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1	Processes influencing marsh elevation change in low- and high-elevation zones of a temperate
2	salt marsh
3	
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- 28
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30

31 Abstract

32

33 The movement of salt marshes into uplands and marsh submergence as sea level rises is well 34 documented; however, predicting how coastal marshes will respond to rising sea levels is 35 constrained by a lack of process-based understanding of how various marsh zones adjust to 36 changes in sea level. To assess the way in which salt-marsh zones differ in their elevation 37 response to sea-level change, and to evaluate how potential hydrologic drivers influence the 38 response, surface elevation tables, marker horizons, and shallow rod surface elevation tables 39 were installed in a Virginia salt marsh in three zones that differed in elevation and vegetation 40 type. Decadal rates of elevation change, surface accretion, and shallow subsidence or expansion 41 were examined in the context of hydrologic drivers that included local sea-level rise, flooding 42 frequency, hurricane storm-surge, and precipitation. Surface elevation increases were fastest in 43 the low-elevation zone, intermediate in the middle-elevation zone, and slowest in the high-44 elevation zone. These rates are similar to (low- and middle-marsh) or less than (high-marsh) 45 local rates of sea-level rise. Root-zone expansion, presumably due to root growth and organic matter accumulation, varied among the three salt marsh zones and accounted for 37%, but 46 47 probably more, of the increase in marsh surface elevation. We infer that, during marsh 48 transgression, soil-forming processes shift from biogenic (high marsh) to minerogenic (low 49 marsh) in response, either directly or indirectly, to changing hydrologic drivers.

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- 51

52 Introduction

53 Acceleration in the rate of sea-level rise beginning ca. 1980 (Rahmstorf 2007) and evidence of 54 ice sheet collapse (Rott et al. 2014; Schmidtko et al. 2014) leads to an overriding concern about 55 the ability of salt marshes to maintain elevation relative to current and projected sea levels. For 56 salt marshes to persist as they exist currently, they must increase elevation at rates at least equal 57 to those at which sea level is rising. This adjustment to sea-level rise occurs through vertical 58 elevation change, lateral transgression into uplands to offset losses from erosion of the seaward 59 edge, or both (Brinson et al. 1995; Redfield 1972). Salt marshes have the capacity to adapt 60 vertically to a wide range of relative sea-level rise rates resulting from feedbacks between tidal 61 flooding, plant growth, and sediment deposition (Anisfeld et al. 1999; Morris et al. 2002; Nolte 62 et al. 2013), and laterally when transgression is not limited by topography or human-built 63 structures (Kastler and Wiberg 1996; Kirwan et al. 2016b; Smith 2009; Smith 2015). 64 Understanding how processes generating vertical change might also generate horizontal 65 migration will allow for better prediction of salt marsh responses to accelerating relative sea-66 level rise (Cahoon et al. 2009).

67

Based on observations at Upper Phillips Creek marsh (37 27'N 75 50'W, 75° 50' 05" W), 68 69 Virginia, Brinson et al. (1995) provided a framework of ecosystem state change within salt 70 marshes that are migrating landward (Electronic Supplementary Material, ESM 1). The 71 framework identifies mechanisms underlying change from upland to high marsh, high marsh to 72 low marsh, and low marsh to subtidal mudflats within the mainland landscape along the mid-73 Atlantic region of the United States. Germane to the study reported here, they postulated that 74 high marsh conversion to low marsh is fostered when biogenic processes in high marshes fail to 75 maintain elevation relative to sea level. This results in deterioration of peaty high-marsh soils,

development of hummock-and-hollow topography and ponding. Disturbance by storm
deposition of wrack and herbivory may foster this development. Replacement by low marsh is
fostered by headward erosion of creeks and filling in of hollows with *Spartina alterniflora*Loisel. (reclassified as *Sporobolus alterniflorus* (Peterson et al. 2014)). However, the internal
salt-marsh processes that lead to replacement of high-marsh plants by low-marsh plants are still
poorly understood (Kirwan et al. 2016a; Wiberg et al. 2020).

82

83 Two primary sources of material contribute to elevation increases through accretion: deposition 84 of mineral sediments on the marsh surface (surface accretion) and accumulation of organic 85 matter in the root zone from in situ plant growth (Reed 2002). Accretion in salt marshes can be 86 dominated by either process (minerogenic or biogenic, respectively). For mineral soil formation 87 to dominate, two conditions are necessary; adequate sediment supply (Brinson et al. 1995; 88 Meade 1982; Morris et al. 2002) and a low elevation that allows frequent tidal inundation of the 89 salt-marsh surface for sediments to be deposited (Day et al. 2007; Morris et al. 2002). The 90 extensive salt marshes of the Gulf coast and southeast USA meet both of these conditions. As sea 91 level rises, the ability of sediment-dominated marshes to "keep-up" will be determined by 92 sediment load, hydroperiod (frequency, depth, and duration of flooding), and positive feedbacks 93 between vegetation and sediment deposition (Morris et al. 2002). In contrast, salt marshes 94 dominated by biogenic processes either lack adequate sediment supply or are infrequently 95 flooded by tides. The capacity of marshes with organic-rich soils to accrete biogenically and 96 increase in elevation is limited by the capacity of plants to produce belowground biomass and the 97 rate at which the material is removed by microbial decay (Anisfeld et al. 1999; Blum 1993; Blum 98 and Christian 2004; Bricker-Urso et al. 1989; Callaway et al. 1997; Chmura and Hung 2004; 99 Hatton et al. 1983; McCaffrey and Thomson 1980; Mudd et al. 2009; Turner et al. 2000). Many

100 New England marshes are noted for their high organic matter content (biogenic soils) as a 101 consequence of the low sediment supply (Meade 1982), the infrequent tidal flooding (Bricker-102 Urso et al. 1989), and the colder conditions found in higher latitudes. Salt marshes in the mid-103 Atlantic region, exhibit both types of accretionary processes, i.e., biogenic and minerogenic 104 (Cahoon et al. 2009; Ganju et al. 2015; Kirwan et al. 2016a). While there are clear regional 105 differences in the relative proportion of the processes that contribute to salt-marsh accretion and 106 elevation change, minerogenic and biogenic processes also can vary within individual salt 107 marshes (Nyman et al. 2006).

108

109 Many studies of elevation change in salt marshes have been conducted in zones where S. 110 alterniflora dominates (e.g., Chmura et al. 2001; Delaune et al. 1978; Donnelly and Bertness 111 2001; Kim et al. 1997; Kraft et al. 1992; Orson et al. 1998; Turner et al. 2006). Until relatively 112 recently, fewer data were available for irregularly flooded, high marsh where meadows of 113 Spartina patens (Aiton) Muhl. (reclassified as Sporobolus pumilus (Peterson et al. 2014)) and 114 Distichlis spicata and stands of Juncus roemerianus or Juncus gerardii often dominate (but see, Raposa et al. 2016). In high marshes, Cs¹³⁷- and Pb²¹⁰-dating confirms the capacity of these 115 116 zones in some salt marshes to respond to rising sea level in spite of the weaker connection to a 117 tidal regime than low marsh zones (Kaye and Barghoorn 1964; Kelley et al. 1995). Predicting 118 how coastal marshes will respond to rising sea levels is constrained by lack of understanding of 119 how processes allow various zones to adjust to changes in sea level. These processes include 120 regional environmental drivers, such as precipitation and sea-level dynamics, acting in concert 121 with local processes, such as primary production and soil properties (Cahoon and Guntenspergen 122 2010; Morris et al. 2002).

123

124 Here we present the results of a multi-decadal study designed to assess the way in which 125 saltmarsh zones differ in their response to sea-level change, and to identify which processes and 126 environmental drivers have the greatest potential to influence those responses. We focused on 127 hydrologic drivers because of the role tidal flooding and precipitation play in sediment delivery and deposition on the marsh surface, marsh plant productivity, and peat formation (Morris et al. 128 129 2002). Twenty years of measurements of vertical marsh-surface dynamics were partitioned into 130 surface elevation change, surface accretion (as defined above), and shallow subsidence or 131 expansion (as defined below). The contribution of root-zone processes to elevation change were 132 quantified for thirteen years. We determined whether rates of elevation change, surface 133 accretion, and shallow subsidence or expansion in salt-marsh zones with different plant 134 communities and hydroperiods were equivalent to each other and to concurrent rates of local 135 rising sea level. The influence of hydrologic drivers on rates of biogenic and minerogenic 136 processes were examined to help understand how processes in the high-marsh zones might 137 change during the transition to low-marsh zones. Our findings were placed into the context of the 138 Brinson et al. (1995) ecosystem state change framework (ESM 1).

139

- 140 Materials and Methods
- 141 Study Site
- 142

143 Upper Phillips Creek marsh (UPC) (37 27'N 75 50'W, 75° 50' 05" W) is a focal-study area of the 144 Virginia Coast Reserve (VCR) Long Term Ecological Research (LTER) program (Fig. 1). This 145 salt marsh developed along the edges of the Phillips Creek stream channel that drains the upland. 146 Salt marshes like UPC are common along Virginia's Atlantic Ocean coastline. Approximately 147 67% of the creeks that drain the uplands in this region are surrounded by extensive salt marshes

148	(Ricker 1999), and of the 5,607 ha of marshes that directly adjoin the mainland, 3,757 ha (67%)
149	are similar to UPC (Flester and Blum, in review). The UPC marsh has two important,
150	hydrogeomorphic characteristics: it has low relief, and sits high in the tidal frame (Kirwan et al.
151	2012). The mean tide range in Phillips Creek is typically between 1.5 - 2 m (Christiansen et al.
152	2000), and the 20-year average mean high-water level in meters relative to mean sea level
153	(hereafter, msl) was 0.551 ± 0.064 (SE) between 1997 and 2017. When compared with the
154	elevation of the marsh platform (1.000 to 1.119 m above msl, Table 1), these tide data support
155	visual observations that tidal flooding of the marsh platform occurs only on the very highest of
156	tides and during storms. The extensive, topographically flat marsh-platform is irregularly
157	flooded by tides with salinities that are typically 27 ± 5 ppt, total suspended solids of 100 ± 198
158	mg L^{-1} , and total dissolved inorganic nitrogen ranges from 1 to 8 μ M (McGlathery and Christian
159	2020). Anthropogenic nutrients are low in this system relative to other similar shallow coastal
160	systems (McGlathery et al. 2007). Soils across all elevations of the salt-marsh platform have
161	pore-water salinities that range between 25 to 34 ppt (Blum and Christian 2004). The importance
162	of tidal flooding decreases from the low to high zones of the platform. In the high zone,
163	precipitation is the predominant source of water, accounting for 81% of the total water inputs in
164	this portion of the marsh (Stasavich 1999). Although areas of the interior high marsh are flooded
165	only by storm tides, in most years the soil is continuously covered by brackish water from late
166	fall through spring. During warmer months, when evapotranspiration exceeds precipitation, the
167	water table is generally at or near the soil surface (Christian et al. 2000).
168	

Study sites were established in three distinct areas of the UPC marsh platform: a site dominated by short-form *Spartina alterniflora* nearest to Phillips Creek, one at the boundary between intact turf of mono-specific stands of *Juncus roemerianus* and mixed *Spartina patens* and *Distichlis*

172	spicata communities, and another site within a D. spicata/S. patens dominated community near
173	an area with developing hummock-and-hollow microtopography (Table 1). Based on differences
174	in elevation (Table 1) and tidal flooding frequency, the short-form S. alterniflora-dominated area
175	is referred to hereafter as the low zone, the intact turf area as the middle zone, and the hummock
176	and hollow area as the high zone (Fig. 1).
177	
178	Surface Elevation Table (SET), Shallow Rod SET (sRSET), and Marker Horizon (MH)
179	Installation and Measurement
180	
181	Marsh elevation responses were evaluated by the surface-elevation-table marker-horizon
182	approach that simultaneously quantifies surface accretion and surface elevation change with a
183	level of accuracy (~ 1-2 mm) and precision sufficient to distinguish between the influence of
184	surface and subsurface processes on marsh elevation (Cahoon et al. 2002a; Cahoon et al. 1995;
185	Lynch et al. 2015). Surface accretion was determined from repeated cryogenic coring of feldspar
186	marker horizon (MH) plots established on the marsh surface (Cahoon and Turner 1989; Lynch et
187	al. 2015). The depth of the marker horizons below the marsh surface is generally considered an
188	estimate of largely minerogenic processes in the short-term (Fig. 2). Marsh surface elevation
189	change was repeatedly measured relative to a subsurface datum using version 4 of the surface
190	elevation table (SET) (Cahoon et al. 2002a). The calculated difference between the simultaneous
191	measures of surface accretion (MH) and surface elevation (SET) gives an estimate of the effect
192	of processes occurring below the marker horizon and above the base of the SET bench mark on
193	marsh surface elevation change (Cahoon 2015) (Fig. 2).
194	

195 To examine the contribution of root-zone processes to surface elevation change, shallow-rod 196 surface-elevation tables (sRSET) were used to measure repeatedly the marsh surface relative to 197 the base of the sRSET (i.e., the depth of the root zone) in a manner similar to that used for the 198 SET. When an sRSET is installed to the bottom of the root zone it provides an estimate of root-199 zone elevation, which comprises surface accretion, subsidence or expansion within the root zone, 200 and biogenic processes both on the soil surface and in the root zone (Fig. 2) (Cahoon et al. 201 2002b; Lynch et al. 2015). The difference between measures from the sRSET and MH yields 202 information about root zone processes occurring below the marker horizon and above the base of 203 the sRSET, *i.e.*, the bottom of the root zone. However, like the SETs, sRSETs measure surface 204 accretion (deposition), which is determined by marker horizons (Fig 2).

205

206 Three SETs were established in each marsh zone on the UPC marsh platform in July 1997 for a 207 total of nine SETs (Fig. 1). Small wooden sampling platforms were constructed to allow access 208 to the soil surface while minimizing disturbance. Each SET benchmark pipe was driven into the 209 substrate until it no longer moved (Table 1) and the pipe cut so that approximately 50 cm 210 extended above the marsh surface. In July 1997, a month preceding the first marsh surface elevation reading, feldspar was spread (1-2 cm deep) within six 0.25 m²-plots at each SET 211 212 station for a total of 54 marker horizon plots. In July 2003, a sRSET was installed adjacent to 213 each SET. Each sRSET was pushed into the soil to a depth of 20 cm; a depth that encompassed 214 the entire root zone at the time of installation. In December 1998, the elevation of the marsh 215 surface at each of the SET benchmarks was determined by laser-level relative to permanent VCR 216 benchmarks established by the VCR LTER in 1992 using GPS survey. The elevation of the 217 marsh surface around the sRSET benchmarks was determined in September 2003. At four places 218 equidistance around the SET pipe and approximately 0.5 m from SET pipe, the elevation of the

219 soil surface was determined. Thus, the elevation of each SET is the mean of the four 220 measurements (Table 1). The VCR permanent benchmark used for leveling was 221 BROWNSVILLE (+37° 27' 38.4985028, -75° 50' 4.961264). All VCR permanent benchmarks 222 are referenced to VCR1 (+37° 17' 42.156630", -75° 55' 59.492560", elevation = 8.7000 m), 223 which is a benchmark that is part of the High Accuracy and Resolution Network (HARN). 224 Subsequent to installation of VCR1, the GEOID93 model and a correction for the GEOID12A 225 model were applied to the original data (Thomas and Carlson 1999). Elevations in Table 1 are 226 based on this single point (VCR1) which is referenced to NAVD88 and where a value of zero 227 corresponds to msl. All elevations reported herein are based on the VCR1 datum.

228

229 To measure changes in marsh elevation, the portable SET or sRSET device was attached to the 230 pipe or shallow rod benchmark, respectively, and leveled in all dimensions such that the table or 231 arm reoccupied the same reference plane in space for each reading, and each pin fell on the exact 232 same location on the marsh surface at each reading. Each of nine pins was lowered individually 233 until it touched, but did not penetrate, the soil surface. This procedure was repeated at four 234 different directions around each SET and each sREST (high and low zones), and six different 235 directions around each SET (middle zone). The two extra arm positions that were measured for 236 middle zone SET were placed so that half the arm positions were in a mono-specific J. 237 roemerianus community and the other three positions were in the neighboring S. patens-D. 238 spicata community. Within four years, the S. patens-D. spicata community was replaced by J. 239 roemerianus, but we continued to measure the same six arm positions for the duration of the 240 experiment. For the middle-zone sRSET, a total of eight arm positions were measured. Change 241 in elevation (in millimeters) was determined by comparing pin measurements from sequential 242 samplings. Simultaneously with SET measurement, a minimum of one core was collected by

243	cryogenic coring from at least two of the six marker horizon plots per SET-sRSET benchmark
244	pair (Cahoon et al. 1996) (i.e., ≥ 6 cores per zone). The depth from the surface to the marker
245	layer was measured to the nearest millimeter with a ruler at up to four positions on each core.
246	The surface elevation and surface accretion measurements were made semi-annually beginning
247	in August 1997, while the semi-annual root-zone elevation measurements did not begin until
248	September 2003. Beginning in April 2010, both types of elevation and surface accretion
249	measurements were made annually.

250

251 Statistical Approach: Comparison of Elevation, Root-Zone Elevation, and Surface Accretion 252 Rates among Marsh Zones

253

254 The 20-year cumulative trends in marsh surface elevation were regressed against time for each 255 SET pin resulting in 36 estimates of the linear trends (or 54 for middle zone SETs) for each SET 256 benchmark. Next the mean of the nine linear trend rates for each arm position was determined 257 and then these rates were averaged to give a rate of elevation change for each SET benchmark 258 (Lynch et al. 2015). This approach was used for each of the three benchmarks in each of the 259 three marsh zones to give three independent estimates of elevation change within a marsh zone. 260 An approach similar to that used for the SETs was used to calculate elevation changes for the 261 sRSET in each of the three marsh zones. For surface accretion, up to eight measured estimates of 262 marker depth were averaged to yield one measure per SET-sRSET pair yielding three 263 independent measurements of surface accretion per marsh zone. The rates of surface and root-264 zone elevation change, and surface accretion were determined by regression against time. 265 Statistical significance of differences in these three rates among marsh zones was determined by 266 one-way ANOVA using SPSS (SPSS Statics, ver. 17, 2008) with an α -level of 0.05 and N=3 for

267 each of the three marsh zones. Tukey's HSD post-hoc test determined significance of individual268 pairs of means.

269

270	Rates of subsidence within the root zone, and rates of shallow subsidence below the root zone
271	were calculated as the simple differences between the appropriate variables; i.e., shallow
272	subsidence rate by difference between surface accretion rate and elevation change rate (Fig. 2,
273	III), subsidence within the root zone by difference between surface accretion and shallow
274	elevation change (Fig. 2, V), and subsidence below the root zone by difference between root-
275	zone elevation change and elevation change (Fig. 2, VI). Note that negative values of subsidence
276	indicate expansion, while positive values indicate subsidence. Statistical significance of
277	differences in subsidence rates among marsh zones was determined by one-way ANOVA using
278	SPSS (SPSS Statics, ver. 17, 2008) with an α -level of 0.05 and N=3 for each of the three marsh
279	zones. Tukey's HSD post-hoc test determined significance of individual pairs of means.
280	
281	Calculation of Local Sea Level, Relative Sea-Level Rise Rates, and Tidal Inundation Index of
282	Marsh Zones
283	
284	Previous studies (Christiansen et al. 2000; Kastler and Wiberg 1996; Turaski 2002) have found a
285	strong correlation between tides at Phillips Creek and the National Oceanographic and
286	Atmospheric Administration (NOAA) Wachapreague Channel tide station (station ID 8631044;
287	37° 36.5' N, 75 41.1' W; https://tidesandcurrents.noaa.gov), even though tidal range is smaller at

288 Wachapreague and the timing of high tide is approximately one hour later at Phillips Creek than

289	at Wachapreague. The relationship between measured tide levels at Wachapreague and Phillips
290	Creek is determined by the following equation (Christiansen 1998; Turaski 2002):
291	
292	Tide, Phillips Creek (cm) = [Tide, Wachapreague (m) +1.85m]*1.08(cm m ⁻¹) - 1.89 (eq.1),
293	
294	where <i>Tide</i> is water level relative to mean sea level.
295	
296	Gaps in verified water levels exist at the Wachapreague station during portions of the period
297	between 2000 and 2008, so it was necessary to use another tide station to determine local,
298	Phillips Creek tide levels. We examined the relationships between the measured water levels for
299	NOAA Wachapreague, Kiptopeke (station ID = 8632200;), Sandy Hook (station ID = 8531680),
300	and Atlantic City (station ID = 8534720) tide station (https://tidesandcurrents.noaa.gov) between
301	1979 and 1999 using a MATLAB correlation routine. The most closely correlated data were
302	between Wachapreague and Kiptopeke ($r = 0.99$) with the following relationships:
303	
304	Tide, $W_{achapreague}$ (m, MSL) = 1.0574*Tide, $K_{iptopeke}$ (m) – 0.0027 m (eq. 2), and
305	
306	Tide, $Wachapreague$ (m, MHHW) = 0.9622*Tide, $Kiptopeke$ (m) +0.1994 m (eq. 3)
307	
308	We used Equations 2 and 3 to estimate Wachapreague tide elevations from measured water
309	levels from the Kiptopeke station data, and then used Equation 1 to predict the tide elevations in
310	Phillips Creek. The mean water-level values obtained were used to determine the local rate of
311	relative sea-level rise at UPC by regressing msl for the time period 1997 and 2017.

312

The local, 20-year rate of sea-level rise in Phillips Creek was determined by linear regression in SPSS ver. 25. The 95% confidence limits of the sea-level rise trend line and the standard error of the sea-level rise rate estimate were determined by linear regression analysis. To determine if the rates of sea-level rise differed from the rates of marsh surface elevation increase, an ANCOVA analysis (SPSS ver. 25) was done with an α -level of 0.05.

318

319 An index of tidal flooding potential (hereafter, the tidal flooding index) was calculated between 320 1997 and 2017 to provide an estimate of the relative differences in tidal flooding among the SET 321 replicates. The tidal flooding index was established by counting the number of times the high 322 tide elevation in Phillips Creek was equal to, or greater than, the elevation of the marsh surface. 323 The elevation of the marsh surface was recalculated each time a SET measurement was made. 324 Then the number of potential high tides flooding a zone for each month during the interval 325 between elevation measurements was used to calculate the mean number of potential high tides 326 flooding each SET replicate per month for the interval between SET measurements to give the 327 tidal flooding index. Note that this approach overestimates the frequency of actual flooding at a 328 location because the effect of plants on the tides was not considered (Leonard and Reed 2002). 329 Nor does the index provide an estimate of the duration of flooding, although the duration of 330 flooding may have varied by as much as 15 to 20 minutes for each 4-cm of difference in 331 elevation (Scholten and Rozema 1990).

332

333 Precipitation

334

335 Daily measurements of precipitation were obtained from the NOAA Climate Data Center
336 (*http://cdo.ncdc.noaa.gov/ulcd/ULCD*) for the Accomack County Airport (MFV) at Melfa,

337	Virginia (latitude 37°38'57.48" N, longitude 75°44'28.74" W). The NOAA MFV station is
338	located approximately 22 km north of UPC and average monthly rainfall at MFV provides
339	estimates of precipitation very highly correlated ($r > 0.98$) with historical records between 1988
340	and 1999 from the UPC met station.

341

342 Between 1997 and 2010, we examined the correlation of precipitation with incremental surface 343 elevation and surface accretion change, and with incremental root-zone elevation change 344 between 2004 and 2010 for the growing season. The growing season was considered to be April 345 through August, and coincides with when semi-annual measurements were done. We also 346 examined the correlation between annual precipitation (April through March) and annual 347 incremental change of surface elevation, surface accretion for the entire record from 1997 to 348 2017, and root-zone elevation between 2004 and 2017. Daily precipitation measurements were 349 summed to obtain the total amount of rainfall during the intervals between measurements (either 350 April through August for the growing season or April through March for annual increments). 351 SPSS (SPSS Statistics, ver. 17, 2008) was used to carry out the correlation analysis.

352

353 Soil Organic Matter Content

354

During the summer of 2000 and 2001, soil cores, (8.89 cm diameter by at least 30 cm long), were collected near, but not within 5 m of, the SET benchmark pipes and at marsh elevations similar to that of the soil surface at the base of the SET pipes. Five cores were collected in the low and middle zones, while only three cores were collected in the high zone. Compaction from core collection was determined by measuring from the top of the core tubing to the soil surface on the inside and outside of the core tubing. Only cores with less than 0.5 cm difference between the

two measurements were used for soil organic matter analysis. The cores were capped and stored in a cold room at 3° C in the aluminum core tubes. Each soil core was extruded from the aluminum pipe, and then cut into 2-cm segments over the top 6 cm and 5-cm segments over the remaining length of the core. Soil organic matter was determined by loss-on-ignition at 450 °C to a constant mass. Data are expressed as percentage of dry mass. SPSS (SPSS Statistics, ver. 17, 2008) was used to carry out a one-way ANOVA analysis of depth-averaged organic matter content. Tukey's HSD post-hoc test determined significance of individual pairs of means.

368

369 **Results**

370 Marsh-surface elevation increased in all three marsh zones during the 20-year study period. Only in the case of the high marsh is there the potential for elevation increase to be unable to maintain 371 372 pace with estimated local sea-level rise rate of 4.1 ± 0.2 mm yr⁻¹ during the 20-year period. The 373 elevation of the low-, middle-, and high-marsh zones (calculated from rates in Table 2) changed 374 between 1997 and 2017 by 98.4 \pm 0.1, 86.0 \pm 0.2, and 65.8 \pm 0.1 mm (\pm standard error of the 375 estimated rate), respectively. Based on the local rate of sea-level rise in Phillips Creek (see Fig. 376 3), sea level rose by 82 ± 0.2 (mm \pm standard error of the estimated rate) during this same period 377 of time. The rate of marsh surface increase in the high zone was less than the rate of sea-level rise, and significantly different from the sea-level rise rate (ANCOVA, F = 5.118, p = 0.027). 378 379 Neither of the rates of marsh surface increase in the low- or middle-marsh zones were 380 significantly different from the Phillips Creek sea-level-rise rate. There was considerable 381 variation in belowground dynamics as indicated by the temporal changes in the rates of surface 382 accretion, surface elevation change, and root-zone elevation change (Tables 2 and 3), but the 383 root-zone elevation change always exceeded both elevation change and surface accretion,

highlighting the importance of root and rhizome dynamics to elevation change on the marsh
platform (Fig. 4, Table 3). Below, we first present the multi-year trends in elevation, surface
accretion, root-zone elevation change, and shallow subsidence. Then we examine the potential
drivers affecting the dynamics of elevation change including the tidal flooding index (a relative
measure of the frequency of tidal flooding), variation in precipitation, an extended drought, and
two hurricanes.

390

391 Elevation, Surface Accretion, and Shallow Subsidence Rates

392

393 Over the full 20-year period of measurements, surface elevation (SET) increases were

394 significantly different among the three marsh zones (F = 69.29, p < 0.001) (Table 2). Variation in

395 rates of surface accretion over the original marker horizons limited the ability to detect

396 differences in the mean rate of surface accretion among marsh zones, even though surface

397 accretion patterns were similar to those for elevation change (Fig. 4, Table 2). The rate of surface

398 elevation increase was greatest in the low zone (4.9 mm yr⁻¹), intermediate in the middle zone

399 (4.2 mm yr⁻¹), and smallest in the high zone (3.3 mm yr⁻¹). Similarity in the 20-year rates of

400 surface accretion among these three regions is likely due to the high variance associated with

401 differences in the accretionary processes among the three individual replicate sites in the high

402 marsh. Those rates were 2.9 mm yr⁻¹ (site 4A), 3.8 mm yr⁻¹ (site 4B), and 4.1 mm yr⁻¹ (site 4C)

403 and likely reflect the developing hummock-and-hollow topography in the high marsh (Fig. 1).

404 Subsurface change (expansion or shallow subsidence) was small and of the same magnitude as

405 the standard errors associated with rates of surface accretion (Table 2).

406

407 Root-Zone Contributions to Elevation Change between 2004 and 2017

408

409 The surface elevation change (measured by SET) was significantly different from the elevation 410 change within the root zone (measured by sRSET) (t = -2.363, p = 0.046). That overall 411 difference was due to the greater change in the root zone relative to the observed change in 412 surface elevation for the low and middle zones. In the high-marsh zone, the surface elevation and 413 root-zone elevation measurements were not different. Because the surface elevation change is the 414 sum of processes occurring in the root zone and those occurring below the root zone (e.g., 415 shallow subsidence), the imbalance in elevation change (in the positive vertical dimension) must 416 be due to higher rates of processes in the root zone. While Table 3 indicates that shallow 417 subsidence below the root zone occurred in the low and middle zone, the greater change in the 418 root-zone elevation (thickness of the root zone) in these zones was enough to overcome the 419 subsidence and add to the change in surface elevation. 420

421 Surface accretion rates were always less than root-zone elevation change rates. In other words, in 422 all marsh zones, root-zone expansion of the soil profile occurred to a greater amount than could 423 be accounted for by surface accretion alone (Table 3, column V). This result indicates that 424 processes occurring below the marker horizon, but within the root-zone, contribute to elevation 425 increases in all marsh zones between 2004 and 2017.

426

427 Rates of subsidence below the root-zone (difference between elevation change in the root- zone 428 and surface elevation) were not significantly different among the three marsh-platform zones 429 (Table 3, column VI). The fact that surface elevation changes were less than root-zone elevation 430 changes in the low and middle marsh zones indicates that between 0.7 and 0.8 mm yr⁻¹ of 431 shallow subsidence occurred below the root zone. In the high-marsh zone, root-zone elevation 434

Flooding Frequency and Precipitation Influences on Surface Elevation, Root-Zone Elevation,
and Shallow Subsidence

437

We examined the potential for selected hydrologic drivers related to soil saturation to influence marsh elevation and surface accretion dynamics within each of the marsh zones in two ways – incremental changes between measurements and the long-term rates. Drivers included frequency of tidal flooding, which was based on a tidal flooding index, and precipitation. Incremental changes (difference from one measurement to the next) in surface elevation, root-zone elevation, and surface accretion were not correlated with either of these drivers indicating that they had little effect on elevation or surface accretion change in the short-term.

445

446 Although the elevation of the low, middle, and high zones differed by less than 10 cm (Table 1), 447 during the twenty years of tidal data examined, the tidal flooding index for the low zone was 448 always significantly different from, and greater than, the other two zones (ANOVA, F = 46.488; 449 p = 0.001). Over the entire study, the number of times the tidal flooding index exceeded the 450 elevation of the marsh surface at the sample sites was generally small and highly variable (the 451 tidal flooding index range was 1 to 12 tides per month) (Fig. 5). All sites are located at elevations 452 on the marsh platform well above the mean highest high tides (Table 1). During the study period, 453 the estimated mean highest high tides in Phillips Creek, the source of tidal water in the UPC 454 marsh, was 0.71 ± 0.02 m (\pm one standard error) above mean sea level while the lowest elevation 455 SET and sRSET benchmark pipes were located at or above 1.000 m (Table 1). Variation of the

456 tidal flooding index among years was large. For example, in 2001 and 2002 (study years 4 and 5; 457 Fig. 5) the low-zone tidal flooding index suggests that the low zone was flooded less frequently 458 than the high zone in 1998, 1999, and 2003 (study-years 1, 3, and 6; Fig. 5). The middle and 459 higher zones could have flooded only on the very highest of spring high tides for 2001 and 2002 460 (study-years 4 and 5; Fig. 5). Flooding frequency likely was much higher in all zones between 461 October 2009 and March 2010 (study year 12) when the tidal flooding index in the low zone was 462 12 events per month, and in the middle and high zones when the index was eight events per 463 month. That the tidal flooding index was higher during this time, reflects the higher than normal 464 tides reported in 2009 and 2010 along the entire USA east coast (e.g., National Oceanographic 465 and Atmospheric Administration 2009). These unusually high tides likely resulted from 466 persistent strong northeast winds coupled with a weak Florida Current that was coincident with 467 perigean-spring tides (Sweet et al. 2017).

468

During this study, two hurricanes affected the study site, Hurricane Isabel in September 2003,
and Hurricane Sandy in October 2012 (Allen and Oertel 2005; Cahoon et al. 2019). There was no
evidence of elevation or surface accretion increases associated with either hurricane that
persisted for more than six months.

473

Precipitation during the study was highly variable (Fig. 6), but tended to be higher in July and
August than in other months (Fig. 6A). During the latter half of the study, annual precipitation
was consistently lower than the 30-year annual average (1961-1990; Fig. 6B). Growing season
rainfall (April through August) was notably lower for a five-year period between 2007 and 2011.
Nevertheless, the total amount of precipitation that occurred in the interval (either semi-annually
between 1997- 2011 or annually between 2011-2017) between measurements was not

481 surface accretion during the study period.

482

483

484 Soil Organic Matter Content (SOM) of Marsh Zones

485

Soil organic matter content with 2 cm of the surface to 10 cm below the surface at all zones was greater than 40% of the soil dry mass (Fig. 7). Near surface soils at middle and high zones had substantially more soil organic matter than at the low zone. The depth-averaged organic matter content was greatest in the high and middle zone, and significantly less in the low zone (ANOVA, F = 5.817, p = 0.021). In all marsh zones, the soil organic matter content decreased with depth to less than 10% at depths greater than 20-cm below the marsh surface.

492

493 **Discussion**

494 Insight into the processes directly or indirectly controlling horizontal migration of salt marshes in 495 response to sea-level rise can come from examination of vertical processes of elevation change, 496 surface accretion, and shallow subsidence (Cahoon et al. 2009). Others have examined the 497 processes controlling transition of marsh to subtidal (Hackney and Cleary 1987; Marani et al. 498 2011; McLoughlin et al. 2015; Reed and Cahoon 1992; Stevenson et al. 1985) and upland to high 499 marsh (Anisfeld et al. 2017; Fagherazzi et al. 2019; Gardener et al. 1992; Kearney et al. 2019). 500 Although others have documented the transition from high to low marsh (Kastler and Wiberg 501 1996; Smith 2009; Smith 2015), we are not aware of papers focused on the internal dynamics 502 that could lead to conversion from high to low zones within a marsh.

503

504 Brinson et al. (1995) provide a framework (ESM 1) for examining the mechanisms underlying 505 marsh transitions and hypothesized a switch from biogenic processes at higher elevations to 506 minerogenic processes at lower elevations within broad marsh platforms. In fact, our high zone 507 sites were in the process of forming the hollow-and-hummock topography at the beginning of 508 our study and were near the "subsiding high marsh" condition described in Brinson and Christian 509 (1999). Our measurements (Tables 2 and 3; Fig 4) document a difference between the high-510 elevation and low-elevation zones in the relative importance of biogenic accumulation within the 511 root zoned compared to surface, minerogenic processes. Both surface accretion and root-zone 512 elevation processes were greater and soil organic matter content was less at lower elevations than 513 higher on the marsh platform (Table 3, Figure 7B). We infer that the transition from high-marsh 514 to low-marsh is accompanied by changes in soil characteristics – i.e., peaty, high-marsh soils 515 transition to mineral, low-marsh soils – and that the respective soils reflect process or process 516 rate changes facilitating the transition. Sedimentation combined with similar rates of biogenic 517 accretion within the soil, results in greater rates of vertical change than in the high marsh where 518 vertical change is dominated by biogenic processes. Further, we hypothesize below that 519 hydrologic drivers, particularly infrequent tidal inundation in the high marsh zone, controls the 520 rate of biogenic processes, as well as minerogenic processes.

521

522 Surface Elevation Change as an Indicator of High to Low Zone Transition

523

524 The marsh surface elevation of all zones on the Upper Phillips Creek marsh platform increased

525 during the 20 years of this study, and the rates of increase differed among the lower-, middle-,

526 and higher-elevation zones. Both measures of elevation increase (surface and root-zone) were

527 greatest in the low zone nearest the source of tidal flooding than in the less frequently flooded, 528 high zone (Table 2, Fig. 3). Rate changes in the middle zone were intermediate or equal to those 529 in the low zone. The rates of change for the low and middle zones were not significantly 530 different from the rate of sea-level rise in Phillips Creek. In contrast, the rate of high-zone 531 elevation change was significantly less than sea-level rise in Phillips Creek. Given these local, 532 relative sea-level-rise rates, the low and middle zones of the UPC marsh platform appear to be in 533 equilibrium with the decadal local relative sea-level rise, while the irregularly and infrequently flooded high zone is decreasing relative to sea level at about 0.5 mm yr⁻¹ and is not in 534 535 equilibrium with sea-level rise in Phillips Creek.

536

537 Disequilibrium between rates of soil surface elevation and relative sea-level change may cause 538 transition from high- to low-marsh to occur nonlinearly. If the current long-term trajectories of 539 sea level and soil surface elevation change persist at UPC, tidal flooding should become more 540 frequent in the high zone and may increase the rate of formation of marsh ponds and the extent 541 of hummock-and-hollow topography. Brinson et al. (1995) indicate that ponding of water and 542 hummock-and-hollow topography signal intermediate stages in the conversion of high- to low-543 marsh during marsh transgression. Since 1995, microtopography of the UPC high marsh has 544 continued to increase. Brinson and Christian (1999) reported that the high marsh zone exhibited 545 greater microtopography than either the low or middle zones, and Blum and Christian (personal 546 observations 2000 - 2017) note that microtopographic relief continues to develop both vertically 547 and horizontally. Given the rates of marsh surface elevation change that are less than rates of 548 sea-level rise, we expect more extensive ponds or greater hummock-and-hollow formation to 549 continue into the future. Concurrent with increasing ponding and hummock-and-hollow 550 formation in the high zone, the ratio of unvegetated to vegetated area should increase, indicating increasing marsh vulnerability to sea-level rise (Ganju et al. 2015). An implication of these observations, given current precipitation patterns, is that there may in fact be thresholds of tidal flooding that result in rapid transitions from high to low zones with concomitant changes in the soil forming processes at a fixed point.

555

556 Processes Contributing to Surface Elevation Change

557

558 Both deposition of materials on the soil surface (surface accretion) and processes below the 559 surface (root-zone elevation) made important contributions to the elevation increases and soil 560 composition in all three marsh zones, but at different rates. Differences in elevation change 561 among the zones must result from expansion of the soil between the bottom of the active rooting 562 zone and the bottom of the marker horizon (Table 3, column V). For example, the proportion of 563 the elevation increase directly attributable to root-zone processes vs surface accretion were 0.11, 564 0.37, and 0.11 in the low, middle, and high zones respectively (Table 3, column V divided by 565 column II). These estimates of root zone contributions to soil surface elevation increases are 566 conservative because they do not include roots that have grown above the marker horizons (i.e., 567 underestimates of biogenic processes and overestimates of minerogenic processes) (Fig. 2). 568 Roots of S. patens are known to grow on the soil surface when soils are flooded and to contribute 569 to surface accretion and elevation increases (Nyman et al. 2006), and we observed abundant 570 roots above the marker horizons during coring in all marsh zones (Fig 7a). Further, soil organic 571 matter within 2 cm of the surface at all zones was similar down to a depth of 10 cm (Fig. 7). 572 Even after 20 years, the original marker horizons were still being recovered during cryogenic 573 coring and the depth to the marker layers was > 4 cm; thus, providing ample space for roots and

574 rhizomes to grow, contribute to surface accretion rates, and inflate estimates of mineral575 deposition on the marsh surface.

576

577 These findings highlight differences in processes in the root zone, including near the surface, that 578 contribute to soil elevation change at UPC marsh and, potentially, in other, nearly flat, salt 579 marshes that sit high in the tidal frame. These contributions likely derive from organic matter 580 accumulation of roots for several reasons: previous measures of organic matter decay rates were 581 similar and root production rates were different between high and low zones (Blum and Christian 582 2004), and organic matter content of the three zones is different (Fig 7b, and Blum and Christian 583 2004). Both plant communities and the tidal flooding index differed among the three salt marsh 584 zones so it is not clear which of these factors, individually or in combination, account for the 585 slower elevation change in the high zone compared to the low and middle zones. What is clear is 586 that soil expansion occurring in the root zone below the marker horizon is similar in the high and 587 low zone (Table 3, column V) while the organic content of the near-surface high zone is 588 significantly greater than in the low zone (Fig. 7b). These observations suggest that mineral 589 sediment deposition in the low zone "dilutes" organic matter and, when combined with similar 590 rates of biogenic accretion within the soil, results in greater rates of elevation change than in the 591 high zone where elevation change is dominated by biogenic processes.

592

Rates of Marsh Elevation Change, Water Budgets, and High to Low Zone Transition

595 Marsh elevation can be responsive to precipitation volume and frequency (Cahoon and Lynch

596 1997), tidal flooding (Bradley and Morris 1990; Nuttle et al. 1990), groundwater elevation

597 (Smith and Cahoon 2003; Whelan et al. 2005), and evapotranspiration (Paquette et al. 2004) on

598 hourly to monthly time scales. None of the environmental drivers examined, including tides, 599 were linearly correlated with vertical elevation changes of the marsh surface in UPC marsh at 600 time scales appropriate to capture these dynamics (hourly over tidal cycles and monthly over 15 601 months) (Willis 2009). However, at longer temporal scales, the difference in the rates of 602 elevation increase in the three zones corresponded to the tidal flooding index reported here, and 603 to the relative abundance and production of live plant roots in these same marsh zones reported 604 by Blum and Christian (2004). Areas most frequently receiving tidal water had lower rates of 605 root production and were associated with the highest rates of elevation increase (e.g., low zone); 606 those least frequently flooded by tides with greater root production (e.g., high zone, Blum and 607 Christian 2004) had the slowest rates of elevation change (Table 2). 608

609 In addition to tidal delivery of sediments, we suggest that tides affect the water budget of the 610 soils on the marsh platform and its elevation by controlling accumulation of belowground 611 biomass and organic matter preservation. Although high marsh plants produce a thick thatch on 612 the soil surface in the high zone (personal observations), the presence of thatch was not reflected 613 in differences in surface accretion among the zones (Table 2). This is most likely due to rapid 614 decomposition of these materials during the warm summer months when the ground water levels 615 are below the surface litter layer, particularly in the middle and high zones (Kirwan and Blum 616 2011). As organic materials produced belowground accumulate in the high zone, water storage 617 capacity should increase, creating a robust feedback that promotes the saturated conditions 618 necessary for organic matter preservation, and hence, biogenic accretion within the soil and soil 619 surface elevation increases.

620

621 Such a feedback is analogous to the way that organic matter accumulation rates in raised bogs 622 are driven by changes in soil saturation related to the water balance (Belyea and Baird 2006). 623 Similar to bogs, the development of extensive areas of high salt marsh may be dependent on a 624 water balance that maintains fully or nearly fully saturated soils (Christian et al. 2000). In the 625 humid climate of the USA mid-Atlantic, the UPC high marsh water balance is dominated by 626 precipitation (Hmieleski 1994; Stasavich 1999). In the six years immediately preceding the 627 beginning of the SET record, the water budget in a nearby area of the UPC high zone was 628 dominated by precipitation (67%) inputs, while tides accounted for the remaining 33% of the 629 budget even though mean tidal inundation was less than three times per year (Christian et al. 630 2000; Stasavich 1999). Thus, even when tidal inundation frequency is low, tides may contribute 631 a significant portion of the water required to preserve organic matter, form organic soils, limit 632 plant community composition to salt-tolerant high-marsh species, and influence the rate of plant 633 production of organic matter. If tides represent an infrequent, but essential contribution to the 634 water budget of the marsh platform, then it is reasonable to hypothesize that sea level is a critical 635 component of the water budget affecting elevation increase even though the elevated position of 636 the three marsh zones (Table 1) suggests a lack of functional, direct connection to estuarine 637 dynamics.

638

Other evidence for the critical contribution of tides to the UPC-marsh water budget comes from observations of elevation response to the tidal flooding index (Fig. 5) and precipitation patterns (Fig. 6) in the three SET zones between the years 2000-2003 and 2007-2009 (Fig. 4, study years 3-6 and 10-12, respectively). Assuming that the tidal flooding index is an accurate predictor of the relative frequency of tidal flooding, the less frequent tidal flooding in the high and middle marsh between 2000 and 2003 (Fig. 5) coincided with a period of no elevation change (Fig. 4). 645 Lower than typical rainfall in the latter half of 2007 through 2009 (Fig. 6), however, had no 646 apparent effect on elevation change (Fig. 4). The difference between the years 2007-2009 and 647 2000-2003 is that the tidal flooding index of the high zone is nearly twice as great during 2008-648 2009, when the elevation continued to increase, than observed for the period 2000-2002, when soil elevation did not increase. In the low zone, the tidal flooding index also decreased (Fig. 5), 649 650 but no relationship with soil elevation change was apparent (Fig. 4). Our interpretation of these 651 observations is that there is a lower threshold of flooding (about 1-2 times each month) below 652 which elevation does not increase because precipitation alone cannot maintain sufficiently 653 saturated soils to promote organic matter accumulation in the mid and high zones. Even when 654 precipitation was much below average, as occurred in 2007-2009 (Fig. 6B), if the tidal flooding 655 index exceeded 2 per month (Fig. 5), the actual tidal flooding was apparently adequate to 656 maintain soil saturation conditions sufficient to favor biogenic accretion rates high enough to 657 increase surface elevation. However, the rates of biogenic increase in soil elevation were 658 insufficient to maintain the relative difference between the high marsh elevation and local sea 659 level. This result suggests that the current combination of high marsh flooding frequency, and 660 precipitation amounts and distributions, have initiated the transition to low marsh as the relative 661 difference in elevation between local sea level and the high marsh becomes smaller.

662

In summary, through the use of a combination of surface elevation tables installed to different depths in the soil, and marker horizons, we show that within a salt-marsh, the vertical rates of surface change differ among lower-, middle-, and higher-elevation zones on the marsh platform due to differences in accretion within the root zone. In the lower and middle zones, the rates of elevation increase were equal to the short-term, local rate of sea-level rise, while those of the high zone were positive, but less than the short-term, local rate of sea-level rise. Relative to sea669 level, the elevation of the high marsh is decreasing, providing support for the prospect that the 670 current high marsh is transitioning to low marsh, as predicted by the conceptual model of 671 Brinson, et al. (1995). To understand and predict how sea-level rise will impact the extent and 672 functioning of salt marshes depends on such high-resolution determination, such as presented in 673 this report, of the processes that lead to marsh surface elevation change within a marsh. The 674 challenge is identifying at what rates and what combinations of flooding frequency, precipitation 675 amounts and distributions, and elevations maintain a marsh plant community or initiate change to 676 a different coastal habitat.

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- 907
- 908

909 Table 1. Elevation of the marsh surface around the SET and sRSET benchmarks. MHHW for

910 Phillips Creek was 0.71 (m, NAVD88). Station locations are shown in Figure 1. Elevations are

911 based on this single point (VCR1) which is referenced to NAVD88 and where a value of zero

912 corresponds to msl.

913

914	SET		5	sRSET		
Zone (replicate)	Installation Depth (m)	Marsh Elevation 1997 (m, NAVD88) ^a	Installation Depth (m)	Marsh Elevation 2003 (m, NAVD88) ^a	Dominant Vegetation of Zone	
Low (A)	2.30	$1.000\pm0.000^{\text{b}}$	0.20	1.018		
Low (B)	1.45	1.014 ± 0.003	0.20	1.019		
Low (C)	1.36	1.002 ± 0.002	0.20	1.013		
Low Zone		$1.005\pm0.002^{\rm c}$		1.017 ± 0.003	short-form S. alterniflora	
Middle (A)	1.30	1.061 ± 0.010	0.20	1.068 ± 0.003		
Middle (B)	1.30	1.076 ± 0.005	0.20	1.071 ± 0.015		
Middle (C)	1.09	1.086 ± 0.009	0.20	1.061 ± 0.005		
Middle Zone		1.074 ± 0.005		1.067 ± 0.002	J. roemerianus/ D. spicata/ S. patens	
High (A)	1.24	1.119 ± 0.003	0.20	1.089		
High (B)	1.18	1.098 ± 0.008	0.20	1.113		
High (C)	1.24	1.095 ± 0.013	0.20	1.075		
High Zone		1.104 ± 0.006		1.092 ± 0.012	D. spicata /S. patens	

^a referenced to VCR1, a High Accuracy and Resolution Network (HARN) benchmark. See text for details.

^b mean of four replicate measurements of marsh surface elevation \pm one standard error

^c average of zone replicates \pm one standard error

915	Table 2. Differences among marsh zones of rates of accretion (I), elevation (II), and shallow
916	subsidence (III) on the marsh platform (1997-2017). Superscripts indicate statistical differences
917	within the column (among marsh zones) for each variable; differences are based on one-way
918	ANOVA of $n = 3$ independent rates at $\alpha = 0.05$. Tukey's HSD post-hoc test determined
919	significance of individual pairs of means. Units of measurement for all variables = $mm yr^{-1}$.
920	Values are means with one standard error of the mean shown in parentheses.

(I)	(II)	(III)
		Shallow
Surface	Elevation	subsidence or
accretion	change	expansion ¹
		(I-II)
$4.8(0.2)^{a}$	$4.9(0.1)^{a}$	-0.2 (0.1) ^a
$4.3(0.2)^{a}$	$4.2(0.1)^{b}$	$0.1 (0.4)^{a}$
$3.6 (0.4)^{a}$	$3.3(0.0)^{c}$	$0.3 (0.4)^{a}$
	accretion 4.8 (0.2) ^a 4.3 (0.2) ^a	accretion change $4.8 (0.2)^a$ $4.9 (0.1)^a$ $4.3 (0.2)^a$ $4.2 (0.1)^b$

923 ¹ Surface accretion minus elevation change (I minus II); a positive value indicates shallow

924 subsidence and a negative value indicates shallow expansion (Cahoon et al. 1995).

927	Table 3. Contribution of root zone processes to elevation change and shallow subsidence rates
928	from 2004 to 2017. Comparison of accretion (I), elevation (II), and shallow subsidence or
929	expansion (III), elevation change within root zone (IV), subsidence or expansion within the root
930	zone (V), and shallow subsidence or expansion below the root zone (VI) compared among plant
931	zones (lower case superscripts), and between SET and sRSET elevation change (upper case
932	superscripts in column headings). Analysis among marsh zone was by ANOVA with $\alpha = 0.05$
933	for $n = 3$ independent rates. Tukey's HSD post-hoc test determined significance of individual
934	pairs of means. Statistical significance between sRSET and SET elevation change within the
935	same plant zone (treatment = elevation change measurement approach) was based on a paired, 2-
936	tailed t-test with $\alpha = 0.05$ and $n = 3$. Lower case superscript letters indicate statistical differences
937	within the column (among marsh zones) for each variable. Upper case letters in column heading
938	indicate statistical difference between columns. Units of measurement are mm yr ⁻¹ for all
939	variables Values are means with one standard error of the mean shown in parentheses.

940

	(I)	(II)	(III)	(IV)	(V)	(VI)
Marsh				Elevation	Subsidence	Shallow
Platform			Shallow	change	or	subsidence
Zone	Surface	Elevation	subsidence	within root	expansion	or
	accretion	change ^A	or	zone ^B	within root	expansion
			expansion ¹		zone ²	below root
						zone ³
Derived	Marker	SET	(I-II)	sRSET	(I-IV)	(IV-II)
from	Horizon	SET	(1-11)	SK5E1	(1-1 v)	(1 • -11)
Low	$4.6^{a}(0.1)$	$4.4^{\rm a}$ (0.2)	$0.2^{a}(0.3)$	$5.1^{a}(0.2)$	$-0.4^{a}(0.4)$	$0.7^{a}(0.1)$
Mid	$3.2^{b}(0.4)$	$3.8^{ab}(0.2)$	$-0.6^{a}(0.6)$	$4.6^{ab}(0.5)$	$-1.4^{a}(0.8)$	$0.8^{a}(0.2)$
High	$3.1^{b}(0.2)$	$3.5^{b}(0.4)$	$-0.4^{a}(0.4)$	$3.5^{b}(0.3)$	$-0.4^{a}(0.4)$	$-0.0^{a}(0.5)$

941

942 ¹ Surface accretion minus elevation change (column III); a positive value indicates shallow

943 subsidence and a negative value indicates shallow expansion (Cahoon et al. 1995).

944	² Surface accretion minus elevation chan	nge (column V);	a positive value	indicates shallow
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945 subsidence and a negative value indicates shallow expansion (Cahoon et al. 1995) within the root

946 zone below the marker horizon.

- ³ Shallow elevation change (sRSET) minus elevation change (column VI) a positive value
- 948 indicates shallow subsidence and a negative value indicates shallow expansion. This zone is the
- 949 portion of the soil profile between the base of the SET and the base of the sRSET (Fig. 2).

950

951 List of Figure Captions

Fig. 1 Location of the Upper Phillips Creek Marsh study sites relative to the East Coast of the
United States. The positions of the low, middle (mid), and high zone sites on the marsh platform
are indicated with white dots. Imagery from Google Earth, 2020

955 Fig. 2 Illustration of SET, sRSET, and MH installations. Roman numerals in drawing show

portions of the soil profile referred to in Tables 2, 3, and 4. Figure redrawn from elements of

957 Figures 6 and 7 in Lynch et al. (2015) and Figure 1 in Whelan et al. (2005). Not to scale

958 Fig. 3 Predicted relative mean sea level at Upper Phillips Creek marsh. Regression analysis in

959 SPSS ver. 25 was used to determine the rate of sea level rise (solid line) and establish the 95%

960 confidence limits of the trend line (blue lines). The error term of the predicted rate of relative

sea-level rise (RSLR) rate is one standard error of the estimate. The datum for msl is VCR1 (see

962 methods).

963 Fig. 4 Marsh surface change expressed as (A) elevation above mean sea-level (NADV88)

964 measured by SET, (B) surface accretion measured as materials accumulated over marker

965 horizons and (C) root-zone accretion measured by RSET. Measurements were made semi-

annually from August 1997 for elevation and surface accretion, and from August 2003 for root-

2007 zone elevation, until March 2009. After March 2009 measurements were made annually.

968 Symbols represent the mean of three replicates in each zone; low (circles), middle (open,

969 downward triangle), and high (squares). Standard error bars are shown

970 Fig. 5 Tidal flooding index for the low, middle, and high zones of the marsh platform during

971 each year that the SETs were measured. Each point is the mean number of tides per month for

972 replicate SETs in each zone (n = 3) during the interval between successive measurements.

973 Standard error bars are shown

974 Fig. 6 Monthly (A, top panel), and growing season and annual (B, bottom panel) precipitation 975 (mm) from 1997-2017. For reference, the annual average precipitation is shown for the period 976 between 1961-1990 in the bottom panel. Precipitation data are for the Melfa, VA, airport and 977 were obtained from https://www.wunderground.com/history/daily/us/va/onancock/KWAL 978 Fig. 7 Soil organic matter profiles adjacent to elevation benchmark pipes. A. Roots are abundant 979 over feldspar (white) marker layer (left side of photo). Note rhizome below the marker layer 980 (bottom center of photo). B. Depth profiles of the average soil organic matter content each marsh 981 zone. Samples were collected adjacent to each of the SET installations. Symbols represent the 982 mean of three replicates; error are one standard error of the mean

Figure 1:

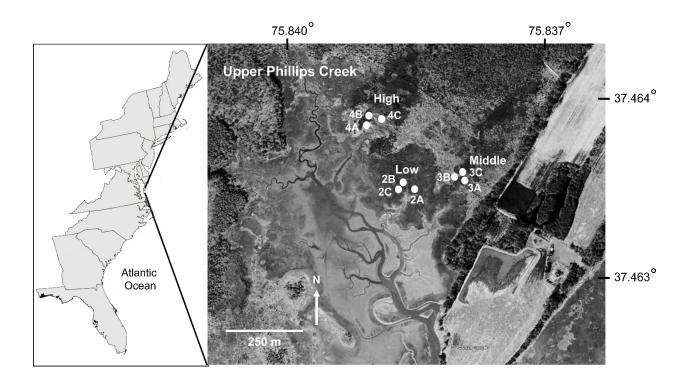


Figure 2

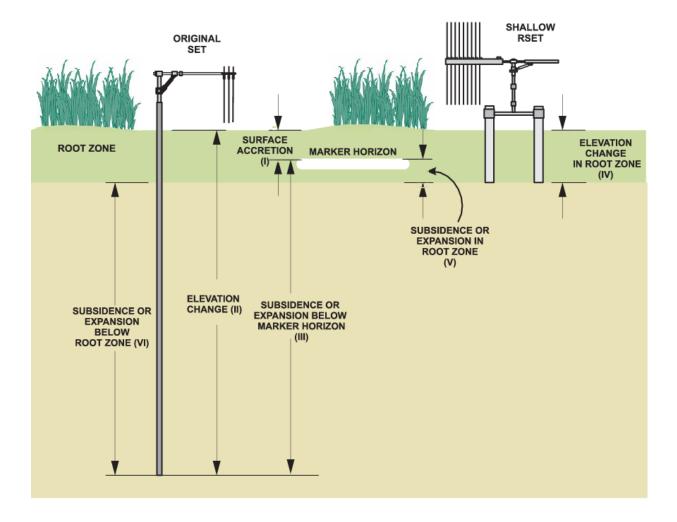


Figure 3

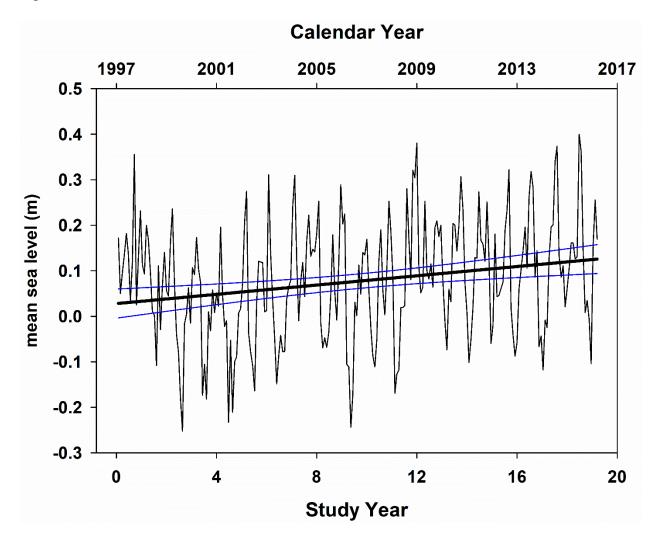
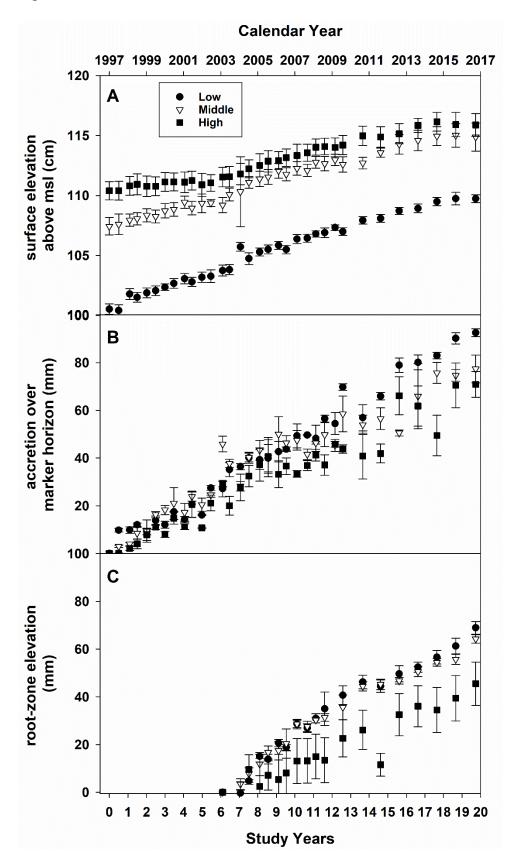
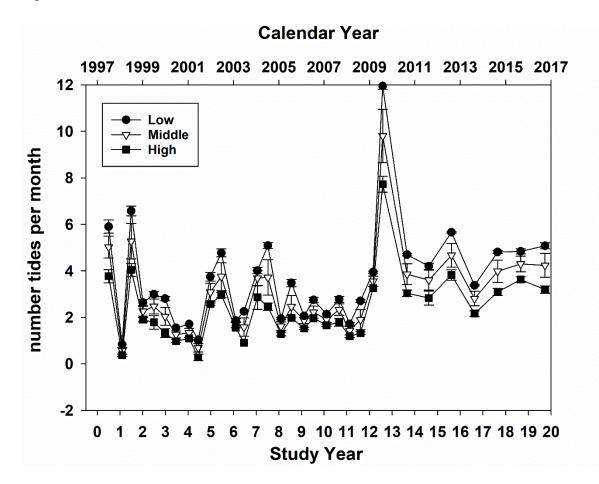


Figure 4









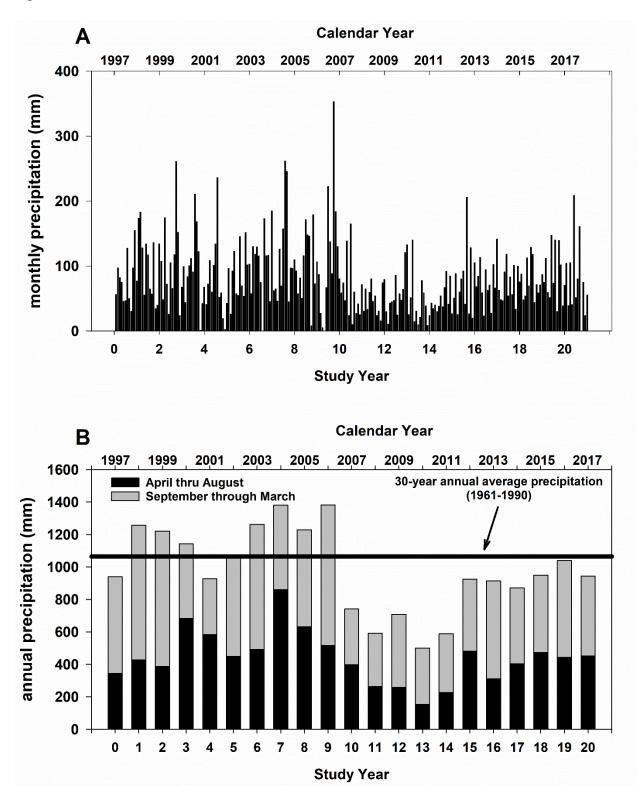


Figure 7:

