Characterizing Solvent Density Fluctuations in Dynamical Observation Volumes

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Abstract

Hydrophobic effects drive diverse aqueous assemblies, such as micelle formation or protein folding, wherein the solvent plays an important role. Consequently, characterizing the free energetics of solvent density fluctuations can lead to important insights into these processes. Although techniques such as the indirect umbrella sampling (INDUS) method can be used to characterize solvent fluctuations in static observation volumes of various sizes and shapes, characterizing how the solvent mediates inherently dynamic processes, such as self-assembly or conformational change, remains a challenge. In this work, we generalize the INDUS method to facilitate the enhanced sampling of solvent fluctuations in dynamical observation volumes, whose positions and shapes can evolve. We illustrate the usefulness of this generalization by characterizing water density fluctuations in dynamic volumes pertaining to the hydration of flexible solutes, the assembly of small hydrophobes, and conformational transitions in a model peptide. We also use the method to probe the dynamics of hard spheres.

Introduction

Solvent-mediated collective phenomena, such as hydrophobic effects, are important in a wide variety of contexts^{1–6} ranging from detergency^{7,8} and colloidal assembly^{9,10} to protein folding^{11,12} and aggregation.^{13,14} Consequently, numerous theoretical, simulation, and experimental studies have been devoted to uncovering the molecular underpinnings of hydrophobic hydration and interactions.^{15–18} The hydration of hydrophobic solutes is unfavorable because they disrupt the favorable hydrogen bonding interactions between water molecules; to minimize such disruption, hydrophobic moeities are also driven together to assemble in water. Although hydrophobic solutes attract water through weak dispersive interactions, they primarily disrupt water structure by excluding water molecules from the region they occupy.¹⁹ Consequently, purely repulsive hard solutes have long served as idealized hydrophobic solutes, and their hydration and assembly have been extensively studied using molecular simulations 20-24 and theory. $^{25-28}$

Because hydrating a hard solute is equivalent to emptying out a volume v that it can occupy, its hydration free energy, F_{hyd} , is related to the probability, $P_v(N)$, of observing N waters in vthrough:^{20,29} $\beta F_{\text{hyd}} = -\ln P_v(N = 0)$, where

 $\beta = 1/k_{\rm B}T$, $k_{\rm B}$ is Boltzmann's constant, and T is temperature. Thus, an understanding of the statistics of water density fluctuations, as quantified by $P_v(N)$, has played a central role in elucidating the thermodynamic driving forces that underpin hydrophobic effects. For example, Hummer et al.^{20,30} showed that $P_v(N)$ is Gaussian in small observation volumes ($v \leq 1 \text{ nm}^3$), enabling $F_{\rm hvd}$ to be obtained from its moments. This powerful simplification afforded molecular insights into diverse phenomena, including the formation of clathrate hydrates at high pressures³¹ and the convergence of protein unfolding entropies at a particular temperature.^{23,30} For larger volumes $(v \gtrsim 1 \text{ nm}^3)$, both the $ory^{28,32-35}$ and simulations 22,36 have shown that the likelihood of low-N fluctuations is enhanced significantly (relative to Gaussian) in bulk water, and even more so near hydrophobic surfaces; that is, although $P_v(N)$ remains Gaussian near its mean, it develops fat tails at low- $N.^{22,36}$ These results clarified that water near hydrophobic surfaces sits at the edge of a dewetting transition, which can be triggered by small perturbations.^{37–40} They also led to the prediction that the assembly of small hydrophobic solutes in the vicinity of extended hydrophobic surfaces would be barrierless.^{41,42} Thus, an understanding of density fluctuations in small and large volumes as well as in the vicinity of interfaces has made significant contributions to our understanding of hydrophobic hydration, interactions, and assembly.

Although $P_v(N)$ in small volumes can be readily estimated from unbiased simulations, the low-N fluctuations of interest become increasingly rare for larger volumes, making it impossible to sample them without the use of non-Boltzmann or umbrella sampling methods.^{43–45} However, biasing an order parameter such as the number of waters, N_v , in an observation volume, v, is complicated by the fact that N_v is a discontinuous function of particle coordinates. Thus, choosing the biasing potential to be a function of N_v would result in impulsive forces, which are difficult to treat in molecular dynamics (MD) simulations. The INDUS (INDirect Umbrella Sampling) method circumvents this challenge by sampling N_v indirectly; the biasing potential is chosen to be a function of N_v , which varies continuously with particle coordinates and is strongly correlated with N_v .^{22,36} The particular manner in which \tilde{N}_v is defined in INDUS makes it amenable to Boolean algebra, so that the observation volume, v, can be constructed from unions and intersections of regular sub-volumes and their complements. This feature has facilitated the widespread use of INDUS for characterizing density fluctuations in volumes of various shapes and sizes in water^{22,36} and in other solvents,⁴⁶ at surfaces of various kinds, including electrodes,⁴⁷ clay minerals,⁴⁸ and proteins,^{37,49,50} and in hydrophobic confinement.^{51,52}

Although the observation volume used in IN-DUS can have a wide variety of sizes and shapes, it must be placed at a fixed location in the simulation box and have a fixed, welldefined shape. Such a static v cannot be used to study the assembly of hydrophobic solutes, or the hydration of flexible molecules, such as polymers or peptides, whose hydration shells change with their conformation. To address this challenge, here we generalize INDUS to probe density fluctuations in dynamical observation volumes, which can not only evolve with the positions of assembling molecules, but can also conform continuously to the fluctuating shapes of flexible molecules. We do so by pegging the position of v (or the positions of the sub-volumes that make up v) to particles of interest. When a biasing potential is applied, it exerts forces not only on the waters, but also on such particles; as the particles move under the influence of the biasing force, the position (and shape) of v also evolves. We demonstrate the usefulness of this dynamic INDUS approach by characterizing density fluctuations in dynamical volumes in bulk water, in the hydration shells of small hydrophobic solutes undergoing assembly, and in the hydration shell of the conformationally flexible alanine dipeptide molecule. We also illustrate the use of this framework to mimic hard sphere systems and study their dynamics.

Methods

Generalizing INDUS to Dynamic Observation Volumes

Although the methods discussed here are applicable to any order parameter, we focus on the number of waters, N_v , in an observation volume, v, of interest. We wish to estimate the free energetics, $\beta F_v(N) = -\ln P_v(N)$, where $P_v(N) = \langle \delta(N_v - N) \rangle_0$, is the probability of observing N waters in v. Given the Hamiltonian of the system, $\mathcal{H}_0(\overline{\mathbf{R}})$, where $\overline{\mathbf{R}}$ represents the positions of all atoms, $\langle \mathcal{A}(\overline{\mathbf{R}}) \rangle_0 \equiv \int d\overline{\mathbf{R}} \ \mathcal{A}(\overline{\mathbf{R}}) \exp(-\beta \mathcal{H}_0)/Q_0$ is the ensemble average of $\mathcal{A}(\overline{\mathbf{R}})$, and $Q_0 \equiv \int d\overline{\mathbf{R}} \ \exp(-\beta \mathcal{H}_0)$ is the system partition function.

Umbrella Sampling vs Indirect Umbrella Sampling

Umbrella sampling and similar non-Boltzmann sampling techniques employ biasing potentials, $U(N_v)$, which enhance the likelihood with which rare order parameter fluctuations are sampled.⁴³ To apply biasing potentials in molecular dynamics (MD) simulations, the order parameter being biased must be a continuous and differentiable function of particle positions. However, N_v is a discrete function of particle positions, as can be seen from:

$$N_v(\{\mathbf{r}_i\}) = \sum_{i=1}^M h_v(\mathbf{r}_i), \qquad (1)$$

where M is the total number of waters in the system, \mathbf{r}_i is the position of the i^{th} water, and $h_v(\mathbf{r}_i)$ is an indicator function which is equal to 1 if $\mathbf{r}_i \in v$ and 0 otherwise. Because h_v (and thereby N_v) changes discontinuously as water molecules cross the boundary of v, biasing N_v would result in impulsive forces on such waters.

To circumvent this challenge, Indirect Umbrella Sampling (INDUS)^{22,36} prescribes influencing N_v indirectly by biasing a closely related continuous variable \tilde{N}_v , which is defined as

$$\tilde{N}_v(\{\mathbf{r}_i\}) = \sum_{i=1}^M \tilde{h}_v(\mathbf{r}_i).$$
(2)

Here, $\tilde{h}_v(\mathbf{r}_i)$ is a coarse-grained (or smoothed) indicator function, which varies continuously with the particle positions, $\{\mathbf{r}_i\}$. Akin to the discrete indicator function, $h_v(\mathbf{r}_i)$, the continuous indicator function $\tilde{h}_v(\mathbf{r}_i)$ is 1 when \mathbf{r}_i is well within v and 0 when it is well removed from v. However, in contrast with $h_v(\mathbf{r}_i)$, the smoothed indicator function, $\tilde{h}_v(\mathbf{r}_i)$, changes continuously from 1 to 0 as particle i leaves v.

The INDUS method prescribes factoring the coarse-grained indicator function $\tilde{h}_v(\mathbf{r}_i)$ into independent contributions from spatial coordinates as

$$\tilde{h}_v(\mathbf{r}_i) = \prod_{\alpha} \tilde{h}_v^{(\alpha)}(\alpha_i).$$
(3)

Here, $\tilde{h}_v^{(\alpha)}(\alpha_i)$ represents a coordinate indicator function, with the coordinates chosen considering the shape of v; e.g., Cartesian coordinates are recommended for a cuboidal v, with α representing x, y, and z. The coordinate indicator functions then report whether $\mathbf{r}_i \in v$ along the respective coordinate; e.g., if x_i is well within the x-bounds that define a cuboidal $v, \tilde{h}_v^{(x)}(x_i)$ would be 1. Note that factors for each of the three spatial dimensions are not always necessary. In particular, for a spherical v, only the radial coordinate, r, is needed. In this case, $\tilde{h}_v^{(\theta)}$ and $\tilde{h}_v^{(\phi)}$ are set to 1, and $\tilde{h}_v(\mathbf{r}_i) = \tilde{h}_v^{(r)}(r_{iC})$, where $r_{iC} = |\mathbf{r}_i - \mathbf{r}_C|$, and \mathbf{r}_C denotes the center of v.

In principle, any functional form that increases continuously from 0 to 1 as the particle enters v and decreases continuously from 1 to 0 as it leaves v can be used to represent $\tilde{h}_v^{(\alpha)}(\alpha_i)$. In ref., ³⁶ $\tilde{h}_v^{(\alpha)}(\alpha_i)$ was defined as the integral of a Gaussian coarse-graining function with a standard deviation of σ , which was truncated and shifted to zero at α_{tr} and then normalized; for this choice, analytic expressions for $\tilde{h}_{v}^{(\alpha)}(\alpha_{i})$ and their derivatives can also be found in ref.³⁶ As $\sigma \to 0, \tilde{h}_v(\mathbf{r}_i) \to h_v(\mathbf{r}_i), \text{ and } \tilde{N}_v \to N_v.$ Thus, a judicious choice of the parameter σ is one that is sufficiently small that N_v closely follows N_v , but not so small that biasing N_v gives rise to large forces that cannot be handled in MD simulations. This balance is typically achieved by choosing σ to be a fraction of the particle radius, and $\alpha_{\rm tr}$ to be 2 to 3 times σ .

Static vs Dynamic INDUS

The order parameter, \tilde{N}_v , which is biased using INDUS, represents the coarse-grained particle number in an observation volume that is static; that is, v is placed at a fixed location in the simulation box. A biasing potential, $U(\tilde{N}_v)$, typically chosen to be harmonic or linear in \tilde{N}_v , is then employed to sample \tilde{N}_v (and thereby N_v) over its entire range of interest. The force, \mathbf{f}_i , on the i^{th} water arising from $U(\tilde{N}_v)$ is given by:

$$\mathbf{f}_i = -\nabla_i U = -\frac{\partial U}{\partial \tilde{N}_v} \cdot \nabla_i \tilde{h}_v(\mathbf{r}_i), \qquad (4)$$

where ∇_i represents the gradient with respect to \mathbf{r}_i , the position of particle *i*.

For a spherical v, $\tilde{h}_v(\mathbf{r}_i) = \tilde{h}_v^{(r)}(r_{iC})$, so the expression for the force simplifies to:

$$\mathbf{f}_{i} = -\frac{\partial U}{\partial \tilde{N}_{v}} \cdot \frac{\partial \tilde{h}_{v}^{(r)}}{\partial r_{i\mathrm{C}}} \cdot \frac{\mathbf{r}_{i\mathrm{C}}}{r_{i\mathrm{C}}}, \qquad (5)$$

where $\mathbf{r}_{iC} \equiv \mathbf{r}_i - \mathbf{r}_C$, $r_{iC} = |\mathbf{r}_{iC}|$, and \mathbf{r}_C is the center of the spherical v.

We now generalize INDUS to characterize density fluctuations in dynamical observation volumes, which can evolve, e.g., with the positions of assembling molecules. To do so, we peg the position of v to a mobile particle. In particular, for a spherical v, we peg the center of the sphere to a particle, which can either be an ideal (dummy) particle or a real (interacting) particle. In other words, the center of the spherical observation volume, $\mathbf{r}_{\rm C}$, is now associated with the position of a particle. When a biasing potential is applied, it exerts forces not only on the waters, but also on the particle that is pegged to the center of v. In fact, it can readily be seen that the biasing force on that particle, $\mathbf{f}_{\mathrm{C}} \equiv -\nabla_{\mathrm{C}} U$, is equal and opposite to the sum of the forces on all the waters, and is given by

$$\mathbf{f}_{\mathrm{C}} = -\sum_{i=1}^{M} \mathbf{f}_{i}.$$
 (6)

By using \mathbf{f}_{C} to evolve the position, \mathbf{r}_{C} , of the center of v, under the equations of motion used in the simulation, we can then sample the fluctuations of \tilde{N}_v (and thereby N_v) in dynamic

observation volumes.

The above discussion focussed on a spherical observation volume; however the underlying principles are general, and can be used to extend INDUS to dynamical observation volumes of other regular shapes, such as cuboids or cylinders. Although we do not undertake this exercise here, below we demonstrate the extension of these ideas to an irregularly-shaped vthat is comprised of a union of spherical subvolumes. Thus, INDUS can also be generalized to dynamical observation volumes obtained by performing Boolean operations on regularlyshaped sub-volumes.

Dynamic INDUS for Union of Spheres

To construct a dynamical observation volume, v, using the union of S spherical sub-volumes, we peg the centers of each of the S sub-volumes to the positions, \mathbf{r}_p , of S mobile particles ($p = 1, 2, \ldots, S$). Following ref.,³⁶ the coarse-grained indicator function is given by

$$\tilde{h}_v(\mathbf{r}_i) = 1 - \prod_{p=1}^{S} [1 - \tilde{h}_p(\mathbf{r}_i)].$$
(7)

Here, $\tilde{h}_p(\mathbf{r}_i)$ is the coarse-grained indicator function for the p^{th} sub-volume, and for spherical sub-volumes, it simplifies to

$$\tilde{h}_p(\mathbf{r}_i) = \tilde{h}_p^{(r)}(r_{ip}), \qquad (8)$$

with $r_{ip} \equiv |\mathbf{r}_i - \mathbf{r}_p|$. Then, by recognizing that $\tilde{N}_v = \sum_{i=1}^M \tilde{h}_v(\mathbf{r}_i)$, the biasing force on the *i*th water arising from a potential, $U(\tilde{N}_v)$, can be obtained as

$$\mathbf{f}_{i} = -\frac{\partial U}{\partial \tilde{N}_{v}} \cdot \left[\sum_{p=1}^{S} \prod_{q \neq p} [1 - \tilde{h}_{q}(\mathbf{r}_{i})] \cdot \frac{\partial \tilde{h}_{p}^{(r)}}{\partial r_{ip}} \cdot \frac{\mathbf{r}_{ip}}{r_{ip}} \right].$$
(9)

We note that \mathbf{f}_i can be expressed as a sum of contributions from each of the S sub-volumes,

$$\mathbf{f}_i = \sum_{p=1}^{S} \mathbf{f}_{ip},\tag{10}$$

where the contribution of the p^{th} sub-volume to the total force on the i^{th} water, \mathbf{f}_{ip} , is given by:

$$\mathbf{f}_{ip} = -\frac{\partial U}{\partial \tilde{N}_v} \cdot \prod_{q \neq p} [1 - \tilde{h}_q(\mathbf{r}_i)] \cdot \frac{\partial \tilde{h}_p^{(r)}}{\partial r_{ip}} \cdot \frac{\mathbf{r}_{ip}}{r_{ip}}.$$
 (11)

The forces on the particles pegged to centers of sub-volumes can then be readily obtained as:

$$\mathbf{f}_p = -\sum_{i=1}^M \mathbf{f}_{ip},\tag{12}$$

i.e., the force on the particle pegged to the p^{th} sub-volume is equal and opposite to the sum of the forces exerted by that sub-volume on all the waters.

Simulation Details

All-atom MD simulations are performed using the GROMACS package (version 4.5.3),⁵³ suitably modified to incorporate the biasing forces derived in the preceding section. The leap frog algorithm⁵⁴ was used to integrate the equations of motion with a 2 fs time-step; the motion of the center of mass of the system was removed every 10 time-steps, and periodic boundary conditions were employed in all dimensions. The SPC/E model of water⁵⁵ was employed in all simulations, with the water molecules being constrained to be rigid using the SHAKE algorithm.⁵⁶ Long range electrostatic interactions were computed using the Particle Mesh Ewald algorithm,⁵⁷ and short range Lennard-Jones and electrostatic interactions were truncated at 1 nm. Lorentz-Berthelot mixing rules were used to model the cross-interactions between solutes and SPC/E water. The free energetics of N_{ν} -fluctuations were obtained from dynamic INDUS simulations using unbinned WHAM (UWHAM)⁵⁸ or, equivalently, the multi-state Bennett Acceptance Ratio (MBAR) method,⁵⁹ following the prescription provided in ref. 36. Simulations of alanine dipeptide were performed in the NVT ensemble; all other simulations were performed in the NPT ensemble. The system temperature was maintained at 300 K using the canonical

velocity-rescaling thermostat in all cases.⁶⁰ For the NPT simulations, a pressure of 1 bar was maintained using the Parrinello-Rahman barostat.⁶¹ We now describe details specific to the various systems that we study.

Spherical Solute To begin with, a spherical observation volume with radius, $R_v = 0.3$ nm, was placed at the center of a cubic simulation box with a side length of 4 nm. In the dynamic INDUS simulations, the center of v was pegged to a dummy atom, and was thereby mobile, whereas in the static INDUS simulations, the center of v remained at its initial position. The dummy atom was chosen to have a mass of 28.054. To allow for equilibration, the first 0.1 ns were discarded from each simulation.

Hard-Sphere Alkane The united-atom nhexadecane chain was modeled using the TraPPE-UA (Transferable Potentials for Phase Equilibria - United Atom) force field.⁶² A spherical sub-volume of radius, $R_v = 0.4$ nm, was centered on each of the 16 united-atoms, and the union of the spherical sub-volumes served as the dynamical observation volume, v, whose size and shape evolved with the conformation of the alkane. The interactions between the alkane and SPC/E water were turned off. Dynamic INDUS simulations of the alkane in water were then performed to obtain the free energetics of N_{v} -fluctuations; each biased simulation was run for 5 ns; the first 0.5 ns were discarded to allow for equilibration. To independently characterize the conformational free energy landscape of the alkane, a 10 ns long unbiased simulation of the alkane in vacuum was performed in the NVE ensemble. In both cases, a cubic simulation box with a side length of 6 nm was used. Assembly of Small Hydrophobic Solutes The assembly of methanes as the prototypical small solutes was studied in bulk water.

Methanes are simulated as united atoms using the TraPPE-UA force field.⁶² We also study purely repulsive methanes, which interact using only the repulsive portion of the WCA potential.⁶³ The simulation box is 3 nm in each direction and contains 13 methane (attractive or repulsive) molecules and 868 SPC/E waters. Spherical sub-volumes of radius, $R_v = 0.5$ nm, were centered on each of the 13 solutes, and the union of the spherical sub-volumes served as the dynamical observation volume, v. Dynamic INDUS simulations were then performed to obtain the free energetics of N_v -fluctuations; each biased simulation was run for 2 ns, and the first 0.5 ns were discarded to allow for equilibration.

Alanine Dipeptide The AMBER99SB force field was used to simulate alanine dipeptide.^{64,65} A roughly 3 nm cubic water slab containing 882 waters was used to solvate the peptide. Simulations were performed using a $3 \times 3 \times 6$ nm³ simulation box with a repulsive wall at its z-edge to nucleate buffering vapor layers. The presence of vapor-liquid interfaces keeps the system at its coexistence pressure. The centers-of-masses of alanine dipeptide and the water slab were restrained in the z-direction to be at the center of the simulation box. The observation volume v was defined as a union of spherical sub-volumes of radius 0.6 nm, centered on the peptide's 10 heavy atoms. The hydration of alanine dipeptide was modulated by applying a linear biasing potential, αN_v . A total of 15 different biasing strengths ranging from $\beta \alpha = 0$ to 8 were used. At each value of α , the conformational degrees of freedom of alanine dipeptide, as represented by the backbone dihedral torsional angles, Φ and Ψ , were sampled using standard umbrella sampling with harmonic umbrella potentials. Roughly 96 biased simulations were run for each α ; the simulations were run for 5 ns, with the first 0.5 ns excluded from analysis. The conformational free energy landscape of the peptide in the presence of the biasing potential, $F_{\alpha}(\Phi, \Psi)$, was obtained by using unbinned WHAM (UWHAM).⁵⁸

Results and Discussion

Hydrophobic Hydration: Fluctuations in Bulk Water

The free energetics of water density fluctuations, $F_v(N)$, in bulk water inform hydrophobic hydration. In particular, the free energetic cost of emptying v corresponds to the hydration free energy, F_{hyd} , of a purely repulsive hydrophobic solute, which has the same size and shape as v, i.e., $F_{\rm hyd} = F_v(N \to 0)$. Such idealized hydrophobic solutes, which simply exclude waters from the region they occupy, have long been used to study hydrophobic hydration and interactions because the extent to which they disrupt the proximal water structure is similar to that of real hydrophobic solutes.¹⁹ In this section, we characterize $F_v(N)$ in two observation volumes in bulk water, which correspond to a small hard sphere and a repulsive n-hexadecane molecule as $N \to 0$.

Ideal Spherical Solute

To illustrate the dynamic INDUS method, we first use it to estimate $F_v(N)$ in a small spherical volume in bulk water (Figure 1a). To estimate $F_v(N)$, we employ a dynamical observation volume of radius, $R_v = 0.3$ nm, with its center pegged to a mobile dummy (ideal gas) atom. When a biasing potential, $U_{\kappa,N^*}(\tilde{N}_v) =$ $\frac{\kappa}{2}(N_v - N^*)^2$, is applied, it gives rise to forces on the water molecules in v, but also on the dummy atom. Trajectories of the dummy atom for $\beta \kappa = 1.12$ and select N*-values are shown in Figure 1b; interestingly, as N^* is decreased, and v is emptied, its mobility appears to decrease as well. Following the INDUS prescription, biased simulations are then used to obtain $F_v(N)$ for this dynamical observation volume. As shown in Figure 1c, the fluctuations display Gaussian statistics in agreement with previous studies.^{20,36} The hydration free energy of the cavity that forms as $N_v \to 0$ (and of the corresponding hard sphere solute) is $F_{\text{hvd}} = 7.3 k_{\text{B}}T$. Also shown in Figure 1c are the free energetics obtained using a static observation volume, which is pegged to the center of the simulation box. As expected from the translational invariance of observation volumes in bulk water, we find that the $F_v(N)$ -profiles obtained using the dynamic and static volumes are in excellent agreement with one another.

Hard-Sphere Alkane

Next, we characterize water density fluctuations in an observation volume whose shape and



Figure 1: (a) Simulation snapshot of a small spherical observation volume, v, of radius, $R_v = 0.3$ nm, in bulk water. The center of v is pegged to the position of a dummy atom. The waters inside v are shown in the space-fill representation, whereas those outside v are shown in the licorice representation. (b) When a harmonic biasing potential, U_{κ,N^*} , is applied to waters in the dynamical observation volume, the waters in v experience a biasing force, but so does the dummy atom pegged to the center of v. Trajectories depicting the motion of the dummy atom are shown here for three different biasing potentials. (c) The free energy, $\beta F_v(N) \equiv -\ln P_v(N)$, obtained using INDUS with a dynamical v, agrees well with that obtained using a static v; moreover, $F_v(N)$ is parabolic (dashed line), highlighting that $P_v(N)$ for this small volume is Gaussian.

size can vary. The dynamical v is defined as the union of 16 spherical sub-volumes; each subvolume is pegged to a dummy united-atom of n-hexadecane and has a radius $R_v = 0.4$ nm (Figure 2a). The dummy alkane chain has the same intra-molecular interactions (bonded and non-bonded) as a united-atom alkane,⁶² but its atoms do not interact with water; thus, the alkane conformational free energy landscape, which governs the size and shape of v, is determined entirely by the self-interactions of the alkane. We estimate the free energetics, $F_n(N)$, of water number fluctuations in this v in bulk water using dynamic INDUS; see Figure 2b. On average, v contains roughly 44 waters, and although water density fluctuations are Gaussian near the mean and at high N, they are enhanced at low N and display marked fat tails, suggesting that the dewetting of this dynamical v is co-operative.³⁷ Although our choice of $R_v = 0.4$ nm is somewhat larger than (but close to) the hard-core radii of the alkane unitedatoms, we obtain the hydration free energy of this conformationally flexible hard-sphere nhexadecane molecule to be $\beta F_{\text{hyd}} = 70.4$.

To uncover the extent to which the collective dewetting of v is facilitated by its conformational degrees of freedom, we additionally estimate $F_v(N)$ for a static observation volume defined using a representative n-hexadecane configuration. As shown in Figure 2b, although the low-N fluctuations for the static v are also enhanced relative to Gaussian statistics, they are suppressed relative to the dynamic v. The difference in estimates of $F_v(N \to 0)$ for the static and dynamic volumes (78.2 $k_{\rm B}T$ vs 70.4 $k_{\rm B}T$), represents the difference in the hydration free energies of rigid and flexible hard-sphere alkanes (7.8 $k_{\rm B}T$). We thus find the solvation of the flexible alkane to be more favorable than that of the rigid alkane. Although the particular value of $F_{\rm hvd}$ for the rigid alkane depends on our choice of the static v, our findings are consistent with those of Pettitt and co-workers, who showed that the conformation of alkane chains and peptides could influence their hydration free energies substantially.^{66–68} Our results also lend further support to the notion that surface-area models, which are commonly used to estimate the driving force of hydrophobic assembly, but are incapable of capturing subtle but important differences between the rigid and flexible solutes, are not appropriate for a quantitative treatment of hydrophobic hydration and interactions.^{66,69}

To further understand how the dewetting of v



Figure 2: (a) Simulation snapshot illustrating a dynamical observation volume, v (gray), in bulk water. To define v, we use a dummy united-atom n-hexadecane molecule (cyan); spherical subvolumes of radius $R_v = 0.4$ nm are centered on each of the united-atoms of the alkane, and v is defined as the union of the 16 sub-volumes. Water molecules (red/white) inside v are shown in licorice representation, whereas those outside v are shown as lines. (b) The free energetics $F_v(N)$ of water number fluctuations in bulk water, obtained using this dynamical (flexible) v, are shown, and are compared to those obtained using a static (rigid) observation volume. In both cases, the statistics of water number fluctuations are Gaussian (i.e., $F_v(N)$ are parabolic, dashed line) near the mean of the distributions but display fat tails for the lower N-values; the low-N tail is fatter for the dynamical v. (c) Free energy, $F_v(N, R_g)$, is shown as a function of the number of waters, N, in v, and the the radius of gyration, R_g , of the alkane; contours are drawn in increments of 1 $k_{\rm B}T$. As N decreases, the alkane adopts configurations with smaller R_g -values. (d) The free energy $F(R_g)$ obtained by integrating $\exp[-\beta F_v(N, R_g)]$ over the solvent co-ordinate, N, agrees well the corresponding $F(R_g)$ obtained by simulating the alkane in vacuum.

is influenced by the configuration of the flexible alkane (characterized using its radius of gyration, R_{g}), we use dynamic INDUS simulations to estimate free energy as a function of N and $R_{\rm g}$ (Figure 2c). The free energetics display a well-defined basin at N = 44 and $R_{\rm g} = 0.5$ nm. At the highest values of N, when v is filled with waters, the alkane is extended, and displays a high value of $R_{\rm g}$. In contrast, at low values of N, the alkane collapses onto itself as much as possible to minimize the cost of emptying v. With the alkane collapsed to $R_{\rm g} = 0.32$ nm, roughly 30 waters still remain in v. These remaining waters are then displaced with little change in $R_{\rm g}$ to bring about the complete drying of v. Because the system has no alkanewater interactions, integrating out the solvent degrees of freedom (represented by N) ought to give rise to the same configurational landscape, $F(R_{\rm g})$, that would be obtained by simulating the alkane in vacuum; this is indeed the case, as illustrated by the excellent agreement between the two quantities (Figure 2d).

Hydrophobic Assembly

Hydrophobic solutes solvated in water disrupt the favorable hydrogen bonding interactions between water molecules. To minimize this disruption of favorable water-water interactions, hydrophobic solutes tend to selfassemble, forming the basis for diverse processes ranging from supramolecular chemistry to protein folding.^{12,18} Here we use dynamic IN-DUS to elucidate the role of water density fluctuations in the assembly of small, hydrophobic solutes. In contrast with the previous section, where we employed dummy atoms to define vand characterized $F_{v}(N)$ in bulk water, here we make use of real hydrophobic solutes to define v, and characterize $F_v(N)$ in their hydration shells.

Role of Solute-Water Attractions

Idealized, purely repulsive solutes, which simply exclude water, have long been used to study hydrophobic effects. Such solutes themselves do not attract each other, but are driven by the sol-



Figure 3: (a) Simulation snapshot of the system shows 13 united-atom methanes (cyan) solvated in water (red/white lines). The observation volume v is defined as the union of spherical sub-volumes (gray) of radii $R_v = 0.5$ nm that are centered on each of the methanes. (b) The free energy, $F_v(N)$, is shown for both attractive (LJ) and purely repulsive (WCA) methanes. The LJ solutes are well-hydrated, whereas the WCA solutes are not. (c, d) The free energy landscape as a function of the number, N, of waters in v, and the number, n_c , of solute-solute contacts is shown for the LJ (c) and WCA (d) methanes. Methane molecules that participate in contacts are shown in orange, whereas hydrated methanes are colored cyan. Only the water molecules in v, i.e., waters within 0.5 nm of any methane molecules, are shown (in red/white); the remainder of the waters are hidden. For both the LJ and WCA solutes, an increase in N is correlated with a corresponding decrease in n_c for 80 < N < 200 and $0 < n_c < 15$; the LJ solutes have a preference for being hydrated and dispersed, whereas the WCA solutes prefer to dewet and cluster.

vent to aggregate in aqueous solution.^{26,27,70,71} In addition to excluding water, real non-polar solutes also possess favorable dispersive interactions with water. Such solute-water attractive interactions offset the penalty associated with the disruption of water structure somewhat, and lower the driving force for hydrophobic assembly by stabilizing dispersed states. Indeed, the driving force for the aqueous association of two small non-polar solutes (e.g., methanes) tends to be smaller than the thermal energy.

To elucidate the role of water in the assembly of small hydrophobic solutes, and uncover how the driving force for assembly is influenced by solute-water interactions, here we study the assembly of 13 methane molecules with and without attractive interactions. Spherical subvolumes of radii $R_v = 0.5$ nm are pegged to each of the methanes, and the union of these subvolumes is chosen to be our dynamical observation volume, v (Figure 3a). The observation volume thus represents the collective hydration shell of all the methanes. In Figure 3b, the free energetics of water number fluctuations in v are shown for both the attractive (LJ) and purely repulsive (WCA) solutes. We find that the attractive solutes tend to be well-hydrated, with a total of nearly 200 waters being observed in their hydration shells on average. In contrast, for the repulsive solutes only about 70 waters populate v on average.

To characterize the configurations that give rise to this behavior, we estimate the joint free energy, $F(N, n_c)$, where n_c is the number of solute-solute contacts, which are said to have formed when the centers of two solutes are separated by less than 0.45 nm. As shown in Figure 3c, in their lowest free energy configurations the attractive solutes are well-hydrated and make few solute-solute contacts. The loss of waters from v is accompanied by the formation of solute-solute contacts, with the decrease in N being correlated with the increase in $n_{\rm c}$ over 80 < N < 200 and $0 < n_c < 15$. In contrast, the stable basin in $F(N, n_c)$ for the repulsive solutes corresponds to small N and large $n_{\rm c}$ (Figure 3d), i.e., the repulsive solutes prefer to cluster with the corresponding v being relatively devoid of waters. Nevertheless, as with the attractive solutes, N and n_c are correlated over 80 < N < 200 and $0 < n_c < 15$ for the repulsive solutes. Interestingly, a number of distinct metastable basins are also seen in Figure 3d; the desolvation barriers separating these basins are characteristic of hydrophobic assembly. Simulation snapshots taken from these basins are also shown in Figure 3d, and illustrate the growth of a roughly globular cluster (orange) through the addition of hydrated solutes (cyan).

For both the LJ and WCA methanes, once roughly 15 contacts are formed between the solutes, a further decrease in N (below 80) does not lead to an increase in $n_{\rm c}$; instead the sharp increase in $F_v(N)$ upon decreasing N below 80 waters (Figure 3b) corresponds to the dewetting of the cluster. The sharp increase in $F_n(N)$ seen when N is increased above 200 waters, on the other hand, corresponds to excess waters being squeezed into the hydration shells of individual solutes. In the intermediate region from roughly 80 to 200 waters, $F_v(N)$ captures the free energetics of the correlated aggregation and dewetting (or equivalently, dissociation and hydration) of the small, hydrophobic solutes. Although the aggregation of WCA solutes is favorable ($\Delta F_{\text{agg}} \approx -7 \ k_{\text{B}}T$) and that of the LJ solutes is not $(\Delta F_{\text{agg}} \approx 20 \ k_{\text{B}}T)$, in both cases these overall preferences arise from a competition between the strong inherent tendency for the hydrophobic solutes to cluster in water (favorable) and a substantial loss of mixing entropy upon aggregation (unfavorable). For our simulations, which have 13 solutes in 868 waters, the ideal solution contribution to the loss of mixing entropy is roughly 60 $k_{\rm B}T$. The inherent preference for clustering can then be quantified using the excess aggregation free energy, which is $\Delta F_{\text{agg}}^{\text{ex}} \approx -67 k_{\text{B}}T$ for the WCA solutes and $\Delta F_{\text{agg}}^{\text{ex}} \approx -40 \ k_{\text{B}}T$ for the LJ solutes.

How the Hydration of a Flexible Solute Influences its Conformation

The conformational landscape of a flexible solute arises from an interplay between its intramolecular interactions, and its interactions with the solvent.^{72,73} Consequently, as the hydration of a flexible solute is varied, and the balance between intramolecular and solute-water interactions is modulated, a change in solute conformation can be triggered.^{74–76} We now illustrate the use of dynamic INDUS to characterize how the hydration of a prototypical flexible solute influences its conformational landscape.

Alanine Dipeptide

Peptides represent a versatile template for diverse biological and materials applications.^{77–79} In a first step towards understanding how the conformational ensemble of a peptide is modulated by its hydration, here we study alanine dipeptide using dynamic INDUS. Alanine dipeptide has been extensively studied using molecular simulations^{80,81} and often serves as a test-bed for enhanced sampling techniques. Although the conformational free energy land-scape of alanine dipeptide can be described using only its two backbone torsional angles, Φ and Ψ (Figure 4a), it captures many of the relevant conformations and transitions that occur in much larger peptides and proteins.

To modulate the hydration of alanine dipeptide using dynamic INDUS, we employ an observation volume that encompasses the first hydration shell of the peptide; v is defined as the union of spherical sub-volumes, each of radius $R_v = 0.6$ nm, that are centered on each of the 10 peptide heavy atoms. We then apply an unfavorable potential, αN_v . As the strength of the potential, α , is increased, water is systematically displaced from v, resulting in a decrease in the average number of waters in v(Figure 4b). For each α , we then use umbrella sampling to estimate the peptide conformational free energy landscape, $F_{\alpha}(\Phi, \Psi)$. In Figure 4c, we plot $F_{\alpha}(\Phi, \Psi)$ for three select values of $\beta \alpha = 0, 2.2$, and 8, which correspond respectively to the peptide being fully hydrated, having roughly half its hydration waters, and being almost completely dewetted. For $\beta \alpha = 0$, $F_{\alpha}(\Phi, \Psi)$ represents the landscape of the hydrated alanine dipeptide, whereas for $\beta \alpha = 8$, $F_{\alpha}(\Phi, \Psi)$ corresponds closely to the landscape of the peptide in vacuum. As such, these land-



Figure 4: (a) Alanine dipeptide is shown in licorice representation along with its two principal dihedral angles, Φ and Ψ ; the color scheme is: cyan = C, white = H, red = O, blue = N. (b) The response of the average number of waters, $\langle \tilde{N}_v \rangle_{\alpha}$, in the peptide hydration shell, v, to an unfavorable biasing potential, $\alpha \tilde{N}_v$, is shown as a function of the potential strength, α . As α is increased, waters are systematically displaced from the peptide hydration shell. (c) The conformation free energy landscape of the peptide, $\beta F_{\alpha}(\Phi, \Psi)$, in the presence of the unfavorable potential is shown for three value of the potential strength, $\beta \alpha = 0, 2.2$, and 8. Snapshots of alanine dipeptide in select basins are also shown. (d) The free energy barrier, F_{max} , obtained by integrating $\exp[-\beta F_{\alpha}(\Phi, \Psi)]$ over Φ for $-4 \leq \Phi \leq 10$ degrees and all Ψ is shown as a function of α . The barrier free energy, F_{max} , which corresponds to the transition between right- and left-handed turns, is the lowest at $\beta \alpha \approx 2$, when the peptide hydration shell is roughly half empty.

scapes display a number of well-characterized basins, which have been discussed in detail elsewhere. 80,81

Although relatively small barriers ($\leq 5k_{\rm B}T$) separate most basins in $F_{\alpha}(\Phi, \Psi)$, a high free energy region ($\geq 10k_{\rm B}T$) separates basins with $\Phi < 0$ and those with $\Phi > 0$. Simulation snapshots of alanine dipeptide taken from two basins on either side of $\Phi = 0$, and one from the bottleneck region ($\Phi \approx 0$), are also included in Figure 4c; the basins are called $\alpha_{\rm R}$ ($\Phi < 0$) and $\alpha_{\rm L}$ ($\Phi > 0$) and are populated by right- and lefthanded helices, respectively. Collectively, these snapshots highlight how the alanine dipeptide molecule transitions from a right-handed turn to a left-handed turn with increasing Φ . Interestingly, we find that in the bottleneck region $(\Phi \approx 0)$, which must be crossed by the peptide to transition between the turns, the free energy, $F_{\alpha}(\Phi, \Psi)$, is lower for the intermediate hydration levels ($\beta \alpha = 2.2$) than it is for either the full hydrated peptide ($\beta \alpha = 0$) or the nearly dewetted peptide ($\beta \alpha = 8$). To further investigate how $F_{\alpha}(\Phi \approx 0, \Psi)$ varies with hydration, we integrate $\exp[-\beta F_{\alpha}(\Phi, \Psi)]$ over $-4 \leq \Phi \leq 10$ degrees and the entire range of Ψ -values; the range of integration is highlighted using rectangular boxes in Figure 4c. The corresponding estimates for the free energy in the bottleneck region, F_{max} , are shown as a function of α in Figure 4d and confirm that there is indeed an optimal hydration level which results in the lowest F_{max} . Our results thus suggest that the transition between right- and left-handed turns could proceed through coupled fluctuations in the hydration of the peptide and its conformation. Although the transition between the two turns could involve collective variables other than Φ , Ψ , and \tilde{N}_v , our results suggest that environments, which facilitate the partial dewetting of the peptide (e.g., hydrophobic interfaces or confinement), may be able to catalyze its conformational transitions.^{42,79,82}



Figure 5: (a) The radial distribution function, g(r), for the mimic hard sphere system with a reduced density, $\rho^* = 0.484$, was obtained using dynamic INDUS, and is found to be in good agreement with the g(r) of a true hard sphere fluid obtained from Monte Carlo simulations and the corrected Percus-Yevick equation.⁸³ (b) The dependence of the reduced diffusion coefficient, D^* , on the reduced density, ρ^* , obtained using dynamic INDUS simulations of mimic hard spheres (symbols) is in agreement with the empirical relation of Speedy (Equation 14).⁸⁴

Mimic Hard Sphere Systems

The framework for exercising control over particle numbers in dynamical volumes of interest, which we have introduced here, can also be used to mimic systems containing hard spheres (HS) and other such particles that interact via discrete inter-particle potentials. In particular, when the center of a spherical v of radius R_v is pegged to an ideal (non-interacting) particle, and a sufficiently strong unfavorable biasing potential is applied to the water molecules in v, waters are excluded from v, and configurations with $N_v = 0$ are obtained; that is, the ideal particle pegged to the center of v has nucleated a cavity (or a hard sphere) of radius, R_v . If several such ideal particles are introduced in the system, each with its own (independent) unfavorable biasing potential, which excludes not just waters, but also other ideal particles, a mixture of hard spheres (HS) and water can be obtained. In the limit that the system only contains such ideal particles and no waters, it mimics a HS fluid. To be precise, such a system corresponds to a soft analogue of a regularized HS fluid; configurations with $N_v > 0$ carry an energetic penalty that is high, but not infinite.

To mimic a HS system as described above, and to characterize its dynamic properties, here we employ M = 1000 ideal particles, which interact with one another only through the IN-DUS potential. The system Hamiltonian is:

$$\mathcal{H}(\{\mathbf{r}_i\}) = \sum_{i=1}^M \frac{\kappa}{2} (\tilde{N}_i - N^*)^2,$$

where N_i is the coarse-grained number of particles in a spherical observation volume, v_i , which is centered on particle *i*, and has a radius of $R_v = 0.3$ nm. The INDUS potential parameters were chosen to be $\kappa = 1$ kJ/mol and $N^* = -10$. The smoothed indicator functions were chosen to have a width of $\sigma = 0.01$ nm and are cutoff at $r_c = 0.03$ nm. As long as initial configurations were chosen without any overlap, these parameters were sufficient to exclude all particles $j \neq i$ from v_i for all *i* in all the configurations that were sampled.

We first characterize the structure of this

mimic HS fluid by estimating its radial distribution function, g(r), for a system with a reduced density $\rho^* \equiv \rho d^3 = 0.484$, where $\rho = M/V$ is the particle density, V is the volume of the simulation box, and d is the effective HS diameter. To approximate d for these particles, we consider the effect of the biasing potential in the limit of pairwise interactions, and use the corresponding pair potential, $u_0(r)$, between two particles as^{23,63,85}

$$d = \int_0^\infty dr \left[1 - e^{-\beta u_0(r)} \right].$$
 (13)

This procedure yields d = 0.3166 nm, which is slightly greater than $R_v = 0.3$ nm. The radial distribution function, shown in Figure 5a, displays good agreement with the g(r) of a true HS fluid obtained from a Monte Carlo simulation, as well as the g(r) predicted by the corrected Percus-Yevick equation of Verlet and Weis.⁸³

Because our mimic HS system is studied using MD simulations, we can readily estimate the diffusion coefficient of the mimic hard spheres by fitting the long time behavior of the mean squared displacement to a straight line, following the Einstein relation: $D = \lim_{t\to\infty} \langle |\mathbf{r}_i(t) - \mathbf{r}_i(0)|^2 \rangle / 6t$, where $\mathbf{r}_i(t)$ is the position of particle *i* at time *t*. In this way, we estimate diffusion coefficients, *D*, for mimic HS systems with varying densities. As shown in Figure 5b, as particle density is increased, the diffusion coefficients decrease, as expected for HS systems. We also compare our estimated dependence of *D* on ρ to the empirical function proposed by Speedy⁸⁴ for HS fluids,

$$D^* \equiv \frac{D}{D_0} = \frac{1}{\rho^*} \left(1 - \frac{\rho^*}{1.09} \right) (1 + 0.4\rho^{*2} - 0.83\rho^{*4}),$$
(14)

where

$$D_0 = \frac{3}{8} \left(\frac{k_{\rm B}Td^2}{\pi m}\right)^{1/2}$$
(15)

pertains to the zero density limit of the diffusion coefficient and m is the mass of a HS particle. As shown in Figure 5b, the behavior of $D^*(\rho^*)$ for our mimic HS system is in excellent agreement with Equation 14, suggesting that the dynamics of a true HS fluid are well-described by our mimic HS system. Such a correspondence between soft and hard sphere systems follows from the WCA picture of simple liquid structure,⁶³ and has also been used to accurately predict transport properties of simple liquids.⁸⁶

Although we have used dynamic INDUS to mimic hard sphere systems here, the above approach can also be used to mimic other systems with discrete potentials, such as a square well fluid. This can be accomplished by combining unfavorable particle-excluding INDUS potentials at one length scale (R_v) with favorable interactions that act on another, larger length scale, λR_v ($\lambda > 1$); i.e., in addition to having particles excluded from a hard-core region, their presence could be favored in a second observation volume that serves as the attractive region.¹⁹

Conclusions

The statistics of solvent density fluctuations play a central role in collective solvent-mediated phenomena, including the important class of processes that are driven by hydrophobic ef-The Indirect Umbrella Sampling (INfects. DUS) method, which was developed to characterize such solvent fluctuations in observation volumes of all shapes and sizes, has led to numerous insights on hydrophobic hydration and interactions. However, within the INDUS framework, the positions of the observation volumes of interest as well as their shapes must be specified a priori, and must remain static throughout the biased simulations. As a result, it is not possible to use INDUS for characterizing the role of solvent fluctuations in dynamic processes, such as self-assembly or conformational change. To address this challenge, here we generalize the INDUS method to sample solvent density fluctuations in dynamical observation volumes whose positions and shapes can evolve. We focus primarily on observation volumes that are spherical or unions of spherical sub-volumes; however, the approach presented here is fairly general, and the underlying ideas can be extended to volumes of other shapes, such as cuboids or cylinders, as well as unions

and intersections of such sub-volumes.

In addition to outlining the methodological framework for generalizing INDUS to dynamical volumes, we also highlight the utility of the dynamic INDUS method using a number of illustrative examples. First, we characterize the free energetics of water density fluctuations in dynamical volumes in bulk water using dummy particles to define v. We find that it is easier to dewet a flexible (dynamic) oligomeric volume than it is to dewet the corresponding rigid (static) volume. Next, we define the dynamical v using real particles, which enables us to probe the hydration shells of these particles as they move with respect to one another. By defining vto be the union of the hydration shells of several methane molecules, we are able capture the role of water in the association of these methanes. We study both purely repulsive methanes and those with dispersive attractions, and find that in both cases, there is a strong correlation between desolvation and assembly. Although we use dynamic INDUS to study the assembly of small hydrophobes, the method itself is fairly general, and could be used to study diverse assemblies, ranging from micelle formation to protein interactions. Moreover, because desolvation barriers hinder diverse self-assemblies driven by hydrophobic interactions.^{42,51,87,88} the dynamic INDUS method will also facilitate the enhanced sampling of such assemblies by allowing for the biasing of the relevant (slow) solvent co-ordinates.

An important manifestation of the hydrophobic effect is solvent-mediated conformation change, such as seen in the the folding of proteins or the collapse of hydrophobic polymers in water.⁸⁹ Here we explore the coupling between the hydration and the conformational preferences of alanine dipeptide by defining vto be the dynamically evolving hydration shell of the peptide. Interestingly, we find that the transition between right- and left-handed turns has the lowest barrier when the peptide is partially dehydrated. Although the free energetic landscapes of many conformationally flexible molecules have been extensively characterized using enhanced sampling methods, previous studies have averaged over the solvent de-

grees of freedom to obtain free energy as a function of conformational order parameters, such as $R_{\rm g}$ or dihedral angles.^{74,75,80,81} The resulting loss of information makes it challenging to anticipate how the solute conformational landscape will respond to perturbations, such as proximity to interfaces or the addition of cosolutes. By providing a framework for characterizing the free energetics of solvent fluctuations in the solvation shells of conformationally flexible solutes, we hope that our work will lead to a better understanding of the interplay between solvation and conformation for diverse classes of flexible molecules, ranging from peptides and peptido-mimics to polymers and unstructured regions of proteins. We hope that the dynamic INDUS framework will also stimulate the development of sophisticated coarsegrained models,^{90–93} which retain not only the essential solute degrees of freedom, but also the slow solvent coordinate degrees of freedom.

Finally, we illustrate how the dynamic INDUS method can be used to mimic hard particle systems. We use the method to simulate the dynamics of nearly-hard spheres using MD simulations, and estimate the corresponding diffusion coefficients. The ideas underlying this approach could also be extended to particles that interact via square-well potentials, thereby enabling inclusion of discrete attractive interactions.¹⁹ By using collections of dummy particles to define v, it may also be possible to simulate the dynamics of non-spherical pseudo-hard particles with other shapes, such as rods or tetrahedra.

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Graphical TOC Entry

