

Sex- and age-specific effects are superimposed on seasonal variation in mite
parasitism in Eastern Fence Lizards (*Sceloporus undulatus*)

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Abstract.—The natural histories of parasites and their hosts are intertwined, and intensity of parasitism depends on parasite abundance and host behavior, as well as potential effects of sex/age. To characterize potential effects of parasite abundance and host sex/age on chigger mite (*Eutrombicula alfreddugesi*) ectoparasitism on Eastern Fence Lizards (*Sceloporus undulatus*), we measured (1) the abundance of mites in the environment as well as mite load and prevalence on lizards throughout the activity season; (2) sex- and age-specific patterns of ectoparasitism; and (3) week-to-week consistency of mite loads on lizards. Environmental mite abundance varied seasonally in close association with mean monthly temperatures and was the main driver of pronounced seasonal variation in mite loads on lizards. Mite loads were almost always higher on yearlings than adults and, somewhat unexpectedly, were never higher on adult males than any of the other age-sex classes. As adults, females had higher mite loads than males in June–July, but as yearlings, males had higher mite loads than females in July–September. Despite considerable week-to-week variation, rank-ordering of lizard mite loads was highly consistent. These findings indicate that (1) consistent age-specific sex biases are superimposed on strong seasonal variation in mite loads and (2) detrimental effects of mites are expected to be consistently stronger in some individuals than others.

43

44 *Key words:* Chiggers; Ectoparasites; Seasonality; Testosterone; *Trombicula*

45 Parasites have negative and positive effects within ecosystems (Hatcher
46 et al., 2012) and can force substantial life-history trade-offs within hosts, such as
47 decreased hematocrit, growth, and reproductive success (Salvador et al., 1996;
48 Uller and Olsson, 2003; Gooderham and Schulte-Hostedde, 2011). In any host-
49 parasite relationship, parasite infections depend on ecological, demographic, and
50 physiological factors, including environmental abundance and life-stage of
51 parasites, as well as sex, age, body size, and testosterone levels of hosts (Veiga
52 et al., 1998; Pollock et al., 2012; Dudek et al., 2016). Thus, the natural histories
53 of both parasites and their hosts must be taken into account to understand host-
54 parasite relationships in natural communities.

55 In many host species, males are often more heavily parasitized than
56 females (Zuk and McKean, 1996; Klein, 2004; Krasnov et al., 2005; Heredia et
57 al., 2014), and this male-biased parasitism is often associated with sex
58 differences in plasma testosterone (T) (Zuk and McKean, 1996; Grear et al.,
59 2009). In free-ranging Striped Plateau Lizards (*Sceloporus virgatus*), for
60 example, ectoparasitic mites are more abundant on males than females, and in
61 experimental manipulations, parasite load is decreased by castration and
62 restored by T replacement (Cox and John-Alder, 2007). Results of other studies
63 are mixed, but two recent meta-analyses found administration of exogenous T
64 causes an overall increase in parasitism (Roberts et al., 2004; Foo et al., 2017),
65 although parasitism is not usually correlated with T in unmanipulated animals
66 (Foo et al., 2017). Testosterone is thought to increase physiological susceptibility
67 to parasitism through immunosuppression (Olsson et al., 2000; Poiani et al.,

2000; Hughes and Randolph, 2001; Foo et al., 2017), and T may also increase ecological exposure to parasitism (Zippel et al., 1996; Bulté et al., 2009; Rubio and Simonetti, 2009). Males, however, are not always more heavily parasitized than females. Female-biased parasitism has been documented in several taxa (McAlpine, 1997; Christe et al., 2007; Pandit et al., 2011), whereas parasitism is apparently not sex-biased in others (Reardon and Norbury, 2004; de Carvalho et al., 2006; Halliday et al., 2014; Knapp et al., 2019).

Previous reports of sex-biased parasitism must be interpreted cautiously because of discrepancies among studies, including between, on a single host species (compare Klukowski and Nelson, 2001; Klukowski, 2004; Cox et al., 2005). Discrepancies can arise when a host species is studied in different locations or seasons, as well as from differences in the species of parasite at issue. For example, tick loads were higher on male than female Western Fence Lizards (*Sceloporus occidentalis*) during spring breeding months, but chigger mite loads were higher on females than males during fall months (Lumbad et al., 2011). Similarly, most studies have been conducted over limited time frames (e.g., Klukowski and Nelson, 2001; Cox and John-Alder, 2007; Pollock et al., 2012). As such, these studies fail to account for age-dependent seasonal variation in circulating T (Cox et al., 2005; John-Alder et al. 2009) and seasonal changes in environmental abundance of parasites (Clopton and Gold, 1993; Eisen et al., 2002). A failure to account for seasonality in abundance of parasites, coupled with potential sex- and age-related differences in host susceptibility, may contribute to discrepancies among studies. To clarify some of the discrepancies,

91 we report ectoparasitism by chigger mites (*Eutrombicula alfreddugesi*) on adult
92 and yearling male and female Eastern Fence Lizards (*Sceloporus undulatus*)
93 throughout two-and-a-half activity seasons in the New Jersey pinelands. We
94 hypothesized: (1) males have higher mite loads than females, regardless of age,
95 and (2) adults have higher mite loads than yearlings, regardless of sex.

96

97 MATERIALS AND METHODS

98 *Seasonal Variation in Mite Loads.*—Studies were conducted May to
99 September of 2014 and 2015 and in June and July 2016 at Colliers Mills Wildlife
100 Management Area (40.1° N, 74.4° W), an area of pinelands in Burlington County,
101 New Jersey, USA. Colliers Mills is heavily managed for hunting and is
102 characterized by edge habitat separating open fields from forested tracts of oak
103 and pine (Fig. 1). Its forests tend to have relatively open canopy, sparse
104 understory due to controlled burns, and a forest floor littered with abundant fallen
105 trees and branches.

106 We captured adult and yearling lizards at monthly (2014, 2015) or weekly
107 (2016) intervals by noosing or by hand. Upon capture, we measured snout-vent
108 length (SVL, mm) and body mass (g) using a ruler and Pesola spring scale. Sex
109 was determined by presence (male) or absence (female) of enlarged post-cloacal
110 scales. Mites infesting each lizard (mite load) were counted by one investigator
111 (NBP) using a 10x hand lens. We assessed accuracy of mite load counts by
112 performing five repeated mite counts for 10 different lizards (mite loads ranging
113 10–129) and calculating a Pearson correlation coefficient (r) for each lizard. The

114 repeated counts of mite load within individuals were highly correlated (mean
115 correlation across all individuals = 0.996, SD = 2.10). We marked and identified
116 lizards with unique toe-clip numbers and paint marks, allowing visual
117 identification from a distance, facilitating recaptures and quantification of
118 variation in ectoparasitism.

119 *Seasonal Variation in Environmental Mite Abundance.*—To quantify
120 environmental mite abundance, we used a variation of the plate method
121 described by Williams (1946) and modified by Klukowski (2004) and Schöler et
122 al. (2006). Sampling was done at exact sites where lizards were captured during
123 the 2015 activity season. We sampled between 0800–1240 h, because this time
124 range was used in previous studies (Reed, 1977; Klukowski, 2004) and before
125 high afternoon temperatures, which may reduce mite activity (Clopton and Gold,
126 1993). At each sampling site, we firmly placed nine black ceramic tiles (15x15
127 cm; Daltile, Cranbury, USA) on the substrate in a 3x3 grid format with
128 approximately 1 cm between tiles. For 90 seconds, we counted mites as they
129 crossed over the tiles and removed them with a small paintbrush. We used this
130 methodology to estimate environmental mite abundance once per month in 2015.

131 *Consistency of Mite Loads Among Lizards.*—We investigated the
132 consistency of mite loads among individuals by recapturing marked adult and
133 yearling lizards at weekly intervals from 9 June to 14 July 2016 (6 wk).
134 Methodology was the same as prior years, but the emphasis in 2016 was to
135 maximize recaptures within a limited area (~3.5 ha) rather than to maximize all
136 captures across a much broader area (~11.9 ha). The aim was to determine

137 week-to-week consistency of absolute and ranked mite loads on individual
138 lizards.

139 *Statistical Analyses.*—We combined data from 2014–2015 to provide sex-
140 and age-specific mite loads throughout the activity season. This was done
141 because: (1) sampling effort and the number of lizards captured between years
142 was uneven and (2) after applying a Dunn-Sidak correction to control for the
143 familywise error rate, we found no significant differences between 2014 and 2015
144 mite loads for any sex/age class in any month. We evaluated seasonal variation
145 in environmental mite abundance and mite load by calculating mean
146 environmental mite abundance, mite load, and mite prevalence (% lizards
147 hosting ≥ 1 mite) for each month (May–September). For 2015 only, we used
148 Spearman correlation (r_s) to determine if mite loads on individual lizards were
149 correlated with environmental mite abundances at the sites of lizard capture (i.e.,
150 correlating a lizard’s monthly mite load with the environmental mite abundance at
151 the specific site of lizard capture).

152 In 2014–2015, we recorded 1342 mite loads recorded from 677 different
153 lizards. For analyses of the effects of month, sex, and age (and interactions) in
154 2014–2015, we used a Poisson generalized linear mixed model with individual
155 lizard as a random effect (SPSS, Armonk, USA). To compare monthly mite loads
156 of adults versus yearlings within each sex and males versus females within each
157 age class, comparisons were carried out using Dunn-Sidak corrections to
158 account for multiple comparisons and to control for the familywise error rate (i.e.,
159 probability of making at least one Type I error).

160 In 2016, we recorded 733 mite loads from 198 different lizards. Mite load
161 data from 2016 were used for a finer-grained analysis of sex and age differences
162 in mite load and to analyze interindividual repeatability as a measure of the
163 consistency of mite loads on individual lizards. We excluded the first week of the
164 study (6–10 June 2016) because prevalence of mite parasitism was only 59%,
165 and many lizards carried ≤ 1 mite. Individual consistency of mite loads was
166 analyzed using Kendall's coefficient of concordance. To analyze effects of week,
167 sex, and age (and interactions), we used a Poisson generalized linear mixed
168 model with individual lizard as a random effect (SPSS, Armonk, USA). To
169 compare weekly mite loads of adults versus yearlings within each sex and males
170 versus females within each age class, comparisons were carried out using Dunn-
171 Sidak corrections to account for multiple comparisons and to control for the
172 familywise error rate (i.e., probability of making at least one Type I error). All
173 Dunn-Sidak corrections and P values were considered significant at the $\alpha =$
174 0.002 level.

175

176 RESULTS

177 *Mite Abundance, Mite Loads, and Prevalence of Mites.*—Environmental
178 mite abundance, mite loads, and mite prevalence exhibited pronounced seasonal
179 variation (Table 1). Environmental mite abundance (measured in 2015) was low
180 in May, high in June and July, and low in August and September ($F_{4,737} = 33.82$,
181 $P < 0.001$). Mite prevalence was low in May (27%), but high thereafter (June:
182 91%; July: 99%; August: 99%; September: 98%). Mite loads increased from the

183 lowest point in May to peak in July, and declined through August to an
184 intermediate point in September (Wald $X^2 = 15748.48$; $P < 0.001$).

185 In 2014–2015, mite loads on lizards in July were positively correlated with
186 environmental mite abundance in June ($r_s = 0.24$; $P = 0.015$) and July ($r_s = 0.27$;
187 $P < 0.001$). Mite loads in August were positively correlated with mite abundance
188 in July ($r_s = 0.18$; $P = 0.050$) and August ($r_s = 0.14$; $P = 0.046$). Correlations
189 between mite load and environmental mite abundance were not significant for
190 other months (May:May: $r_s = 0.06$; $P = 0.5957$; June:May: $r_s = 0.03$; $P = 0.833$;
191 June:June: $r_s = 0.03$; $P = 0.680$; September:August: $r_s = 0.00$; $P = 0.991$;
192 September:September: $r_s = 0.12$; $P = 0.246$).

193 Mite loads in 2016 weekly samples followed patterns similar to previous
194 seasons (Table 2). Mite loads increased markedly from an overall average of 3.5
195 mites per lizard and 59% mite prevalence (similar in all age-sex classes) in early
196 June to an average of 122 mites per lizard and 100% prevalence in mid-July.
197 Individual loads were as high as 300 mites per lizard.

198 *Sex- and Age-Biased Seasonal Variation in Mite Loads.*—Despite the
199 importance of month as a determinant of mite load in 2014–2015 (Wald $X^2 =$
200 15748.48 ; $P < 0.001$), interaction effects of month x age (Wald $X^2 = 355.03$; $P <$
201 0.001), month x sex (Wald $X^2 = 321.47$; $P < 0.001$), sex x age (Wald $X^2 = 23.23$;
202 $P < 0.001$), and month x sex x age (Wald $X^2 = 95.31$; $P < 0.001$) resulted in
203 significant monthly differences between age-sex classes. In females (Fig. 2A;
204 Table 1), mite loads were higher on adults than yearlings in June (SE = 0.78; $P <$
205 0.001), but higher on yearlings than adults in July (SE = 1.46; $P = 0.003$), August

206 (SE = 1.20; $P < 0.001$), and September (SE = 0.90; $P < 0.001$). In males (Fig. 2B;
 207 Table 1), however, mite loads were higher on yearlings than adults in June (SE =
 208 0.78; $P < 0.001$), July (SE = 1.63; $P < 0.001$), August (SE = 1.41; $P < 0.001$), and
 209 September (SE = 0.94; $P < 0.001$). In adults (Fig. 3A; Table 1), mite loads were
 210 higher on females than males in June (SE = 0.81; $P < 0.001$) and July (SE =
 211 1.62; $P < 0.001$). In yearlings (Fig. 3B; Table 1), however, mite loads were higher
 212 on males than females in July (SE = 1.47; $P < 0.001$), August (SE = 1.27; $P <$
 213 0.001), and September (SE = 0.94; $P < 0.001$).

214 Based on weekly data of 2016, mite loads were influenced most
 215 significantly by week (Wald $\chi^2 = 2315.75$; $P < 0.001$). Age was also statistically
 216 significant (Wald $\chi^2 = 86.65$; $P < 0.001$), as were the interactions of sex x age
 217 (Wald $\chi^2 = 115.56$; $P < 0.001$), week x age (Wald $\chi^2 = 81.70$; $P < 0.001$), week x
 218 sex (Wald $\chi^2 = 26.60$; $P < 0.001$), and week x sex x age (Wald $\chi^2 = 83.40$; $P <$
 219 0.001). In females, mite loads were higher on yearlings than adults during the
 220 last week of June (week 4: SE = 4.62; $P < 0.001$; Table 2), but higher on adults
 221 than yearlings during the first two weeks of July (week 5: SE = 5.39; $P < 0.001$;
 222 week 6: SE = 6.09; $P = 0.005$; Table 2). In males, mite loads were significantly
 223 higher on yearlings than adults during the last two weeks of June (week 3: SE =
 224 3.35; $P < 0.001$; week 4: SE = 3.94; $P < 0.001$; Table 2) and during the first two
 225 weeks of July (week 5: SE = 4.03; $P < 0.001$; week 6: SE = 4.44; $P < 0.001$;
 226 Table 2). In adults, mite loads were significantly higher on females than males
 227 during the first two weeks of July (week 5: SE = 5.73; $P < 0.001$; week 6: SE =
 228 6.37; $P < 0.001$; Table 2). In yearlings the opposite occurred: mite loads were

229 higher on males than females during the fourth week of June (week 3: SE = 2.85;
230 $P < 0.001$; Table 2) and during the first two weeks of July (week 5: SE = 3.54; P
231 < 0.001 ; week 6: SE = 4.04; $P < 0.001$; Table 2).

232 *Individual Consistency of Mite Loads.*—Individual rankings of mite loads
233 were fairly consistent week-to-week in 2016 (Fig. 4; Kendall's $W = 0.485$, $\chi^2 =$
234 106.72 , $P < 0.0001$). Lizards were categorized into quintiles based on average
235 mite loads calculated across the final five sampling points, and they tended to
236 remain within those quintiles every week.

237

238 DISCUSSION

239 Our results indicate significant seasonality in mite load and environmental
240 mite abundance in Eastern Fence Lizards, in addition to significant sex- and age-
241 specific differences in mite load. Previous studies have documented seasonal
242 variation in ectoparasite load (Goldberg and Bursey, 1991; Schall et al., 2000;
243 Godfrey et al., 2008; Lumbad et al., 2011) or environmental ectoparasite
244 abundance (Clopton and Gold, 1993; MacDonald and Briggs, 2016), but ours is
245 one of the few to investigate seasonal variation in both ectoparasite load and
246 abundance. We found a temporal association between mite load and
247 environmental mite abundance across months. Furthermore, mite loads on
248 lizards in July and August were correlated with environmental mite abundances
249 measured at the specific localities where lizards were captured. These findings,
250 along with strong significant effects of month and week, suggest abundance of
251 mites in the environment is the primary determinant of host lizard mite load.

252 However, further studies are necessary to clarify relationships between host
253 ectoparasite load and environmental ectoparasite abundance.

254 Two other studies on lizards have investigated seasonal variation in
255 ectoparasite load and environmental abundance. In Collared Lizards
256 (*Crotaphytus collaris*), Curtis and Baird (2008) found that seasonal variation in
257 mite parasitism and environmental abundance were temporally dissociated,
258 probably because abundance of nonparasitic adult mites was monitored instead
259 of parasitic larval mites. Larval mites parasitized lizards after adult mites
260 disappeared in early June, suggesting that adult mites descend into soil to
261 oviposit in May, after which parasitic larvae emerge in June to feed on lizard
262 hosts (Curtis and Baird, 2008). This could similarly explain the low mite loads and
263 low environmental mite abundances we observed during May and early June.
264 However, further investigations of the phenology of mite life cycles are needed
265 (Shatrov and Kudryashova, 2006).

266 In contrast, Klukowski (2004) found an associated pattern similar to ours
267 in his study of *S. undulatus* in Tennessee, where mite loads were low in May and
268 August when environmental mite abundance was low, but high in June and July
269 when abundance was high. However, environmental mite abundances, as well
270 as mite loads, were high earlier and for a longer period of time in Tennessee than
271 New Jersey. Differences in phenology of mite parasitism and environmental mite
272 abundances can be attributed to geographical differences in climate. In south
273 Texas, for example, Mather (1979) reported high mite loads and 100% infestation
274 prevalence on *S. undulatus* in October and November, in sharp contrast to what

275 has been found in California (Goldberg and Bursey, 1991; Lumbad, 2011),
276 Tennessee (Klukowski, 2004), and New Jersey studies.

277 Geographic variation in patterns of seasonal mite loads is likely the result
278 of climate differences between regions and subsequent impacts on abundance of
279 mites in the environment. Environmental mite abundances are highest in areas
280 with high humidity and moderate temperatures (Zippel et al., 1996), and mite
281 activity is determined by a combination of temperature and humidity, rather than
282 by either of these variables alone (Clopton and Gold, 1993). In New Jersey,
283 variation in mean monthly temperatures recorded at the Rutgers Pinelands Field
284 Station (RPFS, 2015) is closely associated with monthly environmental mite
285 abundances. Environmental mite abundance is low during months in which mean
286 monthly temperatures are less than 20 °C, but high during months in which mean
287 monthly temperatures are greater than 20 °C.

288 Seasonal variation in mite abundance is likely an overarching cause of
289 variation in mite load, but superimposed on this are consistent differences in mite
290 load among sex and age classes. Based on commonly observed sex effects and
291 previously reported relationships between T and parasitism, and because plasma
292 T is always higher in males than in females of *S. undulatus* (Cox et al., 2005;
293 John-Alder et al., 2009), we predicted mite loads would be higher on males than
294 females and would show an association with seasonal variation in plasma T.
295 However, our findings only partially support these predictions. Although mite
296 loads were consistently higher on yearling males than other age/sex classes
297 during the latter half of the activity season, loads in adult males were never

298 highest and were often lowest among all classes. Furthermore, the majority of
299 studies investigating effects of age on parasitism in reptiles have found higher
300 parasite loads on older individuals (Amo et al., 2004; Reardon and Norbury,
301 2004; Dudek et al., 2016), but this was not the case in the present study.

302 The absence of mites in the environment can explain why mite loads on
303 adult males are lower in May than at other times of year (Fig. 5), despite this
304 being the time of high plasma T and peak investment in reproductive activity.
305 Even if T and high activity cause males to be highly susceptible to parasitism,
306 ecological exposure is simply too low for mites to be of any consequence. By the
307 time mites become abundant in the environment, reproductive activity and
308 plasma T have declined in adult males. Generational differences in the
309 seasonality of activity and plasma T (Fig. 5) may help to explain why mite loads
310 are lower on adult than yearling males during the latter half of the activity season,
311 when environmental mite abundance is high. In yearling males, plasma T
312 reaches its seasonal peak in July as they approach sexual maturity and begin to
313 expand their home ranges. In effect, yearling males behave and have high
314 plasma T in July and August much as adults do in the spring. Differences in mite
315 load between adult and yearling males can be attributed to the difference in
316 phenology between these age classes and associated differences in exposure
317 and susceptibility to mites.

318 Similarly, phenological differences in activity may help to explain the
319 unexpected result of higher mite loads on adult females rather than males. Adult
320 males have much larger home range areas than females (Haenel et al., 2003;

321 Cox et al., 2005), and if home range size is positively associated with exposure
322 to mites, then adult males would be expected to have greater mite loads than
323 females. However, in European Common Lizards (*Zootoca*, formerly *Lacerta*,
324 *vivipara*), parasite loads are negatively correlated with activity (Clobert et al.,
325 2000). Furthermore, ectoparasites exhibit preferences for particular habitats
326 depending on temperature, humidity, and precipitation (Clopton and Gold, 1993;
327 Eisen et al., 2002; Zippel et al., 1996), and we have shown that mite load is
328 correlated with mite abundance at the lizard capture site. Thus, despite being
329 less active than adult males, females could be spending more time in
330 microhabitats preferred by mites (Rubio and Simonetti, 2009). This behavior of
331 females, coupled with heightened susceptibility as a result of reproductive
332 investment, could help to explain the higher mite loads of adult females in
333 comparison to adult males.

334 In yearlings, we found no clear differences in mite loads between males
335 and females until July, when plasma T in males and environmental mite
336 abundance are high (Fig. 4; Cox et al., 2005). This male-biased pattern of
337 parasitism is in accordance with other studies on lizards (Salkeld and
338 Schwarzkopf, 2005; Cox and John-Alder, 2007; Heredia et al., 2014; Dudek et
339 al., 2016). As yearlings approach reproductive maturity during the latter half of
340 the activity season in New Jersey, males but not females expand their home
341 range areas and daily movement distances (John-Alder, pers. obs.). The male
342 bias in yearling mite loads from July–September may be a result of sex

343 differences in microhabitat use and yearling males expanding their home ranges
344 and taking up residence in microhabitats abundant with mites.

345 Alternatively, high plasma T in yearling males may increase physiological
346 susceptibility through immunosuppression (Duffy et al., 2000; Belliure et al.,
347 2004; Tripathi and Singh, 2014), allowing more mites to feed and survive (Veiga
348 et al., 1998; Poiani et al., 2000; Hughes and Randolph, 2001). However, several
349 studies have failed to find a suppressive effect of T alone on immune function
350 (Hasselquist et al., 1999; Greenman et al., 2005; Ruiz et al., 2010; Roved et al.,
351 2017), and natural seasonal elevations in T are not generally associated with
352 immunosuppression (Foo et al., 2017). Further studies are required to examine
353 the interplay between T and immune response with ectoparasites of reptiles.

354 A final point of discussion concerns the relative consistency in the rank
355 ordering of mite loads on *S. undulatus*. Even while mite loads increased
356 dramatically and exhibited considerable week-to-week variation, individual lizards
357 held fairly consistent ranks in terms of mite loads relative to other lizards. Some
358 of this consistency may reflect week-to-week autocorrelation due to continuing
359 residence of individual mites. We do not know residence time for mites on *S.*
360 *undulatus*, but residence times of 7–52 days have been reported for mites on
361 other species of *Sceloporus* (Goldberg and Bursey, 1993). Thus, it is likely that
362 some portion of mites were counted in consecutive weeks in the present study.
363 However, given the consistent rank-ordering of lizards, even while mite loads
364 increased through June, whether the mechanisms of inter-individual variation
365 involve differences in exposure or differences in susceptibility, the differences

366 among lizards are fairly consistent. This suggests that detrimental effects of
367 mites are expected to be stronger in some individuals than others. For example,
368 Knapp et al. (2019) found that consistently high tick loads were associated with
369 decreased body condition and leukocyte counts in large-bodied iguanas, but not
370 in small-bodied iguanas. Any inter-individual differences in detrimental effects of
371 mites may depend on host susceptibility to ectoparasites and age-acquired
372 immunity (Holland et al., 2007; Jackson et al., 2014).

373 In summary, sex biases in mite parasitism are dependent upon age and
374 time of year in *S. undulatus*. Age biases in mite parasitism are dependent upon
375 sex and time of year. The overriding determinant of mite load in yearlings and
376 adults is seasonal variation in environmental mite abundance. Future studies
377 should focus on detailed analyses of the physiological and behavioral
378 mechanisms giving rise to seasonal patterns of male and female biased
379 ectoparasite loads. Studies should also investigate direct and indirect effects of T
380 and reproductive effort on immune function and activities and behaviors that may
381 increase exposure to ectoparasites. Lastly, studies are needed to describe local
382 population dynamics of mites and abiotic factors mediating local environmental
383 mite abundance and mite prevalence on hosts.

384

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393

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590 Table 1. Mean (± 1 SEM) mite loads (# of mites) for each *S. undulatus* age-sex
591 class and environmental mite abundances (# of mites/90 sec) for the 2014–15
592 activity seasons at Colliers Mills. For mite loads, sample size (*n*), median mite
593 load (Mdn), and prevalence of infestation (% of lizards with at least 1 mite) are
594 given in parentheses (*n*, Mdn, %). For mite abundances, sample size (*n*) is the
595 number of mite abundance sampling localities. See text for statistical analyses.
596

	May	June	July	August	September
Yearling male	0.29 \pm 0.1 (50, 0, 20%)	28.5 \pm 2.9 (102, 19, 85%)	117.4 \pm 6.3 (93, 101, 100%)	86.0 \pm 5.0 (102, 79, 100%)	30.0 \pm 2.7 (60, 25, 98%)
Yearling female	0.32 \pm 0.1 (74, 0, 11%)	29.4 \pm 2.8 (111, 21, 94%)	92.4 \pm 5.1 (103, 86, 100%)	73.3 \pm 4.3 (95, 71, 99%)	17.5 \pm 1.8 (47, 19, 98%)
Adult male	1.0 \pm 0.3 (51, 0, 31%)	19.8 \pm 3.5 (62, 11, 89%)	70.6 \pm 8.3 (51, 51, 98%)	50.0 \pm 4.8 (44, 42, 100%)	14.5 \pm 2.2 (37, 12, 97%)
Adult female	1.8 \pm 0.4 (60, 0, 42%)	34.4 \pm 3.7 (102, 20, 93%)	86.3 \pm 6.6 (70, 83, 99%)	46.8 \pm 3.9 (69, 41, 97%)	11.9 \pm 1.6 (27, 12, 100%)
Overall mite load	0.8 \pm 0.1 (235, 0, 27%)	28.9 \pm 1.6 (377, 18, 91%)	94.9 \pm 3.3 (317, 87, 99%)	68.3 \pm 2.5 (310, 63, 99%)	20.4 \pm 1.3 (171, 15, 98%)
Mite abundance	1.1 \pm 0.2 (112)	10.2 \pm 1.1 (160)	9.2 \pm 1.0 (160)	1.9 \pm 0.3 (189)	0.1 \pm 0.04 (121)

597

598 Table 2. Mean (± 1 SEM) mite load (# of mites) for each *S. undulatus* age-sex
 599 class and for all combined in 2016 at Colliers Mills. Sample size (*n*), median mite
 600 load (Mdn), and prevalence of infestation (% of lizards with at least 1 mite) are
 601 given in parentheses (*n*, Mdn, %). See text for statistical analyses.
 602

	Week 1 June 9–10	Week 2 June 14–15	Week 3 June 22–24	Week 4 June 29–30	Week 5 July 6–7	Week 6 July 13–14
Yearling male	2.2 \pm 0.8 (41, 1, 56%)	15.3 \pm 1.0 (35, 13, 91%)	75.1 \pm 2.1 (55, 60, 100%)	110.9.8 \pm 2.6 (50, 83, 100%)	115.5 \pm 6.5 (44, 98, 100%)	148.6 \pm 2.9 (36, 130, 100%)
Yearling female	2.6 \pm 0.6 (21, 3, 57%)	10.3 \pm 0.8 (31, 13, 84%)	59.2 \pm 1.9 (41, 62, 100%)	121.9 \pm 2.8 (43, 86, 100%)	91.5 \pm 2.4 (42, 86, 100%)	122.0 \pm 2.8 (36, 102, 100%)
Adult male	4.2 \pm 1.1 (15, 4, 75%)	12.3 \pm 1.3 (22, 3, 82%)	47.7 \pm 2.6 (26, 35, 100%)	62.9 \pm 3.0 (22, 54, 100%)	66.1 \pm 3.1 (23, 38, 100%)	77.0 \pm 3.3 (18, 92, 100%)
Adult female	7.1 \pm 3.5 (17, 2, 53%)	13.4 \pm 1.6 (18, 3.5, 72%)	62.4 \pm 3.5 (26, 58, 100%)	68.6 \pm 3.7 (22, 76, 100%)	117.0 \pm 4.8 (23, 96, 100%)	147.6 \pm 5.4 (18, 133, 100%)
All	3.5 \pm 0.8 (94, 1, 59%)	12.7 \pm 0.6 (18, 3.5, 72%)	60.3 \pm 1.4 (148, 56, 100%)	87.4 \pm 1.7 (138, 82, 100%)	95.1 \pm 1.7 (136, 85, 100%)	119.8 \pm 1.9 (111, 84, 100%)

603

604 Fig. 1. Survey areas of *S. undulatus* (outlined in white) at Colliers Mills Wildlife
605 Management Area, an area of pinelands in Burlington County, New Jersey. The
606 survey areas were selected due to the relatively open canopy and forest floor,
607 abundant with fallen trees and branches.

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611 Fig. 2. Mite loads recorded on female (A: red = adults, pink = yearlings) and male
612 (B: dark blue = adults, light blue = yearlings) *S. undulatus* during the 2014 and
613 2015 activity seasons at Colliers Mills. Circles represent mite loads of individual
614 lizards. Horizontal bars represent mean monthly mite loads. Environmental mite
615 abundances are shown in orange, with circles representing individual localities
616 and horizontal bars representing mean monthly abundances. See text for
617 statistical analyses.

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624 Fig. 3. Mite loads recorded on adult (A: red = females, blue = males) and yearling
625 (B: red = females, blue: males) *S. undulatus* during the 2014 and 2015 activity
626 seasons at Colliers Mills. Circles represent mite loads of individual lizards.
627 Horizontal bars represent mean monthly mite loads. Environmental mite
628 abundances are shown in orange, with circles representing individual localities
629 and horizontal bars representing mean monthly abundances. See text for
630 statistical analyses.

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634 Fig. 4. Mite loads recorded on individual *S. undulatus* at weekly intervals from 13
635 June to 14 July 2016 at Colliers Mills. Each line connects an individual lizard's
636 mite loads for each of these 5 wks. Lines are color-coded by categories of overall
637 mite ranks based on the mean mite count of each lizard over the 5-wk period.
638 Mite loads exhibited a consistent rank order throughout the weeks of study. This
639 consistency is evident in the segregation of colors in the figure. See text for
640 statistical analyses.

641 Fig. 5. Asynchronous seasonality between *S. undulatus* males and chigger mites
642 at Colliers Mills. The solid line (dark blue circles) represents plasma T in adult
643 males (John-Alder et al., 2009), and the dashed line (light blue circles)
644 represents plasma T in yearling males (Cox and John-Alder, 2005). For adults,
645 100% = 53 ng/ml; for yearlings, 100% = 33 ng/ml. The orange shaded region
646 represents the period when mites infested lizards during the 2014–2016 activity
647 seasons. The thick black-to-gray horizontal bar represents the activity season of
648 *S. undulatus* in New Jersey.