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3     1 **A Tail of Four Fishes: An analysis of kinematics and material properties of elongate fishes**  
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18     13 **Running Title:** Fish mechanics tuned to habitat and diet  
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21     15 **Abstract**  
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23       The elongate body plan is present in many groups of fishes, and this morphology  
24       dictates functional consequences seen in swimming behavior. Previous work has shown that  
25       increasing the number of vertebrae, or decreasing the intervertebral joint length, in a fixed  
26       length artificial system increases stiffness. Tails with increased stiffness can generate more  
27       power from tail beats, resulting in an increased mean swimming speed. This demonstrates the  
28       impacts of morphology on both material properties and kinematics, establishing mechanisms  
29       for form contributing to function. Here, we wanted to investigate relationships between form  
30       and ecological function, such as differences in dietary strategies and habitat preferences among  
31       fish species. This study aims to characterize and compare the kinematics, material properties,  
32       and vertebral morphology of four species of elongate fishes: *Anoplarchus insignis*, *Anoplarchus*  
33       *purpurescens*, *Xiphister atropurpureus*, and *Xiphister mucosus*. We hypothesized that these  
34       properties would differ among the four species due to their differential ecological niches. To  
35       calculate kinematic variables, we filmed these fishes swimming volitionally. We also measured  
36       body stiffness by bending the abdominal and tail regions of sacrificed individuals in different  
37       stages of dissection (whole body, removed skin, removed muscle). Finally, we counted the  
38       number of vertebrae from CT scans of each species to quantify vertebral morphology. Principal  
39       component and linear discriminant analyses suggested that the elongate fish species can be  
40       distinguished from one another by their material properties, morphology, and swimming  
41       kinematics. With this information combined, we can draw connections between the physical  
42       properties of the fishes and their ecological niches.  
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### 36      **Introduction**

37              The elongate body plan has evolved many times across the fish tree of life (Claverie and  
38              Wainwright, 2014; Mehta et al., 2010). Many elongate fishes swim using an undulatory gait, in  
39              which the bending body generates waves that propagate from anterior to posterior and propel  
40              the fish forward (Long et al., 1994). Though there is some variation in the undulatory wave,  
41              such as the percentage of the body used, the general kinematics typically follow established  
42              patterns. For fishes in general, swimming speed is often directly proportional to tail beat  
43              frequency, whereas tail beat amplitude generally stays the same across speeds (Bainbridge,  
44              1958). Elongate fishes use an extreme form of undulatory kinematics often referred to as  
45              anguilliform swimming. In anguilliform swimming, elongate fishes take advantage of their highly  
46              flexible bodies to pass a bending wave of increasing amplitude from their heads to their tails  
47              (Sfakiotakis et al., 1999; Tytell, 2004). In elongate fishes, this form of locomotion is 4-6 times  
48              more efficient than non-elongated fishes and has been hypothesized to be a major factor which  
49              allows migratory species, such as European Eels (*Anguilla anguilla*), to swim 5000-6000 km  
50              without eating (van Ginneken et al., 2005).

51              In addition to kinematics, the material properties of the fish body and of individual  
52              tissues are also known to affect swimming behavior (Donatelli et al., 2017; Long et al., 1996;  
53              Nowroozi and Brainerd, 2014; Porter et al., 2014; Wainwright et al., 1978). The three main  
54              material components considered in this study are skin, muscle, and bone. Each of these  
55              materials contributes to the overall flexibility and swimming attributes of the fish (Altringham  
56              and Ellerby, 1999; Hirokawa et al., 2011; Long et al., 1996). Long et al. (1996) investigated the  
57              effects of body mechanics on swimming kinematics by removing the dermal scales of the

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3 58 longnose gar, reducing its overall bending stiffness. They found that when the skin is removed  
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5 59 from the fish, tail beat frequency decreased and tail amplitude increased (Long et al., 1996). In  
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7 60 this case, without the supporting structure of the skin, the fish must alter its swimming  
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9 behavior to account for increased flexibility. Simulations have also demonstrated the impact of  
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11 61 stiffness on fish swimming kinematics: Tytell et al. (2010) developed a computational model of  
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13 62 lamprey swimming that considered body stiffness, muscle activation, and hydrodynamics. This  
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15 63 model showed that, for a given muscle activation pattern, low body stiffness yielded higher  
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17 64 mean acceleration but slower steady swimming speed compared to high body stiffness (Tytell  
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19 65 et al., 2010). In addition to *in vivo* experiments and simulations, material testing experiments  
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21 66 have provided much insight into the biomechanics of fishes. Long and colleagues quantified the  
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23 67 stiffness provided by multiple body materials for the hagfish. They sequentially removed the  
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25 68 skin, muscle, and notochord sheath from euthanized hagfishes and measured the strain on the  
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27 69 body during bending. Both the muscle and the notochord sheath were significant contributors  
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29 70 to stiffness (Long et al., 2002).  
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37 72 Bony vertebrae, which are an important component of the body plan for most  
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39 73 vertebrate fishes, were not quantified in previous experiments. One morphological  
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41 74 characteristic of the vertebral column that has implications for material stiffness and kinematics  
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43 75 is the presence of bony centra (Donatelli and Porter, 2013; Long et al., 1997; Nowroozi et al.,  
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45 76 2012). During development, the ossification of the centra obliterates the notochord and gives  
46  
47 77 rise to the formation of the vertebral column (Schaeffer, 1967). Centra morphology is known to  
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49 78 affect the material properties of the entire vertebral column. For example, by adding artificially  
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51 79 designed centra to a model hagfish notochord, Long et al. (2004) found that, as intervertebral  
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3 joint length increased, the stiffness of the notochord decreased (Long et al., 2004). Long and  
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5 colleagues also built a mobile autonomous robot (TADRO) for mechanical testing with  
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7 biomimetic vertebral columns to quantify the effects of vertebral count on stiffness and  
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9 swimming behavior (Hirokawa et al., 2011). They created several models with a range of  
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11 vertebral densities and measured swimming performance in a bioinspired robot. This study  
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13 showed that tails with increased stiffness, i.e., higher vertebral density, had greater peak  
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15 acceleration and mean swimming speed (Long et al., 2011). The findings from these studies  
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17 suggest that as fishes evolved elongated body plans, the total number of vertebrae may have  
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19 increased, rather than the length of a set number of vertebrae, in order to conserve local body  
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21 stiffness. In fact, elongation in actinopterygian fishes is most strongly associated with an  
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23 increase in vertebral number, as opposed to an increase in aspect ratio of the vertebrae, and  
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25 generally, the increase is greater in the tail region compared to the abdominal region (Mehta et  
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27 al., 2010; Ward and Brainerd, 2007).

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35 Though all these studies investigate effects of individual morphological components on  
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37 locomotion, very few integrate gross morphology, mechanics, kinematics, and ecology. We are  
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39 curious about the material contributions of body tissues and morphology on behavior,  
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41 especially swimming kinematics, in species with varying ecological niches. In order to  
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43 investigate this, we chose to examine four species of fishes from the family Stichaeidae:  
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45 *Anoplarchus insignis*, *Anoplarchus purpurescens*, *Xiphister atropurpureus*, and *Xiphister*  
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47 *mucosus*. These four fishes all reside in and near the rocky intertidal zone in the Pacific  
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49 Northwest. They are all benthic fishes that tend to situate themselves beside and underneath  
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51 rocks, but they each occupy slightly different ecological niches. *A. insignis* and *X. atropurpureus*,  
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3 102 for example, tend to live several meters deeper than the other two species (Froese and Pauly,  
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5 103 2019; Lamb and Edgell, 2010). In terms of diet, both *Anoplarchus* species are carnivores, *X.*  
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7 104 *atropurpureus* is an omnivore, and *X. mucosus* is an herbivore (German et al., 2015).  
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10 105 Using these fishes, our goal was to answer the following questions. 1) How do tail  
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12 106 amplitude, head amplitude, and tailbeat frequency change with swimming speed? Based on  
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14 107 previous work, we predict that tail and head amplitude will not change with swimming speed  
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16 108 while tailbeat frequency will increase as speed increases. 2) Which body tissues (skin, muscle,  
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18 109 or vertebral column) contribute the most to stiffness? Due to the stiffness of bone at the tissue  
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20 110 level and previous documented impacts of vertebral column mechanics on swimming, we  
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22 111 predicted that the vertebral column would have the greatest impact on body stiffness. 3) Do  
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24 112 body mechanics and vertebral morphology impact swimming kinematics? We expected that  
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26 113 swimming speed would be tied with vertebral counts and body stiffness, especially vertebral  
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28 114 column stiffness. 4) When examining the suite of variables quantified here, can we draw  
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30 115 connections between the combined variables and the ecological niches that these four fishes  
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32 116 occupy? With the kinematics, material properties, and morphometrics data, we aimed to  
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34 117 explain the ecological differences, such as dietary strategy and habitat preference, among our  
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36 118 four fishes.  
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47 120 **Materials and Methods**  
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50 121 Specimen Collection and Care. We collected five individuals each of four species of fishes  
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52 122 from the family Stichaeidae: *Anoplarchus purpurescens*, *Anoplarchus insignis*, *Xiphister*  
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54 123 *atropurpureus*, and *Xiphister mucosus* (Figure 1). We caught these fishes by flipping over rocks  
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3 124 and scooping them out of tidepools during low tide at Friday Harbor Laboratories and  
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5 125 Deadman's Bay in San Juan Island, Washington, USA. Specimens ranged in size from 8 cm to 25  
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7 126 cm (Table 1). We housed fishes in open sea tables fed from a flow through system. The  
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9 127 specimens were sacrificed prior to material testing using a lethal dose of MS222 following  
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11 128 IACUC protocol 4238-03.  
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15 129 *Kinematic Analysis.* In order to understand the swimming kinematics of the elongate  
16 fishes, a video recording setup was designed to record their movement (Figure 2). A long,  
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18 130 rounded track was placed in a 1.425 m x 0.61 m x 0.14 m tank so that each fish could circle the  
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20 131 tank and cross through the video frame at its own pace. The device used to record videos was a  
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22 132 GoPro Hero4 (GoPro Inc, San Mateo CA, USA) with settings set to 1080p resolution, 30 frames  
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24 133 per second, and a linear field of view. In a GoPro, the linear field of view corrects the distortion  
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26 134 from the fisheye lens. Five individuals of each species were filmed, and 5-11 steady swimming  
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28 135 trial video clips were collected for each individual. We considered a swimming bout "steady" if  
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30 136 the animal did not appear to accelerate or decelerate during the bout. Videos were trimmed to  
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32 137 the duration that included the behavior of interest using MPEG Streamclip (Squared 5 srl,  
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34 138 Rome, Italy). We used a custom Matlab code to track the midlines of the five cleanest videos for  
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36 139 each individual (Matlab R2020a, Mathworks, Natik MA, USA) (Donatelli et al., 2017). We used  
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38 140 another Matlab script to calculate swimming speed (BL-body lengths-per second), tail beat  
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40 141 frequency (Hz), tail beat period (s), stride length (BL), tail beat amplitude (BL), head amplitude  
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42 142 (BL), and body amplitude (BL) at three points along the midline (25%, 50%, and 75% posterior  
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44 143 from the head). These kinematic data points were formatted into a table and imported into R  
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46 144 for statistical analysis (R version 4.0.1; RStudio Desktop 1.3.1073, Boston, MA, USA).  
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3 146 Material Testing. We used an MTS Synergie 100 material tester (MTS Systems Corp,  
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5 147 Eden Prairie, MN, USA) to measure the mechanical properties of different components of fish  
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7 148 bodies (Figure 3A). Individuals (N=2 for *A. insignis*, N=3 for the three other species) were placed  
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9 149 in a tank with 4 L of seawater and 1 g of MS-222 for 60 minutes to be sacrificed following IACUC  
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11 150 protocol 4238-03. Specimens were then sealed in bags and left in the freezer until needed for  
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13 151 material testing within the next 6 days. Once the specimens underwent one freeze-thaw cycle,  
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15 152 the fishes were tested under three different conditions: 1) fully intact (Figure 3B), 2) skin  
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17 153 removed (Figure 3C), and 3) muscle removed (Figure 3D). For the second condition, the skin  
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19 154 was peeled off of the fish from the back of the head down to the caudal fin. The abdominal  
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21 155 cavity was cleared to avoid leakage during the bending trials. For the third condition, the bulk of  
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23 156 the muscle was scraped off over the same length of the fish as the previous dissection. Only the  
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25 157 vertebral column and a thin layer of muscle and connective tissue between the spines were left  
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27 158 intact.

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35 159 After each dissection, the fish was bent in two different regions along the body: the  
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37 160 abdomen and the tail (Figure 3E). The abdomen was defined as the length between the end of  
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39 161 the head and the beginning of the anal fin; the tail was defined as the length between the  
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41 162 beginning of the anal fin and the beginning of the caudal fin. When testing the bending  
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43 163 performance of the abdomen, the stationary gripper and the pulling string were attached  
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45 164 inward of the head and anal fin by 10% of the abdomen length. For the tail bending trials, the  
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47 165 stationary gripper and the pulling string were attached inward of the anal fin and the tail fin by  
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49 166 10% of the tail length. In both trial types, the point of the string attachment was aligned with  
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51 167 the material tester pulley so that the string was pulling perpendicular to the body (Figure 3A).

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3 168 The fish was placed on a thin wooden board with a protractor taped to it. A single bending test  
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5 169 started when the 500 N load cell began to rise, pulling the string and bending the specimen. The  
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7 170 test terminated when the specimen reached its maximum bending angle - a switch from  
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9 bending to tensile mode. The material tester measured the force (N) exerted on the fish during  
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11 171 bending and the linear distance the string traveled (mm).  
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16 173 The bending trials were filmed using a Nikon D5300 (1920x10180, 60p, Nikon Inc,  
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18 174 Minato City, Tokyo, Japan) to provide a visual record of each test. We then analyzed these  
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20 175 videos using the Matlab app DLTdv8 (DLTdv8a version 8.2.0) (Hedrick, 2008) to track two points  
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22 176 frame by frame on the fish body as it bent: the bending point and the anchor point. The  
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24 177 bending point was marked at the site of string attachment, and the anchor point was marked at  
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26 178 the stationary gripper. The program recorded the x-y coordinates for each point for every  
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28 179 frame, so we then calculated the angle between the two points over all frames for each video.  
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33 180 Morphometrics. We counted the total number of vertebrae down the length of the body  
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35 181 in our species using CT scans of the specimens. We got scans of our four species from the Scan  
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37 182 All Fishes and oVert projects (Watkins-Colwell et al., 2018). The vertebrae of each of our fish  
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39 183 were marked in 3D Slicer following the protocol from Buser et al (2020) and we extracted the  
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41 184 coordinates for measurement in Matlab (Buser et al., 2020; BWH and Contributors, 2019).  
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45 185 Statistical analysis. We compiled our kinematics, mechanics, and morphometrics into  
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47 186 csv files and imported them into R for statistical analysis. To analyze the kinematics data, we  
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49 187 created linear models to ask if tail beat amplitude, head amplitude, and tail beat frequency  
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51 188 were affected by swimming speed (Figure 4). For the material testing data, we examined  
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53 189 variations of both abdominal stiffness and tail stiffness by species and dissection condition  
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3 190 using a chi-square test. We then used pairwise t-tests to examine differences in the stiffness  
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5 191 measurements between the three dissection conditions for each species. *A. insignis* was not  
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7 192 included in the statistical analysis for material testing, as there were only two individuals  
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9 193 tested. The kinematics and mechanics data were merged in R and we performed both a linear  
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11 194 discriminant analysis (*lda()*, “MASS” package) to determine if our species could be grouped and  
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13 195 a principal components analysis (*prcomp()*, “FactoMineR” package) to determine which factors  
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15 196 contributed most to the variation in our data. We also excluded *A. insignis* from our LD analysis.  
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17 197 Finally, we used the *Anova()* function (“car” package) to examine the effects of material  
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19 198 properties (intact, muscle only, and bone only stiffness) on kinematics (swimming speed,  
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21 199 frequency, body amplitude, and tail amplitude).

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25 201 **Results**

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27 202 The data extracted from the live swimming trials was consistent with undulatory  
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29 203 swimming patterns typical for elongate fishes. By allowing the specimens to swim at their own  
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31 204 pace, we were able to measure the effect of varying swimming speed on the bending wave  
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33 205 properties of natural swimming behavior. Differences in swimming speed had no effect on head  
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35 206 amplitude or tail beat amplitude, except for *A. purpurescens*, which displayed a significant  
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37 207 inverse relationship between swimming speed and both tail beat amplitude and head  
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39 208 amplitude (Figure 4A:  $p=0.008$ ,  $R^2=0.788$ ; Figure 4B:  $p=0.049$ ,  $R^2=0.573$ ). Head amplitude had a  
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41 209 much lower maximum value at 0.032 body lengths (BL) as opposed to tail beat amplitude which  
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43 210 had a maximum value at 0.124 BL. Conversely, swimming speed and tail beat frequency  
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45 211 exhibited a significant directly proportional relationship for all species (Figure 4C: *X. mucosus*

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3 212  $p=0.003, R^2=0.523$ ; *A. insignis*  $p=0.003, R^2=0.654$ ; *X. atropurpureus*  $p<0.001, R^2=0.7664$ ; *A.*  
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5 213 *purpurescens*  $p<0.001, R^2=0.906$ ). When comparing the kinematic data between each of the  
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7 214 four species, *X. mucosus* displays the steepest linear trend line slope, and this species has the  
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9 215 slowest maximum swimming speed at about 2 BL/s.

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13 216 Abdominal stiffness and tail stiffness were examined in regards to species and to  
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15 217 dissection condition using the material testing data (Figure 5A and B). Species was not a  
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17 218 significant factor in determining abdominal stiffness or tail stiffness ( $p=0.616, p=0.425$ ). The  
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19 219 dissection condition, however, showed statistical significance in determining both abdominal  
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21 220 stiffness and tail stiffness ( $p<0.001, p=0.036$ ). For abdominal stiffness, there was a significant  
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23 221 difference between the intact and vertebrae exposed conditions for *X. atropurpureus* ( $p=0.002$ )  
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25 222 and *X. mucosus* ( $p=0.003$ ). Furthermore, *X. atropurpureus* ( $p=0.021$ ) and *X. mucosus* ( $p=0.003$ )  
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27 223 showed a significant difference between the intact and muscle exposed conditions (Figure 5A).  
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29 224 For tail stiffness, there was only a significant difference between the intact and vertebrae  
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31 225 conditions for *X. atropurpureus* ( $p=0.034$ ; Figure 5B).

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33 226 The combination of material properties and kinematics quantified here showed  
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35 227 differences between the four different species. The principal components analysis plot showed  
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37 228 that the four species groups separated from each other (Figure 6A). We found that the first PC  
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39 229 axis described 49.2% of the variation and was mostly weighted by kinematics variables and  
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41 230 vertebrae count. The second PC described 20.1% of the variation and was mostly weighted by  
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43 231 material properties. For our linear discriminant analysis (Figure 6B), the first LD axis described  
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45 232 89.71% of the between group variation and was weighted mostly by differences in stride length

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3 233 and swim speed. The second LD axis described 10.29% of the variation and was mostly  
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5 234 weighted by swim speed, tail beat frequency, and body amplitude (Table 3).  
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10 236 **Discussion**  
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12 237 The four species of elongate fishes examined in this study have interesting differences in  
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14 238 material properties, vertebral morphology, and swimming kinematics. The two *Anoplarchus*  
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16 239 species showed a close grouping in the principal components analysis while the two *Xiphister*  
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18 240 species displayed less overlap with each other. *X. mucosus* grouped the furthest to the right  
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20 241 along the PC1 axis (Figure 6A). This could be a result of each of their ecological niches. The two  
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22 242 *Anoplarchus* species are both carnivores, which might explain their similar kinematic,  
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24 243 morphological, and material properties. The *Xiphister* species, on the other hand, do not share  
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26 244 the same diet; *X. atropurpureus* is an omnivore and *X. mucosus* is an herbivore. *X. mucosus*  
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28 245 could be the most distinguished of all of the groups along the PC1 axis because they are the  
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30 246 only species that do not actively hunt for prey items. In the linear discriminant analysis, the  
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32 247 three species separate well across LD1 while the *Xiphister* species further separate from *A.*  
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34 248 *purpurescens* along LD2 (Figure 6B). Interestingly, *A. purpurescens* and *X. atropurpureus* are  
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36 249 close together along LD1 which could be explained by an overlap in their diet.  
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45 250 From our kinematics plots, we can see that the less intertidal species, *A. insignis*, and *X.*  
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47 251 *atropurpureus*, have more similar kinematics than the other two, more intertidal species.  
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50 252 Species that tend to live *near* the intertidal zone do not regularly deal with the constantly  
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52 253 changing conditions of living *in* the intertidal zone. The preference of deeper habitats is equal  
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54 254 to an avoidance of the intertidal and its complexity. It is safe to assume that species movement  
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3 255 performances match the preferred habitat complexity, and thus, species with similar habitat  
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5 256 preference are more likely to share kinematic and morphological characteristics than species  
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7 257 with different preferences.  
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10 258 The material properties of the fishes, specifically the stiffnesses of the abdomen and the  
11 tail, were affected by sequential removal of the skin and muscle. When comparing the two  
12 body regions, the dissection condition had a greater effect on the abdominal stiffness than on  
13 tail stiffness (Figure 5). This result has two significant implications. First, because locomotion-  
14 generating waves originate near the front of the body and propagate backward, higher stiffness  
15 would be needed in the abdominal region to produce waves (Long et al., 1994). The skin and  
16 muscle of the abdomen could therefore be primarily responsible for this region's rigidity for the  
17 purpose of generating power for these traveling waves. Second, while the abdominal region is  
18 thicker and more dependent on the bulk of muscle and skin for stiffness, the tail is thinner and  
19 may depend more on the properties of the bone for stiffness. The assumption that it is possible  
20 to estimate tail stiffness based on bone stiffness can be applied to the modeling of thin  
21 biomaterials. Future work could focus on creating a model for approximating the stiffness of  
22 thin organisms (*Ptilichthys goodei*, for example) using the material properties of the vertebral  
23 column.  
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26 272 Consistent with the results from the principal components analysis, *X. mucosus* stood  
27 apart from the other three species in the material testing trials (Figure 5). One noteworthy  
28 difference in the material properties of *X. mucosus* was the change in abdominal stiffness  
29 between the intact and muscle conditions. *X. mucosus* exhibited the most significant reduction  
30 in abdominal stiffness after the skin was removed compared to the other three species. As  
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3 277 mentioned previously, both *Anoplarchus* species are carnivores and *X. atropurpureus* is an  
4 omnivore, so all three of these fishes must partake in some degree of hunting behavior. These  
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6 278 hunters would want to invest stiffness properties into the muscle as opposed to the skin  
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8 279 because the muscle could exert finer control in stiffness changes (i.e. when to be stiff versus  
9 flexible) in order to quickly and efficiently pursue and catch prey items. It is therefore logical  
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11 280 that the three hunters do not exhibit a significant decrease in abdominal stiffness when the skin  
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13 281 is removed but do exhibit a significant reduction in abdominal stiffness from the intact  
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15 282 condition to when the muscle is removed. It is worth mentioning that there is some variation in  
16  
17 283 the material testing data (Figure 5). Though we corrected for bending angle in our stiffness  
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19 284 calculations, a potential reason for the variation in these data is that there was not a  
20  
21 285 programmed endpoint for the MTS trials, but rather a manual endpoint based on visual criteria.  
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30 288 The swimming properties of the four elongate fishes aligned with typical kinematic  
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32 289 trends; however, there was some interesting variation among the species (Figure 4). Overall,  
33  
34 290 both head amplitude and tail amplitude had no significant relationship to swimming speed  
35  
36 291 (except in *A. purpurescens*) while tail beat frequency was directly proportional to swimming  
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38 speed. Of the four species, *X. mucosus* displayed some distinctive kinematic properties. While  
39  
40 292 the linear regression lines for *X. mucosus* extended along the x-axis past 3 BL/s, the maximum  
41  
42 293 swimming speed recorded for this species was only 2 BL/s. This slow swimming speed  
43  
44 294 maximum fits in the ecological context for *X. mucosus* because herbivores do not need to chase  
45  
46 295 after their food, and therefore do not often engage in aggressive and bold swimming behaviors.  
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48 296 This behavioral predisposition could manifest in “casual” swimming properties such as slow  
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50 297 swimming speed and large wave amplitude. While the differences in the swimming kinematics  
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52 298 swimming speed and large wave amplitude. While the differences in the swimming kinematics  
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3 299 for *X. mucosus* can be explained neatly by their outlying ecology, the difference in size of the  
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5 300 fishes is another possible explanation for these results. Since the *X. mucosus* specimens  
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7 301 extended to a larger length for their size range, it is possible that their larger sizes could explain  
8  
9 302 why they are differentiated from the other species in regards to tail beat frequency. As fish size  
10  
11 303 increases, the slope of the tail beat frequency to swimming speed ratio increases, so this might  
12  
13 304 also explain why *X. mucosus* exhibits the greatest rate of change for tail beat frequency  
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15 305 (Bainbridge, 1958).  
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20 306 There are a few interesting factors that could additionally affect swimming kinematics  
21  
22 307 that we did not measure in this study but would like to address. Two morphological  
23  
24 308 characteristics that differ across the four fishes are head shape and fin shape. Firstly, the heads  
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26 309 of the *Xiphister* fishes appear more oblong, whereas the heads of the *Anoplarchus* fishes tend  
27  
28 310 to be larger and rounder. A larger head would be heavier and lead to more drag force (Van  
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30 Wassenbergh et al., 2015), so we might expect a reduced kinematic range for the *Anoplarchus*  
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32 311 species, which we do not see (Figure 4). This could mean either that their head width has a  
33  
34 312 negligible effect on their kinematics, or that there is an effect on kinematics from being  
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36 313 carnivores. As carnivores, the *Anoplarchus* fishes may need to push their bodies a little harder  
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38 314 to catch prey and are therefore used to swimming at a wide range of speeds, despite the effect  
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40 315 of their large head. Because we did not measure head morphology or the kinematics of feeding  
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42 316 behavior, we cannot make a conclusion either way, but we believe that these are interesting  
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44 317 factors to consider. Fin shape is another factor that could potentially affect swimming  
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46 318 kinematics. The pectoral fins for all four species are quite small, but the *Anoplarchus* fins are  
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48 319 more prominent. The fishes rest on their pectoral fins when sitting on the substrate (Figure 1)  
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3 321 but tend to tuck them to their sides during swimming, so they are unlikely to have an effect.  
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5 322 The dorsal fin, however, is a bit taller in the *Anoplarchus* species than it is in the *Xiphister*  
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7 323 species, so it could have an effect on the kinematics by creating a larger hydrofoil and  
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9 324 increasing thrust at the caudal fin (Han et al., 2020). In that case, we may expect *Anoplarchus* to  
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11 325 out-perform *Xiphister*. Though we did not measure performance directly, we can say that all  
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13 326 four species choose to swim at close to the same range of speeds when corrected for body  
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15 327 length. The dorsal fin-vertebral connection could be a fascinating avenue for further  
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17 328 exploration. Because the *Anoplarchus* species have bigger heads, making their swimming  
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19 329 potentially less efficient, but also larger fins, making them theoretically more efficient, we  
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21 330 speculate that these two factors may be leveling out their swimming performance.  
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28 331 This study combined kinematic, biomechanical, and morphological data to establish a  
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30 332 relationship among four different species of elongate fishes. Our analysis showed that each  
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32 333 species has a unique combination of mechanical properties and kinematic preferences. With  
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34 334 this information, we were able to draw connections between the physical properties of the fish  
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36 335 and their ecological niches. The herbivorous *X. mucosus* was separated from the other three  
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38 336 carnivorous species, and the deeper dwelling *A. insignis* and *X. atropurpureus* separated from  
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40 337 the other two species. These findings reinforce the thematic connection between form and  
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42 338 function in nature.  
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18 349 **Data Availability:** *The data underlying this article will be shared on reasonable request to the*  
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20 350 *corresponding author.*  
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25 352 **References**  
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Figure 1. Four species of elongate fishes. A) *Anoplarchus purpurescens*. B) *Anoplarchus insignis*. C) *Xiphister atropurpureus*. D) *Xiphister mucosus*.

241x147mm (96 x 96 DPI)

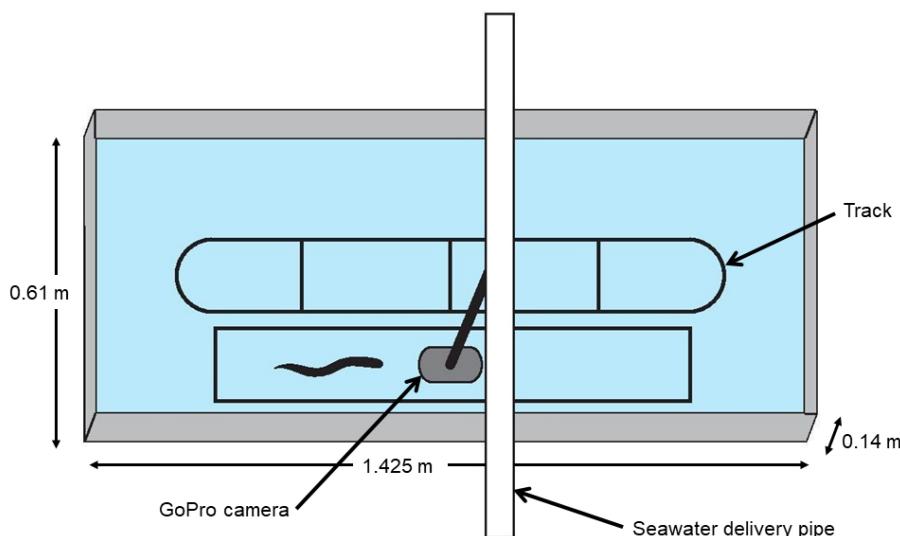


Figure 2. Video recording setup. Drawing shows an overhead view of the setup. Fishes swam around a track in the middle of the tank, crossing through the camera's field of view. The GoPro was suspended from the seawater delivery pipe above the tank.

279x165mm (96 x 96 DPI)

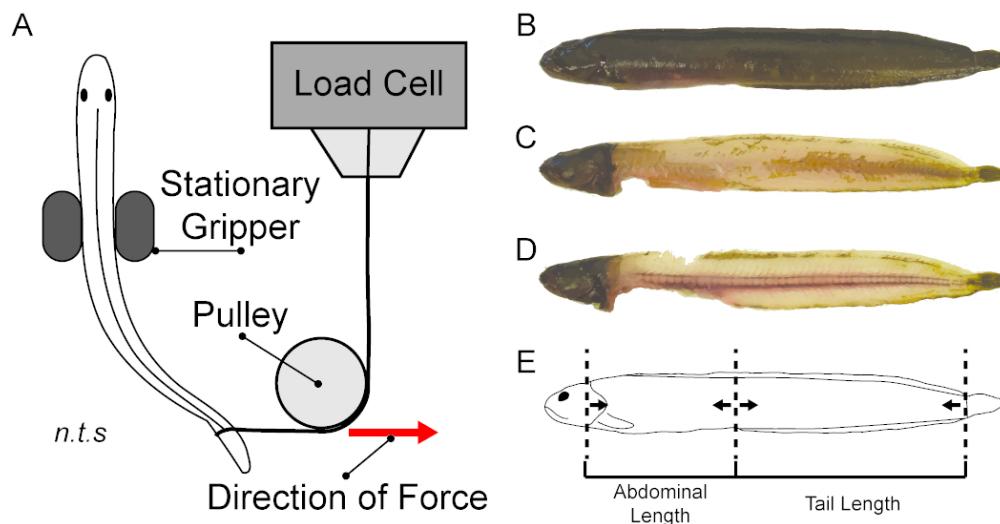


Figure 3. Mechanical testing method. A) Schematic of bending setup. This illustration shows a tail bending trial, where the stationary gripper is positioned at the anal fin and the pulling string is tied prior to the tail fin. The string was threaded through a pulley and the direction of force was maintained perpendicular to the body. B-D) Stages of dissection: B) whole fish, C) skin removed, and D) muscle removed. E) Defining regions for abdominal and tail bending tests. Arrows indicate the points of stationary gripper and string placement that are inward a distance of 10% of the region length.

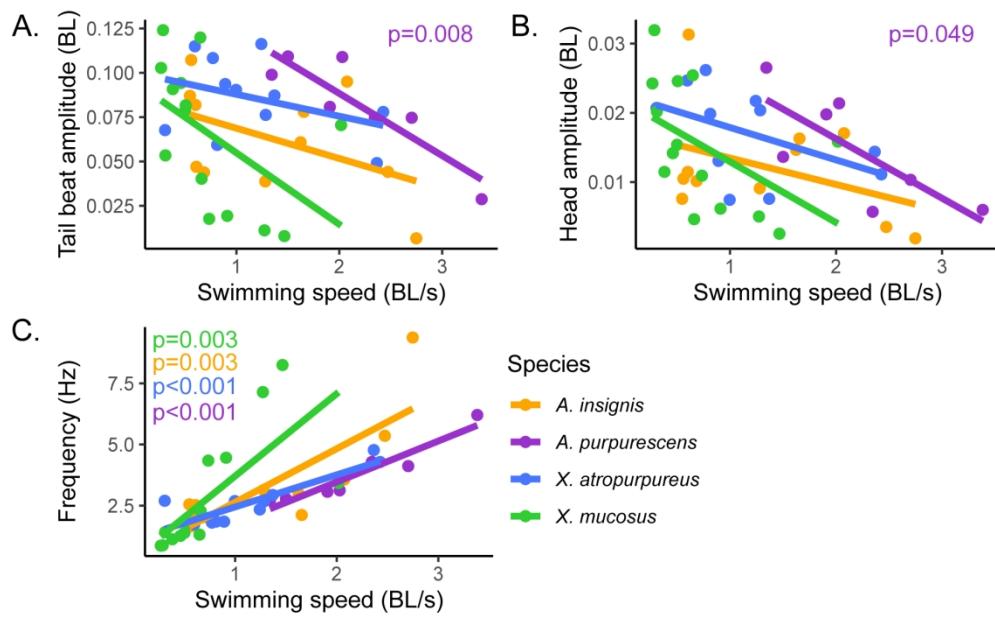


Figure 4. Varying swimming speed effect on wave properties of natural swimming kinematics. Each point represents one video recording trial of an individual fish. A) Average amplitude of tail movement in body lengths (BL) as a function of swimming speed in BL/second. B) Average amplitude of head movements as a function of swimming speed. C) Average tail beat frequency in hertz as a function of swimming speed. P values indicate a significant linear relationship between the variables for a particular species.

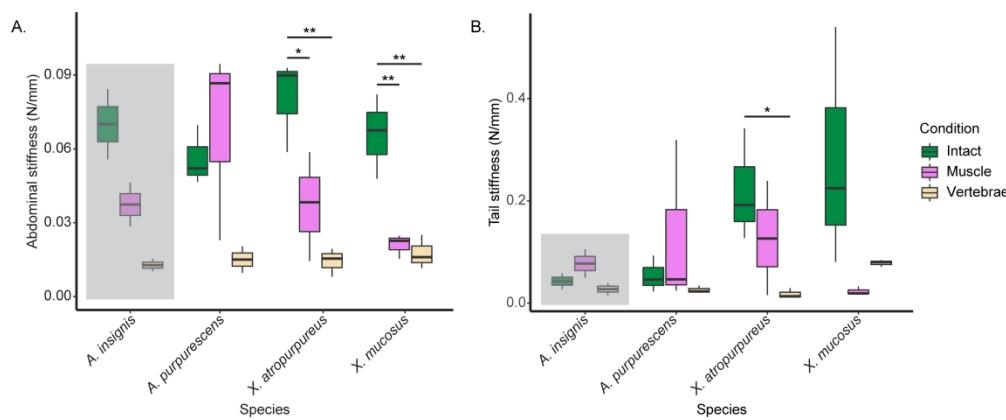


Figure 5. Stiffness of the abdominal and tail regions for each species under different dissection conditions. A) Stiffness (calculated as N/mm) of the abdominal region when bent fully intact, with skin removed to expose the muscle, and with muscle removed to expose the vertebral column. B) Stiffness of the tail region when bent in the three different material testing conditions. Post hoc comparisons are denoted by lines with stars above significantly different groups. Grey boxes over data for *A. insignis* indicate that no statistics were run on this species for material testing as there were only two individuals (N=2).

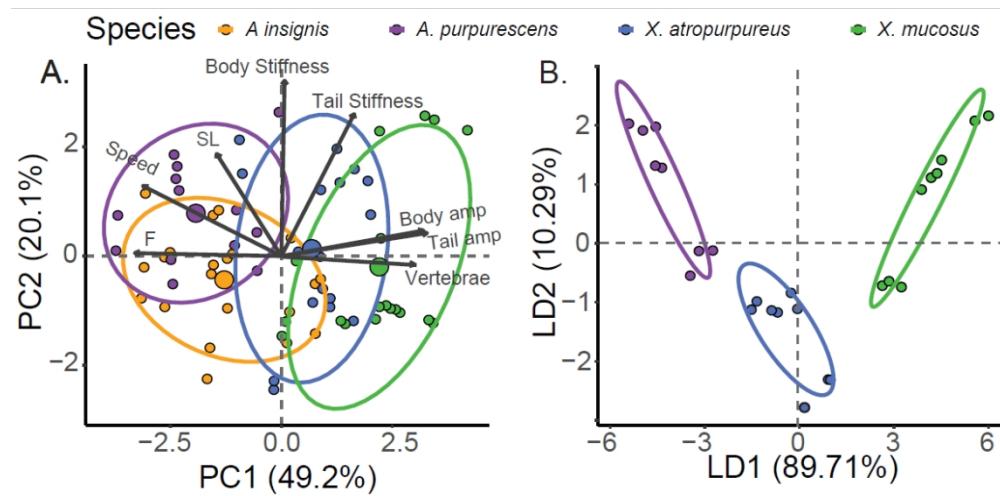


Figure 6. Principal component and linear discriminant plots of swimming kinematics, material testing, and vertebral counts obtained from CT scan scans. Percentages of PC axis show the percentage of variation explained by each PC. Percentages of LD axis show the percentage of between group variation described by the LD. Ellipses are drawn at a 75% confidence level using a multivariate t-distribution.

311x153mm (96 x 96 DPI)

**Table 1.** Specimens used in this study

Species	Specimens filmed	Specimens material tested	CT scans analyzed	Size range (cm)
<i>Anoplarchus insignis</i>	5	2	3	11-15.5
<i>Anoplarchus purpurescens</i>	5	3	4	8-15
<i>Xiphister atropurpureus</i>	5	3	4	8.5-19
<i>Xiphister mucosus</i>	5	3	4	11-25

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3 **Table 2.** Merged kinematics and mechanics. Values shown are p-values. Bolded values are significant and italicized  
4 values are approaching significance.  
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Condition	Intact		Muscle Only		Bone Only	
	Position	Body	Tail	Body	Tail	Body
Speed	0.618	0.878	<b>&lt;0.001</b>	0.088	0.550	0.447
Frequency	0.769	0.778	0.490	0.294	0.498	0.414
Body Amplitude	0.609	0.824	0.396	0.126	0.336	0.223
Tail Amplitude	0.152	0.457	0.635	<b>0.039</b>	0.399	<b>0.013</b>

**Table 3.** Loadings for all three LDs. Bolded values indicate inputs which contribute most to each axis

	LD1	LD2
Tail Stiffness	-0.54521	-0.18259
Body Stiffness	0.368791	-0.00608
Swim Speed	<b>4.082834</b>	<b>6.046713</b>
Tail Beat Frequency	-2.77633	<b>-5.15873</b>
Stride Length	<b>-5.59385</b>	-3.28076
Body Amplitude	-0.68109	<b>-4.03552</b>
Tail Amplitude	1.863151	2.640358