

1 Conformational states of the cytoprotective protein Bcl-xL

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19 20 21 22 **SIGNIFICANCE**

23 The human protein Bcl-xL is a key regulator of programmed cell death in health and disease. Structural
24 studies, important for understating the molecular basis for its functions, have advanced primarily by
25 deleting both the long disordered loop that regulates its activity and the C-terminal tail that anchors the
26 protein to intracellular membranes. Here we describe the preparation and conformations of full-length
27 Bcl-xL in both its water-soluble and membrane-anchored states. The study provides new biophysical
28 insights about Bcl-xL and its greater Bcl-2 protein family.

29 30 31 **ABSTRACT**

32 Bcl-xL is a major inhibitor of apoptosis, a fundamental homeostatic process of programmed cell death
33 that is highly conserved across evolution. Because it plays prominent roles in cancer, Bcl-xL is a major
34 target for anti-cancer therapy and for studies aimed at understanding its structure and activity. While
35 Bcl-xL is active primarily at intracellular membranes, most studies have focused on soluble forms of the
36 protein lacking both the membrane-anchoring C-terminal tail and the intrinsically disordered loop, which
37 has resulted in a fragmented view of the protein's biological activity. Here we describe the conformation
38 of full-length Bcl-xL. Using nuclear magnetic resonance (NMR) spectroscopy, molecular dynamics (MD)
39 simulations, and isothermal titration calorimetry (ITC), we show how the three structural elements affect
40 the protein's structure, dynamics and ligand binding activity in both its soluble and membrane-anchored
41 states. The combined data provide information about the molecular basis for the protein's functionality
42 and a view of its complex molecular mechanisms.

44 INTRODUCTION

45 Bcl-xL, a key suppressor of cell death in cancer, is a member of the Bcl-2 family of apoptosis regulatory
46 proteins (1) and represents an important target for structural studies aimed at understanding its
47 functional mechanisms (2, 3). Bcl-xL localizes predominantly to the mitochondrial outer membrane (4-7)
48 but it also appears to exist in dynamic equilibrium between cytosolic and membrane-associated
49 populations (8, 9). Its cytoprotective activity is associated with its ability to bind cytotoxic Bcl-2 proteins,
50 thereby preventing their association with mitochondria and blocking mitochondrial membrane
51 permeabilization and destabilization (10).

52 The first structures of Bcl-xL (11, 12) provided the framework for understanding how the Bcl-2 family
53 proteins regulate apoptosis. Bcl-xL shares sequence and structural similarity with other Bcl-2 family
54 members. Eight amphipathic α -helices, spanning four Bcl-2 homology (BH) motifs, fold to form a
55 soluble globular head domain in which a surface-exposed hydrophobic groove serves as the primary
56 binding site for the BH3 motifs of pro-apoptotic Bcl-2 ligands. A C-terminal tail is required for both
57 membrane association and cytoprotective activity (9). Moreover, an intrinsically disordered loop located
58 between helices α 1 and α 2 carries multiple sites for post-translational modifications – phosphorylation,
59 deamidation and cleavage by caspases – that can dial the protein activity from cytoprotective to
60 cytotoxic (13-34).

61 Structural studies have focused primarily on truncated forms of Bcl-xL lacking the C-terminal tail and/or
62 the disordered loop (11, 12), which provides an incomplete view of the protein. Previously, we showed
63 that the tail forms a transmembrane α -helix that anchors Bcl-xL to the lipid bilayer membrane while
64 maintaining both the canonical structure of the globular head domain and its high-affinity for BH3
65 ligands (35, 36). The same conformation was observed for a construct where the C-terminal tail was
66 connected to the head via a flexible sortase-A linker (37). Nevertheless, the roles of the disordered loop
67 and tail have not been explored in the context of native, intact Bcl-xL, and precisely how the three
68 protein components – head, tail and loop – work together to coordinate biological function in the
69 cytosolic and membrane-anchored states remains incompletely understood. Here we combine data
70 from nuclear magnetic resonance (NMR) spectroscopy, molecular dynamics (MD) simulation, and
71 isothermal titration calorimetry (ITC) to describe how the three structural elements affect the structure
72 and activity of soluble and membrane-anchored Bcl-xL.

74 MATERIALS AND METHODS

75 **Protein Preparation and nanodisc preparation.** The Bid_{BH3} peptide, corresponding to residues 80-99
76 in the BH3 domain of human Bid, was obtained commercially (GenScript) and dissolved directly in
77 aqueous buffer. The MSP1D1 Δ h5 protein used for nanodisc preparation was produced in *E. coli* as
78 described (38). Four sequences of Bcl-xL were prepared (Fig. S1A, B). Bcl-xL- Δ L Δ C (residues 1-43,
79 85-212) was expressed and purified as described previously (35, 36). Bcl-xL- Δ L (residues 1-43, 85-
80 233), Bcl-xL- Δ C (residues 1-212), and full-length Bcl-xL (residues 1-233) were expressed and purified
81 with an intein expression system (39) as follows.

82 The DNA sequences were cloned into the NdeI and SapI restriction sites of the pTYB1 vector (New
83 England Biolabs). This resulted in the C-terminus of Bcl-xL becoming fused to the N-terminus of the
84 intein from *Saccharomyces cerevisiae* VMA1, followed by a chitin-binding domain from *Bacillus*
85 *circulans*, which serves as affinity tag. Plasmids were transformed in *E. coli* BL21(DE3) cells, and cells
86 were grown in M9 minimal media containing (¹⁵NH₄)₂SO₄ and ¹³C-glucose (Cambridge Isotope
87 Laboratories) to obtain ¹⁵N/¹³C labeled protein. Cells were grown to OD₆₀₀=0.8, at 37°C, then induced
88 with 1 mM isopropyl 1-thio- β -D-galactopyranoside and incubated with shaking at 18°C overnight. After
89 harvesting by centrifugation (7,200 x g, 4 °C, 15 min) the cells were stored overnight at -80 °C. Cells
90 harvested from 1 l of culture were suspended in 30 ml of buffer A (25 mM Tris-Cl pH 8, 150 mM NaCl,
91 1 mM EDTA) and lysed by three passes through a French press. The soluble extract was applied to
92 10 ml of chitin beads (New England Biolabs) equilibrated with chilled buffer A, and bound protein was
93 washed extensively with buffer A. Cleavage of the intein from Bcl-xL was obtained by adding 20 ml of

94 30 mM dithiothreitol (DTT) in buffer A, and incubating the beads overnight, at 4°C, with gentle rocking.
95 Cleaved Bcl-xL was eluted from the beads with buffer A and analyzed by SDS-PAGE.

96 For Bcl-xL-ΔC, the eluted fraction was concentrated and further purified by size exclusion
97 chromatography (HiLoad 16/60 Superdex 75 column; GE Healthcare) in NMR buffer (25 mM Na-
98 phosphate pH 6.5, 1 mM EDTA, 2 mM DTT). Protein fractions were verified by SDS PAGE and then
99 transferred into NMR buffer by centrifugal concentration (Amicon Ultra 15 concentrator with 10 kD
100 cutoff; Millipore) and stored at 4°C.

101 In the case of full-length Bcl-xL, the chitin elution fraction contained a substantial amount (~90%) of
102 insoluble protein, which had to be removed by centrifugation (20,000 x g, 4°C, 30 min) before further
103 purification. The soluble fraction was purified as described for Bcl-xL-ΔC. The insoluble fraction was
104 dissolved in buffer B (25 mM Tris-Cl pH 8, 150 mM NaCl, 1 mM EDTA, 2 mM DTT, 6 M urea, 10 mM
105 SDS) and then purified using size exclusion chromatography (HiLoad 16/600 Superdex 200; GE
106 Healthcare) in buffer B. Purified protein was verified by SDS PAGE, then precipitated by dialysis
107 against water, lyophilized and stored at -20°C.

108 Bcl-xL and Bcl-xL-ΔL were reconstituted in nanodiscs, starting from either soluble or insoluble purified
109 protein, as described (35, 36). The nanodiscs contained 2 mg of Bcl-xL and had a protein to lipid molar
110 ratio of 1:100. The membrane was composed of a 4:1 molar mixture of dimyristoyl-phosphatidylcholine
111 (DMPC) and dimyristoyl-phosphatidylglycerol (DMPG). Bcl-xL nanodiscs were transferred to NMR
112 buffer using an Amicon centrifugal concentrator.

113 **NMR experiments.** Solution NMR experiments were performed on a Bruker Avance 600 MHz
114 spectrometer with a ¹H/¹⁵N/¹³C triple-resonance Bruker cryoprobe. Chemical shifts were referenced to
115 water (40). The ¹⁵N, ¹HN, ¹³CA and ¹³CB resonances in the spectra of Bcl-xL-ΔC were assigned using
116 ¹H/¹⁵N/¹³C triple-resonance HNCA (41) and HNCACB (42) experiments, and were deposited in the
117 BMRB database (BMRB ID 50276). *Ab initio* resonance assignments for soluble and nanodisc-
118 associated full-length Bcl-xL were precluded by low solubility and low sensitivity. The ¹⁵N and ¹HN
119 resonances of the soluble and nanodisc-associated states of native full-length Bcl-xL were assigned by
120 direct comparison with the chemical shifts of Bcl-xL-ΔC assigned in this study, and of Bcl-xL-ΔLΔ(219-
121 233) assigned previously (BMRB ID 25466) (35). Secondary structure was characterized by analyzing
122 the chemical shifts with TALOS+ (43, 44). Combined chemical shift perturbations of ¹H and ¹⁵N signals
123 (ΔHN) were calculated as: $\Delta HN = [(\Delta H)^2 + (\Delta N/5)^2]^{1/2}$. The NMR data were processed using TopSpin
124 (Bruker) and analyzed using CCPNMR (45).

125 **MD simulations.** All-atom MD simulations were performed using the CHARMM36 force fields for
126 protein and lipids (46-48), with the TIP3P water model (49), as described (50). Briefly, all systems were
127 prepared using CHARMM-GUI *Solution Builder* and *Membrane Builder* (51-54), and equilibrated with
128 the CHARMM-GUI standard protocol. The temperature and pressure were maintained at 303.15 K and
129 1 bar. MD production simulations were conducted with OpenMM (55) for 1 μs, and the last 500 ns of
130 trajectories were used for analysis.

131 The initial structural models were generated as follows (Fig. S2). For soluble Bcl-xL, the head domain
132 was taken from the structure (PDB 1BXL) of the Bcl-xL/Bak-BH3 complex which has both tail (residues
133 210-233) and loop (residues 45-84) deleted (12). The loop (residues 21-86) was taken from the
134 structure (PDB 1LXL) of tail-truncated Bcl-xL (11). The helical tail (residues 210-233) was taken from
135 the NMR structure (PDB: 6X7I) of the membrane-embedded C-terminal tail (36, 37) and docked in the
136 BH3 groove by sequence-based alignment with the coordinates of the Bak-BH3 helix in the complex.
137 The resulting model was solvated in water with 50 mM NaCl. The systems for MD simulation contained
138 29,324 water molecules and a total of 91,620 atoms, in a 100 Å x 100 Å x 100 Å box.

139 For membrane-anchored Bcl-xL, the head domain was taken from the structure (PDB 1LXL) of tail-
140 truncated Bcl-xL (11), and the helical tail (residues 210-233) was taken from the NMR structure (PDB:
141 6X7I) (36) and then embedded in a phospholipid bilayer composed of a 4:1 molar ratio of DMPC and
142 DMPG, surrounded by water with 50 mM NaCl. The systems for MD simulation contained 156 DMPC,
143 39 DMPG, and 16,802 water molecules and a total of 76,804 atoms, in a 100 Å x 100 Å x 150 Å box.

144 Five MD simulations were performed for each of the soluble and membrane-anchored states of Bcl-xL.
145 For soluble Bcl-xL, the starting model was equilibrated for 100 ns and then used to seed five separate
146 trajectories. For membrane-anchored Bcl-xL, five initial replicas were generated by moving the protein,
147 embedded in the membrane with CHARMM-GUI, out of the membrane by 1Å, 2Å, 3Å and 4 Å along the
148 z axis. These starting models also had different initial positions of the lipid molecules. This setup
149 ensures that each MD run represents a distinct independent experiment.

150 The orientation of each helix relative to the membrane normal was obtained by calculating the
151 geometry center (g) for the backbone heavy atoms of each overlapping set of four consecutive residues
152 (residues $i - i+3$, $i+1 - i+4$, $i+2 - i+5$, ...) along each helix, and then fitting them to a single vector by
153 linear regression. For each n-residue helix there are $g=n-3$ overlapping geometry centers.

154 **Isothermal Titration Calorimetry.** Isothermal titration calorimetry experiments were performed using a
155 Microcal iTC200 instrument at 23 °C, with 15-30 μM Bcl-xL in the ITC cell and 200-350 μM Bid_{BH3}
156 peptide in the injection syringe, in NMR buffer. Protein and peptide concentrations were estimated from
157 absorbance at 280 nm. The data were analyzed using Microcal ORIGIN software. Dissociation
158 constants (Kd) were derived by fitting the data to a single-site binding model. Control titrations were
159 performed by titrating peptide into either buffer or empty nanodiscs in buffer without Bcl-xL (Fig. S3).

160

161 RESULTS AND DISCUSSION

162 **Conformation of soluble Bcl-xL.** We expressed and purified wild-type, full-length Bcl-xL using an
163 intein-based *E. coli* expression system (39) that drives target protein production as an N-terminal
164 fusion. Previously, we showed that expression systems with the reverse configuration, where Bcl-xL is
165 the C-terminal fusion partner, result in truncation after M218 (36). The intein system, by contrast, yields
166 intact, soluble Bcl-xL as confirmed by SDS-PAGE and mass spectrometry (Fig. S1C, D). The protein
167 solubility is low (~10%) and Bcl-xL accumulates predominantly (90%) in the insoluble cellular fraction.
168 As noted previously, however, both the soluble or insoluble fractions of Bcl-xL can be purified and
169 homogeneously refolded in lipid bilayer membranes (35, 36).

170 In the concentration range of ~60-100 μM, soluble Bcl-xL is predominantly monomeric (Fig. S1E) and
171 yields well-resolved NMR spectra (Fig. 1A). This result is in line with the very high (~600 μM)
172 dissociation constant for dimer formation that has been reported based on fluorescence quenching
173 experiments (56). In cells and *in vitro*, soluble Bcl-xL has been proposed to form dimers in which the tail
174 of one monomer associates with the BH3-binding groove of the other (56, 57). *In vitro*, however, the
175 ¹H/¹⁵N NMR spectra show no evidence of such dimerization.

176 The ¹H/¹⁵N NMR spectrum of full-length Bcl-xL is similar to that of tail-truncated protein (Bcl-xL-ΔC),
177 indicating that the tail does not disrupt the general three-dimensional fold. Limited protein solubility and
178 relatively low NMR signal intensity precluded *de novo* resonance assignment and structure
179 determination, but several signals could be assigned by direct spectral comparison with the spectrum of
180 Bcl-xL-ΔC (Table S1). In both cases, the spectrum is dominated by signals from the α1-α2 loop at
181 25°C, while raising the temperature to 45°C caused most tail peaks to disappear, indicating the
182 presence of amide hydrogen exchange with water and/or conformational dynamics in the μsec-msec
183 time scale for this region of the protein.

184 The chemical shift differences between tail-truncated and full-length Bcl-xL (Fig. 1B) are localized to
185 specific proteins sites - in α2, α3, the α4-α5 loop and the end of α7 - that coincide primarily with the
186 BH3-binding groove. The NH signals from G94, G138 and F146 are sentinels of the interactions of
187 short BH3 peptides with the groove (58), while W169 and sites near the start of α6 are sensitive to
188 more extensive engagement of the groove with longer BH3 peptides (58). Moreover, while most tail-
189 induced perturbations localize to the folded domain, some are also observed in the long α1-α2 loop, at
190 the polar opposite end of the BH3-binding groove. Overall, the NMR data reflect a protein conformation
191 in which the tail associates with the groove and the conformational rearrangements associated with the
192 tail-groove interaction are relayed to the loop.

193 To gain molecular insights about this soluble state of Bcl-xL we generated a protein model based on
194 the NMR data and the existing structural information, and we performed all-atom MD simulations in
195 aqueous solution. The initial model (Fig. S2D) was templated from the structure of the Bcl-xL/Bak-BH3
196 complex (Fig. S1A) (12), which lacks both tail (residues 210-233) and loop (residues 45-84) but has a
197 BH3-bound head conformation, while the random conformation of the loop was taken from the structure
198 of tail-truncated Bcl-xL (Fig. S1B) (11). The tail was taken from the NMR structure of the isolated C-
199 terminal peptide (36, 37) and positioned in the groove by sequence-based alignment with the BH3
200 peptide in the Bcl-xL-Bak complex (12), noting that the Bcl-xL tail is restrained to bind the groove in the
201 opposite sense to BH3 peptides, in a manner analogous to Bax (39). Five independent simulations
202 were initiated from this model. After 1- μ s MD simulation (Fig. 1C) the helical tail is associated with the
203 surface groove, and helices α 3 (residues 108-111) and α 8 (residues 198-205) have unraveled to
204 accommodate the tail. Notably, the loop undergoes a dramatic condensation from its initial extended
205 structure, and packs loosely against α 1 in the final conformation (Fig. 1C, Fig. S2D).

206 Within the limitations that our starting model for MD is not an experimentally determined structure of
207 full-length Bcl-xL, and that our MD trajectories span a limited time scale of 1 μ s, the resulting
208 conformation is consistent with the NMR data and provides molecular insights about the cytosolic state
209 of Bcl-xL. Viewed in the context of the MD simulation models, the $^1\text{H}/^{15}\text{N}$ chemical shift differences
210 between tail-truncated and full-length Bcl-xL map predominantly to the BH3-binding groove, covering its
211 entire topological length from G196 at one end to T115 at the other (Fig. 1C). The perturbation profile is
212 reminiscent of, yet distinct from, the well-known high-affinity association of the groove with short BH3
213 peptides (58), which bind in the opposite sense with their N-terminus near the start of α 4 (Fig. S2A).
214 The large tail-induced chemical shift perturbations observed near residues 198-205 parallel the
215 unraveling of α 8 produced in the MD simulation. The NMR and MD data combined, demonstrate that
216 the effects of the tail-groove interaction propagate allosterically from the groove, at one end of the Bcl-
217 xL molecule, to α 1 and the loop at the polar opposite end: association of the tail with the α 3- α 4 turn
218 (T115) is sensed by α 5- α 6 sites (L162, E158, W169) one level below, and relayed to loop sites (F27,
219 S28) two levels below (Fig. 1C, Fig. S3). As noted for Bcl-xL- Δ C (34), the data indicate that the loop,
220 while disordered, is not totally conformationally disconnected from the head.

221 **Membrane-anchored Bcl-xL.** To examine the effects of the loop and tail on the membrane-anchored
222 state of Bcl-xL, we reconstituted full-length protein in lipid bilayer nanodiscs, prepared with a 4/1 molar
223 mixture of DMPC/DMPG, and the short membrane scaffold protein MSP1D1 Δ h5 (38). Size exclusion
224 chromatography demonstrates that these Bcl-xL nanodiscs are homogeneously sized and have an
225 apparent diameter similar to empty nanodiscs (Fig. S1E). The resulting $^1\text{H}/^{15}\text{N}$ NMR spectrum is very
226 similar to that of loop-deleted Bcl-xL (Fig. 2A), indicating that the native full-length protein adopts a
227 similar membrane-anchored conformation, with its C-terminal tail inserted across the nanodisc
228 membrane. The data also demonstrate that reconstitution of the native protein sequence in lipid
229 bilayers results in homogeneously folded preparations suitable for structural studies, without the need
230 for non-native modifications of the sequence (37).

231 Notwithstanding the similarities between the NMR spectra of Bcl-xL and Bcl-xL- Δ L in nanodiscs, many
232 differences are also apparent (Fig. 2B). Marked perturbations map to the loop excision sites in Bcl-xL-
233 Δ L (residues E44 and A85), as expected, but prominent changes are also observed at more distal sites,
234 specifically, residues 23-28 at the start of the loop, as well as α 1, α 2, α 3, α 7 and α 8. The effect of the
235 loop on the head is similar to that reported for soluble tail-truncated protein where the loop was shown
236 to cause a subtle repositioning of α 3 (34). The NMR data indicate that similar head-loop contacts are
237 present in the membrane-anchored state of Bcl-xL.

238 Comparison with the NMR spectrum of soluble Bcl-xL- Δ C reveals the effects of membrane anchoring
239 on the protein conformation (Fig. 2C). In this case, the chemical shift differences (Fig. 2D) map to the
240 BH3-binding groove as well as the linker connecting α 7 to the helical transmembrane tail. Interestingly,
241 some perturbations are also observed in the loop, suggesting that the membrane lipids interact with
242 both the globular head and loop of Bcl-xL.

243 To gain molecular insights about the membrane-anchored state, we performed all-atom MD simulations

244 of the protein in a lipid bilayer membrane with similar 4/1 molar composition of DMPC/DMPG as the
245 experimental nanodiscs. The starting structural model was generated by appending the NMR structure
246 of the membrane-inserted tail (36, 37) to tail-truncated Bcl-xL (11), and positioning it across the lipid
247 bilayer (Fig. S2E, F). Five independent simulations were initiated from this model, each with different
248 initial positions of the membrane lipids and different depth of tail insertion across the membrane. After
249 1- μ s MD simulation, all five replicas remain membrane-embedded, and the protein adopts a preferred
250 orientation in the membrane (Fig. 2E, F). The tail helix spans residues 207-230 and adopts a marked tilt
251 of $\sim 36^\circ$ relative to the membrane normal (Fig. S4). Notably, the head also adopts a preferred average
252 orientation that places the BH3-binding groove near the membrane surface while keeping it accessible
253 to the aqueous milieu.

254 **Protein dynamics.** NMR peak intensities provide a measure of a protein's propensity for chemical
255 exchange and/or conformational flexibility in the μ s-ms time scale. The soluble and membrane-
256 anchored states of Bcl-xL exhibit generally similar $^1\text{H}/^{15}\text{N}$ peak intensity profiles (Fig. 3A). In both cases,
257 the highest intensity sites coincide with the loop, in line with the absence of both electron density in the
258 crystal structure and medium- to long-range NOEs in the NMR spectra for this region of the tail-
259 truncated protein (11). In the case of soluble Bcl-xL, higher intensity is also apparent for the $\alpha 3$ - $\alpha 4$ and
260 $\alpha 7$ - $\alpha 8$ regions, in line with helix unfolding at $\alpha 3$ (residues 108-111) and $\alpha 8$ (residues 199-205) to
261 accommodate binding of the tail into the BH3 groove. For membrane-anchored Bcl-xL, higher intensity
262 at residues 199-205 reflects the formation of a flexible linker that enables the head to reorient freely
263 relative to the nanodisc membrane and allows the solution NMR spectrum to be detected. In both
264 states, the intensity profile peaks at E39, S62 and R78, and exhibits distinct reduction around A50 and
265 V65. The first half of the loop contains multiple negatively charged Glu and Asp residues whose
266 mutually repulsive interactions may contribute to disorder and flexibility.

267 The intensity profile is more extremely defined for the membrane-anchored state. When each plot is
268 internally normalized relative to the signal intensity from G24, a well resolved signal that can be
269 measured with high accuracy, the maximum intensity of the membrane state is 10 times greater than
270 that of the soluble state. We attribute this effect to the substantially slower overall tumbling rate of the
271 nanodisc assembly (35), which causes general broadening and intensity reduction of NMR signals from
272 the tail and head domains. It is, nevertheless, also possible that increased loop flexibility and/or
273 hydrogen exchange rates are present in membrane-anchored Bcl-xL and contribute to this effect.

274 The MD simulations provide useful insight in this regard. The time-averaged root mean-square
275 fluctuations (RMSF) calculated for heavy atoms over the last 500 ns of MD trajectories (Fig. 3B) parallel
276 the experimental intensity profiles for all five replicas. The similarities with the NMR data are
277 remarkable. As observed experimentally, both states have reduced fluctuations in the middle of the
278 loop but the loop in the membrane-anchored state is twice as flexible as the soluble state. Importantly,
279 this dynamic profile is observed across all five replicas of each state. Consistent with this observation,
280 the conformation of the loop is compacted around $\alpha 1$ in solution and somewhat more expanded in the
281 membrane. For membrane-anchored Bcl-xL, the very high RMSF of residues 199-233 parallels the
282 unraveling of $\alpha 8$, and the motional decoupling of head and tail dynamics on the nanosecond time scale
283 that is observed experimentally by NMR (35)

284 The profile of intramolecular contact frequencies (Fig. 3C), also calculated for heavy atoms over the last
285 500 ns of MD trajectories, further reveals that residues in the middle of the loop make frequent contact
286 with other protein sites in the folded head domain, providing an explanation for their reduced flexibility
287 compared to the rest of the loop in both soluble and membrane-anchored protein states. This is in line
288 with the observation of ^1H - ^1H NOE cross-peaks between the folded head and the W57 side chain in a
289 deamidation mimicking loop mutant of soluble tail-truncated Bcl-xL (34). In the membrane-anchored
290 state, this region of the loop also has some, albeit infrequent, encounters with the membrane surface
291 (Fig. 3C), suggesting that fluctuations between contacts with the membrane and contacts with protein
292 sites could contribute to enhanced loop dynamics. The contact map of membrane-anchored-Bcl-xL
293 further reflects substantial contacts between sites in the BH3-binding groove – particularly $\alpha 2$ - $\alpha 4$ – and
294 the membrane lipids, including both the polar headgroups and hydrophobic acyl chains. This is in line

295 with the experimental membrane-induced chemical shift perturbations (Fig. 2D) and the preferred
296 orientation of the head domain at the membrane surface (Fig. 2F). This feature is observed for all five
297 independent trajectories (Fig. S5), although the frequency of membrane interaction with the head
298 diminishes progressively for trajectories that were initiated after 1 Å increment translation from the
299 membrane.

300 ***The loop and tail modulate the ligand binding activity of Bcl-xL.*** To examine the effects of the loop
301 and tail on the BH3 binding characteristics of Bcl-xL, we performed ITC experiments with a peptide
302 spanning residues 80-99 of the Bid BH3 motif (Bid_{BH3}). All binding isotherms reflect the 1:1 binding
303 stoichiometry documented for the association of BH3 ligands with cytoprotective Bcl-2 proteins.
304 Nevertheless, the binding affinity (Fig. 4A) of soluble full-length Bcl-xL for Bid_{BH3} is reduced by a factor
305 of ~25 relative to either the isolated head domain (Bcl-xL-ΔLΔC) or the loop-head domains combined
306 (Bcl-xL-ΔC). This is in line with the MD structural model of cytosolic Bcl-xL in which the tail associates
307 with the BH3-binding groove, restricting access to other extramolecular ligands (Fig. 4C). The data
308 reflect a BH3 binding event that involves competition with the protein's C-terminus.

309 In all three cases – Bcl-xL-ΔLΔC, Bcl-xL-ΔC, and Bcl-xL – the thermodynamic binding parameters (Fig.
310 4B) are dominated by favorable enthalpy (ΔH), consistent with the formation of residue-specific
311 interactions between the groove and the BH3 ligand. However, while the BH3 binding interaction with
312 Bcl-xL-ΔLΔC is purely enthalpy-driven and carries an unfavorable entropic factor associated with Bid_{BH3}
313 helix formation from an unfolded state (58), BH3 binding to full-length Bcl-xL has a substantial favorable
314 entropic component. The data indicate that displacement of the tail by the BH3 ligand likely contributes
315 more than enough entropy gain to compensate for the entropy lost upon BH3 peptide folding.
316 Interestingly, the loop contributes favorably to BH3 ligand affinity, enhancing the affinity of Bcl-xL-ΔC by
317 a factor of ~1.6 relative to Bcl-xL-ΔLΔC. BH3 ligand binding in this case is accompanied by a favorable
318 entropy increase (~2 kcal/mol).

319 A parallel effect is observed for the BH3-binding signature of membrane-anchored Bcl-xL (Fig. 4B).
320 Here, the tail is membrane-inserted, leaving unrestricted access to the groove, and the loop contributes
321 an additional positive entropic factor (~1.8 kcal/mol) to the binding free energy, enhancing the affinity by
322 a factor of ~1.4 compared to Bcl-xL-ΔL. The MD simulations for this state show that even though the
323 head is dynamically decoupled from the membrane-anchoring tail, it has a preferred orientation at the
324 membrane surface (Fig. 4D). The BH3-binding groove is very close to the membrane surface but
325 remains accessible to the aqueous milieu, consistent with the experimental ITC data showing high
326 affinity of the membrane-anchored state for the BH3 peptide ligand.

327 These results reflect a coupling of the loop with the head in both the soluble and membrane-anchored
328 states of Bcl-xL. The data indicate that the tail-groove interaction causes subtle conformational
329 rearrangements that transmit allosterically to the distal loop, and that the loop must interact appreciably
330 with the head to sense these perturbations.

331

332 CONCLUSIONS

333 Bcl-xL, like many of its Bcl-2 relatives that possess a membrane-anchoring tail, localizes predominantly
334 to intracellular membranes. Endogenous Bcl-xL is integral to the mitochondrial outer membrane (59)
335 and the C-terminal tail is essential for membrane integration and full functionality. Here we have shown
336 that intact, wild-type Bcl-xL can be prepared for NMR structural studies of either the soluble or
337 membrane-anchored states. Homogeneously folded preparations can be obtained in both cases
338 without resorting to non-native protein truncations or modifications. This is important for advancing
339 structural studies of Bcl-xL and other members of the Bcl-2 family, which have been limited primarily to
340 tail-truncated protein constructs.

341 The NMR data obtained for Bcl-xL enable structural models of its soluble and membrane-anchored
342 states to be generated for MD simulations, and the NMR and MD data combined provide new insights
343 about the dynamics and ligand-binding activities of the protein in its native states. In solution,
344 association of the tail with the globular head domain reduces the affinity of Bcl-xL for a Bid BH3 ligand

345 by a factor of ~25. A similar reduction in ligand affinity due to occlusion of the groove by the tail has
346 been reported for Bcl-w (60, 61) and for forms of Bcl-xL encompassing part of the tail (35, 36, 62).
347 Compared to these, the ~25-fold effect observed in this study is the most dramatic, indicating that the
348 full inhibitory effect requires the complete length of the C-terminal tail of Bcl-xL. Contrary to studies
349 where detergent micelles were used as membrane mimics, the Bcl-xL head domain adopts the same
350 overall structure in both its soluble and membrane-anchored states, and retains similar BH3-binding
351 properties. Moreover, in both states, the loop makes subtle contributions to the structure, dynamics and
352 ligand-binding activity of Bcl-xL.

353 The globular head is thought to insert deeply into the membrane in response to physiological cues such
354 as acidification (63, 64). Helices $\alpha 1$, $\alpha 5$ and $\alpha 6$ have been proposed to insert across the membrane
355 based on NMR studies of Bcl-xL- ΔC in detergent micelles (65), and structural similarity to the pore-
356 forming domains of bacterial toxins (11). Our previous solid-state NMR studies with Bcl-xL- ΔC reflected
357 a shallow insertion of the head in the lipid bilayer (66). These early experiments were all performed in
358 the absence of the C-terminus, and with sample conditions (low pH, detergent and ultrafiltration to
359 concentrate the protein with liposomes) designed specifically to promote membrane-integration. It is
360 possible that such a deeply membrane-embedded states reflect the late stages of apoptosis, where the
361 program is committed to cell death and the mitochondrial membrane is permeabilized. The models
362 presented in this study, by contrast more likely reflect the cytosolic and membrane-anchored states of
363 Bcl-xL in the early stages of the apoptosis program or when the balance is shifted towards promoting
364 cytoprotection. As the balance shifts toward cell death, the water-soluble head of Bcl-xL may become
365 further integrated in the membrane.

366 Bcl-xL has also been reported to translocate between cytosolic and membrane-anchored states. How
367 might this occur? The water solubility of wild-type, full-length Bcl-xL is highly curtailed, raising the
368 question whether additional factors assist its shuttling between cellular compartments. Previously, we
369 showed that truncated Bid, the caspase-8 cleavage product of Bid, is capable of associating with
370 phospholipids to form nanometer size, lipoprotein particles, that are soluble and retain binding affinity
371 for Bcl-xL (67). This points to a potential role of lipids in mediating Bcl-2 protein mobility and
372 interactions. Lipid mobility is a hallmark of apoptosis (68-73) and lipid redistribution among cellular
373 compartments is highly dynamic (74). Recent studies (75-77) suggest that lipid-assisted cytoplasmic
374 mobility is important for shuttling Bcl-2 proteins to and from the mitochondrial outer membrane. Rather
375 than adopting exclusively lipid-free or membrane-anchored states, Bcl-xL and its Bcl-2 relatives may
376 lead less binary lifestyles, with lipids as key partners.

377

378 **SUPPORTING MATERIAL**

379 Supporting Material can be found online.

380

381 **AUTHOR CONTRIBUTIONS**

382 PR, YT, YY, AAB performed experiments.

383 PR, YT, YY, WI, and FMM analyzed data.

384 FMM and PR wrote the manuscript.

385 FMM designed the study

386

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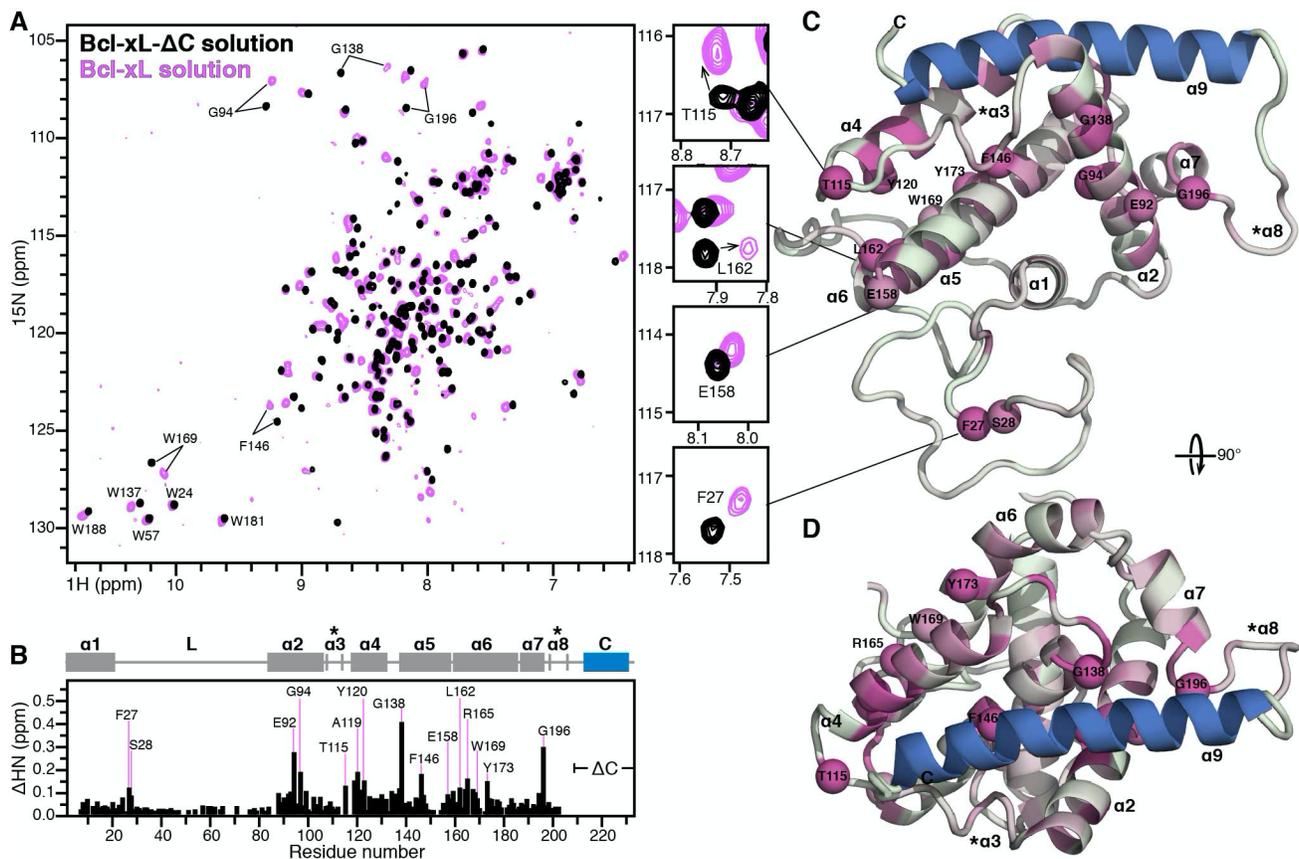
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612 **FIGURE LEGENDS**

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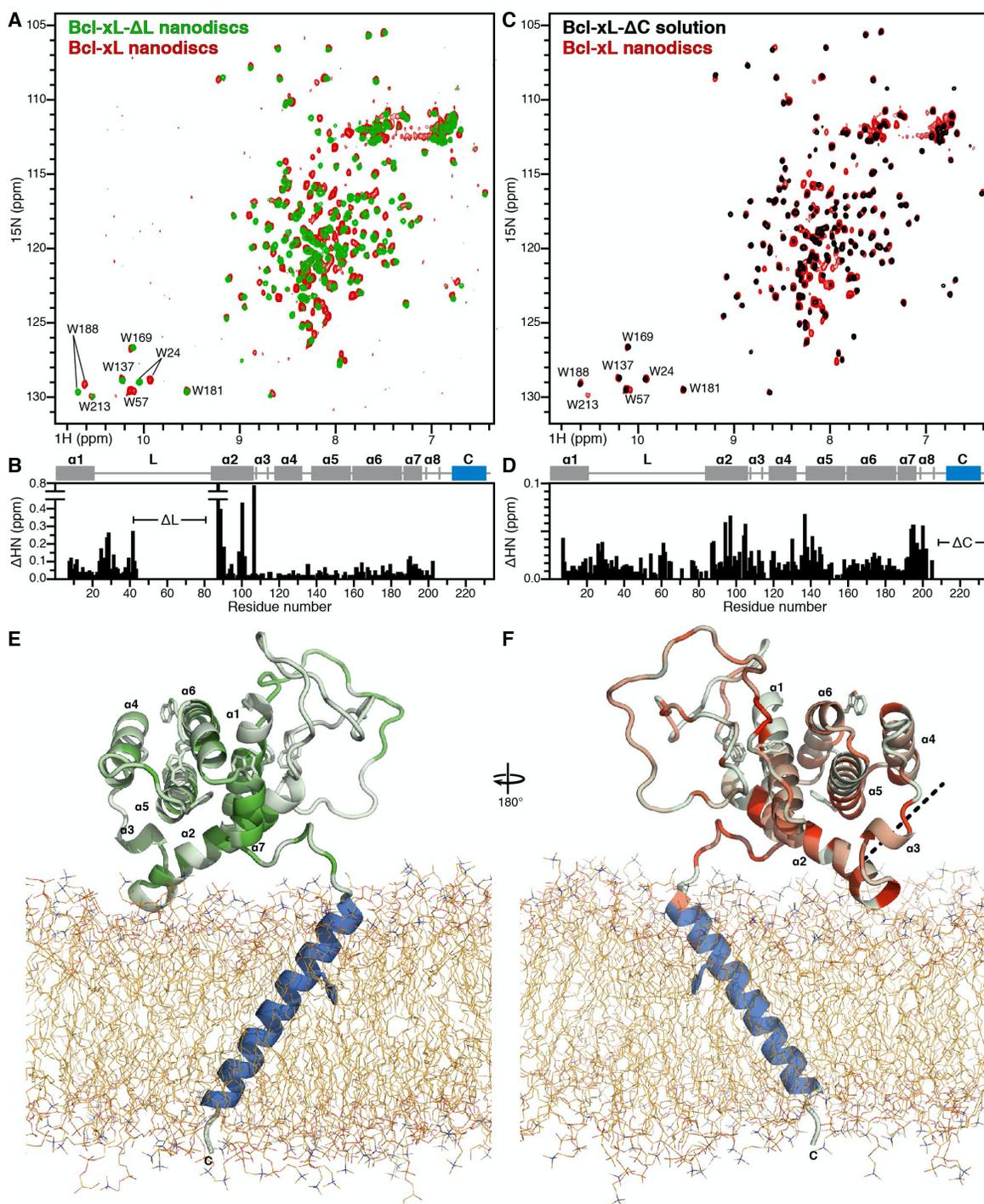


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616 **Figure 1. Conformation of soluble full-length Bcl-xL.** (A) $^1\text{H}/^{15}\text{N}$ HSQC NMR spectra of ^{15}N labeled
 617 Bcl-xL- ΔC (black) and wild-type Bcl-xL (mauve). The spectra were recorded at 45°C . Selected regions
 618 are expanded to highlight specific perturbation sites. (B) Profile of tail-induced chemical shift
 619 perturbations across the sequence of Bcl-xL. Bars represent the combined difference (ΔHN) of amide ^1H
 620 and ^{15}N chemical shifts. Helix boundaries are taken from the original structures of Bcl-xL (11, 12). (C, D)
 621 Orthogonal views of the structural model of soluble Bcl-xL taken after 1- μs MD simulation. Colors reflect
 622 the magnitude of ΔHN from 0 ppm (gray) to the maximum value (0.39 ppm, pink). N atoms of highly
 623 perturbed sites are shown as spheres. The tail is colored blue. Asterisks denote unraveling in helices $\alpha 3$
 624 and $\alpha 8$. The loop is not shown in panel D.

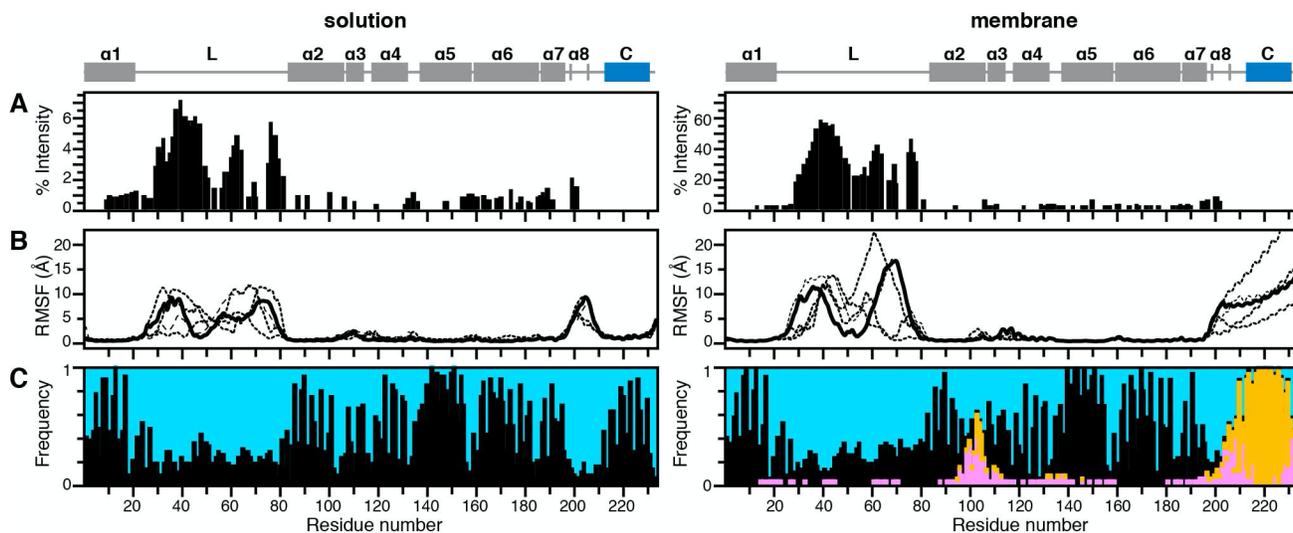
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628 **Figure 2. Effects of membrane-anchoring on the head and loop of Bcl-xL.** (A, C) $^1\text{H}/^{15}\text{N}$ HSQC NMR
 629 spectra of ^{15}N labeled wild-type Bcl-xL (red) in nanodiscs, Bcl-xL- ΔL in nanodiscs (green) and Bcl-xL- ΔC
 630 in solution (black), recorded at 45°C . (B, D) Chemical shift perturbations across the sequence of Bcl-xL,
 631 induced by the loop in nanodiscs (B), or by membrane-inserted tail (D). Bars represent the combined
 632 difference (ΔHN) of amide ^1H and ^{15}N chemical shifts. Helix boundaries are taken from the model of
 633 membrane-inserted Bcl-xL after 1- μs MD. (E, F) 180° Views of membrane-anchored Bcl-xL taken after
 634 1- μs MD simulation. Colors reflect the magnitude of ΔHN from 0 ppm (gray) to the maximum value in B
 635 (0.81 ppm, green) or D (0.07 ppm, red). The tail is colored blue. The dashed line marks the position of
 636 the BH3-binding groove.



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639 **Figure 3. NMR Peak intensity, MD flexibility and MD interaction profiles of soluble (left) and**
 640 **membrane-anchored (right) Bcl-xL. (A)** Percent $^1\text{H}/^{15}\text{N}$ HSQC peak intensities, normalized to the signal
 641 from G21 at 1%. **(B)** Time-averaged RMSF calculated for heavy atoms over the last 500 ns of 1- μs
 642 MD trajectories for five independent replicas. The profile for one replica is highlighted (solid line). Protein
 643 alignment was relative to the head (residues 1-22 and 82-196). **(C)** Interaction profile of protein residues
 644 with their environment. The bars represent frequency of occurrence within 4 Å of water (blue),
 645 phospholipid head groups (pink) or tails (gold), or protein sites (black). Each data point is the average
 646 over the last 500 ns of 1- μs MD trajectories and over five independent replicas.

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