

Sex Differences in Mate Preferences Across 45 Countries: A Large-Scale Replication

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108

109 Abstract

110 Considerable research has examined human mate preferences across cultures, finding
111 universal sex differences in preference for attractiveness and resources, and sources of
112 systematic cultural variation. Two competing perspectives, an evolutionary psychological
113 perspective and biosocial role perspective, have emerged to explain these findings. However, the
114 original data upon which each perspective relies is decades old and the literature is fraught with
115 conflicting methods, analyses, results, and conclusions. Using a new 45 country sample, $n =$
116 14,399, we attempt to replicate classic studies and test both the evolutionary and biosocial role
117 perspective. Support for universal sex differences in preferences remains robust: men, more than
118 women, prefer attractive, young mates; and women, more than men, prefer older mates with
119 financial prospects. Cross-culturally, both sexes have mates closer to their own age as gender
120 equality increases. Beyond age, neither pathogen prevalence nor gender equality robustly
121 predicted sex differences or preferences across countries.

122
123 *Key words:* Mate preferences, sex differences, cross-cultural studies, evolutionary psychology,
124 biosocial role theory
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127 Sex differences are of broad interest across psychology. Their existence and importance
128 are key topics in research areas spanning from spatial navigation (e.g. Levine et al., 2016), to
129 education (e.g. in STEM, Stoet & Geary, 2018), and neuroscience (e.g. Cahill, 2006). However,
130 in no area have sex differences been a greater lightning rod than in human mating research.
131 Here, fundamental questions—why do sex differences exist, what sex differences exist, and how
132 do they vary—have been the source of heated debate for decades.

133 Two competing perspectives have emerged to explain the nature and origin of sex
134 differences in mate preferences: an evolutionary psychological perspective and biosocial role
135 perspective. Each has taken a body of contrasting findings as foundational to their approach,
136 defining trenches in a decades-long stand-off. However, psychological science is in an era in
137 which many findings once taken as foundational are being questioned due to revelations about
138 prior methodological limitations, unappreciated flexibility in research design and reporting, and
139 the dearth of replication attempts (e.g. Simmons, Nelson, & Simonsohn, 2011). A close look at
140 the literature on cross-cultural sex differences in mate preferences reveals it suffers from many of
141 these symptoms, including great variability across studies in design and analysis, as well as few
142 attempts at replication.

143 Here, we attempt to remedy this by integrating and replicating prior work using more
144 appropriate analytic techniques; preregistering the predictor, moderator, and control variables
145 and reporting all results transparently in the same analytic framework; and using a new, large, in-
146 person cross-cultural sample. In doing so, we provide new clarity regarding the contrasting
147 results in the prior literature, simultaneously test the predictions of both perspectives, and
148 provide a more secure foundation for theoretical advances in this highly influential research area.

149 Cross-Culturally Universal Sex Differences

150 The evolutionary psychological perspective on sex differences in human mate
151 preferences follows largely from Buss (1989). In this classic study, Buss proposed that while
152 both sexes are expected to prefer a mate that is kind, intelligent, and healthy, they are also
153 expected to differentially prefer characteristics related to resources and fertility (see Buss &
154 Barnes, 1986). Women face a larger minimum reproductive investment than men. This inequity
155 has led to evolved psychologies in which women prefer, more so than men, long-term partners
156 with ability to acquire and confer resources, while men, more so than women, prefer partners
157 with high reproductive value, indicated by attractiveness and relative youth.

158 To test these predictions, Buss collected mate preferences from over 10,000 participants
159 in 37 different cultures (Buss, 1989). Consistent with evolutionary hypotheses, both sexes ranked
160 kindness and intelligence as most important in all samples. However, in 36 out of 37 cultures,
161 women rated “good financial prospects” as more important in a potential mate than men did. In
162 34 out of 37 cultures, men rated “good looks” as more important than women did. Women also
163 preferred a spouse older than themselves while men preferred a spouse younger than themselves,
164 on average.

165 Kenrick and Keefe (1992) elaborated upon these findings with additional evidence of a
166 sex difference in age preference reflected in marriage records and advertisements from various
167 countries. Looking at trends of partner age differences across the lifespan, they found that
168 women consistently marry older men as they age, whereas men marry increasingly younger
169 women as they age.

170 Cross-Cultural Variability in Sex Differences

171 In 1999, Eagly and Wood offered biosocial role theory (originally social role theory; see
172 Wood & Eagly, 2012, for an updated overview) as an alternative explanation for sex differences
173 in mate preferences. Biosocial role theory locates the origin of sex differences in the contrasting
174 roles men and women occupy in society. Differences in upper body strength and reproductive
175 activities lead to a division of labor driven by efficiency, but with male-dominated roles yielding
176 greater status. Psychological sex differences result from the behavior men and women cultivate
177 based on societal expectations of gender roles.

178 Eagly and Wood (1999) hypothesized that sex differences would be larger in societies
179 with greater gender inequality. To evaluate this, they reanalyzed the data from Buss (1989),
180 examining the correlation between country-level sex differences and measures of gender
181 equality. They found that gender equality levels diminished sex differences in preferences for
182 good earning capacity, age, and good housekeeping.

183 Zentner & Mitura (2012) reinforced these findings using Buss (1989)'s data, a new 10
184 country dataset, and an updated measure of gender equality. Again, the sex difference in
185 preference for age was negatively correlated with gender equality in both samples, but preference
186 for good financial prospects was negatively correlated with gender equality only in their new
187 sample. They also calculated an overall sex difference for each country, which was negatively
188 correlated with gender equality in both samples (but see Schmitt, 2012).

189 Challenging biosocial role theory, Gangestad, Haselton, and Buss (2006) reexamined
190 cross-cultural variability in mate preferences, using gender equality and pathogen prevalence as
191 competing predictors (see also Gangestad & Buss, 1993). They hypothesized that variability in
192 mate preferences across cultures is driven by environmental factors historically relevant to
193 fitness, such as pathogen prevalence. Using the same data from Buss (1989), Gangestad,

194 Haselton, and Buss (2006) found that gender equality did not significantly predict any sex
 195 differences in preferences. However, in countries with higher pathogen prevalence, both men and
 196 women placed higher value on physical attractiveness, health, and intelligence, all hypothesized
 197 cues of pathogen load.

198 Table 1

199 *Predictions about the relationship between outcome and predictor variables in cross-cultural*
 200 *mate preference research from evolutionary and biosocial role perspectives*

| Outcome Variable | Perspective | Predictor Variable | | |
|--------------------------|--------------|---|---|---|
| | | Sex | Sex and Gender Equality | Pathogen Prevalence |
| Good Financial Prospects | Evolutionary | Large sex difference | No prediction | No relationship |
| | Biosocial | Sex difference; insofar as there is gender inequality | Sex difference decreases as gender equality increases | No prediction |
| Physical Attractiveness | Evolutionary | Large sex difference | No prediction | Preference increases as pathogen prevalence increases |
| | Biosocial | Sex difference; insofar as there is gender inequality | Sex difference decreases as gender equality increases | No prediction |
| Intelligence | Evolutionary | No-to-small sex difference, high level preferred | No prediction | Preference increases as pathogen prevalence increases |
| | Biosocial | Sex difference; insofar as there is gender inequality | Sex difference decreases as gender equality increases | No prediction |
| Kindness | Evolutionary | No-to-small sex difference, high level preferred | No prediction | No relationship |
| | Biosocial | Sex difference; insofar as there is gender inequality | Sex difference decreases as gender equality increases | No prediction |

| | | | | |
|------------|--------------|---|---|---|
| Health | Evolutionary | No-to-small sex difference, high level preferred | No prediction | Preference increases as pathogen prevalence increases |
| | Biosocial | Sex difference; insofar as there is gender inequality | Sex difference decreases as gender equality increases | No prediction |
| Age Choice | Evolutionary | Large sex difference | No prediction | No relationship |
| | Biosocial | Sex difference; insofar as there is gender inequality | Sex difference decreases as gender equality increases | No prediction |

201

202 **The Current Study**

203 The studies described here are central to the debate between the evolutionary and
204 biosocial role perspectives. Their predictions, reviewed in Table 1, are core components of each
205 perspective's research programs. However, these classics demand replication for several reasons.
206 First, the conflicting findings in this literature are challenging to compare because of great
207 variability in design and analysis across studies. For instance, Buss (1989) analyzed both ranked
208 and rated preferences; Eagly and Wood (1999) emphasized ranked preferences; Zentner and
209 Mitura (2012) used rated preferences; and Gangestad, Haselton, and Buss (2006) used
210 composites of ranked and rated preferences. Eagly and Wood (1999) used no control variables;
211 Zentner and Mitura (2012) controlled for GDP, latitude, and sometimes religion; and only
212 Gangestad, Haselton, and Buss (2006) used a world region control. In their new sample, Zentner
213 and Mirtura (2012) measured gender equality with the Global Gender Gap Index (GGGI), but
214 did not report results with measures used by Eagly and Wood (1999). Second, though this
215 research area appears to contain an abundance of data, most studies reanalyze the same dataset:
216 the sample from Buss (1989). Third, previous research did not account for the nested nature of

217 the data. Updated analytic techniques allow for better analyses of cross-cultural datasets without
218 conducting multiple t-tests or calculating correlations based on aggregated nation-level data.

219 The current study attempts to correct for these issues by examining all of the competing
220 hypotheses in these classic cross-cultural studies from the human mating literature under a single
221 common, transparent, and appropriate analytic framework. Here we use a new, 45 country
222 sample of comparable scope to the original dataset, all of the previously proposed predictor and
223 control variables, and report all of the results. By removing researcher degrees of freedom that
224 have characterized this literature, we can thoroughly reexamine the sex differences in mate
225 preferences and predictors of cross-cultural variation previously thought to be established and
226 provide a more secure launching off point for investigations in this important area of research.

227 **Method**

228 Overall, this study integrates, advances, and replicates classic cross-cultural studies from
229 the human mating literature. Specifically, we examined sex differences in mate preferences
230 across cultures and their multivariate effect size (Buss, 1989; Conroy-Beam et al., 2015); sex
231 differences in the age of chosen long-term partners (Buss, 1989; Kenrick & Keefe, 1992), cross-
232 cultural variability in mate preferences as a function of pathogen prevalence (Gangestad & Buss,
233 1993; Gangestad, Haselton & Buss, 2006), and cross-cultural variability in sex differences in
234 mate preferences as a function of gender equality (Eagly & Wood, 1999; Zentner & Mitura,
235 2012).

236 **Participants**

237 Data were collected in 2016, from participants in 45 different countries, $n = 14,399$
238 (7,909 female). All participant data were collected in person because online samples tend to be
239 less representative of populations in developing countries (Batres & Perrett, 2014). Each study

240 site collected data from both university populations and community samples. Due to a lack of
241 records from about half of the sites, there is incomplete information about the percentage of each
242 type of sample. From the sites that did keep records ($n = 6,604$), 47.21% ($n = 3,118$) came from
243 community samples. Age of participants ranged from 18-91 years old ($Mdn = 25$, $M = 28.78$, SD
244 $= 10.62$). Of the total sample, most participants reported being in ongoing, committed
245 relationships ($n = 9,206$, 63.93%).

246 Surveys were distributed to participants through a collaborative cross-cultural data
247 collection project. Researchers around the world were contacted with the intention to include as
248 many country sites as possible, and the resulting countries are those in which researchers were
249 willing and able to collect data at the time of the study. All researchers involved in data
250 collection were required to provide a fixed sample size based on the number of local
251 contributors.

252 **Exclusion criteria.** Participants who were under the age of 18 when taking the survey
253 were excluded from all analyses. Participants who did not fill out any part of the mate
254 preferences survey or did not report their sex were excluded as well. Two countries surveyed did
255 not include the mate preferences portion of the survey (Serbia and Ukraine) and are not included
256 in analyses (bringing the total to 45 countries). Participants did not indicate mate age in four
257 countries (Bulgaria, Jordan, Vietnam, Uruguay) and those countries are not included in age
258 analyses. Some participants reported very young ages for mates (mate age less than 10). We
259 were concerned that at least some of these reports may have been erroneous. Therefore, all
260 analyses for age differences were run twice: first all reported mate ages ($n = 8,920$), and second,
261 limited to those participants with reported mate ages older than 10 ($n = 8,614$). In the main text,

262 we report the results of analyses with reported mate ages older than 10. For results with all
263 reported mate ages, see the supplementary material.

264 **Measures**

265 **Mate preferences.** Participants completed a 5-item questionnaire on ideal mate
266 preferences for a long-term romantic partner. Specifically, participants were asked:

267 For the following questions we are interested in what you desire in an ideal long-term
268 mate (e.g. committed, romantic relationship). Each of the following is a trait that a
269 potential mate might have. For each trait, please select the option that best represents
270 your ideal long-term mate. Please remember we are interested in your preferences for
271 ideal long-term (committed, romantic) mates.

272 Participants then rated their ideal romantic partner on five traits: kindness, intelligence,
273 health, physical attractiveness, and good financial prospects. All items were rated on bipolar
274 adjective scales ranging from 1 (very unintelligent; very unkind; very unhealthy; very physically
275 unattractive; very poor financial prospects) to 7 (very intelligent; very kind; very healthy, very
276 physically attractive; very good financial prospects). We were limited to asking about these five
277 items due to survey space and participant time constraints. Kindness, intelligence, and health
278 were chosen because prior literature has found these to be universally desirable in potential
279 mates; physical attractiveness and financial prospects were chosen to attempt to replicate prior
280 universal sex differences.

281 This item format differs slightly from that of Buss (1989) in order to address several
282 potential limitations of the original item format. First, in the prior measure, participants were
283 asked to rate how “important or desirable” they found each characteristic on a scale from
284 “irrelevant or unimportant” to “indispensable”. However, because the original item format asked

285 only about the positive pole of each dimension it potentially confounds both the importance of a
286 trait dimension and the preferred value on that trait dimension. A participant who provides a low
287 importance rating to the characteristic “good financial prospect” could mean to say either (1)
288 their partner’s wealth is unimportant to them, regardless of whether it is high or low or (2) their
289 partner’s wealth is very important to them, but they prefer a partner with more modest financial
290 prospects. The original item format does not allow a researcher to unambiguously discriminate
291 between these possibilities. The bipolar adjective format asks about preferred trait value alone
292 and therefore more clearly represents what participants prefer in a partner.

293 Second, the original Buss (1989) questionnaire asked participants to rank their preference
294 for kindness compared to other preferences, but did not collect rated preferences for kindness.
295 Additionally, the rated item for intelligence was double-barreled (“education and intelligence”).
296 We included rated items for “kindness” and “intelligence” to more precisely test the preferred
297 value and sex difference in preference for these dimensions.

298 Finally, the original Buss (1989) questionnaire collected ratings using a relatively
299 restricted 4-point scale, which may not allow enough response variation to detect subtle sex
300 differences. We opted for a 7-point scale to allow participants more response variation.

301 **Age.** Participants reported their own age in years as part of a demographic questionnaire.
302 Participants in relationships additionally reported the age of their actual partner. The Buss (1989)
303 study asked participants about their ideal age preferences, not about their actual age choices. We
304 were unable to include items measuring age preferences due to participant time constraints; for
305 this reason, we originally planned to analyze only the rated preferences. However, before pre-
306 registering our analysis plan, we decided to examine age as a variable as well in light of the

307 importance of age and age choice within the prior literature (Kenrick & Keefe, 1992; Eagly &
308 Wood, 1999).

309 **Pathogen prevalence.** Pathogen measures include the pathogen prevalence index
310 developed by Low (1990) and used in Gangestad & Buss (1993); years of life lost to
311 communicable diseases (WHO, 2015a; following Debruine et al., 2010); and the average of years
312 of life lost to infectious and parasitic diseases and estimated deaths due to infectious and
313 parasitic diseases (WHO, 2015b). Because the data retrieved from the WHO were gross values,
314 we divided each country's score by its population size to produce comparable values across
315 countries. To create the third index, the two variables (estimated deaths, and years of life lost to
316 infectious and parasitic diseases) were standardized and averaged for each country. The new
317 index was highly correlated with the other two indices ($r = .60$ with Low index, $r = .97$ with
318 years of life lost to communicable diseases).

319 **Gender equality.** Gender equality measures include the Gender Development Index
320 (GDI) and Gender Empowerment Measure (GEM) used in Eagly and Wood (1999); the Global
321 Gender Gap Index (GGGI) (World Economic Forum, 2016), the Gender Inequality Index (GII)
322 (United Nations Development Programme, 2015b), and the updated version of the GDI (United
323 Nations Development Programme, 2015a); and a composite variable created through principal
324 components analysis (PCA) using the updated GDI, GGGI, and GII. These three variables were
325 entered into a PCA to extract the first principle component. Scores on this principle component
326 were used as each country's gender equality composite score. This composite measure of gender
327 equality explained 80.67% of the variance in the GDI, GGGI, and GII and accordingly is highly
328 correlated with all included measures of gender equality ($r = .87$ GEM 1995, $r = .81$ GDI 1995, r
329 $= .90$ GII, $r = .89$ GDI 2015, $r = .90$ GGGI 2016).

330 **Control variables.** Control variables include GDP per capita (Central Intelligence
331 Agency, 2016), latitude (Central Intelligence Agency, n.d.), world region (from Gangestad,
332 Haselton, & Buss, 2006), and most common religion (from Zentner & Mitura, 2012; Central
333 Intelligence Agency, n.d.). All controls were based on those used in previous studies of cross-
334 cultural sex differences in preferences, and we used the most current information available at the
335 time of analyses.

336 **Analyses**

337 All primary analyses were conducted using multilevel models. In these models,
338 participants were nested within countries. The models included random effects for both slopes
339 and intercepts. Multilevel models provide several advantages over traditional approaches, such
340 as conducting multiple *t*-tests or country level correlations, for analyzing this kind of cross-
341 cultural data. These models allow for an estimation of overall sex differences in mate preferences
342 in the data, and an estimate of the variability in these sex differences across cultures based on the
343 random effects. The use of a single multilevel model to assess sex differences across cultures
344 also minimizes both alpha inflation and the risk of Type II errors relative to the approach of
345 conducting multiple *t*-tests (e.g. Buss, 1989). For cross-cultural comparisons, these models take
346 advantage of the nested nature of the data, yielding more statistical power relative to the
347 approach of calculating correlations based on aggregated nation-level data (e.g. Eagly & Wood,
348 1999).

349 Additionally, due to the challenge of collecting cross-cultural data, sample sizes vary
350 from country to country (ranging from $n = 80$, in El Salvador, to $n = 1061$, in Turkey). If effect
351 sizes vary more widely in smaller samples, this suggests that a substantial portion of the cross-
352 cultural variation in sex differences is due to sampling error, adding considerable noise to cross-

353 cultural comparisons. To assess the risk of this, we plotted country-level sex differences against
354 sample size from each country to create funnel plots (see supplementary materials). The triangle
355 shape of the graphs illustrate that larger samples have Cohen's d values closer to the average sex
356 difference while smaller samples are more varied. This indicates that one source of cross-cultural
357 variation is indeed sampling error. However, multilevel models account for this error introduced
358 by variability in sample size by accounting for unequal sample sizes in estimating the random
359 slopes. Finally, multilevel models allowed for all analyses to be conducted within the same
360 modeling framework, allowing for a clearer interpretation of the results.

361 Overall, analyses include multilevel models to examine sex differences in univariate mate
362 preferences and partner age, multivariate analyses using Mahalanobis D and logistic regression
363 to assess overall sex differences, and multilevel models with moderators (pathogen prevalence
364 and gender equality) to examine cross-cultural variation in preferences and partner age.

365 **Sex Differences in Mate Preferences.** Five multilevel models, one for each preference
366 (kindness, intelligence, health, good financial prospects, physical attractiveness) assessed sex
367 differences in mate preferences across cultures. In these models the preference variable was the
368 outcome variable and participant sex (male or female) was the predictor. Mate preference
369 variables were standardized across countries prior to analysis to provide slope values comparable
370 to Cohen's d .

371 **Actual Partner Age.** One multilevel model assessed sex differences in actual partner age
372 across cultures. In this model the difference between self and partner age was the outcome
373 variable and participant sex (male or female) was the predictor. This difference was standardized
374 across countries prior to analysis to provide slope values comparable to Cohen's d .

375 **Multivariate Analyses.** The five preference variables were used to calculate the
376 Mahalanobis distance (D) between males and females within each country. Additionally, D was
377 calculated separately for putatively sex-differentiated preferences (good financial prospects and
378 physical attractiveness) and those preferences not expected to be as strongly sex differentiated
379 (intelligence, kindness, health). Bootstrapping was used to estimate 95% confidence intervals
380 around these D values for each country (for a full list see table in supplemental material).

381 A Monte Carlo cross-validated logistic regression was used to assess the ability of
382 preferences to predict participant sex. Logistic regression models were trained in a random
383 training set to predict participant sex using their ideal mate preferences; these models were then
384 applied to predict the sex of participants in a separate testing set. Each fold of this cross-
385 validation left out 10% of the data for testing. The relevant outcome variable was the percentage
386 of participant sexes accurately predicted by the model in the testing set. This process was
387 repeated for 10,000 iterations, providing an estimate of out-of-sample predictive accuracy of
388 preferences and estimated confidence intervals around this accuracy.

389 **Pathogen Prevalence.** The effect of pathogen prevalence on ideal mate preferences was
390 tested in a series of multi-level models predicting preferences from nation-level pathogen
391 prevalence indices. Three multilevel models were fitted for each of the five mate preference
392 variables. Each model used the relevant ideal mate preference as the outcome variable and
393 predicted this variable using one of three pathogen prevalence indices.

394 **Gender Equality.** The effect of nation-level gender equality on sex differences in mate
395 preferences was examined by fitting a series of multilevel models predicting ideal mate
396 preferences from sex and nation-level gender quality. Each model had one of the five ideal

397 preference variables as an outcome variable. These models used the interaction of participant sex
398 and a gender equality variable as the predictor, along with all relevant main effects.

399 **Controls.** For all cross-cultural comparisons, we ran both a base model with no controls
400 and models that attempt to approximate relevant controls used in the original papers (Gangestad
401 & Buss, 1993; Gangestad, Haselton, & Buss, 2006; Zentner & Mitura, 2012). Each of the control
402 models included a standard set of control variables: latitude, GDP per capita, world region, and
403 most common religion. These variables were selected because they were each used in the papers
404 replicated here. In the main text, we report only the results of models without the control
405 variables. See the supplemental material for the models and results including control variables.

406 Outcome variables were standardized in all analyses. Predictor variables were also
407 standardized with the exception of sex.

408 The analysis plan for this project was pre-registered prior to data analyses. The pre-
409 registration, data, and script can be accessed at <https://osf.io/gb5cn/>. All data analysis was
410 conducted in R.

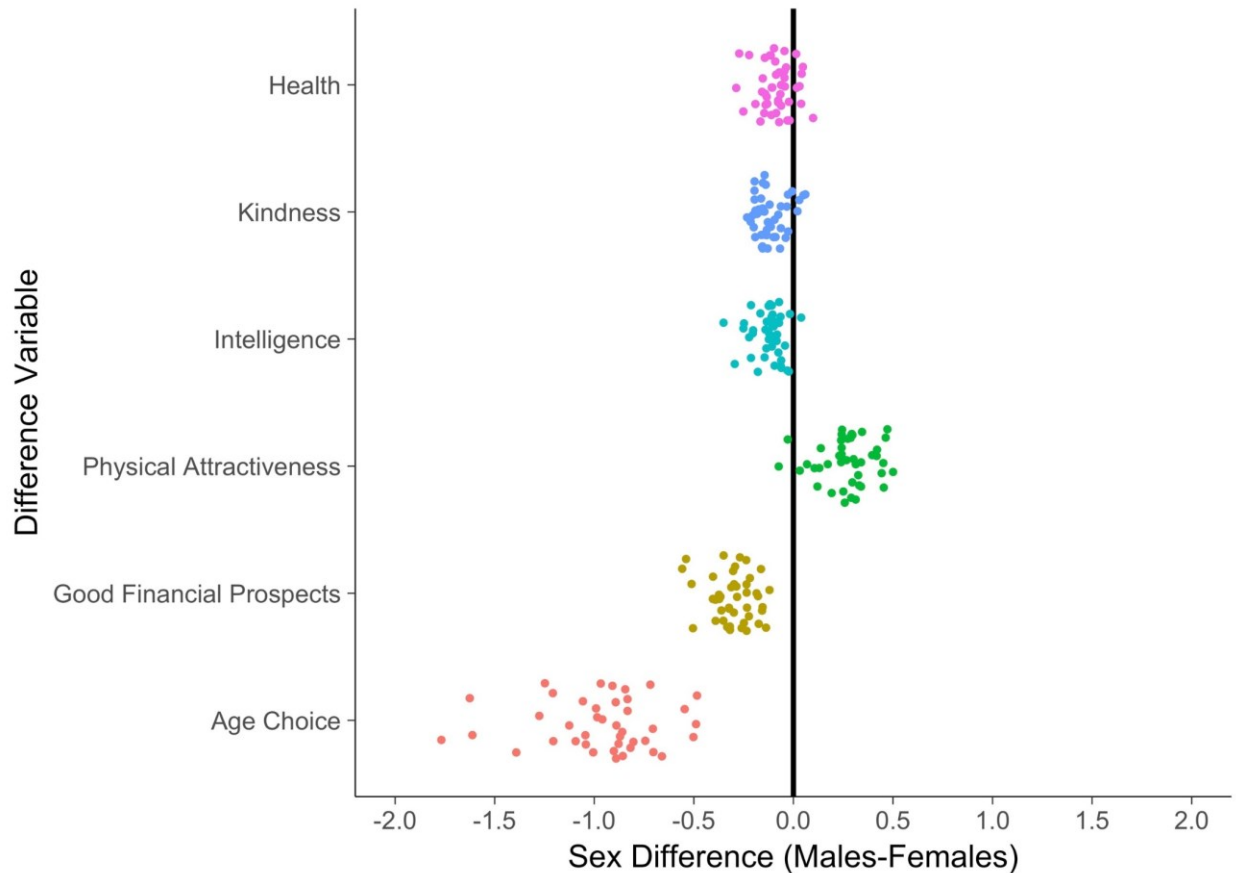
411 Results

412 Sex Differences in Mate Preferences

413 Overall, we replicated the sex differences in preference for resources and attractiveness
414 found in Buss (1989) (Figure 1). Women reported a higher preference for an ideal mate with
415 good financial prospects than men, on average, $b = -0.30$, $SE = 0.03$, $p < .001$. Mate preferences
416 were standardized across countries prior to analysis, so this and all b values can be interpreted
417 equivalently to a Cohen's d . The average for women was $M = 5.48$, 95% CI [5.46, 5.51], and the
418 average for men was $M = 5.11$, 95% CI [5.08, 5.14]. The smallest sex difference was in Spain, b
419 $= -0.12$, and the largest sex difference was in China, $b = -0.56$. Furthermore, men reported a

420 higher preference for a physically attractive ideal mate than women, on average, $b = 0.27$, $SE =$
421 0.03 , $p < .001$. The average for women was $M = 5.56$, 95% CI [5.53, 5.58] and the average for
422 men was $M = 5.85$, 95% CI [5.83, 5.88]. The sex difference ranged from $b = -0.07$ in China, to b
423 $= 0.50$ in Brazil.

424 In contrast to Buss (1989), we found small but still significant sex differences in reported
425 ideal preference for kindness, intelligence, and health. However, in line with Buss (1989), both
426 men and women reported higher preferences for these traits in an ideal partner than for good
427 financial prospects or physical attractiveness. Women reported preferences for kinder ideal mates
428 than men, on average, $b = -0.12$, $SE = .02$, $p < .001$. The average for women was $M = 6.23$, 95%
429 CI [6.21, 6.26], and the average for men was $M = 6.12$, 95% CI [6.10, 6.15]. The sex difference
430 ranged from $b = -0.23$ in the United States, to $b = 0.06$ in Uganda. Women also reported
431 preferences for greater intelligence in ideal mates, on average, $b = -0.12$, $SE = 0.02$, $p < .001$.
432 The average for women was $M = 6.03$, 95% CI [6.01, 6.05] and the average for men was $M =$
433 5.92 , 95% CI [5.89, 5.94]. The sex difference ranged from $b = -0.35$ in China, to $b = 0.04$ in
434 Algeria. Finally, women reported preference for healthier ideal mates than men, on average, $b = -$
435 $.09$, $SE = 0.03$, $p = .001$. The average for women was $M = 6.10$, 95% CI [6.08, 6.12], and the
436 average for men was $M = 6.00$, 95% CI [5.98, 6.03]. The sex difference ranged from $b = -0.29$ in
437 Belgium, to $b = 0.10$ in Hungary.



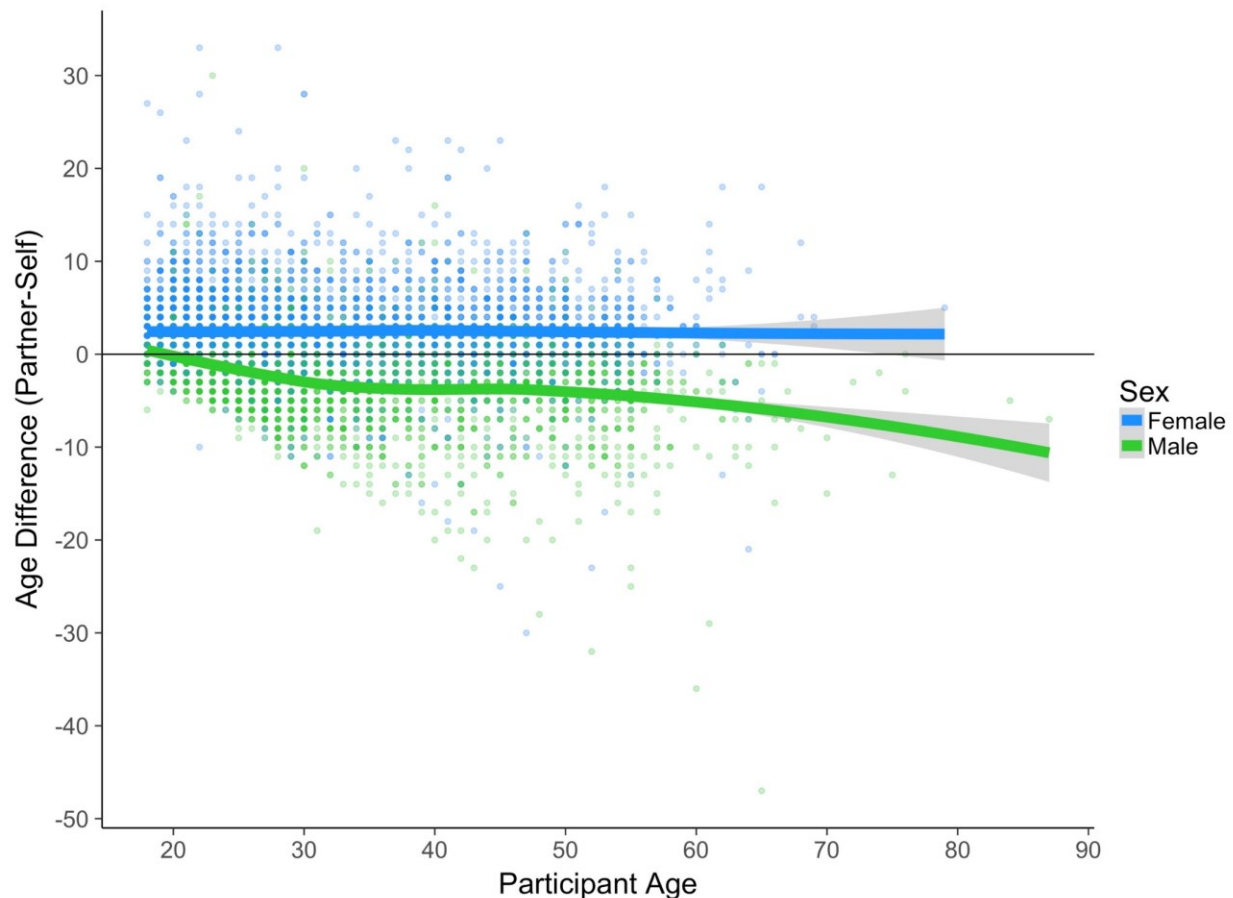
438

439 **Figure 1.** Sex differences in mate preferences and age choice across countries. Dot position
 440 reflects the random slope value (b) for each country. The black line depicts where values would
 441 fall if there was no sex difference. For the five preferences, positive beta values indicate that men
 442 had a higher preference than women for a particular trait and negative values indicate that
 443 women had a higher preference than men for a particular trait. For age choice, negative beta
 444 values indicate that men had younger partners and women had older partners. Data are jittered to
 445 reduce overplotting.

446 **Actual Partner Age**

447 In terms of sex differences in the age of mated partners, we replicated Buss (1989) and
 448 Kenrick and Keefe (1992). Men reported having partners younger than themselves, while women
 449 reported having partners older than themselves, on average, $b = -0.96$, $SE = 0.05$, $p < .001$.

450 Women reported partners, $M = 2.43$, 95% CI [2.31, 2.55], older than themselves, and men
 451 reported partners $M = -2.26$, 95% CI [-2.39, -2.13], younger than themselves. The sex difference
 452 ranged from $b = -1.77$ in Algeria, to $b = -0.48$ in the United States. Overall, as men's age
 453 increased they reported increasingly younger partners on average, while as women's age
 454 increased their reported partner age remained consistently a few years older than themselves on
 455 average (Figure 2).



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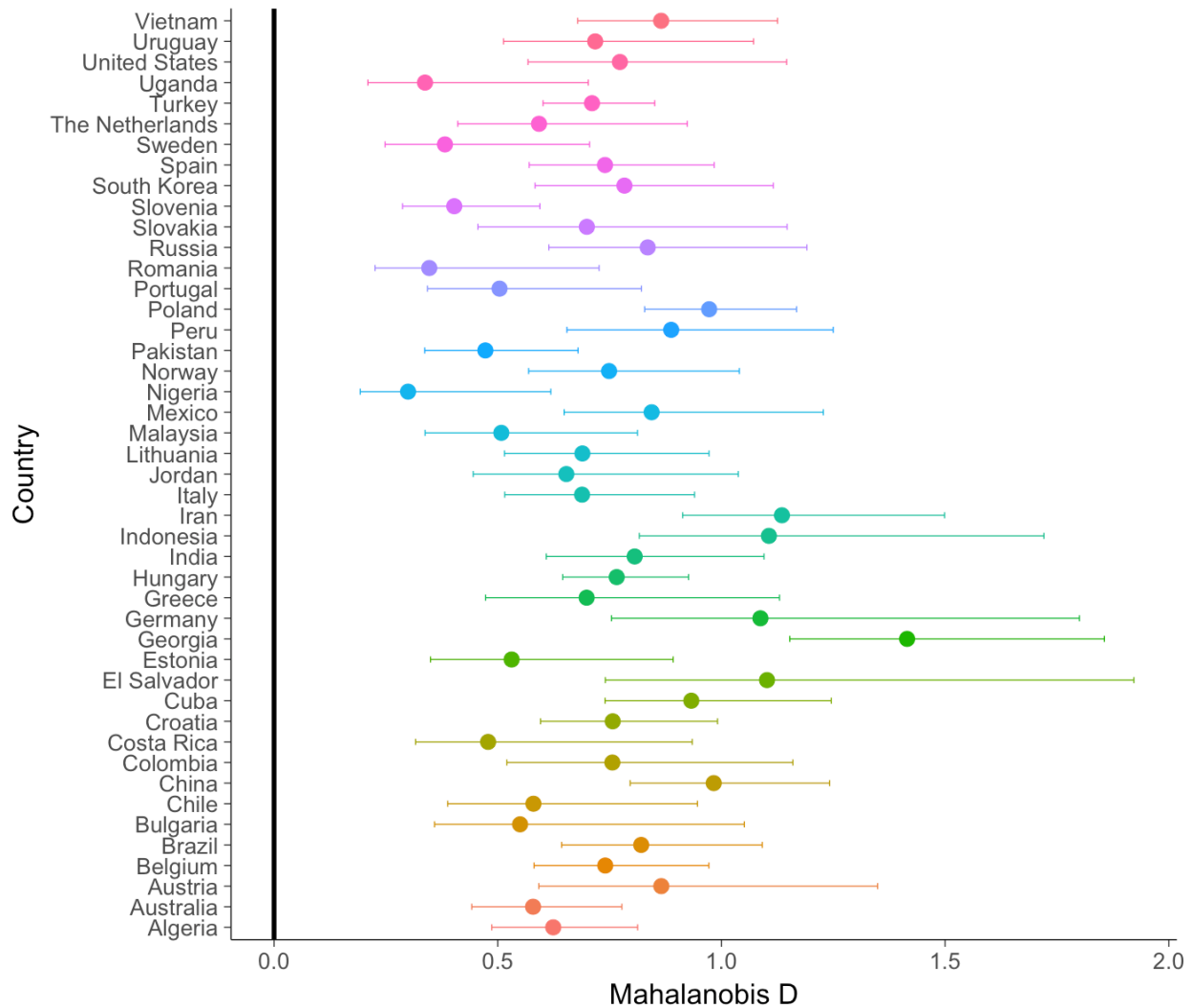
457 **Figure 2.** Difference between participant and their reported partner age, across participant ages.

458 Data are jittered to reduce overplotting. Trend lines were generated by loess smoothing to

459 illustrate the pattern of the data. Shaded areas indicate 95% confidence intervals.

460 **Multivariate Effect Size**

461 Our results were overall consistent with Conroy-Beam et al. (2015). When calculating the
 462 Mahalanobis distance (D) between males and females based on all five preference variables
 463 within each country, the overall sex difference was relatively large; $D_{mean} = 0.73$. These D -values
 464 ranged from $D = 1.42$, 95% CI [1.15, 1.86] in Georgia, to $D = 0.30$, 95% CI [0.19, 0.62] in
 465 Nigeria (Figure 3).



466
 467 **Figure 3.** Mahalanobis D values with error bars representing bootstrapped 95% confidence
 468 intervals for each country. Larger D values indicate more sex differentiation in overall pattern of
 469 mate preferences.

470 Additionally, D was calculated separately for putatively sex-differentiated preferences
 471 (good financial prospects and physical attractiveness) resulting in an average $D = 0.62$, ranging
 472 from $D = 0.26$, 95% CI [0.08, 0.52] in Sweden, to $D = 1.08$, 95% CI [0.77, 1.48] in Georgia. For
 473 those preferences not expected to be as strongly sex differentiated (intelligence, kindness,
 474 health), the Mahalanobis distance was comparatively smaller: $D = 0.33$, ranging from $D = 0.05$,
 475 95% CI [0.05, 0.34] in Italy, to $D = 0.73$, 95% CI [0.36, 1.31] in Germany. For full list of
 476 country D values and confidence intervals see the supplementary material.

477 A Monte Carlo cross-validated logistic regression was used to assess the ability of
 478 preferences to predict participant sex. The average predictive accuracy was significantly above
 479 chance, $M = 0.63$, 95% CI [0.61, 0.65].

480 Pathogen Prevalence

481 Table 2 shows the results of the multilevel models predicting preferences from nation-
 482 level pathogen prevalence indices, without control variables.

483 Table 2: Preferences and age as a function of pathogen prevalence
 484

| Pathogen Index | Preference | β | SE | p |
|--|------------------|---------|------|--------|
| Gangestad & Buss (1993) | Good fin. Prosp. | 0.13 | 0.05 | .027* |
| | Phys. Att. | -0.01 | 0.04 | .897 |
| | Kindness | -0.002 | 0.05 | .963 |
| | Intelligence | 0.03 | 0.04 | .536 |
| | Health | 0.20 | 0.05 | .002** |
| | Age Difference | 0.01 | 0.02 | .608 |
| Years life lost to communicable diseases | Good fin. Prosp. | 0.08 | 0.03 | .014* |
| | Phys. Att. | 0.04 | 0.03 | .163 |
| | Kindness | -0.01 | 0.03 | .693 |
| | Intelligence | -0.004 | 0.03 | .908 |
| | Health | 0.04 | 0.04 | .321 |
| | Age Difference | -0.01 | 0.02 | .419 |
| Composite | Good fin. Prosp. | 0.08 | 0.03 | .012* |
| | Phys. Att. | 0.05 | 0.03 | .120 |
| | Kindness | -0.01 | 0.03 | .724 |
| | Intelligence | -0.0001 | 0.03 | .997 |
| | Health | 0.04 | 0.03 | .290 |

| | | | |
|----------------|-------|------|------|
| Age Difference | -0.06 | 0.07 | .447 |
|----------------|-------|------|------|

485

486 *Note: * = p < .05; ** = p < .01; *** = p < .001*

487

488 Overall, our results did not replicate the findings of Gangestad and Buss (1993) or
 489 Haselton, Gangestad, and Buss (2006). While the original papers found that preference for
 490 physical attractiveness and health were higher in countries with increased pathogen prevalence,
 491 our data did not show the same pattern. Instead, pathogen prevalence predicted preference for an
 492 ideal mate with good financial prospects for all measures. Additionally, pathogen prevalence
 493 predicted preference for a healthy ideal mate for just one of the measures (the measure used by
 494 Gangestad & Buss, 1993), $\beta = 0.20$, $SE = 0.05$, $p = .002$. However, when control variables were
 495 included, pathogen prevalence did not significantly predict any outcome variables (see
 496 supplementary material).

497 **Gender Equality**

498 Table 3 shows the results of the multilevel models predicting ideal mate preferences from
 499 sex and nation-level gender quality, without control variables.

500 Table 3: Sex differences in preferences and age as a function of gender equality

501

| Gend. Eq. Index | Preference | <i>b</i> | <i>SE</i> | <i>p</i> |
|-----------------|------------------|----------|-----------|----------|
| GDI (1995) | Good fin. prosp. | 0.02 | 0.03 | .414 |
| GDI (1995) | Phys. Att. | 0.04 | 0.03 | .208 |
| GDI (1995) | Kindness | -0.02 | 0.02 | .449 |
| GDI (1995) | Intelligence | -0.01 | 0.03 | .648 |
| GDI (1995) | Health | 0.02 | 0.03 | .393 |
| GDI (1995) | Age Difference | 0.19 | 0.06 | .002** |
| GEM (1995) | Good fin. prosp. | 0.04 | 0.03 | .214 |
| GEM (1995) | Phys. Att. | 0.03 | 0.04 | .366 |
| GEM (1995) | Kindness | -0.03 | 0.02 | .143 |
| GEM (1995) | Intelligence | 0.02 | 0.03 | .556 |
| GEM (1995) | Health | 0.05 | 0.03 | .139 |
| GEM (1995) | Age Difference | 0.16 | 0.06 | .007** |
| GII (2015) | Good fin. prosp. | -0.03 | 0.03 | .277 |
| GII (2015) | Phys. Att. | 0.03 | 0.03 | .250 |

| | | | | |
|-------------|------------------|--------|------|--------|
| GII (2015) | Kindness | 0.01 | 0.02 | .734 |
| GII (2015) | Intelligence | 0.004 | 0.02 | .853 |
| GII (2015) | Health | 0.02 | 0.03 | .383 |
| GII (2015) | Age Difference | -0.13 | 0.03 | .008** |
| GGGI (2016) | Good fin. prosp. | 0.06 | 0.03 | .036* |
| GGGI (2016) | Phys. Att. | 0.03 | 0.03 | .387 |
| GGGI (2016) | Kindness | -0.04 | 0.02 | .139 |
| GGGI (2016) | Intelligence | 0.03 | 0.02 | .202 |
| GGGI (2016) | Health | 0.02 | 0.03 | .529 |
| GGGI (2016) | Age Difference | 0.13 | 0.06 | .027* |
| GDI (2015) | Good fin. prosp. | 0.02 | 0.03 | .423 |
| GDI (2015) | Phys. Att. | 0.05 | 0.03 | .139 |
| GDI (2015) | Kindness | -0.02 | 0.03 | .397 |
| GDI (2015) | Intelligence | -0.02 | 0.03 | .489 |
| GDI (2015) | Health | 0.01 | 0.03 | .828 |
| GDI (2015) | Age Difference | 0.18 | 0.06 | .003** |
| Composite | Good fin. prosp. | 0.05 | 0.03 | .107 |
| Composite | Phys. Att. | 0.002 | 0.03 | .951 |
| Composite | Kindness | -0.03 | 0.03 | .305 |
| Composite | Intelligence | 0.005 | 0.03 | .863 |
| Composite | Health | -0.004 | 0.03 | .873 |
| Composite | Age Difference | 0.15 | 0.05 | .007** |

502

503

Note: * = $p < .05$; ** = $p < .01$; *** = $p < .001$. GII (2015) is reverse scored.

504

505

Our results partially replicated the findings of both Eagly and Wood (1999) and

506

Gangestad, Haselton and Buss (2006). Gender equality predicted the sex difference in the actual

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age of long-term romantic partners, for every measure of gender equality, in line with Eagly and

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Wood (1999), but contrary to Gangestad, Haselton, and Buss (2006). Using the composite

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measure, gender equality predicted the change in both men's age choices, $b = 0.09$, $SE = 0.03$, p

510

$= .016$; and women's age choices, $b = -0.07$, $SE = 0.02$, $p = .007$ (Figure 4). However, two

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countries (Nigeria and Malaysia) did not have composite gender equality scores due to missing

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values (Nigeria does not have a GII value, and Malaysia does not have a 2015 GDI value). To

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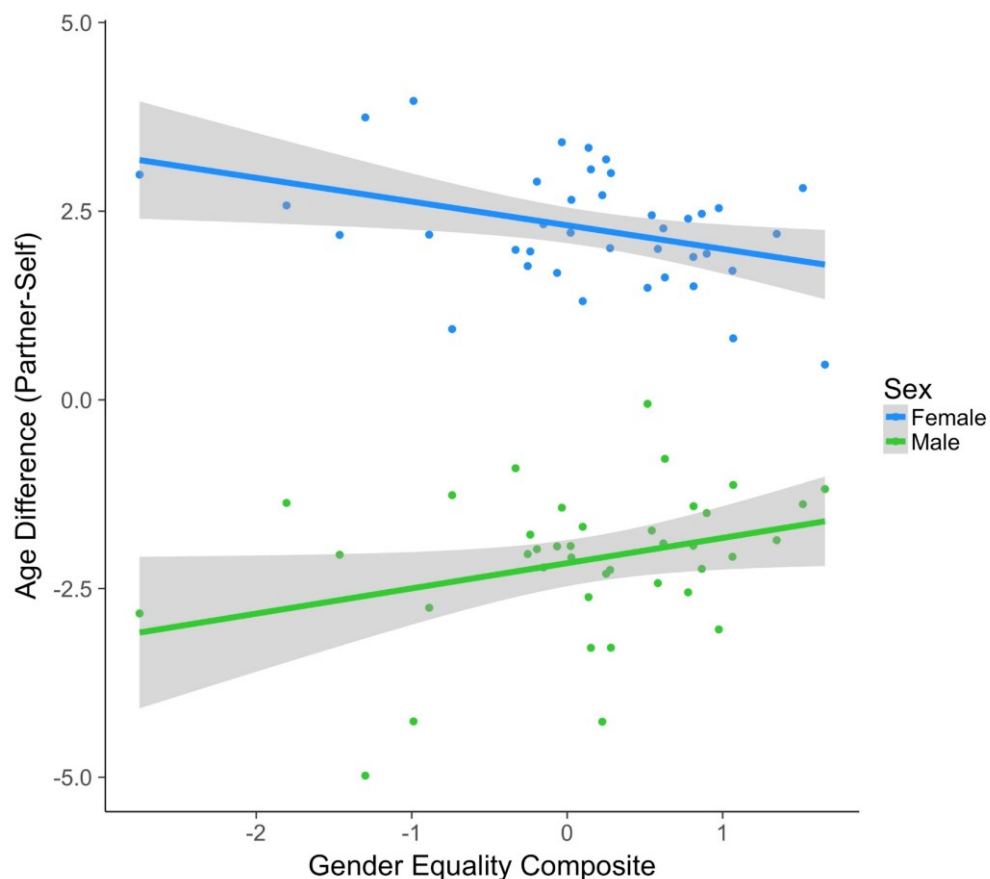
take advantage of the age data from these two countries, we ran an additional analysis looking at

514

the change in both sexes age choices predicted by the GGGI. Gender equality, using the GGGI,

515 again predicted the change in women's age choices, $b = -0.07$, $SE = 0.03$, $p = .013$; and men's
 516 age choices were marginally significant in the predicted direction, $b = 0.06$, $SE = 0.03$, $p = .075$.

517 However, in contrast to Eagly and Wood (1999) and replicating Gangestad, Haselton,
 518 and Buss (2006) gender equality did not robustly predict sex differences in any of the mate
 519 preference measures. The only exception to this was that one of the measures of gender equality,
 520 the GGGI, predicted the sex difference in preference for an ideal mate with good financial
 521 prospects, $b = 0.06$, $SE = 0.03$, $p = .036$. This replicates the relationship between the GGGI and
 522 good financial prospects that Zentner and Mitura (2012) found in their new 10 country sample.
 523 Including controls did not change the pattern of results (see supplementary material).



524

525 **Figure 4.** Average age difference between participant and partner for each country separated by
 526 sex, across each country's standardized gender equality composite score. Regression lines shown

527 with shaded areas indicating 95% confidence intervals. Gender equality predicted the change in
528 both sexes age choices, with both men and women choosing partners closer to their own age in
529 more gender equal countries.

530 **Discussion**

531 The debate surrounding sex differences in mate preferences has remained unresolved for
532 decades, due in part to an unstandardized supporting literature hampered by methodological and
533 analytical limitations. Here we attempted to replicate central findings from both an evolutionary
534 and biosocial perspective correcting for these issues. Overall, cross-culturally, universal sex
535 differences in mate preferences remain empirically robust. Specifically, women around the world
536 on average indicated ideal preferences for a long-term mate with greater financial prospects
537 whereas men on average indicated preference for more physically attractive mates. Women had
538 partners that were a few years older than themselves on average, while men had partners
539 increasingly younger than themselves as they aged. Additionally, women indicated slightly
540 higher preferences for kindness, intelligence and health in a long-term mate, replicating other
541 mate preference studies (e.g. Fletcher et al., 2004; Schwarz & Hassebrauck, 2012; Souza,
542 Conroy-Beam, & Buss, 2016). Furthermore, the sex difference in the multivariate pattern of
543 preferences is relatively large, affording above-chance (63%) classification of sex based on mate
544 preferences alone.

545 Findings concerning cross-cultural variability were mixed. Consistent with biosocial role
546 theory, the sex difference in age of partner decreased as gender equality increased. However,
547 little support was found for the relationship between the sex difference in ideal mate preferences
548 and gender equality. One exception was the relationship between the GGGI and good financial
549 prospects, consistent with Zentner and Mitura (2012). However, gender equality measures differ

550 slightly in components, so this result may be due to a particular factor of the GGGI: a result that
551 was not clear from Zentner and Mitura (2012), but is revealed by our more thorough analysis and
552 reporting.

553 There was also no support for the relationship between pathogen prevalence and
554 preference for attractiveness, intelligence, and health, failing to support the evolutionary
555 prediction of Gangestad and Buss (1993). The only exception was preference for resources, but
556 this relationship did not remain significant after adding in the control variables. Overall, without
557 the flexibility previously afforded within this literature, previously established predictors of
558 cross-cultural variation demonstrate limited power to predict mate preferences.

559 **Limitations and Future Directions**

560 While we corrected for many of the short-comings of the prior literature, this study also
561 had some limitations. First, although our preference measures were designed to improve on
562 potential limitations of Buss (1989)'s original measures, it is possible that differences in item
563 format account for the difference between our and prior results. However, we successfully
564 replicated the same sex differences found in Buss (1989), indicating these measures are sufficient
565 to detect true effects. Furthermore, preferred trait value ratings and preference importance ratings
566 tend to be strongly correlated (see supplementary materials). Finally, another recent study used
567 the exact measures from Buss (1989) and still failed to replicate the relationship between sex
568 differences in preferences and gender equality (Zhang, Lee, DeBruine, & Jones, 2019).

569 Second, although we found limited evidence supporting predictors of cross-cultural
570 variability, it is unclear whether country-level variables like pathogen prevalence and gender
571 equality reflect the ecological surroundings or experience of participants. The measurements that
572 form the nation-level predictors may be temporally and spatially distal to the environmental cues

573 available to participant psychologies. Measures that more directly tap the information available
574 to mate preference psychology might yield different results than relatively abstracted nation-
575 level predictors.

576 Sex differences in mate preferences have far reaching implications in many domains of
577 human life and many fields of scientific inquiry. The foundations of sex difference research
578 therefore demand careful consideration. Using a thorough and transparent approach, we found
579 that the universal sex differences predicted by an evolutionary psychological perspective remain
580 robust 30 years after their initial publication. However, previously reported sources of cross-
581 cultural variation, pathogen prevalence and gender equality, are largely unable to explain the
582 variation in our data. This suggests that even in this highly influential research area,
583 characterized by large samples and intense scientific scrutiny, the lack of replication and
584 transparency in design and reporting can contribute to false positive results. These findings
585 reground the evidence relating to long-standing hypotheses and debates in the field and invite
586 human mating researchers to embark on new research programs aimed at discovering more
587 robust predictors of cross-cultural variability in mate preferences.

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