

Review

Activation and Regulation of
Cytoplasmic DyneinJohn T. Canty¹ and Ahmet Yildiz ^{1,2,3,*}

Cytoplasmic dynein is an AAA⁺ motor that drives the transport of many intracellular cargoes towards the minus end of microtubules (MTs). Previous *in vitro* studies characterized isolated dynein as an exceptionally weak motor that moves slowly and diffuses on an MT. Recent studies altered this view by demonstrating that dynein remains in an autoinhibited conformation on its own, and processive motility is activated when it forms a ternary complex with dynactin and a cargo adaptor. This complex assembles more efficiently in the presence of Lis1, providing an explanation for why Lis1 is a required cofactor for most cytoplasmic dynein-driven processes in cells. This review describes how dynein motility is activated and regulated by cargo adaptors and accessory proteins.

Cytoplasmic Dynein

In eukaryotes, intracellular cargoes such as organelles, membrane-bound vesicles, and misfolded proteins are trafficked throughout the cytoplasm by molecular motors that walk along actin filaments and MTs. While myosin motors use actin as a substrate for motility, kinesins and dyneins walk along MTs. Cytoplasmic dynein is the principle motor responsible for the transport of cargoes towards the minus end of MTs [1]. Cytoplasmic dynein also drives retrograde transport in neurons [2] and plays critical roles in cell division [3,4]. Mutations that lead to defects in cytoplasmic dynein motility are linked to a variety of human neurological pathologies including spinal muscular atrophy [5], Charcot-Marie Tooth disease [6], cortical development malformations [7,8], and neurodegenerative diseases [9,10]. Other dyneins are localized to cilia, where dynein-2 drives intraflagellar transport (IFT) in a retrograde direction in cilia, and inner and outer arm dyneins power ciliary beating [11]. This review focuses on the mechanism and regulation of cytoplasmic dynein (referred to as dynein hereafter). The functions of dynein-2 and axonemal dyneins are described in recent reviews [11–13].

Because of the complexity and large size of the structure of dynein, the mechanism and regulation of dynein motility have only recently begun to emerge. While studies of *Saccharomyces cerevisiae* dynein found that the dynein heavy chain (DHC) exhibits high **processivity** (see [Glossary](#)) *in vitro* in the absence of any accessory proteins and cofactors [14], this has not held true for mammalian homologs [15,16]. Recent *in vitro* reconstitution studies revealed that isolated mammalian dynein remains in an inactive conformation and motility is activated when dynein and its cofactor dynactin form a complex with a coiled-coil adaptor protein (discussed below). These adaptors physically tether dynein to specific intracellular cargoes [17]. Activation of dynein motility is also regulated by accessory proteins that bind directly to the dynein motor domain (discussed below). This review discusses how components of the dynein transport machinery activate dynein motility and regulate its stepping and force generation along MTs.

Overview of Dynein and Its Regulators

Structure of Dynein and Dynactin

Mammalian dynein is a large 1.5-MDa complex composed of a homodimer of DHCs and several smaller noncatalytic subunits. The DHC contains a C-terminal **motor domain** and an N-terminal **tail domain**. The motor domain comprises a ring (15 nm diameter) of six AAA⁺ modules (AAA1–

Highlights

Dynein remains in an inactive conformation on its own, and motility is activated when it forms a complex with dynactin and a cargo adaptor.

Previous studies identified isolated mammalian dynein as an exceptionally weak motor that diffuses on an MT and produces low forces.

In vitro reconstitution of the mammalian dynein–dynactin complex recently altered this view, and revealed that dynein is a robust motor that walks rapidly and produces forces comparable to plus-end-directed kinesin.

CryoEM and single-molecule studies showed that cargo adaptors recruit two dynein motors to dynactin for faster movement and higher force production.

Lis1, the only accessory factor that binds directly to the motor domain of dynein, promotes the formation of fully activated dynein–dynactin complexes containing two dynein dimers, and then dissociates from dynein leading to rapid motility.

A subset of cargo adaptors that simultaneously recruit kinesin and dynein to the cargo, may coordinate kinesin–dynein activity to determine which direction the cargo moves.

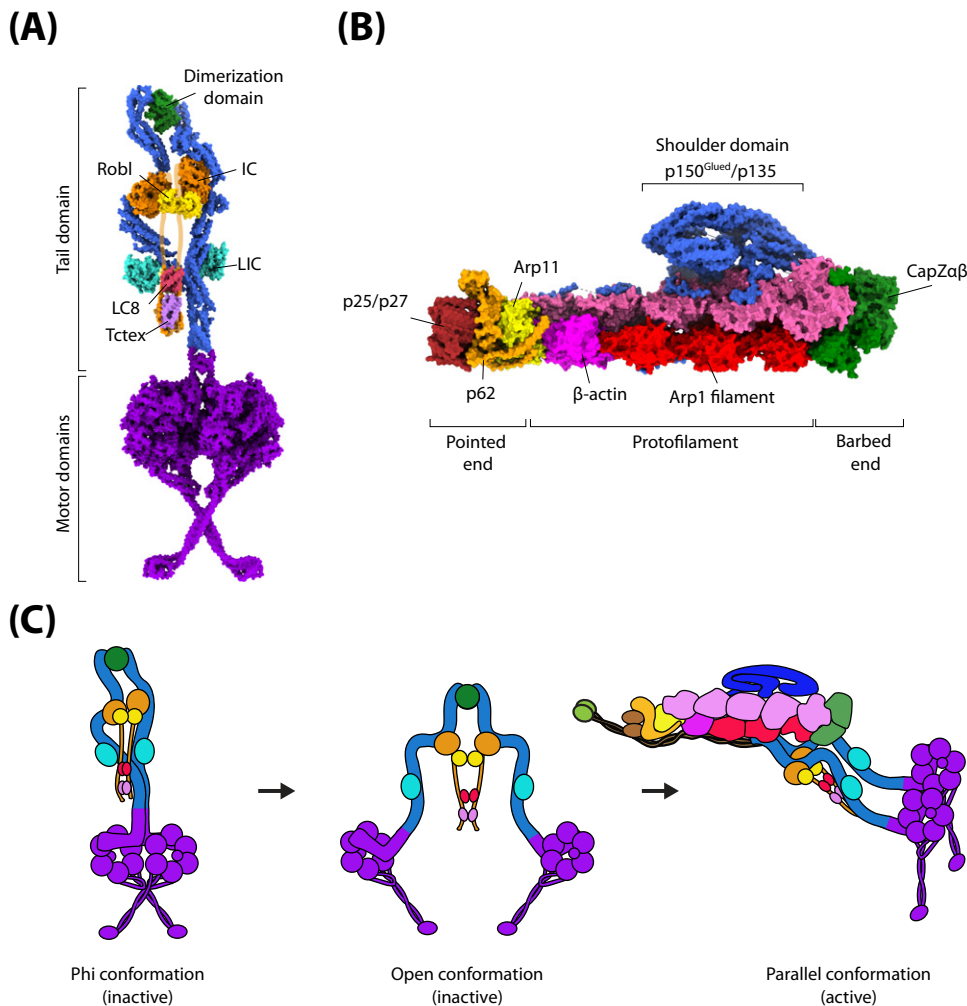
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6) [18–20]. In contrast to kinesin, whose MT interface is located on the surface of the ATPase core [21,22], the MT-binding domain (MTBD) of dynein is separated from the AAA⁺ ring by a coiled-coil stalk [23,24]. The tail domain is involved in the dimerization of the DHCs and contacts the AAA⁺ ring through a linker region [25,26]. The tail also binds to an intermediate chain (IC) and light-intermediate chain (LIC). Additionally, the unstructured N-terminal region of the IC recruits three light-chain dimers Robl/LC7, Tctex, and LC8 (Figure 1A) [26–28].



Glossary

AAA⁺ proteins: diverse protein family of ring-shaped P-loop NTPases.

Bicaudal D homolog 2: a coiled-coil adaptor that links dynein to Rab6A vesicles.

BicD family-like cargo adaptor 1: a coiled-coil adaptor that links dynein to Rab6A vesicles.

Hook3: a coiled-coil adaptor that links dynein to Golgi apparatus membranes.

Linker domain: a mechanical element that drives dynein stepping towards the minus-end.

Lis1: a dimeric regulatory protein that binds directly to the dynein motor domain.

Motor domain: a catalytic AAA⁺-ring that powers dynein motility.

NudEL: a coiled-coil protein that binds to Lis1.

p150^{Glued}: the largest subunit of dynactin that interacts with MTs.

Phi particle: the inactive conformation of dynein formed by the self-dimerization of DHCs.

Processivity: the ability of a motor to take many steps before dissociating from its substrate.

Tail domain: an extended region of the DHC that interacts with the IC, LICs, and LCs.

Figure 1. Activation of the Dynein Transport Machinery. (A) Architecture of the dynein complex in the autoinhibited (phi) conformation (PDB accession: 5NVU). The N-terminal dimerization domain links the two dynein heavy chains (blue) together. The intermediate chains (ICs) are held together through an N-terminal unstructured region (purported location shown in orange outline) through homodimers of Robl, LC8, and Tctex. The light intermediate chains (LICs, cyan) bind midway along the tail domain. The motor domains (purple) form a stacked structure with the coiled-coil stalks crossed. (B) Architecture of the dynactin complex (PDB accession: 5ADX). The two Arp1 filaments (red and magenta) form the core of the dynactin structure. The barbed end is capped by CapZ $\alpha\beta$ (green) and the pointed end is capped by p25/p27 (dark red), p62 (orange), and Arp11 (yellow). Atop the Arp1 filaments sits a large shoulder-like domain consisting of p150^{Glued}/p135 (blue). p150^{Glued} also consists of a large coiled-coil projection terminating with the CAP-Gly domain (not shown). (C) Isolated dynein forms an autoinhibited phi conformation through self-dimerization of the motor domains and only weakly interacts with a MT. Disruption of the phi interaction sites separates the two motor domains, but dynein is unable to move processively in this open conformation because motor domains point towards each other. Binding to dynactin and a cargo adaptor orients the motor domains into a parallel conformation for processive movement along MTs.

Dynein motility is powered by ATP hydrolysis of the AAA1 site [23], coupled with conformational changes in the **linker domain** [29,30]. In the absence of a nucleotide in AAA1, dynein is strongly bound to the MT and the linker is in a straight conformation. ATP binding to AAA1 triggers MT release by altering the registry of the coiled-coil stalk [31,32] and forces the linker into a bent conformation referred to as the priming stroke [33,34]. The priming stroke provides a net bias towards the minus end as dynein takes a step [35]. After ATP hydrolysis, the motor rebinds to the MT. MT binding accelerates phosphate release, and the linker reverts back to its straight conformation in the ADP-bound state [1,23]. This step acts as the force-generating power stroke of dynein [36].

Dynactin is a large 1.1-MDa multisubunit complex that is required for nearly all dynein-driven processes in cells. The complex consists of 23 individual subunits that are assembled around a filament consisting of actin-related protein (Arp)1 [25] (Figure 1B). The filament has a polarity similar to that of actin. The pointed end of the filament is capped by Arp11, p25/27, and p62, while the barbed end binds to the CapZ $\alpha\beta$ heterodimer. On top of the dynactin filament sits the **p150^{Glued}** subunit, which forms a large shoulder-like projection and contains an extended region consisting of three coiled-coiled domains [30,37] and an N-terminal Cap–Gly domain that binds to MTs [38,39]. The Cap–Gly domain regulates recruitment of dynactin to the MT by binding to plus-end tracking proteins (+TIPs) such as CLIP170 and EB1 [40–43], or through post-translational modifications present on the tubulin C-terminal tail [44,45].

Cargo Adaptors Activate Dynein for Processive Motility

Until recently, most of our knowledge of how dynein steps along the MT and responds to external forces came from the *in vitro* studies of *S. cerevisiae* dynein. These studies have shown that DHC is a highly processive motor in the absence of associated chains and other cofactors such as dynactin [14]. Unlike kinesin and myosin V, which have a coordinated ‘hand-over-hand’ stepping mechanism [46,47], dynein moves along MTs through uncoordinated stepping behavior between its two motor domains, with a variable step-size and a high frequency of sideways and backward steps [48–50]. *S. cerevisiae* dynein motility stalls when subjected to 3–4 pN resistive forces [50–52], suggesting that it produces forces comparable to 6 pN stall force of plus-end-directed kinesin [53].

Initial *in vitro* studies on isolated mammalian dynein deviated significantly from the studies on *S. cerevisiae* dynein, as this motor has a very low affinity to MTs and exhibits little to no processive motility [15,16]. Surprisingly, dynein also had a low affinity for its cofactor dynactin, and the addition of dynactin had a minor effect on dynein motility [54,55]. Because mammalian dynein appeared to be active in MT gliding assays, in which many surface-immobilized motors glide MTs, it was initially proposed that individual dyneins are not sufficient to drive robust motility, but multiple dyneins need to form a team to be able to perform a wide variety of functions inside cells [15,56,57].

Studies in mammalian cells showed that dynein binds to intracellular cargos through adaptor proteins that contain a long coiled-coil. This was first demonstrated by activation of dynein-driven transport of Golgi-associated vesicles by an N-terminal coiled-coil of **Bicaudal D homolog 2** (BicD2N) [58,59], suggesting that these adaptors are required to activate dynein motility. *In vitro* reconstitution experiments of recombinant dynein, dynactin, and a cargo adaptor [60,61] have verified this prediction. These studies have shown that dynein remains in an autoinhibited conformation on its own and the addition of dynactin has little to no effect on motility. Remarkably, the addition of BicD2N is sufficient to assemble a stable complex with dynein and dynactin. This complex exhibits robust processive movement at speeds similar to dynein-driven

cargos in cells [60,61]. Several other cargo adaptors have been shown to activate dynein motility in a similar manner through *in vitro* reconstitution experiments, including **Hook3** [61,62], **NIN** [17], **NINL** [17], **CRACR2a** [63], **Rab45** [63], and **BicD family-like cargo adaptor 1** (BicDL-1) [64]. *In vitro* studies in crude cell lysates have identified additional dynein activators, such as **Hook1** [65], **Rab11-FIP3** [61], and **Spindly** [61], but these have not yet been tested to activate dynein with pure components.

Studies in live cells identified additional candidate adaptors for dynein, such as trafficking kinesin-binding protein (TRAK) and huntingtin-associated protein (HAP)1 [66–69]. TRAK1 and TRAK2 associate with the mitochondrial Rho GTPase (Miro)1 on the outer mitochondrial membrane [70–73] and serve as cargo adaptors that link dynein and kinesin-1 to mitochondria. TRAK1 and TRAK2 each contain a domain homologous to BicDL-1, further suggesting that these adaptors activate dynein [66,74]. Another candidate adaptor is HAP1, which is involved in the transport of autophagosomes [75–78]. Together with huntingtin, HAP1 recruits both dynein and kinesin in order to regulate the dynamics of various organelles in neurons [79]. Additionally, the MT-binding protein NuMA has been implicated as a cargo adaptor through its interaction with dynein and dynactin [4]. NuMA is essential for bipolar mitotic spindle assembly and maintenance, and is relocated to spindle poles by dynein during cell division [80]. NuMA contains a Spindly-like motif, which is essential for dynein recruitment, suggesting that it functions similarly to known cargo adaptors [81]. It remains to be demonstrated whether these adaptors activate dynein–dynactin motility through *in vitro* reconstitution experiments. Table 1 summarizes the cargo adaptors that link dynein to specific cargos.

Cargo adaptors do not contain a well conserved sequence. However, they all contain long coiled coil regions and typically share several conserved structural features such as the CC1-box and Hook domain, which both bind to the LIC [62,82,83], and the Spindly motif that binds to the pointed end of dynactin [82].

Activation of Mammalian Cytoplasmic Dynein: a Structural Perspective

Autoinhibited Conformation

Early observations that mammalian dynein was predominantly nonprocessive in the absence of dynactin or a cargo adaptor suggested that dynein is autoinhibited when not transporting cargo [15], similar to kinesin-1 [84–86]. Low-resolution electron microscopy (EM) studies showed that autoinhibition occurs via self-dimerization of the dynein motor domains. This conformation was nicknamed the **phi particle**, due to its similarity to the Greek letter phi [15,87]. High-resolution cryo-EM structures of dynein-1 [26] and dynein-2 [88,89] revealed that self-dimerization is mediated primarily by previously uncharacterized interactions between the linker domains, linker-AAA5, and the AAA4-AAA5 (Figure 1A). The phi dynein is unable to walk processively along MTs because hydrophobic interactions between the crossed coiled-coil stalk regions prevent both monomers to simultaneously interact with the MT. In addition, the registry of the coiled-coils stalks and the nucleotide-binding site of AAA1 are trapped in a low-affinity MT-binding state [33].

Assembly of the Active Dynein-Dynactin Transport Complex

Disruption of the self-dimerization interface with site-specific point mutations creates an open conformation with higher MT-binding affinity [26]. However, the motor domains remain in an antiparallel conformation and do not move processively. In the presence of a cargo adaptor, binding of dynein to dynactin forces the tail domains to point in the same direction. This results in parallel conformation of the motor domains (Figure 1C) [37,64,90], which is ideal for MT binding and processive movement. It remains unclear why the heads cannot form a parallel orientation in the absence of dynactin and a cargo adaptor. One hypothesis is that, when not bound to

Table 1. List of Cargo Adaptors that Recruit Dynein to Intracellular Cargos^a

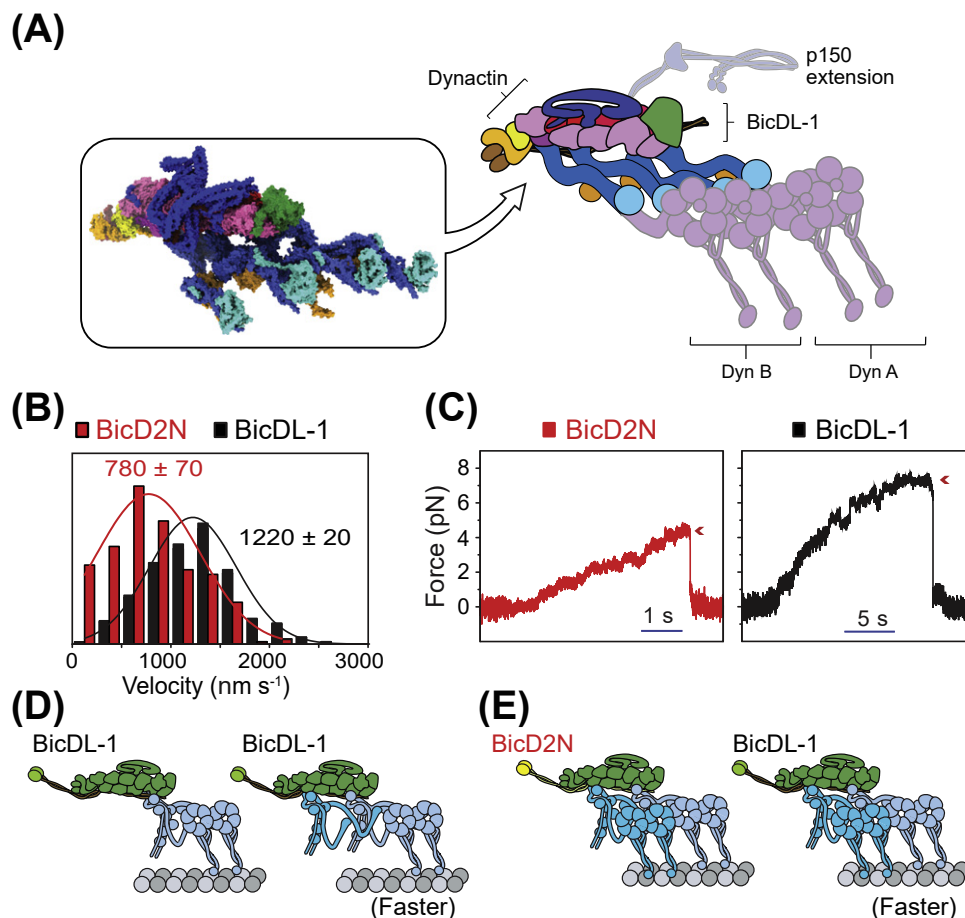
Adaptor	Intracellular cargo	Known binding partners (not including dynein and dynactin)	Evidence of dynein interaction	Demonstration of dynein activation	Refs
BicD1	Golgi-derived vesicles, cytoplasmic vesicles	Rab6a, Rab6b	Proteomics	N/A	[17]
BicD2	Golgi-derived vesicles, cytoplasmic vesicles	Rab6a, KIF5B	Co-IP, <i>In vitro</i> reconstitution	<i>In vitro</i> reconstitution	[60,61]
BicDL-1	Secretory vesicles	KIF1C, Rab6a, Rab6b	Co-IP, <i>In vitro</i> reconstitution	<i>In vitro</i> reconstitution	[64]
HOOK1	Late endosomes	FTS, AKTIP	Co-IP	Cell lysate isolation	[65,154]
HOOK2	Golgi-derived vesicles	FTS, AKTIP	Co-IP	N/A	[155]
HOOK3	Secretory vesicles	KIF1C	Co-IP, <i>In vitro</i> reconstitution	<i>In vitro</i> reconstitution	[61,62]
SPDL1	Kinetochore	KNTC1, ZW10	Co-IP	Cell lysate isolation	[61,82]
Rab11FIP3	Recycling endosomes	Rab11a	Co-IP	Cell lysate isolation	[61]
NINL	Centrosome	APC	Co-IP, <i>In vitro</i> reconstitution	<i>In vitro</i> reconstitution	[17]
NIN	Centrosome	GSK3 β	Co-IP, <i>In vitro</i> reconstitution	<i>In vitro</i> reconstitution	[17]
CRACR2a	Endosomes	ORAI1, STIM1	Co-IP, <i>In vitro</i> reconstitution	<i>In vitro</i> reconstitution	[63]
Rab45	Endosomes	N/A	Co-IP, <i>In vitro</i> reconstitution	<i>In vitro</i> reconstitution	[63]
CCDC88A	Endosomes	DISC1, AKT1	Co-IP	N/A	[17]
CCDC88B	Lytic granules	DOCK8, HSPA5	N/A	N/A	[17]
CCDC88C	N/A	DVL1	Co-IP	N/A	[17]
NUMA1	Microtubules	LGN, RAE1, SPAG5	IP	N/A	[80]
TRAK1	Mitochondria	KIF5B, Miro	Co-IP	N/A	[66]
TRAK2	Mitochondria, Peroxisomes	KIF5A, KIF5C	Co-IP	N/A	[66]
HAP1	Autophagosomes, BDNF-containing vesicles,	HTT, KIF5B	Indirect IP (interaction with dynactin)	N/A	[75]
RILP	Late endosomes, lysosomes	Rab7, Rab36	Co-IP	N/A	[156]
JIP3	APP vesicles, lysosomes, JNK	APP	Indirect IP	N/A	[157]

^aAbbreviation: Co-IP, coimmunoprecipitation.

dynactin, the dimerization domain prefers an antiparallel conformation. Alternatively, dimerization of the light chains at the unstructured regions of the intermediate chain may restrict conformational freedom of the motor domains by stabilizing the tail domains into an antiparallel orientation (Figure 1C; middle panel).

Regulation of Dynein Stoichiometry by Cargo Adaptors

Recent EM studies showed that the coiled-coil region of a cargo adaptor extends along a lower exposed region of the dynactin filament to recruit a second dynein motor [64,90]. The two dyneins are packed closely together with their motor domains positioned side-by-side (Figure 2A). Their tails make extensive intermolecular contacts, which may reinforce a parallel orientation between the DHCs to favor processive motility.



Trends in Biochemical Sciences

Figure 2. Recruitment of Two Dyneins to Dynactin Increases the Force Generation and Velocity of the Complex. (A) (Left box) The architecture of two dynein tail domains bound to dynactin and the cargo adaptor BicDL-1 (PDB accession: 6F1T). (Right) Schematic representation of the structure with the purported positions of the dynein motor domains and p150 extension. Dynein A binds to the center of the dynactin filament, while dynein B binds dynactin closer towards the barbed end. (B) Complexes assembled with BicDL-1 moves faster than complexes assembled with the BicD2N adaptor. The mean velocities are calculated from Gaussian fits (solid curves, mean ± SEM) (modified from [93]). (C) Complexes assembled with the BicDL-1 adaptor stall at higher forces than complexes assembled with BicD2N (modified from [93]). (D) Recruitment of two dyneins to dynactin by BicDL-1 results in faster movement. Motor domains of the second dynein are dispensable for increased speed. (E) Complexes assembled with BicDL-1 move faster than complexes assembled with BicD2N when recruiting the same number of dynein motors. Abbreviations: BicD2N, Bicaudal D homolog 2; BicDL-1, BicD family-like cargo adaptor 1.

Single-molecule studies revealed that complexes that recruit a second dynein dimer move faster and produce substantially increased forces (Figure 2B,C). Intriguingly, recruitment of two dyneins to a native scaffold (i.e., dynactin and a cargo adaptor) results in faster movement (1.2 μm/s) than complexes with single dynein (0.8 μm/s) (Figure 2B) [64]. This is not consistent with previous *in vitro* studies, which observed little to no change when multiple processive motors are assembled to an artificial DNA scaffold [91,92].

Several models have been proposed to explain the increased speed of dynein supercomplexes. For example, side-by-side positioning of the motors may restrict the intrinsic backward and side-ways stepping behavior of dynein, thus allowing the complex to take a more direct route along

the MT. However, stepping measurements showed that recruitment of second dynein does not alter the frequency of sideways and backward steps, but increases the ATPase activity and the stepping rate [93]. A recent single molecule study suggested that interdimer contacts that occur through the adjacent tail domains increase the stepping rate of the AAA⁺ domains (Figure 2D,E) [93]. It remains to be determined whether these interactions allosterically regulate the motor domains or produce long-range structural rearrangements to increase motor speed. In addition, complexes bound to BicD2 or BicDL-1 exhibit different velocities even when recruiting the same number of motors (Figure 2D) [64,93]. Therefore, cargo adaptors not only activate the dynein–dynactin complex for processive motility but also regulate the velocity and force production of dynein.

Mammalian Dynein–Dynactin Produces Substantial Forces

In contrast to *S. cerevisiae* dynein, early optical trapping measurements found that isolated mammalian dynein produced low forces (0.5–1 pN) *in vitro* [94–97]. This seemingly contrasted with the robust and efficient transport of dynein-driven cargos in cells [38,98]. It has been proposed that dynein forms large teams to generate higher forces required to transport large intracellular cargos. The primary evidence in support of this model comes from optical trapping of beads non-specifically adsorbed to native mammalian dynein purified from brain extract, which observed a 1–2 pN periodicity of peak forces. *In vivo* optical trapping measurements of motile phagocytosed latex beads and purified early/late phagosomes observed stall forces up to nearly 20 pN [56,57,99,100]. It has been proposed that the peak periodicity represents the force production of single or a pair of dynein motors and that large forces (12–20 pN) are generated by more than ten dyneins simultaneously engaging with the MT.

Because initial *in vitro* studies of mammalian dynein used inactive protein, models proposed to explain mammalian dynein behavior differed significantly from those for *S. cerevisiae* dynein. Recent advances in generating recombinant mammalian dynein have allowed for the precise delineation of the motor's force generation in the presence and absence of cargo adaptors. In line with previous *in vitro* measurements, recombinant dynein alone produces 1–2 pN force, yet exhibits primarily diffusive and non-processive motility [101]. In the presence of cargo adaptors, the complexes that primarily recruit a single dynein stall at forces similar to that of *S. cerevisiae* dynein (3.5 pN) [101]. Recruitment of second dynein nearly doubles the force generation (5–7 pN, Figure 2C) [64], consistent with previous reports that multiple dyneins can collectively generate higher mechanical forces than a single motor [56,57]. These studies suggest that retro-grade cargos are driven by a single or a few dynein–dynactin complexes [102], rather than a large ensemble of weak motors.

The underlying reason for the controversy between *in vitro* and *in vivo* force measurements of dynein remains to be elucidated. One major difference between these studies is the absence of clear stalling events of intracellular cargos. It is possible that peak forces measured *in vivo* do not represent the maximum force generation of the motor complex while providing information about the number of motor complexes carrying a cargo. Alternatively, the presence of other motors, cargo adaptors and regulatory complexes on a cargo affects dynein force generation in complex regulatory pathways.

Lis1 Serves as an Assembly Factor of Dynein–Dynactin

Lis1 and **NudE/NudEL** are the only known regulatory proteins that interact directly with the dynein motor domain. Lis1 was initially identified as the causative gene associated with lissencephaly 1 (smooth brain disorder) [103]. Studies in live cells showed that Lis1 is a cofactor required for cellular functions of dynein, including recruitment of dynein to the plus end of MTs,

proper positioning of the spindle positioning, and anchoring of dynein to the cell cortex [43,104–107]. These studies also led to the discovery of NudE/NudEL, which are homologous proteins that bind to Lis1 and participate in dynein regulatory functions [108–112].

The mechanism by which Lis1/NudEL regulates dynein remained enigmatic. *In vivo* studies suggested that Lis1 is required for targeting dynein to the MTs, and it dissociates from dynein to initiate transport [105–107]. However, *in vitro* studies on isolated *S. cerevisiae* and mammalian dynein initially reported contradictory observations that Lis1 stimulates dynein activity [113,114], or exerts an inhibitory effect that is relieved upon binding of NudEL [115]. Recent structural and single-molecule studies on *S. cerevisiae* dynein have elucidated a more complex mode of regulation [116]. Specifically, Lis1 binding near the AAA3 site increases the MT binding affinity and displaces the linker domain from its docking site at AAA5, thereby inhibiting or reducing the speed of dynein motility [117]. Depending on the nucleotide state of the AAA3 site, the second β -propeller domain of a Lis1 dimer binds to the coiled-coil stalk and reduces the MT affinity of dynein, thereby increasing the speed of the complex [116].

Recent studies showed that Lis1 increases the frequency and velocity of active mammalian dynein–dynactin *in vitro* [43,114,118]. These studies proposed that the main role of Lis1 is to promote the formation of dynein–dynactin complexes containing two dynein dimers (Figure 3) [119,120]. According to this model, Lis1 binds to dynein in the open conformation and prevents switching back to the phi conformation. Therefore, Lis1 increases the efficiency of the first dynein to assemble a complex with dynactin and a cargo adaptor, and increases the likelihood of complexes to recruit two dyneins [119,120]. In support of this model, human Lis1 binds to dynein at a region of AAA3/4 that is not accessible in the phi particle and has a higher affinity for dynein mutants that are predominantly in the open state [120]. Lis1 binding may also promote a parallel orientation of the motor domains [120], but this model needs to be further tested by cryo-EM. Lis1 does not colocalize with moving cargoes [121,122], consistent with the observation that Lis1 dissociates from dynein–dynactin during or after the complex formation *in vitro* [119,120]. The *S. cerevisiae* homolog Pac1 was also found to promote the active conformation of dynein, suggesting that this mechanism is conserved in eukaryotes [123]. Consistent with these results, the requirement of Lis1 and NudE in HookA-mediated dynein activation in *Aspergillus nidulans* can be bypassed by expressing a dynein mutant incapable of forming the phi conformation [124].

Intracellular Cargo Transport: Integrating Information from *in vitro* Studies

The ability to reconstitute active dynein–dynactin complexes and in-depth structural and biophysical studies *in vitro* have provided unprecedented insight into the activation and regulation of dynein motility. However, how dynein is recruited to specific cargoes and its motility is coordinated

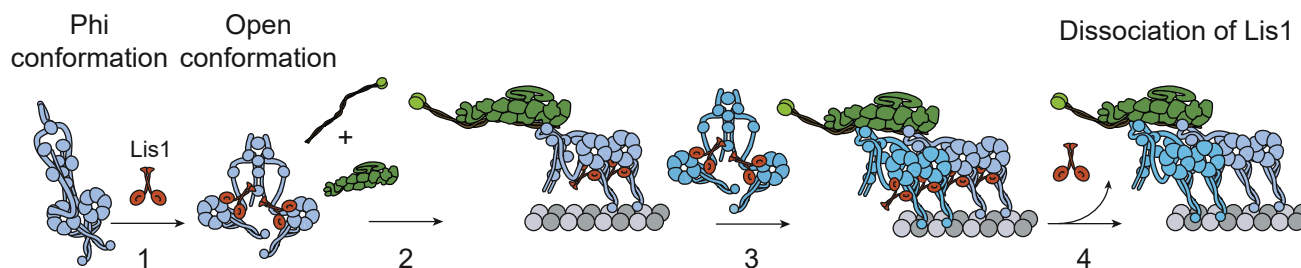


Figure 3. Lis1 Promotes the Assembly of Two Dynein Dimers onto Dynactin. (1) Lis1 preferentially binds to and stabilizes dynein when it is in the open conformation. (2) Dynein has a higher affinity for dynactin in the open conformation. (3) Lis1 recruits a second open dynein to dynactin. (4) Lis1 dissociates from most of the activated two dynein complexes after the assembly.

with plus-end-directed kinesin to determine which direction the cargo moves remain unclear. Recent studies in live cells have provided fresh insight into these questions.

Dynein-Mediated Intracellular Transport

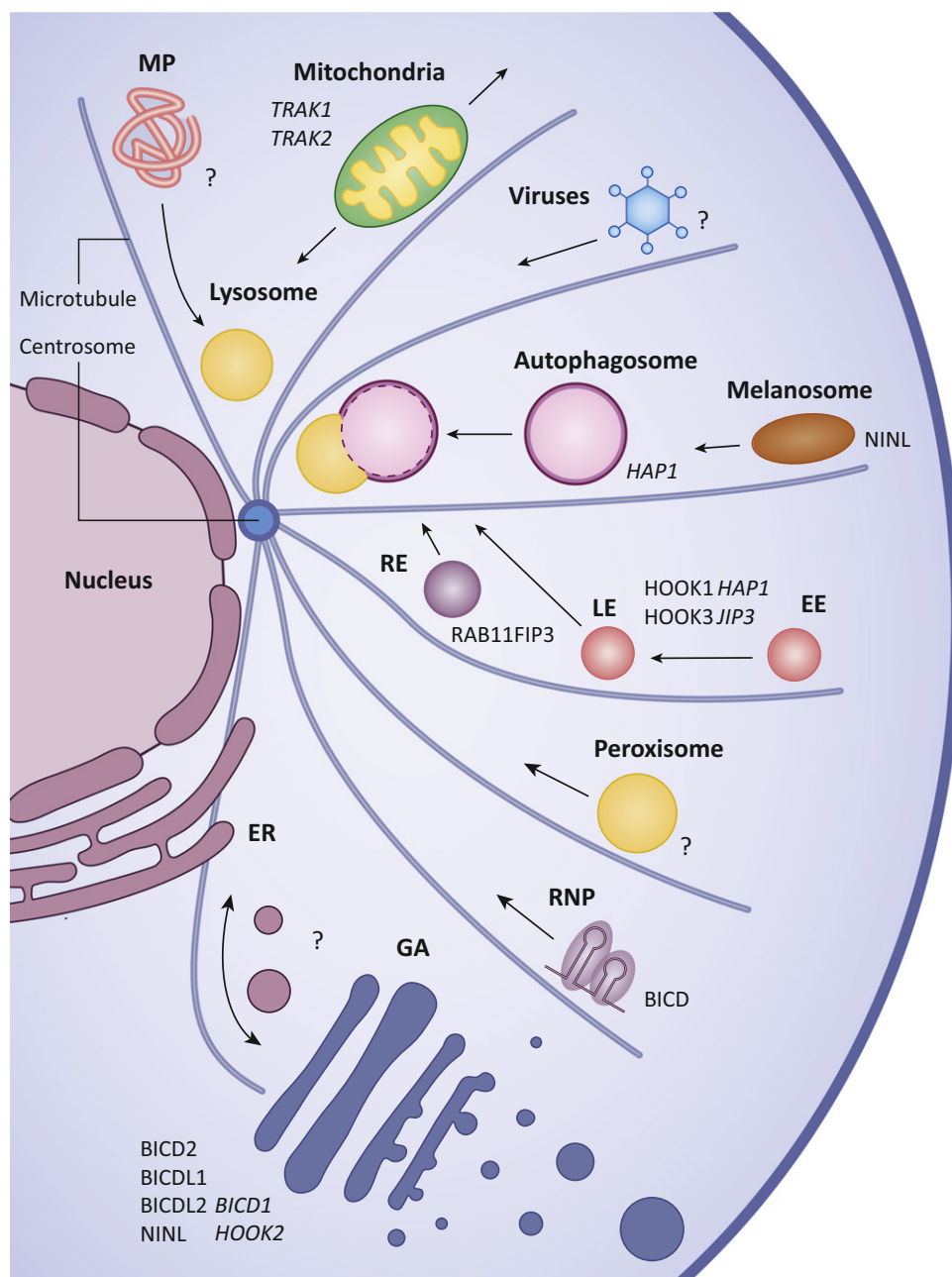
Despite the key role that cargo adaptors play in activating dynein motility, it remains to be demonstrated if cargo adaptors serve as a general mechanism for recruiting the active motor complex to its cargoes. Although numerous cargo adaptors have been shown to activate dynein, only a subset of adaptors have been shown to interact directly with intracellular cargoes (Figure 4). The strongest evidence in support of this model is based on experiments with the BicD/BicDL and Hook family of cargo adaptors. Both BicD2 and BicDL-1 have been shown to regulate Golgi vesicle transport in mammalian cells by interacting through their C-terminal regions with the Rab6 family of small GTPases [8,58,125–127]. BicD1 also functions in the Golgi transport pathway [58], but it has not yet shown to be a bona-fide cargo adaptor *in vitro*. Additionally, BicD2, along with its *Drosophila* homolog BicD, interacts with the RNA-binding protein Egalitarian to facilitate long-range mRNA transport [128–130]. Several *in vitro* reconstitution studies established that Egalitarian and an mRNA are required to disrupt an autoinhibited BicD/BicD2 conformation in order to enable formation of the activated dynein complex [129,130]. Within the Hook family, Hook1 and Hook3 have both been shown to regulate endosomal trafficking in several endocytic pathways [131–133]. While Hook3 has been shown to activate dynein through *in vitro* reconstitution experiments, the purported role of Hook1 as a dynein activator has been demonstrated in cell lysates [134].

The physiological significance for recruiting two dyneins to dynactin remains unclear. One possibility is that cargo adaptors control the number of dyneins recruited to dynactin to regulate dynein-mediated transport [64]. *In vitro* reconstitution studies showed that BicDL-1 recruits two dyneins, while BicD2N primarily recruits a single dynein [64]. Complexes that recruit two dyneins move faster, travel longer distances on a MT, and produce substantially increased forces [64], and this may lead to more efficient transport in the retrograde direction. Consistent with this idea, overexpression of BicDL-1 relative to BicD2 increases the mean velocity of Rab6 vesicles in the retrograde direction [60], whereas reduction of BicDL-1 expression relative to BicD2 leads to increased anterograde transport of Rab6 secretory vesicles [126]. Alternatively, full-length BicD2 also recruits two dyneins to dynactin in the presence of Lis1. While these complexes produce higher forces, they still move slower than complexes assembled with BicDL-1 [64,93]. It remains to be established whether the differences in motility and force generation of dynein-dynactin assembled with BicDL-1 can account for the shift of balance of bidirectional transport in dynein's favor, relative to complexes assembled with BicD2N.

Coordination of Bidirectional Transport

How does the cell determine which direction the cargo moves? Most cargoes simultaneously recruit plus- and minus-end-directed motors. These opposite polarity motors compete to determine which direction the cargo moves, but they also need each other to return back to their origin of transport. Inhibition of kinesin not only decreases anterograde transport, but retrograde transport is also similarly reduced, usually within minutes [135]. Similarly, dynein inhibition leads to a significant reduction in anterograde transport [136–138].

There is a range of cargoes that exhibit unidirectional movement without frequent pausing and backward movement, indicating that tight coordination exists between motors of opposite polarity [43,139]. For example, intraflagellar transport (IFT) is driven by kinesin-2 in the anterograde direction, and dynein-2 in the retrograde direction. When kinesin-2 drives anterograde IFT, dynein-2 is autoinhibited and facing away from the MT [140]. As a result, transport of IFT trains along the



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Figure 4. Cargo Adaptors Link Dynein to Intracellular Cargos. Schematic representation of the intracellular cargoes that dynein transports within the cell. Cargo adaptors that are confirmed through *in vitro* reconstitution to activate dynein are shown in regular font, while hypothesized adaptors are italicized. Question marks indicate cargoes where the identity of the adaptor remains unknown. Arrows indicate direction of intracellular cargo transport. Abbreviations: BICD, Bicaudal D; BICD1/2, Bicaudal D homolog 1/2; BICDL1/2, BICD family-like protein 1/2; EE, early endosome; ER, endoplasmic reticulum; GA, Golgi apparatus; HAP1, huntingtin-associated protein 1; JIP3, JNK-interacting protein 1; LE, late endosome; MP, misfolded protein; NINL, Ninein-like protein; RE, recycling endosome; RAB11FIP3, Rab11 family-interacting protein 3; RNP, ribonucleic particle; TRAK1, trafficking kinesin-binding protein 1 (also known as OIP-106); TRAK2, trafficking kinesin-binding protein 2 (also known as GRIF-1).

length of cilia is often smooth, without frequent pauses and reversals [141,142]. Once IFT trains arrive at the ciliary tip, kinesin-2 is either inactivated or decoupled from IFT cargoes before retrograde transport occurs [140,143]. It has been reported that this 'hand-off' process is regulated by post-translational modifications, but the precise mechanism of IFT turnover remains to be elucidated [144]. It is possible that IFT trains spontaneously disassemble once they arrive at the ciliary tip and reassemble in a manner different from their assembly at the ciliary base, such that dyneins now face towards the MT, while the kinesin binding site is either blocked or facing away from the MT in retrograde trains. Alternatively, motors may be regulated by signaling proteins that interact with tip tracking proteins at the MT plus end [145,146].

Unlike IFT, most cargoes exhibit pauses and reversals as they are transported in neurons [135,147–150]. It has been proposed that these reversals may be due to a mechanical 'tug-of-war' between opposite polarity motors. However, *in vitro* tug-of-war experiments fail to exhibit frequent reversals and often resulted in slow motility along the direction of a winning motor [56,57]. This is in contrast with intracellular cargoes that usually move at near the full speed of the winning motor in between frequent reversals [138,151]. Therefore, it is unlikely that kinesin and dynein continuously compete in a tug-of-war during intracellular transport. Instead, opposite polarity motors on a cargo may be regulated *in trans* to prevent a continuous tug-of-war and slowdown of motility. This regulatory mechanism may shut off transiently for a tug-of-war between kinesin and dynein, which would lead to a pause. It may also or switch the active motor carrying the cargo, which would lead to a reversal of cargo transport.

Several studies suggested that cargo adaptors play a major role in regulating the directionality of intracellular cargoes. Recent studies found that Hook3 simultaneously binds dynein–dynactin and kinesin-3 [152]. Unlike previous tug-of-war assays that used artificial scaffolds, these complexes moved at full speed in the direction of a winning motor [152]. However, the kinesin-3–Hook3–dynein complex did not exhibit pausing or reversals. It is possible that the reversals are not frequent enough to observe at a limited length of MTs used in *in vitro* assays (~10 µm). Alternatively, switching between anterograde and retrograde transport could be regulated by other factors missing from these *in vitro* experiments [153]. Future structural and biophysical experiments will be required to assess whether cargo adaptors directly determine which direction the cargo moves by controlling the activity of dynein and kinesin motors.

Concluding Remarks and Future Perspectives

The past decade has witnessed a dramatic advancement in our understanding of the mechanism and regulation of dynein motors. High-resolution EM has revealed the structure of isolated dynein and the detailed structural changes that occur upon binding to dynactin and a cargo adaptor that activate dynein for processive motility. Single-molecule experiments revealed how cargo adaptors regulate motility and force production of mammalian dynein. Despite these advances, we still do not have a comprehensive list of cargo adaptors that specifically recruit dynein to hundreds of cargoes inside cells. Of particular interest will be to understand how cargo adaptors that bind both kinesin and dynactin regulate the net directionality of the complex. It will also be important to determine whether other cofactors contribute to regulating directionality (see [Outstanding Questions](#)). *In vitro* reconstitution of MT motors, cargo adaptors, and their regulatory components will play an especially important role in this effort. Furthermore, integration of these *in vitro* reconstitution conditions with detailed biophysical and structural experiments will allow us to dissect the complex mechanistic features of the MT transport machinery. Ultimately, these approaches will advance the field towards understanding the mechanism and regulation of bidirectional cargo transport along MTs.

Outstanding Questions

In addition to already identified cargo adaptors, what other adaptors activate dynein for processive motility? There is a growing list of candidate adaptors obtained from studies in live cells and these need to be verified *in vitro*.

How do cargoes recruit kinesin and dynein motors and regulate their activity to move in a particular direction along MTs?

What are the molecular cues that govern transient reversals and pauses of intracellular cargoes?

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