Tuning Insulator-Semimetal Transitions in 3D Topological Insulator thin Films by Intersurface Hybridization and In-Plane Magnetic Fields

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A pair of Dirac points (analogous to a vortex-antivortex pair) associated with opposite topological numbers (with $\pm \pi$ Berry phases) can be merged together through parameter tuning and annihilated to gap the Dirac spectrum, offering a canonical example of a topological phase transition. Here, we report transport studies on thin films of BiSbTeSe₂, which is a 3D topological insulator that hosts spin-helical gapless (semimetallic) Dirac fermion surface states for sufficiently thick samples, with an observed resistivity close to $h/4e^2$ at the charge neutral point. When the sample thickness is reduced to below ~ 10 nm thick, we observe a transition from metallic to insulating behavior, consistent with the expectation that the Dirac cones from the top and bottom surfaces hybridize (analogous to a "merging" in the real space) to give a trivial gapped insulator. Furthermore, we observe that an in-plane magnetic field can drive the system again towards a metallic behavior, with a prominent negative magnetoresistance (up to ~ -95%) and a temperature-insensitive resistivity close to $h/2e^2$ at the charge neutral point. The observation is consistent with a predicted effect of an in-plane magnetic field to reduce the hybridization gap (which, if small enough, may be smeared by disorder and give rise to a metallic behavior). A sufficiently strong magnetic field is predicted to restore and split again the Dirac points in the momentum space, inducing a distinct 2D topological semimetal phase with two single-fold Dirac cones of opposite spin-momentum windings.

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A wide range of quantum materials, including graphene, topological insulators (TIs), Dirac-Weyl semimetals, and their artificial analogs, have been identified whose lowenergy excitations behave as massless Dirac particles to host novel relativistic quantum phenomena [1-7]. The Dirac spectra can be gapped by breaking the underlying symmetry that protects the Dirac points (DPs), or by pairwise merging and annihilation of DPs [6-12]. Previously predicted material platforms to explore this latter mechanism, such as graphene with engineered anisotropic nearest-neighbor hopping [9] and thin black phosphorus under a strong electric field [10], require extreme parameter tuning that is difficult to realize experimentally [11–13]. Alternative platforms that have enabled experimental demonstration of this effect include a microwave analog of strained graphene [6] and cold atoms in honeycomb optical lattices [7]. On the other hand, 3D TI thin films with hybridization gapped surface states bring new opportunities to study such topological transitions in a solid-state system. In particular, merging and annihilating of top and bottom surface DPs (with opposite spin windings) can be controlled both in the real space (by sample thickness [14]) and the momentum space (by an inplane magnetic field, as theoretically proposed in Ref. [15]).

In a relatively thick 3D TI film (thickness $t \gg 10$ nm), the top and bottom surfaces are well separated and their corresponding topological surface states (SS) Dirac cones are gapless with opposite spin helicities. When the sample is thin enough (typically $\leq \sim 10$ nm) to enable hybridization between the two surfaces, a gap Δ_0 is opened at the DP (even though the time-reversal symmetry is still preserved). The SS band structure acquires massive Dirac dispersion $\varepsilon = \pm \sqrt{(\hbar v_f k)^2 + (\Delta_0/2)^2}$, with \hbar being the Plank constant h divided by 2π , v_f the Fermi velocity, and k the (inplane) wave vector [14]. Such a crossover of 3D TIs to the two-dimensional (2D) limit, as well as their response to magnetic fields, is little explored by electronic transport measurements in bulk insulating 3D TI materials. Previous in-plane magneto-transport studies in 3D TIs often suffer from their residual bulk conduction [16,17] and few have been reported in the hybridization regime [18–20].

Our experiment is based on a 3D TI crystal BSTS (BiSbTeSe₂) that has no detectable bulk conducting carriers at low temperature, with DPs of the topological SS exposed in the bulk band gap [21,22], thus ideal for the study of low energy excitations in the vicinity of the surface DPs.



FIG. 1. (a) Schematic of a dual-gated TI device based on BSTS. (b), (c) Optical images of device N3 before (b) and after (c) top-gate metal deposition. (d)–(g) Measured conductivities (in color scale, with contours) as functions of V_{tg} and V_{bg} in four representative devices with decreasing thickness (t). In (d), (e) the black (white) dashed lines trace the top (bottom) surface DPs. Data are measured at temperature T = 0.35 K in (d)–(f), and at T = 1.6 K in (g). (h) Temperature dependence of ρ_{max} (log scale) for five representative devices. (i) The σ_{min} (= $1/\rho_{max}$, left axis) at low T (< 2 K) and the extracted gap Δ_0^* (right axis) as functions of sample thickness t. The dashed-dotted vertical line marks the critical thickness $t_c = \sim 10$ nm that separates the semimetal ($t > t_c$, corresponding to the 3D TI phase in the inset with gapless Dirac SS) and insulator ($t \le t_c$, corresponding to the trivial insulator phase in the inset with gapped SS) behaviors. The inset plot shows Δ_0^* in log scale vs t and an exponential fitting.

The dual-gated BSTS devices [22] were fabricated into Hall-bar structures (with channel length l, width w, thickness t) on highly p-doped Si substrates (with 300-nm-thick SiO₂ coating). Hexagonal boron nitride (h-BN) flakes (tens of nm in thickness) are transferred onto the devices as topgate dielectrics [see a typical device schematic in Fig. 1(a) and optical images of device N3 in Figs. 1(b) and 1(c)]. Top and back gate voltages (denoted as V_{tq} and V_{bq}) relative to the BSTS flake are applied to the top-gate metal and the doped Si, respectively. Upon dual gating, the carrier types and densities of both the top and bottom surfaces, thus the measured conductivity, can be modulated. By reducing the thickness of the BSTS flake, the capacitive coupling between the two surfaces becomes stronger [23,24]. As can be seen in the color map of 2D conductivity $[\sigma_{xx} = l/(wR_{xx})]$, with R_{xx} being the longitudinal resistance] vs V_{tg} and V_{bg} measured at low temperature, the black and white dashed lines tracing the DPs of top and bottom surfaces tend to merge together when the thickness t is reduced from 80 to 17 nm [Figs. 1(d) and 1(e)]. Further reducing t to ~ 10 nm results in the DPs from the two surfaces to become indistinguishable [Fig. 1(f)]. When the sample is only a few nm thick [e.g., device N4 with t = 6 nm in Fig. 1(g)], a hard gap opens, as indicated by the highly insulating (two-terminal conductivity $\sigma \ll e^2/h$) blue region.

The minimum conductivity σ_{\min} and maximum resistivity ρ_{\max} (= $1/\sigma_{\min}$) are reached when the two surfaces

are gated simultaneously to charge neutrality or DPs. In Fig. 1(h), we plotted ρ_{max} as a function of temperature (T) for a few representative samples. At t > 10 nm, ρ_{max} shows a metallic behavior $(d\rho_{\rm max}/dT > 0)$, implying a zero or negligible gap. However, at t < 10 nm, a strong insulating behavior $(d\rho_{\rm max}/dT < 0)$ is observed. Around t = 10 nm, different samples can behave differently. For example, while device N5 exhibits an insulating behavior, another device N3 exhibits a nonmonotonic temperature dependence with its $\rho_{\rm max}(T)$ close to h/e^2 and separating curves with metallic and insulating behaviors. It is consistent with the general observation from previous studies that the critical resistivity for metal-insulator transition in 2D electron systems is on the order of the resistance quantum h/e^2 [25]. Figure 1(i) shows σ_{\min} at base temperatures $(T \le 1.6 \text{ K})$ for samples with various thicknesses. At large t (> ~20 nm), $\sigma_{\rm min}$ saturates around a value close to $4e^2/h$ [22]. The σ_{\min} starts to decrease below 20 nm and drops abruptly to zero below ~ 10 nm. For samples that exhibits insulating behaviors, their $\rho_{\max}(T)$ were fitted to thermal activation behavior $\rho_{\max}(T) \propto e^{\Delta_0^*/2k_BT}$ (with k_B being the Boltzmann constant) over appropriate temperature ranges to extract (see Supplemental Material [26] for details) the nonzero gap Δ_0^* , plotted on the right axis of Fig. 1(i). The Δ_0^* grows by about an order of magnitude when t is reduced by ~ 1.4 nm [see the exponential fitting in the inset of Fig. 1(i)], comparable to what was found for Bi_2Se_3 [14,33]. Our data suggest that a measurable transport gap Δ_0^* (presumably driven by the intersurface hybridization) opens at the DPs below a critical thickness $t_c = 10 \pm 1$ nm in our samples.

We have found that the resistances of the thicker and thinner samples respond to the in-plane magnetic field differently at low temperatures. For consistency, the samples are mounted with current direction parallel to B (unless otherwise specified). We have measured multiple samples by either sweeping V_{tq} (with V_{bq} fixed at appropriate values such that these V_{tq} sweeps go through ρ_{max}) at different inplane B fields, or measuring ρ_{max} vs in-plane B at fixed gate voltages. For relatively thick samples such as device N2 with $t = 17 \text{ nm} > t_c$, the in-plane field up to ~31 T only induces a relatively small positive magnetoresistance (MR) of ~40% [Figs. 2(a) and 2(b), noting $\rho_{\text{max}}(B)$ is approximately proportional to B^2 at low fields and to B at higher fields]. At low fields ($< \sim 5$ T), thinner devices N3 and N5 (both ~ 10 nm) also show some positive MR (for N5, we also observed an additional tiny cusp with negative MR near 0 T). Such low-field features in thinner devices disappear when we increase the temperature to just a few Kelvin (see the Supplemental Material [26]); thus are attributed to phase coherent transport [18,19]. In the following, we mainly focus on the higher field data



FIG. 2. (a), (c), (e) Resistivity of three representative devices (N2, N3, and N5) measured as a function of V_{tg} at various inplane *B* fields at T = 0.3 K. The corresponding V_{bg} s are fixed at chosen values such that the V_{tg} sweeps go through ρ_{max} . (b), (d), (f) The ρ_{max} (and the corresponding MR, right axis) measured (at fixed V_{bg} and V_{tg} labeled in the figure) as a function of in-plane *B* field for the three devices (N2, N3, and N5, respectively).

showing a giant negative MR that has only been observed in thin samples with insulating behavior (attributed to hybridization gaps). For example, in device N3 [Figs. 2(c) and 2(d)], ρ_{max} drops dramatically above ~5 T and saturates at high field (~30 T) to ~0.45 h/e^2 . Notably for the more insulating sample N5 [Figs. 2(e) and 2(f)], $\rho_{\rm max}$ drops by a factor of ~ 20 (giving an MR $\sim -95\%$) from a very resistive value of $\sim 12h/e^2$ at B = 0 T to a value ($\sim 0.55h/e^2$) again close to $h/2e^2$ at B = 45 T. We have verified that device N5 also showed a large negative MR (-85% at 31 T) when the in-plane B field is perpendicular to the current direction (see the Supplemental Material Fig. S6 [26]). This contrasts with the negative MR associated with chiral anomaly in 3D Dirac-Weyl semimetals [34] and with various scattering mechanisms [16,35], as in those cases the negative MR disappears when the current is orthogonal to B. The field and temperature dependences we observed, as further discussed below, are also different from the behavior due to the quantum interference effect in a variable-range-hopping regime [36].

We performed systematic V_{tg} sweeps [with fixed $V_{bg} = 30$ V, as in Fig. 2(e)] to extract ρ_{max} with temperatures at various in-plane *B* fields from 11.4 to 45 T in device N5. As shown in Fig. 3(a), the insulating behavior of $\rho_{max}(T)$ is strongly suppressed at higher fields. At the highest field (45 T), ρ_{max} saturates to a value close to $\sim h/2e^2$ and becomes relatively insensitive to temperature. We estimated the thermal activation gap Δ_B^* from the slope of $\text{Ln}[(2e^2/h)\rho_{max}]$ vs 1/T in the temperature range of 3 to 22 K [Fig. 3(a) inset] and plotted it vs the corresponding *B* in Fig. 3(b), which also displays the gap size measured in another (second) cool down for *B* up to 18 T. The gap size Δ_B^* is found to differ slightly over different cool downs but exhibits a similar dependence on *B* in the intermediate field range (5–30 T).

Extrapolating the linear fits in Fig. 3(b) to zero suggests that the gap would close at a critical field (B_c) between



FIG. 3. (a) The ρ_{max} of device N5 ($t \sim 10 \text{ nm}$) vs *T* at different in-plane *B* from 11.4 up to 45 T. Inset shows corresponding thermal activation [$\rho_{\text{max}}(T) \propto e^{\Delta_B^*/2k_BT}$] fittings, while the extracted Δ_B^* is plotted (filled circles) as a function of *B* in (b) along with data measured from another (second) cool down. (b) The linear fits for both cool downs indicate a gap closing at B_c between 35 to 40 T, consistent with the inset showing the convergence (at $B_c = 36 T$) of all the linear fittings of $\text{Ln}[(2e^2/h)\rho_{\text{max}}]$ vs *B* at different temperatures.

36 and 40 T, around which we observe the sample (N5) to become metallic $[d\rho_{\text{max}}/dT > 0$, see Fig. 3(a)] below $T \sim 2$ K. However, some nonmetallic behavior $(d\rho_{\rm max}/dT < 0)$ can still be observed between 2 and 22 K even at the highest fields [Fig. 3(a)] and fitted to a thermal activation, giving data points that deviate from the red solid line [Fig. 3(b)]. A yet-to-be-understood nonmetallic behavior under large in-plane magnetic fields was also observed in gapless samples such as N2 with t = 17 nm [see the Supplemental Material Fig. S8(b) [26]]. We have also verified that $Ln[(2e^2/h)\rho_{max}]$ of sample N5 is linear with B ($< \sim 25$ T) at different temperatures and all the fitted lines converge to a critical field of \sim 36 T [inset of Fig. 3(b)]. This also suggests $\Delta_B^* \propto (B_c - B)$, with a saturation resistivity $\sim h/2e^2$ (when $\Delta_B^* \sim 0$) and gap closing at $B_c \sim 36$ T.

Our observations of distinct behavior between thick and thin BSTS samples may be interpreted in terms of a theory by A. A. Zyuzin *et al.* [15]. Generally, in thick TIs the inplane magnetic field *B* (set to be along the *x* direction) can introduce opposite shifts (along k_y) of top and bottom surface Dirac cones in the momentum space. This does not produce any MR effect in thick 3D TIs but will prevent the two DPs from annihilation and will tend to eliminate the hybridization gap in thin TIs [schematics shown in Fig. 4(a)]. Semiclassically, a spin-helical SS electron with spin orientated along the *B* field (thus spin magnetic moment $-g\mu_B/2$, with *g* being the in-plane spin *g* factor and μ_B the Bohr magneton) moves clockwise around the



FIG. 4. (a) Predicted evolution of the surface band structure from a trivial insulator towards a 2D TSM, upon increasing inplane *B* field in a thin TI sample with hybridized SS. (b) Schematic of the orbital motion (normal to *B* and *x* direction) of spin-helical SS electrons for a 3D TI film. In (a) and (b), the red and blue arrows denote the associated spin direction. (c) The gap size extracted from thermal activation can be underestimated (resulting in a smaller measured value $\Delta_B^* = \Delta_B - \delta$) compared to the real gap Δ_B due to the smearing effect of disorder induced potential fluctuations (δ) at different positions.

circumference [Fig. 4(b)] with orbital magnetic moment (parallel to *B* field) $\mu_{orb} = \{e/[2(w+t)/v_f]\}wt \approx etv_f/2$ (noting width $w \gg t$ in our samples) [37]. Both the spin and orbital magnetic moments couple to the B field, giving rise to an effective Zeeman energy $E_B = g_{eff} \mu_B B =$ $(g\mu_B - etv_F)B$ (total effective $g_{eff} = g - etv_F/\mu_B$, the second term can also be considered as due to the Aharonov-Bohm phase gradient between the two opposite surfaces). In thin TIs with hybridization gap Δ_0 (at zero B field), one can show (Ref. [15] and the Supplemental Material [26]) that the massive Dirac band is spin split by the above "effective Zeeman energy" shrinking the hybridization gap linearly with B as $\Delta_B = \Delta_0 - |E_B|$. The gap vanishes at a critical field B_c ($|E_B| = \Delta_0$), where the dispersion near k = 0 becomes quadratic along k_v and linear along k_x [see Fig. 4(a)]. With further increasing B $(> B_c)$, two DPs are restored and separated by $\sqrt{E_B^2 - \Delta_0^2 / \hbar v_f}$ along k_y . This gives rise to a distinct 2D topological semimetal (TSM) that is topologically stable as long as translational symmetry is preserved [15].

The above mechanism can qualitatively explain the trend we observed in experiments. However, the slope of the linear fitting yields the gap closing rate $|E_B/B| \approx$ 0.02 meV/T (corresponding to $g_{\rm eff} \approx 0.33$). This is nearly two orders of magnitudes smaller compared with $|E_B/B| \approx$ 1 meV/T theoretically estimated for a 10-nm sample by A. A. Zyuzin *et al.* [15], which assumed q = 2, leading to a negligibly small contribution from the Zeeman effect. Our results imply a large q, giving rise to a Zeeman term $(q\mu_B B)$ that is comparable with the orbital term $(etv_f B)$. Thus, the two nearly cancel to give a small $|E_B/B|$. Assuming a typical $v_f = 3.5 \times 10^5$ m/s for topological SS with purely linear dispersion, we get a in-plane SS q factor of ~60. In actual 3D TI materials such as BSTS, the surface Dirac cone contains substantial nonlinearity that can be described by a quadratic mass term added to the SS Hamiltonian [38]. Subsequently, a reduced $v_f \approx 1.3 \times 10^5$ m/s, which describes the linear part in the Hamiltonian, yields a g factor of ~ 20 (see the Supplemental Material [26]). It has been pointed out that the Zeeman coupling of the SS carriers can be highly anisotropic [39]. In previous experiments, only an out-of-plane SS g factor is determined and found to vary significantly in different TI materials [38,40]. Our study provides a method to extract the in-plane g factor of SS carriers.

We note that in our experiments, the gap extracted from thermal activation is an effective transport gap (Δ_B^*) and can be smaller than the real band gap (Δ_B) due to disorderinduced smearing, namely $\Delta_B^* = \Delta_B - \delta$, where δ is a correction due to the potential fluctuations (likely to be on the order of several meV or higher [41]) in the system [Fig. 4(c)]. Therefore, the observed apparent metallic behavior (Δ_B^* reaching 0) in device N5 above $B_c \sim 36$ T does not necessarily indicate the realization of the 2D TSM phase, which requires closing the real gap Δ_B and possibly much larger magnetic field than B_c (noting the relatively small gap-closing rate of 0.02 meV/T in light of the estimated $\delta \sim \text{meV}$ in our BSTS samples). It might be easier to realize the 2D TSM phase (at lower B field) in other TI systems with a smaller or even negative g factor (so the gap closing rate can be much larger than that in our samples). It would also be interesting for future studies to clarify whether the saturation resistivity $\sim h/2e^2$ is related to the modification of band structure and magnetic field induced spin-flip scatterings [20]. We also noticed that both Zeeman effect and disorders have played important roles in a previously observed large negative MR in a small-gap 3D system [17], however the underlying physical mechanism for the B field (in our case unique to in-plane direction whereas Ref. [17] has no such limitation) to shift the energy bands (reduce the gap) in our samples based on hybridized 2D surface states is different from that in Ref. [17].

To summarize, we have demonstrated in ultrathin BSTS films with hybridized and gapped surface states a transition from an insulator to semimetal induced by either increasing thickness or an in-plane magnetic field. The in-plane magnetic field can shrink the hybridization gap and give a large negative MR that may be exploited for applications. Sufficient in-plane magnetic field is predicted to drive the thin 3D TI with hybridization gap to a 2D TSM phase, which would have two single-fold Dirac cones separated in the momentum space and provide a 2D analog of Weyl semimetal (even though Weyl fermions cannot be strictly defined in even spatial dimensions [4]). Such a TSM can possess interesting 1D edge states [1,42], which are analogous to the Fermi arcs in 3D Weyl semimetals [4] and have signatures that future experiments (e.g., performed at even higher magnetic fields) can search as evidence for the TSMs.

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