The majority of 3D-printed biodegradable biomaterials are brittle, limiting their application to compliant tissues. Poly(glycerol sebacate) acrylate (PGSA) is a synthetic biocompatible elastomer and compatible with light-based 3D printing. In this article, digital-light-processing (DLP)-based 3D printing is employed to create a complex PGSA network structure. Nature-inspired double network (DN) structures consisting of interconnected segments with different mechanical properties are printed from the same material in a single shot. Such capability has not been demonstrated by any other fabrication techniques so far. The biocompatibility of PGSA is confirmed via cell-viability analysis. Furthermore, a finite-element analysis (FEA) model is used to predict the failure of the DN structure under uniaxial tension. FEA confirms that the DN structure absorbs 100% more energy before rupture by using the soft segments as sacrificial elements while the hard segments retain structural integrity. Using the FEA-informed design, a new DN structure is printed and tensile test results agree with the simulation. This article demonstrates how geometrically-optimized material design can be easily and rapidly constructed by DLP-based 3D printing, where well-defined patterns of different stiffnesses can be simultaneously formed using the same elastic biomaterial, and overall mechanical properties can be specifically optimized for different biomedical applications.

1. Introduction

Synthetically derived biomaterials are often used for biomedical applications as they can be consistently produced and allow for control over mechanical properties, degradation rate, and functionalization. Furthermore, synthetically derived biomaterials can be easily adapted for advanced manufacturing processes to form structures with complex geometry. Nonetheless, the majority of these biomaterials, such as polyethylene glycol diacrylate (PEGDA), do not have mechanical properties that appropriately mimic their intended tissue environment. Clinically used synthetic biomaterials tend to be either too brittle or too soft, limiting their use in more compliant tissues such as skin, vasculature, muscle, and nerve. Tough and elastic biomaterials would allow for the development of scaffolds and devices with mechanical properties similar to tissues like skeletal muscle, which routinely goes through cycles of lengthening and shortening, has a specific tension between 125 and 250 kPa, and undergoes strains up to 40%. Poly(glycerol sebacate) (PGS) has emerged as a tough biomaterial as well as a biodegradable elastomer. PGS has been used for sutures, cardiac patches, and biosensors. However, fabricating complex structures from PGS is still challenging due to its high viscosity and glass transition temperature. Therefore, most applications incorporating PGS are limited to molding and electrospinning fabrication techniques, which limits their structural complexity for applications such as tissue engineering, where patient-specific designs are of particular importance.

To increase the toughness of polymeric biomaterials, intensive studies have been recently conducted to integrate multiple materials with varying mechanical properties into one, which...
are known as double network (DN) polymers.\textsuperscript{[13–16]} Inspired by natural silks, one network in the DN system is often soft and stretchable, and the other network is stiff and brittle.\textsuperscript{[17,18]} As the DN structure is stretched, the softer network serves as a sacrificial material to dissipate energy while the harder network maintains the shape of the structure. Thus, the overall toughness of the network could be increased without additional material or increasing material density. Molecular-scale DN was conventionally made by interpenetrating polymer networks (IPNs), which consists of a blend of monomers with different functional groups. These monomers were then polymerized by different mechanisms, forming a network cross-linked by different types of bonds (i.e., ionic and covalent).\textsuperscript{[19]} However, such polymers require high homogeneity of the monomer as well as precisely controlled reaction conditions to achieve uniform polymerization.\textsuperscript{[19]} Any defects due to heterogeneity of the monomer blending will introduce stress concentration, which will greatly affect the mechanical performance of the overall structure.\textsuperscript{[16,20,21]} Inspired by IPNs, elastic structures could potentially consist of only one material if its mechanical properties could be altered by the fabrication method. Additionally, these distinct mechanical properties could be allocated at specific regions of the structure during fabrication, thus creating a DN possessing larger intrinsic length scales. However, fabricating a structure consisting of a single biomaterial with different material properties has not been accomplished.

3D printing has emerged as a powerful technology to fabricate complex structures. Specifically, digital-light-processing (DLP)-based 3D printing can be used to cross-link photopolymerizable polymers into arbitrary, complex shapes with microscale resolution in mere seconds. Due to the scanningless and continuous nature of DLP printing, the lack of artificial interfaces between fabricated structures enhances mechanical integrity of the overall structure. We have previously demonstrated the ability to print complex structures out of PEGDA with our DLP-based printing technology.\textsuperscript{[22–30]} Furthermore, the mechanical properties of a 3D-printed structure can be digitally controlled by assigning different exposure conditions at distinct locations, resulting in a single continuous structure with multiple material properties.\textsuperscript{[31]} Thus, a DN structure from a single material could be potentially fabricated using DLP-based 3D printing. Recently, Nijst et al. developed a technique to modify PGS with photo-cross-linkable acrylate (PGSA) groups, which theoretically makes PGSA compatible with DLP-based 3D printing (Figure 1).\textsuperscript{[32]} Therefore, the first goal of this study was to adapt PGSA to be compatible with DLP-based 3D printing. Finite-element analysis (FEA) was utilized to understand potential failure mechanisms of network structures and optimize the 3D printing parameters such as the network aspect ratio and stiffness ratio, in order to increase the network toughness while maintaining low mass density. Finally, single network (SN) and DN structures informed by the FEA results were 3D printed, and tensile testing of these structures confirmed that FEA predicted twofold increase in toughness of the DN structure over the SN.

2. Results and Discussion

2.1. Synthesis of PGSA

The successful synthesis of PGS and PGSA (Figure 1) was confirmed by \textsuperscript{1}H NMR (Figure S1, Supporting Information).
conversion rate of PGS synthesis was calculated to be 90% by weight change. The substitution by the acrylation group was confirmed by the chemical shifts at $\delta = 6.4, 6.15,$ and 5.85 ppm. The acrylation ratio was calculated as the ratio between the average of acrylation groups and the methyl groups on the PGS backbone with chemical shifts at $\delta = 2.4$ ppm. Our protocol yielded PGSA with an acrylation ratio of 40%.

2.2. 3D Printing of PGSA

Our 3D printing system has demonstrated high precision and fidelity in fabricating structures with micrometer-scale features using various biomaterials including polyurethane, polycarbonate, and naturally derived hydrogels.[31,33] This 3D printing system can fabricate structures with 3.17 $\mu$m resolution, at a printing speed of 10 mm s$^{-1}$. The maximum printable area and volume varies depending on the desired structure’s dimensions by changing a lens module. In this study, structures with fine features under 100 $\mu$m with a volume under 1 mL as well as structures with a volume above 10 mL were printed. As a proof of concept for 3D printing PGSA, a six-layered log pile structure with 75 $\mu$m diameter rods perpendicular to each other between each layer was printed and examined by scanning electron microscopy (SEM) (Figure 2). The structure sufficiently recapitulated the 3D geometry of the log pile design, including features such as the smooth surfaces and layered structure. In terms of scalability, the same DLP-based 3D printer can print larger structures, such as the network structure (4.32 cm $\times$ 1.78 cm $\times$ 0.1 cm) in this study. Moreover, this printer can be used to print a structure with regional differences in mechanical properties by allocating explicit exposure times at specific locations. By using different light exposure times, we fabricated a network with stiff, strong skeletons to retain gross shape of the structure and diagonal elastic beams to absorb tensile energy. Furthermore, the DN structure has a smooth surface, which limits potential stress concentration in the structure (Figure 2).

2.3. Mechanical Properties of PGSA/PEGDA Resin

PGSA and PEGDA resins were used to make a molecular-scale double network where the main component PGSA enhances the elasticity, while the PEGDA enhances the mechanical strength of the final structure. Our previous work has demonstrated printing of PEGDA with high resolution and strength.[22] Thus, PEGDA is chosen as an additional cross-linker to improve the mechanical strength as well as printing speed and resolution. To investigate how varying the concentration of PGSA and PEGDA in a polymer affected gross material properties of the resin, samples were prepared with PEGDA cross-linker concentrations of 1% (LoResin), 5% (MeResin), and 10% (HiResin). Each resin was printed into modified ASTM type IV tensile bars and tested following ASTM standards.[34] A significant effect of the exposure time and cross-linker concentration was found for all mechanical property assessments ($p < 0.0001$). The tensile modulus and ultimate...
tensile strength of three resins was, as expected, lowest for LoResin (149.11 ± 5.52 kPa, 124.04 ± 12.31 kPa) and highest for HiResin (445.53 ± 41.48 kPa, 211.87 ± 30.33 kPa), each with a 30 s exposure time (Figure 3A,B). These differences are attributed to different compositions of the polymer network structure. The flexible PGSA polymer chains can move freely with respect to each other, providing a space for elongation of the polymers. The short-chain cross-linker PEGDA brings the PGSA polymer chains closer, while restricting the motion by forming tight network structures between them. A higher cross-linker density will further decrease the open volume for polymer chains to move. In the presence of large external forces, the PGSA polymer chains in HiResin have limited room to change their conformation and location. Thus, the chemical bonds of the backbone structure and cross-linker can withstand the force, resulting in a stiffer and stronger polymer. The restriction of PGSA polymer chains to move also reduces elongation before rupture, resulting in the lowest failure strain observed for the HiResin material (Figure 3C). Therefore, by changing the relative concentration of PGSA and PEGDA, the mechanical properties of the final polymer can be easily modulated.

In addition to varying the composition of the polymer, the mechanical properties of the printed structure can also be tailored by varying the exposure time for printing, which is directly related to the degree of cross-linking. In order to understand how the exposure time affects the material properties of the PGSA/PEGDA polymer, HiResin was printed with exposure times of 30, 45, and 60 s, respectively. As expected, increasing the exposure time increased the tensile modulus and ultimate tensile strength of the polymer (Figure 3A,B). However, longer exposure times also resulted in decreased failure strains, by up to 50.45% for the LoResin and 10.81% for the HiResin (Figure 3C). The effect of exposure time on the same resin formulation is demonstrated by the stress–strain curves of samples made by HiResin (Figure 3D). The intrinsic toughness is related to the polymer structure, thus all resin compositions under various exposure conditions have similar toughness, calculated by integrating the area under the stress–strain curves (Figure S5A, Supporting Information). In LoResin, however, the long exposure time may cause the printed structure to become more brittle due to exhaustion of all available cross-linkers, resulting in a decrease of toughness.

2.4. Human Umbilical Vein Endothelial Cell (HUVEC) Viability

Previous studies have demonstrated that PGSA is biocompatible with fibroblasts and cardiomyocytes. However, given its potential to be used for vascular patches and grafting, it is important to investigate the biocompatibility of PGSA with vascular endothelial cells. Testing of HUVEC cells on coated PGSA/PEGDA resins showed excellent viability (>90%) for
all compositions of the PGSA/PEGDA composite at days 1, 3, and 7 after initial seeding (Figure 4; Figure S2, Supporting Information).

2.5. Finite-Element Analysis of the DN Structure

In order to optimize the mechanical properties of the DN structure, an FEA model was developed. By fitting the elastic modulus with different modulus ratios $E_s/E_h$ (Figure S3, Supporting Information), the elastic modulus of the network structure $E$ can be determined from

$$\frac{E}{E_h} = \frac{1}{3} \rho \left(\frac{E}{E_h}\right)^{\frac{1}{3}}$$

(1)

where $E_h$ is the elastic modulus of the hard segments, $E_s$ is the elastic modulus of the soft segments, and $\rho$ is the relative density of the solid part (network porosity $= 1 - \rho$). A modulus ratio less than 1 implies that the modulus of DN is larger than that of soft SN but smaller than that of hard SN. Similar to other equations for predicting the mechanical properties of networks, equation (1) provides accurate predictions when $\rho < 0.1$.\(^{[22]}\)

2.6. Tensile Test of the DN Structure

Inspired by the toughening mechanism of interpenetrating networks (IPNs) in nature, network structures with one exposure condition (SN) and two exposure conditions (DN) were printed using HiResin and tested (Figures 5 and 6B,D). SN structures with 30 s exposure time had the lowest tensile modulus (11.91 ± 5.48 kPa), compared to the SN with 60 s exposure time which had the highest (47.66 ± 10.14 kPa), and the DN structure’s tensile modulus was between the two SN structures (32.09 ± 4.36 kPa; Figure 5A). Furthermore, SN structures with 30 s exposure time had the lowest ultimate tensile strength (5.92 ± 3.49 kPa), compared to the SN with 60 s exposure time and DN which had similar ultimate tensile strength (SN: 14.11 ± 2.24 kPa; DN: 15.08 ± 5.10 kPa; Figure 5B). As expected, the failure strain was greatest in SN structures with the 30 s exposure and the DN structure (SN: 62.58 ± 18.05 kPa; DN: 64.18 ± 9.02 kPa), and smallest in the SN structure with 60 s exposure (43.31 ± 0.48 kPa, Figure 5C). However, the soft SN (30 s) loses its linear stress–strain relationship above 0.55, likely due to irreversible structural damage to covalent bonds between polymers (Figure 5D). However, the DN still retains structural integrity up to a strain of 0.73 (Figure 5D).
2.7. Toughening Mechanics of the DN Structure

In the SN structures, beams sustain stretching deformation only (stretching-dominated structure; Figure 6A,B) and the failure path has an angle of inclination of 30° from the horizontal line. In the DN structures, the soft beam sustains stretching deformation, but the stiff beam sustains bending deformation since the tensile modulus of the stiff beam is larger than the soft beam, resulting in large deflections but small overall stress (Figure 6C,D). As the dimensionless stress (ratio between stress and strength) of the soft beam is larger than that of the stiff beam, the stretched soft beams reach their fracture limit while the stiff beams are still below their fracture limit (Figure S4, Supporting Information). At 75% overall strain, the number of broken soft beams is three times the number of broken stiff beams, demonstrating that soft segments function as sacrificial beams to absorb energy before rupture in the DN structure.

Compared with the failure of the SN structure, the failure of the DN structure is controllable. Some of the soft beams break before any failure of the stiff beams, which dissipates energy in order to avoid catastrophic failure of the entire network. Thus, the unbroken stiff beams maintain the gross shape and function of the network structure and the overall toughness of the network structures can be improved by 100% (Figure S5B, Supporting Information). Both simulation results and experimental results demonstrate that the failure strain of the DN before catastrophic fracture is larger than SN structures and bulk materials (Figure 5C,D).

3. Conclusion

In this study, we demonstrated how DN structures can be quickly fabricated out of a single polymer solution using DLP-based 3D printing. The mechanical properties of the 3D-printed resin were modulated by both controlling the different concentrations of the cross-linker and exposure times. The elastic modulus of the printed polymers ranged from 150 to 800 kPa while the ultimate tensile strength ranged from 100 to 300 kPa. All of the printed polymers could sustain more than 50% strain before failure and some combinations of cross-linker concentration and exposure time reached greater than 100% strain before failure, far exceeding other 3D printed polymers for biomedical applications. Furthermore, polymer-based DN structures were printed by allocating hard and soft segments in specific locations using different exposure times in a single shot. Such capability has not been demonstrated by any other fabrication technique. This structure demonstrated enhanced toughness by introducing soft sacrificial beams to absorb the energy during tensile testing while the hard segments maintained the overall shape of the structure. FEA models revealed the failure mechanism of network structures by optimizing the beam aspect ratios and strength ratios for the
DN design. From this study, mechanically strong, biocompatible, and biodegradable elastomeric scaffolds can be designed and 3D printed for potential biomedical applications.

4. Experimental Section

Materials: Triethylamine (TEA), diphenyl (2,4,6-trimethylbenzoyl) phosphine oxide (TPO), anhydrous dichloromethane (DCM), D-chloroform (CDCl3), PEGDA with molecular weight of 700 Da, and gelatin Type A from porcine skin were purchased from Millipore Sigma-Aldrich (St. Louis, MO). Sebacic acid (SA), glycerol, 4-dimethylaminopyridine (DMAP), and ethyl acetate (EA) were purchased from Fisher Scientific (Waltham, MA). Acryloyl chloride (AC) was purchased from Alfa Aesar (Haverhill, MA). For cell culture and viability tests, Dulbecco’s Modified Eagle Medium (DMEM), fetal bovine serum (FBS), and penicillin/streptomycin (P/S) Calcein AM were purchased from Thermo Fisher Scientific (Waltham, MA). Ethidium Homodimer was purchased from Biotium (Hayward, CA).

Poly Glycerol Sebacate Synthesis: PGS was synthesized following a slightly modified previously reported protocol.[8] All glassware was predried by heating 24 h prior to initiating synthesis. SA and glycerol were mixed in a 1:1 molar ratio and melted at 140 °C for 1 h under argon gas. Polycondensation was conducted at 120 °C in a three-necked round bottom glass flask with pressure reduced to 35 Pa. The reaction was continued for 15 h while the pressure was maintained at 35 Pa with active pumping (Figure 1B).

Poly Glycerol Sebacate Acrylate Synthesis: PGSA was synthesized following a slightly modified previously published protocol.[32] All of the containers used in the reaction were dried in an oven at 55 °C prior to synthesis. 30 g of PGS was dissolved in 300 mL of DCM followed by 30 mg of DMAP. The reagents were cooled to 0 °C under argon gas for 10 min before 7 mL of TEA was added dropwise. 3.3 mL of AC was added dropwise over a period of 5 min. The reaction was continued at room temperature for 24 h. Then, DCM was removed by rotary evaporation at 40 °C and the

Figure 6. Mechanical testing of SN and DN structures. A) Screenshots of a tensile test of an SN structure made with 60 s exposure. At 18% strain, we observed an arm of the network rupture due to elongation. The global structure eventually failed at 40% strain. Note that at 30% strain, which is 75% of the overall strain before rupture, the network structure experienced a catastrophic failure where the strength decreased more than 80%. B) Simulation of SN failure mechanism which features a 45° angle along the plane due to von Mises stress distribution. C) Screenshots of tensile test of a DN structure made with 30 s exposure for soft segments and 60 s exposure for hard segments. The additional elongation provided by the soft segments increased the strain at which the first arm broke to 24%. The DN elongated to more than 70% before ultimate failure and at 75% of the overall strain the structure still retained more than 70% of its strength. D) Simulation of DN structure failure mechanism. The presence of both hard and soft segments changed the failure mode and preserved the network structure. Scale bar = 1 cm.
remaining solution was dissolved in EA to precipitate the excess TEA (Figure 1B). The mixture was filtered, and the solute was collected, and further dried by rotary evaporation at 50 °C at 5 Pa. The final product was stored at −20 °C.

$^1$H NMR: $^1$H nuclear magnetic resonance ($^1$H NMR) spectra of the PGS and PGSA were measured (JEOL-500, Peabody, MA) and compared to confirm the chemical structure of the final products. Chemical shifts were referenced relative to the peak of CDCl3 at 7.26 ppm. The signal intensity of the methylene groups of sebacic acid (1.3 ppm) and the average of the acrylate groups (5.85, 6.15, and 6.4 ppm) were used to calculate the degree of acrylation.

Mechanical Properties of PGSA/PEGDA Resins: The PGSAs/PEGDA resins were prepared by adding PEGDA as cross-linkers with concentrations of 1% (LoResin), 5% (MeResin), and 10% (HiResin), respectively. 4% (w/v) of TPO was mixed with the resin solution as photoinitiator. The materials were printed into modified ASTM Type IV tensile bars under the same light intensity with different durations (30, 45, and 60 s). Tensile tests were conducted on an Instron 5965 (Norwood, MA) with 10 N load cell at a constant strain rate of 0.5% s$^{-1}$. The tensile modulus was determined by the slope of the stress–strain curve during elastic deformation. Additionally, the ultimate tensile strength and failure strain were assessed. Toughness was calculated by integrating the area under each stress–strain curve.

The geometry of the simulated network was identical to the geometry of the 3D printed structure. The material properties of the structure were assigned based on mechanical testing of the HiResin material (Table S1, Supporting Information). Deformation of the structure was simulated under the same mechanical testing conditions as above. Simulations were performed until complete fracture of the model occurred.

Statistics: To compare the mechanical properties between resins with different compositions, a 3 x 3, two-way analysis of variance (ANOVA) (levels: PEGDA concentration, exposure time) with post hoc Sidak test was used for each exposure time (30, 45, and 60 s). All statistics were performed using Prism (Version 7.0a, La Jolla, CA). All data were reported as mean ± standard deviation.

Supporting Information
Supporting Information is available from the Wiley Online Library or from the author.

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Conflict of Interest
The authors declare no conflict of interest.

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