

1 **Molecular tradeoffs in soil organic carbon composition at continental scale**

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25 The molecular composition of soil organic carbon remains contentious. Microbial-, plant-,
26 and fire-derived compounds may each contribute, but do they vary predictably among
27 ecosystems? Here we present carbon functional groups and molecules from a diverse
28 spectrum of North American surface mineral soils, primarily collected from the National
29 Ecological Observatory Network, quantified by nuclear magnetic resonance spectroscopy
30 and a molecular mixing model. Soils varied widely in relative contributions of
31 carbohydrate, lipid, protein, lignin, and char-like carbon, but each compound class had
32 similar overall abundance. Three principal component axes explained 90% of the variance
33 in carbon composition: the first showed a tradeoff between lignin and protein, the second
34 showed a tradeoff between carbohydrate and char, and the third was explained by lipids.
35 Reactive aluminum, crystalline iron oxides, and pH plus overlying organic horizon
36 thickness best explained variation along each respective axis; these predictors were
37 ultimately related to climate. Together, our data point to continental-scale tradeoffs in soil
38 carbon molecular composition which are linked to environmental and geochemical
39 variables known to predict carbon mass concentrations. Controversies regarding the
40 genesis of soil carbon and its potential responses to global change can be partially
41 reconciled by considering diverse ecosystem properties that drive complementary
42 persistence mechanisms.

43 Soil organic carbon (SOC) is generally understood to comprise a diverse suite of
44 biomolecules representing the decomposition products of plant and microbial biomass and the
45 imprint of abiotic processes such as fire^{1,2}. However, the fundamental mechanisms controlling
46 the molecular composition of SOC within and among mineral soils remain contentious³. Do
47 disparate soils converge along a predictable molecular continuum of SOC composition driven by

48 the inexorable transformation of plant detritus to a consistent suite of low-molecular-weight
49 decomposition products^{1,4-6}? Or conversely, do diverse biogeochemical factors such as climate,
50 vegetation, or mineralogy lead to distinct molecular differences in SOC among ecosystems^{7,8}?
51 We can increasingly predict the spatial distribution of SOC as a function of biogeochemical
52 properties⁹, as well as the partitioning of SOC between particulate and mineral-associated
53 pools¹⁰. An equivalent framework for predicting SOC molecular composition among ecosystems
54 remains elusive but could inform our understanding of the functional properties of SOC and its
55 dynamics under global change^{3,11}.

56 Debates on the importance of different mechanisms of SOC persistence rest in part on our
57 contested understanding of its molecular composition. Plant-derived aromatic compounds like
58 lignin were historically thought to dominate SOC due to their macromolecular structure¹², which
59 requires strong oxidants for depolymerization¹³. Subsequent work challenged this view by
60 demonstrating that aromatic and lignin-like moieties may be minor constituents⁵ that decompose
61 faster than bulk SOC^{14,15}. Microbial necromass and low-molecular-weight decomposition
62 products (carbohydrates, proteins, and lipids) have assumed key roles in current SOC paradigms
63 given the potential for efficient microbial metabolism and recycling of these molecules. In this
64 view, SOC persistence does not derive from chemical complexity¹⁶ or stability but rather from
65 protective physico-chemical interactions with minerals and aggregates with microbial detritus
66 playing a dominant role^{6,17-21}.

67 However, the importance of microbial vs. direct plant contributions to SOC could vary
68 among ecosystems²². Microbial growth and necromass production may be decoupled from SOC
69 accumulation in stressful environments where decomposition is inefficient²³. Significant
70 contributions of lignin and other plant-derived compounds to mineral-associated SOC were

71 recently observed^{24–26}. In fact, lignin-derived C may have been systematically underestimated
72 due to methodological biases^{25,27,28}. Finally, char-like molecules presumably derived from
73 pyrolytic decomposition are prevalent in many ecosystems^{29,30} despite evidence that the
74 increased stability of these molecules does not guarantee long-term persistence^{31,32}. In spite of
75 significant theoretical and empirical progress^{3,10,33}, we still lack a consistent framework for
76 reconciling potential controls on SOC molecular composition across diverse ecosystem types.
77 Such a framework would enhance our conceptual understanding of the origins and persistence of
78 soil carbon to inform modeling and management of this critical resource.

79 Here, we leveraged a unique sample archive and datasets provided by the National
80 Ecological Observatory Network (NEON), along with additional samples, to characterize SOC
81 molecular composition and its relationships with biogeochemical factors across 42 North
82 American surface mineral soils (Extended Data Fig. 1). Samples spanned 11 of the 12 US
83 Department of Agriculture soil orders (all except Histosols, which were explicitly excluded) and
84 the major ecosystem gradients of North America (tropics to tundra; Supplementary Table 1,
85 Extended Data Fig. 2). We quantified the molecular functional groups of bulk SOC of
86 demineralized samples using solid-state ¹³C cross-polarization magic-angle-spinning (CPMAS)
87 nuclear magnetic resonance (NMR) spectroscopy. We confirmed the robustness of results by
88 assessing sample pretreatment and analytical biases in companion measurements employing
89 cross- and direct-polarization NMR (Supplementary Discussion; Supplementary Tables 1–6,
90 Supplementary Figures 1–5).

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92 **Molecular variation in SOC at the continental scale**

93 The ^{13}C CPMAS NMR spectra (Extended Data Fig. 3) illustrated substantial variability in SOC
94 molecular composition (Fig. 1a). Across all samples, O-alkyl, alkyl, and aromatic C were the
95 largest constituents, with mean values of 23%, 22%, and 21% of total SOC, respectively; each
96 varied as much as 2.5-, 3.4-, and 2.8-fold among samples (Fig. 1a). Amide/carboxyl C was less
97 abundant (13%; $P < 0.05$) but was greater than phenolic, N-alkyl/methoxyl, and di-O-alkyl C,
98 which each comprised 7% of SOC, on average (Fig. 1a). These results challenge a previous
99 literature synthesis of similar measurements, where disparate soils tended towards a consistent
100 ranking of C functional groups (O-alkyl > alkyl > aromatic > carbonyl)⁵. Across our diverse
101 soils, no constituent was dominant overall, and either O-alkyl, alkyl, or aromatic C could
102 predominate within an individual sample.

103 The molecular mixing model implied that five constituent molecules had similar relative
104 abundance across the dataset as a whole: carbohydrate, lignin, lipid, protein, and char comprised
105 mean values of 21%, 21%, 18%, 18%, and 17% of SOC, respectively (Fig. 1b). Despite their
106 similar means, these molecules varied greatly among soils, by as much as 4-, 33-, 46-, 10-, and
107 6-fold, respectively. Carbonyl C which represented the oxidized products of various molecules
108 was consistently less abundant (5% of SOC). To illustrate molecular changes during
109 decomposition, we compared these SOC data with previous litter measurements conducted using
110 comparable NMR methods (Supplementary Table 7). Although highly variable among
111 ecosystems, litter is typically dominated by carbohydrates (36–80%; mean 56%), with lesser
112 contributions from lignin (12–43%; mean 24%), lipids (0–21%; mean 8%) and proteins (0.3–
113 28%; mean 7%). Litter data available from a subset of the forested NEON sites also had a mean
114 lignin content of 24% (Extended Data Fig. 2). Therefore, on average, SOC from our surface
115 mineral soils (Fig. 1b) tended to have less carbohydrate, similar lignin, and more lipid and

116 protein as compared with typical organic matter inputs, even after accounting for carbohydrate
117 losses during HF treatment (Supplementary Information). Our data are consistent with the
118 emerging consensus that readily decomposable biomolecules, especially carbohydrates and
119 proteins, are often important SOC components³³, and they reinforce the importance of lipids^{1,4}.
120 However, our data challenge the view that lignin is disproportionately lost relative to other
121 molecules as microbes degrade litter to form SOC^{5,14,15}. Although variable, mean lignin
122 abundance in SOC (21%) was similar to the other dominant molecules and similar to mean lignin
123 abundance in litter.

124 Some SOC molecules covaried with vegetation and management characteristics
125 (Extended Data Fig. 4). Lignin was significantly greater (23% vs. 16%) and protein was a
126 smaller component (15% vs. 23%) of SOC in forests than grasslands/shrublands ($P < 0.05$). Char
127 was greater in ecosystems experiencing periodic prescribed fire (22% vs. 16%, $P < 0.05$), but
128 intriguingly, char was not limited to fire-prone ecosystems. All soils contained measurable char
129 (> 6%). Interpretation of char-like C remains contentious, as it might be produced by non-fire-
130 related processes³⁴. However, the fact that char significantly increased in soils with a known
131 history of fire (Extended Data Fig. 4) indicates the importance of pyrogenesis. Five soils were
132 from perhumid climates where mean annual precipitation (MAP) exceeded potential
133 evapotranspiration (PET) by > 1 m (Supplementary Table 1). This implicates a plausible role for
134 ancient or anthropogenic fire in producing extant char. For example, anthropogenic charcoal
135 production, but not natural fire, was documented in the rainforests of the Luquillo Mountains,
136 Puerto Rico³⁵, where two samples were collected.

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138 **Consistent molecular tradeoffs linked to ecosystem factors**

139 Molecules covaried in predictable ways within samples despite high variability in composition
140 among samples. Lignin and carbonyl C were positively correlated while lignin and protein, and
141 carbohydrate and char, were each negatively correlated (corrected $P < 0.01$, $P < 0.0001$, and $P <$
142 0.0001 , respectively; Extended Data Fig. 5). Principal components analysis showed that the
143 correlation matrix of SOC molecules was dominantly explained ($R^2 = 0.90$) by three axes, which
144 we rotated orthogonally to maximize interpretability and thus refer to as rotated components
145 (Fig. 2, Supplementary Table 3). The first rotated component (RC1) scores were positively
146 correlated with lignin ($r = 0.9$) and carbonyl ($r = 0.8$) and negatively correlated with protein ($r = -$
147 0.8 ; Fig. 2a, Extended Data Fig. 6). The second rotated component (RC2) scores were positively
148 correlated with carbohydrate ($r = 0.88$) and negatively correlated with char ($r = -0.92$). The third
149 rotated component (RC3) scores were strongly correlated with lipid ($r = -0.98$) and weakly
150 correlated with other molecules ($r < 0.53$). The molecular tradeoffs implied by the RC axes
151 indicated the importance of multiple SOC persistence mechanisms enabling differential accrual
152 of molecules among ecosystems.

153 To assess potential mechanisms underlying observed variation in SOC composition, we
154 analyzed correlations between molecule relative abundance and biogeochemical predictors and
155 performed multiple regression analyses and structural equation models (SEMs) for each RC axis.
156 Several SOC molecules showed significant correlations with geochemical, biological, and
157 climate variables (Fig. 3, Extended Data Fig. 7, Extended Data Fig. 8). Lignin and carbonyl C
158 correlated positively with concentrations of oxalate-extractable aluminum (Al_o), which
159 represents Al in short-range-ordered (SRO) mineral phases and/or organo-metal complexes that
160 can protect SOC from microbial decomposition³⁶. In contrast, protein had a negative correlation
161 with Al_o and with copy numbers of the fungal internal transcribed spacer (ITS) region, and a

162 positive correlation with pH. Lipid C correlated negatively with mean annual temperature
163 (MAT), pH, and sulfate-extractable calcium and magnesium ($\text{Ca}_s + \text{Mg}_s$), which may participate
164 in cation bridging with clay minerals. Lipid C correlated positively with the thickness of the
165 overlying organic (O) horizon, which in turn had a strong negative relationship with MAT (Fig.
166 4).

167 Consistent with these pairwise correlations, different sets of variables best predicted
168 variation along each RC axis (Extended Data Fig. 9). We present multiple models fit by
169 backwards selection using more conservative ($P < 0.01$) and liberal ($P < 0.05$) variable selection
170 criteria, respectively (Methods). We also compared models fit to the NEON samples only vs. the
171 complete dataset, given that not all potential predictors were available for all samples (e.g., root
172 and microbial data). Across all models, Al_o concentration was the best predictor of RC1 ($r =$
173 $0.63\text{--}0.69$, $P < 0.001$), with increasing values reflecting greater lignin vs. protein. The more
174 liberal models indicated that $\text{Ca}_s + \text{Mg}_s$, forest vegetation, and prescribed fire were also
175 positively correlated with RC1, as was ITS copy number. For RC2, crystalline iron mineral
176 concentration (Fe_{d-o}) was a consistently important predictor across models ($r = 0.28\text{--}0.48$, $P <$
177 0.01), which was associated with increased carbohydrate vs. char. The liberal models also
178 indicated a negative correlation of RC2 with mineral horizon thickness and fine root C:N, and a
179 positive correlation with fine root biomass. For RC3, soil pH and O horizon thickness were the
180 strongest predictors ($r = 0.40\text{--}0.60$, $P < 0.001$); MAP-PET and fine root C:N also correlated
181 positively with RC3. The more acidic soils with thicker O horizons were associated with greater
182 lipid relative abundance.

183 The SEMs showed that the strongest biogeochemical predictors of SOC composition
184 were ultimately related to climate, either directly, or via proxies for soil development which were

185 also related to climate (thickness of the O horizon and surface mineral genetic horizon; Fig. 4).
186 Concentrations of Al_0 increased with MAP-PET (excess moisture drives dissolution of Al-
187 bearing minerals³⁷) and decreased with MAT. Similarly, $\text{Fe}_{\text{d}-\text{o}}$, which accumulates as soils
188 progressively weather, also increased with MAP-PET. Temperature impacted SOC composition
189 both directly and indirectly. Increasing MAT decreased O horizon thickness, consistent with
190 increased decomposition of unprotected organic matter with warmer temperature³⁸. Organic
191 horizon thickness was directly linked to RC3, and also indirectly linked via effects on pH (O
192 horizons may promote acidification by leaching organic acids³⁹). Thinner O horizons were also
193 associated with thinner mineral surface genetic horizons in our dataset, possibly reflecting
194 differences in soil profile development related to litter decomposition rates. Surface mineral
195 horizon thickness, in turn, was proximately linked to SOC composition (RC2). Including
196 vegetation type or fire did not improve any of the SEMs, possibly because these factors were
197 adequately reflected by climate or soil-horizon-related variables.

198 The relationships between SOC composition and biogeochemical predictors observed
199 here provide a molecular-level explanation for trends in SOC content among ecosystems noted
200 elsewhere. The concentration of Al_0 is among the best predictors of SOC content at local to
201 global scales^{9,40}, reflecting its formation of protective complexes with SOC³⁶. Our data imply
202 that specific geochemical associations between lignin- and carbonyl-derived SOC and Al_0 could
203 explain increases in SOC content with Al_0 among soils. The finding that lignin was the only
204 molecule whose relative abundance significantly increased with SOC content (Fig. 3) also
205 accords with this interpretation. A strong Al_0 -lignin relationship is consistent with previous
206 evidence of ligand exchange by carboxylated aromatics on SRO ordered Al phases⁴¹ and high
207 concentrations of lignin-derived C observed in humid tropical soils rich in SRO phases^{25,40,42}.

208 While lignin was greater in forested than non-forested soils (Extended Data Fig. 4), the
209 relationship between lignin and Al_0 —and ultimately, climate—was much stronger than the
210 relationship with vegetation (Figs. 3,4, Extended Data Table 3). Relationships between Al_0 and
211 lignin partially reconcile aspects of old and new SOM paradigms: lignin-derived C may
212 contribute significantly to SOC in some soils¹² (Fig. 1), but not because of inherent
213 recalcitrance^{31,32}. Rather, lignin (and carbonyl C, which was strongly correlated with lignin) may
214 vary among ecosystems as a function of geochemical context. Our statistical models also
215 supported a role for Ca and Mg in protecting lignin; these cations can provide protective bridging
216 between anionic SOC functional groups and negatively charged mineral surfaces⁹. Minerals and
217 metals are effective predictors of SOC content^{31,36}, and interactions with specific SOC molecules
218 may underlie these patterns.

219

220 **Complementary mechanisms of SOC persistence**

221 The first observed tradeoff, between lignin and protein (Figs. 2,5), may reflect multiple
222 underlying mechanisms. First, where SRO mineral phases (i.e., Al_0) and physicochemical
223 protection are scarce, protein relative abundance may increase because it is a major microbial
224 biomass component that can be efficiently recycled between living and dead microbes, whereas
225 most lignin C is decomposed to carbon dioxide^{18,21}. Second, in acidic soils, low abundance of
226 protein (Fig. 3) vs. lignin may be driven by inefficient litter decomposition and low microbial
227 necromass production²³. Third, the negative correlation between fungal ITS copies and protein
228 (Fig. 3) suggests that fungi may play a role in the lignin-protein tradeoff. Fungi are dominant
229 decomposers of lignin¹³ but have a higher biomass C:N (lower protein content) than bacteria⁴³.
230 Finally, the observed tradeoff between lignin and protein in SOC could reflect the fundamental

231 role of the lignin:N ratio in controlling litter decay rates. Protein is a dominant soil N pool, and
232 limited N availability to produce lignin-degrading enzymes could constrain lignin mass loss⁴⁴.

233 The second observed tradeoff, between carbohydrate and char (Figs. 2,4), was most
234 closely linked to Fe_{d-o}. Crystalline Fe phases are protective sorbents that may promote soil
235 aggregation^{36,41,42}, and these physicochemical protection mechanisms may explain increased
236 relative abundance of carbohydrate, an easily decomposed molecule. Increasing quality (lower
237 C:N ratios) and quantity of fine root biomass were also associated with greater carbohydrate. In
238 contrast, char became more abundant as Fe_{d-o} and fine root quantity and quality decreased. We
239 interpret this second tradeoff as follows: where physicochemical protection is lacking, a complex
240 molecular structure involving a greater diversity of bond types and more stable bonds (such as
241 those contained in polycyclic aromatic char-like SOC) becomes increasingly important. Accepting that
242 molecular structure alone cannot guarantee long-term persistence³², the logistical challenges of
243 char decomposition^{16,29} may increase its relative contribution to SOC where other protection
244 mechanisms are unavailable and root C inputs are small.

245 The third SOC axis was related most strongly to lipid content (Figs. 2,4). Temperature
246 and pH are known to impact SOC content of mineral soils^{9,38}, and our data indicate that this may
247 be influenced by lipid accrual (Figs. 3,4). Lipids were largely independent of other molecules
248 and increased in cold, acidic soils with thick overlying organic horizons, comprising up to 59%
249 of SOC. Constraints on microbial physiology may promote lipid persistence. Lipids are the most
250 chemically reduced constituents of SOC, requiring greater activation energy for oxidation than
251 other compounds⁴⁵. Because decomposition reactions are temperature dependent, the Arrhenius
252 equation predicts that molecules with the highest activation energies (i.e. lipids) exhibit the
253 greatest increase in decomposition rate with increasing temperature if other protection

254 mechanisms are unavailable³⁸. As such, accrual of lipids in cold mineral soils is consistent with
255 thermodynamic expectations.

256 Collectively, our continental-scale dataset supports a concise new framework for
257 understanding multiple complementary mechanisms of SOC persistence among ecosystems (Fig.
258 5). Debates as to the relative importance of microbial necromass vs. lignin in SOC^{20,21,25,28} can be
259 reconciled in part by considering the biogeochemical heterogeneity of ecosystems: necromass
260 may be more important than lignin where reactive Al phases are scarce, and vice-versa.
261 Similarly, the contested role of molecular stability in SOC persistence^{16,31,32} is also illuminated
262 by examination of broad ecosystem gradients: where physicochemical protection mechanisms
263 mediated by Fe are scarce and high-quality root C inputs are small, char assumes a more
264 important role. Finally, differences in temperature and pH among ecosystems were ultimately
265 linked to lipid abundance, informing debates as to which SOC forms may be most impacted by
266 near-term warming and acidification^{38,46}. Over longer timescales, temperature and moisture
267 influence all three axes of this conceptual framework via soil development (Fig. 4). Collectively,
268 our data point to the power of a macrosystems approach in reconciling paradigmatic
269 controversies in SOC research.

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380

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387

388 **Author contributions**

389 S.J.H., S.R.W., and W.C.H. developed the research concepts, C.Y. and W.C.H. conducted the
390 NMR analyses, S.J.H., C.Y., S.R.W, and W.C.H. analyzed data, and S.J.H. and C.Y. wrote the
391 paper with contributions from all authors.

392

393 **Competing interests**

394 The authors declare no competing interests.

395

396 **Additional Information**

397 **Supplementary Information** is available for this paper.

398

399 **Figure Captions**

400 **Fig. 1: Boxplots of carbon abundance as the fraction of total SOC in each sample.** Values
401 were determined directly from ^{13}C CPMAS NMR peak areas (**a**) and by applying a molecular
402 mixing model (**b**). Grey dots represent observations ($n = 42$). Center lines are medians; box
403 limits are upper and lower quartiles; whiskers are 1.5x the interquartile ranges; points are
404 outliers.

405

406 **Fig. 2: Rotated principal components analysis of SOC molecules.** RC1, RC2, and RC3
407 represent rotated components 1–3, which respectively explained 35%, 29%, and 26% of the total
408 variation (90% overall) in the correlation matrix of SOC molecule relative abundance. Grey dots
409 represent soil samples, and labeled green arrows indicate correlations between SOC molecules
410 and RCs, with the correlation coefficient indicated on the top and right axes (carbohyd denotes

411 carbohydrate). Several samples with RC values > 3 (Supplementary Table 3) are not shown for
412 clarity.

413

414 **Fig. 3: Heatmap of correlations (r) between SOC molecules and biogeochemical predictors.**

415 The symbols *, **, and **** denote corrected significance at $P < 0.05$, $P < 0.01$, and $P < 0.0001$,
416 respectively. MAT, mean annual temperature; MAP-PET, mean annual precipitation minus
417 potential evapotranspiration. Additional descriptions of biogeochemical predictors and any data
418 transformations are provided in the Methods and Supplementary Table 5.

419

420 **Figure 4: Parsimonious structural equation models of SOC molecular composition.** The
421 response variables (RC1, RC2, RC3) are the rotated principal components of SOC molecule
422 relative abundance. Solid yellow and blue lines indicate significant positive or negative
423 piecewise relationships between variables ($P < 0.05$). Dashed lines indicate non-significant
424 piecewise relationships that improved overall model fit as indicated by comparing AIC of nested
425 models. Numbers in boxes are scaled correlation coefficients. Fisher's C statistic refers to the test
426 of the overall model fit, where high P values indicate plausibility of the overall model.

427

428 **Figure 5: Conceptual model of three-dimensional tradeoffs in SOC composition linked to**
429 **complementary persistence mechanisms as supported by our data.** Soil samples fall within a
430 spherical space indicating the relative predominance of different SOC molecules, which are
431 constrained according to three major axes of variation. The location of a sample along each axis
432 indicates the relative importance of different SOC persistence mechanisms as described in the
433 text.

434

435 **Methods**

436 **Soil sampling and analysis.** We analyzed the molecular SOC composition of surface mineral
437 soil samples spanning 32 sites in the NEON Megapit archive, along with 10 additional soils
438 which were selected to encompass additional diversity in biogeochemical characteristics
439 (Supplementary Table 1). Vegetation included forests (n = 29) and grasslands or open canopy
440 shrublands (n = 13), including both managed (burned or grazed) and wildland sites. Soils were
441 sampled from the upper-most mineral soil horizon at a given site (organic horizons were
442 excluded); complete soil profile descriptions for the NEON sites are provided in Supplementary
443 Table 2. Briefly, in the dominant soil and vegetation type at each NEON terrestrial site, a soil
444 profile was characterized and sampled by horizon with the help of US Department of Agriculture
445 Natural Resource Conservation (NRCS) staff and archived by NEON^{47–49}. We requested
446 subsamples of A horizon material from each site in the Megapit archive that was available in
447 September 2019. The Gellisols had extensive organic (O) horizons, such that we requested
448 material from the mineral horizon closest to the surface (described as Bg/Oajj, A/Cjj, and Bg at
449 BONA, HEAL, and TOOL, respectively; Supplementary Table 1). The 10 non-NEON samples
450 analyzed here were each collected from 0–10 cm depth with a clean shovel after removing any
451 litter or O horizon material. All soils were air dried to constant mass and sieved to 2 mm. Visible
452 root fragments were removed with tweezers and soils were finely ground with a mortar and
453 pestle prior to subsequent analyses.

454

455 *¹³C CPMAS NMR analyses and sample preparation* All 42 samples were prepared for NMR
456 analyses, allowing a comparative characterization of organic C molecular composition. In order

457 to increase the NMR sensitivity and remove paramagnetic materials, soils were pre-treated with
458 hydrochloric acid (HCl, 10% wt.) and hydrofluoric acid (HF, 10%, wt.) to remove any calcium
459 carbonate and mineral phases, respectively⁵⁰. Briefly, 2–3 g of finely ground soil was weighed
460 into a 50 mL sealed polyethylene centrifugation tube, saturated with 30 mL HCl, and allowed to
461 settle for 30 min. After centrifugation and discarding HCl, the remaining slurry was then shaken
462 with 40 ml of mixed HF (10% wt.) and HCl (10% wt.) for 8 h, and subsequently centrifuged. The
463 supernatant was removed and discarded appropriately. After repeating the procedure four times,
464 each sample was washed with distilled water three times and dried at 50 °C under a stream of
465 dinitrogen gas.

466 Solid-state ¹³C CP-MAS and ¹³C DP-MAS NMR spectra were recorded at room
467 temperature (23 °C) using a 300 MHz Bruker AVANCE III NMR spectrometer equipped with a
468 4 mm magic angle spinning (MAS) probe (Bruker BioSpin, Billerica, MA) at Baylor University
469 (Waco, TX). The 60–130 mg HF-treated sample was placed in a zirconium rotor with a diameter
470 of 4 mm and Kel-F caps to maximize the C mass and signal intensity. A MAS rate of 12 kHz
471 was used for all NMR measurements. Cross polarization (CP) experiments used a ramped-
472 amplitude (50% to 100%) contact pulse and rotor synchronized Hahn echo⁵¹. The contact time
473 and recycle delay were set to 2 ms and 1.2 s, respectively, and composite pulse proton
474 decoupling was applied during signal acquisition. Direct polarization (DP) ¹³C spectra were
475 acquired with a 90-degree excitation pulse and rotor-synchronized Hahn echo⁵², with a recycle
476 delay of 180 s. Glycine was used as an external standard for setting pulse angles, chemical shift
477 and Hartman-Hahn matching conditions. DPMAS spectra were obtained for 11 HF-treated soil
478 samples as a means against which to assess relative quantitation bias in CPMAS NMR data⁵³.
479 These samples were selected to span a broad range of biogeochemical diversity (nine soil orders;

480 Supplementary Table 1) and contained sufficient SOC ($> 2.9\% \text{ C}$ in the original samples) to
481 enable timely analysis by DPMAS.

482 CPMAS spectra for HF-treated samples were acquired with more than 6000 scans. To
483 assess potential impacts of HF treatment on SOC composition, 11 untreated samples with
484 relatively high SOC concentration ($> 6\%$) were also selected for NMR analysis (this set differed
485 slightly from the CPMAS/DPMAS comparison given the differing selection criteria). These
486 samples included six soil orders and spanned a broad range of paramagnetic element content
487 ($14\text{--}58 \text{ mg Fe g}^{-1}$). Spectra for these untreated samples were recorded using the same operation
488 conditions of HF-treated samples and were acquired with more than 44000 scans. After baseline
489 correction, quantification was performed by dividing the spectra into seven chemical shift
490 regions: 0–45 ppm, 45–60 ppm, 60–95 ppm, 95–110 ppm, 110–145 ppm, 145–165 ppm and
491 165–215 ppm, assigned to alkyl C, N-alkyl + methoxyl C, O-alkyl C, Di-O-alkyl C, aromatic C,
492 phenolic C, amide + carbonyl C, respectively. Subsequently, a molecular mixing model was
493 applied to the seven integrated spectra regions, to estimate the relative abundances of six
494 molecular SOC constituents (carbohydrate, protein, lignin, lipid, carbonyl and char)¹. The
495 elemental concentrations of C and N were measured on the HF-treated samples by
496 combustion/elemental analysis at Baylor University (Costech 4010, Valencia, CA) and were
497 used as additional constraints on the molecular mixing model solutions¹.

498

499 *Biogeochemical analyses* Megapit soil samples and vegetation in proximity to the soil pit were
500 subjected to numerous physical and chemical analyses⁵⁴. Here, we utilized measurements of total
501 elemental content and particle size from the Megapit samples. We also used measurements of the
502 copy number of bacteria/archaea (16S) and fungi (ITS) coding regions calculated by quantitative

503 polymerase chain reaction (qPCR), which were conducted on separate fresh soil samples
504 collected in the vicinity of each sampled Megapit profile⁵⁴. Briefly, these soils were flash frozen
505 in the field on dry ice and shipped to an analytical facility for DNA extraction and amplification.
506 Soil samples for qPCR analysis were collected periodically (approximately three times per year)
507 from each site from 0–30 cm depth, and cores were visually separated according to organic and
508 mineral horizons; only samples from mineral soil were used here. We selected samples from
509 plots in proximity to each Megapit (i.e., within several hundred m; denoted as Tower plots in
510 NEON terminology) and averaged the mean 16S and ITS abundance for each site based on the
511 2016–2018 data. Fine root biomass was measured by depth in three pit profiles within the
512 Megapit and sorted into live/dead classes for fine (< 2 mm or < 4 mm, depending on the site) and
513 coarse diameter classes. Here, we denoted the combined < 2 mm and < 4 mm fractions as fine
514 roots for subsequent analyses. Roots were dried, weighed, and combusted for analysis of carbon
515 (C) and nitrogen (N) content. We averaged root data from 0–30 cm depth for use in subsequent
516 analyses. No NEON root data were available from TOOL, so we used previous published data
517 from the same site⁵⁵. Samples for foliar and/or litter chemistry were available from a subset of
518 the NEON sites (15 and 16 sites, respectively), as these are collected from each site on a five-
519 year rolling schedule. Foliar samples represented clips of bulk herbaceous samples from the plant
520 community. Litter samples included debris from trees and shrubs. We used measurements of
521 foliar and litter C:N and a proxy for lignin content (acid-unhydrolyzable residue)⁵⁴. No root or
522 microbial or litter chemistry data were available from the non-NEON samples from which we
523 collected ¹³C NMR spectra.

524 We conducted several additional soil extractions of all samples to quantify reactive
525 metals. Subsamples were extracted in parallel with sodium dithionite (1:150 ratio of

526 soil:solution) to quantify pedogenic iron (denoted Fe_d) and ammonium oxalate (1:60 ratio of
527 soil:solution) to quantify Fe and aluminum in short-range-ordered phases and organo-metal
528 complexes (termed Fe_o and Al_o). The concentration of crystalline Fe minerals was then
529 calculated as the difference between Fe_d and Fe_o (Fe_{d-o}). Subsamples were also sequentially
530 extracted with deionized water and sodium sulfate (1:150 ratio of soil:solution). The calcium and
531 magnesium concentration of the sodium sulfate extraction (termed $Ca_s + Mg_s$), which followed
532 the water extraction, was interpreted as a proxy for Ca and Mg that may have participated in
533 divalent cation bridging between clays and organic matter⁴⁶. All metals were analyzed by
534 inductively coupled plasma optical emission spectroscopy at Iowa State University (ICP-OES;
535 Perkin Elmer Optima 5300 DV, Waltham Massachusetts). Mean annual precipitation and
536 temperature data were estimated for each NEON site using previously synthesized data⁵⁶.
537 Potential evapotranspiration (PET) data were extracted from a global 1-km resolution mean
538 annual evapotranspiration dataset from 2000-2014⁵⁷.

539
540 *Statistical analyses* Correlation heatmaps were calculated between SOC molecules and
541 biogeochemical predictors, and some variables were log10-transformed because of skewness
542 (Fe_o , Al_o , Fe_{d-o} , $Ca_s + Mg_s$, ITS, 16S). Significance of correlations was calculated by multiplying
543 P values according to a Bonferroni correction to correct for multiple comparisons and an α of
544 0.10. We used a rotated principal components analysis to assess relationships among the relative
545 abundances of the six SOC molecules calculated from the molecular mixing model and soil
546 biogeochemical variables. Principal components were calculated from the correlation matrix of
547 the C molecule data and rotated orthogonally (varimax rotation) using the “Psych” package⁵⁸ in
548 R version 3.6.0. Rotation is commonly used in PCA to simplify interpretation of principal

549 components by maximizing/minimizing the correlations between factors and component axes.

550 These rotated components (RC) of the correlation matrix were used to facilitate interpretation of

551 each component in terms of dominant C molecule(s). To investigate relationships among RCs

552 and biogeochemical variables, we fit multiple linear regression models for each RC using the lm

553 function in R. The global model contained the following potential explanatory variables: mean

554 annual temperature, mean annual precipitation, mean annual precipitation minus potential

555 evapotranspiration, forest vs. non-forest vegetation, presence/absence of recurring fire, Al_o , Fe_o ,

556 Fe_{c-o} , $Ca_s + Mg_s$, fine root biomass, fine root C:N ratio, the ratio of total base cations to

557 zirconium (a weathering ratio sensu⁵⁹), and copy numbers of 16S and ITS genes quantified by

558 qPCR. Most of the non-forested ecosystems were grazed, such that a separate variable for

559 grazing was not included. Certain predictor variables were only available for the NEON samples

560 ($n = 32$; Supplementary Table 3), such that model selection was conducted independently for

561 both datasets. Candidate models for each RC were carefully investigated for multicollinearity of

562 predictors and assumptions of normality and heteroscedasticity by calculating variance inflation

563 factors (VIF) and graphically examining plots of residuals. Prior to model selection, individual

564 predictors with $VIF > 3$ were sequentially deleted⁶⁰, the reduced global model was refit, and VIF

565 values were calculated again. After removing collinear predictors, we performed model selection

566 by backwards elimination; more conservative and more liberal models yielded by $\alpha = 0.01$ and α

567 = 0.05, respectively, were presented for completeness. Following multiple linear regression, to

568 better understand interrelationships among proximate predictors of RC axes and soil forming

569 factors, we fit SEMs using the piecewiseSEM package v. 2.1.0 in R⁶¹. Candidate SEMs included

570 the direct biogeochemical predictors identified by multiple linear regressions, along with climate,

571 soil, and vegetation variables that might influence those biogeochemical predictors. The
572 optimum models for each RC were selected by comparing AIC values among nested models.

573

574 **Data availability**

575 Summarized NMR data are available in the Supplementary Information, and raw NMR spectra
576 data and sample biogeochemical characteristics are available in the Environmental Data
577 Initiative digital repository: <https://doi.org/10.6073/pasta/2284825ecb8460f056ae5b0e7d355cc8>

578

579 **Code availability**

580 R scripts used for post-processing data are available in the Environmental Data Initiative digital
581 repository: <https://doi.org/10.6073/pasta/2284825ecb8460f056ae5b0e7d355cc8>

582

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