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3 **Integration of Sample Preparation with RNA-Amplification in a Hand-Held Device for**
4 **Airborne Virus Detection**

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Abstract

Aerosol transmission is one of the three major transmission routes of respiratory viruses. However, the dynamics and significance of the aerosol transmission route are not well understood, partially due to the lack of rapid and efficient tools for on-spot detection of airborne viruses. We report a hand-held device that integrates a 3D-printed sample preparation unit with a laminated paper-based RNA amplification unit. The sample preparation unit features an innovative reagent delivery scheme based on a ball-based valve capable of storing and delivering reagents through the rotation of the unit without manually pipetting, while the paper-based unit enables RNA enrichment and reverse transcription loop-mediated isothermal amplification (RT-LAMP). We have determined the detection limit of the integrated sample-preparation/amplification device (SPAD) at 1 TCID₅₀ H1N1 influenza viruses in 140 μ L aqueous sample. Further, we integrated SPAD with a previously reported viable virus aerosol sampler (VIVAS), a water-vapor-based condensational growth system capable of collecting aerosolized virus particles [1]. Using the combined VIVAS-SPAD platform, we have demonstrated the collection/detection of lab-generated, airborne H1N1 influenza viruses in 65 minutes, suggesting that the platform has a potential for detecting and monitoring airborne virus transmission during outbreaks. The effective sampling and rapid detection of airborne viruses by the sample-to-answer platform will also help us better understand the dynamics and significance of aerosol transmission of infectious disease.

1. Introduction

Respiratory pathogens, such as influenza viruses, are transmitted through three primary routes: (a) inhalation of pathogen-containing aerosols, (b) droplet infection, and (c) contact transmission [2]. Understanding the aerosol transmission dynamics is of great importance, as the risk of respiratory disease transmission through this route is exceptionally high in population-dense areas, such as hospitals, schools, airports and industrial animal farms [3-7]. However, the relative importance of the aerosol transmission route among the three is controversial, due to the limitations in the sampling and detection methods available for nanometer-sized viruses [6-11]. Moreover, traditional methods to detect the viruses collected from aerosols, for example by either viral culture or polymerase chain reactions (PCR), are time-consuming and labor-intensive. The requirement for a well-equipped laboratory as well as highly trained personnel makes it unrealistic in the field or in resource-limited settings.

Compared to the progress in the detection of pathogenic agents present in aqueous samples [12-14], detecting airborne pathogens collected using air samplers is still a challenge, especially due to the low number of pathogens in air combined with lack of automated platforms with efficient sampling and rapid detection [8, 15-19]. In particular, due to the low pathogen content typically present in aerosols, a large volume of aerosols needs to be concentrated into a sub-milliliter-sized liquid to be detectable by biosensors or the like [8]. We reported a viable virus aerosol sampler (VIVAS) as an efficient collector for lab-generated, airborne virus aerosols [1]. In VIVAS, the effective diameter of virus aerosols is enlarged from nanometer-size to micron-size through condensation of water on their surfaces, making it possible to collect aerosolized particles from 8 nm to 10 μ m [20, 21]. The micron-sized particles with a hydration sphere may

1 contain an individual virion or multiple virions, depending on their particle size and the
2 nebulization medium used [22]. Using VIVAS, we have demonstrated the successful collection
3 of a variety of viable human respiratory viruses in a student infirmary during a late-onset of 2016
4 influenza virus outbreak as well as coronavirus disease 2019 (COVID-19) [6, 7]. High collection
5 efficiency and a proven ability to collect real-world virus aerosols makes VIVAS an ideal
6 candidate for becoming a part of airborne virus detection system without requiring labor-
7 intensive and time-consuming viral culture.

8 An ideal airborne virus detection system in the field or in resource-limited settings requires
9 an efficient aerosol collector as well as a rapid, sensitive detector for collected viruses.
10 Moreover, these two components must be integrated in a way to operate with minimum manual
11 intervention [8]. Rapid immunoassay-based point-of-care (POC) tests such as lateral flow assays
12 (LFA) and electrochemical sensors have been integrated with aerosol sampling systems to
13 achieve in-line virus detection [23-25]. However, these immunoassay-based POC assays have
14 lower sensitivities and specificities than nucleic acid testing (NAT) that carries out amplification
15 and genetic identification [26-29]. Saito et al. reported an air sampling system for detection of
16 chemical and biological warfare agents that integrated biosensors and a microfluidic PCR device
17 [30], but they used a solution of *Bacillus subtilis* as a simulant to demonstrate the feasibility
18 without any sample preparation step. Sui and his colleagues developed a microfluidic device
19 that incorporated a membrane filter to collect bacteria, followed by lysis and loop-mediated
20 isothermal amplification (LAMP) [31]. However, the device did not employ any step to
21 concentrate nucleic acids and remove inhibitors, which could decrease the sensitivity of NAT.
22 Indeed, the sample preparation for NAT has long been recognized as a great challenge at POC
23 since it is labor-intensive [32, 33]. The most common sample preparation method for nucleic

1 acid extraction uses high concentration chaotropic salts to facilitate the binding of nucleic acid to
2 silica as a solid phase for extraction, thus requiring subsequent washing steps to remove the
3 chaotropic salts for downstream amplification [34]. Numerous approaches have been made to
4 automate this sample preparation step, including the use of microfluidic devices and complex
5 instruments with robotic liquid handling system [32, 33]. However, these platforms often require
6 the use of a syringe pump or specific sample collection and thus lacks the flexibility to integrate
7 with VIVAS.

8 In this work, we employ a liquid handling scheme enabled by ball-based valves for the
9 storage and sequential delivery of liquid reagents through simple rotational movement. The ball
10 valve concept is inspired by the dispensing mechanism of a ballpoint pen, in which ink is
11 transferred onto paper when the metal ball at the tip is pressed while writing [35]. We also
12 incorporate a laminated paper-based analytical device for RNA extraction [35-37]. Compared to
13 other materials, paper is low-cost, flexible, easy to dispose of and capable of driving liquid
14 without an external pump [38-40]. The resulting virus RNA enriched on the paper device is then
15 detected by reverse transcription loop-mediated isothermal amplification (RT-LAMP). RT-
16 LAMP is an isothermal amplification technique that is rapid (< 30 min., compared to 2 hr. of
17 PCR), sensitive (due to amplification), and specific (due to genetic identification); its shorter
18 incubation time and more simplified thermal management than PCR make it advantageous in
19 POC platforms [35, 41, 42]. The integration of these components results in an instrument-free,
20 hand-held device for achieving the sample preparation and nucleic acid detection of RNA
21 viruses.

22 Here we detail our design, fabrication and testing of our sample-preparation/amplification
23 device (SPAD). The SPAD contains 3D-printed sample preparation components including a

collector and a buffer unit, and a laminated paper-based RNA amplification device. The performance of SPAD was first evaluated using aqueous samples spiked with H1N1 influenza virus to detect down to 1 TCID₅₀ (median tissue culture infective dose) per device. We then demonstrated the use of SPAD with VIVAS to detect lab-generated, airborne H1N1 influenza viruses in 50 min. after 15 min. of aerosol collection. Our results suggest that SPAD can be combined with VIVAS for detecting and monitoring airborne infectious disease in population-dense areas during outbreaks. The effective sampling and rapid detection of airborne viruses has a potential to help us better understand the role aerosol transmission plays during future airborne infectious disease outbreaks [43].

2. Materials and methods

2.1. Virus Preparation

MDCK (CCL-34; Madin-Darby Canine Kidney Epithelial Cells) were obtained from the American Type Culture Collection (Manassas, VA, USA) and were propagated as monolayers at 37°C and 5% CO₂ in Advanced Dulbecco's Modified Eagle's Medium (aDMEM) (Invitrogen, Carlsbad, CA, USA) supplemented with 2 mM L-alanyl-L-glutamine (GlutaMAX, Invitrogen), antibiotics (PSN consisting of 50 µg/mL penicillin, 50 µg/mL streptomycin, and 100 µg/mL neomycin, from Invitrogen), and 10% (v/v) low IgG, heat-inactivated gamma-irradiated fetal bovine serum (HyClone, Logan, Utah). Prior to use, the cell line was treated for 3 weeks with plasmocin and verified free of mycoplasma DNA by PCR. To create virus stocks, T75 flasks of newly confluent MDCK cells (about 8.2 X 10⁶ cells/flask) were used. The serum-containing cell growth medium was removed, and replaced with 5 mL of serum-free aDMEM supplemented as previously described plus L-1-tosylamido-2-phenylethyl chloromethyl ketone (TPCK)-treated

mycoplasma-free and extraneous virus-free trypsin (Worthington Biochemical Company, Lakewood, NJ), and the cells infected at a multiplicity of infection of approx. 0.05 by adding 100 μ L of influenza virus at a concentration of 4×10^6 TCID₅₀/mL and incubated in 5% CO₂ at 33°C. The virus strain used for this work was Influenza A/Mexico/4108/2009 (pH1N1), a wild-type H1N1 pandemic 2009 strain. The TPCK trypsin was used at a final concentration of 2 μ g/mL. After 4 hours of incubation, 3 mL of serum-free aDMEM supplemented with TPCK trypsin was added. After cytopathic effects (CPE) were observed in over 50% of cells, the cells were scraped, and the scraped cells and spent media was collected and frozen at -80°C. The resulting virus stock that was used for the work presented here had a titer of 6.4×10^6 TCID₅₀/mL.

2.2. Virus Aerosol Generation and Collection

The aforementioned H1N1 influenza virus strain was used for virus aerosol generation and testing. All the sampling experiments were performed in a US Department of Agriculture inspected-and-approved BSL2-enhanced laboratory following BSL3 work practices. To generate virus aerosols, 10 mL of 1×10^5 TCID₅₀/mL H1N1 influenza virus suspension in phosphate-buffered saline (PBS) plus 0.5% (w/v) bovine serum albumin (BSA) fraction V was used with a 6-jet BioAerosol Nebulizing Generator (BANG, CH Technologies).^[44-46] HEPA-filtered room air was used to provide air flow for the BANG. The schematic diagram of the testing system is shown in the Supplementary Material (**Figure S1**).

The airborne virus detection scheme is illustrated in **Figure 1**. VIVAS, a laminar-flow, water-based condensational growth system, was used to enlarge the virus aerosols generated by the BANG as described previously [6, 20, 21, 46]. The conditioner of the VIVAS was cooled to 6 °C and the initiator was heated to 45 °C with 100% relative humidity to enlarge virus aerosols by water condensation onto their surfaces. The enlarged particles were impinged directly into the

3D-printed SPAD collector as shown in **Figure 1a**. The collector contains a funnel with a 40-mm-opening to fit the nozzles of the VIVAS. A piece of laminated paper device was taped to the bottom of the collector for RNA immobilization as described in the RNA enrichment step.

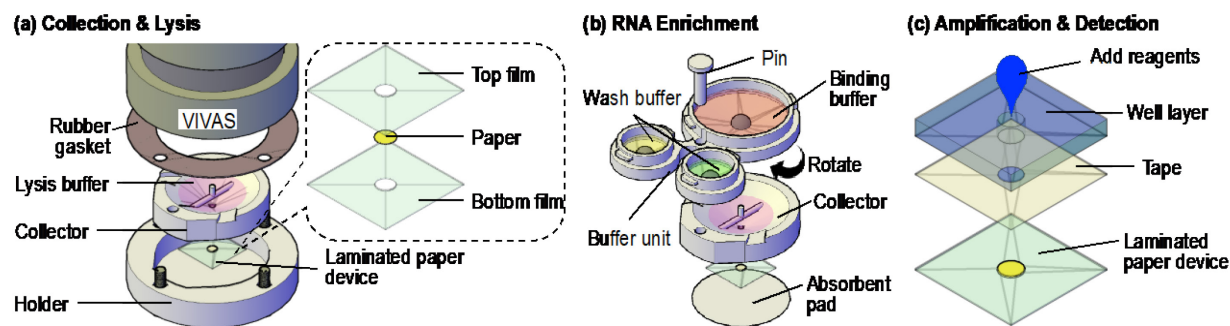


Figure 1. The airborne virus detection scheme includes three steps: collection & lysis, RNA enrichment, and amplification & detection. (a) Exploded view of the setup for airborne virus collection. The virus aerosols were enlarged by VIVAS and impinged directly into the lysis buffer housed in the SPAD collector (see Figure 2 for the detail). A laminated paper device (with an exploded view in the inset on the right) was attached to the bottom of the collector for RNA enrichment. (b) After collection, the collector/paper device were separated from VIVAS, assembled with the buffer unit (top) and placed on top of an absorbent pad (bottom) for aerosol collection and virus detection. The buffer unit was then rotated to discharge the binding buffer into the collector (see Figure 3 for the valving mechanism). The laminated paper device underneath the collector would enrich the virus RNA from the lysate while the waste was absorbed by the absorbent pad. Once the lysate filtration was completed, the buffer unit was rotated twice to discharge the two wash buffers sequentially. (c) The laminated paper device with enriched RNA was peeled from the collector and taped onto a well layer to form a RNA amplification device for RT-LAMP. After adding RT-LAMP amplification buffer and incubation, resultant amplicons could be detected colorimetrically. The 3D-printed sample preparation unit in (b) and the paper-based amplification unit in (c) form SPAD.

To attach the SPAD collector to VIVAS, a holder was designed to fix the collector onto VIVAS' aerosol outlet with four screws (**Figure 2b**). A rubber gasket was used to form an air-tight seal to prevent aerosol leakage during sampling (**Figure 1a**, **Figure 2c**). We used fluorescent aerosols to demonstrate the collection result. **Figure 2d** shows the enlarged and collected droplets in the collector deposited by the 32 nozzles of VIVAS. The droplets collected

at the bottom of funnel formed a pool while some droplets collected near the top of funnel remained separate to reflect the arrangement of the corresponding VIVAS' nozzles [20, 21].

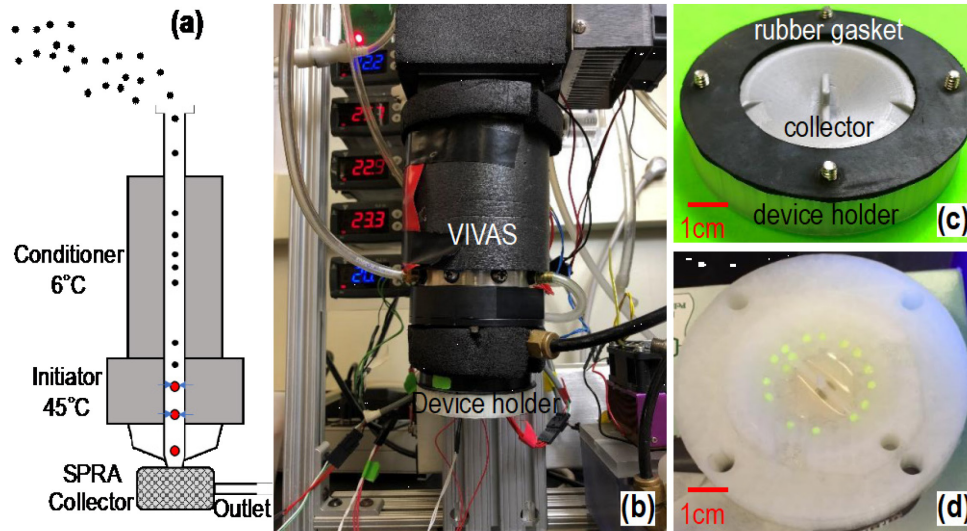


Figure 2. Illustration and photographs of those components for virus aerosol collection. (a) Illustration of the VIVAS process and the collected particles into SPRA. (b) Integration of the SPAD collector with VIVAS using a 3D-printed device holder. (c) Photograph of the collector, device holder, and rubber gasket assembled together using four screws. (d) Photograph of collected fluorescent droplets in the collector by VIVAS.

As described previously [1], an air flow at six liters per minute (LPM) was introduced into VIVAS. A negative control sample using 10 mL PBS plus 0.5% (w/v) BSA in the BANG was first collected for 15 min. Three virus aerosol collections with virus solution in the BANG were performed for 15 min each. A lysis buffer (buffer AVL, QIAGEN) of 560 μ L was preloaded to the SPAD collector. The lysis buffer protected viral RNA from RNase degradation and deactivated the collected virus to reduce the generation of biohazardous wastes. Between each virus aerosol collection, two washing steps were performed to prevent the result of the next collection being affected by a previous collection. The first wash was a 5-min collection of 0.01% sodium dodecyl sulfate (SDS, ThermoFisher Scientific) solution in the BANG. The SDS

as a surfactant flushed away the virus aerosols left in VIVAS. The second wash was a 25-min collection of molecular-biology grade water to flush away the SDS residual.

2.3. RT-LAMP Amplification

To test the primer set used for RT-LAMP amplification, RNA was extracted from 140 μ L of H1N1 influenza virus samples using a QIAamp Viral RNA Mini Kit (QIAGEN, Valencia, CA, USA) following the manufacturer's protocol. The extracted RNA was eluted with 60 μ L of buffer AVE (QIAGEN) and stored at -80 °C before use.

Each 25 μ L of RT-LAMP assay contained 2.5 μ L of 10X isothermal amplification buffer, 1.4 mM dNTPs, 6 mM $MgSO_4$, 2.5 μ L of 10X primer mix, 8 U Bst 2.0 WarmStart[®] DNA polymerase, 7.5 U WarmStart[®] RTx reverse transcriptase, and 1 μ L RNA sample. Except for the dNTPs from ThermoFisher Scientific (MA, USA), other reagents used in the RT-LAMP assays were obtained from New England Biolabs (Ipswich, MA, USA). The primer mix contained 1.6 μ M F1P/B1P, 0.2 μ M F3/B3, and 0.4 μ M LF/LB. Their sequences are listed in the Supplementary Material (**Table S1**) [47]. These primers were purchased from Integrated DNA Technologies (Coralville, Iowa, USA). RT-LAMP was performed at 63 °C for 30 min in a Bio-Rad Mycycler[®] (Bio-Rad, CA, USA). Aliquots of the reaction products were electrophoresed in a 2% agarose gel, followed by imaging using a Gel Doc[™] EZ system (Bio-Rad).

To verify that the 25-min incubation period used with the H1N1 influenza virus primers was appropriate, a real-time RT-LAMP assay was carried out by adding 0.5 μ L of 10X concentrated SYBR green I nucleic acid gel stain in dimethyl sulfoxide (ThermoFisher Scientific) and 0.5 μ L ROX reference dye (ThermoFisher Scientific) to the 25 μ L RT-LAMP reaction buffer. The fluorescence signal from the RT-LAMP reactions was subsequently measured using a QuantStudio 3 real-time PCR system (ThermoFisher Scientific).

2.4. Paper-based Device for RNA Enrichment and Amplification

For RNA enrichment using SPAD, we employed lamination technique [35-37] to prepare the laminated paper device that functioned as a filter for RNA isolation, in a way similar to the commercially available nucleic acid purification spin column [48]. The chaotropic-salt-based buffers from a QIAamp Viral RNA Mini Kit (QIAGEN) were used to improve RNA binding to the paper substrate. A well layer was attached to the laminated paper device as a sample well to form the paper-based RNA amplification device (**Figure 1**). Instead of centrifugal force as used for the spin column, sample filtration was powered by capillary forces generated in porous paper and the absorbent pad beneath the device.

Three types of paper materials, FTA[®] classic card (ThermoFisher Scientific), Whatman[™] 1 chromatography paper (ThermoFisher Scientific), and Whatman[™] GF/F glass microfiber filter paper (ThermoFisher Scientific) were evaluated for fabricating the laminate paper-based RNA enrichment device. The FTA[®] card is a commercially available filter paper specifically developed to extract, bind, and preserve nucleic acids from blood, plant and animal tissue extracts and other sources according to the manufacturer [49]. The chromatography paper is an untreated, high quality cellulose fiber paper. The GF/F glass microfiber filter is a paper designed for nucleic acid purification. The device was made by sandwiching a piece of paper material between two thermoplastic films as shown in the inset of **Figure 1a**. The paper piece of 3.5-mm-diameter was made using a steel puncher. Two layers of thermoplastic films with a 3-mm-diameter hole were shaped by cutting a section of 75- μ m-thick polyester thermal bonding lamination film (Lamination Plus, Kaysville, UT, USA) using a Graphtec Craft Robo-S cutting plotter (Graphtec Corporation, Yokohama, Japan). The paper and the top and bottom films were

then aligned and passed through a heated laminator (GBC® Catena 65 Roll Laminator, GBC, Lake Zurich, IL, USA), which was set at a rolling speed of “1” with the temperature at 220 °F.

Aliquots containing 10, 1, and 0.1 TCID₅₀ H1N1 influenza virus lysate per µL were made with the virus stock solution and molecular-biology-grade water and lysis buffer AVL (QIAGEN) at the ratio of 1:4 and stored at -80 °C for testing paper-based RNA amplification. To compare the RNA capture efficiency of laminated paper-based RNA amplification device made of FTA® card, chromatography paper, or glass microfiber paper, a serial dilution of 70 µL H1N1 influenza virus lysate was used to compare the limit of detection (LOD) of each material. An ethanol (100%) solution of 56 µl was mixed into the diluted virus lysate before introducing to the device. A solution of AW1 (Qiagen) and AW2 (Qiagen) of 100 µl each was then filtered through the paper device sequentially to purify the RNA captured by the paper device. RT-LAMP amplification and gel electrophoresis were performed as described previously to detect the captured RNA.

2.5. RNA Enrichment using SPAD

After the 15-min sampling period, the collector was separated from VIVAS by loosening screws (**Figure 2c**). The collector was then assembled with the buffer unit by inserting a pin through one hole in both buffer unit and collector unit as shown in **Figure 1b**. The SPAD was designed to perform sample preparation and RNA enrichment from the collected viruses, without using lab tools such as a pipette. The collector is for collecting the virus aerosols and lysing viruses while the buffer unit is for housing the binding buffer (molecular-biology grade ethanol) and the two wash buffers (AW1 & AW2, QIAGEN) for RNA purification and enrichment.

The assembled device was first placed on top of a piece of cellulose absorbent pad (Kimtech Science) to provide capillary forces driving fluid flows. The binding buffer (560 µL ethanol) was discharged first to enhance RNA binding to the paper in the laminated paper device. The process

1 of flowing the mixture through the paper took about 15 min, depending on the volume of sample
2 collected. After all the lysate was filtered through the laminated paper device, the buffer unit was
3 rotated to align and dispense the first wash buffer (250 μ L AW1) to the collector, and then the
4 buffer unit was rotated again, and the second wash buffer (250 μ L AW2) was discharged and
5 filtered through in the same manner to remove inhibitors from the captured RNA. The two wash
6 steps took about 5 min each to complete.

7 A liquid dispensing scheme using a simple fluid control valve was developed to trigger the
8 release of reagents from each reservoir of the buffer unit to the collector of SPAD (**Figure 3**).
9 The ball valve concept was inspired by the dispensing mechanism of a ballpoint pen, in which
10 ink is transferred onto paper when the metal ball at the tip is pressed while writing [35]. A 5/16-
11 inch-diameter opening was created at the bottom of the funnel-shaped reservoir to house a
12 stainless-steel ball (McMaster-Carr). This opening was designed in a way that the ball could
13 function as a plug to keep the liquid from flowing out. The opening size was chosen to
14 accommodate the layer resolution of the 3D printer and allow the ball to have a 2-mm vertical
15 displacement during valve operation for dispensing the stored liquid. To prevent possible ball
16 movement and reagent spillage during transportation, a lid with a lure-lock thread and a piece of
17 O-ring (McMaster-Carr) was used to “lock” the ball valve (**Figure 3a**, **Figure S2a**). The lid
18 contained a peg underneath that pressed the ball against the opening while the thread was
19 tightened. As illustrated by a short movie in the Supplementary Material (**Video S1**), the valve
20 could achieve a leak-free seal when the lid was properly assembled. After transportation, the lid
21 can be loosened up or removed to allow the valve operation. As shown in **Figure 3b**, the ball
22 valve could be triggered by rotating the buffer unit along the pin to align the reservoir with the

collector when the ball was pushed up by a pillar in the center of the collector. The operation of the ball valve was demonstrated in **Video S2**.

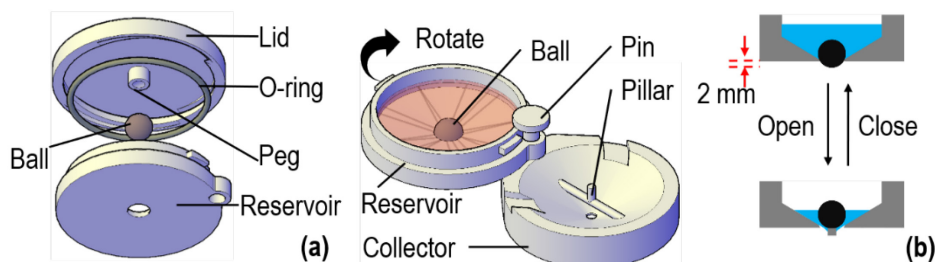


Figure 3. Ball-based valve mechanism for liquid dispensing. (a) A ball is used to block the opening at the bottom of the reservoir. A peg protruding from the lid is used to lock the ball in place during storage and transportation. (b) After the lid is removed or loosened, the reservoir and the collector are assembled together through a pin. When the reservoir is rotated to align with the collector, the valve is actuated to discharge the solution housed in the reservoir as the ball is pushed up by the pillar in the middle of the collector. The cartoon on the right shows valve's opening and fluid flowing down upon the ball being pushed up.

These sample preparation components were fabricated by a commercial 3D printer, Ultimaker 3 (Ultimaker, Geldermalsen, Netherlands), using polylactic acid (PLA) filament with polyvinyl alcohol (PVA) as support material. The print layer height was set to 0.06 mm and the infill density was set to 100%. A photo of these SPAD parts, with a U.S. quarter for the size comparison, was shown in **Figure S2b**. It is conceivable that these parts can also be manufactured using injection molding or other methods. This sample preparation unit can be reusable if desired, though the detection unit must be disposable.

2.6. RT-LAMP Amplification in SPAD

After RNA enrichment, the laminated paper-device was peeled from the collector and taped to a well layer to form a device to conduct RT-LAMP amplification (**Figure 1c**). The well layer was a 3-mm-thick, 2 cm X 2 cm square, cut from a piece of clear polycarbonate sheet (McMaster-Carr, Elmhurst, IL) using a milling machine (Sherline Products, Vista, California). A

3-mm-diameter hole was made in both the polycarbonate sheet and the double-sided adhesive tape (3M 9087 white bonding tape, R. S. Hughes, Sunnyvale, CA), the holes were aligned with the laminated paper device. After the well layer was attached, a piece of adhesive tape (Fellows[®]) was attached to the bottom of the device, and 25 μ L RT-LAMP amplification buffer (as described above) was loaded to the well of the device, followed by sealing the device with a piece of adhesive tape on the top for evaporation control. The sealed device was incubated at (63 ± 0.5) °C for 25 min. in an Isotemp 105 water bath (ThermoFisher Scientific) for DNA amplification. The amplicons were analyzed using either gel electrophoresis or SYBR green for instrument-free detection as discussed below. Note that we used a water bath for this work, but it is possible to use a battery-operated coffee mug to achieve RT-LAMP in the field as we demonstrated previously [35].

After RT-LAMP amplification, 1 μ L SYBR green (10,000X concentrate SYBR green I nucleic acid gel stain, ThermoFisher Scientific) was added to the amplicons, and the results were readable by naked-eye. Alternatively, an ULAKO blue LED flashlight (Amazon, WA, USA) powered by 1 AA battery was used to excite the green fluorescence from the amplicon-SYBR complexes. The resulting color of the solution was imaged using a smart phone. A piece of brown-tainted translucent plastic film was taped in front of the phone camera lens to filter out the blue light from the flashlight.

Viral RNA enrichment and RT-LAMP amplification in SPAD was first evaluated with H1N1 influenza viruses spiked in water of the same volume range of those collected by the VIVAS at 6 LPM for 15 min. H1N1 influenza viruses spiked in 140 μ L water were lysed using 560 μ L lysis buffer AVL (Qiagen) before pipetting onto the collector of SPAD. The volume ratio of (sample

volume):(lysis solution):(binding solution) was kept at 1:4:4 as instructed in the QIAamp Viral RNA Mini Kit.

3. Results and Discussion

3.1. RT-LAMP Reaction Time

The QIAamp Viral RNA Mini Kit (QIAGEN) was used as a benchmark standard to purify RNA from aqueous samples spiked with 10, 100 and 1,000 TCID₅₀ H1N1 virus. The resultant purified virus RNA was employed to estimate the RT-LAMP reaction time using the QuantStudio-3 real-time amplification system (**Figure 4**). All the wells containing virus RNA were observed with a signal that reached a plateau within 10-18 min, and no non-specific amplification was observed during the 30-min incubation period for the no-template control (NTC). This result suggested that 25-min incubation was sufficient to detect the virus RNA in our device. Note that LAMP amplification involves many complicated reaction steps, thus the absolute signal is not necessarily linear with the original RNA amount. Instead, the threshold time is used in the literature to correlate with the copy number of genetic materials [50]. The linear-regression calibration curve in **Figure 4b** indicated that quantitative airborne virus detection is feasible.

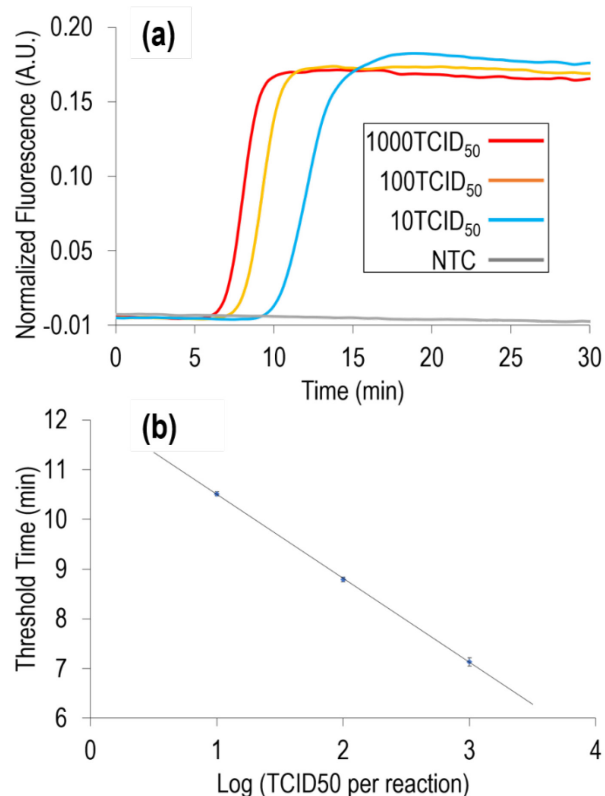


Figure 4. Real-time RT-LAMP amplification for H1N1 influenza virus RNA. (a) Normalized fluorescent signal of 10, 100, and 1000 TCID₅₀ H1N1 virus genome equivalents as a function of RT-LAMP time. NTC, no-template control. (b) Calibration curve showing the threshold cycling time (Ct) as a function of TCID₅₀ in each reaction (in log scale). The Ct values were provided by the instrument. The results were generated from 3 replicates of each concentration of H1N1 virus RNA samples. The error bars indicate one standard deviation.

3.2. Paper-Based RNA Enrichment and Amplification

Paper-based devices made of FTA[®] card, glass microfiber and chromatography paper were tested with different concentrations of H1N1 virus lysate to determine the limit of the detection (LOD) of each device. The results (Table 1 & Figures S3 - S5) indicate that the devices made of chromatography paper have the lowest LOD, detecting spiked samples of 0.8 TCID₅₀ influenza virus, while the device made of FTA[®] card and glass microfiber detected only 5 TCID₅₀ and above. Note that TCID₅₀ is a value obtained by using a series of dilution of a viral fluid to infect a number of cell culture in a well plate; after incubation, the percentage of infected wells is

observed for each dilution, which is used to calculate the median tissue culture infective dose (i.e., TCID at 50%).

Table 1. Paper material comparison for detection of H1N1 influenza virus

Virus concentration (TCID ₅₀)	50	25	10	5	2.5	1	0.9	0.8	0.7	NTC
FTA [®] card	Y	Y	Y	Y	N	N				N
Glass microfiber paper	Y	Y	Y	Y	N	N				N
Chromatography paper	Y	Y	Y	Y	Y	Y	Y	Y	N	N

Note: Virus concentration in TCID₅₀ per device; NTC, no-template control; Y (yes) or N (no) indicates whether virus RNA was detected or not.

Untreated cellulose has been used as a nucleic acid isolation material since the 1960s, though its use is far less common than silica [51-53]. This is possibly due to the complicate steps of assembling cellulose powder into a column often involved. Those manual steps make the cellulose powder less desirable compared to the ready-to-use silica column. The laminated paper-based RNA amplification device, on the other hand, is easy to make, of low cost, and does not require complicated manual steps during use. Our results suggest that the cellulose chromatography paper can function as an RNA extraction substrate. As a result, all the following experiments were performed using devices made from chromatography paper.

3.3. Detection of Influenza Virus in Aqueous Solutions

H1N1 influenza viruses spiked in 140 µL water were lysed using 560 µL lysis buffer AVL (Qiagen) and loaded to SPAD for RNA enrichment and RT-LAMP amplification. The RNA enrichment and amplification process took about 25 min each to complete, after which the result could be read using SYBR green dye and blue LED flashlight without lab instruments. As shown in **Figure 5**, we successfully detected 1 TCID₅₀ H1N1 influenza virus per 140 µL sample using

the SPAD in 50 min. The SYBR green-DNA-complex absorbs blue light and emits green light, resulting in a light-yellow color when observed under the ambient light and a bright green fluorescence under blue LED. We chose SYBR green as it detects the amplicons directly [54], while other colorimetric RT-LAMP methods such as the hydroxynaphthol blue [55], the leuco crystal violet [56], and the phenol red [57] detect the by-products of amplification. Note that the test only gives a binary yes/no answer (i.e., presence or absence of viruses). As illustrated in Figure 4, similar fluorescent signals were observed for different concentrations of viruses. However, they took different time to reach the signal plateau as illustrated in Figure 3a. Also note that RT-LAMP produces a mixture of amplicons, thus it does not have one specific gel band as with PCR.

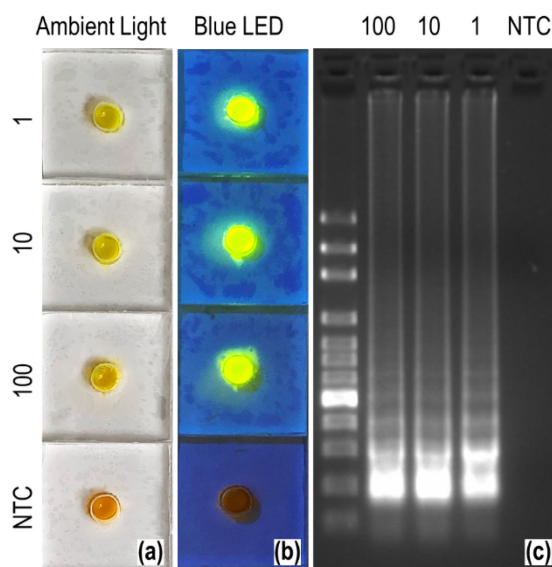


Figure 5. Detection of H1N1 influenza virus spiked in water. (a) Pictures of the detection units under ambient light, taken by a cell phone. (b) Photographs of the detection units illuminated by a blue LED flashlight. The amount of TCID₅₀ H1N1 virus spiked in each device as well as the negative control (NTC) is indicated on the left side of each devices in (a) and (b). The emission observed outside the wells are optical effects resulting from light transmission into transparent plastics and the angles taking the pictures. (c) Gel electrophoresis image of the amplicons from each device. The sample for each lane is indicated at the top: 100 bp DNA ladder, 100, 10, 1 TCID₅₀ and NTC.

3.4. Detection of Airborne Influenza Viruses

The average collection volume of our test system for a 15-min sampling using 10 mL PBS/BSA media in BANG and 6 LPM air flow rate for VIVAS was determined to be 143 ± 25 μL by weighing the collector before and after collection. As a result, 560 μL lysis buffer was used in the SPAD collector for the H1N1 influenza virus detection experiment, according to sample-to-lysis solution ratio recommended by the sample preparation kit manufacturer (similar to the 140 μL of sample used in Section 3.3). A virus concentration of 1.0×10^5 TCID₅₀/mL H1N1 influenza virus in PBS/BSA was used in the aerosol generator (BANG) and the resulting aerosol was sampled in triplicates by VIVAS. The virus solution consumed by BANG in the 15 min collection is 1367 ± 287 μL . According to the infectious H1N1 virus collection efficiency reported by our previous work [46], the amount of collected H1N1 influenza virus was about $(1.09 \pm 0.23) \times 10^5$ TCID₅₀.

Our system successfully detected airborne H1N1 influenza viruses in lab-generated aerosols (**Figure 6**). No non-specific amplification was observed in the negative control collection of PBS/BSA aerosols. Strong fluorescence signals were observed from all the triplicates of the H1N1 virus aerosol collections. These results also illustrate the reproducibility of valves, assays, and the overall SPAD system. Including the sampling time (15 min), the virus detection process in its entirety took around 65 min to complete, making our system a fast and effective method to study airborne virus transmission, screen the presence of a certain type of airborne virus in the environment, and help guide possible infection mitigation.

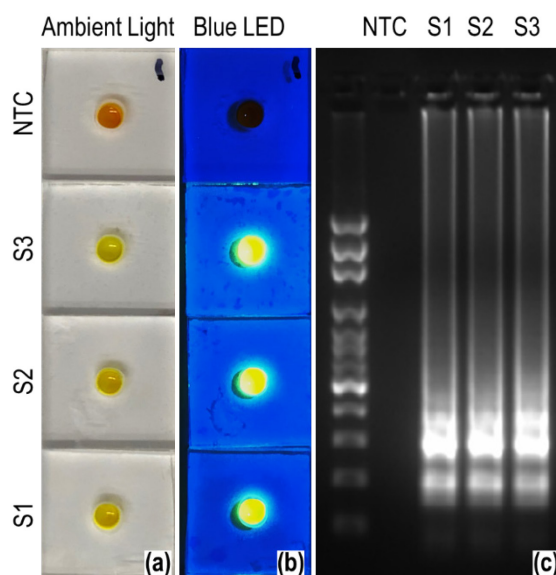


Figure 6. Detection of airborne H1N1 influenza virus through the combined use of SPAD and VIVAS. (a) Photographs of the detection units under ambient light, taken by a cell phone. (b) Photograph of the detection units illuminated by a blue LED flashlight. The negative control (NTC) and three aerosol samples (S1-S3) are labelled on the left side of each devices in (a) and (b). (c) Gel electrophoresis image of the amplicons from each device. The sample for each lane is indicated at the top: 100 bp DNA ladder, NTC, S1, S2, S3.

4. CONCLUSIONS

By combining the use of SPAD for sample preparation and RT-LAMP amplification with VIVAS for virus aerosols collection, we detected lab-generated, airborne H1N1 influenza viruses in ~1 hour. This approach features a two-step concentration for sporadic airborne viruses: (a) the concentration of liters of virus aerosols into a ~140 μ L aqueous sample, and (b) the enrichment of lysed virus RNA onto the laminated paper device. The two-step concentration grants our approach the sensitivity required to detect airborne viruses using a rapid and specific RT-LAMP method. Moreover, our laminated paper device could process a flexible amount of collected aerosol samples, allowing us to increase the sensitivity by increasing the collection time, i.e., the volume of aerosol collected by VIVAS, if necessary. In addition, we have demonstrated the superior efficacy of chromatograph paper to the commercial FTA[®] card and Whatman[™] glass

microfiber for RNA filtration via chaotropic agents, as well as high portability of our SPAD device for RNA virus detection.

Future directions of this work include the collection of real-world influenza virus aerosols in places such as infirmaries and classrooms [6]. Our approach can be further developed for detecting other airborne viruses. A part of the approach has been adapted for detecting airborne SARS-CoV-2 virus [43] and the overall approach is currently being modified for the same purpose. The limit of detection of our SPAD device at 1 TCID₅₀ is lower than 3 TCID₅₀, which is believed to be human infectious dose of the influenza A virus from aerosols [58]. The limit of detection is also lower than 35.4 TCID₅₀, which is the average amount in one cubic meter of air collected in a healthcare center, a day-care center, and airplanes during a flu season [58]. In addition to detecting airborne viruses, SPAD can be adapted to detect viruses from non-airborne samples, including aqueous solutions such as blood, urine, and saliva.

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Supplementary Material

Figures S1-S5 & Table S1 (PDF)

Videos S1 (MP4) & S2

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25

SUPPLEMENTARY MATERIAL

Integration of Sample Preparation with RNA-Amplification in a Hand-Held Device for Airborne Virus Detection

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In addition to Figures S1-S5 and Table S1 below, online supporting materials also include two videos:

Video S1: The operation of three ball valves using food dye solutions.

Video S2: Demonstration of leak-free seal of the buffer unit containing a red food dye solution.

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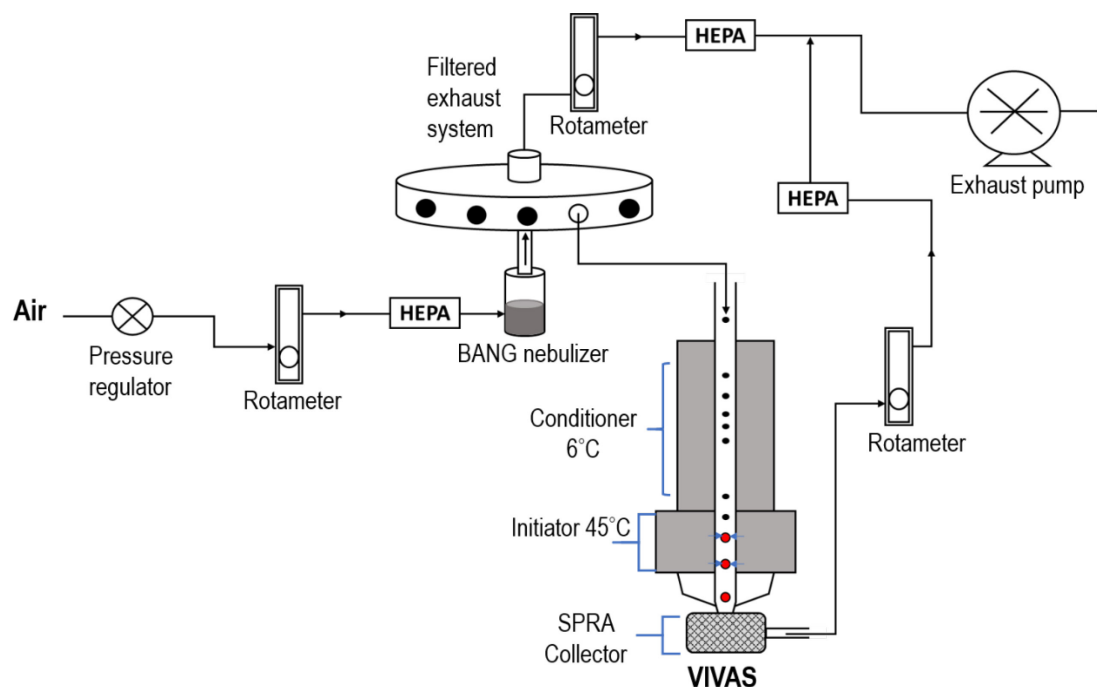


Figure S1. Schematic diagram of the experimental setup for the generation and collection of H1N1 influenza virus aerosols. The H1N1 influenza virus aerosols were generated from a BioAerosol Nebulizing Generator (BANG) with HEPA-filtered room air and then collected with the viable virus aerosol sampler (VIVAS).

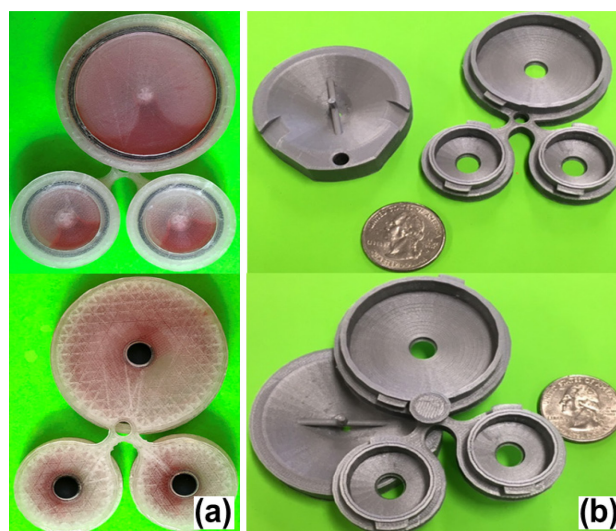


Figure S2. Photographs of the SPAD. (a). Photograph of the SPAD buffer unit containing a red food dye solution, with a top view (top) and a bottom view (bottom). (b). Picture of the components of SPAD with a U.S. quarter (top), and picture of the assembled device with a pin in place (bottom).

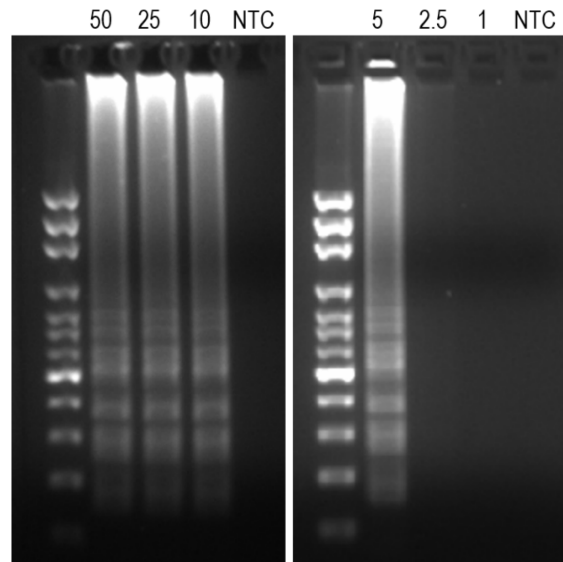


Figure S3. H1N1 influenza virus detection using devices made of glass microfiber pads. The leftest lane of each gel is 100 bp DNA ladder. The virus amount in TCID₅₀ is marked above each lane. NTC, no-template control (i.e., negative control).

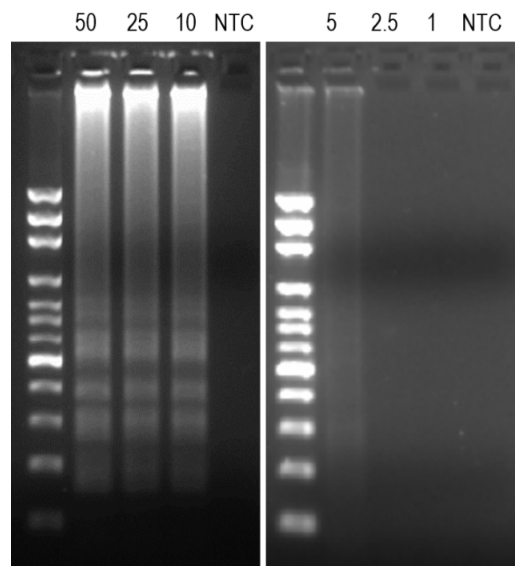


Figure S4. H1N1 influenza virus detection using devices made of FTA[®] card. The leftest lane of each gel is 100 bp DNA ladder. The virus amount in TCID₅₀ is marked above each lane. NTC, no-template control.

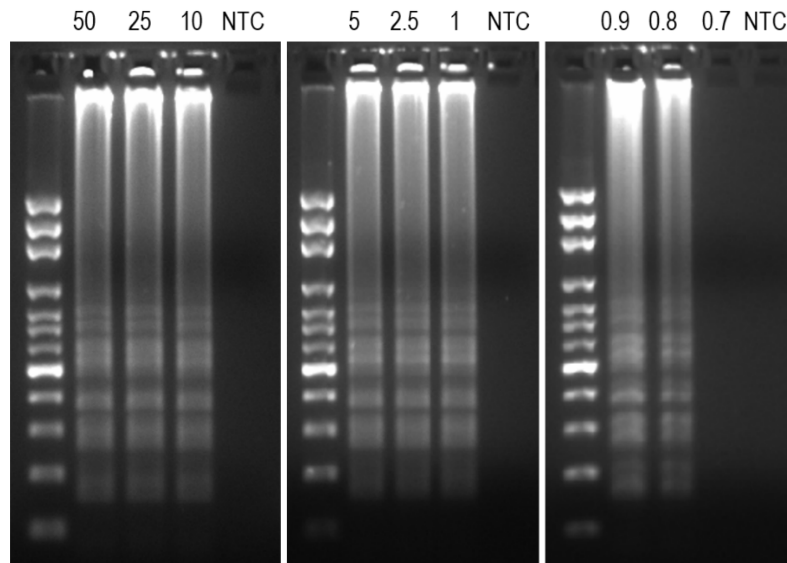


Figure S5. H1N1 influenza virus detection using devices made of chromatography paper. The leftest lane of each gel is 100 bp DNA ladder. The virus amount in TCID₅₀ is marked above each lane. NTC, no-template control.

Table S1. Sequences of RT-LAMP primers for H1N1 influenza virus detection.¹

Primer	Sequence (5' - 3')
F3	ACCTTCTAGAAGACAAGCATAA
B3	TCCTCATAATCGAT
FIP	TGGATTTCCCAGGATCCAGCGGAACTATGCCAACTAAGAGG
BIP	TCCACAGCAAGCTCATGGTCTCCTGGGTAACACGTTCC
LF	CCAAATGCAATGGGGCTAC
LB	CTACATTGTGGAAACATCTAGTTCAG

Note: FIP stands for Forward Inner Primer; BIP stands for Backward Inner Primer; LF and LB are the forward and backward loop primers.

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