

Thermodynamics and magnetism in the two-dimensional to three-dimensional crossover of the Hubbard model

Eduardo Ibarra-García-Padilla ^{1,*} Rick Mukherjee ² Randall G. Hulet ¹ Kaden R. A. Hazzard ¹
Thereza Paiva ³ and Richard T. Scalettar ⁴

¹*Rice Center for Quantum Materials, Department of Physics, Rice University, Houston, Texas 77005, USA*

²*Department of Physics, Imperial College London, SW7 2AZ London, United Kingdom*

³*Departamento de Física dos Sólidos, Instituto de Física, Universidade Federal do Rio de Janeiro, 21945-970, Rio de Janeiro, Rio de Janeiro, Brazil*

⁴*Department of Physics, University of California, Davis, California 95616, USA*



(Received 3 June 2020; accepted 2 September 2020; published 29 September 2020)

The realization of antiferromagnetic (AF) correlations in ultracold fermionic atoms on an optical lattice is a significant achievement. Experiments have been carried out in one, two, and three dimensions, and have also studied anisotropic configurations with stronger tunneling in some lattice directions. Such anisotropy is relevant to the physics of cuprate superconductors and other strongly correlated materials. Moreover, this anisotropy might be harnessed to enhance AF order. Here we numerically investigate, using the determinant quantum Monte Carlo method, a simple realization of anisotropy in the three-dimensional (3D) Hubbard model in which the tunneling between planes, t_{\perp} , is unequal to the intraplane tunneling t . This model interpolates between the three-dimensional isotropic ($t_{\perp} = t$) and two-dimensional (2D; $t_{\perp} = 0$) systems. We show that at fixed interaction strength to tunneling ratio (U/t), anisotropy can enhance the magnetic structure factor relative to both 2D and 3D results. However, this enhancement occurs at interaction strengths below those for which the Néel temperature $T_{\text{Néel}}$ is largest, in such a way that the structure factor cannot be made to exceed its value in isotropic 3D systems at the optimal U/t . We characterize the 2D-3D crossover in terms of the magnetic structure factor, real space spin correlations, number of doubly occupied sites, and thermodynamic observables. An interesting implication of our results stems from the entropy's dependence on anisotropy. As the system evolves from 3D to 2D, the entropy at a fixed temperature increases. Correspondingly, at fixed entropy, the temperature will decrease going from 3D to 2D. This suggests a cooling protocol in which the dimensionality is adiabatically changed from 3D to 2D.

DOI: [10.1103/PhysRevA.102.033340](https://doi.org/10.1103/PhysRevA.102.033340)

I. INTRODUCTION

Quantum simulation uses engineered quantum systems, such as ultracold atoms in lattices, to realize many-body models of interest in ways that offer powerful control over the system and probes of its physics [1–3]. A prototypical example is using fermions in an optical lattice as an optical lattice emulator (OLE) to realize the Fermi-Hubbard model [4–11]. Such simulations allow experiments to flexibly tune the kinetic and interaction energies, lattice geometry, and lattice filling, and in principle use this control to study antiferromagnetism (AF), superconductivity, pseudogap, and strange metal behavior, for example.

AF is intriguing in its own right and is a natural first step to more exotic phases [12–14]. AF in cold atoms has been studied in bosonic atoms [15], spin-1/2 ions [16,17], in highly anisotropic lattices [18–21], and in other more recent theoretical work [22–27]. In a fermion OLE, spin-selective Bragg scattering observed AF correlations at temperatures down to $1.4 T_{\text{Néel}}$ in a three-dimensional (3D) cubic lattice [8], where $T_{\text{Néel}}$ is the Néel temperature (the critical temperature for AF

ordering), with an accompanying characterization of the Mott insulator equations of state [28]. In addition, quantum gas microscopy [29–36] has provided direct observation of correlations beyond nearest neighbors, through real-space imaging of AF order in one [37] and two [38–40] dimensions. As we will elaborate on later, dimensionality plays an important role in the transition temperature to the antiferromagnetic phase, being equal to zero in two dimensions (2D) but finite in three dimensions (3D).

Although OLEs are giving us new insights into quantum matter, there are also significant challenges. Of particular relevance here is that, although experiments have achieved spin correlations which extend across the finite 2D lattice [40], so far experiments have not reached sufficiently low temperatures or entropies to observe a long-range ordered AF phase in a regime where $T_{\text{Néel}} > 0$, i.e., where correlations would persist to long range as the system size is increased arbitrarily. In order to achieve this goal, several cooling protocols exist. One that has received a lot of attention from both theory and experiment is to use spatial subregions as repositories for excess entropy, allowing for lower temperatures in other regions [18,40–43], but reaching the Néel temperature, and below, remains an outstanding challenge.

*eibarragp@rice.edu

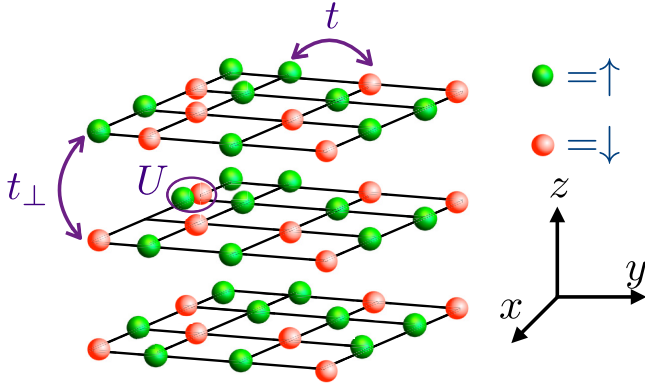


FIG. 1. Setup: Fermionic atoms trapped in a three-dimensional anisotropic lattice. Each atom can either be in $|\uparrow\rangle$ state (green) or $|\downarrow\rangle$ state (red) realized using hyperfine states of ultracold atoms. An atom hops to its neighboring site at rate t within a plane and at rate t_\perp between the planes. Two atoms with opposite spin states can occupy the same site with energy U . The crossover from a three-dimensional lattice to a two-dimensional lattice is achieved by reducing t_\perp .

Anisotropic systems that have larger tunneling rates in some directions than others offer potentially richer varieties of physics than simple one-dimensional (1D), 2D, or 3D cubic lattices. Anisotropic systems are relevant to real materials, as discussed below, while also suggesting a route to achieving longer range AF order. Specifically, it is known that 2D systems offer stronger nearest-neighbor correlations for a given entropy than 3D systems [18,20], making them favorable to search for short-ranged AF. However, true long-range order cannot develop at $T > 0$ in 2D due to the Mermin-Wagner theorem, in contrast to 3D. Thus, a potential scenario for anisotropic lattices that interpolate between 2D and 3D is that they retain the strong AF correlations associated with 2D planes, while being able to develop long-range order by virtue of the interplane tunnelings.

This paper explores the evolution of AF correlations in the half-filled repulsive Hubbard model across the 2D-3D crossover using the determinant quantum Monte Carlo (DQMC) method [44,45]. DQMC [8,13,27,28,39,40,46–49] and other numerical solutions of the Hubbard model (such as numerical linked-cluster expansion (NLCE) [28,39,47], dynamic mean-field theory (DMFT) [48,50–52], density matrix renormalization group (DMRG) [53], and diagrammatic QMC [54,55]) have provided key input in the interpretation of experiments and, in particular, in the determination of temperature. In this paper, the evolution of AF correlations is characterized as a function of both temperature T and entropy S , to allow for a deeper understanding of the optimization of AF at fixed S .

An important conclusion is that, for interaction strength U less than (roughly) the 2D bandwidth, the long-range AF correlations at a given temperature or entropy, measured by the magnetic structure factor at the $\vec{k} = (\pi, \pi, \pi)$ wave vector, are maximized in lattices which straddle dimensionality. Although anisotropy can increase the structure factor at small U , it never exceeds the value in the isotropic 3D system evaluated at the optimal U . Similar conclusions were reached

in Ref. [19] for the 1D-3D crossover using a dynamical cluster approximation (DCA).

In addition to the possibility of achieving AF in OLE, an understanding of dimensional crossover is relevant to strongly correlated materials [56]. Perhaps the most important example is the cuprate superconductors, layered materials for which the superexchange coupling $J_\perp = 4t_\perp^2/U$ between planes is several orders of magnitude lower than the in-plane superexchange $J = 4t^2/U$ [57,58]. Despite this large anisotropy, J_\perp is crucial to the physics, since in a purely 2D geometry $T_{\text{Néel}} = 0$.

The remainder of this paper is organized as follows: Section II presents the Hubbard Hamiltonian and defines the observables we consider. Section III presents the main results. Section IV concludes.

II. THE HUBBARD HAMILTONIAN AND DQMC

We investigate the half-filled, anisotropic Hubbard Hamiltonian (depicted in Fig. 1),

$$\mathcal{H} = -t \sum_{\langle ij \rangle_\parallel, \sigma} (c_{i\sigma}^\dagger c_{j\sigma} + \text{H.c.}) - t_\perp \sum_{\langle ij \rangle_\perp, \sigma} (c_{i\sigma}^\dagger c_{j\sigma} + \text{H.c.}) + U \sum_i \left(n_{i\uparrow} - \frac{1}{2} \right) \left(n_{i\downarrow} - \frac{1}{2} \right), \quad (1)$$

in which hopping t connects pairs of sites $\langle ij \rangle_\parallel$ which are neighbors in the same plane of a 3D cubic lattice, while a weaker hopping $t_\perp < t$ connects pairs of sites $\langle ij \rangle_\perp$ which are neighbors in adjacent planes. U is the on-site repulsion between fermions of opposite spin. The limits $t_\perp = t$ and $t_\perp = 0$ correspond to the 3D and 2D Hubbard Hamiltonians respectively. The chemical potential is set to $\mu = 0$. This choice of μ in Eq. (1) gives half-filling on average, i.e., $\langle n_i \rangle = \langle n_{i\uparrow} \rangle + \langle n_{i\downarrow} \rangle = 1$ for all values of t , t_\perp , U , and temperature T . At half-filling, DQMC is free of the sign problem, and as consequence, low-temperature physics can be accessed. We set $k_B = 1$ throughout.

We are interested both in the thermodynamics, e.g., energy and entropy, how the temperature T changes with t_\perp at fixed entropy S , and also with the behavior of the real space spin-spin correlation function $c(\vec{r}) = c(\rho, z)$ (where ρ is the magnitude of the in-plane components of \vec{r}), in particular the in-plane $c_\parallel(\rho)$ and out-of-plane $c_\perp(z)$ correlation functions, as well as the magnetic structure factor $S(\vec{q})$:

$$\begin{aligned} c(\vec{r}) &= \langle (n_{\vec{r}_0+\vec{r},\uparrow} - n_{\vec{r}_0+\vec{r},\downarrow}) (n_{\vec{r}_0,\uparrow} - n_{\vec{r}_0,\downarrow}) \rangle, \\ c_\parallel(\rho) &= c(\rho, z=0), \quad c_\perp(z) = c(\rho=0, z), \\ S(\vec{q}) &= \sum_{\vec{r}} e^{i\vec{q}\cdot\vec{r}} c(\vec{r}), \end{aligned} \quad (2)$$

where these averages are taken in thermal equilibrium at fixed temperature T and chemical potential $\mu = 0$. The structure factors can diagnose long-range order. At half-filling, the Fermi surface is nested for any t_\perp , so that the ordering wave vector is always (π, π, π) regardless of the degree of anisotropy. For that reason, we focus on the AF structure factor $S(\vec{q} = (\pi, \pi, \pi))$, which we denote S_π . In addition,

Ref. [59] contains a mean-field theory study of the crossover from 3D to 2D considered here, including careful treatment of finite-size and shell effects to ensure the correct ordering wave vector is captured at all densities.

The averages of thermal equilibrium observables of Eq. (1) are evaluated with DQMC [60] in 10×10 (for $t_{\perp} = 0$) and $6 \times 6 \times 6$ (for $t_{\perp} > 0$) lattices. In this method, the introduction of a space- and imaginary time-dependent auxiliary field allows tracing over the fermion degrees of freedom analytically. The auxiliary field is then sampled stochastically. To achieve accurate results, we obtain DQMC data for 20–50 different random seeds for $T/t \leq 1$ and for 1–10 different random seeds for $T/t > 1$. In each realization, 500 sweeps updating the auxiliary field at every lattice site and imaginary time are performed for equilibration and 5000 sweeps for measurements. For each Monte Carlo trajectory, measurements of the $\langle S^z S^z \rangle$ and $\langle S^x S^x \rangle$ correlation functions are made. These are equal on average by the SU(2) symmetry, and both are included in the statistics. The inverse temperature interval $(0, \beta)$ is discretized in steps of $\Delta\tau$ with a Trotter step $\Delta\tau = 0.05/t$ for $U/t = 4, 8$ and $\Delta\tau = 0.04/t$ for $U/t = 12$. The number of global moves per sweep, which update all the imaginary time slices at a given lattice site, to mitigate possible ergodicity issues [61], is set to 2 for $U/t = 4, 8$ and to 4 for $U/t = 12$.

Estimates of other systematic errors—Trotter and finite-size error—show that the predominant error is statistical, arising from the finite number of measurements. In the following section, error bars are reported as the standard error of the mean for all results. For $U/t = 12$, where the inverse temperature discretization error is expected to be worst, we can gain insight into the magnitude of this error by considering the difference of the results obtained with Trotter steps $\Delta\tau = 0.04/t$ and $\Delta\tau = 0.05/t$. This difference is below 2.5% for all observables of interest, comparable to the statistical error in many cases. This discretization error is even smaller for the other two values of U/t considered. Finite-size errors for thermodynamic quantities and nearest-neighbor correlations are estimated by taking the difference between results obtained in cubic lattices with sides of length $L = 4$ and $L = 6$ in 3D. These differences are $\lesssim 5\%$. At high temperatures and away from the optimal anisotropies, i.e., well above the Néel temperature, the error in the structure factor is similar, but for $T \lesssim T_{\text{Néel}}$, the structure factor is sensitive to longer ranged correlations, including those between sites separated by distances comparable to L . Here, finite-size effects can be more significant, $\sim 50\%$ in our calculations. (Indeed, below $T_{\text{Néel}}$, the difference in S_{π} in a finite and infinite system is infinitely large, and a different extrapolation scheme would be necessary to infer the $L = \infty$ results.) Results for the structure factor at low temperatures where it has become independent of temperature should therefore be interpreted with some care. However, we expect the conclusions of our paper to remain. A detailed study of finite-size effects in the structure factor can be found in Refs. [55,62], where careful finite-size scaling techniques are used to extract the Néel temperature in 3D. For more discussion of the finite-size effects in the 2D-3D crossover, see the Appendix.

III. RESULTS

This section shows the main results of this paper. We calculate several observables as functions of T/t , U/t , and t_{\perp}/t : the spatial correlation functions $c_{\parallel}(\rho)$ and $c_{\perp}(z)$, the AF structure factor S_{π} , the double occupancy $\mathcal{D} = \langle n_{i,\uparrow} n_{i,\downarrow} \rangle$, the contributions to the specific heat $C(T)$ from the interaction and kinetic energies, and the entropy per site S/N , where N denotes the number of sites. All of these observables contain important information about the physics and can be measured in experiments with ultracold atoms. The double occupancy is a key measure of the Mottness and insulating nature of the system, and the correlations and structure factor give information about the magnetic phase diagram. The thermodynamic observables give information about the ordering of the state—its spatial coherence (kinetic energy) and to what extent degrees of freedom are capable of fluctuating (the entropy and specific heat). The entropy is usually obtained by ramping from a weakly interacting gas near adiabatically, and the entropy of the weakly interacting gas can be determined by thermometry. As the temperature is often not directly experimentally accessible in strongly interacting systems, understanding the dependence of observables on S is crucial.

Figure 2 shows the out-of-plane and in-plane spatial correlations for different values of U/t , T/t , and t_{\perp}/t . First, let us focus on the first row of Figs. 2(a) and 2(b), which corresponds to $U/t = 4$. The spatial correlations are larger at small T/t , showing clear in- and out-of-plane AF oscillations as a function of distance. At the lowest T/t considered in Fig. 2, $T/t = 0.167$, both $c_{\parallel}(\rho)$ and $c_{\perp}(z)$ indicate a strong antiferromagnetic ordering extending to several lattice sites. The insets, which present the correlations on a log scale, demonstrate that for the two high-temperature sets both $c_{\parallel}(\rho)$ and $c_{\perp}(z)$ have an exponential decay associated with a correlation length ξ , while the low-temperature data reach a constant value, an indicator of larger correlation length ξ and the onset of long-range order. As one might expect, the strength of the correlations increases as the correlation length increases. All of these trends are similar for the $U/t = 8$ and $U/t = 12$ data, but both spatial correlations exhibit stronger AF correlations than for $U/t = 4$.

Now let us focus on how the the low-temperature data for Figs. 2(a) and 2(b) evolve with t_{\perp}/t . As t_{\perp}/t increases, the between-plane correlations get stronger while the in-plane correlations get slightly weaker. The effect on in-plane correlations is strongest for $U/t = 4$ and nearly negligible for $U/t = 8, 12$.

In Fig. 3, we plot the in-plane and out-of-plane nearest-neighbor spatial correlations, $c_{\parallel}^{\text{NN}}$ and c_{\perp}^{NN} , as functions of temperature T/t at various t_{\perp}/t . Both correlation functions get enhanced at small T/t and large U/t . Similar to the trends of longer ranged correlations shown in Fig. 2, we see that at large U/t , the in-plane correlations weakly depend on t_{\perp} , but diminish as t_{\perp} is increased at weak couplings, while the out-of-plane correlations strongly depend on the anisotropy for all interaction strengths. As expected, $c_{\perp}^{\text{NN}} \rightarrow 0$ when $t_{\perp} \rightarrow 0$, indicating that the 2D planes are decoupled.

Figure 4 presents the structure factor S_{π} versus t_{\perp}/t at various temperatures. The $U/t = 4$ data clearly show that at each temperature, S_{π} is largest between 2D and 3D. In contrast, for

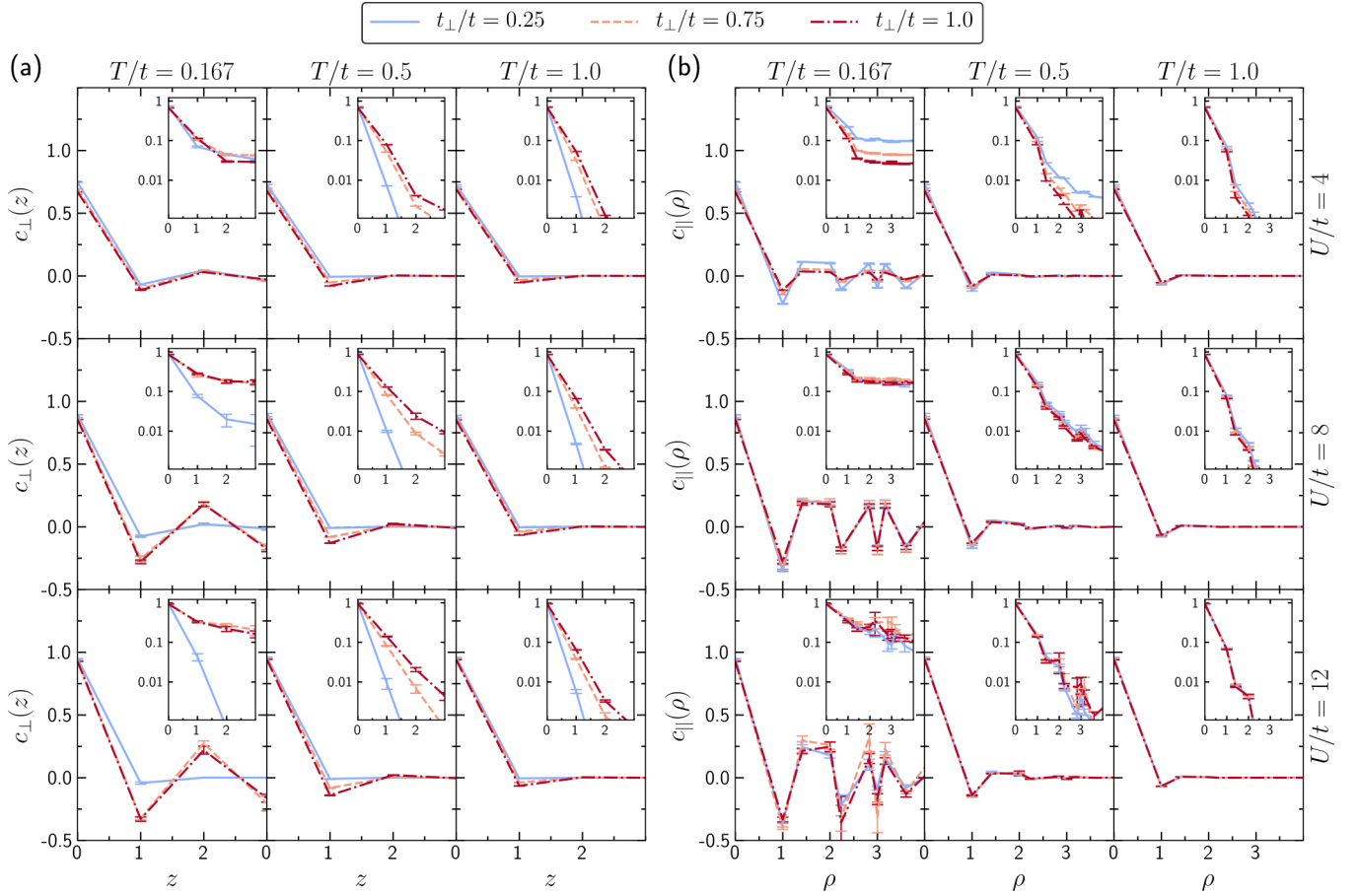


FIG. 2. (a) Out-of-plane $c_{\perp}(z)$ and (b) in-plane $c_{\parallel}(\rho)$ spin correlations as a function of separation for different values of U/t and t_{\perp}/t . Insets show the same plot with the correlations on a log scale.

$U/t = 8$ and 12 , the largest S_{π} occurs at the isotropic point $t_{\perp} = t$. Although the $U/t = 8$ data are consistent with S_{π} being maximized at $t_{\perp}/t = 1$, it is rather independent of t_{\perp}/t

for $t_{\perp}/t \in (0.5, 1.0)$ at the lowest temperatures considered, $T/t \leq 0.167$. Moreover, the maximal S_{π} at $U/t = 4$ is smaller than the isotropic S_{π} for $U/t = 8$; if one's goal is simply to maximize S_{π} —irrespective of U/t —there is no advantage to using anisotropy.

The behavior of S_{π} as a function of t_{\perp}/t at different interaction strengths, as displayed in Fig. 4, has a simple explanation. In a 3D cubic lattice, S_{π} is maximized around $U/t \approx 10$ [63]. One effect of anisotropy is to change the average tunneling to be somewhere between t and the smaller t_{\perp} , and thus one would expect anisotropy to decrease the effective tunneling, t_{eff} , and increase the effective U/t_{eff} compared to U/t . This change qualitatively explains why S_{π} is maximized around $t_{\perp}/t \approx 0.4$ for $U/t = 4$, while is maximized near the isotropic point at $U/t = 8, 12$.

Figure 5 shows the AF structure factor S_{π} versus temperature T/t at different t_{\perp}/t . Structure factors at all values of t_{\perp}/t and U/t grow as temperature is lowered. Generally, the onset of growth of the structure factor begins at the largest temperature for $U/t = 8$, although this U/t at which growth onsets can depend on anisotropy. For example, for small t_{\perp}/t , $U/t = 4$ has a similar temperature for the onset of correlations.

Figure 6 plots the double occupancy $\mathcal{D} = \langle n_{i,\uparrow} n_{i,\downarrow} \rangle$ as a function of temperature and displays three essential parts.

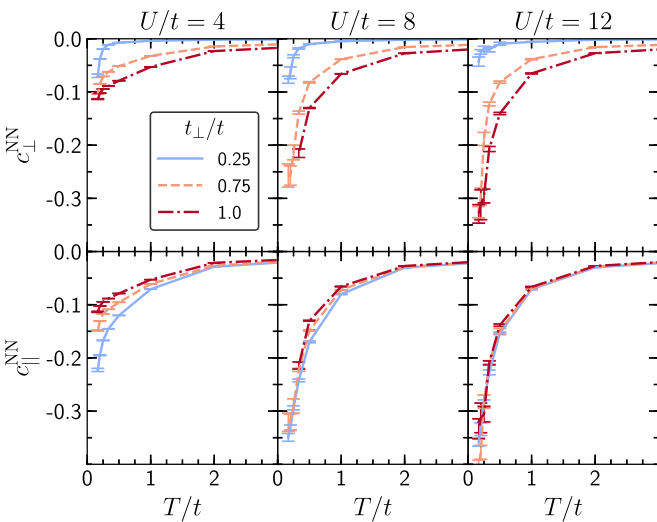


FIG. 3. Nearest-neighbor spin correlations as a function of temperature: $c_{\perp}^{\text{NN}} = c_{\perp}(z = 1)$ and $c_{\parallel}^{\text{NN}} = c_{\parallel}(\rho = 1)$.

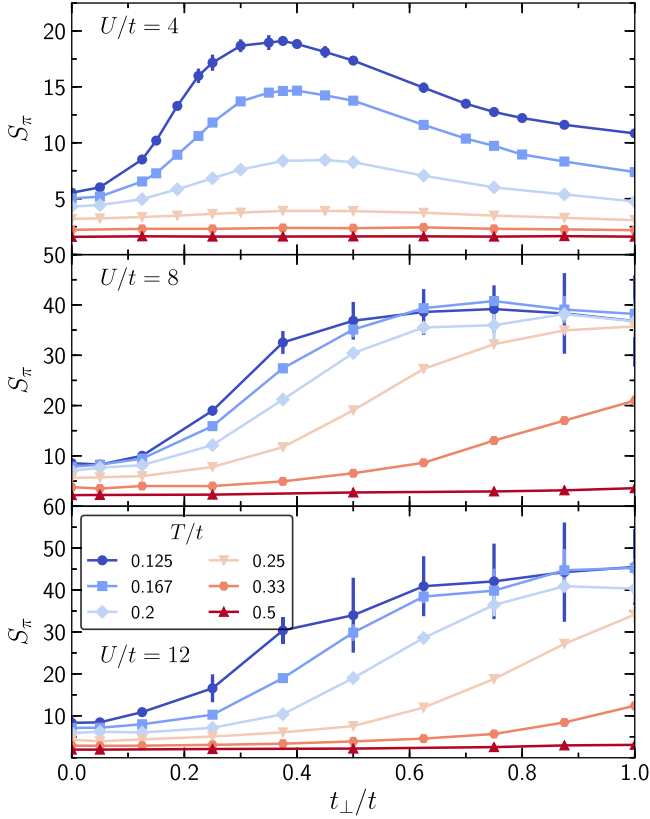


FIG. 4. AF structure factor S_π as a function of interplane hopping t_\perp/t for different temperatures T/t at $U/t = 4$ (top panel), $U/t = 8$ (middle panel), and $U/t = 12$ (bottom panel). At weak coupling, the structure factor increases with anisotropy, i.e., as t_\perp/t decreases from 1.

Imagine starting at high temperature and cooling the system down. As the temperature is lowered, first the double occupancy \mathcal{D} goes down. Then, as the temperature is lowered further, it increases (in every case except the 2D $U/t = 4$). Finally, as the temperature is lowered even further, \mathcal{D} saturates, or in some cases, such as $U/t = 4$, it begins to decrease.

The first feature, the high-temperature decrease of \mathcal{D} upon cooling, is straightforward to understand. At temperatures $T \gtrsim U$, eigenstates with significant numbers of double occupancies will be created, while at temperatures below this, the eigenstates relevant to the $\mu = 0$ state will have only a small admixture of doublons, at least for reasonably strong interactions.

The second feature is more interesting and arises from spin ordering. We can gain a simple understanding of this starting from the $U \gg t$ limit. For temperatures $T \ll U$, we can think of the states as essentially having a single particle per site with small admixtures of other states. The relevant states in the relevant sector are just determined by their spin configurations. AFM aligned spin configurations will have energy $\propto -t^2/U$ per site lower energy than FM aligned spins. Therefore, as the temperature is lowered below $T \lesssim -t^2/U$, the AFM aligned states become favored. Now consider the doublon content of these two classes of states. The number

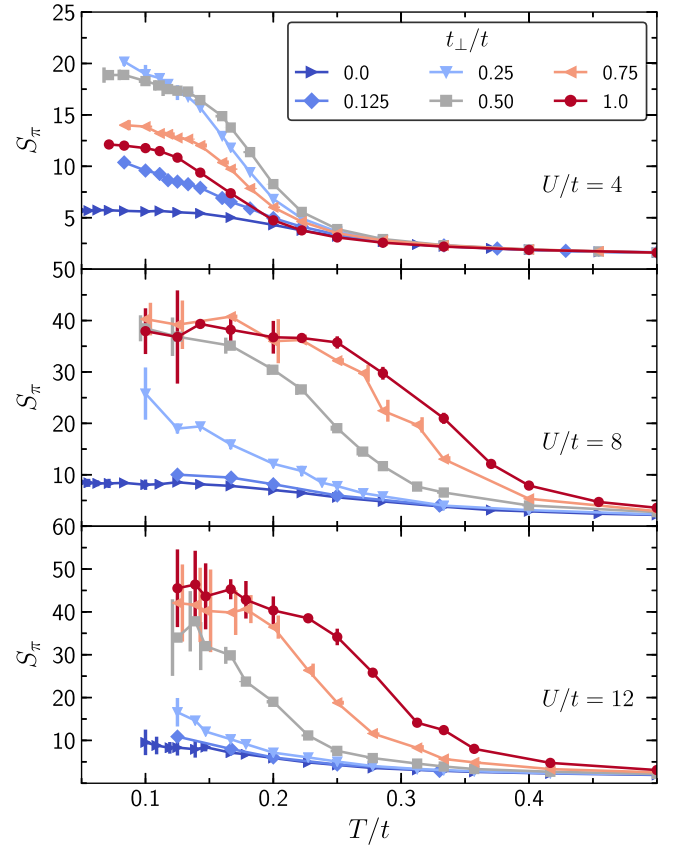


FIG. 5. AF structure factor S_π as a function of temperature T/t for different interplane hopping t_\perp/t . For $U/t = 4$ at low T/t , as anisotropy is introduced, S_π grows by almost a factor of 2 down to $t_\perp/t = 0.25$. For very strong anisotropy, $t_\perp/t = 0.125$, S_π comes down and approaches the 2D limit. For $U/t = 8, 12$, S_π decreases with anisotropy. This decrease will overwhelm the benefits of adiabatic cooling (described later; see, e.g., Fig. 10).

of doublons in the state with FM aligned spins is small (zero if all the spins are exactly aligned) since Pauli exclusion prevents tunneling. In contrast, there is an admixture $\propto (t/U)^2$ of doublons in the AFM state; it is precisely this admixture which allows some delocalization of particles that lowers the energy of the AFM states relative to the FM ones. Therefore, as the temperature is lowered, the AFM states are increasingly favored and the number of doublons increases by an amount $\propto (t/U)^2$. (This is why, in general at low temperature, the increase in \mathcal{D} is accompanied by a lowering of the kinetic energy.) We note that a simple place to check this argument is in a two-site system, where the calculation can be done analytically.

These arguments provide an understanding of the decrease in \mathcal{D} as T is lowered below U and its small increase (in almost all cases) when $T \lesssim t^2/U$. This also explains some of the dependences on parameters. For example, the low-temperature value of \mathcal{D} decreases as U/t increases, and it increases as t_\perp increases. However, some features remain unexplained: Why does \mathcal{D} at $U/t = 4$ decrease again with decreasing temperature at sufficiently low temperatures? And why is there no (visible) increase in \mathcal{D} with decreasing temperature for the one

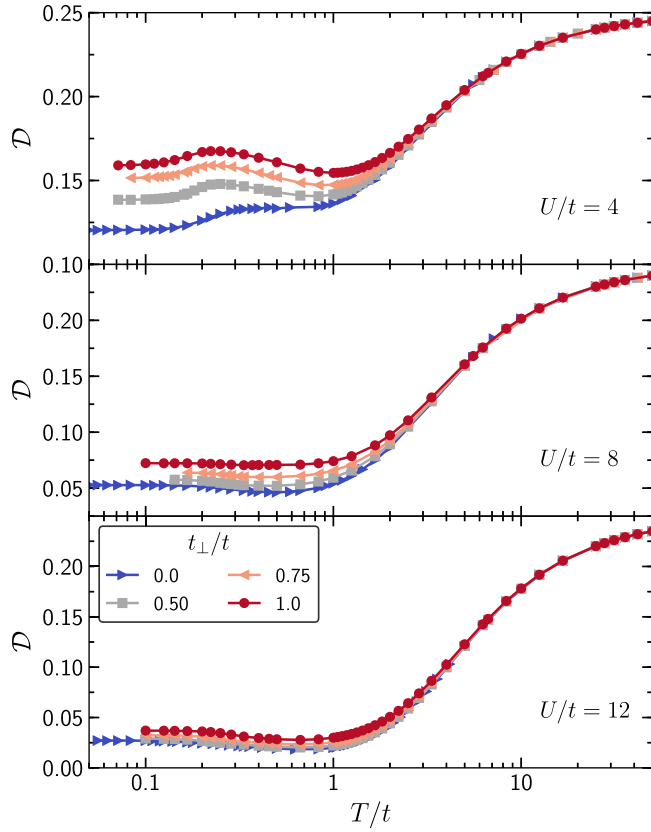


FIG. 6. Double occupancy as a function of temperature for $U/t = 4, 8, 12$ at different values of t_{\perp}/t .

set of parameter values ($U/t = 4$ for $t_{\perp} = 0$)? A simple theory capturing these more refined features and dependences could provide powerful insights into the Hubbard model's physics, and our data will be an excellent test for any candidate theories.

The specific heat as a function of temperature is a useful thermodynamic observable, showing peaks that characterize the entropy reduction as degrees of freedom reorganize and cease to fluctuate. In particular, there is a two-peak structure, shown in Fig. 7, where at large U/t one peak is associated with the charge (i.e., density) and the other with the spin degree of freedom. It is even more informative to break its contributions into the interaction energy ($P = UD$) and kinetic energy (K) contributions.

Reference [64] examined the contributions dP/dT and dK/dT to the specific heat in the 2D Hubbard model. One reason this is useful is that the interaction energy directly captures the charge fluctuations of freedom, while the kinetic energy is closely related to the spin degree of freedom (at least at large U/t). For $U/t = 10$, the high- T charge peak originated in dP/dT (moment formation) and the low- T spin peak in dK/dT was related to moment ordering. However, although the two-peak structure in C was clearly evident at $U/t = 2$, the high- T peak came from dK/dT and the low- T peak from dP/dT . (The designation of these peaks as charge and spin thus clearly becomes inappropriate as U gets small.) At $U/t = 10$, in addition to the high- T peak, dP/dT also

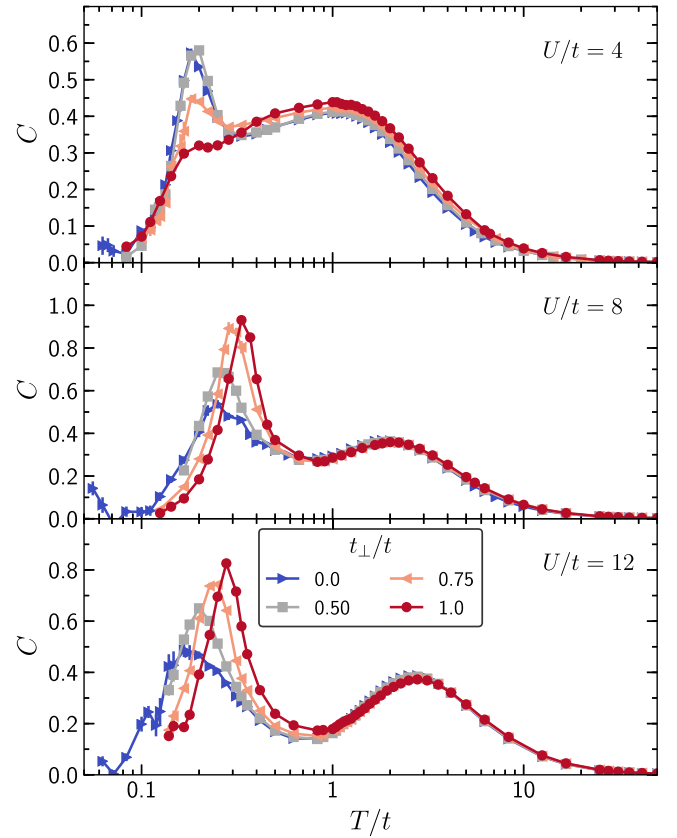


FIG. 7. The specific heat C for $U/t = 4, 8, 12$ at different values of t_{\perp}/t . For $U/t = 8, 12$ the low-temperature peak associated with spin degrees of freedom is reduced by anisotropy, while $U/t = 4$ shows the opposite effect.

had a negative dip at lower T . This has also been observed in the 1D Hubbard model [65] and dynamical mean field studies [66].

We show a similar decomposition of the specific heat into dP/dT and dK/dT in Figs. 8 and 9 [67]. Figure 8 shows the interaction energy contribution to the specific heat, dP/dT . The $U/t = 8$ and the $U/t = 12$ data have a high-temperature charge peak and a negative dip at lower T/t , associated with the increase in interaction energy which occurs with the formation of AF order. For $U/t = 8$, the negative dip increases by more than a factor of 2 moving away from 3D, while for $U/t = 12$ the magnitude of the dip decreases moving away from 3D, and the dip shifts to lower T/t as the system becomes more 2D. Although U/t is constant, U/t_{\perp} increases as t_{\perp} decreases; the more pronounced dip can thus be explained by an increase in the effective interaction strength. Finally, for $U/t = 4$ the low-temperature peak in dP/dT leads to the low-temperature peak in the specific heat.

The low-temperature spin peak in dK/dT can be seen in Fig. 9 for $U/t = 8$ and $U/t = 12$. It is mostly independent of t_{\perp}/t although the peak position moves down in T/t as the system becomes more 2D. For $U/t = 4$, the peak is replaced by a broader bump that moves to higher T/t as t_{\perp}/t decreases.

Together, dK/dT and dP/dT combine to form the characteristic two peak structure of the specific heat seen in Fig. 7.

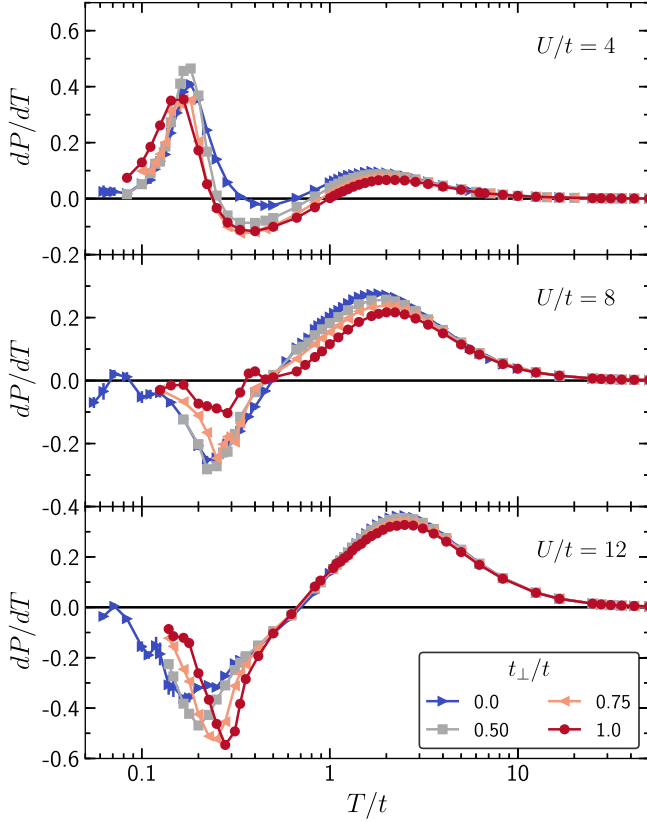


FIG. 8. dP/dT with P the interaction energy as a function of temperature for $U/t = 4, 8, 12$ at different values of t_{\perp}/t .

For strong couplings $U/t = 8, 12$ the low- T peak in the specific heat comes from the kinetic energy peak, and the role of the interaction energy is to reduce the height of the peak. For $U/t = 4$, we can see that both dP/dT and dK/dT give a positive contribution to the low- T peak in the specific heat.

The interpretation of the multippeak structure of the specific heat data is complicated by the possibility that the spin-ordering peak might itself be split owing to the presence of two distinct superexchange energy scales, J and J_{\perp} . For $J_{\perp} < J$ stochastic series expansion (SSE), studies of the 2D-3D crossover of the spin-1/2 Heisenberg model [68] have shown the existence of a broad peak from short-range 2D order, as well as a sharper 3D ordering peak whose height diminishes as J_{\perp}/J decreases. Resolving these structures is already challenging for the spin model, even though the SSE approach scales linearly with the number of spins N and system sizes as large as $N = 3 \times 10^4$ were investigated, and is not possible for the more challenging itinerant Hubbard model studied here.

The entropy as a function of temperature has, in principle, similar information to the specific heat, but the physics is less directly apparent, as seen in Fig. 10. We compute the entropy by integrating $dS = dQ/T = C/T dT$, with $C = dE/dT$ the specific heat. Integrating by parts, that integral can be rewritten in terms of the energy E ,

$$S(T) = 2 \ln(2) + \frac{E(T)}{T} - \int_T^{\infty} \frac{E(T')}{T'^2} dT'. \quad (3)$$

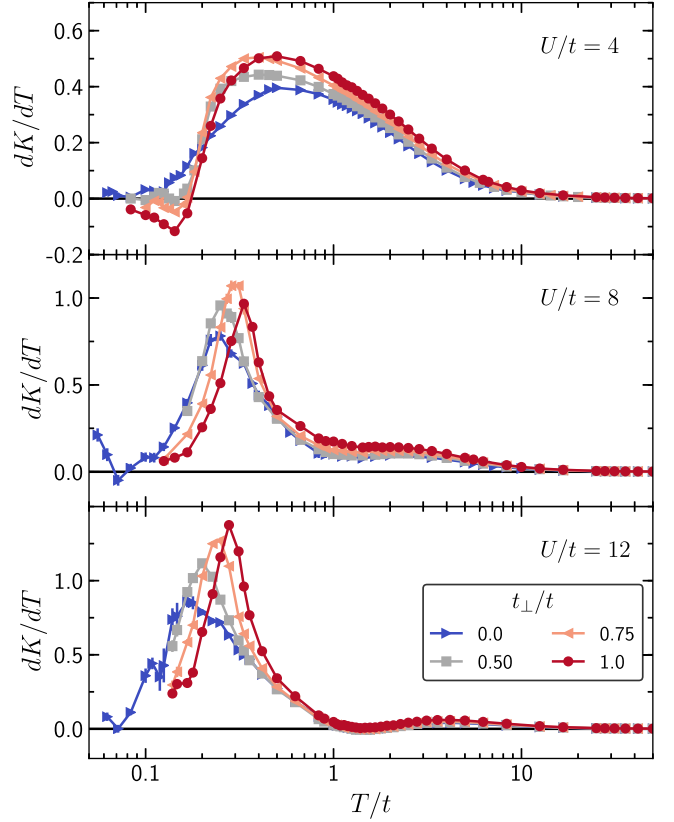


FIG. 9. dK/dT with K the kinetic energy as a function of temperature for $U/t = 4, 8, 12$ at different values of t_{\perp}/t .

In practice, we obtain DQMC results up to a temperature cutoff $T_{\text{cut}} = 250t$ and use the leading-order high-temperature series term ($t = 0$) in the integral in Eq. (3) for $T > T_{\text{cut}}$ to accelerate convergence [69].

Figure 10 shows the entropy per site S/N versus T/t for different t_{\perp}/t at $U/t = 4, 8, 12$. Systems with small t_{\perp}/t have larger S for a given T/t . For $U/t = 4$, $S(T)$ for different values of t_{\perp}/t begins to become distinct at $T/t \lesssim 5$, and then again become independent of t_{\perp} at $T/t \lesssim 0.1$. For $U/t = 8, 12$, the dependence on t_{\perp}/t is negligible until $T/t \lesssim 0.5$. Decreasing t_{\perp}/t at fixed entropy lowers the temperature.

We define the temperature for the low- T peak in $C(T)$ as T^* . For $t_{\perp}/t = 1$ and $U/t = 8$, T^* closely coincides with the Néel temperature, while for $U/t = 4$, T^* is nearly in agreement with the upper bound given by Ref. [55]. For $U/t = 12$, we do not know of literature where finite-size scaling is done to extract $T_{\text{Néel}}$. For the 2D system, $T_{\text{Néel}} = 0$ due to the Mermin-Wagner theorem, but in contrast $T^* \neq 0$. It is also useful to define $S^* = S(T^*)$. Figure 11 shows T^* and S^* as functions of t_{\perp}/t . For $U/t = 8$ and $U/t = 12$, T^* increases with t_{\perp}/t , signaling that the formation of strong AF correlations moves to lower T as t_{\perp}/t is decreased. For $U/t = 4$, on the other hand, T^* is almost independent of t_{\perp}/t .

In the strong-coupling (Heisenberg) limit of the 2D-3D crossover, $T_{\text{Néel}}/J$ is known [57] to go as $T_{\text{Néel}} \sim -1/\ln \alpha$ for $\alpha \ll 1$, with $\alpha = J_{\perp}/J$. The isotropic case, $\alpha = 1$, has

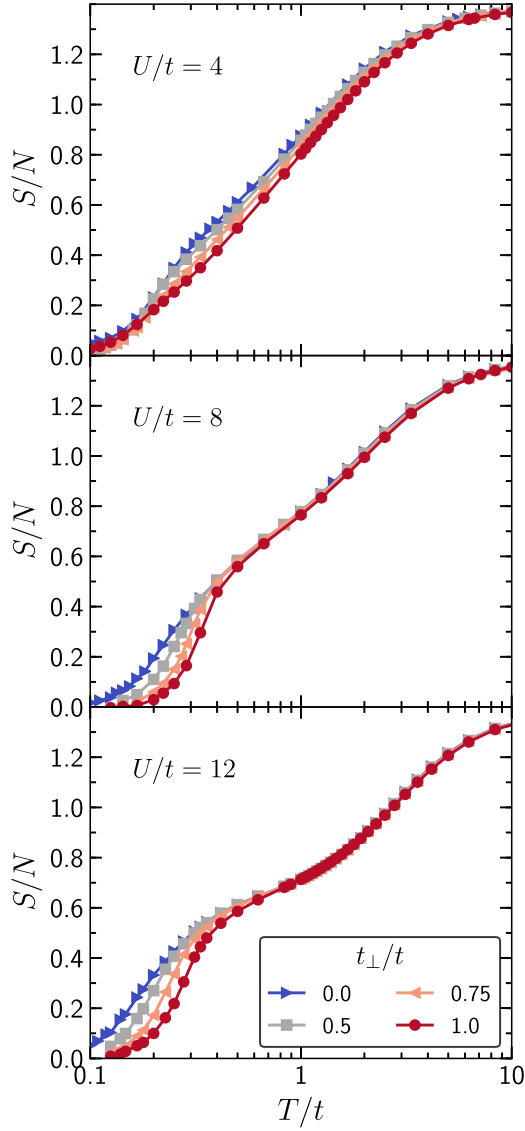


FIG. 10. Entropy S vs temperature for different interplane hopping t_{\perp} . Adiabatic cooling is observed as t_{\perp} is decreased for all values of the interaction strength.

the highest transition temperature $T_{\text{Néel}}/J \approx 0.946$ [70]. $T_{\text{Néel}}$ decreases slowly with α over most of the range from 0 to 1, and then rapidly drops to zero as $\alpha \rightarrow 0$. Similar trends are observed for T^* in Fig. 11 for large U/t , where the results indicate that although T^* is on the same order as the 3D value at weak t_{\perp}/t , it still reaches its largest value at the isotropic point $t_{\perp} = t$. On the other hand, this strong coupling behavior does not extend to weaker coupling, as the $U/t = 4$ data demonstrate in Fig. 11, where T^* is nearly independent on anisotropy. A possible explanation for this behavior is that for small U/t band structure effects such as the van Hove singularity in the 2D density of states become relevant.

Previous work [71] examined *short-range* magnetic order in different dimensions and concluded that for strong couplings their onset occurs at a common (dimension independent) entropy, roughly $S/N \sim \ln 2$. This result is in

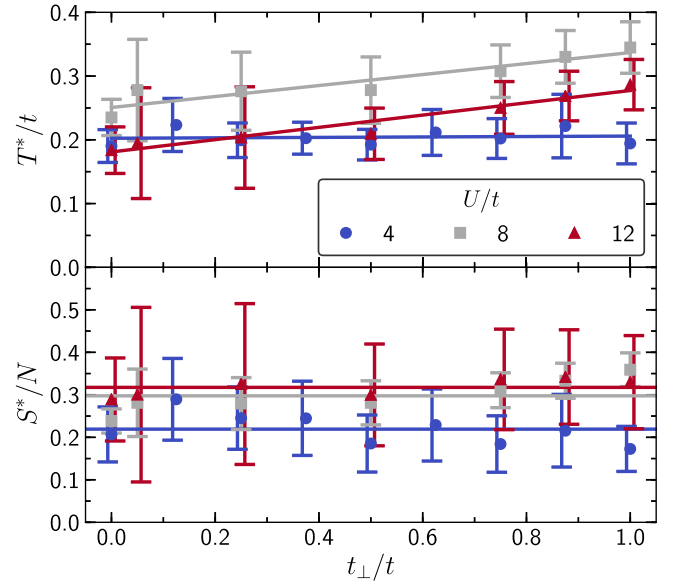


FIG. 11. Top panel: T^* , defined as the position of the small-temperature peak in C ; lower panel $S^* = S(T^*)$ as a function of t_{\perp}/t . Lines in the upper panel are linear fits to the data, while lines in the lower panel are the average of the data sets.

agreement with Fig. 12 for $U/t = 8, 12$, where the onset of growth of the structure factor begins around $S/N \sim \ln 2$. That trend, however, does not extend to smaller U/t , as the $U/t = 4$ panel in Fig. 12 shows.

The reduction in S_{π} with anisotropy at $U/t = 8, 12$ overwhelms the benefits of adiabatic cooling, as seen in Fig. 12. At fixed entropy, S_{π} is reduced by anisotropy. In contrast, at $U/t = 4$, Fig. 12, S_{π} can be enhanced by more than a factor of 2 by reducing t_{\perp}/t away from the 3D limit. As discussed previously, however, the value is never as large as the maximum attained for $U/t = 8$ in the isotropic case at the same entropy.

IV. CONCLUSIONS

We have evaluated the entropy dependence of the AF structure factor S_{π} of the half-filled repulsive Hubbard model in the 2D-3D crossover, tuned by an interplanar tunneling t_{\perp} which is less than the intraplane t . At interaction $U/t = 4$ and $T/t \lesssim 0.2$, S_{π} is maximized at intermediate $t_{\perp}/t \approx 0.4$. At stronger coupling, $U/t = 12$, S_{π} is largest at the isotropic 3D point, $t_{\perp}/t = 1$; while for $U/t = 8$, S_{π} exhibits a plateau between $0.5 \leq t_{\perp}/t \leq 1$.

Although anisotropy enhances magnetism at $U/t = 4$, the structure factor is smaller than it is for larger U/t at the isotropic point $t_{\perp} = t$. Furthermore, despite some adiabatic cooling when reducing t_{\perp} for large U/t , S_{π} remains roughly the same for $t_{\perp}/t \in (0.5, 1.0)$ for $U/t = 8$, and diminishes with anisotropy for $U/t = 12$, so there is no benefit in using anisotropy.

The study of anisotropy in the tunneling of the Hubbard model, and its strong-coupling Heisenberg limit, is of interest beyond OLE. QMC simulations of bilayer Hubbard [72] and Heisenberg [73] models in which $t_{\perp} \neq t$ or $J_{\perp} \neq J$ have

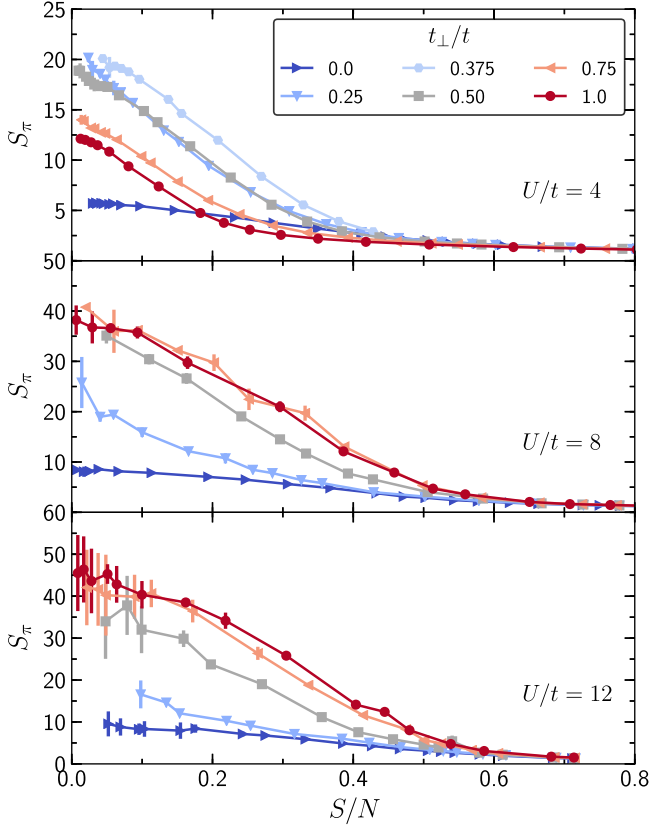


FIG. 12. AF structure factor S_π as a function of entropy S for different interplane hopping t_\perp/t . At weak coupling, S_π grows as one moves adiabatically away from the isotropic 3D limit down to $t_\perp/t = 0.375$ and then comes back down.

explored quantum phase transitions between AF and singlet phases relevant to heavy fermion magnetism, as well as studied $s\pm$ -wave superconductivity [74–76]. Similarly, the possibility of enhanced transition temperatures to magnetic order at the 2D surface of bulk 3D materials has been investigated [77,78]. Finally, analogous issues concerning the effect of inhomogeneous intersite tunneling occur in the context of optimizing d -wave pairing in the 2D Hubbard Hamiltonian. In that case, a model of 2×2 plaquettes [79] with internal hopping t and coupled by interplaquette hopping t' was suggested to have an optimal tunneling for pairing which occurs at $t' < t$, away from the isotropic limit [80–86]. The interest in anisotropic tunnelings also extends to the attractive Hubbard model as well. For example, in Ref. [87], a layer of disconnected attractive Hubbard sites coupled to a metallic layer shows that although the superconducting critical temperature T_c exhibits a maximum as function of the interlayer tunneling, the highest T_c is still smaller than the maximal T_c of the uniform 2D attractive Hubbard model. The results presented in the present paper provide additional information in this broader context, both by quantifying how AF evolves for layered materials, and also by providing further insight into how the strong correlation physics interplays with anisotropy.

Finally, a possible application of our results is to design a cooling protocol, relying on the results of Fig. 10 that

show a system at a fixed entropy will get colder as t_\perp/t is reduced, specially for strong interactions. By exploiting inhomogeneity, this effect can be used to cool systems with an arbitrary t_\perp/t , even isotropic 3D systems, as follows. First, load the atoms into a 3D lattice. Now adjust the lattice depth of the system in a carefully constructed inhomogeneous way; for simplicity, think of two regions: R , an entropy reservoir we will sacrifice to cool the system, and S , the system we want to cool and study. In R , we adiabatically lower the z direction lattice depth V_z . This spatially inhomogeneous lattice depth could be engineered using, for example, a spatial light modulator (however, implementing the spatially modulated anisotropy will be more challenging than a spatially modulated trapping potential). The now-anisotropic R can carry extra entropy at a given temperature, as per Fig. 10, so entropy will transport to this region from S as the system reaches thermal equilibrium at a new temperature. At the temperatures plotted for $U/t = 12$, the entropy per particle in region S can be reduced by a factor of 2. Finally, one can cool and study S with an arbitrary t_\perp/t this way by applying an optical barrier to turn transport off between S and R , and then adiabatically change V_z in the S region to give the desired t_\perp/t . This cooling method bears similarities to other entropy redistribution protocols [40–43,88–97] but overcomes some difficulties. In particular, schemes that rely on metal reservoirs created by changing the local potential, rather than lattice anisotropy, suffer at large U/t from the fact that the metals created this way are bad metals, and therefore they carry significantly less entropy, than, e.g., a noninteracting metal. Our protocol also has some similarities to the conformal cooling suggested in Ref. [98], but allows one to cool the full Fermi-Hubbard model in a practical way, rather than just the Heisenberg limit.

ACKNOWLEDGMENTS

The work of K.R.A.H. and E.I.G.P. was supported in part by the Welch Foundation through Grant No. C-1872 and the National Science Foundation through Grant No. PHY1848304. The work of R.T.S. was supported by Grant No. DE-SC0014671 funded by the US Department of Energy, Office of Science. The work of R.G.H. was partially supported by the NSF (Grant No. PHY-1707992), the Army Research Office Multidisciplinary University Research Initiative (Grant No. W911NF-14-1-0003), the Office of Naval Research, and the Welch Foundation (Grant No. C-1133). T.P. thanks the CNPq, the FAPERJ, and the INCT on Quantum Information. R.M. acknowledges the funding received from the QuantERA ERA-NET Cofund in Quantum Technologies implemented within the European Unions Horizon 2020 Programme and from EPSRC under Grant No. EP/R044082/1.

APPENDIX: FINITE-SIZE ERRORS

As mentioned in Sec. II, for the energy, kinetic energy, interaction energy (number of doublons), nearest-neighbor spin correlations, and entropy, finite-size errors (as measured by the difference between $L = 4$ and $L = 6$ calculations) are $\lesssim 5\%$. It is the correlations at distances comparable to the system size that are affected; other than these, S_π is thus the only observable that is affected, and only when the

system is near or below the Néel temperature so that the correlations at separations comparable to the system size are appreciable.

In order to give an estimate of the finite-size effects for the different values of t_{\perp}/t and U/t , we present $S_{\pi}^{(L)}$ and $\tilde{S}_{\pi}^{(L)} = S_{\pi}^{(L)}/L^3$ as a function of U/t , t_{\perp}/t , and T/t in $L \times L \times L$ cubic systems. We note that for $T > T_{\text{Néel}}$ we have $S_{\pi} \rightarrow \text{constant} \neq 0$ as $L \rightarrow \infty$ and $\tilde{S}_{\pi} \rightarrow 0$, while for $T < T_{\text{Néel}}$ we have $S_{\pi} \rightarrow \infty$ and $\tilde{S}_{\pi} \rightarrow \text{const.}$

Figure 13 presents S_{π} at $T/t = 0.2$ as a function of t_{\perp}/t for different system sizes, while Tables I and II report \tilde{S}_{π} for two T/t presented in Fig. 4. The $U/t = 8, 12$ panels exhibit the same behavior seen in Fig. 4; i.e., S_{π} is maximized when $t_{\perp} \sim t$. For $t_{\perp}/t \gtrsim 0.5$, S_{π} grows roughly proportional to L^3 , suggesting that the system is below $T_{\text{Néel}}$ and that the numerics provides a reasonable estimate of \tilde{S}_{π} . In contrast, the $U/t = 4$ panel demonstrates that S_{π} is maximized at the 2D-3D crossover, in agreement with the results presented in Fig. 4, although the location of the maximum depends significantly on the system size. The scaling looks neither like the simple L -independent S_{π} expected in large systems for temperature above the Néel temperature nor the L -independent \tilde{S}_{π} expected for large systems below the Néel temperature. Previous results in the $t_{\perp}/t \ll 1$ limit [99], and in 3D [55],

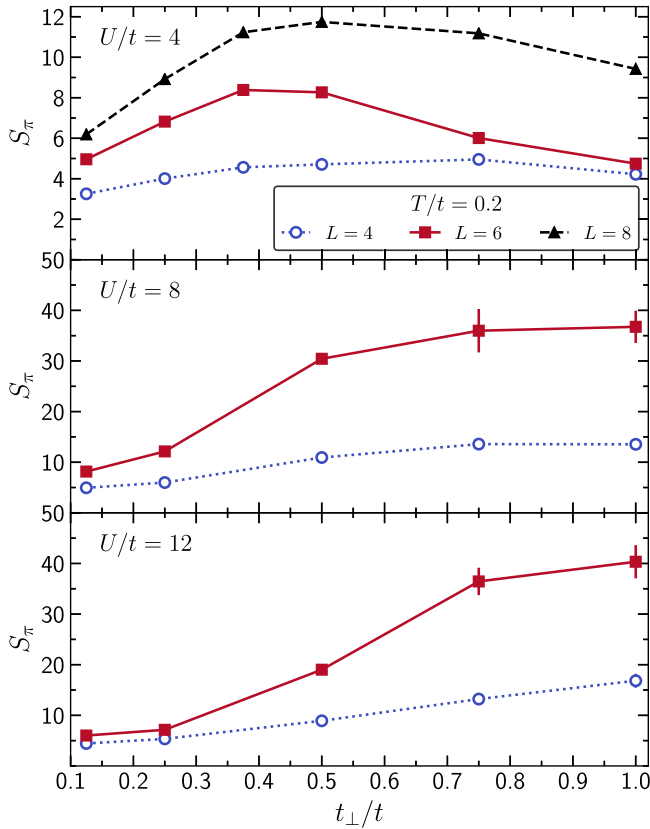


FIG. 13. AF structure factor S_{π} as a function of interplane tunneling t_{\perp}/t at $T/t = 0.2$ for different cubic lattices with sides of length L . We note that the $L = 8$ calculations are substantially more computationally expensive because—defining $N_{\text{sites}} = L^3$ to be the number of sites—the computational cost scales as $O(N_{\text{sites}}^3) = O(L^9)$.

TABLE I. Structure factor $\tilde{S}_{\pi}^{(L)}$ in cubic lattices with sides of length L at $T/t = 0.125$.

U/t	t_{\perp}/t	$\tilde{S}_{\pi}^{(4)}$	$\tilde{S}_{\pi}^{(6)}$	$ \tilde{S}_{\pi}^{(6)} - \tilde{S}_{\pi}^{(4)} $
4	0.125	0.06	0.04	0.03
	0.25	0.10	0.08	0.02
	0.375	0.11	0.09	0.02
	0.5	0.11	0.08	0.03
	0.75	0.11	0.06	0.05
	1	0.09	0.05	0.04
8	0.125	0.09	0.05	0.04
	0.25	0.12	0.09	0.03
	0.5	0.20	0.17	0.03
	0.75	0.22	0.18	0.04
	1	0.21	0.17	0.04
	1.25	0.09	0.05	0.04
12	0.125	0.09	0.05	0.04
	0.25	0.11	0.08	0.03
	0.5	0.20	0.16	0.04
	0.75	0.26	0.19	0.06
	1	0.25	0.21	0.04
	1.25	0.09	0.05	0.04

place $T_{\text{Néel}} \lesssim 0.2$ for $U/t = 4$; therefore, this absence of a simple scaling on L is expected at $T/t = 0.2$. A detailed study of finite-size effects, as was done in Refs. [55,62] in 3D, and for larger system sizes than in the present paper is required to precisely determine $T_{\text{Néel}}$ in the 2D-3D crossover. This task is out of the scope of the paper, but our results will provide a useful starting point for such calculations.

TABLE II. Structure factor $\tilde{S}_{\pi}^{(L)}$ in cubic lattices with sides of length L at $T/t = 0.2$.

U/t	t_{\perp}/t	$\tilde{S}_{\pi}^{(4)}$	$\tilde{S}_{\pi}^{(6)}$	$\tilde{S}_{\pi}^{(8)}$	$ \tilde{S}_{\pi}^{(6)} - \tilde{S}_{\pi}^{(4)} $	$ \tilde{S}_{\pi}^{(8)} - \tilde{S}_{\pi}^{(6)} $
4	0.125	0.05	0.02	0.01	0.03	0.01
	0.25	0.06	0.03	0.02	0.03	0.01
	0.375	0.07	0.04	0.02	0.03	0.02
	0.5	0.07	0.04	0.02	0.04	0.02
	0.75	0.08	0.03	0.02	0.05	0.01
	1	0.07	0.02	0.02	0.04	0.00
8	0.125	0.08	0.04		0.04	
	0.25	0.09	0.06		0.04	
	0.5	0.17	0.14		0.03	
	0.75	0.21	0.17		0.05	
	1	0.21	0.17		0.04	
	1.25	0.07	0.03		0.04	
12	0.125	0.08	0.03		0.05	
	0.25	0.08	0.03		0.05	
	0.5	0.14	0.09		0.05	
	0.75	0.21	0.17		0.04	
	1	0.26	0.19		0.08	
	1.25	0.07	0.03		0.05	

- [1] I. Bloch, J. Dalibard, and S. Nascimbène, Quantum simulations with ultracold quantum gases, *Nat. Phys.* **8**, 267 (2012).
- [2] C. Gross and I. Bloch, Quantum simulations with ultracold atoms in optical lattices, *Science* **357**, 995 (2017).
- [3] E. Altman, K. R. Brown, G. Carleo, L. D. Carr, E. Demler, C. Chin, B. DeMarco, S. E. Economou, M. A. Eriksson, K.-M. C. Fu, M. Greiner, K. R. A. Hazzard, R. G. Hulet, A. J. Kollar, B. L. Lev, M. D. Lukin, R. Ma, X. Mi, S. Misra, C. Monroe, K. Murch, Z. Nazario, K.-K. Ni, A. C. Potter, P. Roushan, M. Saffman, M. Schleier-Smith, I. Siddiqi, R. Simmonds, M. Singh, I. B. Spielman, K. Temme, D. S. Weiss, J. Vuckovic, V. Vuletic, J. Ye, and M. Zwerlein, Quantum simulators: Architectures and opportunities, [arXiv:1912.06938](https://arxiv.org/abs/1912.06938).
- [4] R. Jördens, N. Strohmaier, K. Günter, H. Moritz, and T. Esslinger, A Mott insulator of fermionic atoms in an optical lattice, *Nature (London)* **455**, 204 (2008).
- [5] U. Schneider, L. Hackermüller, S. Will, T. Best, I. Bloch, T. A. Costi, R. W. Helmes, D. Rasch, and A. Rosch, Metallic and insulating phases of repulsively interacting fermions in a 3d optical lattice, *Science* **322**, 1520 (2008).
- [6] N. Strohmaier, D. Greif, R. Jördens, L. Tarruell, H. Moritz, T. Esslinger, R. Sensarma, D. Pekker, E. Altman, and E. Demler, Observation of Elastic Doublon Decay in the Fermi-Hubbard Model, *Phys. Rev. Lett.* **104**, 080401 (2010).
- [7] T. Esslinger, Fermi-Hubbard physics with atoms in an optical lattice, *Annu. Rev. Condens. Matter Phys.* **1**, 129 (2010).
- [8] R. A. Hart, P. M. Duarte, T.-L. Yang, X. Liu, T. Paiva, E. Khatami, R. T. Scalettar, N. Trivedi, D. A. Huse, and R. G. Hulet, Observation of antiferromagnetic correlations in the Hubbard model with ultracold atoms, *Nature (London)* **519**, 211 (2015).
- [9] E. Cocchi, L. A. Miller, J. H. Drewes, M. Koschorreck, D. Pertot, F. Brennecke, and M. Köhl, Equation of State of the Two-Dimensional Hubbard Model, *Phys. Rev. Lett.* **116**, 175301 (2016).
- [10] E. Cocchi, L. A. Miller, J. H. Drewes, C. F. Chan, D. Pertot, F. Brennecke, and M. Köhl, Measuring Entropy and Short-Range Correlations in the Two-Dimensional Hubbard Model, *Phys. Rev. X* **7**, 031025 (2017).
- [11] L. Tarruell and L. Sanchez-Palencia, Quantum simulation of the Hubbard model with ultracold fermions in optical lattices, *C. R. Phys.* **19**, 365 (2018).
- [12] C. S. Chiu, G. Ji, A. Bohrdt, M. Xu, M. Knap, E. Demler, F. Grusdt, M. Greiner, and D. Greif, String Patterns in the Doped Hubbard Model, *Science* **365**, 251 (2019).
- [13] P. T. Brown, E. Guardado-Sanchez, B. M. Spar, E. W. Huang, T. P. Devereaux, and W. S. Bakr, Angle-resolved photoemission spectroscopy of a Fermi-Hubbard system, *Nat. Phys.* **16**, 26 (2019).
- [14] E. W. Huang, R. Sheppard, B. Moritz, and T. P. Devereaux, Strange metallicity in the doped Hubbard model, *Science* **366**, 987 (2019).
- [15] J. Simon, W. S. Bakr, R. Ma, M. E. Tai, P. M. Preiss, and M. Greiner, Quantum simulation of antiferromagnetic spin chains in an optical lattice, *Nature (London)* **472**, 307 (2011).
- [16] K. Kim, M.-S. Chang, S. Korenblit, R. Islam, E. E. Edwards, J. K. Freericks, G.-D. Lin, L.-M. Duan, and C. Monroe, Quantum simulation of frustrated Ising spins with trapped ions, *Nature (London)* **465**, 590 (2010).
- [17] J. W. Britton, B. C. Sawyer, A. C. Keith, C.-C. J. Wang, J. K. Freericks, H. Uys, M. J. Biercuk, and J. J. Bollinger, Engineered two-dimensional Ising interactions in a trapped-ion quantum simulator with hundreds of spins, *Nature (London)* **484**, 489 (2012).
- [18] D. Greif, T. Uehlinger, G. Jotzu, L. Tarruell, and T. Esslinger, Short-range quantum magnetism of ultracold fermions in an optical lattice, *Science* **340**, 1307 (2013).
- [19] J. Imriška, M. Iazzi, L. Wang, E. Gull, D. Greif, T. Uehlinger, G. Jotzu, L. Tarruell, T. Esslinger, and M. Troyer, Thermodynamics and Magnetic Properties of the Anisotropic 3D Hubbard Model, *Phys. Rev. Lett.* **112**, 115301 (2014).
- [20] D. Greif, G. Jotzu, M. Messer, R. Desbuquois, and T. Esslinger, Formation and Dynamics of Antiferromagnetic Correlations in Tunable Optical Lattices, *Phys. Rev. Lett.* **115**, 260401 (2015).
- [21] H. Ozawa, S. Taie, Y. Takasu, and Y. Takahashi, Antiferromagnetic Spin Correlation of $SU(N)$ Fermi Gas in an Optical Superlattice, *Phys. Rev. Lett.* **121**, 225303 (2018).
- [22] J. Schönmeier-Kromer and L. Pollet, Ground-state phase diagram of the two-dimensional Bose-Hubbard model with anisotropic hopping, *Phys. Rev. A* **89**, 023605 (2014).
- [23] B. Lenz, S. R. Manmana, T. Pruschke, F. F. Assaad, and M. Raczkowski, Mott Quantum Criticality in the Anisotropic 2D Hubbard Model, *Phys. Rev. Lett.* **116**, 086403 (2016).
- [24] M. Raczkowski and F. F. Assaad, Dimensional-Crossover-Driven Mott Transition in the Frustrated Hubbard Model, *Phys. Rev. Lett.* **109**, 126404 (2012).
- [25] Y. F. Kung, C. Bazin, K. Wohlfeld, Y. Wang, C.-C. Chen, C. J. Jia, S. Johnston, B. Moritz, F. Mila, and T. P. Devereaux, Numerically exploring the 1D-2D dimensional crossover on spin dynamics in the doped Hubbard model, *Phys. Rev. B* **96**, 195106 (2017).
- [26] G. Ehlers, B. Lenz, S. R. Manmana, and R. M. Noack, Anisotropy crossover in the frustrated Hubbard model on four-chain cylinders, *Phys. Rev. B* **97**, 035118 (2018).
- [27] T. Paiva, R. Scalettar, M. Randeria, and N. Trivedi, Fermions in 2D optical lattices: Temperature and entropy scales for observing antiferromagnetism and superfluidity, *Phys. Rev. Lett.* **104**, 066406 (2010).
- [28] P. M. Duarte, R. A. Hart, T.-L. Yang, X. Liu, T. Paiva, E. Khatami, R. T. Scalettar, N. Trivedi, and R. G. Hulet, Compressibility of a Fermionic Mott Insulator of Ultracold Atoms, *Phys. Rev. Lett.* **114**, 070403 (2015).
- [29] W. S. Bakr, J. I. Gillen, A. Peng, S. Fölling, and M. Greiner, A quantum gas microscope for detecting single atoms in a Hubbard-regime optical lattice, *Nature (London)* **462**, 74 (2009).
- [30] J. F. Sherson, C. Weitenberg, M. Endres, M. Cheneau, I. Bloch, and S. Kuhr, Single-atom-resolved fluorescence imaging of an atomic Mott insulator, *Nature (London)* **467**, 68 (2010).
- [31] C. Weitenberg, M. Endres, J. F. Sherson, M. Cheneau, P. Schauß, T. Fukuhara, I. Bloch, and S. Kuhr, Single-spin addressing in an atomic Mott insulator, *Nature (London)* **471**, 319 (2011).
- [32] M. Endres, M. Cheneau, T. Fukuhara, C. Weitenberg, P. Schauss, C. Gross, L. Mazza, M. C. Banuls, L. Pollet, I. Bloch, and S. Kuhr, Observation of correlated particle-hole pairs and string order in low-dimensional Mott insulators, *Science* **334**, 200 (2011).

- [33] M. Endres, M. Cheneau, T. Fukuhara, C. Weitenberg, P. Schauß, C. Gross, L. Mazza, M. C. Bañuls, L. Pollet, I. Bloch, and S. Kuhr, Single-site- and single-atom-resolved measurement of correlation functions, *Appl. Phys. B* **113**, 27 (2013).
- [34] D. Greif, M. F. Parsons, A. Mazurenko, C. S. Chiu, S. Blatt, F. Huber, G. Ji, and M. Greiner, Site-resolved imaging of a fermionic Mott insulator, *Science* **351**, 953 (2016).
- [35] R. Yamamoto, J. Kobayashi, T. Kuno, K. Kato, and Y. Takahashi, An ytterbium quantum gas microscope with narrow-line laser cooling, *New J. Phys.* **18**, 023016 (2016).
- [36] D. Okuno, Y. Amano, K. Enomoto, N. Takei, and Y. Takahashi, Schemes for nondestructive quantum gas microscopy of single atoms in an optical lattice, *New J. Phys.* **22**, 013041 (2020).
- [37] M. Boll, T. A. Hilker, G. Salomon, A. Omran, J. Nespolo, L. Pollet, I. Bloch, and C. Gross, Spin- and density-resolved microscopy of antiferromagnetic correlations in Fermi-Hubbard chains, *Science* **353**, 1257 (2016).
- [38] M. F. Parsons, A. Mazurenko, C. S. Chiu, G. Ji, D. Greif, and M. Greiner, Site-resolved measurement of the spin-correlation function in the Fermi-Hubbard model, *Science* **353**, 1253 (2016).
- [39] L. W. Cheuk, M. A. Nichols, K. R. Lawrence, M. Okan, H. Zhang, E. Khatami, N. Trivedi, T. Paiva, M. Rigol, and M. W. Zwierlein, Observation of spatial charge and spin correlations in the 2D Fermi-Hubbard model, *Science* **353**, 1260 (2016).
- [40] A. Mazurenko, C. S. Chiu, G. Ji, M. F. Parsons, M. Kanász-Nagy, R. Schmidt, F. Grusdt, E. Demler, D. Greif, and M. Greiner, A cold-atom Fermi-Hubbard antiferromagnet, *Nature (London)* **545**, 462 (2017).
- [41] T.-L. Ho and Q. Zhou, Squeezing out the entropy of fermions in optical lattices, *Proc. Natl. Acad. Sci. USA* **106**, 6916 (2009).
- [42] A. Halder and V. B. Shenoy, Cooling a band insulator with a metal: Fermionic superfluid in a dimerized holographic lattice, *Sci. Rep.* **4**, 06655 (2014).
- [43] C. S. Chiu, G. Ji, A. Mazurenko, D. Greif, and M. Greiner, Quantum State Engineering of a Hubbard System with Ultracold Fermions, *Phys. Rev. Lett.* **120**, 243201 (2018).
- [44] R. Blankenbecler, D. J. Scalapino, and R. L. Sugar, Monte Carlo calculations of coupled boson-fermion systems: I, *Phys. Rev. D* **24**, 2278 (1981).
- [45] S. Sorella, S. Baroni, R. Car, and M. Parrinello, A novel technique for the simulation of interacting fermion systems, *Europhys. Lett.* **8**, 663 (1989).
- [46] D. Mitra, P. T. Brown, E. Guardado-Sanchez, S. S. Kondov, T. Devakul, D. A. Huse, P. Schauß, and W. S. Bakr, Quantum gas microscopy of an attractive Fermi-Hubbard system, *Nat. Phys.* **14**, 173 (2017).
- [47] P. T. Brown, D. Mitra, E. Guardado-Sanchez, P. Schauß, S. S. Kondov, E. Khatami, T. Paiva, N. Trivedi, D. A. Huse, and W. S. Bakr, Spin-imbalance in a 2D Fermi-Hubbard system, *Science* **357**, 1385 (2017).
- [48] P. T. Brown, D. Mitra, E. Guardado-Sanchez, R. Nourafkan, A. Reymbaut, C.-D. Hébert, S. Bergeron, A.-M. S. Tremblay, J. Kokalj, D. A. Huse, P. Schauß, and W. S. Bakr, Bad metallic transport in a cold atom Fermi-Hubbard system, *Science* **363**, 379 (2018).
- [49] C. F. Chan, M. Gall, N. Wurz, and M. Köhl, Pair correlations in the attractive Hubbard model, *Phys. Rev. Research* **2**, 023210 (2020).
- [50] A.-M. Daré, L. Raymond, G. Albinet, and A. M. S. Tremblay, Interaction-induced adiabatic cooling for antiferromagnetism in optical lattices, *Phys. Rev. B* **76**, 064402 (2007).
- [51] L. De Leo, J.-S. Bernier, C. Kollath, A. Georges, and V. W. Scarola, Thermodynamics of the three-dimensional Hubbard model: Implications for cooling cold atomic gases in optical lattices, *Phys. Rev. A* **83**, 023606 (2011).
- [52] R. Jördens, L. Tarruell, D. Greif, T. Uehlinger, N. Strohmaier, H. Moritz, T. Esslinger, L. De Leo, C. Kollath, A. Georges, V. Scarola, L. Pollet, E. Burovski, E. Kozik, and M. Troyer, Quantitative Determination of Temperature in the Approach to Magnetic Order Of Ultracold Fermions In An Optical Lattice, *Phys. Rev. Lett.* **104**, 180401 (2010).
- [53] S. R. Manmana, K. R. A. Hazzard, G. Chen, A. E. Feiguin, and A. M. Rey, SU(N) magnetism in chains of ultracold alkaline-earth-metal atoms: Mott transitions and quantum correlations, *Phys. Rev. A* **84**, 043601 (2011).
- [54] E. Burovski, N. Prokof'ev, B. Svistunov, and M. Troyer, The Fermi-Hubbard model at unitarity, *New J. Phys.* **8**, 153 (2006).
- [55] E. Kozik, E. Burovski, V. W. Scarola, and M. Troyer, Néel temperature and thermodynamics of the half-filled three-dimensional Hubbard model by diagrammatic determinant Monte Carlo, *Phys. Rev. B* **87**, 205102 (2013).
- [56] B. Klebel, T. Schäfer, A. Toschi, and J. M. Tomczak, Anisotropy of electronic correlations: On the applicability of local theories to layered materials, *arXiv:2005.01369*.
- [57] S. Chakravarty, B. I. Halperin, and D. R. Nelson, Low-Temperature Behavior of Two-Dimensional Quantum Antiferromagnets, *Phys. Rev. Lett.* **60**, 1057 (1988).
- [58] A. V. Chubukov, S. Sachdev, and J. Ye, Theory of two-dimensional quantum Heisenberg antiferromagnets with a nearly critical ground state, *Phys. Rev. B* **49**, 11919 (1994).
- [59] J. Xu, S. Chiesa, E. J. Walter, and S. Zhang, Magnetic order in the Hubbard model in three dimensions and the crossover to two dimensions, *J. Phys.: Condens. Matter* **25**, 415602 (2013).
- [60] S. R. White, D. J. Scalapino, R. L. Sugar, E. Y. Loh, J. E. Gubernatis, and R. T. Scalettar, Numerical study of the two-dimensional Hubbard model, *Phys. Rev. B* **40**, 506 (1989).
- [61] R. T. Scalettar, R. M. Noack, and R. R. P. Singh, Ergodicity at large couplings with the determinant Monte Carlo algorithm, *Phys. Rev. B* **44**, 10502 (1991).
- [62] R. Staudt, M. Dzierzawa, and A. Muramatsu, Phase diagram of the three-dimensional Hubbard model at half filling, *Eur. Phys. J. B* **17**, 411 (2000).
- [63] E. Khatami, Three-dimensional Hubbard model in the thermodynamic limit, *Phys. Rev. B* **94**, 125114 (2016).
- [64] T. Paiva, R. T. Scalettar, C. Huscroft, and A. K. McMahan, Signatures of spin and charge energy scales in the local moment and specific heat of the half-filled two-dimensional Hubbard model, *Phys. Rev. B* **63**, 125116 (2001).
- [65] H. Shiba and P. A. Pincus, Thermodynamic properties of the one-dimensional half-filled-band Hubbard model, *Phys. Rev. B* **5**, 1966 (1972).
- [66] A. Georges and W. Krauth, Physical properties of the half-filled Hubbard model in infinite dimensions, *Phys. Rev. B* **48**, 7167 (1993).
- [67] In order to take derivatives in an unevenly spaced dataset, we have used three-point differentiation rule with a $O(h^2)$ error, where h is the spacing between the variable differentiated with

respect to

$$f'(x) = \left[\frac{x_i - x_{i+1}}{(x_{i-1} - x_i)(x_{i-1} - x_{i+1})} \right] f(x_{i-1}) \\ + \left[\frac{2x_i - x_{i-1} - x_{i+1}}{(x_i - x_{i-1})(x_i - x_{i+1})} \right] f(x_i) \\ + \left[\frac{x_i - x_{i-1}}{(x_{i+1} - x_{i-1})(x_{i+1} - x_i)} \right] f(x_{i+1}).$$

Error bars are obtained by error propagation and treating the errors in quadrature.

- [68] P. Sengupta, A. W. Sandvik, and R. R. P. Singh, Specific heat of quasi-two-dimensional antiferromagnetic Heisenberg models with varying interplanar couplings, *Phys. Rev. B* **68**, 094423 (2003).
- [69] The error in the entropy calculation due to the finite value of the temperature cutoff T_{cut} was estimated by comparing the results obtained with $T_{\text{cut}}/t = 100, 250$. The difference between those two is below 3.5×10^{-4} for all interaction strengths, temperatures, and values of t_{\perp} considered in this paper.
- [70] A. W. Sandvik, Critical Temperature and the Transition from Quantum to Classical Order Parameter Fluctuations in the Three-Dimensional Heisenberg Antiferromagnet, *Phys. Rev. Lett.* **80**, 5196 (1998).
- [71] E. V. Gorelik, D. Rost, T. Paiva, R. Scalettar, A. Klümper, and N. Blümer, Universal probes for antiferromagnetic correlations and entropy in cold fermions on optical lattices, *Phys. Rev. A* **85**, 061602(R) (2012).
- [72] R. T. Scalettar, J. W. Cannon, D. J. Scalapino, and R. L. Sugar, Magnetic and pairing correlations in coupled Hubbard planes, *Phys. Rev. B* **50**, 13419 (1994).
- [73] L. Wang, K. S. D. Beach, and A. W. Sandvik, High-precision finite-size scaling analysis of the quantum-critical point of $s = 1/2$ Heisenberg antiferromagnetic bilayers, *Phys. Rev. B* **73**, 014431 (2006).
- [74] Y. Bang and H.-Y. Choi, Possible pairing states of the Fe-based superconductors, *Phys. Rev. B* **78**, 134523 (2008).
- [75] M. M. Korshunov and I. Eremin, Theory of magnetic excitations in iron-based layered superconductors, *Phys. Rev. B* **78**, 140509(R) (2008).
- [76] F. Wang, H. Zhai, Y. Ran, A. Vishwanath, and D.-H. Lee, Functional Renormalization-Group Study of the Pairing Symmetry and Pairing Mechanism of the Feas-Based High-Temperature Superconductor, *Phys. Rev. Lett.* **102**, 047005 (2009).
- [77] L. M. Falicov, D. T. Pierce, S. D. Bader, R. Gronsky, K. B. Hathaway, H. J. Hopster, D. N. Lambeth, S. S. P. Parkin, G. Prinz, M. Salamon, I. K. Schuller, and R. H. Victora, Surface, interface, and thin-film magnetism, *J. Mater. Res.* **5**, 1299 (1990).
- [78] C. S. Fadley, in *Synchrotron Radiation Research*, edited by R. Z. Bachrach (Springer, New York, 1992).
- [79] D. J. Scalapino and S. A. Trugman, Local antiferromagnetic correlations and $d_{x^2-y^2}$ pairing, *Philos. Mag. B* **74**, 607 (1996).
- [80] E. Arrigoni, E. Fradkin, and S. A. Kivelson, Mechanism of high-temperature superconductivity in a striped Hubbard model, *Phys. Rev. B* **69**, 214519 (2004).
- [81] I. Martin, D. Podolsky, and S. A. Kivelson, Enhancement of superconductivity by local inhomogeneities, *Phys. Rev. B* **72**, 060502(R) (2005).
- [82] S. A. Kivelson and E. Fradkin, in *Handbook of High-Temperature Superconductivity*, edited by J. R. Schrieffer and J. S. Brooks (Springer, New York, 2007).
- [83] W.-F. Tsai and S. A. Kivelson, Superconductivity in inhomogeneous Hubbard models, *Phys. Rev. B* **73**, 214510 (2006).
- [84] H. S. Røising, F. Flicker, T. Scaffidi, and S. H. Simon, Weak-coupling superconductivity in an anisotropic three-dimensional repulsive Hubbard model, *Phys. Rev. B* **98**, 224515 (2018).
- [85] G. Wachtel, S. Baruch, and D. Orgad, Optimal inhomogeneity for pairing in Hubbard systems with next-nearest-neighbor hopping, *Phys. Rev. B* **96**, 064527 (2017).
- [86] S. Baruch and D. Orgad, Contractor-renormalization study of Hubbard plaquette clusters, *Phys. Rev. B* **82**, 134537 (2010).
- [87] G. Wachtel, A. Bar-Yaacov, and D. Orgad, Superfluid stiffness renormalization and critical temperature enhancement in a composite superconductor, *Phys. Rev. B* **86**, 134531 (2012).
- [88] T.-L. Ho and Q. Zhou, Universal cooling scheme for quantum simulation, *arXiv:0911.5506*.
- [89] J.-S. Bernier, C. Kollath, A. Georges, L. De Leo, F. Gerbier, C. Salomon, and M. Köhl, Cooling fermionic atoms in optical lattices by shaping the confinement, *Phys. Rev. A* **79**, 061601(R) (2009).
- [90] D. C. McKay and B. DeMarco, Cooling in strongly correlated optical lattices: Prospects and challenges, *Rep. Prog. Phys.* **74**, 054401 (2011).
- [91] J. Schachenmayer, D. M. Weld, H. Miyake, G. A. Siviloglou, W. Ketterle, and A. J. Daley, Adiabatic cooling of bosons in lattices to magnetically ordered quantum states, *Phys. Rev. A* **92**, 041602(R) (2015).
- [92] S. Goto and I. Danshita, Cooling schemes for two-component fermions in layered optical lattices, *Phys. Rev. A* **96**, 063602 (2017).
- [93] A. Kantian, S. Langer, and A. J. Daley, Dynamical Disentangling and Cooling of Atoms in Bilayer Optical Lattices, *Phys. Rev. Lett.* **120**, 060401 (2018).
- [94] A. E. Mirasola, M. L. Wall, and K. R. A. Hazzard, Cooling fermions in an optical lattice by adiabatic demagnetization, *Phys. Rev. A* **98**, 033607 (2018).
- [95] A. Venegas-Gomez, J. Schachenmayer, A. S. Buyskikh, W. Ketterle, M. L. Chiofalo, and A. J. Daley, Adiabatic preparation of entangled, magnetically ordered states with cold bosons in optical lattices, *Quantum Sci. Technol.* **5**, 045013 (2020).
- [96] P. Werner, M. Eckstein, M. Müller, and G. Refael, Light-induced evaporative cooling of holes in the Hubbard model, *Nat. Commun.* **10**, 5556 (2019).
- [97] B. Yang, H. Sun, C.-J. Huang, H.-Y. Wang, Y. Deng, H.-N. Dai, Z.-S. Yuan, and J.-W. Pan, Cooling and entangling ultracold atoms in optical lattices, *Science* **369**, 550 (2020).
- [98] M. P. Zaletel, D. M. Stamper-Kurn, and N. Y. Yao, Preparation of low entropy correlated many-body states via conformal cooling quenches, *arXiv:1611.04591*.
- [99] A.-M. Daré, Y. M. Vilks, and A. M. S. Tremblay, Crossover from two- to three-dimensional critical behavior for nearly antiferromagnetic itinerant electrons, *Phys. Rev. B* **53**, 14236 (1996).