



Article

A Syringe-Based Biosensor to Rapidly Detect Low Levels of *Escherichia coli* (ECOR13) in Drinking Water Using Engineered Bacteriophages

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Abstract: A sanitized drinking water supply is an unconditional requirement for public health and the overall prosperity of humanity. Potential microbial and chemical contaminants of drinking water have been identified by a joint effort between the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF), who together establish guidelines that define, in part, that the presence of Escherichia coli (E. coli) in drinking water is an indication of inadequate sanitation and a significant health risk. As E. coli is a nearly ubiquitous resident of mammalian gastrointestinal tracts, no detectable counts in 100 mL of drinking water is the standard used worldwide as an indicator of sanitation. The currently accepted EPA method relies on filtration, followed by growth on selective media, and requires 24-48 h from sample to results. In response, we developed a rapid bacteriophage-based detection assay with detection limit capabilities comparable to traditional methods in less than a quarter of the time. We coupled membrane filtration with selective enrichment using genetically engineered bacteriophages to identify less than 20 colony forming units (CFU) E. coli in 100 mL drinking water within 5 h. The combination of membrane filtration with phage infection produced a novel assay that demonstrated a rapid, selective, and sensitive detection of an indicator organism in large volumes of drinking water as recommended by the leading world regulatory authorities.

Keywords: bacteriophage; drinking water; E.coli; rapid detection

1. Introduction

The United Nations has determined that every person has a fundamental human right to water and sanitation [1]. Unfortunately, millions still lack access to potable water sources within reasonable walking distances from their homes [2]. Not only does microbial contamination of drinking water contribute significantly to morbidity and mortality worldwide, it disproportionally affects low income countries [3]. Improper sanitation of drinking water sources is strongly correlated with the presence of coliforms (a widely variable group of gram-negative rod shaped bacteria that possess a range of biochemical attributes [4]). *Escherichia coli (E. coli)*, which is a coliform, is also a near ubiquitous resident of mammalian gastrointestinal tracts [5], and thus has been determined to be an appropriate indicator of fecal pollution from warm-blooded animals. In 2015, almost 850 million people still lacked

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access to a basic drinking water source [6] of those 850 million people, children typically bear the brunt of the disease burden, as their developing immune systems are dramatically less effective at eradicating ingested coliforms in improperly sanitized drinking water [7]. The resulting diarrheal disease typically results in severe dehydration, a condition that necessitates a clean drinking water source for improvement in well-being. In addition, various strains of *E. coli* are responsible for nearly a third of neonatal sepsis cases [8] and the majority of urinary tract infections worldwide [9].

Even though the detection of any indicator species will have inherent limitations and biases [10], the detection of *E. coli* as an indication of poor sanitation has been widely successful in the improvement of water supplies worldwide [2,11–14]. While standard culture-based techniques are reliable, results require anywhere from 24 to 72 h [15,16], a relative eternity for a community water supply in need of remediation [17].

The rapid detection of bacteria remains a significant challenge, and many research approaches have been developed to help address this important public health issue [18]. One promising area of rapid microbial detection assays are bacteriophage-based diagnostics [19]. Bacteriophages are obligate bacteria-infecting viruses that have co-evolved with bacteria for most (if not all) of the more 3 billion years that bacteria have existed on the planet [20]. Reporter phages have been modified to include an exogenous reporter gene in their genome. The newly created recombinant phage expresses the exogenous cellular biomarker upon phage infection, in addition to new phage progeny [21]. Measurement of the reporter enzyme activity allows for correlation between signal output (e.g., absorbance, fluorescence, and luminescence) and estimation of the number of host organisms in the sample over a certain threshold.

The field of bioluminescence has been advancing for 70 years, to where we now find McElroy's pioneering work [22] on the development and widespread implementation of NanoLuc luciferase [23–33]. Luminescent reporter phages have been developed for the sensitive detection of common foodborne pathogens such as *Escherichia coli* [24,34,35], *Listeria monocytogenes* [36], *Salmonella typhimurium* [37], *Mycobacterium tuberculosis* [38], and *Vibrio parahaemolyticus* [39], among others [40–45]. The NanoLuc reporter is uniquely suited for sensitive detection assays, as it confers a low background signal coupled with high dynamic range [33].

In addition, the orthogonality of the NanoGlo chemical substrate system [33] offers consistently low background levels in a wide range of sample conditions, a characteristic enabling low-cost implementation. An issue with previous systems was that as sensitivity increased, distinguishing signals from noise became a major challenge in the establishment of the limit of detection.

The selective nature of phages has been well documented [46], and therefore our phage-based detection assay is well suited in situations where indicators and/or pathogen detection is pertinent [47]. To create the recombinant phages used in our novel detection platform, an enzyme expression cassette was inserted into a wild type phage genome to force expression of a heterologous reporter enzyme, in addition to new phage progeny upon phage infection. The NanoLuc enzyme was selected as the reporter enzyme, as it is more than 100x more active than its luminescent counterparts [33], and this highly active reporter enzyme has already ben widely deployed in a variety of detection assays [25,26,31,32], including bacteriophage-based schemes [24,48,49]. The NanoLuc enzyme was further functionalized by genetically fusing a cellulose binding module (CBM) to the C-terminus of the NanoLuc reporter gene. The CBM selected for this work (CBM2a) has previously been fused to a dimeric reporter enzyme (alkaline phosphatase), which allows for successful immobilization on cellulose while still retaining enzymatic activity [50]. In comparison, NanoLuc is a much smaller, monomeric reporter that is frequently utilized as a genetic fusion tag.

Upon phage infection, the expression levels of the reporter enzyme have a direct effect upon the limit of detection, as fewer cells are required to produce enough reporter enzyme for the signal to rise above the detection limit. As a result, we modified the upstream regulatory regions of the reporter enzyme cassette to determine the optimal sequences that permit the detection of the lowest concentration of cells.

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Herein, we propose a rapid (5 h) bacteriophage-based approach for the sensitive detection of the indicator bacteria *Escherichia coli*, the target of many regulatory requirements [51]. The novel detection assay couples membrane filtration with bacteriophage infection to generate a luminescent signal when viable *Escherichia coli* are present. The combination of sample concentration with heterologous reporter enzyme expression upon bacteriophage infection produced a detection limit of less than 20 CFU in 100 mL of drinking water.

2. Materials & Methods

2.1. Materials & Reagents

NanoGlo (luminescent substrate) was purchased from Promega (Madison, WI, USA) and prepared immediately prior to use. Regenerated cellulose filters (diameter 13 mm, pore size $0.2~\mu m$) were fitted within polycarbonate reusable syringe filter housings (Sartorious Stedim Biotech GmbH, Goettingen, Germany) and autoclaved prior to use in detection assays. Assembled, autoclaved filters were fitted to sterile single use syringes (100~mL, Wilburn Medical, Kernersville, NC, USA) to perform filtration. All other reagents were purchased from Sigma Aldrich (St. Louis, MO, USA).

2.2. Bacterial Strains & Growth Conditions

Escherichia coli BL21 was obtained from ATCC (Manassas, VA, USA) and *E. coli* ECOR13, a reference strain of *E. coli* isolated from a healthy human, was obtained from the Thomas. S. Whittam STEC Center (East Lansing, MI, USA). Bacterial stocks were stored at –80 °C in 25% glycerol prior to use and cultured in Lysogeny Bertani high salt (LB) broth and plated on LB agar. Overnight cultures of *E. coli* BL21 and *E. coli* ECOR13 were cultivated in Luria-Bertani medium (12–16 h, 37 °C, 250 rpm). The concentration of *E. coli* ECOR13 used in detection assays was determined by standard plate counts on LB agar (24 h, 37 °C).

Bacteriophage T7 was propagated on *E. coli* BL21 using standard protocols. Briefly, an overnight culture of *E. coli* BL21 was subcultured in LB (200 mL, 37 °C, 250 rpm, ~2 h) and grown to the midexponential phase (OD₆₀₀ = 0.6). Phages were added to the bacterial culture at a multiplicity of infection (MOI) of 0.1, and incubated (37 °C, 250 rpm) until lysis was observed (~2 h). Cellular debris was removed via centrifugation (3200×g, 10 min, 4 °C) before sterile filtration (0.22 µm). Phage particles were precipitated by overnight incubation (4 °C, 18 h) with polyethylene glycol 6000 (PEG6000, 4%) and sodium chloride (NaCl; 0.4 M), before ultracentrifugation (35,000×g, 120 min, 4 °C). Phages were resuspended in phosphate buffered saline (1x PBS, pH 7.4) and stored at 4 °C. Standard double agar overlay assays were used to enumerate phage samples [52]. Phage stock solutions used in detection assays were diluted to 10 [9] PFU/mL in LB, sterile filtered (0.22 µm), and stored at 4 °C.

2.3. DNA Isolation

DNA was prepared in accordance with standard procedures [53]. Briefly, concentrated phage stocks (5 mL, >10 [11] PFU/mL) were treated with sodium dodecyl sulfate (5 mL; 4%) at 70 °C for 20 min before cooling on ice. Potassium acetate (5 mL, 2.55 M, pH 4.8) was added, the samples were centrifuged (10 min, $10,000 \times g$, 4 °C), and the supernatant was applied to an anion exchange resin (Qiagen Genomic Tip 100/G), in accordance with the manufacturer's specifications.

2.4. Recombinant Phage Construction

The *E. coli* codon optimized NanoLuc-CBM reporter gene cassette was synthesized and cloned in plasmid pUC57 (Genscript USA Inc.). The synthesized cassette was excised with restriction enzymes EcoRI and HindIII n and ligated to the predigested T7 Select EcoRI/HindIII adaptor DNAs (Novagen). The ligation mix was packaged in vitro using a T7 select packing extract and transduced into 300 μ L (OD₆₀₀ 0.6) of *E. coli* BL21 followed by 30 min incubation at 37 °C. Multiple dilutions of transduced *E. coli* BL21 were mixed with LB-top agar (0.75 %) and poured over LB plates. Plates were incubated at

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30 °C overnight. Plates with the largest numbers of isolated plaques were selected. Individual plaques were screened for the expression of the NanoLuc-CBM cassette by adding NanoGlo substrate (Promega, Madison WI, USA), followed by imaging for 30 s (Rebel T6, Canon, Melville NY, USA) in a dark box (LTE-13, Newport Corporation, Irvine, CA, USA). The presence of luminescence on plaque periphery indicated the successful introduction of the NanoLuc-CBM cassette in the T7 phage. One individual plaque was picked, and this was followed by two rounds of plaque purification and amplification on *E. coli* BL21 [52], and referred to as NRGp5. The insertion of the NanoLuc-CBM cassette in the T7 phage was confirmed by PCR and its integrity confirmed by Sanger sequencing.

2.5. Phage Characterization

The genomes from the NRGp5 phages were isolated and submitted for sequencing. Characterization of the phage infection was compared to the original T7 Select. The phage host $E.\ coli$ ECOR13 was grown from the stationary phase in LB media (3 h, 37 °C, 250 rpm) using 24 well microplates (Greiner Bio-One North America Inc., Monroe, NC, USA). The optical density at 600 nm (OD₆₀₀) was determined at periodic time intervals to observe the growth of the bacterial cells. Phage addition (negative control, 10^7 PFU/mL T7 Select, or 10^7 PFU/mL NRGp5) took place at 180 min and the optical density (OD₆₀₀) was monitored for 300 min using a Synergy Neo2 microplate reader (Biotek Instruments, Winooski, VT, USA).

The luminescence during the phage infections was monitored for a negative control, T7 Select, and NRGp5, as well as a previously developed NRGp4 [48]. Luminescent signals were measured using the same microplate reader (Biotek Instruments, Winooski, VT, USA) in sterile 24-well suspension culture plates (Cellstar, Greiner Bio-One, Monroe, NC, USA) with a 0.1 s integration time. To approximate growth conditions in the detection assay, the host *E. coli* ECOR13 was grown from the stationary phase in LB supplemented with NanoGlo (3 h, 37 °C, 250 rpm). Phage addition took place at 180 minutes and luminescence was measured at 30 min intervals for 300 min.

2.6. Dose Response

The sensitivity of phage NRGp5 to different concentrations of bacteria in the growth media was evaluated. Phage NRGp5 (10^7 PFU/mL) was added to serial dilutions of mid-exponential phase *E. coli* ECOR13 (0 to 10^5 CFU/mL) and incubated (1.5 h, 37 °C) to allow the phage infection to proceed. Aliquots were mixed 1:1 with NanoGlo substrate and luminescence was measured on a Synergy Neo2 microplate reader (Biotek Instruments, Winooski, VT, USA). Viable bacterial concentrations were confirmed using standard plate counts.

2.7. Infection of Non-Viable Cells

The ability of phage NRGp5 to differentiate between viable and nonviable bacterial cells was evaluated by treating identical cultures with either alcohol (inactivation) or a biological buffer (control) before phage infection. Briefly, *E. coli* ECOR13 was harvested at the mid-exponential phase (OD₆₀₀ = 0.5), separated into identical aliquots, and centrifuged ($3000 \times g$, 5 min). The cell pellet was resuspended in either ethanol (70%) or phosphate buffered saline (PBS; 1×), and incubated at room temperature for 10 min. The cells were pelleted again ($3000 \times g$, 5 min), resuspended in sterile autoclaved drinking water (100 mL, $20 \,^{\circ}\text{C}$), and used as analytical samples for the phage-based diagnostic assay.

2.8. Phage-Based Syringe Filter Detection Assay

An illustrative schematic for the detection scheme is detailed in Figure 1. Drinking water was autoclaved to account for any natural flora before aliquots (100 mL) were deliberately spiked with known concentrations of *E. coli* ECOR13. Samples were then passed through 0.22 μ m regenerated cellulose filters (Sartorius Stedim Biotech GmbH, Goettingen, Germany) to separate the bacteria. The filters were removed and incubated on LB media (3 h, 37 °C) in order to resuscitate the bacteria. Phage NRGp5 (10⁷ PFU/mL) was applied to the enriched bacteria on the filter and incubated (1.5 h, 37 °C) for

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the expression of the luminescent reporter. The filters were fully submerged in NanoGlo substrate and luminescence was measured every 12 s for 5 min in a spectrophotometer to capture peak signal generation. The variability of the blank was used to calculate the limit of detection using the standard sweeting the standard deviation of the blank to the mean blank value.

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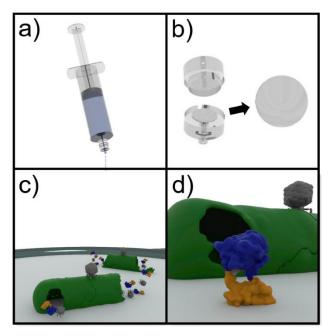


Figure 1: Assay format for the detection of E: coli in drinking water. (a) The water is filtered through a 3.2½ more lethous filteria order to report a factorial that the filterial theoretic intermed and the model of the filterial through the model of the filterial through the model of the filterial order of the control of the application of the application of the application of the application of the series of the filterial of

3. Results & Discussiond.

3. Resudtar & in Distriction

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the capsid gene, as confirmed by whole genome sequencing. The genetic insertion served to increase the genome size of the wild type T7Select by less than 3% (37.3 kb vs. 38.3 kb) leaving it with a genome still smaller (~38kb) than that of its 39.7kb wild-type counterpart [54].

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the capsid gene, as confirmed by whole genome sequencing. The genetic insertion served to increase

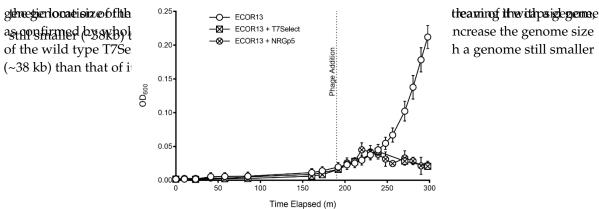


Figure 2. Phages (NRGp5 of T Select) were added to individual the result of E. coli (ECOR13) after 3 hours of enrichment. The E. coli in samples without phages added continued to the exponential phase, while the application of phages resulted in a decline in optical density after about two hours.

During infection, T7 DNA is replicated in concatemers and successful phage maturation relies

Figure 2. Phages (NRC 55 or T7 Select) were added to individual cultures of E. foli ff COR13; after 3 h

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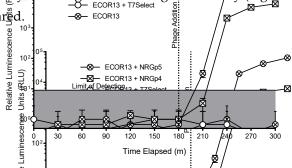


Figure 3. Luminescence was measured from E. coli samples with and without the phages of T7 Figure 3. Luminescence was measured from E. coli samples with and without the phages of T7 Select Select, which did not contain a gene for a reporter enzyme of the phages of T7 Select for which did not contain a gene for a reporter enzyme of the phages of T7 Select which contained are on the phages of T7 Select with the phages of T7 Select of the phages of T7 Select with the phages of T7 Select of the phage of the phage of T7 Select of the phage of the phage of T7 Select of the phage of the phage of T7 Select of the phage of the phage of T7 Select of the phage of the phage of T7 Select of t

The results suggest that the newly developed reporter phage NRGp5 is a viable candidate for use as a more sensitive biosensor element in a syringe-based detection assay.

sensors hour dentermake an initial estimate of the potential to detect low concentrations of CFUs, NRGp5 was used to infect a known high concentration of E. coli ECOR13. The lysate was then serially diluted and the test (figure 4). From this we gate set obed the lysate frage nate prise was then serially diluted over a broad transfer this inverse of bed the lysate from the test that the lateral the special test the lateral pathogens. The ability to over a broad transfer this inverse that the lysate from an equivalent to low numbers of E. coli distinguish between the lysate from an equivalent to low numbers of E. coli distinguish between the lateral pathogens, the ability to distinguish between virible and non-viable bacterial is not expected that the pathogens are the lysate from this we can see that the lysate from an equivalent to low numbers of E. coli distinguish between virible and non-viable bacterial is not expected that the pathogens are the pathogens with the pathogens of the host bacterial is not expected that the pash of the prior to analysis. As demonstrated in Figure 1 pathogens and to non-thanol treated replication in on-viable cells. In order to determine if the assay is able to distinguish between viable and non-viable cells. In order to determine if the assay is able to distinguish between viable and non-viable cells. In order to determine if the assay is able to distinguish between viable and non-viable cells. In order to determine if the assay is able to distinguish between viable and non-viable cells. In order to determine if the assay is able to distinguish between viable and non-viable cells. In order to determine if the assay is able to distinguish between viable and non-viable cells. In order to determine if the assay is able to distinguish between viable and non-viable cells. In order to determine if the assay is able to distinguish between viable and non-viable cells. In order to determine if the assay is able to distinguish between viable and non-viable cells. In order to determine if

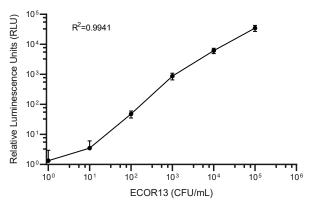


Figure 4. NRGp5 was added at a high multiplicity of infection (MOI) to varying concentrations of *E. coli*ECSURES. TREATHMES added at the right multiplicity of infection (MOI) to varying concentrations of *E. coli*Sensor 2015, 10 of 13. The luminescents of the resultes entire relative stationship (Reinford) of the resultes entire relative evelationship (Ring fill) between the concentration of *E. coli* and the generation of the luminescent signal over several orders of magnitude.

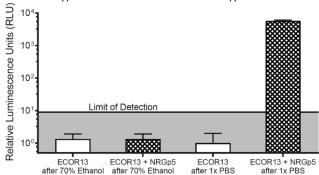


Figure 5. To demonstrate the ability of the phage-based assay to distinguish between viable and Figure 5. To demonstrate the ability of the phage-based assay to distinguish between viable and Figure 5. The control of the phage based assay to distinguish between viable and Figure 5. The control of the phage of the ph

3.3. Phage-Based Syringe Filter Detection Assay

3.3 Placet determining the sensitivity of the phage to produce a measurable signal in bulk solution we introduced a sample concentration to further improve the performance of the phage based assay. The After determining the sensitivity of the phage to produce a measurable signal in bulk solution we introduced a sample concentration to further improve the performance of the phage-based assay. The addition of a syringe filter to the detection scheme served to decrease the limit of detection several orders of magnitude from ~100 CFU/mL to less than 20 CFU/100 mL (Figure 6). The inoculation levels used to determine the aforementioned detection limits were low enough to achieve

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addition of a syringe filter to the detection scheme served to decrease the limit of detection several orders of magnitude from ~100 CFU/mL to less than 20 CFU/100 mL (Figure 6). The inoculation levels used to determine the aforementioned detection limits were low enough to achieve the fractional recovery of positive results as recommended by multiple validation procedures [57,58]. As indicated by the horizontal error bars in Figure 6 (error bars crossing an axis are not displayed) recovery of Sensors 2019, 19, x FOR PEER REVIEW positive samples at low inoculation levels was possible in only approximately 80% of the samples.

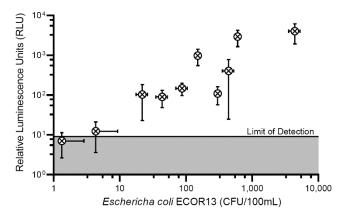


Figure 6. Performance of the phage-based syringe filter detection assay compared to standard plate **Figure 6.** Performance of the phage-based syringe filter detection assay compared to standard plate counts. Water (100 mL) was processed through a syringe filter (0.22 um, regenerated cellulose) where counts. Water (100 mL) was processed through a syringe filter (0.22 um, regenerated cellulose) where bacteria (*E. coli* ECORT3) were enriched prior to the addition of phage NRGp5. Reporter enzymes were bacteria (*E. coli* ECORT3) were enriched prior to the addition of phage NRGp5. Reporter enzymes expressed, immobilized onto the cellulose filter, and luminescence was measured.

In addition to fractional recovery of positive samples, other considerations towards methodology 4alianishis considered to ensure the robustness of the newly developed detection assay. Recovery and enrichment steps were included prior to phage infection to provide injured and/or stressed bacterial. The presented research displays a specific rapid, and effective detection assay for indicators of cells an opportunity to recover. The test was performed using target organisms (*E. coli*) in the intended Ersoli in largedrip king wateremples based on heterology of enzype expression trie palege intention Rhagentha Finally tiple properties that sad knothed exactly rectanded above to be recognitional directions. enltsensinsectmethoditaeneuropoeuropoeurotequantitatian af bottagiel inoculium species specific, they are also Capable of defection assay realized multiple improvements over previously developed technologies and approaches the limits of detection of standard culture-based techniques in only 5 h, compared to 24-48Ve for the dattern statical ship has extracted it etection of her report to entire the year that the dattern static data is a full of the contract of the ignormementate the lipit of datagtion actives the sterial concentrations well amointain in a school of assay time than standard reference methods. highly active bifunctional reporter enzyme that was immobilized onto a regenerated cellulose membrane; filter, which facilitated the rapid detection of low concentrations of indicator bacterial E. coli cells. While a cocktail of phages is typically needed to cover a broad host range, this phage-based The presented research displays a specific, rapid, and effective detection assay for indicators of Platformunifera nortability ien dan piece travith dia piece substance province province province and a piece travity and a pie Bhargeral expressiviple properties that the most entering a will eleve and water a solution and visit in the metatrifor the appointive and mapid detection of bacteria. Not not a people a incredibly species is pecificulties and also capable of differentiating between live and non-viable cells.
microbiological analysis of vital drinking water supplies.
We have demonstrated the successful insertion of a reporter enzyme cassette into a phage genome

We have demonstrated the successful insertion of a reporter enzyme cassette into a phage genome to create the reporter phage NRGp5. This recombinant phage forced the overexpression of a highly active bifunctional reporter enzyme that was immobilized onto a regenerated cellulose membrane filter, Anthors Contribution: Concentrations the international reporter enzyme that was immobilized onto a regenerated cellulose membrane filter, Anthors Contribution: Concentrations the international cellulose membrane filter, Anthors Contribution: Concentrational contributions the international contributions of the international contributions of the international contribution of a reporter enzyme cellulose membrane filter, Anthors Contributions the international cellulose cellulo

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dramatically improve the lives of people around the world through the rapid microbiological analysis of vital drinking water supplies.

Author Contributions: Conceptualization, T.C.H. and S.R.N.; methodology, T.C.H., S.G., P.J., J.W., A.-L.M.L.N., K.P.N., J.E.P. and S.R.N.; formal analysis, T.C.H., S.G., P.J., J.W.; investigation, T.C.H., S.G., P.J., J.W.; resources, A.-L.M.L.N., K.P.N. and S.R.N.; data curation, T.C.H. and S.R.N.; writing—original draft preparation, T.C.H. and S.R.N.; writing—review and editing, T.C.H., S.G., P.J., J.W., A.-L.M.L.N., K.P.N., J.E.P. and S.R.N.; project administration, A.-L.M.L.N., K.P.N. and S.R.N.; funding acquisition, A.-L.M.L.N., K.P.N., J.N.T. and S.R.N. All authors have read and agreed to the published version of the manuscript.

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Conflicts of Interest: The authors declare no conflict of interest.

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