

# Intraseasonal Variability of the Diurnal Cycle of Precipitation in the Philippines

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## ABSTRACT

10 Precipitation in the region surrounding the South China Sea (SCS) over land  
11 and coastal waters exhibits a strong diurnal cycle associated with a land-sea  
12 temperature contrast that drives a sea-breeze circulation. The boreal summer  
13 intraseasonal oscillation (BSISO) is an important modulator of diurnal precip-  
14 itation patterns, an understanding of which is a primary goal of the field cam-  
15 paign Propagation of Intraseasonal Tropical Oscillations (PISTON). Using 21  
16 years of CMORPH precipitation for Luzon Island in the northern Philippines,  
17 it is shown that the diurnal cycle amplitude is generally maximized over land  
18 roughly one week before the arrival of the broader oceanic convective enve-  
19 lope associated with the BSISO. A strong diurnal cycle in coastal waters is  
20 observed in the transition from the inactive to active phase, associated with  
21 offshore propagation of the diurnal cycle. The diurnal cycle amplitude is in  
22 phase with daily mean precipitation over Mindanao, but nearly out of phase  
23 over Luzon. The BSISO influence on the diurnal cycle on the eastern side of  
24 topography is nearly opposite to the western side. Using wind, moisture, and  
25 radiation products from the ERA5 reanalysis, it is proposed that the enhanced  
26 diurnal cycle west of the mountains during BSISO suppressed phases is re-  
27 lated to increased insolation and weaker prevailing onshore winds that pro-  
28 mote a stronger sea-breeze circulation when compared to the May-October  
29 mean state. Offshore propagation is suppressed until ambient mid-level mois-  
30 ture increases over the surrounding oceans during the transition to the active  
31 BSISO phase. In BSISO enhanced phases, strong low level winds and in-  
32 creased cloudiness suppress the sea-breeze circulation.

33 **1. Introduction**

34 The tropical diurnal cycle has been of great interest to the scientific community for many  
35 decades. The Maritime Continent (MC) in particular presents an intriguing challenge, with its  
36 complex topography situated amongst some of the warmest sea surface temperatures (SST) on the  
37 planet (Saito et al. 2001; Qian 2008; Wang and Sobel 2017). The diurnal cycle is a critical com-  
38 ponent of the variability in MC precipitation (Bergemann et al. 2015), which provides a notable  
39 source of convective heating for the global atmospheric circulation (Ramage 1968; Yamanaka et al.  
40 2018). However, a high resolution cloud resolving model is often required to accurately capture  
41 the detailed features of the precipitation distribution (Sato et al. 2009; Birch et al. 2015), and er-  
42 rors in global climate models in this region cascade into substantial simulation errors from pole  
43 to pole (Neale and Slingo 2003; Inness and Slingo 2006). A greater understanding of the diurnal  
44 cycle and its variability is required in order to benefit forecast skill locally and convective param-  
45 eterizations. This paper aims to add to the body of work on the variability of the diurnal cycle on  
46 intraseasonal timescales. Here, the focus is on the overlooked boreal summer season with a focus  
47 on the Philippines and South China Sea.

48 The mean state of the MC diurnal cycle has been studied extensively, primarily focusing on the  
49 islands of Sumatra, Borneo, and New Guinea. Houze et al. (1981) presented field observations that  
50 showed an extremely regular diurnal cycle over both land and ocean near Borneo. Across the MC  
51 region, differential daytime heating between land and water due to the difference in heat capacity  
52 leads to sea-breeze circulations that converge near the center of the islands, and combine with  
53 mountain-valley breezes to enhance convection over mountains (Qian 2008). Cells begin to merge  
54 and organize, particularly over larger islands, leading to a late afternoon peak in precipitation rates  
55 (Dai 2001; Yang and Slingo 2001; Mapes et al. 2003b; Mori et al. 2004; Kikuchi and Wang 2008;

56 Wu et al. 2008, 2009; Tabata et al. 2011; Biasutti et al. 2012; Hassim et al. 2016). In the evening,  
57 evaporation of rainwater after convection is of primary importance for cooling the land surface,  
58 and radiative cooling is secondary (Wu et al. 2008, 2018). Coastal precipitation contributes more  
59 total precipitation to the tropical water budget than its proportion of tropical area would imply if  
60 precipitation were distributed evenly (Bergemann et al. 2015; Ogino et al. 2016).

61 Yang and Slingo (2001) found a striking tendency towards offshore propagation of the diurnal  
62 cycle across the global tropics. Their hypothesis originally proposed that this propagation was due  
63 to diurnally generated gravity waves radiating away from land. This idea has been supported by  
64 successive papers, showing very regular patterns of offshore propagation likely due to a gravity  
65 wave that destabilizes the atmosphere over coastal waters (Mapes et al. 2003a; Mori et al. 2004;  
66 Love et al. 2011; Hassim et al. 2016; Vincent and Lane 2016; Yokoi et al. 2017; Vincent and  
67 Lane 2018; Wu et al. 2018). Westward propagation is generally favored across the warm pool, but  
68 there is significant variability in the persistence and direction of diurnally propagating convective  
69 systems, likely related to fluctuations in the background wind profile (Mori et al. 2004; Sakurai  
70 et al. 2005; Ichikawa and Yasunari 2006, 2008; Keenan and Carbone 2008; Kikuchi and Wang  
71 2008; Rauniyar and Walsh 2011; Tulich and Kiladis 2012; Wang and Sobel 2017; Yanase et al.  
72 2017) and the availability of free tropospheric moisture in the offshore environment (Hassim et al.  
73 2016; Vincent and Lane 2017, 2018).

74 Variability on intraseasonal time scales, broadly defined as 20-100 days, has been another major  
75 area of interest in tropical meteorology. The Madden-Julian Oscillation (MJO) is the primary  
76 mode of variability on these time scales. First discovered by Madden and Julian (1971), the MJO  
77 consists of a broad, eastward-propagating region of enhanced convective activity associated with  
78 anomalous divergence in the upper troposphere and convergence near the surface (Madden and  
79 Julian 1972, 1994; Hendon and Liebmann 1994; Hendon and Salby 1994). MJO heating forces an

80 equatorial Kelvin wave to the east with symmetric Rossby waves poleward and to the west (Gill  
81 1980) as well as a Rossby-wave train that extends into the extratropics, primarily in the winter  
82 hemisphere (Knutson and Weickmann 1987; Matthews et al. 2004).

83 The interactions between the diurnal cycle and the MJO may be important to the dynamics of  
84 each. Sui and Lau (1992) showed that the diurnal cycle over the MC islands tends to be suppressed  
85 during the convectively active MJO phase. A peak in the amplitude of the diurnal cycle during the  
86 suppressed period or in the lead up to the active phase has been shown in many successive studies  
87 for Sumatra, Borneo, and New Guinea (Ichikawa and Yasunari 2006; Fujita et al. 2011; Rauniyar  
88 and Walsh 2011; Oh et al. 2012; Peatman et al. 2014; Birch et al. 2016; Vincent and Lane 2016;  
89 Sakaeda et al. 2017; Vincent and Lane 2017). Recent field data from Sumatra has shown a robust  
90 diurnal cycle in the suppressed and transition MJO phases, until the onset of low-level westerly  
91 winds in the active phase dramatically alters the diurnal cycle character (Wu et al. 2017; Yokoi  
92 et al. 2017; Wu et al. 2018). Katsumata et al. (2018) noted a strong, regular diurnal cycle that  
93 initiates over Java Island in Indonesia and propagates offshore during a convectively suppressed  
94 MJO period.

95 Peatman et al. (2014) took a more comprehensive look at this behavior, finding that the amplitude  
96 of the diurnal cycle peaks roughly one eighth of an MJO cycle before the main convective anomaly  
97 arrives, and that the diurnal cycle determines the daily mean precipitation rate over the MC islands  
98 considered. They proposed that this pattern was due to high insolation combined with frictional  
99 moisture convergence associated with the leading Kelvin wave and the Rossby wave trailing the  
100 suppressed anomaly, a contention supported by subsequent models and observations (Birch et al.  
101 2016).

102 While the boreal wintertime MJO is maximized near the equator, it takes on a different character  
103 in the boreal summer season when it is sometimes referred to as the Boreal Summer Intraseasonal

104 Oscillation (BSISO). In May-October, the convective anomaly propagates both northward and  
105 eastward into the Asian summer monsoon region (Lau and Chan 1986; Lawrence and Webster  
106 2002; Lee et al. 2013; Jiang et al. 2018), modulating the onset of the monsoon and its active  
107 and break periods during the height of the season (Wang and Xu 1997; Annamalai and Slingo  
108 2001; Annamalai and Sperber 2005). A convective heating anomaly centered off the equator then  
109 leads to an asymmetrical large-scale circulation response (Gill 1980; Hendon and Liebmann 1994;  
110 Kemball-Cook and Wang 2001). The BSISO mode has been examined less than its wintertime  
111 counterpart, and thus is the focus of this study.

112 There has been more limited work exploring interactions between the BSISO and the diurnal  
113 cycle over the Philippines and South China Sea. Chen and Takahashi (1995) used satellite derived  
114 brightness temperatures to indicate a weaker diurnal cycle over the SCS during the suppressed ISO  
115 period, concurrent with an active diurnal cycle over surrounding land masses, similar to what has  
116 been found for the wintertime MJO near the equator. More recent work using the Tropical Rainfall  
117 Measuring Mission (TRMM) Precipitation Radar has detected distinct behavior in the SCS diurnal  
118 cycle in each BSISO regime (Ho et al. 2008). In the SCS near the Philippines, a robust morning  
119 peak was found during the ISO active phase, which the authors connected to convergence between  
120 the land breeze and the prevailing monsoon flow. However, the same region experienced a late  
121 evening peak in the diurnal cycle during the ISO inactive period that was more directly tied to  
122 convection propagating offshore from the Philippines. Park et al. (2011) examined a case study  
123 in a model, reanalysis, and multi-satellite rainfall estimates to connect this morning maximum  
124 during westerly wind burst (active ISO) periods with the large-scale diurnal cycle over the Asian  
125 continent. Recently, Xu and Rutledge (2018) showed that deep convective activity and lightning  
126 associated with an active diurnal cycle are maximized over the Philippines during the convectively  
127 suppressed phase, consistent with prior work over the other MC islands.

128 This paper will examine the relationship between the diurnal cycle and the boreal summer mode  
129 of the MJO with a focus on the Philippines. The goal is to determine the extent to which the early  
130 peak in the diurnal cycle amplitude noted by Peatman et al. (2014) is present in boreal summer  
131 over other parts of the MC further from the equator. This study will also focus on the entire BSISO  
132 life cycle, with a particular focus on the transition regime, rather than comparing the active and  
133 suppressed periods in aggregate. Furthermore, the applicability of the mechanisms proposed by  
134 Peatman et al. (2014) will be assessed here for a new season and new region in order to build  
135 towards a consistent theory explaining the ISO-diurnal cycle scale interactions. The CMORPH  
136 precipitation dataset (see Section 2a), which provides improved spatial and temporal resolution,  
137 has not yet been used for this application. While exploring the feedback of the diurnal cycle to  
138 the ISO is not the focus of this paper, prior work has suggested that the specifics of the diurnal  
139 cycle could be an important factor determining if the ISO can successfully propagate through the  
140 MC (Hagos et al. 2016; Zhang and Ling 2017). Section 2 describes the datasets and methods  
141 that are employed in this study. The mean state diurnal cycle over the Philippines is reviewed  
142 in depth in Section 3, followed by an analysis of its changes with BSISO phase in Section 4.  
143 Section 5 explores some potential mechanisms proposed to explain the findings of Section 4, with  
144 a summary and conclusions in Section 6.

## 145 2. Data and Methods

### 146 a. Datasets

147 The primary precipitation dataset employed in this study is from the Climate Prediction Center  
148 (CPC) Morphing Technique (CMORPH; Joyce et al. 2004; Xie et al. 2017). Precipitation accu-  
149 mulation estimates are provided at 30-minute temporal resolution and 8-km spatial resolution (at

150 the equator), covering 60°S - 60°N. This technique uses microwave precipitation estimates from  
151 satellites in low-Earth orbit to identify specific precipitation features, and then tracks them through  
152 time and space using infrared retrievals from geostationary satellites. Successive microwave es-  
153 timates are morphed through a weighted linear interpolation. As a result, infrared information is  
154 only used to track systems identified by microwave estimates rather than adding additional cali-  
155 brated precipitation estimates. Estimates are then bias corrected using gauge data over land and  
156 the Global Precipitation Climatology Project over ocean (Xie et al. 2017). While such bias correc-  
157 tion improves the accuracy of satellite precipitation estimates over complex terrain, there are still  
158 quantitative weaknesses in products such as CMORPH. For this study, CMORPH precipitation  
159 estimates are considered for boreal summers (May-October) from 1998-2018. Since the analysis  
160 period includes several strong El Niño events, the analysis of this paper was repeated by excluding  
161 the summers in which a strong El Niño event was decaying (1998, 2010, and 2016), and the results  
162 were found to be unchanged.

163 The 5th Generation Reanalysis (ERA5) product from the European Center for Medium Range  
164 Weather Forecasting (ECMWF) (Dee et al. 2011; Copernicus Climate Change Service (C3S) 2017)  
165 is used for surface downwelling solar radiation, surface wind, and total column water vapor. In  
166 addition, reanalyses of specific humidity and wind are used at pressure levels every 50-hPa from  
167 1000-hPa to 100-hPa. All variables are considered at 1-hour temporal resolution on a 0.125°  
168 spatial grid from 1998-2018 to be consistent with the CMORPH period of record. While there are  
169 known weaknesses to reanalyses (i.e. Birch et al. 2015), the high resolution and coverage in the  
170 spatial and temporal dimensions make it an attractive and useful option.

171 Outgoing longwave radiation (OLR) is used as a proxy for the large-scale convection associated  
172 with the BSISO. In this study, the OLR estimates derived and interpolated from the Advanced Very  
173 High Resolution Radiometer (AVHRR) are used, available at 2.5° spatial and daily temporal reso-

174 lution (Liebmann and Smith 1996). Land surface topography data is also included to help interpret  
175 the findings in this study, provided at 2-minute spatial resolution from the National Oceanic and  
176 Atmospheric Administration (NOAA) ETOPO2 dataset (National Geophysical Data Center 2006).

177 The BSISO index used in this study is that by Lee et al. (2013), which is based on the first  
178 two multivariate empirical orthogonal functions (EOF) of outgoing longwave radiation (OLR) and  
179 850-hPa zonal wind from May-October over the Asian summer monsoon region. No spatial or  
180 temporal filtering is used to calculate this index, which means that it does not exclusively capture  
181 canonical northward propagating BSISO events with an intraseasonal period (Wang et al. 2018).  
182 However, it is designed to capture structures that explain the most variance in the region of interest,  
183 making it an attractive option for examining the behavior of the diurnal cycle under varying large-  
184 scale regimes. The results of this study were replicated with other commonly used BSISO indices  
185 (Wheeler and Hendon 2004; Kikuchi et al. 2012; Kiladis et al. 2014), and the conclusions remain  
186 the same.

187 *b. Compositing*

188 Composite diurnal cycles are created for CMORPH precipitation by first converting 30-minute  
189 accumulation to average precipitation rate in millimeters per hour, and then averaging all estimates  
190 taken at the same time of day for each point. The boreal summer composite diurnal cycle includes  
191 all days in May-October. A similar process was done for surface wind estimates from ERA5, but  
192 at 1-hourly temporal resolution. In addition, separate composite diurnal cycles were calculated for  
193 each individual BSISO phase as defined by the Lee et al. (2013) index. In this case, only days in  
194 boreal summer on which the index recorded an amplitude (defined as the square root of the sum  
195 of the squares of the first two principal components) of greater than or equal to 1.0 were included,

196 resulting in eight composite diurnal cycles for each of the eight BSISO phases. The composites  
197 were created from 292, 370, 257, 245, 347, 264, 308, and 309 days respectively.

198 The first diurnal harmonic is calculated from the composite diurnal cycle for several datasets  
199 in this study. The diurnal amplitude refers to the amplitude of the first diurnal harmonic of the  
200 composite diurnal cycle, either for the full boreal summer, or the individual BSISO phase. Diurnal  
201 range refers to the difference between the maximum and minimum of the composite diurnal cycle.  
202 Both of these methods are different ways of looking at the amplitude of the diurnal cycle and  
203 will be used when appropriate. The diurnal range tends to be significantly noisier, and might not  
204 necessarily reflect a smooth diurnal sine curve. However, the diurnal amplitude does not accurately  
205 represent days with a short, narrow peak in precipitation rate. Anomalies of these measures of  
206 the diurnal cycle are also included, defined as the difference between, for example, the diurnal  
207 amplitude of the BSISO composite diurnal cycle in a given phase and the full boreal summer  
208 composite diurnal amplitude.

209 *c. Statistical Significance*

210 Statistical significance is included for the differences in precipitation statistics between the full  
211 boreal summer composite and each BSISO phase with the null hypothesis that any differences  
212 are due to random chance. In this study, a statement of statistical significance means that this  
213 hypothesis can be rejected at the 95% confidence level. A bootstrap was used to create 1000  
214 random composite diurnal cycles each made from 79 simulated events. This number was chosen  
215 as it was the smallest number of independent BSISO events during the period 1998-2017 (in May-  
216 October only) for any of the eight phases, where an independent BSISO event was defined as a  
217 period of consecutive days with the index in the same phase and an amplitude greater than 1.0.

218 Since the compositing method used may sample multiple days from the same BSISO event, the  
219 bootstrap must also sample consecutive days. The length of observed BSISO events varies widely  
220 from one to fifteen days. To replicate this as closely as possible in the random composites, a  
221 Poisson distribution was employed to simulate the event length. The probability of an event of  
222 length  $k + 1$  days occurring is given by

$$P(\text{Event is } k + 1 \text{ days long}) = e^{-\lambda} \frac{\lambda}{k!}$$

223 where the rate parameter,  $\lambda$ , was equal to 1.92 days, the average number of *additional* days  
224 beyond the first in all real BSISO events. All days were added to the random composite with equal  
225 weighting, giving each of the 1000 composites an average of 230 total days from 79 independent  
226 events. The smallest number of total days included in any one phase composite was 256 days, and  
227 thus this method provides a fairly conservative comparison.

### 228 3. Mean Diurnal Cycle

229 In this section, the mean state of the diurnal cycle in boreal summer (May-October) over the  
230 Philippine archipelago is examined. Figure 1 shows the topography of the Philippines. The two  
231 major islands, Luzon and Mindanao, (the northernmost and southernmost large island, respec-  
232 tively) are characterized by mountains in excess of 2000 meters above sea level. The complex  
233 topography of the MC collocated with warm seas and a moist tropical atmosphere makes this  
234 region of prime interest for studies of the diurnal cycle (Qian 2008).

235 Figure 2 shows some important features of the diurnal cycle over the Philippines and surround-  
236 ings waters. Figure 2a shows the diurnal amplitude of CMORPH precipitation in boreal summer,  
237 computed by fitting a sine curve to the May-October composite diurnal cycle at each point. A pref-  
238 erence for high amplitude diurnal cycles over land is evident, particularly over the larger islands of

239 Luzon and Mindanao, consistent with many prior studies (Chen and Takahashi 1995; Biasutti et al.  
240 2012; Kikuchi and Wang 2008; Ohsawa et al. 2001; Qian 2008; Saito et al. 2001). Figure 2c shows  
241 how well the composite diurnal cycle is described by the sine curve with a period of one day. The  
242 variance explained by the first harmonic is generally quite high over land and surrounding waters,  
243 with some low values in coastal waters near the smaller islands of the Philippines, possibly due to  
244 interfering propagation patterns.

245 Consistent propagation of diurnal convection is apparent in the peak hour of the first diurnal  
246 harmonic displayed in Figure 2b. Over the smaller islands of the central Philippines, precipitation  
247 rates tend to peak in the late afternoon hours, around 16:30. However, the peak is noticeably later  
248 over large islands, at around 18:00 (Qian 2008; Saito et al. 2001; Yang and Smith 2006). This is  
249 supported by prior studies that have explored the connection between island size and the diurnal  
250 cycle more directly (Robinson et al. 2011; Sobel et al. 2011; Cronin et al. 2015; Kawecki and  
251 van den Heever 2019). In the South China Sea to the west of the Philippine islands, evidence  
252 for offshore propagation exists, as peak hours get progressively later away from shore. Offshore  
253 propagation, with westward propagation favored, has been shown to be relatively ubiquitous across  
254 the islands of the MC (Ichikawa and Yasunari 2006; Love et al. 2011; Mori et al. 2004; Tulich and  
255 Kiladis 2012; Yang and Slingo 2001).

256 The offshore propagation is shown more convincingly in Figure 3, which displays a time-  
257 longitude cross section of precipitation rates averaged over latitudes characteristic of the north-  
258 ern part of Luzon island (Box A in Figure 1). Precipitation rates begin to increase over peak  
259 topography on the western side of the island around midday before spreading both east and west.  
260 Peak rainfall occurs around 18:00, followed by a gradual decay as the precipitation maximum  
261 propagates westward as far as 200-km offshore into the early morning hours at roughly  $6.3\text{ ms}^{-1}$ .  
262 Average precipitation rates drop to near zero during the early morning hours over land, while si-

263 simultaneously peaking offshore. Eastward propagation is less apparent than that towards the west,  
264 although there is evidence of an overnight increase in offshore precipitation in the Philippine Sea,  
265 likely associated with the land-sea breeze (Houze et al. 1981).

266 This analysis has also been done for other satellite-derived precipitation products. The Tropi-  
267 cal Rainfall Measuring Mission (TRMM) 3B42 product synthesizes precipitation estimates from  
268 multiple satellite retrievals in the microwave band, and fills in the gaps with measurements in the  
269 infrared band (Huffman et al. 2007). The High Quality version (3B42HQ) only uses the cali-  
270 brated microwave retrievals. Both versions show a similar pattern to CMORPH (not shown). The  
271 TRMM Precipitation Radar (Iguchi et al. 2000) also supports these results, but tends to show a  
272 slightly earlier peak in the diurnal cycle when compared to TRMM and CMORPH, behavior also  
273 seen in previous work (e.g. Yamamoto et al. 2008). The rest of this paper will examine how diurnal  
274 cycle behavior changes with the BSISO along with the variations in environmental conditions that  
275 drive such changes.

## 276 4. BSISO Modulation of the Diurnal Cycle

### 277 a. General Impact

278 This section will explore changes in the diurnal cycle associated with the BSISO after first re-  
279 viewing the general influence of the BSISO on the region of interest. The large scale structure of  
280 the BSISO anomalies in OLR and 850-hPa winds is shown in Figure 4, constructed by averaging  
281 the anomalies relative to the seasonal cycle on all days in a given phase. The seasonal cycle was  
282 defined by a daily climatology smoothed by an 11-day centered running mean. The BSISO daily  
283 mean precipitation anomalies near the Philippines are isolated in Figure 5. Phases 1-3 generally  
284 see statistically significant decreases in average precipitation rate on both sides of the Philippine

285 islands, collocated with large-scale positive OLR anomalies and easterly wind anomalies (Fig. 4).  
286 These phases will be referred to as the BSISO suppressed or inactive period. Phases 5-7 repre-  
287 sent the BSISO enhanced or active period for the region, simultaneously presenting anomalously  
288 positive precipitation, negative OLR, and westerly wind. Daily mean precipitation anomalies over  
289 land are generally weaker than over nearby oceans, or even opposite in sign as over Mindanao.  
290 This behavior is consistent with that observed by Xu and Rutledge (2018) for this region, and also  
291 over other parts of the MC (Oh et al. 2012; Peatman et al. 2014; Sakaeda et al. 2017; Vincent et al.  
292 2016).

293 Figure 6 shows anomalies in the amplitude of the first harmonic of the composite diurnal cycle  
294 as a function of BSISO phase. Strong anomalies are present over land and the coastal waters of  
295 the South China Sea. Statistically significant increases in diurnal amplitude are found in phases  
296 3-4 over the western side of the Philippines and up to nearly 200-km offshore. Positive anomalies  
297 are also present on the eastern side of the Philippines, but these are smaller in spatial extent. The  
298 opposite emerges towards the end of the active BSISO period (phases 7-8), when the diurnal cycle  
299 amplitude is smaller than average for western Luzon and Mindanao and the waters of the South  
300 China Sea immediately offshore. Many prior studies (e.g. Peatman et al. 2014; Sakaeda et al.  
301 2017; Sui and Lau 1992; Vincent and Lane 2016; Xu and Rutledge 2018) have similarly shown  
302 a preference for strong diurnal cycles over land prior to the onset of enhanced ISO convection or  
303 during the suppressed period. However, this modulation of the diurnal cycle by the BSISO is not  
304 the universal on the sub-island scale. For example, Figure 6 shows that while the diurnal cycle  
305 is enhanced on the west side of the Philippines in phases 3-4, the opposite signal appears for a  
306 small section of land east of the high topography. The remainder of this section will highlight such  
307 behavior over the large islands of Luzon and Mindanao, and discuss the noteworthy modulation of  
308 offshore propagation of the diurnal cycle.

309 *b. Luzon*

310 Figure 7a shows the latitudinally averaged composite diurnal cycles over Luzon as in Figure 3  
311 but for each phase of the BSISO. The differences from the boreal summer composite with statis-  
312 tical significance are shown in Fig. 7b. A diurnal cycle over land peaking in the late afternoon  
313 to early evening hours is present in every phase of the BSISO, consistent with Xu and Rutledge  
314 (2018). The afternoon maximum is enhanced during the suppressed BSISO phases (Fig. 4), while  
315 the morning minimum is reduced, thus amplifying the diurnal cycle. During the enhanced BSISO  
316 phases, precipitation rates are elevated at most hours of the day, except during the typical afternoon  
317 maximum.

318 The most interesting contrast between different BSISO phases from this figure is the modulation  
319 of westward offshore propagation of the diurnal cycle into the South China Sea. In phases 1-2, the  
320 early suppressed period, a strong diurnal cycle is present over land, but the precipitation maximum  
321 weakens rapidly overnight and does not propagate far from the coast. In the late suppressed period  
322 and transition to active (phases 3-5), precipitation is still anomalously high during the afternoon  
323 maximum over land, but enhanced precipitation anomalies now extend far offshore overnight asso-  
324 ciated with westward propagation, consistent with studies focusing on other MC islands (Hassim  
325 et al. 2016; Vincent and Lane 2016; Yokoi et al. 2017; Wu et al. 2018). In phase 5 in particular,  
326 statistically significant enhancement of precipitation rates is found over 200-km offshore during  
327 nighttime and early morning associated with the propagating diurnal cycle. Considering these re-  
328 sults in the context of work showing that propagation through the MC is associated with higher  
329 precipitation over the sea relative to land (Zhang and Ling 2017) leads to the speculation that off-  
330 shore propagation of diurnal convection in advance of the onset of the main BSISO convective  
331 envelope could aid northward propagation into the SCS.

332 The opposite occurs in the late-active BSISO phases (6-8). Over land, precipitation rates are  
333 anomalously high at all times of day *except* during the usual afternoon maximum. In addition, the  
334 presence of a diurnal cycle is unclear over the the SCS, consistent with a suppressed diurnal cycle  
335 over land with limited offshore propagation. Any propagating signal is further muddled by the  
336 presence of elevated precipitation rates over the seas at all times of day associated with the active  
337 BSISO envelope. Similar behavior has been observed near Sumatra associated with the Years of  
338 the Maritime Continent field campaign (Wu et al. 2017, 2018; Yokoi et al. 2017).

339 Figure 8 shows spatial averages over select boxes chosen to highlight differences between ocean  
340 and land, and between land points east and west of high mountains. The top row (Fig. 8a,d) is  
341 constructed from a spatial average over ocean only to the west of Luzon (box C in Fig. 1), while  
342 the middle (Fig. 8b,e) and bottom rows (Fig. 8c,f) are averaged over land for western (box D) and  
343 eastern (Box E) Luzon respectively. Spatially averaged fields are shown as this tends to improve  
344 the performance of satellite-derived precipitation estimates (Tan et al. 2017). The left column  
345 shows composite diurnal cycles of precipitation for the May-October mean, each BSISO phase,  
346 and the 95% confidence bounds for randomly sampled diurnal cycles described in the Section  
347 2. Anomalies of OLR, daily mean precipitation rate, and diurnal range are included in the right  
348 column with the 95% confidence bounds for the precipitation variables. The diurnal range is  
349 used here in place of the diurnal amplitude as Fig. 8a-c show that the diurnal range would indeed  
350 represent the difference between a narrow afternoon maximum and long morning minimum. While  
351 using the diurnal amplitude here leads to the same conclusions (not shown), it does not accentuate  
352 the described conclusions as clearly.

353 Over western Luzon (Fig. 8b,e) the presence of a strong diurnal cycle in all BSISO phases is  
354 evident again. A statistically significant enhancement of the diurnal range occurs in phases 3-5  
355 while the daily mean anomaly ranges from strongly negative in phase 3 to slightly positive in

356 phase 5 (Fig. 8e). The opposite is seen in phases 7-8, when the diurnal range is strongly reduced  
357 despite elevated daily mean precipitation rates. At least for land regions of western Luzon, BSISO  
358 modulation of overnight precipitation rates more than compensates for the changes to the daily  
359 maximum precipitation rate, resulting in the diurnal range and daily mean precipitation rates being  
360 out of phase.

361 The behavior present over western Luzon extends offshore into the South China Sea (Fig. 8a,b).  
362 The diurnal cycle is weaker here and peaks around three hours later on average than the land  
363 box over western Luzon, indicative of the arrival of convective systems propagating westward.  
364 In phases 1-2, precipitation is suppressed at all times of day. Precipitation during the transition  
365 period (phases 3-4) is still suppressed during off peak hours, but it is near average during the  
366 typical late evening peak. Thus, a statistically significant enhancement of the diurnal amplitude  
367 is seen in phase 4-5 in Figure 8d while daily mean precipitation anomalies are near zero. The  
368 opposite behavior occurs as the BSISO transitions from active to suppressed conditions, in phases  
369 7, 8, and 1. There is some indication of the diurnal cycle taking on a more pure oceanic character,  
370 peaking in the morning hours (Gray and Jacobson 1977; Park et al. 2011).

371 Interesting contrasts occur over eastern Luzon. East of the island's high topography (Fig. 8c,f),  
372 the BSISO modulation of the diurnal range is almost opposite to the western side of the island.  
373 In phases 3-4, the diurnal cycle amplitude is maximized on the western side (Fig. 8e) while the  
374 eastern side sees a statistically significant suppression of the diurnal cycle. The largest diurnal  
375 cycles over eastern Luzon are found in phase 8. The daily mean precipitation rate and diurnal  
376 range are also much closer to being in phase. There appears to be strong BSISO modulation of the  
377 afternoon peak, but weaker modulation of the overnight minimum when compared to the western  
378 side, allowing the diurnal cycle amplitude to determine the daily mean precipitation rates. The

379 results from this section suggest more nuance to the BSISO modulation of the diurnal cycle over  
380 the Philippines than previously discussed in the literature.

381 *c. Mindanao*

382 Similar behavior is evident over the southernmost major island of the Philippines. Figure 9  
383 shows the diurnal cycles composed by BSISO phase averaged latitudinally over the island of  
384 Mindanao and adjacent ocean (box B in Figure 1). It is important to note that due to its more  
385 southern location, Mindanao tends to be one BSISO phase ahead of Luzon. In other words, phases  
386 8, 1, and 2 are the main suppressed BSISO phases for this island, while the enhanced convective  
387 envelope passes through during phases 4-6 (Fig. 4). In phase 1, a strong diurnal cycle is present  
388 over the high topography of the central island, but precipitation rates decay rapidly overnight  
389 (Fig. 9a). However, during the transition to active (phases 2-4), anomalously high precipitation  
390 rates emerge over the island in the mid-afternoon, and then maintain strength as they propagate  
391 westward into the Moro Gulf into the overnight hours (Fig. 9a,b). This is most pronounced in  
392 phase 3, which serves as the primary transition phase over Mindanao. In the later active phases of  
393 5 and 6, the afternoon maximum over land is drastically reduced, and westward propagation is not  
394 apparent.

395 Figure 10, similar to Figure 8 but for Mindanao, supports these conclusions. Over central Min-  
396 danao (Fig. 10b), much of the variability in precipitation rate as a function of BSISO phase is  
397 found near the climatological peak time of the diurnal cycle (15:00-21:00). The BSISO modula-  
398 tion of the diurnal cycle is much stronger here than it is for Luzon. In phases 3-4, as the BSISO  
399 transitions to its active phase, precipitation rates over central Mindanao (Fig. 10b) are strongly  
400 enhanced, well outside of the 95% confidence interval during the afternoon peak. Conversely, pre-  
401 cipitation rates are strongly suppressed in the afternoon during the remainder of the convectively

402 active BSISO phases and its transition back to suppressed. Both the diurnal range and daily mean  
403 precipitation rate have statistically significant positive anomalies during this period (Fig. 10e).

404 The diurnal cycle over the Moro Gulf (Fig. 10a) generally behaves similarly to that over the  
405 South China Sea near Luzon (Fig. 8a). CMORPH precipitation rates are strongly enhanced during  
406 the late evening peak of the diurnal cycle in phases 2-4. A minimal diurnal cycle is present in  
407 the late active phases and transition to suppressed (phases 6-8). The same conclusion, that the  
408 strong, propagating diurnal cycle over coastal waters peaks prior to the peak of large scale BSISO  
409 convection can be drawn from these results. The main difference between the two large islands is  
410 that the amplitude of the diurnal cycle generally determines the daily mean precipitation rate over  
411 Mindanao (Fig. 10d,e), but not Luzon (Fig. 8d,e). This close relationship between the diurnal  
412 amplitude and daily mean precipitation rate over Mindanao has been observed by studies focusing  
413 on other large MC islands (e.g. Peatman et al. 2014), but Luzon appears to behave differently.

414 The behavior over eastern Mindanao (Fig. 10c,f) is also dramatically different compared to  
415 the western side, similar to Luzon (Fig. 8c,f). In fact, eastern Mindanao (box H in Figure 1)  
416 observes its strongest diurnal cycle in phase 8, when the diurnal cycle over the central portion  
417 of the island is still strongly suppressed. In phases 2-4, when the portion of Mindanao west of  
418 the main topographic boundaries is recording a high amplitude diurnal cycle, the eastern side of  
419 the island sees a weaker than average diurnal cycle (although not statistically significant). These  
420 results suggest that the pattern of BSISO impact on the diurnal cycle is similar for the large island  
421 of the Philippines. Intraseasonal variability has vastly different impacts depending on which side  
422 of the island's topography is being considered. In the next section, some potential mechanisms  
423 that could explain the patterns discussed here are presented, along with an explanation for this  
424 disparity between western and eastern portions of the islands.

425 While not shown in this paper, these results were also replicated with several other commonly  
426 used indices for the BSISO, namely the OLR MJO Index (OMI; Kiladis et al. 2014), the real-time  
427 multi-variate MJO index (RMM; Wheeler and Hendon 2004), and a bimodal ISO index described  
428 by Kikuchi et al. (2012). With varying clarity, this pattern of a peak in the amplitude of the diurnal  
429 cycle over the Philippines and most extensive offshore propagation to the west prior to the arrival  
430 of BSISO convection was seen in all indices considered. Since the Lee et al. (2013) index describes  
431 the most variance in the South China Sea region (not shown), it tends to have the clearest response  
432 in the diurnal cycle, and thus it is shown in this paper. Furthermore, results from CMORPH are  
433 supported by TRMM 3B42 and TRMM 3B42HQ, indicating that these results are not a product of  
434 the precipitation dataset considered.

## 435 5. Discussion

436 In this section, potential mechanisms to explain the features observed in the last section will  
437 be discussed. Particularly, this section aims to explain: (1) the enhanced diurnal cycle over land  
438 prior to the arrival of the main BSISO convective envelope, (2) the increased offshore propagation  
439 of diurnally generated convection during the transition to the active phase, and (3) the contrast  
440 with the behavior observed east of high topography, where the diurnal cycle amplitude appears to  
441 maximize at the end of the convectively active BSISO period.

### 442 a. *Insolation and the Sea-Breeze*

443 Figure 11a shows surface insolation anomalies by BSISO phase. The BSISO convective enve-  
444 lope (Fig. 4) is associated with diminished surface insolation (Fig. 11a) via increasing cloudiness,  
445 in accordance with many previous studies (Johnson et al. 1999; Myers and Waliser 2003; Riley  
446 et al. 2011; Sakaeda et al. 2017). The Philippines receive more solar radiation during the sup-

447 pressed phases, which supports an enhanced diurnal cycle over land. This is expected, since strong  
448 insolation will lead to greater contrast between land and sea due to a difference in thermal inertia,  
449 resulting in a strong sea-breeze circulation and more vigorous convection. Surface insolation is  
450 strongly reduced by phase 6, providing less forcing for a strong diurnal cycle.

451 The strength of the land-sea breeze circulation is estimated in Figure 11b, which shows the  
452 BSISO anomalies of the diurnal amplitude of surface zonal wind. For coastlines oriented north  
453 to south, the zonal wind can be thought of as the onshore/offshore component of the wind. Posi-  
454 tive anomalies of this quantity indicate a strengthened sea-breeze circulation, or, that the wind is  
455 more onshore during the afternoon hours and more offshore during the overnight hours. In phase  
456 2, strong sea-breeze circulations are present over much of the coastal waters of the South China  
457 Sea, concurrent with the elevated insolation at this time. A heightened diurnal cycle in surface  
458 wind is still present on the west coast of Luzon in phase 4, but gives way to predominantly sup-  
459 pressed amplitude sea-breeze circulations in phase 6, when the main BSISO convective envelope  
460 is overhead.

461 Taken together, these results support the hypothesis that increased insolation associated with the  
462 suppressed BSISO period leads to a stronger sea-breeze circulation, and thus a high amplitude  
463 diurnal cycle in precipitation. However, this mechanism alone would suggest a diurnal cycle peak  
464 over Luzon in phase 2, the middle of the suppressed period, not in phase 3-4 as is observed. Thus,  
465 other mechanisms must be acting as well, consistent with other studies that have noted that inso-  
466 lation alone is insufficient to explain the observed peak in the diurnal amplitude of precipitation  
467 during the transition period. (Peatman et al. 2014; Birch et al. 2016).

468 *b. Moisture*

469 To provide a plausible explanation for why the diurnal cycle is stronger at the end of the sup-  
470 pressed period when compared to the beginning, as well as to address the preference for offshore  
471 propagation in the transition period, tropospheric moisture anomalies are considered. For the bo-  
472 real winter MJO, Peatman et al. (2014) argued that frictional moisture convergence associated with  
473 the pressure trough extending to the east of MJO convection along the equator could explain why  
474 the diurnal cycle is elevated before large-scale convective onset, but not after. However, analysis  
475 of boundary layer moisture convergence in ERA5 (not shown) suggests that it does not systemat-  
476 ically lead large-scale BSISO convection, and the off-equatorial locations examined here do not  
477 suggest a significant role for Kelvin wave dynamics.

478 Other studies (e.g. Hassim et al. 2016; Vincent and Lane 2016, 2017) have pointed to ambi-  
479 ent free-tropospheric moisture as a critical factor in driving the active diurnal cycle prior to ISO  
480 convection. A close relationship between free-tropospheric water vapor and tropical convection  
481 has been well established (Bretherton et al. 2004). In particular, there is evidence that lower-  
482 to mid- free tropospheric moisture is associated with enhanced deep convection by suppressing  
483 entrainment drying (Holloway and Neelin 2009, 2010; Yuan and Houze 2013).

484 Figure 12a shows the BSISO composite anomalies of total column water vapor from ERA5.  
485 While statistical significance is not shown in this figure, anomalies exceeding the minimum con-  
486 tour line chosen are generally significant, with the exception of the area around Luzon in phase  
487 4. When compared with Figure 4, this figure indicates that total column water vapor tracks the  
488 enhanced convective envelope of the BSISO. Strong dry anomalies are present over the northern  
489 Philippines in phase 2, the middle of the suppressed period, which gradually transition to strong  
490 moist anomalies by phase 6. While insolation is sufficient to initiate diurnal convection over land

491 during the suppressed period, the anomalously dry troposphere may suppress offshore propagation  
492 through entrainment drying. High insolation is still present during phase 4 (Fig. 11a), but dry  
493 anomalies have substantially weakened (Fig. 12). Near zero moisture anomalies reduce the robust  
494 entrainment drying that is likely in phase 2. As a result, convection may be able to propagate fur-  
495 ther offshore during the overnight hours, consistent with theory of tropical convection (Bretherton  
496 et al. 2004; Holloway and Neelin 2009, 2010) and the hypothesis for the diurnal cycle discussed  
497 in past studies for New Guinea and Sumatra (Hassim et al. 2016; Vincent and Lane 2016, 2018).

498 The moistening of the lower free troposphere through horizontal advection ahead of the BSISO  
499 convective envelope (Jiang et al. 2018; Johnson and Ciesielski 2013; Maloney 2009; Sobel et al.  
500 2014) may contribute to the longevity of diurnally generated thunderstorms in the transition phase.  
501 This mechanism combined with relatively high insolation provides a plausible explanation for the  
502 preference of robust offshore propagation to occur during the transition from suppressed to active  
503 BSISO state. Another mechanism that could further enhance the diurnal cycle over land at the end  
504 of the suppressed period will be explored next.

### 505 *c. Prevailing Wind*

506 Many prior studies (e.g. Saito et al. 2001; Ichikawa and Yasunari 2006, 2008; Fujita et al. 2011;  
507 Oh et al. 2012; Wang and Sobel 2017; Yanase et al. 2017) have shown that the background wind  
508 profile can have an impact on the diurnal cycle of convection. This will be explored in the context  
509 of the BSISO. Figure 12 also shows composite wind vectors by BSISO phase. (a) shows the  
510 horizontal winds at the surface, while (b) shows the u- and w- winds averaged latitudinally over  
511 the black box shown over Luzon in (a). Of prime interest is the fact that while total column water  
512 vapor and surface insolation display similar values over Luzon in phases 4 and 8, the wind fields  
513 are dramatically different.

514 In BSISO phase 4, the monsoon trough (as seen by converging surface wind vectors in Fig. 12a)  
515 is oriented from northwest to southeast across the center of the Philippines. As a result the winds  
516 over Luzon are still predominantly in the trade easterly regime throughout the troposphere (Fig.  
517 12b). Strong onshore flow is present on the eastern side of the island, with weak offshore flow on  
518 the western side. In phase 8, the monsoon trough is positioned to the northeast of the archipelago  
519 and strong southwesterly monsoon flow is present across the Philippines. This manifests as strong  
520 onshore flow on the western slope of Luzon's topography, and strong offshore flow to the east.  
521 Westerly flow reaches as deep as 400-hPa before returning to easterly near the tropopause.

522 It is argued here consistent with prior work (Fujita et al. 2011; Oh et al. 2012; Wang and Sobel  
523 2017) that the low-level flow plays an important role in modulating the diurnal cycle of convection  
524 over the islands of the MC. Strong onshore flow impinging upon the western Philippine islands  
525 may help weaken the diurnal cycle during the late-active and transition back to suppressed period.  
526 These winds are daily averages (Fig. 12), and are consistently onshore through the day in phases 6-  
527 8, helping to ventilate the land surface and reduce the land-sea contrast and sea-breeze circulation.

528 Furthermore, prevailing onshore winds may reduce convergence between the diurnal sea-breeze  
529 and the background flow, similar to ideas discussed by Houze et al. (1981) and Oh et al. (2012).

530 The same mechanism could work in the opposite sense to promote a strong diurnal cycle at the  
531 tail end of the suppressed BSISO phase. When the prevailing BSISO winds are easterly, as in  
532 phases 2-4, convergence over the western shore between the sea-breeze and background flow is  
533 enhanced, and the weaker offshore flow is less effective at ventilating the land surface (Saito et al.  
534 2001; Fujita et al. 2011; Oh et al. 2012). The result is an active diurnal cycle on the leeward side  
535 of the Philippines, as is observed (Fig. 8e). This is also in agreement with previous studies that  
536 have shown that extreme heavy rainfall events can occur on the western side or just offshore of  
537 MC islands with the onset of the westerly wind burst (Park et al. 2011; Wu et al. 2017).

538 Another hypothesis comes from the interaction of this prevailing wind with the topography of  
539 the Philippine islands. An onshore and upslope fetch from the ocean could result in increased  
540 cloudiness on the windward side of the islands, thus further reducing surface insolation. However,  
541 there would be conflicting impacts on the leeward side between downslope flow driving greater  
542 surface insolation favoring convection, but also its drying influence inhibiting convection. More  
543 work is required to see if this mechanism is plausible. Insolation changes possibly associated with  
544 prevailing wind may also be reflected in Figure 11a, which shows generally higher insolation on  
545 the leeward side of the islands in all BSISO phases when compared to the windward side, although  
546 it is unclear whether ERA5 captures these fine-scale topographic features.

547 The disparity between the eastern and western portions of the islands can also be explained  
548 with this proposed mechanism. When the trades dominate as in phases 2-4, the eastern shore of  
549 the Philippine islands see onshore, upslope flow, concurrent with the smallest amplitude diurnal  
550 cycles observed for this region. The eastern sides of the major Philippine islands see the strongest  
551 diurnal cycles in the transition period from active back to suppressed (opposite the western side),  
552 which is coincident with offshore background flow.

553 Consideration of the zonal wind shear shown qualitatively in Fig. 12b present some interesting  
554 ideas in the context of work by Tulich and Kiladis (2012). Examination of the wind vectors  
555 between roughly 900 and 600-hPa reveals weak easterly shear over Luzon in phases 2 and 6,  
556 strong easterly shear in phase 4, and westerly shear in phase 8. Tulich and Kiladis (2012) proposed  
557 that easterly shear in the lower levels is essential in producing the preferred westward propagation  
558 of convection in the tropics. These results are consistent with that hypothesis, as phase 4 and 5  
559 experience the strongest easterly shear in association with the most robust westward propagation  
560 (Fig. 7). Furthermore, when the shear is most westerly in phase 8 during the transition back to

561 suppressed conditions, there is some evidence of enhanced eastward propagation of the diurnal  
562 cycle.

563 **6. Summary and Conclusions**

564 This study has used the Philippine archipelago as a case study to address ongoing questions  
565 about the impact of the tropical intraseasonal oscillation on the diurnal cycle of precipitation in  
566 the MC. A further motivation is the recent interest in this topic associated with the field campaign  
567 Propagation of Intraseasonal Tropical Oscillations (PISTON; <https://onrpiston.colostate.edu/>).  
568 Prior work has been done exploring this issue (Birch et al. 2016; Peatman et al. 2014; Sakaeda  
569 et al. 2017, among others), although the vast majority has focused on the boreal winter season  
570 near the equator. Others have examined some aspects of intraseasonal variability in the diurnal cy-  
571 cle near the Philippines to show a preference for strong convection over land during the suppressed  
572 period (Chen and Takahashi 1995; Ho et al. 2008; Park et al. 2011; Xu and Rutledge 2018), but a  
573 comprehensive understanding of the evolution of the diurnal cycle during the BSISO life cycle and  
574 the mechanisms driving this variability remains incomplete. This study applies ideas proposed for  
575 the impact of the wintertime MJO on the MC diurnal cycle (Ichikawa and Yasunari 2006, 2008;  
576 Oh et al. 2012; Peatman et al. 2014; Vincent and Lane 2017; Wu et al. 2018) to the boreal summer  
577 season off the equator. The main findings of this study are summarized here:

- 578 • In May-October, the diurnal cycle of precipitation over the Philippines generally peaks over  
579 land during the late afternoon to early evening, and then propagates westward into the South  
580 China Sea (Figs. 2, 3).
- 581 • A statistically significant enhancement of diurnal cycle amplitude is observed at the end of  
582 the suppressed phase of the BSISO (phase 3) over and west of high topography. The diurnal

583 amplitude is minimized at the end of the convectively active period (phase 7; Figs. 8b,e,  
584 10b,e).

- 585 • Offshore propagation of diurnally-generated convection into the South China Sea is maxi-  
586 mized in the transition phase from suppressed to active large-scale BSISO conditions (phase  
587 4) and minimized in the reverse transition (phase 7-8; Figs. 7, 9, 8d, 10d).
- 588 • Daily mean precipitation is in phase with the diurnal amplitude over Mindanao but is nearly  
589 out of phase over Luzon (Figs. 5, 6, 8, 10).
- 590 • There is a marked disparity in diurnal cycle behavior between eastern and western sides of  
591 the high topography of the Philippines (Figs. 8b,c, 10b,c), possibly related to prevailing wind  
592 direction (Fig. 12)
- 593 • The preference for a strong diurnal cycle before BSISO convective onset is hypothesized to be  
594 due to the interplay between strong insolation in the suppressed phase increasing the land-sea  
595 contrast (Fig. 11), the increase in free-tropospheric moisture prior to the arrival of large-scale  
596 convection, and the prevailing wind direction (Fig. 12).

597 Major findings of this study will now be discussed in detail. A high resolution boreal summer  
598 composite of satellite derived (CMORPH) precipitation for the Philippines shows similar behavior  
599 in this region to other regions of the MC explored in prior studies (e.g. Dai 2001; Yang and Slingo  
600 2001; Mori et al. 2004; Qian 2008; Hassim et al. 2016). In particular, sea-breeze and mountain-  
601 valley circulations initiate convection over land during the afternoon, leading to a precipitation  
602 peak in the late afternoon to early evening hours (Houze et al. 1981; Saito et al. 2001; Mori et al.  
603 2004; Qian 2008; Sato et al. 2009; Birch et al. 2015). Precipitation systems propagate offshore  
604 overnight, predominantly to the west, likely related to gravity waves initiated by convective or

605 stratiform heating over land (Mapes et al. 2003a; Love et al. 2011; Hassim et al. 2016; Yokoi et al.  
606 2017; Vincent and Lane 2018).

607 The diurnal cycle exhibits substantial variability on intraseasonal time-scales. This study exam-  
608 ined eight composite diurnal cycles for each phase of the Boreal Summer Intraseasonal Oscillation  
609 (BSISO) according to an index by Lee et al. (2013). Statistically significant differences in daily  
610 mean precipitation and the amplitude of the composite diurnal cycles as a function of BSISO  
611 phase were found over land and coastal waters, indicating a large-scale influence on the formation  
612 and propagation of diurnal convective systems. One intriguing finding is that the diurnal cycle  
613 amplitude is in phase with daily mean precipitation over Mindanao, but nearly out of phase over  
614 Luzon.

615 In the early suppressed period (BSISO phases 1 and 2), precipitation is strongly suppressed  
616 over ocean at all times of day. Precipitation rates over land are reduced at all times of day except  
617 during and just before the usual late afternoon peak in the diurnal cycle, consistent with prior work  
618 (Chen and Takahashi 1995; Ho et al. 2008; Peatman et al. 2014; Katsumata et al. 2018; Xu and  
619 Rutledge 2018). Cloud cover is strongly reduced during this period, leading to positive surface  
620 insolation anomalies and a strong thermally driven sea-breeze circulation that maintains a potent  
621 diurnal cycle. Diurnally generated convective activity is short-lived, showing weak propagation  
622 offshore. This may be caused by a very dry near-shore troposphere that suppresses precipitation  
623 through entrainment drying.

624 During the transition to the active phase (phases 3-5), insolation is still near average as the  
625 large-scale cloudiness associated with the BSISO approaches from the southwest. These phases  
626 also correspond to the strongest easterly trade winds over the Philippine islands. Furthermore,  
627 moisture in the free troposphere begins to gradually increase. The Philippines (primarily on the  
628 western side of the islands) see their strongest diurnal cycles at this time in agreement with prior

629 studies that have showed a preference for strong diurnal cycles and heavy precipitation in the ISO  
630 transition period (Park et al. 2011; Peatman et al. 2014; Sakaeda et al. 2017; Wu et al. 2017).  
631 Convection persists later into the night, propagating further offshore. Longer storm lifetimes are  
632 possibly associated with greater moisture availability and reduced dry air entrainment.

633 While under the main BSISO convective envelope and its transition back to suppressed con-  
634 ditions (phases 6-8), precipitation is elevated over the ocean throughout the day. Over Luzon,  
635 precipitation rates tend to be anomalously high at all times of day except during the typical after-  
636 noon peak. Thus, the diurnal cycle amplitude is reduced, supporting findings from studies focusing  
637 on other islands in the MC (Peatman et al. 2014; Birch et al. 2016; Vincent and Lane 2016, 2017;  
638 Wu et al. 2017; Yokoi et al. 2017). The diurnal cycle in precipitation also peaks slightly later than  
639 in the boreal summer mean, possibly related to lingering stratiform precipitation (Sakaeda et al.  
640 2017). Mindanao does not see the increase in precipitation during off peak times, so both the diur-  
641 nal cycle and daily mean precipitation rates are both strongly suppressed. Reduced insolation due  
642 to increased cloudiness over land is present in this phase along with strong onshore monsoonal  
643 flow out of the west or southwest that ventilates the land surface. Together, these mechanisms  
644 can act to reduce the thermal contrast and thus the sea-breeze circulation and the diurnal cycle  
645 amplitude over land.

646 Eastern portions of the Philippines exhibit markedly different behavior through the BSISO life  
647 cycle. During the transition from suppressed to active BSISO, this region is subject to moderate  
648 onshore wind flow in the lower levels. This could lead to reduced convergence on land and in-  
649 creased cloudiness due to upslope flow, inhibiting the strength of the diurnal cycle. This supports  
650 arguments discussed in several past studies (Saito et al. 2001; Fujita et al. 2011; Oh et al. 2012;  
651 Wang and Sobel 2017). The transition from active to suppressed for the eastern shore is some-  
652 what analogous to the suppressed to active transition on the western shore, i.e. when prevailing

653 offshore flow is at its peak, combined with near average insolation and free tropospheric moisture  
654 anomalies. Furthermore, there is some evidence of increased offshore propagation to the east into  
655 the Philippine sea during this transition (phases 8 and 1).

656 This study has showed that there is a plausible connection between several mechanisms (prevail-  
657 ing low level winds, insolation, and free tropospheric moisture) and the diurnal cycle amplitude  
658 through the BSISO life cycle, but causation was not established. These mechanisms warrant future  
659 modeling studies to determine a possible cause and effect relationship. An interesting disparity in  
660 diurnal cycle behavior between eastern and western sides of Luzon and Mindanao has also been  
661 shown, which invites a more detailed analysis of other MC islands that might reveal a similar con-  
662 trast. Variability on the sub-island scale suggests the importance of local topographic factors in  
663 driving the precipitation response to the BSISO.

664 It has also been shown that the diurnal cycle amplitude and daily mean precipitation rate over  
665 large MC islands can be out of phase, as is the case for Luzon. Further research could explore  
666 the relationship between the two in detail in order to determine why some islands have higher  
667 precipitation variability at night than others (Figs. 8, 10). Finally, the potential relationship be-  
668 tween free tropospheric moisture and the propagating diurnal cycle motivates speculation of a  
669 possible upscale feedback from the diurnal cycle back to the BSISO in light of recent work by  
670 Zhang and Ling (2017), who showed that MJO events that have relatively more precipitation over  
671 ocean compared to land are more likely to successfully propagate through the MC. It is possible  
672 that increased offshore propagation of the diurnal cycle in the BSISO transition phase supports  
673 northward propagation.

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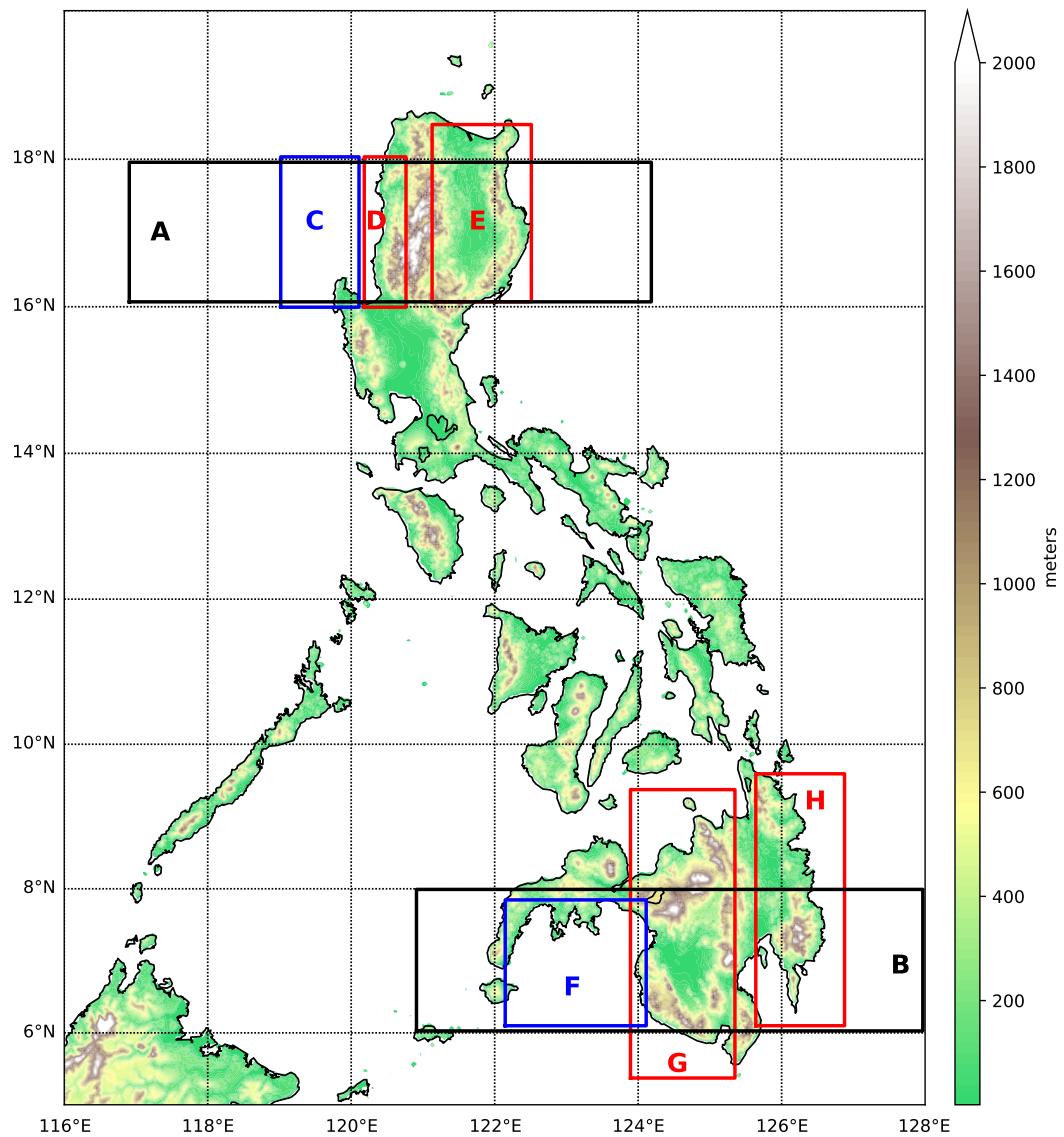
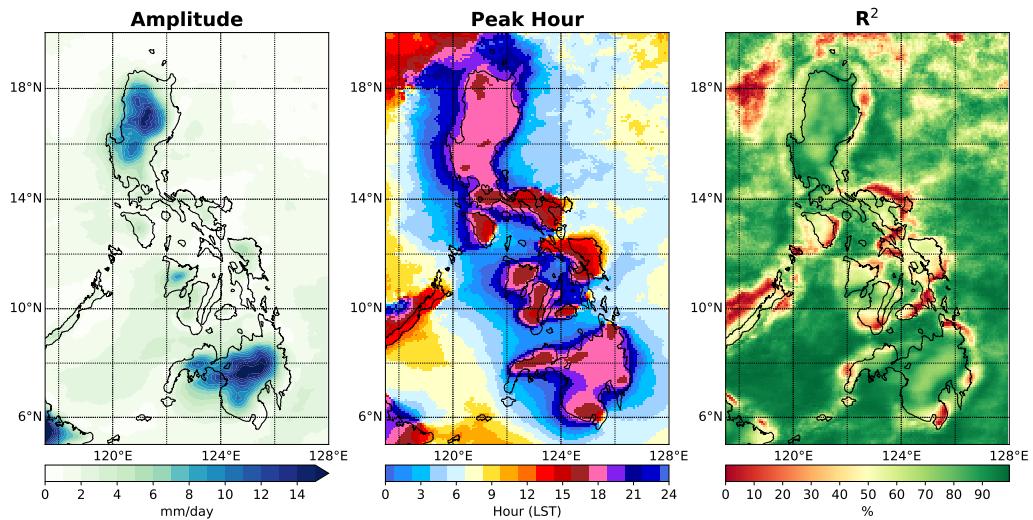
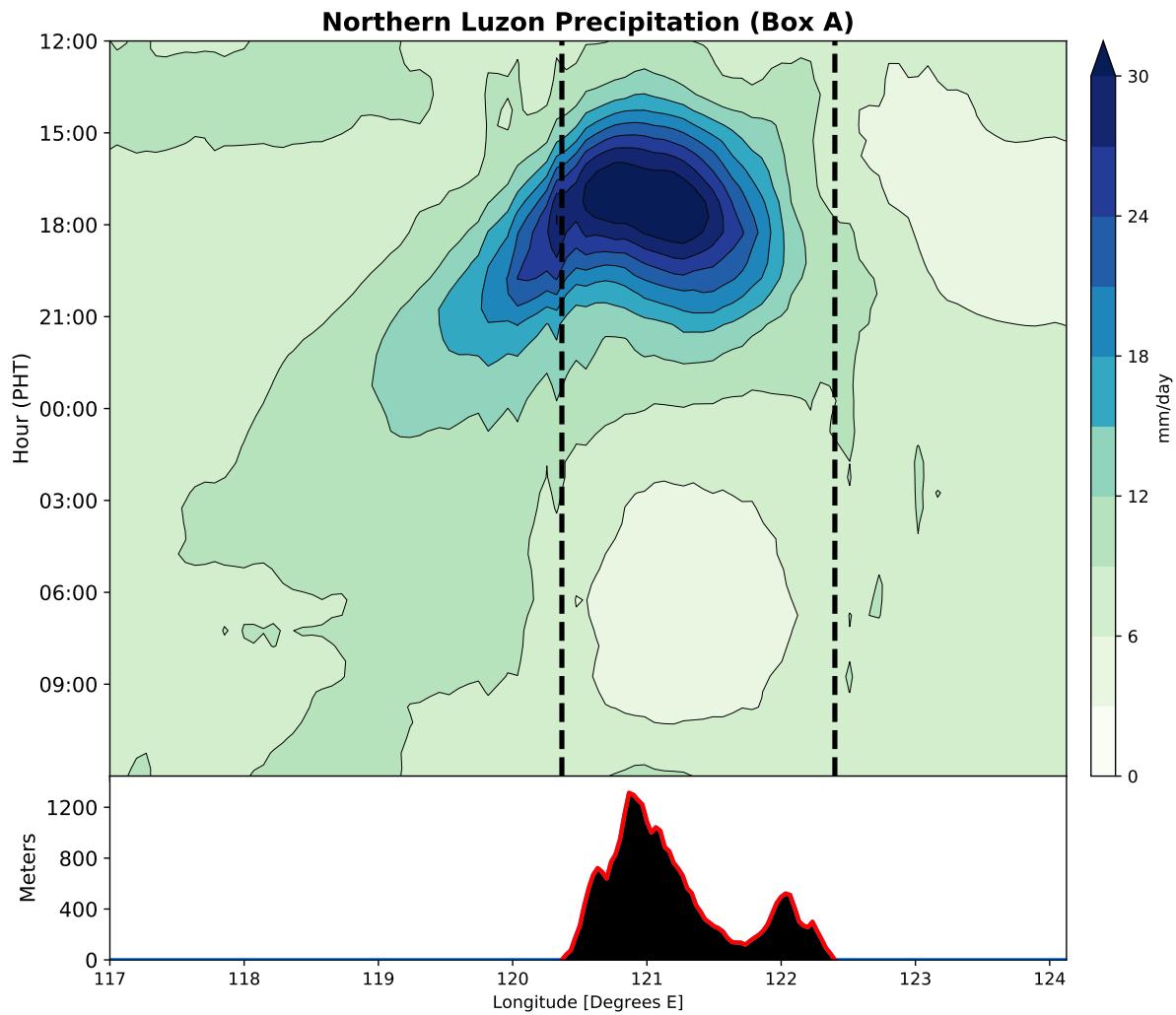


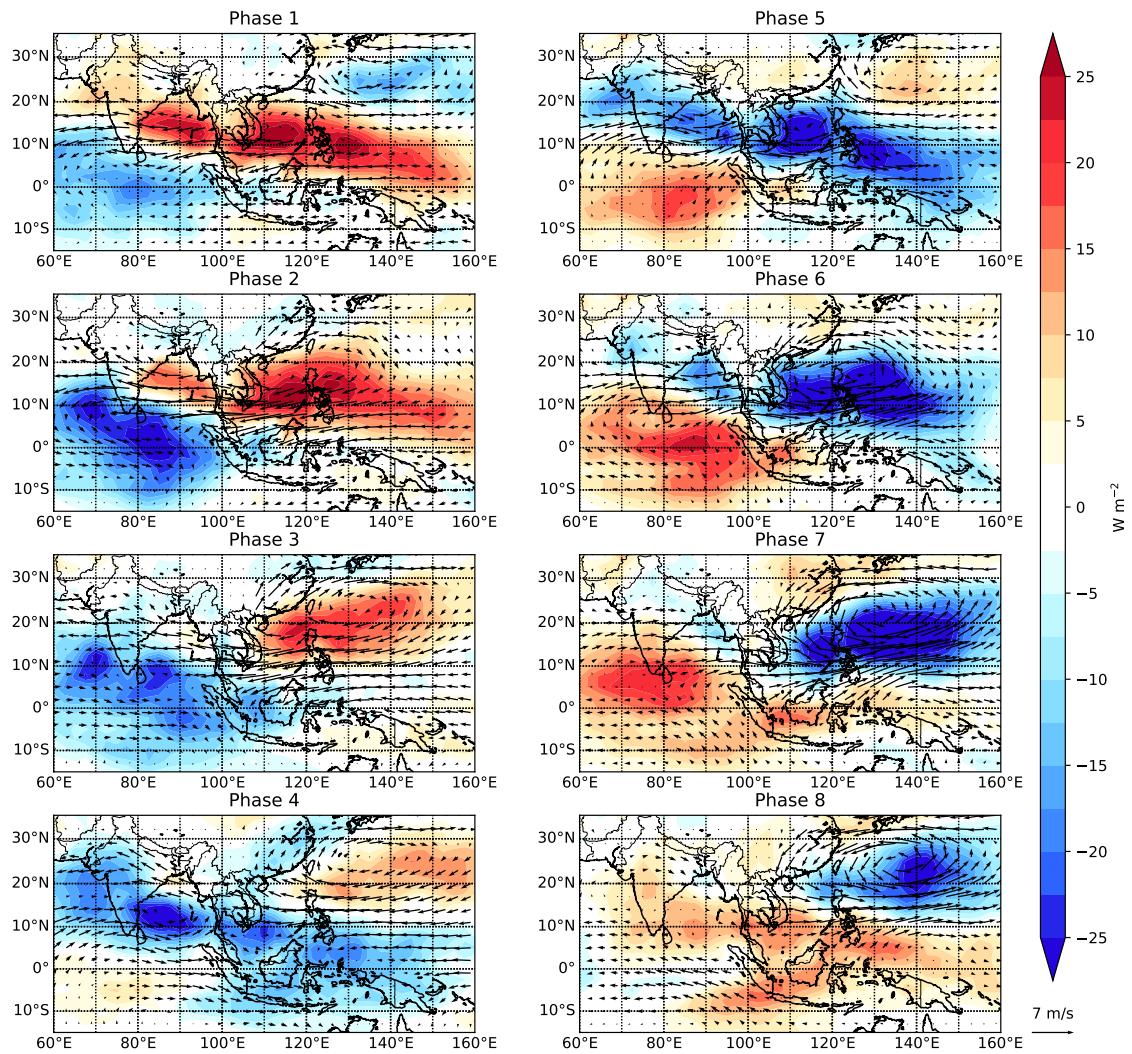
FIG. 1. NOAA ETOPO2 Topography (in meters) over the Philippines, with boxes of spatial averaging used later.



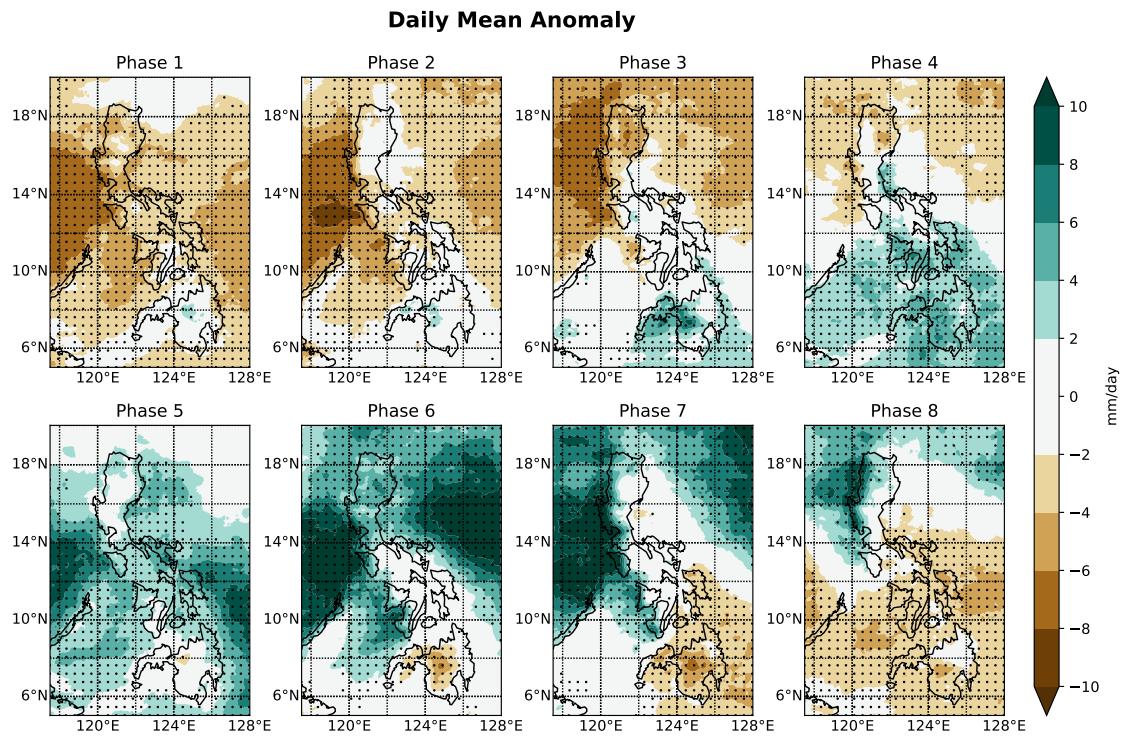
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 965 by the first diurnal harmonic.



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 967 over box A (shown in Figure 1), with average topography from NOAA ETOPO2 in the same cross section shown  
 968 below.

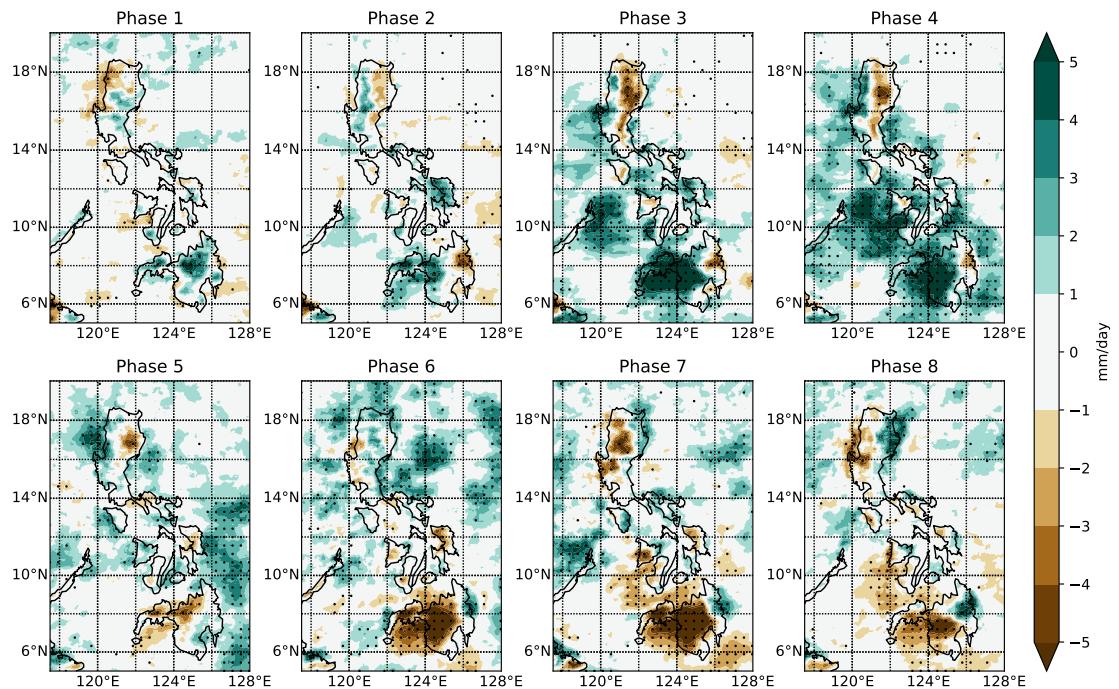


969 FIG. 4. Composite anomalies of AVHRR OLR in colors and 850-hPa wind vector anomalies from ERA5 by  
 970 BSISO phase.

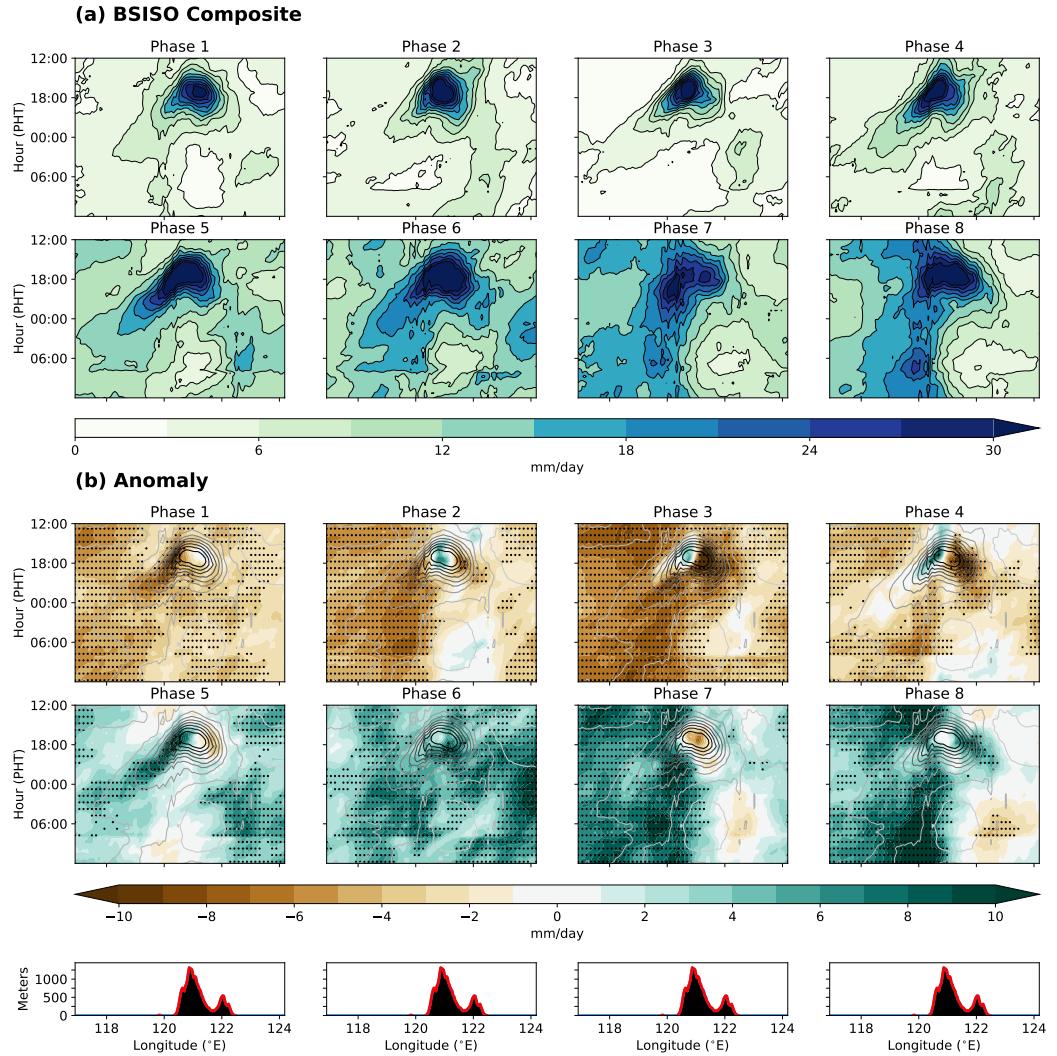


971      FIG. 5. Anomalies in daily mean CMORPH precipitation rate by BSISO phase, with statistical significance  
 972      at the 95% level shown as dots.

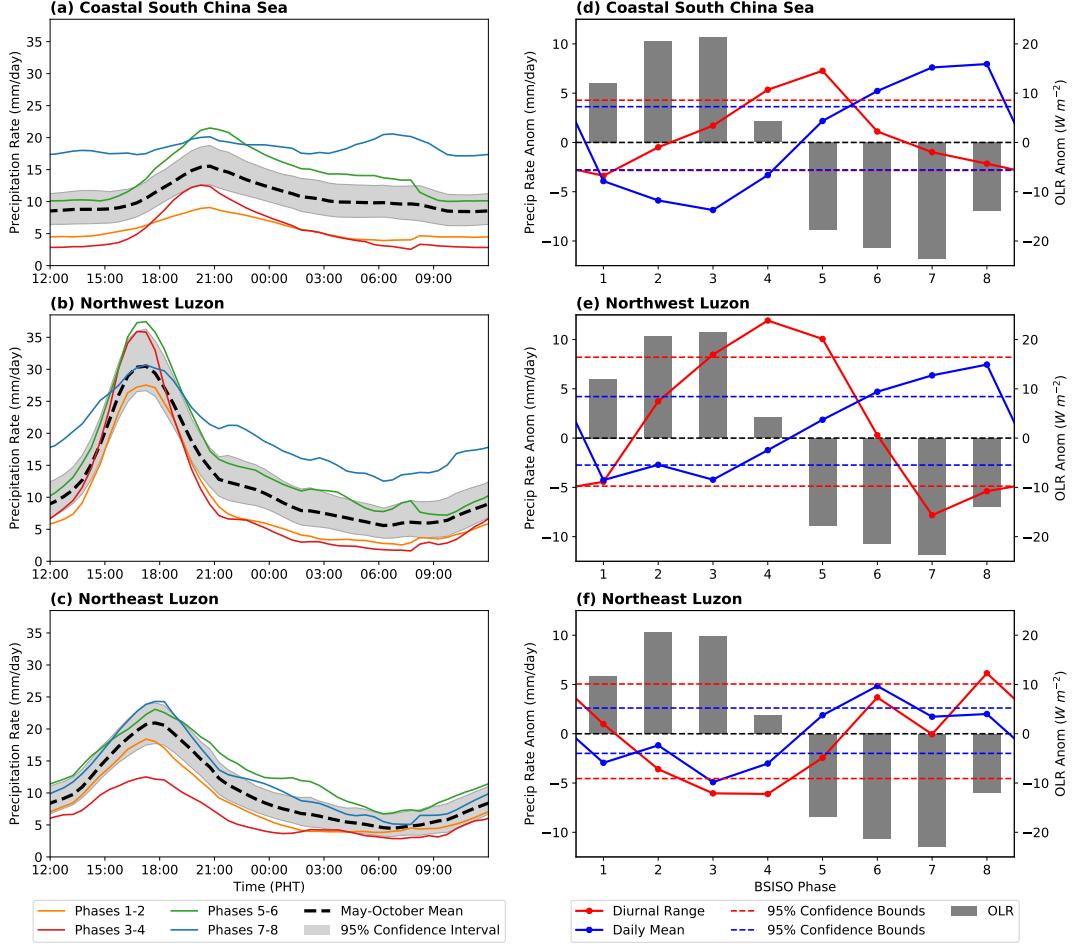
### Diurnal Cycle Amplitude Anomaly



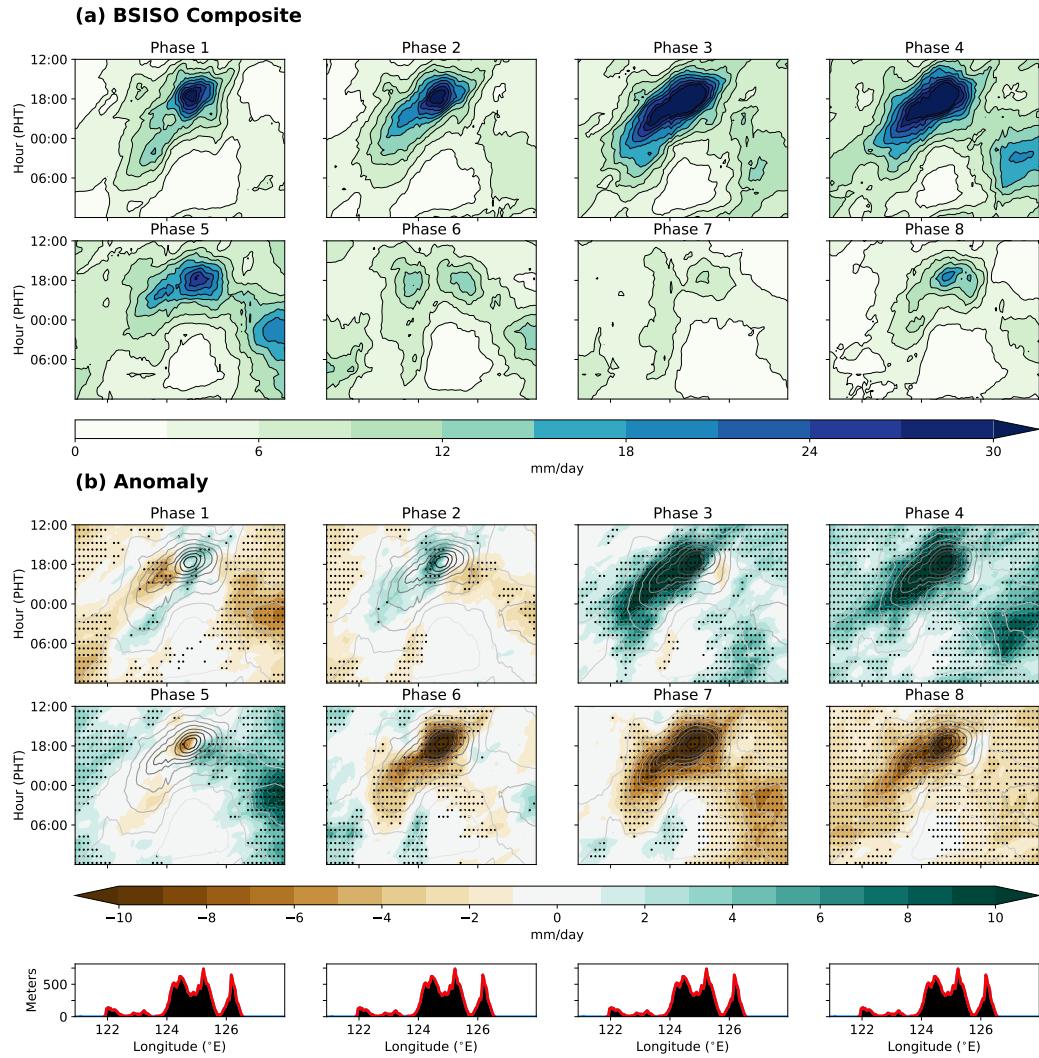
973 FIG. 6. BSISO composite anomalies in the amplitude of the first diurnal harmonic of CMORPH precipitation,  
 974 compared to the full boreal summer composite diurnal cycle. Statistical significance at the 95% level is shown  
 975 as dots.



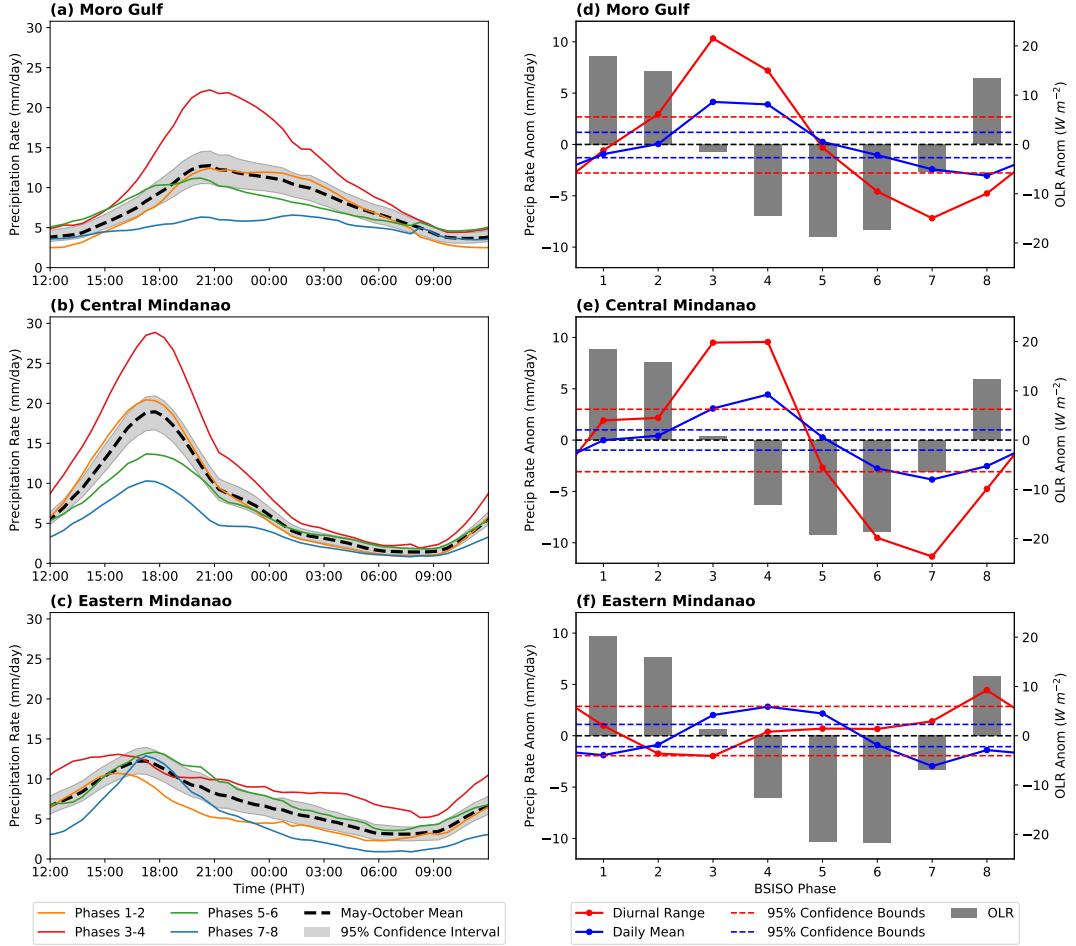
976 FIG. 7. (a) Composite diurnal cycle based on CMORPH precipitation by BSISO phase averaged latitudinally  
 977 over box A (shown in Figure 1) as in Figure 3, and (b) the difference (shown in color) between these BSISO  
 978 composite diurnal cycles and the full boreal summer composite diurnal cycle shown in Figure 3 and again in  
 979 black and white contours here, with statistical significance superimposed as dots, with average topography from  
 980 NOAA ETOPO2 in the same cross section below each column.



981 FIG. 8. (Left Column) The boreal summer composite diurnal cycle of CMORPH precipitation rate (black;  
982 dotted) with 95% confidence bounds (gray; shaded), and composite diurnal cycles by BSISO phase (color; solid)  
983 averaged over ocean points only inside box C (shown in Figure 1) in (a), averaged over land points only inside  
984 box D in (b) and over land points only in box E (c). (Right Column) Difference between BSISO composite and  
985 May-October composite of OLR (gray bars), daily mean precipitation rate (solid blue), and diurnal range (solid  
986 red), with 95% confidence bounds for daily mean (diurnal range of) precipitation rate shown in blue (red) dotted  
987 lines, from the composite diurnal cycles shown on the left.

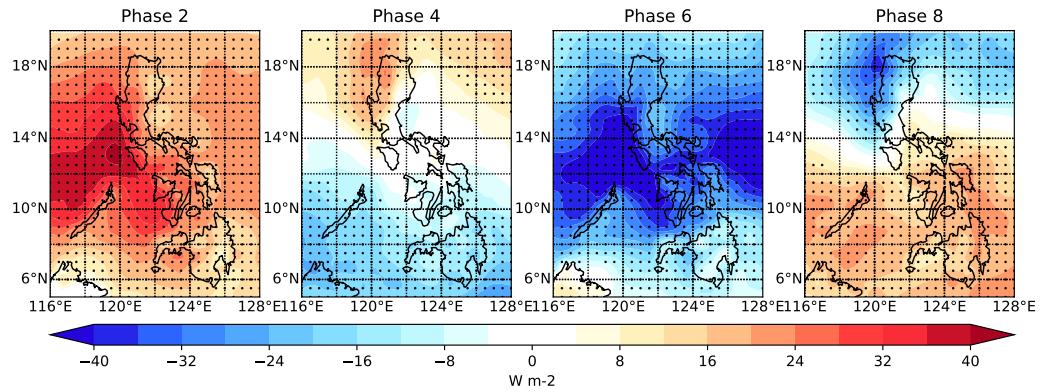


988 FIG. 9. As in Figure 7 but for Mindanao: (a) Composite diurnal cycle based on CMORPH precipitation by  
 989 BSISO phase averaged latitudinally over box B (shown in Figure 1) as in Figure 3, and (b) the difference (shown  
 990 in color) between these BSISO composite diurnal cycles and the full boreal summer composite diurnal cycle  
 991 shown in Figure 3 and again in black and white contours here, with statistical significance superimposed as dots,  
 992 with average topography from NOAA ETOPO2 in the same cross section below each column.

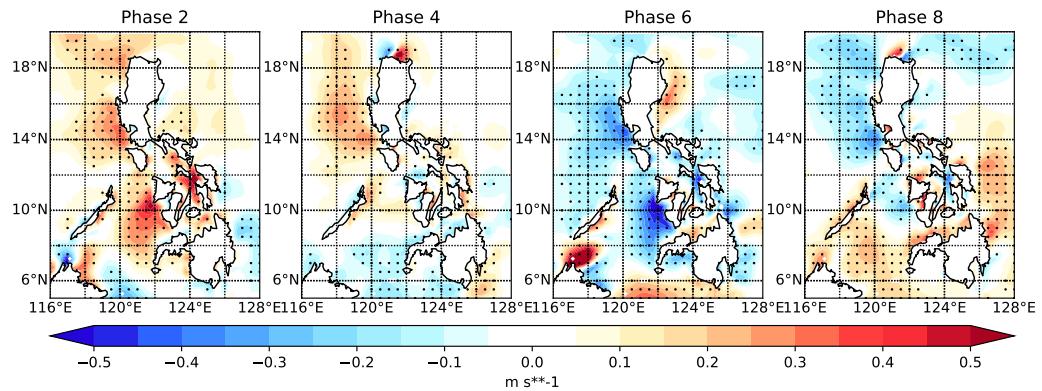


993 FIG. 10. As in Figure 8 but for Mindanao: (Left Column) The boreal summer composite diurnal cycle of  
994 CMORPH precipitation rate (black; dotted) with 95% confidence bounds (gray; shaded), and composite diurnal  
995 cycles by BSISO phase (color; solid) averaged over ocean points only inside box F (shown in Figure 1) in  
996 (a), averaged over land points only inside box G in (b) and over land points only in box H (c). (Right Column)  
997 Difference between BSISO composite and May-October composite of OLR (gray bars), daily mean precipitation  
998 rate (solid blue), and diurnal range (solid red), with 95% confidence bounds for daily mean (diurnal range of)  
999 precipitation rate shown in blue (red) dotted lines, from the composite diurnal cycles shown on the left.

**(a) Surface Downwelling Shortwave**

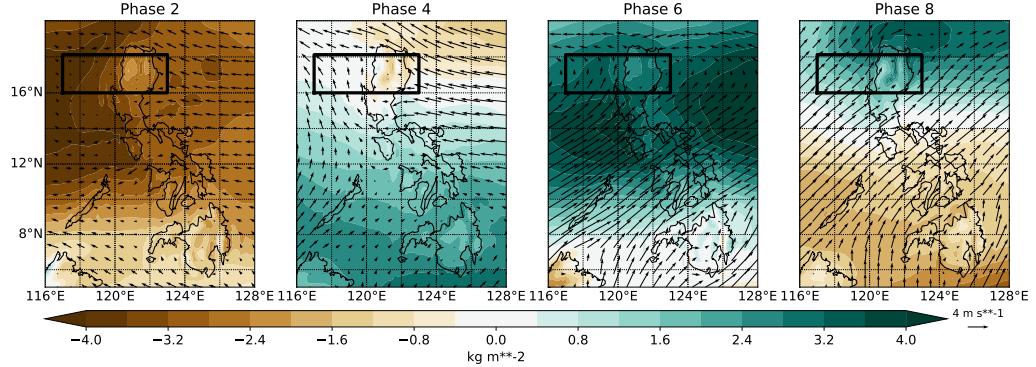


**(b) Diurnal Amplitude of 10-m Zonal Wind**

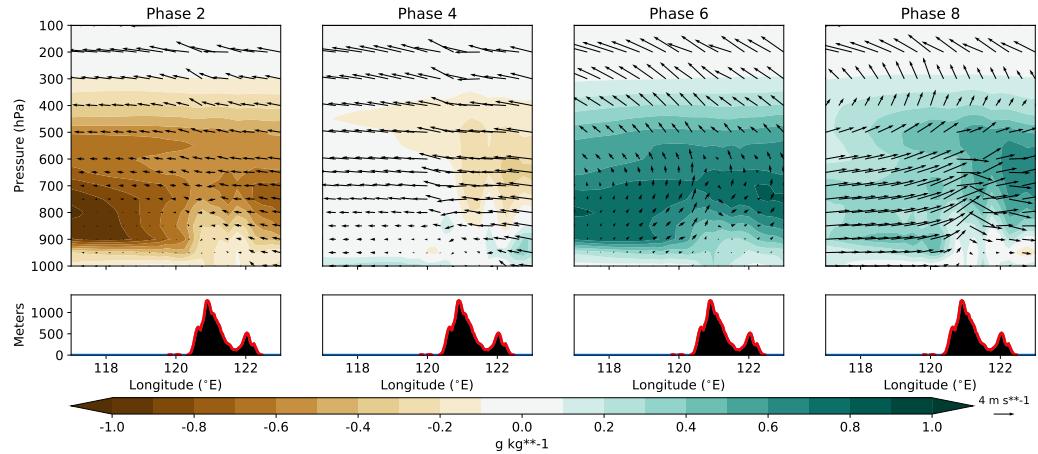


1000 FIG. 11. ERA5 (a) Daily mean surface downwelling shortwave radiation anomalies by BSISO phase com-  
1001 pared to the May-October mean and (b) BSISO anomalies of the diurnal amplitude of surface zonal wind, com-  
1002pared to May-October composite diurnal cycle of zonal wind. Statistical significance calculated via a bootstrap  
1003is shown as black dots.

**(a) Total Column Water Vapor Anomaly and Mean Surface Wind Vectors**



**(b) Specific Humidity Anomaly and Mean uw-Wind Vectors**



1004 FIG. 12. (a) ERA5 BSISO anomalies of total column water vapor with BSISO composite (not anomaly)  
 1005 surface wind vectors, and (b) ERA5 BSISO anomalies of latitudinally averaged specific humidity (inside the  
 1006 black box in (a)) by longitude and height (in pressure coordinates), with BSISO composite (not anomaly) zonal-  
 1007 vertical wind vectors averaged over the same latitudes and average topography shown below. The vertical  
 1008 component of the wind has been multiplied by 100.