

1 **TITLE**

2 Dorsal-ventral patterned neural cyst from human pluripotent stem cells in a neurogenic
3 niche

4

5 **AUTHORS**

6 Y. Zheng^{1,2,†}, X. Xue^{1,†}, A. M. Resto Irizarry¹, Z. Li¹, Y. Shao¹, Y. Zheng¹, G. Zhao^{2,3 *},
7 and J. Fu^{1,4,5 *}

8

9 **AFFILIATIONS**

10 ¹Department of Mechanical Engineering, University of Michigan, Ann Arbor, MI
11 48109, USA.

12 ²Center for Biomedical Engineering, Department of Electronic Science and Technology,
13 University of Science and Technology of China, Hefei 230027, Anhui, China.

14 ³Anhui Provincial Engineering Technology Research Center for Biopreservation and
15 Artificial Organs, Hefei 230022, Anhui, China.

16 ⁴Department of Cell and Developmental Biology, University of Michigan Medical
17 School, Ann Arbor, MI 48109, USA.

18 ⁵Department of Biomedical Engineering, University of Michigan, Ann Arbor, MI 48109,
19 USA.

20

21 †These authors contributed equally to this work.

22 *Correspondence to: jpfu@umich.edu; zhaog@ustc.edu.cn.

23

24 **ABSTRACT**

25 Despite its importance in the central nervous system development, the development of
26 the human neural tube (NT) remains poorly understood, given interspecies divergence
27 and challenges of studying human embryo specimens. Here we report a human NT
28 development model, in which NT-like tissues, termed neuroepithelial (NE) cysts, are
29 generated in a bioengineered neurogenic environment through self-organization of
30 human pluripotent stem cells (hPSCs). NE cysts correspond to the neural plate in the
31 dorsal ectoderm layer and possess a default dorsal identity. Dorsal-ventral (DV)
32 patterning of NE cysts is achieved using retinoic acid and/or Sonic hedgehog, featuring
33 sequential emergence of the ventral floor plate, P3 and pMN domains in discrete,
34 adjacent regions and an dorsal territory progressively restricted to the opposite dorsal
35 pole. Together, this study reports the development of a hPSC-based, DV patterned NE
36 cyst system for modeling human NT development, useful for understanding the self-
37 organizing principles that guide NT patterning and hence to study neural development
38 and disease.

39 INTRODUCTION

40 Neurulation is the embryonic process that begins with the specification of the neural
41 plate containing neuroepithelial (NE) cells at the dorsal ectoderm germ layer, which
42 then folds in upon itself towards the dorsal side of the embryo to form a tubular structure,
43 the neural tube (NT), enclosing a central fluid-filled lumen. The posterior region of the
44 NT gives rise to the spinal cord, whereas the anterior region becomes the brain, which
45 together comprise the central nervous system (CNS). A very important process during
46 neurulation is the progressive specification of the NT along the dorsal-ventral (DV)
47 axis, that's, DV patterning of the NT (1, 2), which leads to the differentiation of distinct
48 classes of neuronal progenitor cells located at defined positions within the NT. In recent
49 years, tremendous progress has been achieved in understanding the molecular
50 mechanism(s) of DV patterning of the NT using model organisms. It becomes
51 appreciated that the allocation of neuronal fate in the NT is directed by secreted
52 inductive factors (*i.e.*, morphogens) emanated from local surrounding tissues (1, 2).
53 Thus, the position of progenitor cells in the NT influences their fate by defining the
54 identity and concentration of inductive signals to which they are exposed. However, in
55 the ultimate quest to understand the mechanism(s) of human NT development with the
56 goal to prevent and treat developmental defects in the human CNS, studies using model
57 systems remain suboptimal, given significant interspecies divergence (3). This
58 limitation is further compounded by limited accessibility to the *in utero* post-
59 implantation mammalian embryo for experimental studies.

60 Human pluripotent stem cells (hPSCs), including human embryonic stem cells
61 (hESCs) and induced pluripotent stem cells (iPSCs), have been successfully utilized
62 for modelling post-implantation human embryonic development (4-9). These stem cell-
63 based human development models provide promising experimental systems to study
64 early neural development in humans, as neural cells derived *in vitro* from hPSCs display
65 molecular and functional properties compatible to those in the developing embryonic
66 brain (10). Technological advances in three-dimensional (3D) hPSC cultures have
67 further led to the development of self-organized, multicellular neuronal tissues, termed
68 brain organoids, that resemble the cerebral cortex, midbrain, and many other brain
69 regions (11). Importantly, a 3D, DV patterned NT model has recently been reported in
70 a pioneering work with mouse ESCs (12, 13). However, progress in generating a stem
71 cell-based, DV patterned human NT model has been limited. A recent work shows 3D
72 induction of dorsal, intermediate and ventral spinal cord-like tissues from hPSCs in a
73 free-floating cell aggregate culture system (14). However, this work falls short in
74 demonstrating fully organized patterning of spinal cord-like tissues along the DV axis.
75 The apical surface of spinal cord-like tissues derived in this work faces outside external
76 environments (14), distinctly different from the NT *in vivo*. Together, it remains elusive
77 whether hPSCs can be utilized to generate a human NT development model with full
78 DV patterning.

79 In this work, we sought to develop a biomimetic 3D culture system mimicking
80 the *in vivo* neurogenic niche for the development of a hPSC-based, DV patterned human
81 NT development model. The biomimetic 3D culture incorporates some key *in vivo*

82 neurogenic niche elements (15), including a 3D basal lamina extracellular matrix (ECM)
83 to provide a permissive extracellular environment and a soft tissue bed to reconstruct
84 the mechanical environment provided by the ventricular surface and ECM for the
85 neuroepithelium during neurulation. This 3D biomimetic culture system allows for
86 convenient manipulations of dynamic interplays between chemical and biophysical
87 signals that are critical for the cellular morphogenetic events and progressive neuronal
88 fate specification during DV patterning of NT-like tissues derived from hPSCs.
89 Development of the biomimetic 3D culture system, together with extrinsic exogenous
90 biochemical signals delivered at precise timing and concentration, allows us to apply
91 hPSCs to achieve the development of a human NT development model with full DV
92 patterning. Our hPSC-based *in vitro* NT development model provides a valuable
93 experimental tool for the analysis of human NT development and will contribute to
94 researches on NT-related diseases and potentially to drug discovery and regenerative
95 medicine.

96

97 RESULTS

98 3D biomimetic culture for neuroepithelial cyst development

99 In the 3D biomimetic culture system, H9 hESCs were plated as single cells at 50×10^3
100 cells cm^{-2} onto a thick, soft gel bed of Geltrex (with thickness $\geq 100 \mu\text{m}$, bulk *Young's*
101 modulus $\sim 900 \text{ Pa}$, coated on a glass coverslip), in mTeSR1 medium supplemented
102 with the ROCK inhibitor Y27632 (**Fig. 1A&B**). At 24 h (day 1), a neurogenic
103 environment was established by replacing mTeSR1 with a fresh neural induction
104 medium comprising N2B27 supplemented with SB431542 (SB, TGF- β inhibitor) and
105 LDN 193189 (LDN, BMP4 inhibitor) (16, 17) (**Fig. 1A&B**). To establish a 3D neural
106 induction environment, 2% (*v / v*) Geltrex was further supplemented into the neural
107 induction medium (hereinafter referred to as 'Gel-3D'; **Fig. 1A&B**). To assess the
108 effects of ECM dimensionality and matrix rigidity, different modifications of the Gel-
109 3D culture were conducted (**Fig. 1B**). First, glass coverslips coated with the soft gel bed
110 were substituted with coverslips pre-coated with a thin layer of 1% Geltrex (hereinafter
111 referred to as 'Glass-3D'; **Fig. 1B**). Second, the 3D ECM overlay in Gel-3D was
112 removed from the neural induction medium, with the gel bed retained on coverslips
113 (hereinafter referred to as 'Gel-2D'; **Fig. 1B**). Finally, a standard 2D culture using glass
114 coverslips pre-coated by 1% Geltrex was utilized (hereinafter referred to as 'Glass- 2D';
115 **Fig. 1B**).

116 Under neural induction condition in Glass-2D, hESCs exited pluripotency and
117 differentiated into NE cells, evidenced by strong expression of PAX6, an early
118 neuroectodermal marker, by day 8 (**Fig. 1C&D**). Immunostaining and immunoblotting
119 of N-CADHERIN (N-CAD) at day 8 further confirmed successful neural conversion in
120 Glass-2D (**Fig. 1C** and **Fig. S1A&B**). Confocal images recorded at day 8 show
121 localized N-CAD expression at the top surface of NE cells in Glass-2D (**Fig. S1A**),
122 suggesting formation of the apical surface facing culture medium and the basolateral
123 surface facing coverslip. Strikingly, in both Glass-3D and Gel-3D, while undergoing

124 neural conversion with upregulated PAX6 expression, hESCs self-assembled to form
125 pseudostratified, multicellular cystic tissues enclosing a central lumen with the N-
126 CAD+ apical surface facing inward (**Fig. 1C&D**). The luminal NE cyst in Glass-3D
127 featured a flattened, pancake-shaped morphology, with a jagged outside surface
128 accommodating expanding NE cells along the apical-basal axis (**Fig. 1C** and **Fig. S1A**).
129 In contrast, regular, spherical cystic tissues containing multilayered NE cells with
130 smooth outside surfaces were evident in Gel-3D (**Fig. 1C&D**). In Gel-2D, even though
131 hESCs clustered together as in Glass-3D and Gel-3D, the multicellular structures
132 became irregular and discontinuous, with much fewer cells expressing PAX6 or N-CAD
133 by day 8 (**Fig. 1C** and **Fig. S1A&B**), suggesting that Gel-2D was not as conducive as
134 Glass-2D, Glass-3D or Gel-3D for neural conversion. In Gel-2D, cystic tissues with
135 irregular contour and elliptical contour constituted $63.01\% \pm 1.79\%$ and $36.99\% \pm$
136 1.79% , respectively, of all cystic tissues at day 8. The percentage of discontinuous cysts
137 (cysts in which cells were missing in some areas) was $73.09\% \pm 2.20\%$. Moreover,
138 multicellular structures in Gel-2D were smaller in size compared with those in Glass-
139 2D, Glass-3D or Gel-3D (**Fig. 1C** and **Fig. S1A&C**). We next investigated the
140 development of NE cysts in Gel-3D with different gel bed thicknesses (**Fig. S1D**).
141 When the gel bed thickness decreased from 100 μm to 60 μm or 20 μm , which increased
142 the effective substrate rigidity (18), although PAX6 expression was evident in all cysts,
143 these cysts showed a flattened morphology with a jagged basal surface, similar to those
144 cultured in Glass-3D (**Fig. S1D**). Altogether, our data suggest that matrix rigidity might
145 be an important factor mediating the formation of spherical NE cystic tissues.

146 Additional molecular characterizations were conducted for luminal NE cysts
147 derived from H9 hESCs in Gel-3D. In addition to PAX6, NE cysts showed strong
148 expression of SOX2 and NESTIN, another two neuroectodermal markers, at day 8.
149 Neither SOX17, a definitive endoderm marker, nor BRACHYURY, CDX2 or EOMES,
150 which are primitive streak and mesodermal markers, was detectable at day 8 (**Fig. 1D**
151 and **Fig. S1E**), excluding mesoderm or endoderm lineages in Gel-3D. SOX1, another
152 neuroectodermal marker, was not detectable at day 8 (data not shown). However,
153 continuous culture for another 5 d promoted SOX1 expression (**Fig. 1E**). Thus, PAX6
154 expression preceded SOX1 during the progressive development of NE cysts in Gel-3D,
155 consistent with previous studies of neuroectodermal tissue developments from hPSCs
156 (19) and human embryonic tissues (20). Further examination of ZO-1, a tight junction
157 protein and apical polarity marker, confirmed the apical surface facing the central
158 lumen in NE cysts (**Fig. 1E**). During the NT development *in vivo*, neural progenitor
159 cells in the pseudostratified neuroepithelium undergo interkinetic nuclear migration
160 (15), which results in mitotic cells localized at the apical surface and nuclei undergoing
161 DNA synthesis (S phase) displaced more basally. Indeed, immunostaining for EdU and
162 phospho-histone H3 (pH3; a specific marker for mitosis (11)) at day 8 revealed that
163 EdU labeled S-phase nuclei were preferentially located at the basal surface, whereas
164 pH3+ mitotic cells were located closer to the apical surface (**Fig. 1F**).

165

166 **Progressive neural conversion in Gel-3D**

167 We next examined dynamic progressive development of luminal NE cysts from H9
168 hESCs in Gel-3D. After initial cell seeding onto the gel bed, single H9 hESCs soon
169 clustered together and formed individual small colonies (**Fig. S2A&B**). Soon after 3D
170 ECM overlay was added at day 1, hESC colonies initiated the lumenogenesis program
171 (21) and resolved into luminal cystic tissues while undergoing neural conversion.
172 Within each well of a 24-well plate, 101.33 ± 1.67 individual NE cysts were formed by
173 day 8. Multicellular cystic tissues in Gel-3D displayed rapid growth from day 1 to day
174 8, resulting in a 90-fold increase in their projected area over the 8-day period (**Fig. S2C**).

175 Immunofluorescence analysis revealed that the exit of pluripotency and neural
176 conversion of hESCs in Gel-3D occurred in a progressive, concurrent fashion (**Fig.**
177 **S2D**). Notably, all luminal cysts retained strong expression of OCT4 but without
178 detectable PAX6 or N-CAD till day 4 (**Fig. S2D&E**). Emergence of PAX6 expression
179 with concurrent loss of OCT4 was evident in a subset of luminal cysts at day 6 (**Fig.**
180 **S2D&E**). Specifically, at day 6, $16.50 \pm 2.81\%$ of luminal cysts contained both OCT4+
181 and PAX6+ cells (**Fig. S2D&E**), suggesting neural conversion in progress. The
182 percentage of luminal cysts containing both OCT4+ and PAX6+ cells increased to
183 $43.61 \pm 4.23\%$ at day 8 before decreasing to $6.07 \pm 3.71\%$ at day 10. By day 10, 93.93
184 $\pm 3.71\%$ of luminal cysts contained only PAX6+ NE cells without detectable OCT4+,
185 suggesting completion of neural conversion (**Fig. S2D&E**). Western blotting for OCT4
186 and PAX6 at different days further confirmed the progressive, concurrent fashion of the
187 exit of pluripotency and neural conversion of hESCs in Gel-3D during NE cyst
188 development (**Fig. S2F**).

189

190 **Default dorsal identity of neuroepithelial cysts**

191 After specification of the neuroectoderm at the dorsal ectoderm germ layer,
192 development of the CNS continues with the acquisition of dorsal neural identity,
193 revealed by expression of dorsal markers such as PAX3, PAX7 and MSX1/2 (14, 22,
194 23), by the midline dorsal ectodermal cells of the gastrulating embryo. Studies using
195 mouse ESCs also show the default dorsal neural identity of NE cysts (12). We thus
196 sought to examine the default dorsal or ventral fate of NE cysts developed in Gel-3D.
197 Immunostaining revealed that NE cysts uniformly expressed PAX6 at day 9 (**Fig.**
198 **2A&B**). However, dorsal neural marker PAX3 or MSX1 was not detectable at this time
199 point (**Fig. 2B**). Similarly, ventral neural markers FOXA2, OLIG2 or NKX2.2 was not
200 detectable either at day 9 (**Fig. 2B**). NE cysts were further continuously cultured for
201 another 9 d before immunofluorescence analysis to examine expression of dorsal and
202 ventral neural markers. NE cysts at day 18 showed clear expression of PAX6, PAX3
203 and MSX1, with ventral neural markers FOXA2, OLIG2 or NKX2.2 remaining
204 undetectable (**Fig. 2B**). Together, these data show the default dorsal neural identity of
205 NE cysts derived from hESCs, supporting a highly conserved default dorsal neural
206 identity of the NT for vertebrates including humans.

207

208 **Neuroepithelial cysts are responsive to WNT and SHH signaling**

209 Dorsalization of the NT *in vivo* is mediated by a conserved signaling network involving
210 BMP and WNT signals emanated from the neighboring non-neural ectoderm and the
211 roof plate (1, 2, 24). To investigate whether NE cysts in Gel-3D would respond to WNT
212 signaling for dorsal patterning, CHIR99021 (CHIR), a GSK3 inhibitor that functions as
213 a WNT activator, was supplemented in neural induction medium from day 4 to day 9
214 (Fig. 2C). Immunofluorescence analysis revealed that a majority of NE cysts at day 9
215 showed PAX3 and MSX1 expression (Fig. 2D), supporting the effect of WNT
216 activation on dorsalizing NE cysts. CHIR stimulation resulted in a regression of PAX6
217 expression within a confined region at the center of NE cysts (Fig. 2D), resembling the
218 dorsal to ventral shift of PAX6 expression in the chick NT under WNT stimulations
219 (25).

220 A sonic hedgehog (SHH) signaling gradient anti-parallel the DV axis emanated
221 from the notochord and the FP (FP) has been shown critical for ventral patterning of
222 the NT (1, 2, 24). During early ventral patterning of the NT, SHH signaling subdivides
223 ventral NE cells into three main domains, namely pMN, p3 and FP, along the DV axis
224 (1, 2, 24). These ventral progenitor domains are identified by distinct transcription
225 factors that further specify neuronal subtypes in each domain. The OLIG2+ pMN
226 domain gives rise to motor neurons (MNs), whereas the NKX2.2+ p3 and FOXA2+ FP
227 domains generate V3 neurons and a glial structure, respectively (26). Current protocols
228 for ventralizing NE cells rely on morphogens including SHH and RA (27). To achieve
229 ventral patterning of NE cysts in Gel-3D, we first activated SHH signaling by
230 supplementing Smo agonist (SAG; 1 μ M), an agonist of SHH signaling that functions
231 by directly inhibiting Ptc, a receptor of SHH proteins, in neural induction medium from
232 day 4 to day 9 (Fig. 2C). A few individual cells expressing OLIG2 and FOXA2 emerged
233 sparsely in NE cysts at day 9 (Fig. 2D). However, NKX2.2 was not detectable at day 9
234 (Fig. 2D). We next added RA (1 μ M) with SAG from day 4 to day 9. A significant
235 increase of both OLIG2+ cells and FOXA2+ cells was evident at day 9 (Fig. 2D),
236 consistent with the effect of RA on the acquisition of MN fate by NE cells (28).
237 However, these OLIG2+ and FOXA2+ cells didn't emerge as distinct domains as *in*
238 *vivo*, and NKX2.2+ cells remained undetectable at day 9 (Fig. 2D). To achieve
239 induction of NKX2.2, we further added SHH proteins (10 nM) into neural induction
240 medium already containing SAG and RA from day 4 to day 9. Under this enhanced
241 ventralization condition, OLIG2+ cells and FOXA2+ cells further increased their
242 numbers at day 9 (Fig. 2D). Excitingly, sparsely distributed NKX2.2 cells emerged in
243 NE cysts (Fig. 2D). Together, these data suggest that specification of OLIG2+ pMN
244 progenitor cells and FOXA2+ FP cells precedes the induction of NKX2.2 p3 progenitor
245 cells in Gel-3D.

246

247 DV patterning of neuroepithelial cysts

248 Our data in Fig. 2 showed that even though pMN, p3 and FP progenitor cells were
249 induced by RA, SAG and SHH in Gel-3D by day 9, ventral patterning of NE cysts with
250 properly aligned pMN, p3 and FP domains was not achieved. To determine whether
251 Gel-3D could support DV patterning of NE cysts, culture time was prolonged to 18

252 days, with RA (1 μ M) and SAG (1 μ M) or RA (1 μ M) and SHH (either 10 nM or 100
253 nM) supplemented into neural induction medium from day 4 to day 9 (**Fig. 3A**). Indeed,
254 with RA and SAG, a small portion of NE cysts (< 5%) displayed the key architectural
255 feature of DV patterning at day 18, with ventral progenitor domains aligned adjacent to
256 an induced FP region (**Fig. 3B&C**). Specifically, in these patterned NE cysts, a single
257 FOXA2⁺ FP domain emerged asymmetrically at one pole of the cyst (**Fig. 3B**).
258 Adjacent to the FP, two NKX2.2⁺ p3 progenitor domains emerged in a symmetrical
259 fashion (**Fig. 3B**). Two OLIG2⁺ pMN domains also simultaneously emerged dorsal to
260 the two NKX2.2⁺ p3 domains, respectively (**Fig. 3B**). Importantly, by day 18, PAX3⁺
261 dorsal NE cells became detectable and were restricted to the opposite pole of the
262 OLIG2⁺ pMN domain (**Fig. 3B**), suggesting successful DV patterning of NE cysts
263 under RA and SAG stimulation. The percentage of DV patterned NE cysts was
264 significantly increased with SAG replaced with SHH. With RA and 10 nM SHH, a
265 significant percentage of NE cysts ($22 \pm 3.06\%$) displayed DV patterning at day 18 (**Fig.**
266 **3D & Fig. S3**). It is worth noting that under this condition, a majority of patterned NE
267 cysts contained only one FP domain, with only $8.69\% \pm 0.66\%$ of patterned NE cysts
268 contained two FOXA2⁺ FP domains (**Fig. S4A&B**). In addition, the ventral pole of DV
269 patterned NE cysts where the FOXA2⁺ FP was located appeared much thinner
270 compared to other regions of the same NE cyst (**Fig. S4C&D**). In contrast, the thickness
271 of unpatterned NE cysts was uniform along the cyst periphery (**Fig. S4C&D**). This
272 observation is consistent with earlier reports showing that nuclei in the FP region are
273 accumulated towards the basal surface (12) and high levels of SHH signaling inhibit
274 proliferation (29), leading to a much thinner FP region in the NT.

275 We confirmed that spherical PAX6⁺ NE cysts containing single central lumens
276 could be derived from H1 hESC line and a hiPSC line (1196a) in Gel-3D under neural
277 induction condition by day 8 (**Fig. S5A&B**). With RA and 10 nM SHH treatment from
278 day 4 to day 9, proper DV patterned NE cysts were also achieved using H1 hESC line
279 and 1196a hiPSC line in Gel-3D at day 18 (**Fig. S5C-E**).

280 We further examined DV patterning with RA and 100 nM SHH (**Fig. 3E&F**).
281 Under RA and 100 nM SHH, the percentage of ventral patterned NE cysts ($27.03 \pm$
282 0.58%) with pMN and p3 progenitor domains properly aligned adjacent to an induced
283 FP region was compatible to the value under RA and 10 nM SHH (**Fig. 3F**). However,
284 very few PAX3⁺ dorsal cells were detected in NE cysts (**Fig. 3E**), suggesting an
285 inhibitory effect of dorsal fate specification under this heightened ventralizing
286 condition.

287 We next examined expression of other lineage markers associated with different
288 ventral NT domains in NE cysts obtained under treatment with RA and 10 nM SHH
289 (**Fig. S6A**). DBX1 (marker for p0 domain), DBX2 (marker for p0 and p1 domains), or
290 NKX6.2 (marker for p1 domain) was not detectable at day 18 (data not shown). It is
291 likely that induction of these more dorsally localized domains might require other
292 morphogen signals such as BMP or WNT, which are secreted by tissues adjacent to the
293 NT *in vivo*. Interestingly, around 20% of NE cysts showed localized expression of
294 NKX6.1 (**Fig. S6B**), a marker for the p3, pMN and p2 domains (30, 31). The OLIG2⁺

295 pMN domain enclosed in the NKX6.1+ domain was observed in $22.27\% \pm 4.24\%$ of
296 NE cysts (**Fig. S6B&C**). We further observed mutually exclusive expression of
297 NKX6.1 domain and FOXA2 domain in $13.6\% \pm 2.86\%$ of NE cysts (**Fig. S6B&C**).

298

299 **Progressive DV patterning of neuroepithelial cysts**

300 We next studied dynamic, progressive DV patterning of NE cysts by tracking
301 spatiotemporal expression of dorsal and ventral markers, with NE cysts stimulated with
302 RA (1 μM) and SHH (10 nM) from day 4 to day 9 (**Fig. 4**). At day 9, all NE cysts
303 contained PAX3+ dorsal cells but without any OLIG2+ pMN progenitor cells detectable
304 (**Fig. 4A&B**). OLIG2+ cells started to emerge at day 12 in cyst regions where PAX3
305 expression was absent (**Fig. 4A**). From day 14 to day 18, the percentage of NE cysts
306 containing OLIG2+ cells continued to increase, whereas the PAX3 domain
307 continuously became more restricted (**Fig. 4A**). In a subset of NE cysts where OLIG2+
308 cells emerged as a cluster (the putative pMN domain) towards the prospective ventral
309 pole of the cyst, concurrent, progressive restriction of the PAX3+ domain towards the
310 opposite dorsal pole was evident (**Fig. 4A**), suggesting dynamic progression of DV
311 patterning regulated by RA and SHH through dual effects on ventralization and
312 antagonizing dorsalization (32). PAX3-OLIG2 DV polarity was established in $3.33\% \pm$
313 1.33% of cysts at day 12, and this value increased at day 14 and day 16 and reached
314 $26.52 \pm 5.34\%$ at day 18 (**Fig. 4A&B**).

315 We next tracked NKX2.2 and FOXA2 expression. At day 9, NKX2.2 was not
316 detectable; but $65.35\% \pm 2.79\%$ NE cysts contained sparsely distributed FOXA2+ FP
317 progenitor cells (**Fig. 4C&D**). At day 12, NKX2.2 remained undetectable; however, the
318 percentage of NE cysts containing FOXA2+ cells decreased to $26.67\% \pm 1.76\%$ (**Fig.**
319 **4C&D**). Notably, FOXA2+ cells appeared as a cluster (the putative FP domain) at the
320 presumptive ventral pole at day 12 (**Fig. 4C&D**). NKX2.2 became detectable from day
321 14 onwards, and its expression was evident only in cysts containing FOXA2+ cells
322 (there was $< 4\%$ cysts containing only NKX2.2+ cells at day 14; **Fig. 4C&D**).
323 Importantly, $17.62\% \pm 2.23\%$ of NE cysts at day 14 displayed localized NKX2.2
324 domains dorsal to the FOXA2+ FP region (**Fig. 4C&D**), suggesting dynamic patterning
325 of ventral domains. The percentage of such ventral patterned NE cysts increased to
326 $46.18\% \pm 1.95\%$ at day 18 (**Fig. 4C&D**).

327

328 **DV patterning of neuroepithelial cysts by RA**

329 We next examined independent roles of RA and SHH in DV patterning of NE cysts.
330 When only 1 μM RA was supplemented in neural induction medium from day 4 to day
331 9, $28.19\% \pm 2.31\%$ of NE cysts achieved proper ventral patterning at day 18, with two
332 NKX2.2+ p3 domains positioned dorsal to a single FOXA2+ FP domain (**Fig. 5A&B**).
333 However, only $1.95\% \pm 0.05\%$ of NE cysts showed PAX3-OLIG2 DV polarity, with
334 PAX3+ dorsal cells located at the opposite pole of the OLIG2+ pMN domain (**Fig.**
335 **5A&B**). When RA concentration was reduced to 0.1 μM , no patterned NE cyst was
336 detectable (**Fig. 5A&B**). When stimulation with 1 μM RA was prolonged from day 4

337 to day 18, no patterned NE cyst was detectable either at day 18 (**Fig. 5C**). FOXA2+ FP
338 progenitor cells appeared uniformly at the cyst basal surface (**Fig. 5C**). With treated
339 with 0.1 μ M RA from Day 4 to day 18, 8.86% \pm 1.18% of NE cysts showed PAX3-
340 OLIG2 DV polarity (**Fig. 5C&D**). However, ventral patterning of NE cysts was not
341 achieved, as even though OLIG2+ pMN domains adjacent to FOXA2+ FP domain was
342 evident in 27.08% \pm 4.45% of NE cysts, the NKX2.2 p3 domain was not detectable in
343 any cyst (**Fig. 5C&D**). These results suggest that prolonged global RA stimulation
344 might not be optimal for DV patterning. Together, these data suggest that optimal DV
345 patterning of NE cysts depends on both RA concentration and the timing and duration
346 of RA stimulation.

347 We next examined the independent effect of SHH. When only 10 nM SHH was
348 supplemented in neural induction medium from day 4 to day 9, there was no distinct,
349 localized FOXA2+ FP domain evident at day 18 (**Fig. 5E**). FOXA2 expression
350 remained dispersed in NE cysts, with only few OLIG2+ cells randomly distributed and
351 no NKX2.2+ cells detectable (**Fig. 5E**). We should note that a majority of cysts
352 collapsed and contained only multiple small lumens without a single central lumen by
353 day 18 (**Fig. S7**), suggesting that RA might have an important effect on maintaining the
354 structural integrity of luminal NE cysts.

355 To further investigate RA-mediated DV patterning of NE cysts, cyclopamine (5
356 μ M), an inhibitor of SHH signaling, was supplemented together with RA from day 4 to
357 day 9 (**Fig. 5F**). In the presence of cyclopamine, FOXA2+, NKX2.2+ or OLIG2+
358 ventral cells were undetectable at day 18, with only a few PAX3+ dorsal cells evident
359 (**Fig. 5F**). We further performed qRT-PCR to confirm the effect of cyclopamine. With
360 cyclopamine, *PAX3* expression was significantly upregulated, whereas expression of
361 *OLIG2*, *NKX2.2*, *FOXA2* and *SHH* was significantly downregulated (**Fig. 5G**).
362 Together, these data support the role of SHH signaling in the ventralizing effect of RA.

363 Our observation of RA-mediated DV patterning of NE cysts is consistent with
364 previous studies on mouse NE cysts (12, 33), suggesting a conserved general patterning
365 mechanism by RA.

366

367 Anterior-posterior (A-P) positional identity of neuroepithelial cysts

368 Previous studies have shown that prolonged dual inhibition of Activin and BMP
369 signaling specifies hESCs towards an anterior neuroectodermal identity (34). Thus, NE
370 cysts developed in Gel-3D under the neural induction condition might have an anterior
371 identity. In addition to its role in DV patterning, RA has a posteriorizing effect on the
372 NT *in vitro* (35). It is well established that RA regulates progressive HOX gene
373 activation to establish regional identities in the posterior hindbrain and cervical spinal
374 cord (35). Thus, we next evaluated the positional identity of NE cysts along the A-P
375 axis, with or without RA supplemented in neural induction medium from day 4 to day
376 9 (**Fig. S8A**). qRT-PCR was conducted to assess expression of region-specific markers
377 along the A-P axis at day 18. In RA-treated NE cysts, expression of *FOXG1* (forebrain
378 marker), *OTX2* (forebrain / midbrain marker) and *HOXA2* (expressed in the r2 of the

379 hindbrain) was significantly downregulated (**Fig. S8B**). Expression of *GBX2*, a
380 midbrain / hindbrain marker (36), was not affected by RA treatment (**Fig. S8B**).
381 Expression of *HOXB4*, a cervical spinal cord marker, was significantly increased in
382 RA-treated NE cysts (**Fig. S8B**). The anterior border of *HOXB4* is at the r6/r7 boundary
383 of hindbrain (36). Thus, our qRT-PCR analysis suggested that RA-treated NE cysts had
384 a positional identity of the posterior hindbrain and the cervical spinal cord.

385

386 **Generation of motor neurons from neuroepithelial cysts**

387 After DV patterning of the NT, different progenitor domains of the NT will continue to
388 develop and specify region-specific neuronal subtypes in each domain. The OLIG2+
389 pMN domain will give rise to MNs. We thus sought to specify OLIG2+ pMN progenitor
390 cells in NE cysts into MNs. Our data in **Fig. 2D** showed an effective induction of
391 OLIG2+ pMN progenitor cells in NE cysts by supplementing RA and SAG from day 4
392 to day 9 (**Fig. 6A**). Indeed, at day 9, neuronal progenitor cells with characteristic
393 neuronal morphology and expression of neuronal markers β III-TUBULIN and MAP2
394 were evident in NE cysts (**Fig. 6B**). After continuous culture of NE cysts in neural
395 induction medium for another 9 days, by day 18, numerous neurites were evident
396 extending into the surrounding environment from the cyst basal surface as detected by
397 immunostaining for β III-TUBULIN and MAP2 (**Fig. 6B**). There were a few cells even
398 migrating out of NE cysts (**Fig. 6B**). NE cysts at day 18 contained a few cells expressing
399 ISLET1/2 (MN-associated transcription factor); however, no HB9+ cells were
400 detectable (HB9 is a MN-specific transcription factor), suggesting incomplete MN
401 specification.

402 We next added neurotrophic factors BDNF (brain-derived neurotrophic factor;
403 10 ng mL⁻¹), GDNF (glial-derived neurotrophic factor; 10 ng mL⁻¹), CNTF (ciliary
404 neurotrophic factor, 10 ng mL⁻¹), IGF-1 (insulin-like growth factor-1; 10 ng mL⁻¹),
405 cAMP (cyclic adenosine monophosphate; 1 μ M) and AA (ascorbic acid; 0.2 μ g mL⁻¹)
406 into neural induction medium from day 9 onwards (**Fig. 6C**). BDNF is a member of
407 neurotrophin family and is required for the differentiation and survival of specific
408 neuronal subpopulations (37). GDNF increases proliferation of MN progenitor cells
409 and promotes neuronal differentiation and survival (38). CNTF is important for the
410 survival of MNs (39), whereas IGF-1 promotes differentiation and survival of MNs
411 (40). When these growth factors are used together *in vitro*, they have been shown to be
412 effective in driving hPSC-derived neural progenitor cells into MNs (41). At day 18,
413 extensive MAP2+ and β III-TUBULIN+ neurites were evident extending from the cyst
414 basal surface, and there were ISLET1/2+ and HB9+ neuronal cells migrating out of NE
415 cysts (**Fig. 6D**). Importantly, there were ISLET1/2+HB9+ MNs clearly evident at the
416 cyst peripheral region (**Fig. 6D**), suggesting successful MN specification.

417 ISLET1/2+HB9+ MNs are derived from the pMN domain and localized at the
418 ventral part of the NT *in vivo*. To further examine whether ISLET1/2+HB9+ MNs
419 developed in patterned NE cysts were derived from the pMN domain, we applied RA
420 and SHH as DV patterning signals from day 4 to day 9 before neurotrophic factors were
421 implemented at day 12 (**Fig. 6E**). Excitingly, at day 25, about 17% of NE cysts

422 contained HB9+ and ISLET1/2+ MNs at the cyst basal region adjacent to the OLIG+
423 pMN domain (**Fig. 6F&G**), suggesting that HB9+ and ISLET1/2+ MNs were
424 developed from the pMN domain in NE cysts.

425

426 **DISCUSSION**

427 As the embryonic precursor to the CNS, the NT generates distinct classes of neuronal
428 progenitor cells located at defined positions within the NT through intricate patterning
429 events. Considerable progress has been made in determining the signaling activities and
430 genetic networks that control region-specific neuronal fate patterning in the NT (1, 2,
431 24). It is now appreciated that acquisition of a specific neuronal fate depends on the
432 position of precursor NE cells within the NT, which defines their exposure to inductive
433 morphogens that gradually constrain their developmental potential in each local domain.
434 Morphogens instructing DV patterning of the NT include WNTs, BMPs and SHH, with
435 WNT and BMP emanated from the dorsal ectoderm and roof plate favoring dorsal
436 identities and SHH emanated from the notochord inducing ventral identity (1, 2, 24).
437 In this work, we have established the neurogenic Gel-3D culture that promotes hPSCs
438 to self-organize into spherical, luminal NE cysts, mimicking the development of the
439 NT tissue *in vivo*. The intrinsic lumenogenic property of hPSCs prompt the cells to
440 undergo lumenogenesis in Gel-3D to form a central apical lumen (21) (**Fig. S2**). Under
441 the neural induction environment, hPSCs in the luminal cyst exit pluripotency and
442 progress long the neural lineage while continuing to divide (**Fig. S2**). By day 9, NE
443 cysts emerge in Gel-3D, featuring a single central lumen with correct apicobasal
444 polarity, displaying interkinetic nuclear migration and pseudostratification, and
445 expressing early neuroectodermal markers including PAX6, SOX2, SOX1, NESTIN
446 and N-CAD (**Fig. 1**). NE cysts at day 9 appear to correspond to an early stage of the
447 neural plate formation in the dorsal ectoderm germ layer. Our data show that both ECM
448 dimensionality and matrix rigidity are critical extracellular microenvironmental factors
449 for proper development of NE cysts from hESCs. In particular, a 3D culture
450 environment is required for the development of 3D cystic NE tissues enclosing a central
451 lumen (**Fig. 1C**). Consistent with previous studies on mouse NE tissues (12, 13), hESC-
452 derived NE cysts possess a default dorsal neural identity (**Fig. 2A&B**), supporting a
453 conserved default dorsal neural identity of the NT for vertebrates including humans.

454 NE cysts derived from hPSCs in Gel-3D are responsive to morphogen
455 stimulations (**Fig. 2C**), opening the door to modulating exogenous morphogen signals
456 for achieving region-specific neuronal fate patterning. Excitingly, under proper DV
457 patterning conditions, NE cells within luminal cysts differentiate into region-specific
458 progenitors in discrete local domains and achieve cell fate patterning along the DV axis
459 (**Fig. 3**). Importantly, progressive development of NE cysts features sequential
460 emergence of neural progenitor domains, with the ventral FP, P3 and pMN domains
461 emerging progressively in discrete, non-overlapping regions and the PAX3+ dorsal
462 territory progressively restricted to the opposite, prospective dorsal pole (**Fig. 4**). The
463 OLIG2+ pMN domain in DV patterned NE cysts can be further specified into
464 ISLET1/2+HB9+ MNs (**Fig. 6**).

465 In the Gel-3D culture, DV patterning of hESC-derived NE cysts appears to
466 initiate after removal of exogenous morphogen signals (**Fig. 4**). This observation may
467 be related to the hysteresis property of SHH signaling, in which intracellular SHH
468 signaling remains active after withdrawal of exogenous morphogens (42). Previous
469 studies using mouse NT explants suggest that the transcriptional network for ventral
470 patterning of the NT can produce hysteresis, providing NE cells in the NT with a
471 memory of SHH signaling even when extracellular signaling gradients recede (43). Our
472 data further suggest a role of intracellular SHH signaling in the ventralizing effect of
473 RA (**Fig. 5**). This observation is consistent with previous studies of the effect of RA on
474 NE tissues derived from mouse ESCs, which have shown induction of SHH by RA
475 administration and consequently expression of ventral NT markers (12). *In vivo*, both
476 the notochord and FP secrete RA (24), and it has been suspected that RA may act as a
477 permissive signal for SHH-mediated ventral patterning of the NT (12). Thus, it is likely
478 that supplementation of RA in our system promotes SHH signaling, which in turn
479 induces the specification of FOXA2+ FP progenitor cells.

480 It remains puzzling how global applications of exogenous morphogens lead to
481 the formation of a local FOXA2+ FP domain. Our temporal immunofluorescence data
482 suggest that at the initial phase of DV patterning, FOXA2+ FP progenitor cells emerge
483 in a scattered fashion at the basal surface of NE cysts. Soon thereafter, FOXA2
484 expression become restricted to a local, prospective FP region at the putative ventral
485 pole of NE cysts. This observation suggests a likely involvement of a self-enhancing
486 activator/inhibitor signaling system, leading to a single localized FP region formation.
487 This hypothesis remains to be validated in the future.

488 In this work, we have successfully derived DV patterned NT-like tissues from
489 hPSCs. Nonetheless, it remains a significant challenge (and thus a future goal) to obtain
490 NT-like tissues containing all progenitor domains along the DV axis. *In vivo*, DV
491 patterning of the NT involves multiple morphogen gradients emanated from
492 neighboring signaling centers located at different anatomical regions. Our current Gel-
493 3D system applies global administrations of exogenous morphogens. It remains a future
494 goal to integrate neural induction of hPSCs with advanced microfluidic systems to
495 introduce well defined, dynamic parallel and antiparallel morphogen gradients to
496 achieve full DV patterning of NT-like tissues. Our DV patterned NT development
497 model offers great opportunities for experimental control of key parameters and
498 quantitative measurements, providing a significantly advantageous experimental
499 platform for advancing our understanding of the emergent self-organizing principles
500 and patterning mechanisms that provide robustness and reliability to NT DV patterning,
501 a long-standing question in biology. Patterned NT-like tissues derived from hPSCs are
502 also useful for the development of stem-cell based regenerative therapies, disease
503 models and screening applications for diagnosis, prevention and treatment of
504 neurological disorders resulted from impairments of the development and growth of the
505 CNS system.

506

507 **MATERIALS AND METHODS**

508 **Cell culture.** hESC line H9 (WA09, WiCell; NIH registration number: 0062), H1
509 (WA01, WiCell; NIH registration number: 0043) and 1196a hiPSC line (from the
510 University of Michigan Pluripotent Stem Cell Core33) were cultured under a standard
511 feeder-free condition in mTeSR1 medium (STEMCELL Technologies) with daily
512 medium exchange. Cells were passaged every 5 d using dispase (STEMCELL
513 Technologies) and the STEMPRO EZPassage Disposable Stem Cell Passaging Tool
514 (Invitrogen). Cell pellets re-suspended in mTeSR1 were transferred onto a 6-well tissue
515 culture plate (BD Biosciences) pre-coated with 1% lactate dehydrogenase-elevating
516 virus (LDEV)-free hESC-qualified reduced growth factor basement membrane matrix
517 Geltrex™ (Thermo Fisher Scientific). All the cell lines used in this study had a passage
518 number < P70, and it was authenticated as karyotypically normal by Cell Line Genetics.
519 H9 hESC line was tested negative for mycoplasma contamination (LookOut
520 Mycoplasma PCR Detection Kit, Sigma-Aldrich).

521

522 **Fabrication of gel beds.** Geltrex™ gel bed was generated based on a “sandwich”
523 scheme developed recently for inducing amniogenesis from hPSCs (5). In brief, two
524 12-mm diameter round glass coverslips were treated with air plasma (Harrick Plasma)
525 for 2 min. One of the coverslips, which was to be coated with the gel bed, was soaked
526 in 0.1 mg mL⁻¹ poly-(L-lysine) (PLL) solution (Sigma-Aldrich) for 30 min and then in
527 1% glutaraldehyde solution (Electron Microscopy Sciences) for another 30 min. The
528 other coverslip was coated with 0.1 mg mL⁻¹ poly-(L-lysine)-graft-poly-(ethylene
529 glycol) (PLL-g-PEG; SuSoS) solution for 1 h. To obtain gel beds with nominal
530 thickness of 20, 60, and 100 μm, undiluted Geltrex (10, 30 and 50 μL, respectively) was
531 then sandwiched between the two coverslips on ice before being incubated at 37 °C for
532 30 min. The glass coverslip coated with the Geltrex gel bed was then gently separated
533 from the PLL-g-PEG coated coverslip, before being submerged in DMEM/F12 medium
534 (Thermo Fisher Scientific) and incubated at 37 °C overnight before plating cells at the
535 following day.

536

537 **Neural induction.** hESC colonies were first treated with Accutase (Sigma-Aldrich) for
538 10 min at 37 °C. Cells were rinsed briefly with PBS before being collected, centrifuged
539 and re-suspended in mTeSR1 containing the ROCK inhibitor Y27632 (10 μM, Tocris).
540 Singly dissociated hESCs were plated onto coverslips at an initial cell seeding density
541 of 50×10^3 cells cm⁻² and cultured overnight. For Gel-2D and Gel-3D cultures, the
542 coverslip was pre-coated with the Geltrex™ gel bed, whereas for Glass-2D and Glass-
543 3D conditions, glass coverslips were pre-coated with 1% Geltrex solution for 1 h at
544 room temperature. On the following day (day 1), culture medium was switched to fresh
545 N2B27-based neural induction medium (see below). For Gel-3D and Glass-3D
546 conditions, this neural induction medium contained 2% (v/v) Geltrex. Thereafter, fresh
547 neural induction medium with or without 2% (v/v) Geltrex supplement was exchanged
548 daily.

549 N2B27-based neural induction medium comprised Advance DMEM/F12
550 (Gibco) : Neurobasal medium (1 : 1; Gibco), 0.5× N2 (GIBCO), 0.5× B27 (GIBCO),

551 1× nonessential amino acids (GIBCO), 2 mM L-glutamine (GIBCO) and 0.1 mM b-
552 mercaptoethanol (Sigma). N2B27-based neural induction medium further contained
553 TGF-β pathway inhibitor SB431542 (SB, 10 μM; STEMCELL Technologies) and BMP
554 inhibitor LDN193189 (LDN, 0.1 μM; STEMCELL Technologies).

555 For dorsalization of neuroepithelial cysts, 3 μM CHIR99021 (CHIR;
556 STEMCELL Technologies) was supplemented into neural induction medium from day
557 4 to day 9. For ventralization of neuroepithelial cysts, all-trans retinoic acid (RA, 1 μM;
558 STEMCELL Technologies), recombinant human Sonic Hedgehog (SHH, 10 nM or 100
559 nM; PeproTech), and / or smoothened agonist (SAG, 1 μM; STEMCELL Technologies)
560 were supplemented into neural induction medium from day 4. For motor neuron
561 induction, the following chemicals were added to neural induction medium from day 9
562 or day 12: 10 ng mL⁻¹ brain-derived neurotrophic factor (BDNF; R&D systems), 10 ng
563 mL⁻¹ glial-derived neurotrophic factor (GDNF; PeproTech), 10 ng mL⁻¹ ciliary
564 neurotrophic factor (CNTF; PeproTech) 10 ng mL⁻¹ insulin-like growth factor-1 (IGF-
565 1; PeproTech), 1 μM cyclic adenosine monophosphate (cAMP; Sigma), and 0.2 μg mL⁻¹
566 ascorbic acid (Sigma).

567

568 **Immunocytochemistry.** Cystic tissues were fixed in 4% paraformaldehyde (PFA,
569 Electron Microscopy Sciences) at room temperature for 1 h before being permeabilized
570 with 0.1% sodium dodecyl sulfate (SDS, dissolved in PBS) solution at room
571 temperature for 3 h. Cysts were then blocked in 10% goat serum solution (Thermo
572 Fisher Scientific) or 4% donkey serum solution (Sigma) at 4 °C overnight.
573 Immunostaining was performed in primary antibody solutions prepared in blocking
574 buffer for 24 h at 4 °C. Cysts were then washed with PBS and incubated with goat- or
575 donkey-raised secondary antibodies at 4 °C for another 24 h. DAPI (Invitrogen) was
576 used for counterstaining cell nuclei. All primary antibodies, their sources and dilutions
577 are listed in **Supplementary Table 1**. For 5-ethynyl-20-deoxyuridine (EdU)
578 incorporation, neuroepithelial cysts at day 8 were incubated with EdU for 1 h and fixed
579 thereafter. EdU was detected using the Click-iT EdU Alexa Fluor 488 Imaging Kit
580 (Thermo Fisher Scientific).

581

582 **Quantitative real-time PCR (qRT-PCR) analysis.** Total RNA was isolated from
583 untreated hESCs or neuroepithelial cysts using the RNeasy Micro Kit (QIAGEN). RNA
584 quality and concentration were detected using the NanoDrop 1000 spectrophotometer
585 (Thermo Scientific). RNA was reverse transcribed with the iScript cDNA synthesis Kit
586 (Bio-Rad). qRT-PCR was performed with Quantitect Sybr Green MasterMix (QIAGEN)
587 and gene specific primers on the CFX Connect Real-Time System (Bio-Rad). Human
588 GAPDH was used as an endogenous control for quantifying relative gene expression
589 by calculating $2^{-\Delta\Delta Ct}$ with the corresponding s.e.m. All analyses were performed with
590 at least three biological replicates. Primers used in this work are listed in
591 **Supplementary Table 2**.

592

593 **Confocal microscopy and image analysis.** Images were recorded using an Olympus
594 1×81 fluorescence microscope with a CSU-X1 spinning-disc unit (YOKOGAWA). 3D
595 reconstructed cyst images were obtained using ImageJ (NIH).

596

597 **Western blotting.** Whole-cell lysates were extracted from cells before being
598 homogenized by sonication. SDS-polyacrylamide gel electrophoresis (SDS-PAGE)
599 was employed for separation of proteins, which were then transferred onto PVDF
600 membranes. PVDF membranes were incubated with blocking buffer (Li-Cor) for 3 h
601 and then with primary antibodies (**Supplementary Table 1**) overnight at 4 °C. Blots
602 were incubated with IRDye secondary antibodies (Li-Cor) for 3 h at room temperature.
603 Protein expression was detected by the Li-Cor Odyssey Sa Infrared Imaging System
604 (Li-Cor).

605

606 **Statistical analysis.** All data are shown as the mean ± s.e.m. Statistical analysis on the
607 qRT-PCR data was performed using two-side unpaired student *t*-tests in Excel
608 (Microsoft). *P* < 0.05 was considered statistically significant

609

610 **ACKNOWLEDGEMENT**

611 This work was supported by the University of Michigan Mechanical Engineering
612 Faculty Support Fund (J.F.), the Michigan-Cambridge Research Initiative (J.F.), and the
613 University of Michigan Mcubed Fund (J.F.). A. M. Resto Irizarry is partially
614 supported by the National Science Foundation Graduate Research Fellowship under
615 Grant No. DGE 1256260.

616

617 **COMPETING INTERESTS**

618 The authors declare that they have no competing interests.

619

620 **AUTHOR CONTRIBUTIONS**

621 Y.Z. (Yuanyuan Zheng), G.Z. and J.F. conceived and initiated the project; Y.Z.
622 (Yuanyuan Zheng) and X.X. designed, performed and analyzed most of experiments;
623 A.M.R.I., Z.L., Y.S. and Y.Z. (Yi Zheng) helped design and perform experiments and
624 image and data analyses; Y.Z. (Yuanyuan Zheng), X.X., G.Z. and J.F. wrote the
625 manuscript; G.Z. and J.F. supervised the study. All authors edited and approved the
626 manuscript.

627

628 **DATA AND MATERIALS AVAILABILITY**

629 All data needed to evaluate the conclusions in the paper are present in the paper and/or
630 the Supplementary Materials. Additional data related to this paper may be requested

631 from the authors.

632

633 **SUPPLEMENTARY MATERIALS**

634 Figures: S1-S8

635 Tables: Table 1 and Table 2

636

637

638 **REFERENCES**

- 639 1. T. M. Jessell, Neuronal specification in the spinal cord: Inductive signals and
640 transcriptional codes. *Nature Reviews Genetics* **1**, 20-29 (2000).
- 641 2. J. Briscoe, S. Small, Morphogen rules: Design principles of gradient-mediated
642 embryo patterning. *Development* **142**, 3996-4009 (2015).
- 643 3. D. M. Juriloff, M. J. Harris, Mouse models for neural tube closure defects. *Hum*
644 *Mol Genet* **9**, 993-1000 (2000).
- 645 4. A. Warmflash, B. Sorre, F. Etoc, E. D. Siggia, A. H. Brivanlou, A method to
646 recapitulate early embryonic spatial patterning in human embryonic stem cells.
647 *Nature Methods* **11**, 847-854 (2014).
- 648 5. Y. Shao *et al.*, A pluripotent stem cell-based model for post-implantation human
649 amniotic sac development. *Nature Communications* **8**, 208 (2017).
- 650 6. X. Xue *et al.*, Mechanics-guided embryonic patterning of neuroectoderm tissue
651 from human pluripotent stem cells. *Nature Materials* **17**, 633-641 (2018).
- 652 7. T. Haremake *et al.*, Self-organizing neuruloids model developmental aspects of
653 Huntington's disease in the ectodermal compartment. *Nature Biotechnology* **37**,
654 1198-1208 (2019).
- 655 8. M. Simunovic *et al.*, A 3D model of a human epiblast reveals BMP4-driven
656 symmetry breaking. *Nature Cell Biology* **21**, 900-910 (2019).
- 657 9. Y. Zheng *et al.*, Controlled modelling of human epiblast and amnion
658 development using stem cells. *Nature* **573**, 421-425 (2019).
- 659 10. P. Itsykson *et al.*, Derivation of neural precursors from human embryonic stem
660 cells in the presence of noggin. *Mol Cell Neurosci* **30**, 24-36 (2005).
- 661 11. M. A. Lancaster *et al.*, Cerebral organoids model human brain development and
662 microcephaly. *Nature* **501**, 373-379 (2013).
- 663 12. A. Meinhardt *et al.*, 3D reconstitution of the patterned neural tube from
664 embryonic stem cells. *Stem Cell Rep* **3**, 987-999 (2014).
- 665 13. A. Ranga *et al.*, Neural tube morphogenesis in synthetic 3D microenvironments.
666 *Proc Natl Acad Sci U S A* **113**, E6831-E6839 (2016).
- 667 14. T. Ogura, H. Sakaguchi, S. Miyamoto, J. Takahashi, Three-dimensional
668 induction of dorsal, intermediate and ventral spinal cord tissues from human
669 pluripotent stem cells. *Development* **145**, dev162214 (2018).
- 670 15. J. T. Paridaen, W. B. Huttner, Neurogenesis during development of the
671 vertebrate central nervous system. *EMBO Rep* **15**, 351-364 (2014).
- 672 16. Y. Sun *et al.*, Hippo/YAP-mediated rigidity-dependent motor neuron
673 differentiation of human pluripotent stem cells. *Nat Mater* **13**, 599-604 (2014).
- 674 17. S. M. Chambers *et al.*, Highly efficient neural conversion of human ES and iPS
675 cells by dual inhibition of SMAD signaling. *Nature Biotechnology* **27**, 275-280
676 (2009).
- 677 18. Y. Shao *et al.*, Self-organized amniogenesis by human pluripotent stem cells in
678 a biomimetic implantation-like niche. *Nature Materials* **16**, 419-425 (2017).
- 679 19. M. T. Pankratz *et al.*, Directed neural differentiation of human embryonic stem
680 cells via an obligated primitive anterior stage. *Stem Cells* **25**, 1511-1520 (2007).
- 681 20. X. Q. Zhang *et al.*, Pax6 is a human neuroectoderm cell fate determinant. *Cell*

- 682 *Stem Cell* **7**, 90-100 (2010).
- 683 21. K. Taniguchi *et al.*, Lumen formation is an intrinsic property of isolated human
684 pluripotent stem cells. *Stem Cell Rep* **5**, 954-962 (2015).
- 685 22. K. F. Liem, G. Tremml, H. Roelink, T. M. Jessell, Dorsal differentiation of
686 neural plate cells induced by BMP-mediated signals from epidermal ectoderm.
687 *Cell* **82**, 969-979 (1995).
- 688 23. J. Taylor *et al.*, Stem cells expanded from the human embryonic hindbrain stably
689 retain regional specification and high neurogenic potency. *J Neurosci* **33**,
690 12407-12422 (2013).
- 691 24. C. Kiecker, A. Lumsden, The role of organizers in patterning the nervous system.
692 *Annu Rev Neurosci* **35**, 347-367 (2012).
- 693 25. R. Alvarez-Medina, J. Cayuso, T. Okubo, S. Takada, E. Marti, Wnt canonical
694 pathway restricts graded Shh/Gli patterning activity through the regulation of
695 Gli3 expression. *Development* **135**, 237-247 (2008).
- 696 26. K. Yu, S. McGlynn, M. P. Matise, Floor plate-derived sonic hedgehog regulates
697 glial and ependymal cell fates in the developing spinal cord. *Development* **140**,
698 1594-1604 (2013).
- 699 27. X. J. Li *et al.*, Directed differentiation of ventral spinal progenitors and motor
700 neurons from human embryonic stem cells by small molecules. *Stem Cells* **26**,
701 886-893 (2008).
- 702 28. M. E. Hester *et al.*, Rapid and efficient generation of functional motor neurons
703 from human pluripotent stem cells using gene delivered transcription factor
704 codes. *Mol Ther* **19**, 1905-1912 (2011).
- 705 29. H. W. M. Van Straaten, J. W. M. Hekking, E. J. L. M. Wiertzhossels, F. Thors,
706 J. Drukker, Effect of the notochord on the differentiation of a floor plate area in
707 the neural-tube of the chick-embryo. *Anat Embryol* **177**, 317-324 (1988).
- 708 30. E. Dessaud, A. P. McMahon, J. Briscoe, Pattern formation in the vertebrate
709 neural tube: a sonic hedgehog morphogen-regulated transcriptional network.
710 *Development* **135**, 2489-2503 (2008).
- 711 31. J. Briscoe, A. Pierani, T. M. Jessell, J. Ericson, A homeodomain protein code
712 specifies progenitor cell identity and neuronal fate in the ventral neural tube.
713 *Cell* **101**, 435-445 (2000).
- 714 32. G. Le Dreau, E. Marti, Dorsal-ventral patterning of the neural tube: a tale of
715 three signals. *Dev Neurobiol* **72**, 1471-1481 (2012).
- 716 33. Y. Okada, T. Shimazaki, G. Sobue, H. Okano, Retinoic-acid-concentration-
717 dependent acquisition of neural cell identity during in vitro differentiation of
718 mouse embryonic stem cells. *Dev Biol* **275**, 124-142 (2004).
- 719 34. B. Surmacz *et al.*, Directing differentiation of human embryonic stem cells
720 toward anterior neural ectoderm using small molecules. *Stem Cells* **30**, 1875-
721 1884 (2012).
- 722 35. M. Maden, Retinoids and spinal cord development. *J Neurobiol* **66**, 726-738
723 (2006).
- 724 36. C. Nolte, R. Krumlauf, in *HOX gene expression*. (Springer, 2007), pp. 14-41.
- 725 37. I. Faravelli *et al.*, Motor neuron derivation from human embryonic and induced

- 726 pluripotent stem cells: experimental approaches and clinical perspectives. *Stem*
727 *Cell Res Ther* **5**, 87 (2014).
- 728 38. L. Minichiello, R. Klein, TrkB and TrkC neurotrophin receptors cooperate in
729 promoting survival of hippocampal and cerebellar granule neurons. *Gene Dev*
730 **10**, 2849-2858 (1996).
- 731 39. S. Schaller *et al.*, Novel combinatorial screening identifies neurotrophic factors
732 for selective classes of motor neurons. *Proceedings of the National Academy of*
733 *Sciences* **114**, E2486-E2493 (2017).
- 734 40. C. Bardy *et al.*, Neuronal medium that supports basic synaptic functions and
735 activity of human neurons in vitro. *P Natl Acad Sci USA* **112**, E3312-E3312
736 (2015).
- 737 41. D. Cortes *et al.*, Transgenic GDNF positively influences proliferation,
738 differentiation, maturation and survival of motor neurons produced from mouse
739 embryonic stem cells. *Front Cell Neurosci* **10**, 217 (2016).
- 740 42. B. D. Harfe *et al.*, Evidence for an expansion-based temporal Shh gradient in
741 specifying vertebrate digit identities. *Cell* **118**, 517-528 (2004).
- 742 43. N. Balaskas *et al.*, Gene regulatory logic for reading the Sonic Hedgehog
743 signaling gradient in the vertebrate neural tube. *Cell* **148**, 273-284 (2012).
- 744
- 745

746 **FIGURE LEGENDS**

747 **Figure 1. hESCs form neuroepithelial (NE) cysts in an engineered 3D neurogenic**
748 **niche. (A&B)** Schematic of neural induction in a 3D *in vitro* culture system comprising
749 a gel bed and an ECM overlay (Gel-3D). For comparison, culture systems were
750 generated without gel bed but with ECM overlay (Glass-3D), or with gel bed but
751 without ECM overlay (Gel-2D), or without either gel bed or ECM overlay (Glass-2D).
752 (C) Representative confocal micrographs showing multicellular structures at day 8
753 under different culture conditions as indicated stained for PAX6 and N-CAD. DAPI
754 counterstained nuclei. (D) Representative cystic tissues in Gel-3D at day 8 stained for
755 PAX6, NESTIN, SOX2, N-CAD, SOX17, BRACHYURY, CDX2 and EOMES as
756 indicated. DAPI counterstained nuclei. (E) Representative cystic tissues in Gel-3D at
757 day 13 stained for ZO-1 and SOX1 as indicated. DAPI counterstained nuclei. (F)
758 Representative cystic tissues in Gel-3D at day 8 stained for EdU and phospho-histone
759 H3 (pH3) as indicated. DAPI counterstained nuclei. $n = 3$ independent experiments.
760 Scale bars in C-F, 50 μm .

761

762 **Figure 2. Dorsalization and ventralization of neuroepithelial (NE) cysts in Gel-3D.**
763 (A) NE cysts obtained at day 9 and day 18 under neural induction condition as indicated.
764 Bright field images show representative cyst morphologies. (B) Representative
765 confocal micrographs show NE cysts obtained at day 9 and day 18 stained for PAX3,
766 PAX6, MSX1, FOXA2, OLIG2 and NKX2.2 as indicated. DAPI counterstained nuclei.
767 (C) Dorsalization with CHIR99021 (CHIR) and ventralization with smoothened
768 agonist (SAG), or retinoic acid (RA) and SAG, or RA, SAG and sonic hedgehog (SHH),
769 from day 4 to day 9. Bright field images show representative NE cyst morphologies at
770 day 9. (D) Representative confocal micrographs showing cysts at day 9 stained for
771 PAX3, PAX6, MSX1, FOXA2, OLIG2 and NKX2.2 as indicated. DAPI counterstained
772 nuclei. $n = 3$ independent experiments. Scale bars in A & C, 200 μm . Scale bars in B &
773 D, 50 μm .

774

775 **Figure 3. Self-organized, emergent dorsal-ventral (DV) patterning of**
776 **neuroepithelial (NE) cysts in Gel-3D. (A)** Schematic of patterning of NE cysts with
777 RA and SAG or RA and SHH from day 4 to day 9. (B&C) Representative confocal
778 micrographs showing RA/SAG-treated NE cysts at day 18 stained for dorsal and ventral
779 markers as indicated (B). C plots percentages of different patterned cysts. (D-F)
780 Representative confocal micrographs showing RA/SHH-treated NE cysts at day 18
781 stained for dorsal and ventral markers as indicated (D: SHH, 10 nM; E: SHH, 100 nM).
782 F plots percentages of different patterned cysts under indicated conditions. Data in C&F
783 represent the mean \pm s.e.m. A total of 150 cysts was pooled from $n = 3$ independent
784 experiments under both RA/SAG and RA/SHH conditions. Scale bars in B, D & E, 50
785 μm .

786

787 **Figure 4. Dynamics of dorsal-ventral patterning of neuroepithelial cysts in Gel-3D.**

788 (A) Representative confocal micrographs showing cysts stained for PAX3 and OLIG2
789 at different days as indicated. (B) Pie charts showing percentages of different types of
790 cysts at different days as indicated. Cysts were grouped into 5 categories as indicated
791 (PAX3+OLIG2-, PAX3-OLIG2-, PAX3+OLIG2+ patterned, PAX3+OLIG2+
792 unpatterned, PAX3-OLIG2+). (C) Representative confocal micrographs showing cysts
793 stained for NKX2.2 and FOXA2 at different days as indicated. (D) Pie charts showing
794 percentages of different types of cysts at different days as indicated. Cysts were grouped
795 into 5 categories as indicated (NKX2.2-FOXA2+, NKX2.2-FOXA2-,
796 NKX2.2+FOXA2+ patterned, NKX2.2+FOXA2+ unpatterned, NKX2.2+FOXA2-).
797 Data in B & D represent the mean. A total of 150 cysts was counted from $n = 3$
798 independent experiments at each time point. Scale bars in A & C, 50 μm .

799

800 **Figure 5. Independent effects of RA and SHH on patterning of neuroepithelial (NE)**
801 **cysts in Gel-3D.** (A) Effect of RA stimulation (1 μM or 0.1 μM) alone from day 4 to
802 day 9. Representative confocal micrographs show cysts at day 18 stained for dorsal and
803 ventral markers as indicated. (B) Percentages of different patterned cysts as a function
804 of RA dose. Data represent the mean \pm s.e.m. A total of 150 cysts was counted from n
805 = 3 independent experiments at each RA dose. (C) Effect of RA stimulation (1 μM or
806 0.1 μM) alone from day 4 to day 18. Representative confocal micrographs show cysts
807 at day 18 stained for dorsal and ventral markers as indicated. (D) Percentages of
808 different patterned cysts as a function of RA dose. Data represent the mean \pm s.e.m. 50
809 cysts were counted from each independent experiment. $n = 3$ independent experiments
810 at each RA dose. (E) Effect of SHH stimulation alone from day 4 to day 9.
811 Representative confocal micrographs show cysts at day 18 stained for dorsal and ventral
812 markers as indicated. (F) Effect of inhibition of SHH signaling with cyclopamine from
813 day 4 to day 9. Representative confocal micrographs show cysts at day 18 stained for
814 dorsal and ventral markers as indicated. (G) qRT-PCR analysis of *PAX3*, *OLIG2*,
815 *NKX2.2*, *FOXA2* and *SHH* expression for cysts at day 18 with or without cyclopamine
816 treatment. Data are normalized against GAPDH and represent the mean \pm s.e.m. $n = 3$
817 independent experiments. P -values were calculated using unpaired, two-tailed student's
818 t -test. *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$. Scale bars in A, C, D & E, 50 μm .

819

820 **Figure 6. Induction of spinal motor neurons (MNs) from neuroepithelial (NE) cysts**
821 **in Gel-3D.** (A&B) Induction of spinal MNs with RA and SAG supplemented from day
822 4 to day 9. Representative confocal micrographs in B show cysts at day 9 and day 18
823 stained for β III-TUBULIN, MAP2, ISLET1/2 and HB9 as indicated. DAPI
824 counterstained nuclei. (C&D) Induction of spinal MNs with RA and SAG
825 supplemented from day 4 to day 9 and neurotrophic factors brain-derived neurotrophic
826 factor (BDNF), glial-derived neurotrophic factor (GDNF), ciliary neurotrophic factor
827 (CNTF), insulin-like growth factor-1 (IGF-1), cyclic adenosine monophosphate (cAMP)
828 and ascorbic acid (AA) supplemented from day 9 to day 18. Representative confocal
829 micrographs in D show cysts at day 18 stained for ISLET1/2, MAP2, HB9 and β III-
830 TUBULIN as indicated. DAPI counterstained nuclei. The zoomed-in image shows a

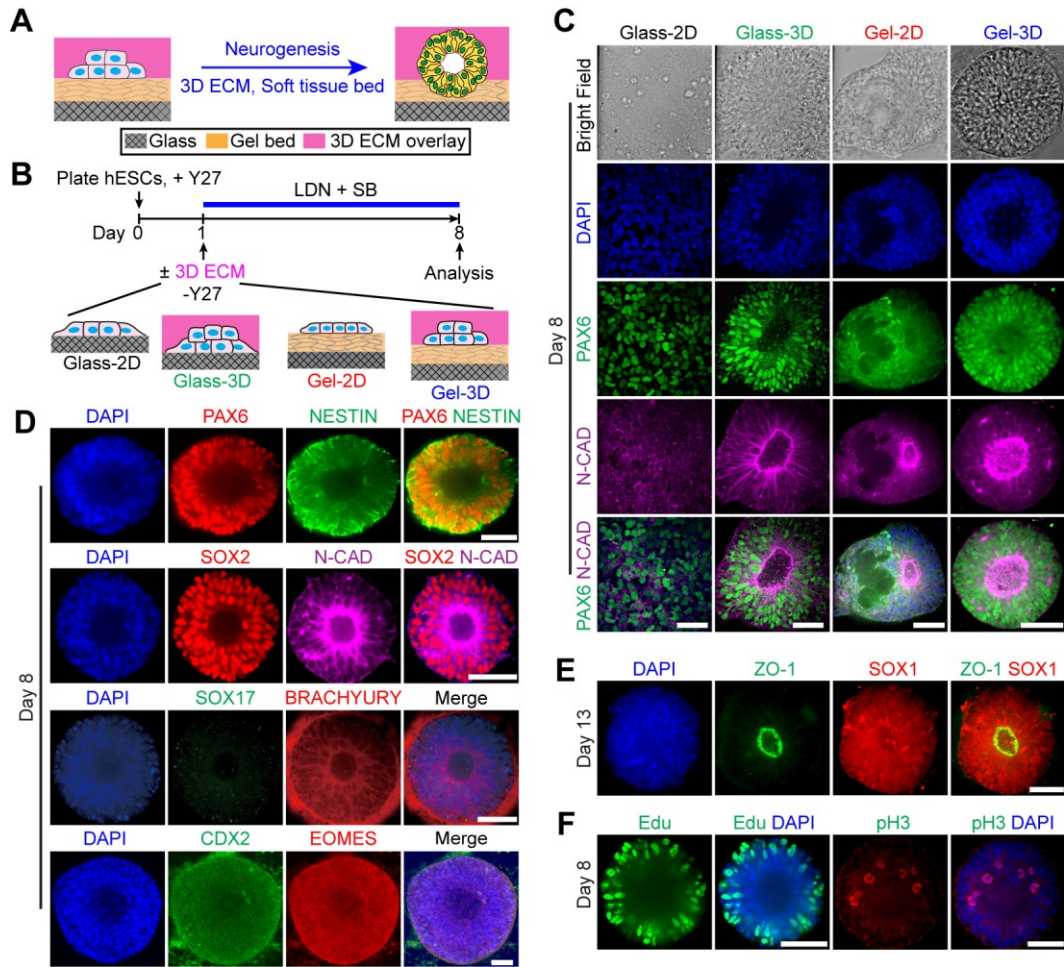
831 magnified view of the area highlighted by the white square. **(E&F)** Induction of spinal
832 MNs with RA and SHH supplemented from day 4 to day 9 and neurotrophic factors
833 from day 12 to day 25. Representative confocal micrographs in F show cysts at day 25
834 stained for FOXA2, OLIG2, HB8 and ISLET1/2. **(G)** Percentage of different patterned
835 cysts. Data represent the mean \pm s.e.m. $n_{\text{cyst}} = 126$ and 134 for HB9 staining and
836 ISLET1/2 staining, respectively. $n = 3$ independent experiments. Scale bars in B, D &
837 F, 50 μm .

838

839

840 FIGURES AND LEGENDS

841 Figure 1

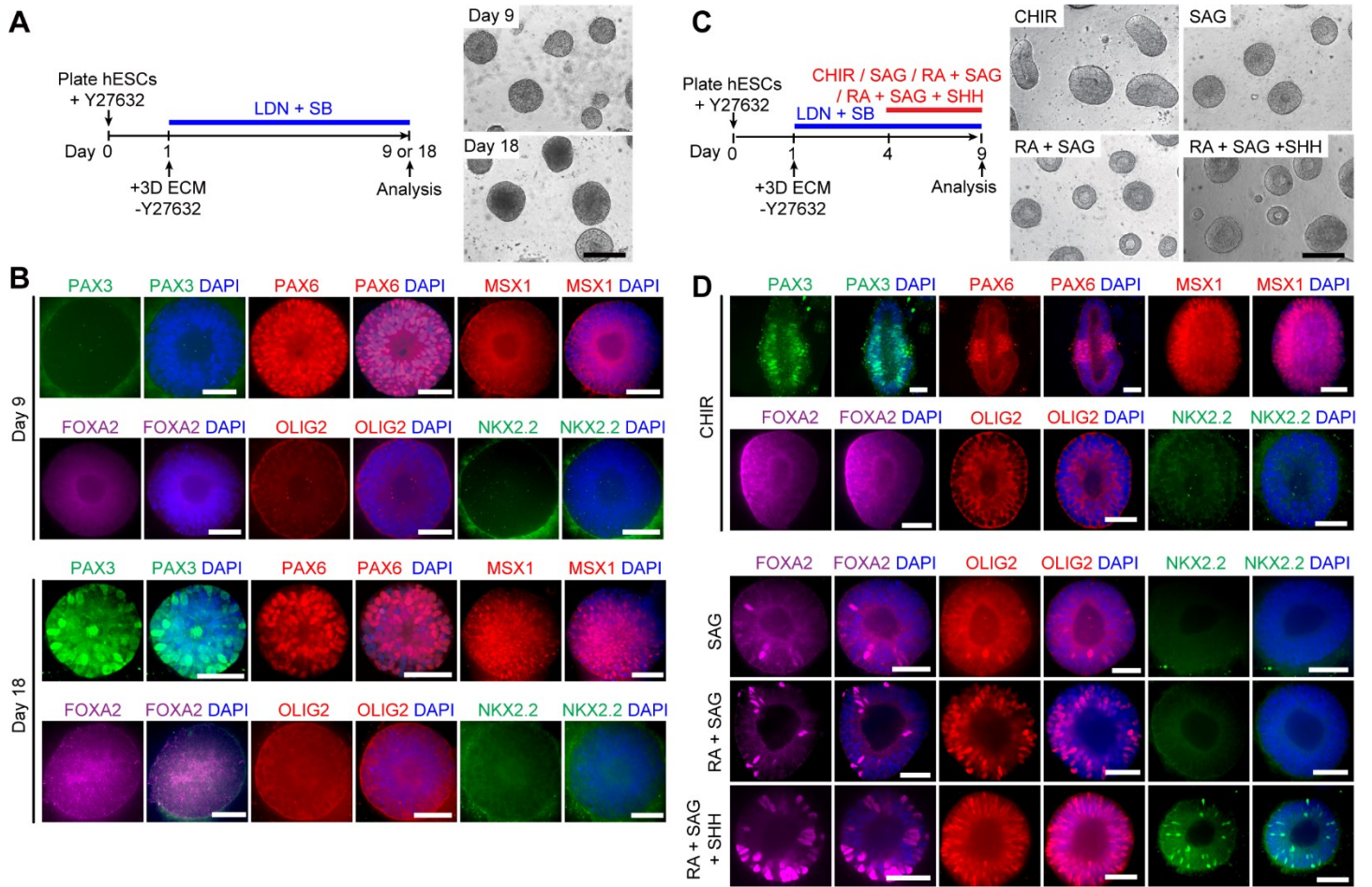


842

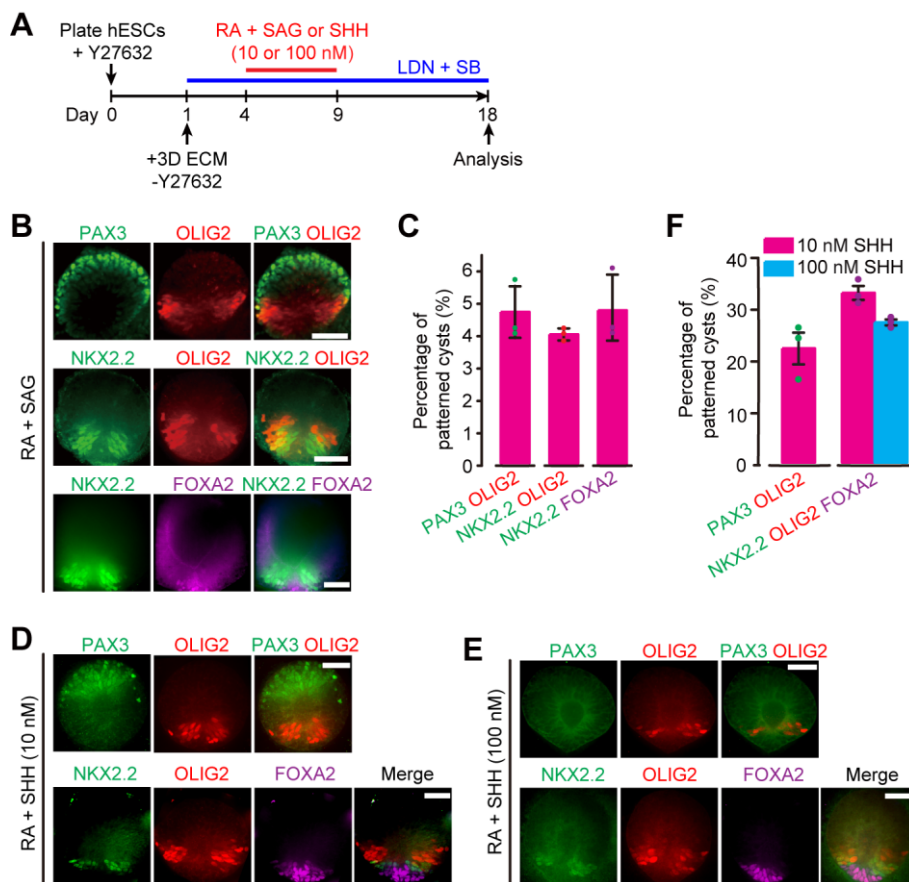
843

844

845



849 **Figure 3**

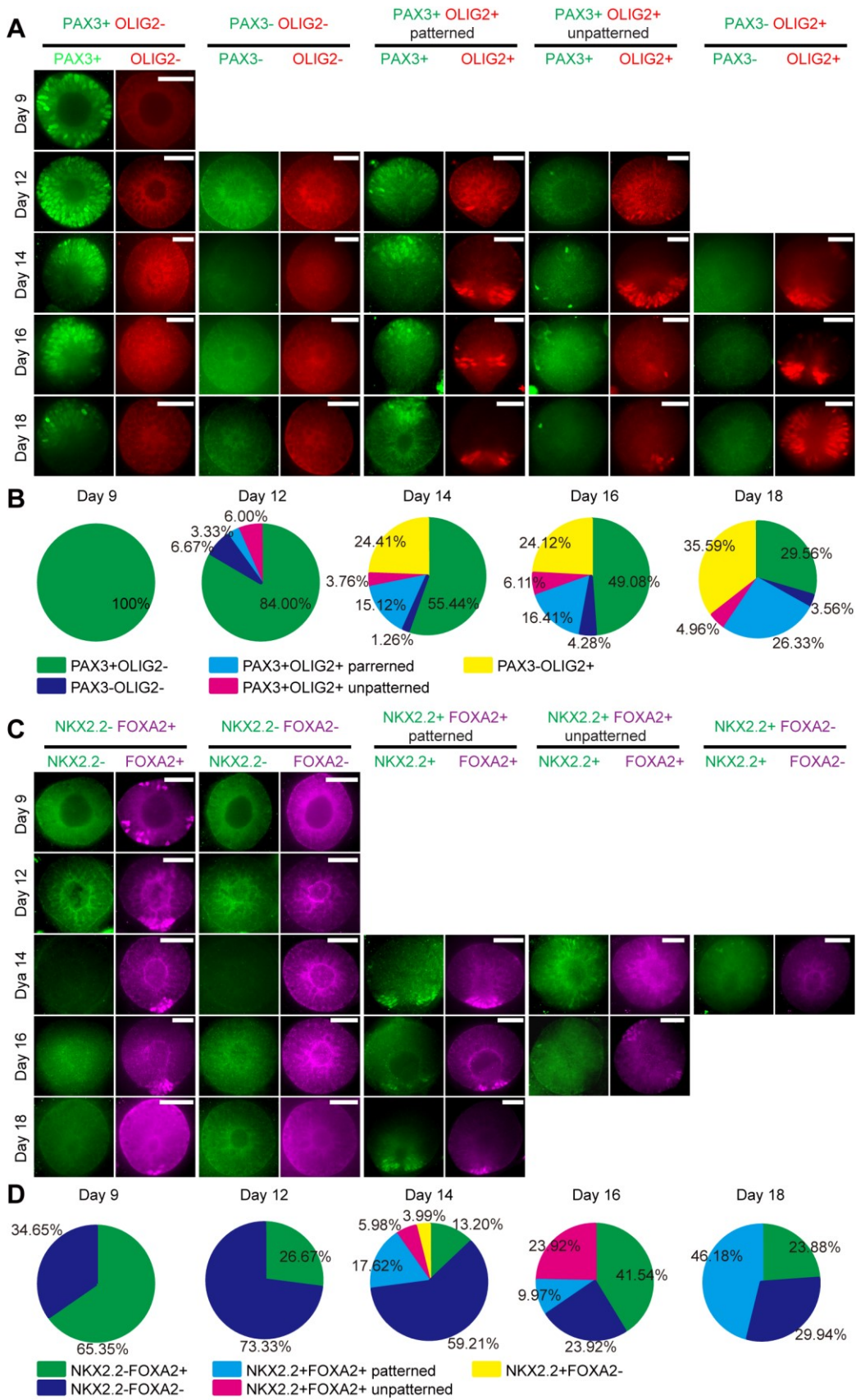


850

851

852

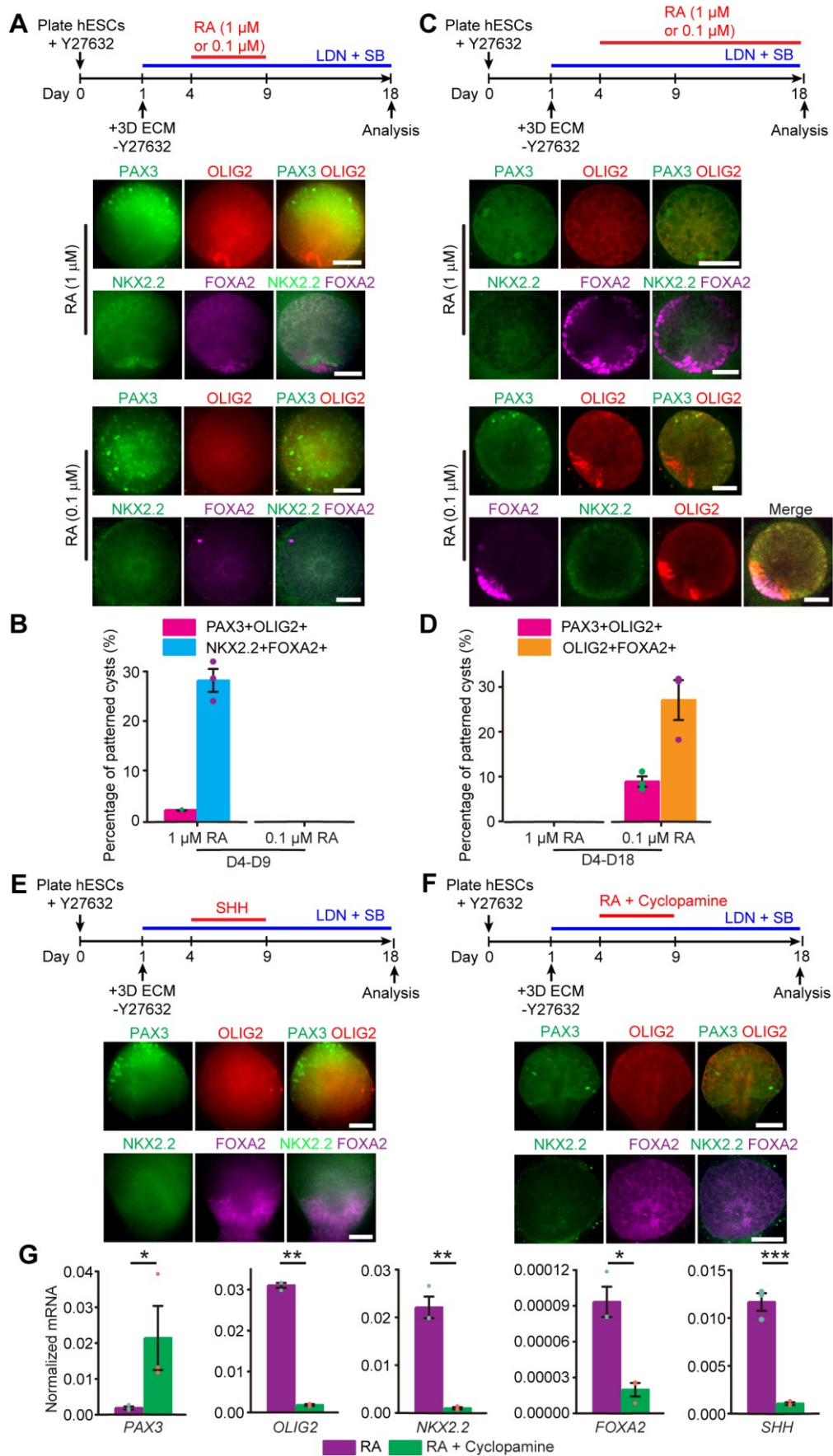
853 **Figure 4**



854

855

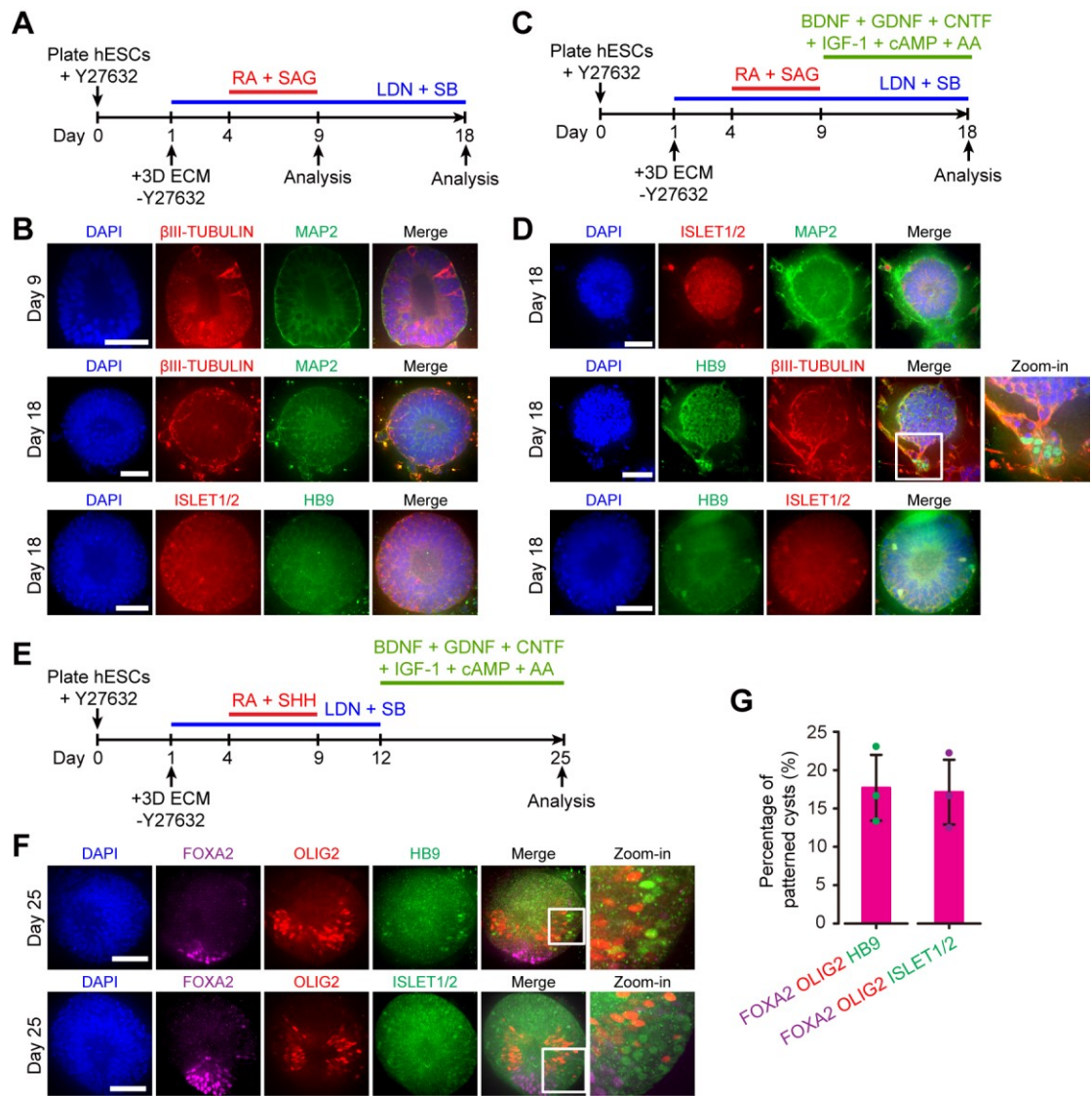
856



858

859

860 **Figure 6**



861

862

863