li}^+$  in guiding the reaction toward the product. Combining this insight with DMU's unique superiority (See *Supplementary Materials* for other proton sources screened) as a proton donor, we probed the possible interaction between  $\text{Li}^+$  and DMU *via* attenuated total reflectance (ATR, Fig. 3B). We observed a complete, quantitative shift in the  $\text{C}=\text{O}$  stretching frequency of DMU from  $1620\text{ cm}^{-1}$  to  $1660\text{ cm}^{-1}$  in the absence and presence of LiBr, respectively, which provides strong evidence for a  $\text{Li}^+/\text{DMU}$  complexation.

Taken together, all of these results are consistent with a mechanism involving sequential electrode-mediated single-electron reduction, protonation, additional electrode-mediated reduction and a final protonation (Fig. 3C). The unique ability of  $\text{Li}^+$  to form a relatively strong

coordinative complex to DMU may be critical to colocalize DMU and **5b** (Fig. 3D, top). To support this hypothesis for  $\text{Li}^+$ 's role in the reaction manifold, we attempted control experiments with NaBr and KBr in place of LiBr. While no reaction was observed, these salts' inherent insolubility dramatically altered the resistivity of the solution, and thus thwarted direct comparisons to the LiBr system. More soluble surrogates of these non-lithium cations, such as NaI, nonetheless did not afford any product.

Regardless of the nuanced role of  $\text{Li}^+$  in the reaction, these studies conclusively showed that  $\text{Li}^0$  does not play a role as a direct solution-phase arene reductant. Furthermore, on treating a pre-electrolyzed LiBr solution (at -78 °C) with a more reductively labile aldehyde, we did not observe any of the reduced alcohol or pinacol products (see Figure 2A and *Supplementary Materials*). This data rules out the mechanistic possibility of solvated electrons as the active reductant. Preliminary investigations into the rate laws of the reaction show a complicated kinetic picture where multiple pathways may be operative; more detailed studies on the mechanism and kinetics of this reaction manifold are ongoing in our laboratories.

### Electrode surface interrogation

The addition of TPPA to the **5**/DMU/LiBr solution does not result in the increased electron transfer rates that would be expected of electrochemical mediation through  $\text{Li}^{+/0}$ . This suggests that the role of TPPA may not be intrinsically tied to the mechanistic cycle, but rather may be involved in ancillary electrochemical processes (Fig. 3C). Structurally similar molecules (such as HMPA) have been employed in Li-ion batteries to aid in dissolving  $\text{Li}_2\text{O}$  layers formed at the electrode interface.(54) With this in mind, the unique speciation at the electrode surface was interrogated using X-ray photoelectron spectroscopy (XPS).

In general, a major problem with electroorganic synthesis under extreme reductive potentials is the formation of thick passivation layers on the electrode surface that inhibit product formation and lead to extensive side products. Evidence of this passivation in our system was demonstrated in the absence of TPPA, as shown in the *Supplementary Materials*. Although optimized conditions still evidenced a thin film on the electrode surface (see *Supplementary Materials*), this film ceased to grow within minutes and appeared to stabilize along the working electrode. XPS analysis revealed Mg, P, N and large amounts of lithium deposited on the electrode surface, as well as increased levels of oxygen and carbon; detailed analysis of the spectra is provided in the *Supplementary Materials*. The observed Li, O, and C are likely a result of THF decomposition to form Li alkoxide.(55) Surprisingly, zinc was still observed in the post-reaction film, providing evidence that the underlying electrode material is still accessible to the bulk solution. The film may also be involved in both forming a stable SEI and providing an active electrode surface for the reaction. Although the exact mechanism of film growth and suppression are not yet known, it is clear that all system components are incorporated into the film and may cooperatively maintain electrode activity.

Finally, given our use of a sacrificial anode, and its putative generation of magnesium salts during the reaction, we also probed the possible role of anode-derived magnesium salts on the reaction mechanism. We found that addition of stoichiometric and super-stoichiometric amounts of  $\text{MgBr}_2 \cdot \text{Et}_2\text{O}$  under our electrochemical protocol not only gave the desired diene **4** in a diminished yield (30% vs. 74%), but also gave an overall lower consumption of **3** (See *Supplementary Materials*). In addition, we observed that in the absence of stirring, diminished

yields could be correlated with decreased distances between the cathode and anode, suggesting that diffusion of metal salts from the anode is deleterious to the reaction. Although we cannot fully rule out that these metallic ions are mechanistically relevant, given the deleterious nature of Mg salts to the overall reaction, we hypothesize that any exogenous salts generated under the electrochemical conditions are most likely not mechanistically critical.

## Applications to complex substrates

As shown in Fig. 4, the electroreduction exhibited a broad scope across a range of different arenes. Under optimized conditions, every aryl group within a given polyarene was efficiently reduced (**6** and **7**), an achievement not accomplished by ammonia-free variants (e.g., SiGNa)(**8**), other dispersions(**10**) and more weakly reductive conditions.(**56**) Simple arenes proved facile (**8** and **9**), as did aryl ethers, including those with both *meta* and *para* substituents (**10** and **11**). Silyl ethers performed well (**12** and **13**), despite their conspicuous absence from other ammonia-free alternatives. The utility of these modular intermediates is evident from the large body of literature in which they appear.(**57**) Consistent with reactivity of the classical Birch, alcohol and ketone-containing arenes (**4**, **14** and **15**) were reduced in good yields (accompanied by the anticipated ketone reduction). Carbamate (**16**), amide (**17**), carboxylic acid (**18**, **19**, **21**, and **22**), and silane (**23**) functionalities were also preserved in the reduction of the aryl group. Even a sterically-guarded substrate, 1,3,5-tri-<sup>t</sup>butylbenzene, could be reduced efficiently (**20**). Notably, benzoic acids were furnished in moderate yields (**18** and **19**); to our knowledge, this substrate class has historically been restricted to standard Birch conditions. The operational simplicity of this chemistry is displayed in the Birch reduction of substrate **3**; when no precautions were taken to exclude air or moisture, the reaction resulted in a similar conversion (68%).

Heterocyclic arenes, which are rarely subjected to Birch reductions, proved viable substrates. Indazole (**24**), indole (**25**, **26** and **27**), carbazole (**28**), acridine (**29/30**), and quinoline (**31**) moieties could be reduced on the carbocyclic ring in preference to the heterocycle, a reactivity only possible under a few classic Birch conditions. In our hands, SiGNa-S1 failed in all the examples tested (Fig. 4), and Na-dispersion/15-crown-5 mixture gave only partial conversion with prolonged reaction times on some substrates.

The mildness of the reaction conditions was demonstrated *via* application to more complex natural products. Thus, chemo- and regioselective reduction gave access to the 1,4-dienyl derivatives of dextromethorphan (**32**), dehydroabietic acid (**33**), and estrone methyl ether (**34**). Overall, this methodology was competitive to the chemical Birch using lithium metal (see *Supplementary Materials* for the referenced literature comparisons)

More broadly, the chemistry of dissolving metals has been applied to a wide range of reductive transformations, including ring opening/closing,(**58**) protecting group removal, transition metal-mediated reactions, among others. However, due to the poor solubility of alkali metals in reductively inert solvents (e.g., THF), these reactions have required either the use of ammonia as a co-solvent or the aid of a polycyclic aromatic hydrocarbons (PAH) to act as electron shuttles.(**59**) In contrast, generation of separated Li<sup>0</sup> atoms can be precisely controlled in electrochemical systems; as a result, the limitations associated with bulk Li metal are simply eliminated. Encouraged by this realization, we began to explore the utility of our

electroreduction protocol for non-Birch reductive transformations (Fig. 5a). Ether debenzylation proceeded smoothly (**35** → **36**) without competitive reduction of the more electron rich arene (in accord with Birch guidelines). Similarly, reductive deoxygenation was accomplished on fluorenone (**37** → **38**). Reductive cyclization, similar to an approach demonstrated by Rychnovsky,(60) (**39** → **40**) was successfully achieved. Ring opening of an epoxide (**41** → **42**) was facile, as was furan ring opening (**43** → **44**). Remarkably, McMurry couplings (**45** → **46**) could also be accomplished at room temperature. Returning to the sumanirole example outlined in Fig. 1, the same transformation was readily achieved at room temperature in 2 hours (**1** → **2**, 67% yield). It is worth noting that the most practical Birch-alternatives available (SiGNa-S1 and Na-disp./15-c-5) failed to deliver any product, as did all attempts to use previously-reported electrochemical methods (See *Supplementary Materials*).

Finally, the scalability of the protocol was demonstrated in both batch and flow on **12** (the direct precursor to a key Pfizer intermediate), without any loss in efficiency. The modular flow setup (Fig. 5B) is simple and allows an increase in scale by several orders of magnitude in a safe and sustainable fashion. Indeed, the very same transformation could be achieved in flow on 100 g scale, without significant changes to the protocol, special anhydrous precautions, or loss in yield.

Reductive electrochemical synthesis has been an approach discussed in the literature for nearly a century. Despite its obvious conceptual appeal, adoption of preparative methods in this subfield has been extremely limited because of issues around pragmatism and chemoselectivity. Inspired by Li-ion battery technology, we have developed a general set of electrochemical reductive conditions, and demonstrated its practicality, safety, scalability, and chemoselectivity. We believe that inspiration from the fast-evolving research areas of battery technologies and electroactive materials will have an important impact in synthetic organic electrochemistry, such as the discovery of new oxidative and reductive mediators, milder access to harsh reducing agents, and for generating low-valent catalytic systems based on transition metals.

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### Supplementary Materials:

Materials and Methods

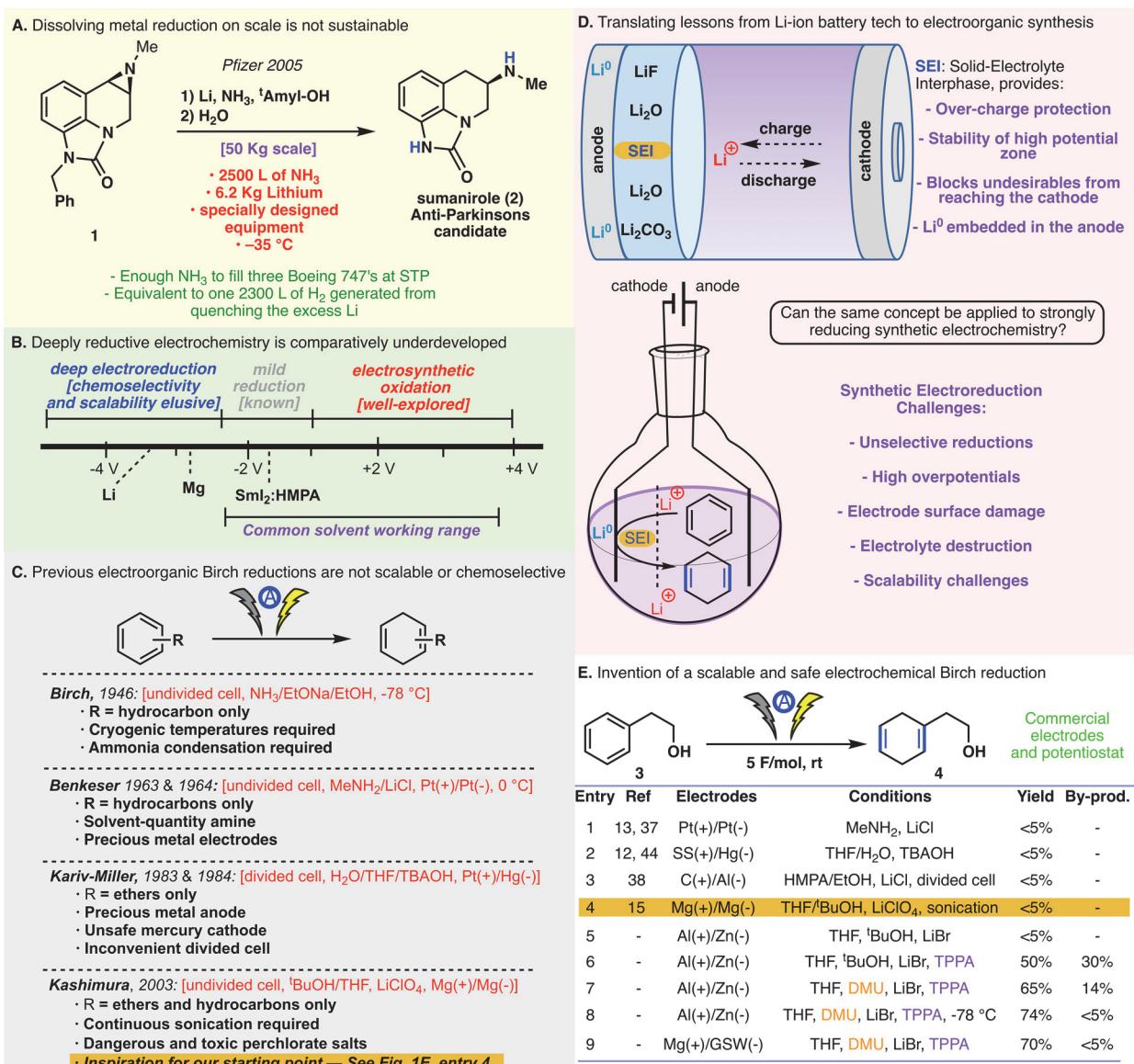
Supplementary text

Figs. S1-83

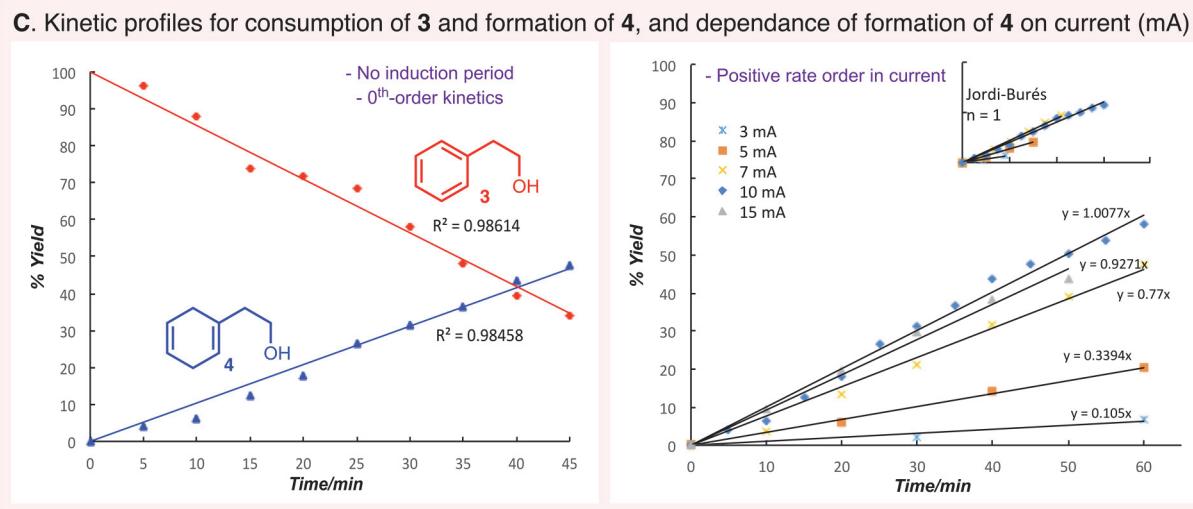
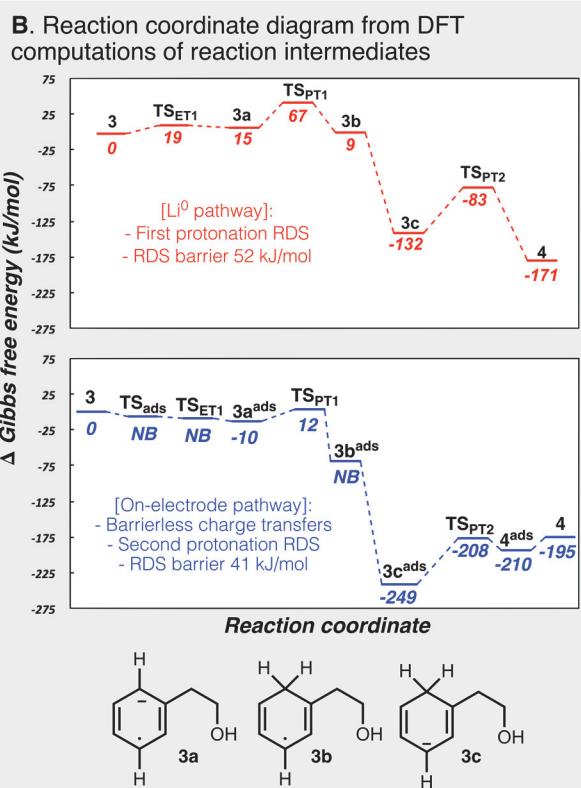
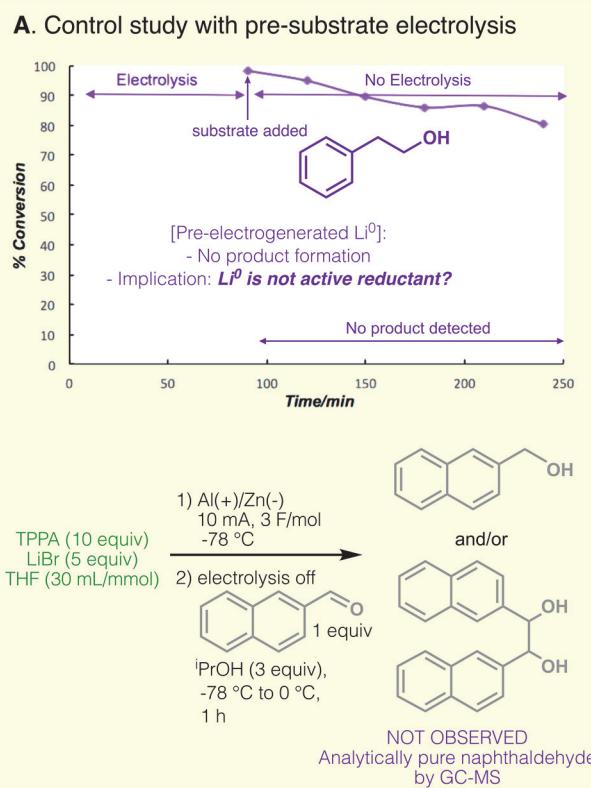
Tables S1-7

References (61-112)

NMR Spectra

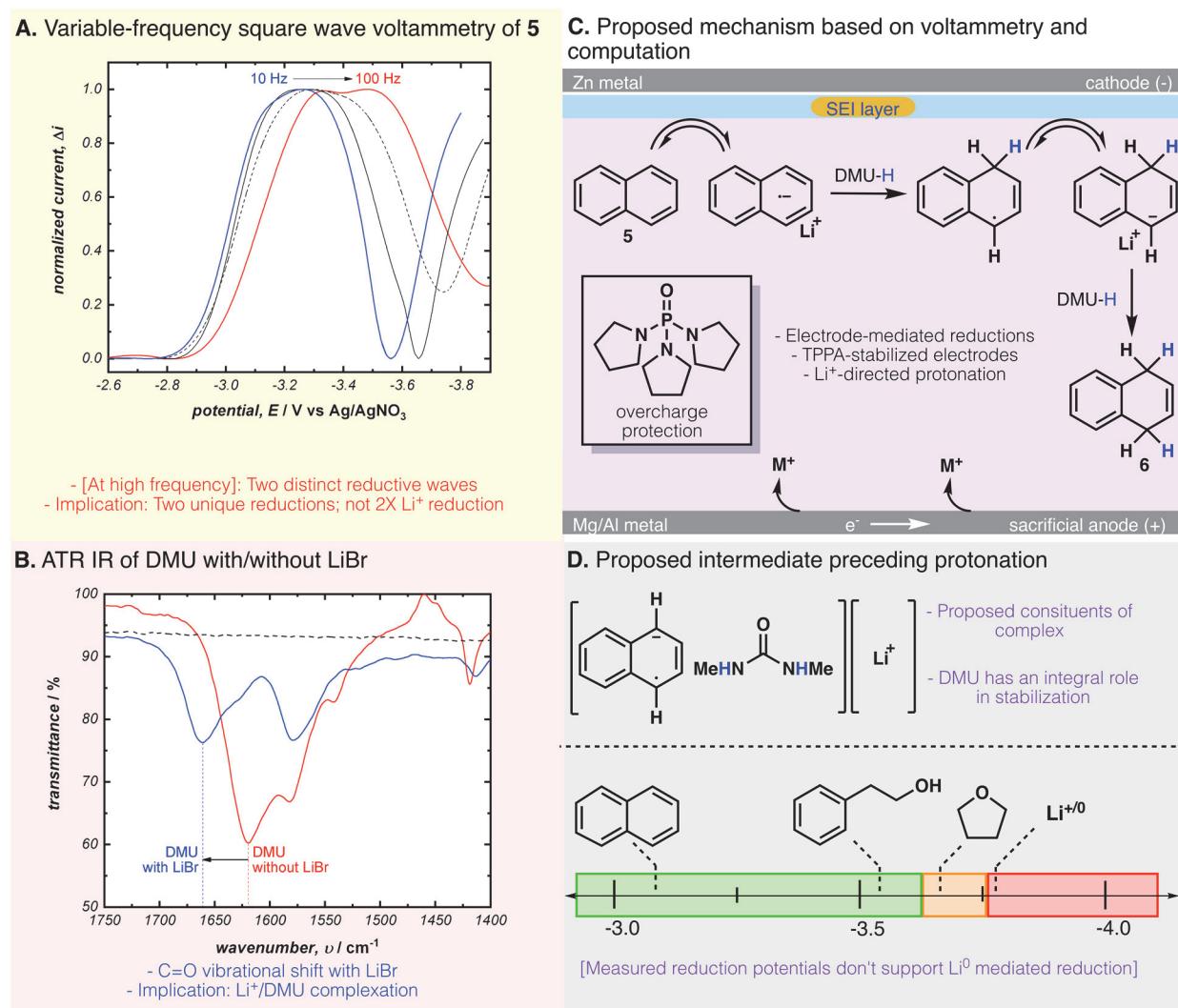


**Figure 1: Background and reaction development.** **A)** Dissolving metal reduction on scale is not sustainable, **B)** Voltage range challenges for reductive electrochemistry, **C)** Electrochemical Birch precedence, **D)** Applying Li-ion battery technology to synthetic electrochemistry, **E)** Optimization of a simple electrochemical alternative to Birch reduction; GSW = Galvanized Steel Wire.

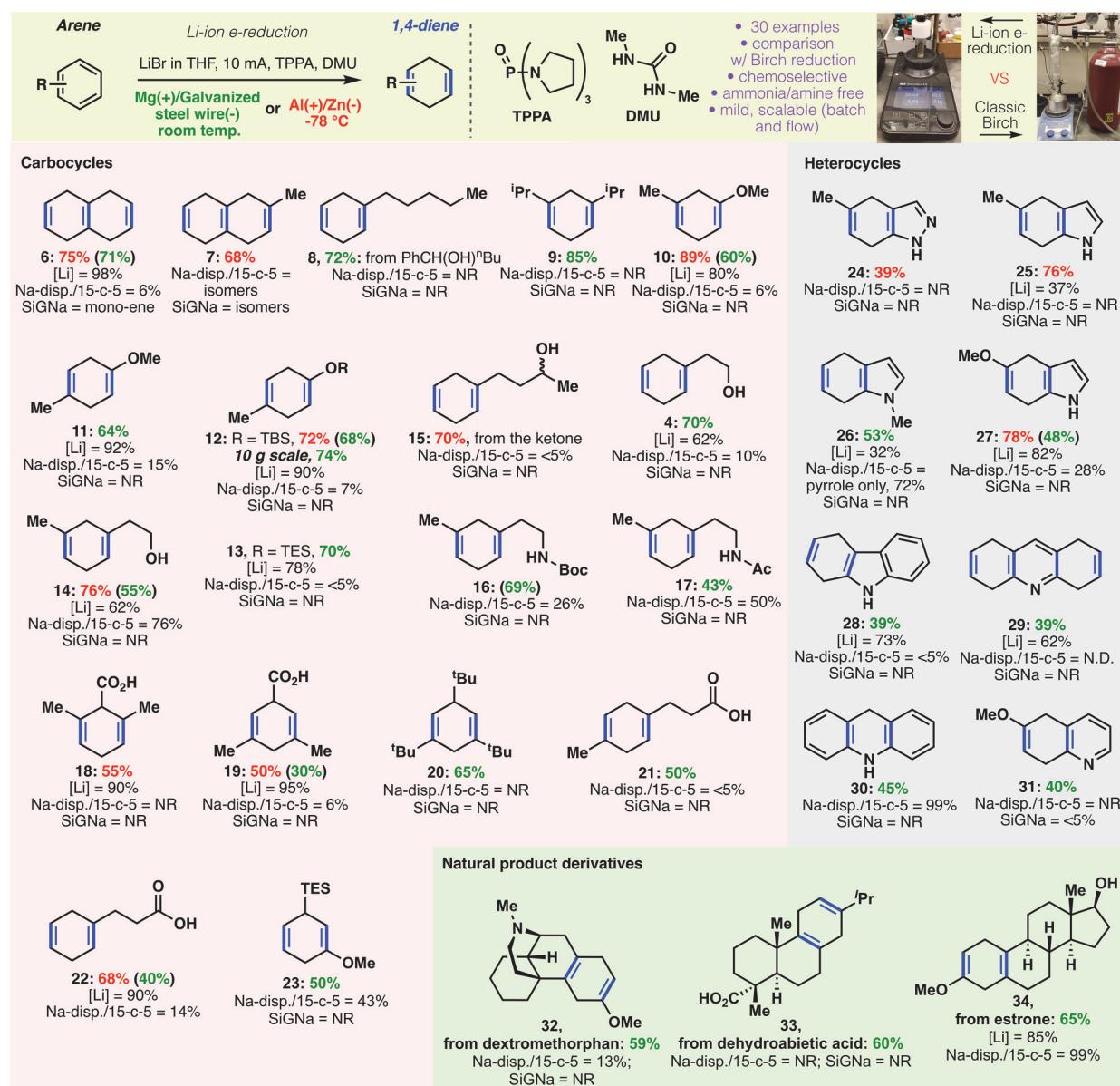


**Figure 2. Experimental and computational analysis of the electroreduction of phenethyl alcohol (3).** **A**) Kinetic profile for the relative concentration of arene (3) and diene (4) in a control experiment involving pre-electrolysis of LiBr solution and Li<sup>0</sup>/solvated electrons detection experiment with naphthaldehyde. **B**) Reaction coordinate diagram from DFT computations of reaction intermediates for the reduction of 3 using either solution-phase Li<sup>0</sup> mediation as an electron source (red, top), or a heterogeneous zinc electrode at -2.25 V vs. NHE as an electron source (blue, bottom); TS<sub>ET1</sub> = transition state for electron transfer 1; TS<sub>PT1</sub> = transition state for proton transfer 1; TS<sub>PT2</sub> = transition state for proton transfer 2; TS<sub>ads</sub> = transition state for adsorption; NB = no barrier; *ads* superscripts refer to adsorbed species. **C**) Left: Plot of concentration of 4 generated per time under the standard reaction conditions, indicating zero order kinetics with respect to both the formation of 4 and consumption of 3; final yield of 4, 70%.

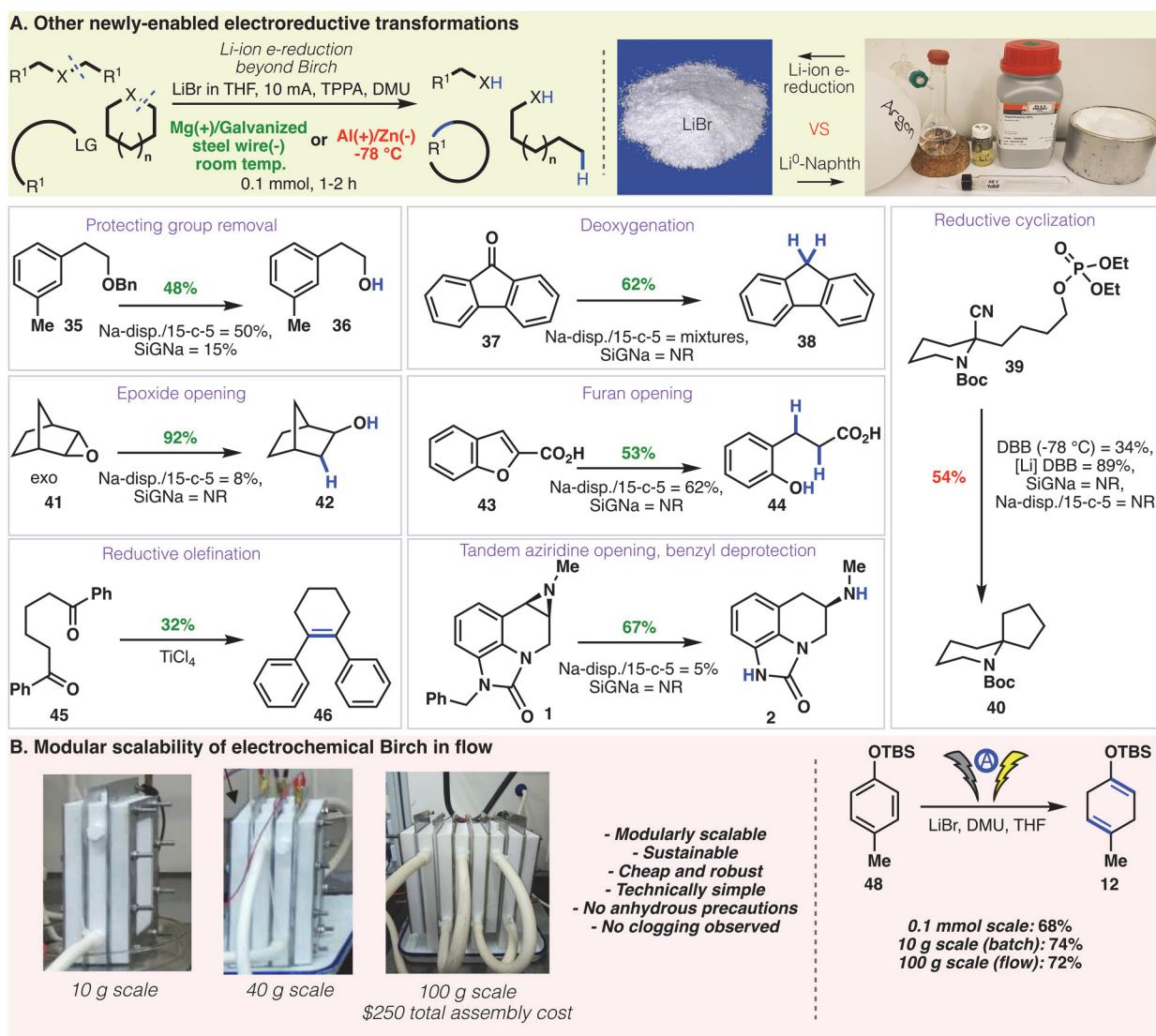
Right: Plot of concentration of **4** generated per time under, varying the flow of current. Right, inset: Jordi-Burés analysis of current rate dependence, showing current dependence that approximates 1<sup>st</sup>-order kinetics.



**Figure 3. Electrochemical data used to determine the role of various reaction components. A)** Comparative SWVs of 1mM naphthalene (**5**) at 10 (blue) and 100 (red) Hz, **B)** ATR IR of DMU without (red) and with (blue) LiBr, **C)** Scheme of the proposed mechanism of electrochemical Birch reduction, **D)** Proposed intermediate preceding the protonation.



**Figure 4: Scope of the electrochemical Birch reaction, encompassing arenes and heterocycles, and comparison to other modern Birch alternatives. NR = no reaction.**



**Figure 5. Scope of other reductive electroorganic transformations** **A)** Scope of the electrochemical reduction in a variety of other reactions, **B)** Modular scaleup of Birch reduction in flow