

# Changes in the Subantarctic Mode Water Properties and Spiciness in the Southern Indian Ocean based on Argo Observations

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## ABSTRACT

21 The Subantarctic Mode Water (SAMW) plays an essential role in the global heat,  
22 freshwater, carbon, and nutrient budgets. In this study, decadal changes in the SAMW  
23 properties in the Southern Indian Ocean (SIO) and associated thermodynamic and dynamic  
24 processes are investigated during the Argo era. Both temperature and salinity of the SAMW in  
25 the SIO show increasing trends during 2004-2018. A two-layer structure of the SAMW trend,  
26 with more warm and salty light SAMW but less cool and fresh dense SAMW, is identified.  
27 The heaving and spiciness processes are important but have opposite contributions to the  
28 temperature and salinity trends of the SAMW. A significant deepening of isopycnals (heaving),  
29 peaking at  $\sigma_0=26.7-26.8 \text{ kg} \cdot \text{m}^{-3}$  in the middle layer of the SAMW, expands the warm and  
30 salty light SAMW and compresses the cool and fresh dense SAMW corresponding to the  
31 change in subduction rate during 2004-2018. The change in the SAMW subduction rate is  
32 dominated by the change in the mixed layer depth, controlled by the changes in wind stress  
33 curl and surface buoyancy loss. An increase in the mixed-layer temperature due to weakening  
34 northward Ekman transport of cool water leads to a lighter surface density in the SAMW  
35 formation region. Consequently, density outcropping lines in the SAMW formation region shift  
36 southward and favor the intrusion and entrainment of the cooler and fresher Antarctic surface  
37 water from the south, contributing to the cooling/freshening trend of isopycnals (spiciness).  
38 Subsequently, the cooler and fresher SAMW spiciness anomalies spread in the SIO via the  
39 subtropical gyre.

40

## SIGNIFICANCE STATEMENT

41 Subantarctic Mode Water is a distinct water mass with vertically uniform properties in the  
42 Southern Hemisphere's subtropical gyres. Climate change is imprinted in the SAMW through  
43 the ventilation at the base of the winter mixed layer. The ocean modulation associated with  
44 wind-forced large-scale waves and circulation also plays an essential role in heat, salinity, and

45 water mass redistribution. A net increase in volume-weighted potential temperature and salinity  
46 of the SAMW is found during the Argo era since 2004, resulting from a combination of climate  
47 change and ocean modulation through opposite heaving and spiciness processes. This study  
48 improves our understanding of the dynamics and thermodynamics involved in the SAMW  
49 formation during rapid climate change.

50

51 **1 Introduction**

52 The Subantarctic Mode Water (SAMW) is characterized by layers of relatively uniform water  
53 mass properties (thermostads, halostads, and pycnostads) over a large ocean volume (Hanawa  
54 and Talley, 2001; McCartney, 1979). The SAMW is formed by convective overturn, arising  
55 from buoyancy loss and wind forcing during winter in the deep mixed layers of the Subantarctic  
56 Zone, between the Subtropical and Subantarctic Fronts (Downes et al., 2010; Holte et al., 2012;  
57 Speer and Forget, 2013). The deep winter mixed layers appear as “pools” with uneven coverage  
58 around the southern hemisphere oceans (Sallée et al., 2010a; Sallée et al., 2010b), with depths  
59 ranging from 200 to 300 m in the southern Atlantic and southwestern Indian Oceans, and to  
60 more than 500 m in the southeastern Indian and southern Pacific Oceans (Dong et al., 2008; Li  
61 and Lee, 2017; McCartney, 1982). Processes involved in the deep winter mixed layers include  
62 air-sea buoyancy fluxes, lateral circulation, Ekman and eddy-induced transport, diapycnal  
63 mixing, and upwelling (Holte et al., 2012; Sallée et al., 2008a; Sallée et al., 2010a; Sallée et  
64 al., 2006; Sloyan et al., 2010). The SAMW enters the interior ocean through subduction,  
65 allowing fluid to pass irreversibly from the winter mixed layers into the permanent thermocline.  
66 The subduction of the SAMW is driven by lateral induction and Ekman pumping (Downes et  
67 al., 2017; Karstensen and Tomczak, 1997; Karstensen and Quadfasel, 2002a; Qu et al., 2020;  
68 Sallée and Rintoul, 2011; Sallée et al., 2010a; Sallée et al., 2012). The subducted SAMW is  
69 transported eastward with the Antarctic Circumpolar Current (ACC) and northward into the  
70 adjacent subtropical gyres, contributing to the thermocline ventilation (Sloyan and Rintoul,  
71 2001a, b; Speer and Forget, 2013; Talley, 2013). As part of the upper limb of the global  
72 overturning circulation, the SAMW plays an essential role in the global heat, freshwater,  
73 carbon, and nutrient budgets (DeVries et al., 2017; Gao et al., 2018; Jones et al., 2016;  
74 McCartney, 1982; Sabine et al., 2004; Sallée et al., 2012; Sarmiento et al., 2004; Sloyan and  
75 Rintoul, 2001b).

76 In the past decade, most of the ocean warming measured by the near-global array of Argo floats  
77 occurred in the Southern Hemisphere, largely associated with changes in SAMW in the  
78 southern Pacific and Indian Oceans (Desbruyères et al., 2017; Gao et al., 2018; Häkkinen et  
79 al., 2016; Kolodziejczyk et al., 2019; Llovel and Terray, 2016; Portela et al., 2020; Roemmich  
80 et al., 2015). The SAMW formation is vigorous in the South Indian Ocean (SIO), attracting  
81 much attention recently. Speer et al. (1997) suggests that the SAMW formation rate in the SIO  
82 in the density range of 26.5-27.2 kg m<sup>-3</sup> is 25 Sv, with a peak at 26.9 kg m<sup>-3</sup>. An estimate of  
83 19.8 Sv in the density range of 26.52-26.80 kg m<sup>-3</sup> is reported by Marsh et al. (2000a) using  
84 an isopycnal ocean circulation model. Sloyan and Rintoul (2001a, 2001b) provide an estimate  
85 of 24 Sv in the density range of 26-26.8 kg m<sup>-3</sup> through surface fluxes and diapycnal mixing  
86 using an inverse model. A similar assessment of 20-26 Sv between 25.7 and 26.8 kg m<sup>-3</sup> is  
87 also given by Karstensen and Quadfasel (2002b). Cerovečki and Mazloff (2016) indicate a  
88 SAMW formation rate in the SIO of 7.6 Sv by heat flux, including surface heat flux and heat  
89 flux due to diapycnal mixing, and 9.6 Sv by freshwater flux, including surface freshwater flux  
90 and freshwater flux due to diapycnal mixing, in the density range of 26.7-27.2 kg m<sup>-3</sup>, with a  
91 peak at 26.8 kg m<sup>-3</sup>, based on a framework in which water mass transformation from one  
92 isopycnal layer to an adjacent one by air-sea buoyancy fluxes or diapycnal mixing is estimated.  
93 The deep winter mixed layers in the SIO extend from 50°E to south of Australia and are  
94 confined to the Subantarctic Zone (Koch-Larrouy et al., 2010; Sallée et al., 2006), where three  
95 classes of SAMW are found in different ventilation zones: (a) the light SAMW ( $\sigma_\theta < 26.7 \text{ kg} \cdot \text{m}^{-3}$ , L-SAMW) subducted west of the Kerguelen Plateau, (b) the medium SAMW ( $\sigma_\theta = 26.7 - 26.8 \text{ kg} \cdot \text{m}^{-3}$ , M-SAMW) southwest of Australia, and (c) the dense SAMW ( $\sigma_\theta > 26.8 \text{ kg} \cdot \text{m}^{-3}$ , D-SAMW), also the deepest, south of the Australian coast (Cerovečki et al., 2013; Fine,  
99 1993; Hanawa and Talley, 2001; Herraiz-Borreguero and Rintoul, 2011; Koch-Larrouy et al.,  
100 2010; McCartney, 1982; Rintoul and Sokolov, 2001; Talley, 1999; Thompson and Edwards,

101 1981; Wong, 2005). Waters in the SAMW formation regions in the SIO originates from the  
102 Atlantic, the Agulhas Retroflection region, the Leeuwin Current, the Tasman Sea, and the  
103 Antarctic Surface Waters (Koch-Larrouy et al., 2010). After subduction, two SAMW pathways  
104 have been identified in the SIO based on the observations: a westward path along the South  
105 Australian coast and a westward path across the South Australian Basin (Bye, 1972, 1983; Fine  
106 et al., 2008; Koch-Larrouy et al., 2010; Middleton and Bye, 2007).

107 Argo observations show a two-layer density structure in the trend of the SAMW volume in the  
108 SIO, with an upper-layer volume gain and a lower-layer volume loss over the past decade  
109 (Hong et al., 2020; Kolodziejczyk et al., 2019; Portela et al., 2020). However, variability and  
110 change in temperature and salinity of the SAMW in the SIO are still poorly documented. These  
111 variability and change in the SAMW provide crucial memory for the climate system globally  
112 and regionally (Banks et al., 2002).

113 Variability and change of temperature and salinity can be decomposed into variability and  
114 change associated with vertical migration of isopycnal surfaces (heaving) and variability and  
115 change along isopycnal surfaces (spiciness) (Bindoff and McDougall, 1994; McDougall and  
116 Krzysik, 2015). Heaving can arise from adiabatic vertical movement of waters, anomalous  
117 wind forcing, and water mass renewal (Clément et al., 2020; Häkkinen et al., 2016). Spiciness  
118 can be generated by variability and change in the mixed layer, such as air-sea interface fluxes,  
119 convective mixing, and anomalous subduction (Li and Wang, 2015; Luo, 2005; Nagura and  
120 Kouketsu, 2018; Nonaka and Sasaki, 2007; Yeager and Large, 2004, 2007). Spiciness can also  
121 result from variability and change in the interior ocean, for example, anomalous advection  
122 across the mean isopycnal temperature-salinity front (Schneider, 2000). Observed variations in  
123 properties of a water mass on isopycnal surfaces (spiciness) have commonly been attributed to  
124 variations of surface temperature and salinity in the water's formation regions (Arbic and  
125 Brechner Owens, 2001; Bindoff and Church, 1992; Bryden et al., 2003; Bryden et al., 1996;

126 Johnson and Orsi, 1997; Wong et al., 1999). Subsurface spiciness variations are advected by  
127 geostrophic currents in the ocean interior, conveying mid-latitude signals to low latitudes, thus  
128 playing an essential role in global and regional climate variability. Therefore, SAMW is  
129 regarded as a good indicator of climate change (Banks et al., 2002).

130 In this study, we investigate the relative roles of the heaving and spiciness processes in the  
131 variability and change of the SAMW properties in response to atmospheric/oceanic dynamics  
132 and thermodynamics, providing a new insight for exploring variability and change of the  
133 SAMW and its impact on the subtropical thermocline waters in the SIO.

134 The remainder of this paper is arranged as follows. Section 2 describes the datasets and methods  
135 for calculating changes in the SAMW properties. The observed changes in the SIO and the  
136 SAMW properties and associated thermodynamic and dynamic processes are described in  
137 Section 3. Section 4 examines the subsurface spiciness in the SIO. Section 5 discusses the  
138 possible dynamic processes affecting the SAMW properties. Conclusions are found in Section  
139 6.

## 140 **2 Data and Method**

### 141 *a. Data*

142 To decompose ocean temperature and salinity changes into the heaving and spiciness  
143 contributions from 2004 to 2018, we use the monthly gridded fields from the Roemmich-Gilson  
144 Argo Climatology (RG Argo; (Roemmich and Gilson, 2009)) in this study. These monthly  
145 fields have a regular 1° horizontal resolution and 58 vertical levels in the upper 2,000 m. The  
146 Argo profiling floats are distributed throughout the SIO, and the cumulative number of floats  
147 has increased from less than 500 in the early period of the program to more than 1,000 per  
148 month after 2006 (Figure 1), providing a unique opportunity to detect the SAMW low-  
149 frequency variability in the SIO.

150 Both the Global Precipitation Climatology Project (GPCP; (Adler et al., 2016)) version 2.3  
151 combined monthly precipitation dataset and the Objectively Analyzed Air-sea Fluxes  
152 (OAFlux; (Yu et al., 2008)) monthly evaporation dataset are used to assess surface freshwater  
153 flux. Monthly surface heat flux and surface wind datasets are provided by the fifth generation  
154 ECMWF atmospheric reanalysis (ERA5) of the global climate. The data for the period 2004-  
155 2018 is used in this study.

156 *b Method*

157 1) POTENTIAL VORTICITY

158 Mode water refers to a thick layer of water with homogeneous physical properties covering a  
159 large area of the ocean. Thus, mode water is featured with low potential vorticity (PV), which  
160 stands out from the surrounding water masses as a PV minimum. PV provides an excellent  
161 tracer for mode waters due to its conservative nature (McCartney, 1982). PV is given by:

$$162 \quad PV = \frac{(f+\xi)}{\rho} \frac{\partial \sigma_0}{\partial z} \quad (1)$$

163 Where  $f$  is the Coriolis parameter,  $\xi$  the relative vorticity, and  $\rho =$   
164  $\sigma_0 + 1000 \text{ kg} \cdot \text{m}^{-3}$  the potential density. The relative vorticity is usually negligible  
165 compared to the planetary vorticity. The PV values that define the boundaries of specific mode  
166 waters in the literature are generally obtained empirically from observations. Here, the SAMW  
167 is defined as the layer of low PV ( $<0.5 \times 10^{-10} \text{ m}^{-1} \cdot \text{s}^{-1}$ ) formed deeper than 200 dbar but  
168 lighter than  $\sigma_0 = 27.1 \text{ kg} \cdot \text{m}^{-3}$  (Banks et al., 2002; Wong, 2005).

169 2) GEOSTROPHIC STREAMFUNCTION (ACCELERATION POTENTIAL)

170 Geostrophic circulation transporting the SAMW from its formation regions is analyzed along  
171 isopycnal surfaces using a Montgomery geostrophic streamfunction (McDougall, 1989;  
172 Montgomery, 1937). The geostrophic streamfunction in isopycnal surfaces is expressed as

173 
$$A = \phi_a + p\delta = p_0\delta_0 + \int_{\delta_0}^{\delta} pd\delta, \phi_a = \int_p^{p_0} \delta dp \quad (2)$$

174 Where  $p$  is pressure,  $\delta$  specific volume anomaly,  $p_0$  reference pressure, and  $\delta_0$  specific  
175 volume anomaly at the reference pressure.

176 3) BUOYANCY CONTRIBUTION TO SUBDUCTION

177 Air-sea buoyancy forcing is an essential driver of the winter deep mixed layer via convection  
178 (Downes et al., 2010). The net surface buoyancy input is given by

179 
$$B_{\text{net}} = \frac{g\alpha}{C_p} Q_{\text{net}} - g\beta\rho_0 S_m (E - P) - \frac{g}{\rho_0 f} \vec{k} \times \vec{\tau} \cdot \nabla \rho_m \quad (3)$$

180 where a positive (negative)  $B_{\text{net}}$  indicates buoyancy gain (loss) that makes the surface density  
181 lighter (denser). The first term of the right-hand side represents the air-sea heat fluxes ( $Q_{\text{net}}$ ) is  
182 the sum of shortwave and longwave radiative and latent and sensible heat fluxes). The second  
183 term is the surface freshwater fluxes (evaporation minus precipitation,  $E - P$ ). The third term  
184 is the Ekman transport acting on the mixed layer density gradient, denoting Ekman-transport  
185 heat and freshwater fluxes. The variable  $g$  is the gravitational force,  $C_p$  the heat capacity of  
186 water,  $\rho_0$  the reference surface density,  $S_m$  the mixed-layer salinity,  $f$  the Coriolis parameter,  
187  $\alpha$  the thermal expansion coefficient and  $\beta$  the haline contraction coefficient. The relative  
188 contribution of the surface heat and freshwater fluxes and the Ekman transport of heat and  
189 freshwater can be obtained based on the equation, as the kinematic definition of subduction is  
190 linked with the thermodynamics of the mixed layer (Downes et al., 2010; Marshall and  
191 Marshall, 1995; Nurser and Marshall, 1991). Here, the mixed layer depth (MLD) is defined as  
192 the depth where potential density differs from the 10 m value by  $0.03 \text{ kg} \cdot \text{m}^{-3}$ , which is  
193 considered as the optimal measure of the MLD in the Southern Ocean (de Boyer Montégut et  
194 al., 2004; Sallée et al., 2006).

195 4) NET ANNUAL MEAN SUBDUCTION RATE

196 A kinematic approach for diagnosing subduction rate proposed by Marshall et al. (1993) is  
 197 used in this study to quantify the formation rate of the SAMW. The net annual subduction rate  
 198 ( $S_{ann}$ ) is defined as follow:

$$199 \quad S_{ann} = -\overrightarrow{u_H} \cdot \nabla H - w_e \quad (4)$$

200 Where  $\overrightarrow{u_H}$  is the horizontal geostrophic velocity at the base of the mixed layer,  $H$  is the  
 201 depth of wintertime mixed layer base,  $w_e = curl(\frac{\tau}{\rho_0 f})$  is the vertical velocity controlled by the  
 202 Ekman pumping. The first term  $\overrightarrow{u_H} \cdot \nabla H$  is referred to as the lateral induction. The second is  
 203 the vertical pumping. The positive subduction represents water irretrievably entering the  
 204 thermocline layer from the mixed layer in late winter.

205 5) HEAVING AND SPICINESS IN THE SUBSURFACE LAYERS

206 The method proposed by Bindoff and McDougall (1994) is used to evaluate temperature and  
 207 salinity changes of the SAMW in terms of heaving and spiciness contributions. The  
 208 decomposition is formulated as

$$209 \quad \frac{d\theta}{dt} \Big|_p = \frac{d\theta}{dt} \Big|_n - \frac{dp}{dt} \Big|_n \frac{\partial\theta}{\partial p} + \text{Residual} \quad (5)$$

$$210 \quad \frac{ds}{dt} \Big|_p = \frac{ds}{dt} \Big|_n - \frac{dp}{dt} \Big|_n \frac{\partial s}{\partial p} + \text{Residual} \quad (6)$$

211 Where  $\theta$  is potential temperature,  $S$  salinity,  $p$  pressure,  $t$  time. The subscript  $p$  and  $n$  denote  
 212 that the derivative is along the constant pressure and the isopycnal surface, respectively.  $\frac{\partial\theta}{\partial p}$  and  
 213  $\frac{\partial s}{\partial p}$  are the vertical gradient of climatological mean potential temperature and salinity during  
 214 2004-2018, respectively. The term on the left sides of Eqs. (5) and (6) represent the potential  
 215 temperature and salinity change at pressure surface  $p$ . The first term on the right-hand sides of  
 216 Eqs. (5) and (6) is referred to as the “spiciness” term, a change in temperature or salinity on a

217 fixed isopycnal surface, and the second term is the “heaving” term, an Eulerian measure of the  
218 temperature or salinity change at a fixed depth.

219 **3 Results**

220 *a. Changes in SAMW Properties*

221 Over the past 15 years, the SIO has experienced a nearly uniform warming trend in the upper  
222 200 m, with the warming pattern extending to 800 m south of 30°S and north of 12°S (Figure  
223 2a). However, the zonally-averaged trend of the upper ocean salinity shows a less uniform  
224 structure, with freshening around 10°S-30°S and salinification on its equatorward and poleward  
225 sides (Figure 2b). The salinity trend south of 12°S extends down to 800 m. These changes in  
226 temperature and salinity in the SIO might be tightly linked to the SAMW that occupies a large  
227 portion of the subsurface layer from the subtropics to mid-latitudes, indicated by the  
228 climatological PV minimum (Figures 2a and 2b).

229 The SAMW volume has undergone a significant reduction by up to  $5.3 \times 10^{14} \text{ m}^3$  (11%) during  
230 2004-2013, with only a slight increase after 2013 (Figure 2c). Changes in the SAMW volume  
231 are closely related to changes in the SAMW thickness in the subtropical gyre (Figures 2c and  
232 2d), which might respond to changes in the subduction rate of the SAMW and thickness of the  
233 winter mixed layers in the Subantarctic Zone (Figure 6; (Downes et al., 2009; Hong et al.,  
234 2020)).

235 As the impact of the SAMW volume variations on the volume-weighted mean potential  
236 temperature/salinity is not significant (not shown), results are discussed in terms of volume-  
237 weighted mean potential temperature/salinity anomalies with a climatological mean PV  
238  $<0.5 \times 10^{-10} \text{ m}^{-1} \cdot \text{s}^{-1}$  in the SIO. The volume-weighted mean potential temperature (salinity)  
239 shows significant variations during 2004-2018, with negative (detrended) anomalies during  
240 2006-2010 (2007-2011), positive (detrended) anomalies during 2011-2015 (2012-2016), and

241 increasing linear trends of  $1.1 \times 10^{-1} \text{ }^{\circ}\text{C} \cdot \text{decade}^{-1}$  ( $0.5 \times 10^{-2} \text{ psu} \cdot \text{decade}^{-1}$ ) during the entire  
242 period (Figures 2e and 2f). The linear trend of the SAMW potential temperature over 2004-  
243 2018 is significant, exceeding the 95% confidence level; however, the linear trend of salinity  
244 is non-significant. The difference between potential temperature and salinity variations might  
245 be related to the vertical distribution of the two parameters (Figure S4). The potential  
246 temperature within the SAMW layers decreases monotonically with pressure throughout the  
247 SIO, while the salinity within the SAMW layers decreases with pressure in the subtropical zone  
248 around 12°S-40°S but increases with pressure on its equatorward and poleward sides. The  
249 convergence of upper-ocean low-salinity water above high-salinity water on the north and  
250 south sides of the subtropical zone is unfavorable for the salinification of the SAMW. The  
251 enhanced warm and fresh water transport into the tropical southeastern Indian Ocean by the  
252 Indonesian Throughflow (ITF) over the past decades hinders the salinification of the SAMW  
253 (Hu et al., 2019; Zhang et al., 2018). The changes in the SAMW properties are well captured  
254 by the EN4.2 reanalysis (Figure S1 in the Supplemental Material). The climatological mean  
255 potential temperature and salinity of the SAMW is 10.1 °C and 34.8 psu, respectively, close to  
256 earlier estimates from Banks et al. (2002) of 10.5 °C and 34.9 psu for the PV minimum waters  
257 of  $<0.6 \times 10^{-10} \text{ m}^{-1} \cdot \text{s}^{-1}$ . The interannual-to-decadal variation in potential temperature of the  
258 SAMW is less remarkable than the 15-year linear trend, with its standard deviation only  
259 accounting for ~35% of the total variance (Figure 2e and Table 1). On the other hand, the  
260 interannual-to-decadal variation of the SAMW salinity is more remarkable than the linear  
261 trend, with a much larger standard deviation that accounts for ~92% of the total variance  
262 (Figure 2f and Table 1).

263 Changes in the SAMW properties are not uniform across different density layers. A two-layer  
264 structure with an upper-layer volume gain and a lower-layer volume loss is found in the SAMW  
265 during 2004-2018, consistent with changes in the SAMW thickness (Figures 3a and 3b). This

266 implies that more L-SAMW ( $\sigma_0 < 26.7 \text{ kg} \cdot \text{m}^{-3}$ ) but less D-SAMW ( $\sigma_0 > 26.8 \text{ kg} \cdot \text{m}^{-3}$ ) are  
267 formed during this period (Hong et al., 2020; Portela et al., 2020). As a consequence, opposite  
268 trends in heat and freshwater storage are exhibited in the two-layer structure, with an increasing  
269 trend in the warm and salty L-SAMW and a decreasing trend in the cool and fresh D-SAMW  
270 (Figures 3c and 3d), resulting in a net increase of the volume-weighted mean potential  
271 temperature and salinity and therefore a net decrease in the potential density of the SAMW  
272 (Figures 2e and 2f). The RG Argo results are consistent with that from the EN4.2 reanalysis  
273 data (Figure S2).

274 Decomposition of the SAMW changes shows that both the heaving and spiciness processes are  
275 at work, with changes due to the 15-year linear trend much larger than the interannual-to-  
276 decadal variability (Figure 4 and Table 1). In terms of interannual-to-decadal variability,  
277 heaving contributes to the SAMW warming/salinification during 2008-2014 and  
278 cooling/freshening during the remaining period (Figures 4b and 4d). The spiciness contribution  
279 is nearly out of phase from heaving (Figure 4b and 4d). For the SAMW potential temperature,  
280 the interannual-to-decadal variability of heaving only explains 26% of the total variance, while  
281 that of spiciness accounts for 48% of the total variance. Results for the SAMW salinity are  
282 similar, with interannual-to-decadal variability of heaving and spiciness processes accounting  
283 for 27% and 47% of the total variance, respectively.

284 For the 15-year linear-trend, heaving components for the decomposition of the SAMW  
285 potential temperature and salinity show increasing trends of  $0.43 \text{ }^{\circ}\text{C} \cdot \text{decade}^{-1}$  and  $0.06 \text{ psu} \cdot$   
286  $\text{decade}^{-1}$  at 95% confidence, respectively, which contribute to the warming and salinification  
287 of the SAMW; whereas the spiciness components experience decreasing trends of  $-0.15$   
288  $\text{ }^{\circ}\text{C} \cdot \text{decade}^{-1}$  and  $-0.04 \text{ psu} \cdot \text{decade}^{-1}$ , respectively, which contribute to the cooling and  
289 freshening of the SAMW (Figures 4a and 4c). Furthermore, the warming/salinification of the  
290 SAMW due to heaving is stronger than the cooling/freshening due to the spiciness process,

291 resulting in a net warming/salinification trend in potential temperature/salinity (Figures 4a and  
292 4c). Similar results are found for the EN4.2 reanalysis data (Figure S3).

293 Since the interannual-to-decadal variation in heaving and spiciness is comparatively smaller,  
294 in the following sections, we focus on the 15-year linear trend of the SAMW potential  
295 temperature and salinity emerging from changes in heaving and spiciness.

296 *b. Vertical Migration of Isopycnals-Heaving*

297 The heaving contribution to warming/salinification of the SAMW (Figures 4a and 4c)  
298 manifests as a deepening of isopycnal surfaces in the subtropical SIO during 2004-2018,  
299 especially at  $\sigma_0=26.5-26.9 \text{ kg} \cdot \text{m}^{-3}$  (Figure 5). Significant strengthening of wind stress and its  
300 curl takes place over the Subantarctic Zone during 2004-2018, which contributes to the  
301 deepening of isopycnals not only by the enhanced Ekman pumping, but also by strengthened  
302 subtropical gyres and meridional overturning circulation (Liu et al., 2018; Qu et al., 2019). The  
303 strengthening of wind stress over the SAMW formation region is closely related to the  
304 poleward shift of the zero line of wind stress curl (Figure S5), associated with an increasing  
305 Southern Annular Mode (Lee et al., 2019; Lovenduski, 2005). Moreover, the surface buoyancy  
306 fluxes over the SAMW subduction region show a decreasing linear trend during 2004-2018,  
307 which indicates a buoyancy loss of the ocean that favors a deepening MLD (Figures 5e and 5f).  
308 Surface buoyancy fluxes are predominantly driven by air-sea heat flux (Figure S6).

309 The depth of  $\sigma_0=26.5-26.9 \text{ kg} \cdot \text{m}^{-3}$  isopycnal surfaces in the subtropical SIO show a spatially  
310 uneven deepening trend, with a maximum rate of up to  $50 \text{ m} \cdot \text{decade}^{-1}$ . The largest deepening  
311 of the light isopycnal surfaces ( $\sigma_0 \leq 26.7 \text{ kg} \cdot \text{m}^{-3}$ ) is located in the central SIO, while that of  
312 the dense isopycnal surfaces ( $\sigma_0 \geq 26.8 \text{ kg} \cdot \text{m}^{-3}$ ) in the eastern SIO, showing good  
313 correspondence to the formation regions of those different SAMW classes. The deepening  
314 weakens gradually as the subducted water spreads northwest-ward in the interior ocean.

315 Furthermore, the deepening of the  $\sigma_0=26.5-26.9 \text{ kg} \cdot \text{m}^{-3}$  isopycnal surfaces is not uniform,  
316 with its maximum occurring within the M-SAMW ( $\sigma_0=26.7-26.8 \text{ kg} \cdot \text{m}^{-3}$ , Figure 5). This  
317 result implies that more warm and salty SAMW, but less cool and fresh SAMW, enters the  
318 ocean interior via subduction and spreading laterally from its formation regions (Figures 3c, 3d  
319 and 5), consistent with previous studies (Gao et al., 2018; Häkkinen et al., 2016; Qu et al.,  
320 2020). This, in turn, explain the observed two-layer structure of the SAMW, with volume gain  
321 in the upper layers and volume loss in the lower layers.

322 The subduction rate of the SAMW shows a large spatial variability with multipolar structures  
323 of hot spots within the winter deep mixed layers (Figure 6a). These subduction rates ( $400 \text{ m} \cdot$   
324  $\text{yr}^{-1}$ ) are dominated by lateral induction, while contribution from vertical pumping is  
325 relatively weak (Figures 6c and 6e). Similar multipolar structures are found in the trend of  
326 subduction rate during 2004-2018 (Figure 6b), in which lateral induction seems to play a  
327 dominant role (Figures 6b, 6d and 6e). The climatological mean of the SAMW subduction rate  
328 is estimated to be  $21 \text{ Sv}$ , in agreement with previous studies (Marsh et al., 2000b). A decreasing  
329 trend in the SAMW subduction rate is identified during 2004-2018, especially before 2013.  
330 This decreasing trend is primarily responsible for the observed decrease in the SAMW volume.  
331 Most of the decreasing trend in the SAMW subduction rate is due to lateral induction (Figure  
332 6g), which in turn is dominated by changes in the MLD (Figures 6h and S7). An increasing  
333 trend of the L-SAMW subduction rate and a decreasing trend of the D-SAMW subduction rate  
334 are found, which support the two-layer structure of the SAMW volume gain in the upper layers  
335 and volume loss in the lower layers (Figure S7).

336 Changes in the MLD are largely controlled by changes in wind stress and surface buoyancy  
337 fluxes (Karstensen and Quadfasel, 2002b; Sallée et al., 2010a). A convergence (divergence) of  
338 Ekman transport or a downward (upward) Ekman pumping (suction) over the SAMW  
339 subduction region would drive a deeper (shallower) MLD and consequently a larger (small)

340 subduction. A buoyancy loss (gain) would deepen (shallow) the MLD by stronger (weaker)  
341 convection. Here, we examine changes in the MLD, wind stress, and surface buoyancy fluxes  
342 over the SAMW subduction regions where the winter MLD is deeper than 150 m. Variability  
343 of the MLD in the subduction regions of different SAMW classes has its own characteristics  
344 (Figure 7). In the L-SAMW subduction region, the MLD shows a quasi-biennial variation (Qu  
345 et al., 2020), highly related to buoyancy forcing rather than wind forcing. The MLD also shows  
346 a deepening trend during 2004-2018, corresponding to a weakened surface buoyancy flux. In  
347 the M-SAMW and D-SAMW subduction regions, both buoyancy and wind forcing contribute  
348 to the MLD variability. In the D-SAMW subduction region, long-lasting negative MLD  
349 anomalies occur during 2007-2014 (Figure 7f), responsible for the reduction in the D-SAMW  
350 subduction rate and volume (Hong et al., 2020). In addition, the diapycnal transformation from  
351 the D-SAMW to the Antarctic Intermediate Waters might also contribute to the D-SAMW  
352 volume loss (Portela et al., 2020).

353 *c. Temperature/Salinity Changes at Isopycnals-Spiciness*

354 The spiciness contribution to the cooling/freshening of the SAMW is mainly driven by density-  
355 compensated changes in the winter mixed-layer properties in the SAMW formation region, as  
356 explained below. The irreversible transfer of water mass from the mixed layer into the ocean  
357 interior occurs within a short time scale of only 1-2 months. On the other hand, it takes more  
358 than 3 years for the spiciness signals to spread into the interior of the subtropical ocean (Fine  
359 et al., 2008; Karstensen and Tomczak, 1998; Koch-Larrouy et al., 2010). In addition to  
360 isopycnal advection, diapycnal mixing and diffusion can also cause spiciness changes, which  
361 tend to increase temperature and salinity by downward velocity in the thermocline of the SIO  
362 (You, 1996). However, a decrease rather than an increase in temperature and salinity occurs in  
363 the isopycnal surfaces. Therefore, diapycnal mixing and diffusion are not considered here as  
364 major driving factors. Considering the 3-year delay, we compare the winter mixed layer

365 properties during 2010-2015 with those during 2004-2009 to explain changes in the interior  
366 ocean during 2004-2018.

367 An increase in the mixed-layer temperature and salinity averaged between July to September  
368 (JAS) is found in the SAMW formation region (Figures 8a and 8b); however, the spiciness in  
369 the interior ocean shows cooling/freshening trends during 2004-2018 at 95% confidence  
370 (Figures 4a, 4c and 12). Indeed, changes in the mixed layer alter the potential density as well  
371 as the temperature and salinity of the subducted water along isopycnals.

372 The increase in temperature overwhelms the salinity effect and therefore reduces local density,  
373 causing a southward displacement of the outcropping lines for the density surfaces between  
374 26.5 and  $26.8 \text{ kg} \cdot \text{m}^{-3}$  (Figure 8). The outcropping lines averaged over the SAMW formation  
375 region move southward by more than 1-degree latitude, with temperature and salinity  
376 decreasing by up to  $0.6 \text{ }^{\circ}\text{C}$  and 0.1 psu, respectively (Figures 8e-8g). This overwhelms the  
377 local increase of  $0.4 \text{ }^{\circ}\text{C}$  in temperature and  $0.5 \times 10^{-1}$  psu in salinity averaged over the SAMW  
378 formation region (Figures 9c and 9f). The strong meridional gradients of mixed-layer  
379 temperature and salinity are responsible for the decrease in mixed-layer temperature and  
380 salinity, respectively (Figures 8c and 8d). This poleward displacement of outcropping lines  
381 thus induces cooler and fresher water, rather than warmer and saltier water, to subduct into the  
382 permanent thermocline within the density range 26.5-26.8  $\text{kg} \cdot \text{m}^{-3}$  (Figures 8e and 8g). This  
383 density-compensated change is responsible for the cooling and freshening contribution of  
384 spiciness to the SAMW. Furthermore, the poleward displacement of outcropping lines causes  
385 the expansion of the L-SAMW formation region and the shrinking of the D-SAMW formation  
386 region, leading to a two-layer structure of the SAMW.

387 Although the subducted water becomes cooler and fresher, the volume of warm and salty L-  
388 SAMW increases and the volume of cool and fresh D-SAMW decreases, resulting in a net gain  
389 of the volume-weighted potential temperature and salinity of the SAMW.

390 *d. Changes in the Mixed Layer*

391 In the SAMW formation region, air-sea fluxes and equatorward Ekman transport are the main  
392 drivers of property changes in the winter mixed layer (Dong et al., 2007; Rintoul and England,  
393 2002; Sallée et al., 2006). Thus, the contribution of air-sea fluxes and Ekman transport to  
394 changes in winter mixed-layer temperature and salinity in the SAMW formation region where  
395 the winter MLD is deeper than 150 m needs to be assessed (Figure 9). A negative (positive)  
396 value in budget results indicates heat or salt loss (gain) from the SAMW formation region.

397 In the climate mean state, the annual average net air-sea heat flux of  $-87.3 \text{ W} \cdot \text{m}^{-2}$  represents  
398 a release of heat from the ocean to the atmosphere over the SAMW formation region (Figure  
399 9). The heat loss by air-sea heat flux is dominated by the longwave radiation ( $-58.8 \text{ W} \cdot \text{m}^{-2}$ )  
400 and latent heat flux ( $-105.3 \text{ W} \cdot \text{m}^{-2}$ ). The Ekman advection transports cooler water ( $-25.9 \text{ W} \cdot$   
401  $\text{m}^{-2}$ ) from the south thus cools the mixed layer in the SAMW formation region. Both of these  
402 processes contribute to destabilizing the winter mixed layer via strong convective overturn.  
403 Compared with 2004-2009, the increase in mixed-layer temperature during 2010-2015 is  
404 dominated by the weakened Ekman advection. The Ekman advection of heat decreases by  
405 around 13% from  $-28.0$  to  $-24.5 \text{ W} \cdot \text{m}^{-2}$  during 2010-2015 compared with 2004-2009, which  
406 is attributed to subdued northward transport of cool water to the SAMW formation region. The  
407 decrease in equatorward Ekman transport is driven by anomalous easterly winds south of  $45^{\circ}\text{S}$   
408 during 2010-2015 compared with 2004-2009 (Figures 9 and 10). The net air-sea heat flux is  
409 positive (heat gain) in some areas southwest of Australia while a negative (heat loss) in most  
410 central SIO areas. The net air-sea heat flux anomaly averaged over the mixed layer of the  
411 SAMW formation region during 2004-2009 compared with that during 2010-2015 is negative,  
412 which means more heat loss over the region of the deep mixed layer (Figures 9 and 10). The  
413 strengthened latent heat flux is responsible for changing net air-sea heat flux (Figure 9c).

414 For mixed-layer salinity, the climatological mean Ekman advection transports fresher water (-  
415  $87.9 \text{ psu} \cdot \text{mm} \cdot \text{day}^{-1}$ ) from the south and contributes to the freshening of the mixed-layer in  
416 the SAMW formation region. However, the precipitation ( $-86.7 \text{ psu} \cdot \text{mm} \cdot \text{day}^{-1}$ ) over the  
417 SAMW formation region is almost equivalent to the evaporation ( $105.3 \text{ psu} \cdot \text{mm} \cdot \text{day}^{-1}$ ).  
418 Thus, the freshwater flux (evaporation minus precipitation, E-P) marginally increases the  
419 mixed-layer salinity in the SAMW formation region. Compared with 2004-2009, similar to the  
420 heat, the Ekman advection of freshwater decreases by around 14% from  $-95.7 \text{ psu} \cdot \text{mm} \cdot$   
421  $\text{day}^{-1}$  to  $-82.5 \text{ psu} \cdot \text{mm} \cdot \text{day}^{-1}$  during 2010-2015, contributing to the mixed-layer salinity  
422 increase in the SAMW formation region (Figures 9 and 10). In addition, changes in freshwater  
423 flux also contribute to the mixed layer's salinification during 2010-2015, with reduced  
424 precipitation overwhelming weakened evaporation (Figures 9 and 10). Thus, air-sea freshwater  
425 fluxes and Ekman freshwater advection dominate the increase in the mixed-layer salinity. In  
426 contrast, the increase in the mixed-layer temperature is driven by Ekman heat advection rather  
427 than air-sea heat fluxes.

428 *e. Relationship with the Southern Annular Mode*

429 The Southern Annular Mode (SAM), as a major driver of Southern Hemisphere variability, is  
430 featured by a seesaw pattern for atmospheric mass between the mid- and high-latitudes of the  
431 Southern Hemisphere (Hartmann and Lo, 1998; Thompson and Wallace, 2000). The SAM is  
432 characterized by multiple timescales, with more frequent positive events in recent decades  
433 (Figure S8). On the decadal to multi-decadal timescale, the SAM is in positive phase during  
434 2004-2018 (Figure 11a). North of  $50^{\circ}\text{S}$ , the zonal wind stress weakens during the positive  
435 phase of SAM, as their correlation is negative. In contrast, the zonal wind stress south of  $50^{\circ}\text{S}$   
436 strengthens during positive SAM, as their correlation turns positive (Figure 11b). Thus, positive  
437 wind stress curl anomalies occur over  $40^{\circ}\text{-}55^{\circ}\text{S}$  (Figure 11c), consistent with previous studies

438 (Hall and Visbeck, 2002; Lovenduski, 2005; Marshall, 2003; Yang et al., 2016). Furthermore,  
439 the meridional Ekman advection can be influenced by changes in SAM. The mixed-layer  
440 temperature and salinity show a weak positive correlation with the SAM index at 95%  
441 confidence (Figures 11d and 11e), which can explain, to a certain extent, the observed changes  
442 in the mixed-layers. Positive correlations between the net air-sea and latent heat fluxes and the  
443 SAM index are found in the central SIO. In contrast, no significant correlation exists in most  
444 SAMW formation regions (Figures 11f and 11g). The correlation between  
445 evaporation/precipitation and the SAM index is negative, which means reduced evaporation  
446 and precipitation (Figures 11h and 11i). This result is consistent with the changes in  
447 evaporation and precipitation during 2004-2015.

448 ENSO might be another important driver of the SAMW variability in the SIO by affecting the  
449 air-sea interactions over the SAMW formation region (Sallée et al., 2008b). The impact of  
450 ENSO on the SAMW properties is not analyzed in this study, and we leave it for a future  
451 investigation.

#### 452 **4 Spiciness Variations in the Permanent Thermocline**

453 The SAMW subducts into the permanent thermocline and continues to spread through the gyre  
454 circulation. It retains the winter conditions of its formation region and efficiently transports  
455 temperature and salinity anomalies caused by air-sea interactions. The anomalous temperature  
456 and salinity are mainly advected by the mean geostrophic current along the isopycnal surfaces  
457 (Luyten et al., 1983), which are temperature-salinity compensated and referred to as spiciness  
458 anomalies. A significant cooling and freshening (spiciness) trend is found on the  $\sigma_{\theta}=26.5-26.8$   
459  $\text{kg} \cdot \text{m}^{-3}$  isopycnal surfaces during 2004-2018, covering much of the SIO south of 10°S. The  
460 most robust cooling and freshening trends reach up to  $-0.4 \text{ }^{\circ}\text{C} \cdot \text{decade}^{-1}$  and  $-0.1$   
461  $\text{psu} \cdot \text{decade}^{-1}$  at 95% confidence on the  $\sigma_{\theta}=26.5-26.8 \text{ kg} \cdot \text{m}^{-3}$  isopycnal surfaces,

462 respectively (Figures 12a and 12b). This results in the subduction of cooler and fresher water  
463 due to poleward displacement of outcropping lines.

464 The pathways of spiciness anomalies are largely set by the subtropical gyre circulation in the  
465 SIO (Figure 12). There are two distinct pathways for the spread of spiciness anomalies from  
466 the SAMW formation region. Firstly, the spiciness anomalies of the SAMW generated off the  
467 southwest coast of Australia spread slowly northward to the tropics via the anticyclonic  
468 subtropical gyre and then rapidly westward by the South Equatorial Current (Figure 12c),  
469 suggesting that the spiciness anomalies propagate at speed close to the mean current velocities  
470 (Kolodziejczyk et al., 2019). Secondly, the spiciness anomalies west of 100°E extend  
471 northwestward, towards the subtropical southwestern Indian Ocean, through the subtropical  
472 gyre (not shown). A positive spiciness signal occurs in the SAMW outcropping areas during  
473 2004-2009, while a negative spiciness signal takes place during 2010-2015 (Figure 12d). It  
474 takes around 3 years for these spiciness signals to spread into the interior of the subtropical  
475 ocean. Thus, a significant freshening/cooling trend on the  $\sigma_0=26.5-26.8 \text{ kg} \cdot \text{m}^{-3}$  isopycnal  
476 surfaces appear over much of the SIO during 2004-2018 (Figures 12). Moreover, the  
477 strengthening Indonesian Throughflow over the past decades might contribute to the  
478 cooling/freshening trend between 15°S and 20°S in the SIO (Hu et al., 2019; Li and Wang,  
479 2015; Zhang et al., 2018). The enhanced circulation in the SIO (not shown) might also  
480 contribute to the spiciness anomalies when this anomalous current crosses the salinity front (Li  
481 et al., 2012; Schneider, 2000), which likely explains the uneven spatial distribution of the  
482 spiciness anomalies.

483 **5 Discussion**

484 The SAMW subduction rate is closely related to the deep winter mixed layers in the SAMW  
485 formation region. Air-sea buoyancy forcing and wind forcing are considered the two most

486 important processes responsible for the formation of deep winter mixed layers in the  
487 Subantarctic Zone (Holte et al., 2012). Gao et al. (2018) point out that wind forcing rather than  
488 buoyancy forcing is responsible for increases in the depth and thickness of the SAMW over  
489 the southern hemisphere oceans during 2005-2015 through stronger convective overturn. Qu  
490 et al. (2020) suggest that the deepening mixed layers and consequently the increasing SAMW  
491 subduction rate contribute to increasing the SAMW volume during 2005-2019, as a result of  
492 strengthening westerly winds. However, Kolodziejczyk et al. (2019) imply that the Ekman  
493 pumping anomalies can not explain the deepening of isopycnal surfaces and that the air-sea  
494 buoyancy flux anomalies may be the possible driving force during 2006-2015. Hong et al.  
495 (2020) suggest that changes in both sea surface buoyancy flux and Ekman pumping contribute  
496 to the MLD changes over the SAMW formation region in the SIO during 2004-2015. Thus, the  
497 relative importance of air-sea buoyancy flux and wind forcing varies with different periods and  
498 formation regions.

499 In this study, we investigate the role of air-sea buoyancy flux and Ekman pumping to  
500 understand the thermodynamic and dynamic processes involved in the MLD variability  
501 observed during 2004-2018. The air-sea heat exchange and surface winds from both ERA5 and  
502 NCEP2 are used to calculate the sea surface buoyancy flux and Ekman pumping to test the  
503 uncertainties due to datasets. The results from ERA5 are consistent with those from NCEP2  
504 (not shown). A decreasing trend of the buoyancy flux occurs in the SAMW formation region  
505 during 2004-2018. Meanwhile, wind stress curl shows a positive trend in the SAMW formation  
506 region during 2004-2018. Our results indicate that the increasing trend of the L-SAMW  
507 subduction rate can be explained by strengthening downward Ekman pumping and buoyancy  
508 loss via more robust mixing during 2004-2018.

509 A subduction-heaving-transformation sequence is proposed to explain the volume balance of  
510 the water masses in the interior ocean, and this is regarded as the primary mechanism driving

511 the volume variability of the SAMW (Portela et al., 2020). It suggests that the transformation  
512 rates not only result from ocean surface buoyancy fluxes, but also from diapycnal mixing in  
513 the ocean interior. Diapycnal mixing is well known to be important near the ocean's surface  
514 and bottom (Cerovečki et al., 2013; Rintoul, 2018; Rintoul and Naveira Garabato, 2013;  
515 Abernathey et al., 2016). In addition, the importance of diapycnal mixing for water transport  
516 has been reported at intermediate depths of 500-1000 m in certain conditions (Garabato et al.,  
517 2004; Portela et al., 2020). Cerovečki and Mazloff (2016) assess the role of air-sea buoyancy  
518 fluxes and diapycnal mixing in the SAMW formation in the density range of 26.7-27.2  
519  $\text{kg} \cdot \text{m}^{-3}$  using the SOSE model results during 2008-2010. The formation rate is  $7.9 \text{ Sv}$  due to  
520 surface buoyancy flux and  $8.8 \text{ Sv}$  due to ocean diapycnal mixing, balanced by advective export  
521 into the interior ocean. A net transformation between Upper Circumpolar Deep Water and the  
522 lighter Antarctic Intermediate Water/SAMW layers is found by estimating water mass  
523 conversion at the surface and within the interior ocean (Downes et al., 2011; Lumpkin and  
524 Speer, 2007; Sloyan and Rintoul, 2001b). More recently, Portela et al. (2020) suggest that the  
525 diapycnal transformation from the lower to the upper layers plays an essential role in the  
526 SAMW upper-layer volume gain.

## 527 **6 Summary**

528 A gridded Argo dataset is used to investigate the formation and property variations of the  
529 SAMW and their impacts on spiciness in the subtropical SIO during 2004-2018. A  
530 warming/salinification trend of the SAMW is observed, within a two-layer structure,  
531 consisting of relatively thicker layer of more warm, salty and light SAMW and a thinner layer  
532 of cool, fresh and dense SAMW, during the period of observation. The decomposition of  
533 temperature and salinity anomalies shows that both heaving and spiciness are essential for the  
534 observed changes in the SAMW properties. The warming/salinification contribution from

535 heaving is more substantial than the cooling/freshening contribution from spiciness. Thus, an  
536 overall warming/salinification trend of the SAMW is detected in the SIO.

537 The intensifying wind stress curl over the Subantarctic Zone leads to the deepening of the  
538 isopycnal surfaces of the SAMW during 2004-2018. This deepening of isopycnal surfaces is  
539 also supported by the surface buoyancy flux loss during 2004-2018. The maximum deepening  
540 of the isopycnal surfaces is found in the M-SAMW, favoring not only an increase in the volume  
541 of the warm and salty L-SAMW but also a decrease in the volume of the cool and fresh D-  
542 SAMW (Figure 13).

543 The cooling/freshening contribution from the spiciness process is mainly due to a southward  
544 displacement of density outcropping lines, which induces the subduction of colder and fresher  
545 water from the south. The southward displacement of density outcropping lines in the SAMW  
546 formation region during 2010-2015 is due to the increased mixed-layer temperature during  
547 winter.

548 The subducted colder and fresher water spreads along isopycnal surfaces via the subtropical  
549 gyre, which results in a cooling/freshening spiciness trend over much of the subtropical SIO  
550 during 2004-2018.

551 Our results suggest that the 15-year-long trends of the SAMW properties involve both dynamic  
552 and thermodynamic processes. The decomposition of changes in the SAMW properties into  
553 heaving and spiciness processes relates closely to climate variability, ocean ventilation, and  
554 air-sea interaction induced thermohaline shifts. The SAMW transmits surface signals at high  
555 latitudes into the ocean interior towards lower latitudes, providing important memory for  
556 climate variability and anthropogenic change. The changes of ocean temperature and salinity  
557 caused by ocean ventilation and air-sea forced thermohaline shifts are quite significant but with  
558 opposite signs under current climate change; however, this cannot be displayed in Cartesian  
559 coordinates. Further investigations using particle tracking (Lange and van Sebille, 2017) in

560 conjunction with climate model simulations (Eyring et al., 2016), and more attention to the  
561 dynamics and thermodynamics drivers, will help to increase understanding of present-day and  
562 future SAMW changes, and therefore of our changing climate system.

563

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574

575 *Data Availability Statement.*

576 Argo data were collected and made freely available by the International Argo Program and the  
577 national programs that contribute to it (<http://www.argo.ucsd.edu>, <http://argo.jcommops.org>).  
578 The ERA5 dataset is provided by CMEMS at  
579 [https://cds.climate.copernicus.eu/cdsapp#!/dataset/reanalysis-era5-single-levels-monthly-](https://cds.climate.copernicus.eu/cdsapp#!/dataset/reanalysis-era5-single-levels-monthly-means?tab=form)  
580 [means?tab=form.](#) The GPCP precipitation is obtained from NASA/GSFC  
581 (<http://precip.gsfc.nasa.gov>). The OAFlux evaporation is available at <http://oaflux.whoi.edu>.

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830

831 **List of Tables**

832 **Table 1.** The standard deviation of total variations and interannual-to-decadal variations of  
833 volume-weighted mean potential temperature and salinity of the SAMW and corresponding  
834 heaving and spiciness process.

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837 **Table 1.** The standard deviation of total variations and interannual-to-decadal variations of  
 838 volume-weighted mean potential temperature and salinity of the SAMW and corresponding  
 839 heaving and spiciness process.

	$STD_{\theta}$	$STD_{\theta-H}$	$STD_{\theta-S}$	$STD_S$	$STD_{S-H}$	$STD_{S-S}$
Variations	0.0522	0.1986	0.0786	0.0051	0.0256	0.0180
Interannual-to-decadal variation	0.0184	0.0522	0.0377	0.0047	0.0068	0.0084
Percentage	35%	26%	48%	92%	27%	47%

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842 **List of Figures**

843 **Figure 1.** (a) Distribution of Argo profiling floats in 2018 December. (b) Monthly number of  
844 Argo profiling floats in the domain 20°-140°E and 10°-60°S (gray bars) and in the SAMW  
845 formation region [black box in (a), back bars].

846 **Figure 2.** Linear trends of zonally averaged (60°-120°E) (a) potential temperature ( $^{\circ}\text{C} \cdot \text{yr}^{-1}$ ,  
847 shaded) and (b) salinity ( $\text{psu} \cdot \text{yr}^{-1}$ , shaded) for 2004-2018, superimposed with the  
848 climatological mean potential density (black contour) and PV ( $10^{-10} \text{ m}^{-1}\text{s}^{-1}$ , enclosed green  
849 contours). Blue contours in (a) and red contours in (b) show potential density averaged during  
850 2004-2009 and 2010-2015, respectively. The dotted areas in (a-b) indicate that linear trends are  
851 statistically significant at the 95% confidence levels from a modified Mann-Kendall test.  
852 Annual mean, the interannual to decadal variability, and linear trend of (c) volume, (d)  
853 thickness at 32.5°S, (e) potential temperature, (f) salinity anomalies of the SAMW. The  $p < 0.05$   
854 means that the linear trends are statistically significant at the 95% confidence levels.

855 **Figure 3.** Annual mean (a) volume, (b) thickness at 32.5°S, (c) ocean heat content, and (d)  
856 ocean salinity content between different isopycnal layers of the SAMW. Light, Medium, and  
857 Dense means L-SAMW, M-SAMW, and D-SAMW, respectively.

858 **Figure 4.** Contribution of heaving and spiciness processes to changes in the SAMW potential  
859 temperature (a-b) and salinity (c-d). Trends are removed in (b) and (d).

860 **Figure 5.** (a-d) Linear trends of pressure ( $\text{dbar} \cdot \text{decade}^{-1}$ ) of the  $\sigma_{\theta}=26.5-26.8 \text{ kg} \cdot \text{m}^{-3}$   
861 isopycnal surfaces during 2004-2018, superimposing with annual-mean low PV (contours).  
862 Black contour represents mean value averaged over 2004-2018, blue (red) contour is mean  
863 value averaged during 2004-2009 (2013-2018). The dots indicate the area where the fitted  
864 linear trend is above 95% confidence level. Linear trend of (e) surface buoyancy flux ( $10^{-7} \text{ kg} \cdot$   
865  $\text{m}^{-1} \cdot \text{s}^{-3} \cdot \text{yr}^{-1}$ , shaded), and (f) wind stress ( $\text{N} \cdot \text{m}^{-2} \cdot \text{yr}^{-1}$ , vectors) and wind stress curl  
866 ( $10^{-9} \text{ N} \cdot \text{m}^{-3} \cdot \text{yr}^{-1}$ , shaded) during 2004-2018.

867 **Figure 6.** Climatological mean and linear trend of (a, b) annual subduction rate, (c, d) lateral  
868 induction term, and (e, f) vertical pumping term during 2004-2018. Units are  $m \cdot yr^{-1}$  and  $m \cdot$   
869  $yr^{-2}$ , respectively. (g, h) Time series of annual mean subduction rate, lateral induction term,  
870 and vertical pumping term averaged within the mixed-layer density range of 26.5-27.1  $kg \cdot$   
871  $m^{-3}$ .  $u * \nabla H$ ,  $um * \nabla H$ , and  $u * \nabla Hm$  in (h) represent lateral induction with temporally  
872 geostrophic current and mixed layer depth, lateral induction with climatological geostrophic  
873 current and temporally varying mixed layer depth, and lateral induction with climatological  
874 mixed layer depth and temporally varying geostrophic current, respectively.

875 **Figure 7.** Wintertime (July-September, JAS) mixed-layer depth anomalies (bar), (a-c) sea  
876 surface buoyance ( $-B_{net}$ , positive means buoyancy loss, line), and (d-f) downward Ekman  
877 pumping velocity (line) averaged over the SAMW subduction regions ( $55^{\circ}$ - $140^{\circ}$ E,  $30^{\circ}$ - $55^{\circ}$ S)  
878 between different isopycnal layers. High-frequency signals are removed by applying a 13-  
879 month running mean twice.

880 **Figure 8.** Wintertime (JAS) mixed-layer (a) temperature ( $^{\circ}$ C, shaded) and (b) salinity (psu,  
881 shaded) differences between 2010-2015 and 2004-2009, superimposing with climatological  
882 mean potential density (solid black lines) and mixed layer depth of 150 m (dashed green lines)  
883 during 2004-2009 and 2010-2015, respectively. Climatological mean mixed-layer (c)  
884 temperature ( $^{\circ}$ C) and (d) salinity (psu) meridional gradients in JAS during 2004-2018.  
885 Wintertime (JAS) mixed-layer (e) potential density latitude and corresponding (f) temperature  
886 and (g) salinity along longitude averaged during 2004-2018 and their differences between  
887 2010-2015 and 2004-2009.

888 **Figure 9.** Mixed layer variations in the SAMW formation region and contribution of air-sea  
889 fluxes and meridional Ekman heat/freshwater advection during winter (JAS). Time series of  
890 mixed-layer (a) potential temperature, (b) climatological mean air-sea heat fluxes ( $Q_{net} =$   
891  $Q_{sw} + Q_{lw} + Q_{lh} + Q_{sh}$ : net air-sea heat flux;  $Q_{sw}$ : shortwave radiation;  $Q_{lw}$ : longwave

892 radiation;  $Q_{lh}$ : latent heat flux;  $Q_{sh}$ : sensible heat flux) and meridional Ekman heat advection  
893 ( $Adv_e = -\rho C_p V_e \frac{dMLT}{dy}$ ) and (c) their changes between 2010-2015 and 2004-2009. Time series  
894 of mixed-layer (c) salinity, (d) climatological mean air-sea freshwater fluxes [ $S_0(E - P)$ ;  $P$ :  
895 precipitation;  $E$ : evaporation] and meridional Ekman freshwater advection ( $Adv_e = -V_e \frac{dMLS}{dy}$ )  
896 and (e) their changes between 2010-2015 and 2004-2009. Bars in (a and d) represent changes  
897 in winter (JAS), and lines represent yearly mean change.

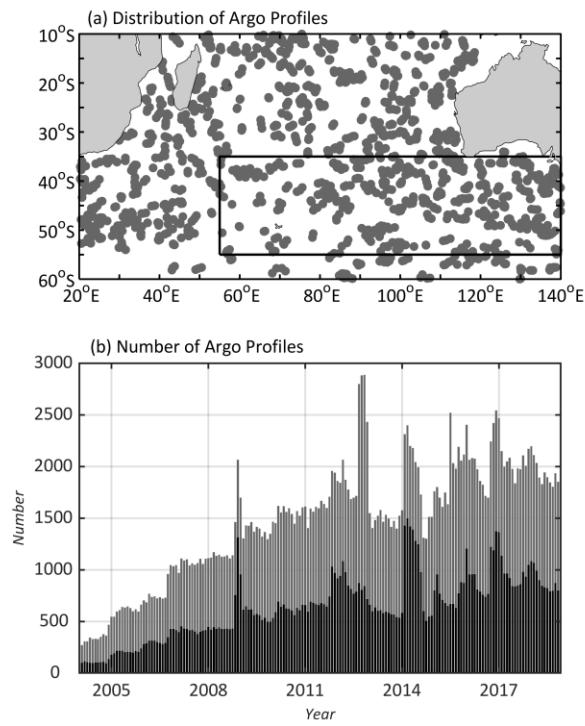
898 **Figure 10.** The change of (a) air-sea heat flux ( $W \cdot m^{-2}$ ), (b) wind stress ( $N \cdot m^{-2}$ , vector) and  
899 Ekman heat advection ( $W \cdot m^{-2}$ , shaded), (c) freshwater flux ( $psu \cdot mm \cdot day^{-1}$ ), and (d) zonal  
900 wind stress ( $N \cdot m^{-2}$ , contour) and Ekman freshwater advection ( $psu \cdot mm \cdot day^{-1}$ , shaded)  
901 averaged during July-September between 2004-2009 and 2010-2015. The green contour in (a-  
902 d) represents a winter deep mixed layer at a depth of 150 m averaged during 2004-2018.

903 **Figure 11.** (a) Time-series of the SAM index. The mapped correlation coefficient of (b) zonal  
904 wind stress, (c) wind stress curl, (d) mixed-layer temperature, (e) mixed-layer salinity, (f) net  
905 air-sea heat flux, (g) latent heat flux, (h) evaporation and (i) precipitation with the SAM index.  
906 The dots in (b-i) indicate the area where fitted correlation is above 95% confidence level.

907 **Figure 12.** The linear trend of Argo annual mean (a) potential temperature ( $^{\circ}C \cdot yr^{-1}$ , shaded)  
908 and (b) salinity ( $psu \cdot yr^{-1}$ , shaded) averaged on  $\sigma_\theta=26.5-26.8 \text{ kg} \cdot m^{-3}$  isopycnal surfaces  
909 during 2004-2018, superimposing with annual-mean streamlines (contours) and geostrophic  
910 currents (vectors). (c) Annual-mean streamlines (acceleration potential) for mean current  
911 averaged on 26.6-26.8 isopycnal surfaces from 2004-2018, superimposing with the pathway  
912 for anomalous spiciness signals. (d) Hovmöller diagrams of Argo salinity anomalies along  
913 point stations are shown in (c). High-frequency signals are removed by applying a 3-year  
914 running mean.

915 **Figure 13.** Schematic diagram of changes in the SAMW properties and formation. (a) Surface:  
916 climatological mean winter mixed-layer temperature (shading), deep mixed layer at a depth of

917 150 m (black contour), and potential density (blue lines) during 2004-2009; Subsurface:  
918 different classes of the SAMW (shading) and potential density (black lines) during 2004-2009,  
919 and climatological mean low-PV (enclosed green contour); (b) Same with (a), but for the  
920 (mixed layer) 2010-2015/ (subsurface) 2013-2018. Color and corresponding areas in the  
921 subsurface low-PV (enclosed green contour) represent average temperature and volume of  
922 different classes of the SAMW, respectively.



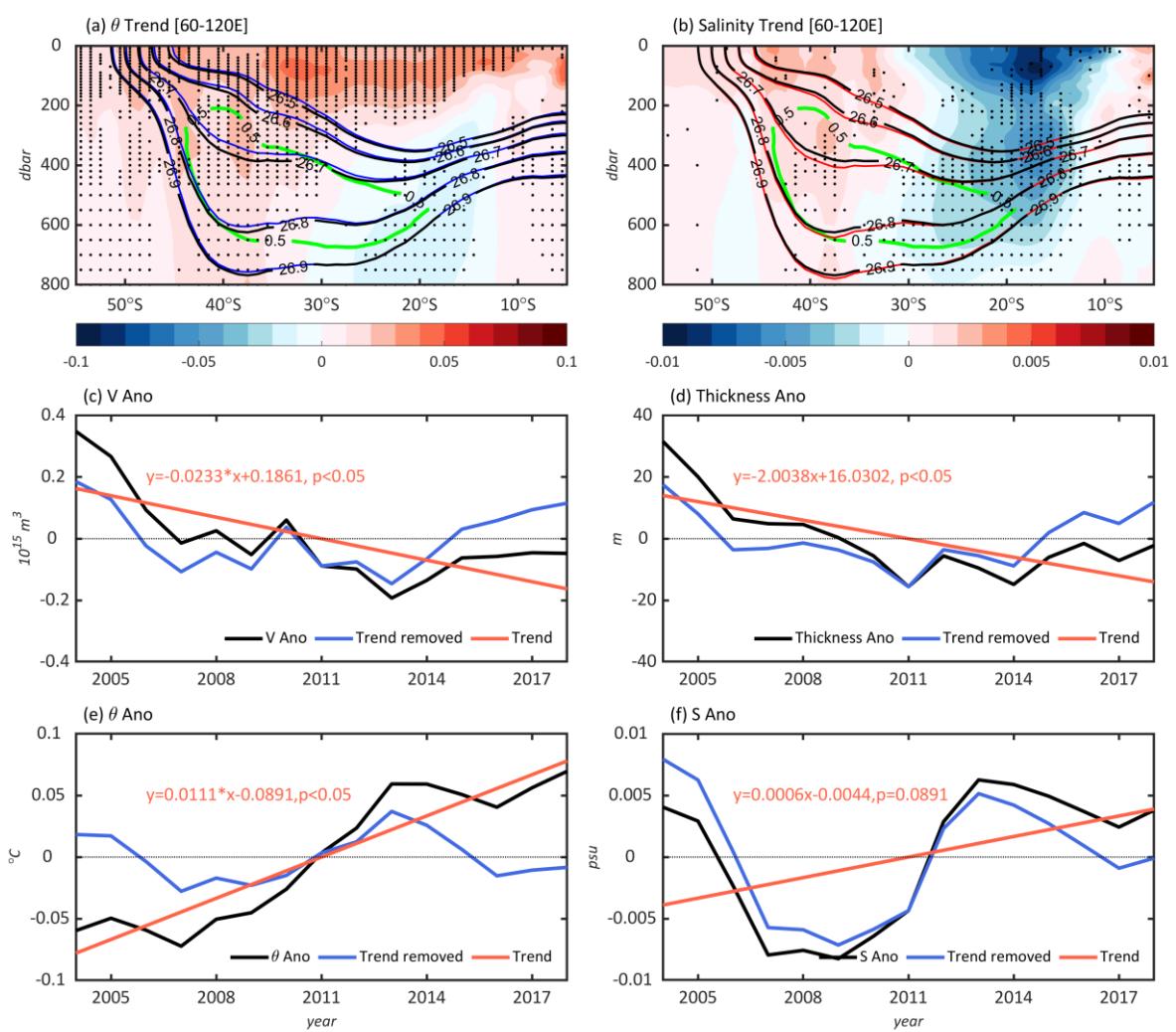
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924 **Figure 1.** (a) Distribution of Argo profiling floats in 2018 December. (b) Monthly number of  
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 926 formation region [black box in (a), back bars].

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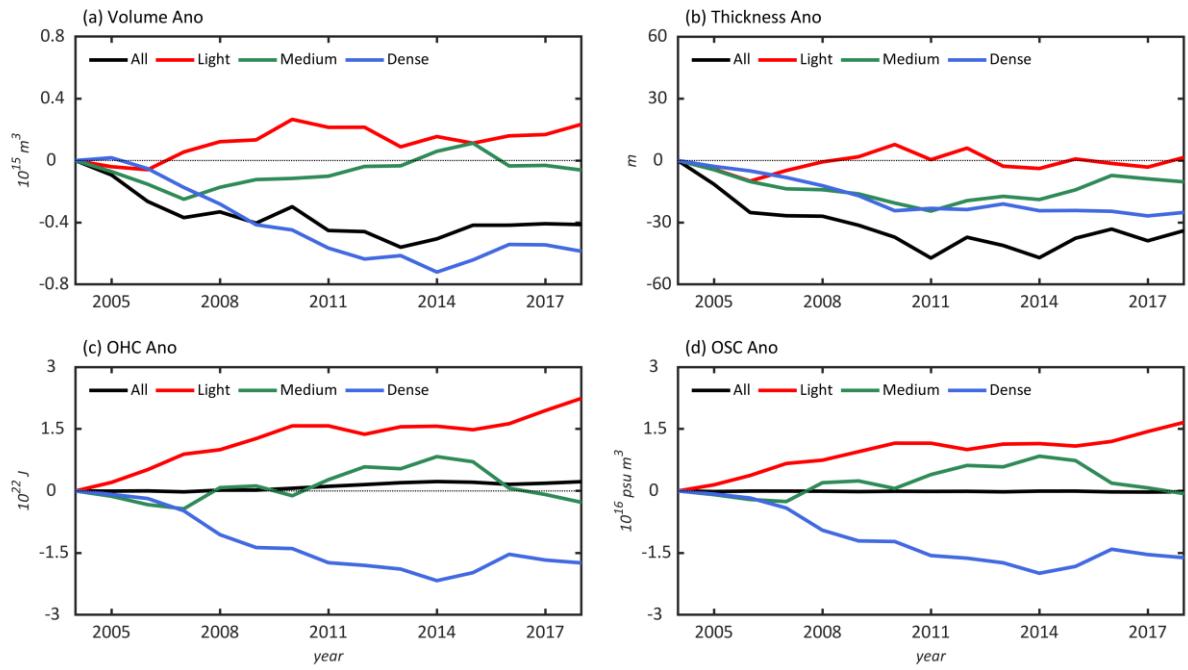
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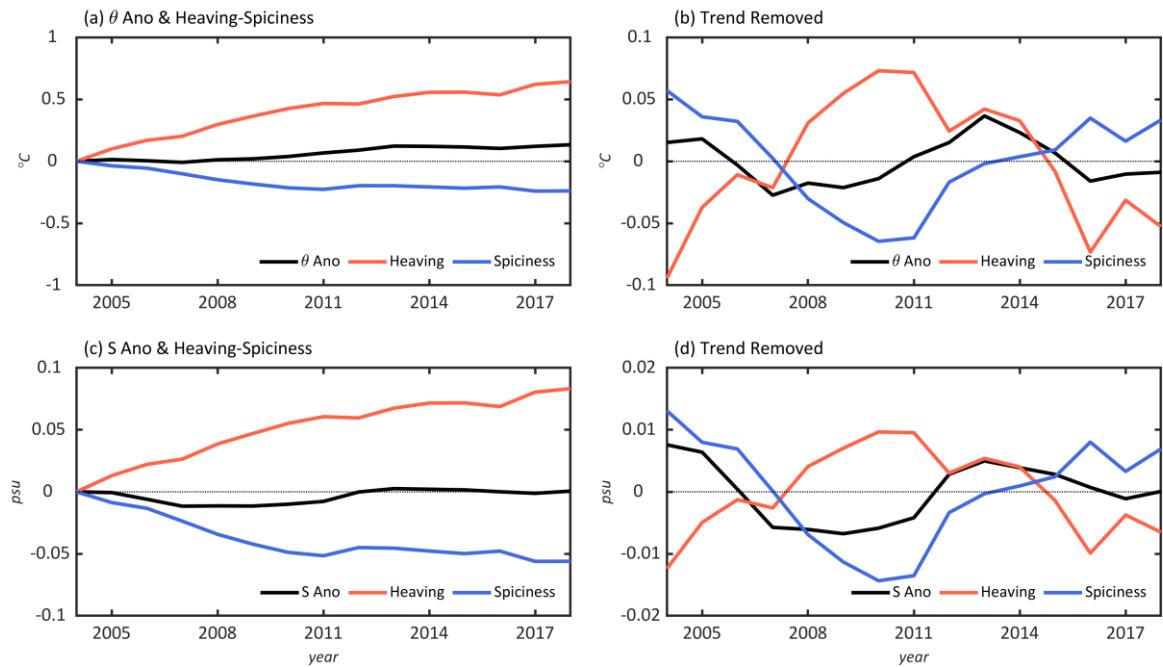


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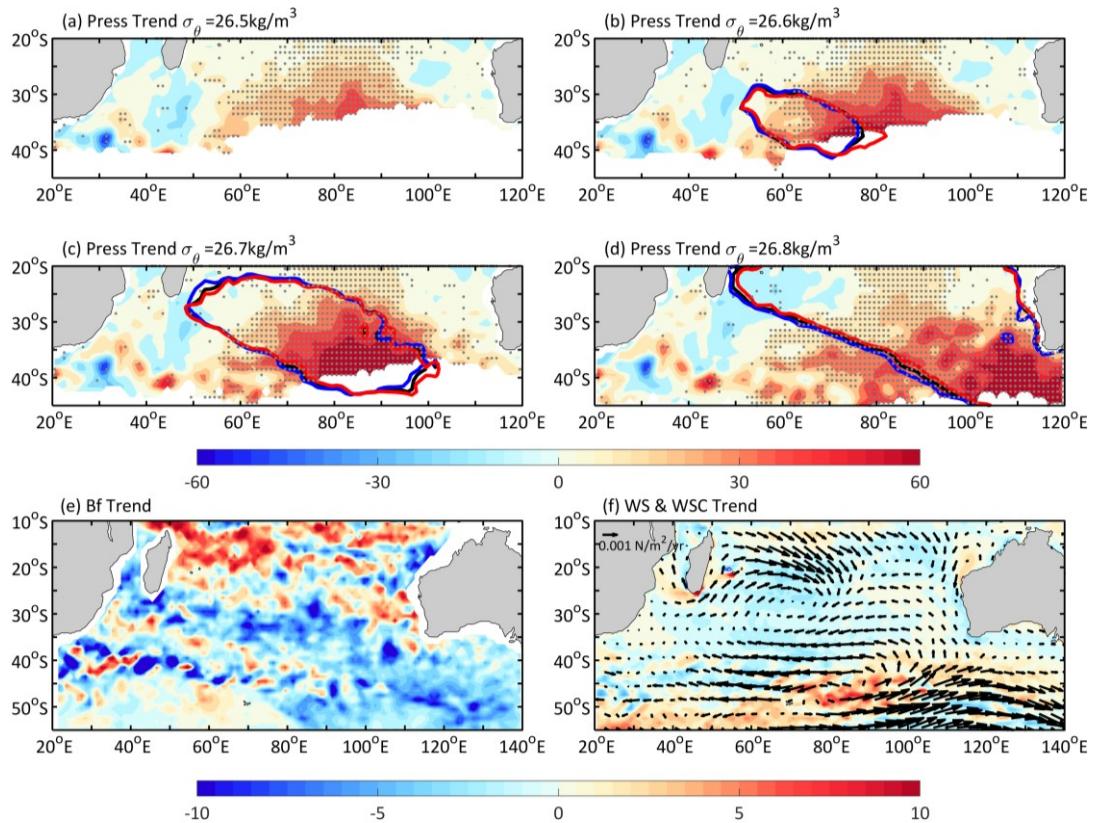
931 **Figure 2.** Linear trends of zonally averaged ( $60^{\circ}$ - $120^{\circ}$ E) (a) potential temperature ( $^{\circ}\text{C} \cdot \text{yr}^{-1}$ ,  
932 shaded) and (b) salinity ( $\text{psu} \cdot \text{yr}^{-1}$ , shaded) for 2004-2018, superimposed with the  
933 climatological mean potential density (black contour) and PV ( $10^{-10} \text{ m}^{-1} \text{s}^{-1}$ , enclosed green  
934 contours). Blue contours in (a) and red contours in (b) show potential density averaged during  
935 2004-2009 and 2010-2015, respectively. The dotted areas in (a-b) indicate that linear trends are  
936 statistically significant at the 95% confidence levels from a modified Mann-Kendall test.  
937 Annual mean, the interannual to decadal variability, and linear trend of (c) volume, (d)  
938 thickness at  $32.5^{\circ}$ S, (e) potential temperature, (f) salinity anomalies of the SAMW. The  $p < 0.05$   
939 means that the linear trends are statistically significant at the 95% confidence levels.



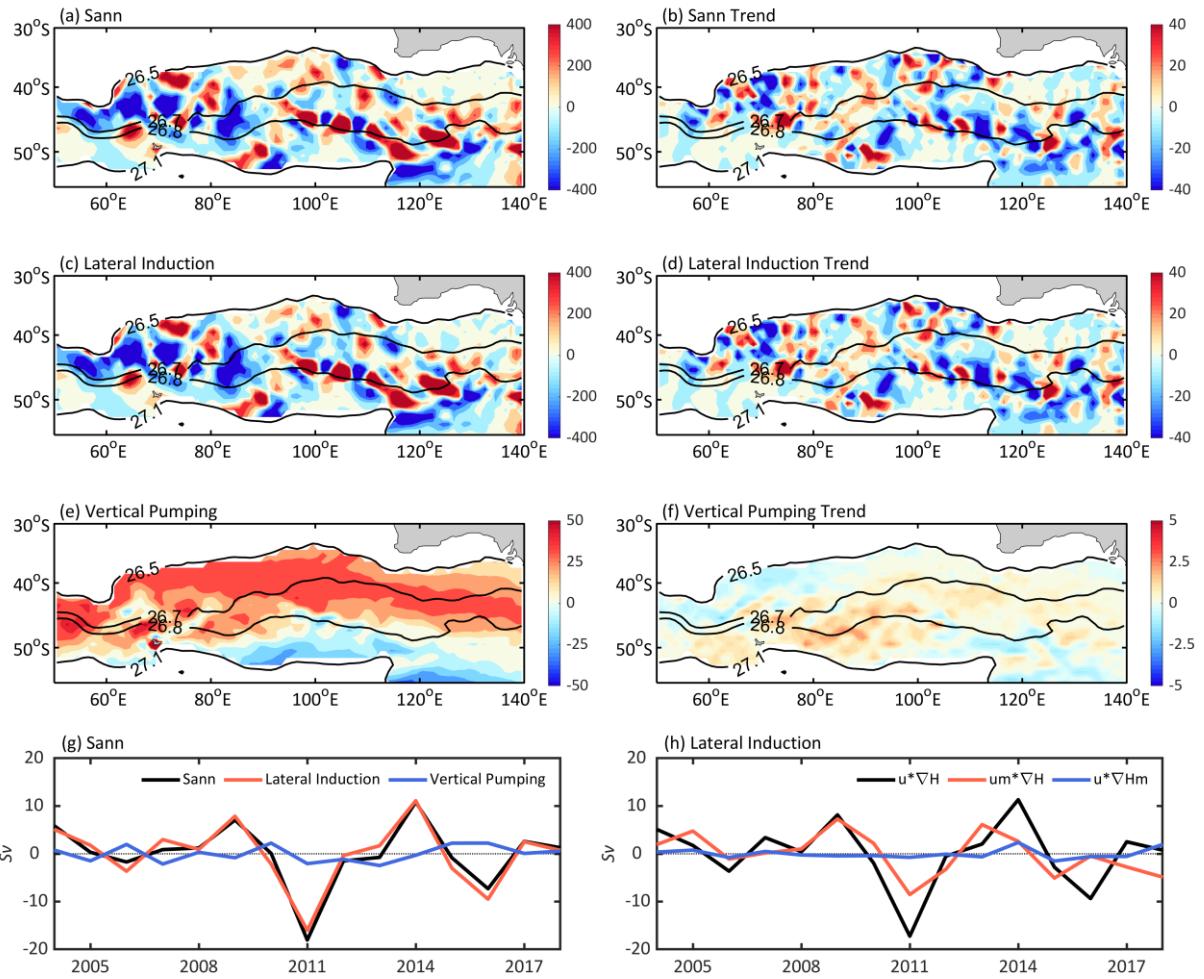
942 **Figure 3.** Annual mean (a) volume, (b) thickness at 32.5°S, (c) ocean heat content, and (d)  
943 ocean salinity content between different isopycnal layers of the SAMW. Light, Medium, and  
944 Dense means L-SAMW, M-SAMW, and D-SAMW, respectively.



948 **Figure 4.** Contribution of heaving and spiciness processes to changes in the SAMW potential  
 949 temperature (a-b) and salinity (c-d). Trends are removed in (b) and (d).



953 **Figure 5.** (a-d) Linear trends of pressure (dbar · decade<sup>-1</sup>) of the  $\sigma_\theta=26.5-26.8 \text{ kg} \cdot \text{m}^{-3}$   
 954 isopycnal surfaces during 2004-2018, superimposing with annual-mean low PV (contours).  
 955 Black contour represents mean value averaged over 2004-2018, blue (red) contour is mean  
 956 value averaged during 2004-2009 (2013-2018). The dots indicate the area where the fitted  
 957 linear trend is above 95% confidence level. Linear trend of (e) surface buoyancy flux ( $10^{-7} \text{ kg} \cdot$   
 958  $\text{m}^{-1} \cdot \text{s}^{-3} \cdot \text{yr}^{-1}$ , shaded), and (f) wind stress ( $\text{N} \cdot \text{m}^{-2} \cdot \text{yr}^{-1}$ , vectors) and wind stress curl  
 959 ( $10^{-9} \text{ N} \cdot \text{m}^{-3} \cdot \text{yr}^{-1}$ , shaded) during 2004-2018.

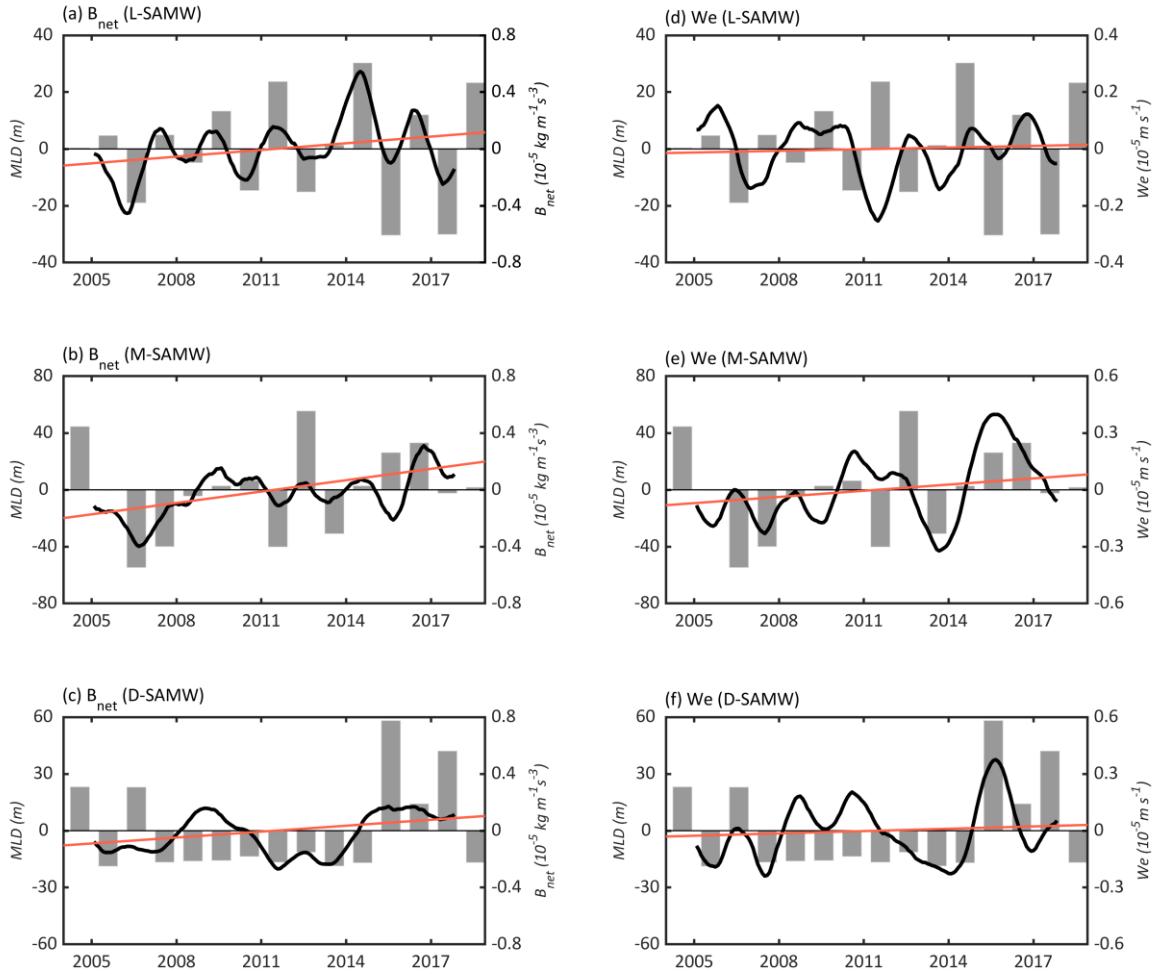


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962 **Figure 6.** Climatological mean and linear trend of (a, b) annual subduction rate, (c, d) lateral  
 963 induction term, and (e, f) vertical pumping term during 2004-2018. Units are  $\text{m yr}^{-1}$  and  
 964  $\text{m yr}^{-2}$ , respectively. (g, h) Time series of annual mean subduction rate, lateral induction  
 965 term and vertical pumping term averaged within the mixed-layer density range of 26.5-27.1  
 966  $\text{kg m}^{-3}$ .  $u * \nabla H$ ,  $um * \nabla H$ , and  $u * \nabla Hm$  in (h) represent lateral induction with temporally  
 967 geostrophic current and mixed layer depth, lateral induction with climatological geostrophic  
 968 current and temporally varying mixed layer depth, and lateral induction with climatological  
 969 mixed layer depth and temporally varying geostrophic current, respectively.

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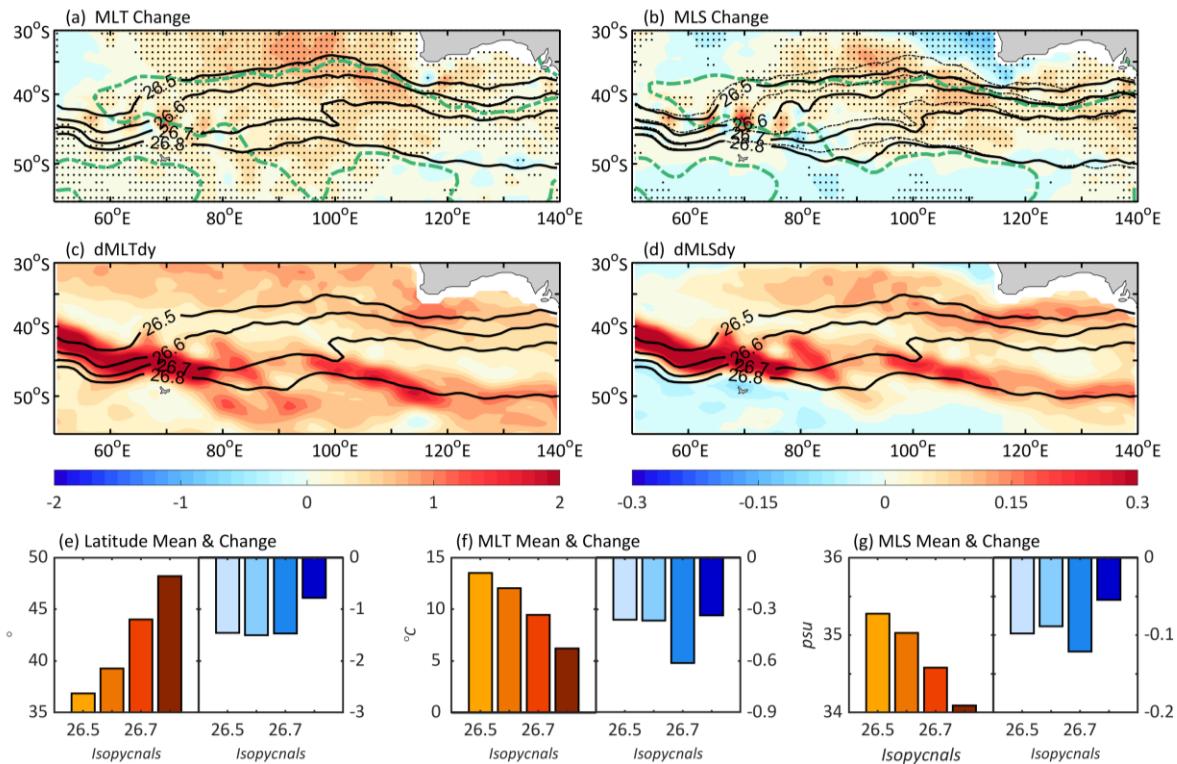
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973 **Figure 7.** Wintertime (July-September, JAS) mixed-layer depth anomalies (bar), (a-c) sea  
 974 surface buoyance ( $-B_{net}$ , positive means buoyancy loss, line), and (d-f) downward Ekman  
 975 pumping velocity (line) averaged over the SAMW subduction regions ( $55^{\circ}$ - $140^{\circ}$ E,  $30^{\circ}$ - $55^{\circ}$ S)  
 976 between different isopycnal layers. High-frequency signals are removed by applying a 13-  
 977 month running mean twice.

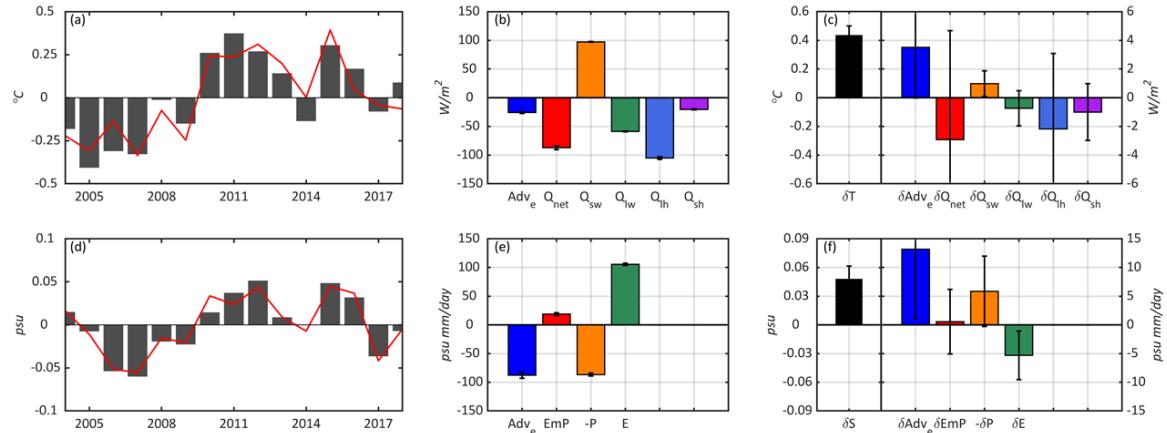
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981 **Figure 8.** Wintertime (JAS) mixed-layer (a) temperature (°C, shaded) and (b) salinity (psu,  
 982 shaded) differences between 2010-2015 and 2004-2009, superimposing with climatological  
 983 mean potential density (solid black lines) and mixed layer depth of 150 m (dashed green lines)  
 984 during 2004-2009 and 2010-2015, respectively. Climatological mean mixed-layer (c)  
 985 temperature (°C) and (d) salinity (psu) meridional gradients in JAS during 2004-2018.  
 986 Wintertime (JAS) mixed-layer (e) potential density latitude and corresponding (f) temperature  
 987 and (g) salinity along longitude averaged during 2004-2018 and their differences between  
 988 2010-2015 and 2004-2009.

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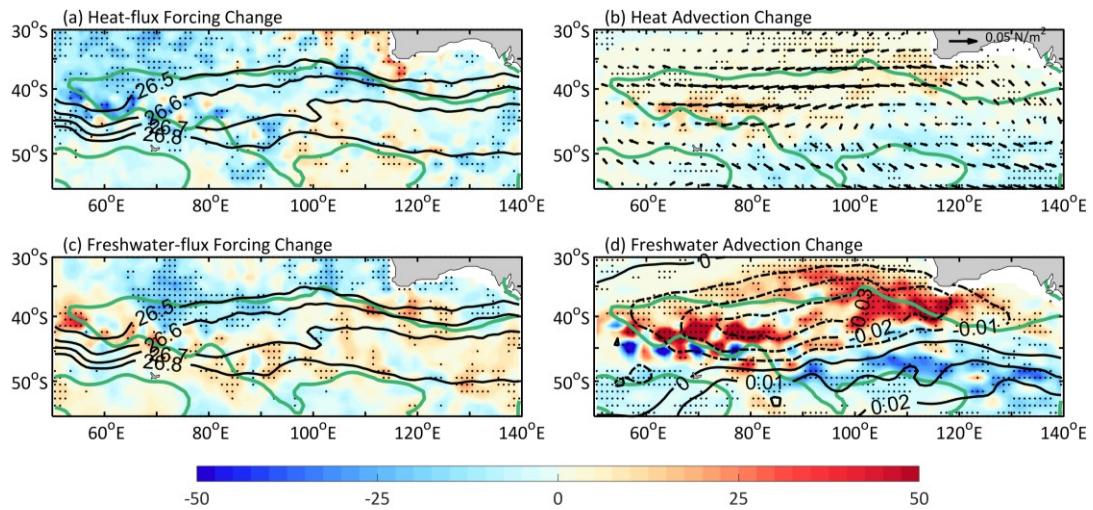
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992

993 **Figure 9.** Mixed layer variations in the SAMW formation region and contribution of air-sea  
 994 fluxes and meridional Ekman heat/freshwater advection during winter (JAS). Time series of  
 995 mixed-layer (a) potential temperature, (b) climatological mean air-sea heat fluxes ( $Q_{\text{net}} =$   
 996  $Q_{\text{sw}} + Q_{\text{lw}} + Q_{\text{lh}} + Q_{\text{sh}}$ : net air-sea heat flux;  $Q_{\text{sw}}$ : shortwave radiation;  $Q_{\text{lw}}$ : longwave  
 997 radiation;  $Q_{\text{lh}}$ : latent heat flux;  $Q_{\text{sh}}$ : sensible heat flux) and meridional Ekman heat advection  
 998 ( $\text{Adv}_e = -\rho C_p V_e \frac{d\text{MLT}}{dy}$ ) and (c) their changes between 2010-2015 and 2004-2009. Time series  
 999 of mixed-layer (c) salinity, (d) climatological mean air-sea freshwater fluxes [ $S_0(E - P)$ ;  $P$ :  
 1000 precipitation;  $E$ : evaporation] and meridional Ekman freshwater advection ( $\text{Adv}_e = -V_e \frac{d\text{MLS}}{dy}$ )  
 1001 and (e) their changes between 2010-2015 and 2004-2009. Bars in (a and d) represent changes  
 1002 in winter (JAS), and lines represent yearly mean change.

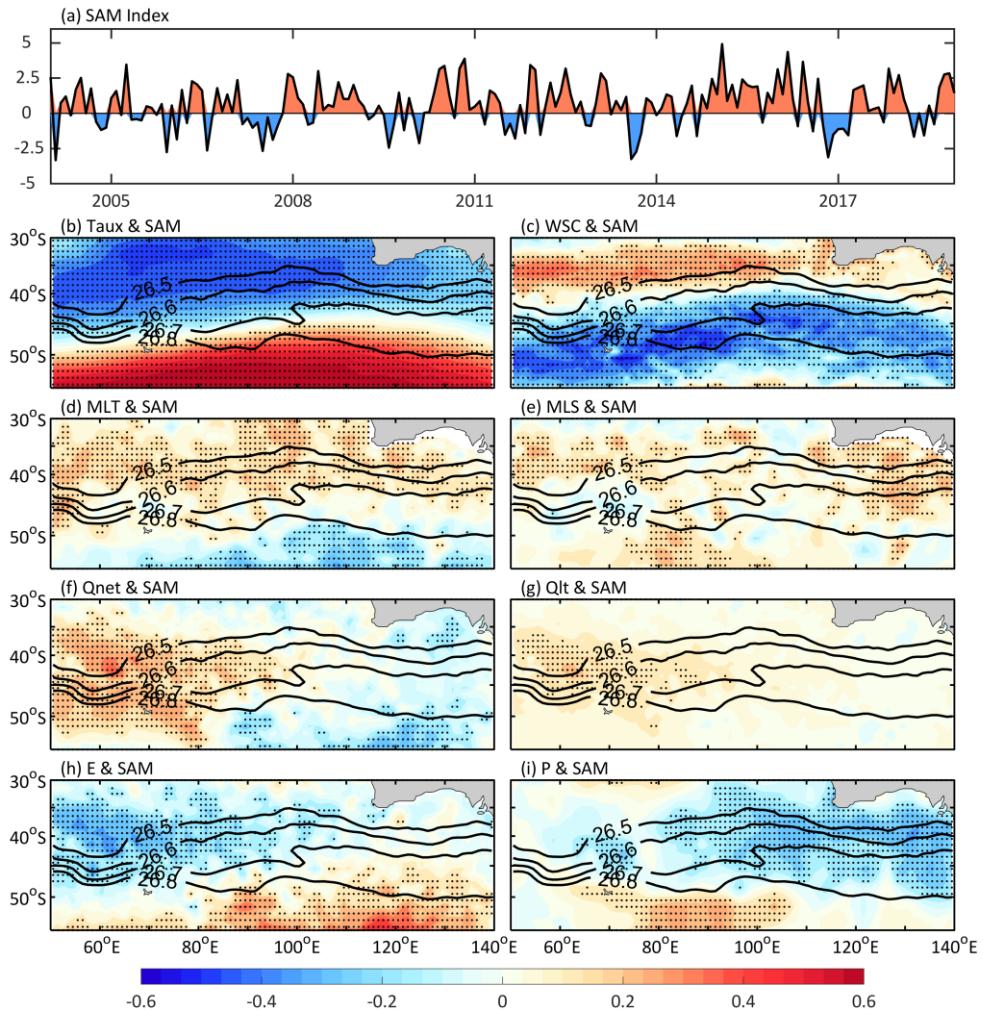
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1006 **Figure 10.** The change of (a) air-sea heat flux ( $\text{W} \cdot \text{m}^{-2}$ ), (b) wind stress ( $\text{N} \cdot \text{m}^{-2}$ , vector) and  
1007 Ekman heat advection ( $\text{W} \cdot \text{m}^{-2}$ , shaded), (c) freshwater flux ( $\text{psu} \cdot \text{mm} \cdot \text{day}^{-1}$ ), and (d) zonal  
1008 wind stress ( $\text{N} \cdot \text{m}^{-2}$ , contour) and Ekman freshwater advection ( $\text{psu} \cdot \text{mm} \cdot \text{day}^{-1}$ , shaded)  
1009 averaged during July-September between 2004-2009 and 2010-2015. The green contour in (a-  
1010 d) represents a winter deep mixed layer at a depth of 150 m averaged during 2004-2018.

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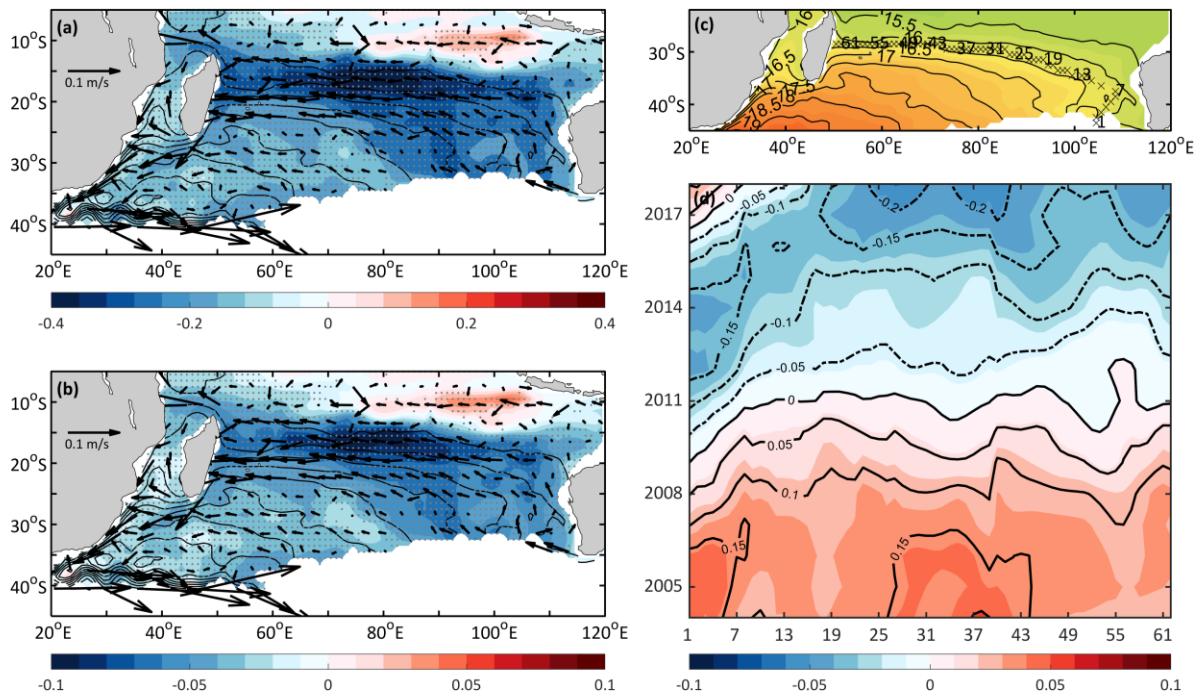
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1015 **Figure 11.** (a) Time-series of SAM index. The mapped correlation coefficient of (b) zonal wind  
 1016 stress, (c) wind stress curl, (d) mixed-layer temperature, (e) mixed-layer salinity, (f) net air-sea  
 1017 heat flux, (g) latent heat flux, (h) evaporation and (i) precipitation with SAM index. The dots  
 1018 in (b-i) indicate the area where the fitted correlation is above 95% confidence level.

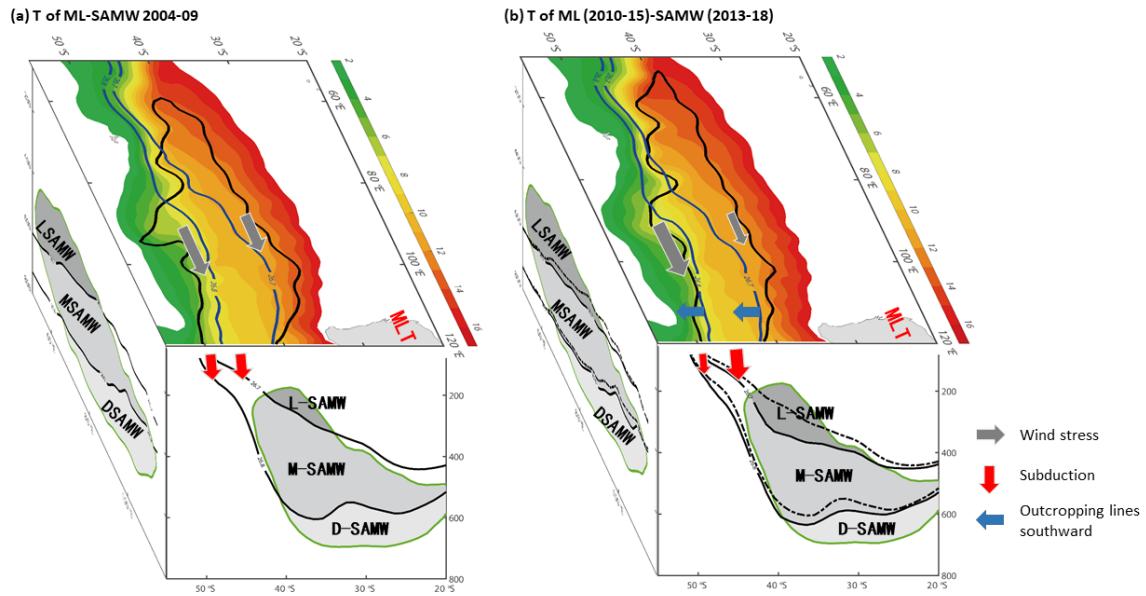
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1022 **Figure 12.** The linear trend of Argo annual mean (a) potential temperature ( $^{\circ}\text{C} \cdot \text{yr}^{-1}$ , shaded)  
1023 and (b) salinity ( $\text{psu} \cdot \text{yr}^{-1}$ , shaded) averaged on  $\sigma_{\theta}=26.5\text{-}26.8 \text{ kg} \cdot \text{m}^{-3}$  isopycnal surfaces  
1024 during 2004-2018, superimposing with annual-mean streamlines (contours) and geostrophic  
1025 currents (vectors). (c) Annual-mean streamlines (acceleration potential) for mean current  
1026 averaged on 26.6-26.8 isopycnal surfaces from 2004-2018, superimposing with the pathway  
1027 for anomalous spiciness signals. (d) Hovmöller diagrams of Argo salinity anomalies along  
1028 point stations shown in (c). High-frequency signals are removed by applying a 3-year running  
1029 mean.

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1034

1035 **Figure 13.** Schematic diagram of changes in the SAMW properties and formation. (a) Surface:  
1036 climatological mean winter mixed-layer temperature (shading), deep mixed layer at a depth of  
1037 150 m (black contour), and potential density (blue lines) during 2004-2009; Subsurface:  
1038 different classes of the SAMW (shading) and potential density (black lines) during 2004-2009,  
1039 and climatological mean low-PV (enclosed green contour); (b) Same with (a), but for the  
1040 (mixed layer) 2010-2015/ (subsurface) 2013-2018. Color and corresponding areas in the  
1041 subsurface low-PV (enclosed green contour) represent average temperature and volume of  
1042 different classes of the SAMW, respectively.

1043