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5
6 **Managing dams for energy and fish tradeoffs: What does a win-win solution**
7 **take?**

8
9 **1. Introduction**

10 Hydropower is currently the largest source of renewable energy in the United States (US),
11 accounting for 44% of the total renewable energy generation in 2017 (EIA, 2018a; Song et al.,
12 2018; Uría-Martínez et al., 2015). This energy is generated by around 2300 hydroelectric dams,
13 with an installed capacity ranging from 50 W to 6495 MW (Samu et al., 2018). An additional 50%
14 increase in generation capacity is expected by 2050 through the conversion of non-powered dams,
15 capacity expansion of existing hydroelectric dams, and construction of pumped storage facilities
16 (DOE, 2016). However, these dams are often cited as a major causal factor in the dramatic decline
17 of fish populations, especially the diadromous fish species that migrate between marine and
18 freshwater habitats to spawn (Brown et al., 2013; Limburg and Waldman, 2009; Trancart et al.,
19 2013; Ziv et al., 2012). For example, alewife landings on the east coast of the US have declined
20 more than 90% following the construction of a series of dams in the early 20th century
21 (McClenachan et al., 2015; Opperman et al., 2011). Hydroelectric dams affect fish populations
22 both directly and indirectly through turbine injuries (Schaller et al., 2013; Stich et al., 2015), loss

23 of accessible spawning habitat (Hall et al., 2011), and degradation of habitat quality (e.g., changes
24 in temperature, morphology, and discharge) (Johnson et al., 2007).

25
26 Various management actions such as dam removals (Magilligan et al., 2016; O'Connor et al., 2015),
27 the installation of fish passage structures (hereafter referred to as fishways) (Nyqvist et al., 2017b;
28 Schilt, 2007), and periodic turbine shutdowns (Eyler et al., 2016), have been implemented to
29 restore river connectivity and mitigate impacts on diadromous fish species. According to data
30 collected by American Rivers, more than a thousand dams have been removed in the US in the last
31 two decades (American Rivers, 2017). In cases where hydroelectric dams remain intact, fishways
32 are often installed to assist with upstream and downstream fish migrations (Silva et al., 2018), and
33 have been mandated by the Federal Energy Regulatory Commission (FERC) as part of dam
34 relicensing process since the 1960s (Gephard and McMenemy, 2004). Turbine shutdowns are also
35 employed to reduce mortalities during peak fish downstream migration periods and have been
36 widely applied to lessen injuries and mortality due to blade strikes, pressure changes, and
37 cavitation (Jacobson et al., 2012).

38
39 While these approaches have been useful in lessening the impacts of hydropower operation on
40 diadromous fish species, a loss of hydropower generation is inevitable in all three practices (Gatke
41 et al., 2013; Null et al., 2014; Trancart et al., 2013). For example, a loss of \$57 million annual
42 hydropower revenue resulted from the removal of the Shasta Dam in California's Central Valley,
43 though this removal reopened around 1700 km of upstream salmonid habitat (Null et al., 2014).
44 Fishway installations reduce hydropower production by diverting water discharge to fish passage
45 structures (Gatke et al., 2013). Power cannot be generated during turbine shutdowns. From the

46 perspective of the dam operator, carefully planning of shutdown periods to maximize downstream
47 migrant survival is important to minimize hydropower generation losses (Trancart et al., 2013).

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49 Though researchers and decision-makers have widely recognized energy-fish tradeoffs,
50 quantification of such tradeoffs to inform the decision-making process remains limited (Lange et
51 al., 2018). Simplified proxies, such as habitat gains (Null et al., 2014) and reconnected areas (Kuby
52 et al., 2005), are widely used to estimate the potential increase of fish populations. However, these
53 methods largely neglect factors such as the effectiveness of dam management strategies on both
54 upstream and downstream passage, environmental capacities of reopened habitats, and other
55 dynamics within the entire fish life cycle (Godinho and Kynard, 2009; Sweka et al., 2014; Ziv et
56 al., 2012). Structured fish population models are another means to quantitatively simulate fish
57 populations by considering and incorporating different mortality sources at each of the individual
58 fish life cycle stages. Previous studies have developed and applied structured population models
59 to assess the effect of dam passage rates on diadromous fish populations (Burnhill, 2009; Nieland
60 et al., 2015; Stich et al., 2018). However, this method has not been used to explore the energy-fish
61 tradeoffs of dam management. Furthermore, these studies run on annual or monthly time steps and
62 could not capture the effect of turbine shutdowns that only operate for several days or weeks during
63 peak migration (Trancart et al., 2013).

64

65 In river systems with multiple dams, regional or basin-scale approaches are preferred over site-
66 specific approaches because of the cumulative effect of dam passage on migrants moving further
67 upstream (Neeson et al., 2015; Opperman et al., 2011; Winemiller et al., 2016). Basin-scale
68 outcomes under various dam management practices could differ dramatically as hydropower

69 potential and fish habitats are unevenly distributed (Roy et al., 2018). However, many previous
70 studies exploring energy-fish tradeoffs on a regional scale have focused on only a single type of
71 management practice (e.g., dam removal or construction) rather than comparing multiple different
72 strategies. For instance, a new dam construction project in the Mekong River Basin was
73 investigated by Ziv et al (2012) to understand the tradeoffs between hydropower production,
74 migratory fish biomass, and fish diversity using the production possibility frontier method (Ziv et
75 al., 2012). Null et al. (2014) analyzed tradeoffs between habitat gains and hydropower generation
76 under dam removal scenarios in California's Central Valley using an economic-technical
77 optimization model (Null et al., 2014). Trancart et al (2013) optimized the timing and duration of
78 turbine shutdowns that would save 90% of the silver eels on the Oir River, France, by forecasting
79 eels' migration peaks based on an auto-regressive integrated moving average model (Trancart et
80 al., 2013). Only one study, conducted in the Willamette basin, Oregon, simulated both dam
81 removal and fishway installation to co-optimize their effects on salmon and hydropower
82 generation (Kuby et al., 2005). This study concluded that fishway installations could be as effective
83 as dam removals at connecting upstream and downstream habitat. However, this study did not
84 measure the actual effectiveness of the fishways, which were treated as either entirely passable or
85 not passable for salmon. The effect of turbine fish kills during downstream migration was also
86 neglected.

87
88 The limited consideration of multiple dam management options and important fish mortality
89 factors could potentially lead to sub-optimized decision-making (Sweka et al., 2014). Accordingly,
90 this study developed a system dynamics modeling (SDM) framework to investigate the tradeoffs
91 between hydropower generation and potential diadromous fish abundance. SDM uses a set of

92 linked differential equations to simulate the feedbacks and interactions among different elements.
93 SDM has been previously applied to simulate hydropower production (Bosona and Gebresenbet,
94 2010; Sharifi et al., 2013) and fish abundance (Barber et al., 2018; Ford, 2000; Stich et al., 2018),
95 but it has not been used to explore the tradeoffs between these two sectors. In this study, the
96 developed framework was used to investigate the potential of three different dam management
97 practices, including dam removals, fishway installations, and periodic turbine shutdowns. Four
98 critical questions regarding dam management were asked, including (1) how and to what extent
99 does each dam management practice influence the energy-fish tradeoffs? (2) what might be the
100 best dam management solution in minimizing energy loss and maximizing fish population on a
101 basin scale? (3) how do upstream and downstream passage rates influence population abundance?
102 and (4) what are the key determinants in managing the dam related energy-fish tradeoffs?

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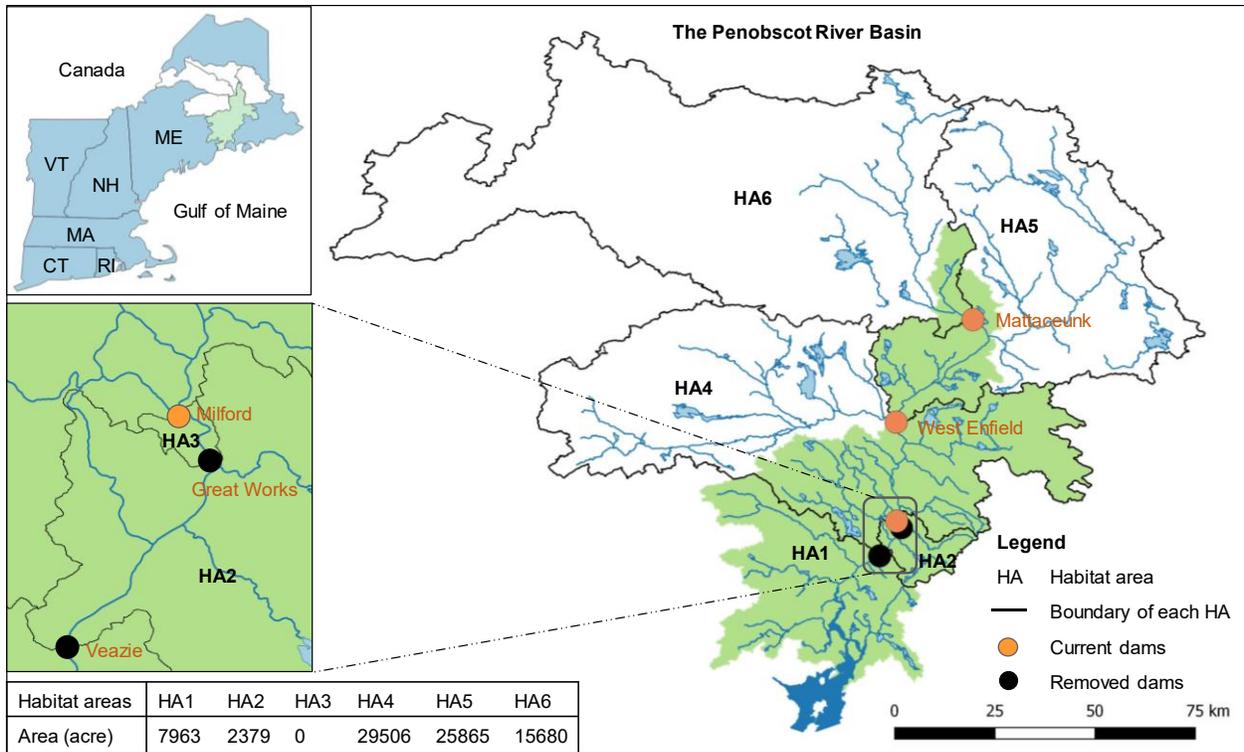
104 **2. Materials and methods**

105 2.1 Model river description

106 The model framework assessed for decision-making was based on an abstraction of the Penobscot
107 River, Maine, which is the second largest river system in the northeast US, with a drainage area of
108 approximately 22,000 km² (Izzo et al., 2016; Trinko Lake et al., 2012). This large river system
109 historically provided important spawning and rearing habitat for 11 native diadromous fish species
110 that have high commercial, recreational, and ecological value to local communities (Kiraly et al.,
111 2015). Among these species, alewives (*Alosa pseudoharengus*) have been a major source of
112 traditional river fisheries since the beginning of human settlement in the region (McClenachan et
113 al., 2015). Alewives are small anadromous fish that have high rates of iteroparity in Maine.
114 Alewives are also the base of marine, freshwater, and terrestrial food webs. Changes in their

115 abundance may also influence the population dynamics of their predators, including the
116 endangered Atlantic salmon (*Salmo salar*) (Lichter et al., 2006). From 1634 to 1900, industrial
117 dams were heavily developed on the Penobscot River, and little or no access to spawning habitat
118 was later identified as the main cause for the alewife population crash during that time
119 (McClenachan et al., 2015). Alewife habitat areas (HAs) are unevenly distributed among the river
120 segments created by the dams (Figure 1). A much larger amount of HA is located upstream of the
121 Milford Dam than downstream of it. Restoration efforts began in the 1940s to combat diadromous
122 fish declines (Rounsefell and Stringer, 1945). One of the largest efforts was the Penobscot River
123 Restoration Project (PRRP), which from 2012-2013 removed the two dams furthest downstream
124 and improved fish passages at the remaining dams (Figure 1) (Opperman et al., 2011). To test the
125 effectiveness of the PRRP and alternative basin-scale dam management strategies, the five run-of-
126 river hydroelectric dams historically on the main-stem of the river was chosen to study, which
127 from downstream to upstream included Veazie, Great Works, Milford, West Enfield, and
128 Mattaceunk dams (Table 1 and Figure 1). Dams located on the tributaries were ignored for
129 simplification.

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131
 132 **Figure 1.** Map of the study area showing the locations of the five hydroelectric dams as well as current and historic
 133 alewife spawning lakes/ponds in the Penobscot River Basin. The inserts show the Penobscot River basin within the
 134 northeastern US (upper map) and the partial Penobscot River main-stem from Veazie to Milford Dam (lower map).

135 **Table 1.** Project information for the five studied dams in the main-stem of the Penobscot River, Maine.

| Dams (distance to ocean) | Year completed | Primary function | Installed capacity (Amaral et al., 2012) (MW) | Turbine's maximum flow (Amaral et al., 2012) ($\times 10^6$ m ³ /d) | Rated head (Amaral et al., 2012) | Dam length (USACE, 2016) (m) | Dam height (USACE, 2016) (m) | Upstream passage facilities (Amaral et al., 2012) | Potential downstream passage routes (Amaral et al., 2012) |
|---|----------------|------------------|---|---|----------------------------------|------------------------------|------------------------------|--|---|
| Veazie (Dam 1) (rkm 55, removed summer 2013) | 1912 | Hydro | 9.3 | 13.6 | 7.3 | 257 | 10 | One vertical slot fishway | Sluice gate, turbine units (15 Francis units, 2 Propeller units), and spillway |
| Great Works (Dam 2) (rkm 69, removed summer 2012) | 1900 | Hydro | 7.6 | 21.1 | 5.3 | 331 | 6.1 | Two Denil fishways | Bypass pipe (2000), 3 gated outlet ^a , turbine units (8 Francis units, 3 Kaplan units), and spillway |
| Milford (Dam 3) (rkm 73) | 1906 | Hydro | 8.0 | 17.2 | 5.8 | 426 | 10 | One Denil fishway, one fish elevator (installed in 2014) | Log sluice gate ^b , turbine units (1 Propeller, 5 Kaplan units), and spillway |
| West Enfield (Dam 4) (rkm 114) | 1894 | Hydro | 25.4 | 22.0 | 7.9 | 296 | 14 | One vertical slot fishway, one Denil | Gated section, turbine units (2 Kaplan units), and spillway |

| | | | | | | | | | |
|------------------------------------|------|---------------------------|------|------|------|-----|----|--|--|
| | | (started from 1988) | | | | | | fishway (backup fishway) | |
| Mattaceunk (Dam 5) (rkm 175) | 1939 | Hydro | 21.6 | 18.2 | 11.9 | 357 | 14 | One pool and weir fishway, one fishlift | Bypass system, roller gate, debris sluice gate, turbine units (2 Kaplan, 2 Propeller), and spillway |

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Note:

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^a - The 3 gated outlets are currently used to increase discharge capacity under flood conditions rather than downstream fish passage;

138

^b - The 3-meter wide gate is used as downstream bypass at the Milford dam. The gate flow is set at 3 m³/s during the established migration periods.

139 2.2 Integrated energy and fish population model

140 An integrated energy-fish model that couples hydropower generation and age-structured fish
141 population models was used to analyze the tradeoffs between energy and fish abundance under
142 various dam management scenarios at a basin scale. The energy-fish model was built in the
143 platform of Vensim[®] DSS and run across 150 years on a daily time step to ensure stabilization.

144

145 *2.2.1 Hydropower generation*

146 Hydroelectric dams convert the natural flow of water into electricity when falling water turns the
147 blades of a turbine connected to a generator. The general equation for hydropower generation is
148 provided by Equation 1 (Adeva Bustos et al., 2017; Hadjerioua et al., 2012; Power, 2015; Singh
149 and Singal, 2017):

$$E = P \times t = Q \times H \times \eta \times \rho \times g \times 10^{-6} \times t \quad (\text{Equation 1})$$

150 Where E is the generated energy, MWh; P is the power produced at the transformer, MW; t is
151 turbine operation period, hours; Q is the volume flow rate passing through the turbine, m³/s; H is
152 the design net head, m; η is the overall efficiency, assumed to be 0.85 (Hadjerioua et al., 2012;
153 Power, 2015); ρ is the density of water, 1,000 kg/m³; and, g is the acceleration due to gravity, 9.8
154 m/s².

155

156 Given that run-of-river dams do not have large reservoirs and generally have limited impacts on
157 river flows, the total water inflow was assumed to always be equal to the total outflow for each
158 dam. Evaporation and system leakages were assumed to be zero. At hydropower dams, river flow
159 is diverted to different paths following a minimum flow discharge rule (Basso and Botter, 2012;
160 Lazzaro et al., 2013). First, a portion of the water is diverted to meet the operation needs of the

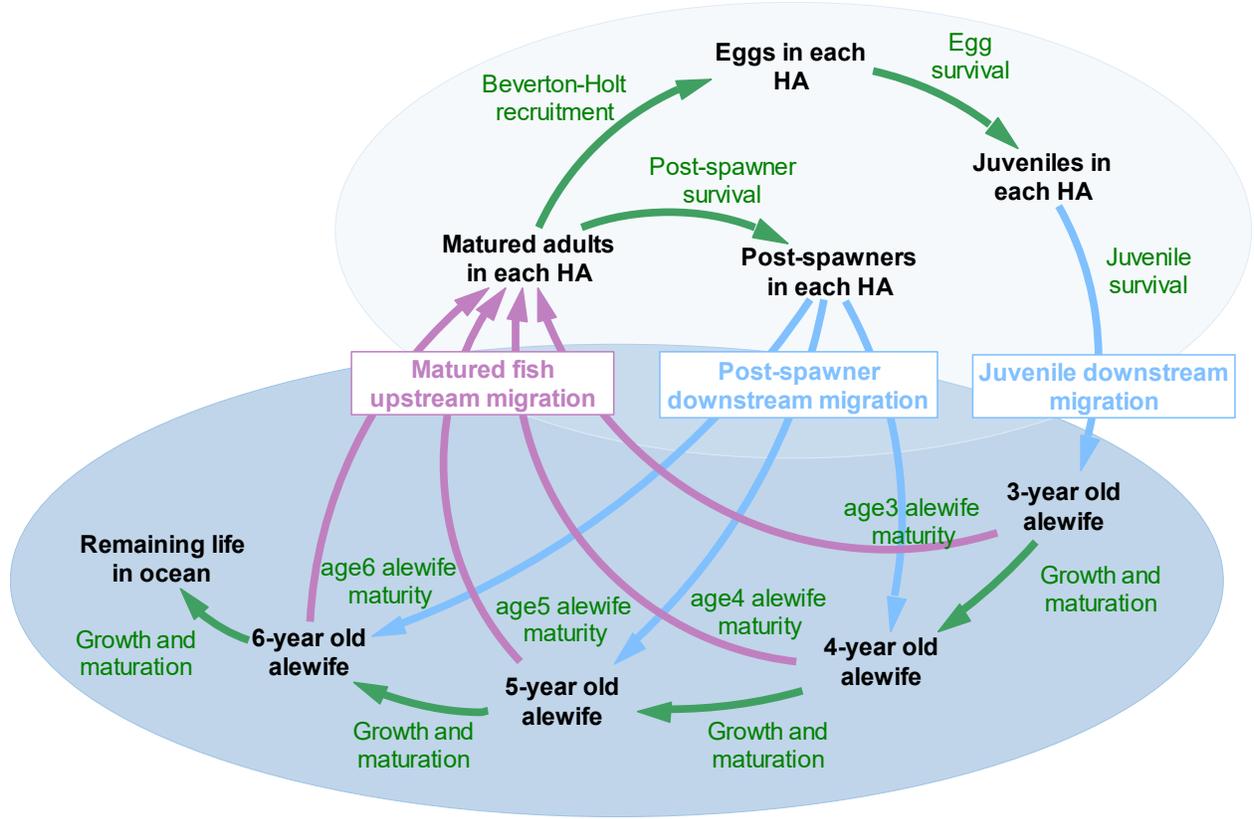
161 fish passage structures, including ensuring that fish will be attracted to the fishways. Previous
162 studies have reported fishway attraction flow in a range of 1-5% of the streamflow (Bolonina et
163 al., 2016). In this study, we assume the fishway attraction flow to be 5% of the streamflow for a
164 conservative energy generation estimate. The remaining water was then assumed to be available
165 for hydropower generation. The actual amount of water releasing from turbine facilities is
166 determined by the remaining water flow in the river, the turbine's minimum admissible flow rate,
167 and its maximum flow rate. If the remaining water flow is less than the turbine's minimum
168 admissible flow rate, it will be released from the spillway. If the remaining water flow is greater
169 than the turbine's maximum flow rate, water volume in excess of the maximum flow rate will also
170 be released from the spillway. Otherwise, all remaining water will be released from the turbines.

171
172 We used the drainage-area ratio method to extrapolate the river inflow of all five hydroelectric
173 dams from the daily streamflow data obtained from two U.S. Geological Survey gages (01034500
174 Penobscot River at West Enfield and 01034000 Piscataquis River at Medford (USGS,
175 WaterWatch)) for the period of January 2001 to December 2015 (Archfield and Vogel, 2010;
176 Gianfagna et al., 2015) (Section S1 of the SI). This calculated river inflow was then repeated and
177 expanded to 150 years. The maximum turbine flow rate at each studied dam was collected from
178 the related reports (Table 1) (Amaral et al., 2012; Great Lakes Hydro America LLC, 2016). The
179 minimum admissible flow rate was assumed to be 40% of the maximum flow (Power, 2015). The
180 design net head at each dam was assumed to be equal to the rated head of installed turbines
181 obtained from Amaral et al (2012) (Table 1). Turbine units only operate when river discharge
182 satisfies turbines' hydraulic capacities (Power, 2015). The influence of market demand on
183 hydropower generation was ignored.

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2.2.2 *Age-structured fish population model*

The daily age-structured alewife population model used in this study was adapted from a yearly age-structured model presented in Barber et al (2018). Alewife abundance was simulated by keeping track of the activities and survivals of different age groups on a daily stepwise progression (Figure 2). Alewives mature between the ages of three and eight, and spawners generally enter rivers when water temperature is between 5 and 10 °C and swim upstream into slack waters (such as lakes and ponds) to spawn (Eakin, 2017; Hasselman et al., 2014). After spawning, surviving adults return to the ocean. Low dam passage rates for fish migrating upstream can affect accessibility to spawning habitat (Cooke and Hinch, 2013; Hall et al., 2011; Pess et al., 2014a). Dams can also cause migratory delays and increased mortality rates for spawners moving both upstream and downstream, which can potentially result in a population decline. In freshwater spawning habitat, eggs hatch into larvae and grow to juveniles. Juveniles move downstream between mid-July and early December, and can also experience dam-related delay and mortality during their migration. The surviving juveniles enter the ocean and continue to grow until reaching sexual maturity, thus completing the cycle. Alewives generally survive up to 9 years in the wild. In our model, alewives older than 6 years were not included in simulations because these age groups only account for around 5% of the total spawner population (Messieh, 1977). It has to be noted that alewife activities such as spawner upstream migration, egg production, and post-spawner and juvenile downstream migration were assumed to happen once every year on designated days.



206

207 **Figure 2.** Life stages of alewife included in the age-structured fish population model. The light and dark blue ellipses
 208 refer to the freshwater and ocean habitats of alewife, respectively.

209

210 For a given spawning period, the number of eggs produced in each HA is a function of females
 211 that survived to spawn in that area and their fecundity (Equation 2).

$$E_{HA_j,t,a} = \sum_{i=3}^6 (S_{HA_j,i,t,a} \times r_{F:M} \times \varphi \times F_i) \quad (\text{Equation 2})$$

212 Where, $E_{HA_j,t,a}$ is egg production of alewife in HA_j ($j=1-6$) for a given year t on the a^{th} day (a was
 213 assumed to be the 140th day of each year), millions; $S_{HA_j,i,t,a}$ is the total number of surviving age- i
 214 alewife to spawn at HA_j in year t on the a^{th} day, millions; $r_{F:M}$ is female to male ratio that was
 215 assumed to be 0.5 (Barber et al., 2018); φ is the probability of spawning, 0.95 (Barber et al., 2018);

216 and, F_i is the fecundity of age- i alewife which was assumed to be linearly related to the mass of
217 age- i alewife (Table S1).

218

219 Juvenile production was modeled as a density-dependent process, which was characterized using
220 the Beverton-Holt spawner-recruit (B-H) curve (Equation 3). The B-H curve was chosen for this
221 model because a study of eight alewife populations in the northeast region of the US indicated it
222 was a better fit than the Ricker curve (Barber et al., 2018; Gibson, 2004).

$$J_{HA_j,t,b} = \frac{\alpha \times E_{HA_j,t,a}}{1 + \frac{\alpha \times E_{HA_j,t,a}}{A_j \times R_{asy}}} \quad (\text{Equation 3})$$

223 Where $J_{HA_j,t,b}$ is the number of juveniles at HA_j at the beginning of the downstream migration for
224 a given year t on the b^{th} day (juveniles spend around 90 days in freshwater before migrating to the
225 ocean (Iafrate and Oliveira, 2008), and b was assumed to be the 230th day of each year), millions;
226 R_{asy} is the asymptotic recruitment level, 3283 age-0 fish/acre (Barber et al., 2018); α is the lifetime
227 reproduction rate of alewife, 0.0015 (Gibson, 2004); A_j is the size of HA_j ($j=1-6$), acres.

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229 During downstream migration, juveniles pass each dam through one of three routes: the spillway
230 (or sluiceway), the fish bypass system, or a turbine (Schilt, 2007). The partitioning of alewives to
231 each route was based upon the relative amount of water being released through each route at a
232 given time step (Nygqvist et al., 2017a). Other factors that could potentially affect fish distributions,
233 including installation of screening system and sensory stimuli (e.g., light, sound, turbulence, and
234 electric fields) (Schilt, 2007), were not considered. Turbine mortality rates were assumed to be
235 30% when in operation and 0% during shutdowns (Pracheil et al., 2016). The other two migration
236 routes are generally considered benign (Muir et al., 2001; Stich et al., 2014) and the simplifying

237 assumption was made that their mortality rates were zero. The number of juveniles entering the
 238 ocean was determined by the cumulative turbine mortality (Equation 4).

$$J_{ocean,t,c} = \sum_{j=1}^6 (J_{HA_j,t,b} \times \prod_{k=1}^{j-1} \frac{Q_{turbine_k,t,c}}{Q_{dam_k,t,c}} \times (1 - M_{turbine_k})) \quad (\text{Equation 4})$$

239 Where $J_{ocean,t,c}$ is the number of surviving juveniles entering ocean in year t on the last day of the
 240 downstream migration period c (c was assumed to be the 240th day of each year), millions;
 241 $Q_{turbine_k,t,c}$ and $Q_{dam_k,t,c}$ are the turbine and the total water flow rate of Dam k ($k=1-5$) in year t
 242 on the c^{th} day, respectively, m^3/d ; $M_{turbine_k}$ is the turbine mortality rate of Dam k , 0.3 (Pracheil et
 243 al., 2016) during operation and 0 during turbine shutdowns.

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245 In the ocean, immature alewives between ages 2 and 6 have a probability of reaching sexual
 246 maturity and entering the spawning run the next year. Alewife maturity at each age is provided in
 247 Table S1. The population of age- i fish in the ocean in year t , $O_{i,t,d}$, was calculated based on the
 248 populations of both immature fish, $NS_{i,t,d}$, and mature fish, $S_{i,t,d}$ (Equation 5) where d denotes the
 249 beginning of each fish upstream migration period, which was assumed to be the 120th day of each
 250 year (Chadwick and Claytor, 1989; Ellis and Vokoun, 2009).

$$O_{i,t,d} = NS_{i,t,d} + S_{i,t,d} \quad (\text{Equation 5})$$

251 Immature fish remain in the ocean, and their abundance was calculated by applying an annual
 252 ocean mortality rate (including all natural causes of death in the ocean), M_{ocean} (assumed to be
 253 0.648 (Barber et al., 2018)), on the d^{th} day every year, and the probability of maturation at each
 254 age, m_i (Equation 6 and Table S1). The abundance of age-0 immature fish, $NS_{0,t,d}$, was assumed to
 255 be equal to juveniles entering the ocean, $J_{ocean,t,c}$.

$$NS_{i,t,d} = NS_{i-1,t-1,d} \times e^{-M_{ocean}} \times (1 - m_i) \quad (\text{Equation 6})$$

256 The mature fish stock in the ocean (Equation 7) included first-time spawners, $S_{i,t,0,d}$ (calculated in
 257 Equation 8) and repeat spawners, $S_{i,t,p,d}$.

$$S_{i,t,d} = S_{i,t,0,d} + \sum_p S_{i,t,p,d} \quad (\text{Equation 7})$$

$$S_{i,t,0,d} = NS_{i-1,t-1,d} \times e^{-M_{ocean}} \times m_i \quad (\text{Equation 8})$$

258 Repeat spawners have spawned at least one time and are subject to natural (i.e., predation, delayed
 259 migration, or senescence), fishing (both commercial and recreational), and other anthropogenic
 260 (i.e., turbine) mortalities. Natural mortality included both ocean mortality and spawning mortality,
 261 with the latter incorporating all natural causes of death in freshwater. For a given spawning run,
 262 the total number of spawners reaching the suitable habitat areas was calculated using Equation 9.

$$\sum_{j=1}^6 S_{HA_j,t,a} = S_{t,d} \times (1 - M_{fishing}) \times (1 - M_{spawn}) \quad (\text{Equation 9})$$

263 Where, $S_{HA_j,t,a}$ is the number of spawners at HA_j that are ready to spawn in year t , millions; $S_{t,d}$ is
 264 the abundance of mature fish in the ocean before the spawning run in year t , millions; $M_{fishing}$ is the
 265 interval fishing mortality, 0.4 (Barber et al., 2018; MaineDMR, 2016); M_{spawn} is the interval
 266 spawning mortality associated with each spawning run, 0.45 (Barber et al., 2018; Durbin et al.,
 267 1979; Kissil, 1974). The spawning run was assumed to last 30 days with upstream migration,
 268 spawning, and downstream migration each taking 10 days (Frank et al., 2011; Franklin et al.,
 269 2012).
 270

271 The value of $S_{HA_j,t,a}$ was determined by the cumulative upstream passage rate of dams downstream
 272 of HA_j as well as a dispersal rule. In this study, upstream passage rate was defined as the percentage
 273 of individuals that are attracted to, enter, and successfully ascend a fishway (Silva et al., 2018).
 274 Alewives have a tendency to return to their natal area to spawn (McBride et al., 2014; Pess et al.,
 275 2014b). Accordingly, two dispersal rules were investigated in this study to investigate two
 276 opposing conditions related to fish dispersal. The first rule assumed that alewife distribution was
 277 based on the habitat size of the entire basin despite the influence of dam structures. The second
 278 rule took into account the long-term blockage effect of dams. With this rule, alewives had no
 279 motivation to seek habitats that were suitable for spawning but no longer accessible due to the dam
 280 structures. Equation 10 and 11 describe the calculations of the two dispersal rules.

$$\text{If } \frac{A_j}{A} > D_{HA_j}, S_{HA_j,t,a} = \left(\frac{A_j}{A} + \left(D_{HA_j} - \frac{A_j}{A} \right) \times (1 - P_j) \right) \times \sum_{j=1}^{j=6} S_{HA_j,t,a} \quad (\text{Equation 10})$$

$$\text{If } \frac{A_j}{A} \leq D_{HA_j}, S_{HA_j,t,a} = D_{HA_j} \times \sum_{j=1}^{j=6} S_{HA_j,t,a} \quad (\text{Equation 11})$$

281 Where, A_j is the size of HA_j ($j = 1-6$), acres. The size of each HA was estimated as the summed
 282 acreage of the documented alewife spawning ponds within each river segment, obtained from the
 283 Maine Stream Habitat Viewer provided by the Maine Department of Marine Resources Coastal
 284 Program (MaineDMR, 2017). A was the total habitat area, which equaled 81,393 acres when
 285 alewives were homing to the entire basin under the first dispersal rule or the sum of HAs used by
 286 alewives (based upon results obtained from the first dispersal rule) under the second dispersal rule.
 287 D_{HA_j} was a dispersal factor that was calculated using Equation 12.

$$D_{HA_j} = \left(D_{HA_{j-1}} - \frac{A_{j-1}}{A} \right) \times P_{j-1} \quad (\text{Equation 12})$$

288 $D_{HA_1} = 1$. P_j is the upstream passage rate of the j^{th} dam. P_j was assumed to be 0 when no fishway
 289 was present and 0.7 (Bunt et al., 2012; Noonan et al., 2012) when fishways were present.

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291 Shortly after spawning, post-spawners migrate seaward and encounter turbine and ocean
 292 mortalities prior to their next spawning run. The abundance of repeat spawners in the ocean at the
 293 beginning of upstream migration was calculated using Equation 13 (Table S1).

$$S_{i+1,t+1,p+1,d} = \sum_{j=1}^6 (S_{HA_j,i,t,p,a} \times \prod_{k=1}^{j-1} \frac{Q_{turbine_k,t,c}}{Q_{dam_k,t,c}} \times (1 - M_{turbine_k})) \times e^{-0.92M_{ocean}} \quad (\text{Equation 13})$$

294 Where, the annual ocean mortality, M_{ocean} , was prorated to 0.92 indicating that 335 out of 365
 295 days, spawners live in the ocean and are subject to ocean mortality.

296

297 A few additional assumptions were made for simplification. Alewives at each age were assumed
 298 to experience the same delay time as well as ocean and spawning mortality rates during both
 299 downstream and upstream migrations. The carrying capacities of each unit of habitat area were
 300 assumed to be the same. The influence of temperature on the timing of upstream migration and
 301 spawning was ignored.

302

303 2.3 Model validation and sensitivity analysis

304 2.3.1. Behavior test

305 Once values for the parameters of the integrated model were selected, the accuracy of the model
 306 was tested through a behavior test. For the energy model, annual hydropower generation at Milford
 307 and West Enfield dams were calculated and compared with the historical data (2001-2015)
 308 obtained from the U.S. Energy Information Administration (EIA, 2018b). The correlation

309 coefficient (r^2) was used to test the goodness of fit between simulated and historical yearly
310 hydropower generation. Correlation was relatively high, with a calibrated r^2 of 0.60 for Milford
311 Dam and 0.86 for West Enfield Dam (Section S3 of the SI).

312

313 The behavior test of the fish model was conducted by checking that the simulated fish abundance
314 entering the Penobscot River was within the range of total alewife abundance entering rivers in
315 Maine. Total abundance for the state of Maine was calculated based on Alewife landings data (in
316 million pounds, 1950-2016) collected from the Department of Marine Resources (DMR)
317 (MaineDMR, 2018), average alewife spawner weights (in pound, 0.4 (Barber et al., 2018)), and
318 alewife harvest rates which were assumed in the range of 10-70% (Barber et al., 2018; MaineDMR,
319 2016). Additionally, the DMR also provided alewife trap counts at the Milford Dam, which were
320 compared against the simulated results at the Milford Dam. Our fish model was initialized with 1
321 million juveniles entering the ocean. The results showed that the simulated number of alewife
322 spawners after model stabilization was within the range of the historical data (Section S4 of the
323 SI). Additionally, the abundance of simulated spawners passing through Milford dam compared
324 with the trap counts at the same location was within 5-84% difference.

325

326 *2.3.2 Sensitivity analysis*

327 Sensitivity analysis was conducted to determine which input parameters had the biggest influence
328 on system behavior (Sterman, 1984). We assessed the sensitivity of alewife spawner abundance
329 and hydropower generation to a set of input parameters. Selected inputs were tested for changes
330 between $\pm 10\%$ and $\pm 90\%$ to capture their practical low and high values. However, a narrower
331 range (e.g., -90 to 50% changes in ocean mortality) was applied when the extreme values became

332 unrealistic. A sensitivity index was calculated for each input change using Equation 14 (Barber et
333 al., 2018; Zhuang, 2014).

$$S = \frac{\frac{O_i - O_b}{O_b}}{\frac{I_i - I_b}{I_b}} \quad (\text{Equation 14})$$

334 Where O_i is the output value after the input was changed; O_b is the base output value; I_i is the
335 altered input value; and I_b is the original input value. Inputs were considered “highly sensitive” if
336 $|S| > 1.00$.

337

338 2.4 Dam management scenarios

339 Eight scenarios were designed to compare the effectiveness of different dam management practices
340 (Figure 3). In the NR (no removal) scenario, all five dams remained in place and no fishway or
341 turbine shutdown was used. In contrast, the R scenario referred to a condition in which all five
342 dams were removed. The remaining scenarios were divided into three pairs: PF and PF-S, F and
343 F-S, and PR-PF and PR-PF-S. The only difference between the two scenarios within each pair is
344 whether turbine shutdowns were operated or not. “S” in the scenario name indicated that this
345 scenario operated turbine shutdowns in dams with fishways. Comparing across the pairs, “PF”
346 indicated fishway installations at the two most downstream dams. “F” indicated fishway
347 installations at all five dams. “PR-PF” indicated removal of the two most downstream dams, and
348 fishway installations at the remaining three dams. The PR-PF-S scenario approximates the PRRP’s
349 dam management strategy. Turbine shutdown periods were assumed to be 20 days each year which
350 occurred during the 141th-150th day and the 231th-240th day corresponding to the assumed peak
351 downstream migration periods of adults and juveniles, respectively.

352

353 The influence of upstream and downstream passage efficiency on spawner abundance was further
354 investigated under the F scenario. We assumed upstream passage efficiency to be uniform for all
355 five studied dams and explored changes from 0, 20, 40, 60, 80, and 100% successful passage for
356 each simulation. The same assumption was made for both juvenile and adult downstream passage
357 efficiency.

358

359 **3. Results and Discussions**

360 3.1 Energy-fish tradeoffs under various dam management scenarios

361 We are reporting hydropower dam influences on fish population potential using alewife spawner
362 abundance as a surrogate for diadromous fish in general, as they are the main source of the fishery
363 (Havey, 1961). Figure 3 presents the tradeoffs between annual hydropower generation and the
364 stabilized alewife spawner abundance each year under the eight basin-scale dam management
365 scenarios. A comparison between the NR and R scenarios show that the five dams can reduce the
366 alewife abundance by 90%. On the other hand, an average of 427 GWh of annual hydropower
367 generation will be lost when all dams are removed, which is around 14% of the annual hydropower
368 generation in Maine (EIA, 2018b).

369

370 The performance of fishway installations is heavily influenced by the amount of accessible
371 upstream habitat, the dam mortalities, and the dispersal rules. For instance, in the PF scenario a
372 30% increase in the total habitat area can lead to a 35% decrease in spawner abundance when
373 spawners home to the entire basin (the first dispersal rule), or a 16% increase when spawners only
374 home to accessible habitats (the second dispersal rule). The decrease of spawner abundance under
375 the first dispersal rule is related to the extremely small sizes of HA2 and HA3. Under this dispersal

376 rule, most spawners have the motivation to move upstream. As Dam 3 is entirely impassible under
377 the PF scenario, this homing instinct result in large amounts of spawners (63%) cumulating in
378 HA2 and HA3 and competing for limited resources, which eventually leads to a reduced survival
379 rate (Section S7 of the SI). Furthermore, as turbines are still in operation in the PF scenario,
380 significant turbine kills could occur when post-spawners and juveniles migrate downstream. In
381 this case, fishways could work as ecological traps and potentially cause a further collapse of the
382 regional fishery (Pelicice and Agostinho, 2008). Taking the F scenario as another example, the
383 entire watershed becomes accessible to spawners in this scenario, and spawners will mainly be
384 distributed across the four most downstream HAs because HA4 is large enough to support the
385 limited amount of spawners that could successfully pass Dams 1-3. Although the combined size
386 of HAs 1-4 in the F scenario is four times larger than the NR scenario, only a roughly 45% increase
387 in the stabilized spawner abundance is observed. This is due to the high downstream mortality
388 resulting from turbine kills. When turbine shutdown is in operation, an additional 114-134%
389 increase in spawner abundance could be observed (compared to the F-S scenario). When the two
390 most downstream dams are removed (Scenario PR-PF-S), the downstream mortality is further
391 reduced. Hence, an increase of 300-338% of spawner abundance is observed when comparing the
392 PR-PF-S and F scenarios.

393
394 The effect of the two dispersal rules is the most prominent in the PF and the PF-S scenarios with
395 a 40-56% difference in spawner abundance. The alewife spawner abundance is lower under the
396 first dispersal rule, as compared to the second one. This is a combined effect of spawner behavior
397 under the two dispersal rules and the availability of the HAs. Unlike the first dispersal rule where
398 spawners moving upstream are mainly driven by homing instincts, under the second dispersal rule,

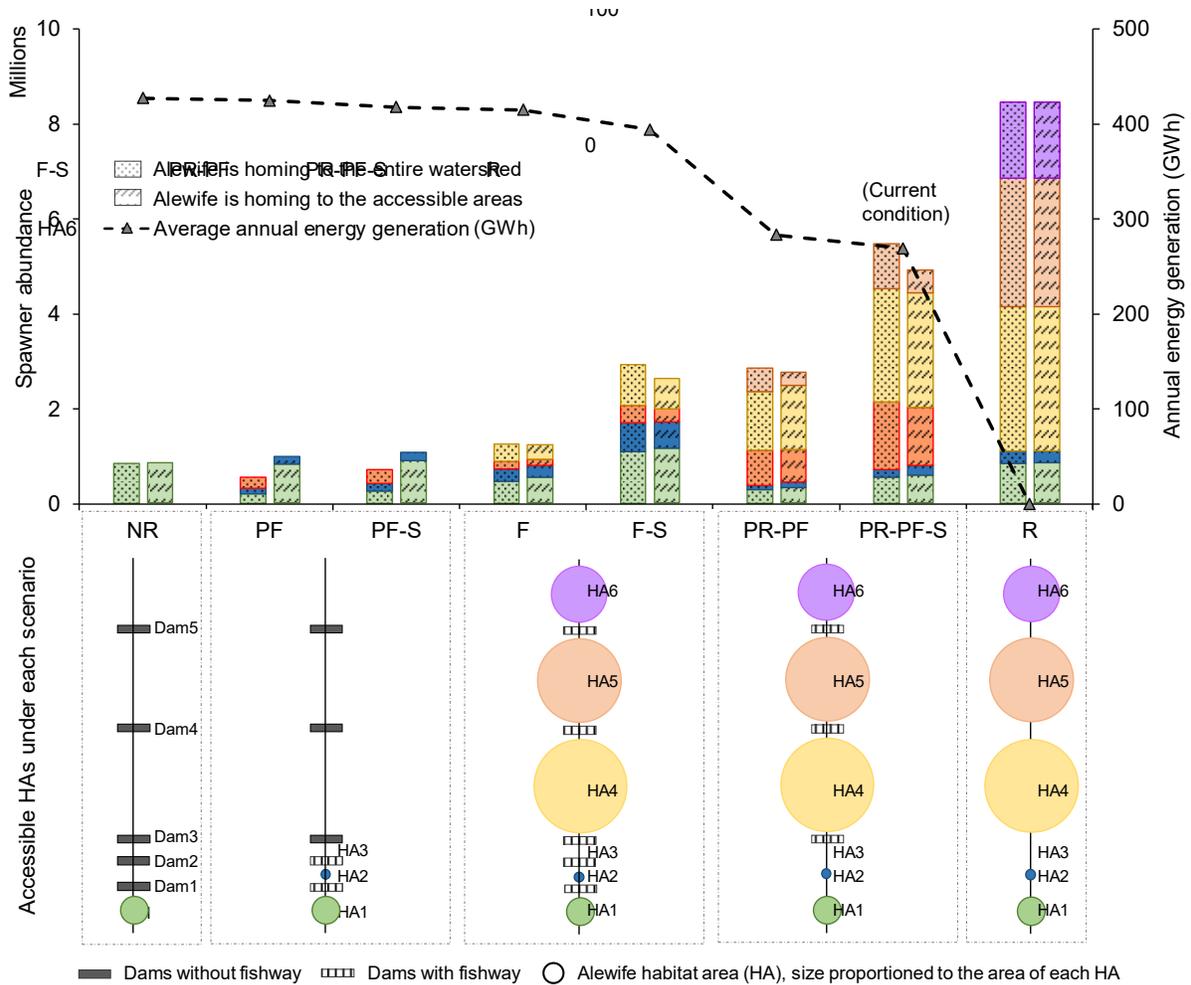
399 spawners moving upstream are mainly driven by competition for resources, and hence the general
400 motivation of moving upstream is comparatively weaker. In this case, the resources in HAs 1-2
401 could be maximally utilized, resulting in higher spawner abundance. Conversely, under the F, F-
402 S, PR-PF, and PR-PF-S scenarios, alewife spawner abundance is slightly higher under the first
403 dispersal rule than the second one. This is because under these scenarios, a much larger habitat
404 area becomes open and a stronger motivation of moving upstream facilitates spawners reaching
405 the reopened critical habitat. Note, however, that the impacts of dispersal rules on spawner
406 population are marginal (within 2-10% difference) in these scenarios.

407

408 If turbine shutdowns reduce mortality as assumed, this approach would be an effective way of
409 lessening fish kills during downstream migration. A comparison of the three scenario pairs (PF vs.
410 PF-S, F vs. F-S, PR-PF vs. PR-PF-S) shows that turbine shutdowns during fish peak downstream
411 migration periods could increase spawner abundance by around 8-30%, 114-134%, and 78-92%,
412 respectively, with small losses of hydropower capacity (~5%). Based upon our results, turbine
413 shutdown is the most effective when applied to the F scenario, where the cumulative turbine
414 mortalities associated with three dams (Dams 1-3) are significantly reduced. When turbine
415 shutdowns are applied to the PF or PR-PF scenarios, turbine mortalities associated with two dams
416 (Dams 1 and 2 in the PF scenario and Dams 3 and 4 in the PR-PF scenario) are significantly
417 reduced. As the PR-PF scenario has a much larger size of accessible upstream habitat than the PF
418 scenario, a larger spawner population could benefit from turbine shutdowns and lead to a higher
419 effectiveness of fish restoration. In general, the effectiveness of turbine shutdowns is highly
420 dependent upon spawner dispersal among the habitats, size and location of the accessible HAs,
421 and the number of dam structures that alewives need to traverse in the freshwater environments.

422

423 In terms of the energy-fish tradeoffs, the R scenario is the most effective in restoring fish
424 abundance, but would result in the total loss of hydropower capacity. The PF, PF-S, and F scenarios
425 resulted in negligible energy losses, but effects on the spawner abundance are marginal or even
426 negative. The F-S and PR-PF scenarios are able to preserve around 60-92% of the overall
427 hydropower capacity, but only restore spawner abundance to around 35% of the undammed
428 condition. The PR-PF-S scenario, on the other hand, is effective in restoring the spawner
429 population to around 60% of the abundance in the R scenario, with only around a 37% loss of
430 energy. The PR-PF-S scenario also closely reflects the actual management decisions enacted
431 through the PRRP. This project also upgraded hydropower capacity at two tributary dams, which
432 further compensated for energy losses through the removal of the two lowermost dams. Our results
433 suggest that energy-fish tradeoffs could be balanced through utilizing multiple dam management
434 activities at a basin scale. Although dam removal alone is the best option for fish restoration, the
435 resulting hydropower losses could be undesirable in places where hydropower is an important
436 source of energy.



437

438 **Figure 3.** Tradeoffs between energy and Alewife spawner abundance under different dam management
 439 scenarios. Bars filled with different colors are spawner abundance in different HAs. Stabilized spawner
 440 abundance of the two dispersal rules are shown as bars filled with dots (homing to the entire basin) and
 441 slashes (homing to the accessible areas).

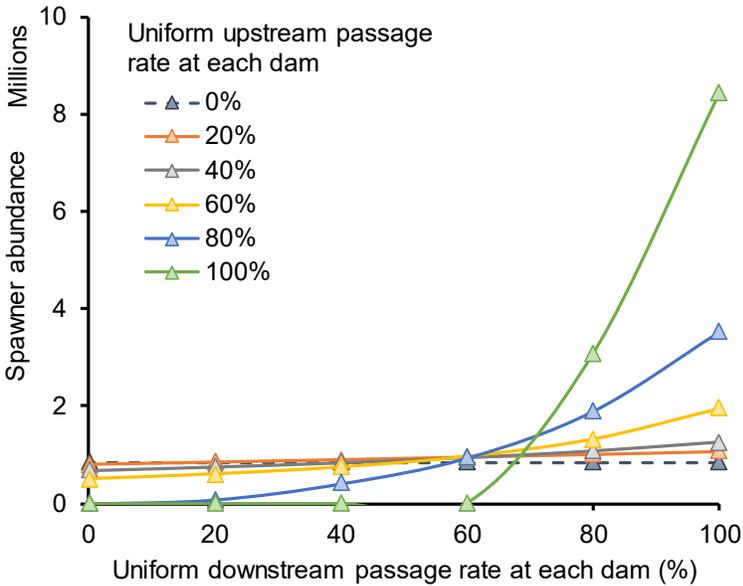
442

443 3.2 Aggregated influence of upstream and downstream migration on fish population

444 Alewife spawner abundance was simulated for the two homing patterns, and results were very
 445 similar between the two. This further supports our previous conclusion that the different dispersal
 446 rules have limited effects on spawner abundance under the F scenario. Figure 4 illustrates the
 447 resulting population changes of alewife spawners homing to the accessible areas. Under a

448 relatively low downstream passage rate of less than 70%, spawner abundance is lower than the NR
449 scenario and inversely related to the upstream passage rate. With this low downstream passage
450 rate, reopening upstream habitat areas may have an adverse effect on the spawner abundance. This
451 is because downstream mortality increases as improved upstream passage rates encourage more
452 spawners to reach habitats upstream of one or more dams. Downstream passage is therefore a
453 limiting factor for spawner abundance when it is 70% or less at each dam. Unless the downstream
454 survival rate exceeds 70%, efforts or investments to improve upstream passage rates could be
455 entirely ineffective. When downstream passage rates are relatively high (>70%), spawner
456 abundance is positively related to both upstream and downstream passage rates. In this condition,
457 the upstream passage rate becomes the primary limiting factor. When upstream passage rates
458 surpass 60%, spawner abundance is highly sensitive to changes in both upstream and downstream
459 passage rates. However, if upstream passage rates are lower than 60%, spawner abundance is less
460 sensitive to changes to both upstream and downstream passage rates. This shows a threshold also
461 exists related to the upstream passage rate, which needs to be taken account of when designing
462 dam management strategies. The upstream passage rate through a fishway has traditionally been
463 used as a metric for assessing the success of restoration projects (Cooke and Hinch, 2013).
464 However, our findings show that this is potentially misleading. Both upstream and downstream
465 pass rates influence the objectives being considered when evaluating decisions related to dams
466 (Pompeu et al., 2012).

467



468

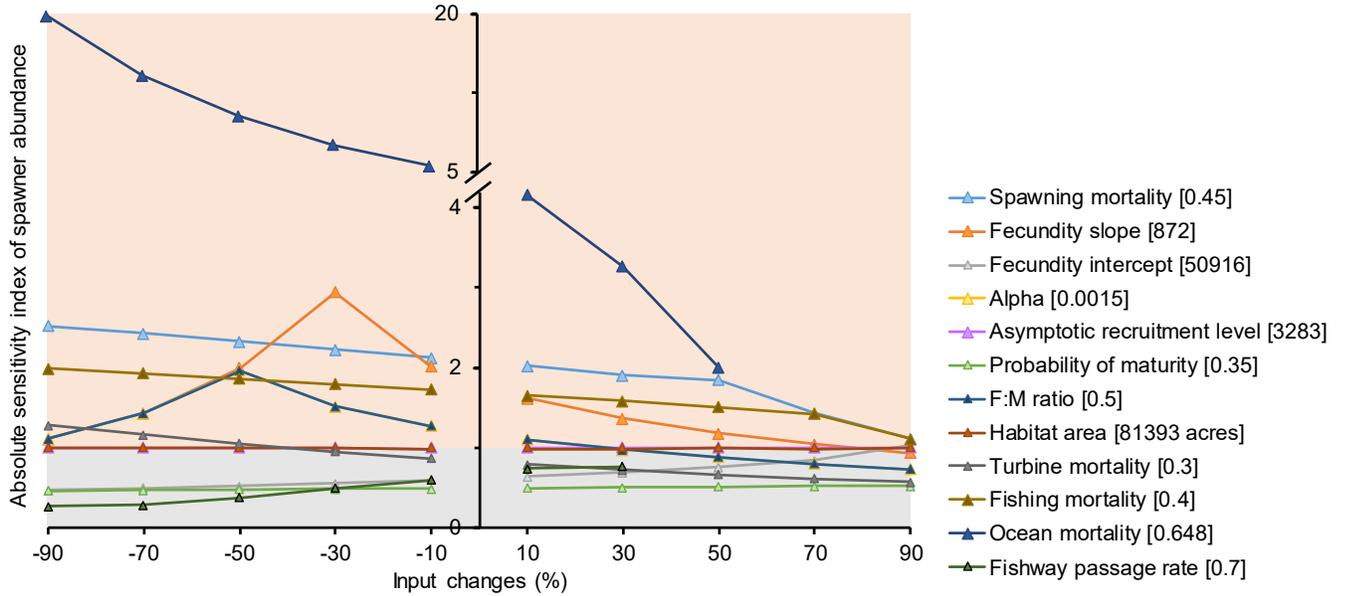
469 **Figure 4.** Alewife spawner abundance in the Penobscot River under various scenarios of upstream fishway
 470 passage rates and downstream passage rates. The colored lines correspond to various levels of upstream
 471 passage rates at all five dams.

472

473 3.3 Sensitivity analysis

474 Energy generation is sensitive to flow rate, net head, turbine operation period, and overall
 475 efficiency regardless of the percentage of increase as these parameters have a linear relationship
 476 with energy (Equation 1). For spawner abundance, the absolute value of the sensitivity index in
 477 response to a -90% to -10% decrease and a 10% to 90% increase of model inputs are shown in
 478 Figure 5. Spawner abundance was the most sensitive to ocean mortality, spawning mortality,
 479 fishing mortality, the size of the habitat area, and the asymptotic recruitment level (R_{asy}) for all
 480 investigated ranges. In addition, spawner abundance was sensitive to any decrease, or less than 10%
 481 increase, in the alpha value and sex ratio. It was also sensitive to any decrease, or less than 70%
 482 increase in the fecundity slope. Accurate quantification of these sensitive variables is important in
 483 improving the confidence of model outputs.

484



485

486 **Figure 5.** Sensitivity analysis index of alewife spawner abundance. Outputs of parameters distributed in
487 the light orange shadow are considered highly sensitive, while those distributed in the light grey shadow
488 are not. Numbers in the bracket represent the default value of each input parameter.

489

490 4. Policy Implications

491 As dam management decisions become increasingly contentious due to conflicting stakeholder
492 interests, coordinated decisions that balance both energy production and fish abundance could be
493 appealing (Roy et al., 2018). While dam removal is often heavily discussed and/or advocated when
494 comes to dam decision-making, our results suggest that combining multiple dam management
495 strategies including dam removals, fishway installations, and turbine shutdowns during the peak
496 downstream migration periods could achieve a desirable fish restoration outcome, while
497 preserving most of the hydropower capacity. Furthermore, the effectiveness of opening habitat
498 through fishway installations is heavily influenced by the size of accessible upstream habitat and
499 the downstream passage rates. For the Penobscot River, our analysis indicated that installing

500 fishways in two lowermost dams could have minimal or even negative effect on alewife spawner
501 abundance. This was mainly due to the unevenly distributed habitat areas in the watershed and
502 potentially high cumulative downstream mortalities. This shows the importance of understanding
503 the habitat distribution as well as upstream and downstream fish passage rates to inform proper
504 decision-making associated with dam management. Our results also show that the commonly used
505 “reopened/reconnected habitat area” could be an ineffective indicator of fish population recovery
506 without an understanding of the potential upstream and downstream passage rates. Future studies
507 also need to include all fish species for a comprehensive assessment of the energy-fish tradeoff.

508

509 While our study underscores the advantages of the systematic management actions made under the
510 PRRP, such coordinated decisions are generally rare in the field (Opperman et al., 2011). One
511 major barrier is the prevalence of private dam ownership, which can make basin-scale dam
512 negotiations that involves multiple owners time and cost prohibiting. From a policy perspective,
513 hydroelectric dams in the US are licensed on an individual basis without a coherent basin-scale
514 management plan, which reduces opportunities for co-optimization. Despite these significant
515 challenges, there are a growing number of funding mechanisms and resources that encourage
516 efficient basin-scale decisions (Owen and Apse, 2014). Compensatory mitigation is one funding
517 model used to offset ecological damage caused by development in wetlands, and the US Army
518 Corps of Engineers has established a method for including pro-environmental dam decisions in
519 the compensatory mitigation scheme (USACE, 2008). Institutional initiatives and frameworks
520 such as National Oceanic and Atmospheric Administration’s Habitat Blueprint (Chabot et al., 2016)
521 and US Department of Energy’s Integrated Basin-Scale Opportunity Assessment Initiative reports
522 (Kosnik, 2010; Lowry, 2003) encourage basin-scale planning and there is growing federal support

523 for this approach. Further research on the advantages of basin-scale dam decisions will support the
524 use of these funding opportunities, improve co-optimization of fish and energy resources, and
525 ultimately better reflect the preferences of stakeholders.

526

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536

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