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Fully Coupled Two-Fluid Dynamics in Superfluid ^4He : Anomalous Anisotropic Velocity
Fluctuations in Counterflow4
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We investigate the thermal counterflow of the superfluid ^4He by numerically simulating three-dimensional
fully coupled dynamics of the two fluids, namely quantized vortices and a normal fluid. We analyze the
velocity fluctuations of the laminar normal fluid arising from the mutual friction with the quantum turbulence
of the superfluid component. The streamwise fluctuations exhibit higher intensity and longer-range
autocorrelation, as compared to transverse ones. The anomalous fluctuations are consistent with
visualization experiments [Mastracci *et al.*, *Phys. Rev. Fluids* **4**, 083305 (2019)], and our results confirm
their analysis with simple models on the anisotropic fluctuations. This success validates the model of the fully
coupled dynamics and paves the way for solving some outstanding problems in this two-fluid system.21
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Introduction.—Quantum turbulence (QT) refers to the
turbulent flow in a superfluid [1–6], which can occur
in a wide range of coherent matter-wave systems, e.g.,
superfluid ^3He and ^4He [7], atomic Bose-Einstein condensates (BECs) [8], neutron stars [9], and galactic dark-matter BECs [10]. At finite temperatures, the interaction
between QT and the thermal component can lead to
intriguing hydrodynamical behaviors that are new to
physics. In this study, we address an outstanding phenomenon of the coupled dynamics in the superfluid ^4He , i.e., the
velocity fluctuations of the thermal component caused
by QT.51
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Liquid ^4He exhibits superfluidity below $T_c = 2.17$ K
[11–13]. Superfluid ^4He (He II) can be understood via the
two-fluid model [14,15]. In this model, He II is described by
a mixture of an inviscid superfluid and a viscous normal
fluid (thermal excitations). The ratio of superfluid density ρ_s
to the normal-fluid density ρ_n depends on temperature. The
normal fluid and superfluid exhibit individual velocities \mathbf{v}_n
and \mathbf{v}_s , respectively. In the superfluid component, a quantized
vortex appears as rotational motion, which exhibits
quantum circulation $\kappa = 1.0 \times 10^{-3}$ cm²/s. The angstrom-sized
vortex core can be considered as the filament with κ ,
which is termed as the vortex filament model (VFM).
Conversely, the normal-fluid component behaves in a
manner similar to a viscous classical fluid. The quantized
vortices and the normal fluid affect each other via mutual
friction (MF), and coupled dynamics is essentially important
to understand He II.51
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QT is a tangle of quantized vortices, and this tangle
produces a turbulent velocity field of the superfluid. The
typical experiment to generate QT corresponds to a thermal
counterflow [16], which is a relative flow of the two fluids. In
a closed channel, the temperature gradient is applied via a
heater. The normal fluid flows from the heater to the cooler
side to transfer heat. The superfluid flows to the heater to
satisfy the mass conservation $\int_S (\rho_n \mathbf{v}_n + \rho_s \mathbf{v}_s) dS = \mathbf{0}$,
where the integral is performed over the channel cross
section. When the relative velocity $\mathbf{v}_{ns} = \mathbf{v}_n - \mathbf{v}_s$ exceeds a
critical value, QT appears in the thermal counterflow.
A vortex line density $L = (1/\Omega) \int_{\mathcal{L}} d\xi$ is measured in a
statistically steady state with the sample volume Ω , the
integral path \mathcal{L} along the vortex filaments, and the arc length
 ξ along the filaments. The value of L increases with the mean
relative velocity $V_{ns} = |\langle \mathbf{v}_{ns} \rangle|$ with spatial average $\langle \dots \rangle$ and
obeys the steady-state relation

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$$L^{\frac{1}{2}} = \gamma (V_{ns} - V_0) \quad (1)$$

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based on Vinen's equation employing the temperature-dependent
parameter γ and a fitting parameter V_0 [16,17].71
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Extensive experimental studies by Tough *et al.* revealed
that there are two turbulent regimes in counterflow: a T-1
state characterized by smaller values of γ and a T-2 state
with larger γ [16]. They suggested that the T-1 state is
associated with turbulence only in the superfluid while in
the T-2 state both fluids are likely turbulent. Melotte and
Barenghi [18] performed linear stability analysis of the

78 normal fluid in the T-1 state and suggested that the laminar
 79 normal fluid could become unstable due to MF.
 80 Experimental confirmation of the doubly turbulent T-2
 81 state in counterflow was first provided by Guo *et al.* [19].
 82 More detailed subsequent studies revealed a nonclassical
 83 energy spectrum and exceptionally high turbulence inten-
 84 sity in the T-2 state [20], the understanding of which is a
 85 topic of current interests [21–23].

86 This Letter is concerned with some striking new obser-
 87 vations from a more recent flow visualization experiment
 88 on counterflow turbulence conducted by Mastracci and
 89 Guo [24]. In their particle tracking velocimetry (PTV)
 90 measurement, they showed that in the T-1 state, there exist
 91 unexpected anisotropic velocity fluctuations in the *laminar*
 92 normal fluid. Inspired by early analysis and simulations
 93 [17,25,26], Mastracci *et al.* suggested that these fluctua-
 94 tions may arise due to the MF drag in the normal fluid from
 95 individual quantized vortices [27], and they supported this
 96 suggestion by analyzing various simple models. However,
 97 a more detailed understanding of the observations is
 98 possible only with the fully coupled two-fluid dynamics.

99 Two major methods address the three-dimensional
 100 coupled dynamics in He II. The first method is to use the
 101 Hall-Vinen-Bekarevich-Khalatnikov (HVBK) equations for
 102 both fluids, where quantized vortices are coarse-grained
 103 [13,23,28,29]. The model is useful in studying properties
 104 larger than the mean intervortex spacing ℓ of QT. However,
 105 the model does not describe the dynamics of quantized
 106 vortices although it is essential for QT. The other method is
 107 to employ the VFM for the superfluid coupled with the
 108 HVBK equations for the normal fluid [26,30–33]. Recently,
 109 Yui *et al.* demonstrated the calculation involving QT in their
 110 study of the normal-fluid velocity profile in counterflow
 111 [33]. Nevertheless, a coarse-grained MF was used in that
 112 work, which obscures any possible normal-fluid vortices
 113 near the vortex filaments.

114 In this Letter, we investigate how the laminar normal fluid
 115 is disturbed by QT through the MF in the T-1 state. We
 116 introduce a numerical framework based on the VFM for the
 117 superfluid coupled with HVBK equations for the normal
 118 fluid without any spatial coarse-graining of the MF. The
 119 three-dimensional simulation based on this model allows us
 120 to resolve eddy structures generated by the MF in the laminar
 121 normal fluid in the vicinity of the vortex tangle. The
 122 calculated streamwise velocity fluctuations in the normal
 123 fluid exhibit higher intensity and a longer autocorrelation
 124 range. The results are consistent with the PTV observations,
 125 and confirm their explanation with simple models [27]. This
 126 work not only elucidates the origin of the intriguing velocity
 127 fluctuations in laminar normal fluid but also validates this
 128 model of the coupled dynamics, making it a valuable tool for
 129 solving various unsolved problems in this two-fluid system.

130 *Coupled dynamics of quantized vortices and normal*
 131 *fluid.*—The VFM is used as one of the most powerful tools
 132 to describe the dynamics of quantized vortices [6,34–42].

The position vector s of the filaments are represented by the
 133 parametric form $s = s(\xi)$ with arc length ξ . The superfluid
 134 velocity is obtained by the Biot-Savart integral as follows:
 135 $v_s(r) = (\kappa/4\pi) \int_{\mathcal{L}} \{[(s_1 - r) \times ds_1]/[|s_1 - r|^3]\} + v_{s,b} + v_{s,a}$.
 136 Specifically, $v_{s,b}$ is a velocity induced for boundary con-
 137 dition, and $v_{s,a}$ is an externally applied velocity. We employ
 138 the full Biot-Savart integral containing the nonlocal inter-
 139 actions [36]. Eventually, the velocity of the filaments is as
 140 follows [34,43]:

$$\frac{ds}{dt} = v_s + \alpha s' \times v_{ns} - \alpha' s' \times (s' \times v_{ns}), \quad (2)$$

143 where s' denotes the unit tangent vector of the filaments.
 144 The terms including temperature-dependent coefficients α
 145 and α' show the MF with the normal fluid.

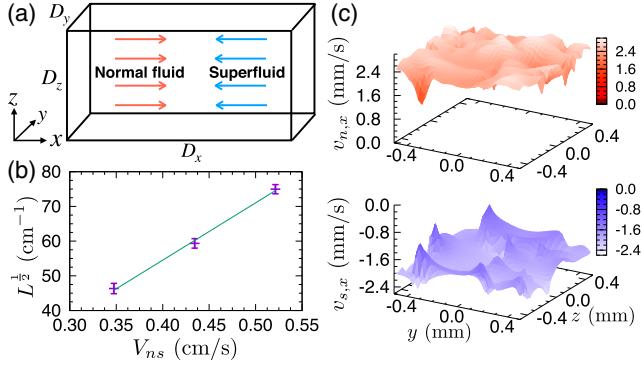
146 The dynamics of the normal fluid is given by the HVBK
 147 equations [13,43]:

$$\frac{\partial v_n}{\partial t} + (v_n \cdot \nabla) v_n = -\frac{1}{\rho} \nabla P + \nu_n \nabla^2 v_n + \frac{1}{\rho_n} F_{ns}, \quad (3)$$

148 by using the kinetic viscosity $\nu_n = \eta_n/\rho_n$ of the normal
 149 fluid and the effective pressure gradient ∇P . Here, the MF
 150 force $F_{ns}(r) = [1/\Omega'(r)] \int_{\mathcal{L}'(r)} f(\xi) d\xi$ is obtained by the
 151 integral of the MF f per unit length of the filaments:
 152 $f(\xi)/\rho_s \kappa = \alpha s' \times (s' \times v_{ns}) + \alpha' s' \times v_{ns}$. $\mathcal{L}'(r)$ denotes the
 153 filaments in the local subvolume $\Omega'(r)$ at the position r . The
 154 size of Ω' determines the coupling length scale (see
 155 Supplemental Material [44]). In the study, we employ
 156 the local coupling condition $\ell^3 > \Omega'$, i.e., the MF F_{ns}
 157 only affects the normal fluid at the position of the vortex
 158 filaments in contrast to a preceding study [33]. We use the
 159 incompressible condition $\nabla \cdot v_n = 0$ as a closure.

160 *Numerical simulation.*—We perform numerical simulations
 161 of the coupled dynamics in thermal counterflow. First,
 162 we check the relation of Eq. (1) and velocity profiles of the
 163 two fluids to know the state of QT. Second, we examine the
 164 three-dimensional structures of the quantized vortices and
 165 normal-fluid flow. Finally, the velocity fluctuations of the
 166 normal fluid are statistically analyzed in terms of intensity
 167 and autocorrelation.

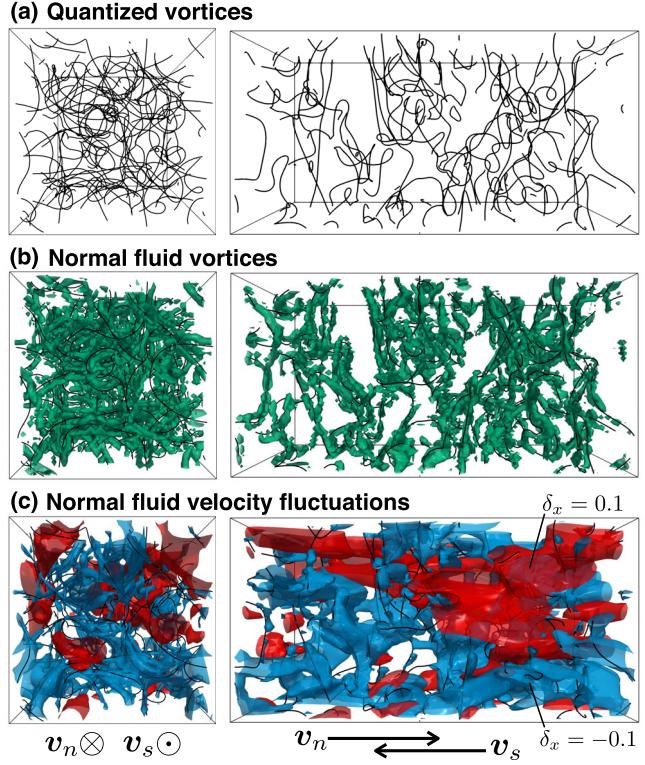
168 The numerical simulations are performed as follows. The
 169 volume of the computational box is $\Omega = D_x D_y D_z =$
 170 $2.0 \text{ mm} \times 1.0 \text{ mm} \times 1.0 \text{ mm}$, as shown in Fig. 1(a). The
 171 vortex filaments are discretized into a series of points with
 172 the separation $\Delta\xi_{\min} = 0.008 \text{ mm} < \Delta\xi < 0.024 \text{ mm}$ [45].
 173 The time development of Eq. (2) is achieved via the fourth
 174 order Runge-Kutta method. When the two filaments
 175 approach more closely than $\Delta\xi_{\min}$, the filaments are
 176 artificially reconnected to each other [35,36]. The short
 177 filaments with length less than $5 \times \Delta\xi_{\min}$ are removed [46].
 178 The normal fluid is discretized via the homogeneous spatial
 179 grid $N_x N_y N_z = 80 \times 40 \times 40$: the spatial resolutions are
 180 $\Delta x = \Delta y = \Delta z = 0.025 \text{ mm}$. The subvolume of the MF is



F1:1
F1:2 FIG. 1. (a) Schematics of counterflow simulation. (b) Averaged
F1:3 values of the vortex line density as a function of the mean
F1:4 relative velocity V_{ns} . The slope parameter is $\gamma = 165 \pm 9 \text{ s/cm}^2$.
F1:5 (c) Normal-fluid velocity $v_{n,x}$ and superfluid velocity $v_{s,x}$ over
F1:6 the channel cross section in the statistically steady state at
 $V_n = 2.5 \text{ mm/s}$.

182 $\Omega' = \Delta x \Delta y \Delta z$. The time integration of Eq. (3) is achieved
183 by the second order Adams-Bashforth method, and the
184 second order finite-difference method is adopted for spatial
185 differentiation. Both fluids flow along the x axis. The
186 periodic boundary condition is applied in all directions.
187 The initial states correspond to 16 randomly oriented
188 rings of the quantized vortices and uniform flow of the
189 normal fluid. The mean velocity of the normal fluid is
190 prescribed as $V_n = |\langle \mathbf{v}_n \rangle| = 2.0, 2.5, 3.0 \text{ mm/s}$. We use
191 $\mathbf{v}_{s,a} = -(\rho_n/\rho_s)\langle \mathbf{v}_n \rangle$ as the counterflow condition. The
192 simulation is performed until $t = 10.0 \text{ s}$ at $T = 1.9 \text{ K}$.
193 Temporal-mean values are obtained by averaging values
194 over $5.0 \text{ s} \leq t \leq 10.0 \text{ s}$ in statistically steady states.

195 We obtained the statistically steady state of the two fluids
196 in the counterflow. The vortex line density L increases from
197 the initial value and fluctuates around some constant values
198 for different V_n (see Supplemental Material [44]). Thus,
199 QT is in the statistically steady state, where the generation
200 and dissipation of the vortex filaments are balanced.
201 Figure 1(b) shows the values of L temporally averaged
202 over steady states. The error bars denote standard
203 deviations. The mean vortex-line spacing $\ell \sim L^{-\frac{1}{2}}$ is
204 $0.1 \text{ mm} \lesssim \ell \lesssim 0.2 \text{ mm}$. The vortex tangle obeys Eq. (1),
205 and the coefficient $\gamma = 165 \pm 9 \text{ s/cm}^2$ exceeds $\gamma_1 \sim$
206 130 s/cm^2 of T-1 in experiments [16,47], but it is still
207 significantly lower than $\gamma_2 \sim 250 \text{ s/cm}^2$ of T-2 [48]. The
208 difference from the observed γ_1 is potentially because the
209 simulation does not contain the solid channel walls, which
210 can reduce γ [39,41]. Additionally, our value of γ is close to
211 the values of the simulations with prescribed uniform flow
212 of normal fluid [36,38]. This implies that the velocity
213 fluctuations of the laminar normal fluid do not significantly
214 amplify γ . Figure 1(c) shows snapshots of the velocity
215 profiles over the channel cross section in the steady state at
216 $V_n = 2.5 \text{ mm/s}$ [49]. Specifically, $v_{n,x}$ and $v_{s,x}$ denote the
217 x component of \mathbf{v}_n and \mathbf{v}_s , respectively. The profile of $v_{n,x}$ is



F2:1 FIG. 2. Three-dimensional structures at $V_n = 2.5 \text{ mm/s}$.
F2:2 (a) Quantized vortices. The black lines denote vortex filaments.
F2:3 (b) Vortices of the normal fluid. The green surfaces denote the
F2:4 positive isosurfaces of Q . (c) Velocity fluctuations of the normal
F2:5 fluid. The red and blue surfaces denote the isosurfaces of
F2:6 $\delta_x = 0.1$ and $\delta_x = -0.1$, respectively.

218 slightly disturbed while that of $v_{s,x}$ significantly fluctuates.
219 A Reynolds number $\text{Re}_L = \Delta v_n I / \nu_n$ is 10^0 , where $I =$
220 10^{-1} mm denotes integral length and Δv_n denotes the
221 fluctuation velocity of the normal fluid, so that the normal
222 fluid should be laminar in the large scales. The results
223 indicate that QT is in the T-1 state.

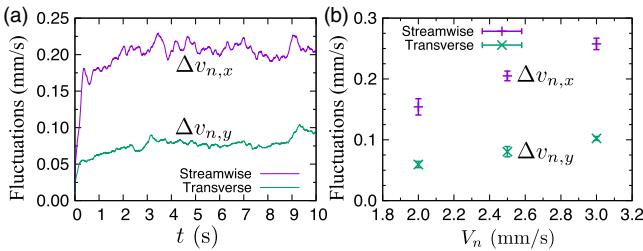
224 Figure 2(a) shows typical snapshots of the structure
225 of the vortex-filament tangle in the steady state at
226 $V_n = 2.5 \text{ mm/s}$ (The dynamics are seen in the movie of
227 the Supplemental Material [44]). The tangle becomes
228 anisotropic because the MF $\alpha s' \times \mathbf{v}_{ns}$ in Eq. (2) affects
229 the quantized vortices anisotropically in the counterflow
230 [35,36]. To analyze the normal-fluid vortices, we calculate
231 the second invariant $Q = \frac{1}{2}(\omega_{ij}\omega_{ij} - S_{ij}S_{ij})$ of the
232 velocity gradient tensor employing vorticity tensor
233 $\omega_{ij} = \frac{1}{2}(\partial v_{n,j}/\partial x_i - \partial v_{n,i}/\partial x_j)$ and strain tensor
234 $S_{ij} = \frac{1}{2}(\partial v_{n,j}/\partial x_i + \partial v_{n,i}/\partial x_j)$ [50]. Specifically, $v_{n,i}$ is the
235 i th component of \mathbf{v}_n . Figure 2(b) shows the positive
236 isosurfaces of $Q = 10.0 \text{ s}^{-2}$, which show vortex tubes
237 with rotational regions. The normal-fluid vortices are
238 induced near the vortex filaments because the vortex
239 filaments push the normal fluid through the MF \mathbf{F}_{ns} locally.
240 The result is qualitatively consistent with the one-ring
241 simulation [26]. The normal-fluid vortex structure which is

242 smaller than the mean vortex-line spacing ℓ was not
243 examined in the preceding simulation [33].
244 It is important to investigate the velocity fluctuations in
245 the normal fluid, which are observed in the PTV experiment
246 [27]. We define $\delta_x = (v_{n,x} - V_n)/V_n$ as the streamwise
247 velocity deviation. Figure 2(c) shows the isosurfaces of
248 $\delta_x = 0.1$ (red) and -0.1 (blue). The normal fluid in the red
249 (blue) region is faster (slower) than the mean velocity. It is
250 noted that the normal fluid is nearly laminar despite
251 fluctuations. The negative-uctuation regions with $\delta_x =$
252 -0.1 arise because the vortex filaments push the normal
253 fluid into the superfluid flow direction $-x$ via MF, and
254 normal-fluid velocity fluctuations remain on the trace.
255 Specifically, the structures of the negative fluctuations
256 appear to reflect the tangle structure of the filaments.
257 This refers to a normal-fluid wake caused by quantized
258 vortices [27]. The positive fluctuations in red can arise from
259 other mechanisms, e.g., the back flow due to the constant
260 mean velocity of the normal fluid. The structure is larger
261 than the mean vortex-line spacing ℓ . The most notable
262 aspect is the strong anisotropy of the velocity fluctuations,
263 which is quantitatively investigated in the following
264 sections.

265 As a statistical value of the intensity of the normal-fluid
266 velocity fluctuations, we employ the quantities

$$\Delta v_{n,x} = \langle (v_{n,x} - V_n)^2 \rangle^{\frac{1}{2}}, \quad \Delta v_{n,y} = \langle v_{n,y}^2 \rangle^{\frac{1}{2}}. \quad (4)$$

267 The value of $\Delta v_{n,x}$ ($\Delta v_{n,y}$) shows the intensity of the
268 velocity fluctuations in the streamwise (transverse) direction.
269 Figure 3(a) shows the values of $\Delta v_{n,x}$ and $\Delta v_{n,y}$ as a
270 function of time at $V_n = 2.5$ mm/s. Figure 3(b) shows the
271 values that are temporally averaged over the statistically
272 steady states. The fluctuations are significantly smaller than
273 the mean flow: $\Delta v_{n,x}, \Delta v_{n,y} \ll V_n$. Thus, the normal fluid
274 is almost laminar and just disturbed by QT. The anisotropy
275 of the fluctuations is clearly observed as $\Delta v_{n,x} > \Delta v_{n,y}$,
276 and this anisotropy is a feature of the counterflow QT in
277 contrast to classical turbulence [51]. The value of $\Delta v_{n,x}$
278 increases with V_n , keeping $\Delta v_{n,x} > \Delta v_{n,y}$. These results
279 are consistent with the PTV experiments [24,27]. The
280 present values are less than those of the experiments.
281 This can come from that the MF f spreads over the
282



F3:1 FIG. 3. (a) Velocity fluctuations $\Delta v_{n,x}$ and $\Delta v_{n,y}$ as a function
F3:2 of time at $V_n = 2.5$ mm/s. (b) Mean values of the velocity
F3:3 fluctuations as a function of V_n .

283 subvolume. The smaller subvolume should reduce the
284 differences between the simulation and the experiment.
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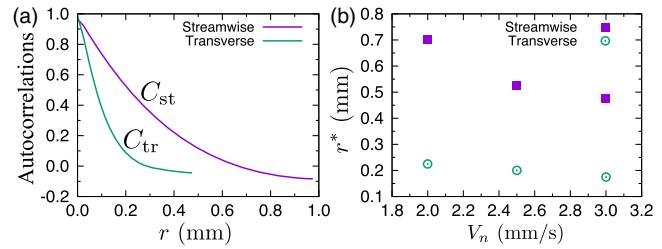
286 Finally, we investigate the structure of the normal-fluid
287 velocity fluctuations. We introduce streamwise and trans-
288

$$C_{st}(r) = \frac{\langle \langle d_x(x+r, y, z, t) d_x(x, y, z, t) \rangle \rangle_t}{\langle \Delta v_{n,x}^2 \rangle_t}, \quad (5)$$

$$C_{tr}(r) = \frac{\langle \langle d_x(x, y+r, z, t) d_x(x, y, z, t) \rangle \rangle_t}{\langle \Delta v_{n,x}^2 \rangle_t}, \quad (6)$$

289 respectively. Here, $d_x(x, y, z, t) = v_{n,x}(x, y, z, t) - V_n$, and
290 $\langle \dots \rangle_t$ denotes temporal average. The widths of the dis-
291 tribution of $C_{st}(r)$ and $C_{tr}(r)$ show the streamwise and
292 transverse sizes of the fluctuation structure, respectively.
293 Figure 4(a) shows the values of C_{st} and C_{tr} as a function of
294 distance r at $V_n = 2.5$ mm/s. Our simulated C_{st} profile,
295 which agrees well with the calculation of a simplified
296 wake-flow model [27], differs from the measured velocity
297 autocorrelation at small scales. This difference may be
298 caused by the uncertainties in the experimental data. The
299 distances r^* where the autocorrelations decay to 0.1 are
300 shown in Fig. 4(b). Evidently, the streamwise values of r^*
301 are significantly larger than the transverse values. The
302 transverse distances are approximately $r^* \sim 0.2$ mm, which
303 is comparable to ℓ . This agreement is because the fluctua-
304 tions reflect the structure of the tangle of the vortex
305 filaments, and the fluctuations are localized near the vortex
306 filaments in the transverse direction. Conversely, the
307 streamwise distances of r^* exceed ℓ . The streamwise large
308 structures are consistent with the PTV experiment [27]. The
309 large structures originate from the normal-fluid wakes
310 caused by quantized vortices as shown in the blue regions
311 of Fig. 2(c), and also from the positive fluctuations in red.
312

313 **Conclusions.**—In the study, we addressed the T-1 state
314 by using a numerical simulation of three-dimensional
315 coupled dynamics of the VFM and HVBK equations.
316 We obtained the laminar normal fluid and turbulent super-
317 fluid in statistically steady states, i.e., the T-1 state.
318 The normal-fluid vortices were generated near the vortex
319 filaments via MF. The results indicated that velocity
320 fluctuations of the normal fluid exhibit strong intensity



F4:1 FIG. 4. (a) Autocorrelations as a function of distance r at
F4:2 $V_n = 2.5$ mm/s. (b) Distances r^* where the autocorrelations
F4:3 decay to 0.1.

322 and long-range autocorrelation in the streamwise direction.
 323 Our results are consistent with the PTV experiment [27].
 324 This success validates the model and paves the way for
 325 future study on the fully coupled dynamics. The T-1-T-2
 326 transition could be directly produced with the present
 327 method only by increasing the flow velocity. Moreover,
 328 this study is applicable to other important problems such as
 329 QT in a realistic solid channel and decaying QT [42,52,53].

330 Elucidating the origin of these velocity fluctuations
 331 provides critical insights for some long-standing questions.
 332 For instance, the T-1-T-2 transition corresponds to a
 333 turbulent transition in the normal fluid [16]. The transition
 334 mechanism is still an outstanding question despite decades
 335 of research on counterflow. The shear stress from the
 336 channel wall, which drives the turbulent transition in
 337 classical channel flow [51], could be responsible for this
 338 transition. But as Melotte and Barenghi pointed out [18], a
 339 new mechanism, i.e., the MF, may play a more important
 340 role. This work has identified the velocity fluctuations in
 341 the laminar normal fluid, which provides strong support to
 342 this view. These fluctuations may serve as the seed for
 343 triggering the normal-fluid turbulent transition [27]. It can
 344 be naturally confirmed using our model in the future.

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