



The Heating and Pulsations of V386 Serpentis after Its 2019 Dwarf Nova Outburst

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Abstract

Following the pulsation spectrum of a white dwarf through the heating and cooling involved in a dwarf nova outburst cycle provides a unique view of the changes to convective driving that take place on timescales of months versus millennia for nonaccreting white dwarfs. In 2019 January the dwarf nova V386 Ser (one of a small number containing an accreting, pulsating white dwarf) underwent a large-amplitude outburst. Hubble Space Telescope ultraviolet spectra were obtained 7 and 13 months after outburst along with optical ground-based photometry during this interval and high-speed photometry at 5.5 and 17 months after outburst. The resulting spectral and pulsational analysis shows a cooling of the white dwarf from 21,020 to 18,750 K (with a gravity $\log(g) = 8.1$) between the two UV observations, along with the presence of strong pulsations evident in both UV and optical at a much shorter period after outburst than at quiescence. The pulsation periods consistently lengthened during the year following outburst, in agreement with pulsation theory. However, it remains to be seen if the behavior at longer times past outburst will mimic the unusual nonmonotonic cooling and long periods evident in the similar system GW Lib.

Unified Astronomy Thesaurus concepts: Cataclysmic variable stars (203)

1. Introduction

In the last two decades, almost 20 pulsating white dwarfs have been found to exist in close binaries that have active mass transfer from a late-type main-sequence star (Warner & van Zyl 1998; Szkody et al. 2012a). These accreting, pulsating white dwarfs are unique as they undergo dwarf nova outbursts resulting from the ongoing mass transfer (see the review of dwarf nova outbursts in Warner 1995). During this outburst, the white dwarf is heated by thousands of degrees (Sion 1995; Godon et al. 2006), causing it to move out of the instability strip and the pulsations to cease. During the subsequent cooling, which takes place on the order of months to years (as opposed to the millennia for the cooling of single white dwarfs), the rapid changes to convective driving can be tracked through the periods of the nonradial pulsations. The period of the most effectively driven mode is expected to scale with the thermal timescale at the base of the convection zone, which is shorter when the outer layers of the white dwarf are heated by the outburst (Arras et al. 2006). Because the nonradial pulsation modes of a white dwarf penetrate deep into the star, these unique systems provide the potential to probe how the accretion of mass and angular momentum affects a star and its subsequent evolution (Townsley et al. 2004; Fontaine & Brassard 2008; Winget & Kepler 2008; Corsico et al. 2019).

While this is a tantalizing exploration, there are several factors that make the corresponding observations difficult. In order to view the pulsations, the mass transfer rate needs to be low and the subsequent disk minimal so that the white dwarf light is a large contribution to the overall observed light.

Obtaining an accurate temperature and composition for the white dwarf is only possible in the far-ultraviolet, where the white dwarf continuum and absorption lines dominate over the disk emission and lines. This entails using the highly competitive Hubble Space Telescope (HST), and results in much more sporadic and short-term coverage than ground observations. In addition, for low-mass transfer rates, the dwarf nova outbursts only recur on decades timescales and are not predictable.

There is currently only one system, GW Lib, that has been followed extensively before and after its dwarf nova outburst. GW Lib is the first known pulsating accretor and is one of the brightest with $V = 17$ at quiescence (Warner & van Zyl 1998; van Zyl et al. 2004). It had a very large-amplitude (9 mag) dwarf nova outburst in 2007 followed by five HST/Cosmic Origins Spectrograph (COS) observations in 2010, 2011, 2013, 2015, and 2017 as well as ground-based optical monitoring throughout this interval (Szkody et al. 2012b, 2016; Toloza et al. 2016; Gänsicke et al. 2019; Chote et al. 2021). Those data showed two surprising results. First, the temperature from the UV spectra was not a smooth cooling transition from the 18,000 K determined from the observation 3 yr after outburst to the 14,700 K measured at quiescence (Szkody et al. 2002b). Instead, there was an initial decrease to 16,000 K in 2011, and then an increase to the same average higher temperature near 17,000 K for the remaining three observations. Second, the pulsation spectrum was not a smooth change from a shorter period after outburst back to the 648, 376, and 236 s observed during quiescence. The pulsation spectrum contained a complex array of short periods (293 s in 2010 and 2011, 275 s in 2013 and 2017, and 370 s in 2015) as well as longer periods at 19 minutes and 4 hr that appeared for weeks at a time

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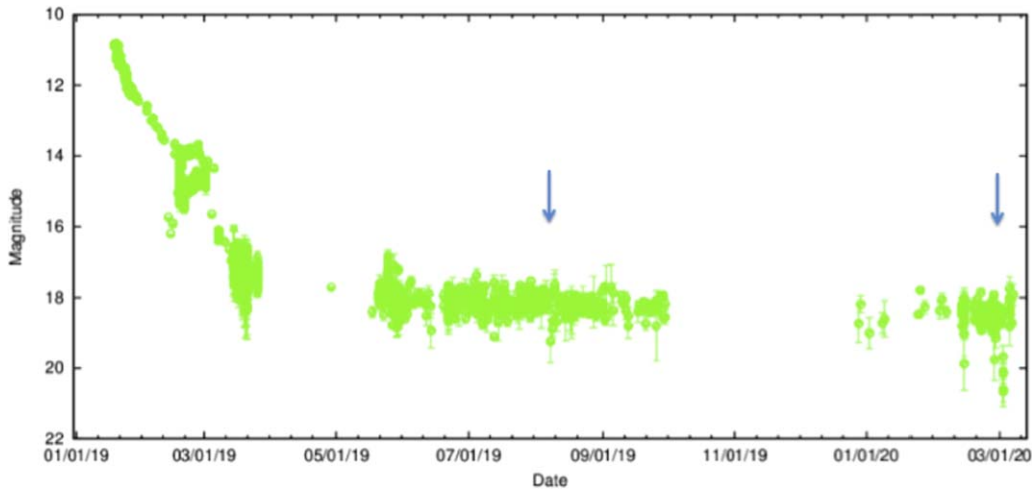


Figure 1. The AAVSO light curve of V386 Ser. Filled points are V filter, unfilled are clear filter with zero point of V filter. The arrows mark the times of the HST observations.

and then disappeared. Overlapping K2 and HST coverage in 2017 confirmed a correlation of the 4 hr period with a large UV flux increase and the presence of the 275 s pulsation only during that increase. While all the periods appear to relate to different modes of pulsation, the driving mechanism for each mode is not clear, and it is obvious that the cooling to quiescence takes more than 10 yr.

In order to pursue a better understanding of this unusual behavior, we attempted to observe the behavior of another accreting pulsator (V386 Ser) after it underwent its first dwarf nova outburst in 2019.

2. Background on V386 Ser

V386 Ser was discovered as a 19th magnitude cataclysmic variable in the Sloan Digital Sky Survey (Szkody et al. 2002a), showing the broad absorption lines surrounding Balmer emission that is characteristic of low-mass-transfer systems. Follow-up photometry by Woudt & Warner (2004) identified an orbital period of 80.52 minutes and pulsations near 607, 345, and 221 s, making it the second known accreting pulsator. A later international campaign was organized, using seven ground observatories over 11 nights. This resulted in a refinement of the main pulsation period to 609 s and revealed it to be an evenly spaced triplet (Mukadam et al. 2010), indicating an internal rotation period of 4.8 days. A low-resolution HST spectrum with the solar blind channel was obtained during quiescence in 2005 and fit with a quiescent white dwarf temperature of 13,000–14,000 K (Szkody et al. 2007, 2010). The UV data and simultaneous optical data showed the identical 609 s pulsation with a UV/optical ratio of 6, pointing to a low-order pulsation mode. V386 Ser underwent its first known dwarf nova outburst on 2019 January 18 and was followed by the AAVSO and other observers. It showed an outburst amplitude of 8 mag followed by several rebrightening events and then a slow decline to optical quiescence (Figure 1). The basic parameters of V386 Ser are summarized in Table 1. The distance is derived from the EDR3 Gaia parallax of 4.182 ± 0.276 mas (Luri et al. 2018; L. Lindergren et al. 2020, in preparation), the $E(B - V)$ from the 3D map by Capitanio et al. (2017), and the white dwarf mass and radius from the gravity we obtain in the present work, using the mass–radius relation for a C–O white dwarf (Woods 1995) at $T \sim 20,000$ K.

Table 1
Properties of V386 Ser

Parameter	Value	References
Orbital Period	80.52 minutes (4831.2 s)	Woudt & Warner (2004)
Pulsation Periods	609 s, 345 s, 221 s	Woudt & Warner (2004), Mukadam et al. (2010)
Distance	239_{-15}^{+17} pc	Gaia EDR3
$E(B - V)$	0.113 ± 0.04	Capitanio et al. (2017)
White Dwarf Mass	$0.676_{-0.176}^{+0.216} M_{\odot}$	this work
White Dwarf Radius	8430_{-2550}^{+2020} km	this work
Log(g)	8.1 ± 0.36	this work
White Dwarf Temperature	18,750–21,000 K	cooling from this work

Note. The white dwarf mass and radius were obtained from the gravity using the mass–radius relation for a C–O white dwarf at $T \sim 20,000$ K, as a consequence the \pm uncertainties in the white dwarf radius are related to the \mp uncertainties in the white dwarf mass.

3. Observations

The optimum first observation of a white dwarf after outburst would take place during the decline from maximum brightness after the dominant accretion disk begins to fade to avoid contamination by the latter. However, it needs to be as close to the outburst as possible to get the best measure of the heating that has occurred due to the outburst. An HST midcycle proposal was submitted and accepted to obtain early observations, and the first observations with HST were scheduled for 2019 May but failed due to spacecraft jitter. They were rescheduled as soon as satellite constraints allowed, and 4223 s of good exposure time was obtained on 2019 August 15 (7 months after outburst). The Cosmic Origins Spectrograph (COS) was used in the FUV configuration with the G140L grating centered at 800 Å, producing a spectrum from 915 to 1945 Å on detector segment A (with detector segment B turned off). The data (Idza11010) were collected in TIME-TAG mode and consist of four subexposures obtained with the spectrum collected in four different positions (FPPOS; slightly shifted relative to one another) on the detector, allowing gaps and instrument artifacts to be removed. The four subexposures have

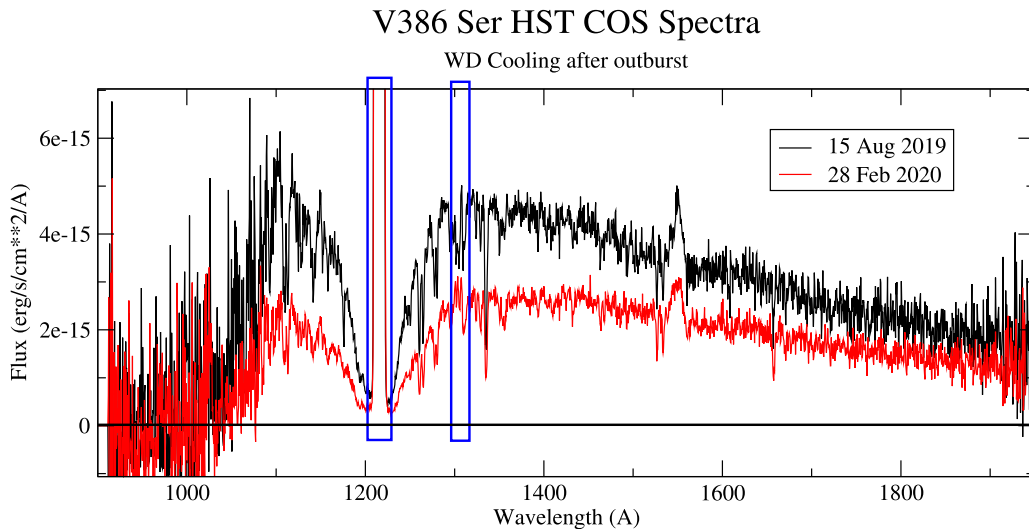


Figure 2. The two HST COS spectra of V386 Ser are displayed together for comparison, obtained 7 and 13 months after its first known dwarf nova outburst in 2019 January. The flux dropped by about half and the drop is more pronounced at short wavelengths, indicating a cooling of the white dwarf temperature. The spectra are affected by airglow emission: $\text{Ly}\alpha$ ($\sim 1216 \text{ \AA}$) and the oxygen doublet ($\sim 1300 \text{ \AA}$), both marked in blue. The C IV (1550 \AA) emission is from the source. At the edges of the detectors (short and long wavelengths), the signal is very noisy. Note that the bottom of $\text{Ly}\alpha$, except for the airglow emission, is not at zero, a sign of a possible second component. For clarity, the spectra in the figure have been binned at 0.5 \AA , and the region of negative flux ($y < 0$) is shown.

Table 2
HST Observation Log

Instrument Subexposure #	Configuration Position #	DATA ID	Date (UT) YYYY Mon DD	Time (UT) hh:mm:ss	Exp.Time (s) #
HST COS/FUV	G140L (800)	LDZA11010	2019 Aug 15	22:15:49	4223
1	1	LDZA11AIQ	2019 Aug 15	22:15:49	975
2	2	LDZA11AKQ	2019 Aug 15	22:35:05	914
3	3	LDZA11B1Q	2019 Aug 15	23:42:53	1166
4	4	LDZA11B9Q	2019 Aug 16	00:05:20	1167
HST COS/FUV	G140L (800)	LE8001010	2020 Feb 28	19:42:54	7384
1	1	LE8001A6Q	2020 Feb 28	19:42:54	1841
2	2	LE8001AGQ	2020 Feb 28	20:14:20	310
3	2	LE8001AOQ	2020 Feb 28	21:11:28	1541
4	3	LE8001AQQ	2020 Feb 28	21:38:54	1080
5	3	LE8001ASQ	2020 Feb 28	22:46:49	771
6	4	LE8001AUQ	2020 Feb 28	23:01:35	1840

Note. With the G140L grating center at 800 \AA , the detector segment B is turned off. The date/time (columns 4 and 5) refer to the start of the observation. The exposure time (last column) is the total good exposure time.

lengths of about one-fifth of the orbital period (~ 16 minutes), with the detailed times listed in Table 2.

A second set of HST COS spectra was obtained on 2020 February 28 with 7384 s of good exposure time and with the COS instrument set up in exactly the same configuration. The data (le8001010) were also collected in TIME-TAG mode and consist of six subexposures obtained in the four different positions (two positions were obtained twice). The six subexposures are also listed in Table 2 and the times of both HST observations are shown on the optical light curve of V386 Ser in Figure 1.

All of the data were processed through the HST pipeline with CALCOS version 3.3.9. The resulting summed spectra are shown in Figure 2, with some basic line identifications in Figure 3, and plots showing the details of the subexposure are in Figure 4. The flux calibration accuracy of the COS instrument, now in the third lifetime position (LP3), is slightly improved relative to previous locations on the COS FUV

detector and reaches a maximum of 2% in the wavelengths considered in this work (see the COS instrument report by Debes et al. 2016 for details).

In preparation for the FUV spectral analysis, we dereddened the spectra of V386 Ser, using the three-dimensional map of the local interstellar medium (ISM) extinction by Capitano et al. (2017)⁹ to assess the reddening. At a distance of nearly 240 pc (from the Gaia EDR3 parallax), we have $E(B - V) = 0.113 \pm 0.04$. We computed the extinction law using the analytical expression of Fitzpatrick & Massa (2007), which we slightly modified to agree with an extrapolation of Savage & Mathis (1979) in the FUV range (as suggested by Sasseen et al. 2002; Selvelli & Gilmozzi 2013).

Optical observations prior to and during the HST observations were conducted by AAVSO members to monitor the state of the system (Figure 1). High-speed photometry was

⁹ <http://stilism.obspm.fr/>

V386 Ser Aug 2019 COS Spectrum

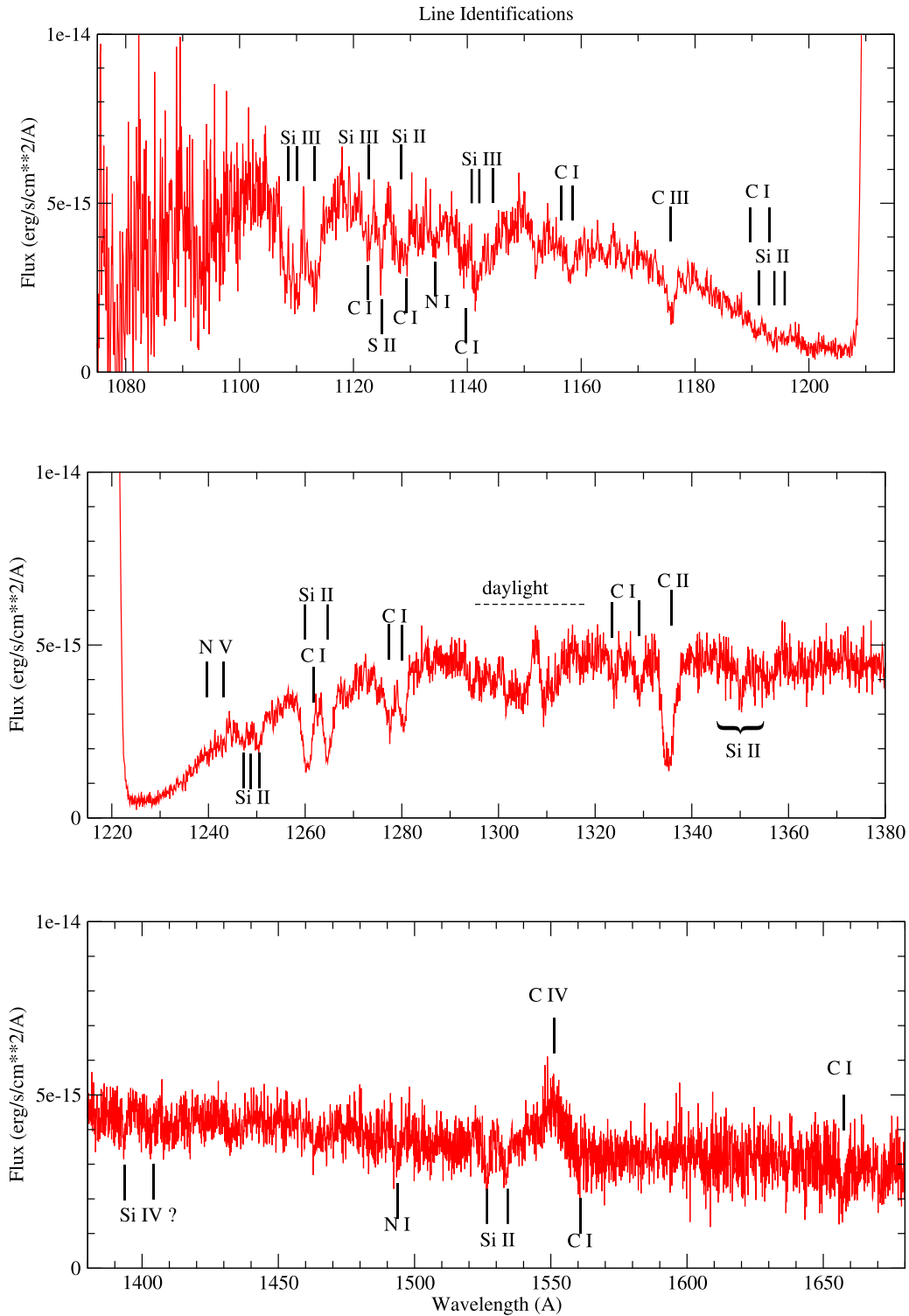


Figure 3. We identify the most prominent absorption lines in the August 15 COS spectrum of V386 Ser. The same lines are identified in the February 28 COS spectrum, though not all are as prominent as in the 2019 August spectrum. These absorption lines are used to determine the abundance of elements (mainly C and Si, and tentatively S and N) and rotational velocity of the white dwarf photosphere. Because of the (relatively) low white dwarf temperature, the Si IV doublet (~1400 Å) is not observed or is very weak. We do not consider the O I (~1300 Å) region as it is contaminated with airglow (daylight). We also identify some possible N V emission (middle panel).

accomplished at McDonald Observatory on 2019 July 3, 24, and 25 (in the month before the August HST spectra) with a Princeton Instruments ProEM frame-transfer CCD on the 2.1 m

Otto Struve telescope through a BG40 filter to reduce sky noise, and again on 2020 June 22 (four months after the later HST spectra). Aperture photometry was performed with the

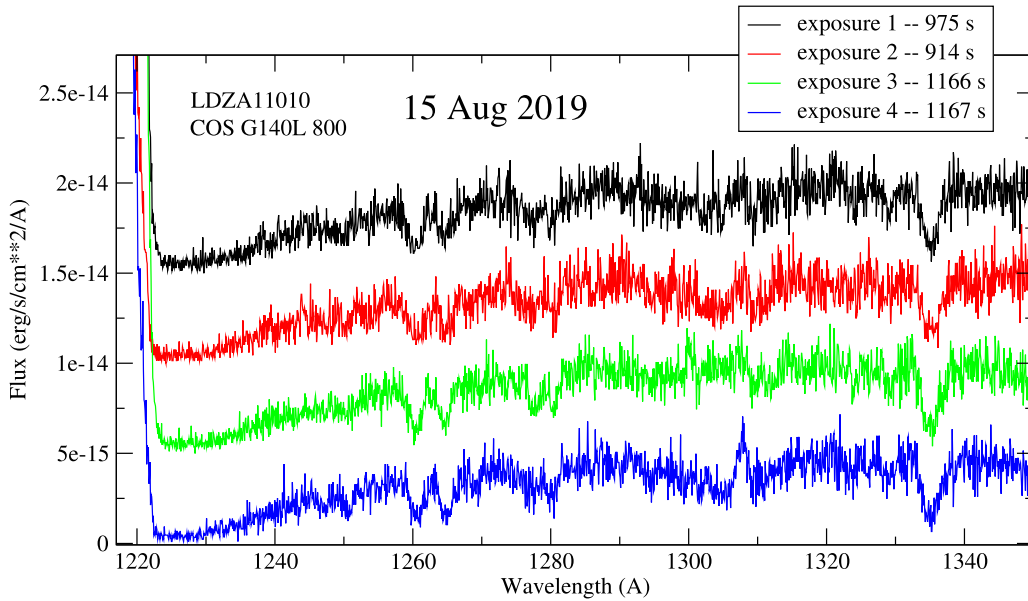


Figure 4. The subexposures of the two COS spectra are shown in the region of the most prominent and reliable absorption lines. Top: the 2019 August spectrum; bottom: the 2020 February spectrum. The spectra have been shifted vertically for clarity. The good exposure time is as indicated in the upper right of each panel. The shortest exposure time is 310 s, which corresponds to about 6% of the binary orbits, during which the white dwarf moved $\sim 22^\circ$ in its orbital motion. Such a short-time exposure is extremely noisy and not reliable to determine abundances and the white dwarf rotational velocity. For that reason that exposure together with the other 2020 February exposures (for comparison) have all been rebinned to 0.2 \AA . The original binning is 0.08 \AA (as in the upper panel). The airglow contamination near 1300 \AA is increasing with the altitude of the Sun above the horizon.

IRAF routine `ccd_hsp` (Kanaan et al. 2002) while PHOT2LC¹⁰ was used to extract light curves using an aperture size that maximized signal-to-noise ratio (S/N). A journal of observations from McDonald is provided in Table 3. Observations were also attempted at Apache Point Observatory but were weathered out.

4. HST COS FUV Spectral Analysis

The suite of codes TLUSTY/SYNSPEC (Hubeny 1988; Hubeny & Lanz 1995) was used to generate synthetic spectra for high-gravity stellar atmosphere white dwarf models. A one-dimensional vertical stellar atmosphere structure is first generated with TLUSTY for a given surface gravity ($\log(g)$), effective surface temperature (T_{eff}), and surface composition. Subsequently, the code SYNSPEC is run, using the output from TLUSTY as an input, to solve for the radiation field and generate a synthetic stellar spectrum over a given wavelength range between 900 and 7500 \AA . The code includes the treatment of the quasi-molecular satellite lines of hydrogen, which are often observed as a depression around 1400 \AA in the spectra of white dwarfs at low temperatures and high gravity. Finally, the code ROTIN is used to reproduce rotational and instrumental broadening as well as limb darkening. In this manner, stellar photospheric spectra covering a wide range of effective temperatures T_{eff} and surface gravities $\log(g)$ were generated.

The fitting of the observed spectra with theoretical spectra is carried out in two distinct steps.

(1) In the first step, using the theoretical model spectra we generated with solar composition and a standard projected rotational velocity ($V_{\text{rot}} \sin(i)$) of 200 km s^{-1} (which is common for cataclysmic variables), we fit the spectrum for each of the two epochs individually to obtain the surface temperature (T_{eff}

¹⁰ <https://github.com/zvanderbosch/phot2lc>

Table 3
McDonald 2.1 m Observation Log (ProEM Camera, BG40 Filter)

Date (UT) YYYY Mon DD	Exp. Time (s)	No. Frames #
2019 Jul 3	20	327
2019 Jul 24	10	730
2019 Jul 25	10	1174
2020 Jun 22	15	747

and gravity ($\log(g)$) of the white dwarf. This is done in a self-consistent manner, namely the gravity obtained for both epochs has to be the same, and the best-fit models have to scale to the known Gaia distance.

Explicitly, we generate a grid of solar-composition white dwarf models, with a projected stellar rotational velocity of 200 km s^{-1} , an effective surface temperature from $17,000 \text{ K}$ to $27,000 \text{ K}$ in steps of 500 K , and an effective surface gravity from $\log(g) = 7.0$ to $\log(g) = 9.0$ in steps of 0.2 —a total of $21 \times 11 = 231$ initial models. The grid of models is further refined as needed in the area of interest (where the best-fit solutions are found in the $\log(g)$ versus T_{wd} parameter space) by generating additional models in steps of 250 K in temperature and steps of 0.1 in $\log(g)$. For each white dwarf temperature and gravity we derive the white dwarf radius R_{wd} and mass M_{wd} by using the (nonzero temperature) C–O white dwarf mass–radius relation from Woods (1995). For each model fit, using the white dwarf radius and scaling the theoretical flux to the observed flux, we derive a distance. As each observed COS spectrum is fitted to the models in the grid, the fitting yields a reduced χ^2_ν (χ^2 per degree of freedom ν) value and a distance d for all the (grid) points in the parameter space ($\log(g)$, T_{wd}). We then find the model for which χ^2 is minimum (χ^2_{MIN}) among all the models that scale to the distance d .

Note that before the fitting, we mask the Ly α region and the O I (1300 Å) region, both contaminated by airglow, as well as the C IV (1550 Å) broad emission line because it does not originate in the white dwarf photosphere. Because we wish to derive the temperature and gravity, we fit the Ly α wings and the continuum slope of the spectra by masking prominent absorption lines (an accurate fit to the absorption lines is carried out in the second step).

The value of χ^2 is subject to noise, which is inherited from the noise of the data. As a consequence there is an uncertainty in χ^2 , which translates into uncertainties in the derived value of $\log(g)$ and T_{wd} —the statistical errors as opposed to systematic errors. For a number of parameters p , the uncertainty on the derived parameters values is obtained for χ^2 within the range χ_{MIN}^2 and $\chi_{\text{MIN}}^2 + \chi_p^2(\alpha)$, where $\chi_p^2(\alpha)$ is for a significance α , or equivalently for a confidence $C = 1 - \alpha$ (see Avni 1976; Lampton et al. 1976).

(2) In a second step, once a best fit (T_{eff} , $\log(g)$) is found for each epoch, we vary the abundances of specific elements (e.g., Si, C,...) one by one and vary the projected stellar rotational velocity, $V_{\text{rot}} \sin(i)$, in the models until the absorption lines for each element are fitted.

4.1. White Dwarf Temperature and Gravity

4.1.1. The 2019 August COS Spectrum Analysis

We first carried out a spectral analysis of the 2019 August COS spectrum, dereddening the spectrum with $E(B - V) = 0.113$, using our coarser grid of models in steps of 500 K in temperature and 0.2 in $\log(g)$ and masking the emission and absorption lines. The preliminary results indicated that the best-fit solutions scaling to the correct distance were in the range $7.6 < \log(g) < 8.6$ and $18,000 \text{ K} < T_{\text{wd}} < 24,000 \text{ K}$. We then continued with models in this region of the parameter space using our finer grid of models in steps of 250 K in temperature and 0.1 in $\log(g)$. The results are then obtained in the $\log(g)$ versus T_{wd} two-dimensional parameter space: for each (model) grid point in the two-dimensional parameter space we obtain a reduced χ_ν^2 value and a distance d . The distance d is first treated as a free parameter. Then, the constraint $d = 239 \text{ pc}$ is used to reduce the problem from a two-dimensional problem into a one-dimensional problem: to find the model with the least χ_ν^2 among all the models scaling to $d = 239 \text{ pc}$ (which form a line in the two-dimensional parameter space).

The smallest value $\chi_{\nu\text{MIN}}^2$ in the two-dimensional parameter space is ~ 0.446 , significantly smaller than 1. This can happen if the errors in the observed data (i.e., errors in the flux F_λ , in $\text{erg s}^{-1} \text{ cm}^{-2} \text{ \AA}^{-1}$) are large (or overestimated). Also, in the second step, where we model the absorption lines and significantly reduce the masking of the spectrum, we obtain a $\chi_{\nu\text{MIN}}^2$ closer to one.

We summarize this first set of results in Figure 5, where we draw a map of the χ_ν^2 values in the $\log(g)$ versus T_{wd} parameter space. Each model forms a rectangle of size 0.1 (in g) \times 250 (K) and is colored in gray according to its χ_ν^2 value: smaller χ_ν^2 is darker. For convenience and clarity only the region of interest is shown, forming a (dark gray) diagonal, and the remaining models (with a higher χ_ν^2 value) have been left in white. The three white and blue dashed diagonal lines represent the scaling to the Gaia distance $d = 239_{-15}^{+17} \text{ pc}$ as indicated in the lower right of the panel. Superposed on this is a contour map (in yellow) of the χ_ν^2 values

extrapolated from the models (rectangles), which we use to find the least χ_ν^2 along the distance lines. Along the $d = 239 \text{ pc}$ curve (middle dashed white blue line), the least- χ^2 model is obtained where the middle red dot is located and yields $T_{\text{wd}} = 21,230 \text{ K}$ with $\log(g) = 8.08$. This model has $\chi_\nu^2 = 0.475$ and the spectral fit is shown in Figure 6.

The Distance—In order to assess how the error in the Gaia distance $d = 239_{-15}^{+17} \text{ pc}$ propagates, in Figure 5 we also draw the lines for which the models scale to a distance of 224 pc (right dashed blue line) and 256 pc (left dashed blue line). The intersection of these lines with the least- χ^2 diagonal results in errors rounded up to ± 0.2 in $\log(g)$ and $\pm 500 \text{ K}$ in T_{wd} .

The Grid of Models—Because the models were generated in steps of 250 K in temperature and 0.1 in $\log(g)$, we estimate that the solution is accurate to within about half these values: ~ 0.05 in $\log(g)$ and $\sim 125 \text{ K}$ in T_{wd} .

The Reddening—To assess how the error in the reddening affects the results, we dereddened the spectrum within the limits of the error bars on $E(B - V)$ i.e., $E(B - V) = 0.073$ and $E(B - V) = 0.153$ (Table 1) and carried out the same spectral analysis for these two values with the fine grid of models. The results (Figure 7) show that the reddening uncertainty of ± 0.04 yields an error of $_{+395}^{-450} \text{ K}$ in temperature and $_{+0.27}^{-0.29}$ in $\log(g)$, where the lower temperature is for the larger dereddening. While the larger dereddening increases the temperature of the gray diagonal by about $\sim 1000 \text{ K}$ (the spectrum becomes bluer), it also increases the flux by a factor of 2 compared to the smaller dereddening. The spectrum dereddened with $E(B - V) = 0.153$ has a continuum flux level $\sim 40\%$ larger than when dereddened with $E(B - V) = 0.113$, itself having a flux $\sim 40\%$ larger than dereddened with $E(B - V) = 0.073$. As a consequence the solutions that scale to this larger flux have a larger radius and, therefore, lower gravity. Because the best-fit solutions (gray diagonal) have a decreasing temperature with decreasing gravity, the overall solution becomes colder for the larger dereddening value $E(B - V) = 0.153$. This is counter to the simple assumption that a bluer spectrum is hotter, as the simple assumption does not take into account the distance and radius (i.e., gravity) of the white dwarf. This is explicitly visualized in Figure 7.

The Second Component—While the center of the Ly α absorption profile is affected by airglow emission, the bottom of Ly α (in the region where it flattens; see Figure 2) is not at zero. It has a flux about 10 times smaller than the continuum flux level on both sides of Ly α , $\sim 1.35 \times 10^{-15} \text{ erg s}^{-1} \text{ cm}^{-2} \text{ \AA}^{-1}$ (in the dereddened spectrum). This could be due to an elevated white dwarf temperature (above a certain temperature the bottom of Ly α does not go to zero) or to the presence of a (hotter) second component. Indeed, a second component is often observed in the spectra of accreting white dwarfs at a low-mass accretion rate, and while its origin is still a matter of debate, it is customary to model such a component as a flat continuum (e.g., Pala et al. 2017). The exact nature of the second component is unknown, but it is suspected to be either the boundary layer or the inner disk. We therefore carried out a spectral fit assuming different values for the flat second component. We found that the addition of a second component only slightly improved the fit in the χ^2 sense: a second component of the order of 5×10^{-16} yields $\chi_\nu^2 = 0.46$ (Figure 8), a decrease of only 3% in the χ^2 (no second component had $\chi_\nu^2 = 0.475$). The addition of such a second component decreases the temperature by about $\sim 200 \text{ K}$ and

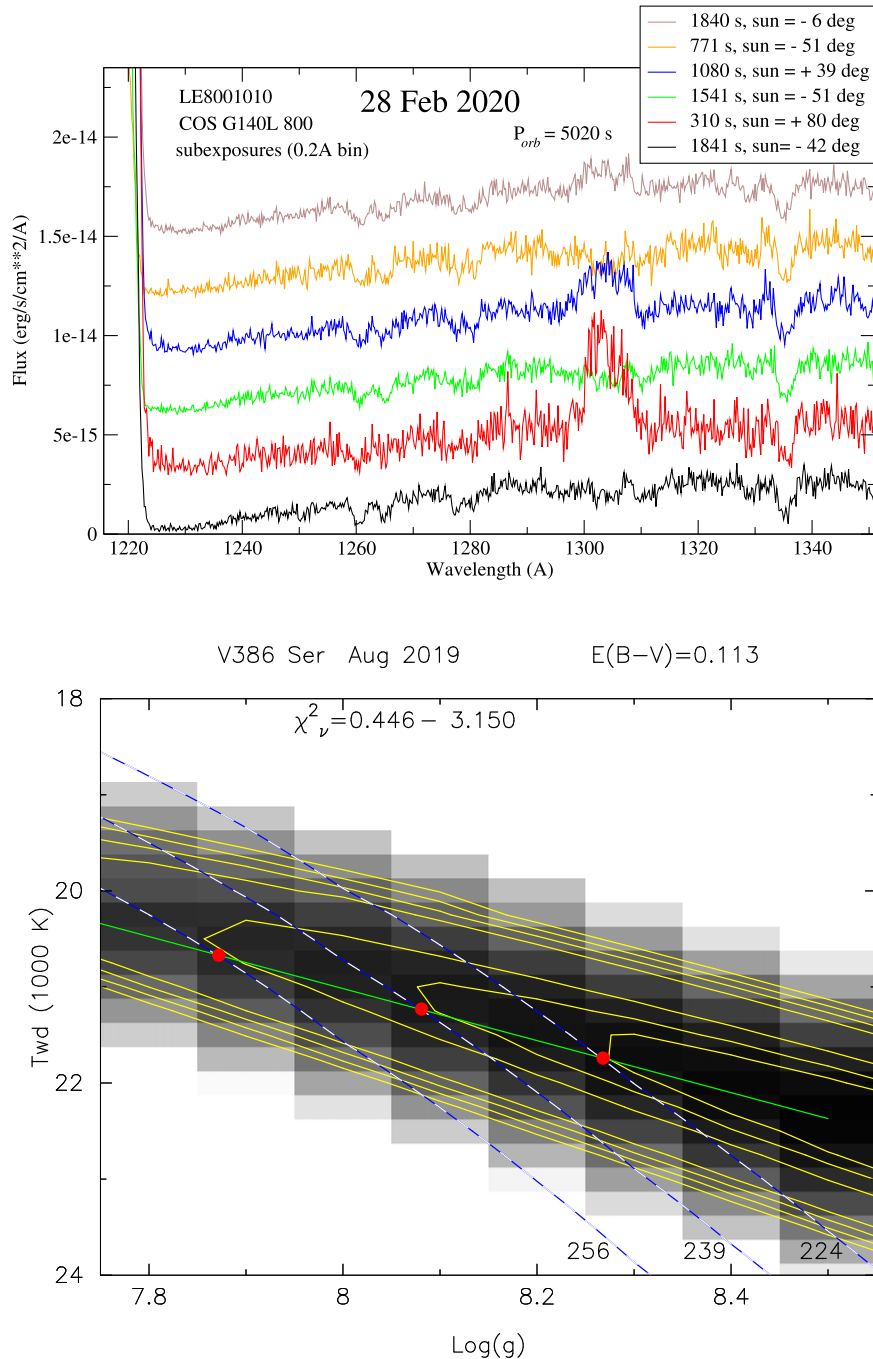


Figure 5. The results of the spectral fit of the 2019 August COS spectrum of V386 Ser, dereddened assuming $E(B - V) = 0.113$, are summarized in this map of the reduced χ^2_ν in the (decreasing) white dwarf effective surface temperature (T_{wd}) vs. (increasing) white dwarf surface gravity ($\log(g)$) parameter space. The best-fit model for a distance of 239 pc is obtained at the location of the (middle) red dot on the $d = 239$ pc (middle) white blue dashed line yielding $T_{wd} = 21,230$ K with $\log(g) = 8.08$. The solutions for a distance of 256 pc and 224 pc are denoted with the left and right red dots, respectively. The green line connects the best values for the 3 distances considered. See text for full details.

increases the gravity by 0.006 in $\log(g)$, i.e., $T_{wd} = 21,020$ K with $\log(g) = 8.087$. The decrease in χ^2_ν is rather small, and the changes in temperature and gravity are much smaller than those due to the errors in the distance and reddening. We adopt this solution as the final result.

The Statistical Error—If the problem could be summarized as finding the least- χ^2_ν model in the two-dimensional parameter space ($\log(g)$, T_{wd}), then the parameter p (see the beginning of Section 4) would take the value $p = 2$. However, the distance $d = 239$ pc enters a constraint and reduces the problem to a one-dimensional

problem: namely, to find the smallest χ^2 value along the $d = 239$ pc line in the ($\log(g)$, T_{wd}) parameter space, rather than in entire two-dimensional ($\log(g)$, T_{wd}) space. Therefore, for the statistical error we chose $\chi^2_p(\alpha)$ with $\alpha = 0.01$ (99% confidence) and $p = 1$: a one-parameter problem. From Lampton et al. (1976), we have $\chi^2_1(0.01) = 6.63$, and the spectral fit has 5453 degrees of freedom (after masking), giving a value of ~ 0.0012 for the reduced value of χ^2_p . We find that this produces an error in temperature of about ± 100 K and ± 0.02 in $\log(g)$, much smaller than all the other errors.

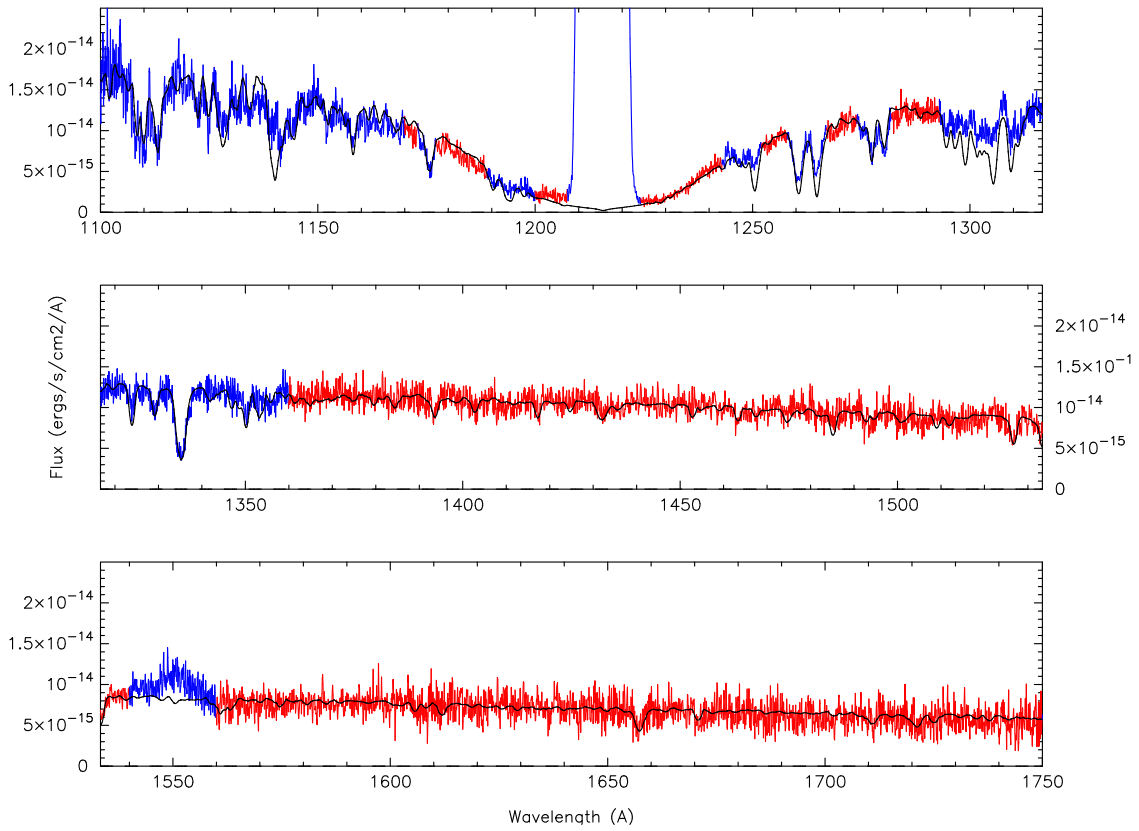


Figure 6. The 2019 August COS spectrum of V386 Ser (red line) fitted with a synthetic white dwarf stellar photosphere spectrum (black line). The white dwarf model has a surface gravity of $\log(g) = 8.1$, surface temperature of 21,230 K, and scaling to a distance of 239 pc. This model has solar composition and a projected rotational velocity of 200 km s^{-1} . The geocoronal emission regions, the C IV (1550) emission line, as well as the prominent absorption lines have been masked before the fitting and are marked in blue. The model has excess flux to the left of the Lyman α ($\lambda < 1165 \text{ \AA}$). This model has $\chi^2_{\nu} = 0.475$.

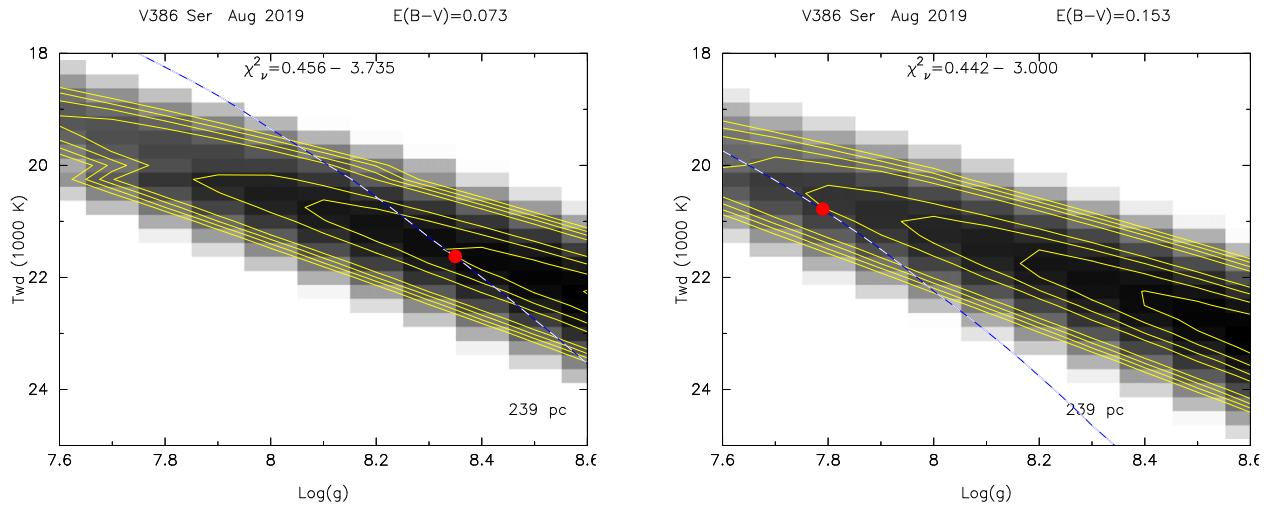


Figure 7. The effect of the propagation of the error in the reddening on the solution is illustrated in these two panels. The grayscale, contour lines, and red dots have the same meaning as in the previous figure. The 2019 August spectrum has been dereddened assuming $E(B - V) = 0.073$ (left panel) and $E(B - V) = 0.153$ (right panel). The overall solution (dark gray diagonal) has a temperature $\sim 1000 \text{ K}$ higher for the larger dereddening. However, as the flux also increases for the larger dereddening, scaling to the distance moves toward lower gravity, as a larger radius is needed to scale to the higher flux at a constant distance. Because the lower-gravity solutions are cooler, the higher dereddening leads to a cooler white dwarf temperature. For $E(B - V) = 0.073$ we obtain a temperature $T_{\text{wd}} = 21,625 \text{ K}$ with $\log(g) = 8.35$, while for $E(B - V) = 0.153$ we obtain a $T_{\text{wd}} = 20,780 \text{ K}$ with $\log(g) = 7.79$.

Instrumental Error—The flux calibration accuracy of the COS instrument reaches about 2% (Debes et al. 2016; with COS now in LP3), 20 times smaller than the change in flux due to reddening errors. This 2% change in flux corresponds to $\sim 100 \text{ K}$ in temperature (at 20,000 K), the same order of magnitude as the statistical error.

All the errors are recapitulated in Table 4. The errors, summed in quadrature, are $\pm 710 \text{ K}$ in temperature and ± 0.36 in $\log(g)$, such that the final result is $T_{\text{wd}} = 21,020 \pm 710 \text{ K}$ with $\log(g) = 8.1 \pm 0.36$, where most of the uncertainty in these values is due to uncertainties in the reddening and distance.

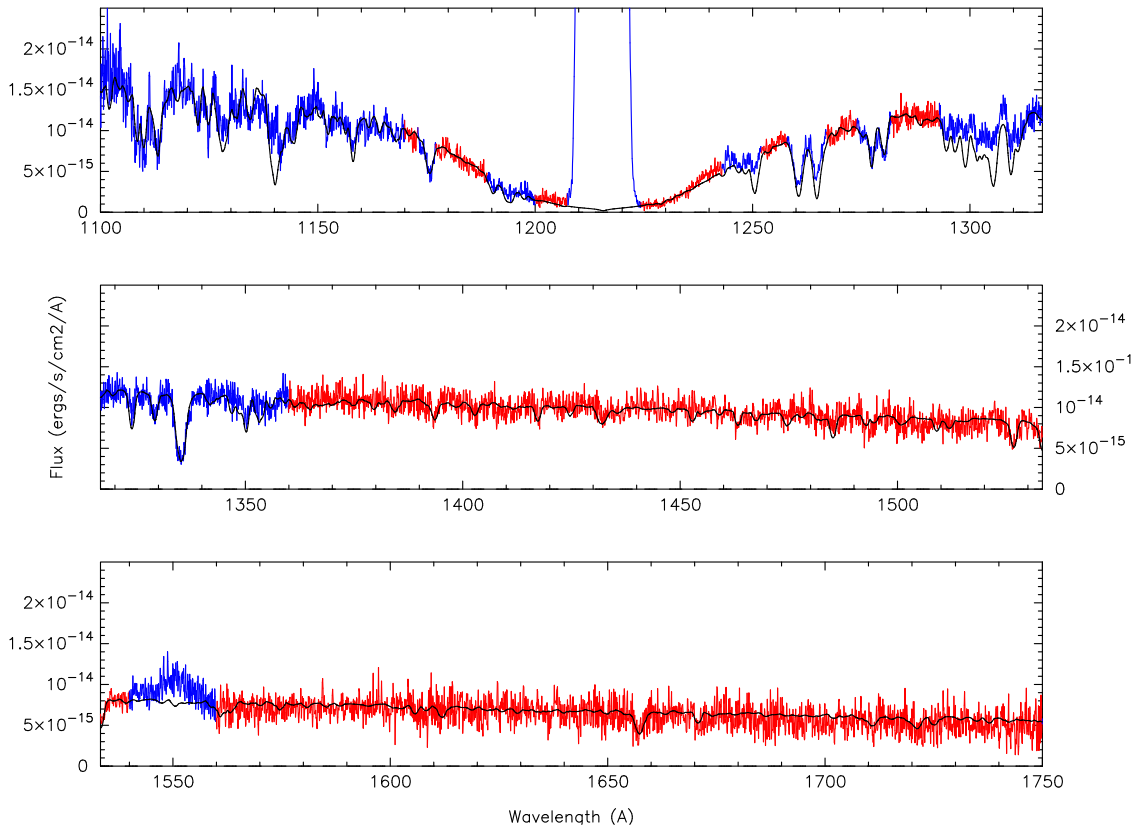


Figure 8. As in Figure 6, the 2019 August COS spectrum of V386 Ser (red line) is fit with a synthetic white dwarf stellar photosphere spectrum (black line). A constant flux of $5 \times 10^{-16} \text{ erg s}^{-1} \text{ cm}^{-2} \text{ \AA}^{-1}$ has been subtracted from the spectrum. The white dwarf model has a surface gravity of $\log(g) = 8.1$, surface temperature of 21,000 K, and scaling to a distance of 239 pc. This model has solar composition and a projected rotational velocity of 200 km s^{-1} . The excess flux near 1240 Å could be due to some broad (but weak) N V emission. The model has $\chi^2_\nu = 0.460$.

Table 4
Results for T_{wd} and $\text{Log}(g)$ with Error Estimates

	V386 Ser		V386 Ser	
	COS Aug 19		COS Feb 20	
	T_{wd}	$\text{Log}(g)$	T_{wd}	$\text{Log}(g)$
Final best fit	21,020	8.09	18,750	8.10
Errors				
Source of errors	ΔT_{wd}	$\Delta \text{Log}(g)$	ΔT_{wd}	$\Delta \text{Log}(g)$
Distance d	± 535	± 0.2	± 535	± 0.2
$E(B - V)$	± 425	± 0.3	± 425	± 0.3
Instrument	± 100	± 0.02	± 100	± 0.02
Grid	± 125	± 0.05	± 125	± 0.05
step size				
Statistical χ^2	± 100	± 0.02	± 100	± 0.02
Final results	$21,020 \pm 710$	8.1 ± 0.36	$18,750 \pm 710$	8.1 ± 0.36

Note. The temperature is in Kelvin and the gravity in cgs. This value of $\log(g) = 8.1$ corresponds to a white dwarf mass of $0.676M_\odot$ at a temperature of $\sim 20,000$ K. The final best-fits are those including a flat second component.

4.1.2. The 2020 February COS Spectrum Analysis

For the 2020 February HST COS spectrum of V368 Ser, we carried out the same modeling, first with the original spectrum (i.e., without removing a constant flux). We obtained a temperature roughly 2000 K lower ($T_{\text{wd}} = 19,250$ K) than for

the 2019 August spectrum, while the gravity is nearly the same ($\log(g) = 8.11$ (2020 February) versus 8.08 (2019 August)) and the errors add up to the same ± 0.36 in $\log(g)$ and $\sim \pm 710$ K in temperature. For this model $\chi^2_\nu = 0.50297$.

We next subtracted a constant flux from the observed spectrum, using a constant flux of up to $1 \times 10^{-15} \text{ erg s}^{-1} \text{ cm}^{-2} \text{ \AA}^{-1}$, in steps of $1 \times 10^{-16} \text{ erg s}^{-1} \text{ cm}^{-2} \text{ \AA}^{-1}$, and carried out the same spectral modeling. The lowest χ^2_ν was obtained for a subtracted flux of $6 \times 10^{-16} \text{ erg s}^{-1} \text{ cm}^{-2} \text{ \AA}^{-1}$. The resulting temperature was $T_{\text{wd}} = 18,750$ K with $\log(g) = 8.1$ and $\chi^2_\nu = 0.420$. The χ^2_ν is reduced by 16%. We adopt this as our best-fit final solution for February and show the model fit in Figure 9 and the parameters in Table 4.

We note that in both the 2019 August and 2020 February spectra there is no sign of hydrogen quasi-molecular absorption, usually seen near 1400 Å at low temperature and high gravity. In order to improve the fit, the hydrogen quasi-molecular absorption option was turned off in TLUSTY/SYNSPEC when computing the fine grid of models.

4.2. White Dwarf Photospheric Abundances and Rotational Velocity

Both the 2019 August (LDZA11010) and 2020 February (LE8001010) spectra have a coadded (good) exposure time of the order of the binary period and, therefore, are affected by the orbital motion of the white dwarf. In order to derive the white dwarf stellar rotational velocity from the absorption lines, we need short-exposure time spectra that are not broadened by

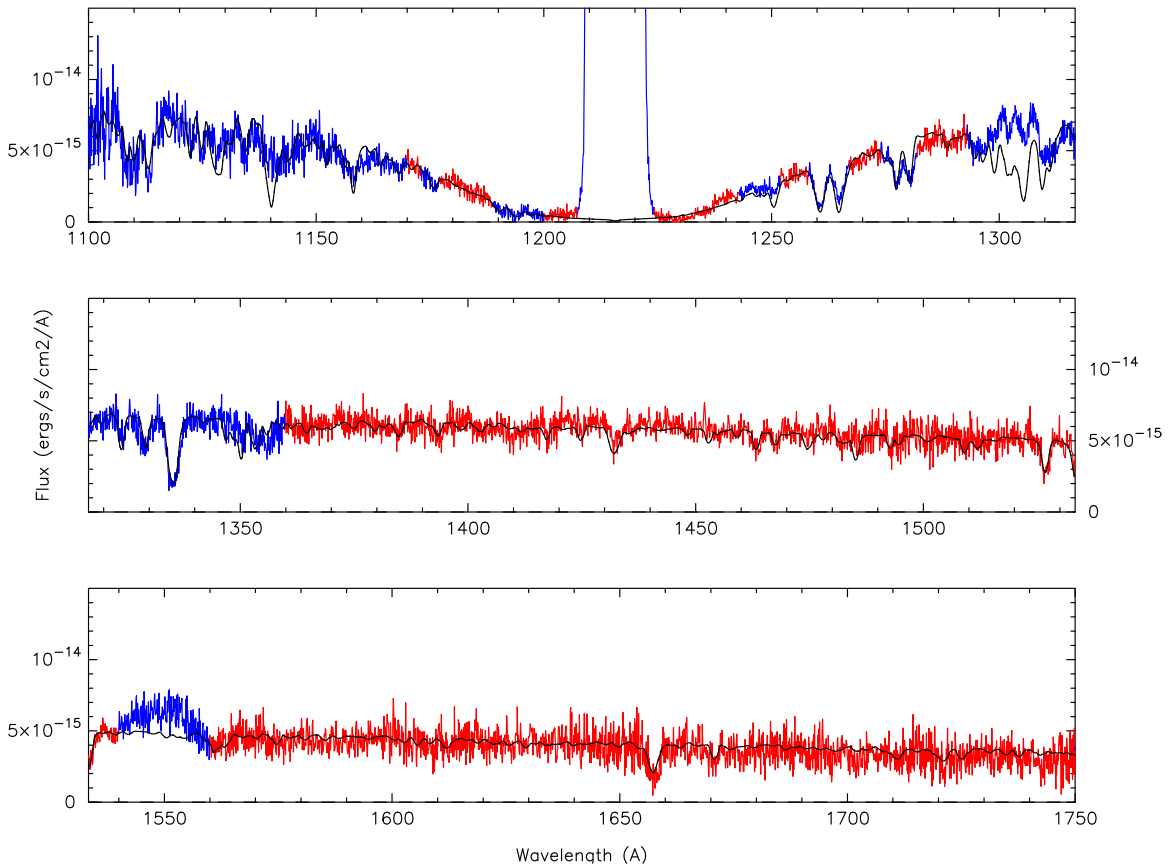


Figure 9. The 2020 February COS spectrum of V386 Ser (red line) is fit with a synthetic white dwarf stellar photosphere spectrum (black line). A constant flux of $6 \times 10^{-16} \text{ erg s}^{-1} \text{ cm}^{-2} \text{ \AA}^{-1}$ has been subtracted from the spectrum. The white dwarf model has a surface gravity of $\log(g) = 8.1$, surface temperature of 18,750 K, and scales to a distance of 239 pc. This model has solar composition and a projected rotational velocity of 200 km s^{-1} . As in the previous figures, the portions of the spectrum in blue are the portions that have been masked before the fit. These are the geocoronal emissions (Ly α and O I 1300) and the prominent absorption lines, which are being fit separately from the continuum and Lyman profile. This model fit has $\chi^2_{\nu} = 0.420$.

the orbital motion of the white dwarf during the duration of the exposure. However, because of their short time, the subexposures have low S/N that renders the modeling of the lines practically impossible. In Figure 4, we display a spectral region with all the subexposures of both the 2019 August and 2020 February spectra. The shortest exposure time is 310 s, which represents only a small fraction of the binary period during which the white dwarf only moved 22° in its orbit. However, this spectrum is extremely noisy and cannot be used to derive reliable abundances and rotational velocity. The total exposure time of the spectra is not long enough to allow for coadding phase-resolved exposures with good S/N.

Therefore, we used the coadded spectra as in the previous subsection. To derive the white dwarf photospheric abundances and rotational velocity, we chose the best-fit model temperature and gravity for each spectrum. For the 2019 August COS spectrum we have $T = 21,000 \text{ K}$, and for the 2020 February COS spectrum we have $T = 18,750 \text{ K}$, both with $\log(g) = 8.1$. For both models we subtracted a constant flux level of $6 \times 10^{-16} \text{ erg s}^{-1} \text{ cm}^{-2} \text{ \AA}^{-1}$ because both agree with that subtracted flux for the second component.

We started with the (coadded) 2019 August spectrum and varied the abundances of C, N, Si, and S, as well as the broadening velocity. Except for the strong carbon line at 1140 \AA , we found that the best fit was obtained for a solar carbon abundance with a broadening velocity of $300 \pm 50 \text{ km s}^{-1}$. The C I (1140)

absorption line is much smaller in the observed spectrum than in the model, corresponding to a much lower abundance of $[\text{C}] = 0.2$. For the silicon, we found an overall good agreement with an abundance of 0.5 solar and the same broadening velocity. A few lines seem to disagree: the Si multiplet near 1110 \AA is better fitted with solar abundance, while at 1150 \AA and 1265 \AA , the silicon better agrees with a low abundance of $\sim 0.1\text{--}0.3$ solar. The only discernible nitrogen line (1135) and sulfur line (1125) agree both with solar abundance and $V_{\text{rot}} \sin(i) = 300 \text{ km s}^{-1}$. It is possible that the C and Si abundance discrepancies are due to the poor S/N in the short wavelength of the COS detector. Near 1250 \AA and 1325 \AA the continuum does not align with the model and could also explain some small discrepancy there. We present a model with solar abundances, except for $[\text{Si}] = 0.5$, and a broadening velocity of 300 km s^{-1} in Figure 10. For clarity, we only show the spectral region between 1100 and 1450 \AA . In the upper panel two short-wavelength regions are not well fitted: (i) the C I (1140) absorption line is much shallower in the observed spectrum than in the model, corresponding to an abundance of $[\text{C}] = 0.2$; (ii) the Si multiplet near 1110 \AA is better fitted with solar abundance. It is possible that C and Si abundances discrepancy is due to the poor S/N in the short wavelength of the COS detector. At $\sim 1250 \text{ \AA}$ (middle panel) the silicon lines better agree with a low abundance of $\sim 0.1\text{--}0.3$ solar; however, the continuum there does not align with the model and could explain some of the discrepancies. At $\sim 1280 \text{ \AA}$ and $\sim 1323 \text{ \AA}$ the carbon

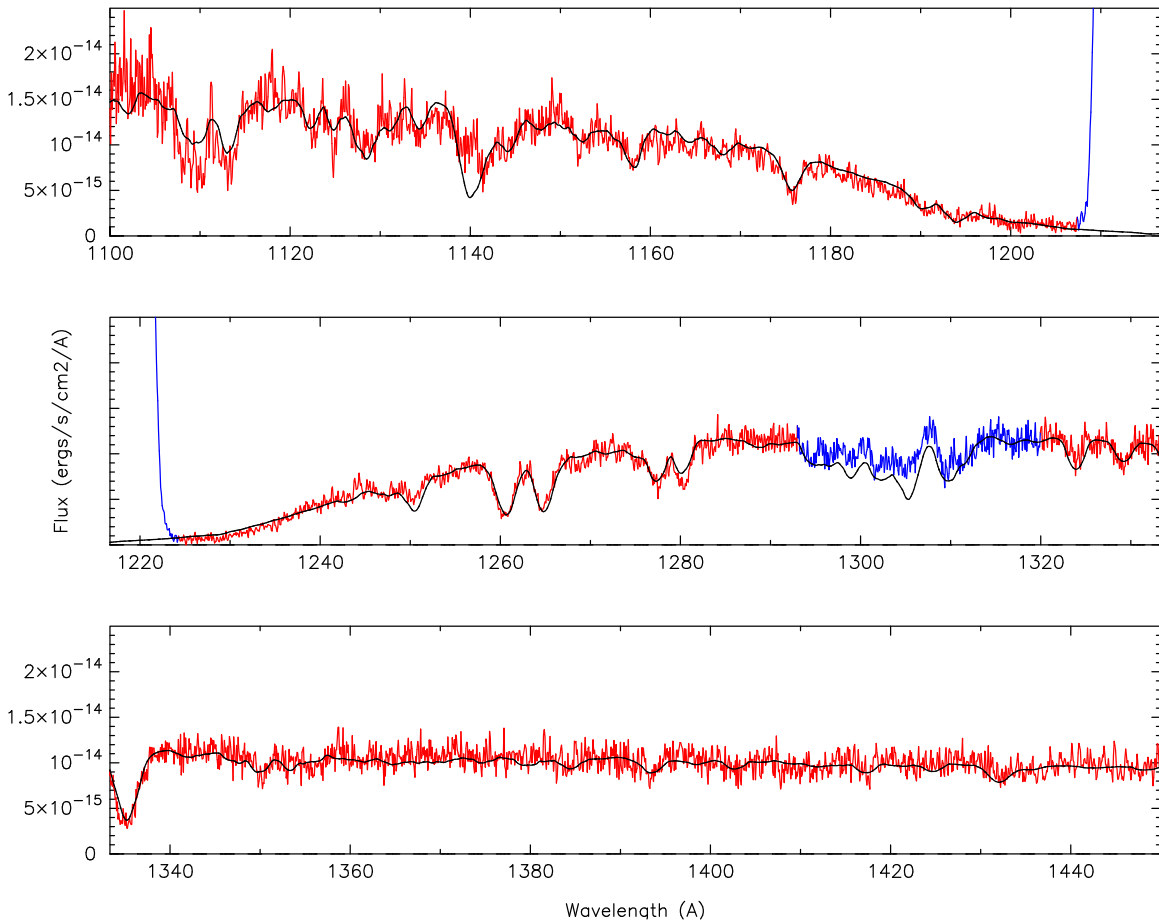


Figure 10. The 2019 August COS spectrum of V386 Ser is modeled with a 21,000 K white dwarf with a gravity $\log(g) = 8.1$. A constant flux of $6 \times 10^{-16} \text{ erg s}^{-1} \text{ cm}^{-2} \text{ \AA}^{-1}$ has been subtracted to account for a second component. The fitting of the absorption lines yields a stellar projected rotational (broadening) velocity of $300 \pm 50 \text{ km s}^{-1}$ with solar chemical abundances, except for silicon $[\text{Si}] = 0.5$ (solar).

lines agree with a subsolar abundance. The only discernible nitrogen (~ 1135) and sulfur (~ 1125) lines (see Figure 3) both agree with solar abundance and $V = 300 \text{ km s}^{-1}$. The geocoronal emission region ($\text{Ly}\alpha$ and $\text{O I } \sim 1300 \text{ \AA}$) were masked and are marked in blue.

We then checked by fitting the third exposure of the 2019 August data, obtaining a velocity of 200 km s^{-1} and possibly a slightly higher abundance of carbon based on the C II (1175) multiplet. It is highly likely that this exposure is still affected by broadening due to the white dwarf motion during the $\sim 1000 \text{ s}$ exposure time, but not as much as the coadded spectrum with a broadening velocity of 300 km s^{-1} .

The 2020 February coadded spectrum agrees within the error bars with the 2019 August coadded spectrum, with a broadening velocity of about $250 \pm 50 \text{ km s}^{-1}$, solar carbon abundance, and subsolar silicon abundance. However, the Si III (1110) multiplet seems to be solar. Here, too, the C I (1140) line is much more pronounced in the model than in the spectrum, as well as the C I (1130). As for the 2020 August spectrum, the continuum near the silicon 1250 feature seems to be lower in the model than in the observed spectrum. Both the C I and C II (between 1320 and 1340 \AA) lines as well as the Si II doublet (near 1530 \AA) are well fit at solar abundances with a broadening velocity of 200 km s^{-1} . We did not attempt to fit the 310 s (second) exposure of the 2020 February spectrum as it is far too noisy.

Velocities of a few hundred km s^{-1} are typical for the fits to the UV spectra of dwarf novae. The highest resolved spectra of UV absorption lines from HST are from U Gem (Sion et al. 1994), providing a rotation velocity of $50\text{--}100 \text{ km s}^{-1}$. The even pulsation splitting of the 609 s mode of V386 Ser implies a rotation period of 4.8 ± 0.6 days or an internal rotation velocity of $\leq 1 \text{ km s}^{-1}$ (Mukadam et al. 2010). Thus, while it appears that differential rotation between the atmosphere and interior of V386 Ser is present, much more data would be needed to obtain a definitive value for the atmospheric rotation.

5. Cooling Curve

The cooling curves of dwarf novae that have been measured generally show a smooth transition back to a quiescent temperature, e.g., U Gem and WZ Sge (Godon et al. 2006, 2017), but the timescales have been relatively short due to frequent outbursts or lack of extended data. As described in the introduction, GW Lib has the longest span of measurements following its outburst and showed that the cooling is not monotonic. However, the amplitude of its outburst was the largest known and the first measurements of the white dwarf temperature did not take place with HST until 3 yr after the outburst. The temperatures versus time of GW Lib and V386 Ser are compared in Figure 11. While the quiescent temperatures and the outburst amplitudes are similar, it is too

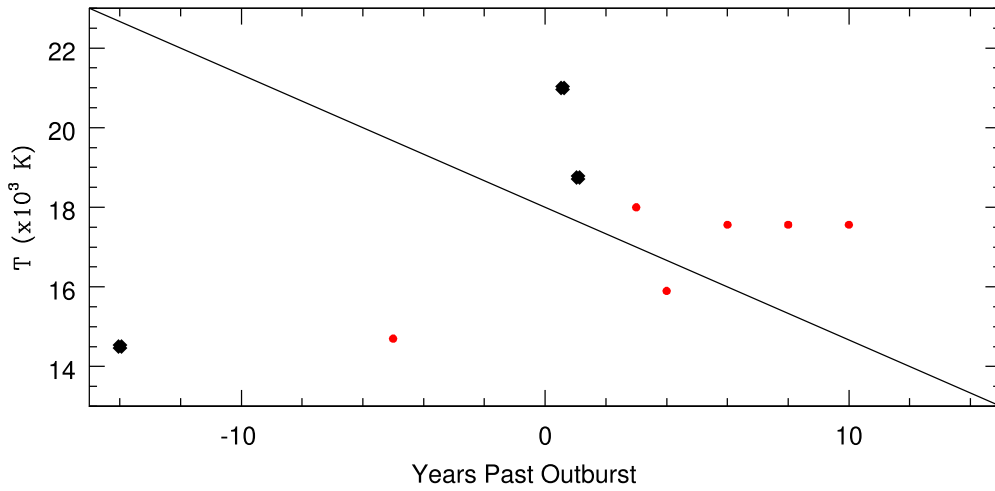


Figure 11. The white dwarf temperatures determined from UV observations of V386 Ser (large black points) and GW Lib (red points) prior to outburst and in the years after outburst.

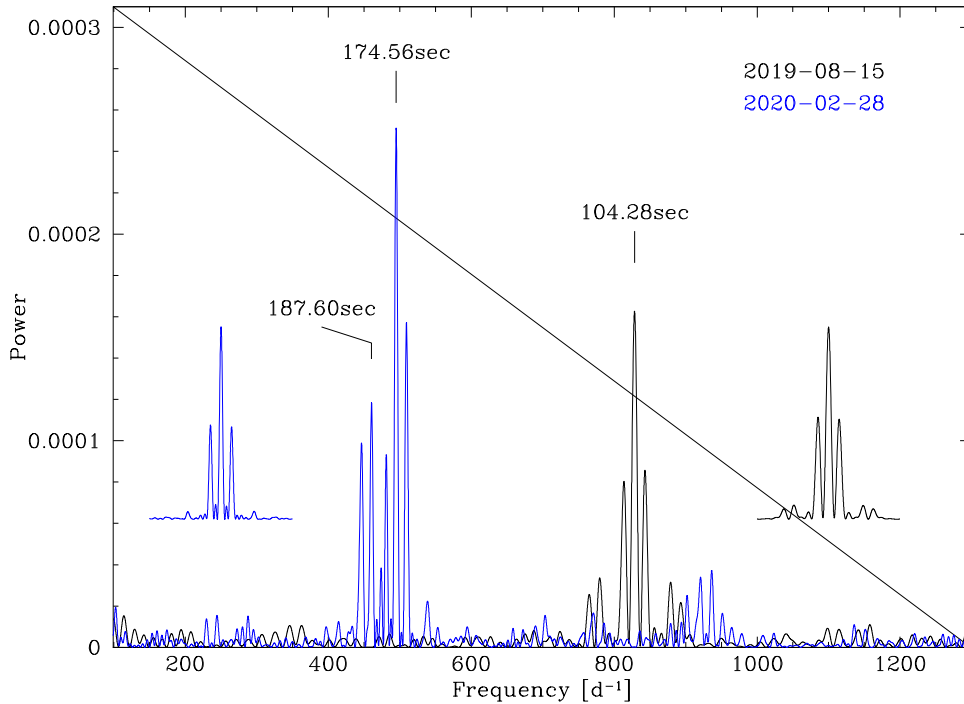


Figure 12. DFT power spectra of time-tag data from August (black) and February (blue) showing the changing pulsation periods between 7 and 13 months after outburst. Insets show the window function for each data set.

early to tell if V386 Ser will follow the unusual behavior of GW Lib or continue on a normal cooling sequence.

6. White Dwarf Pulsations and Other Variability

Having the HST data taken in Time-tag mode allows the creation of light curves with any desired time bins. The light curves were extracted from the August and February spectra in the wavelength range between 916 and 1887 Å. During the extraction process, the geocoronal airglow emission lines of Ly α and OI were masked out in the range 1207.94–1223.98 Å and 1296.43–1312.28 Å, respectively. Finally, the data were binned to 5 s resolution. A discrete Fourier transform was used to create

power spectra to reveal significant periods. The 2019 August 15 data reveal a strong period at 104.284 ± 0.051 s, while the 2020 February 28 data show periods at 174.561 ± 0.076 and 187.604 ± 0.090 s. The power spectra are shown in Figure 12.

We also detect pulsation signals in the high-speed optical photometry from McDonald Observatory. To acquire realistic uncertainties based on the residuals of our fits of pulsation signals to the nightly time series, we detrend each light curve with a second-order Savitzky–Golay filter of width 30 minutes with the Wotan package (Hippke et al. 2019). This is to remove low-frequency variability from the binary system or variations in weather conditions. The nightly Lomb–Scargle periodograms displayed in Figure 13 of both the original and

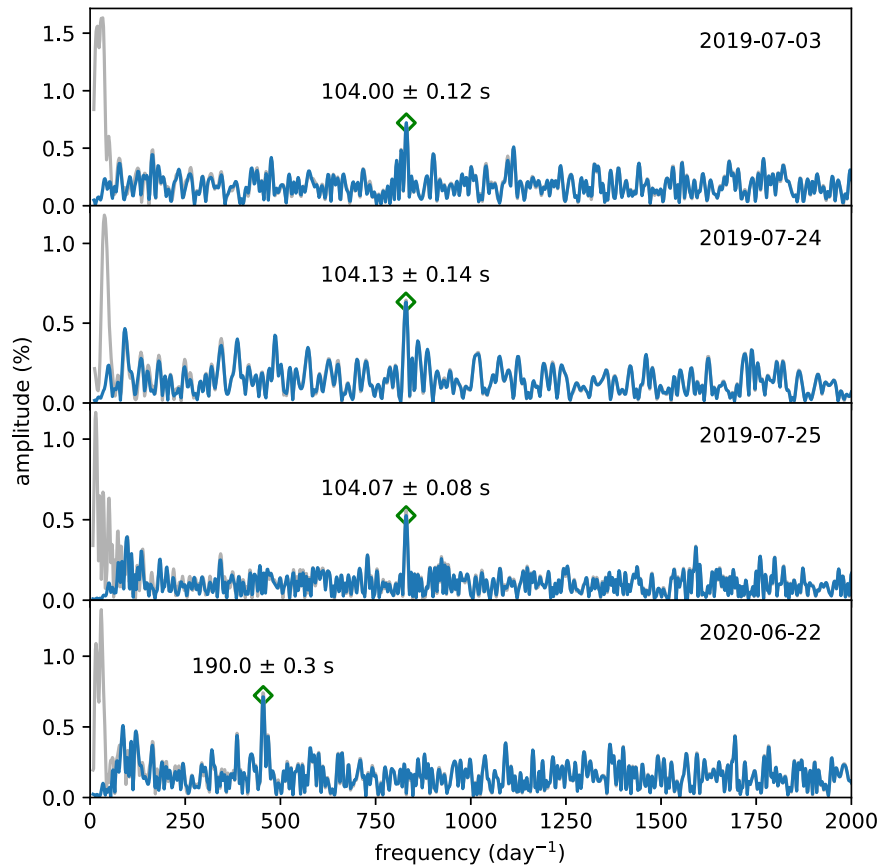


Figure 13. Lomb–Scargle periodograms of each of four nights of time series optical photometry obtained with the ProEM camera on the McDonald Observatory 2.1 m Otto Struve Telescope through a BG40 filter. Each panel shows the periodogram of the original light curve in light gray, and the darker periodogram after detrending with a 30 minute, second-order Savitzky–Golay filter. These observations bracket the HST observations and show a similar decrease in the dominant pulsation period.

detrended light curves are not significantly different in the frequency range of pulsation signals. We obtain a nonlinear least-squares fit of a sinusoid to each detrended light curve with `lmfit` (Newville et al. 2020)¹¹ to obtain the period and amplitude measurements listed in Table 5. The three light curves obtained in the month prior to the 2019 August HST observations exhibit the same periodicity, with a weighted mean period of 104.06 ± 0.06 s. This agrees within 3σ with the period measured from the HST data. The UV/optical amplitude ratio is ~ 4.5 , similar to that at quiescence (Szkody et al. 2007) and indicative of a mode with a low spherical degree ($\ell = 1$ or 2; Kepler et al. 2000).

The 2020 June light curve from McDonald does not show the same periodicities as measured from the second set of HST observations obtained roughly four months prior. The 190.0 ± 0.3 s optical period is longer than the lower-amplitude UV periodicity by $>7\sigma$; however, this signal could still correspond to the same pulsation mode that has shifted in intrinsic frequency. We used the Modules for Experiments in Stellar Astrophysics (MESA) and the asteroseismology software Gyre to explore how much pulsational eigenfrequencies can change due to the stellar structure responding to the dwarf nova outburst. We evolved a $0.93 M_{\odot}$ white dwarf from a $6 M_{\odot}$ main-sequence star, then through cooling (Timmes et al. 2018), and finally subject to long-term accretion encompassing tens of classical nova outbursts. Near a midpoint between outbursts,

Table 5
Pulsation Periods in UV and Optical Data

Date	Obs	Period (s)	Amplitude (%)
2019 Jul 3	opt	104.00 ± 0.12	0.72 ± 0.14
2019 Jul 24	opt	104.13 ± 0.14	0.63 ± 0.11
2019 Jul 25	opt	104.07 ± 0.08	0.53 ± 0.08
2019 Aug 15	UV	104.284 ± 0.051	2.6
2020 Feb 28	UV	174.586 ± 0.077	3.0
2020 Feb 28	UV	187.604 ± 0.090	2.0
2020 Jun 22	opt	190.0 ± 0.3	0.72 ± 0.12

the resulting white dwarf, with a surface temperature of about 15,000 K, was then subjected to a sequence of a few dwarf novae phases with a 30 yr recurrence time. Gyre version 5.2 was then used to perform an adiabatic evaluation of the g-mode frequencies assuming no rotation for structures just before and for some time after a dwarf nova outburst. Figure 14 shows that the eigenvalue pulsation frequencies all increase rapidly by a small amount in response to the nova outburst, and then slowly drift back toward their quiescent values over many months. This supports the idea that the same pulsation mode in V386 Ser might have a period 1% longer in 2020 June than it had in February.

Overall, we observe that pulsation modes with increasingly longer periods are excited between 6 and 17 months after outburst. All pulsation periods observed post-outburst are shorter than the dominant quiescent period of 609 s. These

¹¹ Via the PYRIOD package: github.com/keatonb/Pyriod.

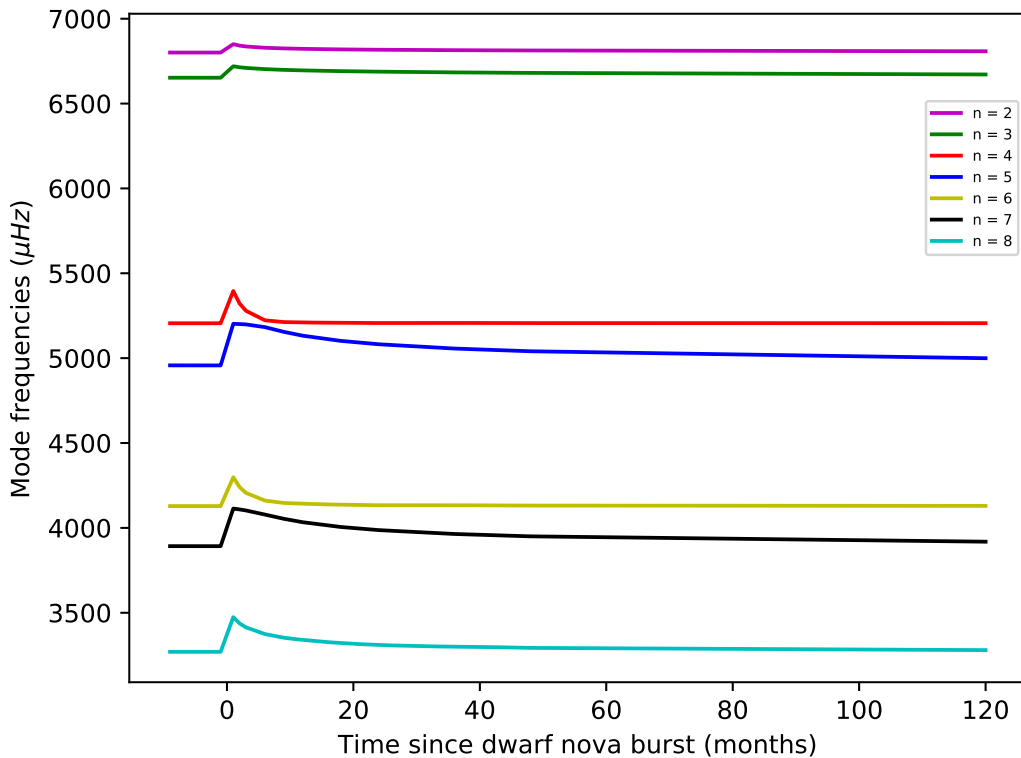


Figure 14. Variations in mode frequencies computed with MESA and GYRE for g -modes of radial order 2–8 in a nonrotating $0.93 M_{\odot}$ white dwarf stellar model in the months following a dwarf nova outburst with a 30 yr recurrence time. A few percent increment in frequency that slowly relaxes back to the pre-outburst value is expected.

results support the theory that, as the outer convection zone of the white dwarf deepens following the heating of the surface by a dwarf nova outburst, it drives increasingly longer periods more efficiently, in proportion to the thermal timescale at the base of the convection zone (e.g., Brickhill 1983).

Monitoring the pulsation spectrum as V386 Ser quickly cools back toward quiescence enables us to observe a greater range of pulsation periods than are typically excited in a noninteracting pulsating white dwarf; however, these may be slightly offset from the quiescent values. Most notably, the short-period pulsations revealed by the outburst are most sensitive to locations of steep chemical gradients in the core of the white dwarf (Giammichele et al. 2017) and make this a compelling data set for further asteroseismic analysis. Another benefit of this system is that the rotational splitting of $1.2 \pm 0.14 \mu\text{Hz}$ observed for the 609 s mode in V386 Ser (Mukadam et al. 2010) is an order of magnitude smaller than for most pulsating white dwarfs (Hermes et al. 2017), resulting in a smaller extrinsic error on the period of the central ($m = 0$) component of any multiplets. Observing which modes are driven to detectable amplitudes as a function of effective temperature following the recent dwarf nova outburst could also be useful for improving the theory of the ZZ Ceti driving mechanism, which is currently unable to predict the energies of individual modes (e.g., Winget & Kepler 2008, Section 7.3).

During the interval of the HST observations, several AAVSO members conducted observations spanning several hours. These data sets were also explored for periodic variability on timescales longer than 5 minutes. However, within the limitations of the smaller telescopes and shorter durations than the McDonald data, no significant periodicities were detected. As GW Lib did not show its 19 minute

periodicity until about a year past outburst, and it was then intermittently present, we cannot rule out that such a longer mode will appear in V386 Ser.

7. Conclusions

Our ultraviolet spectral observations of V386 Ser at 7 and 13 months after its large-amplitude dwarf nova outburst reveal a cooling of the white dwarf by about 2000 K during those 6 months. Light curves constructed from the time-tag data show strong periodicity at 104 s in the UV at 7 months post-outburst and a similar period in the optical data in the month previous to the HST observation. At 13 months post-outburst, the UV data show two longer periods of 174 and 187 s, and the optical data at 17 months post-outburst varies at 190 s. Overall, we observe the dominant pulsation periods to increase, appearing to evolve back toward the 609 s evident during quiescence. This progression from shorter to longer periods follows what is expected from the theory of the cooling of a white dwarf following a dwarf nova outburst. While this is a nice confirmation of pulsation theory, it is too early to tell if the subsequent behavior will continue as a monotonic temperature decrease to the quiescent value of 14,000 K, or if V386 Ser will show the unusual cooling over 10 yr and the longer-period pulsation modes that were evident in GW Lib. Continued observation until the quiescent temperature and pulsation modes are reached is warranted.

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Facilities: HST (COS), McDonald (ProEM), AAVSO.

Software: IRAF (v2.16.1, Tody 1993), Tlusty (v203) Synspec (v48) Rotin(v4) (Hubeny & Lanz 2017a, 2017b, 2017c), Imfit (v1.0.1) (Newville et al. 2020), PGLOT (v5.2), Cygwin-X (Cygwin v1.7.16), Wotan (v1.4; Hippke et al. 2019), MESA (r10398; Paxton et al. 2011, 2013, 2015, 2018), Gyre (v5.2; Townsend & Teitler 2013), xmgrace (Grace v2), XV (v3.10).

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