

# Global epistasis emerges from a generic model of a complex trait

Gautam Reddy\*

*NSF-Simons Center for Mathematical & Statistical Analysis of Biology,  
Harvard University, Cambridge, MA 02138*

Michael M. Desai†

*NSF-Simons Center for Mathematical and Statistical Analysis of Biology,  
Harvard University, Cambridge, MA 02138  
Department of Organismic and Evolutionary Biology,  
Harvard University, Cambridge, MA 02138, USA*

*Quantitative Biology Initiative, Harvard University, Cambridge, MA 02138, USA and  
Department of Physics, Harvard University, Cambridge, MA 02138, USA.*

(Dated: June 15, 2021)

## Abstract

Epistasis between mutations can make adaptation contingent on evolutionary history. Yet despite widespread “microscopic” epistasis between the mutations involved, microbial evolution experiments show consistent patterns of fitness increase between replicate lines. Recent work shows that this consistency is driven in part by global patterns of diminishing-returns and increasing-costs epistasis, which make mutations systematically less beneficial (or more deleterious) on fitter genetic backgrounds. However, the origin of this “global” epistasis remains unknown. Here we show that diminishing-returns and increasing-costs epistasis emerge generically as a consequence of pervasive microscopic epistasis. Our model predicts a specific quantitative relationship between the magnitude of global epistasis and the stochastic effects of microscopic epistasis, which we confirm by re-analyzing existing data. We further show that the distribution of fitness effects takes on a universal form when epistasis is widespread, and introduce a novel fitness landscape model to show how phenotypic evolution can be repeatable despite sequence-level stochasticity.

**Keywords:** evolution, epistasis, complex trait, predictability

---

\* gautam\_nallamala@fas.harvard.edu

† mdesai@oeb.harvard.edu

## 14 I. INTRODUCTION

15 Despite the idiosyncrasies of epistasis, a number of laboratory microbial evolution experiments  
16 show systematic patterns of convergent phenotypic evolution and declining adaptability. A strik-  
17 ing example is provided by the *E.coli* long-term evolution experiment (LTEE) (Figure 1a): 12  
18 replicate populations that adapt in parallel show remarkably similar trajectories of fitness increase  
19 over time [1, 2], despite stochasticity in the identity of fixed mutations and the underlying dy-  
20 namics of molecular evolution [3, 4]. Similar consistent patterns of fitness evolution characterized  
21 by declining adaptability over time have also been observed in parallel yeast populations evolved  
22 from different genetic backgrounds and initial fitnesses [5] (Figure 1b) and in other organisms  
23 [6–12]. Declining adaptability is thought to arise from diminishing-returns epistasis [5, 13, 14],  
24 where a global coupling induced by epistatic interactions systematically reduces the effect size of  
25 individual beneficial mutations on fitter backgrounds. Diminishing-returns manifests as a striking  
26 linear dependence of the fitness effect of a mutation on background fitness (Figure 1c). While  
27 diminishing-returns can be rationalized as the saturation of a trait close to a fitness peak, recent  
28 work shows a similar dependence on background fitness even for deleterious mutations, which  
29 become more costly on higher fitness backgrounds [15]. This suggests that fitter backgrounds are  
30 also less robust to deleterious effects (Figure 1d), a phenomenon that has been termed increasing-  
31 costs epistasis. The origin of the global coupling that results in these effects is unknown.

32 Put together, these empirical observations suggest that the contributions to the fitness effect,  
33  $s_i$ , of a mutation at a locus  $i$  in a given genetic background can be written as

$$s_i = s_{\text{additive},i} + s_{\text{genotype},i} - c_i y, \quad (1)$$

34 where  $s_{\text{additive},i}$  is the additive effect of the mutation,  $s_{\text{genotype},i}$  is its genotype-dependent epistatic  
35 contribution independent of the background fitness  $y$  (i.e., idiosyncratic epistasis), and  $c_i$  quanti-  
36 fies the magnitude of global epistasis for locus  $i$ . Eq. (1) reflects the observation that the strength  
37 of global epistasis depends on the specific mutation and applies independently of whether its ad-  
38 ditive effect is deleterious (increasing-costs) or beneficial (diminishing-returns). Over the course  
39 of adaptation in a fixed environment, global epistatic feedback on mutational effects can lead  
40 to a long-term decrease in adaptability. If this feedback dominates, Eq. (1) suggests that the  
41 dependence of the fitness effect on evolutionary history is summarized entirely by the current  
42 fitness, and therefore results in predictable fitness evolution.

Here, we show that diminishing-returns and increasing-costs epistasis are a simple consequence of widespread epistasis. This is consistent with recent work [16] that proposes a similar argument to explain these phenomena. However, while the core idea is similar, we present here an alternative framework based on the Fourier analysis of fitness landscapes, which leads to new insights and quantitative predictions. In particular, our framework leads to novel predictions for the relationship between the magnitude of global epistasis and the stochastic effects of microscopic epistasis, which we confirm by re-analyzing existing data. Extending this framework, we further quantify how the distribution of fitness effects shifts as the organism adapts and how the fitness effect of a mutation depends on the sequence of mutations that have fixed over the course of adaptation (i.e., historical contingency). While specific historical relationships depend on the genetic architecture, we introduce a novel fitness landscape model with an intuitive architecture for which the entire history is summarized by the current fitness. Using this fitness landscape model, we investigate the long-term dynamics of adaptation and elucidate the architectural features that lead to predictable fitness evolution.

## RESULTS

### Diminishing-returns and increasing-costs epistasis

We begin by examining the most general way to express the relationship between genotype and fitness (i.e., to describe the fitness landscape). A map between a quantitative trait (such as fitness),  $y$ , and the underlying genotype can be expressed as a sum of combinations of  $\ell$  biallelic loci  $x_1, x_2, \dots, x_\ell$  that take on values  $x_i = \pm 1$  [17–21]:

$$y = \bar{y} + \sum_i f_i x_i + \sum_{i>j} f_{ij} x_i x_j + \sum_{i>j>k} f_{ijk} x_i x_j x_k + \dots, \quad (2)$$

where  $\bar{y}$  is a constant that sets the overall scale of fitness. The symmetric convention  $x_i = \pm 1$  for the two allelic variants is less often used than  $x_i = 0, 1$ , but it is an equivalent formulation, which we employ here because it will prove more convenient for our purposes (see [22] for a discussion). The coefficients of terms linear in  $x_i$  represent the additive contribution of each locus to the fitness (i.e. its fitness effect averaged across genotypes at all other loci), the higher-order terms quantify epistatic interactions of all orders, and  $\bar{y}$  is the average fitness across all possible genotypes.

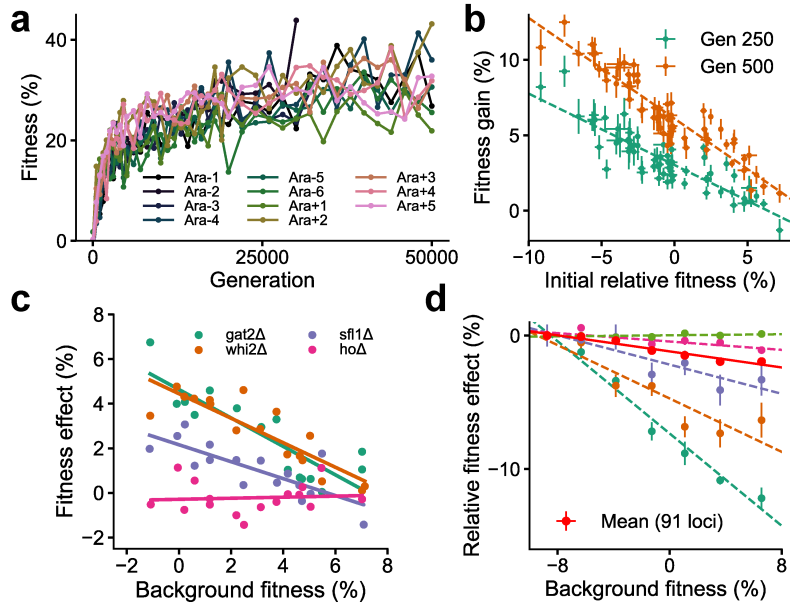


Figure 1. Declining adaptability and global epistasis in microbial evolution experiments. (a) Convergent phenotypic evolution in the *E.coli* long-term evolution experiment: the fitness relative to the common ancestor of 11 independently adapting populations over 50,000 generations is shown (data from [1]). The 12th population, Ara+6, has limited data and is not shown. (b) Yeast strains with lower initial fitness adapt faster (data from [5]). The fitness gain after 250 (green) and 500 (orange) generations of 640 independently adapting populations with 64 different founders and 10 replicates of each founder. Mean and SE are computed over replicates. (c) Diminishing returns of specific beneficial mutations on fitter backgrounds for three knocked out genes (green, orange and purple) (data from [5]). Control in pink. (d) Increasing costs of specific deleterious mutations on fitter backgrounds (data from [15]). The fitness effect relative to the least fit background for the mean over 91 mutations (in red) and five of the 91 mutations are shown. Linear fits for the five specific mutations and the mean using dashed and solid lines respectively are shown.

69 Importantly, Eq. (2) makes apparent the idiosyncrasies induced by epistasis: a mutation at a  
70 locus with  $\ell$  interacting partners has an effect composed of  $2^{\ell-1}$  contributions.

71 To explicitly compute the fitness effect of a mutation at locus  $i$  on a particular genetic back-  
72 ground, we simply flip the sign of  $x_i$ , keeping all other  $x_j$  constant, and write down the difference  
73 in fitness that results. This fitness effect will generally involve a sum over a large number of  
74 terms involving the  $f$ 's in Eq. (2). While this may suggest that an analysis of fitness effects via

Eq. (2) is intractable, the analysis in fact simplifies considerably if the locus has a significant number of independent interactions that contribute to the fitness (i.e., provided that the number of independent, nonzero epistatic terms associated to the locus is large). In this case, we show that the fitness effects of individual mutations decrease linearly with background fitness and the fluctuations around this linear trend are normally-distributed. In other words, widespread independent idiosyncratic epistatic interactions lead to the observed patterns of diminishing-returns and increasing-costs epistasis.

We present a derivation of this result in the SI. Here we explain the key intuition using a heuristic argument. The argument is based on a simple idea: for a well-adapted organism ( $y > \bar{y}$ ) with complex epistatic interactions, a mutation is more likely to disrupt rather than enhance fitness. To be quantitative, consider a highly simplified scenario where some number  $N$  of the  $f$ 's in Eq. (2) are  $\pm 1$  at random and the others are 0. In this case, the fitness of a given genotype is a sum of  $N_+$  and  $N_-$  interactions that contribute positively and negatively to the trait respectively, each with unit magnitude, so that  $y = \bar{y} + N_+ - N_-$ . When positive and negative interactions balance, the organism is in a “neutrally-adapted” state ( $y \approx \bar{y}$ ). By selecting for positive interactions, adaptation generates a bias so that  $N_+ > N_-$  and  $y > \bar{y}$ . If locus  $i$  involved in a fraction  $v_i$  of all of  $N = N_+ + N_-$  interactions is mutated, the effect of the mutation, on average, is to flip the sign of  $N_+v_i$  positive interactions and  $N_-v_i$  negative interactions. The new fitness is then  $y_i = y - 2N_+v_i + 2N_-v_i = \bar{y} + (1 - 2v_i)(y - \bar{y})$  and thus  $s_i = y_i - y = -2v_i(y - \bar{y})$ . The negative linear relation between the background fitness,  $y$ , and the fitness effect of the mutation,  $s_i$ , is immediately apparent and emerges as a systematic trend simply due to a sampling bias towards positive interactions. Of course, while this relation is true on average, it is possible that locus  $i$  affects more or less positive interactions due to sampling fluctuations. Provided only that  $N$  is large and the interactions are independent, these fluctuations are approximately Gaussian with magnitude  $\sqrt{Nv_i(1 - v_i)}$ .

This basic argument holds beyond the simple model with unit interactions. In the more general case, if the mutation is directed from  $x_i = -1 \rightarrow +1$ , we show in the SI that its fitness effect,  $s_i$ , on a background of fitness  $y$  can be written as

$$s_i = \underbrace{2f_i(1 - \tilde{v}_i)}_{\text{additive}} - \underbrace{2\tilde{v}_i(y - \bar{y})}_{\text{global epistasis}} + \underbrace{\tilde{\epsilon}_i}_{\text{genotype}}, \quad (3)$$

103 where<sup>1</sup>

$$\tilde{v}_i \equiv \frac{\left(\sum_{j \neq i} f_{ij}^2 + \sum_{j > k \neq i} f_{ijk}^2 + \dots\right) - \left(\sum_{j \neq i} f_j f_{ij} + \sum_{j > k \neq i} f_{jk} f_{ijk} + \dots\right)}{\sum_{j \neq i} (f_j - f_{ij})^2 + \sum_{j > k \neq i} (f_{jk} - f_{ijk})^2 + \dots}, \quad (4)$$

104 and  $\tilde{\epsilon}_i$  is a genotype and locus-dependent term which is distributed across genotypes with mean  
 105 zero and variance expressed in terms of the  $f$ 's from Eq. (2) (see SI for details). The numerator  
 106 of  $\tilde{v}_i$  in Eq. (4) is proportional to the covariance of fitness effects and background fitness and the  
 107 denominator is the variance of background fitness across genotypes. A similar equation for the  
 108 case  $x_i = +1 \rightarrow -1$  can be derived. The choice of  $+1 \rightarrow -1$  or  $-1 \rightarrow +1$  is simply a matter of  
 109 convention. If the convention is reversed, the coefficients of odd-order in Eq. (2), i.e.,  $f_i, f_{ijk}, \dots$ ,  
 110 should also switch signs. It can be easily checked that reversing the signs of these quantities in  
 111 the expression for  $\tilde{v}_i$  above leads to the expression for  $\tilde{v}_i$  when  $x_i = +1 \rightarrow -1$ .

112 Note that in general  $\tilde{v}_i$  is not guaranteed to be positive and  $\tilde{\epsilon}_i$  is arbitrary and determined by  
 113 the genotype-fitness map. However, consistent patterns emerge when locus  $i$  has a large number of  
 114 independent, nonzero epistatic terms and the additive effects  $f_1, f_2, \dots$  of its interacting partners  
 115 are not much larger than the epistatic terms (defined further below), which we call the widespread-  
 116 epistasis (WE) limit. In the WE limit,  $\tilde{\epsilon}_i$  is normally-distributed across genotypes with variance  
 117 proportional to  $\tilde{v}_i(1 - \tilde{v}_i)$ . This follows from the same reasoning as in our heuristic argument  
 118 with unit interactions above (see SI for details). In addition,  $\tilde{v}_i$  is typically positive, giving rise  
 119 to a negative linear trend (i.e. diminishing-returns and increasing-costs). We can see this by  
 120 taking the third and higher-order terms in Eq. (4) to be zero, in which case  $\tilde{v}_i$  is positive if  
 121  $\sum_{j \neq i} f_{ij}^2 > \sum_{j \neq i} f_j f_{ij}$ . This will typically be true in the WE limit because we expect  $\sum_{j \neq i} f_{ij}^2$  to  
 122 scale with the number of interacting partners  $\ell$ , while each term in  $\sum_{j \neq i} f_j f_{ij}$  can be positive or  
 123 negative and thus the sum scales as  $\sqrt{\ell}$  if the terms are independent. Thus when locus  $i$  has a  
 124 large number of interacting partners,  $\tilde{v}_i$  is typically positive unless the magnitude of the additive  
 125 terms ( $a$ ) is much larger than the magnitude of the epistatic terms ( $e$ ),  $a \gg e\sqrt{\ell}$ . This argument  
 126 is easily extended to the case when the third and higher-order terms are non-zero (see SI); the  
 127 upshot is that the bias towards  $\tilde{v}_i$  positive gets stronger with increasing epistasis.

128 The conditions for the WE limit are more likely to hold when the number of loci,  $\ell$ , that affect  
 129 the trait is large. Therefore, we expect to generically observe patterns of diminishing-returns and

---

<sup>1</sup> In the following equation and similar ones henceforth, a summation such as  $\sum_{j > k \neq i} f_{ijk}^2$  is meant to denote a  
 sum over pairs  $j, k$ , where each pair appears only once and no pair which includes index  $i$  appears. Symmetry  
 of the  $f$ 's w.r.t interchanged indices is also assumed (e.g.,  $f_{ijk} = f_{jik}$ ).

130 increasing-costs epistasis for a complex trait involving many loci. Importantly, whether we observe  
 131 a negative linear trend does not depend on the magnitude of a locus' epistatic interactions relative  
 132 to its own additive effect, but rather relative to the additive effects of its interacting partners. If  
 133 we are not in the WE limit, and instead the additive effects dominate (i.e.,  $a \gg e\sqrt{l}$ ), then Eq. (4)  
 134 suggests that the slope of the linear trend can be either positive or negative. We will show further  
 135 below that recent experimental data demonstrates that both scenarios can be relevant: some loci  
 136 have  $a \ll e\sqrt{l}$  while others have  $a \gg e\sqrt{l}$ , with the former creating a bias towards the observed  
 137 negative linear trends that characterize diminishing-returns and increasing-costs epistasis.

138 We note that Eq. (3) immediately leads to testable quantitative predictions: in the WE limit,  
 139 the distribution of the residuals,  $\tilde{\epsilon}_i$ , obtained from regressing  $s_i$  and  $y$  is entirely determined by  
 140 the slope of the regression,  $-2\tilde{v}_i$ . Specifically, we predict that these residuals (the deviations of  
 141 individual genotype fitnesses from the overall diminishing-returns or increasing-costs trend) should  
 142 be normally distributed with a variance proportional to  $\tilde{v}_i(1 - \tilde{v}_i)$ . However, this condition only  
 143 applies if diminishing-returns arises from the WE limit. It does not hold if epistasis is negligible,  
 144 if locus  $i$  interacts significantly with only a few other dominant loci, or if the epistatic terms  
 145 are interrelated (e.g., when global epistasis arises from a nonlinearity applied to an unobserved  
 146 additive trait [23–25]). The latter case may still lead to a negative linear trend, but the statistics  
 147 of the residuals will differ from Eq. (3) (see SI for a discussion).

148 It is convenient to subsequently work with the symmetric version of Eq. (3), where the fitness  
 149 effects of both  $x_i = -1 \rightarrow +1$  and its reversion  $x_i = +1 \rightarrow -1$  (whose fitness effect is negative  
 150 of the former) are included in the regression against their respective background fitness. In this  
 151 case, the additive term is averaged out, and we show (SI) that in the WE limit,

$$s_i = -2v_i(y - \bar{y}) + 2\sqrt{v_i(1 - v_i)}\eta_i, \quad (5)$$

152 where  $\eta_i$  depends on the genetic background and the locus, and is normally-distributed with zero  
 153 mean and variance  $V$ , and

$$v_i \equiv \frac{V_i}{V} = \frac{f_i^2 + \sum_{j \neq i} f_{ij}^2 + \dots}{\sum_k f_k^2 + \sum_{k > l} f_{kl}^2 + \dots}. \quad (6)$$

154 Here  $V$  is the total genetic variance due to all loci (i.e., the variance in fitness across all possible  
 155 genotypes) while  $V_i$  is the contribution to the total variance by the  $f$ 's involving locus  $i$ . We  
 156 therefore refer to  $v_i$  as the *variance fraction* of locus  $i$ . We show further below that for certain  
 157 fitness landscapes,  $v_i$  can also be interpreted as the fraction of pathways affected by a locus. For

these reasons, we focus on  $v_i$ , which is half of the negative slope, rather than the slope. Note that the  $v_i$ 's do not sum to one unless there is no epistasis (with epistasis,  $\sum_i v_i > 1$ , reflecting the fact that the variance contributed by different loci overlap). While the directed mutation case discussed previously is the relevant one when presenting experimental data (for e.g., Figure 1c,d), it is conceptually simpler to work with the symmetric case. These two cases coincide and  $v_i \approx \tilde{v}_i$  in the WE limit if the additive effect of a locus is small (i.e.,  $f_i^2 \ll \sum_{j \neq i} f_{ij}^2 + \sum_{j > k \neq i} f_{ijk}^2 + \dots$ ).

Our results show that the variance fraction  $v_i$  plays an important role. It determines the slope of the negative relationship between the fitness effect and background fitness. At the same time, it determines the magnitude of the idiosyncratic fluctuations away from this trend. We also note that this slope can be used to experimentally probe the contribution of a locus to the trait (i.e., its variance fraction) taking into account *all* orders of epistasis, which circumvents the estimation of the individual  $f$ 's in Eq. (2). The theory additionally predicts that the slope obtained by regressing the sum of fitness effects of two mutations at loci  $i, j$  against background fitness is proportional to  $v_{ij} = v_i + v_j - 2e_{ij}$ , where  $e_{ij}$  quantifies the magnitude of epistatic interactions of all orders between  $i$  and  $j$  (SI).

Importantly, while the fitness effects of individual mutations (and hence the distribution of fitness effects) may change over the course of evolution due to epistasis, the distribution of variance fractions (DVF) across loci,  $P(v)$ , is an invariant measure of the range of effect-sizes available to the organism during adaptation. As we will see, this means that the DVF plays an important role in determining long-term adaptability.

## Numerical results and experimental tests

To illustrate our analytical results, we first demonstrate that the effects described above are reproduced in numerical simulations. To do so, we numerically generated a genotype-phenotype map of the form in Eq. (2), with  $\ell = 400$  loci and an exponential DVF,  $P(v) = \bar{v}^{-1} e^{-v/\bar{v}}$ , where  $\bar{v} = 0.02$  (Methods). This DVF is shown in Figure 2a. Note that  $\bar{v}\ell \gg 1$  corresponds to an epistatic landscape;  $\bar{v}\ell = 8$  chosen here thus corresponds to a model within the WE limit (note that  $\tilde{v}_i \approx v_i$  in this parameter range). Using this numerical landscape, we measured the fitness effect of mutations at 30 loci across 640 background genotypes with a range of fitnesses (Figure 2b). Our results recapitulate the predicted linear dependence on background fitness (Figure 1c,d),



with a negative slope equal to twice the variance fraction predicted from Eq. (5). We further simulated the evolution of randomly generated genotypes similar to the experimental procedure used in Kryazhimskiy *et al.* [5] (Figure 2c), finding that our results reproduce the patterns of declining adaptability observed in experiments (Figure 1b). Note that  $\sim 10$  mutations are fixed during this simulated evolution; declining adaptability here is not due to a finite-sites effect.

As described previously, Eq. (5) implies a proportional relationship between the magnitude of global epistasis (quantified by the slope of the relationship between the fitness effect of a mutation and the background fitness) and the magnitude of microscopic epistasis (quantified by the residual variance around this linear trend); see also Figure 3a. We verify this relationship in simulations (Figure 2d). We predict that the slope obtained by regressing the sum of fitness effects of two mutations at loci  $i, j$  against background fitness is proportional to  $v_{ij} = v_i + v_j - 2e_{ij}$ . We further assume that  $e_{ij} = O(\bar{v}^2)$  (specifically,  $e_{ij} = v_i v_j$  for the genotype-phenotype map used for numerics). Since  $v_i$  and  $v_j$  are typically small for a complex trait, we expect near-additivity  $v_{ij} \approx v_i + v_j$  and that any deviations are sub-additive, which is confirmed in simulations (Figure 2e,f).

While testing the latter prediction on double mutants requires further experiments, we can immediately test the relationship between the slope and the distribution of residuals from existing experimental data. To do so, we re-analyzed the data from Johnson *et al.* [15], which measured the fitness effect of 91 insertion mutants on about 145 backgrounds. These background strains were obtained by crossing two yeast strains that differed by  $\approx 40,000$  SNPs. Of these 40,000 loci,  $\ell \approx 40$  have been identified as causal loci with currently available mapping resolution [26]. In Figure 3, we show the estimated  $\tilde{v}_i$  (negative one-half of the slope of the best-fit line) and the variance fraction  $v_i$  for each of the 91 mutations. These mutations were selected after screening for nonzero effect, and thus the DVF is biased upwards. The mean variance fraction is  $\bar{v} \approx 0.06$ . The wide range of  $v_i$  observed in the data implies that the epistatic influence of loci varies greatly across loci and we will show further below that this is crucial for maintaining a supply of beneficial mutations even when the organism is well-adapted to the environment.

Our theoretical results imply that we expect the linear relationship between background fitness and fitness effect to be negative if the additive effects of a locus' interacting partners are not much larger than the epistatic terms. Specifically, we define the additivity of interacting loci (AoIL) for

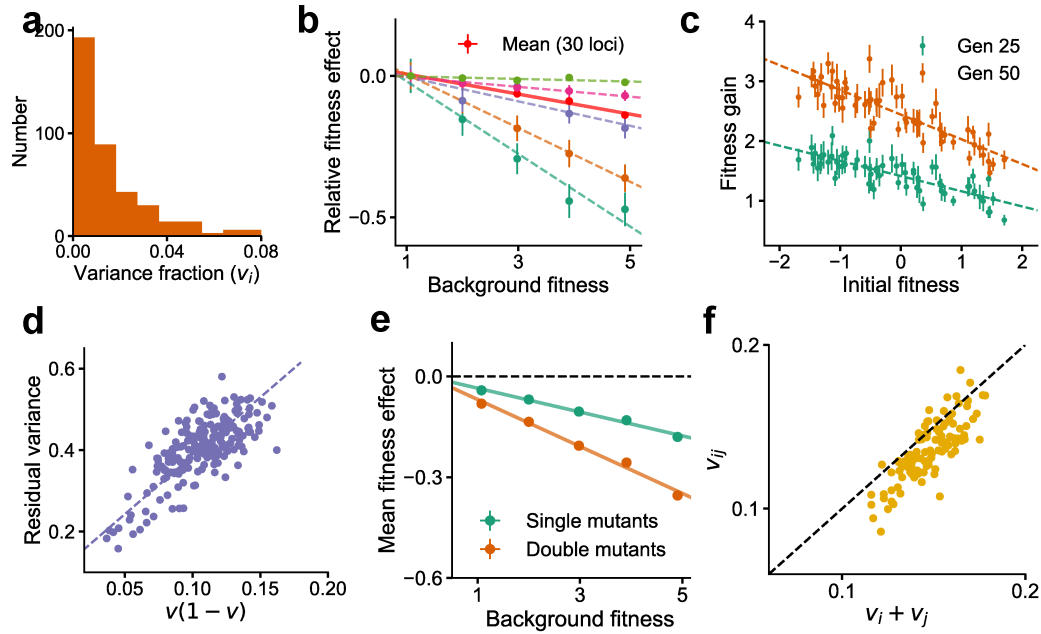


Figure 2. Global epistasis is recapitulated in a generic model of a complex trait and leads to testable predictions. (a) The distribution of variance fractions (DVF) over 400 loci for the simulated genotype-phenotype map. (b) The predicted linear relationship between fitness effect (relative to the fitness effect on the least fit background) and background fitness for the mean over 30 randomly chosen loci (red, solid line) and five loci (dashed lines in colors) is recapitulated. The slope of the linear fit for each locus is proportional to its variance fraction,  $v$  (slope =  $-2v$ ). Mean and SE are over backgrounds of approximately equal fitness. See Methods for more details. (c) The mean fitness gain after 25 (green) and 50 (orange) generations of simulated evolution of 768 independently adapting populations with 64 unique founders and 12 replicates each. Means and SEs are computed over the 12 replicates. Error bars are s.e.m. (d) The relationship predicted from theory between the residual variance from the linear fit for each locus and its slope is confirmed in simulations. (e) The mean fitness effect for single mutants at 30 loci and double mutants from all possible pairs of the 30 loci. The slope for the double mutants is predicted to be roughly twice that of single mutants. (f) The estimated variance fraction of a double mutant with mutations at two loci is predicted from theory and confirmed in simulations to be approximately the sum of the variance fractions for single mutations at the two loci. Sub-additivity is due to epistasis between the two loci. See Methods for more details.

217 locus  $i$  as

$$\text{AoIL}(i) \equiv \frac{|\sum_{j \neq i} f_j f_{ij} + \sum_{j > k \neq i} f_{jk} f_{ijk} + \dots|}{\left(\sum_{j \neq i} f_{ij}^2 + \sum_{j > k \neq i} f_{ijk}^2 + \dots\right) + |\sum_{j \neq i} f_j f_{ij} + \sum_{j > k \neq i} f_{jk} f_{ijk} + \dots|}, \quad (7)$$

218 which we show can be estimated from data (Methods and SI). If the AoIL is less than half, Eq.  
 219 (4) implies that the linear trend is guaranteed to be negative. If instead the AoIL is greater than  
 220 0.5, the trend can be either positive or negative. The data shows a range of AoIL between 0 and  
 221 1 across loci. As predicted by our theory, we find that the loci with  $\text{AoIL} < 0.5$  always show  
 222 negative trends and the ones with  $\text{AoIL} > 0.5$  show both negative and positive trends (Figure  
 223 3c). Importantly, the sign of the trend is determined by the AoIL and not by the additivity of  
 224 the mutated locus, which we define as

$$\text{Additivity}(i) \equiv \frac{f_i^2}{f_i^2 + \sum_{j \neq i} f_{ij}^2 + \sum_{j > k \neq i} f_{ijk}^2 + \dots}. \quad (8)$$

225 The additivity across loci also has a wide range. However, small additivity does not necessarily  
 226 imply a negative trend (Figure 3d).

227 We next used the data from Johnson *et al.* [15] to analyze the relationship between the slope  
 228 of the linear trend and the residual variance around this trend. We find that the experimental  
 229 data confirms our theoretical prediction that the residual variance is proportional to  $\tilde{v}_i(1 - \tilde{v}_i)$  if  
 230 the AoIL is small (Figure 3e,  $R^2 = 0.5$  for loci with  $\text{AoIL} < 0.5$  and  $R^2 = 0.42$  for all loci). The  
 231 Gaussian-distributed term in Eq. (3) also predicts the shape of the distribution of the residuals  
 232 given the variance fractions, which aligns well with the empirical distribution of the residuals  
 233 (Figure 3f).

234 Together, these theoretical results and our reanalysis of experimental data show that linear  
 235 patterns of global diminishing-returns and increasing-costs epistasis are a simple consequence of  
 236 widespread epistatic interactions. The distribution of variance fractions observed in data (Figure  
 237 3b) further implies that the epistatic influence of different loci on fitness can vary across a wide  
 238 range. In what follows, we show that these two observations can be put together to make general  
 239 predictions about the distribution of fitness effects, and consequently the long-term dynamics of  
 240 adaptation. The key ingredient that enables this analysis (including Eq. (5)) is that in the WE  
 241 limit, fitness and fitness effects are jointly normal (with respect to a uniform distribution over all  
 242 possible genotypes), which allows us to quantify complex dependencies between these variables  
 243 in terms of pairwise covariances.

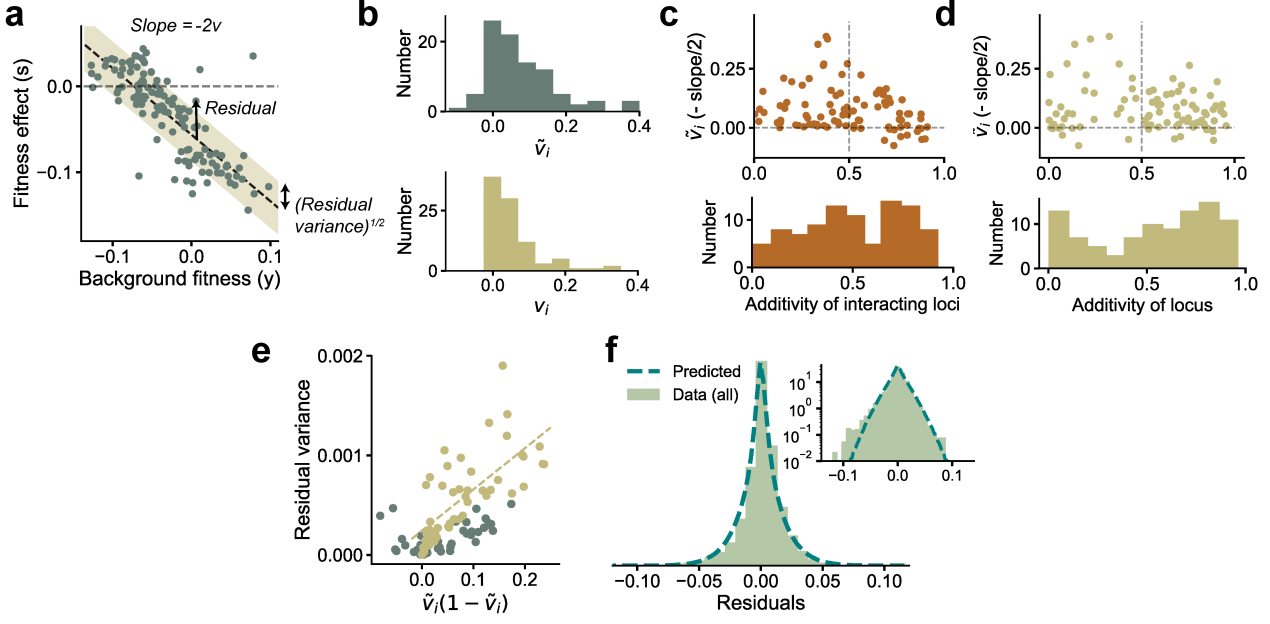


Figure 3. Experimental observations from Johnson *et al.* [15] are consistent with theoretical predictions. (a) The fitness effect of one of the 91 mutations from [15] plotted against background fitness. (b) The distribution of the measured  $\tilde{v}_i$  (negative one-half of the slope from (a)) and variance fractions  $v_i$  for the 91 insertion mutations. (c,d)  $\tilde{v}_i$  plotted against the additivity of interacting loci and the additivity of the mutated locus (see main text for definitions). The histograms are shown below the plots. The sign of the trend depends on the additivity of interacting loci rather than the additivity of the mutated locus. (e) The measured variance of the residuals against the prediction  $\tilde{v}_i(1 - \tilde{v}_i)$ , shown here for the 91 mutations. The yellow circles correspond to the loci with AoIL < 0.5. The best-fit line (yellow dashed line) to these loci has  $R^2 = 0.50$  ( $R^2 = 0.42$  for all points). (f) The shape of the distribution of residuals pooled from all 91 mutations aligns well with the prediction from Eq. (3). The variances of the two distributions are matched. Inset: same plot in log-linear scale. See Methods for more details.

## 244 The distribution of fitness effects

245 Long-term adaptation is determined by the distribution of fitness effects (DFE) of possible  
 246 mutations and the stochastic dynamical processes that lead to fixation. While Eq. (5) represents  
 247 the distribution of the fitness effects of a specific mutation at locus  $i$  over *all* genotypes in the  
 248 population that have fitness  $y$ , we are instead interested in the DFE, where fitness effects are  
 249 measured for all the mutations arising in the background of a *particular* genotype that has fitness

250  $y$ . For now we ignore the influence of evolutionary history on the DFE; we expand on that  
 251 complication in the following Section.

252 Examining the DFE over  $\ell$  loci for a randomly chosen genotype of fitness  $y$  can be thought of as  
 253 sampling the fitness effects  $s_1, s_2, \dots, s_\ell$  from the conditional joint distribution  $P(s_1, s_2, \dots, s_\ell|y)$ ,  
 254 which generally depends on epistasis. If the number of independent, nonzero epistatic terms  
 255 is large, then  $P(s_1, s_2, \dots, s_\ell|y)$  is a multivariate normal distribution defined by the means and  
 256 covariances of the  $\ell + 1$  variables  $y, s_1, s_2, \dots, s_\ell$ , which in turn can be computed in terms of  
 257 the  $f$ 's from Eq. (2). In particular, the conditional means and covariances are  $\text{Mean}_y(s_i) =$   
 258  $-2v_i(y - \bar{y})$ ,  $\text{Cov}_y(s_i, s_j) = 4V(e_{ij} - v_i v_j)$ , where  $e_{ij}$  is the epistatic variance fraction between  
 259 loci  $i$  and  $j$  and  $e_{ii} = v_i$ . This implies that the conditional correlation between fitness effects is  
 260  $(e_{ij} - v_i v_j) / \sqrt{v_i v_j (1 - v_i)(1 - v_j)}$ .

261 The DFE simplifies considerably if we make certain additional assumptions on the magnitude  
 262 of epistatic interactions. If we assume the typical variance fraction  $\bar{v}$  is small (i.e.,  $\bar{v} \ll 1$ ) and  
 263 also that  $e_{ij}$  is  $O(\bar{v}^2)$ , then correlations are  $O(\bar{v})$  and thus negligible. Then, in a particular sample  
 264  $s_1, s_2, \dots, s_\ell$ , we can think of each  $s_i$  as being drawn independently with mean  $-2v_i(y - \bar{y})$  and  
 265 variance  $4v_i V$ . To compute the DFE,  $\rho(s|y)$ , we first sample the variance fraction from the DVF,  
 266  $P(v)$ , and then sample a Gaussian random variable with the aforementioned mean and variance.  
 267 This leads to the DFE

$$\rho(s|y) = \int_0^1 dv (2\sqrt{vV})^{-1} P(v) \varphi\left(\frac{s + 2v(y - \bar{y})}{2\sqrt{vV}}\right), \quad (9)$$

268 where  $\varphi$  is the standard normal pdf. Curiously, the correlations between  $s_i$ 's vanish when  $e_{ij} =$   
 269  $v_i v_j$ , in which case the above equation is exact and the DFE is determined entirely by the DVF.  
 270 Further below, we introduce a specific fitness landscape model for which this relation does hold.  
 271 Diminishing-returns is naturally incorporated in Eq. (9): the mean of  $s$  is  $-2\bar{v}(y - \bar{y})$ , i.e., the  
 272 DFE shifts progressively towards deleterious values with increasing fitness.

## 273 **Historical contingency in adaptive trajectories**

274 A key unresolved question is the extent to which evolutionary history influences the DFE and  
 275 the dynamics of adaptation [27]. That is, what does our theory say about historical contingency?

276 Suppose a clonal population of fitness  $y_0$  accumulates  $k$  successive mutations resulting in

277 fitnesses  $y_1, y_2, \dots, y_k$ . By virtue of arising on the same ancestral background, the fitness gain  
 278 of a new mutation,  $s_{k+1}$ , is in general correlated with the full sequence of past fitnesses and  
 279 the identity of the  $k$  mutations through its epistatic interactions with them. Based on these  
 280 correlations, we use well-known properties of conditional normal distributions [28] to write

$$s_{k+1} = \sum_{i=0}^k w_{k+1,i} y_i + \epsilon, \quad (10)$$

281 where the weights  $w_{k+1,i}$  depend on the variance fraction ( $v_{k+1}$ ) of the new mutation and its  
 282 epistatic interactions with past mutations. Here  $\epsilon$  is the normally-distributed residual that de-  
 283 pends on the initial genotype and the weights (SI). Eq. (10) is a generalization to a sequence of  
 284 mutations of Eq. (5), which we can think of as the special case where  $k = 0$ .

285 To gain intuition, it is useful to first analyze Eq. (10) when  $k = 1$  (i.e., to compute the effect  
 286 of a second mutation conditional on the first). In this case, we show in the SI that

$$s_2 \simeq -2v_2(y_1 - \bar{y}) + \frac{v_1 v_2 - e_{12}}{v_1} s_1 + \epsilon, \quad (11)$$

287 where  $s_1 = y_1 - y_0$  is the fitness effect due to mutation 1. The first term on the right hand side  
 288 is the dependence on the fitness of the immediate ancestor, similar to the corresponding term in  
 289 Eq. (5). The second term quantifies the influence of epistasis between loci 1 and 2 on  $s_2$ . When  
 290  $e_{12} = v_1 v_2$ , dependence on  $s_1$  vanishes entirely and  $s_2$  depends only on  $y_1$ . In contrast, if loci 1  
 291 and 2 do not interact,  $e_{12} = 0$ , and  $s_2$  is, on average, larger *if* the mutation at 1 is beneficial  
 292 compared to when it is deleterious. This has an intuitive interpretation: diminishing-returns  
 293 applies to the overall fitness and the mechanism through which it acts is epistasis. However, if  
 294 mutations 1 and 2 do not interact, then the increase in fitness corresponding to mutation 1 does  
 295 not actually reduce the effect of mutation 2 (as expected by diminishing-returns) so the expected  
 296 effect of mutation 2 is larger. This analysis suggests that during adaptation, since selection favors  
 297 mutations with stronger fitness effects on the current background, a mutation that interacts less  
 298 with previous mutations is more likely to be selected.

299 To identify the conditions under which history plays a minimal role, we would like to examine  
 300 when  $s_{k+1}$  depends only on the current fitness,  $y_k$ , and is independent of both the past fitnesses  
 301 and idiosyncratic epistasis. If this were true, then Eq. (5) would apply for new mutations that  
 302 arise through the course of a single evolutionary path (i.e., the fitness effect of a new mutation is  
 303 “memoryless” and depends only on its variance fraction and the current fitness). Surprisingly, such

304 a condition does exist. We show that this occurs when the magnitude of epistatic interactions  
 305 between the new mutation and the  $k$  previous mutations,  $e_{k+1,1:k}$ , satisfies a specific relation:  
 306  $e_{k+1,1:k} = v_{k+1}v_{1:k}$ , where  $v_{1:k}$  is the combined variance fraction of the  $k$  previous mutations (SI).  
 307 In general, this condition is not satisfied, implying that there will be historical contingency which  
 308 can be analyzed using the framework above. Remarkably, it turns out that a fitness landscape  
 309 model for which the condition is satisfied does exist and arises from certain intuitive assumptions  
 310 on the organization of biological pathways and cellular processes. This fitness landscape model  
 311 additionally serves as an example of a landscape where global epistasis can vary substantially  
 312 across loci. We describe this model below.

### 313 **The connectedness model**

314 We introduce the “connectedness” model (CN model, for short). In this model, each locus  $i$  is  
 315 involved in a fraction  $\mu_i$  of independent “pathways”, where each pathway has epistatic interactions  
 316 between all loci involved in that pathway (Figure 4a). The probability of an epistatic interaction  
 317 between three loci  $(i, j, k)$  is then proportional to  $\mu_i\mu_j\mu_k$ , since this is the probability that these  
 318 loci are involved in the same pathway. When the number of loci  $\ell$  is large, we show that in this  
 319 model,  $v_i = \mu_i/(1 + \mu_i)$ , and when  $\ell$  is small,  $v_i = \mu_i/\bar{\mu}\ell$ , where  $\bar{\mu}$  is the average over all loci (SI).  
 320 The CN model therefore has a specific interpretation: the outsized contribution to the fitness  
 321 from certain loci (large  $v_i$ ) is due to their involvement in many different complex pathways (large  
 322  $\mu_i$ ) and not from an unusually large perturbative effect on a few pathways. The distribution,  
 323  $P(\mu)$ , across loci determines the DVF.

324 Statistical fitness landscapes such as the NK model and the Rough Mt. Fuji model [27, 29–33]  
 325 are related to the CN model. Specifically, the CN model is a sub-class of the broader class of  
 326 generalized NK models (see [34] for a review). However, often-studied fitness landscape models  
 327 have one important difference that distinguishes them and gives qualitatively different dynamics  
 328 of adaptation (shown further below): in contrast to the CN model, classical fitness landscapes  
 329 are typically ‘regular.’ That is, the variance fraction of every locus is assumed to be the same  
 330 (except the star neighborhood model which has a bimodal DVF [34]).

331 The CN model is equivalent to a Gaussian fitness landscape with exponentially-decaying cor-  
 332 relations (SI). The CN model has tunable ruggedness, where the landscape transitions from

additivity to maximal epistasis with increasing  $\bar{\mu}$ . Maximal epistasis corresponds to  $\mu_i = 1$  (and hence  $v_i = 1/2$ ) for all  $i$ . From Eq. (5), this implies that the new fitness after a mutation occurs is independent of the previous fitness, consistent with the expectation from a House-of-Cards model [35] (where genotypes have uncorrelated fitness). Regular fitness landscape models with exponentially-decaying correlations have memoryless fitness effects under the restrictive assumption that every locus is equivalent [27]. We show that the dynamics of adaptation of the more general CN model are also memoryless, i.e., the condition detailed in the previous section holds true (SI). Yet, as we show below, the predicted dynamics for the CN model are very different to those from a regular fitness landscape model.

We emphasize that the well-connectedness assumed for the CN model is not a requirement for Eq. (5) to hold. However, how diminishing-returns influences the long-term dynamics of adaptation depends on the specific genetic architecture and the corresponding fitness landscape. Consider for example an alternative model of genetic networks organized in a modular structure (Figure 4b). In this model, each locus is part of a single module, and interacts epistatically with other loci in that module to determine the fitness of that module; overall fitness is then determined as a function of the module fitnesses. In this case, the variance contributed by a locus is due to its additive contribution and from epistasis between loci restricted to its module. While the argument for diminishing-returns still applies to the fitness as a whole, it follows from the same argument that diminishing-returns should also apply to each module separately. Consequently, the dynamics of adaptation for the modular model are different from the CN model. For simplicity, we analyze the dynamics of adaptation for the CN model and postpone a discussion of how the dynamics differ for different models to subsequent work.

## The dynamics of adaptation

We now examine the DFE that follows from Eq. (5) and what that implies for long-term adaptation under the conditions for memoryless fitness effects. We henceforth assume a large number of loci with sparse epistasis (though the total number of nonzero epistatic terms is still large). This implies that  $\ell \gg 1$ ,  $v_i \ll 1$  and  $\bar{v}\ell \gg 1$ ; for simplicity, we also assume strong-selection-weak-mutation (SSWM) selection dynamics and  $s \ll 1$ ,  $Ns \gg 1$ , where  $s$  are fitness effects and  $N$  is the population size. Under these conditions, a mutation sweeps and fixes in a



362 population before another one arises. The probability of fixation of a beneficial mutation,  $p_{\text{fix}}$ , is  
 363 then proportional to its fitness effect [36].

364 It is convenient to rescale fitnesses based on the total variance in fitness across all possible  
 365 genotypes by defining  $z = V^{-1/2}(y - \bar{y})$ ,  $\sigma = V^{-1/2}s$ ,  $\nu = V^{-1/2}\eta$ . Note that  $\nu$  is normally-  
 366 distributed with zero mean and unit variance. Here  $z$  has an intuitive interpretation as the  
 367 “adaptedness” of the organism. When the organism is neutrally-adapted ( $|z| \ll 1$ ), positive and  
 368 negative epistatic contributions to the fitness are balanced and diminishing-returns is negligible.  
 369 Diminishing-returns is relevant when the organism is well-adapted ( $z \gg 1$ ). Below, we give the  
 370 intuition behind our analysis, which is presented in full detail in the SI.

371 In the neutrally-adapted regime, the linear negative feedback in Eq. (5) is negligible and the  
 372 DFE is determined by the distribution of  $\simeq v^{1/2}\nu$ . Loci with large  $v$  can lead to a DFE with  
 373 a long tail. If  $\bar{v}$  is the typical variance fraction of a locus, the fitness increases as  $z \sim n_s \bar{v}^{1/2}$ ,  
 374 where  $n_s$  is the number of substitutions. Since  $\bar{v}$  is a measure of overall epistasis, this implies that  
 375 epistasis speeds adaptation in the neutrally-adapted regime by allowing access to more influential  
 376 beneficial mutations.

377 Fitness increases until the effect of the negative feedback cannot be neglected. From Eq. (5),  
 378 this happens when  $\bar{v}z \sim \bar{v}^{1/2}\nu$  (i.e., when  $z^2 \sim \bar{v}^{-1}$ ). Intuitively, fitness begins to plateau when  
 379 its accumulated benefit from substitutions is comparable to the scale of the total genetic variance  
 380 ( $n_s \bar{v} \sim 1$ ) and further improvements are due to rare positive fluctuations. In this well-adapted  
 381 regime, diminishing-returns and increasing-costs epistasis strongly constrain the availability of  
 382 beneficial mutations, whose effects can be quantified in this model: for a mutation to have a  
 383 fitness effect  $\sigma$ , we require from Eq. (5) that  $\nu \simeq \sigma/2v^{1/2} + v^{1/2}z$ , which has probability  $\sim e^{-\nu^2/2}$ .  
 384 Beneficial effects of large  $\sigma$  arise when  $\nu$  has a large positive deviation. The most likely  $v$  that  
 385 leads to a particular  $\sigma$  is when  $\nu$  is smallest (i.e., at  $v^* \simeq \sigma/2z$ ), in which case  $\nu \simeq \sqrt{2\sigma z}$ , yielding  
 386 a tail probability  $\sim e^{-\sigma z}$ . Remarkably, the beneficial DFE in the well-adapted regime is quite  
 387 generally an exponential distribution independent of the precise form of the DVF (unless it is  
 388 singular). In particular, we show in the SI that for the DFE,  $\rho(\sigma|z)$ ,

$$\frac{\rho(\sigma|z)}{\rho(-\sigma|z)} = e^{-\sigma z}, \quad (12)$$

389 which depends solely on the adaptedness of the organism. The exponential form arises because  
 390 of the Gaussianity of  $\nu$ , but the argument can be easily extended to  $\nu$  with non-Gaussian tails.

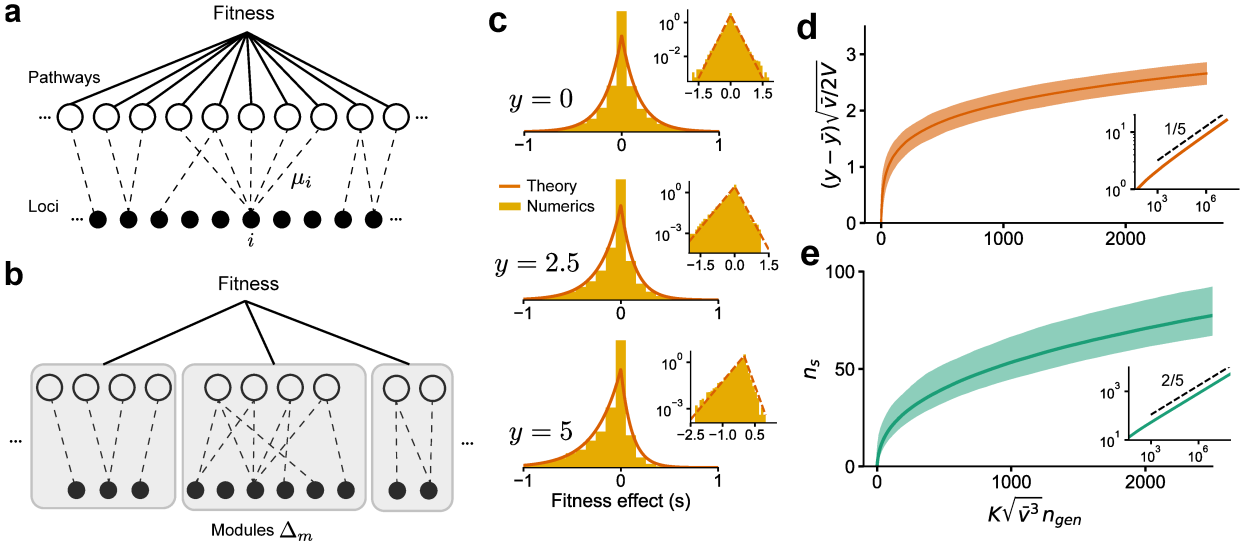


Figure 4. The DFE and long-term adaptation dynamics predicted for the connectedness model. (a) Schematic of the connectedness (CN) model, where each locus is associated with a fraction  $\mu$  of pathways that contribute to the organism's fitness. (b) An alternative model with modular organization, where sets of loci interact only within the pathways specific to a single module. (c) The DFE predicted from Eq. (14) matches those obtained from simulated evolution of genotypes from the CN model. 128 randomly drawn genotypes (400 loci) with initial fitness  $y$  close to zero are evolved to  $y = 2.5$  and  $y = 5$  and the DFE is measured across loci and genotypes. We chose  $\bar{y} = 0$  and  $V = 1$  so that  $y$  represents adaptedness. Insets: same plots in log-linear scale. Note that the number of beneficial mutations acquired during the simulated evolution ( $\sim 10$ -20) is much less than the total number of loci (400). (d) For a neutrally-adapted organism, the theory predicts quick adaptation to a well-adapted state beyond which the adaptation dynamics are independent of the specific details of the genotype-fitness map. Shown here is the mean adaptation curve predicted under strong-selection-weak-mutation (SSWM) assumptions, which leads to a power-law growth of fitness with exponent  $1/5$  in the well-adapted regime (inset). (e) The number of fixed beneficial mutations under SSWM, which grows as a power-law with exponent  $2/5$  in the well-adapted regime (inset). The shaded region is the 95% confidence interval around the mean for (c) and (d). See Methods and SI for more details.

391 An exponential beneficial DFE has been previously proposed by Orr [37] but arises here due to a  
 392 qualitatively different argument. Orr's result instead follows from extreme value theory: Suppose  
 393 the fitness effects of  $\ell$  loci ( $\ell \gg 1$ ) are sampled from a DFE  $\rho(\sigma)$  and  $F(\sigma) \equiv \int_{-\infty}^{\sigma} \rho(\sigma') d\sigma'$ . Then,

the probability that a beneficial mutation has at least a certain effect size  $\sigma$  is  $P(\sigma_b \geq \sigma) = \frac{1-F(\sigma)}{1-F(0)} \approx \frac{\ln F(\sigma)}{\ln F(0)}$ , where the latter approximation holds when beneficial mutations are rare (i.e.,  $1 - F(0)$  is small). A well-known result from extreme value theory (Gumbel's law [38, 39]) implies that for a large family of distributions  $\rho(\sigma)$  and for  $\ell \gg 1$ , we have  $-\ell \ln F(\sigma) \propto e^{-k\sigma}$  (for some constant  $k$ ) and therefore  $P(\sigma_b \geq \sigma) = e^{-k\sigma}$ . This argument is consistent with our results, but does not yield the dependence of  $k$  on adaptedness and the rate of beneficial mutations without additional information about  $\rho(\sigma)$ .

Under SSWM assumptions, from Eq. (12), the typical effect size of a fixed mutation is  $\sigma_{\text{fix}} \sim z^{-1}$ , which typically has a variance fraction,

$$v_{\text{fix}}^* \simeq \sigma_{\text{fix}}/2z \sim 1/2z^2. \quad (13)$$

The above relation makes precise the effects of increasing-costs epistasis on adaptation. As adaptation proceeds, the delicate balance of high fitness configurations constrains fixed beneficial mutations to have *moderate* variance fractions. A mutation of small variance fraction is likely to confer small benefit and is lost to genetic drift, while one with a large variance fraction is more likely to disrupt an established high fitness configuration.

This intuition is not captured in regular fitness landscape models, which assume statistically equivalent loci, i.e.,  $v_i = \bar{v}$  for all  $i$  and  $P(v) = \delta(v - \bar{v})$  is singular. From Eq. (9), we see that this leads to a Gaussian DFE whose mean decreases linearly with increasing fitness, in contrast to the exponential DFE in our theory. The key difference is the lack of loci with intermediate effect, which drive adaptation in the well-adapted regime. As a consequence, the rate of beneficial mutations declines exponentially ( $U_b \sim e^{-\bar{v}z^2/2}$ ) and the fitness thus sharply plateaus at  $z \sim \bar{v}^{-1/2}$ . In contrast, our theory predicts a much slower depletion of beneficial mutations,  $U_b \sim z^{-2}$  (SI). The rate of adaptation is  $dz/dt \sim U_b p_{\text{fix}} \sigma_{\text{fix}} \sim z^{-4}$  (since  $p_{\text{fix}} \sim \sigma_{\text{fix}}$ ), which leads to a slow but steady power-law gain in fitness,  $z \sim t^{1/5}$ . The rate of fixation of beneficial mutations is  $dn_s/dt \sim U_b p_{\text{fix}} \sim z^{-3} \sim t^{-3/5}$ , which gives  $n_s \sim t^{2/5}$ .

We verify our analytical results using numerics. As before, we generated a genotype-phenotype map using the CN model with an exponential DVF,  $P(v) = \bar{v}^{-1} e^{-v/\bar{v}}$  and  $\ell = 400$  loci. The DFE can be calculated exactly by plugging in this  $P(v)$  in Eq. (9):

$$\rho(\sigma|z) = \frac{\bar{v}^{-1}}{2\sqrt{2\bar{v}^{-1} + z^2}} e^{-\sigma z/2 - |\sigma|\sqrt{2\bar{v}^{-1} + z^2}/2}. \quad (14)$$

We simulated the evolution of randomly generated genotypes from  $z = 0$  to  $z = 2.5$  and  $z = 5$  and the DFE across all loci was measured (we chose  $\bar{y} = 0, V = 1$  so that  $y = z, s = \sigma$ ). The theoretical prediction for the DFE, Eq. (14), closely aligns with the numerical results (Figure 4c).

Due to computational constraints, it is difficult to simulate evolution deep into the well-adapted regime. To compute the shape of adaptive trajectories and their variability, we instead simulated SSWM dynamics using the DFE directly from Eq. (14), beginning from a neutrally-adapted fitness ( $z = 0$ ). Typical trajectories (Figure 4d) show rapid adaptation to the well-adapted regime beyond which the fitness grows slowly as  $t^{1/5}$ , as predicted from theory. The predictions for the number of fixed beneficial mutation are also re-capitulated (Figure 4e).

## DISCUSSION

Recent empirical studies have observed consistent patterns of diminishing-returns and increasing-costs epistasis. Our model gives a simple explanation for these observations. In particular, we showed that these patterns are generic consequences of widespread microscopic epistatic interactions. The intuition underlying this result is that a random mutation typically has a larger disruptive effect on the delicate balance of microscopic epistasis that underpins a fitter background. Our model predicts a quantitative relationship between the magnitudes of global epistasis (i.e., the negative slope of diminishing-returns and increasing-costs epistasis) and microscopic epistasis, which we confirmed using existing data (Figure 3).

A similar explanation for diminishing-returns and increasing-costs epistasis has been recently proposed by Lyons *et al.* [16]. While our core argument for diminishing-returns and increasing-costs epistasis is the same as in that work, our Fourier analysis framework dissects the features of the fitness landscape necessary to observe these phenomena in terms of experimentally measurable average effects (i.e., the  $f$ 's in Eq. (2)). In particular, we show that the additivity of a locus' interacting partners critically determines whether the trend is negative or unbiased. In addition, the Fourier analysis framework yields predictions for the distribution of fitness effects, the historical influence of past mutations on the fitness effect of a newly mutated site and motivates the proposed 'connectedness' fitness landscape model. The analysis of experimental data presented in Lyons *et al.* complements the experimental data considered here, lending further empirical

450 support for the prevalence of epistasis and its importance in determining long-term adaptability.

451 Our model leads to other experimentally testable predictions. The most direct and accessible  
452 test of the theory is to measure the fitness for all possible combinations of mutations at  $\sim 10$ -15  
453 significant loci and compare (using Eq. (6)) the magnitude of global epistasis to the measured  
454 fitness coefficients (the  $f$ 's). Additionally, we predict that the magnitude of global epistasis of a  
455 double mutant should be nearly the sum of magnitudes of the corresponding single mutants, and  
456 any deviations should be biased towards sub-additivity. Since the predictions involve measuring  
457 residual variance, experimental noise can be an important confounding factor.

458 The observation that diminishing-returns occurs as a “regression to the mean” effect on certain  
459 fitness landscapes has been noted previously [40, 41]. The theory developed here quantifies  
460 precisely when we should expect to observe these patterns. We emphasize that our key result,  
461 Eq. (5), is a general statistical relation that holds if epistasis is widespread, irrespective of the  
462 specific genetic architecture and the corresponding fitness landscape. Weak epistasis with many  
463 loci is sufficient to observe noticeable patterns of global epistasis. However, the argument fails  
464 if the contribution of a locus is purely additive or when epistasis is limited to one or a handful  
465 of other loci. In the latter case, we expect the fitness effect of a mutation to be dominated by  
466 the allelic states of its partner loci, and thus take on a few discrete values. A few examples from  
467 Johnson *et al.* [15] indeed exhibit this pattern, (e.g. cases where the fitness effect of a specific  
468 mutation depends primarily on the allelic state at a single other locus).

469 We highlight a distinction between global epistasis discussed in this work and another form  
470 of global epistasis (also known as “nonspecific” epistasis) typically used in protein evolution to  
471 describe nonspecific epistatic interactions due to a nearly additive trait transformed by a nonlinear  
472 function [23–25, 42, 43]. This nonlinear function creates systematic relationships between epistasis  
473 terms and breaks the condition of independent epistatic terms required for our arguments to apply.  
474 Specific nonlinearities such as an exponential function may indeed lead to a negative linear trend  
475 on average, but the structure of the residuals differs from the one in Eq. (5) and observed in data.

476 A surprising empirical observation is that the negative linear relationship between fitness effect  
477 and ancestral fitness characteristic of global epistasis has different slopes for different loci. Our  
478 model identifies the negative slope as twice the fraction of variance contributed by a locus to  
479 the trait. To explain the wide range of variance fractions (VF) observed in data, we developed  
480 the connectedness (CN) model, a framework to think about the organization of cellular processes

that can lead to loci of widely varying VFs. In the CN model, loci have a large VF due to their involvement in many different pathways rather than due to a large effect on a single pathway. The CN model can be viewed as a statistical fitness landscape where loci can have a range of VFs, specified by the distribution of variance fractions (DVF). In the special case of every locus having the same VF, the CN model corresponds to a fitness landscape with tunable ruggedness and exponentially-decaying correlations.

Extending our framework to incorporate adaptation, we showed that the distribution of fitness effects (DFE) depends only on the current fitness, rather than the entire evolutionary history, under the intuitive assumptions behind the CN model. The theory therefore gives a simple explanation for why phenotypic evolution can be predictable, even while the specific mutations that underlie this evolution are highly stochastic.

Our framework has an implicit notion of ‘adaptedness’ without referencing a Gaussian-shaped phenotypic optimum, often assumed in models of adaptation (e.g. Fisher’s geometric model) [44–46]. Over the course of adaptation, the DFE shifts towards deleterious values, reflecting diminishing-returns, which naturally arises from our basic arguments. For a well-adapted organism, we show that the DFE for beneficial mutations takes on an exponential form, and leads to universal adaptive dynamics. While an exponential DFE for beneficial mutations has been proposed previously based on extreme value theory [37], our result arises due to an entirely different argument: the tail of the beneficial DFE is determined by loci of intermediate size whose disruptive effect due to increasing-costs is small, yet whose effect size is large enough not to be lost due to genetic drift.

Our theory further predicts declining adaptability, with rapid adaptation in a neutrally-adapted regime followed by much slower increases in fitness, resulting in power-law adaptive trajectories when the organism is well-adapted. This is consistent with observations from the *E.coli* LTEE [1, 2]. Our model predicts a quicker decline in the number of substitutions ( $n_s \sim t^{2/5}$ ) compared to the near linear trend observed in the LTEE data [4]. However, the dynamics of fixation in the LTEE deviate strongly from SSWM assumptions. This may explain the discrepancy, although we note that existing theory has only analyzed the effects of clonal interference and other breakdowns in SSWM assumptions for a constant DFE and weak epistasis [47, 48]. Further work will be required to understand how these effects interact with global epistasis. For example, we may expect that the effect of a highly beneficial mutation at a segregating locus is more likely to be

attenuated due to interference from subsequent deleterious mutations, while a less-fit lineage has a larger pool of beneficial mutations and is thus more likely to ‘leapfrog’ over more-fit lineages.

## METHODS AND MATERIALS

The code and data to generate the figures are available at [49].

### Simulations

We use a fitness landscape model with  $\ell$  loci to generate the genotype-fitness map. Each locus is assigned a sparsity  $\mu$  from  $P(\mu)$ , which is an exponential distribution with mean  $\bar{\mu}$ . Each of  $M$  independent pathways sample loci with each locus  $i$  having probability  $\mu_i$  of being selected to a pathway. We choose  $\ell = 400$ ,  $\bar{\mu} = 0.02$ ,  $M = 500$  so that  $\bar{\mu}\ell = 8$  ensures significant epistasis. All loci in a pathway interact with each other, where additive and higher-order coefficient terms of all orders were drawn independently from a standard normal distribution. The total fitness is the sum of contributions from the  $M$  pathways. We normalize the coefficients so that the sum of squares of all coefficients is 1, i.e., the total variance across genotypes is 1. The mean,  $\bar{y}$  is close to zero from our sampling procedure. The above procedure is a simple and efficient way to generate epistatic terms to order  $\sim 20$ , beyond which the computational requirements are limited by the exponentially increasing demand. Note that the effects described in the paper were also observed with only pairwise and cubic epistatic terms.

The variance fractions shown in Figure 2a can be calculated numerically from the definition. From the theory, given our choice of  $P(\mu)$ , these should follow an exponential distribution with mean  $\bar{v} \approx \bar{\mu}/(1 + \bar{\mu})$ . There may be deviations since  $M$  is finite whereas the calculations assume  $M \rightarrow \infty$ . To generate Figure 2b, in order to get a range of background fitnesses, we first sample 128 random genotypes. These have fitnesses close to zero; in order to obtain a range of fitness values, we simulated the evolution of these 128 genotypes up to  $y = 1, 2, 3, 4, 5$  under strong-selection-weak-mutation (SSWM) assumptions to get  $128 \times 5 = 640$  genotypes at roughly five fitness values. The fitness effect of applying a mutation (i.e., flipping its sign) is measured for 30 randomly chosen loci (which are kept fixed) over each of the 640 genotypes. This is shown for five of the 30 and for the mean over the 30 loci in Figure 2b.

539 To generate Figure 2c, we sampled 64 random genotypes and 12 replicates of each. The  
 540 evolution of these 768 genotypes was simulated for a total of 50 generations with a mutation rate  
 541 of 1 per generation. The mean fitness gain over the 12 replicates is plotted for each of the 64  
 542 founders against their initial fitness.

543 To generate Figure 2d, the residuals are measured using the same procedure as for the exper-  
 544 imental data analysis described below for the initial 128 genotypes at  $y \approx 0$  and the 30 loci with  
 545 the largest variance fraction.

546 Double mutants were created by mutating all pairs of the 30 randomly chosen loci on the 640  
 547 evolved genotypes. Their mean fitness effect was computed and plotted along with the mean  
 548 fitness effect for single mutants, shown in Figure 2e. The variance fraction of the pair of loci for  
 549 the double mutant was estimated as before and compared to the sum of the estimated variance  
 550 fractions of the corresponding single mutants. This is shown in Figure 2f.

551 To generate the plots in Figure 4c, we simulated the evolution of 128 randomly sampled  
 552 genotypes to  $y = 2.5$  and  $y = 5$ . The fitness effect of 200 randomly sampled loci was measured  
 553 and the distribution is plotted.

#### 554 **Analysis of the data from Johnson *et al.***

555 The data from Johnson *et al.* [15] consists of the fitness after the addition of 91 insertion  
 556 mutations on each of 145 background genotypes. The fitness of a particular mutation at locus  $i$   
 557 can be modeled as

$$y_i = -c_i y + b_i + \text{Residual}_i(g), \quad (15)$$

558 where  $y_i, y$  are the mutant and background fitnesses respectively,  $c_i, b_i$  are constants for each locus  
 559 and the residual  $\text{Residual}_i(g)$  depends on the background genotype  $g$ .

560 We estimate the variance fraction  $v_i = (1 - \hat{\rho}_i)/2$ , where the Pearson correlation  $\hat{\rho}_i = \text{Corr}(y_i \oplus$   
 561  $y, y \oplus y_i)$ , where the symbol  $\oplus$  denotes that the mutant and background fitness datasets are  
 562 concatenated.  $\tilde{v}_i$  is estimated as the negative one-half of the slope of the best linear fit of  $s_i = y_i - y$   
 563 and  $y$ . The residuals for each of the 145 genotypes for each of the 91 mutations is simply

$$\text{Residual}_i(g) = (y_i + c_i y) - \overline{(y_i + c_i y)}, \quad (16)$$

564 where the overline represents an average over the 145 genotypes, which is used as an estimate of



the constant term and  $c_i = 2\tilde{v}_i - 1$ . In Figure 3b, we plot the distribution of estimated  $v_i$  and  $\tilde{v}_i$ . In Figure 3c, we compute the AoIL for each locus using Eq. (7), which we show in the SI to be  $|\text{Cov}(s_i, y_i + y)| / (|\text{Cov}(s_i, y_i + y)| + \text{Var}(s_i))$ . In Figure 3d, we compute the additivity using Eq. (8). The additive effect is  $f_i = \overline{(y_i - y)} / 2$  and  $\text{Var}(s_i) / 4$  gives the sum of squares of the epistatic terms (SI). In Figure 3e, we compute the variance of the residuals across the 145 genotypes for each locus and plot it against the locus' estimated  $\tilde{v}_i(1 - \tilde{v}_i)$ . In Figure 3f, we plot the distribution of residuals over all genotypes and loci. The prediction is that in the WE limit the distribution of residuals is determined by  $2\tilde{v}_i(1 - \tilde{v}_i)\eta$ , where  $\eta$  is a Gaussian random variable. We multiply  $\sqrt{\tilde{v}_i(1 - \tilde{v}_i)}$  for each locus with 10,000 i.i.d standard normal RVs, pool the resulting numbers for all loci and plot the predicted distribution in Figure 3f. The distributions are variance-matched. While Figure 3e shows that the variance of the residuals aligns with the theoretical prediction of being proportional to slope, Figure 3f shows that the data is also consistent with the predicted Gaussianity of the background-genotype-dependent contribution.

## ACKNOWLEDGMENTS

We thank Sergey Kryazhimskiy, Andrew Murray, Milo Johnson, and members of the Desai lab for comments on the manuscript. G.R was supported by the NSF-Simons Center for Mathematical and Statistical Analysis of Biology at Harvard (award number #1764269) and the Harvard FAS Quantitative Biology Initiative. M.M.D. acknowledges support from the Simons Foundation (Grant 376196), NSF Grant PHY-1914916, and NIH grant R01GM104239.

- 
- [1] Wiser MJ, Ribeck N, Lenski RE. Long-term dynamics of adaptation in asexual populations. *Science*. 2013;342(6164):1364–1367.
  - [2] Lenski RE, Wiser MJ, Ribeck N, Blount ZD, Nahum JR, Morris JJ, et al. Sustained fitness gains and variability in fitness trajectories in the long-term evolution experiment with *Escherichia coli*. *Proceedings of the Royal Society B: Biological Sciences*. 2015;282(1821):20152292.
  - [3] Tenaillon O, Barrick JE, Ribeck N, Deatherage DE, Blanchard JL, Dasgupta A, et al. Tempo and mode of genome evolution in a 50,000-generation experiment. *Nature*. 2016;536(7615):165–170.

[4] Good BH, McDonald MJ, Barrick JE, Lenski RE, Desai MM. The dynamics of molecular evolution over 60,000 generations. *Nature*. 2017;551(7678):45–50.

[5] Kryazhimskiy S, Rice DP, Jerison ER, Desai MM. Global epistasis makes adaptation predictable despite sequence-level stochasticity. *Science*. 2014;344(6191):1519–1522.

[6] Elena SF, Lenski RE. Evolution experiments with microorganisms: the dynamics and genetic bases of adaptation. *Nature Reviews Genetics*. 2003;4(6):457–469.

[7] Perfeito L, Sousa A, Bataillon T, Gordo I. Rates of fitness decline and rebound suggest pervasive epistasis. *Evolution*. 2014;68(1):150–162.

[8] Wünsche A, Dinh DM, Satterwhite RS, Arenas CD, Stoebel DM, Cooper TF. Diminishing-returns epistasis decreases adaptability along an evolutionary trajectory. *Nature Ecology & Evolution*. 2017;1(4):1–6.

[9] Sanjuán R, Cuevas JM, Moya A, Elena SF. Epistasis and the adaptability of an RNA virus. *Genetics*. 2005;170(3):1001–1008.

[10] Couce A, Tenaillon OA. The rule of declining adaptability in microbial evolution experiments. *Frontiers in genetics*. 2015;6:99.

[11] Jerison ER, Kryazhimskiy S, Mitchell JK, Bloom JS, Kruglyak L, Desai MM. Genetic variation in adaptability and pleiotropy in budding yeast. *Elife*. 2017;6:e27167.

[12] Schenk MF, Szendro IG, Salverda ML, Krug J, De Visser JAG. Patterns of epistasis between beneficial mutations in an antibiotic resistance gene. *Molecular biology and evolution*. 2013;30(8):1779–1787.

[13] Khan AI, Dinh DM, Schneider D, Lenski RE, Cooper TF. Negative epistasis between beneficial mutations in an evolving bacterial population. *Science*. 2011;332(6034):1193–1196.

[14] Chou HH, Chiu HC, Delaney NF, Segrè D, Marx CJ. Diminishing returns epistasis among beneficial mutations decelerates adaptation. *Science*. 2011;332(6034):1190–1192.

[15] Johnson MS, Martsul A, Kryazhimskiy S, Desai MM. Higher-fitness yeast genotypes are less robust to deleterious mutations. *Science*. 2019;366(6464):490–493.

[16] Lyons DM, Zou Z, Xu H, Zhang J. Idiosyncratic epistasis creates universals in mutational effects and evolutionary trajectories. *Nature Ecology & Evolution*. 2020;p. 1–9.

[17] Hordijk W, Stadler PF. Amplitude spectra of fitness landscapes. *Advances in Complex Systems*. 1998;1(01):39–66.

- 621 [18] Neher RA, Shraiman BI. Statistical genetics and evolution of quantitative traits. *Reviews of Modern*  
622 *Physics*. 2011;83(4):1283.
- 623 [19] Weinberger ED. Fourier and Taylor series on fitness landscapes. *Biological cybernetics*.  
624 1991;65(5):321–330.
- 625 [20] Szendro IG, Schenk MF, Franke J, Krug J, De Visser JAG. Quantitative analyses of empirical fitness  
626 landscapes. *Journal of Statistical Mechanics: Theory and Experiment*. 2013;2013(01):P01005.
- 627 [21] Weinreich DM, Lan Y, Wylie CS, Heckendorn RB. Should evolutionary geneticists worry about  
628 higher-order epistasis? *Current opinion in genetics & development*. 2013;23(6):700–707.
- 629 [22] Poelwijk FJ, Krishna V, Ranganathan R. The context-dependence of mutations: a linkage of for-  
630 malisms. *PLoS computational biology*. 2016;12(6):e1004771.
- 631 [23] Starr TN, Thornton JW. Epistasis in protein evolution. *Protein Science*. 2016;25(7):1204–1218.
- 632 [24] Sailer ZR, Harms MJ. Detecting high-order epistasis in nonlinear genotype-phenotype maps. *Ge-*  
633 *netics*. 2017;205(3):1079–1088.
- 634 [25] Otwinowski J, McCandlish DM, Plotkin JB. Inferring the shape of global epistasis. *Proceedings of*  
635 *the National Academy of Sciences*. 2018;115(32):E7550–E7558.
- 636 [26] Bloom JS, Kotenko I, Sadhu MJ, Treusch S, Albert FW, Kruglyak L. Genetic interactions con-  
637 tribute less than additive effects to quantitative trait variation in yeast. *Nature communications*.  
638 2015;6(1):1–6.
- 639 [27] Agarwala A, Fisher DS. Adaptive walks on high-dimensional fitness landscapes and seascapes with  
640 distance-dependent statistics. *Theoretical population biology*. 2019;130:13–49.
- 641 [28] Eaton ML. *Multivariate statistics: a vector space approach*. JOHN WILEY & SONS, INC, 605  
642 THIRD AVE, NEW YORK, NY 10158, USA, 1983, 512. 1983;.
- 643 [29] Neidhart J, Szendro IG, Krug J. Exact results for amplitude spectra of fitness landscapes. *Journal*  
644 *of theoretical biology*. 2013;332:218–227.
- 645 [30] Kauffman SA, Weinberger ED. The NK model of rugged fitness landscapes and its application to  
646 maturation of the immune response. *Journal of theoretical biology*. 1989;141(2):211–245.
- 647 [31] Stadler PF, Happel R. Random field models for fitness landscapes. *Journal of Mathematical Biology*.  
648 1999;38(5):435–478.
- 649 [32] Aita T, Uchiyama H, Inaoka T, Nakajima M, Kokubo T, Husimi Y. Analysis of a local fitness  
650 landscape with a model of the rough Mt. Fuji-type landscape: Application to prolyl endopeptidase

and thermolysin. *Biopolymers: Original Research on Biomolecules*. 2000;54(1):64–79.

[33] Altenberg L, Back T, Foger DB, Michalewicz Z, editors. *NK Fitness Landscapes*, In “The Handbook of Evolutionary Computation”. Oxford Univ. Press; 1997.

[34] Hwang S, Schmiegel B, Ferretti L, Krug J. Universality classes of interaction structures for NK fitness landscapes. *Journal of Statistical Physics*. 2018;172(1):226–278.

[35] Kauffman S, Levin S. Towards a general theory of adaptive walks on rugged landscapes. *Journal of theoretical Biology*. 1987;128(1):11–45.

[36] Haldane JBS. A mathematical theory of natural and artificial selection, part V: selection and mutation. In: *Mathematical Proceedings of the Cambridge Philosophical Society*. vol. 23. Cambridge University Press; 1927. p. 838–844.

[37] Orr HA. The distribution of fitness effects among beneficial mutations. *Genetics*. 2003;163(4):1519–1526.

[38] Gumbel EJ. *Statistics of extremes*. Courier Corporation; 2004.

[39] Majumdar SN, Pal A, Schehr G. Extreme value statistics of correlated random variables: a pedagogical review. *Physics Reports*. 2020;840:1–32.

[40] Draghi JA, Plotkin JB. Selection biases the prevalence and type of epistasis along adaptive trajectories. *Evolution*. 2013;67(11):3120–3131.

[41] Greene D, Crona K. The changing geometry of a fitness landscape along an adaptive walk. *PLOS Comput Biol*. 2014;10(5):e1003520.

[42] Otwinowski J. Biophysical inference of epistasis and the effects of mutations on protein stability and function. *Molecular biology and evolution*. 2018;35(10):2345–2354.

[43] Husain K, Murugan A. Physical Constraints on Epistasis. *Molecular Biology and Evolution*. 2020 05;Cvaa128.

[44] Fisher R. *The genetical theory of natural selection*. Clarendon Press; 1930.

[45] Orr HA. The genetic theory of adaptation: a brief history. *Nature Reviews Genetics*. 2005;6(2):119–127.

[46] Martin G, Lenormand T. A general multivariate extension of Fisher’s geometrical model and the distribution of mutation fitness effects across species. *Evolution*. 2006;60(5):893–907.

[47] Good BH, Rouzine IM, Balick DJ, Hallatschek O, Desai MM. Distribution of fixed beneficial mutations and the rate of adaptation in asexual populations. *Proceedings of the National Academy of*

- 681 Sciences. 2012;109(13):4950–4955.
- 682 [48] Schiffels S, Szöllősi GJ, Mustonen V, Lässig M. Emergent neutrality in adaptive asexual evolution.  
683 Genetics. 2011;189(4):1361–1375.
- 684 [49] Reddy G. github:greddy992/global\_epistasis; 2020. Available from: [https://github.com/](https://github.com/greddy992/global_epistasis)  
685 [greddy992/global\\_epistasis](https://github.com/greddy992/global_epistasis).