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**Controls on sediment flux and marsh deposition near a bay-marsh boundary**

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22 **Abstract**

23           The sustainability of marshes adjacent to coastal bays is driven by the exchange of  
24 sediment across the marsh-bay boundary, where edge erosion commonly leads to lateral marsh  
25 loss and enhanced vertical accretion. Yet, the timing and patterns of sediment deposition on salt  
26 marshes adjacent to larger bodies of water, such as coastal bays, differ from those on better-  
27 studied tidal creek marshes primarily owing to the importance of wind-waves. Field  
28 measurements and modeling were used to examine controls on suspended sediment  
29 concentrations and fluxes on a tidal flat (tidal range of 1.2 m) and rates of sediment deposition on  
30 the adjacent marsh at a site on the Eastern Shore of Virginia. Suspended sediment concentrations  
31 over tidal flats were strongly controlled by waves. Storm winds sufficient to drive large  
32 resuspension events, however, often coincided with peak tidal elevations that were too low to  
33 flood the marsh, which was oriented away from the wind directions most favorable for storm  
34 surge, thereby restricting storm-driven, episodic sediment delivery to the marsh. Winds also  
35 drove wide variability in the direction of surface currents near the marsh edge when water depths  
36 were high enough to flood the marsh. Nevertheless, our results show that sediment in the upper  
37 water column over the tidal flat was effectively transported across the marsh edge during  
38 flooding tides. A sediment deposition model developed to investigate the combined effects of  
39 vegetation and wave action on depositional patterns, predicted that waves displace maximum  
40 deposition inland from the marsh edge, consistent with measured deposition at the study site.  
41 Marsh deposition was sensitive to inundation frequency as well as the concentration of sediment  
42 in water flooding the marsh, underscoring the importance of nontidal controls on water surface  
43 elevation, such as meteorological effects (e.g., storm surge) and sea level rise. Whereas short-  
44 term increases in marsh inundation enhance deposition, sea level rise that results in deeper water

45 over the tidal flats decreases deposition if marsh elevation is rising in step with sea level.

46

47 **Keywords** suspended sediment concentrations, sediment flux, sediment deposition, salt marsh,

48 shallow coastal bays, storms, sea-level rise

## 49 **Introduction**

50 As sea level rises, the persistence of intertidal salt marshes depends on their ability to  
51 maintain their elevation relative to sea level. The vertical position of the marsh platform with  
52 respect to sea level is determined by the rate of relative sea level rise (RSLR), organic matter  
53 accumulation, and mineral sediment deposition (Cahoon & Reed 1995). Threshold rates of  
54 RSLR that trigger marsh drowning depend strongly on the concentration of sediment suspended  
55 in the water flooding the marsh (Kirwan et al. 2010), a proxy for the sediment available to be  
56 deposited on the marsh surface.

57 The factors influencing sediment deposition on tidal creek marshes have been relatively  
58 well characterized (e.g., Leonard 1997; Christiansen et al. 2000; Friedrichs & Perry 2001;  
59 Temmerman et al. 2003; Fagherazzi et al. 2013; Ganju et al. 2015; Ensign & Currin 2017). In  
60 contrast, the factors affecting depositional processes at bay-marsh boundaries have received less  
61 attention. There are three main differences between tidal creek marshes and marshes bordering  
62 coastal bays. The most important is the presence of waves, which episodically increase bed shear  
63 stress (Fagherazzi & Wiberg 2009; Mariotti et al. 2010), resuspend sediment on adjacent tidal  
64 flats (Lawson et al. 2007; Carniello et al. 2012), and dissipate their energy either on the marsh  
65 edge scarp (Tonelli et al. 2010; Marani et al. 2011) or over the marsh platform as they encounter  
66 marsh vegetation (Möller et al. 1996, 1999, 2014). The second is that the lateral position of the  
67 bay-marsh boundary is inherently unstable, perpetually retreating or prograding (Mariotti &  
68 Fagherazzi 2013; Fagherazzi et al. 2013) in contrast to the often-stable location of tidal creek  
69 banks. Finally, the complex pattern of tidal and wind-driven flow on tidal flats and adjacent  
70 marsh surfaces is reflected by the wide variability in the net direction of suspended sediment flux  
71 over the tidal flats bordering a marsh. Characterizing the transport of sediment across these bay-

72 marsh boundaries is important because erosion along bay edges is both a primary mechanism for  
73 lateral marsh loss (Fagherazzi 2013), and a source of sediment for sustaining vertical marsh  
74 accretion (Mariotti and Carr 2014).

75 A number of recent studies have focused on rates of lateral change in the position of  
76 marsh-bay boundaries (Marani et al. 2011; McLoughlin et al. 2015; Deaton et al. 2017), and the  
77 consequences of marsh edge retreat for the overall evolution of marsh-bay and marsh-bay-upland  
78 systems (Mariotti & Fagherazzi 2013; Kirwan et al. 2016). Few studies, however, have measured  
79 time series of currents, waves, tides and turbidity at a bay-marsh boundary, which is important  
80 for understanding and modeling sediment delivery to bay-fronted marshes and quantifying  
81 sediment budgets for marsh-bay systems. Studies that have measured some of these parameters  
82 near mudflat-salt marsh boundaries (Widdows et al. 2008; Pratolongo et al. 2010; Callaghan et  
83 al. 2010) have been in environments with a tidal range of 4m or more and with small marshes  
84 that lack a well-defined scarp. The majority of intertidal salt marshes are in microtidal  
85 environments (Kearney & Turner 2016) and small tidal ranges increase the vulnerability of salt  
86 marshes to drowning (Kirwan et al. 2010). Studies of sediment transport and deposition near  
87 bay-marsh boundaries in microtidal environments are needed.

88 In this paper we combine field measurements and modeling to investigate the physical  
89 processes controlling concentrations and fluxes of suspended sediment along a tidal flat-marsh  
90 transect, as well as sediment deposition on the marsh surface, in a shallow, microtidal coastal bay  
91 (tidal range of 1.2 m). We then use the results to assess the ways in which these processes differ  
92 from those controlling deposition on tidal creek marshes, the potential impact of increases in sea  
93 level and storminess on deposition rates for bay-fronted marshes in microtidal coastal bays, and  
94 implications for modeling sediment deposition on marshes in these systems.

95 *Study Site*

96           The Virginia Coast Reserve (VCR) is a barrier-bay-marsh system that extends over 100  
97 km along the Atlantic side of the lower Delmarva Peninsula. The VCR lacks significant fluvial  
98 sediment sources, although a recent modeling study found that fine-grained ocean sediment is  
99 imported to the bay side of tidal inlets during intense storms with large storm surge (Castagno et  
100 al. 2018). Hydrodynamic processes internally redistribute sediment among the shallow bays,  
101 barrier islands, and tidal salt marshes that comprise this system (Mariotti & Fagherazzi 2010).  
102 Wind-generated waves drive marsh-edge erosion along most of the bay-marsh boundary in the  
103 VCR (Mariotti & Fagherazzi 2013; McLoughlin et al. 2015; Priestas et al. 2015), and force  
104 episodically high suspended sediment concentrations (SSC) in the shallow portions of the bays  
105 (Lawson et al. 2007). Southerly winds are more common than northerly winds, particularly  
106 during the summertime (Fagherazzi & Wiberg 2009), but the highest wind speeds are typically  
107 associated with winter Nor'easters.

108           This study focuses on the bay-marsh edge along a section of Chimney Pole Marsh  
109 (CPM), a marsh island bordering Hog Island Bay (Fig. 1). The bay is fringed by salt marshes that  
110 colonize the mainland, islands, and back-barrier areas, accounting for approximately 30% of  
111 total surface area (Oertel 2001). The bay is approximately 100 km<sup>2</sup>, and about 50% of the bay is  
112 less than 1 m deep at mean low tide (Oertel 2001). Tides within the bay are semidiurnal, with a  
113 mean tidal range of ~1.2 m (Oertel 2001; Lawson et al. 2007). Field measurements and modeling  
114 indicate significant spatial and temporal variations in SSC in the bay (Lawson et al. 2007;  
115 Wiberg et al. 2015). The section of the marsh edge chosen for this study is a site of several prior  
116 studies, including measurements of long-term lateral retreat of the marsh edge scarp

117 (McLoughlin et al. 2015), marsh edge characteristics (McLoughlin 2010), and marsh surface  
118 elevation change (Wiberg 2016).

119 For this study, a 30-m-long transect was established that crossed an eroding marsh edge  
120 ( $1.5\text{-}2\text{ m yr}^{-1}$ ; McLoughlin et al. 2015) and extended from the bay to the marsh interior (Fig. 1,  
121 Tbl. 1). Elevation along the transect slowly increases from the bay ( $-0.8\text{ m}$  above MSL) to the  
122 tidal flat ( $-0.5\text{ m}$  above MSL) across 13 m of unvegetated bay bottom, then increases rapidly  
123 across a steep scarp between the flat and the marsh platform. On the marsh, the surface elevation  
124 along the transect decreases from the marsh edge ( $0.55\text{ m}$  above MSL) to the marsh interior ( $0.4$   
125  $\text{m}$  above MSL; McLoughlin 2010), which slopes downward towards a tidal creek  $\sim 200\text{ m}$  from  
126 the marsh edge. Given the elevation of the study site compared to mean high water (MHW  $\cong 0.6$   
127  $\text{m}$  above MSL), the marsh floods primarily during spring high tides or when the mean water  
128 level is elevated due to meteorological effects.

129 At CPM, the marsh edge typically erodes by detachment and dislodgement by waves of  
130 the dense near-surface root mat formed by marsh vegetation. Removal of the root mat is  
131 generally followed by erosion of the weaker, underlying sediment although this underlying layer  
132 may persist for some time as a terrace-like feature with a surface elevation between that of the  
133 marsh surface and the adjacent tidal flat (McLoughlin 2010). Sediment grain size increases from  
134 the tidal flat ( $D_{50}=11.4 \pm 1.2\ \mu\text{m}$ ) to the interior ( $D_{50}=21.6 \pm 3.4\ \mu\text{m}$ ), as does *S. alterniflora*  
135 biomass (Tbl. 2). Stunted vegetation along much of the bay-marsh edge differs from the typical  
136 plant morphology on tidal creek banks, where *Spartina alterniflora* is usually taller and thicker  
137 (Leonard & Luther 1995; Christiansen et al. 2000; Morris et al. 2002).

138

139 **Approach and Methods**

140 *Overview*

141 Current, wave, water level, and turbidity measurements were made at 4 monitoring sites  
142 (1-bay, 2-tidal flat, 3-marsh edge, and 4-marsh interior) along the study transect (Tbl. 1; Fig1).  
143 Measurements were recorded for 4 weeks during the summer (May-June) and early winter  
144 (November-December) seasons of 2013, as well as in March 2014 (Tbl. 1). Multiple instrument  
145 deployments allowed for seasonal variations in wind, hydrodynamics, and turbidity to be  
146 captured. Waves, currents, water levels and turbidity were recorded during each deployment at  
147 some or all of the transect sites (Tbl. 1). Wind speed and direction were measured in South Bay  
148 (Reidenbach & Timmerman 2014), about 30 km south of the study site (Fig. 1), during the entire  
149 period of the deployments. Aboveground biomass (McLoughlin 2010) and sediment deposition  
150 were measured at marsh sites 3 (edge) and 4 (interior) and a site in between. Grain size  
151 distributions were determined for sediment samples from marsh and tidal flat sites using a  
152 particle size analyzer (Beckman Coulter 2011).

153 Analysis and interpretation of the field data were facilitated by the use of three models.  
154 The first is a simplified model we developed to evaluate the influence of waves and vegetation  
155 on the pattern of deposition recorded on the marsh. The second is a 1-dimensional resuspension  
156 model following Lawson et al. (2007) that we used to extend our observations of suspended  
157 sediment concentrations at one depth to the full water column and to a larger range of wave,  
158 current and water depth conditions than were measured. The third is a parametric wave model for  
159 shallow-water systems (Young & Verhagen 1996a, b), which allowed us to estimate wave  
160 conditions beyond the period of our measurements, including for higher sea levels.

161 *Measurements and Analysis of Currents, Waves and Water Levels*

162 We used Nortek AS Aquadopp<sup>®</sup> acoustic Doppler profilers (ADPs) to measure profiles of

163 horizontal and vertical velocities every 15 minutes during each deployment. A profile of velocity  
164 was recorded at specified elevations (at least every 0.1 m) beginning at 0.1 or 0.2 m above the  
165 instrument head. Multiple ADPs were deployed along the transect, providing current  
166 measurements on the tidal flat, at the marsh edge, and in the marsh interior. Vegetative  
167 interference in the measurements taken on the marsh was not a concern given the low height and  
168 density of *S. alterniflora*. No current measurements were made at the bay site (site 1; Tbl. 1).  
169 The data were filtered by depth to ensure that the height of current measurements was less than  
170 the corrected water depth at a given time. At marsh sites 3 and 4, currents were averaged over the  
171 whole profile to obtain a mean velocity and direction. At site 2 (tidal flat), either part or all of the  
172 profile was averaged to obtain mean velocities for various depth ranges. Current-generated bed  
173 shear stresses were estimated using a drag coefficient (Lawson et al. 2007; see Appendix) and  
174 near-bed horizontal velocity components.

175 RBR TWR-2050 wave-tide gauges (hereafter referred to as wave gauges) were deployed  
176 above the bay, flat and marsh surfaces, sampling at either 4 or 6 Hz every 15 minutes for the  
177 duration of a given deployment. Multiple gauges simultaneously recorded waves along the  
178 transect, allowing changes in wave height from the bay to the marsh interior to be resolved. RBR  
179 software calculated depth-corrected values of significant wave height and wave period for each  
180 sampling interval. Bottom wave orbital velocities were calculated following Wiberg and  
181 Sherwood (2008). Wave-generated bed shear stresses were estimated from bottom orbital  
182 velocities using a wave friction factor (Fredsoe & Deigaard 1992; see Appendix).

183 Water depth was determined from pressure recorded by the ADPs and wave gauges.  
184 Pressures were corrected for atmospheric pressure (Wunsch & Stammer 1997) and referenced to  
185 mean sea level based on barometric pressure and long-term water level measurements at the

186 nearby NOAA Wachapreague, VA tide station (tidesandcurrents.noaa.gov). The difference  
187 between predicted and observed tides recorded at the Wachapreague station provided an estimate  
188 of storm surge at the study site.

189 *Measurements and Analysis of Suspended Sediment Concentration and Flux*

190 We used RBR dataloggers with Seapoint Sensors, Inc. auto-ranging optical backscatter  
191 sensors (OBS) to measure turbidity at sites 1 (bay) and 2 (tidal flat) along the transect. Sensors  
192 were positioned approximately 0.35 m above the bed. Campbell Scientific® OBS-3+ were used  
193 to measure turbidity over the marsh platform except at site 3 in March 2014 when an RBR sensor  
194 was used. Sensors on the marsh were positioned approximately 0.03m above the marsh surface.  
195 For both OBS types, the data were filtered by water depth to remove measurements recorded  
196 above the water surface and during times of shallow depth when the water surface interfered  
197 with the return signal.

198 The OBSs measured turbidity in nephelometric turbidity units (NTU). The RBR OBSs  
199 (sites 1 and 2 during both deployments, and at site 3 for M14), were factory calibrated to the  
200 same NTU standards, allowing for direct intercomparison of NTU measurements at sites with  
201 similar suspended sediment properties. NTU was converted to SSC ( $\text{mg L}^{-1}$ ) by independently  
202 calibrating each instrument with sediment from the site in a stirred tank with saline water over a  
203 range of sediment concentrations up to at least  $300 \text{ mg L}^{-1}$ , which were measured based on 20-25  
204 45 mL water samples (later filtered and weighed) that were collected while turbidity was  
205 recorded (Duvall 2014; Hansen & Reidenbach 2012). Calibration regressions and related  
206 goodness-of-fit parameters are provided in Online Resource 1.

207 At each site, turbidity was measured at only one elevation above the bed. At the tidal flat  
208 site we used the Rouse equation (Rouse 1937) to extrapolate from the point measurements to

209 estimated SSC profiles throughout the full water column in order to approximate the amount of  
210 sediment in the upper water column available for deposition on the marsh (Lawson et al 2007;  
211 see Appendix). Given the very shallow depth of flooding waters, measured turbidity on the  
212 marsh was taken as representative of the full water column. Critical shear stress was determined  
213 to be  $\tau_{cr} = 0.07$  Pa from a plot of NTU versus total (wave and current) shear stress at site 2  
214 (Online Resource 2).

215 Sediment flux between the tidal flat and adjacent marsh platform was estimated using  
216 simultaneous measurements of turbidity and velocity at site 2 for times when water surface  
217 elevation was above the level of the marsh edge. Estimated upper-water-column SSC ( $SSC_{UWC}$ )  
218 and measured current velocity at site 2 were averaged over the depth of water flooding the marsh  
219 (i.e. from the height of the marsh surface to the height of the water surface). Suspended sediment  
220 flux was calculated as the product of  $SSC_{UWC}$  and current velocity. Uncertainty in SSC and flux  
221 estimates is the result of scatter in the SSC calibration (Online Resource 1) and the use of the  
222 Rouse profile to extrapolate SSC throughout the water column at site 2 (see Appendix).

### 223 *Sediment Deposition Measurements and Calculations*

224 The amount of sediment deposited on the marsh was directly measured using tiles  
225 positioned flush with the marsh surface (e.g. Pasternack & Brush 1998) over the course of each  
226 deployment. Average deposition was calculated using 3 tiles randomly placed at sites 3 and 4, as  
227 well as a mid-marsh site in between sites 3 and 4 (~8 m from edge). Sediment on the plates was  
228 dried and weighed; mass of sediment deposited per unit area was determined as the ratio of dry  
229 weight to tile area.

230 Potential sediment deposition on the marsh was estimated as the product of SSC  
231 computed from turbidity measured at site 3 (marsh edge) and sediment settling velocity (see Eq.

232 1 below) during times when the marsh was flooded. This will tend to overestimate actual  
 233 deposition because it does not account for potential entrainment over the marsh or the effect of  
 234 decreasing concentration due to deposition as flooding water moves toward the marsh interior.  
 235 These effects are likely to be minimized in a zone roughly 5-10 m into the marsh, allowing for  
 236 attenuation of waves propagating onto the marsh platform (Möller et al. 1996, 2014) while being  
 237 close enough to the edge that a roughly  $0.01\text{ m s}^{-1}$  flow could travel the distance from the edge in  
 238 a time on the order of 10 min. Estimated deposition is sensitive to the choice of settling velocity.  
 239 For the deposition estimates, we used a settling velocity of  $0.06\text{ mm s}^{-1}$ , consistent with a grain  
 240 size of  $10\text{ }\mu\text{m}$  (Dietrich 1982), slightly smaller than the  $D_{50}$  at sites 2 and 3 (Tbl. 1).

241 *Sediment Deposition Model*

242 We developed a simple model to explore the relative effects of vegetation and wave  
 243 action on the pattern of sediment deposition observed near a bay-marsh boundary. Sediment is  
 244 assumed to be well mixed in the water column over the marsh owing to velocity fluctuations  
 245 associated with turbulence and wakes that form as water flows through vegetation (Nepf 1999).  
 246 If we also assume that no sediment is entrained from the marsh surface (Kastler & Wiberg 1996;  
 247 Christiansen et al. 2000), we can describe the change in sediment mass in the water flooding the  
 248 marsh as

249 
$$\frac{\partial M_s}{\partial t} = \frac{-w_s M_s}{h} (= -w_s C_s) \quad (1)$$

250 where  $M_s$  is the mass of sediment in suspension per unit area,  $w_s$  is particle settling velocity,  $C_s$  is  
 251 mass concentration of sediment and  $h$  is water depth above the marsh surface. When  $h$  is  
 252 constant across the transect, Eq. 1 has the solution

253 
$$M_s = M_{s0} e^{-(w_s/h)t} \quad (2)$$

254 where  $M_{s0}$  is the initial mass of sediment in the water entering the marsh and  $t$  is time. Dividing  
 255 both sides by  $h$  yields an expression for sediment concentration as a function of  $t$ :  $C_s = C_{s0} e^{-(w_s/h)t}$   
 256 where  $C_{s0}$  is the SSC of the water flooding the marsh. Assuming the water is moving in the  $x$   
 257 direction at a given velocity  $u$ , these solutions can be transformed into mass or concentration as a  
 258 function of distance,  $x$ , using the relationship  $x = \int u dt$ . The pattern of deposition per unit width  
 259 of marsh ( $D$ ) was found by differentiating  $M_s(x)$ :

$$260 \quad D(x) = -\frac{dM_s(x)}{dx} \quad (3)$$

261 We assumed a simple sinusoidal tidal variation in water depth such that

$$262 \quad h_0 = A \sin(\omega t_0) - E \quad (4)$$

263 where  $h_0$  is the depth of water above the marsh surface at the marsh edge,  $\omega = 2\pi/T_{tide}$ ,  $T_{tide}$  is the  
 264 characteristic tidal period (12.5 hrs),  $t_0$  is time relative to tidal cycle,  $A$  is a characteristic tidal  
 265 amplitude, and  $E$  is marsh elevation relative to MSL. The depth and velocity of water entering  
 266 the marsh varied with time, but for simplicity we assumed that the depth and velocity would  
 267 remain constant as that water crossed an unvegetated marsh platform; the effect of marsh  
 268 vegetation on velocity was accounted for as described below. The velocity of water entering the  
 269 marsh was defined to be out of phase with water level by  $T_{tide}/4$  such that slack water conditions  
 270 were reached at high tide, i.e.  $u_0 = u_T \cos(\omega t)$ , where  $u_0$  is velocity at the marsh edge and  $u_T$  is  
 271 the characteristic maximum tidal velocity at the marsh edge. We assumed that most deposition  
 272 would occur by high tide (Christiansen et al. 2000) and used time steps of  $\Delta t_0 \cong 0.01$  hr from the  
 273 time the marsh begins to flood until high tide.

274 To represent vegetation density on CPM, we used a Gompertz function (Gompertz 1825)  
 275 of the form

276 
$$N = N_{mx} e^{-be^{-cx}} \quad (5)$$

277 where  $N$  is the number of stems per area,  $N_{mx} = 500$  is maximum stem density,  $b = 5$  controls the  
 278 location of the inflection point in the function, and  $c = 0.25$  controls the rate of change of density  
 279 with increasing  $x$ . Depth-averaged flow through the vegetation,  $\bar{u}$ , was defined in terms of its  
 280 ratio to  $u_0$  using the approach of Nepf (1999), which partitions bed shear stress into skin friction  
 281 with the marsh surface and form drag from plant stems,

282 
$$(1 - ad)C_B \bar{u}^2 + 0.5 \overline{C_D} ad \frac{h}{d} \bar{u}^2 = ghS \quad (6)$$

283 where  $d = 5$  mm is stem width,  $a = Nd$ ,  $C_B = 0.003$  is skin friction drag coefficient (ranges from  
 284 0.001 to 0.005 for smooth to rough surfaces), and  $C_D = 1.0$  is the bulk drag coefficient for flow  
 285 around cylindrical stems. Values used for stem width and density were conservative estimates  
 286 (i.e., on lower end of range) based on measurements taken on CPM and other *S. alterniflora*  
 287 marshes in the VCR (McLoughlin 2010; Christiansen et al. 2000). In the absence of vegetation,  
 288  $C_B u_0^2 = ghS$ . If we assume  $ghS$  is the same for vegetated and unvegetated flows, we can obtain a  
 289 relationship for  $\bar{u} / u_0$

290 
$$\frac{\bar{u}}{u_0} = \left[ \frac{(1 - ad)C_B}{(1 - ad)C_B + 0.5 \overline{C_D} ah} \right]^{0.5} \quad (7)$$

291 Because stem density, reflected in values of  $a$ , varied across the marsh,  $\bar{u}$  also varied across the  
 292 marsh if the marsh was vegetated.

293 Waves, which are attenuated over the marsh due to effects of bed friction and vegetation  
 294 drag, were also considered in our deposition model. Using our wave measurements, we found  
 295 that the function

296 
$$f_{attn} = \frac{\alpha x}{1 + \alpha x} \quad (8)$$

297 (Möller et al. 2014) captured the fractional wave attenuation by marsh vegetation at the study  
298 site, such that  $H_{sx} = (1 - f_{attn})H_{s0}$ , where  $H_{sx}$  is significant wave height a distance  $x$  from the  
299 marsh edge,  $H_{s0}$  is significant wave height measured on the tidal flat adjacent to the marsh and  
300 the constant  $\alpha = 1/3$ .

301 We calculated the pattern of deposition in the presence and absence of both waves and  
302 vegetation. For these calculations we set  $w_s = 0.06 \text{ mm s}^{-1}$ ,  $u_T = 0.05 \text{ m s}^{-1}$ ,  $C_{s0} = 0.06 \text{ g L}^{-1}$ ,  $A =$   
303  $0.7 \text{ m}$ ,  $E = 0.5 \text{ m}$  above MSL,  $T_{wave} = 2 \text{ s}$ , and assumed that when  $h < H_{s0}$ ,  $H_{s0} = h$ . These  
304 assumptions are reasonable based on sediment analysis, topography, and current, wave, turbidity  
305 and water-level measurements made at our study site.

306 To calculate deposition for each tidal time step  $\Delta t_0$ , we 1) determined  $M_s(t)$  using Eq. 2,  
307 with  $h$  given by Eq. 4; 2) converted time since initiation of flooding ( $t$ ) to distance across the  
308 marsh ( $x$ ) stepwise, based on  $\bar{u}$  calculated using Eq. 7 for stem density  $a(x)$ ; 3) converted  $M_s(t)$   
309 to  $M_s(x)$  and 4) calculated the pattern of deposition using Eq. 3. To get total mass per unit marsh  
310 width, deposition was multiplied by the flux of water during each tidal time step,  $u_0 \Delta t_0$ . The  
311 process was continued for each tidal time step, with  $h$  varying as indicated in Eq. 4 from mid-tide  
312 to high tide. After deposition was calculated for each tidal time step, total deposition was  
313 determined by summing over all time steps for that part of the tidal cycle at each location along  
314 the flow path.

#### 315 *Extension of observations to longer time scales and other forcing conditions*

316 We used the Young and Verhagen (1996a, 1996b) parametric model for finite depth,  
317 fetch-limited wave growth to characterize wave conditions at the study site for water depths and

318 wind conditions beyond those sampled in our field observations. This model has been tested and  
319 used in several previous studies in the VCR (Fagherazzi & Wiberg 2009; McLoughlin et al.  
320 2015; Kirwan et al. 2016; Leonardi et al. 2016). The model was run using 3 wind speeds (5, 10,  
321 15 m s<sup>-1</sup>) and for depths ranging from 0 to 3 m above the tidal flat. A fetch of 10 km was used,  
322 consistent with westerly winds (i.e. the direction associated with the largest wind-waves) at the  
323 study site (Fig 1).

324 Wave heights and periods obtained from the parametric model (Young & Verghagen  
325 1996a ,b) were used to estimate wave-induced bed shear stress following the method of Wiberg  
326 and Sherwood (2008). For each wind speed and water depth combination, a full wave spectrum  
327 was estimated based on significant wave height and peak period and the Donelan wave spectrum  
328 (Donelan et al. 1985; Wiberg & Sherwood 2008). Wave-generated bottom orbital velocity was  
329 calculated from the sum of the contribution of each frequency band of the surface wave spectrum  
330 following Wiberg & Sherwood (2008). Wave-generated bed shear stress was then calculated  
331 from bottom orbital velocity as described in the Appendix.

332 To estimate potential deposition under the given range of wind and depth values, average  
333 values of current shear stress ( $= 9.4 \times 10^{-4}$  Pa) and current shear velocity ( $= 8.1 \times 10^{-4}$  m s<sup>-1</sup>) were  
334 calculated for the tidal flat during the period of observation. These values, along with wave shear  
335 stresses calculated as described above, were used in the Rouse equation to estimate SSC profiles  
336 (see Appendix). Total sediment mass in the upper water column was approximated by integrating  
337 the Rouse profile for the portion of the water column above the height of the marsh. This  
338 provided an estimation of mass available for potential deposition on the marsh surface.

339

340

341 **Results**

342 *Currents and water levels*

343         There was a strong effect of wind speed and direction on tidal flow at the study site.  
344         Moderate southerly winds during March 2013 (deployment M13) corresponded with periods of  
345         alternating northward flood and southward ebb tidal currents at a tidal flat site ~0.4 km south of  
346         the transect (Fig. 2). Conversely, in the presence of stronger northerly winds, currents flowed  
347         towards the south, regardless of tidal phase, though with tidally varying speeds. Average current  
348         speeds during times of weaker southerly winds were less than half ( $<5 \text{ cm s}^{-1}$ ) the speeds during  
349         periods of stronger northerly winds ( $>10 \text{ cm s}^{-1}$ ), and current speed increased during spring tide.  
350         In addition to wind speed and direction, marsh edge morphology also influenced current  
351         direction, as tidal flow at site 2 moved primarily in the NE-SW direction (Fig. 3a), i.e. the  
352         primary orientation of the marsh edge, when water surface elevations were below the height of  
353         the marsh platform. When the marsh was flooded, variability in current direction at site 2  
354         increased in the portion of the water column above the height of the marsh platform (Fig 3b).

355         During neap tide the marsh rarely flooded unless there was a storm surge event. During  
356         the November-December 2013 (N13) (March 2014 (M14)) deployment, the marsh was flooded  
357         (water-surface elevation  $> 0.55 \text{ m MSL}$ ) approximately 17% (19%) of the total time, and of the  
358         27 (24) tidal cycles when the maximum water depth over the marsh edge was  $> 0.05 \text{ m}$ , almost  
359         all occurred either during spring tide (N13: 20 cycles; M14: 16 cycles) or during neap tide if the  
360         measured water level exceeded the predicted tide (N13: 6 cycles; M14: 6 cycles).

361         On the marsh platform, current direction was highly variable during flood and ebb tide at  
362         our monitoring site closest to the bay-marsh boundary (site 3). In addition to variable wind speed  
363         and direction, this was likely influenced by the irregular edge morphology, such as the relatively

364 large embayment immediately north of the transect. Current magnitude and direction were E-SE  
365 at less than  $2 \text{ cm s}^{-1}$  during both flood and ebb tide at our interior marsh site (site 4), indicating  
366 that the marsh interior floods from Hog Island Bay and ebbs into the tidal creek  $\sim 200 \text{ m}$  behind  
367 the transect. Faster draining of the creek compared to the marsh, as well as the relatively steep  
368 downward slope of the marsh surface behind transect, likely forced currents in the direction of  
369 the tidal creek. This pattern agreed with our ADP measurements taken at a marsh site  $\sim 0.4 \text{ km}$   
370 south of the transect.

### 371 *Waves and Bed Shear Stress*

372 Westerly winds ( $180^\circ$ -  $360^\circ$ ) blowing across Hog Island Bay produced the largest waves  
373 at the study site (median  $H_s = 0.26 \text{ m}$ ; mean  $H_s = 0.26 \text{ m}$ ; Fig. 4), because that is the direction  
374 with the greatest fetch given the orientation of the marsh edge at CPM (Fig. 1). There are barrier  
375 islands (e.g. Hog Island) and marshes upwind of the marsh edge at CPM for easterly and  
376 northerly winds, thus inhibiting wave formation due to limited fetch (McLoughlin et al. 2015).  
377 High wind speeds ( $\geq 8 \text{ m s}^{-1}$ ) occurred during 12% of the N13 deployment (34% of the M14  
378 deployment) and produced larger waves than lower wind speeds (Fig. 4). A wind threshold for  
379 significant wave-generated resuspension of about  $8 \text{ m s}^{-1}$  was previously determined by Lawson  
380 et al. (2007) for a site in Hog Island Bay. Mean wave heights for each interval of wind direction  
381 were up to 4 times higher under high wind speed conditions compared to low wind speed  
382 conditions (Fig. 4).

383 Bed shear stress on the tidal flat was sensitive to wind speed and direction. Maximum bed  
384 shear stress occurred when winds blew from a W-NW direction at speeds exceeding  $8 \text{ m s}^{-1}$  and  
385 when water surface elevations were around MHHW (0.68 m above MSL at Wachapreague, VA;  
386 Fig. 5). For higher water surface elevations, bed shear stress declined with increasing surface

387 elevation (Fig. 5). When wind speeds were less than  $8 \text{ m s}^{-1}$ , total bottom shear stress was lower  
388 and did not differ significantly with water surface elevation due to low wave activity.

389 Wave transformation along the transect from site 1 to site 4 was recorded in November-  
390 December 2013 (Fig. 6). As waves propagated across the tidal flat (site 1 to 2), wave height  
391 increased by an average of 33%. After the waves crossed the marsh edge, their height rapidly  
392 diminished. Wave heights recorded at site 1 were reduced by an average of 67% and 83% at sites  
393 3 and 4, respectively (Fig. 6b). The difference in mean wave height change between sites was  
394 statistically significant at 95% confidence level ( $p < 0.05$ ).

395 During N13 (M14), wave shear stress exceeded the threshold for sediment resuspension  
396 ( $0.07 \text{ Pa}$ ) at site 2 27% (16%) of the total time (Fig. 7). For 8% (16%) of these times, wave shear  
397 stress also exceeded  $0.07 \text{ Pa}$  at site 3, indicating that the depth was great enough to sustain wave  
398 energy across the bay-marsh boundary. While wave heights on average were greater at site 2  
399 than at site 3 during times when the marsh was flooded (Fig. 6), bed shear stresses generated by  
400 those waves were generally greater at site 3 than at site 2 owing to the shallower depths at site 3.  
401 Wave shear stress at site 3 exceeded  $0.07 \text{ Pa}$  5% of the total time during the N13 deployment  
402 (41% of inundation time) and 12% of the total time (100% of inundation time) during the M14  
403 deployment. Bed shear stresses estimated from surface waves near the marsh edge are likely to  
404 be reasonable given low vegetation densities and heights at site 3. Therefore, based on shear  
405 stress alone, sediment remobilization at the marsh edge is possible. At site 4, bed shear stresses  
406 estimated from surface waves exceeded  $0.07 \text{ Pa}$  1% of the time in N13 (10% of inundation time;  
407 no M14 measurements); however these stresses may be overestimated given the presence of  
408 denser, taller vegetation at site 4.

409

410 *Suspended Sediment, Flux and Deposition*

411 Measured turbidity increased episodically in response to elevated bottom shear stress  
412 during wave events; tidal currents had little effect on turbidity (Fig. 7). At sites 1 (bay) and 2  
413 (flat), measured turbidity reached values >10 times higher than deployment averages when  
414 relatively large wave events occurred during neap tide cycles (Fig. 7). Similar wind conditions  
415 during spring tide or storm surge events resulted in smaller bottom shear stresses at both sites.  
416 High wind conditions produced turbidity values at site 1 that were 10-15% lower than values at  
417 site 2. There was a positive correlation between turbidity and wave-induced shear stress at sites 1  
418 and 2 during N13 and M14 (e.g., Fig. 8). The relationship between turbidity and bottom shear  
419 stress was complicated by the fact that measured turbidity remained elevated after bed shear  
420 stress declined due to low settling velocities and changing tidal stage. To reduce the effect of  
421 tidal stage on turbidity, we focused our comparison of bed shear stress and turbidity on a mid-  
422 range of depths (0.4-0.8 m for site 2; Fig. 8).

423 Turbidity and suspended sediment concentration (SSC) are significantly correlated for all  
424 OBS sensors and sites (Online Resource 1). Peak NTU during both deployments was close to  
425 300 at site 2, corresponding to  $SSC = 330 \pm 100 \text{ mg L}^{-1}$  (95% confidence limit on predicted SSC  
426 based on calibration data for sensor R75; Online Resource 1). The large uncertainty is due to  
427 scatter in the calibration. Differences between measured turbidity at sites 1 and 2 are independent  
428 of the calibration and, owing to the similarity in the calibration regressions for the OBSs at these  
429 sites, likely also correctly reflect relative differences in SSC between these sites.

430 The largest resuspension events on the tidal flat did not elevate turbidity on the marsh  
431 because the events occurred during neap tide when the marsh rarely flooded. Turbidity at the  
432 marsh edge (site 3) was well correlated ( $r^2 = 0.84$ ) with turbidity over the flat (site 2) for periods

433 of marsh inundation during both deployments when wind speeds were high enough to force  
434 wave-driven resuspension ( $\geq 8 \text{ m s}^{-1}$ ; filled symbols, Fig. 9a, b). A large fraction of the times  
435 when the marsh was inundated and wind speeds were low also fell within these bounds. A  
436 comparable level of agreement is evident when comparing upper-water-column estimates of SSC  
437 ( $SSC_{UWC}$ ) at site 2 with estimated SSC at site 3 based on Rouse profile estimates using calibrated  
438 SSC, and scaling the confidence interval for NTU at the two sites ( $\pm 7 \text{ NTU}$ ) by the slope of the  
439 calibration regressions ( $2.6 \pm 0.4$ ) for  $\text{NTU} < \sim 50$  for both sites (Online Resource 1) (Fig. 9 c, d).  
440 The low wind speed cases indicated with red symbols in Fig. 9c, d are times when waves were  
441 too small to produce significant resuspension on the flat (site 2) but were large enough in the  
442 shallower water over the marsh edge (site 3) to resuspend some sediment either from the marsh-  
443 edge scarp or the marsh surface.

444         Suspended sediment flux in the upper water column over the tidal flat (water surface  
445 elevations above that of the marsh surface) was more variable during M14 than N13 (Fig. 10a,  
446 b). The winds during spring tide conditions in N13 were generally low or from the north (Fig.  
447 7a), resulting in relatively small suspended sediment fluxes with net transport in the marshward  
448 and southward directions (Fig. 10c). The stronger winds that characterized the M14 deployment  
449 (Fig. 7e) resulted in larger but variably directed fluxes (Fig. 10b) and net transport in a direction  
450 along the marsh edge (Fig. 10c). While specific values of flux are subject to uncertainty in  
451 calibrated values of SSC, trajectory pathways are not. Overall the flux of sediment near the  
452 marsh edge appears generally advective in N13, carrying sediment from the upper water column  
453 over the flat onto the marsh, whereas the flux appears generally diffusive in M14, with winds  
454 driving a more random pattern of transport. In either case, turbidity over the marsh near the edge

455 was similar to turbidity in the upper water column over the flat during most of the time when the  
456 marsh was flooded (Fig 9a, b).

457 Sediment transported onto the marsh did not accumulate near the marsh edge, as recorded  
458 by sediment deposition plates installed during the N13 and M14 deployments (Tbl. 2). This  
459 agrees with long-term surface elevation table (SET; Lynch et al. 2015) data collected  
460 approximately 0.4 km south of the transect (Wiberg 2016) and is consistent with our observation  
461 that bed shear stress near the marsh edge (~ less than 3 m from the edge) may at times be high  
462 enough to mobilize sediment or at least prevent deposition. Maximum deposition occurred at the  
463 mid-marsh sediment plates (~8 m from the edge), with additional deposition further into the  
464 marsh interior (~15 m from the edge). This observed pattern of deposition differs from a tidal  
465 creek marsh where deposition is typically maximized at the creek bank levee (Tbl. 2; Fagherazzi  
466 et al. 2013).

467 Sediment deposition on the marsh was estimated from the product of SSC at site 3 and  
468 estimated settling velocity ( $0.06 \text{ mm s}^{-1}$ ; see Methods) for N13 and M14 (Fig. 9e, f, solid lines);  
469 deposition was similarly calculated using estimated upper-water-column SSC ( $SSC_{UWC}$ ) at site 2  
470 (Fig. 9e, f, dashed lines). [The amount of estimated deposition in each 15-min interval of the  
471 record never exceeded the mass of sediment per unit area in the water at site 3 at that time,  
472 estimated as SSC times water depth.] The shaded band around the estimates reflects the root-  
473 mean-square error (RMSE) associated with the NTU-SSC calibrations (Online Resource 1). For  
474 comparison, mean and standard deviation of measured deposition at the mid-marsh site (Tbl. 2)  
475 are also indicated in Fig, 9e, f. Deposition estimates based on SSC at site 3 and on  $SSC_{UWC}$  at site  
476 2 are almost the same. Estimated deposition overlaps measured values, but the large range of  
477 estimated values based on the relatively large RMSE for M14 makes it difficult to draw a

478 conclusion about level of agreement. While specific values of estimated deposition are sensitive  
479 to uncertainty in SSC calibrations and the choice of settling rate, the ratio of estimated deposition  
480 in N13 to M14 , which can be calculated directly from measured turbidity, is not. The ratio based  
481 on measured turbidity (0.57) is similar to the ratio of measured deposition at the mid-marsh site  
482 (0.66), indicating that measurements of turbidity over the tidal flat and marsh and measurements  
483 of deposition over the course of each deployment are generally consistent.

#### 484 *Sediment Deposition Model*

485 Deposition patterns predicted by our marsh sediment deposition model depend on marsh  
486 surface elevation and particle settling velocity as well as the presence or absence of vegetation  
487 and waves. Our calculations assume a vegetation distribution typical of many bay-fronted  
488 marshes in the VCR, with short, low density *S. alterniflora* near the marsh edge that increases in  
489 density and stem height away from the edge until a relatively constant height and density are  
490 reached (Fig. 11). With vegetation and no waves (marsh elevation= 0.5 m above MSL; settling  
491 velocity=0.06 mm s<sup>-1</sup>, consistent with deposition estimates above), deposition begins at the  
492 marsh edge, with a modestly higher value several meters inland. Higher values of settling  
493 velocity shift the depositional maximum to the edge. This pattern of deposition is similar to that  
494 found on many tidal creek marshes (Christiansen et al. 2000; Leonard 1997; Friedrichs & Perry  
495 2001; Fagherazzi et al. 2013).

496 Adding the effect of surface waves into the depositional model eliminates nearly all  
497 deposition within several meters of the marsh edge, displacing the point of maximum deposition  
498 inland (about 6 m for the parameter values used in the example shown in Fig. 11), even for  
499 relatively small waves ( $H_{s0} = 0.1$  m), which is consistent with the pattern of deposition recorded  
500 by the sediment plates (Tbl. 2). This occurs because wave-generated bed shear stresses near the

501 marsh edge exceed  $0.07 \text{ N m}^{-2}$ , creating a zone of non-deposition or possibly even erosion. When  
502 both waves and vegetation are present, deposition within the marsh interior is enhanced due to  
503 the added effect of vegetation slowing flow velocities and trapping sediment. In the absence of  
504 vegetation, maximum deposition is still shifted about the same distance inland from the edge, but  
505 more sediment is carried further into the marsh interior (Fig 11).

#### 506 *Dependence of bed shear stress and SSC on water surface elevation*

507 To explore the influence of water surface elevation on sediment transport for conditions  
508 beyond those directly measured (e.g. influence of storms or RSLR), wave shear stress was  
509 estimated for a range of water depths using the parametric wave model (Young & Verhagen  
510 1996a, b), a 10 km fetch (consistent with the fetch for winds from the west and northwest) and 3  
511 wind speeds ( $5 \text{ m s}^{-1}$ ,  $10 \text{ m s}^{-1}$ , and  $15 \text{ m s}^{-1}$ ) (Fig. 12a). The maximum water depth at which  
512 orbital motions due to surface wind waves are present is determined by wavelength, which  
513 depends on wind conditions and water depth. Wave shear stress at a given depth is positively  
514 correlated with wind speed, while for a given wind speed, there is a depth where wave shear  
515 stress is maximized, with lower shear stresses at greater depths. As wind speed increases, the  
516 depth at which wave shear stress is maximized also increases. Maximum wave shear stress  
517 occurs at depths of 0.6 m ( $\tau_{wave}=0.11 \text{ Pa}$ ), 1.2m ( $\tau_{wave}=0.56 \text{ Pa}$ ), and 1.6m ( $\tau_{wave}=1.02 \text{ Pa}$ ) for the  
518 low, medium, and high wind speed scenarios, respectively.

519 Given the relationship between depth and wave shear stress, changes in water column  
520 sediment mass (Fig. 12b) were estimated for a variety of water surface elevations greater than the  
521 marsh height. No results are shown for water surface elevations below the elevation of the marsh  
522 platform (water depths  $< 1 \text{ m}$  assuming a mean elevation of 0.5 m below MSL for the tidal flat  
523 and an elevation of 0.5 above MSL for the marsh platform). Despite lower shear stress and SSC

524 at water depths greater than the depth associated with the maximum wave shear stress, sediment  
525 mass in the upper water column increases with increasing water depth for the medium and high  
526 wind cases. This pattern arises because an increase in the depth of water flooding the marsh more  
527 than offsets the slightly lower SSC in that water. No sediment is in suspension for the low wind  
528 cases because the bed shear stress is below the threshold of motion.

529

## 530 **Discussion**

### 531 *Controls on turbidity and SSC in water flooding bay-fronted marshes*

532 Tidal flat turbidity is highly correlated with wave shear stress and minimally correlated  
533 with current shear stress, the latter being the primary control of SSC in tidal creeks (Christiansen  
534 et al. 2000). The results from this study indicate a strong correlation between wind direction and  
535 wave height, whereby the largest waves form when winds blow across Hog Island Bay from a  
536 direction with a long fetch (i.e. westerly winds at our study site) at relatively high speeds ( $\geq 8$  m  
537  $s^{-1}$ ). The largest waves we recorded did not coincide with storm surge conditions, likely due to  
538 the fact that storm surge in the Virginia coastal bays generally occurs when winds blow from the  
539 northeast (Fagherazzi & Wiberg 2009; Fagherazzi et al. 2010), a direction associated with very  
540 short fetch at the study site.

541 While waves control turbidity on the tidal flat, tides control inundation of the marsh. The  
542 wind events that generated the highest bed shear stresses on the tidal flat had little impact on  
543 marsh deposition at our site because these events typically occurred during neap tides when the  
544 marsh barely flooded. For example, the storm event that occurred during the N13 deployment  
545 (Fig. 6a), with significant wave heights greater than 0.3 m, resulted in peak SSC of  $300 \pm 100$  mg  
546  $L^{-1}$  over the tidal flat (Fig. 7d). Nevertheless, very little sediment reached the marsh surface

547 during that event due to infrequent flooding. Similar wave events during spring tide or storm  
548 surge resulted in lower turbidity and SSC due to lower wave-induced bottom stresses. Therefore,  
549 our data indicate a nonsynchronous relationship at our study site between the highest wave-  
550 driven turbidity on the tidal flat, which increases sediment availability, and prolonged marsh  
551 inundation, which increases sediment delivery. At times when the water level was lower than the  
552 elevation of the marsh surface, current direction was along the marsh edge. Thus, the marsh edge  
553 scarp may play an important role in redirecting sediment resuspended from the tidal flat along  
554 the marsh edge to be deposited in another location further away.

555         During times when the marsh did flood – primarily during spring high tides – and wind  
556 speeds were relatively high ( $\geq 8 \text{ m s}^{-1}$ ), turbidity measured over the flat (site 2) and over the  
557 marsh edge (site 3) were well correlated (filled symbols, Fig. 9a, b). This is also reflected in the  
558 relationship between estimated SSC in the upper water column over the tidal flat ( $SSC_{UWC}$ ) and  
559 in the water overlying the marsh near the edge (filled symbols, Fig. 9 c, d). During these  
560 conditions, measured turbidity reach about 40 NTU. While considerably lower than peak  
561 turbidity on the tidal flat during resuspension events when the marsh was not flooded (Fig. 7),  
562 these moderately high turbidity flooding tides were responsible for the majority of sediment  
563 imported from the bay to the marsh.

564         Most lower wind conditions ( $< 8 \text{ m s}^{-1}$ ; open symbols) were associated with low waves  
565 and low turbidity and SSC at both sites (80% of flooding tides in N13; 46% in M14) (Fig. 9c, d;  
566 light blue symbols). Values of peak  $SSC_{UWC}$  in the range 15-20  $\text{g L}^{-1}$  were typical at site 2 for  
567 flooding tides during low wind conditions. About 10% of flooding tides with lower wind speeds  
568 were characterized by turbidity at site 3 that was more than twice that measured at site 2. These  
569 are tides, mostly of short duration and shallow marsh inundation depths, that occur when winds

570 are too low to generate waves able to resuspend sediment from the tidal flat but large enough to  
571 generate waves able to mobilize sediment from the marsh-edge scarp or marsh-edge platform.  
572 (red open symbols in Fig. 9c, d). These locally high SSC conditions at the marsh edge may be  
573 associated with erosion and redistribution of sediment comprising the marsh-edge scarp and/or  
574 sediment deposited on the marsh edge platform. Whether or not remobilization occurs on the  
575 marsh edge depends on a range of factors that can influence sediment mobility on intertidal  
576 surfaces including wave pumping, consolidation, and biotic effects related to plants and  
577 invertebrates living on the marsh (Pestrong 1969; Paramor et al. 2004; Wilson et al. 2012;  
578 Wiberg et al. 2013).

579         The good agreement between estimated  $SSC_{UWC}$  over the tidal flat and in the water  
580 overlying the marsh near the edge (Fig. 9c, d) during flooding tides with relatively high winds  
581 suggests that sediment suspended in the upper water column over the tidal flat, which was  
582 primarily controlled by wind and wave conditions in the bay, was transported onto the marsh as  
583 it became inundated. During N13, suspended sediment fluxes over the tidal flat were generally  
584 marshward and similar in magnitude and direction for most flooding tides (Fig. 10a). Average  
585 fluxes during N13 were smaller than during M14, but owing to their dominantly marshward  
586 orientation, produced a larger cumulative marshward flux than was found during M14 (Fig. 10c).  
587 Upper-water-column fluxes were greatest during episodically high northerly winds which were  
588 accompanied by storm surge during spring tides in M14. Variability in the direction of upper-  
589 water-column currents during this deployment resulted in variably directed fluxes (Fig. 10b) with  
590 an overall along-edge trend (Fig. 10c). Despite the differences in the character of the fluxes  
591 during the two deployments, the similarity in the relationship between  $SSC_{UWC}$  over the tidal flat  
592 and SSC in the water overlying the marsh edge for N13 and M14 (Fig. 9c, d) indicate similarly

593 effective transport of suspended sediment from the flat to the marsh surface during flooding tide  
594 conditions.

#### 595 *Deposition on bay-fronted marshes*

596 Marsh deposition is maximized in the presence of both high SSC and high water levels,  
597 which together control the mass of sediment available for deposition and the length of time over  
598 which deposition can take place (e.g. Christiansen et al. 2000; Pratolongo et al. 2010; Fagherazzi  
599 et al. 2013; Schuerch et al. 2013; Butzeck et al. 2015). The higher measured deposition at our  
600 site during M14 compared to N13 is primarily the result of higher SSC at the marsh edge during  
601 M14. A simple estimate of deposition based on the product of SSC at the marsh edge (calculated  
602 from measured turbidity) and particle settling rate (estimated as roughly  $0.06 \text{ mm s}^{-1}$  based on a  
603 representative grain size of  $10 \text{ }\mu\text{m}$ ) yielded cumulative deposition estimates with a range (based  
604 on root-mean-square error (RMSE)) that overlapped deposition measured 8 m inland from the  
605 marsh edge (mean  $\pm$  standard deviation), though large RMSE for the M14 estimates complicates  
606 that comparison (Fig. 9f). The ratio of estimated N13 and M14 deposition (0.66), which can be  
607 made directly from measured turbidity, thereby avoiding uncertainties associated with values of  
608 SSC and settling velocity, is in general agreement with the ratio of mean measured deposition at  
609 the mid-marsh site (0.57) (Fig. 9e, f).

610 The time series of cumulative deposition is marked by intervals of more rapid deposition  
611 associated with flooding tides (spring tides or neap tides and storm surge) and higher winds, and  
612 intervening periods of little to no deposition during neap tides or lower winds. It is worth noting  
613 that spring tide high water levels during both deployments were often higher than predicted  
614 owing to meteorological effects.

615           The observed pattern of deposition at our site differs from the pattern commonly  
616 observed at tidal creek marshes (e.g., Leonard 1997; Christiansen et al. 2000; French and  
617 Spencer 2003; Fagherazzi et al. 2013; Butzeck et al. 2015), with no net deposition recorded at  
618 our marsh edge site (3 m from the marsh-edge scarp), maximum deposition at a site 8 m  
619 marshward from the edge, and lower deposition at our most interior site (15 m from the marsh  
620 edge) (Tbl. 2). The results from our marsh deposition model (Fig. 11) indicate that this pattern is  
621 largely due to the effects of waves that propagate across the marsh edge. The model we used to  
622 estimate depositional patterns on bay-fronted marshes differs from one appropriate for marshes  
623 bordering tidal channels (e.g. Fagherazzi et al. 2013) only in the specified distribution of  
624 vegetation with distance from the marsh edge (observed marsh vegetation sparser and shorter  
625 near the edge than in the interior) and the presence of waves. The addition of waves moves the  
626 depositional maximum inland, largely because near-edge shear stresses on the marsh become  
627 sufficiently large to prevent deposition or even entrain sediment from the marsh surface. Further  
628 support for net erosion near the marsh edge is found in longer-term surface elevation  
629 measurements collected near the marsh edge just south of the study area, where the marsh-edge  
630 surface is lowering over time (Wiberg 2016).

631           The width of the zone of non-deposition near the marsh edge in our model is largely a  
632 function of wave-generated shear stresses on the marsh surface, which depend on wave height  
633 and water depth. Small waves and deeper water contribute to lower shear stresses that allow  
634 deposition near the marsh edge whereas larger waves and shallower water yield higher shear  
635 stresses and a broader zone of non-deposition or erosion, potentially rendering the marshes more  
636 susceptible to future drowning as sea level rises. The distribution of deposition within the marsh

637 depends on particle settling velocity and vegetation density. Faster settling velocities and greater  
638 vegetation densities produce thicker, narrower deposits.

639 *Uncertainty in suspended sediment concentrations*

640 Our estimates of SSC over the tidal flat and marsh, and associated fluxes, are subject to  
641 uncertainty associated with the calibration of the turbidity sensors which we used to relate NTU  
642 to SSC. Regression parameters, coefficients of determination ( $r^2$ ), and root-mean-square errors  
643 (RMSE) for each turbidity sensor are provided in Online Resource 1. SSC was significantly  
644 correlated with NTU for each sensor ( $r^2 = 0.75-0.93$ ,  $p < .05$ , for linear fits to all calibration  
645 points;  $r^2 = 0.85-0.96$ ,  $p < .05$ , for bi-linear fits to calibration data that was significantly  
646 segmented; see Online Resource 1). RMSE was relatively high ( $\geq 20 \text{ mg L}^{-1}$ ) for linear or  
647 bilinear fits to calibrations over the full range of 0 – 300 NTU owing to scatter in the  
648 calibrations. For this reason we have emphasized temporal and spatial trends in measured  
649 turbidity, rather than calibrated SSC, where possible, as our sensors at sites 1 and 2, and at site 3  
650 in M14, were factory calibrated to common NTU standards. Regression parameters for  
651 calibrations of these sensors are not significantly different, reflecting the similar response of  
652 these OBSs and the similar sediment at sites 1, 2 and 3 (Tbl. 2). Regression slopes are also the  
653 same ( $2.6 \pm 0.4$ ) when NTU is roughly  $< 50$  (below breakpoint in segmented regression) for  
654 OBSs used at sites 1, 2 and 3 during N13 and M14. This supports our ability to directly compare  
655 measured turbidity at sites 2 and 3 (N13 and M14) during conditions when the marsh was  
656 flooded even if there is a greater level of uncertainty as to the specific values of SSC at those  
657 times.

658 Additional uncertainty in estimated upper-water-column SSC over the tidal flat comes  
659 from the use of the Rouse equation to extrapolate from the elevation of the turbidity sensor (0.35

660 m above the bottom) to the portion of the water column above the elevation of the marsh. Of the  
661 3 grain size fractions used in the Rouse profile calculation (7, 25 and 100  $\mu\text{m}$ ; see Appendix)  
662 only the finest fraction has a sufficiently low settling velocity ( $0.03 \text{ mm s}^{-1}$ ) to consistently yield  
663 a settling velocity to current shear velocity ratio  $< 1$ , necessary to maintain sediment in  
664 suspension. For this fraction, the ratio of settling velocity to shear velocity was small enough  
665 ( $\sim 0.1$ ) to yield a relatively uniform distribution of sediment in the water column. Therefore,  
666 upper-water-column estimates of SSC are not much smaller than values obtained from measured  
667 turbidity 0.35 m above the bed at site 2.

#### 668 *Response to increases in sea level and storminess*

669 An increase in mean water surface elevation in a tidal flat-marsh system will affect wave-  
670 generated bed shear stresses on the flat and marsh inundation frequency and duration. Given  
671 strong westerly winds, maximum wave-generated bed shear stress on the tidal flat occurred at  
672 water surface elevations between MSL and MHHW (0.68 m above MSL at Wachapreague, VA),  
673 the range associated with stable marsh platforms (Fagherazzi & Wiberg 2009). For water surface  
674 elevations greater than MHHW, bottom shear stress declined (Fig. 5), consistent with the  
675 deepest-water bottom shear stress regime proposed by Fagherazzi and Wiberg (2009) for shallow  
676 bays.

677 Calculations of wave-generated shear stresses for a range of wind speeds and water  
678 depths show a similar pattern. For moderate fetch (10 km) and wind speeds ( $10 \text{ m s}^{-1}$ ), maximum  
679 wave-generated shear stresses on the tidal flat occur at a depth of 1.2 m (water surface elevation  
680  $\sim$ MHHW), and decline at higher elevations (Fig. 12a). These conditions occurred together during  
681 less than 1% of all observations in 2013, but could occur more frequently and be less sensitive to  
682 wind direction with moderate sea-level rise. If marsh surface elevation keeps pace with steady

683 SLR while tidal flat elevation remains constant, potential deposition (taken as proportional to the  
684 mass of sediment in water flooding the marsh), will continue to be maximized at a depth of 1.2 m  
685 above the tidal flat (now below MHHW). Thus while the depth of the water inundating the marsh  
686 during tidal flooding would remain the same as it is now, the sediment mass in the water  
687 flooding the marsh would decrease due to lower wave-generated shear stresses on the tidal flat  
688 because of the increase in water depth there. As a result, deposition rates would decline.  
689 However, if marsh and flat elevations remained constant (i.e., no vertical accretion) as sea level  
690 rises, potential deposition would increase for water depths above 1.2 m because, while SSC in  
691 the water flooding the marsh is slightly lower than maximum values, the mass of sediment in  
692 suspension and inundation time increase with increasing water depth above the marsh platform  
693 (Fig. 12b). This may increase the rate of deposition initially on bay-fronted marshes, but will  
694 eventually slow as the rate of accretion approaches the rate of SLR, similar to tidal creek  
695 marshes (D'Alpaos et al. 2011; Kirwan & Temmerman 2009). A third possibility, that the marsh  
696 and tidal flat both change elevation at the rate of SLR, would leave the system unchanged  
697 compared to the present but would require a net source of sediment sufficient to fill the bays at  
698 the rate of SLR.

699 Storms, taken here to mean high wind events, affect water surface elevations as well as  
700 wave heights in shallow coastal bays (Fagherazzi et al. 2010). The coincidence of high waves  
701 and higher-than-normal water levels should enhance rates of marsh deposition whereas high  
702 waves and lower-than-normal water levels should limit marsh deposition. Along the east coast of  
703 the US, strong northerly and easterly winds promote storm surge in shallow coastal bays while  
704 strong westerly or southwesterly winds tend to cause water surface elevations to drop  
705 (Fagherazzi et al. 2010). Therefore marshes with more northerly and easterly exposure in

706 shallow bays along this coast may experience higher deposition rates than marshes with more  
707 westerly or southwesterly exposure, such as our study site. These effects are likely to be  
708 particularly pronounced for microtidal marshes.

709         We examined wind records from 2009-2014 at the NOAA station at Kiptopeke, VA  
710 about 40 km S-SW of the study area, and compared them to water-levels from the NOAA station  
711 at Wachapreague, VA, about 16 km N-NE of the study area. [The Kiptopeke wind record is  
712 longer and in better agreement with other nearby wind records than the Wachapreague record  
713 (McLoughlin et al. 2015), while the Wachapreague tide record is very well correlated with  
714 water-level measurements in Hog Island Bay.] Winds from the SW-W (210 – 300°), the direction  
715 of maximum fetch at our study site, were consistently associated with lower peak tidal elevations  
716 and water levels below predicted values compared to winds from the N-NE (345-75°) during  
717 2013 and the longer period 2009-2014. The difference is especially apparent for peak water  
718 levels > 1.0 m above MSL (highest predicted tide at Wachapreague) and winds > 8 m s<sup>-1</sup>, which  
719 occur on average about 4 times per year for winds from N-NE but only twice in 6 years for  
720 winds from SW-W (Tbl. 3).

721         These results indicate that marsh orientation relative to dominant wind directions can be  
722 an important factor controlling deposition on bay-fronted marshes. Marshes oriented in the  
723 direction of surge-producing storm winds will likely be more affected by increases in storminess  
724 than marshes oriented in a direction where storm winds tend to decrease water levels. While  
725 increases or decreases in water level affect the whole system, marshes facing away from strong  
726 surge-producing winds have little fetch for waves to develop from those storms. Instead, as is  
727 true of our study site, these marshes experience the highest waves during winds that lower water  
728 levels, thereby limiting the effectiveness of the highest winds for promoting deposition on the

729 marsh surface even if they occur more frequently. Nevertheless, the highest SSC conditions in  
730 the upper water column over the tidal flat (site 2) were associated with northerly winds because  
731 even though the short fetch limited wave size, these did produce the highest wave-driven bed  
732 shear stresses on the tidal flat during conditions when the marsh was inundated owing to a  
733 combination of spring tides and storm surge.

#### 734 *Implications for modeling deposition on bay-fronting marshes*

735 Most marsh deposition models were created for tidal channel marshes (e.g., Kirwan et al.  
736 2010 and the models cited therein) where waves are not important. To model deposition on bay-  
737 fronted marshes, wave-driven resuspension, the primary control on SSC in the water flooding  
738 these marshes, must be accounted for. A number of studies (e.g., Mariotti et al. 2010; Carniello  
739 et al. 2011; Mariotti & Carr 2014; McLoughlin et al. 2015) have shown that the Young and  
740 Verhagen (1996a, b) parametric wave model provides good estimates of wave conditions in  
741 shallow water bodies given wind speed, fetch and water depth. These wave fields can be used to  
742 calculate wave-generated bed shear stresses on the tidal flats (Wiberg and Sherwood 2008). SSC  
743 over tidal flats adjacent to bay-fronted marshes can be calculated given sediment properties and  
744 current shear velocity (Appendix; Lawson et al. 2007; Mariotti et al. 2010). Owing to the  
745 generally regular nature of tides, characteristic tidal current shear velocities can be obtained from  
746 a time series of currents spanning a typical spring-neap cycle or from a hydrodynamic model that  
747 resolves tidal time scales.

748 The general correspondence between SSC in the upper water column over the tidal flat  
749 and over the marsh edge (Fig. 9 c, d) supports an approach to modeling flat-marsh sediment  
750 exchange like that used by Mariotti and Carr (2014) and Carr et al. (2018) in which the flux  
751 between the flat and the marsh is calculated assuming a tidal dispersion mechanism driven by

752 differences in SSC over the flat and over the marsh (initially 0 for a vegetated marsh) and  
753 depends on tidal range and marsh elevation. Our results indicate, however, that meteorological  
754 effects on water-surface elevation and the timing of wind events relative to spring-neap cycles  
755 must be accounted for in addition to tidal range for microtidal marshes that flood primarily  
756 during spring tides and storm surge.

757         Our study site provides a useful example of the importance of accounting for  
758 meteorological effects on water surface elevations in microtidal bays. If the study marsh only  
759 flooded when predicted tidal levels exceeded the elevation of the marsh platform (accounting for  
760 spring-neap variations but not storm surge), inundation frequency would decrease from 17% to  
761 9% of the record and mean inundation depth would decrease from 0.18 m to 0.13 m during N13;  
762 for M14, inundation frequency would decrease from 19% to 11% of the record and mean  
763 inundation depth would decrease from 0.20 m to 0.10 m. As a result, predicted deposition would  
764 be at least a factor of two lower. Similarly, if high winds that suppressed water surface elevations  
765 occurred when a marsh would otherwise be expected to flood, deposition would be  
766 overestimated. Accounting for meteorological effects of water surface elevations could be one of  
767 the more challenging aspects of modeling deposition on microtidal marshes, and affects tidal  
768 creek marshes (e.g., Christiansen 1998) as well as bay-fronted marshes. Long-term records of  
769 coincident winds and water levels (e.g., Tbl. 3) are likely the best basis for characterizing the  
770 conditions associated with water surface elevations that are higher or lower than expected due to  
771 tides alone.

772         An additional challenge of modeling deposition on bay-fronted marshes is the lack of  
773 stability of the marsh edge itself (Mariotti and Fagherazzi 2013). In the VCR and many other  
774 coastal bay systems (e.g., Lagoon of Venice; Marani et al. 2011), marshes are retreating along

775 their boundary with the bay. This retreat changes the spatial relationship between earlier deposits  
776 and the marsh edge. For example, at our study site on Chimney Pole marsh, the marsh edge has  
777 been retreating at an average rate of  $1.5 - 2.0 \text{ m yr}^{-1}$  (McLoughlin et al. 2015). As a result,  
778 deposits formerly 8 m from the marsh edge (the location on maximum deposition in our study)  
779 would be at the marsh edge within 5 years. The fate of the sediment released during marsh-edge  
780 retreat is uncertain, likely moving along the edge when water surface elevations are below the  
781 level of the marsh platform and potentially providing a supply of sediment to the marsh when the  
782 marsh is flooded. More detailed morphodynamic modeling and measurements are needed to  
783 resolve this important question.

784

## 785 **Conclusions**

786 Marshes bordering shallow coastal bays are eroding in many regions of the world, and  
787 contribute to marsh loss even when interior marshland is stable (Mariotti & Fagherazzi 2013;  
788 Fagherazzi 2013), yet little is known about how sediment is transported across bay-fronted  
789 marshes, making their response to sea level rise and increased storminess poorly understood.  
790 Sediment transport near bay-fronted marshes is fundamentally different than near tidal creek  
791 marshes owing to the presence of wind-driven waves and currents. Wave events in shallow  
792 coastal bays are predominantly responsible for elevating suspended sediment concentrations over  
793 tidal flats. In contrast to marshes bordering tidal creeks, tides are relatively unimportant in  
794 controlling the concentration of sediment in water flooding bay-fronted marshes. The direction  
795 of surface currents can be variable during times when water elevations are high enough to flood  
796 the marsh, but our results show that sediment in the upper water column over the tidal flat  
797 adjacent to a marsh is effectively transported across the marsh edge when the marsh floods.

798           While wind-driven waves control suspended sediment concentrations over the tidal flats,  
799 we found that the largest resuspension events typically do not enhance sediment fluxes onto the  
800 westward facing marshes of our study area owing to a lack of correlation between wind  
801 conditions suitable for wave generation and tidal water levels above the elevation of the marsh  
802 platform. In contrast, north-northeast facing marshes may benefit from Nor'easters that bring  
803 both high winds and storm surge (Fagherazzi et al. 2010). Therefore, marsh-edge orientation  
804 relative to the wind direction associated with maximum fetch, as well as the long-term  
805 relationship between wind conditions and deviations from expected tidal water levels, can be  
806 important factors controlling sediment deposition on bay-fronted marshes in microtidal systems.

807           The presence of waves during periods of marsh flooding alters the pattern of sediment  
808 deposition on marshes bordering bays, preventing deposition near the edge and displacing  
809 maximum deposition inland. As a result, whereas the marsh fringe bordering tidal creeks  
810 experiences the highest local deposition rates, the marsh fringe bordering open water is non-  
811 depositional or even erosional. An increase in sea level relative to marsh platform elevation will  
812 increase flooding frequency and the mass of wave-driven suspended sediment transported onto  
813 the marsh even if water depths over the tidal flat exceed the depth associated with maximum  
814 near-surface SSC. This will initially enhance sediment deposition on the marsh if sea level rises  
815 relative to marsh elevation. However, deeper water over the tidal flats coupled with a constant  
816 marsh flooding frequency (marsh elevation and sea-level rising in step) will ultimately lead to a  
817 reduction in sediment fluxes from tidal flats to adjacent marshes.

818

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825

## 826 **Appendix**

827 Current-generated bed shear stress,  $\tau_{curr}$ , was calculated using the expression:

$$828 \quad \tau_{curr} = C_D \rho u^2$$

829 where  $\rho=1020 \text{ kg m}^{-3}$  is water density,  $u$  is current speed, and  $C_D$  is the drag coefficient,  
830 estimated as:

$$831 \quad C_D = gn^2 / (h^{1/3})$$

832 where  $n$  is the roughness coefficient

$$833 \quad n = \left[ \frac{\sqrt{8g}}{h^{1/6}} \left( 2 \log_{10} \left( \frac{h}{D_{84}} \right) + 1 \right) \right]^{-1}$$

834 (Hornberger et al. 2014; Lawson et al. 2007),  $h$  is water depth,  $g=9.81 \text{ m s}^{-2}$ , and  $D_{84}$  is the 84<sup>th</sup>  
835 percentile of the grain size distribution.

836 Wave-induced bottom orbital velocity,  $u_b$ , was calculated as:

$$837 \quad u_b = \frac{\pi H_s}{T \sinh(kh)}$$

838 (Wiberg & Sherwood 2008) and wave-generated bed shear stress,  $\tau_{wave}$ , was estimated as:

$$839 \quad \tau_{wave} = 0.5 f_w \rho u_b^2$$

840 where

841 
$$f_w = 0.04 \left( \frac{u_b T}{2\pi k_s} \right)^{-0.25}$$

842 (Fredsoe & Deigaard 1992),  $H_s$  is significant wave height,  $T$  is wave period,  $k$  is wave number  
 843 ( $2\pi/L$ ),  $L$  is wave length,  $f_w$  is the wave friction factor, and  $k_s=3D_{84}$  is the roughness length scale  
 844 of the bed. Total bed shear stress was calculated as the sum of wave and current shear stress.

845 To estimate suspended sediment concentrations,  $C_s$ , throughout the full water column, the  
 846 Rouse equation (Rouse 1937) was applied using 3 grain-size fractions ( $7 \mu\text{m}$  ( $w_{si} = 3 \times 10^{-5} \text{ m s}^{-1}$ )  
 847  $1$ );  $25 \mu\text{m}$  ( $w_{si} = 4 \times 10^{-4} \text{ m s}^{-1}$ );  $100 \mu\text{m}$  ( $w_{si} = 0.005 \text{ m s}^{-1}$ )

848 
$$C_{s_i} = C_a \left( \frac{z \times (h - z_a)}{z_a \times (h - z)} \right)^{r_i}$$

849 where  $r_i = -w_{si} / (\kappa u_{*curr})$  is the Rouse parameter for each grain size fraction,  $i$ ,  $w_{si}$  is the particle  
 850 settling velocity for each size fraction,  $u_{*curr}$ , is current shear velocity,  $\kappa$  is von Karman's  
 851 constant (0.41), and  $z$  is the height in the water column at which  $C_{si}$  is being estimated.  $C_a$  is the  
 852 reference concentration at the reference height at the level  $z_a$ . When turbidity measurements are  
 853 available,  $C_a$  is taken as the suspended sediment concentration estimated from measured  
 854 turbidity and  $z_a$  is the height of the turbidity sensor. When turbidity measurements are not  
 855 available, we estimated  $C_a$  as

856 
$$C_a = C_{bed} \frac{\gamma S}{1 + \gamma S}$$

857 (Smith & McLean 1977), where  $S = (\tau_b - \tau_{cr}) / \tau_{cr}$  is the excess shear stress determined from  $\tau_b$ ,  
 858 the total bed shear stress exerted by waves and currents,  $z_a = 3D_{50}$ ,  $D_{50}$  is the median grain size,  
 859 and  $C_{bed} = 0.3$  is the concentration of sediment in the bed (1.0 – porosity), consistent with a

860 muddy bed (Wheatcroft et al. 2007). Critical shear stress was determined to be  $\tau_{cr} = 0.07$  Pa  
861 from a plot of NTU versus total shear stress at site 2 (Online Resource 2). This agrees with  
862 values based on erosion rate measurements from Lawson (2004). We set the value of the  
863 resuspension coefficient  $\gamma = 5e^{-4}$ , by scaling the estimated SSC to match the measured SSC.  
864 Field and laboratory studies have shown large variation in values of  $\gamma$ , ranging from  $10^{-2}$  to  $10^{-5}$   
865 (e.g. Smith & McLean 1977; Wiberg & Smith 1983; Sternberg et al. 1986; Hill et al. 1988;  
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1141 **Tables**

1142 **Table 1** Measurements taken at each site along the transect during March 2013 (M13),

1143 November-December 2013 (N13), and March 2014 (M14)

Site Number	1			2			3			4		
Location	Bay			Tidal Flat			Marsh Edge			Marsh Interior		
Distance from Bay-Marsh Boundary	-15 m			-2 m			2 m			15 m		
Elevation relative to MSL	-0.8 m			-0.5 m			0.55 m			0.4 m		
D <sub>50</sub> (µm)				11.4 ± 1.2			14.1 ± 2.2			21.6 ± 3.4		
Deployment:	M13	N13	M14	M13	N13	M14	M13	N13	M14	M13	N13	M14
Velocity					X	X		X	X		X	
Depth/Waves	X	X		X	X	X	X	X	X	X	X	
SSC	X	X			X	X		X	X		X	
Deposition								X	X		X	X
Biomass								X			X	
Sediment						X			X			X

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1153 **Table 2** Deposition measured over four weeks at the marsh edge and interior during the N13 and  
 1154 M14 deployments compared to the deposition recorded in a tidal creek marsh from June 3 to July  
 1155 2, 1997 (Christiansen, 1998). Biomass was also measured during the N13 deployment. The  
 1156 number of samples, N, as well as the standard deviation is reported for each measurement.

Measurement	Source	Marsh Edge	Mid-Marsh	Marsh Interior
Deposition (g m <sup>-2</sup> ) over 4 weeks	N13	0 ± 0 (N=3)	236.34 ± 145.11 (N=3)	12.44 ± 11.61 (N=3)
	M14	0 ± 0 (N=3)	358.87 ± 89.67 (N=3)	185.94 ± 104.54 (N=3)
	Christiansen (1998)	190	N/A	80
Biomass (g m <sup>-2</sup> )	N13	43.6 ± 26.8 (N=6)	N/A	68.6 ± 25.6 (N=6)

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1171 **Table 3** Number of tidal cycles per year with high-tide water levels exceeding given surface  
 1172 elevations (relative to MSL) during 2013 and 2009-2014 for moderate – high wind speeds from  
 1173 SW-W and N-NE

1174  
 1175 2013

Wind Speed	High-tide elevation (Marsh Edge = 0.55 m above MSL)			
	0.4-0.6 m	0.6-0.8m	0.8-1.0m	>1.0m
SW-W				
8-12 m s <sup>-1</sup>	2	1	1	0
>12 m s <sup>-1</sup>	0	0	0	0
N-NE				
8-12 m s <sup>-1</sup>	3	7	4	4
>12 m s <sup>-1</sup>	0	0	0	1

1176  
 1177 2009-2014

Wind Speed	High-tide elevation			
	0.4-0.6 m	0.6-0.8m	0.8-1.0m	>1.0m
SW-W				
8-12 m s <sup>-1</sup>	4	3.7	1.5	0.3
>12 m s <sup>-1</sup>	0.7	0.5	0.2	0
N-NE				
8-12 m s <sup>-1</sup>	4	5.2	3	3.5
>12 m s <sup>-1</sup>	0.2	0.5	0.5	0.3

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1190 **List of Figures**

1191 **Fig. 1** a) map of study site showing the location where the transect crosses the edge between  
1192 Chimney Pole Marsh and Hog Island Bay (*Source: ESRI, HERE, DeLorme, MapmyIndia*). b)  
1193 profile of marsh transect with sampling locations indicated (Table 1)

1194

1195 **Fig. 2** a) wind speed ( $\text{m s}^{-1}$ ) recorded in South Bay and plotted as the direction towards which the  
1196 wind is blowing. b) current speed ( $\text{cm s}^{-1}$ ) plotted as the direction towards which the water is  
1197 flowing. Currents were averaged over the entire height of the water column and recorded south  
1198 of the transect during the M13 deployment

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1200 **Fig. 3** Current direction (deg) and speed ( $\text{cm s}^{-1}$ ) measured at site 2 during the M14 deployment  
1201 for a) the lower water column (i.e. below the marsh surface height; and b) the upper water  
1202 column (i.e. above the marsh surface height; middle). Diagonal line indicates marsh edge  
1203 orientation and position relative to site 2. c) Wind direction (deg) and speed ( $\text{m s}^{-1}$ ) recorded in  
1204 South Bay during the M14 deployment

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1206 **Fig. 4** Significant wave height (m) separated into 8 wind direction (deg) intervals of 45 degrees  
1207 each. Within each wind direction interval, significant wave heights measured during times of low  
1208 (left,  $< 8 \text{ m s}^{-1}$ ) and high (right,  $> 8 \text{ m s}^{-1}$ ) wind speeds are shown. Shading indicates westerly  
1209 winds blowing across Hog Island Bay. Data were recorded at site 2 during the N13 deployment

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1211 **Fig. 5** Total bottom shear stress (Pa) as a function of water surface elevation relative to MSL  
1212 during times when the wind blew across Hog Island Bay from a W-NW direction (240-305

1213 degrees). For each water surface elevation interval, data are separated into low ( $< 8 \text{ m s}^{-1}$ , white  
1214 boxes) and high ( $> 8 \text{ m s}^{-1}$ , shaded boxes) wind speed groups. Data were recorded at site 2 during  
1215 the N13 deployment

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1217 **Fig. 6** a) Significant wave height (m) during two large wave events, which occurred during the  
1218 N13 deployment. b) Average growth or reduction in significant wave height during N13 given as  
1219 a percentage of the initial height recorded at site 1. Error bars show the 95% confidence interval  
1220 ( $1.96 \times \text{standard error}$ )

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1222 **Fig. 7** a, e) Wind vectors; b, f) water surface elevation above the tidal flat (m); c, g) total bottom  
1223 shear stress (Pa) generated by both currents and waves, and d, h) turbidity (NTU) 0.35 meters  
1224 above the bed) recorded at sites 2, 3, and 4 during deployment N13 (a-d) and M14 (e-h). Breaks  
1225 in the turbidity record indicate times when the instrument was out of the water

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1227 **Fig. 8** Turbidity as a function of wave shear stress (Pa) recorded at site 2 during the N13  
1228 deployment for a mid-range of water depths spanning mean sea level (0.4 – 0.8 m).

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1230 **Fig. 9** Comparison of turbidity at sites 2 and 3 during a) N13 and b) M14 for times when the  
1231 marsh was flooded and wind speed  $\geq 8 \text{ m s}^{-1}$  (filled symbols); dashed lines indicate 95%  
1232 confidence interval on predicted NTU-site3 given NTU-site 2 for these conditions. Open  
1233 symbols indicate conditions when the marsh was flooded and wind speed  $< 8 \text{ m s}^{-1}$ . Comparison  
1234 of estimated SSC in the upper water column ( $SSC_{UWC}$ ) over the flat (site 2) vs. estimated SSC  
1235 over the marsh near the edge (site 3) during c) N13 and d) M14 for higher (filled symbols) and

1236 lower winds (open symbols) as in 9a, b. Dashed lines are scaled from those shown in 9a, b by the  
1237 common slope (2.6) of the calibration relationships for  $NTU < NTU_{BP}$  (Online Resource 1).  
1238 Light blue open symbols in 9c, d indicate flooding tides accompanied by low waves and low  
1239 turbidity while flooding tides characterized by shallow inundation depths and peak SSC at the  
1240 marsh edge that is more than twice the peak  $SSC_{UWC}$  when  $SSC_{UWC} < 20 \text{ g L}^{-1}$  are indicated by  
1241 red open symbols. Estimated deposition during e) N13 and f) M14 based on SSC at the marsh  
1242 edge (site 3, colored lines) and  $SSC_{UWC}$  over the flat (gray lines). The shading indicates the range  
1243 of the estimates based on root-mean-square error (RMSE). The symbols on the right side of 9e, f  
1244 are mean values of measured deposition at the mid-marsh site (Tbl. 2) with vertical lines  
1245 indicating standard deviation.

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1247 **Fig. 10** Suspended sediment fluxes in the upper water column (above the elevation of the marsh  
1248 surface) over the tidal flat (site 2) during a) N13 and b) M14; an upward pointing vector  
1249 indicates northward transport. c) Progressive flux trajectories (cumulative integrated flux) during  
1250 N13 and M14. Shading indicates the location of the marsh (as opposed to bay) relative to the  
1251 trajectories.

1252

1253 **Fig. 11** Modeled distribution of sediment deposition on the marsh in the presence and absence of  
1254 both waves and vegetation, and the variation in relative wave height and vegetation with distance  
1255 into the marsh used in the model calculations (inset). Values for model parameters are provided  
1256 in Methods.

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1258 **Fig. 12** a) Wave shear stress given for a range of water depths above the tidal flat and 3 wind

- 1259 speeds. b) Sediment mass ( $\text{g m}^{-2}$ ) as a function of water depth above the tidal flat for water
- 1260 flooding the marsh (elevation:  $>1$  m), assuming the marsh remains at its current elevation.