

Recent recovery of Antarctic Bottom Water formation in the Ross Sea driven by climate anomalies

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6 Alessandro Silvano^{1,2,3*}, Annie Foppert^{2,3,4}, Stephen R. Rintoul^{2,3,4}, Paul R. Holland⁵, Takeshi
7 Tamura^{6,7}, Noriaki Kimura⁸, Pasquale Castagno⁹, Pierpaolo Falco^{9,10}, Giorgio Budillon^{9,10}, F.
8 Alexander Haumann^{11,5}, Alberto C. Naveira Garabato¹ and Alison Macdonald¹²

9
10 ¹ Ocean and Earth Science, National Oceanography Centre, University of Southampton.

11 ² CSIRO Oceans & Atmosphere, Hobart, Tasmania, Australia.

12 ³ Centre for Southern Hemisphere Oceans Research, Hobart, Tasmania, Australia

13 ⁴ Australian Antarctic Program Partnership, University of Tasmania, Hobart, TAS, Australia.

14 ⁵ British Antarctic Survey, Cambridge, United Kingdom

15 ⁶ National Institute of Polar Research, Tachikawa, Japan.

16 ⁷ SOKENDAI, Graduate University for Advanced Studies, Tachikawa, Japan.

17 ⁸ Atmosphere and Ocean Research Institute, The University of Tokyo, Tokyo, Japan

18 ⁹ Department of Sciences and Technologies, Parthenope University, Centro Direzionale, Isola C4, 80143
19 Napoli, Italy

20 ¹⁰ Consorzio Nazionale Interuniversitario per le Scienze del Mare, Roma, Italy

21 ¹¹ Atmospheric and Oceanic Sciences, Princeton University, Princeton, NJ, USA.

22 ¹² Woods Hole Oceanographic Institution, Woods Hole, MA, USA

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31 *Corresponding author. A.Silvano@soton.ac.uk

46 **Antarctic Bottom Water (AABW) supplies the lower limb of the global overturning**
47 **circulation, ventilates the abyssal ocean, and sequesters heat and carbon on multidecadal to**
48 **millennial timescales. AABW originates on the Antarctic continental shelf, where strong**
49 **winter cooling and brine released during sea ice formation produces Dense Shelf Water that**
50 **sinks to the deep ocean. The salinity, density and volume of AABW has decreased over the**
51 **last 50 years, with the most dramatic changes observed in the Ross Sea. These changes have**
52 **been attributed to increased melting of the Antarctic Ice Sheet. Here we use in situ**
53 **observations to document a recovery in the salinity, density and thickness (i.e. depth range) of**
54 **AABW formed in the Ross Sea, with properties in 2018-2019 similar to those observed in the**
55 **1990s. The recovery was caused by increased sea ice formation on the continental shelf.**
56 **Increased sea ice formation was triggered by an unusual wind forcing associated with the**
57 **unusual combination of positive Southern Annular Mode and extreme El Niño conditions**
58 **between 2015 and 2018. Our study highlights the sensitivity of AABW formation to remote**
59 **forcing and shows that climate anomalies can drive episodic increases in local sea ice**
60 **formation that counter the tendency for increased ice sheet melt to reduce AABW formation.**

61 Cold and dense AABW forms at the Antarctic margin and feeds the abyssal layer of the
62 global ocean¹, supplying the lower limb of the global overturning circulation². AABW occupies
63 ~30-40% of the total volume of the global ocean³ and is able to store heat and carbon in the abyss
64 for several centuries⁴. Variability in AABW formation is thought to regulate atmospheric carbon
65 dioxide concentrations, and therefore the Earth's climate, on centennial to millennial time scales^{5,6}.

66 Dense Shelf Water (DSW), the precursor for AABW, is produced on the Antarctic
67 continental shelf where winter cooling and salinification by sea ice formation produces shelf waters
68 of sufficient density to sink to the deep ocean. The strongest heat loss and salt injection occur in
69 coastal polynyas, where persistent wind-driven export of sea ice allows continuous sea ice
70 formation⁷. Once DSW escapes the continental shelf, it mixes with warmer ambient water (mostly
71 Circumpolar Deep Water) to produce AABW. In recent decades AABW has freshened, decreased

72 in density and its volume has contracted⁸⁻¹¹. The most dramatic changes, especially in terms of
73 freshening, have been observed in the Pacific and Indian sectors of the Southern Ocean¹⁰, where
74 AABW is primarily sourced from DSW from the continental shelf of the western Ross Sea^{8,12,13}.

75 Highly saline (absolute salinity $>34.9 \text{ g kg}^{-1}$) DSW is found on the western Ross Sea
76 continental shelf¹⁴, where the high salinity is the result of both local and remote salt input to the
77 ocean¹⁵. Local input comes from sea ice formation in the Terra Nova Bay Polynya, while remote
78 input includes sea ice formation in the Ross Ice Shelf Polynya and on the broader continental shelf.
79 Part of the salt input by these remote sources is advected toward Terra Nova Bay by coastal currents
80 (Fig. 1a), contributing to the observed high salinity. Saline DSW leaves the western Ross Sea
81 continental shelf near Cape Adare (Fig. 1a).

82 Salinification by sea ice formation is partially offset by freshwater entering from the
83 Amundsen Sea⁹. This freshwater is advected toward the Ross Sea by westward flowing coastal
84 currents. Enhanced ice-sheet melting into the Amundsen Sea is thought to have driven the observed
85 freshening of DSW since the 1950s and, consequently, of AABW formed in the Ross Sea^{9,16}.

86 Here we show that the salinity, density and thickness of AABW increased in 2018 and 2019
87 downstream of the outflow from the western Ross Sea. We link this recovery to strong salinification
88 of DSW from the western Ross Sea continental shelf observed between 2015 and 2018¹⁷. Finally,
89 we show that increased DSW salinity is linked to anomalous interannual atmospheric forcing that
90 has driven increased sea ice formation over the entire Ross Sea continental shelf. These atmospheric
91 anomalies are associated with persistent positive Southern Annular Mode (SAM) and El-Niño
92 conditions, highlighting the connection between remote forcing and AABW formation.

93

94 **Recovery of AABW formed in the Ross Sea**

95 Repeated summer hydrographic transects near Cape Adare (line S4P) and at 150°E are
96 available between the early 1990s and 2018, along with some profiles collected at similar positions

97 between 1969 and 1971, and in 2019 (see Methods and Fig. 1a). The AABW layer became fresher,
98 lighter and thinner between the 1970s and the early 2010s (Fig. 1b-f). The most recent observations
99 in 2018 and 2019 show a reversal of this pattern. At Cape Adare, just downstream of the main
100 outflow of DSW from the western Ross Sea, the AABW layer in 2018 was $0.028\pm0.003\text{ g kg}^{-1}$
101 saltier (Fig. 1d), $0.028\pm0.008\text{ kg m}^{-3}$ denser (Fig. 1e) and $400\pm100\text{ m}$ thicker (Fig. 1f) than
102 observed in 2011 (errors are one standard deviation of the observations). The densest water located
103 near the sea floor, where the largest temporal differences were observed, was $\sim0.05\text{ g kg}^{-1}$ saltier in
104 2018 than in 2011 (Fig. 1b). About 1000 km downstream at 150°E , the signal is damped (potentially
105 due to mixing along the way), but the AABW layer was still $0.013\pm0.003\text{ g kg}^{-1}$ ($\sim0.03\text{ g kg}^{-1}$ near
106 the seafloor) saltier in 2019 than in 2011 (Figs. 1c and 1d). Here the 28.34 kg m^{-3} neutral density
107 layer reappeared in 2018 after vanishing in the early 2010s (Fig. 1f). The AABW temperature did
108 not show substantial changes ($0.01\pm0.04^\circ\text{C}$ at Cape Adare and $0.02\pm0.02^\circ\text{C}$ at 150°E) between
109 2011 and 2018/19 (Figs. 1b and 1c), consistent with minimal changes in previous decades^{9,18}.

110 AABW formed in the Ross Sea freshened by about 0.01 g kg^{-1} per decade between the
111 1970s and the early 2010s^{9,18}. The change in salinity between the 2011 and 2018 was both opposite
112 in sign and about three times faster than observed before 2011 (or five times faster near the sea
113 floor). Temporal changes in AABW could reflect changes in the volume transport and/or changes in
114 the properties of DSW leaving the shelf. Temporal changes in the volume of DSW exported from
115 the shelf can be driven by changes in the easterly winds at the shelf break of the western Ross Sea¹⁹.
116 However, easterly winds did not exhibit anomalous changes between 2015 and 2018 in that region
117 (Extended Data Fig. 1). Processes such as tides, mixing and eddies also influence cross-shelf
118 exchange and AABW formation²⁰. However, we do not expect these processes to drive interannual
119 changes of AABW properties in the absence of interannual changes in wind or buoyancy forcing. In
120 the absence of wind changes near the shelf break, we attribute the increase in AABW salinity,
121 density and thickness to the rapid increase in salinity of DSW observed between 2015 and 2018 on

122 the Ross Sea continental shelf¹⁷ (see also Fig. 2a). Salinification of DSW acts to increase both the
123 salinity and thickness of the newly formed AABW¹⁸.

124

125 **AABW recovery driven by increased sea ice production**

126 Repeated summer measurements in Terra Nova Bay (see Fig. 1a for location) show a strong
127 recovery in DSW salinity between 2015 and 2018¹⁷ (see also Fig. 2a). An increase in salinity after
128 2015 was observed at three other sites on the western Ross Sea continental shelf¹⁷. Similarly, on the
129 eastern continental shelf of the Ross Sea, cold (< -1.85°C) and deep (deepest ~ 200 m of the water
130 column) waters became saltier after 2015 (Extended Data Fig. 2). Thus, in situ observations point to
131 a salinification of dense waters after 2015 over the entire Ross Sea continental shelf.

132 Satellite-derived annual sea ice formation^{21,22} integrated over the entire continental shelf
133 increased strongly during the 2015-2018 period (Fig. 2a), consistent with the increase in salinity of
134 DSW. Two complementary approaches (a sea ice concentration budget²³ and estimates of the net
135 sea ice area exported out of the Ross Sea continental shelf²⁴⁻²⁶, see Methods) provide confirmation
136 of increased sea ice formation during this period. In this study we focus on interannual variability,
137 as our time series are not long enough to investigate longer term (e.g. decadal) variability, and
138 therefore time series are detrended for statistical analysis (see Methods, Extended Data Fig. 3, and,
139 as an example, the dashed red line in Fig. 2a that shows the detrended DSW salinity time series in
140 Terra Nova Bay). Correlation between sea ice formation and DSW salinity peaks at 1-year lag with
141 sea ice formation leading ($R \sim 0.65$, 99% significant) and is relatively high ($R > 0.4$) for lags
142 between 0 and 2 years (see Extended Data Fig. 3). Castagno et al.¹⁷ show that an increase of ~65
143 $\text{km}^3 \text{ year}^{-1}$ in sea ice formation is required to account for DSW salinity changes ($0.02\text{--}0.03 \text{ g kg}^{-1}$
144 year^{-1}) between 2015 and 2018. The observed increase in sea ice formation (~100-150 $\text{km}^3 \text{ year}^{-1}$;
145 see Extended Data Fig. 3b) is sufficient to accomplish the salinity changes, considering that not all
146 released salt accumulates in DSW. Correlations between DSW salinity and sea ice formation in the

147 Ross or Terra Nova Bay polynyas are lower (Extended Data Fig. 3), indicating that DSW properties
148 in Terra Nova Bay are influenced by sea ice formation over the broader continental shelf.

149 Changes in other freshwater sources are unlikely to explain the rapid increase in DSW
150 salinity observed during the 2015-2018 period (see “Freshwater sources to the Ross Sea
151 continental shelf” in the Methods). In particular, hydrographic observations on the eastern Ross Sea
152 continental shelf do not show a reduction in freshwater import from the Amundsen Sea in recent
153 years²⁷, and ice sheet discharge into the Amundsen Sea has continued to rise during the last
154 decade²⁸, indicating that changes in glacial meltwater transported by coastal currents from the
155 Amundsen Sea cannot explain the increase in DSW salinity in the Ross Sea. In conclusion, our
156 analysis indicates that sea ice formation over the Ross Sea continental shelf is the dominant factor
157 in driving interannual changes in DSW salinity in Terra Nova Bay. DSW salinity lags sea ice
158 formation by about one year. These results link the recent increase in DSW salinity and the
159 associated recovery in AABW formation to an increase in sea ice formation over the Ross Sea
160 continental shelf (Figs. 2a and 3b). We now discuss the drivers of increased sea ice formation
161 between 2015 and 2018.

162

163 **Increased sea ice formation driven by reduced sea ice import**

164 Near the Antarctic coast, sea ice flows westward from the Amundsen Sea toward the Ross
165 Sea driven by easterly winds (Figs. 4c and Extended Data Fig. 4). We link increased sea ice
166 formation between 2015 and 2018 over the Ross Sea continental shelf to a reduction in the inflow
167 of sea ice from the Amundsen Sea (Fig. 2b). Indeed, sea ice formation and inflow are strongly
168 negatively correlated ($R=-0.65$; significant at 99%). Reduced sea ice import during summer
169 (November to February) resulted in lower sea ice concentration over the Ross Sea continental shelf
170 at the end of summer (i.e. February, Fig. 3d), conditions favourable to enhanced sea ice formation
171 in early winter (March to May; Extended Data Fig. 5). Sea ice concentration in February
172 preconditions sea ice formation in the following early winter, whereby less sea ice allows enhanced

173 growth in open waters when air temperature drops at the beginning of the winter season²⁹. Reduced
174 sea ice import during winter (March to October; Extended Data Fig. 5) was associated with a
175 reduction in sea ice concentration in the southern Ross Sea over the same period (Fig. 3f). Lower
176 sea ice concentration enhances sea ice formation in leads and reduces mechanical stresses and
177 associated sea ice rafting and ridging²³. Smaller mechanical stress allowed greater sea ice
178 divergence and an increase in the size and activity (i.e. sea ice formation) of the Ross Ice Shelf
179 Polynya (Fig. 3b). Thus, more open water, increased sea ice divergence, and a larger and more
180 active Ross Ice Shelf Polynya acted together to increase sea ice formation over the continental shelf
181 throughout the winter (Figs. 2 and 3b). A sea ice concentration budget²³ (see Methods) confirms
182 increased sea ice formation concurrent with increased sea ice divergence and reduced sea ice rafting
183 and ridging between 2015 and 2018 on the Ross Sea continental shelf.

184 Processes other than a decrease in sea ice import can potentially cause a reduction in sea ice
185 concentration over the Ross Sea continental shelf, including increased southerly winds pushing sea
186 ice offshore or enhanced local sea ice melting in summer. However, between 2015 and 2018, there
187 were neither anomalous southerly winds nor anomalous local sea ice melting (see Methods and
188 Extended Data Fig. 6). Thus, our statistical and mechanistic analyses point to the decrease of sea ice
189 inflow from the Amundsen Sea as the key driver of increased sea ice formation over the Ross Sea
190 continental shelf between 2015 and 2018. We next show how climate forcing caused the reduction
191 in sea ice import into the Ross Sea.

192

193 **Reduced sea ice import driven by climate anomalies**

194 Reduced sea ice inflow from the Amundsen Sea between 2015 and 2018 resulted from a
195 combination of weakened easterly winds and anomalously low sea ice concentration in the western
196 Amundsen Sea (Figs. 4a and 4b). This combination is particularly apparent in summer, when sea
197 ice concentration was strongly diminished and the strength of the easterly winds steadily declined.
198 Summer easterly winds and sea ice concentration in the western Amundsen Sea are strongly

199 correlated (0.73, significant at 99%), suggesting that reduced import of sea ice from the eastern
200 Amundsen Sea, driven by reduced easterly winds, was the main driver of the reduced sea ice
201 concentration in the west between 2015 and 2018. During winter in the years 2015 to 2018, sea-ice
202 concentrations were also low, while easterly winds did not show a sustained decline as observed in
203 summer. We argue that the low sea ice concentration during winter was preconditioned by summer
204 conditions, consistent with previous work³⁰ showing that reduced summer sea ice increases upper
205 ocean heat content by solar radiation, reducing winter sea ice. This mechanism is supported by the
206 strong correlation ($R=0.63$, significant at 99%) we find between summer and winter sea ice
207 concentration in the western Amundsen Sea. Thus, our analysis suggests that reduced summertime
208 easterly winds drove year-round reduction in sea ice concentration in the western Amundsen Sea
209 and reduced sea ice inflow into the Ross Sea. We now conclude our analysis by linking reduced
210 summer easterly winds with climatic forcing.

211 Two climate indices represent the dominant modes of atmospheric variability in the Pacific
212 sector of the Southern Ocean: SAM and the Southern Oscillation Index (SOI)³¹. SAM, to first order,
213 describes the strength of the westerly winds and is associated with pressure anomalies over the
214 entire Southern Ocean. SOI captures variability associated with the El Niño/La Niña cycle, which
215 affects the low-pressure system over the Amundsen Sea (Amundsen Sea Low). Anomalous positive
216 SAM (westerly anomalies) and negative SOI (El Niño, weakened Amundsen Sea Low) occurred
217 between 2015 and 2018. This superposition is rare as the two indices are generally in phase³¹.
218 Positive SAM and negative SOI anomalies occurred together in summer 2015, 2016 and, to lesser
219 extent, in 2018 (Fig. 5a). In winter, this combination emerged clearly only in 2015 (Extended Data
220 Fig. 7), consistent with the hypothesis that summer winds dominated the ocean-sea ice response. A
221 multiple regression analysis (see Methods) confirms that positive SAM is associated with low
222 pressures causing westerly anomalies that extend to the Antarctic coast (Fig. 5c). Negative SOI
223 weakens the Amundsen Sea Low, generating an anticyclonic anomaly in the Amundsen Sea and
224 westerly anomalies near the coast (Fig. 5d). The combination of positive SAM and negative SOI

225 weakened summer easterlies in the western Amundsen Sea (Fig. 5b), ultimately leading to the
226 recent recovery of AABW formed in the Ross Sea.

227

228 **Response of AABW formation to climate anomalies**

229 Observations during the past half century have shown sustained freshening, decrease in
230 density and contraction of AABW formed in the Ross Sea⁸⁻¹⁰. Counter to this multi-decadal
231 tendency, recent observations reveal a sharp increase in salinity, density and thickness of AABW,
232 with properties in 2018-2019 comparable to those observed in the 1990s. Observations in the
233 abyssal Southern Ocean are sparse and we therefore cannot rule out similar rapid changes in the
234 past. However, the magnitude and speed of the recent changes (five times faster than changes
235 observed in previous decades near the sea floor) suggest that the recent recovery is associated with
236 an unusual climate anomaly. Here, we have outlined a five-step process by which large-scale
237 climate perturbations were transferred to the abyssal Southern Ocean (Fig. 6). 1) The rare
238 combination of positive SAM and negative SOI (El-Niño) between 2015 and 2018 triggered a
239 weakening of the easterly winds in the Amundsen Sea. 2) Weakened easterlies caused a reduction
240 of sea ice import from the Amundsen into the Ross Sea. 3) Reduced sea ice import drove increased
241 sea ice formation over the Ross Sea continental shelf by making sea ice more dynamic (i.e. lower
242 sea ice concentration, less ridging and rafting, more divergence). 4) Increased sea ice formation
243 enhanced the salinity of DSW formed on the Ross Sea continental shelf. 5) Finally, enhanced
244 salinity of DSW escaping the continental shelf of the western Ross Sea drove an increase in the
245 salinity, density and thickness of AABW. These results highlight the sensitivity of AABW
246 formation to forcing from climate phenomena associated with dynamics of the tropics (El Niño) and
247 the upper atmosphere (SAM). The unusual combination of positive SAM and El Niño between
248 2015-2018 produced anomalies in surface winds and, in turn, sea ice formation of sufficient
249 magnitude to compensate for two decades of freshening at the long-term mean rate observed prior
250 to 2015.

251 Interannual changes in sea ice formation and hence AABW properties in the Weddell Sea
252 have also been attributed to wind anomalies associated with climate modes^{32,33}, although lack of
253 observations on the continental shelf prevents an assessment of the link between winds and AABW
254 formation there³⁴. There is now evidence that the abyssal Southern Ocean can rapidly respond to
255 climatic forcing. Future climate projections under sustained anthropogenic forcing show that
256 positive SAM anomalies will become more common^{35,36}, along with the frequency of extreme El-
257 Niño events³⁷ (as observed in 2015-2016). It is also projected that the El Niño-negative SAM
258 relationship observed during the past decades will weaken in a warming climate³⁸. The combination
259 of these projected changes may lead to more frequent occurrences of simultaneous El Niño and
260 positive SAM anomalies (as observed during the 2015-2018 period), possibly enhancing AABW
261 formation.

262 Climate models predict that AABW formation will reduce in a warming climate as a result
263 of increased freshwater input by the Antarctic Ice Sheet³⁹, and there is some evidence that this is
264 already happening^{9,40}. However, at present, climate models do not well reproduce the complex
265 interactions between the ocean, sea ice, ice sheet and atmosphere in Antarctica⁴¹, and therefore they
266 cannot capture the physical mechanisms shown here to drive the recent renewal in AABW
267 formation. Our study establishes that climate anomalies can lead to episodes of enhanced sea ice
268 formation that counter the impact of ice sheet melting, causing enhanced AABW formation. The
269 interplay between these processes needs to be resolved if we aim to assess how climate change will
270 affect the abyssal ocean and its ability to store heat and carbon in decades and centuries to come.

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385

386 **Author contributions**

387 A.S. and S.R.R. coinceved the study. A.S., A.F. and S.R.R. analysed the oceanographic data.
 388 S.R.R., P.C., P.F., G.B. and A.M. collected part of the oceanographic data used in this study. A.S.,
 389 P.R.H., T.T. and N.K. analysed the sea ice and atmospheric data. F.A.H. and A.C.N.G. provided
 390 essential insight in the interpretation of the observations. A.S. wrote the manuscript with input from
 391 all the co-authors.

392

393 **Competing interests**

394 The authors declare no competing interests.

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401 **Fig. 1| Recovery of AA BW formed in the Ross Sea.** **a**, Map of the study area with bathymetry
 402 overlaid⁴². Crosses indicate observations from the Eltanin expedition in 1969-1971, while orange
 403 dots denote data collected by a deep float in 2019 (see Methods). **b**, **c**, Conservative temperature
 404 (°C) versus absolute salinity (g kg^{-1}) at Cape Adare and at 150°E (see location in **a**). Overlaid are
 405 the 28.30, 28.32 and 28.34 kg m^{-3} neutral density surfaces for reference. **d**, **e**, Average AABW
 406 absolute salinity and neutral density. AABW is defined¹⁸ as water denser than 28.30 kg m^{-3} . **f**,
 407 Thickness of the 28.30 (dashed black) and 28.34 (solid black) kg m^{-3} layers at Cape Adare and
 408 thickness of the 28.34 kg m^{-3} layer at 150°E (red). Thickness is calculated between the depth of the
 409 density surface and the sea floor. Mean (dots) and standard deviation (vertical bars) are calculated
 410 using observations collected each year along the two transects. Observations from the Eltanin
 411 expedition are temporally averaged between 1969 and 1971.

412

413 **Fig. 2| Link between DSW salinity, sea ice production and import.** **a**, DSW salinity (g kg^{-1} , solid
 414 red) measured near the sea floor in Terra Nova Bay¹⁷ (see Methods) and yearly (March to October)

415 sea ice production (km^3 , solid black) over the Ross Sea continental shelf between 1992 and 2018.
416 Note that some years are missing in the DSW salinity time series. The dashed red line is the
417 detrended DSW salinity. **b**, Yearly (November to October) sea ice area (10^5 km^2) imported from the
418 Amundsen Sea into the Ross Sea (blue), calculated across the gate shown in Fig. 4c (see Methods).
419 Note that the y-axis is reversed. Overlaid is the yearly sea ice production as in **a**.

420
421 **Fig. 3 | Sea ice changes in the Ross Sea.** **a**, Climatological yearly (March to October) sea ice
422 production (m) over the Ross Sea continental shelf. **b**, Anomaly of sea ice production temporally
423 averaged between 2015 and 2018. In **a** and **b** the 5-m yearly sea ice production contour is in solid
424 black to capture the edge of coastal polynyas, while the 0.5-m contour in dashed black highlights
425 areas outside coastal polynyas with relatively high rates of sea ice production. **c**, Climatological sea
426 ice concentration (%) in February over the southern Ross Sea. **d**, Anomaly of February sea ice
427 concentration temporally averaged between 2015 and 2018. **e**, **f** Same as **c**, **d** but for winter (March
428 to October). Climatologies and anomalies are defined in the Methods.

429
430 **Fig. 4 | Interannual variability of winds and sea ice in the western Amundsen Sea.** **a**, Summer
431 (November to February) anomalies of easterly winds (m s^{-1}) and sea ice concentration (%) in the
432 western Amundsen Sea between 1992 and 2018 (see Methods). Values are obtained from a spatial
433 average inside the black box in **c**. The south-north transect on the western side of the box represents
434 the gate used to estimate the sea ice inflow from the Amundsen to the Ross Sea. Easterly winds are
435 obtained by rotating the coordinate system counterclockwise by 30° to follow the coastline. **b**, Same
436 as **a** for winter (March to October). **c** (**d**) Summer climatology (2015-2018 anomaly) of winds
437 (vectors) and sea ice concentration (background color) in the Ross and western Amundsen seas.

438
439 **Fig. 5 | Anomalous climate forcing between 2015 and 2018.** **a**, Summer anomalies of SAM
440 (black) and SOI (red) between 1992 and 2018. The 2015-2018 period is characterized by positive
441 SAM and negative SOI. **b**, Multiple regression (see Methods) of SAM and SOI onto mean sea level
442 pressure (mbar, red lines), and associated winds (m s^{-1} , black vectors). Contours of mean sea level
443 pressure are every 0.5 mbar. Solid (dashed) lines mean positive (negative) anomalies. **c**, SAM
444 component of the regression. This panel highlights atmospheric variability associated with positive
445 SAM. **d**, Same as **c**, for (negative) SOI. In this panel contours are every 0.25 mbar. Note how both
446 positive SAM and negative SOI cause westerly anomalies over the Amundsen Sea.

447
448 **Fig 6 | Schematic illustrating the physical mechanisms driving enhanced AABW formation in**
449 **the Ross Sea.** The unusual combination of positive SAM and El-Niño resulted in weaker easterly
450 winds in the western Amundsen Sea, less import of sea ice, and a more open sea ice pack with higher
451 rates of sea ice formation on the Ross Sea continental shelf. The resulting increase in DSW salinity
452 enhanced the formation of AABW.

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462 **Methods**

463 **Datasets**

464 The data used in the study are summarised below.

465 *1) Oceanography Data*

466 Repeat hydrographic sections were occupied along the S4P line and at 150°E (P11S)
467 between the early 1990s and 2018 (Fig. 1a). Data were collected and made publicly available by the
468 International Global Ship-based Hydrographic Investigations Program (GO-SHIP; [http://www.go-
469 ship.org/](http://www.go-ship.org/)) and the national programs that contribute to it. Profiles were collected between January
470 and March (except for an April cruise in 1993 at 150°E) to minimize aliasing due to seasonal
471 variability. Temperature, practical salinity and pressure measurements are accurate to within
472 $\pm 0.002^{\circ}\text{C}$, ± 0.002 psu, and ± 3 dbar, respectively. We also use summer CTD profiles⁴³
473 (<https://www.nodc.noaa.gov>) from a series of cruises conducted onboard RV Eltanin between 1969
474 and 1972 located near the repeat sections^{8,18}. The accuracy of the Eltanin observations was not
475 reported, but accuracies in other oceanographic cruises during the same period are likely to be
476 indicative: $\pm 0.005^{\circ}\text{C}$ for temperature, ± 0.003 to 0.01 in salinity, and $\pm 0.5\%$ for pressure⁴⁴. Finally,
477 we use data collected by a deep Argo float (WMO: 7900635, <http://www.argodatamgt.org>;
478 deployed on 2 February 2019 near 151.5°E, 65°S). Profiles were collected between February and
479 early April 2019 nearby the 150°E section (see Fig. 1a). Capable of withstanding pressures as high
480 as 6000 dbar⁴⁵, the float profiles from the sea surface to seafloor. The salinity profiles were
481 calibrated post-deployment against a nearby shipboard CTD cast taken the previous year at 150°E,
482 64.6°S on the R/V Investigator voyage IN2018_V01. Calibrations were done in T-S space and
483 within the stable part of the water column, i.e. between 2000 dbar and the deep salinity minimum,
484 such that an anomalous linear freshening with pressure is removed. After the correction to salinity
485 has been made, the mean (median) offset between the float and shipboard salinities is 0.00025 psu
486 (0.00021 psu).

487 All these observations are used here to investigate temporal changes in AABW properties.

488 Practical salinity and potential temperature are converted into absolute salinity (g kg^{-1}) and
489 conservative temperature ($^{\circ}\text{C}$), respectively, while Neutral Density (kg m^{-3}) is used to characterize
490 water density⁴⁶.

491 Hydrographic measurements in Terra Nova Bay (74.75°S – 75.50°S , 163°E – 166°E) have
492 been collected as part of the long term (1995 to present) Italian National Antarctic Research
493 Programme (PNRA; <http://morsea.uniparthenope.it>). We also use measurements collected during
494 two Nathaniel B. Palmer expeditions in 2013 and 2018 as part of the TRACERS
495 (<https://doi.org/10.1594/IEDA/320068>) and CICLOPS (<https://www.bco-dmo.org/dataset/783911>)
496 projects, respectively. DSW properties are measured in the core of the Drygalski Trough (bottom
497 depth > 800 m) between 870 and 900 m depth, where the densest water accumulates. The reader is
498 referred to Castagno et al.¹⁷ for more details about this dataset. Measurements have been mostly
499 collected toward the end of the austral summer season (around February). Since summer DSW
500 properties are influenced by sea ice formation during previous winter(s), the DSW salinity time
501 series is shifted back by one year to investigate its co-variability with sea ice formation.

502 We use data collected by two APEX profiling floats (WMO: 5904150, 5904152;
503 <http://www.argo.ucsd.edu>) deployed in December 2013 from the U.S. icebreaker Nathaniel B.
504 Palmer, cruise NPB-1310, on the eastern Ross Sea continental shelf (see Extended Data Fig. 2 for
505 location). Float 5904150 collected data on the eastern Ross Sea continental shelf for about 3 years
506 before drifting away, while float 5904152 sampled that area for about 4 years. The reader is referred
507 to Porter et al.²⁷ for more details about measurements collected by these floats.

508 2) Atmospheric Reanalysis

509 We use daily atmospheric data provided by the ERA5 re-analysis⁴⁷
510 (<https://www.ecmwf.int/en/forecasts/datasets/reanalysis-datasets/era5>). More specifically, we use
511 surface winds at 10 m height, mean sea level pressure and surface air temperature.

512 3) Sea Ice Data

513 SEA ICE CONCENTRATION: We use two satellite-derived daily products for sea ice

514 concentration. The first product is version 3 of NOAA/NSIDC Climate Data Record of Passive
515 Microwave Sea Ice Concentration⁴⁸ (CDR; <https://nsidc.org/data/G02202/versions/3>). Here, we use
516 data from November 1991 to December 2018. The second product is the AMSR-E/AMSR2⁴⁹
517 (advanced microwave scanning radiometer; https://nsidc.org/data/AU_SI12/versions/1). We use
518 data from 2003 to 2010 (AMSR-E) and from 2013 to 2018 (AMSR2).

519 SEA ICE MOTION: We use three different daily products for sea ice motion that, for
520 simplicity, we name 1) "Pathfinder", 2) "Kimura" and 3) "wind approximation". 1) The first product
521 is the Polar Pathfinder⁵⁰ (<https://nsidc.org/data/NSIDC-0116/versions/4>), covering the period
522 between November 1991 and December 2018 (for our study). 2) We also derive ice drift using a
523 cross-correlation technique applied to AMSR-E/AMSR2 brightness temperatures²³, providing year-
524 round data between 2003 and 2010 and between 2013 and 2018. We use the Kimura dataset, along
525 with AMSR-E/AMSR2 sea ice concentration, to calculate the sea ice budget. 3) Finally, we
526 approximate sea ice motion using surface winds. Sea ice speed is taken to be 2% of the surface
527 wind speed, while sea ice is assumed to drift in the same direction of the surface winds as the
528 turning angle of sea ice relative to the wind is small^{51,52} (0 to 15° to the left of the wind direction).
529 Results are not sensitive to the parameters chosen for the wind approximation, meaning that the
530 levels of significance of the correlations shown in this study do not change if the scaling factor is
531 varied by ±1% or the turning angle by 15°. We use ERA5 to infer sea ice motion because it
532 provides year-round and long-term (i.e. several decades) data, while other datasets are either too
533 short (Kimura) or do not well reproduce sea ice motion in summer²⁴ (Pathfinder). The "wind
534 approximation", along with CDR sea ice concentration, is used to estimate interannual variability of
535 sea ice imported from the Amundsen Sea into the Ross Sea. The ERA5-based estimate is consistent
536 with estimates from the other two datasets (Pathfinder and Kimura) during winter (see Extended
537 Data Fig. 4d), confirming that winds can be used to approximate sea ice flow, at least in the area we
538 are interested in. In other regions this approximation works less well, as for example near Cape

539 Adare where most of the sea ice is exported out of the Ross Sea continental shelf (Extended Data
540 Fig. 4). Here the wind approximation overestimates the export (Extended Data Fig. 4e), presumably
541 due to strong sea ice ridging occurring there (see sea ice concentration budget) that cannot be
542 captured by this approximation. As such, the sea ice export through a transect that encloses the Ross
543 Sea continental shelf, as done for winter months in previous studies²⁴⁻²⁶, cannot be properly
544 estimated using the wind approximation.

545 SEA ICE FORMATION: Monthly sea ice production is derived from satellite microwave
546 measurements brightness temperature data (Defense Meteorological Satellite Program (DMSP)
547 Special Sensor Microwave Imager, SSM/I; https://nsidc.org/data/smmr_ssmi) following Tamura et
548 al.^{21,22}. The method allows estimation of sea ice formation in areas of thin (< 0.2 m) sea ice. In this
549 calculation, sea ice formation is assumed to be zero where sea ice is thick (> 0.2 m), consistent with
550 minimal growth in thick ice areas^{53,54}. Estimates of sea ice production using this technique have
551 been found to be consistent within 20 to 25% of in-situ estimates derived by oceanographic
552 measurements²². This methodology captures sea ice formation in the Ross Ice Shelf and Terra Nova
553 Bay polynyas and in areas to the north of the Ross Ice Shelf polynya where sea ice is frequently thin
554 and therefore relatively high growth occurs (see Fig. 3). Values are then spatially integrated over
555 the Ross Sea continental shelf (inshore the 1000 m isobath, see Figs. 3a and 3b) and temporally
556 integrated between March and October to obtain yearly sea ice production as shown in Fig. 2 and
557 Extended Data Fig. 3. Coastal polynyas are defined as areas where sea ice production is more than 5
558 m year⁻¹. As a consequence, the edge of the polynyas changes between years. Sea ice production in
559 polynyas is shown in Extended Data Fig. 3.

560 Two other complementary methods can be used to infer sea ice formation: 1) a sea ice
561 concentration budget²³ and 2) calculating the net (net = out-in) sea ice area that exits the Ross Sea
562 continental shelf²⁴⁻²⁶ (using Kimura and Pathfinder products, see above). These methods reflect the
563 “whole-shelf” sea ice formation and do not capture coastal polynyas (see below for sea ice

564 concentration budget). They both provide evidence of increased sea ice formation between 2015
565 and 2018 (see Extended Data Figs. 4e and 9). However, we highlight that these methodologies do
566 not account for sea ice thickness and therefore they cannot provide volume changes.

567 4) *Climate indices*

568 The leading mode of atmospheric variability in the Southern Hemisphere is described by the
569 Southern Annular Mode (SAM) index. To the first order, variability of SAM is associated with
570 strengthening (positive phase) and weakening (negative phase) of the westerly winds over the entire
571 Southern Hemisphere. Monthly SAM is provided by the British Antarctic Survey⁵⁵
572 (<https://legacy.bas.ac.uk/met/gjma/sam.html>). Monthly SAM values are standardized before
573 analysis.

574 The Southern Oscillation Index (SOI) captures variability associated with El Niño and La
575 Niña cycles. We used monthly SOI provided by NCAR (<https://climatedataguide.ucar.edu/climate-data/southern-oscillation-indices-signal-noise-and-tahitidarwin-slp-soi>). Monthly SOI values are
577 standardized before analysis.

578

579 **Statistical Analysis**

580 This study focuses on interannual variability and anomalies are defined accordingly.
581 Anomalies for yearly datasets (DSW salinity, cumulative sea ice formation and cumulative sea ice
582 import), are obtained by removing climatological mean and trend calculated over the temporal
583 period covered by the data. The remaining datasets used to estimate summer and winter anomalies
584 (sea ice concentration, winds, mean sea level pressure and climate indices) are first averaged into
585 monthly means, except for climate indices that are already monthly values. Then, monthly
586 anomalies are obtained by subtracting the climatological monthly mean and trend estimated over
587 the temporal period covered by the data. Finally, summer (November to February) and winter
588 (March to October) anomalies are obtained by averaging the monthly anomalies over the

589 corresponding months. Climatologies and trends are calculated over the period 1992 to 2018, except
590 for DSW salinity which is calculated over the period 1994-2018 when data are available.

591 Anomalies as defined above are then used to calculate the linear correlation (Pearson
592 correlation) between different variables. The correlation between sea ice formation and DSW
593 salinity is calculated at different lags. Autocorrelation is not included in the significance
594 computation (Student *t* test) since the DSW salinity time series has several gaps and the
595 decorrelation time cannot be properly quantified. The decorrelation time for all other time series is
596 effectively zero, since the autocorrelation function falls below 1/e at one year lag in all cases.

597 We use summer anomalies to perform a multiple linear regression of SAM and SOI onto
598 mean sea level pressure (Fig. 5). To investigate the 2015-2018 period characterized by positive
599 SAM and negative SOI anomalies, we invert SOI values (i.e. from negative to positive and
600 viceversa). In this way, the regression model captures atmospheric variability associated with
601 concurrent positive SAM and negative SOI. In Figs. 5 c and 5d we show the SAM/SOI component
602 based on the coefficients of the multiple regression. Atmospheric anomalies are scaled to better
603 describe the 2015-2018 period (SAM anomaly = 0.5; SOI anomaly = -1 as observed during the
604 2015-2016 El-Niño). In most of the Ross and Amundsen seas, the p-value is lower than 0.1 (not
605 shown), indicating that the regression well captures the superposition of deepening/rising of the
606 Amundsen Sea Low related to SOI and the falling/rising pressures near the coast during
607 positive/negative SAM. In Fig. 5 we plot winds derived by the mean sea level pressure (i.e.
608 geostrophic winds). The multiple regression performed onto winds (Extended Data Fig. 8) mirrors
609 the geostrophic winds shown in Fig. 5. However, the p-value of the regression onto winds is
610 generally larger than 0.1 near the coast (not shown). This is due to local processes (e.g. katabatic
611 winds), not related to large scale climatic forcing, that "add noise" to the wind variability near the
612 coast. On the other hand, mean sea level pressure and associated geostrophic winds reflect the large
613 scale forcing, which is the focus of this work.

614

615 **Freshwater sources to the Ross Sea continental shelf**

616 Our analysis shows a strong positive correlation between yearly sea ice formation and DSW
617 salinity (Extended Data Fig. 3), including an increase between 2015 and 2018. Another mechanism
618 that could have driven the recent increase in DSW salinity is reduced freshwater import from the
619 Amundsen Sea. However, while we cannot discount some contribution from freshwater import, we
620 argue that this mechanism is unlikely to be the dominant driver of the recent enhanced DSW
621 salinity for the following reasons. 1) Modelling work^{16,56} shows that the response of dense waters
622 over the Ross Sea continental shelf to changes in freshwater import from the Amundsen Sea is not
623 immediate. This because of the time (~3-4 years⁵⁶) required for freshwater injected through a
624 narrow entrance in the eastern Ross Sea to spread all over the continental shelf and thus for dense
625 waters to adjust to this "localized input". In contrast, our observations show rapid and concurrent
626 salinification over the entire continental shelf, with similar rates of salinification observed on the
627 western and eastern Ross Sea continental shelf (Fig. 2a and Extended Data Fig. 2f). 2) Recent (post-
628 2013) hydrographic observations do not show any signal of reduced freshwater inflow into the Ross
629 Sea from the Amundsen Sea²⁷, as would be needed to explain the observed salinification of dense
630 waters, especially on the eastern shelf close to the source of freshwater. 3) Ice sheet discharge into
631 the Amundsen Sea, which is argued to be the main source of the multi-decadal freshening in the
632 Ross Sea⁹, has continued to increase over the past two decades^{28,57}.

633 We also note that basal melting of ice shelves in the Amundsen Sea is dominated by decadal
634 variability⁵⁸, whose oscillations are expected to be much larger than any long term trend⁵⁹. For
635 example, basal melting in the early 2000s was comparable to that observed in the mid- 2010s, with
636 higher values around 2010⁵⁸. This decadal signal affects the rates of thinning and acceleration of
637 Amundsen Sea ice streams⁵⁸⁻⁶⁰. However, none of these ice streams have actually decelerated or
638 thickened appreciably, and basin-wide average results show an overall signal of continued ice shelf
639 thinning and ice stream acceleration throughout the recent period^{28,57,60}. This implies that iceberg

640 discharge has increased in recent decades, at least during periods of low basal melting. While the
641 exact location of iceberg melting is unknown, modelling studies⁶¹⁻⁶³ show that a large fraction of
642 freshwater released by melting of “Amundsen” icebergs occurs within coastal currents that
643 transport freshwater toward the Ross Sea continental shelf. This might explain why decreased
644 freshwater import into the Ross Sea has not been detected in recent years²⁷ despite the drop in basal
645 melting of ice shelves in the Amundsen Sea⁵⁸, and why long-term salinity observations have not
646 detected any decadal signal in the Ross Sea⁹. To conclude, we infer that while freshwater import
647 can influence low frequency (multi-year to decadal) variability of DSW salinity and most likely
648 explains the multi-decadal freshening⁹, higher frequency (interannual) variability is dominated by
649 sea ice formation, including the recent salinity increase.

650 Changes in the intrusions of salty Circumpolar Deep Water onto the continental shelf can
651 also influence properties of shelf waters in the Ross Sea⁶⁴. However, these intrusions are localized
652 in troughs¹⁴ and therefore changes in such intrusions are unlikely to explain synchronous changes in
653 salinity over the entire shelf. Furthermore, model simulations⁵⁶ suggest that stronger intrusions,
654 required to increase salinity on the continental shelf, occur when along-shelf break winds
655 strengthen. Stronger winds at the shelf break were not observed between 2015 and 2018 (Extended
656 Data Fig. 1). Other local sources, such as freshwater fluxes from the Ross Ice Shelf or precipitation,
657 are also unlikely to explain the observed DSW salinification, since their contribution to the
658 freshwater budget is much smaller than that due to import from the Amundsen Sea²⁷.

659

660 **Sea ice concentration budget**

661 We calculate a budget²³ based on the rate of change in sea ice concentration and associated
662 drivers (i.e. advection, divergence, thermodynamics and mechanical processes). We use satellite-
663 derived sea ice concentration (AMSR-E/AMSR2) and drift (Kimura) to estimate the budget of sea
664 ice concentration C :

665
$$\frac{\partial C}{\partial t} = -\mathbf{u} \cdot \nabla C - C \nabla \cdot \mathbf{u} + \text{residual}$$

666 where \mathbf{u} is the sea ice velocity vector (m s^{-1}). The term on the left hand side represents the rate of
 667 change of sea ice concentration, or sea ice intensification. The first term on the right hand side
 668 relates sea ice intensification to sea ice advection, while the second term is associated with sea ice
 669 divergence. The residual term includes thermodynamics (sea ice melting and freezing) and
 670 mechanical redistribution (ridging and rafting of sea ice, or simply “ridging”). Positive values of the
 671 residual term are associated with net sea ice growth, while negative values are associated with sea
 672 ice melting or ridging. During the winter, sea ice melting is low and therefore negative values of the
 673 residual are mostly associated with net ridging. During summer, when sea ice concentration
 674 decreases, negative values are linked with net melting. We note that the budget is associated with
 675 changes in sea ice area and not volume, since observations of Antarctic sea ice thickness are
 676 limited⁶⁵. For this reason this budget cannot be used to estimate the total sea ice formation or
 677 melting, but only the changes in sea ice area associated with these processes.

678 Extended Data Fig. 9 shows maps of the divergence and residual term during winter. The
 679 resolution of the dataset (60-km grid plus the differentiation required for the budget calculation) do
 680 not allow any representation of polynyas near the coast. Therefore, this budget has to be interpreted
 681 in terms of "large-scale" features of the southern Ross Sea. On the south-western continental shelf,
 682 the budget shows strong divergence and sea ice formation, consistent with high sea ice formation in
 683 the Ross Ice Shelf and Terra Nova Bay polynyas. To the north and east of this area, sea ice
 684 convergence and ridging occur, especially near Cape Adare. Between 2015 and 2018, negative
 685 anomalies of divergence and positive anomalies of the residual term can be observed. This indicates
 686 more sea ice formation (and more divergence) on the south-western continental shelf, and less
 687 ridging (and less convergence) to the north and east. These results confirm enhanced sea ice
 688 formation concurrent with increased divergence and reduced ridging between 2015 and 2018 on the
 689 Ross Sea continental shelf.

690 Extended Data Fig. 6c shows the summer cumulative (in time) residual term of the sea ice
691 budget spatially integrated over the Ross Sea continental shelf. Only negative values are included in
692 the calculation to provide a proxy for the amount of sea ice area lost due to sea ice melting. No
693 signal of anomalous sea ice melting can be detected between 2015 and 2018. We note that the same
694 calculation performed including only times when sea ice concentration was less than 90% (i.e.
695 when no ridging is expected) provides analogous results (not shown). Moreover, there were neither
696 anomalous strong southerly winds (Extended Data Fig. 6a) nor elevated surface air temperature
697 between 2015 and 2018 (Extended Data Fig. 6b), confirming that reduced sea ice concentration in
698 summer over the southern Ross Sea was driven by reduced sea ice import from the Amundsen Sea.

699 The sea ice budget just introduced provides an important tool to investigate sea ice processes
700 and their temporal changes. However, satellite data required to perform this budget cover only a
701 relatively short and discontinuous period (2003-2010 and 2013-2018). Therefore, while this budget is
702 useful as a consistency check for our analysis and provides an independent confirmation of the
703 increased sea ice formation between 2015 and 2018 over the Ross Sea continental shelf, it currently
704 cannot be used alone to investigate temporal variability in sea ice dynamical and thermodynamical
705 processes for periods longer than a few years.

706

707 **Data availability**

708 Oceanographic data were collected and made publicly available by the International Global
709 Ship-based Hydrographic Investigations Program (GO-SHIP; <http://www.go-ship.org/>), by the
710 National and Oceanic and Atmospheric Administration NOAA (<https://www.nodc.noaa.gov>), by the
711 International Argo Program and the national programs that contribute to it
712 (<http://www.argodatamgt.org>; <http://www.argo.ucsd.edu>; <http://argo.jcommops.org>), by the Italian
713 National Antarctic Research Programme (PNRA; <http://morsea.uniparthenope.it>), and during
714 Nathaniel B. Palmer expeditions in 2013 and 2018 as part of the TRACERS
715 (<https://doi.org/10.1594/IEDA/320068>) and CICLOPS (<https://www.bco-dmo.org/dataset/783911>).

716 Atmospheric data are provided by the ECMWF ERA5 re-analysis
717 (<https://www.ecmwf.int/en/forecasts/datasets/reanalysis-datasets/era5>). The National Snow and Ice
718 Data Center provides the satellite-derived data used in this study: sea ice concentration and
719 brightness temperature (<https://nsidc.org/data/G02202/versions/3>;
720 https://nsidc.org/data/AU_SI12/versions/1; https://nsidc.org/data/smmr_ssmi), sea ice motion
721 (<https://nsidc.org/data/NSIDC-0116/versions/4>).

722 Climate indices are provided by the British Antarctic Survey (Southern Annular Mode:
723 <https://legacy.bas.ac.uk/met/gjma/sam.html>) and by the National Centre for Atmospheric Research
724 (Southern Oscillation Index: <https://climatedataguide.ucar.edu/climate-data/southern-oscillation-indices-signal-noise-and-tahitidarwin-slp-soi>).

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727 **Code availability**

728 Matlab scripts used for the analyses described in this study can be obtained from the
729 corresponding author on reasonable request.

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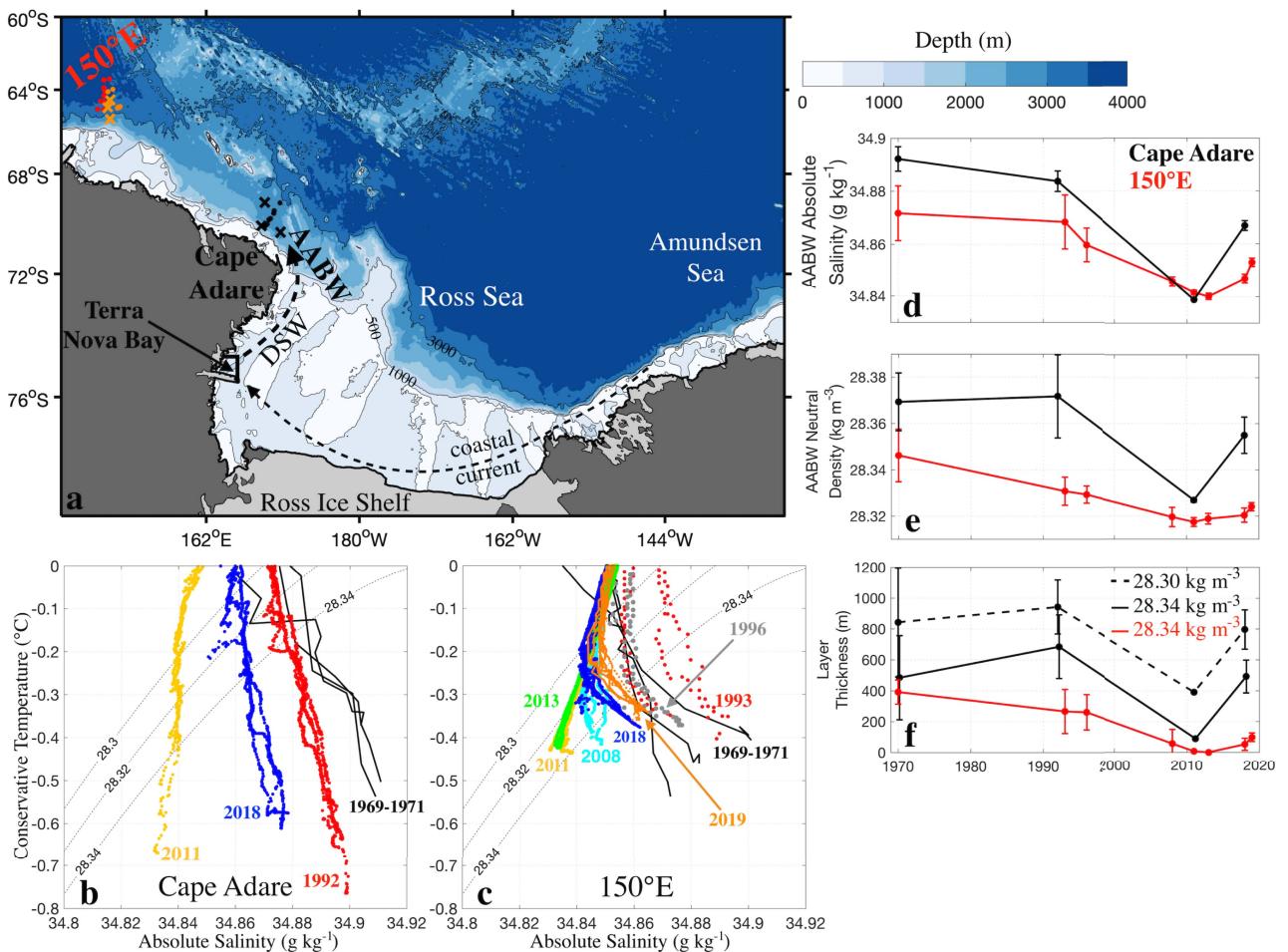


Fig. 11 Recovery of AABW formed in the Ross Sea. a, Map of the study area with bathymetry overlaid²². Crosses indicate observations from the Eltanin expedition in 1969–1971, while orange dots denote data collected by a deep float in 2019 (see Methods). **b, c**, Conservative temperature (°C) versus absolute salinity (g kg⁻¹) at Cape Adare and at 150°E (see location in **a**). Overlaid are the 28.30, 28.32 and 28.34 kg m⁻³ neutral density surfaces for reference. **d, e**, Average AABW absolute salinity and neutral density. AABW is defined²² as water denser than 28.30 kg m⁻³. **f**, Thickness of the 28.30 (dashed black) and 28.34 (solid black) kg m⁻³ layers at Cape Adare and thickness of the 28.34 kg m⁻³ layer at 150°E (red). Thickness is calculated between the depth of the density surface and the sea floor. Mean (dots) and standard deviation (vertical bars) are calculated using observations collected each year along the two transects. Observations from the Eltanin expedition are temporally averaged between 1969 and 1971.

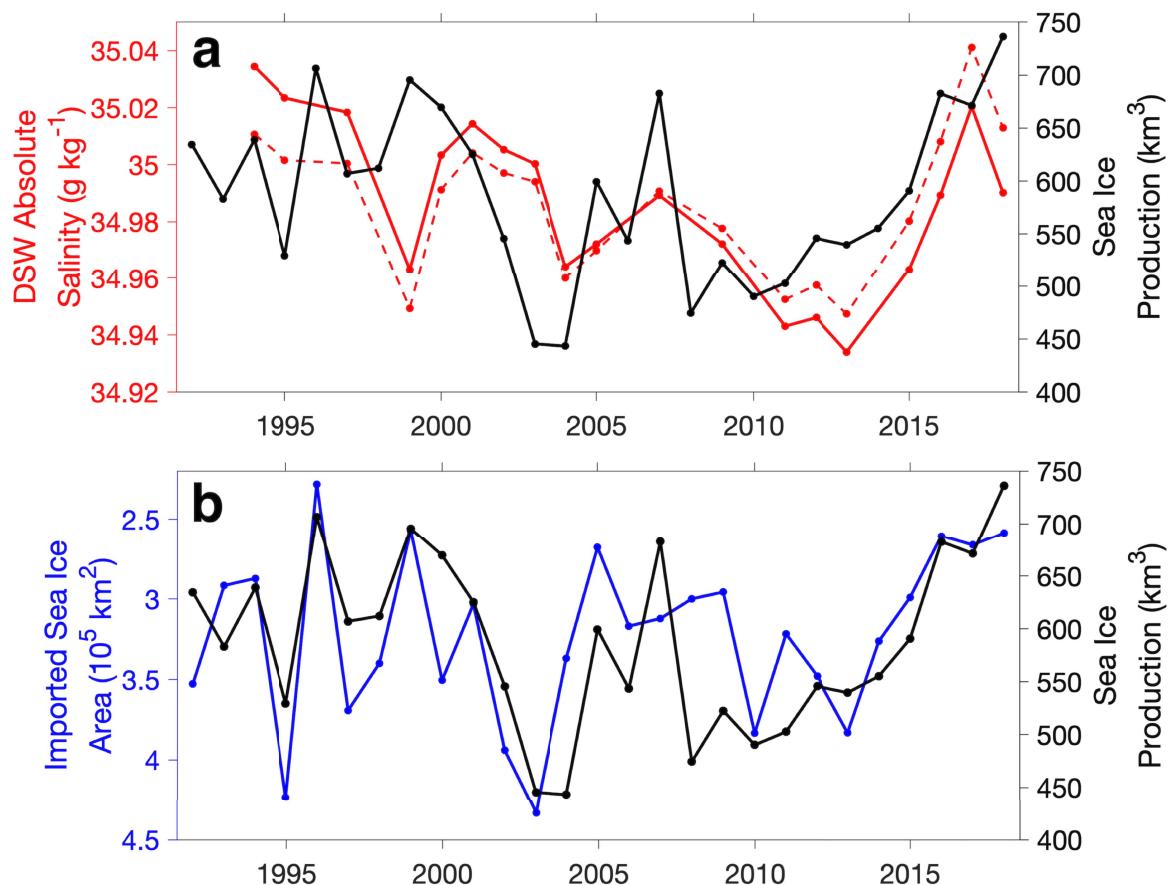


Fig. 2| Link between DSW salinity, sea ice production and import. **a**, DSW salinity (g kg^{-1} , solid red) measured near the sea floor in Terra Nova Bay²² (see Methods) and yearly (March to October) sea ice production (km^3 , solid black) over the Ross Sea continental shelf between 1992 and 2018. Note that some years are missing in the DSW salinity time series. The dashed red line is the detrended DSW salinity. **b**, Yearly (November to October) sea ice area (10^5 km^2) imported from the Amundsen Sea into the Ross Sea (blue), calculated across the gate shown in Fig. 4c (see Methods). Note that the y-axis is reversed. Overlaid is the yearly sea ice production as in **a**.

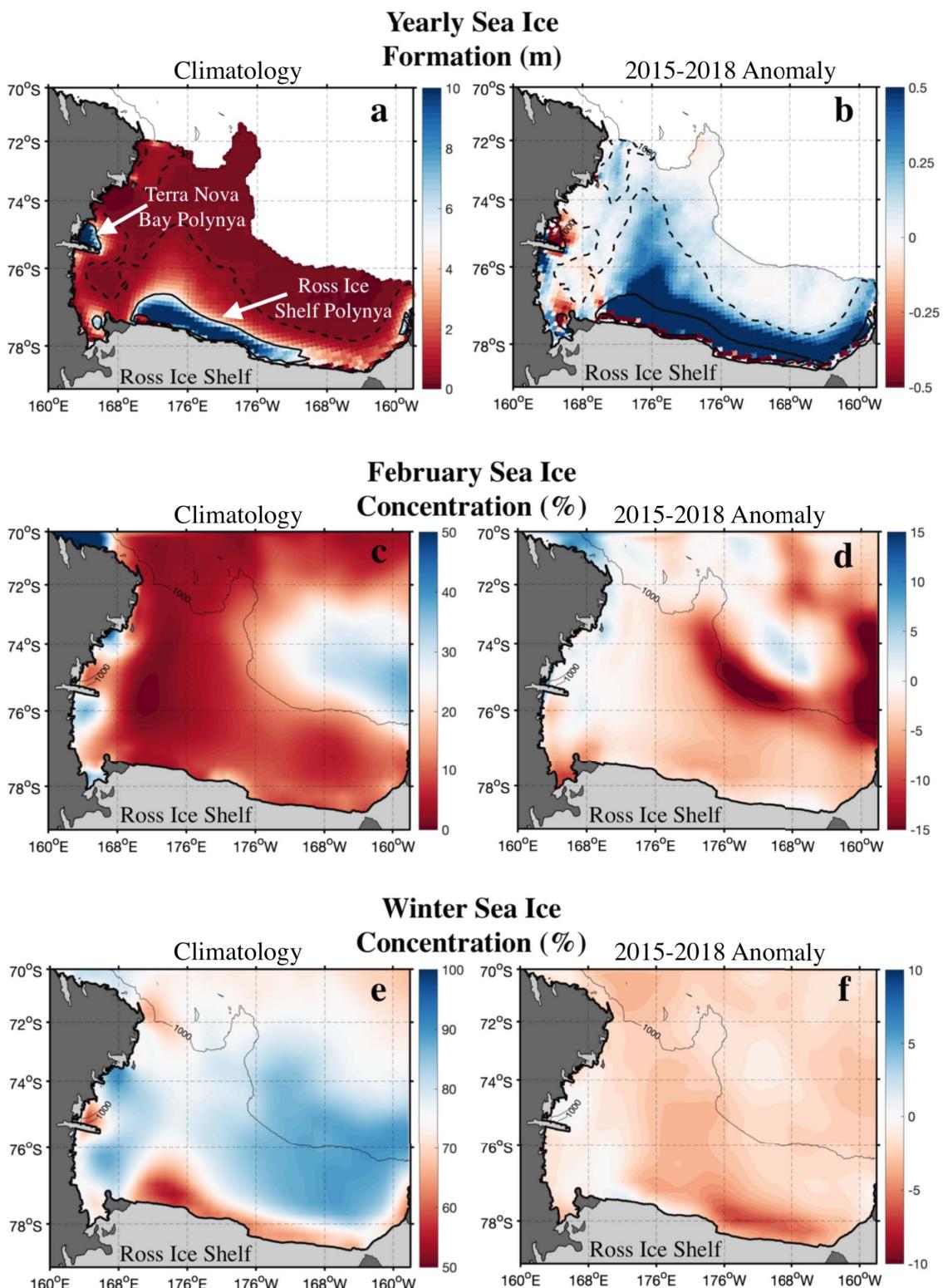


Fig. 3| Sea ice changes in the Ross Sea. **a**, Climatological yearly (March to October) sea ice production (m) over the Ross Sea continental shelf. **b**, Anomaly of sea ice production temporally averaged between 2015 and 2018. In **a** and **b** the 5-m yearly sea ice production contour is in solid black to capture the edge of coastal polynyas, while the 0.5-m contour in dashed black highlights areas outside coastal polynyas with relatively high rates of sea ice production. **c**, Climatological sea ice concentration (%) in February over the southern Ross Sea. **d**, Anomaly of February sea ice concentration temporally averaged between 2015 and 2018. **e**, **f** Same as **c**, **d** but for winter (March to October). Climatologies and anomalies are defined in the Methods.

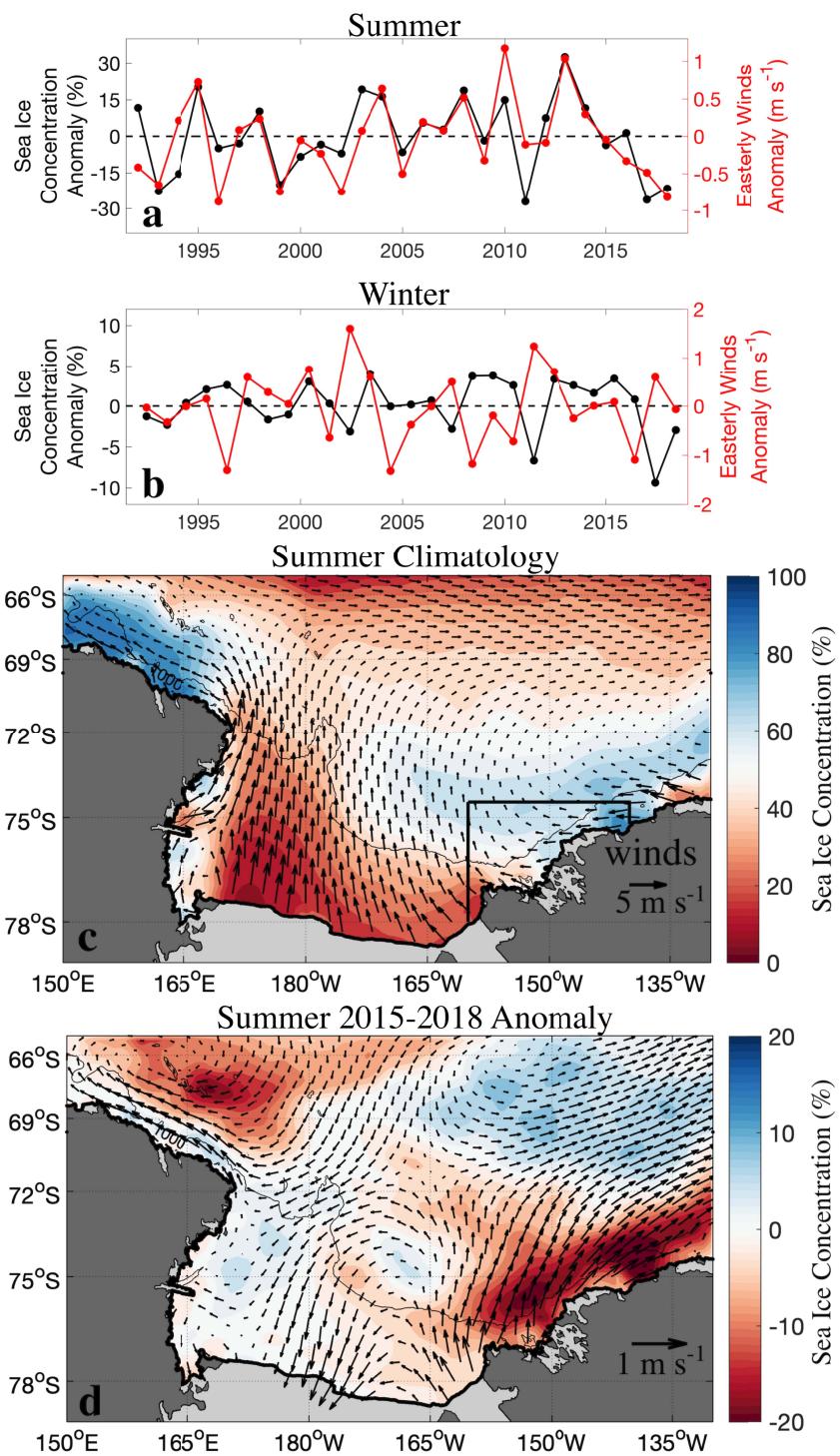


Fig. 4 | Interannual variability of winds and sea ice in the western Amundsen Sea. **a**, Summer (November to February) anomalies of easterly winds (m s^{-1}) and sea ice concentration (%) in the western Amundsen Sea between 1992 and 2018 (see Methods). Values are obtained from a spatial average inside the black box in **c**. The south-north transect on the western side of the box represents the gate used to estimate the sea ice inflow from the Amundsen to the Ross Sea. Easterly winds are obtained by rotating the coordinate system counterclockwise by 30° to follow the coastline. **b**, Same as **a** for winter (March to October). **c** (**d**) Summer climatology (2015–2018 anomaly) of winds (vectors) and sea ice concentration (background color) in the Ross and western Amundsen seas.

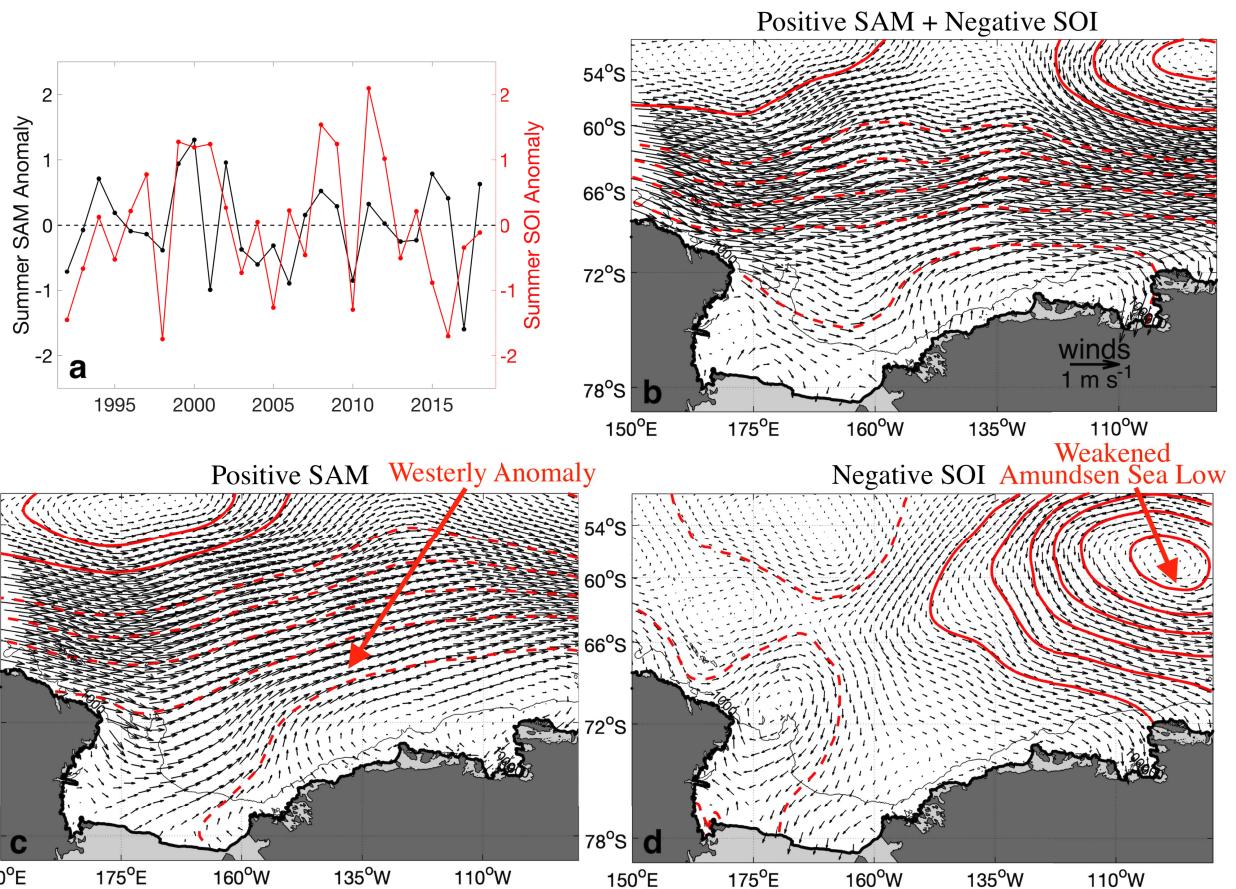


Fig. 5 | Anomalous climate forcing between 2015 and 2018. **a**, Summer anomalies of SAM (black) and SOI (red) between 1992 and 2018. The 2015–2018 period is characterized by positive SAM and negative SOI. **b**, Multiple regression (see Methods) of SAM and SOI onto mean sea level pressure (mbar, red lines), and associated winds (m s^{-1} , black vectors). Contours of mean sea level pressure are every 0.5 mbar. Solid (dashed) lines mean positive (negative) anomalies. **c**, SAM component of the regression. This panel highlights atmospheric variability associated with positive SAM. **d**, Same as **c**, for (negative) SOI. In this panel contours are every 0.25 mbar. Note how both positive SAM and negative SOI cause westerly anomalies over the Amundsen Sea.

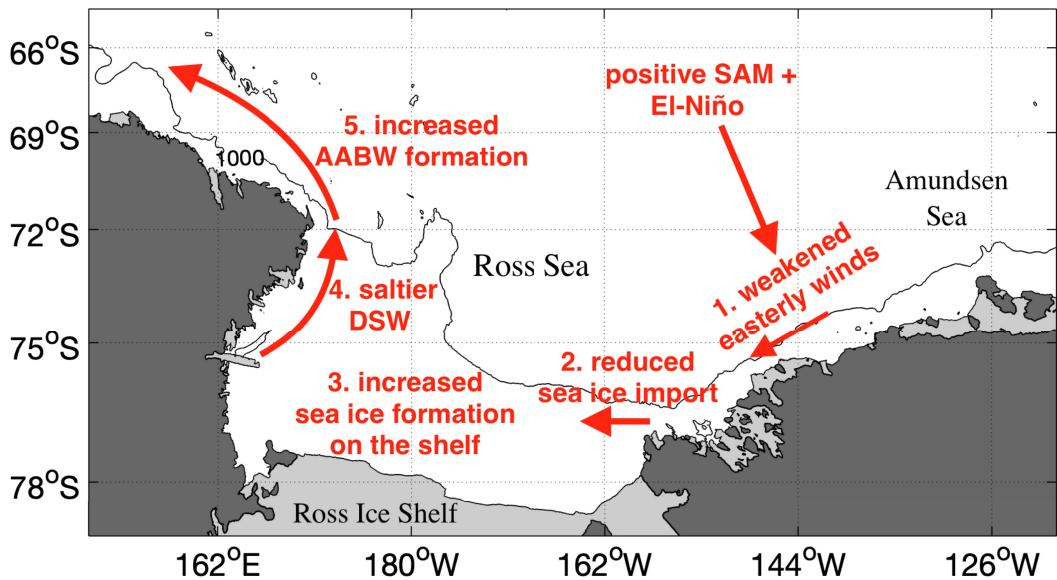
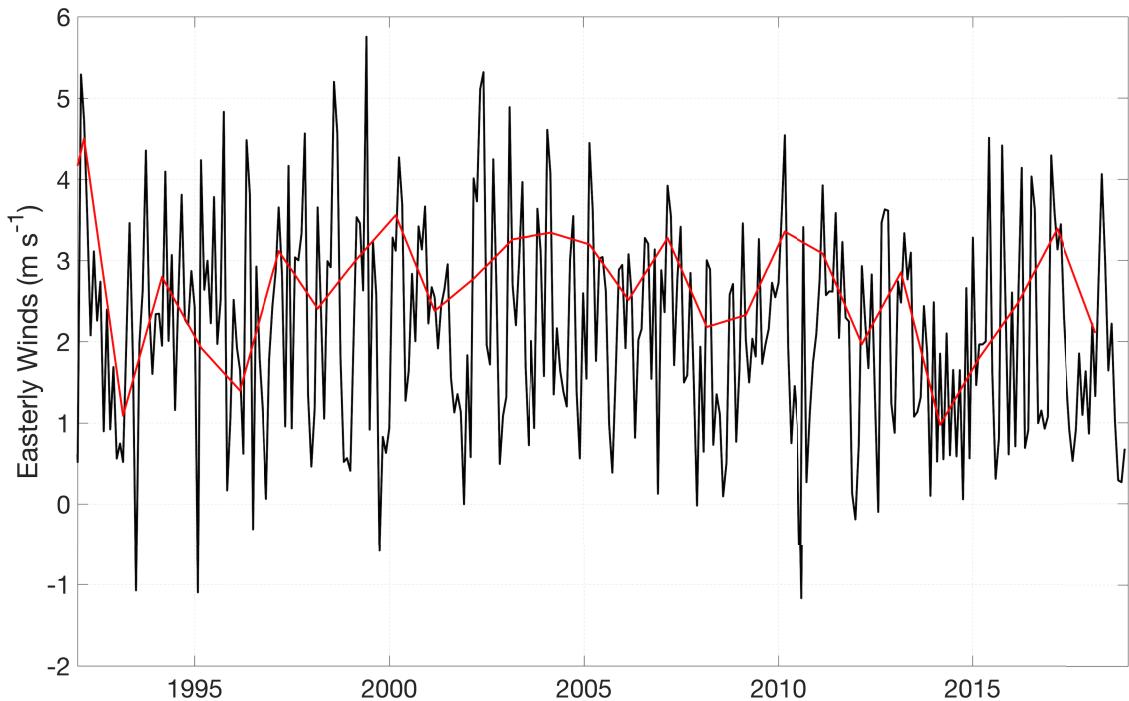
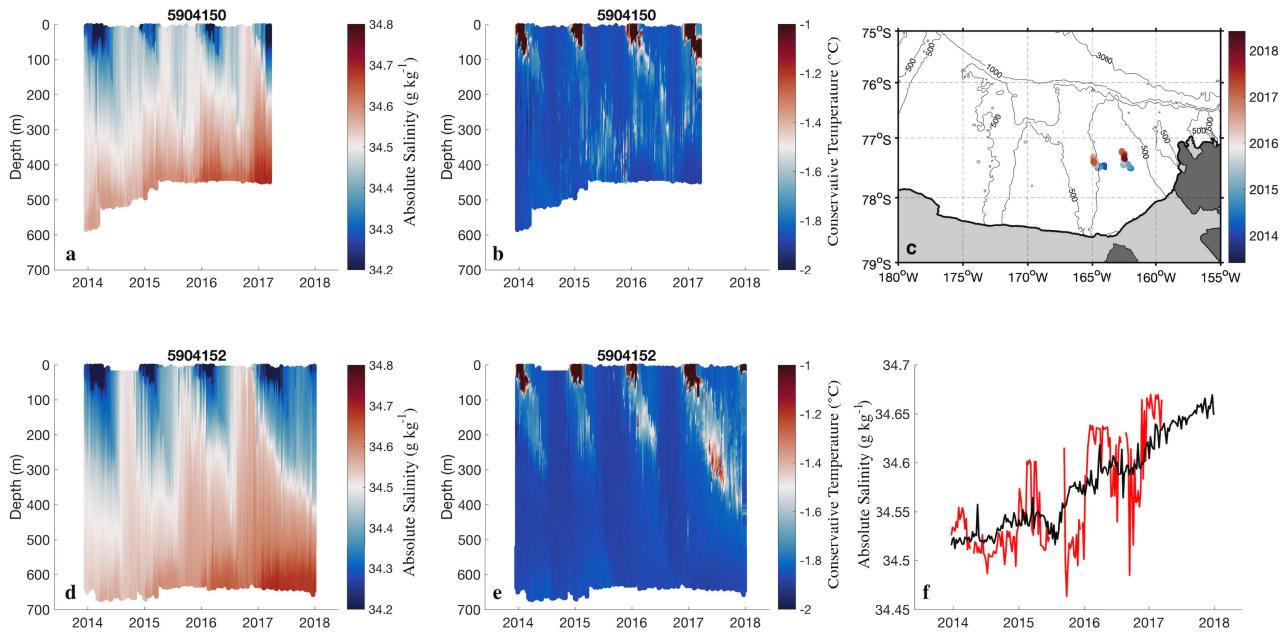


Fig 6| Schematic illustrating the physical mechanisms driving enhanced AABW formation in the Ross Sea. The unusual combination of positive SAM and El-Niño resulted in weaker easterly winds in the western Amundsen Sea, less import of sea ice, and a more open sea ice pack with higher rates of sea ice formation on the Ross Sea continental shelf. The resulting increase in DSW salinity enhanced the formation of AABW.

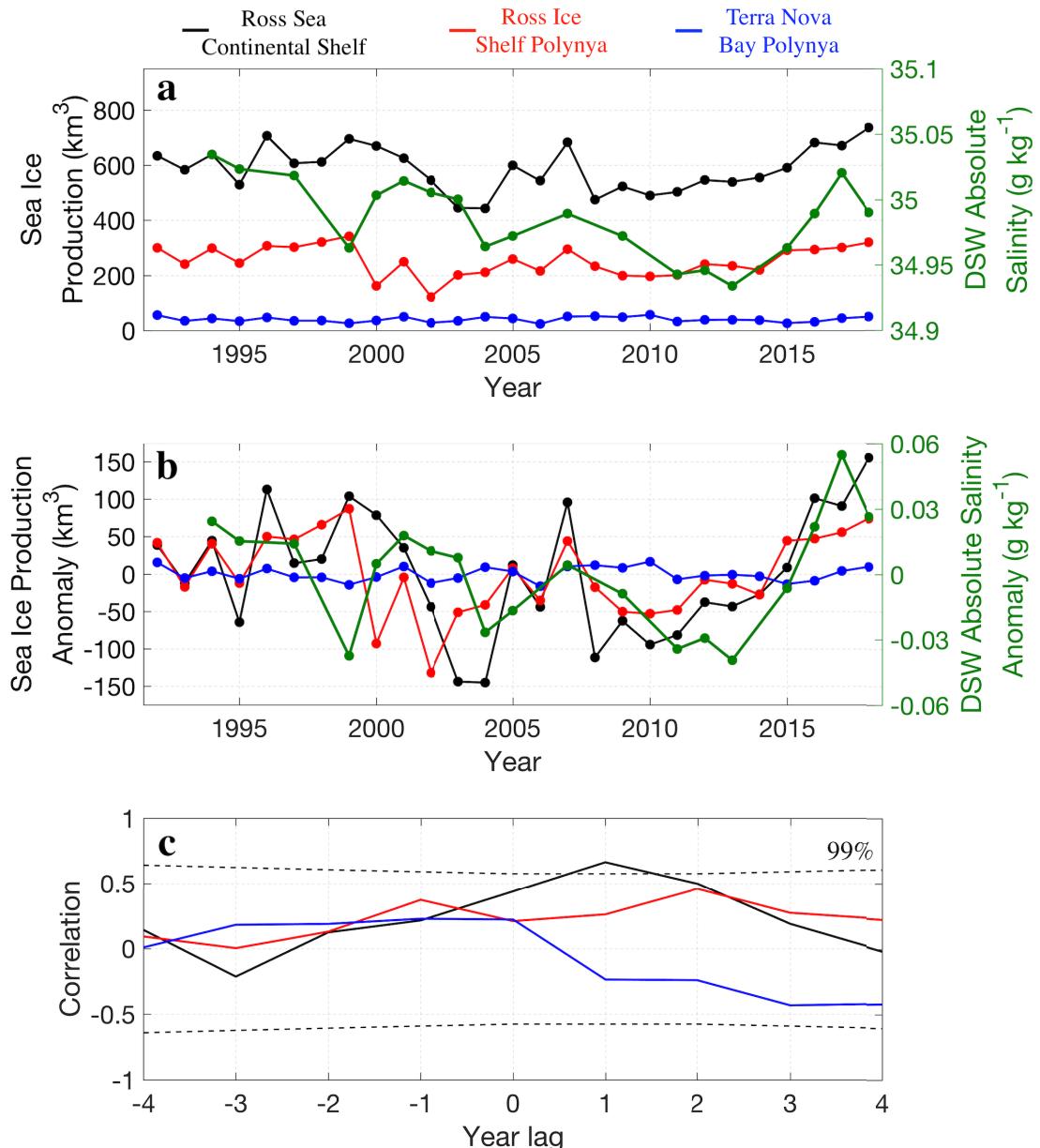


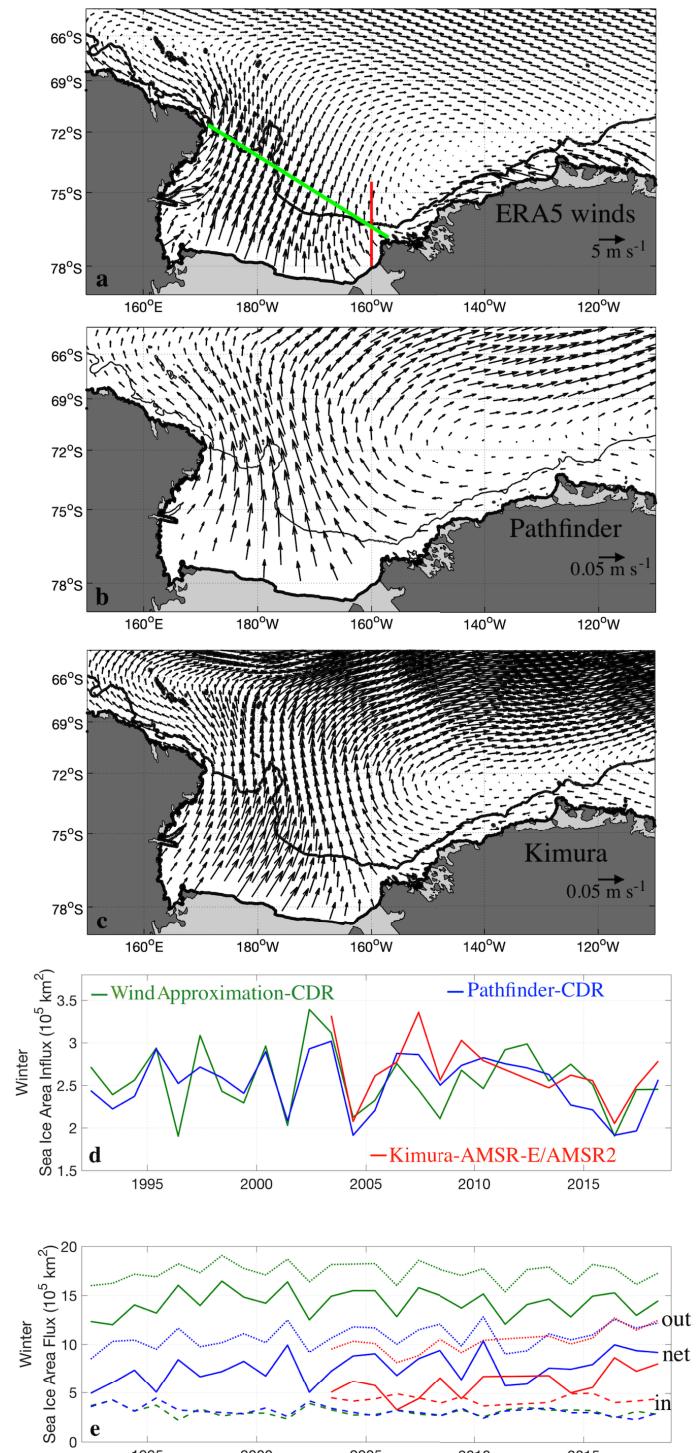
Extended data Fig. 1. Easterly winds at the shelf break of the western Ross Sea. Following Gordon et al.²⁰, winds are obtained by rotating the coordinate system clockwise by 40° to follow shelf break isobaths and are spatially averaged in the box 70S°-75°S, 175°E-175°W. Monthly data are in black while data temporally averaged between February and April are in red. The "Feb-Apr winds" are shown because the strongest wind-driven export of DSW from the western Ross Sea continental shelf occurs in these months²⁰.



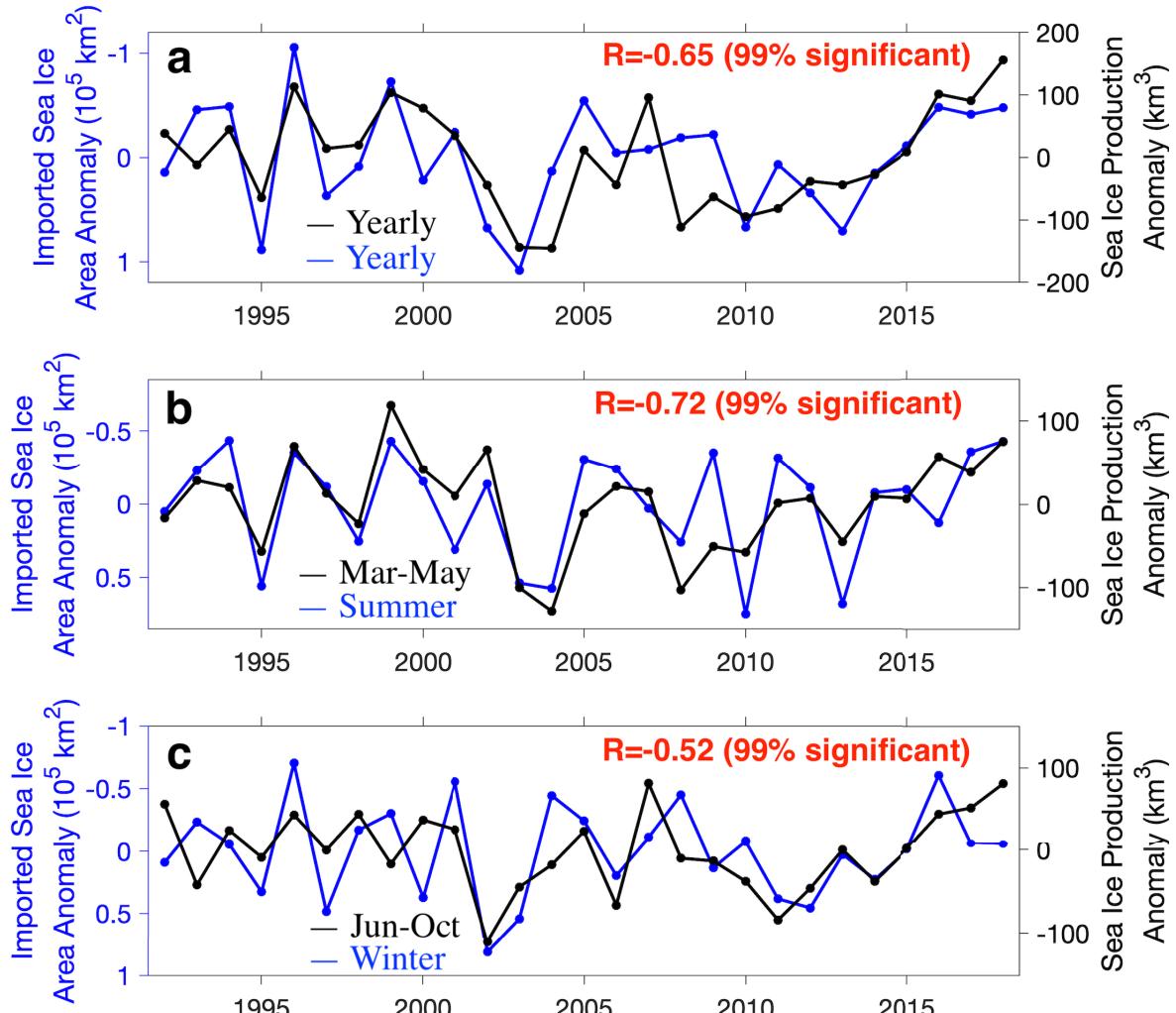
Extended Data Fig. 2. Salinification of dense waters on the eastern Ross Sea continental shelf.

a, Time series of absolute salinity (g kg^{-1}) collected by a profiling float (WMO: 5904150) between late 2013 and early 2017 (map in **c**). **b**, same as **a** for conservative temperature ($^{\circ}\text{C}$). **d, e** same **a, b** for another profiling float (WMO: 5904152) between late 2013 and early 2018. **f**, Time series of salinity averaged in the bottom 200 m of the water column for water cooler than -1.85°C for float 5904150 (red) and 5904152 (black).

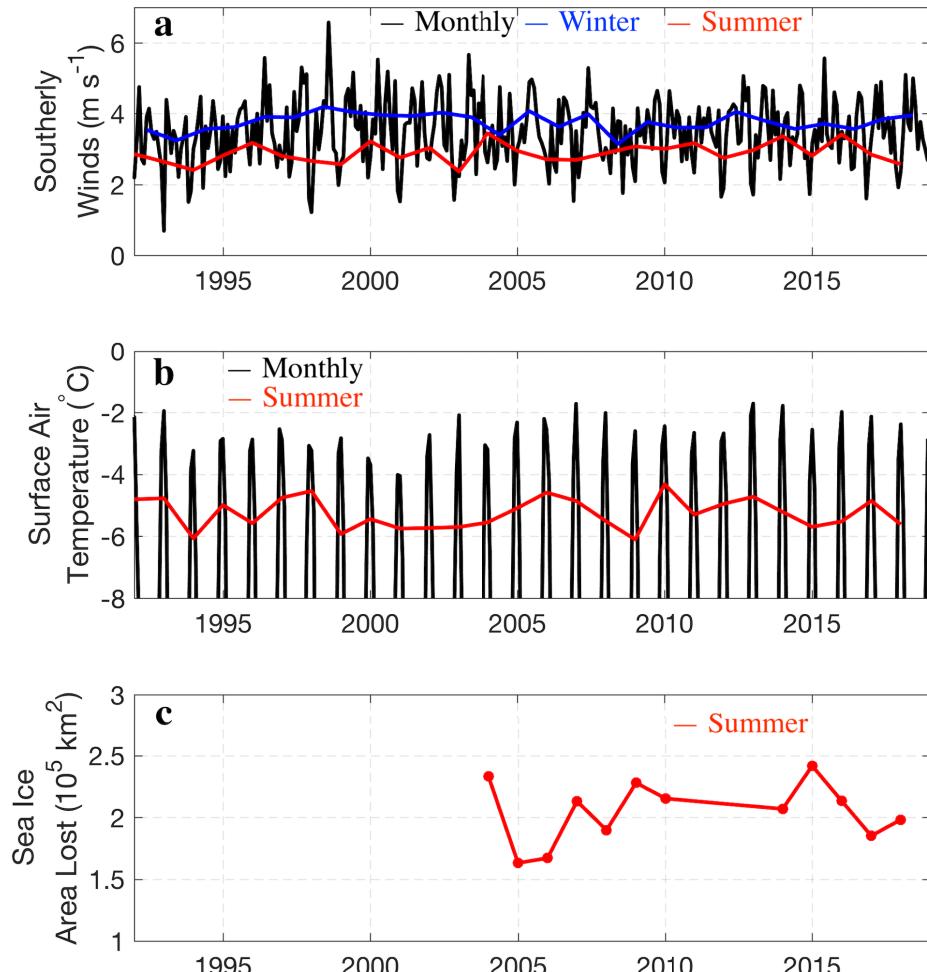




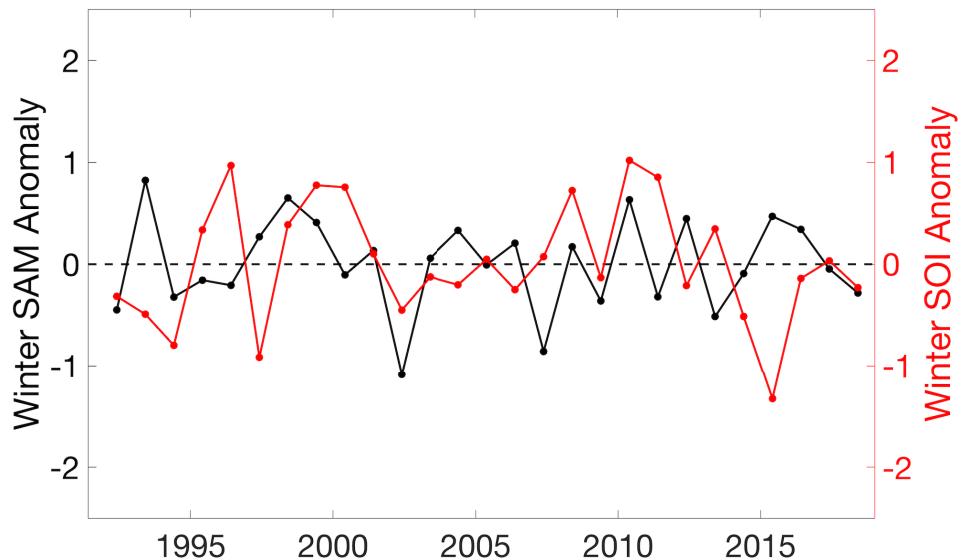
Extended Data Fig. 4. Sea ice motion and fluxes. Winter climatology of **a**, winds (m s^{-1}) from ERA5, **b**, sea ice motion (m s^{-1}) from Pathfinder and **c**, sea ice motion from the Kimura dataset. **d**, Winter sea ice area inflow (10^5 km^2) into the southern Ross Sea through the meridional transect shown in red in **a**. Estimates are obtained using the wind-approximation for sea ice motion and CDR for sea ice concentration (green), Pathfinder for sea ice motion and CDR for sea ice concentration (blue), and the Kimura dataset for sea ice motion and AMSR-E/AMSR2 for sea ice concentration (red). The three estimates agree reasonably well with each other. **e**, Winter sea ice area flux through a transect that encloses the Ross Sea continental shelf (green line in **a**). The dashed (dotted) lines indicate sea ice flowing into (out of) the Ross Sea continental shelf. The net (solid) is a proxy for how much sea ice forms on the continental shelf. Note how the wind approximation fails in representing the export, but it well captures the inflow.



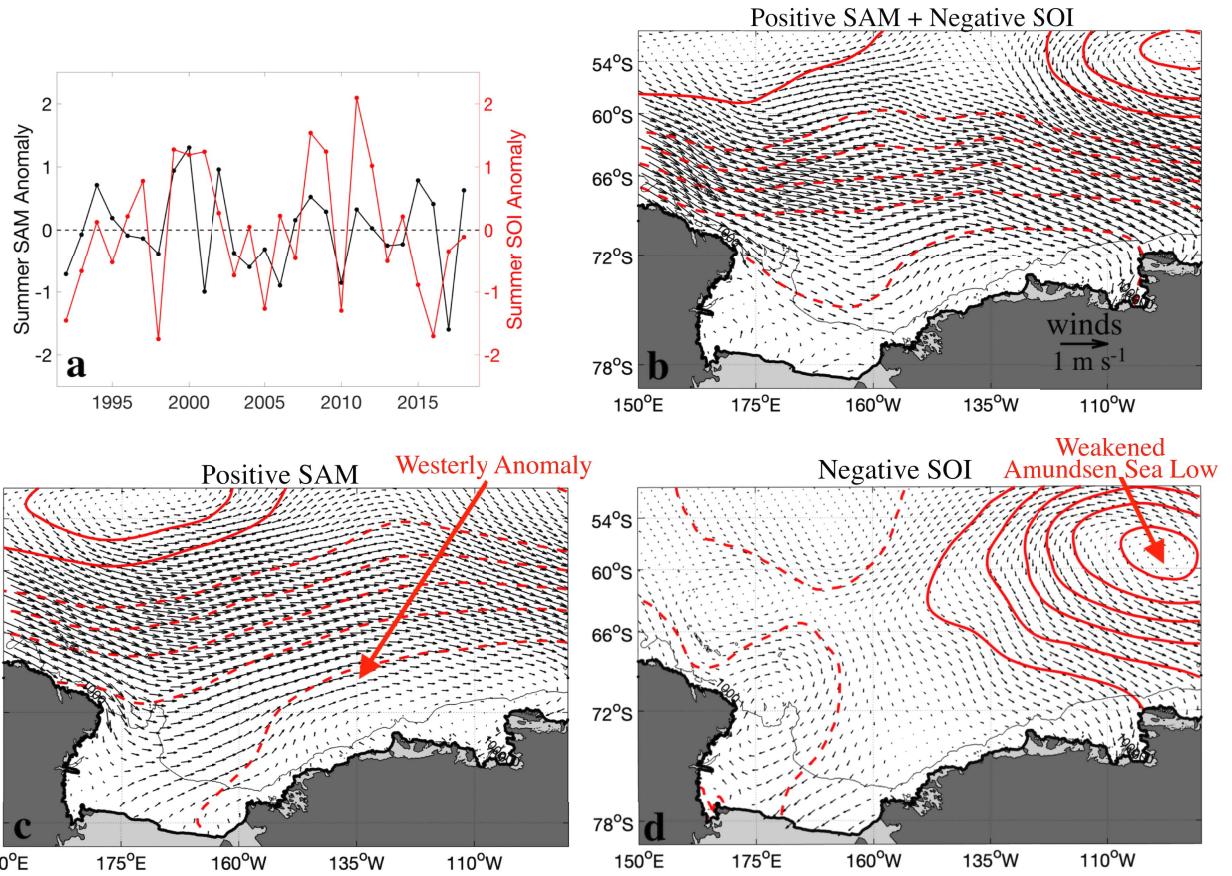
Extended Data Fig. 5. Link between sea ice formation and import. **a**, In blue is the yearly (November to October) anomaly of sea ice area (10^5 km^2) imported from the Amundsen Sea into the Ross Sea between 1992 and 2018, calculated across the gate shown in red in Extended Data Fig. 4a. Note that the y-axis is reversed. Overlaid in black is the yearly (March to October) anomaly of sea ice production (km^3) over the Ross Sea continental shelf (as shown in Extended Data Fig. 3b). **b**, Summer (November to February) anomaly of imported sea ice area and early winter (March to May) sea ice production anomaly. **c**, Winter (March to October) anomaly of imported sea ice area and sea ice production anomaly in late winter (June to October). Correlations between time series shown in each panel are in red.

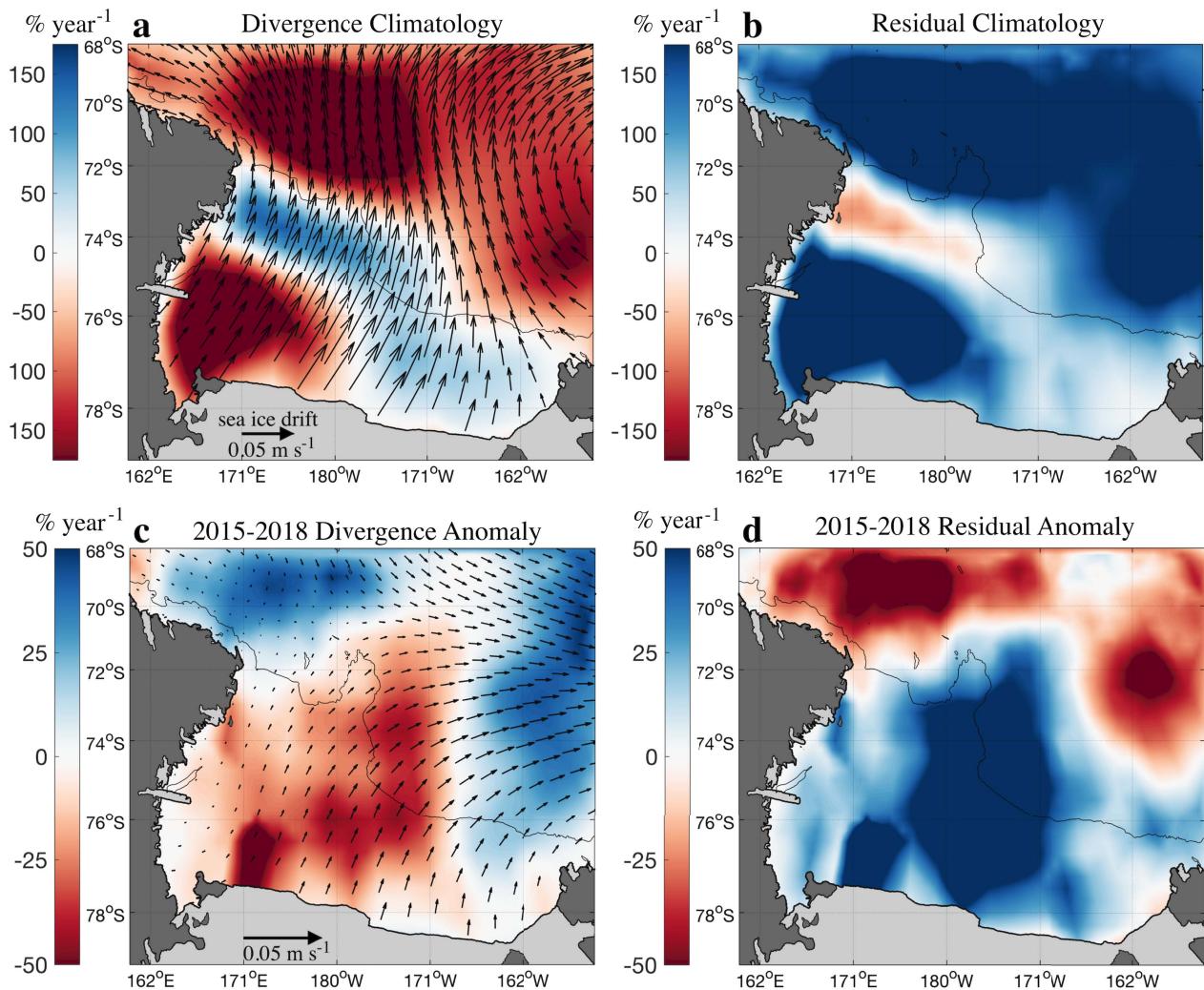


Extended Data Fig. 6. Ross Sea continental shelf spatial averages. **a**, Southerly winds (m s^{-1}). Monthly data are in black, while values temporally averaged over summer and winter months are in red and blue, respectively. **b**, Surface air temperature ($^{\circ}\text{C}$). Black and red lines as in **a**. **c**, Sea ice area (10^5 km^2) lost on the Ross Sea continental shelf due to sea ice melting (see sea ice concentration budget in the Methods). The values are obtained from the time integration of the residual term between November and February, further integrated over the continental shelf. Only negative values (which in summer is mostly due to melting) are included in the calculation.



Extended Data Fig. 7. Winter climate indices. Anomalies of SAM (black) and SOI (red) during winter.





Extended Data Fig. 9. Sea ice concentration budget. **a (b)** Winter climatology of the divergence (residual) term of the sea ice concentration budget (see Methods). Values indicate sea ice concentration change over the winter season associated with divergence/residual term. Positive values indicate a source of sea ice (i.e. more divergence is negative, while more sea ice formation is positive). **c (d)** Anomalies of the divergence (residual) term temporally averaged between 2015 and 2018. Climatologies are calculated using all available years (i.e. 2003-2010 and 2013-2018). Here anomalies are the deviations from the climatologies. Overlaid in **a (c)** are vectors representing the winter climatology (2015-2018 anomaly) of sea ice drift (“Kimura”²²).