

1 First odyssey beneath the sea ice of juvenile emperor penguins in East Antarctica

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14

## 15 **Abstract**

16 Adult emperor penguins breed on fast ice and forage within sea ice in winter.  
17 However, it remains unknown whether juveniles exhibit similar foraging behavior  
18 during their early life at-sea movements, and how it links with the oceanographic  
19 conditions. We investigated the first at-sea odyssey of 15 juvenile emperor penguins  
20 from Terre Adélie in 2013-2014. The average tracking duration was  $167 \pm 110$  days  
21 (from 86 to 344 days). After departing the colony in December/January, the juveniles  
22 travelled north up to  $53.76^{\circ}\text{S}$  before heading south in April/May to forage within the  
23 sea ice. The juveniles spent  $49 \pm 14$  % of their total recorded trip (n=12) in the sea  
24 ice, over both the continental slope and deep ocean regions. The penguins dived  
25 primarily during daylight. Within sea ice the juveniles performed both shallow and  
26 deep dives, with the proportion of each varying seasonally. The switch to primarily  
27 deep dives in the autumn and winter within sea ice may be a consequence of (i) a  
28 seasonal change in the krill distribution from surface to deep waters, and/or (ii) the  
29 presence of macrozooplankton at depth due to a reduced/absent nyctemeral migration.  
30 Furthermore, we showed for the first time that the diving behaviour of juveniles was  
31 associated with the mixed layer depth. We suggest they feed on mesopelagic prey  
32 aggregating near the thermocline. This study provides insight into an important, but  
33 poorly understood, part of the emperor penguin life cycle, essential to predict their  
34 response to future climate change.

35

36 **Introduction**

37 The behavior and annual life cycle of many juvenile marine predators remains  
38 a mystery because it is a challenge to monitor them at-sea as they migrate over long  
39 distance for several years (Hazen et al. 2012). Oceanographic conditions may affect  
40 juveniles in different ways compared to adults because they are less experienced and  
41 they migrate over a wider range of different habitats (e.g. turtles: Musick and Limpus,  
42 Weddell seals *Leptonychotes weddellii*: Hastings et al., 1999; king penguins  
43 *Aptenodytes patagonicus*: Orgeret et al., 2016; wandering albatross *Diomedea*  
44 *exulans*: De Grissac et al., 2017; emperor penguins *Aptenodytes forsteri*: Kooyman et  
45 al. 1996, Kooyman & Ponganis 2007; Wienecke et al., 2010; Thiebot et al., 2013).

46 In Antarctica, the life cycles of many predators are closely associated with sea  
47 ice (e.g. crabeater seals *Lobodon carcinophaga*, leopard seals *Hydrurga leptonyx*,  
48 Weddell seals, Ross seals *Ommatophoca rossii*, emperor penguins, Adélie penguins  
49 *Pygoscelis adeliae* and, snow petrels *Pagodroma nivea*; Tynan et al., 2010). Indeed,  
50 increased secondary production within the sea ice zone may be exploited by upper  
51 trophic levels (Eicken, 1992; Van Franeker et al., 1997; Reid and Croxall, 2001;  
52 Brierley and Thomas, 2002; Tynan et al., 2010; Fraser and Hofmann, 2003). The  
53 under ice habitat provides sheltered structures for zooplankton such as juvenile krill.  
54 These areas also accumulate organic material released from the ice during winter  
55 when productivity is low in the water column due to reduced light (Marschall, 1988;  
56 Flores et al., 2011; Flores et al., 2012b; David et al., 2016; Meyer et al., 2017).  
57 Finally, Antarctic coastal polynyas, areas of open water within the sea ice zone, are  
58 also thought to be key bio-physical features of the Antarctic ecosystem. They offer a  
59 recurrent and persistent open water access and often harbor high biological  
60 productivity in spring/late summer that may support productive ecosystems  
61 throughout the autumn and winter seasons (Arrigo and van Dijken, 2003; Labrousse  
62 et al., 2018).

63 Antarctic sea ice also plays a major role on the oceanographic conditions of  
64 the underlying water column. By forming a high albedo on the ocean surface, sea ice  
65 seasonally modifies and affects exchanges between the ocean and the atmosphere, and  
66 the properties of the ocean surface (Massom and Stammerjohn, 2010). Salt rejection  
67 and freshwater input from seasonal sea ice formation and melt are important

68 determinants of the upper ocean stratification (Martinson, 1990) and dense water  
69 formation, driving the global thermohaline ocean circulation (Orsi et al., 1999,  
70 Marshall and Speer, 2012).

71 At different spatial and temporal scales, oceanographic features and processes  
72 such as thermal layers, eddies and upwelling zones, currents, frontal systems,  
73 seamounts, and the edge of the continental shelf are known to affect the distribution  
74 of marine predators. By physically aggregating resources, these processes create areas  
75 where prey are abundant and foraging efficiency is increased (Chapman et al., 2004,  
76 Bost et al., 2009, Raymond et al., 2015). Many studies have linked the oceanographic  
77 conditions to marine mammal (e.g. fur seals, Lea et al., 2003; Weddell seals, Heerah  
78 et al., 2013; minke whales *Balaenoptera bonaerensis*, Friedlaender et al., 2006;  
79 southern elephant seals *Mirounga leonina*, Labrousse et al., 2018) and seabird life  
80 cycles (reviewed by Weimerskirch, 2007). Yet, the use of oceanographic conditions  
81 associated with sea ice remains poorly known during the juvenile cycle of marine  
82 mammals and seabirds (Hazen et al., 2012). The thermocline (or mixed layer depth)  
83 represents a key variable to investigate these questions; using animal-borne  
84 temperature sensors, the mixed layer depth can be tracked within the sea ice zone  
85 where eddies and upwelling are difficult to detect (Pelichero et al., 2017).

86 The emperor penguin is the only species to breed during the harsh Antarctic  
87 winter, during which they perform deep foraging dives under the sea ice (Kirkwood &  
88 Robertson 1997b). They are dependent upon sea ice as a platform for reproduction  
89 and laying eggs in late autumn and winter. They dive under winter sea ice at two key  
90 periods: after egg-laying, i.e. between autumn and mid-winter when females are  
91 rebuilding their body reserves (while the males incubate eggs); and during the chick  
92 provisioning period, i.e. from mid-winter to December when both males and females  
93 alternate periods of foraging (Kirkwood & Robertson 1997a). From autumn to spring,  
94 breeding adult emperor penguins forage either in polynyas or open water areas over  
95 the continental slope (the slope polynyas), or in pack-ice regions further off-shore  
96 (Kirkwood and Robertson, 1997a, Kirkwood and Robertson, 1997b). The slope  
97 polynyas are thought to be prime foraging habitat because they provide the closest  
98 access to open water to the colonies and have high abundance of Antarctic krill  
99 *Euphausia superba*, Antarctic silverfish *Pleuragramma antarctica* and glacial squid  
100 *Psychroteuthis glacialis* in the vicinity of the slope (dominating the penguin's diet).

101        Whether and how sea ice affects foraging and diving behavior during early life  
102    stages and how that compares with the adult behavior, remain open questions. The at-  
103    sea distribution of the juveniles outside sea ice has been relatively well described  
104    (Kooyman and Ponganis, 2007; Wienecke et al., 2010; Thiebot et al., 2013); in  
105    December, juvenile emperor penguins leave the colony and travel very far north (e.g.  
106    up to 57 °S; Kooyman and Ponganis, 2007), mostly in ice free waters. In early March  
107    the travelling north ends and the birds start to travel to, or remain near, the northern  
108    ice edge. Some studies suggested that juveniles probably avoid the sea ice habitat  
109    during winter (Zimmer et al., 2008; Wienecke et al., 2010). Juveniles may have lower  
110    foraging efficiency than adults due to lack of experience and physiological limitations  
111    (Riotte-Lambert & Weimerskirch 2013; Burns et al., 1999; Orgeret et al., 2016); and  
112    sea ice may represent a constraint to breathe and feed in a patchy resource-distributed  
113    environment. Juveniles are thus expected to increase their diving and foraging effort  
114    in order to compensate their lower foraging efficiency (Burns, 1999; Daunt et al.,  
115    2007). Individuals that do not manage to compensate or increase their foraging effort  
116    above their physiological limits may perish at-sea (Daunt et al., 2007; Orgeret et al.,  
117    2016). Thus, a mechanistic understanding of the diving behavior during the first year  
118    at-sea and within sea ice is crucial to comprehend the effects of climate variability on  
119    juvenile vital rates (Abadi et al., 2017) and the persistence of emperor penguins under  
120    future climate change (Barbraud & Weimerskirch 2001; Jenouvrier et al., 2012, 2014,  
121    2017; Barbraud et al. 2011).

122        Our aim was to fill this gap by investigating the foraging behavior of juvenile  
123    emperor penguins in relation to sea ice and oceanographic characteristics. We studied  
124    the foraging behavior of juvenile emperor penguins from the Pointe Géologie colony  
125    in 2013-2014. Our main objectives were to 1) identify the horizontal movements of  
126    juveniles within the sea ice zones / habitats (i.e. defined by sea ice zones, coverage  
127    and persistence); 2) investigate the influence of the distance from the sea ice edge,  
128    light, and seasons on the diving depth; and 3) assess if and how oceanographic  
129    conditions such as the mixed layer depth influence penguins' diving behavior within  
130    sea ice and consequently prey acquisition. Based on a single juvenile tracked within  
131    the sea ice zone during the autumn and winter seasons in Thiebot et al. (2013), our  
132    first hypothesis (H1) is that juveniles use regions with sea ice more than previously  
133    reported (Kooyman and Ponganis, 2007; Wienecke et al., 2010). Furthermore, we

134 posit (H2) that distance from the sea ice edge (from the inside or outside sea ice),  
135 season and time of day will impact diving behavior. Finally, we expect (H3) that  
136 juvenile emperor penguins may target prey associated with temperature or density  
137 gradients within the water column, similar to king penguins within sub-Antarctic  
138 areas (Bost et al., 2009), and forage extensively over the continental slope where the  
139 slope current and upwelling of nutrient rich waters may control the distributions of  
140 resources (Jacobs, 1991).

141

## 142 **Methods**

### 143 *Animal handling, deployment, data collected*

144 Fifteen juvenile emperor penguins were equipped with SPLASH tags  
145 (Wildlife Computers, Redmond WA, USA) in December 2013 just before their first  
146 departure to sea. Tags were attached to the middle-lower back to reduce drag  
147 (Bannasch et al. 1994), and fixed to the feathers using cyanoacrylate glue (Loctite  
148 401) and cable ties. The tags had a cross-sectional area of 3.2 cm<sup>2</sup> (< 1% of a bird's  
149 cross-sectional area) and weighed 62 g in air and 25.2 g in seawater (0.34–0.44% of a  
150 juvenile body mass; Thiebot et al., 2013). The smooth and flexible antenna was 8 cm  
151 long, 1.6 mm thick and inclined 45° backwards. Deployments were conducted at the  
152 Pointe Géologie colony (Dumont d'Urville station, -66.665°N, 140.0302°E) in Terre  
153 Adélie, Antarctica. General information such as bird weight and biometrics before  
154 departure, trip duration and dive start and end date are reported in the Supplement,  
155 Table S1. SPLASH tags are data-archiving tags that transmit to the Argos system.  
156 These tags record both horizontal and vertical movements (i.e. diving data). They  
157 were programmed to record and transmit diving summary and locations data on a 24  
158 hours on/ 48 hours off cycle. Among the 15 individuals, an average of 18 ± 7  
159 locations were transmitted per day of transmission. Three types of data were  
160 collected: (i) tracking data via the Argos position; (ii) diving behavior including a)  
161 dive profiles (maximum depth, dive duration and surface duration for all dives) and b)  
162 4 hours dive duration, maximum depth and time-at-depth summary histograms (14  
163 bins); (iii) temperature profiles including a) 4 hours time-at-temperature summary  
164 histograms (14 bins), and b) profiles of depth and temperature (i.e. PDT, including  
165 two profiles, one for the minimum and one for the maximum temperature encountered  
166 by the penguins) observed at 8 depths chosen to include the minimum and maximum

167 depths detected and 6 other depths arranged equally between them. For this study, the  
168 Argos locations, the dive profiles and the 4 hours summary of time-at-depth  
169 histograms and temperature profiles (PDT) were used to study penguins' habitat use  
170 relative to sea ice and oceanographic conditions. Erroneous locations were filtered out  
171 using a speed filter from the R package *argosfilter* (Freitas et al., 2008). The  
172 maximum travel speed was fixed to 14 km.h<sup>-1</sup> following Wienecke et al. (2010).

173

174 ***Sea ice data***

175 Daily estimates of sea ice concentration were derived from satellite Advanced  
176 Microwave Scanning Radiometer (AMSR-2) data at 6.25 km resolution (University of  
177 Bremen, <http://www.iup.physik.uni-bremen.de:8084/amsr/amsre.html>; see Labrousse  
178 et al. (2017) for more details). The distance of penguins from the sea ice edge was  
179 calculated as the minimum distance between penguin positions and the sea ice edge  
180 contour, as defined by the 15% sea ice concentration isocline (following Stammerjohn  
181 and Smith, 1997). Contours corresponding to outlying floes or polynyas were  
182 removed to prevent bias in our sea ice edge distance computation. Three variables  
183 representing the sea ice concentration and its spatio-temporal variability were  
184 investigated at and around the bird's position (Labrousse et al., 2017), assuming that  
185 sea ice may become a constraint when the concentration is high and precludes birds  
186 from diving. These are: (i) the sea ice concentration at the penguin location; (ii) the  
187 area covered by sea ice with a concentration of >90% within a 10 km and 25 km  
188 radius around the penguin location ( $A_{90\%}$ ; as a measure of the spatial variability of  
189 concentrated sea ice patches); and (iii) the number of days with a sea ice  
190 concentration of >90% at a given location within a 30 day window ( $T_{90\%}$ ; as a  
191 measure of the time variability of concentrated sea ice patches, Fig. S1).

192 The different sea ice zones may have various important consequences for  
193 seabirds (Stroeve et al. 2016). Three zones with distinct characteristics were used to  
194 define the sea ice cover in East Antarctica (Massom and Stammerjohn, 2010). These  
195 are (from north to south): (i) the highly-dynamic “marginal ice zone” (MIZ),  
196 extending 100 km or so south from the ice edge, and is composed of small floes and  
197 diffuse ice conditions (depending on wind direction); (ii) the “inner pack ice” zone  
198 (PIZ) comprising larger floes separated by leads; and (iii) a coastal zone comprising  
199 the band of compact “landfast (fast) ice” (FIZ) and persistent and recurrent areas of

200 open water within sea ice in the form of polynyas and flaw leads.

201

202 **Statistical analysis**

203 We investigated the effect of sea ice on penguin diving behavior by modelling  
204 the relationship between dive depth and distance from the sea ice edge. We restricted  
205 the analysis to dives within 500 km of the sea ice edge as the influence of the  
206 marginal ice zone extends only a few hundred kilometres from the sea ice edge  
207 (Massom and Stammerjohn 2010). To account for diel differences in diving behavior,  
208 we analyzed daylight (D) and twilight (T) dives separately. Night dives were excluded  
209 from the analysis as they represented only 5% of the total number of dives and did not  
210 include feeding dives (Kirkwood & Robertson 1997). To account for seasonal  
211 differences, we modelled 3 seasons separately: (1) January-March (12 individuals),  
212 (2) April-June (11 individuals), and (3) July-September (6 individuals). The period  
213 October-December was excluded as it included observations for only 3 individuals.  
214 We also excluded 3 individuals with trip durations < 30 d (see the Supplement, Table  
215 S1).

216 For each combination of season and time-of-day, the distribution of dive depth  
217 was bimodal, with a shallow component and a deep component (see results). To  
218 account for this bimodal distribution, we analyzed the relationship between dive depth  
219 and distance from the sea ice edge using a 2-component Gaussian mixture regression  
220 model using the R package *flexmix* (Leisch 2004; Grün and Leisch 2007, 2008). This  
221 model assumes that the distribution of the log of dive depth follows a 2-component  
222 Gaussian mixture with mean depending on distance from the sea ice edge. For each  
223 component, the general model is:

$$224 Y_{ij} = \beta_{0j} + \beta_{1j} x_{ij} + \beta_{2j} x_{ij}^2 + \varepsilon_{ij} \quad i = 1, 2, \dots, I_j; j = 1, 2, \dots, J$$

225 where  $Y_{ij}$  is the log of dive depth  $i$  for individual  $j$ ,  $x_{ij}$  is the distance from the sea ice  
226 edge for this dive,  $\beta_{0j}$ ,  $\beta_{1j}$ ,  $\beta_{2j}$  are unknown regression parameters for individual  $j$   
227 and  $\varepsilon_{ij}$  is a normal error with mean 0 and unknown variance  $\sigma^2$ . The quadratic  
228 term  $x_{ij}^2$  is included in the model to allow for a nonlinear relationship between log  
229 dive depth and distance from the sea ice edge. Although our chief interest is in the  
230 existence of a consistent pattern across individuals in the relationship between dive  
231 depth and distance from the sea ice edge, we also tested for differences between the

12 individuals in both components of this relationship. To begin with, we tested the null hypothesis  $H_0: \beta_{oj} = B_o, j = 1, 1, \dots, J$ , of a common intercept against the alternative hypothesis  $H_1: \beta_{oj} \neq \beta_{ok}$  for at least one pair of individuals  $j$  and  $k$ . We then tested the null hypothesis  $H_0: \beta_{1j}, \beta_{2j} = \beta_1, \beta_2, j = 1, 2, \dots, J$ , of a common effect of distance from the sea ice edge on log dive depth (i.e. the slope of the regression) against the alternative hypothesis  $H_1: \beta_{1j}, \beta_{2j} \neq \beta_{1k}, \beta_{2k}$  for at least one pair of individuals. In both cases, we compared these models using a likelihood ratio test (Azzalini, 1996). Briefly, this involved computing twice the difference in the log likelihood maximized under the alternative and null hypotheses, respectively, and comparing this quantity to the quantiles of a chi squared distribution with the appropriate degrees of freedom.

243

#### 244 ***Oceanographic conditions***

245 To investigate the linkages between penguin diving behavior and oceanographic conditions, we used the minimum temperature and depth profiles (PDT) recorded by the penguins following the method of de Boyer Montégut et al. 246 (2004) to calculate the mixed layer depth for each profile. Each temperature profile 247 was interpolated every 5 m from their original data points spaced in average of  $17 \pm$  248 10 m (based on 15 juveniles and a total of 3538 profiles). The criterion selected to 249 define the mixed layer depth is a difference of temperature of  $0.2^\circ\text{C}$  from a near- 250 surface value at 10 m depth. As the tags were programmed to record negative PDT 251 temperature as zero, we validated our approach using oceanographic data on mixed 252 layer depth recorded by southern elephant seals over 10 years (see the Supplement 253 and Fig. S2 for more information).

254 We then investigated the linkages between the mixed layer depth and bird's 255 time at-depth. We used the time-spent by the juvenile in each depth bin, versus the 256 distance of the depth bin from the mixed-layer. We then quantified the seasonal 257 variability of where the penguins spent most of their time relative to the mixed layer 258 depth, by averaging over time (using a moving window of 30 days) the vertical depth 259 distance between the juvenile diving depth and the mixed layer depth, weighted by 260 the time spent at-depth.

263

#### 264 ***Ocean floor topography***

265 To define the shelf area and the continental slope, we used the same criteria as  
266 in Labrousse et al. (2015). The inflection point in meridional bathymetric contours,  
267 which represents the shelf break, was identified for each half degree of longitude from  
268 0 to 150°E. The boundary between the continental slope and the deep ocean was  
269 defined as the region where the influence of the Antarctic slope front stops. We used  
270 pressure gradient on an isopycnal computed from historical Argo floats and ship  
271 observations of the region to dynamically define the influence of the slope front and  
272 associated it with, roughly, the 3500 m isobaths for our region. Each penguin dive  
273 position was attributed either to the shelf, slope or the deep ocean area.

274

## 275 **Results**

### 276 ***General diving behavior patterns and sea ice habitat***

277 Data were obtained for 62,453 dives from the 15 juvenile penguins between  
278 December 2013 and December 2014. The penguins left the colony and started to dive  
279 between December 19<sup>th</sup> 2013 and January 12<sup>th</sup> 2014 (see the Supplement, Table S1).  
280 For two individuals, tags stopped recording dives after less than one day; and one  
281 individual's tag stopped after 31 days. For the remaining 12 individuals, tags recorded  
282 trips from 86 to 344 days and tags stopped between March 26<sup>th</sup> and December 22<sup>nd</sup>  
283 2014. The maximum distance that a penguin traveled was 7794 km and the furthest  
284 distance from the colony was 3503 km.

285 All juveniles first travelled North reaching a maximum at 53.76 °S (Fig. 1a, c,  
286 see the Supplement, Fig. S3). In March/April the penguins turned south, entering the  
287 sea ice in April/May. They remained in the sea ice, within 100-200 km of the ice  
288 edge, typically within the MIZ and the PIZ, until the tags stopped transmitting (Fig.  
289 1a, c, see the Supplement, Fig. S3). Penguins spent on average  $49 \pm 14\%$  ( $\pm$  Standard  
290 Error of Mean; SEM) of their time inside sea ice ( $n = 12$ ; up to 73 % for one  
291 individual, see the Supplement, Table S1). Within sea ice, they were surrounded by  
292 highly covered concentrated sea ice areas (more than 75% of the area around them  
293 was covered by sea ice concentration above 90%, both in a 10 and 25 km radius; cf.  
294 A<sub>90%</sub>, see the Supplement, Fig. S4). Similarly, sea ice concentration at their position  
295 was above 90% and persisted above 90% for at least 20 days within a month; cf. T<sub>90%</sub>,  
296 see the Supplement, Fig. S4). The penguins' horizontal speed tended to be lower

297 inside sea ice, i.e.  $0.56 \pm 0.12$  km/h ( $\pm$  SEM, n = 12), compared to outside sea ice, i.e.  
298  $1.1 \pm 0.98$  km/h (n = 14; see the Supplement, Table S2).

299       Penguins only spent  $2 \pm 3$  % ( $\pm$  SEM) of their time on the Antarctic shelf, 25  
300  $\pm 12$  % on the Antarctic slope and  $72 \pm 12$  % of their trip in the deep ocean (with or  
301 without sea ice; Fig. 1b, see the Supplement, Table S1). They only visited one small  
302 polynya near the colony. They tended to spend more time at the lower boundary of  
303 the slope area (Fig. 1b). Their diving depth increased from the shelf to the deep ocean,  
304 with average diving depths ( $\pm$  SEM) of  $35 \pm 19$  m (n = 11, maximum = 180 m) on the  
305 shelf,  $44 \pm 13$  m (n = 12, maximum = 232 m) on the continental slope and  $64 \pm 11$  m  
306 (n = 12, maximum = 264 m) in the deep ocean. Similarly, the average dive duration  
307 across individuals ranged from  $2.4 \pm 0.5$  min (n = 11, maximum = 7 min) over the  
308 shelf,  $3.3 \pm 0.5$  min (n = 12, maximum = 32 min) over the continental slope and  $3.6 \pm$   
309  $0.5$  min (n = 12, maximum = 32 min) in the deep ocean. For all juvenile emperor  
310 penguins, approximately 0.07 % of the dives exceeded the previous duration record  
311 for adult emperor penguins of 32.2 min (Goetz et al., 2018). Errors in the dive  
312 duration computation are likely due to non-detection of the surface at the end of dives.  
313 These dives were not included in the dive statistics (see the Supplement, Table S2).

314       Penguins primarily dived when light, with  $63 \pm 11$  % ( $\pm$  SEM) of their time  
315 diving during the day and  $32 \pm 10$  % during twilight (Fig. 2a, see the Supplement,  
316 Table S1). Only  $5 \pm 3$  % of dives were at night. Dives were deepest during the day  
317 and shallowest at night (Fig. 2a). Deep and shallow dives were observed both within  
318 and outside of the sea ice (Fig. 2b). Diving depths were very shallow at the sea ice  
319 edge (Fig. 2b).

320

### 321 ***Change in the diving behavior within sea ice across seasons***

322       We investigated the influence of sea ice on juvenile diving behavior by  
323 studying the relationship between the penguin diving depths and the distance from the  
324 sea ice edge using 2-components mixture models for summer, autumn and winter  
325 seasons for daytime dives (models 1-3) and for twilight dives (models 4-6). Here we  
326 refer to shallow dive for component 1 and deep dive for component 2. Negative  
327 distances from the sea ice edge are inside sea ice while positive distances are outside  
328 sea ice. Details about the distribution of the diving depths for each season and  
329 day/twilight times per zone, i.e. continental slope and shelf and deep ocean, is

330 presented in figure S5. Summary of the relations for the model suite *a*, *b* & *c* and the  
331 likelihood ratio tests to assess individual variability are presented in Table S3.

332 *Summer season.* Most dives were outside of the sea ice. Dives were  
333 significantly deeper (for both shallow and deep dive components) as they moved  
334 further away from the sea ice edge in open water during daytime (model 1*a*; Fig. 3a,  
335 red arrow; Table S3). Shallow dives were dominant in the distance bin [-101, 3 km)  
336 inside the sea ice (Fig. 3a). When penguins travelled further away from the sea ice  
337 edge, we observed an increase in the number of deep dives and a decrease in the  
338 shallow dives (Fig. 3a). Twilight dives during summer were almost exclusively  
339 shallow dives; the two components of the model were superimposed, as there were no  
340 deep dives (Fig. 3b), indicating that the diving depths were mostly constant across the  
341 different distances from the sea ice edge.

342 *Autumn season.* During the daytime, penguins dived both to shallow (~20 m)  
343 and deep (~ 80-100 m) depths when they were inside sea ice far away from the edge  
344 (i.e. [-244, -135 km) and [-135, -92 km), Fig. 3c, red arrows 1 and 2). The distribution  
345 of each dive components (i.e. shallow and deep) were mainly constant across the  
346 different bin of distances but penguins dived to slightly deeper/shallower depths in the  
347 last bin respectively (i.e. [269, 496 km], model 2*a*, Fig. 3c, Table S3). These slight  
348 changes in the diving depths were statistically significant (Table S3). The density  
349 function highlights the presence of deeper dives (below ~150 m) at the sea ice edge  
350 (bin [-29, 43 km); Fig. 3c, red arrows 3). At twilight, penguins performed both  
351 shallow and deep dives within the sea ice (Fig. 3d, red arrows 4 and 5); however,  
352 compared to day dives, shallow dives were dominant outside of the sea ice (Fig. 3d).  
353 There was no relationship between distance from the sea ice edge and the depth of  
354 shallow dives. In contrast, the deep dives got significantly shallower as distance from  
355 the sea ice edge increased from inside to outside sea ice (Fig. 3d, red arrow 6, model  
356 5*a*; Table S3).

357 *Winter season.* For daytime dives, both components remained almost constant  
358 across the different distances from the sea ice edge; only a slight significant decrease  
359 (i.e. shallower depths) in both components was observed (model 3*a*; Fig. 3e; Table  
360 S3). Interestingly, the deep dive component was dominant across the different  
361 distances from the sea ice edge (Fig. 3e). Penguins also performed deep dives at  
362 twilight except at the sea ice edge where shallow dives were dominant (Fig. 3f, red

363 arrow). Both shallow and deep dive components remained mostly constant across the  
364 different distance from the sea ice edge (model 6a; Fig. 3f; Table S3).

365 *Summary.* In the summer when chicks departed the colony, they started diving  
366 near the sea ice and then travelled north into open water. During daylight a transition  
367 from shallow to deep dives was recorded with increasing distance from the sea ice  
368 edge. However, twilight dives were exclusively shallow and mainly outside sea ice. In  
369 autumn during daylight, when juveniles came back to the sea ice zone after their  
370 northern trip, there was a dominance of shallow dives on the slope region  
371 (Supplement, Fig. S5). The presence of deep dives during daylight outside the slope  
372 and shelf regions far inside sea ice (i.e. ~ -244 to -92 km), indicates a switch in  
373 penguin diving behavior through the autumn towards the winter. In autumn during  
374 twilight, deep dives only occurred inside sea ice. In winter, deep dives (~120 m) were  
375 dominant, and change in diving depths was only observed in the slope region. No  
376 clear effect of the distance from the sea ice edge was observed for the winter season  
377 during daylight and twilight. However, we observed an effect of the distance from the  
378 sea ice edge during the autumn season, principally for twilight dives. Finally,  
379 although there were differences between individuals in the details of these  
380 relationships, the overall pattern was consistent among individuals (see Supplement  
381 with Table S3, Fig. S6).

382

### 383 ***Change in the diving behavior relative to oceanographic conditions***

384 From January to March (summer), all the penguins travelled north,  
385 encountering water masses with relatively warm temperatures sometimes above 3 °C.  
386 In April the penguins returned to the sea ice zone. In the sea ice zone during the  
387 autumn and winter, the water column started to be homogeneous from the surface to  
388 the mixed layer depth at ~ 100 m, with temperatures lower than 0.5 °C, suggesting the  
389 penguins were foraging in Antarctic Surface Water (AASW) or Winter Water (WW;  
390 Fig. 4a). When penguins dived below the mixed layer depth, temperatures  
391 encountered were above 0.5°C likely representing the relatively warm modified  
392 Circumpolar Deep Water (mCDW; Fig. 4a; see Labrousse et al., 2018). When birds  
393 returned within the sea ice region, they mainly dived closer to the beginning of the  
394 shelf break (i.e. upper part of the slope region) in April/May, while from June through

395 October they dived closer to the limit between the continental slope and the abyssal  
396 plain (i.e. lower part of the slope region) (Fig. 4).

397 The mixed layer depth profile was shallow from January to March (summer),  
398 starting to deepen at the end of March/beginning of April during the autumn season  
399 and remained quasi-constant in winter from May to November (Fig. 4a). The time  
400 spent at-depth reported on each PDT profile was qualitatively and quantitatively  
401 longer around the mixed layer depth, especially during the autumn and winter seasons  
402 (Fig. 4b and 5).

403

#### 404 **Discussion**

405 There were two distinct phases during the first year at-sea for juvenile  
406 emperor penguins, as reported in previous studies (Wienecke et al., 2010; Thiebot et  
407 al., 2013). Juveniles first dispersed northward over large distances outside the sea ice  
408 ecosystem before turning back to the sea ice in April/May, where they remained  
409 through the winter. Our study demonstrates the close association of the juveniles with  
410 sea ice during the second part of their first trip at-sea. Contrary to our expectation,  
411 juvenile emperor penguins did not exploit any coastal polynya; they remained in high  
412 sea ice covered areas in space and time within 100 - 200 km from the sea ice edge.  
413 We found that within sea ice, juvenile emperors dived both at shallow and deep  
414 depths during daylight, with changes in depth across seasons. Such a seasonal switch  
415 from shallow to deep dive dominance towards the winter has been poorly documented  
416 for adults and juveniles. In addition, we show for the first time that juveniles dived to  
417 the limit of the mixed layer depth, i.e. right to the thermocline, especially in winter.  
418 To our knowledge, the use of the thermocline below the mixed layer by adults is still  
419 an open question. To cope with the patchiness and heterogeneity of marine resources,  
420 juveniles presumably learn along their trip to rely on specific environmental features  
421 in which prey availability might be predictable (Weimerskirch, 2007). The strong  
422 association between the thermocline and emperor penguin juvenile foraging behavior  
423 emphasizes the role of this critical temperature gradient for aggregating prey during  
424 the autumn and winter seasons (see Charrassin & Bost, 2001). Finally, these results  
425 raise questions about the ontogeny of the juvenile foraging behavior. Different  
426 habitats were used by the juveniles (open ocean versus sea ice) and these habitats  
427 were associated with different diving behaviours. However, it is still unclear if and

428 how these changes were related to: (i) intrinsic factors such as the maturation of the  
429 juveniles' physiology (Ponganis et al., 1999), experience and foraging skills (Orgeret  
430 et al., 2016; Grecian et al., 2018); and to (ii) extrinsic factors such as changes in prey  
431 distribution (associated with the seasonality and/or habitat differences; Charrassin et  
432 al., 2001) and diet switch (Kirkwood & Robertson, 1997a), intra- and inter-specific  
433 competition (Burns and Kooyman, 2001) and predation (reviewed by Ainley &  
434 Ballard, 2012). Disentangling these factors is complex and would require further  
435 studies with time series of physiological measurements (such as body temperature,  
436 Enstipp et al. 2017), better proxies of foraging events (such as satellite relayed  
437 accelerometry data, Cox et al., 2017), and information about prey distribution and  
438 availability (prey field modelling; Courbin et al., 2018).

439

#### 440 ***Travelling, diving and foraging beneath the sea ice***

441 Our study contrasts with previous studies that hypothesised that the sea ice  
442 habitat is probably avoided by penguins during winter due to complete ice cover and  
443 limited daylight at that time, hence restricting the foraging ability (Zimmer et al.,  
444 2008; Wienecke et al., 2010). Juvenile emperor penguins spent  $49 \pm 14\%$  of their  
445 total recorded trip time inside sea ice and dived in high sea ice concentration areas,  
446 despite being unexperienced in these environments. Thus, they are able to feed and  
447 survive in heterogeneous habitats ranging from lower latitudes (i.e., when they  
448 initially dispersed northward) to high latitudes with high sea ice concentration areas.  
449 This flexibility in foraging habitat use and diving behavior may be important for the  
450 species' persistence over the long term when facing variable and changing sea ice  
451 conditions.

452 *Summer and early autumn shallow dives.* In summer and early autumn  
453 juvenile emperor penguins were within the sea ice edge when they dispersed  
454 northward from the colony to open water or when they came back to the sea ice  
455 respectively (Fig. 3). In these seasons, most shallow dives are observed within sea ice  
456 during daylight and twilight. The ice supports abundant (under-ice) food resources  
457 because it provides both a substrate for the growth of ice algae and a refuge for  
458 herbivorous zooplankton such as juvenile krill and other crustaceans (Marschall,  
459 1988; Flores et al., 2011, 2012; David et al., 2016). In summer, krill postlarvae are  
460 associated with the melting sea ice while in autumn they are more abundant outside

461 sea ice than inside. In winter they are found at depth during the day and beneath sea  
462 ice at night (Flores et al., 2012). The dominance of shallow dives observed during  
463 summer and early autumn seasons may be associated with a diet based on Antarctic  
464 krill during daylight or on mesopelagic Antarctic lanternfish *Electrona antarctica*  
465 from their vertical migration at twilight. This diet was also reported for adults during  
466 their pre-moult trips for the colonies of Pointe Géologie, Taylor and Auster, and the  
467 Ross Sea (Kooijman et al., 2004; Wienecke et al., 2004, Zimmer et al., 2007). These  
468 shallow dives were numerous within the marginal ice zone. The marginal ice zone is  
469 characterized by melting sea ice and breakdown releasing a high quantity of food  
470 resources (i.e. ice algae) under a strong influence of wind action and ocean wave-ice  
471 interaction processes (reviewed by Massom and Stammerjohn, 2010). Thus, juvenile  
472 emperor penguins may feed within the marginal ice zone, benefiting from this  
473 enhanced biological activity with concentration of krill and fishes throughout the year  
474 (Lancraft et al., 1991; Bost et al., 2004).

475 *The autumn-winter transition, deep dives beneath sea ice.* A switch towards  
476 dominant deep dives was observed during both daylight and twilight times in the  
477 winter. In autumn at twilight, sea ice had a strong effect on the diving depths;  
478 juveniles dived to deep depths far inside sea ice and then switched to shallow depths  
479 outside sea ice. Hence, we hypothesize that the switch to primarily deep dives in the  
480 autumn and winter within sea ice occurred because of (i) a seasonal change in the krill  
481 distribution from surface to deep waters during daylight; and/or (ii) the presence of  
482 macrozooplankton at depth during twilight due to a reduced/absent nycthemeral  
483 migration in limited light. Wienecke and Robertson (1997) and Zimmer et al. (2008)  
484 found similar diving behavior in adult emperor penguins during winter. For example,  
485 deep diving in winter was correlated with higher prey densities likely being  
486 predominantly Antarctic krill, distributed at-depth in winter during daylight. Thiebot  
487 et al. (2013) also reported this behavior for juveniles spending much more time  
488 deeper than 50 m, especially at depths greater than 100 m, with dives reaching 200–  
489 250 m during winter. Goetz et al. (2018) also suggested that a change in diving depths  
490 for adult non-breeders might be associated with a change in diet from krill at shallow  
491 depths to squid and fish at deeper depths. Broadly, a seasonal shift with deeper dives  
492 in winter was also observed in other predator species, such as such as basking  
493 *Cetorhinus maximus* and porbeagle *Lamna nasus* sharks (Francis et al., 2015; Braun

494 et al., 2018) or king penguins (Charrassin et al., 2002), likely as a consequence of  
495 shifts in prey distribution.

496

497 ***The mixed layer depth: a cue to prey distribution for juveniles?***

498 Interestingly, juvenile emperor penguins' time spent at-depth was strongly  
499 associated with the mixed layer depth in autumn and winter. In this study, the mixed  
500 layer base likely coincides with the boundary between cold surface waters (likely  
501 AASW or WW) and warmer waters (likely CDW-mCDW; i.e. Fig. 4a). Mesopelagic  
502 fauna such as zooplankton, finfish and squid may aggregate near the thermocline  
503 (Van de Putte et al., 2010; Pelletier et al., 2012; Moteki et al., 2017) due to increased  
504 nutrients from the nutrient-rich CDW (Nicol et al., 2005) concentrating at the  
505 boundary layer between the two water masses. Moreover, the thermocline may act as  
506 a physical barrier, preventing prey from dispersing, or slowing down the escape speed  
507 of the ectothermic prey by the sudden change in temperature (Franck et al., 1992;  
508 Russell et al., 1999), making them easier to catch by penguins (Charrassin & Bost  
509 2001,). A similar association with thermoclines was previously reported for king  
510 penguins in sub-Antarctic regions (Bost et al., 2009).

511 We therefore posit that the association between the juvenile emperor penguins  
512 and the mixed layer base in winter may be linked with the distribution of their prey.  
513 The myctophid fish, *E. antarctica* is likely the dominant prey available to penguins in  
514 the upper 200 m of the water column (Lancraft et al. 1991) along with squids in the  
515 autumn and winter (Ainley et al. 1991). Indeed, in high latitude Antarctic pelagic  
516 waters, about 24–70% of the biomass of the myctophid *E. antarctica* from 0–1000 m  
517 depth, was found to occur in the upper 200 m at night (Lancraft et al., 1989; Donnelly  
518 et al., 2006). Hunt et al. (2011) indicated a seasonal migration and/or increased  
519 residence time in the epipelagic during the winter months of large macrozooplankton  
520 such as *E. antarctica*.

521 The boundary of the winter mixed layer constitutes predictable and reliable  
522 foraging areas in time and space. In terms of thermoregulation, it may confer an  
523 advantage to spend time foraging in winter at the interface of warm, mesopelagic  
524 waters. Thus the combination of favorable energetics associated with warmer  
525 overwintering habitat and food availability (Braun et al., 2018) likely explains the  
526 amount of time juveniles spent near the mixed layer depth.

527

528 ***The ecological relevance of the Antarctic slope region***

529 Shallow dives were mainly on the slope region in autumn, and in winter,  
530 changes in diving depths (through the season) were only occurring within the slope  
531 region. The continental slope region and the Antarctic slope current form a cold,  
532 dynamic and topographically constrained structure, which constitutes a deep ocean  
533 source region for nutrients (Jacobs, 1991). This may result in higher productivity and  
534 enhanced and concentrated resources with a role in the distribution of sea ice,  
535 chlorophyll, krill and juvenile emperor penguins (Nicol et al., 2000a, 2000b).  
536 Wienecke et al. (2010) found similar results with juvenile emperor penguins from the  
537 Auster and Tayler glacier drifting passively with the westward pack ice motion within  
538 the Antarctic slope current. Adult emperor penguins were also found foraging over  
539 the continental slope in winter and spring (Kirkwood & Robertson, 1997a, b). The  
540 Antarctic slope front also separates the oceanic mesopelagic fish communities from  
541 the neritic notothenioid communities (Moteki et al., 2011). Hence, mesopelagic prey  
542 may be one of the dominant prey of juveniles while the notothenioid Antarctic  
543 silverfish is the major prey item of the adults during winter (e.g. Wienecke &  
544 Robertson 1997).

545

546 ***Future directions***

547 The importance of the oceanographic features during the first trip at-sea of  
548 different bird and marine mammal species is still poorly documented (reviewed by  
549 Hazen et al., 2012; e.g. Thiebot et al., 2013; Tosh et al., 2015; Grecian et al., 2018).  
550 We still lack a full understanding of the role of learning and sensory capacities  
551 involved to use environmental cues such as temperature gradients to find food (Hays  
552 2016). Foraging strategies are likely learned during individual exploratory behavior in  
553 early life (Grecian et al., 2018; Votier et al., 2017). This exploratory behaviour could  
554 also be under genetic control; juveniles often follow a directive dispersion just after  
555 their departure from the colony, despite their complete lack of knowledge of their new  
556 environment (i.e. our study; Kooyman et al., 1996; Wienecke et al., 2010; Thiebot et  
557 al., 2013; de Grissac et al., 2016). Another possible explanation of such dispersive  
558 behavior is that juveniles avoid intra-specific competition and are relayed in other  
559 habitats because of their lower foraging efficiency compared to the adults (Thiebot et

560 al., 2013).

561 We found that juveniles were able to perform deep dives within a few weeks  
562 of fledging (see also Thiebot et al., 2013). This rapid initial improvement in dive  
563 capacity suggests that the subtle changes in diving behavior in autumn and winter  
564 reflect changes in prey availability and distribution. A recent study on juvenile king  
565 penguins also showed this rapid change in the diving behaviour after fledging  
566 (Enstipp et al., 2017). The authors concluded that juvenile king penguins should be  
567 more constrained by their insulation performances (their fat deposit at the periphery  
568 layer) and thus by their ability to successfully forage enough, rather than by the  
569 maturation process of their diving physiology (Enstipp et al., 2017).

570 The juvenile period of the life cycle can represent an important demographic  
571 pathway by which climate variability can impact population dynamics, particularly  
572 because juveniles are often more sensitive to environmental factors than adults  
573 (Jenouvrier et al., 2018). Nevertheless, this critical life cycle transition remains poorly  
574 understood for many seabird species. An improved understanding of the factors that  
575 influence juvenile emperor penguin survival is therefore a research priority (Hazen et  
576 al., 2012, Abadi et al., 2017). In our study, 9 tags stopped before the expected tag's  
577 battery life, due to either early juvenile mortality or tag failure (Kooiman et al.,  
578 2015). Further studies are needed to better understand and describe the changes in  
579 behaviour just before the tags stop, potentially leading to deeper insights into the  
580 causes of these mortality events (Orgeret et al., 2016). The use of transmitters that  
581 provide data on time and location of death (Horning and Mellish, 2009) will make it  
582 possible to link precise oceanographic and behavioral parameters to juvenile survival.  
583 It would then be possible to separate death by starvation (Daunt et al., 2007) from  
584 predation (Ainley & Ballard, 2012), and to quantify their relative importance.

585 Comparing the foraging behaviors of emperor penguins during their first year  
586 at-sea across several years and several sites (e.g. Ross Sea, Weddell Sea) would be  
587 necessary to draw general conclusions on the effects of sea ice and oceanographic  
588 conditions on early life foraging behaviours and survival, hence their impact on  
589 population dynamics. We believe that our study revealed some robust conclusions as  
590 the seasonal shift in diving depths within sea ice was consistent among individuals.  
591 While we have accounted for individual variation in the relationship between dive  
592 depth and distance from the sea ice edge through fixed individual effects, an approach

593 based on random effects is also possible. Such an approach would need to account for  
594 non-normality in the random effects and, in our judgment, the additional  
595 model complexity is not justified by a gain in biological understanding.

596

## 597 **Conclusion**

598 The first trip at-sea is critical for penguins since food has to be acquired at a  
599 high rate to ensure that body condition and insulation is good enough to allow  
600 survival and increased diving capabilities (Orgeret et al., 2016). Here we found that  
601 juvenile emperor penguins spent a significant amount of time foraging within sea ice  
602 and exhibit seasonal differences in diving behavior, likely in response to changes in  
603 prey distribution. For the first time for this species, we reveal that juvenile diving  
604 activity was strongly associated with the thermocline, likely indicating a reliable  
605 signal of resource availability at this depth. To better understand and predict emperor  
606 penguin population changes, many questions remains to be answered. For example,  
607 how different foraging tactics (i.e. the different habitats exploited and the change in  
608 the diving behavior associated with) or how the physiology maturation  
609 (thermoregulation; Enstipp et al., 2017) may impact marine predator juvenile survival  
610 early in life.

611

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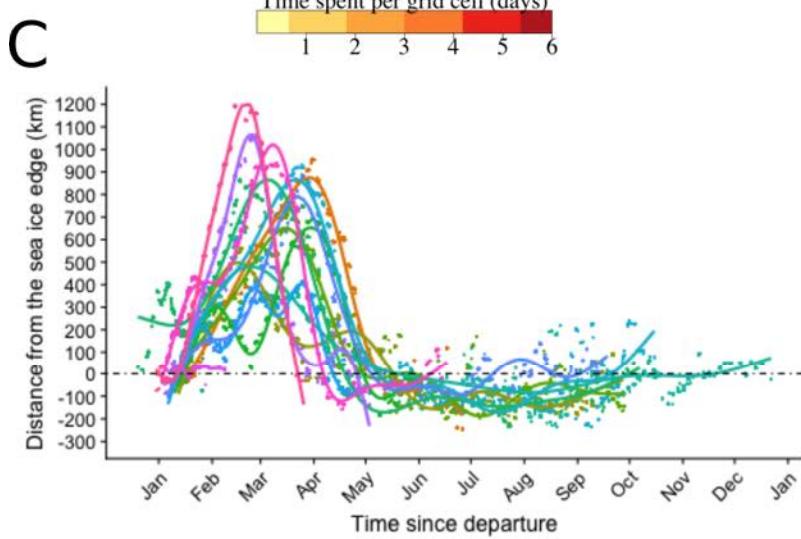
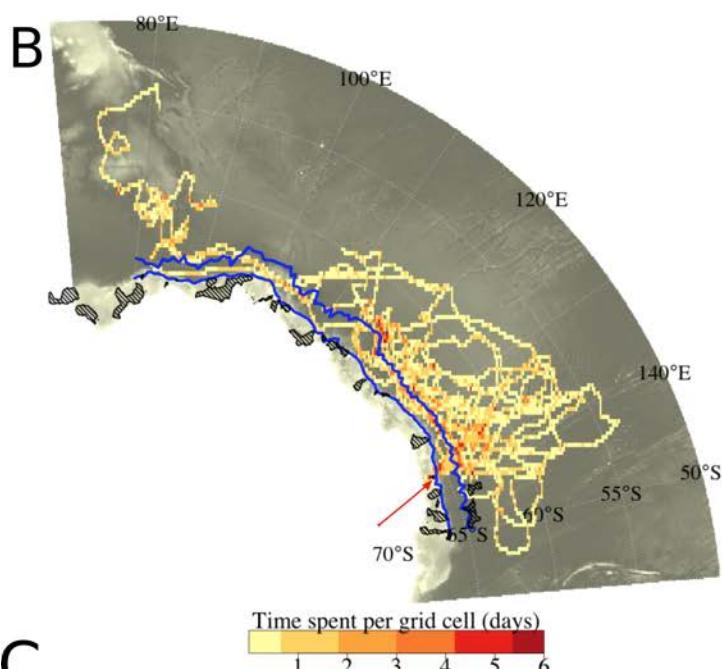
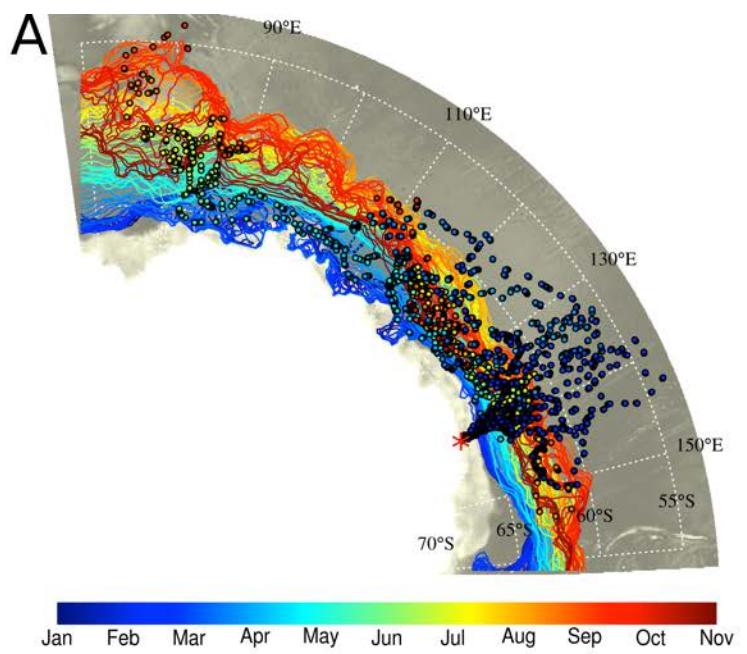
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894 **Figures**

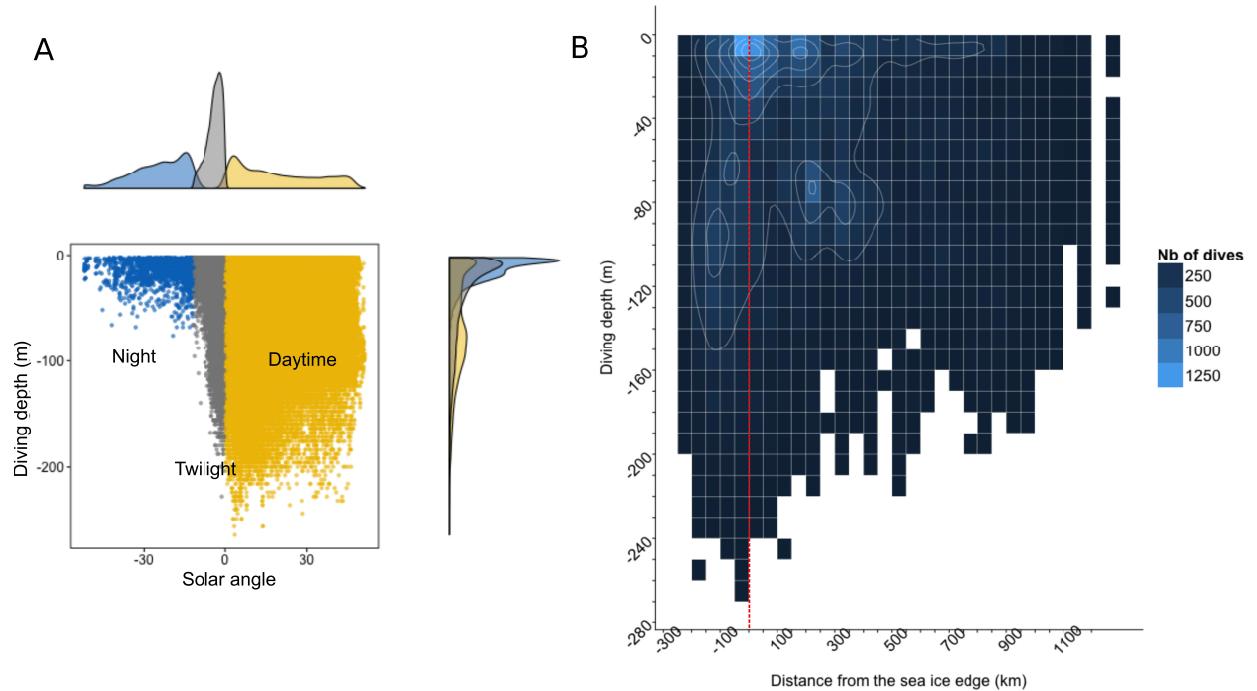


896 Figure 1. At-sea distribution of the 15 juvenile emperor penguins equipped with  
897 SPLASH tags in 2013-2014. Panel **(a)** represents the tracks of the 15 juvenile  
898 emperor penguins linked with the seasonality of the sea ice in the East Antarctic  
899 region. The colour scale represents the time; the sea ice extent of a given day and  
900 associated penguin positions are colored in the same way. To simplify the figure, sea  
901 ice extent is only shown for every third day. Sea ice extent was obtained from SSM/IS  
902 daily sea ice concentration (resolution 25 km). The bathymetry contours represented  
903 are from ETOPO1, a 1 arc-minute global relief model of Earth's surface that  
904 integrates land topography and ocean bathymetry;  
905 <http://www.ngdc.noaa.gov/mgg/global/global.html>. The red star indicates the colony.  
906 Panel **(b)** represents a map of the sum of the time spent (days) across all individual  
907 penguins per grid cell (148.2 km × 296 km). The two blue lines delineate the  
908 continental slope area. The black-hatched polygons represent the polynya areas  
909 computed using annual sea ice production from March to October 2014 as developed  
910 in Labrousse et al. (2018). The red arrow shows the small polynya close to the colony  
911 used by the penguins. Panel **(c)** represents a time-series of the distance from the sea  
912 ice edge for each of the 15 individuals. Color scale corresponds to each individual.  
913 Smoothing lines were fitted for each individual observation.

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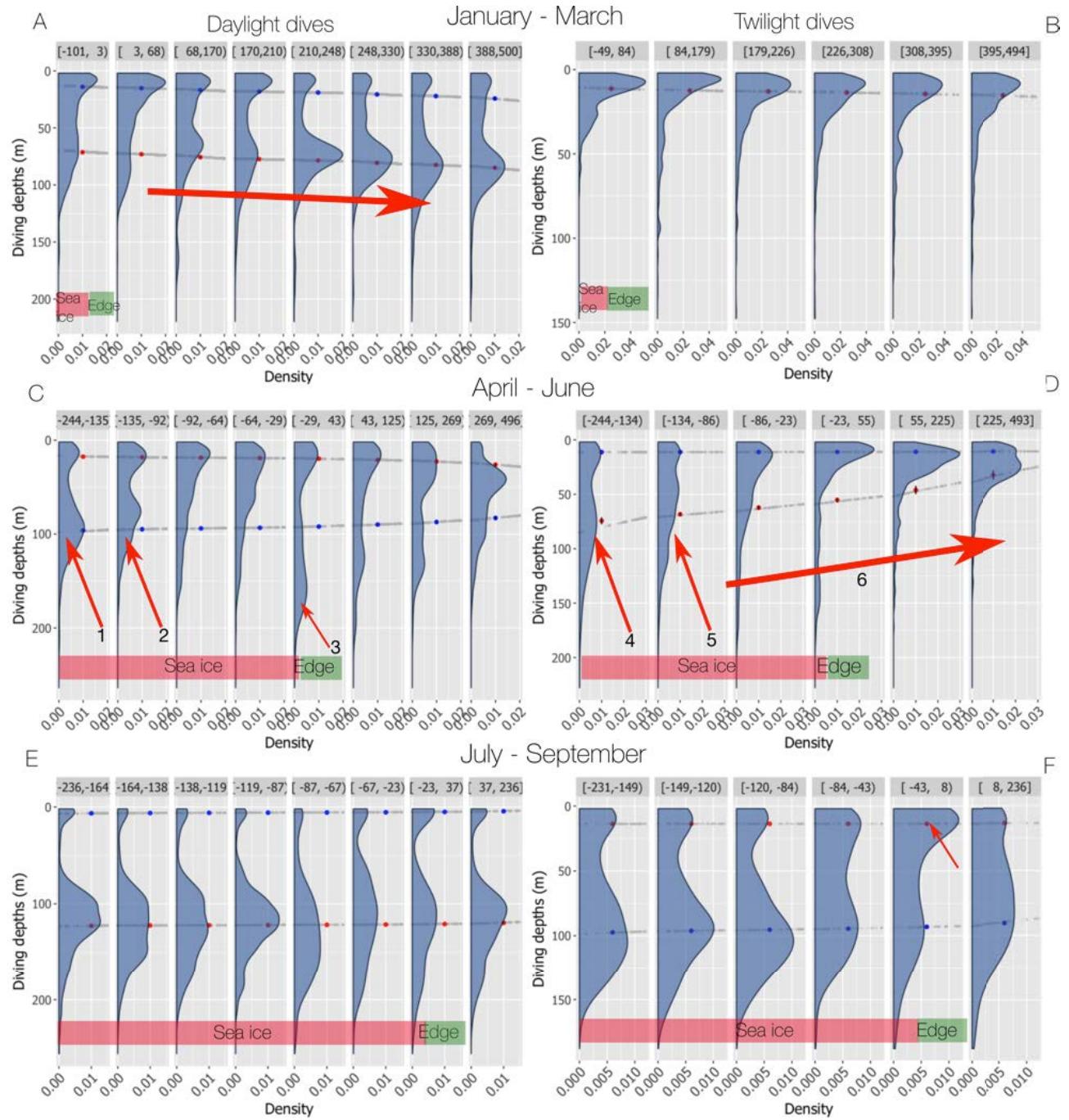
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919 Figure 2. Diving depth distribution across time of the day and distance from the sea  
920 ice edge for the 15 juvenile emperor penguins. Panel (a) represents the diving depth  
921 (m) versus the solar angle (°). Day dives are coloured in yellow, twilight dives in  
922 grey, and night dives in blue. The density distribution of the solar angle and the diving  
923 depths for each group is represented on the top and right corner of the panel (a)  
924 respectively. Panel (b) represents diving depth (m) relative to the bird's distance from  
925 the sea ice edge (km) using a 2D kernel density estimation with a bandwidth of 50 m  
926 for the diving depth and 10 km for the distance from the sea ice edge (kde2D function  
927 from package MASS, from R Development Core Team). One contour is drawn every  
928 250 dives. The red line represents the sea ice edge.

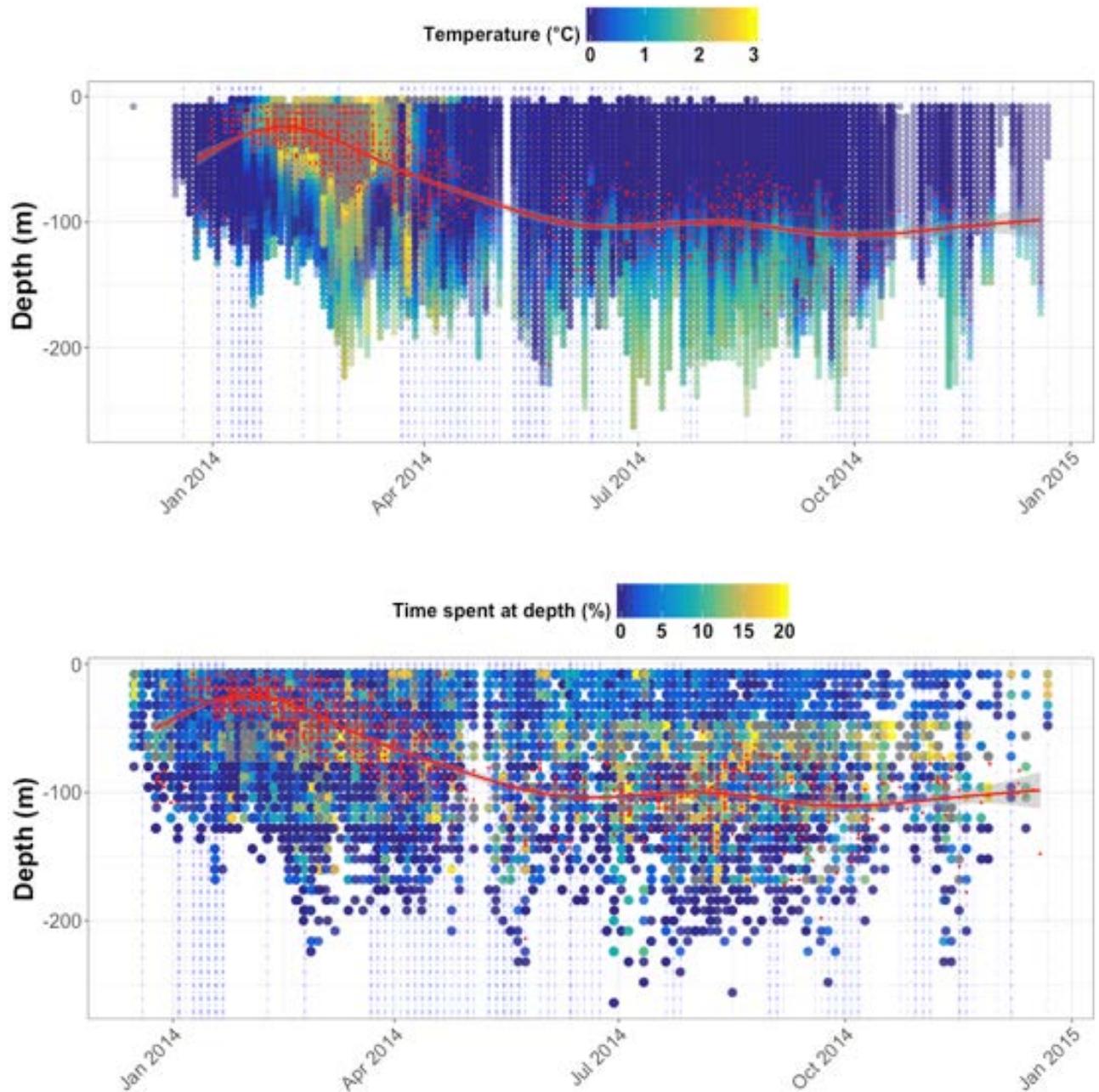


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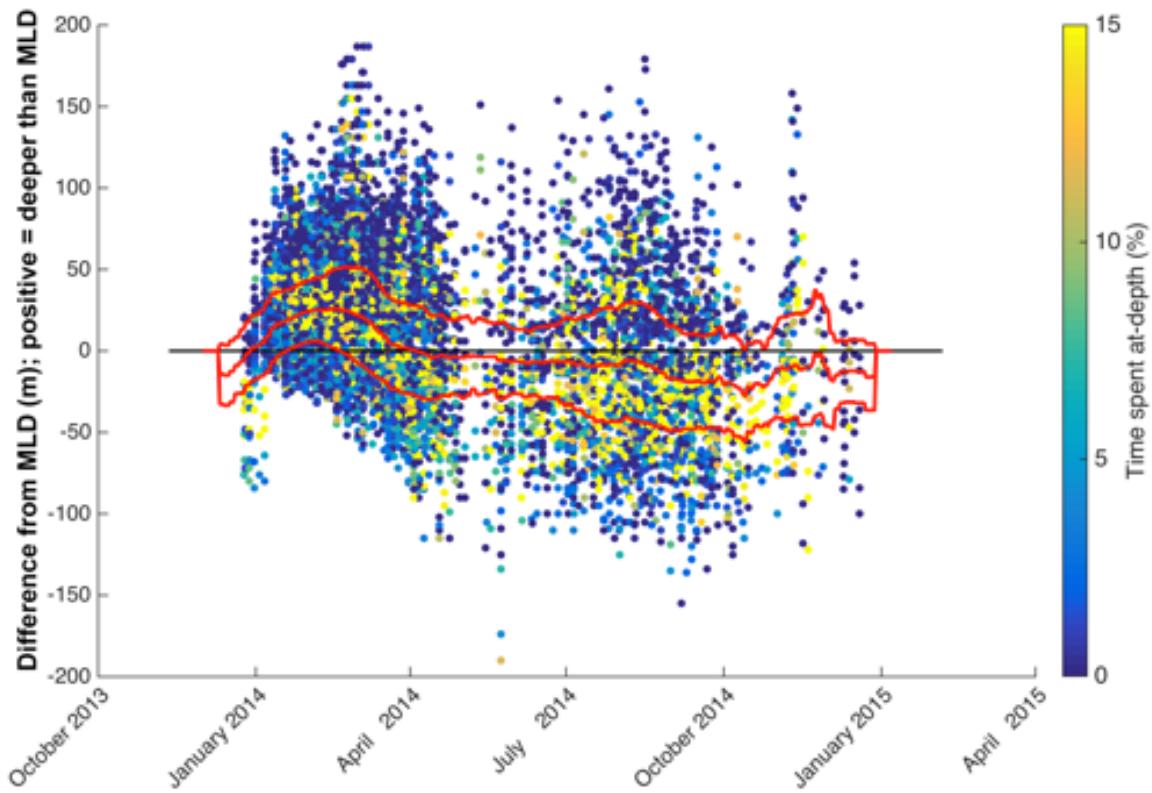
931 Figure 3. Density plots of the diving depth of juvenile emperor penguins relative to  
 932 their distance from the sea ice edge for daytime and twilight respectively across  
 933 summer (a, b), autumn (c, d) and winter (e, f). For illustration purposes, the distance  
 934 from the sea ice edge was binned in 8 classes for daylight and 6 classes for twilight of  
 935 equal number of observation. Fitted values from the mixture model *a* are represented  
 936 by grey dots and the mean fitted value per bin of distance from the sea ice edge is  
 937 represented in red or blue for each component. Red arrows correspond to comments

938 in the main text of the Results section.  
939



940  
941 Figure 4. Times series of depth-temperature profiles and depth-time indexes for the 15  
942 juvenile emperor penguins. Panel (a) represents the minimum temperature profiles  
943 ( $n=3538$ ) collected by the birds along their trip at-sea and recorded as PDT. Panel (b)  
944 represents the time-spent at-depth along each PDT profile. For illustration purposes  
945 only, we linked the 4 hour-summary PDT profiles with the 4 hour-summary time-at-  
946 depth histograms. For each PDT profile, we looked at the corresponding time-at-depth

947 histogram based on the date time and depth; we then attributed the time-spent at-depth  
948 to each depth of the PDT profile. Red dots represent the mixed layer depth for each  
949 profile. The red curve corresponds to a smooth fitted line of the mixed layer depths  
950 (method generalised additive model). The dashed vertical red and blue lines  
951 correspond of profiles located on the upper and lower slope region respectively.  
952



953  
954 Figure 5. Times series of depth-difference between the 15 juvenile emperor penguin's  
955 depth and the mixed layer depth. The color scale represents the time spent at-depth.  
956 The middle red line corresponds to the average distance from the mixed layer depth  
957 (using a moving window of 30 days) weighted by the time spent at-depth (i.e. where  
958 the penguins spent most of their time relative to the mixed layer depth). The bottom  
959 and top red lines correspond to the standard deviation of this moving weighted  
960 average.  
961  
962