



Adiabatic frequency shifting in epsilon-near-zero materials: the role of group velocity

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The conversion of a photon's frequency has long been a key application area of nonlinear optics. It has been discussed how a slow temporal variation of a material's refractive index can lead to the adiabatic frequency shift (AFS) of a pulse spectrum. Such a rigid spectral change has relevant technological implications, for example, in ultrafast signal processing. Here, we investigate the AFS process in epsilon-near-zero (ENZ) materials and show that the frequency shift can be achieved in a shorter length if operating in the vicinity of $\text{Re}\{\epsilon_r\} = 0$. We also predict that, if the refractive index is induced by an intense optical pulse, the frequency shift is more efficient for a pump at the ENZ wavelength. Remarkably, we show that these effects are a consequence of the slow propagation speed of pulses at the ENZ wavelength. Our theoretical predictions are validated by experiments obtained for the AFS of optical pulses incident upon aluminum zinc oxide thin films at ENZ. Our results indicate that transparent metal oxides operating near the ENZ point are good candidates for future frequency conversion schemes.

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1. INTRODUCTION

Frequency conversion is a signature characteristic and a key application of nonlinear optics [1]. It can be attained using both second- and third-order nonlinearities in various media. Second-order processes require non-centrosymmetric media and include the well-known effects of sum and difference frequency generation while third-order phenomena, which occur in any medium, include four-wave mixing (FWM) processes as well as Raman effects. All of these frequency conversion schemes can be characterized as parametric processes where the optical properties are modulated with a certain frequency, which causes the generation of oscillations at new frequencies. Typically, frequency conversion is well described by the coupled-wave formalism [2] in which the energy flows back and forth between waves of different frequencies (often characterized as pump, signal, and idler) depending on the phase relations between the waves (phase-matching conditions).

While the field of frequency conversion is well established, the development of powerful ultrafast light sources has led to the

observation of different effects where the entire spectrum of the incoming light wave shifts adiabatically in the presence of a time-varying refractive index [3], typically induced by a strong optical pump (which does not preclude any other means of changing the permittivity, say electro-optic or acousto-optic). These effects have been observed both in high- Q resonant dielectric structures [Fig. 1(a)] [4–7] and in free propagating waves inside nonlinear epsilon-near-zero (ENZ) media [Fig. 1(b)] [8–12]. Although several nonlinear processes have been shown to be enhanced in ENZ materials [13–15], driving intense research [16,17], rapid and complete frequency conversion or modulation represents a unique opportunity to explore novel applications, especially in imaging, sensing, and telecommunications. Currently, the research on adiabatic frequency shift (AFS) is ongoing and it is not clear which approach (i.e., high- Q resonators or ENZ) is the most appropriate. With that in mind, we explore what characteristics are needed to achieve efficient AFS, giving special attention to ENZ materials, where we find the potential for large frequency

shifts without nanostructuring, at reduced pump intensities, and at smaller lengths compared to previous schemes (Fig. 1). In this, we focus on the role of the group velocity in the development of the AFS process, drawing connections between AFS in ENZ and fields of slow and fast light.

2. ADIABATIC FREQUENCY SHIFT IN ENZ

The underlying cause of AFS due to temporal modulation of the refractive index is rather straightforward: if the refractive index experienced by a probe pulse changes in space or time while crossing the medium, the probe wave vector or frequency will change, respectively. A more general scenario is described in Section S1 of Supplement 1 (Effects of refractive index changes). Considering the general case of a time-varying refractive index discussed here, we investigate the case of a change in refractive index that occurs on a sufficiently short time scale compared to the probe transit time in the medium [τ_{prop} , see Fig. 1(b)], such that the change in frequency of the probe is the dominant effect. Within this case, an AFS can occur (see e.g., Ref [3]) depending on the duration of the refractive index change compared to the probe pulse duration. More specifically, the refractive index must change over a time scale Δt_{change} that is longer than the inverse of the pulse bandwidth $\Delta\omega_{\text{probe}}$ and the inverse of the eigenmode spacing $\Delta\omega_{\text{em}}$, such that only a single mode remains excited and no modulation sideband frequencies are generated within the pulse. In our case (free space propagation), this is simply given by $\Delta t_{\text{change}} > \tau_{\text{probe}}$ where τ_{probe} is the probe pulse width.

Similar arguments can be made for resonant structures, wherein a sufficiently quick change in the index ($\tau_p \gg \Delta t_{\text{change}} \gg \tau_{rt}$, where τ_p is the photon lifetime in the cavity and τ_{rt} is the cavity round trip time) gradually modifies the resonant condition ($k_{\text{res}} = n\pi/L$) and therefore generates phase and amplitude modulation [see Fig. 1(a)].

It is important to mention that the microscopic mechanisms that support AFS are the same that underpin parametric processes, e.g., FWM, taking place in more conventional frequency conversion schemes. In fact, the rapid change of index caused by the pump with a subsequent change in the frequency of the probe can be represented as ultrabroadband FWM by simply applying a

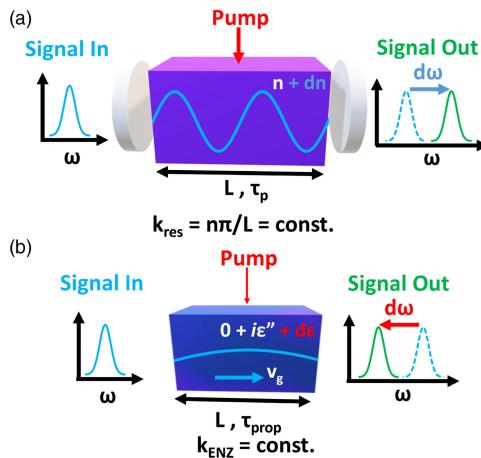


Fig. 1. Adiabatic frequency shift in (a) microcavity (or a photonic crystal) and (b) unstrained epsilon-near-zero medium in which a rapid change of refractive index δn (and permittivity $\delta\epsilon$) causes a frequency shift $d\omega$.

Fourier transform, but describing AFS in the time domain is by far more convenient.

From these adiabatic conditions, we then wish to maximize the frequency shift $\delta\omega$ for a given δn . To accomplish this, one might think to simply differentiate the momentum conservation, or resonance, condition,

$$\omega n(\omega) = k(\omega)c, \quad (1)$$

to obtain

$$\delta(n\omega) = \omega\delta n + n\delta\omega = 0, \quad (2)$$

from which it follows that

$$\delta\omega = -\frac{\delta n}{n}\omega. \quad (3)$$

In other words, if the material has a very small index, then a small change would lead to a very large AFS. With this in mind, we consider the permittivity for ENZ materials that can be written as

$$\epsilon_r(\omega) = \epsilon_\infty \left(1 - \frac{\omega_p^2}{\omega^2 + i\omega\gamma} \right), \quad (4)$$

where ϵ_∞ is the permittivity associated with the valence electrons (band-to-band transitions), $\omega_p = N e^2 / \epsilon_0 \epsilon_\infty m^*$ is the plasma frequency, N is the free carrier density, m^* is the effective mass, and γ is the loss rate (which we shall omit for the sake of simplicity here until comparing with experimental results). As seen from Eq. (4), the permittivity and index of refraction become small in the vicinity of ω_p , giving rise to an ENZ region. By differentiating the index ($n(\omega) = \epsilon_r(\omega)^{1/2}$), the change in the ENZ material's index can be described by

$$\delta n(\omega) = \delta\epsilon(\omega)/2n(\omega), \quad (5)$$

and is found to be quite large since $n(\omega) \rightarrow 0$. By substituting Eq. (5) into Eq. (3), the resulting frequency shift can be described as

$$\delta\omega = -\frac{\delta\epsilon_r}{2n^2}\omega = -\frac{\delta\epsilon_r(\omega)}{2\epsilon_r(\omega)}\omega. \quad (6)$$

Equation (6) states that for a given change of the material's permittivity, the corresponding frequency shift is enhanced in an ENZ environment. However, the robustness of this result will be tested in the following.

3. GROUP VS. PHASE VELOCITY

From Eq. (6), it appears then that an ENZ material is an ideal medium for AFS as has indeed been confirmed by the experimental results [9]. However, a quantitative analysis of AFS in ENZ systems based on Eq. (2) might lead to considerable errors because the adiabatic shift $\delta\omega$ is obtained using only a partial and not a full derivative. A more accurate way to evaluate the refractive index change should account for both the dispersion and the index change experienced by the probe wave as it propagates in the pumped medium as

$$n'(\omega + \delta\omega) - n(\omega) \approx \delta n(\omega) + \delta\omega \frac{dn(\omega)}{d\omega}. \quad (7)$$

Here n' indicates the refractive index after the modulation has occurred, $\delta n(\omega)$ is the change on the linear refractive index

imposed by the external pump (typically optical pulse), and the last term represents the strong dispersion of the material near ENZ. If Eq. (7) is combined with the condition of momentum conservation in Eq. (1), we find

$$\omega n(\omega) \approx (\omega + \delta\omega) \left[n(\omega) + \delta n(\omega) + \delta\omega \frac{dn(\omega)}{d\omega} \right]. \quad (8)$$

From Eq. (8), where the full derivative is taken into consideration, the induced frequency shift is

$$\delta\omega = -\frac{\delta n(\omega)}{n_g(\omega)} \omega, \quad (9)$$

where n_g is the group index given by

$$n_g(\omega) = n(\omega) + \omega \frac{dn}{d\omega}. \quad (10)$$

In this sense, we may also interpret the AFS as the rate at which the additional phase accumulation over the propagation distance $z(t) = v_g t$ changes due to the nonlinear index modulation (where $v_g = c/n_g$ is the group velocity),

$$\begin{aligned} \delta\omega(t) &= -\frac{\partial}{\partial t} \delta\Phi(t) = -\frac{\omega}{c} \frac{\partial}{\partial t} \int_0^{z(t)} \delta n(z) dz \\ &= -\frac{\omega}{c} \frac{\partial}{\partial t} \int_0^t v_g \delta n(t') dt' = -\frac{\omega}{n_g} \delta n(t). \end{aligned} \quad (11)$$

Using this description, we see that Eq. (11) and Eq. (9) are identical, and that the maximum frequency shift is achieved at a time t_{\max} after the pulse enters the material given by Δt_{change} or the propagation time $\tau_{\text{prop}} = L/v_g$, whichever is shorter. Of course, the presence of group rather than phase velocity in the expression for AFS also allows from the interpretation of AFS as a Doppler shift [18].

Now, the group index in ENZ materials is actually very large and can be estimated by multiplying both sides of Eq. (10) by $n(\omega)$ and then using Eq. (4),

$$n(\omega) n_g(\omega) = \varepsilon_r(\omega) + \frac{1}{2} \omega \frac{d\varepsilon_r(\omega)}{d\omega} = \varepsilon_\infty. \quad (12)$$

Substituting Eq. (5) and Eq. (12) into Eq. (9) gives

$$\delta\omega \approx -\frac{\delta\varepsilon_r(\omega)}{2\varepsilon_\infty} \omega, \quad (13)$$

which suggests that no ENZ enhancement for AFS is expected, in opposition to the findings of Eq. (6). However, this conclusion cannot explain the large frequency shift achieved in [8,9]. So, let us dig deeper.

The change in the permittivity for ENZ materials can be induced by varying the carrier density, the average effective mass, and to a lesser extent the “background” dielectric constant ε_∞ . In other words, it amounts to modifying the plasma frequency of the material, i.e., the frequency at which the ENZ condition is achieved. When the frequency of the pump exceeds the bandgap of the ENZ material, such as ITO or AZO, carriers are excited into the conduction band via interband absorption, thereby causing a blueshift of the plasma frequency, which relaxes through recombination processes [13,14]. However, if the energy of the pump is below the bandgap, the interaction tends to redshift the plasma

frequency. This occurs because the intraband absorption process elevates free electrons in the conduction band to high-energy states that have a larger effective mass than states near the bottom of the band due to a non-parabolic dispersion [19]. These carriers then relax through scattering processes lasting on the order of a few hundreds of femtoseconds [20], much faster than interband relaxation, which can extend to one nanosecond (although this time can also be significantly shortened [2,13]). For more information on the microscopic processes occurring in interband and intraband nonlinearities of ENZ materials, we direct the reader to [16,17,19–21].

From the realization that the nonlinearity can be reduced to a modification of the plasma frequency, Eq. (4) may be differentiated against the induced plasma frequency change, while neglecting the damping factor, which yields

$$\delta\varepsilon_r(\omega) = -2\varepsilon_\infty \omega_p \delta\omega_p / \omega^2. \quad (14)$$

Substituting this into Eq. (13) yields a strikingly simple expression,

$$\delta\omega \approx \delta\omega_p \frac{\omega_p}{\omega} \approx \delta\omega_p. \quad (15)$$

In other words, the frequency of the probe beam simply shifts with the entire dispersion curve, described by

$$k(\omega) = \frac{\omega}{c} n(\omega) = \frac{\omega}{c} \sqrt{1 - \frac{\omega_p^2}{\omega^2}} = c^{-1} \varepsilon_\infty^{1/2} \sqrt{\omega^2 - \omega_p^2}. \quad (16)$$

In fact, by enforcing a constant wave vector to Eq. (16), Eq. (15) is obtained, indicating that the frequency of the probe beam follows the plasma frequency as shown in Fig. 2. For intraband nonlinearities, the reduction of the plasma frequency causes a downward shift of the dispersion curve, producing an AFS (downward arrow) that is relatively constant in frequency as predicted by Eq. (15). This is strikingly different from the phase shift enhancement in the ENZ material. In the case of a very slow index change where the frequency is preserved but the wave vector changes as described in Fig. S1(a) of [Supplement 1](#), a large momentum (and phase) change is observed in the ENZ region for a small change of the dielectric constant (see Fig. 2, horizontal arrow). This occurs due to the minimal slope of the dispersion curve as the frequency approaches ENZ.

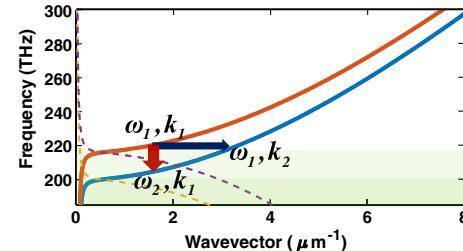


Fig. 2. Adiabatic frequency shift in the material with Drude-like dispersion. As the permittivity changes, the dispersion curve shifts from 1 to 2. If the change of permittivity is very slow, the frequency ω_1 stays unchanged while the wave vector shifts rightward from \mathbf{k}_1 to \mathbf{k}_2 . If the change in permittivity is sufficiently fast, then the wave vector \mathbf{k}_1 remains unchanged while the frequency shifts downward from ω_1 to ω_2 . Also shown are imaginary parts of wave vector (dashed lines), and the tinted regions show the high reflectivity (or “metallic”) region with a negative real part of permittivity.

4. REAL BENEFIT OF ENZ MATERIALS

So, how can one explain the impressive AFSs obtained using ENZ materials [8,9]? The answer brings us back to the propagation expression in Eq. (11). From here, it follows that while the value of the frequency shift $\delta\omega$ for a given $\delta\epsilon$ does not change as a function of the group velocity, the length over which the shift occurs ($L_{\text{change}} \sim v_g \Delta t_{\text{change}}$) is shorter near the ENZ condition due to the slow propagation velocity. Therefore, even if the actual sample length L is shorter than L_{change} , as is the case in the experiments detailed below, a large index change δn will be seen by the probe. This represents a significant advantage, giving rise to three benefits: (1) the potential to use thinner materials, (2) an improved temporal overlap of the light with slower and therefore stronger nonlinearities (as was employed in [8,9]), and (3) a reduction in the pump intensity for a given $\delta\epsilon$, because $\delta\epsilon \sim \chi^{(3)'} E_{\text{pump}}^2$ and the pump energy is compressed in the region of slow propagation $E_{\text{pump}}^2 \sim 2\eta_0 n_g I_{\text{pump}}/\epsilon_\infty$, where I_{pump} and η_0 are the pump intensity and the vacuum impedance, respectively. It is important to note that this enhancement is not intrinsic to ENZ materials as it is entirely due to slow propagation. In fact, the enhancement of third-order nonlinear effects by n_g^2 occurs in all structural (photonic) slow light schemes [22–24] including microresonators [7], where one can simply use cavity finesse in place of n_g to estimate the enhancement. The inherent benefit of ENZ materials is that they offer a similar enhancement over a shorter length that requires no intricate nanofabrication whatsoever, which in our eyes is an enormous advantage in practical applications [20]. Of course, these advantages need to be weighed against the fact that the nonlinearity in ENZ materials is entirely due to absorption, i.e., the scheme is lossy, but as experimental results demonstrate, a high conversion percentage can be achieved (defined as the power of AFS beam divided by the incident probe power).

From this understanding, let us define the figure of merit for AFS as

$$\begin{aligned} \text{FOM} &= -\frac{\delta\omega}{\omega I_{\text{pump}} L} = \frac{\chi^{(3)'} \Delta t_{\text{change}} 2\eta_0 n_g I_{\text{pump}}/\epsilon_\infty}{2\epsilon_\infty I_{\text{pump}} L} \\ &= n_g^2 \frac{\chi^{(3)'} \mu_0}{\epsilon_\infty^2} \approx \frac{\chi^{(3)'} \mu_0}{n^2} = \chi^{(3)'} \epsilon_0 \eta^2. \end{aligned} \quad (17)$$

Here, we use the fact that the third-order susceptibility, when it originates from the excitation of real carriers like in ITO or AZO, can be written as a product of interaction time Δt_{change} and the derivative of susceptibility with respect to time, $\chi^{(3)'} \mu_0$. The latter depends only on the matrix elements of the optical dipole for intraband transitions, and also (as is the case for ENZ) on the nonparabolicity of the conduction band. This derivative does not change significantly from one nonlinear material to another, which explains the well-known fact that slow nonlinearities are stronger than fast processes [4].

Before concluding this theoretical discourse, it is prudent to discuss the region of very small wave vectors in Fig. 2 where the dispersion curve “bends down.” This is the so-called “fast light region” [25] where $d\omega/dk$ is very large and a small change of permittivity indeed yields a frequency shift larger than $\delta\omega_p$. This is an interesting observation, but it is of not much practical importance for two reasons. First, fast light is always associated with high losses as can be seen by looking at the imaginary wave vector (Fig. 2, dashed lines). Of course, losses may be compensated

with gain, but that greatly increases complexity. Second, fast light indicates that no “compression” of energy occurs (in fact just the opposite). Therefore, more pump intensity and/or a “fast light” or “white light” cavity [26] would be needed, which would defeat the purpose of using a simple structure.

It is also worth mentioning that the large impedance mismatch typically associated with ENZ materials naturally limits the input and output energy coupling. Although this has been mitigated in ENZ materials by simultaneously reducing the permeability μ_0 to maintain an impedance match (ENZ and mu-near-zero materials [27]), as can be seen in Eq. (17), such an approach will ultimately cancel the desired AFS enhancement. This can be realized from another angle as well. Following Eq. (12), the relation between the group index and relative impedance can be obtained, $n_g = \epsilon_\infty \eta_r$ where $\eta_r = \sqrt{\mu_r/\epsilon_r}$.

In this sense, ENZ materials do have a weakness of being difficult to couple into (which is no different from photonic slow light structures [5]). However, the magnitude of the mismatch is naturally limited by the losses inherent in the material and can be further mitigated through the excitation of the material at the Brewster angle with p -polarized light, coupling into Brewster or ENZ modes within the material [28], or utilizing a short graded permittivity matching layer.

5. EXPERIMENTAL VERIFICATION

The description of AFS in ENZ materials presented has also been experimentally verified with a pump–probe experiment as depicted in Fig. 3(a). We find good agreement with the model apart from a correction that will be detailed below. The permittivity of a 900 nm thick oxygen-deprived aluminum-doped zinc oxide film (AZO) was characterized from 1150 nm to 1550 nm, in the vicinity of the ENZ region, by recording the reflected (R) and transmitted (T) power of a probe pulse with calibrated photodiodes. The probe wavelength was tuned by an optical parametric amplifier while maintaining a nearly constant pulse duration of ~ 100 fs (full width at half-maximum). From the values of $R(\lambda)$ and $T(\lambda)$, the linear values of the $\text{Re}\{\epsilon_r(\lambda)\}$, shown in Fig. 3(d) with green crosses, and $\text{Im}\{\epsilon_r(\lambda)\}$ are extracted using an inverse transfer matrix method [14,29]. The complex permittivity values [the green solid line in Fig. 3(d)] are then fitted by the Drude model in Eq. (4) to extract ϵ_∞ , ω_p , and γ . To improve the fitting conditions, ω_p and γ were first obtained by fitting the ratio $\text{Re}\{\epsilon_r\}/\text{Im}\{\epsilon_r\}$. The same procedure is then applied to establish the permittivity and the parameters of the best-fit Drude model in the case of an optically excited sample. In this case, R and T have been measured at the pump–probe delay for which the pump-induced shift of the probe wavelength is maximized.

The nonlinear excitation was produced using pump pulses at 785 nm with ~ 115 fs duration and intensity up to 1.3 TW/cm^2 . We note that in this case, the pump pulse is not in the ENZ region. Three different pump intensities were tested in this experiment, $I_1 = 440 \text{ GW/cm}^2$, $I_2 = 870 \text{ GW/cm}^2$, and $I_3 = 1300 \text{ GW/cm}^2$. The colored crosses show the real part of the permittivity for these three cases in Fig. 3(b), along with the fitted Drude dispersion (solid lines). For a lossless medium, the plasma frequency corresponds to the case when $\text{Re}\{\epsilon_r(\omega_p)\} = 0$. These occur for the linear (unpumped) case at a wavelength of 1306 nm and for the three optically excited cases at $\lambda_1 = 1337 \text{ nm}$, $\lambda_2 = 1393 \text{ nm}$, and $\lambda_3 = 1456 \text{ nm}$, as shown in Fig. 3(d). From this data, it can be clearly seen that the plasma frequency

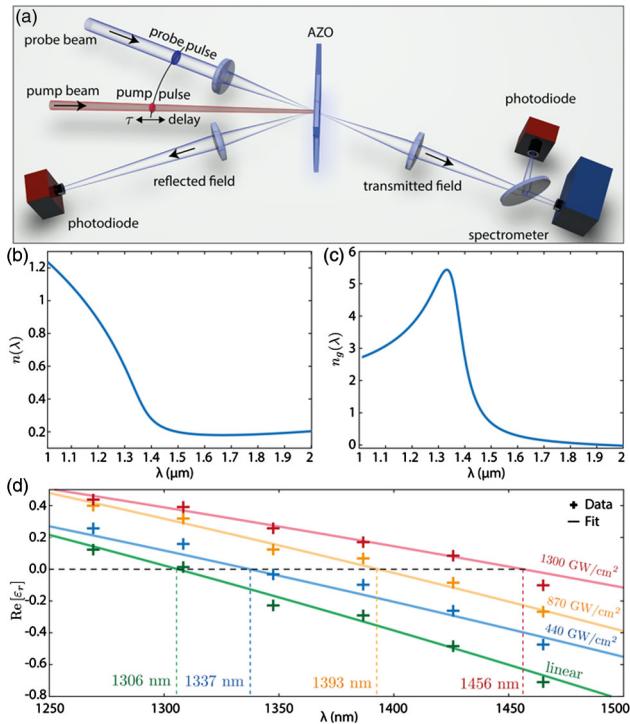


Fig. 3. (a) Shows a sketch of the experimental setup. A 785 nm laser pulse train of ~ 115 fs duration and intensity up to 1.3 TW/cm^2 excites a 900 nm thick AZO film at 100 Hz repetition rate. The reflection and transmission signals are recorded with calibrated photodiodes for a probe pulse with a wavelength that is tuned between ~ 1250 nm and ~ 1500 nm. The spectrum of the transmitted pulse is recorded with a spectrometer. (b) Linear index and (c) group index of the AZO sample as a function of wavelength. (d) shows the measured values for the real part of the permittivity (crosses) at different pump intensities (green, no pump; blue, $\sim 440 \text{ GW/cm}^2$; orange, $\sim 870 \text{ GW/cm}^2$; red, $\sim 1304 \text{ GW/cm}^2$). The solid lines of corresponding colors are obtained from a fit with a Drude model.

(wavelength in the figure) shifts under the action of an intense pulsed excitation, enabling the potential for AFS as described by Eq. (15).

To predict the frequency shift of the probe, we considered Eq. (9), which estimates the frequency shift based on the measured value of δn as opposed to the fitted Drude permittivity. Moreover, this approach holds in the general case where the dispersion is not solely modeled by a Drude relation. We measured time-resolved changes in the probe reflection and transmission as a function of the pump–probe delay τ for three different probe wavelengths (1155 nm, 1285 nm, and 1455 nm) and at three different pump peak intensities (440 GW/cm^2 , 650 GW/cm^2 , and 870 GW/cm^2). Negative τ represents the case where the probe precedes the pump. From the time-resolved $\Delta R(\tau)$ and $\Delta T(\tau)$ data, shown in Figs. S2(a)–S2(h) in [Supplement 1](#), we calculated the change in the refractive index δn shown in Figs. S2(c)–S2(i) of [Supplement 1](#). We assume that the refractive index change occurs within a time Δt_{change} , which is the time it takes for the index to go from n to $n + \delta n$. Considering the measurements in Fig. S2 of [Supplement 1](#), $\Delta t_{\text{change}} \sim 50$ fs.

The probe pulse, however, experiences a time-varying medium for the limited time it crosses the sample, $\tau_{\text{prop}} = L n_g / c$. For the three wavelengths considered, these correspond to τ_{prop} (1150 nm) ~ 10 fs, $\tau_{\text{prop}}(1285 \text{ nm}) \sim 15$ fs, and $\tau_{\text{prop}}(1455 \text{ nm})$

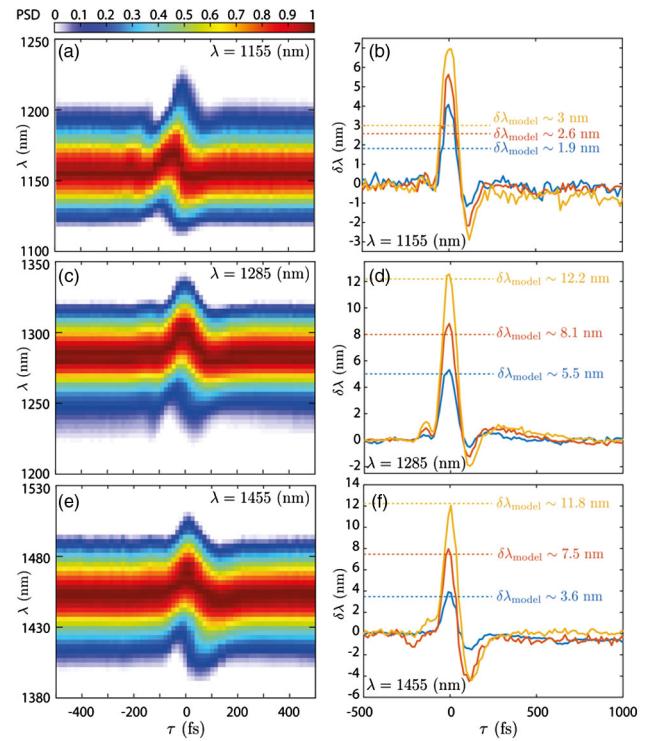


Fig. 4. (a), (c), and (e) show the spectrum (power spectral density, PSD) of a probe pulse as a function of the pump–probe delay τ for three different input central wavelengths (1155 nm, 1285 nm, 1455 nm, respectively) for a pump pulse of $I_p \sim 870 \text{ GW/cm}^2$ peak intensity. (b), (d), and (f) show the probe carrier wavelength in function of the pump–probe delay for the three input wavelengths mentioned above, and for three different pump peak intensities (blue, 440 GW/cm^2 ; orange, 650 GW/cm^2 ; yellow, 870 GW/cm^2). The dashed lines are the wavelength shifts predicted by the model, based on the measured δn shown in Fig. S2 of [Supplement 1](#).

~ 3.5 fs. Since $\tau_{\text{prop}} < \Delta t_{\text{change}}$, Eq. (9) should be modified to account for the effect of the short sample by including a scaling term $\tau_{\text{prop}} / \Delta t_{\text{change}}$. Including this term into Eq. (9), the probe frequency shift is then

$$\delta\omega \sim -\omega L \delta n / (c \Delta t_{\text{change}}). \quad (18)$$

The probe pulse spectra (power spectral density) as a function of the pump–probe delay for three different probe wavelengths and pump intensity $I_p \sim 870 \text{ GW/cm}^2$ are shown in Figs. 4(a), 4(c), and 4(e). Here, we see a clear shift of the entire pulse spectrum, as expected for the AFS process. In Figs. 4(b), 4(d), and 4(f) the frequency shift of the spectral center of mass at different powers and probe wavelengths is shown as a function of the pump–probe delay. Overlapped, we also show the shift of the wavelength predicted by the model (dashed lines), based on the measured δn . The model is able to accurately predict the peak value and intensity dependence of the frequency shift for the two longer wavelengths (1285 and 1450 nm) while capturing the trend in the dielectric regime (1155 nm) although the magnitude is underestimated. This discrepancy at 1155 nm is attributed to a reduced signal-to-noise ratio in the measurement of R and T , and, therefore δn , which directly impacts the predicted frequency shift magnitude. The good agreement between the predicted and measured peak values confirms the validity of the proposed model with the inclusion of the reduction term that arises in the case $\tau_{\text{prop}} < \Delta t_{\text{change}}$.

One final point for the AFS in Figs. 4(b), 4(d), and 4(f) is the small negative shift of wavelength following the pump pulse. This is expected as probe pulses entering the material after the peak change in the index only experience a blueshift in the plasma frequency, giving rise to a frequency shift of the opposite sign to the excitation. The magnitude of this effect is $\sim 3 \times$ weaker because the relaxation is $\sim 3 \times$ slower, such that the ratio $\tau_{\text{prop}}/\Delta t_{\text{change}}$ is reduced.

6. CONCLUSIONS

In conclusion, we have developed a simple model for the AFS that pinpoints the key role played by the group velocity (and not phase velocity as previously believed). Specifically, a reduced group velocity enables the same AFS shift to be achieved in a thinner sample, with less pump energy, and without intricate nanofabrication. This conclusion has been verified experimentally, demonstrating adiabatic shifts of the entire probe pulse spectrum by up to 18 nm and validating the process model with the introduction of a correction factor $\tau_{\text{prop}}/\Delta t_{\text{change}}$ to account for the short sample. However, it is important to note two final remarks. First, with this short sample correction, the group index of the probe cancels and does not directly manifest in the fitting of the experimental data [see Eq. (18)]. In this sense, the role of group velocity is somewhat hidden, and ultimately its effect is to enable the AFS process to occur in thin samples and under longer time scales than would generally be observed. Second, the AFS process can be further enhanced by placing the pump within the ENZ regime. In this case, the slow light effect will enhance the electric field of the pump (due to temporal compression) and maximize the δn produced in the sample.

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See [Supplement 1](#) for supporting content. The data to support this manuscript are available at [\[30\]](#).

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