

# An Observational History of the Direct Influence of the Stratospheric Quasi-biennial Oscillation on the Tropical and Subtropical Upper Troposphere and Lower Stratosphere

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33 **Abstract**

34 The history of observational studies regarding the influence of the stratospheric quasi-biennial  
35 oscillation (QBO) on the tropical and subtropical upper troposphere and lower stratosphere  
36 (UTLS) is reviewed. QBO westerly (W) and easterly (E) phases are defined by zonal winds in  
37 the lower stratosphere. During 1960-1978, radiosonde data revealed a QBO modulation of the  
38 UTLS, with a warm anomaly during QBO W in the tropics, and cool anomalies near 30°S and  
39 30°N. This agreed with theory of the QBO mean meridional circulation (MMC), which  
40 predicted a coherent, anti-phased response between the tropics and subtropics. During 1978-  
41 1994, satellite observations of aerosol and temperature confirmed the existence of the QBO  
42 MMC. During 1994-2001, global data sets enabled analysis of zonal mean QBO variations in  
43 tropopause temperature. In 2001, National Centers for Environmental Prediction reanalyses for  
44 the 42-yr period 1958-2000 revealed seasonal and geographical variations in QBO W-E  
45 tropopause temperature, pressure, and zonal wind, which are presented here. An update using  
46 the 38-yr Modern-Era Retrospective analysis for Research and Applications, Version 2 and 40-yr  
47 European Centre for Medium Range Weather Forecasting Reanalysis -Interim data sets provides  
48 a more complete view of seasonal and geographical variation.

49 The QBO range in tropical tropopause values is ~0.5-2 K, ~100-300 m, and ~1-3 hPa,  
50 being colder and higher during QBO E, especially during boreal winter and spring. The QBO  
51 temperature signal tends to be larger near regions where deep convection is common. The QBO  
52 signal in the southern subtropics is enhanced during austral winter. During QBO W, the  
53 subtropical westerly jet is enhanced, while the Walker circulation is weaker, especially during  
54 boreal spring. A new climatology of zonal mean QBO anomalies in temperature, zonal wind,

55 and MMC is presented. QBO E may enhance convection by reducing both static stability and  
56 wind shear in the UTLS.

57

58 **Keywords:** quasi-biennial oscillation; tropopause; tropics; subtropics; general circulation  
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61

62 **1. Introduction**

63 The westward progression of orange sunsets around the globe in the tropics after the  
64 eruption of Krakatau in August 1883 showed that there was a layer of easterly (E) winds in the  
65 tropical stratosphere at that time (Simkin and Fiske 1984; Winchester 2003; Hamilton 2012). In  
66 August 1908, Berson (1910) found a thin layer of westerly (W) winds in pilot balloon  
67 observations over tropical Africa, underlying a layer of easterly winds. This view of a layered  
68 structure, with “Krakatau easterlies” overlying a thin layer of “Berson westerlies” prevailed for  
69 fifty years (Hastenrath 2007; Brönniman and Stickler 2013), until several consecutive years of  
70 tropical radiosonde data were analyzed by Reed et al. (1961) and Veryard and Ebdon (1961).  
71 These papers reported the discovery of the stratospheric quasi-biennial oscillation (QBO),  
72 wherein alternating layers of W and E winds descend in the stratosphere at  $\sim 1$  km/mo., and  
73 diminish in amplitude approaching the upper troposphere / lower stratosphere (UTLS),  
74 exhibiting a variable periodicity of  $\sim 24$ -32 months (Fig. 1).

75 The QBO is primarily driven by vertical momentum fluxes due to upward-propagating  
76 equatorial wave activity, which are generated by tropospheric convective systems (Andrews et  
77 al. 1987). Another wave driving contribution comes from the meridional momentum flux  
78 convergence associated with extratropical planetary waves (Dunkerton 1983). Usually this  
79 process is not as important as tropical wave driving, but it has been shown to be a likely cause

80 for the disruption of descending QBO westerlies during 2015/2016 (Osprey et al. 2016, Newman  
81 et al. 2016, Coy et al. 2017).

82 An overview of the QBO is provided by Baldwin et al. (2001). The focus of the present  
83 historical review is on observational studies of QBO effects in the UTLS in the tropics and  
84 subtropics, including the tropical tropopause layer (TTL). Gettelman and Forster (2002)  
85 suggested that the TTL extends from the level of lapse rate minimum at 10–12 km to the mean  
86 cold point tropopause (CPT) level at 17 km or 90 hPa. Fueglistaler et al. (2009) analyzed a  
87 range of meteorological and constituent data and suggested a working definition of the TTL as  
88 the 14–18.5 km layer (150–70 hPa or 355–425 K layer). Since the QBO MMC extends into the  
89 subtropics and upward into the stratosphere, the term UTLS will be used to indicate the tropical  
90 and subtropical upper troposphere and lower stratosphere.

91 Since the discovery of the QBO, observational studies have revealed interesting  
92 correlations between the QBO and other phenomena, including an anti-phased relationship  
93 between the tropical and subtropical lower stratosphere (Angell and Korshover 1964) and  
94 modulation of the tropical tropopause altitude (Reid and Gage 1985). Evidence also emerged  
95 that the QBO influences the winter polar vortex, where QBO E favors a more disturbed polar  
96 vortex (Holton and Tan 1980). Anstey and Shepherd (2014) provide a comprehensive review of  
97 studies of the “Holton-Tan effect”. Boville (1984), Baldwin and Dunkerton (1999), Thompson  
98 and Wallace (2001), and others have shown that the state of the extratropical stratosphere can  
99 modulate extratropical tropospheric weather patterns. This constitutes an extratropical  
100 stratosphere – troposphere coupling pathway, whereby the QBO can influence tropospheric  
101 weather via the extratropical stratosphere.

102 An evaluation of global reanalyses of the QBO signal in zonal wind is given by Kawatani  
103 et al. (2016). A summary of global surface impacts of the QBO is given by Gray et al. (2018).  
104 Attard and Coy (2019) discuss QBO effects on the polar winter stratosphere. Chapter 9 of  
105 Anstey et al. (2020, in preparation) presents an archive of figures regarding QBO variability in  
106 the tropics, for an array of global reanalysis data sets analyzed for the Stratosphere-troposphere  
107 Processes and their Role in Climate (SPARC) Reanalysis Intercomparison Project (S-RIP).  
108 Haynes et al. (2020) provide an overview of theoretical and modeling aspects of the coupling  
109 between the stratosphere and troposphere involving the QBO, including a discussion of the  
110 interaction between the QBO and the Madden Julian Oscillation (MJO).

111 The present review focuses on the history of observationally-based studies regarding the  
112 direct influence of the QBO on the tropical and subtropical UTLS. The primary purpose here is  
113 to describe significant relationships seen in the observations. An assessment of possible  
114 mechanisms, evaluated for consistency with the observed geographical distribution of the QBO  
115 signal in the UTLS, is given near the end. This history is described sequentially, according to  
116 stages of development in instrumental and global analysis capabilities. During 1960-1978,  
117 radiosonde data provided the first observations of QBO effects in the tropical and subtropical  
118 UTLS, with simultaneous development of a theoretical description of the QBO MMC as a wave-  
119 driven circulation. During 1978-1994, new satellite observations of volcanic aerosol and  
120 temperature provided information which supported the theoretical structure of the QBO MMC.  
121 During 1994-2001, development of global data sets allowed for new estimations of the zonal  
122 mean QBO in tropopause temperature, highlighting the latitudinal anti-phased nature and effect  
123 across the UTLS.

124            In the early 2000s, data from the National Centers for Environmental Prediction (NCEP)  
125    for the period 1958-2000 were used by the lead author (MHH) to investigate the seasonal and  
126    geographical variation of the QBO signal in the tropical and subtropical TTL. Results were  
127    presented orally at five international scientific meetings during 2000-2003, including the SPARC  
128    2nd General Assembly, Mar del Plata, Argentina (2000, 6-10 November), the JSPS/NSF Japan -  
129    U.S. Seminar on Coupling of the Troposphere and Stratosphere by Dynamical, Radiative and  
130    Chemical Processes, Kyoto, Japan (2001, 13-17 March), the Risk Prediction Initiative  
131    Conference on Forecasting Severe Weather in Bermuda (2002), the AMS 12th Conference on  
132    Middle Atmosphere, San Antonio, USA (2002, 4-7 November), and the SPARC Workshop on  
133    the Role of the Stratosphere in Tropospheric Climate, Whistler BC, Canada (2003, 29 April - 2  
134    May). Three of these figures are included as historical Figs. 14-16 in this paper. At the time,  
135    the primary focus regarding QBO influences on the troposphere was on the Holton-Tan effect.  
136    Although the idea of a “direct effect” of the QBO on the tropical and subtropical UTLS had been  
137    discussed in the literature since the 1960s, in the early 2000s it was not yet widely accepted.  
138    Presentation of these figures eventually helped to generate interest in the possibility that there are  
139    geographical variations in the QBO signal in the tropics. During 2015-2019, the second author  
140    (SY) re-invigorated interest in the direct effect of the QBO on tropical convection by organizing  
141    a series of workshops in Japan. The lead author gave six presentations on this topic during 2015-  
142    2020.

143            Now it is possible to compare the geographical and seasonal variation in the QBO signal  
144    in the deep tropics in the 2001 NCEP study with results using CPT temperatures from Modern-  
145    Era Retrospective Analysis for Research and Applications, Version 2 (MERRA-2) data for the  
146    38-yr period 1980-2017, and with results from European Centre for Medium Range Weather

147 Forecasting Reanalysis (ERA-Interim) data from the 40-yr period 1979-2018. These modern  
148 data sets extend the observational record by almost two decades. Further analysis of ERA-  
149 Interim data enables a more comprehensive description of the seasonal and geographical  
150 variations in the QBO signal in the tropical and subtropical UTLS, and provides a new depiction  
151 of the QBO anomalies in zonal wind, temperature, and MMC in the region 1000-1 hPa, 40°S-  
152 40°N.

153 Data and analysis methods for the NCEP, MERRA-2 and ERA-Interim data sets are  
154 described in Section 2, including discussion of QBO indices and statistical significance testing  
155 for each. The historical development of observational evidence for a direct influence of the QBO  
156 on the tropical and subtropical TTL, including radiosonde and zonal mean satellite data, is  
157 presented in Section 3. Section 4 shows the seasonal and geographical variation in tropopause  
158 temperature, tropopause pressure, and 70-150 hPa zonal wind shear in the 1958-2000 NCEP  
159 record for DJF and JJA. Evidence is shown for an amplification of the QBO W-E signal near  
160 centers of deep convective center, and effects on the subtropical westerly jet (SWJ). Results for  
161 1958-1978 and 1979-2000 are shown separately for comparison.

162 Modern global data sets now include an extra 20 years of observations, increasing the  
163 statistical significance of results. Section 5 discusses the distributions of QBO W-E MERRA-2  
164 CPT temperature for all four seasons and for the record mean during 1980-2017, in the band  
165 20°S-20°N. In section 6, analysis of ERA-Interim data from 1978 – 2018 provides a more  
166 complete picture of the QBO signal in the UTLS, including effects on the Walker circulation, the  
167 SWJ, seasonal effects in the deep tropics, and a new depiction of the QBO MMC. Section 7  
168 summarizes primary findings regarding zonal mean QBO influences, geographical variation, and

169 seasonal variation in the topics and subtropics, and discusses possible coupling mechanisms that  
170 are consistent with the observed geographical variation of enhancement in QBO W-E anomalies.

171

## 172 **2. Data and Analysis**

### 173 *2.1. NCEP 1958-2000*

174 In 2001, a range of synoptic charts of QBO W-E differences were created using global  
175 reanalysis meteorological fields from NCEP ([www.cdc.noaa.gov](http://www.cdc.noaa.gov); Kalnay et al. 1996; Kistler et  
176 al. 2001). Monthly averages on a  $2.5^{\circ}$  grid were calculated from daily averages for the 43-yr  
177 period 1958 – 2000 (43 years) and for the two sub-periods 1958 – 1977 (20 years) and 1978-  
178 2000 (23 years). Tropopause temperature and tropopause pressure were available as specially-  
179 analyzed fields. NCEP tropopause levels were defined with the standard lapse rate definition.

180 Tropical tropopause definitions and seasonal distributions in the tropics are discussed by  
181 Hoerling et al. (1991), Tuck et al. (1993), Highwood and Hoskins (1998), Hoinka (1998, 1999),  
182 Randel et al. (2000), and Zhou et al. (2001). Seidel et al. (2001) showed that the lapse-rate and  
183 CPT definitions yield very similar spatial patterns for climatological tropopause temperature. As  
184 will be shown, QBO temperature anomalies in the UTLS exceed 5 km in thickness. The lapse  
185 rate tropopause, the CPT, and the 100 hPa surface are less than  $\sim$ 1 km apart vertically in the  
186 tropics, which suggests that these minor differences in altitude for analyzing NCEP, MERRA-2,  
187 and ERA-Interim data should not strongly impact the resulting patterns of QBO W-E differences.

188 Prior to 1978, the tropical tropopause was  $\sim$ 3 K cooler than after 1978 in the NCEP  
189 record (Pawson and Fiorino 1999, Randel et al. 2000, Huesmann and Hitchman 2003). Due to  
190 averaging by phase of the QBO, this discontinuity does not affect results of QBO W-E  
191 differences. QBO W-E difference maps were created for 1958-2000 for each season. In order to

192 test for robustness of results, the data were broken into the two periods 1958-1978 and 1979-  
193 2000, the results of which are shown in Section 4.

194 Huesmann and Hitchman (2001) explored the relationship between the QBO W-E signal  
195 in NCEP tropopause temperature and a QBO index based on the zonal mean zonal wind shear  
196 between the paired levels 10-20, 20-30, 30-50, and 50-70 hPa. They found that the 50-70 hPa  
197 wind shear index yielded the most coherent QBO W-E signal in the tropical UTLS. Threshold  
198 shear values were chosen to be  $\pm 1.5 \text{ m s}^{-1}$  ( $20 \text{ hPa}$ ) $^{-1}$  for sorting into QBO W and E categories.  
199 Use of a wind shear index provides a clear expectation for the phase of QBO temperature, where  
200 westerly shear is vertically coincident with a warm anomaly. This physical expectation allows  
201 for the use of a one-tailed Student's t-test. If winds from only one level are used, the location of  
202 the thermal anomaly is less certain. While 50-70 hPa shear is highly correlated with 50 hPa  
203 wind, the method of determining phase by 50-70 hPa shear was selected to create the NCEP  
204 QBO W-E difference maps, which are shown below as Figs. 13-15.

205 During 1958 – 2000 there were ~18 QBO cycles, with 220 westerly, 187 easterly, and  
206 109 intermediate months. QBO W-E difference maps were created for each season. Variables  
207 examined included tropopause temperature, tropopause pressure, 70-150 hPa wind difference,  
208 150 hPa geopotential height, 150 hPa horizontal winds, and 150 hPa relative vorticity. Seasonal  
209 means and standard deviations for December-January-February (DJF), March-April-May  
210 (MAM), June-July-August (JJA), and September-October-November (SON) were calculated for  
211 QBO W and QBO E. Statistical significance was evaluated using a one-sided Student's t-test  
212 (assuming that a warm anomaly near the tropical TTL is associated with westerly shear). To  
213 evaluate statistical significance, one degree of freedom was assumed for each year (i.e.,  $N = 43$   
214 for 1958 - 2000, 21 for 1958 -1978, and 22 for 1979 -2000). For a 28-month sinusoidal

215 oscillation, the autocorrelation as a function of monthly lag decreases from 1.0 to  $\sim 0.7$  in 3.5  
216 months, and becomes negative after 7 months (cf. Fig. 8 of Fraedrich et al. 1993). This suggests  
217 that choosing  $N$  equal to the number of years in a data record is somewhat too stringent and  
218 choosing  $N$  equal to the number of months in a data record may be somewhat too lenient. The  
219 dependence of the p-value on  $N$  for a given t-score is weak, such that an outcome of 95%  
220 significance for  $N=20$  increases only to  $\sim 96\%$  for  $N=240$ . For Figs. 14-16,  $N$  was chosen to be  
221 the number of years in the record, with light shading indicating confidence levels above 90%,  
222 dark shading above 95%, in a 1-tailed Student's t-test.

223

224 *2.2. MERRA-2 1980-2017*

225 Cold-point tropopause temperatures from MERRA-2 were used for the 38-yr period  
226 1980-2017. Values were interpolated to the CPT using a cubic spline. The phase of the QBO  
227 was determined for this analysis using zonal winds at 50 hPa. Zonal wind at 50 hPa is highly  
228 correlated with 50-70 hPa zonal wind shear, so the two methods should yield similar results. The  
229 range in QBO temperature was defined to be the difference between the warmest and coldest  
230 monthly average for each QBO cycle at each location, averaged over all of the cycles during the  
231 38-yr data record (456 total months). Statistical significance was determined by using a two-  
232 tailed Students-t test and bootstrapping technique. Each month was assumed to be statistically  
233 independent, so that  $N = 456$ . Results are shown for QBO range in CPT temperature averaged  
234 for the total record and for each season, in the deep tropics ( $20^{\circ}\text{S}$ - $20^{\circ}\text{N}$ ). In Fig. 17, regions  
235 with less than 99% statistical significance are shown in black.

236

237 *2.3. ERA-Interim 1979-2018*

238        The ERA-Interim data assimilation system includes 4-D variational analysis with a 12-hr  
239    window (Berrisford et al. 2011, Dee et al. 2011). The resolution of the data set is ~80 km (T255  
240    spectral resolution), with 60 pressure levels from the surface to 0.1 hPa. Daily data from the 40-  
241    yr period January 1, 1979 – December 31, 2018 were used to create monthly-averaged values of  
242    temperature, and the three wind components on pressure surfaces.

243        The phase of the QBO was determined by using the method of Wallace et al. (1993),  
244    which projects equatorial zonal wind profiles onto two empirical orthogonal functions (EOFs) in  
245    the vertical domain 70 – 10 hPa, to represent the vertical structure for each phase of the QBO.  
246    The first two principal components, PC1 and PC2, were defined by EOF analysis based on the  
247    covariance matrix of equatorial zonal-mean zonal wind at the five pressure levels 70, 50, 30, 20,  
248    and 10 hPa. The annual cycle was first removed by subtracting the 40-yr monthly mean  
249    climatology. EOF analysis was performed over the 40-yr ERA-Interim record. When QBO  
250    phase is plotted as a function of PC1 and PC2, which vary in time as the QBO descends, the  
251    trajectory maps out circles. Eight QBO phases are defined by averaging in 45° angular bins in  
252    PC1/PC2 space, where phase-1 is 0°-45°, phase-2 is 45°-90°, phase-3 is 90°-135°, phase-4 is  
253    135°-180°, phase-5 is 180°-225°, phase-6 is 225°-270°, phase-7 is 270°-315°, and phase-8 is  
254    315°-360°. Phase-4 and phase-8 correspond to when QBO W and QBO E, respectively,  
255    maximize in the lower stratosphere. In the current analysis, all the figures are based on Phase-4  
256    minus Phase-8. This index corresponds closely to the 50-70 hPa index used for NCEP data and  
257    the 50 hPa zonal wind index used for MERRA2 data. Please see Fig. 3 and Section 3 in  
258    Wallace et al. (1993) and Fraedrich et al. (1993) for further details.

259        In order to provide a reference frame for the location of QBO anomalies in the UTLS,  
260    tropopause pressure was calculated for seasonal means (Fig. 20) and for the record average (Fig.

261 21). ERA-Interim temperature values were interpolated with a cubic spline to a 1 hPa vertical  
262 grid, the traditional lapse rate tropopause pressure was calculated, and then averaged by zonal-  
263 mean and by season and data record.

264 In consideration of possible effects due to the El Nino Southern Oscillation (ENSO), a  
265 second data set was generated which only includes ENSO-neutral months (374 months). A  
266 neutral ENSO is defined to occur when the sea surface temperature (SST) anomaly from the  
267 monthly climatology (40 years) in the Nino3.4 region is between -1.0 K and 1.0 K. The SST  
268 data set was obtained from the Hadley Centre Global Sea Ice and Sea Surface Temperature  
269 (HadISST) archive. Although results are almost identical for the two data sets, results are shown  
270 only for the ENSO-neutral data set.

271 Statistical significance is calculated by assuming two independent samples, one  
272 containing all of the months of phase 4 and another containing all the months for phase 8. The  
273 statistical significance test assumes that data for each month is independent from each other,  
274 which is the same assumption as made for the MERRA2 data. The number of degrees of  
275 freedom assumed was 374. In Figs. 18-21, values which are less than 95% statistically-  
276 significant are indicated with diagonal green hatching.

277 Since seasonal averages are taken, and the QBO has a high autocorrelation for lags of +/-  
278 3 months or less, possible differences of +/- 1-2 months which may result from the three  
279 different methods of identifying phase, should not affect results severely. The overall similarity  
280 of results from the three analyses suggests that small differences in lag are not important.

281

282 **3. Observational evidence of a direct influence of the QBO on the UTLS**

283 *3.1. 1960-1978: radiosonde analysis and theory of the QBO MMC*

284        In the 1960s progress was made in diagnosing the theoretical structure of the QBO, while  
285    observational studies revealed interesting aspects about the QBO, including the degree of  
286    downward penetration of QBO wind regimes into the UTLS, the anti-phased relationship  
287    between the tropical and subtropical UTLS, and influences on the TTL. Figure 1, from Reed et  
288    al. (1961), shows the variation in zonal wind at Canton Island (3°S, 172°W) during the 5 years  
289    March 1955 – March 1960. Features of note include the variable periodicity in the range ~22-34  
290    months and variation in shape with altitude. Aspects which contribute to these variations  
291    include a more rapid descent rate for QBO westerlies, the existence of time mean easterlies in the  
292    middle stratosphere and time mean westerlies in the lower stratosphere, a seasonal modulation of  
293    descent rate (e.g., Dunkerton 2017), and seasonal and interannual variability in wave driving.

294        Note the significant QBO variation in vertical shear of the zonal wind,  $\frac{\partial u}{\partial z}$ , in the UTLS  
295    seen in Fig. 1. This includes the tropical TTL, into which deep convection penetrates to varying  
296    degrees (e.g., Folkins et al. 1999, Gettelman and Forster 2002, Gettelman et al. 2002, Dessler et  
297    al. 2006, Fueglistaler et al. 2009, Virtz et al. 2010; Match and Fueglistaler 2019). Since the  
298    tropopause at Canton Island is near 17 km, Fig. 1 suggests that QBO wind regimes mildly  
299    influence the tropical upper troposphere. Note also that the sign of 30 hPa zonal wind is often  
300    different from the sign of 50-70 hPa wind shear, so it is more useful to use a lower stratospheric  
301    QBO index in assessing a “direct effect” on the tropical and subtropical UTLS.

302        The variation of 50 hPa temperature during 1957-1962 for radiosonde stations at a range  
303    of latitudes is shown in Fig. 2 (Angell and Korshover 1964), where the annual cycle has been  
304    removed with a 12-month running mean. Note the QBO signal at Canton (3°S), with a  
305    temperature range of ~3 K. Note that QBO temperatures in the subtropics tend to be out of  
306    phase with the tropics at 50 hPa in the SH during this period. Tucker and Hopwood (1968, their

307 Fig. 3) reported a strong QBO signal and co-variation of zonal wind at Darwin (12°S) and  
308 Hobart (43°S) at 28 km altitude for the period 1960-1966. Angell and Korshover (1970, 1974),  
309 Wallace (1973), and Newell et al. (1974, Chapter 10) further documented QBO signals in  
310 tropical and extratropical lower stratospheric radiosonde temperatures.

311 Theoretical considerations of the QBO by Reed (1966), Wallace (1967), and Dickinson  
312 (1968) led to the realization that a zonal mean QBO MMC must exist to maintain the observed  
313 relationship between zonal wind and temperature, which is closely approximated by thermal  
314 wind balance. Figure 3a shows a schematic diagram of the theoretical QBO structure in  
315 temperature and meridional circulation from Dickinson (1968). A warm anomaly centered at the  
316 equator should exist below the QBO W maximum, so that  $\frac{\partial u}{\partial z} \propto -f \frac{\partial \theta}{\partial y} > 0$ , and a cold anomaly  
317 should exist below the QBO E maximum, so that  $\frac{\partial u}{\partial z} < 0$ , to maintain temperature anomalies  
318 against radiative relaxation. This requires subsidence below the westerly maximum and ascent  
319 below the easterly maximum. This, in turn, implies the existence of a return circulation with  
320 opposing vertical motion in the subtropics. The anti-correlation between vertical motion and  
321 temperature is expected from a wave-driven circulation. Subsequent versions of this schematic  
322 diagram are found in Plumb and Bell (1982), reproduced here as Fig. 3b, and in Gray et al.  
323 (1992b), Trepte (1993), and Collimore et al. (2003).

324 Figure 3b reproduces the QBO MMC diagram from Plumb and Bell's (1982) iconic  
325 numerical modeling experiments, in which they generated a QBO by parameterized equatorial  
326 wave drag in the zonal momentum equation. Their diagram also suggests that the return  
327 circulation of the MMC extends outside of the tropics (Fig. 3b). However, observations at the  
328 time were as yet insufficient to determine the actual distribution and magnitude of the QBO

329 MMC. A new depiction of the meridional structure of the QBO based on ERA-Interim analyses  
330 is shown as a summary diagram at the end of this review (Fig. 21).

331 The extent and similarity of QBO variations in tropopause height throughout Micronesia  
332 was described by Reid and Gage (1985). Figure 4 shows that variations in tropopause height  
333 with a range of ~200-300 m occurred at time scales of 22-34 months during the period 1952-  
334 1982. These stations were all in the deep tropics and QBO variations were in phase.

335 Yasunari (1989) showed that there is an interesting coherence between Singapore zonal  
336 winds at 50 hPa and at 700 hPa at QBO periods (Fig. 5), where anomalous westerly flow at 700  
337 hPa tends to occur when QBO W are present at 50 hPa. The power in the QBO band at 700 hPa  
338 (and at 200 hPa) is ~1/20 that at 50 hPa, so that QBO wind anomalies of 10 m/s at 50 hPa  
339 correspond to wind anomalies of perhaps 2 m/s at 700 hPa. Yasunari (1989) showed that QBO  
340 wind anomalies at 700 hPa are anti-correlated with 250 hPa winds and argued that the Walker  
341 circulation tends to be stronger during QBO E. This would be consistent with strengthened  
342 tropical deep convection over Indonesia during QBO E. A study by Knaff (1993) found similar  
343 QBO influences on tropical tropospheric winds. It will be shown in Section 6 that analysis of  
344 ERA-Interim data supports Yasunari's (1989) idea that the Walker circulation tends to be weaker  
345 during QBO W.

346

347 *3.2. 1978-1994: Satellite observations of stratospheric temperature and aerosol*

348 The launch of limb-scanning instruments on board polar-orbiting satellites in the late  
349 1970s afforded an unprecedented view of stratospheric temperature and volcanic aerosol,  
350 including the limb infrared monitor of the stratosphere (LIMS) instrument (Gille and Russell  
351 1984), which measured temperature, the Stratospheric Aerosol and Gas Experiment (SAGE I and

352 II) instruments (McCormick et al. 1989), which sampled aerosol in the tropics and midlatitudes,  
353 and the Stratospheric Aerosol Measurement (SAM II) instrument (Russell et al. 1981), which  
354 observed aerosol in the polar regions.

355 In diagnosing the distribution of zonal mean temperature, zonal wind, and absolute  
356 vorticity in LIMS data, Hitchman and Leovy (1986) argued that the QBO MMC modulates the  
357 distribution of temperature and absolute vorticity. Figure 6 shows zonal mean sections of these  
358 variables, for the period October 31 – November 5, 1978, when QBO W were in the lowest  
359 stratosphere and QBO E were centered near 10 hPa (Fig. 6b). In Fig. 6c, normalized absolute  
360 vorticity is plotted:  $\frac{f}{|f|} \left( f - \frac{\partial \bar{u}}{\partial y} \right)$ , such that negative regions indicate anomalous absolute vorticity  
361 for the given hemisphere. The zero-wind line near 10 hPa separates QBO E below from QBO W  
362 above (Fig. 6b). Near 10 hPa, the temperature contours are pinched together over the equator  
363 and spread out vertically in the subtropics, consistent with the MMC indicated by the arrows in  
364 Fig. 6a. The distribution of absolute vorticity in Fig. 6c is also consistent with redistribution by  
365 the QBO MMC, where contours are spread apart just above the level of the QBO E wind  
366 maximum at  $\sim$ 10 hPa, with enhanced gradients in the subtropics near  $25^{\circ}$ S and  $25^{\circ}$ N. Near 50  
367 hPa, contours appear pinched together towards the equator by a convergent flow (Fig. 6c). These  
368 results support the idea that the QBO MMC can affect the extratropics.

369 Trepte and Hitchman (1992) and Hitchman et al. (1994) used SAGE I and II and SAM II  
370 aerosol data to study the structure of the QBO. Fall velocities for  $\sim$ 0.1-1  $\mu$ m diameter droplets of  
371 aerosol in the lower stratosphere are on the order of 0.1-0.5 mm/s. Since this is comparable to  
372 theoretical estimates of the magnitude of vertical motion associated with the QBO MMC, the  
373 distribution of volcanic aerosol can act as a “dye” to reveal the structure of the QBO MMC.  
374 Trepte and Hitchman (1992) showed sample 40-day “snapshots” of aerosol distributions in

375     latitude-altitude which highlighted the QBO MMC. During QBO W (Fig. 7a) characteristic  
376     “horns” may be seen above the W maximum, compatible with sinking over the equator and  
377     rising motion in the subtropics. During QBO E (Fig. 7b), air is gathered and lofted over the  
378     equator, creating a narrower, taller vault of high aerosol concentrations.

379           Hitchman et al. (1994) showed that the QBO modulates the tropical aerosol reservoir,  
380     such that, during QBO W, optical depth is reduced in the tropics and enhanced in the subtropics.  
381     Figure 8 shows QBO W-E difference in aerosol extinction ratio values based on 10 years of data,  
382     with differences on the order of 20-50%. During QBO W, descent occurs over the equator, with  
383     enhanced poleward motion and rising in the subtropics, spreading volcanic aerosol from the  
384     “tropical reservoir” into the extratropical lower stratosphere in a “lower transport regime”  
385     (Hitchman et al. 1994). During QBO E, aerosol is gathered and lofted in the tropical reservoir.  
386     Choi et al. (2002) analyzed the QBO influence on trace constituents from the Halogen  
387     Occultation Experiment (HALOE). They also found a strong modulation of tracer  
388     distributions by the QBO MMC.

389           Figure 9 shows a schematic diagram of the effects of the QBO MMC on temperature and  
390     tropopause altitude, taken from Collimore et al. (2003). It is similar to figures in Gray et al.  
391     (1992b) and Trepte (1993). During QBO W (Fig. 9a), absorption of waves with westerly phase  
392     speeds causes westerly acceleration and convergent, equatorward flow, which imports lower  
393     angular momentum air from higher latitudes (Lindzen and Holton 1968). Mass convergence  
394     implies subsidence warming in the tropics and cooling by ascent in the flanking subtropics, with  
395     the resulting temperature anomalies yielding a consequent displacement of the tropopause  
396     downward in the tropics and upward in the subtropics. During QBO E (Fig. 9b), easterly wave  
397     drag causes easterly acceleration and poleward divergence. This requires ascent in the tropics

398 and descent in the subtropics, with an upward deformation of the tropopause in the tropics and  
399 downward in the subtropics. A new climatology of the QBO MMC will be shown in Figs. 20  
400 and 21.

401 In addition to QBO effects on the UTLS, other studies have found relationships between  
402 the QBO and tropical weather phenomena. Angell et al. (1969) suggested that Atlantic  
403 hurricanes are more plentiful during QBO W. Gray (1984) and Gray et al. (1992b) also found  
404 that the QBO influences Atlantic hurricane frequency, with QBO W favoring more hurricanes.  
405 They suggested that stronger westerly shear in the subtropical North Atlantic UTLS associated  
406 with QBO W reduces the local climatological easterly wind shear across the UTLS, thereby  
407 fostering growth of tropical cyclones. Gray and Schaeffer (1991) found evidence for QBO  
408 modulation of tropical cyclones in other ocean basins. Ho et al. (2009) showed that the QBO  
409 modulates the preferred longitude band of tropical cyclones in the western Pacific. However,  
410 Camargo and Sobel (2010) showed that the correlation between tropical cyclones and the QBO  
411 depends on the period of observation. Further observational study over a longer time may be  
412 required to understand this problem.

413 QBO effects on tropical rainfall have been reported by Hastenrath (1990), Gray et al.  
414 (1992a), and Kane (1995). In a study of outgoing longwave radiation (OLR) over Indonesia,  
415 Knaff (1993) showed that deep convection tends to be stronger, as seen in reduced OLR emitted  
416 from colder cloud tops, when QBO E shear is in the tropical UTLS. Collimore et al. (1998)  
417 showed that QBO E in the lower stratosphere favors more extensive deep convection in the three  
418 primary centers of chronic convection, Amazonia, Africa, and Indonesia, with effects being most  
419 notable during boreal winter.

420

421 3.3. 1994-2000: *QBO effect on the zonal mean TTL in global analyses*

422 The first attempt to make a quantitative estimate of the latitudinal structure of the QBO in  
423 temperature in the lower stratosphere was made by Reid (1994), who calculated temperature  
424 anomalies, based on observed QBO variations in zonal wind, from the thermal wind law applied  
425 in the vicinity of the equator:

426 
$$\frac{\partial T}{\partial y} = - \frac{2 \Omega T y}{g R} \frac{\partial u}{\partial z} \quad (1)$$

427 where  $u$ ,  $T$ , and  $y$  are zonal wind, temperature, and latitude in meters, while  $\Omega$ ,  $g$  and  $R$  are the  
428 earth's rotational angular velocity, gravitational acceleration, and radius. Assuming a typical  
429 value for shear of 3 m/s per 6 km and a mean equatorial temperature of 210 K, he estimated that,  
430 during QBO W, temperatures would be  $\sim$ 3 K warmer over the equator and  $\sim$ 3 K cooler near  $30^\circ$ S  
431 and  $30^\circ$ N compared to during QBO E (Fig. 10). This estimated range of 3 K turns out to be  
432 somewhat higher than in the results shown in Sections 4-6.

433 Randel et al. (1999) used stratospheric analyses from the United Kingdom  
434 Meteorological Service (UKMO) to estimate vertical velocities associated with the QBO MMC,  
435 by assuming that vertical advection balances radiative heating/cooling associated with a QBO  
436 temperature anomaly. They found upward motion in cold anomalies, with estimated QBO  
437 vertical motion magnitudes of less than 0.1 mm/s below 30 hPa (cf. their Fig. 13).

438 Randel et al. (2000) investigated interannual variability of the tropical tropopause derived  
439 from radiosonde data and NCEP reanalyses. They found "a strong signature of the QBO in  
440 tropopause statistics" that is primarily zonal mean in character. Using regression analysis on  
441 zonal winds for the period 1979-1997, they estimated the latitudinal variation of tropopause  
442 temperature and tropopause pressure associated with the QBO (Fig. 11). They confirmed the  
443 anti-phased nature of the signal in the tropics and subtropics and estimated a range of  $\sim$ 1 K in

444 tropical tropopause temperature and  $\sim 2$  hPa in tropical tropopause pressure, assuming a range of  
445 40 m/s for the QBO in zonal wind.

446 Huesmann and Hitchman (2001) analyzed QBO variations in NCEP tropopause  
447 temperature, tropopause pressure, and zonal winds in the UTLS for the period 1978-2000.  
448 Figure 12a shows the zonal mean distribution of tropopause temperature for DJF. Figure 12b  
449 shows latitudinal profiles of QBO W and E anomalies. This shows a QBO range in zonal mean  
450 tropical tropopause temperature of  $\sim 1$  K, with smaller, anti-phased maxima centered near  $30^{\circ}\text{S}$   
451 and  $30^{\circ}\text{N}$  and extending into the extratropics.

452 In contrast, NCEP 50-70 hPa zonal wind QBO zonal wind shear anomalies are of  
453 uniform sign for a given QBO wind regime across the range  $\sim 25^{\circ}\text{S} - 25^{\circ}\text{N}$ , but are negligible  
454 outside of the tropics for this layer (Fig. 13). This is useful to keep in mind for interpreting  
455 seasonal synoptic charts of 70-150 hPa zonal wind shear in Section 4. The QBO range in 50-70  
456 hPa wind shear is  $\sim 10$  m/s per 20 hPa.

457

458 **4. 2001: NCEP seasonal and geographical variation of QBO signal in the UTLS**

459 *4.1. NCEP tropopause temperature*

460 The geographical distribution of seasonal mean and QBO W-E differences in NCEP  
461 tropopause temperature are shown for DJF and JJA in Fig. 14. Coldest temperatures during DJF  
462 occur over Amazonia, Central Africa, and the West Pacific warm pool, with temperatures less  
463 than 192 K over the Amazon and Western Pacific (Figs. 14e, f). These are the locations of  
464 chronic deep convection, characterized by low OLR and high rainfall rate (e.g., Collimore et al.  
465 1998). During JJA, the Western Pacific deep convection shifts toward India, and Amazonian  
466 convection shifts toward the Gulf of Panama. Tropopause temperatures are 2-4 K warmer

467 throughout the tropics during JJA, and there is less geographical variation compared to DJF  
468 (Figs. 14g, h). Slight variations in the pattern and magnitude of tropopause temperature are seen  
469 between 1958-1978 and 1979-2000 (compare Figs. 14e and f, g and h). These seasonal-mean  
470 distributions agree well with those of Seidel et al. (2001, Fig. 11), who used radiosondes from  
471 1961-1990, Highwood and Hoskins (1998, Fig. 6), who used ECMWF data from 1991-1995, and  
472 Hoinka (1999, Fig. 2), who used ECMWF data from 1979-1993.

473 Distributions of QBO W-E differences in tropopause temperature are shown for DJF and  
474 JJA in Figs. 14a-d. During QBO W, tropical tropopause temperatures are warmer, and  
475 subtropical temperatures are generally colder, in agreement with the zonal mean results shown in  
476 Figs. 10-13 and with theoretical expectations from the QBO MMC. Statistical significance is  
477 fairly high throughout the tropics, where the range reaches 1.5 K, and is somewhat smaller  
478 during JJA and during the second half of the data record. Another statistically-significant zonal  
479 mean QBO signal is seen near 25°S during JJA, with range reaching 1.5 K (Figs. 14c, d). In this  
480 case, the signal is larger during the second half of the data record. This pattern is reminiscent of  
481 the latitudinal anti-phasing in the SH found by Angell and Korshover (1964) (Fig. 2).

482 Assuming that enhanced tropical upwelling is related to a cooler TTL, this zonal mean  
483 QBO signal is compatible with a reduction of the Brewer-Dobson circulation during QBO W. It  
484 is consistent with the results of Eluszkiewicz et al. (1996) and Yang and Tung (1996), who found  
485 that the global circulation in the lower stratosphere is weaker during QBO W, and with Seol and  
486 Yamazaki (1998), who showed that the upward mass flux across 100 hPa in the tropics is  
487 reduced during QBO W.

488 In addition to the zonal mean QBO signal, significant geographical variations, or zonal  
489 asymmetries, occur. These zonal asymmetries appear to be linked to the distribution of

490 continents and seasonal monsoon structures. During DJF, the temperature range is largest in a  
491 band extending from South America, increasing eastward to  $\sim$ 1.6 K near Indonesia (Figs. 14a,  
492 b). The location of the maximum near Indonesia during DJF differs somewhat during the two  
493 periods (Figs. 14a, b). The maximum found in the eastern Pacific during 1958-1978 (Fig. 14a) is  
494 largely absent during 1979-2000 (Fig. 14b). During JJA (Figs. 14c, d), QBO W-E differences  
495 maximize over the Atlantic, Indian, and Pacific Oceans.

496 Zhou et al. (2001) interpolated global ECMWF data at standard pressure levels for the  
497 period 1979 – 1993 to estimate CPT levels. Daily values were then sorted by QBO phase  
498 according to a 40 – 70 hPa shear index, with lag 6 months. Their Fig. 7 shows the annual mean  
499 distributions of CPT temperatures for QBO W and QBO E in the latitude band 25°S-25°N.  
500 Differences of  $\sim$ 0.4-0.8 K occur, with a maximum in the Eastern Pacific.

501 Collimore et al. (2003) described QBO W-E differences for OLR and highly reflective  
502 cloud (HRC) for each season, which showed reduced deep tropical clouds during QBO W. They  
503 also showed QBO W-E differences in tropopause temperature for each season, using NCEP data  
504 from the 17-yr period 1971-1987 and using the 50 – 70 hPa shear index with no lag. They  
505 confined their presentation to the band 25°S-25°N, which excludes the anti-phased subtropical  
506 features. Similar to the results of Zhou et al. (2001), their QBO range in the tropics showed a  
507 maximum in the Eastern Pacific. The sparseness of radiosonde observations in the Eastern  
508 Pacific renders a signal less reliable in this region. Anstey et al. (2020) suggested that, over  
509 time, better analysis methods and satellite temperature data have helped to ameliorate this  
510 problem. The seasonal and geographical dependence of the QBO signal in MERRA-2 CPT  
511 temperature and ERA-Interim data is explored in detail in Sections 5 and 6.

512

513      *4.2. NCEP tropopause pressure*

514            Climatological tropopause pressure and QBO W-E differences in tropopause pressure are  
515    shown for DJF and JJA in Fig. 15. Tropopause pressures are less than 100 hPa throughout most  
516    of the tropics during DJF (Figs. 15e, f) and near India during JJA (Figs. 15g, h). These seasonal  
517    mean tropopause pressure distributions agree well with Hoinka (1998, Fig. 2) and Seidel et al.  
518    (2001, Fig. 9).

519            Tropopause pressures are higher throughout the tropics during QBO W than during QBO  
520    E (Figs. 15a-d). This is compatible with the zonal mean results of Randel et al. (2000), shown in  
521    Fig. 11b, and with Fig. 3c of Collimore et al. (2003). As with tropopause temperature (Figs. 14a-  
522    d), differences in the tropics are larger and more statistically significant during DJF than in JJA,  
523    and during the first half of the data record. Again, significant zonal asymmetries are evident.  
524    QBO differences in tropopause pressure are larger over the Western Pacific during DJF (Figs.  
525    15a, b) and over each of the three oceans during JJA (Figs. 15c, d). The QBO range in  
526    tropopause pressure exceeds  $\sim 3$  hPa near Indonesia during DJF (Figs. 15a, b).

527            As with tropopause temperature, there is an interesting hemispheric asymmetry, with an  
528    amplified, statistically-significant QBO signal in tropopause pressure near  $25^{\circ}\text{S}$  during JJA  
529    (Figs. 15c, d). This is especially notable during the second half of the data record, with range  
530    exceeding  $\sim 6$  hPa (Fig. 15d).

531            To relate changes in tropopause pressure to changes in tropopause altitude one may use  
532    the hydrostatic equation  $\delta p = -\rho g \delta z$ . Assuming  $\rho \sim 0.1 \text{ kg m}^{-3}$  near the tropopause, an  
533    increase of 100 Pa (1 hPa) in tropopause pressure corresponds to a 100 m decrease in tropopause  
534    altitude. From Fig. 15, one might expect the tropical tropopause during QBO W to be  $\sim 100\text{-}300$

535 m lower than average in DJF and ~100 m lower in JJA. This is compatible with the results of  
536 Reid and Gage (1985) shown in Fig. 4.

537

538 *4.3. NCEP 70 – 150 hPa wind shear*

539 The DJF and JJA average distributions of 70 – 150 hPa zonal wind shear are shown in  
540 Figs. 16e-h. This layer spans the depth of the TTL, as defined by Fueglistaler et al. (2009).  
541 Westerly shear is found over Amazonia and over a broad region extending from Africa to  
542 Indonesia, reaching 15 m/s per 80 hPa over Indonesia during DJF (Figs. 16e, f). This pattern is  
543 shifted slightly westward during JJA, reaching 25 m/s per 80 hPa over the Indian Ocean (Figs.  
544 16g, h). During JJA, westerly shear is enhanced in the eastern hemisphere by the upper  
545 tropospheric easterlies which lie equatorward of the Tibetan High. Since seasonal mean winds  
546 are weak near 70 hPa, geographical and seasonal variations in 70 – 150 hPa shear are primarily  
547 due to variations at 150 hPa. The region of westerly shear over the Amazon is more robust in  
548 the second half of the data record (compare Fig. 14e with 14f, and 14g with 14h).

549 In the extratropics, 70-150 hPa wind shears are generally negative (Figs. 16e-h). The  
550 easterly shear and zonal variation in this pattern near  $\pm 30^\circ$  is due the presence of the SWJ,  
551 which varies in longitude and season. Strong easterly shear is found above the SWJ near  $30^\circ\text{N}$   
552 during DJF, reaching -35 m/s per 80 hPa over Japan (Figs. 16e, f), and near  $30^\circ\text{S}$  over Australia  
553 during JJA (Figs. 16g, h).

554 QBO W-E differences in 70-150 hPa zonal wind shear for DJF and JJA are shown in  
555 Figs. 16a-d. The sign of the shear is retained so that one might visually add the QBO W- E  
556 perturbation to the seasonal average field and determine whether UTLS wind shear is diminished  
557 or enhanced locally by the QBO. During QBO W, 150-70 hPa wind shears are more westerly by

558 3-8 m s<sup>-1</sup> per 80 hPa throughout most of the tropics (Figs. 16a-d), in agreement with the zonal  
559 mean results in Fig. 13b. QBO differences in 70-150 hPa wind shear are generally statistically  
560 significant throughout the tropics. During DJF, maxima are found over Amazonia, Africa, and  
561 Indonesia (Figs. 16a, b), where the basic state shear is westerly (Figs. 16e, f). During JJA, a  
562 maximum is found extending from South America eastward to Indonesia (Figs. 16c, d). A  
563 notable difference is found between the two periods near New Guinea, where the QBO signal is  
564 larger during 1979-2000 (Figs. 16c, d).

565 The basic state 70-150 hPa wind shear over the subtropical North Atlantic during JJA is ~  
566 -10 to -15 m/s per 80 hPa (Figs. 16g, h). During QBO W, the predominant seasonal mean  
567 easterly shear in the subtropical North Atlantic would be diminished by ~1-3 m/s per 80 hPa  
568 (Figs. 16c, d, g, h). This type of information can be useful in considering Gray et al.'s (1992a)  
569 hypothesis that tropical deep convection, including tropical cyclones, might be more robust in  
570 reduced UTLS wind shear.

571 Considering the tropics, QBO E would act to diminish the westerly shear seen over  
572 centers of deep convection over Amazonia and from Africa to Indonesia (Figs. 16e-h). If Gray et  
573 al.'s hypothesis is correct, this would suggest that tropical deep convection would be enhanced in  
574 these regions during QBO E.

575 QBO W-E differences in 70 – 150 hPa shear exhibit a node near 25° latitude, with shears  
576 tending to be more easterly during QBO W near 30° latitude (Figs. 16a-d). Figure 13b shows  
577 that QBO differences in 50 – 70 hPa wind shear are negligible poleward of ~25° latitude. This  
578 suggests that the difference occurs at 150 hPa, with QBO W favoring stronger SWJs (which  
579 would make 70 - 150 hPa shears more easterly). The strength and seasonality of the observed  
580 QBO influence on the SWJs is re-examined using ERA-Interim data in Section 6.

581            The QBO signal in the tropical UTLS is less robust during 1958-  
582    1978 in the NCEP record. This was previously shown in Figs. 13a and 14 of Randel et al.  
583    (2000). Recent comparisons of the zonal mean QBO signal in a range of global analyses also  
584    show that the NCEP signal during 1978-2000 is somewhat weaker than in other analyses  
585    (Tegtmeier et al. 2020; Martin et al. 2020).

586            The geographical variation of the QBO signal and its seasonal dependence as seen in  
587    NCEP data during 1958-1978 and 1979-2000 are now compared with two modern global  
588    reanalysis data sets. We first explore the seasonal QBO signal in tropopause temperature in  
589    MERRA-2 data for 1980-2017, focusing on the QBO range in CPT temperature in the deep  
590    tropics. This is followed by an analysis of results from ERA-Interim data in the domain 40°S-  
591    40°N, 1000-1 hPa, for the period 1979-2018.

592

## 593    **5. QBO W-E MERRA-2 CPT temperature**

594            Figure 17 shows the annual and seasonal mean distributions of the range in QBO W-E  
595    CPT temperatures in MERRA-2 analyses for the 38 years 1980-2017, in the domain 20°S-20°N.  
596    In the annual mean (Fig. 17a), one may observe a broad equatorial maximum, with values  
597    reaching ~2 K near the west coast of South America, over Africa, and Indonesia. A node, or  
598    minimum in QBO range, is seen in MERRA-2 CPT temperature near ~15° latitude, where  
599    statistical significance can fall below 99%. This is similar to the average latitude of the zero-  
600    line for QBO W-E tropopause temperature seen in Figs. 14a-d.

601            The QBO W-E range in MERRA-2 CPT temperature varies considerably with season,  
602    with larger values during DJF and MAM (Fig. 17b, c), contributing fundamentally to the  
603    geographical pattern seen in the annual average (Fig. 17a). During DJF, maxima are observed

604 over the west coast of South America and stretching from Africa to Indonesia, with a secondary  
605 maximum over the Western Pacific (Fig. 17b). This zonally asymmetric pattern for DJF seen in  
606 MERRA-2 data is similar to what was found for the NCEP data (Figs. 14a, b), but with  
607 maximum amplitudes over Indonesia of  $\sim$ 2.2 K instead of  $\sim$ 1.8 K.

608 During MAM, the pattern is similar to DJF, but with a reduction in the Western Pacific  
609 and enhancement in the Eastern Pacific (compare Figs. 17b, c). Amplitudes during MAM are  
610 larger than during DJF near South America, and extending from Africa to Indonesia, reaching  
611 2.5 K. It may be relevant that in March the coldest climatological temperatures occur over  
612 Africa (Tuck et al. 1993).

613 During JJA and SON, the QBO range in CPT is less than  $\sim$ 1.4 K. During JJA, a  
614 maximum occurs over the Atlantic/African sector, with a secondary maximum over Indonesia  
615 (Fig. 17d). This is in broad agreement with results from NCEP data (Figs. 14c, d). During  
616 SON, the pattern is similar to JJA in the Atlantic/African sector (Fig. 17e), but two other maxima  
617 occur over the west coast of South America and Western Pacific (Fig. 17e).

618

## 619 **6. Analysis of ERA-Interim data during 1979-2018**

### 620 *6.1. ERA-Interim 100 hPa temperature*

621 The geographical distributions of QBO W-E (phase-4 minus phase-8) differences for 100  
622 hPa temperature in ERA-Interim data during 1979 – 2018 are shown for each season in Fig. 18.  
623 In agreement with results for NCEP and MERRA-2 tropopause temperatures, QBO differences  
624 in 100 hPa temperature have a significant zonal mean component, with a typical range of 1-2 K,  
625 and QBO W favoring higher 100 hPa temperatures in the tropics and lower temperatures in the  
626 subtropics.

627           Significant geographical variations are also evident. During DJF (Fig. 18a), QBO W-E  
628   differences are larger over Amazonia, Africa and Indonesia, in a pattern similar to Figs. 14a, b  
629   and 17b. The range reaches 1.5 K over Indonesia during DJF in the ERA-Interim data (Fig.  
630   18a).

631           During MAM (Fig. 18b), the statistically significant region in the tropics is much larger,  
632   extending from the far Eastern Pacific eastward to the Date Line, with largest ranges (1.5 K) over  
633   Amazonia, Africa, and Indonesia. Also of significance during MAM are the pronounced QBO  
634   W cold regions near 25°S and 25°N during QBO W, to be further discussed in Section 6.4.

635           During JJA (Fig. 18c), a QBO W-E range maximum extends from Brazil to East Africa,  
636   reaching 1.2 K, with a second maximum in the Eastern Indian Ocean. This is in agreement with  
637   Figs. 14c, d and Fig. 17d. Note also the statistically significant negative region near 25°S during  
638   JJA (Fig. 18c), in agreement with results shown in Fig. 14d. During SON (Fig. 18d), tropical  
639   QBO differences are similar to in JJA, but with another maximum over the Eastern Pacific, in  
640   agreement with Fig. 17e. There is also evidence of a moderate QBO signal near 25°S and 25°N  
641   during SON (Fig. 18d), similar to that seen during MAM (Fig. 18c).

642           A detailed inspection of the QBO W-E signal in MERRA-2 CPT temperature (Fig. 17)  
643   and ERA-Interim 100 hPa temperature (Fig. 18), for each season, shows that they are remarkably  
644   similar in distribution and magnitude. These modern data sets confirm many of the features seen  
645   in the NCEP analysis, including a tendency for maxima to occur near centers of deep convection,  
646   and a large QBO range near 25°S during JJA. The anti-phased response in the subtropics is  
647   most pronounced in the SH during JJA, and in both hemispheres during MAM and SON.

648

649   *6.2. ERA-Interim 150 hPa zonal wind*

650           The geographical distributions of seasonal means and QBO W-E differences in 150 hPa  
651   zonal wind are shown in Fig. 19. The 150 hPa level lies below the tropical tropopause, extends  
652   through the center of the SWJs near 30°S and 30°N, and into the extratropical lower stratosphere.  
653   During DJF, easterly flow is seen over Amazonia, Africa, and Indonesia, near regions of deep  
654   convection (Fig. 19e). Elsewhere, westerlies are observed, reaching maxima in the SWJs near  
655   30°S and 30°N. During MAM, the pattern of easterlies is similar to DJF, but with reduced  
656   strength in the eastern hemisphere, and light westerlies over Amazonia (Fig. 19f). During JJA,  
657   the region of easterlies greatly expands and strengthens, extending from the Western Pacific  
658   westward to Brazil (Fig. 19g). This is consistent with the development of the Tibetan High  
659   during NH summer. Note also the center of easterlies over the far Eastern tropical Pacific, near  
660   the region of deep convection in the Gulf of Panama (Fig. 19g). During SON, the pattern is  
661   similar to JJA but somewhat reduced in amplitude and extent (Fig. 19h).

662           Seasonal mean patterns of NCEP 70-150 hPa zonal wind shear (for the period 1978-  
663   2000) and ERA-Interim 150 zonal wind show good agreement between regions of westerly 70-  
664   150 shear and regions of 150 hPa easterlies for both DJF and JJA (compare Figs. 16e, f with 19e,  
665   and 16g, h with 19g). This lack of westerly shear over the far Eastern tropical Pacific in the  
666   1958-1978 NCEP data (Figs. 16e, g) suggests that satellite data have since improved the  
667   accuracy of this feature.

668           During QBO W, the SWJs tend to be stronger in each season, with ranges of 1-7 m/s, but  
669   with variable statistical significance (Figs. 19a-d). During DJF (Fig. 19a), statistically significant  
670   differences are seen over the Caribbean, North Africa, and India in the NH, and over Australia  
671   and the mid-Pacific in the SH. Also of interest during DJF is the easterly anomaly over the  
672   tropical Atlantic for QBO W.

673 During MAM (Fig. 19b), the signal in both subtropics is more robust than during DJF,  
674 with centers of significant westerly enhancement of the SWJ over North Africa and from East  
675 Asia eastward to the Atlantic in the NH. Note the large easterly anomaly over the eastern  
676 tropical Pacific in the upper troposphere during QBO W in MAM (Fig. 19b). This is consistent  
677 with a reduced Walker circulation during QBO W, and tends to confirm Yasunari's (1989)  
678 suggestion that the QBO can modulate the Walker circulation.

679 During JJA (Fig 19c), the QBO signal in 150 hPa winds is generally weaker, except for a  
680 strong signal in the SH subtropics. During SON (Fig. 19d), the signal is similar to JJA, but  
681 weaker in the SH subtropics and stronger in the NH subtropics.

682 Wang et al. (2017), in an investigation of the QBO effect on NH storm tracks, showed  
683 meridional sections of zonal wind together with QBO W and QBO E anomalies, averaged for the  
684 Pacific and Atlantic sectors. They used ERA-Interim data averaged for October – March,  
685 during the period 1979 - 2016. Their Fig. 1 shows that QBO W strengthens the SWJ in both the  
686 Atlantic and Pacific sectors, but QBO E favors a poleward displacement in the Pacific sector.  
687 These results are consistent with Fig. 19a, and with the numerical modeling results of Garfinkel  
688 and Hartmann (2007, 2011).

689 In summary, QBO W-E differences for ERA-Interim 150 hPa zonal winds tend to show  
690 an enhancement of the SWJs during QBO W. As with 100 hPa temperature, the response in the  
691 subtropics is most pronounced during MAM in both hemispheres and during JJA in the SH, with  
692 moderate signals during DJF in the NH and during SON in both hemispheres. More can be  
693 understood about this relationship by examining variation in the meridional plane throughout the  
694 UTLS.

695

696 6.3. ERA-Interim seasonal structure of QBO anomalies in meridional plane

697 Seasonal mean distributions of QBO W-E zonal mean anomalies of ERA-Interim zonal  
698 wind and temperature, with superimposed vectors of the MMC are shown in Fig. 20, for the  
699 domain 40°S-40°N, 1000 – 1 hPa. Each seasonal mean tropopause is also indicated. This  
700 depiction of phase-4 minus phase-8 selects for a positive westerly wind anomaly near 50 hPa  
701 (~21 km) over the equator, with an easterly maximum near 10 hPa (~30 km) and another  
702 westerly maximum near 2 hPa (~58 km), giving a vertical wavelength of ~27 km, as seen in each  
703 season (Figs. 20a-d).

704 The tropical westerly wind anomaly near 50 hPa exhibits an interesting poleward and  
705 downward extension into the subtropical UTLS near the SWJs. This effect is most noticeable in  
706 the SH during JJA (Fig. 20c) and during MAM in both hemispheres (Fig. 20b). More moderate  
707 effects are also seen in both hemispheres during DJF (Fig. 20a) and in the SH during SON (Fig.  
708 20d). This signal in the zonal mean confirms QBO W-E features diagnosed in 150 hPa zonal  
709 wind (Fig. 19), and provides a broader context for the 150 hPa signal in terms of the QBO MMC.

710 During QBO W there is an extensive and statistically significant easterly zonal wind  
711 anomaly in the tropical upper troposphere, but only during DJF and MAM (Fig. 20a, b). During  
712 MAM, this negative anomaly reaches 3 m/s (Figs. 20b). This signal is a zonal average of the  
713 large negative anomaly in Figs. 19a, b, which reaches 9 m/s in the eastern tropical Pacific in  
714 MAM (Fig. 19b). The negative region spans the upper troposphere in the tropical eastern  
715 Pacific, the eastward half of the Walker circulation. QBO W reduce the Walker circulation,  
716 especially during MAM. During MAM, there are also statistically-significant warm temperature  
717 anomalies in the upper troposphere near 20°S and 20°N during QBO W (Fig. 20f), which are  
718 related to strengthening of the SWJ (Fig. 20d) through thermal wind balance. This has

719 implications for the “East Pacific Tropical Rossby waveguide”, where westerly winds associated  
720 with the Walker circulation allow Rossby wave energy to travel between hemispheres (Webster  
721 and Holton 1982). During MAM, this would be less likely to occur during QBO W.

722 QBO W-E equatorial positive temperature maxima occur near 70 hPa and 5 hPa, with a  
723 cold anomaly near 30 hPa (Figs. 20e-h). During the equinoxes (Figs. 20f, h), the temperature  
724 anomaly pattern is equatorially symmetric, in a 9-element “checkerboard” pattern centered on  
725 the tropical cold anomaly near 30 hPa, with stacked cells of the opposite sign maximizing near  
726 30°S and 30°N and extending into midlatitudes.

727 During the solstices this pattern is warped, such that larger warm anomalies are found on  
728 the winter side near 30 hPa (Figs. 20e, g), which suggests that the QBO MMC is stronger in the  
729 winter subtropics. The MMC is also stronger on the winter side. This may be related to  
730 enhanced planetary wave drag in the subtropical winter hemisphere. This seasonal modulation  
731 of the QBO has been discussed by Randel et al. (1999), Kinnersley (1999), and Pena-Ortiz et al.  
732 (2008).

733 QBO W-E vertical motion anomalies are anti-correlated with the temperature anomalies  
734 due to adiabatic cooling/heating. This relationship is expected from a wave-driven circulation,  
735 where upward motion advects low potential temperature air upward, creating a cold anomaly.  
736 This “checkerboard” pattern of vertical motion comprises three stacked MMCs of alternating  
737 sign in the subtropics. These seasonal climatological meridional distributions provide an  
738 integrative view of QBO W-E anomalies of wind and temperature at different locations and  
739 latitudes, including the anti-phased relationship between the tropical and subtropical TTL.

740

741 *6.4. ERA-Interim time mean QBO anomalies of zonal wind, temperature, and MMC*

742 The time mean distribution of QBO W-E ERA-Interim zonal mean zonal wind,  
743 temperature, and MMC is shown in Fig. 21. The QBO range in zonal wind at the equator near  
744 50 hPa is  $\sim$ 25 m/s (Fig. 21a). The QBO range in temperature at the equator near 70 hPa is  $\sim$ 2 K,  
745 with the warm anomaly extending below the tropopause (Fig. 21b). In the tropical upper  
746 troposphere, there is a statistically QBO signal with range exceeding 2 m/s, extending into the  
747 middle troposphere (Fig. 21b). This annual mean preserves some of the strong signal seen in  
748 MAM in Fig. 20b, which is largely due to a reduced eastward flow in the Eastern Pacific (Fig.  
749 19c). Enhancement of the SWJs by  $\sim$ 2 m/s during QBO W is seen in Fig. 21a, with a  
750 statistically-significant region extending downward into the troposphere. Statistical significance  
751 is higher for the QBO signal near the SWJs relative to Fig. 19, due to zonal and time averaging.

752 The time-mean QBO W-E temperature anomaly pattern (Fig. 21b) shows a  
753 “checkerboard” grid with a statistically significant warm anomaly during QBO W in the upper  
754 troposphere, consistent with reduced upwelling in the tropics. The time-mean QBO W-E vertical  
755 velocity anomaly pattern is the same as, but opposite in sign to, the temperature anomaly pattern  
756 (Fig. 21b). Note the statistically-significant negative vertical velocity anomaly in the tropical  
757 upper troposphere and statistically-significant positive anomalies near 100 hPa at 20°S and 20°N.  
758 This is compatible with a reduced Brewer-Dobson circulation in the lowest stratosphere during  
759 QBO W. A more complete description of this QBO temperature pattern is that a warm QBO  
760 anomaly in the TTL is accompanied by a cold anomaly which extends continuously poleward  
761 and downward all the way into the midlatitudes in the UTLS (note downward-sloping cold  
762 maxima along the tropopause in Fig. 21b). By including all seasons, greater statistical  
763 significance is achieved, confirming the influence of the QBO on the SWJ, Hadley cell, and  
764 Walker circulation.

765

766 **7. Summary of observational studies and discussion of mechanisms**

767 *7.1. Summary of observational results*

768 Studies of radiosonde observations in the 1960s showed that the influence of the QBO  
769 extends downward into the tropical upper troposphere, modulating the altitude of the tropopause,  
770 and that anti-phased temperature anomalies occur in the tropical and subtropical TTL.

771 Simultaneously, theoretical development showed that the QBO requires an MMC, the result of  
772 being wave-driven, and that this circulation spatially integrates features in altitude and latitude.

773 The existence of a QBO MMC was confirmed in satellite-derived distributions of temperature  
774 and aerosol. Several authors suggested that the QBO might have other effects on tropical  
775 weather, including modulation of the Walker circulation, precipitation, and tropical cyclones.

776 These studies raised the possibility that the QBO might somehow modulate tropical deep  
777 convection.

778 The advent of satellite data and global analyses allowed confirmation of the zonal mean  
779 QBO signal for tropopause temperature and pressure, with anti-phased anomalies in the tropics  
780 and subtropics. During QBO W in the lower stratosphere, the tropical tropopause is lower and  
781 warmer, with stronger westerly wind shear in the tropics, stronger SWJs, and a weaker Walker  
782 circulation. During QBO E in the lower stratosphere, the tropical tropopause is higher and  
783 colder, with enhanced easterly wind shear in the tropics and a stronger Walker circulation.

784 Seasonal maps of NCEP QBO W-E differences in tropopause temperature and pressure showed  
785 that the subtropical anomaly is largest in the winter hemisphere. They also showed that the QBO  
786 range in tropopause temperature exhibits significant geographical variation, with largest values  
787 over centers of deep tropical convection, most notably over Amazonia, Africa, and Indonesia

788 during DJF and over the Atlantic and Indian Oceans during JJA. These results suggest that there  
789 is some form of coupling between the QBO and tropical deep convection.

790 A modern update and extension of this analysis was shown using 38 years of MERRA-2  
791 CPT data in the deep tropics, and 40 years of ERA-Interim data from 1979 – 2018, where  
792 months with a significant ENSO signal were removed from the record. Keeping in mind that the  
793 tropopause is not the same as the 100 hPa surface, that the QBO sorting algorithms were slightly  
794 different, and that the time periods were different, the salient features from the NCEP study were  
795 confirmed, including seasonal and geographical variation of the QBO temperature response, and  
796 a strong signal in the SH winter subtropics. Improved statistical significance and data reliability  
797 provides greater confidence in interpreting results, with QBO W-E range in temperature  
798 anomalies of ~1-2.5 K. The detailed agreement in shape and magnitude for the MERRA-2 and  
799 ERA-Interim results for QBO W-E temperatures for each season supports the likelihood that  
800 these QBO signals are real.

801 Further information was gained from the modern data sets regarding the equinoctial  
802 seasons and modification of the SWJs. New results include 1) the existence of statistically  
803 significant QBO zonal wind and temperature anomalies in the upper troposphere, 2) a more  
804 complete, quantitative representation of the relationship among QBO temperature, zonal wind,  
805 and the MMC as a function of season, 3) a time mean QBO structure diagram quantified by  
806 latitude, altitude, and amplitude, 4) evidence that the subtropical signal is largest during JJA in  
807 the SH, is large during MAM in both hemisphere, and is moderate in the NH during DJF, 5)  
808 evidence that the eastward flow in the upper troposphere over the Pacific Ocean (Walker  
809 circulation) is reduced by ~5-10 m/s during QBO W in MAM.

810           Accumulation of observational knowledge about QBO effects on the tropical and  
811   subtropical TTL over the past 60 years has led to a more complete and quantified picture.  
812   Independent results for QBO W-E tropopause temperature confirm findings that the QBO signal  
813   tends to be larger in areas of tropical deep convection. Since observational analyses persistently  
814   indicate the existence of a “direct effect” of the QBO on the UTLS, it is worthwhile to consider  
815   possible physical mechanisms which could explain the coupling.

816

### 817   *7.2. Mechanisms for a “direct effect” of the QBO*

818           The observations reviewed here suggest that a primary physical process involved is  
819   simply that the zonal mean temperature anomalies are fundamentally associated with the wave-  
820   driven QBO MMC, including anti-phasing between the tropics and subtropics, and the existence  
821   of QBO anomalies extending into the upper troposphere. This seems to be the primary physical  
822   cause of zonal mean QBO anomalies in the UTLS. Yet the enhanced QBO signal near areas of  
823   chronic deep convection and the influence on the Walker circulation argue in favor of an effect  
824   on deep convection. Collimore et al. (2003) reported that deep convection, as indicated by OLR  
825   and HRC, is enhanced over Amazonia, Africa, and Indonesia during QBO E and diminished  
826   during QBO W. Other authors report a diminution of rainfall over Indonesia during QBO W  
827   (Liess and Geller 2012; Anstey et al. 2020).

828           Three hypotheses have emerged in the literature which suggest physical mechanisms  
829   linking the QBO to deep convection, which are related to TTL temperature and thermodynamic  
830   efficiency, UTLS vertical wind shear, and UTLS inertial stability.

831           *1) TTL temperature.* Emanuel (1986) suggested that the thermodynamic efficiency of  
832   organized deep convection may be enhanced if the tropopause is higher and colder. Gray et al.

833 (1992b), Giorgetta et al. (1999), and others have suggested that the QBO modulates the static  
834 stability environment of deep convection in the UTLS, leading to the promotion or inhibition of  
835 convective strength and vertical penetration. If a cold QBO anomaly lies in the TTL,  
836 convective complexes may grow more efficiently, penetrating to greater altitudes, locally  
837 amplifying the zonal mean QBO cold anomaly.

838 2) *UTLS wind shear*. The influence of QBO-induced differences in vertical wind shear in  
839 the UTLS on the development of deep convection and tropical cyclones has been explored by  
840 Gray (1968), McBride and Zehr (1981), Gray and Scheaffer (1991), Gray et al. (1992a, b),  
841 DeMaria and Kaplan (1994), and DeMaria (1996), and Frank and Ritchie (1999). They argue  
842 that increased wind shear in the UTLS tends to dynamically disrupt deep convection.

843 3) *UTLS inertial stability*. Merrill (1989) suggested that the strength of a tropical cyclone  
844 can be enhanced by weak inertial stability (reduced lateral resistance) in the UTLS outflow layer.  
845 Montgomery and Farrell (1993) and Mecikalski and Tripoli (1998) found that mass divergence is  
846 facilitated in quadrants of tropical cyclones where inertial stability is reduced.

847 Giorgetta et al. (1999) imposed QBO wind shear regimes in the UTLS in the ECHAM4  
848 general circulation model and found that QBO E favors more cloudiness over Indonesia. Their  
849 stated hypothesis is that the MMC associated with the imposed QBO anomalies created UTLS  
850 temperature anomalies, which modified the static stability environment (Grise et al. 2010), and  
851 were amplified by deep cloud feedback, supporting hypothesis 1).

852 In considering the observed signal, with regard to an amplified QBO effect over areas of  
853 tropical deep convection, maxima in QBO W-E tropopause temperature amplitude tends to  
854 coincide with areas of deep convection. However, the climatological centers of 70 - 150 hPa  
855 westerly shear (Fig. 16) and climatological centers of 150 hPa easterly winds (Fig. 19) also tend

856 to coincide with regions of chronic deep convection. The fact that the TTL exhibits time mean  
857 easterlies over Amazonia, Africa, and Indonesia may be related to the existence of deep  
858 convection, which can transport easterly momentum from the trade winds to the UTLS. This  
859 structure is also compatible with the steady-state “Gill solution” for planetary wave structure in  
860 the tropical UTLS associated with a center of tropical heating (Gill, 1980), where westward flow  
861 is expected over and to the west of an area of deep convection (see their Fig. 1 for equatorially-  
862 centered convection and Fig. 3 for off-equatorial convection, similar to over Southeast Asia  
863 during JJA). An imposed QBO W shear anomaly would increase the shear in the UTLS over  
864 convective centers, under hypothesis 2) tending to “disrupt” the vigor of convection, while QBO  
865 E would decrease the shear in the UTLS, promoting the robustness of convection.

866 The geographical distribution of the QBO signal in tropical TTL temperature is  
867 compatible with an amplification during QBO E when the TTL is cold and UTLS shear is  
868 reduced, and diminution during QBO W when the TTL is warm and UTLS shear is enhanced.  
869 This tropical regime should be contrasted with the subtropical UTLS environment of tropical  
870 cyclones, where typical easterly shears prevail (Figs. 16e-h, 19e-h), and QBO W can, in some  
871 regions and seasons, diminish UTLS shear and enhance it in others.

872 This simple geographical comparison supports the idea that tropical deep convection may  
873 act as a positive feedback mechanism on a QBO zonal mean temperature anomaly, in concert  
874 with changes in TTL wind shear, through an increase (QBO E) or decrease (QBO W) in the  
875 efficiency of tropical deep convection. Due to the importance of the tropics to global weather  
876 and climate, it is of interest to study the QBO “direct effect” in more detail from modeling,  
877 theoretical and observational points of view, to better understand the cause of these phenomena.

878

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886

887

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1133

1134 **Figure Captions**

1135 Figure 1. Time – altitude section of monthly mean zonal wind (contour interval 5 m/s) at Canton  
1136 Island (3°S, 172°W) in the altitude layer 15-30 km during the period March 1955 – March 1960.  
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1141 Figure 2. Twelve month running average of monthly mean 50 hPa temperatures for stations  
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1155 eastward and westward-travelling equatorial waves in the zonal momentum equation. Note the  
1156 anti-phasing of temperature anomalies in the subtropics and tropics implied by the MMC.

1157

1158 Figure 4. Twelve-month running mean tropopause heights at five Micronesian stations (left  
1159 panel, after Fig. 2 of Reid and Gage 1985) and for more widely separated stations, including  
1160 Curacao and Ascension Island in the Atlantic (right panel, after Fig. 3 of Reid and Gage 1985),  
1161 where arrows at the top identify peaks that occur at more than one station. The 16-km level is  
1162 indicated for each curve at left. Thin blue vertical lines were added at the beginning of each  
1163 even year.

1164

1165 Figure 5. Left: coherence spectrum of monthly mean zonal wind between 50 and 700 hPa at  
1166 Singapore. Right: individual power spectra at 50 and 700 hPa for the 18-yr period 1963-1981.  
1167 Power spectrum units are in m/s per month and a maximum lag of 40 was used. Note  
1168 that the power scale for 50 hPa is 10 times that for 700 hPa. Thin blue vertical lines were added  
1169 to the power spectra to highlight the band ~22-36 months (adapted from Fig. 3 of Yasunari  
1170 1989).

1171

1172 Figure 6. Latitude-altitude sections of zonal mean LIMS a) temperature (contour interval 5 K),  
1173 b) zonal wind (interval 10 m/s) and c) normalized absolute vorticity (see text, contour interval 1  
1174 day<sup>-1</sup>) for the period 31 October – 5 November 1978. Values of temperature and zonal wind

1175 have been smoothed with a 1-2-1 filter in latitude. Schematic arrows indicate the MMC which is  
1176 compatible with the observed patterns in temperature and PV and with theoretical models. (Fig.  
1177 4 of Hitchman and Leovy 1986. © American Meteorological Society. Used with permission.)

1178

1179 Figure 7. Latitude-altitude sections of aerosol extinction ratio at 1 um during two 40-day periods  
1180 representative of two different phases of the QBO: a) dominant westerly shear centered at 11  
1181 November 1984 (contour interval 2.5) and b) dominant easterly shear, centered at 4 October  
1182 1988 (contour interval 0.5). Crosses indicate locations of the daily average of ~15 profiles.

1183 Arrows indicate the inferred QBO circulation based on the aerosol distribution. The tropopause  
1184 is indicated with a dotted line. The latitudes for the eruptions of Mt. Ruiz in November 1985 and  
1185 of Mt. Pinatubo in June 1991 are indicated by “R” and “P”, respectively, both of which occurred  
1186 during easterly shear in the lower stratosphere. The altitude of the zero-wind line at the equator  
1187 is shown at the right of each section. (Figure 3 of Trepte and Hitchman 1992).

1188

1189 Figure 8. QBO W-E differences in SAGE aerosol extinction ratio (contour interval 5%), using  
1190 the 50-70 hPa wind shear index, based on 10 years (1979-1981 and 1984-1990) of SAGE I and II  
1191 and SAM II aerosol measurements. Dashed contours indicate higher aerosol during QBO E  
1192 shear (Fig. 7 of Hitchman et al. 1994).

1193

1194 Figure 9. Schematic diagram of the QBO MMC and its relationship with anomalies of zonal  
1195 mean temperature (solid contours), zonal velocity (dashed contours) and tropopause altitude  
1196 (thick gray lines) for a) warm anomaly during descending QBO W regime and b) cold anomaly  
1197 during descending QBO E regime approaching the UTLS (from Collimore et al. 2003, ©

1198 American Meteorological Society, used with permission. Cf. similar diagrams in Gray et al.  
1199 1991b and Trepte 1993).

1200

1201 Figure 10. "Calculated temperature anomalies forced by the easterly and westerly phases of the  
1202 quasi-biennial wind variation." A typical value for vertical shear of 3 m/s per 6 km and a mean  
1203 equatorial temperature of 210 K were assumed, (Fig. 8 from Reid, 1994).

1204

1205 Figure 11. "Latitudinal structure of QBO variations in a) tropopause temperature (K per 10 m/s)  
1206 and b) tropopause pressure (hPa per 10 m/s) for 1979-1997, derived from regression analysis.  
1207 Curves show NCEP data, and circles indicate results for each radiosonde location. Error bars  
1208 indicate +/- 2 sigma statistical uncertainties. Units are Kelvins per 10 m/s of QBO winds at 50  
1209 hPa, which vary over ~+/-20 m/s during a QBO cycle" (Fig. 13 of Randel et al. 2000).

1210

1211 Figure 12. a) Latitudinal distribution of NCEP zonal mean tropopause temperature (K) for DJF  
1212 QBO W (dotted line), QBO E (dashed line), and climatological mean (solid line). b) QBO W  
1213 (dotted line) and QBO E (dashed line) departure from the annually averaged zonal mean  
1214 tropopause temperature (K). Deviations from climatology in a) are exaggerated by a factor of 5  
1215 for clarity (Fig. 15 of Huesmann and Hitchman 2001).

1216

1217 Figure 13. a) Latitudinal distribution of NCEP 50-70 hPa zonal mean wind shear (m/s per 20  
1218 hPa) for DJF QBO W (dotted line), QBO E (dashed line), and climatological mean (solid line).  
1219 b) QBO W (dotted line) and QBO E (dashed line) departure from the annually averaged 50 – 70  
1220 hPa wind shear (Fig. 9 of Huesmann and Hitchman 2001).

1221

1222 Figure 14. Seasonally-averaged (left, panels a-d): QBO W-E NCEP tropopause temperature  
1223 (contour interval 0.3 K, dashed contours negative), and (right, panels e-h): NCEP mean  
1224 tropopause temperature (contour interval 3 K in the shaded regions below 200 K, 4 K  
1225 elsewhere), for DJF (panels a, b, e, f) and for JJA (panels c, d, g, h). NCEP data during 1958-  
1226 1978 and 1979-2000 are shown separately for each season (upper and lower of each pair). In the  
1227 QBO W-E difference fields (left), light shading indicates confidence level above 90%, dark  
1228 shading above 95%, and the fields have been smoothed once with a 9-point square filter.

1229

1230 Figure 15. As in Fig. 14, except for NCEP tropopause pressure. In the QBO W-E plots (left,  
1231 panels a-d), the contour interval is 1.5 hPa, with dashed contours negative, and light shading  
1232 indicates confidence level above 90%, dark shading above 95%. In QBO seasonal mean plots  
1233 (right, panels e-h), the contour interval is 10 hPa in the shaded region below 120 hPa, and 20 hPa  
1234 elsewhere.

1235

1236 Figure 16. As in Fig. 14, except of NCEP 70 - 150 hPa zonal wind shear. In the QBO W-E  
1237 plots (left, panels a-d) the contour interval is  $1 \text{ m s}^{-1} (80 \text{ hPa})^{-1}$ , with dashed contours negative,  
1238 and light shading indicates confidence level above 90%, dark shading above 95%. In seasonal  
1239 mean plots (right, panels e-h), the contour interval is  $5 \text{ m s}^{-1} (80 \text{ hPa})^{-1}$ , with positive values  
1240 shaded.

1241

1242 Figure 17. QBO W-E range in MERRA-2 CPT temperature (color bar, contour interval 0.125 K)  
1243 for the 38-yr period 1980-2017, for a) the annual mean, b) DJF, c) MAM, d) JJA, and e) SON.  
1244 Regions with less than 99% confidence are indicated in black.

1245

1246 Figure 18. Seasonal mean ERA-Interim 100 hPa temperature (left, panels a-d): QBO W-E  
1247 differences (color bar, range -3 to 3 K, contour interval 0.25 K), and (right, panels e-h): seasonal  
1248 means (color bar, range 188 to 218 K, contour interval 2 K), for DJF (a, e), MAM (b, f), JJA (c,  
1249 g), and SON (d, h). Monthly mean data for the 40-yr period 1979 – 2018 were analyzed using  
1250 the EOF method of Wallace et al. (1993). QBO W-E values shown are phase-4 minus phase-8,  
1251 which corresponds W and E maxima in the lower stratosphere. Diagonal green lines indicate  
1252 regions with less than 95% statistical significance. In the left-hand panels, the zero line, or node,  
1253 is indicated with a dotted black line.

1254

1255 Figure 19. As in Fig. 18, except of (left, panels a-d): QBO W-E differences in 150 hPa zonal  
1256 wind (color bar, range -10 to 10 m/s, contour interval 1 m/s) and (right, panels e-g): seasonal  
1257 mean distribution of 150 hPa zonal wind (color bar, range -40 to 40 m/s, contour interval 5 m/s).  
1258 The zero contour is represented with a dotted black line.

1259

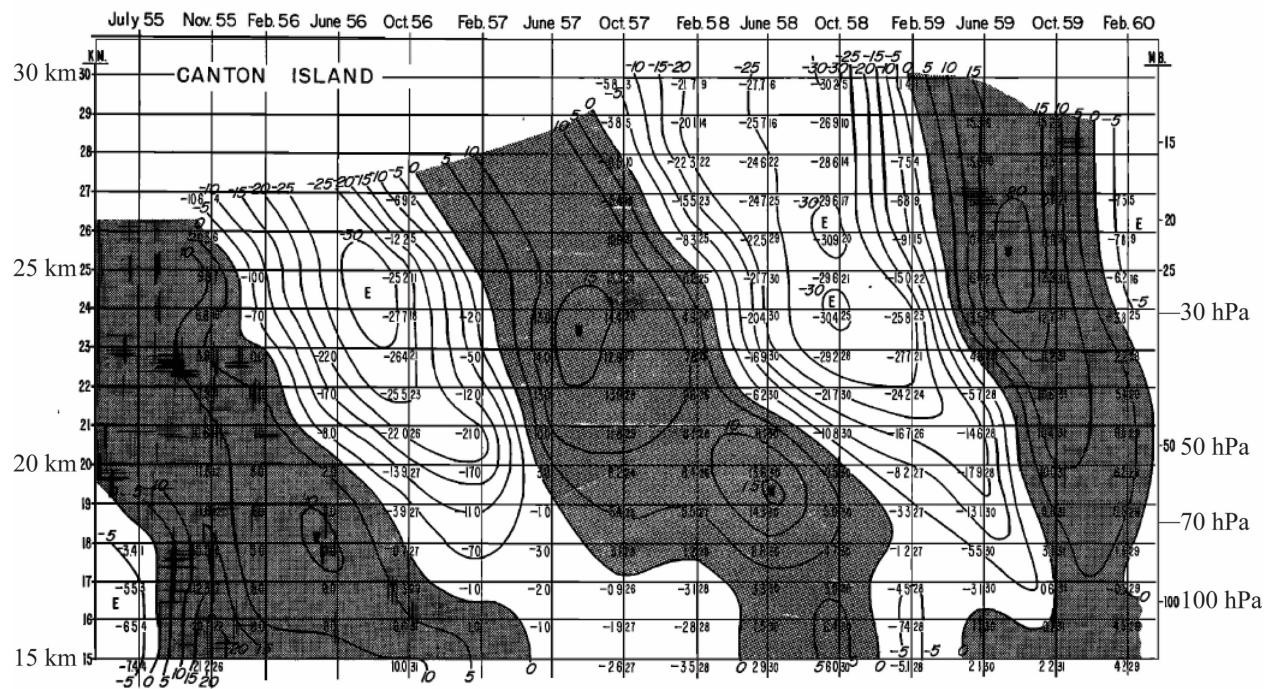
1260 Figure 20. Seasonal mean ERA-Interim zonal mean QBO W-E (phase 4 minus phase 8  
1261 differences) data for DJF (a, e), MAM (b, f), JJA (c, g), and SON (d, h), in the domain 0-50 km  
1262 (1000 -1 hPa), 40°S-40°N, of (a-d) zonal wind (color bar, range -30 to 30 m/s, with contour  
1263 interval 1 m/s until +/-5 m/s, and an interval of 5 m/s for larger values), and (e-g) temperature  
1264 (color bar, range -5 to 5 K, interval 0.25 K until +/-1 K, and an interval of 1 K for larger values).

1265 Reference vector scales of 1 mm/s for vertical motion and 20 cm/s for meridional motion are  
1266 shown. The black dotted line is the zero contour. The yellow dotted lines separate regions of  
1267 fine and coarse contour intervals. The heavy-dashed lime-green line indicates the seasonal  
1268 mean tropopause. Monthly mean data for the 40-yr period 1979 – 2018 were analyzed with the  
1269 EOF method of Wallace et al. (1993). Phases 4 and 8 correspond to QBO W and E maximizing  
1270 in the lowest stratosphere. Diagonal green hatching indicates regions with less than 95%  
1271 statistical significance. Vectors are not plotted if both components are not significant at the 95%  
1272 level.

1273

1274 Figure 21. Time mean ERA-Interim QBO W-E differences during the 40-yr period 1979-2018,  
1275 in the domain 0-50 km (1000 -1 hPa), 40°S-40°N, for a) zonal wind (color bar, range -30 to 30  
1276 m/s, with contour interval 1 m/s until +/-5 m/s, with interval 5 m/s for larger values), and b)  
1277 temperature (color bar, range -5 to 5 K, interval 0.25 K until +/-1 K, with interval 1 K for larger  
1278 values). The reference vector scales of 1 mm/s for vertical motion and 20 cm/s for meridional  
1279 motion are shown. The black dotted line is the zero contour. The yellow dotted lines separate  
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1281 time mean tropopause. Monthly mean data were analyzed with the EOF method of Wallace et  
1282 al. (1993). Phases 4 and 8 correspond to QBO W and E maximizing in the lowest stratosphere.  
1283 Diagonal green hatching indicates regions with less than 95% statistical significance. Vectors  
1284 are not plotted if both components are not significant at the 95% level. The climatological mean  
1285 tropopause is indicated with a thick dashed gray line (~90 hPa in the tropics and ~250 hPa near  
1286 40°).

1287



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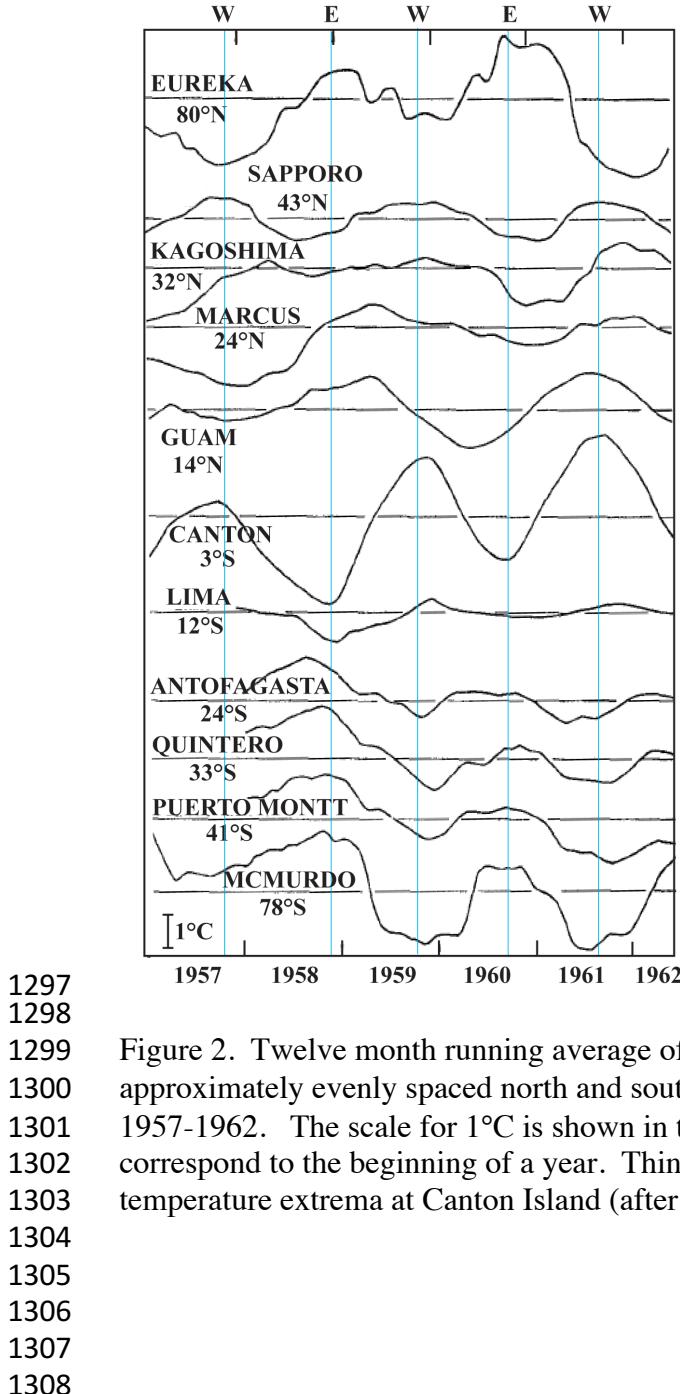
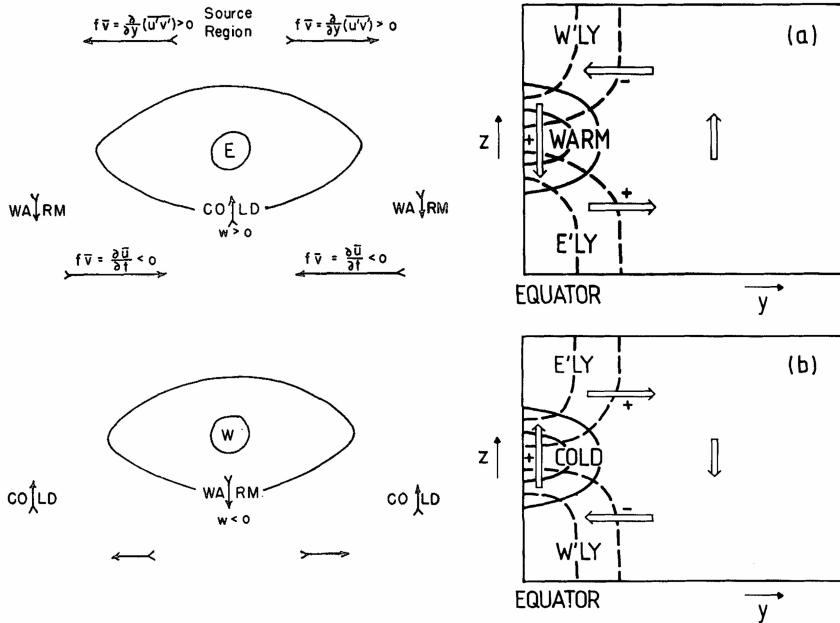


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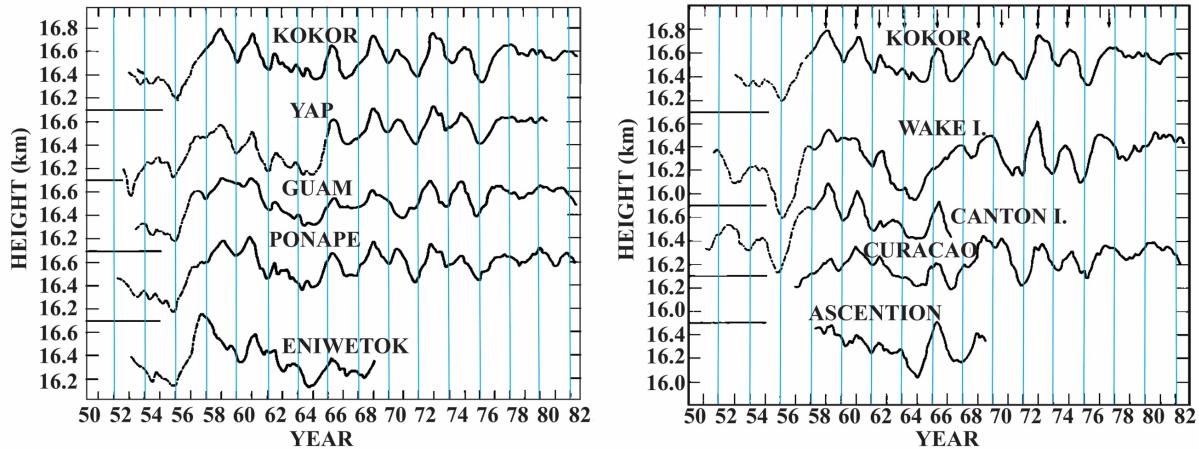
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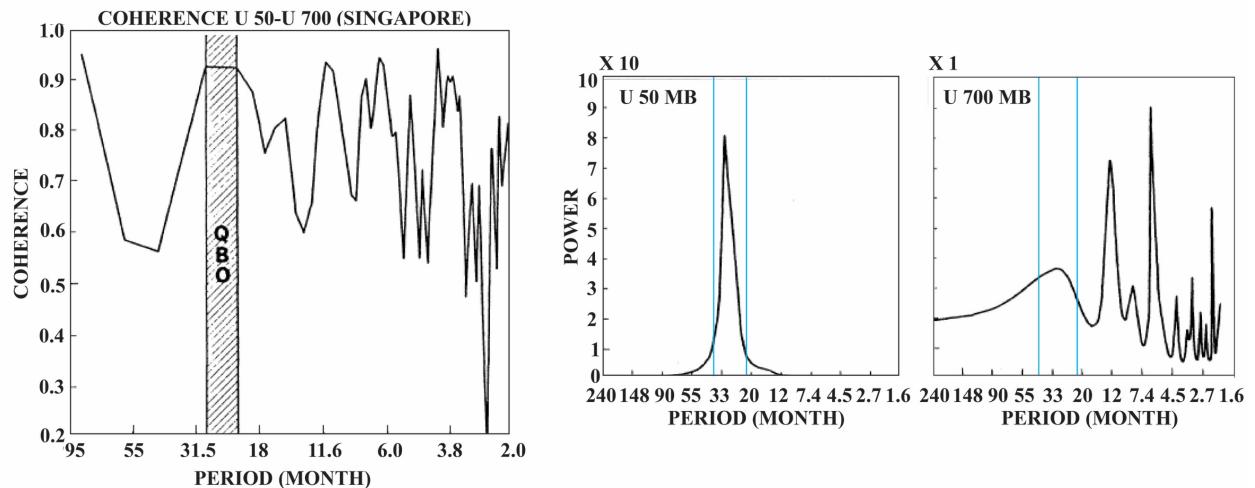
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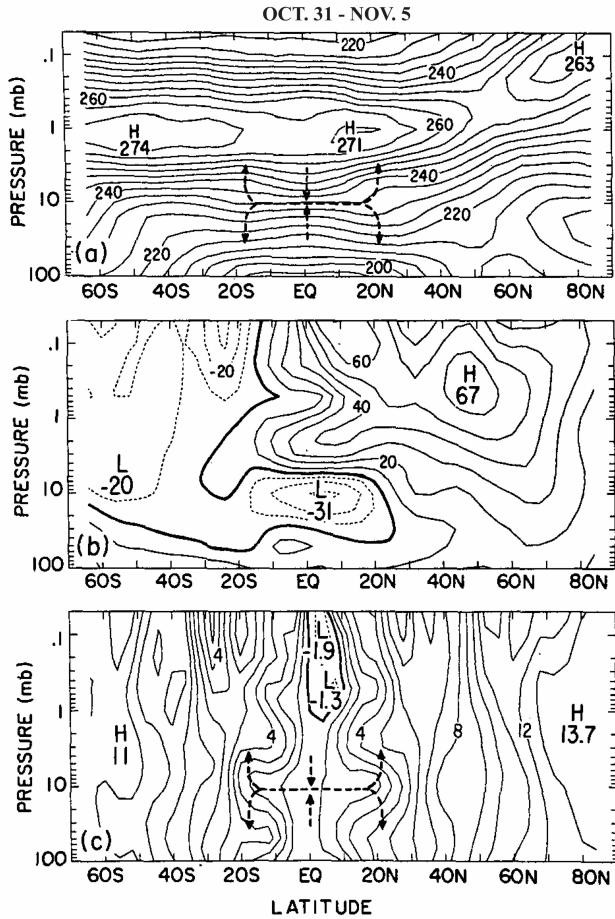
1334 Figure 4. Twelve-month running mean tropopause heights at five Micronesian stations (left  
1335 panel, after Fig. 2 of Reid and Gage 1985) and for more widely separated stations, including  
1336 Curacao and Ascension Island in the Atlantic (right panel, after Fig. 3 of Reid and Gage 1985),  
1337 where arrows at the top identify peaks that occur at more than one station. The 16-km level is  
1338 indicated for each curve at left. Thin blue vertical lines were added at the beginning of each  
1339 even year.

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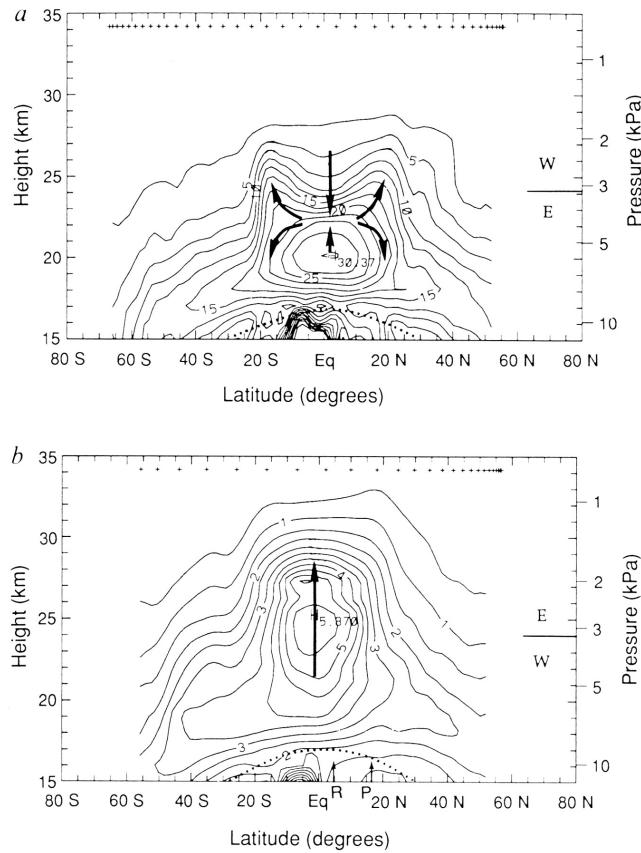


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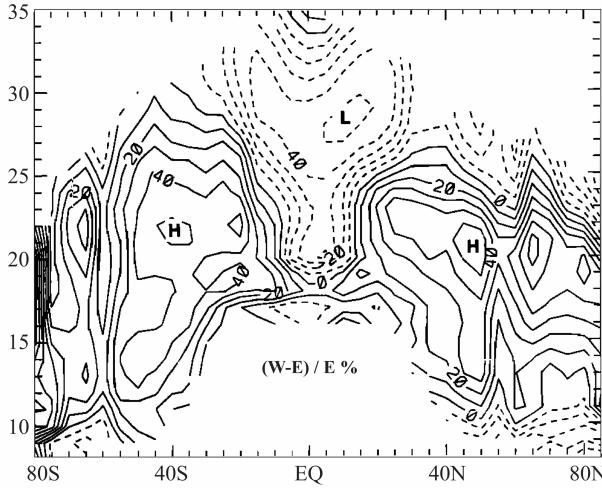
1346 Figure 5. Left: coherence spectrum of monthly mean zonal wind between 50 and 700 hPa at  
1347 Singapore. Right: individual power spectra at 50 and 700 hPa for the 18-yr period 1963-1981.  
1348 Power spectrum units plotted are in m/s per month and a maximum lag of 40 was used. Note  
1349 that the power scale for 50 hPa is 10 times that for 700 hPa. Thin blue vertical lines were added  
1350 to the power spectra to highlight the band ~22-36 months (adapted from Fig. 3 of Yasunari  
1351 1989).  
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 1356 Figure 6. Latitude-altitude sections of zonal mean LIMS a) temperature (contour interval 5 K),  
 1357 b) zonal wind (interval 10 m/s) and c) normalized absolute vorticity (see text, contour interval 1  
 1358 day<sup>-1</sup>) for the period 31 October – 5 November 1978. Values of temperature and zonal wind  
 1359 have been smoothed with a 1-2-1 filter in latitude. Schematic arrows indicate the MMC which is  
 1360 compatible with the observed patterns in temperature and PV and with theoretical models. (Fig.  
 1361 4 of Hitchman and Leovy 1986. © American Meteorological Society. Used with permission.)  
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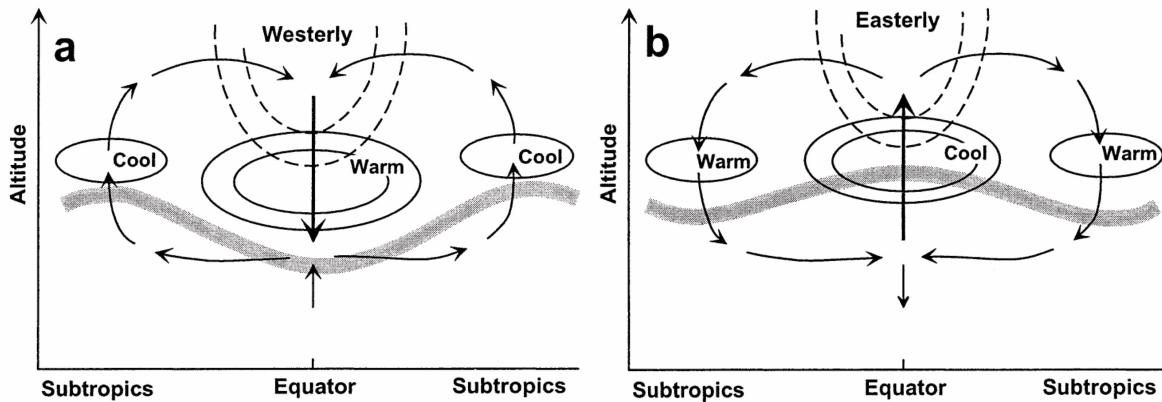
1373  
 1374 Figure 7. Latitude-altitude sections of aerosol extinction ratio at 1 um during two 40-day periods  
 1375 representative of two different phases of the QBO: a) dominant westerly shear centered at 11  
 1376 November 1984 (contour interval 2.5) and b) dominant easterly shear, centered at 4 October  
 1377 1988 (contour interval 0.5). Crosses indicate locations of the daily average of ~15 profiles.  
 1378 Arrows indicate the inferred QBO circulation based on the aerosol distribution. The altitude of  
 1379 the zero-wind line at the equator is shown at the right of each section. The tropopause is  
 1380 indicated with a dotted line. The latitudes for the eruptions of Mt. Ruiz in November 1985 and  
 1381 of Mt. Pinatubo in June 1991 are indicated by "R" and "P", respectively, both of which occurred  
 1382 during easterly shear in the lower stratosphere. (Figure 3 of Trepte and Hitchman 1992).  
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1390 Figure 8. QBO W-E differences in SAGE aerosol extinction ratio (contour interval 5%), using  
1391 the 50-70 hPa wind shear index, based on 10 years (1979-1981 and 1984-1990) of SAGE I and II  
1392 and SAM II aerosol measurements. Dashed contours indicate higher aerosol during QBO E  
1393 shear (Fig. 7 of Hitchman et al. 1994).

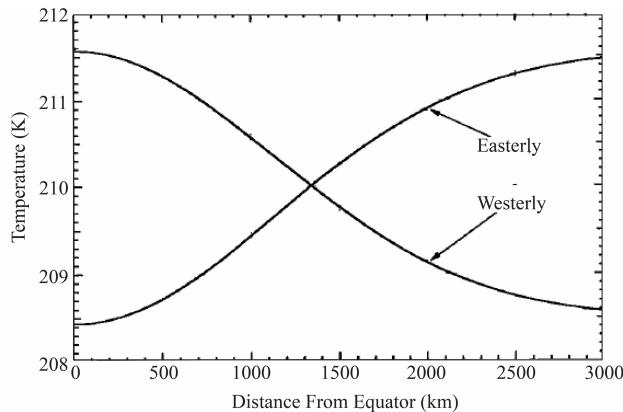
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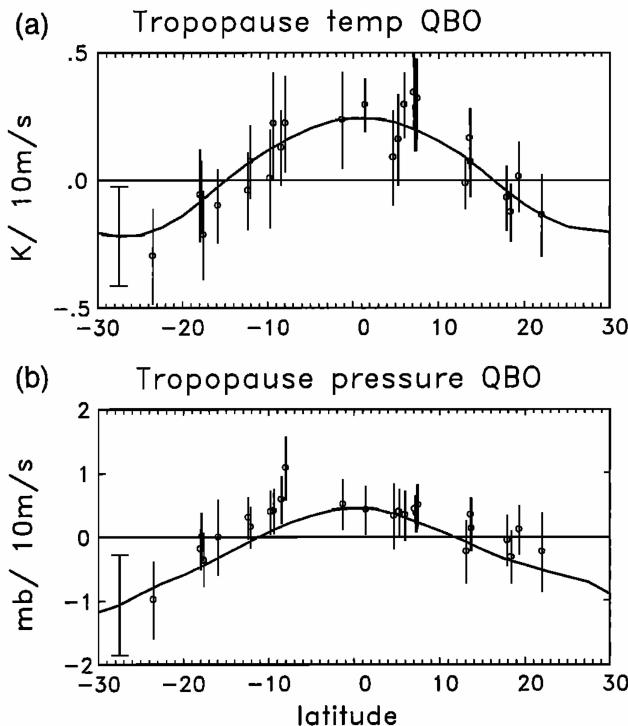
1403 Figure 9. Schematic diagram of the QBO MMC and its relationship with anomalies of zonal  
1404 mean temperature (solid contours), zonal velocity (dashed contours) and tropopause altitude  
1405 (thick gray lines) for a) warm anomaly during descending QBO W regime and b) cold anomaly  
1406 during descending QBO E regime approaching the UTLS (from Collimore et al. 2003, ©  
1407 American Meteorological Society, used with permission. Cf. similar diagrams in Gray et al.  
1408 1991b and Trepte 1993).

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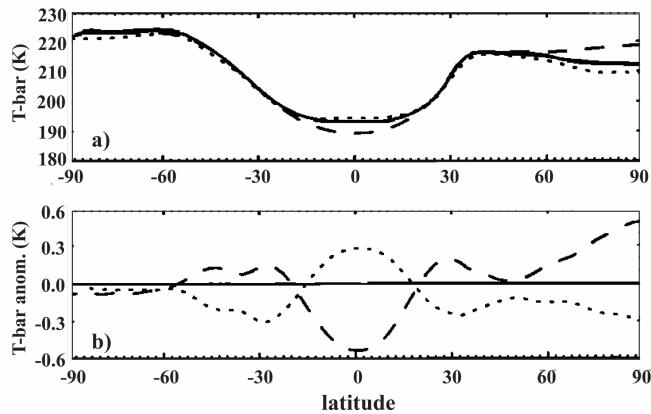
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Figure 10. "Calculated temperature anomalies forced by the easterly and westerly phases of the quasi-biennial wind variation." A typical value for vertical shear of 3 m/s per 6 km and a mean equatorial temperature of 210 K were assumed, (Fig. 8 from Reid, 1994).



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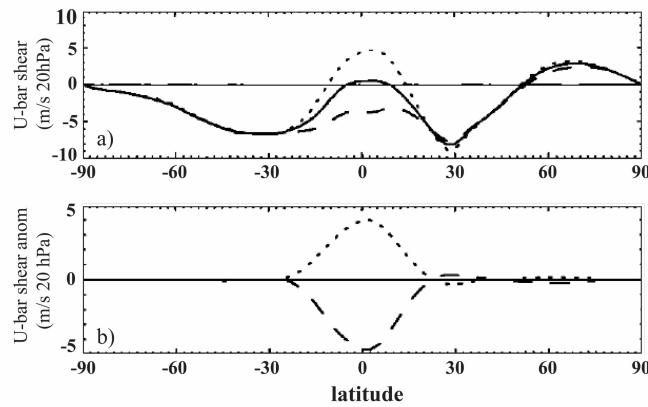
Figure 11. "Latitudinal structure of QBO variations in a) tropopause temperature (K per 10 m/s) and b) tropopause pressure (hPa per 10 m/s) for 1979-1997, derived from regression analysis. Curves show NCEP data, and circles indicate results for each radiosonde location. Error bars indicate +/- 2 sigma statistical uncertainties. Units are Kelvins per 10 m/s of QBO winds at 50 hPa, which vary over ~+/-20 m/s during a QBO cycle" (Fig. 13 of Randel et al. 2000).



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1429 Figure 12. a) Latitudinal distribution of NCEP zonal mean tropopause temperature (K) for DJF  
1430 QBO W (dotted line), QBO E (dashed line), and climatological mean (solid line). b) QBO W  
1431 (dotted line) and QBO E (dashed line) departure from the annually averaged zonal mean  
1432 tropopause temperature (K). Deviations from climatology in a) are exaggerated by a factor of 5  
1433 for clarity (Fig. 15 of Huesmann and Hitchman 2001).

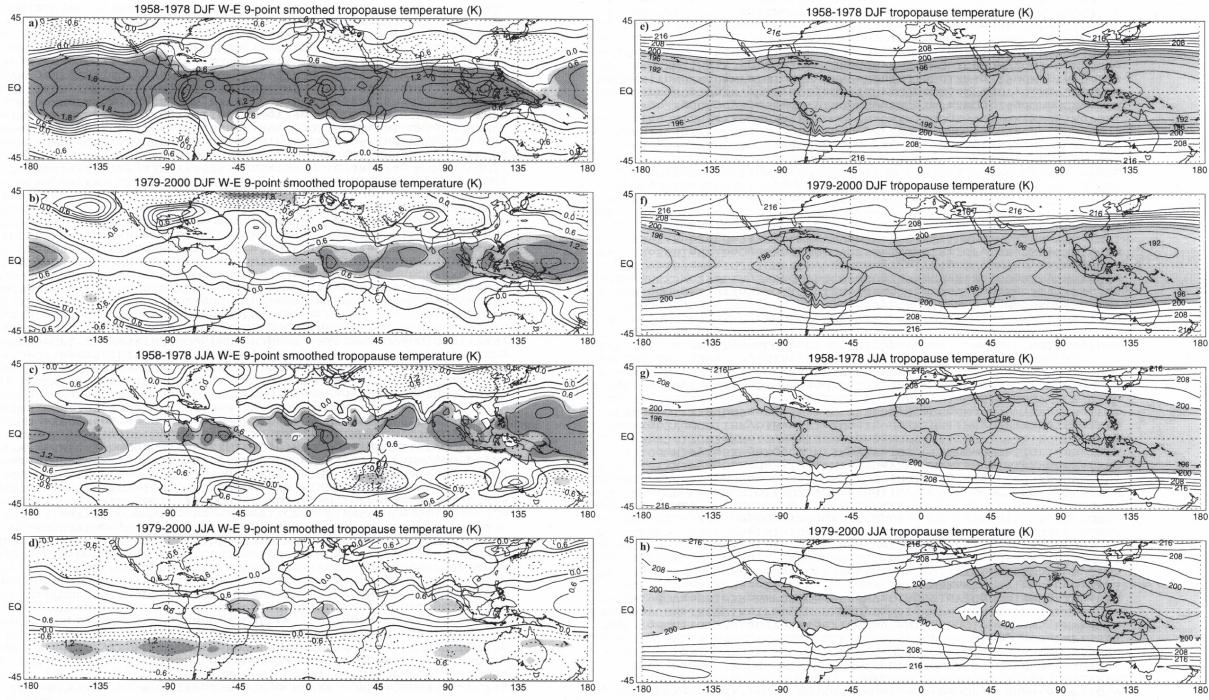
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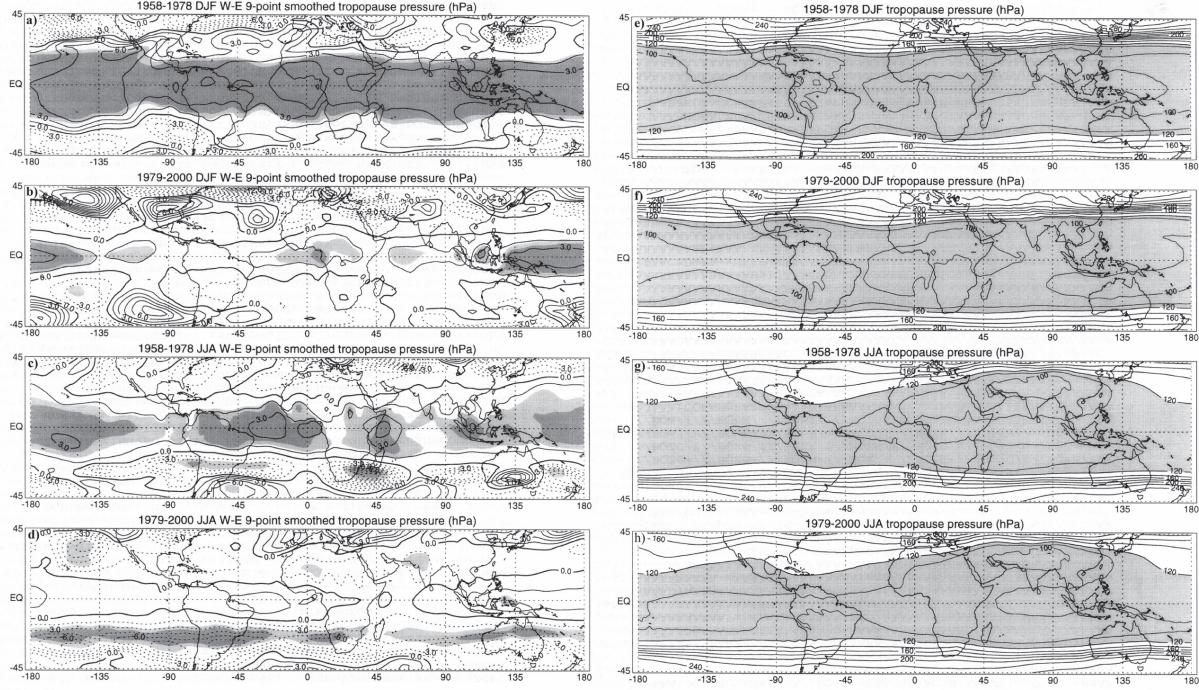
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1441 Figure 13. a) Latitudinal distribution of NCEP 50-70 hPa zonal mean wind shear (m/s per 20  
1442 hPa) for DJF QBO W (dotted line), QBO E (dashed line), and climatological mean (solid line).  
1443 b) QBO W (dotted line) and QBO E (dashed line) departure from the annually averaged 50 – 70  
1444 hPa wind shear (Fig. 9 of Huesmann and Hitchman 2001).

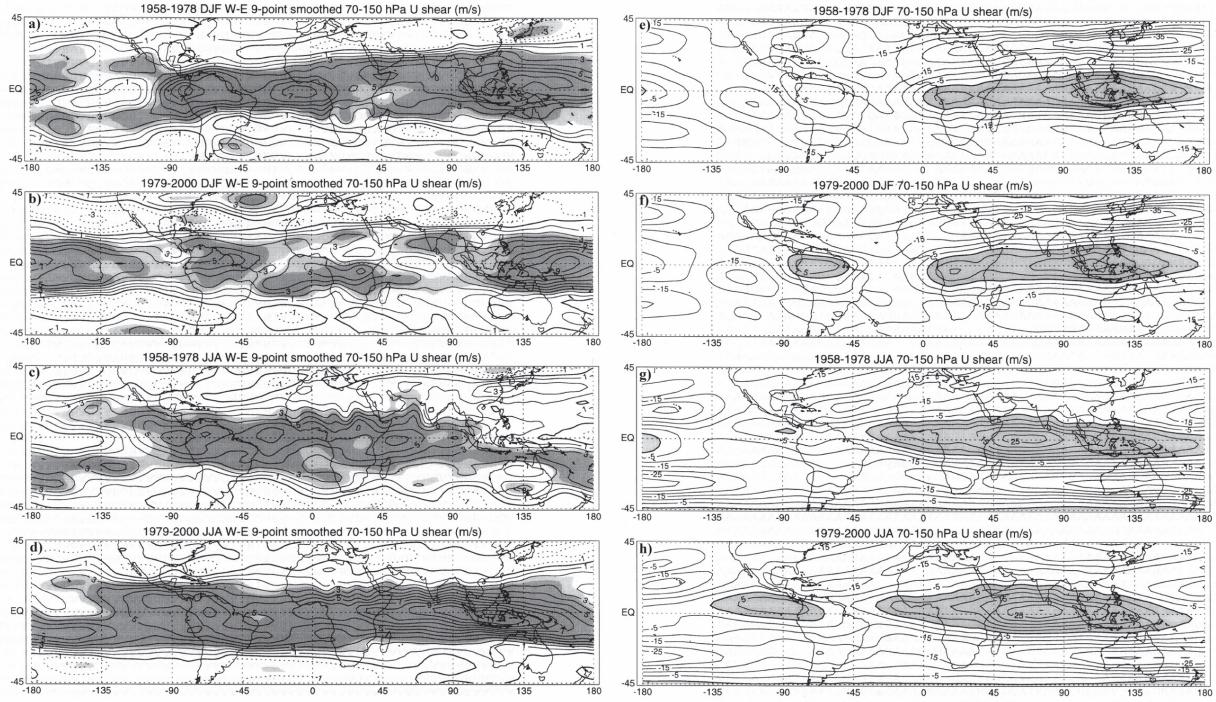
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1449 Figure 14. Seasonally-averaged (left, panels a-d): QBO W-E NCEP tropopause temperature  
1450 (contour interval 0.3 K, dashed contours negative), and (right, panels e-h): NCEP mean  
1451 tropopause temperature (contour interval 3 K in the shaded regions below 200 K, 4 K  
1452 elsewhere), for DJF (panels a, b, e, f) and for JJA (panels c, d, g, h). NCEP data during 1958-  
1453 1978 and 1979-2000 are shown separately for each season (upper and lower of each pair). In the  
1454 QBO W-E difference fields (left), light shading indicates confidence level above 90%, dark  
1455 shading above 95%, and the fields have been smoothed once with a 9-point square filter.  
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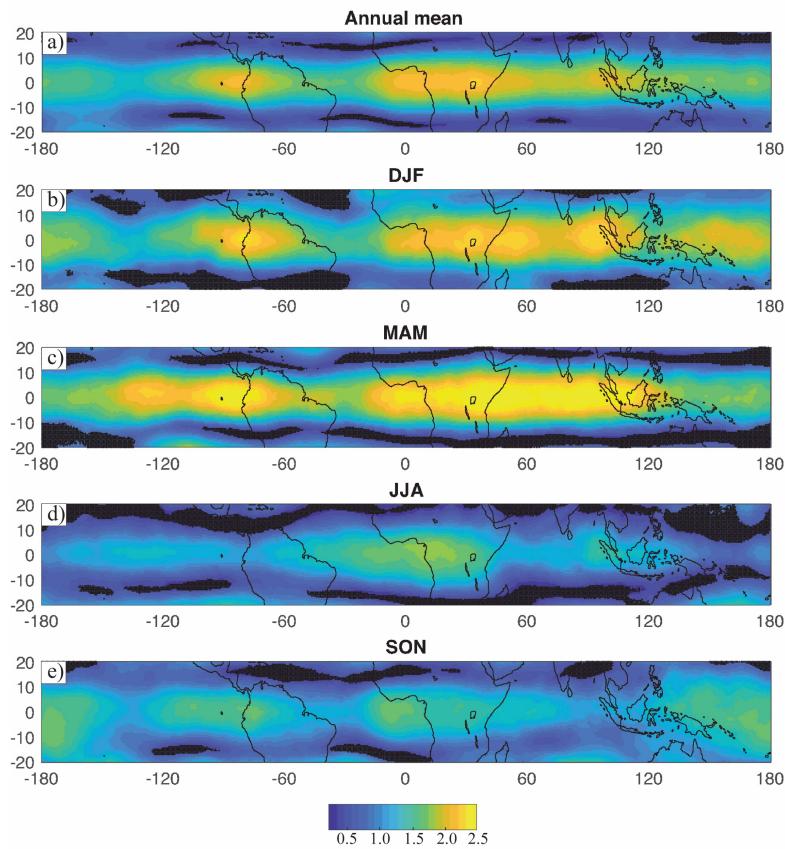
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 1464 Figure 15. As in Fig. 14, except for NCEP tropopause pressure. In the QBO W-E plots (left,  
 1465 panels a-d), the contour interval is 1.5 hPa, with dashed contours negative, and light shading  
 1466 indicates confidence level above 90%, dark shading above 95%. In QBO seasonal mean plots  
 1467 (right, panels e-h), the contour interval is 10 hPa in the shaded region below 120 hPa, and 20 hPa  
 1468 elsewhere.  
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1478 Figure 16. As in Fig. 14, except of NCEP 70 - 150 hPa zonal wind shear. In the QBO W-E  
1479 plots (left, panels a-d) the contour interval is  $1 \text{ m s}^{-1} (80 \text{ hPa})^{-1}$ , with dashed contours negative,  
1480 and light shading indicates confidence level above 90%, dark shading above 95%. In seasonal  
1481 mean plots (right, panels e-h), the contour interval is  $5 \text{ m s}^{-1} (80 \text{ hPa})^{-1}$ , with positive values  
1482 shaded.

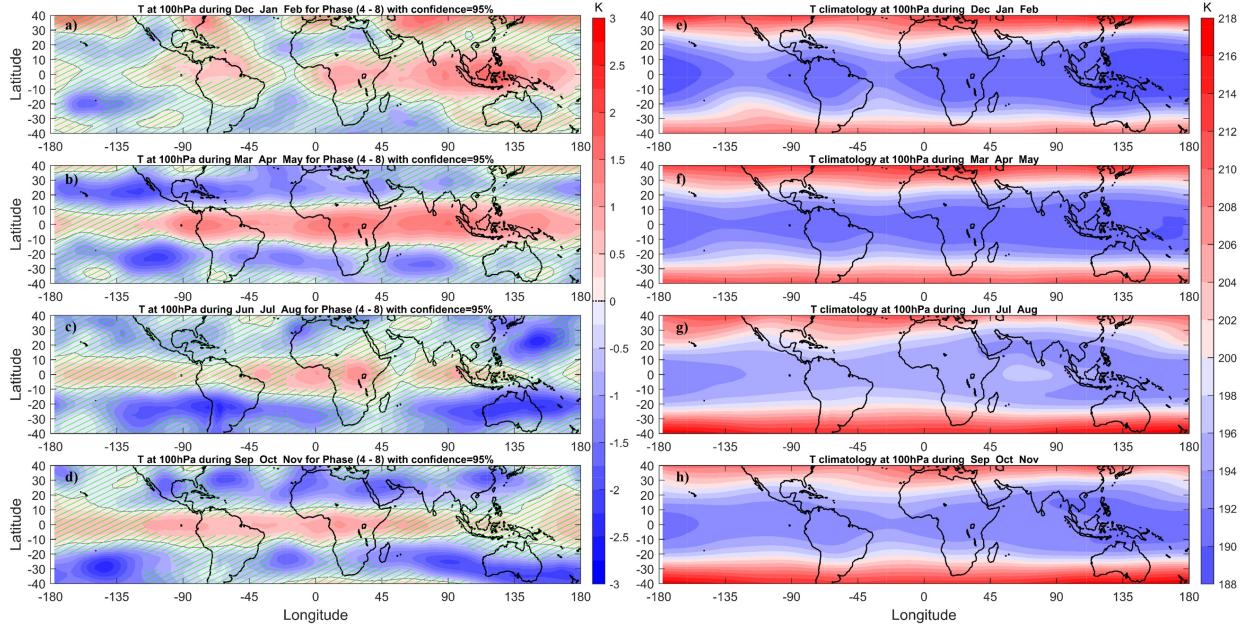
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1493 Figure 17. QBO W-E range in MERRA-2 CPT temperature (color bar, contour interval 0.125 K)  
1494 for the 38-yr period 1980-2017, for a) the annual mean, b) DJF, c) MAM, d) JJA, and e) SON.  
1495 Regions with less than 99% confidence are indicated in black.

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1503 Figure 18. Seasonal mean ERA-Interim 100 hPa temperature (left, panels a-d): QBO W-E  
 1504 differences (color bar, range -3 to 3 K, contour interval 0.25 K), and (right, panels e-h): seasonal  
 1505 means (color bar, range 188 to 218 K, contour interval 2 K), for DJF (a, e), MAM (b, f), JJA (c,  
 1506 g), and SON (d, h). Monthly mean data for the 40-yr period 1979 – 2018 were analyzed using  
 1507 the EOF method of Wallace et al. (1993). QBO W-E values shown are phase-4 minus phase-8,  
 1508 which corresponds W and E maxima in the lower stratosphere. Diagonal green lines indicate  
 1509 regions with less than 95% statistical significance. In the left-hand panels, the zero line, or node,  
 1510 is indicated with a dotted black line.

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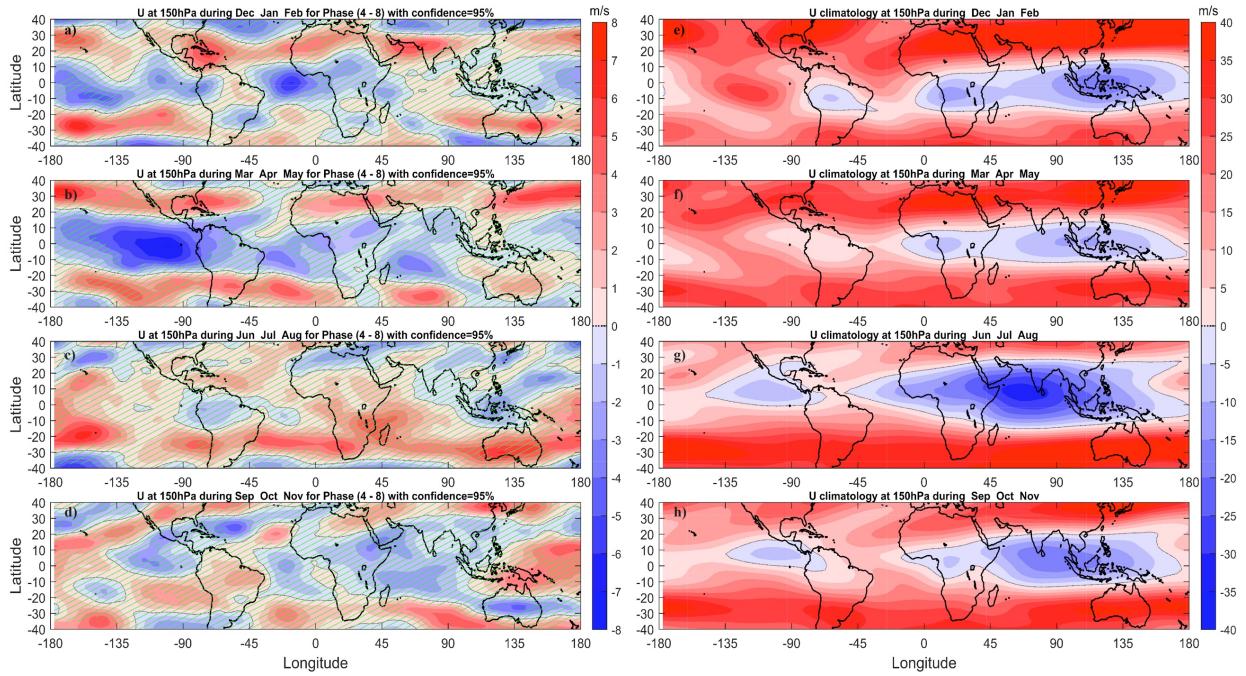
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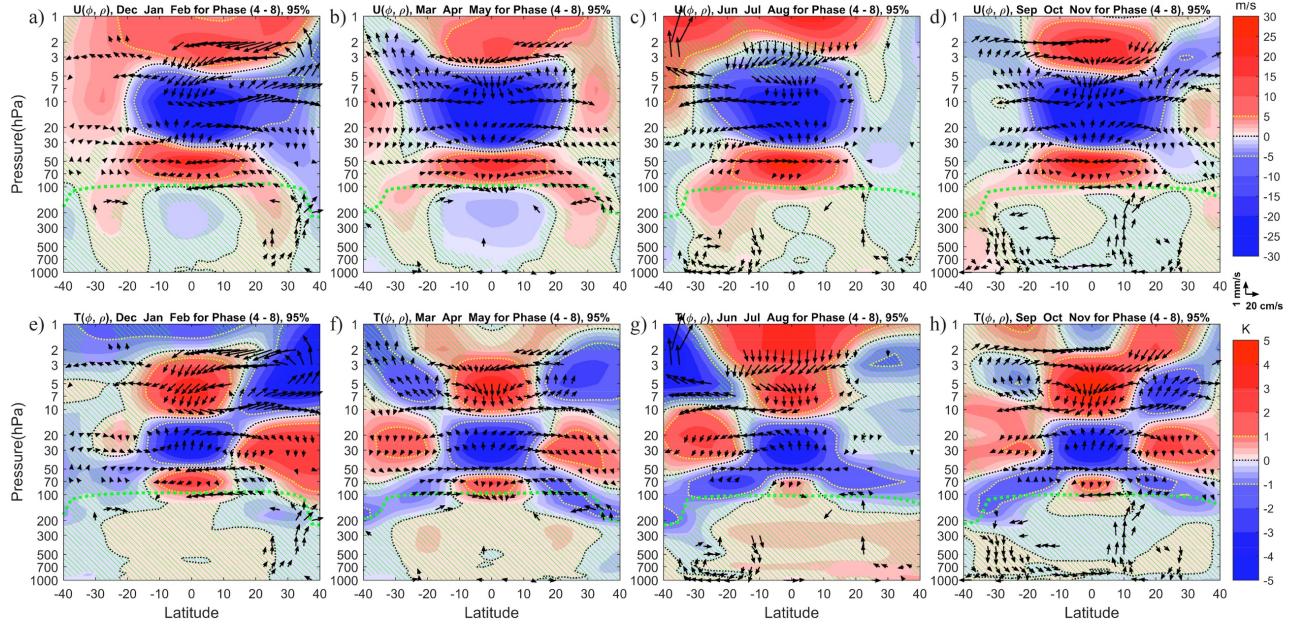
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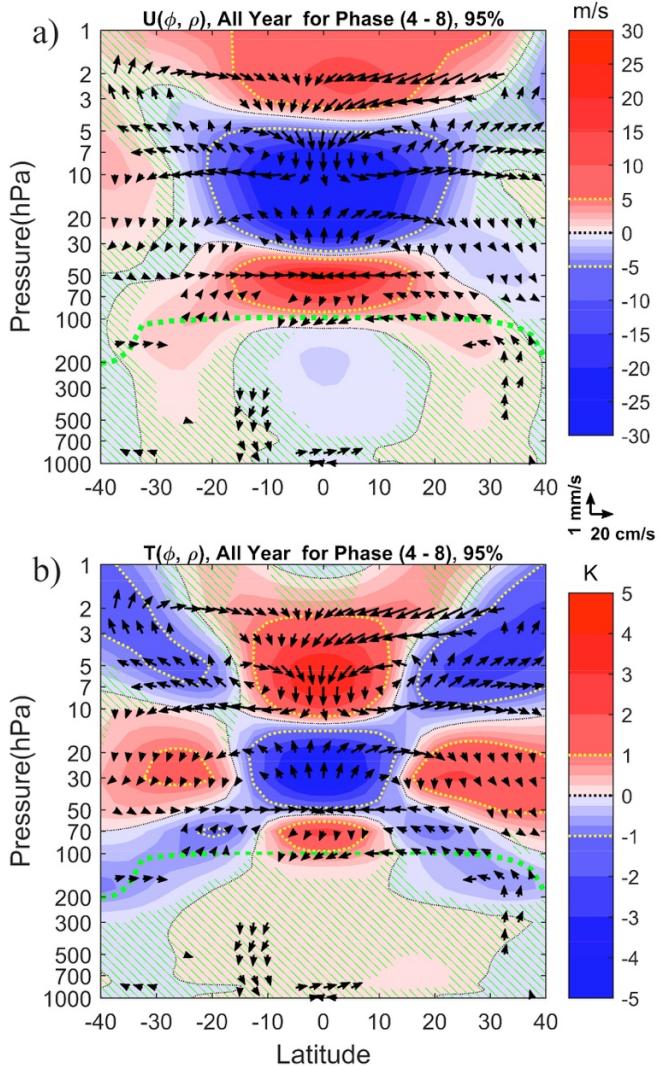
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 1521 Figure 19. As in Fig. 18, except of (left, panels a-d): QBO W-E differences in 150 hPa zonal  
 1522 mean distribution of 150 hPa zonal wind (color bar, range -40 to 40 m/s, contour interval 5 m/s).  
 1523 The zero contour is represented with a dotted black line.  
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1543 Figure 20. Seasonal mean ERA-Interim zonal mean QBO W-E (phase 4 minus phase 8  
1544 differences) data for DJF (a, e), MAM (b, f), JJA (c, g), and SON (d, h), in the domain 0-50 km  
1545 (1000 -1 hPa), 40°S-40°N, of (a-d) zonal wind (color bar, range -30 to 30 m/s, with contour  
1546 interval 1 m/s until +/- 5 m/s, and an interval of 5 m/s for larger values), and (e-g) temperature  
1547 (color bar, range -5 to 5 K, interval 0.25 K until +/- 1 K, and an interval of 1 K for larger values).  
1548 Reference vector scales of 1 mm/s for vertical motion and 20 cm/s for meridional motion are  
1549 shown. The black dotted line is the zero contour. The yellow dotted lines separate regions of  
1550 fine and coarse contour intervals. The heavy-dashed lime green line indicates the seasonal mean  
1551 tropopause. Monthly mean data for the 40-yr period 1979 – 2018 were analyzed with the EOF  
1552 method of Wallace et al. (1993). Phases 4 and 8 correspond to QBO W and E maximizing in the  
1553 lowest stratosphere. Diagonal green hatching indicates regions with less than 95% statistical  
1554 significance. Vectors are not plotted if both components are not significant at the 95% level.  
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Figure 21. Time mean ERA-Interim QBO W-E differences during the 40-yr period 1979-2018, in the domain 0-50 km (1000 -1 hPa), 40°S-40°N, for a) zonal wind (color bar, range -30 to 30 m/s, with contour interval 1 m/s until +/-5 m/s, with interval 5 m/s for larger values), and b) temperature (color bar, range -5 to 5 K, interval 0.25 K until +/-1 K, with interval 1 K for larger values). The reference vector scales of 1 mm/s for vertical motion and 20 cm/s for meridional motion are shown. The black dotted line is the zero contour. The yellow dotted lines separate regions of fine and coarse contour intervals. The heavy-dashed lime green line indicates the time mean tropopause. Monthly mean data were analyzed with the EOF method of Wallace et al. (1993). Phases 4 and 8 correspond to QBO W and E maximizing in the lowest stratosphere. Diagonal green hatching indicates regions with less than 95% statistical significance. Vectors are not plotted if both components are not significant at the 95% level. A climatological mean tropopause is indicated with a thick dashed gray line (~100 hPa in the tropics and ~250 hPa near 40°).