

RESEARCH ARTICLE

Propulsive design principles in a multi-jet siphonophore

Kelly R. Sutherland^{1,*}, Brad J. Gemmell², Sean P. Colin^{3,4} and John H. Costello^{3,5}

ABSTRACT

Coordination of multiple propulsors can provide performance benefits in swimming organisms. Siphonophores are marine colonial organisms that orchestrate the motion of multiple swimming zooids for effective swimming. However, the kinematics at the level of individual swimming zooids (nectophores) have not been examined in detail. We used high-speed, high-resolution microvideography and particle image velocimetry of the physonect siphonophore *Nanomia bijuga* to study the motion of the nectophores and the associated fluid motion during jetting and refilling. The integration of nectophore and velum kinematics allow for a high-speed (maximum $\sim 1 \text{ m s}^{-1}$), narrow (1–2 mm) jet and rapid refill, as well as a 1:1 ratio of jetting to refill time. Scaled to the 3 mm nectophore length, jet speeds reach $>300 \text{ lengths s}^{-1}$. Overall swimming performance is enhanced by velocity gradients produced in the nectophore during refill, which lead to a high-pressure region that produces forward thrust. Generating thrust during both the jet and refill phases augments the distance traveled by 17% over theoretical animals, which generate thrust only during the jet phase. The details of velum kinematics and associated fluid mechanics elucidate how siphonophores effectively navigate three-dimensional space, and could be applied to exit flow parameters in multi-jet underwater vehicles.

KEY WORDS: Propulsion, Colony, Velum, *Nanomia bijuga*

INTRODUCTION

The physonect siphonophore *Nanomia bijuga* is a colonial cnidarian capable of long-distance migrations (Robison et al., 1998) as well as short sprints and maneuvering (Costello et al., 2015). As in other physonect siphonophores, multiple swimming units, called nectophores, are organized linearly along a central nectosoma (Fig. 1). The nectophores produce pulsed, high-speed jets, and in *N. bijuga* the nectophores are coordinated to produce forward swimming, reverse swimming and turning (Mackie, 1964; Costello et al., 2015). The coordination of multiple jets makes *N. bijuga* a highly effective swimmer that performs extensive diel vertical migrations, traveling hundreds of meters to the surface each night and then returning to depth during the day (Robison et al., 1998). Owing to this pronounced migration behavior, its cosmopolitan distribution (Totton and Bargmann, 1965) and the acoustic scattering properties of the gas-filled pneumatophore at the

colony tip, *N. bijuga* is a prominent member of the sound scattering layer in much of the world's oceans (Barham, 1963).

Up to this point, studies of swimming in *N. bijuga* have primarily focused on colony-level coordination between the nectophores, which play different roles during turning and straight swimming depending on their development and position along the nectosoma (Costello et al., 2015). Newly budded nectophores toward the colony apex (Dunn and Wagner, 2006) are used for turning the colony. To achieve this, these nectophores are positioned at the apex to give a long lever arm and are oriented at an angle that contributes to greater torque. Older nectophores towards the base of the colony are used for generating straight-swimming thrust. As such, they are oriented downward and produce thrust oriented more normal to the body. This coordination of nectophores allows *N. bijuga* to respond to light (Mackie, 1962) and mechanical stimuli (Mackie, 1964) and to quickly re-position between feeding bouts.

Though the division of roles among nectophores is integral in the swimming performance of *N. bijuga*, propulsion of the colony is fundamentally driven by individual-scale attributes at the level of the nectophores. However, the propulsive attributes have not been investigated in detail. Propulsion by individual cnidarian hydromedusae provides a relevant basis for comparison because the nectophores have a morphology and swimming function comparable to that of solitary medusa (Mackie, 1964). In particular, hydromedusae and siphonophores both possess a velum, a thin band of tissue encircling the opening of the jet orifice that reduces the jet opening and serves to manipulate the fluid flow during jetting and refill. In solitary medusae, the velum has been shown to improve swimming proficiency by allowing more fluid to roll up into the developing wake vortex, thereby increasing the jet formation number, a property associated with hydrodynamic efficiency (Dabiri et al., 2006). The velum diameter changes over the course of a jet cycle to control jet propagation (Dabiri et al., 2006). Experiments in the laboratory with changing nozzle diameters have provided further evidence to support the idea that changing the nozzle diameter leads to more effective jet formation (Allen and Naitoh, 2005; Dabiri and Gharib, 2005; Rosenfeld et al., 2009).

Just as the velum is important for directing flow in individual medusae, this structure plays a role in controlling propulsion by individual nectophores in a siphonophore colony. The variable diameter and maneuverability of the velum are likely important for directing flow into and out of individual nectophores. However, velum-associated fluid mechanics have not been investigated because of the inherent challenges of studying a fast-swimming yet fragile zooplankton. *Nanomia bijuga* requires careful collection and handling and, once in the laboratory, imaging is challenging because the relevant fluid motion occurs within and near the nectophore at sub-millimeter scales, but the colonies are tens of millimeters in length and travel up to 10 colony lengths per second.

In the present study, we addressed how individual nectophore kinematics, especially of the velum, control fluid motion and contribute to effective swimming in *N. bijuga*. Understanding kinematics and fluid mechanics in detail helps resolve the

¹Oregon Institute of Marine Biology, University of Oregon, Eugene, OR 97402, USA.

²Department of Integrative Biology, University of South Florida, Tampa, FL 33620, USA.

³Whitman Center, Marine Biological Laboratory, Woods Hole, MA 02543, USA.

⁴Marine Biology/Environmental Sciences, Roger Williams University, Bristol, RI 02809, USA. ⁵Biology Department, Providence College, Providence, RI 02908, USA.

*Author for correspondence (ksuth@uoregon.edu)

© K.R.S., 0000-0001-6832-6515; B.J.G., 0000-0001-9031-6591; S.P.C., 0000-0003-4463-5588

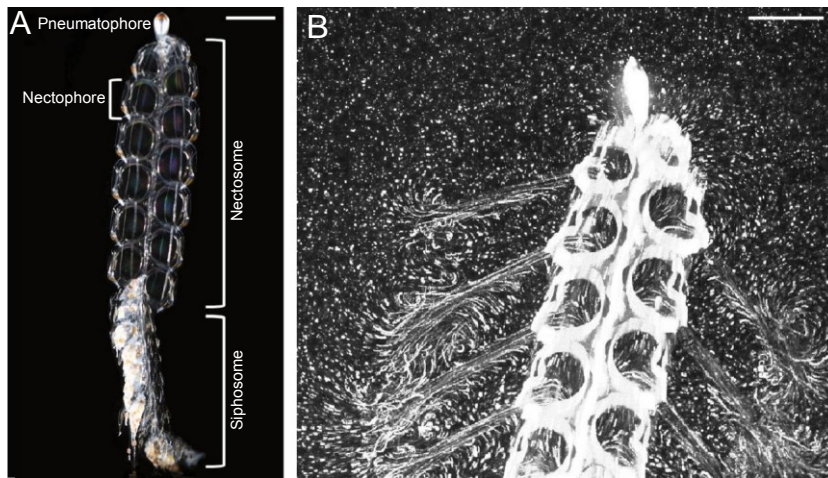


Fig. 1. *Nanomia bijuga* morphology and swimming jets. The colonial siphonophore *N. bijuga* uses multiple swimming units (nectophores) (A) to produce narrow, high-speed jets (B) shown by particle tracer paths. Scale bars are 3 mm.

mechanistic basis for effective propulsion and long-range migration in *N. bijuga*. We show that the motion of the nectophore and velum are carefully coordinated to produce narrow, high-speed jets, effective for proficient forward swimming coupled with rapid refill over a much larger velar-opening area with lower velocities, which minimizes rearward thrust and hydrodynamic loss. A comprehensive understanding of propulsive principles in this multi-jet biological swimmer may have application to underwater vehicles that rely on single or multiple jets.

MATERIALS AND METHODS

Approximately 100 *Nanomia bijuga* (Delle Chiaje 1844) colonies were hand-collected from docks at Friday Harbor Laboratories, WA, USA, in May and June 2014, 2016 and 2017. Colonies were patchy and typically sparse; therefore, collection over multiple years was required to obtain a sufficient quantity. Colonies were maintained in running seawater tables at ambient environmental temperatures (10–12°C). *Nanomia bijuga* were gently transferred to glass vessels prior to filming and observations were made within 24 h of collection. Glass vessels ranged in size from 8×2×4 to 15×4×12 cm (height×depth×width) to accommodate colonies of varying sizes. A total of 32 individuals and 41 sequences that were swimming normally, in focus and in the field of view were used in the analyses (Table S1). Colony nectosome lengths ranged from 10.7 to 28 mm (mean±s.d.=15.9±3.6; N=26), and had six to 14 nectophores (mean±s.d.=9±2; N=27). Nectophores were 2.2–4.4 mm in length (mean±s.d.=3.3±0.48; N=22). Not all morphometric measurements could be made on all colonies.

Kinematics

For kinematic measurements of individual nectophores, *N. bijuga* colonies were illuminated using a brightfield collimated light set-up with a 10× LWD objective lens (Gemmell et al., 2014). Images were collected with high-speed monochrome video cameras at 500–6400 frames s⁻¹ and resolutions of 1024×1024, 1280×1024 or 2048×2048 pixels, depending upon the frame rate necessary to temporally resolve the specific process. Side and plan views of the nectophore were taken during forward swimming. Image stacks were imported into the open-source software program ImageJ to measure the change of the velum opening over at least one complete pulse cycle. For larger field of view images of whole-colony swimming, the same brightfield set-up was used with a 50 mm lens. Time spent jetting and refilling during each pulse cycle was extracted from large field of view videos.

Fluid mechanics

To examine the relationship between velum kinematics and fluid mechanics of the jet, we used a combination of brightfield particle image velocimetry (PIV) (Gemmell et al., 2014), laser sheet PIV (Sutherland et al., 2014) and particle tracking (Costello et al., 2015). The brightfield PIV set-up was identical to the set-up for kinematics but the water was seeded with *Isochrysis* cells (size=5–6 µm). For the laser sheet PIV set-up, 10 µm hollow glass beads were seeded into the tank and illuminated with a <1-mm-thick laser light sheet (532 nm). Image sequences during jetting and refill were selected where the velar aperture was bisected by the laser sheet. Image pairs were subsequently analyzed in DaVis 8.3.1 (LaVision GmbH, Goettingen, Germany) using a cross-correlation PIV algorithm with a decreasing interrogation window size of 64×64 to 32×32 pixels or 32×32 to 16×16 pixels with 50% overlap to produce velocity vectors and vorticity contours. Instantaneous jet velocities were typically too high to capture with PIV even at shutter speeds of 1/80,000 s. Therefore, jet velocities were determined over several pulse cycles by tracking individual particles from image stacks in ImageJ at an increment of 0.05 s (Costello et al., 2015). Instantaneous nectophore area and velar diameter were measured from the same image sequences to directly compare kinematics and resultant fluid velocities. To verify that the fluid velocities measured from particle tracks were reasonable, the volume fluxes ($Q=A_j v t$) during jetting and refill were compared based on the mean jet area A_j ($=\pi ab$, where a and b are the major and minor axes of an ellipse, respectively), mean jet velocity v and time t (of jet or refill).

Swimming performance calculation

Swimming speeds U of free-swimming *N. bijuga* over time t during jetting and refill were calculated from image sequences based on the change in the x, y position of the top of the nectosome just below the pneumatophore as:

$$U \approx \frac{\delta x_2 - x_1 b^2 \frac{\partial y_2 - y_1 b^2}{\partial t}}{t_2 - t_1} \quad \delta 1b$$

To assess whether refill kinematics and fluid kinematics impart performance benefits, colony velocity during refill was compared with velocity calculated from a model assuming passive motion based on inertia and added mass alone, i.e. without considering fluid forces from refill. The distance traveled during refill for both *N. bijuga* and the passive model were calculated based on the respective velocities.

The post-contraction velocity of the passive projectile model was estimated following the equations of ballistic motion (e.g. Gemmell et al., 2013). The initial post-contraction velocity was assumed to be the maximum velocity of the *N. bijuga* colony. Because live colonies were swimming predominantly vertically, we ignored the horizontal component in the model and calculated projectile motion from a balance of forces in the vertical direction:

$$\sum F_y = m \frac{dv}{dt} = F_{\text{drag}} - mg; \quad (2)$$

where F_y is force in the vertical direction, F_{drag} is the force on the colony due to drag, m is the mass of the siphonophore and g is gravity. The model was assumed to be a smooth cylinder with same diameter and height as the nectosome. This is a conservative estimate because the colony trailing structures were not included in the length and these structures add drag, which would further decelerate the colony. Based on the parameters of the nectosome, Eqn 2 becomes:

$$m_f \rho_f \frac{dv}{dt} = m_f g - \frac{1}{2} \rho C_D r_f R^2 U^2; \quad (3)$$

$$F_{\text{drag}} = \frac{1}{2} \rho C_D r_f R^2 U^2; \quad m_f = \rho R^2 L; \quad C_D = 0.82;$$

where m_f is the added mass of the fluid around a cylinder, U is the speed of the siphonophore, R is the radius, ρ_f is the density of seawater and C_D is the drag coefficient for an elongate cylinder. We used the fourth-order Runge–Kutta method for computing two-dimensional motion of a body through a fluid, which is detailed by Biringen and Chow (2011), to obtain instantaneous position and velocities. A time step Δt of 0.01 s was used, and siphonophores were assigned a ρ of 1025 kg m⁻³ because they are slightly negatively buoyant relative to the water (ρ of 1020 kg m⁻³).

Pressure field

Pressure field data in and around the nectophore were calculated from the measured velocity vectors as previously described (Colin et al., 2012; Dabiri et al., 2014) using the Dabiri et al. (2014) queen2 MATLAB algorithm (dabirilab.com/software). High-resolution video (2048×2048 pixels) at 1000 frames s⁻¹ was required to

achieve sufficient information for pressure calculations inside the nectophore. The queen2 algorithm calculates pressure from velocity by numerically integrating the Navier–Stokes equation. To reduce the effects of errors from individual paths, a median-polling scheme is used to integrate multiple paths to calculate an estimate of pressure at every point in space (Dabiri et al., 2014). Applications of the algorithm to study other swimming organisms (Gemmell et al., 2015; Lucas et al., 2017) provided validation of the methods.

RESULTS

High-speed microvideography, kinematic analysis, PIV and particle tracking of *Nanomia bijuga* (32 individuals; 41 sequences; Table S1) revealed the motion of the nectophores and the associated fluid motion during jetting and refilling.

The motion of the velum was highly dynamic during jetting and refill (Fig. 2). A plan view of the velum during a representative jetting/refill cycle shows that while relaxed, the velum was triangular in shape. During forward jetting, the velum aperture constricted to become smaller and more circular in shape. During refill, the velum opened rapidly (Fig. 2). A time series showing a side view of the velum during a jetting/refill cycle showed that the velum moved laterally and curved downward during jetting to position the jet more parallel to the body. During refill, the velum reversed direction and moved inside the nectophore to accommodate fluid filling the nectophore (Fig. 2, Movie 1).

The rapid contraction of the velum during jetting (Fig. 2) drove a narrow, high-speed jet (Fig. 3). Based on the velar diameter and jet velocity, the Reynolds number during jetting was ~300. During refill, velocities were an order of magnitude lower and fluid was pulled in perpendicular to the colony orientation and also upstream of the velum. None of the fluid appeared to be pulled from downstream of the velum (Fig. 3). Based on the nectophore length and refill velocity, the Reynolds number during refill was ~100.

The relative timing of the velum closing and nectophore contraction controlled the jet properties (Fig. 4). During jetting, the velum closed first and then the nectophore contracted 0.05–0.08 s later, so that the nectophore aperture began closing before fluid was ejected (Fig. 4A). The resultant jet reached peak speeds of ~1 m s⁻¹ (mean±s.d.=951±183 mm s⁻¹, N=9;

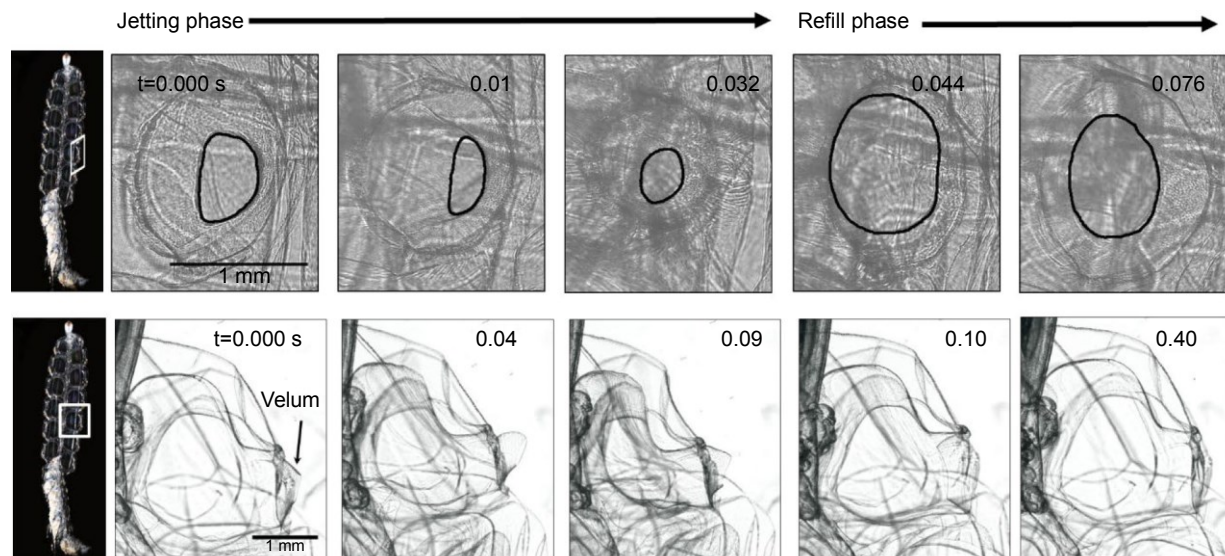


Fig. 2. Plan and side view of *N. bijuga* velum and nectophore during forward swimming, showing change in velum diameter and shape. Also see Movie 1.

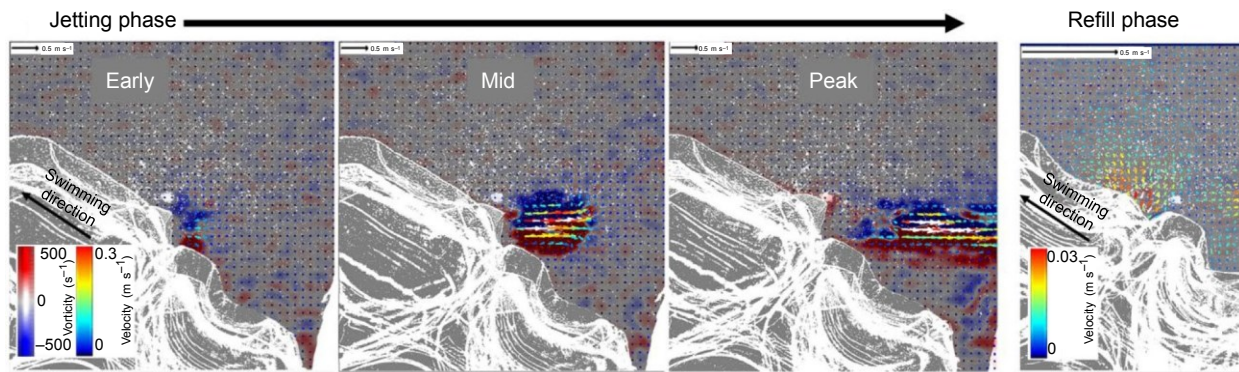


Fig. 3. Side view of *N. bijuga* nectophore showing velocity vectors and vorticity during jetting and refill. Image height=4 mm. Also see Movie 2.

Figs 3 and 4) with vorticity reaching $\sim 500 \text{ s}^{-1}$ (Fig. 3, Movie 2). Peak jet velocities were associated with periods when the velum diameter was smallest (Fig. 4B), and the greatest rate of change in jet velocity was associated with the greatest rate of change in nectophore diameter (plotted on the same axes in Fig. S1). Scaled to the 3 mm nectophore length, jet speeds reached $>300 \text{ lengths s}^{-1}$. As the velum transitioned to refill, the velum flipped from the outside of the nectophore to the inside of the nectophore (Fig. 2). During the change in position of velar opening from exterior to interior of the nectophore, the diameter decreased sharply as the velum itself passed through the aperture before subsequently expanding on the inside of the nectophore, resulting in an apparent irregularity within the velum diameter immediately preceding refill (Fig. 4). During refill, the velum relaxed and the nectophore expanded simultaneously but the rate of opening was faster in the velum (Fig. 4A). Refill velocities slowed to a minimum velocity that was an order of magnitude lower than the jetting velocity (Figs 3 and 4) and the fluid velocity was relatively steady with minimal acceleration (Fig. 4B). The amount of volume flux during jetting

(mean $\pm$ s.d.= $17.1\pm 3.3 \text{ mm}^3$) was not significantly different from volume flux during refill (mean $\pm$ s.d.= $16.4\pm 1.9 \text{ mm}^3$) (two-tailed t-test: $t=0.36$, $P=0.76$, $n=3$), which helped confirm that velocity measurements were accurately measured.

As a result of the rapid movements of the velum and nectophore, the time spent jetting (mean $\pm$ s.d.= $0.125\pm 0.013 \text{ s}$, 49%) and that spent refilling (mean $\pm$ s.d.= $0.131\pm 0.057 \text{ s}$, 51%) were not significantly different ($\sim 1:1$ ratio; two-tailed paired t-test, $t=-0.36$, $P=0.73$, $N=10$; Fig. 5). However, the time spent refilling was more variable than the time spent jetting (Fig. 5). On average, a full jet cycle was completed in $0.256\pm 0.063 \text{ s}$.

The orchestrated kinematics and fluid mechanics during swimming resulted in a measureable performance benefit for *N. bijuga*. Over a full pulse cycle, colonies translated forward $24.5\pm 5.5 \text{ mm}$ and had a maximum speed of $161.9\pm 31.9 \text{ mm s}^{-1}$ (mean $\pm$ s.d.; $N=8$). During refill, the colony continued to move forward (Fig. 6A). Though the colony decelerated during refill, the rate of deceleration was slower than would be expected for a passive model with the same dimensions and density as *N. bijuga*. As a

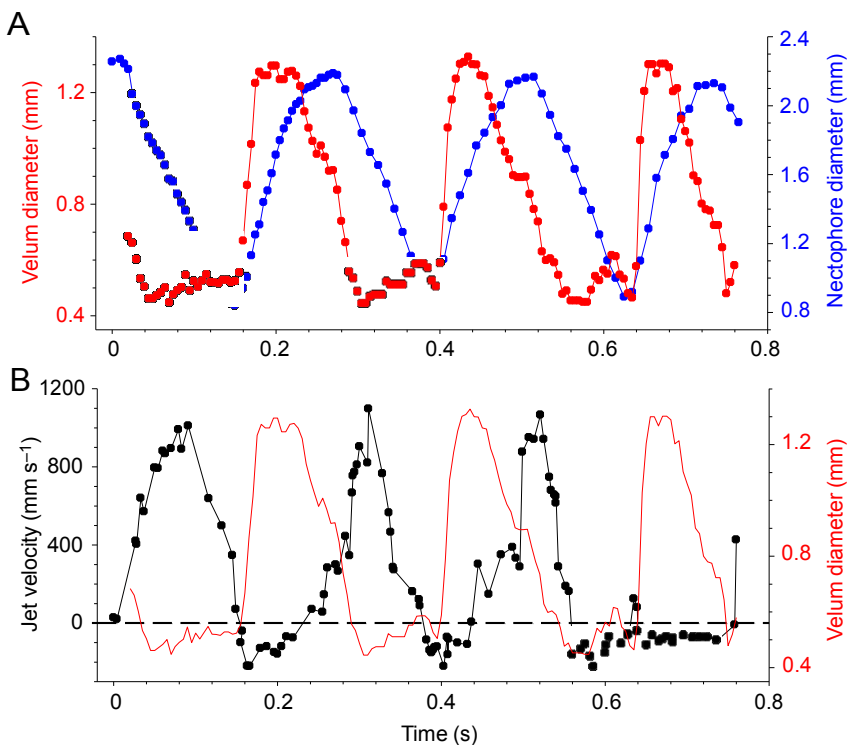


Fig. 4. *Nanomia bijuga* nectophore kinematics. (A) Change in velum and nectophore diameter over three pulse cycles and (B) the resultant jet velocities plotted with change in velum diameter.

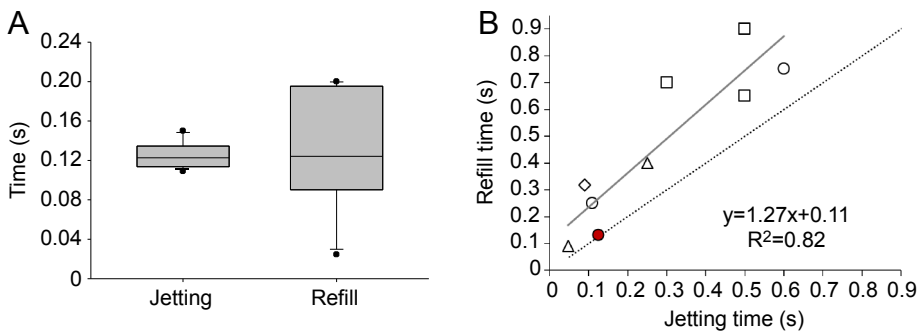


Fig. 5. Jetting versus refill time. (A) Time spent jetting (mean $\pm$ s.d.=0.125 $\pm$ 0.013 s) and refilling (mean $\pm$ s.d.=0.131 $\pm$ 0.057 s) during forward swimming by *N. bijuga* (N=10). (B) Jetting time plotted with refill time for jet-propelled swimmers between 0.1 and 2 cm in length (Table S1). Data points are from siphonophores (circles; with *N. bijuga* from the present study in red), pelagic tunicates (triangles), larval squid (diamond) and hydromedusae (squares). Solid line is a regression fitted to all data points and dotted line represents 1:1.

result, *N. bijuga* traveled twice as far during refill than would be expected based on a passive model (two-tailed paired t-test, $t=6.7$, $P<0.01$, $N=5$; Fig. 6B). Overall, the colonies traveled 17 $\pm$ 4% further during each pulse cycle than expected (Fig. 6). A quantification of the fluid mechanics and associated pressure fields during refill helps to explain the mechanism underlying this performance benefit. The morphology of the nectophore allowed fluid to be pulled in from water upstream of the nectophore opening. The fluid was accelerated as it moved through the velar opening and along the wall of the nectophore (Fig. 7A, Movie 3). As the fluid was forced towards the inner wall of the nectophore it was also deflected upwards, and as it continued to move along the wall of the nectophore it decelerated so that when the fluid reached the entrance of the nectophore again it had decelerated considerably. This movement of fluid against the inner walls resulted in a temporary vortex being formed within the nectophore during each refill. The pressure fields within the nectophore (Fig. 7B) calculated from the velocity vectors suggest that the performance benefit experienced by *N. bijuga* was due to advantageously located high-pressure fields. Fluid movement within the nectophore itself resulted in fluid being forced against the inner and upper walls of the nectophore, which in turn generated high pressure in these regions of the nectophore. This has the potential of generating upward thrust against the nectophore wall owing to the angled orientation of the nectophore, which produced an upward component of thrust instead of downward thrust as water entered during refilling. A negative pressure region created by the rotating inside the nectophore would have no direct influence on thrust because the negative pressure region did not interact with any surface of the nectophore (Fig. 7). The net result of the pressure field was therefore an added component of upward thrust, which helps to explain the performance benefit experienced by *N. bijuga* during refill (Fig. 6).

DISCUSSION

Here, we show that at the individual nectophore scale, a highly maneuverable velum and tight coordination between the kinematics

of the nectophore and velum produce impressive jet speeds and rapid refill between jets. The details of kinematics and fluid mechanics at the level of individual nectophores have been elusive because *N. bijuga* is fragile and requires careful collection. Additionally, the nectophores produce small-scale yet high-velocity jets over short time intervals (Fig. 3), which requires high shutter speeds and a sufficiently large field of view with high resolution. We found that the velum is highly maneuverable and changes diameter and shape rapidly to control fluid during jetting and refill (Figs 2 and 4). Orchestration of the velum diameter and nectophore volume drive a high-speed narrow jet, equivalent to ~ 300 nectophore lengths per second, and a low-speed refill (Fig. 4). The velum closes slightly in advance of the nectophore contraction so that as the volume of the nectophore decreases, the velum opening also decreases, allowing for a narrow, high-velocity jet. The velum then opens very rapidly (~ 0.03 s) and the large area of the velar opening slows the fluid down as it is pulled inside the nectophore. Fluid is pulled primarily from upstream of the nectophore, potentially mitigating rearward thrust that would be generated if fluid was drawn in from downstream of the nectophore (Figs 3 and 7). In addition to directing the fluid, the velum's rapid movements result in a 0.95:1 ratio of time spent jetting to time spent refilling and a short overall jet cycle time (0.26 s) compared with other jet-propelled swimmers (Fig. 5).

Jetting in cnidarian medusae has previously been characterized as asymmetric, with a shorter time spent jetting relative to refill time (Costello et al., 2008), and this pattern holds across most other jetting marine organisms. Ratios of jetting to refill are therefore <1 (Fig. 5B, Table S2). Previously, the highest reported jetting to refill ratio (0.8) among small jetters (~ 1 –10 mm) was for another siphonophore, *Chelophyes appendiculata* (Bone and Trueman, 1982) (Fig. 5B, Table S2). In single jet animals, this asymmetry has been considered essential for forward movement so that the contraction jets produce more forward thrust than the rearward relaxation flow. In hydromedusae, contraction of the bell during jetting is governed by subumbrellar muscles. During refill, the

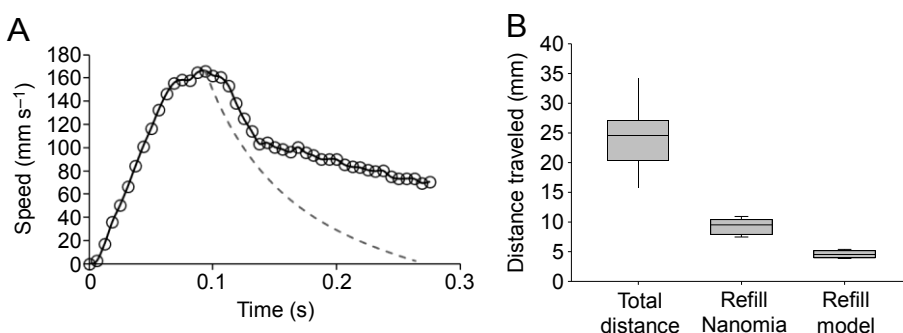


Fig. 6. Performance benefits during refill. (A) Representative profile showing *N. bijuga* colony speed over one full jet/refill cycle. Dashed line shows expected speed of a model based on inertia alone. (B) Total distance traveled during jetting/refill (mean $\pm$ s.d.=24.5 $\pm$ 5.5 mm, N=8), distance traveled by *N. bijuga* during refill (mean $\pm$ s.d.=9.2 $\pm$ 1.4 mm, N=5) and distance traveled by a passive model during the refill period (mean $\pm$ s.d.=4.6 $\pm$ 0.63 mm, N=5).

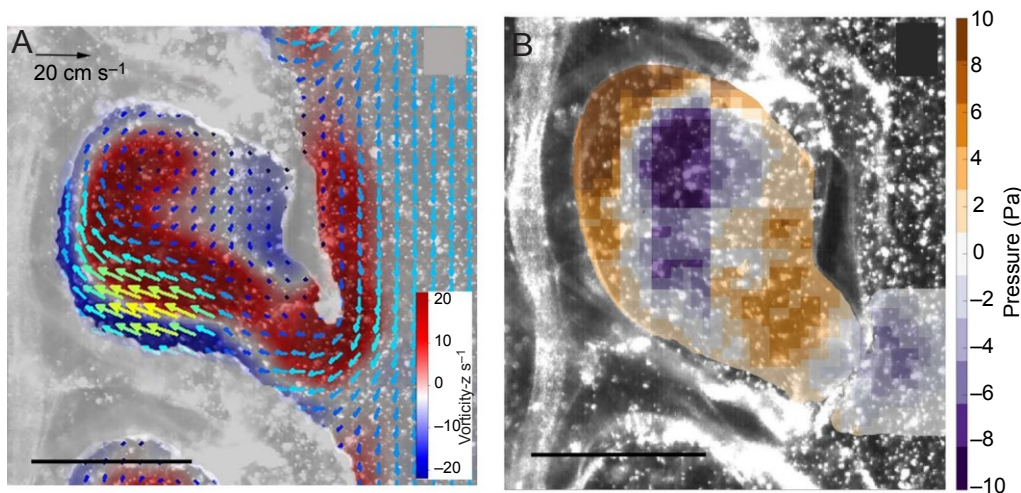


Fig. 7. Fluid mechanics during nectophore refill. (A) Velocity vectors and vorticity and (B) pressure during refill by a single nectophore. Scale bars are 3 mm. Also see Movie 3.

muscles relax and the energy stored in the elastic mesoglea of the bell returns the bell to a relaxed position. The short contraction time results in higher fluid velocities during jetting than during relaxation/refill because the volume moves out of the bell aperture over a shorter time period during contraction compared with refill. The lower refill velocity may serve to decrease rearward thrust, which would impede the animal's forward motion.

In *N. bijuga*, the refill time is almost the same as the jetting time (Fig. 5), but the potentially negative consequences in terms of high refill velocities that might create rearward thrust are mitigated by a highly variable velum diameter (Fig. 2) that slows fluid intake considerably during refill (Figs 3 and 4). In other words, the velum increases the aperture area very rapidly during refill to slow the intake velocity. Because volume is conserved, there are two variables that control fluid velocity during jetting or refill: orifice opening area and time. *Nanomia bijuga* appears to be exceptional in controlling the orifice area, allowing for a reduced refill time. The ratio of jetting to refill is not completely static, however. The relative timing of jetting versus refill is variable for *N. bijuga* (Figs 2 and 5). In other jet-propelled swimmers it has been remarked that swimming speed typically increases by decreasing refill time but maintaining the jetting time (hydromedusa: Gladfelter, 1972; squid: Anderson and Demont, 2000). During high-speed sprints that might occur during an escape, avoiding predation likely outweighs hydrodynamic losses owing to high velocity refill.

This study reveals that the presence of a variable aperture – the velum – is a key feature in controlling swimming wake dynamics. During a jetting cycle, the velum in *N. bijuga* undergoes dynamic three-dimensional changes in shape, size and orientation. Although all hydromedusae possess a velum, there is a large variability among species in how pronounced the velum is relative to the bell diameter. Species that have a more developed velum are more proficient at swimming and are typically characterized as ambush predators (Colin and Costello, 2002). In the fast-swimming hydromedusa *Nemopsis bachei*, flow visualizations showed that time-varying velar kinematics enhance the vortex structures produced during jetting to maximize thrust (Dabiri et al., 2006). A variable velar opening appears to be a critical feature in enhancing wake structures of the fast-swimming hydromedusae that have been studied.

In addition to changing diameter, the velum of *N. bijuga* also changes shape. During jetting, the velum goes from a two-dimensional shelf to a three-dimensional truncated cone shape. During rest, the opening shape is triangular and then, as the velum contracts, the opening shifts to an ellipse and finally a circular

opening (Fig. 2). Other jetters with variable exit openings also exhibit shape changes. The shape of a squid's siphon goes from circular to elliptical (Anderson and Demont, 2000), and in salps, the exit nozzle goes from a circular shape to a curved ellipse (Sutherland and Madin, 2010). A triangular-shaped exit nozzle has not been observed in other jet-propelled organisms, but, interestingly, the aortic valve in the mammalian heart is triangular in shape (e.g. Yoganathan et al., 2004). Leonardo da Vinci was fascinated by this triangular shape and the associated fluid mechanics, and considered the human aortic valve to be an example of a highly efficient pump (Robicsek, 1991). Fluid dynamics associated with changes in exit diameter of jet nozzles have been investigated in biological swimmers (Dabiri et al., 2006) and with jet nozzles in the laboratory (Allen and Naitoh, 2005; Dabiri and Gharib, 2005; Rosenfeld et al., 2009); however, the importance of the change in shape of the nozzle opening remains an open area of investigation.

The jetting phase is typically the focus of studies of aquatic jet propulsion, but the potential for momentum recapture during refill in squid has been described (Anderson and DeMont, 2000), and recent work has underscored the importance of the refill phase in garnering performance benefits (Gemmell et al., 2013, 2018). In cnidarian medusa, the stopping vortex that moves into the bell during refill generates pressure gradients to produce passive energy recapture (PER). In *Aurelia aurita*, PER generates a 30% increase in the distance traveled during each swimming cycle and contributes to the low cost of transport for cnidarian medusa (Gemmell et al., 2013). Although PER is an important feature across species of cnidarian medusae, the degree of performance benefit varies among species with different swimming modes, ranging from 0 to a 60% increase in total distance traveled (Gemmell et al., 2018).

Nanomia bijuga travels 17% farther during refill than would be expected for a passive model, i.e. *N. bijuga* that does not produce thrust during refill (Fig. 6). This benefit – the equivalent of shaving 40 min off a 4 h marathon time – leverages the fluid dynamics associated with the refill period. In addition to a low refill velocity and pulling fluid upstream of the nectophore as discussed above (Figs 3 and 4), the circulation of fluid in the nectophore produces regions of high and low pressure (Fig. 7). As the fluid enters the nectophore, it accelerates and is forced into the walls to produce a broad high-pressure region toward the upper section (proximal and medial) of the nectophore. This high-pressure region would therefore be expected to produce a thrust vector with a substantial upward component that would contribute to forward swimming (Fig. 8). In contrast, the sub-ambient pressure at the entrance to the

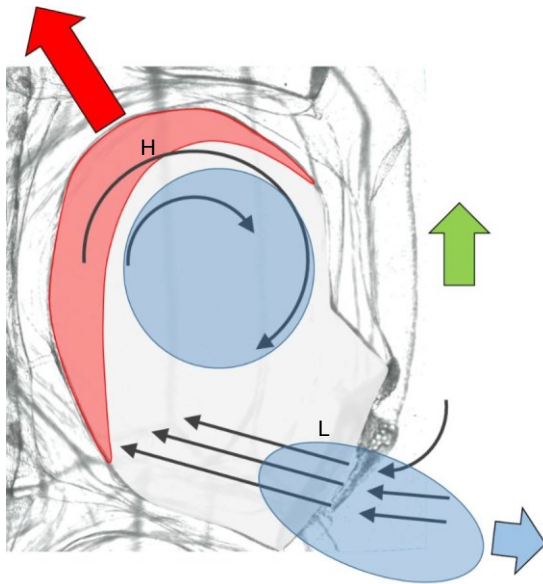


Fig. 8. Proposed model detailing fluid flow and corresponding pressure fields during refill responsible for generating performance benefit in *N. bijuga*. Velocity vectors (thin arrows), high (H) and low (L) pressure and resultant thrust vectors (wide arrows) are shown.

velum is relatively low and therefore produces a smaller thrust vector. Further, because the fluid is drawn in at an oblique angle (5–35 deg) relative to the colony axis (Costello et al., 2015), this thrust vector would be expected to have only a small downward component. The upward thrust generated by high pressure at the upper wall and reduction of the downward thrust through the angled orientation of the nectophore explain the performance benefit during the refilling phase. This mechanism can only function when multiple jetting units are present as the lateral component of force created during refill in one nectophore is offset by the equal and opposite force produced by the nectophore on the opposite side.

Placed in a broader context, swimming capabilities are important for migrating, feeding and escaping predation. For some cnidarian hydromedusae, swimming and feeding are tightly coupled such that swimming also generates vortices that pass through the tentacles, bringing prey into contact with these feeding structures (Costello and Colin, 2002). In jetting hydromedusae, which tend to have more streamlined prolate forms, swimming is decoupled from feeding. These hydromedusae are characterized as ambush predators; they spend much of their time motionless (Colin et al., 2003) and rely on swimming prey intercepting the tentacles. In colonial siphonophores, the swimming structures are completely decoupled from the feeding structures both spatially and functionally. The nectophores, which are in a linear array along the nectosome, have a specific swimming role and the feeding structures are situated further down the colony along the siphosome (Fig. 1A).

From an adaptive perspective, the decoupling of swimming and feeding functions may have allowed for additional performance benefits in swimming for colonial siphonophores (Mackie, 1986; Costello et al., 2008). Nectophores are arranged in a streamlined linear architecture and have an exclusive propulsive role that is coordinated by nerves. The colony can therefore perform diverse swimming movements, much like a well-integrated solitary organism. Propulsion by a single apical nectophore produces turning, and forward swimming can be achieved by synchronous or asynchronous pulsing of the nectophores (Costello et al., 2015).

Asynchronous swimming achieves hydrodynamic efficiency beyond what single jetters can achieve because the colony swims at a steady speed (Sutherland and Weihs, 2017). The decoupling of swimming from feeding at the individual nectophore scale and coordination among nectophores help to explain why many siphonophore species are proficient swimmers (Bone and Trueman, 1982; Costello et al., 2015) capable of long-distance diel vertical migrations (e.g. Pugh, 1984; Andersen et al., 1992). Multi-jet marine swimmers have the potential to inspire more maneuverable and efficient underwater vehicles, and the principles of velum kinematics and associated fluid mechanics presented here could be applied to improve exit nozzle parameters in this context.

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Competing interests

The authors declare no competing or financial interests.

Author contributions

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Supplementary information

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