

**Changes in the Subantarctic Mode Water Properties and Spiciness in the
Southern Indian Ocean based on Argo Observations**

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ABSTRACT

The Subantarctic Mode Water (SAMW) plays an essential role in the global heat, freshwater, carbon, and nutrient budgets. In this study, decadal changes in the SAMW properties in the Southern Indian Ocean (SIO) and associated thermodynamic and dynamic processes are investigated during the Argo era. Both temperature and salinity of the SAMW in the SIO show increasing trends during 2004-2018. A two-layer structure of the SAMW trend, with more warm and salty light SAMW but less cool and fresh dense SAMW, is identified. The heaving and spiciness processes are important but have opposite contributions to the temperature and salinity trends of the SAMW. A significant deepening of isopycnals (heaving), peaking at $\sigma_\theta=26.7\text{-}26.8\text{ kg}\cdot\text{m}^{-3}$ in the middle layer of the SAMW, expands the warm and salty light SAMW and compresses the cool and fresh dense SAMW corresponding to the change in subduction rate during 2004-2018. The change in the SAMW subduction rate is dominated by the change in the mixed layer depth, controlled by the changes in wind stress curl and surface buoyancy loss. An increase in the mixed-layer temperature due to weakening northward Ekman transport of cool water leads to a lighter surface density in the SAMW formation region. Consequently, density outcropping lines in the SAMW formation region shift southward and favor the intrusion and entrainment of the cooler and fresher Antarctic surface water from the south, contributing to the cooling/freshening trend of isopycnals (spiciness). Subsequently, the cooler and fresher SAMW spiciness anomalies spread in the SIO via the subtropical gyre.

SIGNIFICANCE STATEMENT

Subantarctic Mode Water is a distinct water mass with vertically uniform properties in the Southern Hemisphere's subtropical gyres. Climate change is imprinted in the SAMW through the ventilation at the base of the winter mixed layer. The ocean modulation associated with wind-forced large-scale waves and circulation also plays an essential role in heat, salinity, and

water mass redistribution. A net increase in volume-weighted potential temperature and salinity of the SAMW is found during the Argo era since 2004, resulting from a combination of climate change and ocean modulation through opposite heaving and spiciness processes. This study improves our understanding of the dynamics and thermodynamics involved in the SAMW formation during rapid climate change.

1 Introduction

The Subantarctic Mode Water (SAMW) is characterized by layers of relatively uniform water mass properties (thermostads, halostads, and pycnostads) over a large ocean volume (Hanawa and Talley, 2001; McCartney, 1979). The SAMW is formed by convective overturn, arising from buoyancy loss and wind forcing during winter in the deep mixed layers of the Subantarctic Zone, between the Subtropical and Subantarctic Fronts (Downes et al., 2010; Holte et al., 2012; Speer and Forget, 2013). The deep winter mixed layers appear as “pools” with uneven coverage around the southern hemisphere oceans (Sallée et al., 2010a; Sallée et al., 2010b), with depths ranging from 200 to 300 m in the southern Atlantic and southwestern Indian Oceans, and to more than 500 m in the southeastern Indian and southern Pacific Oceans (Dong et al., 2008; Li and Lee, 2017; McCartney, 1982). Processes involved in the deep winter mixed layers include air-sea buoyancy fluxes, lateral circulation, Ekman and eddy-induced transport, diapycnal mixing, and upwelling (Holte et al., 2012; Sallée et al., 2008a; Sallée et al., 2010a; Sallée et al., 2006; Sloyan et al., 2010). The SAMW enters the interior ocean through subduction, allowing fluid to pass irreversibly from the winter mixed layers into the permanent thermocline. The subduction of the SAMW is driven by lateral induction and Ekman pumping (Downes et al., 2017; Karstensen and Tomczak, 1997; Karstensen and Quadfasel, 2002a; Qu et al., 2020; Sallée and Rintoul, 2011; Sallée et al., 2010a; Sallée et al., 2012). The subducted SAMW is transported eastward with the Antarctic Circumpolar Current (ACC) and northward into the adjacent subtropical gyres, contributing to the thermocline ventilation (Sloyan and Rintoul, 2001a, b; Speer and Forget, 2013; Talley, 2013). As part of the upper limb of the global overturning circulation, the SAMW plays an essential role in the global heat, freshwater, carbon, and nutrient budgets (DeVries et al., 2017; Gao et al., 2018; Jones et al., 2016; McCartney, 1982; Sabine et al., 2004; Sallée et al., 2012; Sarmiento et al., 2004; Sloyan and Rintoul, 2001b).

76 In the past decade, most of the ocean warming measured by the near-global array of Argo floats
 77 occurred in the Southern Hemisphere, largely associated with changes in SAMW in the
 78 southern Pacific and Indian Oceans (Desbruyères et al., 2017; Gao et al., 2018; Häkkinen et
 79 al., 2016; Kolodziejczyk et al., 2019; Llovel and Terray, 2016; Portela et al., 2020; Roemmich
 80 et al., 2015). The SAMW formation is vigorous in the South Indian Ocean (SIO), attracting
 81 much attention recently. Speer et al. (1997) suggests that the SAMW formation rate in the SIO
 82 in the density range of $26.5\text{--}27.2\text{ kg m}^{-3}$ is 25 Sv, with a peak at 26.9 kg m^{-3} . An estimate of
 83 19.8 Sv in the density range of $26.52\text{--}26.80\text{ kg m}^{-3}$ is reported by Marsh et al. (2000a) using
 84 an isopycnal ocean circulation model. Sloyan and Rintoul (2001a, 2001b) provide an estimate
 85 of 24 Sv in the density range of $26\text{--}26.8\text{ kg m}^{-3}$ through surface fluxes and diapycnal mixing
 86 using an inverse model. A similar assessment of $20\text{--}26\text{ Sv}$ between 25.7 and 26.8 kg m^{-3} is
 87 also given by Karstensen and Quadfasel (2002b). Cerovečki and Mazloff (2016) indicate a
 88 SAMW formation rate in the SIO of 7.6 Sv by heat flux, including surface heat flux and heat
 89 flux due to diapycnal mixing, and 9.6 Sv by freshwater flux, including surface freshwater flux
 90 and freshwater flux due to diapycnal mixing, in the density range of $26.7\text{--}27.2\text{ kg m}^{-3}$, with a
 91 peak at 26.8 kg m^{-3} , based on a framework in which water mass transformation from one
 92 isopycnal layer to an adjacent one by air-sea buoyancy fluxes or diapycnal mixing is estimated.
 93 The deep winter mixed layers in the SIO extend from 50°E to south of Australia and are
 94 confined to the Subantarctic Zone (Koch-Larrouy et al., 2010; Sallée et al., 2006), where three
 95 classes of SAMW are found in different ventilation zones: (a) the light SAMW ($\sigma_\theta < 26.7\text{ kg} \cdot$
 96 m^{-3} , L-SAMW) subducted west of the Kerguelen Plateau, (b) the medium SAMW ($\sigma_\theta = 26.7\text{--}$
 97 $26.8\text{ kg} \cdot \text{m}^{-3}$, M-SAMW) southwest of Australia, and (c) the dense SAMW ($\sigma_\theta > 26.8\text{ kg} \cdot$
 98 m^{-3} , D-SAMW), also the deepest, south of the Australian coast (Cerovečki et al., 2013; Fine,
 99 1993; Hanawa and Talley, 2001; Herraiz-Borreguero and Rintoul, 2011; Koch-Larrouy et al.,
 100 2010; McCartney, 1982; Rintoul and Sokolov, 2001; Talley, 1999; Thompson and Edwards,

1981; Wong, 2005). Waters in the SAMW formation regions in the SIO originates from the Atlantic, the Agulhas Retroflexion region, the Leeuwin Current, the Tasman Sea, and the Antarctic Surface Waters (Koch-Larrouy et al., 2010). After subduction, two SAMW pathways have been identified in the SIO based on the observations: a westward path along the South Australian coast and a westward path across the South Australian Basin (Bye, 1972, 1983; Fine et al., 2008; Koch-Larrouy et al., 2010; Middleton and Bye, 2007).

Argo observations show a two-layer density structure in the trend of the SAMW volume in the SIO, with an upper-layer volume gain and a lower-layer volume loss over the past decade (Hong et al., 2020; Kolodziejczyk et al., 2019; Portela et al., 2020). However, variability and change in temperature and salinity of the SAMW in the SIO are still poorly documented. These variability and change in the SAMW provide crucial memory for the climate system globally and regionally (Banks et al., 2002).

Variability and change of temperature and salinity can be decomposed into variability and change associated with vertical migration of isopycnal surfaces (heaving) and variability and change along isopycnal surfaces (spiciness) (Bindoff and McDougall, 1994; McDougall and Krzysik, 2015). Heaving can arise from adiabatic vertical movement of waters, anomalous wind forcing, and water mass renewal (Clément et al., 2020; Häkkinen et al., 2016). Spiciness can be generated by variability and change in the mixed layer, such as air-sea interface fluxes, convective mixing, and anomalous subduction (Li and Wang, 2015; Luo, 2005; Nagura and Kouketsu, 2018; Nonaka and Sasaki, 2007; Yeager and Large, 2004, 2007). Spiciness can also result from variability and change in the interior ocean, for example, anomalous advection across the mean isopycnal temperature-salinity front (Schneider, 2000). Observed variations in properties of a water mass on isopycnal surfaces (spiciness) have commonly been attributed to variations of surface temperature and salinity in the water's formation regions (Arbic and Brechner Owens, 2001; Bindoff and Church, 1992; Bryden et al., 2003; Bryden et al., 1996;

Johnson and Orsi, 1997; Wong et al., 1999). Subsurface spiciness variations are advected by geostrophic currents in the ocean interior, conveying mid-latitude signals to low latitudes, thus playing an essential role in global and regional climate variability. Therefore, SAMW is regarded as a good indicator of climate change (Banks et al., 2002).

In this study, we investigate the relative roles of the heaving and spiciness processes in the variability and change of the SAMW properties in response to atmospheric/oceanic dynamics and thermodynamics, providing a new insight for exploring variability and change of the SAMW and its impact on the subtropical thermocline waters in the SIO.

The remainder of this paper is arranged as follows. Section 2 describes the datasets and methods for calculating changes in the SAMW properties. The observed changes in the SIO and the SAMW properties and associated thermodynamic and dynamic processes are described in Section 3. Section 4 examines the subsurface spiciness in the SIO. Section 5 discusses the possible dynamic processes affecting the SAMW properties. Conclusions are found in Section 6.

2 Data and Method

a. Data

To decompose ocean temperature and salinity changes into the heaving and spiciness contributions from 2004 to 2018, we use the monthly gridded fields from the Roemmich-Gilson Argo Climatology (RG Argo; (Roemmich and Gilson, 2009)) in this study. These monthly fields have a regular 1° horizontal resolution and 58 vertical levels in the upper 2,000 m. The Argo profiling floats are distributed throughout the SIO, and the cumulative number of floats has increased from less than 500 in the early period of the program to more than 1,000 per month after 2006 (Figure 1), providing a unique opportunity to detect the SAMW low-frequency variability in the SIO.

Both the Global Precipitation Climatology Project (GPCP; (Adler et al., 2016)) version 2.3 combined monthly precipitation dataset and the Objectively Analyzed Air-sea Fluxes (OAFlux; (Yu et al., 2008)) monthly evaporation dataset are used to assess surface freshwater flux. Monthly surface heat flux and surface wind datasets are provided by the fifth generation ECMWF atmospheric reanalysis (ERA5) of the global climate. The data for the period 2004-2018 is used in this study.

b Method

1) POTENTIAL VORTICITY

Mode water refers to a thick layer of water with homogeneous physical properties covering a large area of the ocean. Thus, mode water is featured with low potential vorticity (PV), which stands out from the surrounding water masses as a PV minimum. PV provides an excellent tracer for mode waters due to its conservative nature (McCartney, 1982). PV is given by:

$$PV = \frac{(f+\xi)}{\rho} \frac{\partial \sigma_{\theta}}{\partial z} \quad (1)$$

Where f is the Coriolis parameter, as the planetary vorticity, ξ the relative vorticity, and $\rho = \sigma_{\theta} + 1000 \text{ kg} \cdot \text{m}^{-3}$ the potential density. The relative vorticity is usually negligible compared to the planetary vorticity. The PV values that define the boundaries of specific mode waters in the literature are generally obtained empirically from observations. Here, the SAMW is defined as the layer of low PV ($< 0.5 \times 10^{-10} \text{ m}^{-1} \cdot \text{s}^{-1}$) formed deeper than 200 dbar but lighter than $\sigma_{\theta} = 27.1 \text{ kg} \cdot \text{m}^{-3}$ (Banks et al., 2002; Wong, 2005).

2) GEOSTROPHIC STREAMFUNCTION (ACCELERATION POTENTIAL)

Geostrophic circulation transporting the SAMW from its formation regions is analyzed along isopycnal surfaces using a Montgomery geostrophic streamfunction (McDougall, 1989; Montgomery, 1937). The geostrophic streamfunction in isopycnal surfaces is expressed as

$$A = \phi_a + p\delta = p_0\delta_0 + \int_{\delta_0}^{\delta} p d\delta, \phi_a = \int_p^{p_0} \delta dp \quad (2)$$

Where p is pressure, δ specific volume anomaly, p_0 reference pressure, and δ_0 specific volume anomaly at the reference pressure.

3) BUOYANCY CONTRIBUTION TO SUBDUCTION

Air-sea buoyancy forcing is an essential driver of the winter deep mixed layer via convection (Downes et al., 2010). The net surface buoyancy input is given by

$$B_{\text{net}} = \frac{g\alpha}{C_p} Q_{\text{net}} - g\beta\rho_0 S_m (E - P) - \frac{g}{\rho_0 f} \vec{k} \times \vec{\tau} \cdot \nabla \rho_m \quad (3)$$

where a positive (negative) B_{net} indicates buoyancy gain (loss) that makes the surface density lighter (denser). The first term of the right-hand side represents the air-sea heat fluxes (Q_{net} is the sum of shortwave and longwave radiative and latent and sensible heat fluxes). The second term is the surface freshwater fluxes (evaporation minus precipitation, $E - P$). The third term is the Ekman transport acting on the mixed layer density gradient, denoting Ekman-transport heat and freshwater fluxes. The variable g is the gravitational force, C_p the heat capacity of water, ρ_0 the reference surface density, S_m the mixed-layer salinity, f the Coriolis parameter, α the thermal expansion coefficient and β the haline contraction coefficient. The relative contribution of the surface heat and freshwater fluxes and the Ekman transport of heat and freshwater can be obtained based on the equation, as the kinematic definition of subduction is linked with the thermodynamics of the mixed layer (Downes et al., 2010; Marshall and Marshall, 1995; Nurser and Marshall, 1991). Here, the mixed layer depth (MLD) is defined as the depth where potential density differs from the 10 m value by $0.03 \text{ kg} \cdot \text{m}^{-3}$, which is considered as the optimal measure of the MLD in the Southern Ocean (de Boyer Montégut et al., 2004; Sallée et al., 2006).

4) NET ANNUAL MEAN SUBDUCTION RATE

A kinematic approach for diagnosing subduction rate proposed by Marshall et al. (1993) is used in this study to quantify the formation rate of the SAMW. The net annual subduction rate (S_{ann}) is defined as follow:

$$S_{ann} = -\overline{u_H} \cdot \nabla H - w_e \quad (4)$$

Where $\overline{u_H}$ is the horizontal geostrophic velocity at the base of the mixed layer, H is the depth of wintertime mixed layer base, $w_e = curl(\frac{\tau}{\rho_0 f})$ is the vertical velocity controlled by the Ekman pumping. The first term $\overline{u_H} \cdot \nabla H$ is referred to as the lateral induction. The second is the vertical pumping. The positive subduction represents water irretrievably entering the thermocline layer from the mixed layer in late winter.

5) HEAVING AND SPICINESS IN THE SUBSURFACE LAYERS

The method proposed by Bindoff and McDougall (1994) is used to evaluate temperature and salinity changes of the SAMW in terms of heaving and spiciness contributions. The decomposition is formulated as

$$\frac{d\theta}{dt}|_p = \frac{d\theta}{dt}|_n - \frac{dp}{dt}|_n \frac{\partial\theta}{\partial p} + \text{Residual} \quad (5)$$

$$\frac{dS}{dt}|_p = \frac{dS}{dt}|_n - \frac{dp}{dt}|_n \frac{\partial S}{\partial p} + \text{Residual} \quad (6)$$

Where θ is potential temperature, S salinity, p pressure, t time. The subscript p and n denote that the derivative is along the constant pressure and the isopycnal surface, respectively. $\frac{\partial\theta}{\partial p}$ and $\frac{\partial S}{\partial p}$ are the vertical gradient of climatological mean potential temperature and salinity during 2004-2018, respectively. The term on the left sides of Eqs. (5) and (6) represent the potential temperature and salinity change at pressure surface p . The first term on the right-hand sides of Eqs. (5) and (6) is referred to as the “spiciness” term, a change in temperature or salinity on a

fixed isopycnal surface, and the second term is the “heaving” term, an Eulerian measure of the temperature or salinity change at a fixed depth.

3 Results

a. Changes in SAMW Properties

Over the past 15 years, the SIO has experienced a nearly uniform warming trend in the upper 200 m, with the warming pattern extending to 800 m south of 30°S and north of 12°S (Figure 2a). However, the zonally-averaged trend of the upper ocean salinity shows a less uniform structure, with freshening around 10°S-30°S and salinification on its equatorward and poleward sides (Figure 2b). The salinity trend south of 12°S extends down to 800 m. These changes in temperature and salinity in the SIO might be tightly linked to the SAMW that occupies a large portion of the subsurface layer from the subtropics to mid-latitudes, indicated by the climatological PV minimum (Figures 2a and 2b).

The SAMW volume has undergone a significant reduction by up to $5.3 \times 10^{14} \text{ m}^3$ (11%) during 2004-2013, with only a slight increase after 2013 (Figure 2c). Changes in the SAMW volume are closely related to changes in the SAMW thickness in the subtropical gyre (Figures 2c and 2d), which might respond to changes in the subduction rate of the SAMW and thickness of the winter mixed layers in the Subantarctic Zone (Figure 6; (Downes et al., 2009; Hong et al., 2020).

As the impact of the SAMW volume variations on the volume-weighted mean potential temperature/salinity is not significant (not shown), results are discussed in terms of volume-weighted mean potential temperature/salinity anomalies with a climatological mean PV $< 0.5 \times 10^{-10} \text{ m}^{-1} \cdot \text{s}^{-1}$ in the SIO. The volume-weighted mean potential temperature (salinity) shows significant variations during 2004-2018, with negative (detrended) anomalies during 2006-2010 (2007-2011), positive (detrended) anomalies during 2011-2015 (2012-2016), and

increasing linear trends of $1.1 \times 10^{-1} \text{ }^{\circ}\text{C} \cdot \text{decade}^{-1}$ ($0.5 \times 10^{-2} \text{ psu} \cdot \text{decade}^{-1}$) during the entire period (Figures 2e and 2f). The linear trend of the SAMW potential temperature over 2004-2018 is significant, exceeding the 95% confidence level; however, the linear trend of salinity is non-significant. The difference between potential temperature and salinity variations might be related to the vertical distribution of the two parameters (Figure S4). The potential temperature within the SAMW layers decreases monotonically with pressure throughout the SIO, while the salinity within the SAMW layers decreases with pressure in the subtropical zone around 12°S - 40°S but increases with pressure on its equatorward and poleward sides. The convergence of upper-ocean low-salinity water above high-salinity water on the north and south sides of the subtropical zone is unfavorable for the salinification of the SAMW. The enhanced warm and fresh water transport into the tropical southeastern Indian Ocean by the Indonesian Throughflow (ITF) over the past decades hinders the salinification of the SAMW (Hu et al., 2019; Zhang et al., 2018). The changes in the SAMW properties are well captured by the EN4.2 reanalysis (Figure S1 in the Supplemental Material). The climatological mean potential temperature and salinity of the SAMW is $10.1 \text{ }^{\circ}\text{C}$ and 34.8 psu , respectively, close to earlier estimates from Banks et al. (2002) of $10.5 \text{ }^{\circ}\text{C}$ and 34.9 psu for the PV minimum waters of $<0.6 \times 10^{-10} \text{ m}^{-1} \cdot \text{s}^{-1}$. The interannual-to-decadal variation in potential temperature of the SAMW is less remarkable than the 15-year linear trend, with its standard deviation only accounting for $\sim 35\%$ of the total variance (Figure 2e and Table 1). On the other hand, the interannual-to-decadal variation of the SAMW salinity is more remarkable than the linear trend, with a much larger standard deviation that accounts for $\sim 92\%$ of the total variance (Figure 2f and Table 1).

Changes in the SAMW properties are not uniform across different density layers. A two-layer structure with an upper-layer volume gain and a lower-layer volume loss is found in the SAMW during 2004-2018, consistent with changes in the SAMW thickness (Figures 3a and 3b). This

implies that more L-SAMW ($\sigma_\theta < 26.7 \text{ kg} \cdot \text{m}^{-3}$) but less D-SAMW ($\sigma_\theta > 26.8 \text{ kg} \cdot \text{m}^{-3}$) are formed during this period (Hong et al., 2020; Portela et al., 2020). As a consequence, opposite trends in heat and freshwater storage are exhibited in the two-layer structure, with an increasing trend in the warm and salty L-SAMW and a decreasing trend in the cool and fresh D-SAMW (Figures 3c and 3d), resulting in a net increase of the volume-weighted mean potential temperature and salinity and therefore a net decrease in the potential density of the SAMW (Figures 2e and 2f). The RG Argo results are consistent with that from the EN4.2 reanalysis data (Figure S2).

Decomposition of the SAMW changes shows that both the heaving and spiciness processes are at work, with changes due to the 15-year linear trend much larger than the interannual-to-decadal variability (Figure 4 and Table 1). In terms of interannual-to-decadal variability, heaving contributes to the SAMW warming/salinification during 2008-2014 and cooling/freshening during the remaining period (Figures 4b and 4d). The spiciness contribution is nearly out of phase from heaving (Figure 4b and 4d). For the SAMW potential temperature, the interannual-to-decadal variability of heaving only explains 26% of the total variance, while that of spiciness accounts for 48% of the total variance. Results for the SAMW salinity are similar, with interannual-to-decadal variability of heaving and spiciness processes accounting for 27% and 47% of the total variance, respectively.

For the 15-year linear-trend, heaving components for the decomposition of the SAMW potential temperature and salinity show increasing trends of $0.43 \text{ }^\circ\text{C} \cdot \text{decade}^{-1}$ and $0.06 \text{ psu} \cdot \text{decade}^{-1}$ at 95% confidence, respectively, which contribute to the warming and salinification of the SAMW; whereas the spiciness components experience decreasing trends of $-0.15 \text{ }^\circ\text{C} \cdot \text{decade}^{-1}$ and $-0.04 \text{ psu} \cdot \text{decade}^{-1}$, respectively, which contribute to the cooling and freshening of the SAMW (Figures 4a and 4c). Furthermore, the warming/salinification of the SAMW due to heaving is stronger than the cooling/freshening due to the spiciness process,

resulting in a net warming/salinification trend in potential temperature/salinity (Figures 4a and 4c). Similar results are found for the EN4.2 reanalysis data (Figure S3).

Since the interannual-to-decadal variation in heaving and spiciness is comparatively smaller, in the following sections, we focus on the 15-year linear trend of the SAMW potential temperature and salinity emerging from changes in heaving and spiciness.

b. Vertical Migration of Isopycnals-Heaving

The heaving contribution to warming/salinification of the SAMW (Figures 4a and 4c) manifests as a deepening of isopycnal surfaces in the subtropical SIO during 2004-2018, especially at $\sigma_\theta=26.5-26.9 \text{ kg} \cdot \text{m}^{-3}$ (Figure 5). Significant strengthening of wind stress and its curl takes place over the Subantarctic Zone during 2004-2018, which contributes to the deepening of isopycnals not only by the enhanced Ekman pumping, but also by strengthened subtropical gyres and meridional overturning circulation (Liu et al., 2018; Qu et al., 2019). The strengthening of wind stress over the SAMW formation region is closely related to the poleward shift of the zero line of wind stress curl (Figure S5), associated with an increasing Southern Annular Mode (Lee et al., 2019; Lovenduski, 2005). Moreover, the surface buoyancy fluxes over the SAMW subduction region show a decreasing linear trend during 2004-2018, which indicates a buoyancy loss of the ocean that favors a deepening MLD (Figures 5e and 5f). Surface buoyancy fluxes are predominantly driven by air-sea heat flux (Figure S6).

The depth of $\sigma_\theta=26.5-26.9 \text{ kg} \cdot \text{m}^{-3}$ isopycnal surfaces in the subtropical SIO show a spatially uneven deepening trend, with a maximum rate of up to $50 \text{ m} \cdot \text{decade}^{-1}$. The largest deepening of the light isopycnal surfaces ($\sigma_\theta \leq 26.7 \text{ kg} \cdot \text{m}^{-3}$) is located in the central SIO, while that of the dense isopycnal surfaces ($\sigma_\theta \geq 26.8 \text{ kg} \cdot \text{m}^{-3}$) in the eastern SIO, showing good correspondence to the formation regions of those different SAMW classes. The deepening weakens gradually as the subducted water spreads northwest-ward in the interior ocean.

Furthermore, the deepening of the $\sigma_\theta=26.5\text{-}26.9\text{ kg}\cdot\text{m}^{-3}$ isopycnal surfaces is not uniform, with its maximum occurring within the M-SAMW ($\sigma_\theta=26.7\text{-}26.8\text{ kg}\cdot\text{m}^{-3}$, Figure 5). This result implies that more warm and salty SAMW, but less cool and fresh SAMW, enters the ocean interior via subduction and spreading laterally from its formation regions (Figures 3c, 3d and 5), consistent with previous studies (Gao et al., 2018; Häkkinen et al., 2016; Qu et al., 2020). This, in turn, explain the observed two-layer structure of the SAMW, with volume gain in the upper layers and volume loss in the lower layers.

The subduction rate of the SAMW shows a large spatial variability with multipolar structures of hot spots within the winter deep mixed layers (Figure 6a). These subduction rates ($400\text{ m}\cdot\text{yr}^{-1}$) are dominated by lateral induction, while contribution from vertical pumping is relatively weak (Figures 6c and 6e). Similar multipolar structures are found in the trend of subduction rate during 2004-2018 (Figure 6b), in which lateral induction seems to play a dominant role (Figures 6b, 6d and 6e). The climatological mean of the SAMW subduction rate is estimated to be 21 Sv , in agreement with previous studies (Marsh et al., 2000b). A decreasing trend in the SAMW subduction rate is identified during 2004-2018, especially before 2013. This decreasing trend is primarily responsible for the observed decrease in the SAMW volume. Most of the decreasing trend in the SAMW subduction rate is due to lateral induction (Figure 6g), which in turn is dominated by changes in the MLD (Figures 6h and S7). An increasing trend of the L-SAMW subduction rate and a decreasing trend of the D-SAMW subduction rate are found, which support the two-layer structure of the SAMW volume gain in the upper layers and volume loss in the lower layers (Figure S7).

Changes in the MLD are largely controlled by changes in wind stress and surface buoyancy fluxes (Karstensen and Quadfasel, 2002b; Sallée et al., 2010a). A convergence (divergence) of Ekman transport or a downward (upward) Ekman pumping (suction) over the SAMW subduction region would drive a deeper (shallower) MLD and consequently a larger (small)

subduction. A buoyancy loss (gain) would deepen (shallow) the MLD by stronger (weaker) convection. Here, we examine changes in the MLD, wind stress, and surface buoyancy fluxes over the SAMW subduction regions where the winter MLD is deeper than 150 m. Variability of the MLD in the subduction regions of different SAMW classes has its own characteristics (Figure 7). In the L-SAMW subduction region, the MLD shows a quasi-biennial variation (Qu et al., 2020), highly related to buoyancy forcing rather than wind forcing. The MLD also shows a deepening trend during 2004-2018, corresponding to a weakened surface buoyancy flux. In the M-SAMW and D-SAMW subduction regions, both buoyancy and wind forcing contribute to the MLD variability. In the D-SAMW subduction region, long-lasting negative MLD anomalies occur during 2007-2014 (Figure 7f), responsible for the reduction in the D-SAMW subduction rate and volume (Hong et al., 2020). In addition, the diapycnal transformation from the D-SAMW to the Antarctic Intermediate Waters might also contribute to the D-SAMW volume loss (Portela et al., 2020).

c. Temperature/Salinity Changes at Isopycnals-Spiciness

The spiciness contribution to the cooling/freshening of the SAMW is mainly driven by density-compensated changes in the winter mixed-layer properties in the SAMW formation region, as explained below. The irreversible transfer of water mass from the mixed layer into the ocean interior occurs within a short time scale of only 1-2 months. On the other hand, it takes more than 3 years for the spiciness signals to spread into the interior of the subtropical ocean (Fine et al., 2008; Karstensen and Tomczak, 1998; Koch-Larrouy et al., 2010). In addition to isopycnal advection, diapycnal mixing and diffusion can also cause spiciness changes, which tend to increase temperature and salinity by downward velocity in the thermocline of the SIO (You, 1996). However, a decrease rather than an increase in temperature and salinity occurs in the isopycnal surfaces. Therefore, diapycnal mixing and diffusion are not considered here as major driving factors. Considering the 3-year delay, we compare the winter mixed layer

properties during 2010-2015 with those during 2004-2009 to explain changes in the interior ocean during 2004-2018.

An increase in the mixed-layer temperature and salinity averaged between July to September (JAS) is found in the SAMW formation region (Figures 8a and 8b); however, the spiciness in the interior ocean shows cooling/freshening trends during 2004-2018 at 95% confidence (Figures 4a, 4c and 12). Indeed, changes in the mixed layer alter the potential density as well as the temperature and salinity of the subducted water along isopycnals.

The increase in temperature overwhelms the salinity effect and therefore reduces local density, causing a southward displacement of the outcropping lines for the density surfaces between 26.5 and 26.8 $\text{kg} \cdot \text{m}^{-3}$ (Figure 8). The outcropping lines averaged over the SAMW formation region move southward by more than 1-degree latitude, with temperature and salinity decreasing by up to 0.6 °C and 0.1 psu, respectively (Figures 8e-8g). This overwhelms the local increase of 0.4 °C in temperature and 0.5×10^{-1} psu in salinity averaged over the SAMW formation region (Figures 9c and 9f). The strong meridional gradients of mixed-layer temperature and salinity are responsible for the decrease in mixed-layer temperature and salinity, respectively (Figures 8c and 8d). This poleward displacement of outcropping lines thus induces cooler and fresher water, rather than warmer and saltier water, to subduct into the permanent thermocline within the density range 26.5-26.8 $\text{kg} \cdot \text{m}^{-3}$ (Figures 8e and 8g). This density-compensated change is responsible for the cooling and freshening contribution of spiciness to the SAMW. Furthermore, the poleward displacement of outcropping lines causes the expansion of the L-SAMW formation region and the shrinking of the D-SAMW formation region, leading to a two-layer structure of the SAMW.

Although the subducted water becomes cooler and fresher, the volume of warm and salty L-SAMW increases and the volume of cool and fresh D-SAMW decreases, resulting in a net gain of the volume-weighted potential temperature and salinity of the SAMW.

d. *Changes in the Mixed Layer*

In the SAMW formation region, air-sea fluxes and equatorward Ekman transport are the main drivers of property changes in the winter mixed layer (Dong et al., 2007; Rintoul and England, 2002; Sallée et al., 2006). Thus, the contribution of air-sea fluxes and Ekman transport to changes in winter mixed-layer temperature and salinity in the SAMW formation region where the winter MLD is deeper than 150 m needs to be assessed (Figure 9). A negative (positive) value in budget results indicates heat or salt loss (gain) from the SAMW formation region.

In the climate mean state, the annual average net air-sea heat flux of $-87.3 \text{ W} \cdot \text{m}^{-2}$ represents a release of heat from the ocean to the atmosphere over the SAMW formation region (Figure 9). The heat loss by air-sea heat flux is dominated by the longwave radiation ($-58.8 \text{ W} \cdot \text{m}^{-2}$) and latent heat flux ($-105.3 \text{ W} \cdot \text{m}^{-2}$). The Ekman advection transports cooler water ($-25.9 \text{ W} \cdot \text{m}^{-2}$) from the south thus cools the mixed layer in the SAMW formation region. Both of these processes contribute to destabilizing the winter mixed layer via strong convective overturn. Compared with 2004-2009, the increase in mixed-layer temperature during 2010-2015 is dominated by the weakened Ekman advection. The Ekman advection of heat decreases by around 13% from -28.0 to $-24.5 \text{ W} \cdot \text{m}^{-2}$ during 2010-2015 compared with 2004-2009, which is attributed to subdued northward transport of cool water to the SAMW formation region. The decrease in equatorward Ekman transport is driven by anomalous easterly winds south of 45°S during 2010-2015 compared with 2004-2009 (Figures 9 and 10). The net air-sea heat flux is positive (heat gain) in some areas southwest of Australia while a negative (heat loss) in most central SIO areas. The net air-sea heat flux anomaly averaged over the mixed layer of the SAMW formation region during 2004-2009 compared with that during 2010-2015 is negative, which means more heat loss over the region of the deep mixed layer (Figures 9 and 10). The strengthened latent heat flux is responsible for changing net air-sea heat flux (Figure 9c).

For mixed-layer salinity, the climatological mean Ekman advection transports fresher water ($-87.9 \text{ psu} \cdot \text{mm} \cdot \text{day}^{-1}$) from the south and contributes to the freshening of the mixed-layer in the SAMW formation region. However, the precipitation ($-86.7 \text{ psu} \cdot \text{mm} \cdot \text{day}^{-1}$) over the SAMW formation region is almost equivalent to the evaporation ($105.3 \text{ psu} \cdot \text{mm} \cdot \text{day}^{-1}$). Thus, the freshwater flux (evaporation minus precipitation, E-P) marginally increases the mixed-layer salinity in the SAMW formation region. Compared with 2004-2009, similar to the heat, the Ekman advection of freshwater decreases by around 14% from $-95.7 \text{ psu} \cdot \text{mm} \cdot \text{day}^{-1}$ to $-82.5 \text{ psu} \cdot \text{mm} \cdot \text{day}^{-1}$ during 2010-2015, contributing to the mixed-layer salinity increase in the SAMW formation region (Figures 9 and 10). In addition, changes in freshwater flux also contribute to the mixed layer's salinification during 2010-2015, with reduced precipitation overwhelming weakened evaporation (Figures 9 and 10). Thus, air-sea freshwater fluxes and Ekman freshwater advection dominate the increase in the mixed-layer salinity. In contrast, the increase in the mixed-layer temperature is driven by Ekman heat advection rather than air-sea heat fluxes.

e. Relationship with the Southern Annular Mode

The Southern Annular Mode (SAM), as a major driver of Southern Hemisphere variability, is featured by a seesaw pattern for atmospheric mass between the mid- and high-latitudes of the Southern Hemisphere (Hartmann and Lo, 1998; Thompson and Wallace, 2000). The SAM is characterized by multiple timescales, with more frequent positive events in recent decades (Figure S8). On the decadal to multi-decadal timescale, the SAM is in positive phase during 2004-2018 (Figure 11a). North of 50°S , the zonal wind stress weakens during the positive phase of SAM, as their correlation is negative. In contrast, the zonal wind stress south of 50°S strengthens during positive SAM, as their correlation turns positive (Figure 11b). Thus, positive wind stress curl anomalies occur over 40° - 55°S (Figure 11c), consistent with previous studies

(Hall and Visbeck, 2002; Lovenduski, 2005; Marshall, 2003; Yang et al., 2016). Furthermore, the meridional Ekman advection can be influenced by changes in SAM. The mixed-layer temperature and salinity show a weak positive correlation with the SAM index at 95% confidence (Figures 11d and 11e), which can explain, to a certain extent, the observed changes in the mixed-layers. Positive correlations between the net air-sea and latent heat fluxes and the SAM index are found in the central SIO. In contrast, no significant correlation exists in most SAMW formation regions (Figures 11f and 11g). The correlation between evaporation/precipitation and the SAM index is negative, which means reduced evaporation and precipitation (Figures 11h and 11i). This result is consistent with the changes in evaporation and precipitation during 2004-2015.

ENSO might be another important driver of the SAMW variability in the SIO by affecting the air-sea interactions over the SAMW formation region (Sallée et al., 2008b). The impact of ENSO on the SAMW properties is not analyzed in this study, and we leave it for a future investigation.

4 Spiciness Variations in the Permanent Thermocline

The SAMW subducts into the permanent thermocline and continues to spread through the gyre circulation. It retains the winter conditions of its formation region and efficiently transports temperature and salinity anomalies caused by air-sea interactions. The anomalous temperature and salinity are mainly advected by the mean geostrophic current along the isopycnal surfaces (Luyten et al., 1983), which are temperature-salinity compensated and referred to as spiciness anomalies. A significant cooling and freshening (spiciness) trend is found on the $\sigma_{\theta}=26.5-26.8$ $\text{kg} \cdot \text{m}^{-3}$ isopycnal surfaces during 2004-2018, covering much of the SIO south of 10°S . The most robust cooling and freshening trends reach up to $-0.4^{\circ}\text{C} \cdot \text{decade}^{-1}$ and -0.1 $\text{psu} \cdot \text{decade}^{-1}$ at 95% confidence on the $\sigma_{\theta}=26.5-26.8$ $\text{kg} \cdot \text{m}^{-3}$ isopycnal surfaces,

respectively (Figures 12a and 12b). This results in the subduction of cooler and fresher water due to poleward displacement of outcropping lines.

The pathways of spiciness anomalies are largely set by the subtropical gyre circulation in the SIO (Figure 12). There are two distinct pathways for the spread of spiciness anomalies from the SAMW formation region. Firstly, the spiciness anomalies of the SAMW generated off the southwest coast of Australia spread slowly northward to the tropics via the anticyclonic subtropical gyre and then rapidly westward by the South Equatorial Current (Figure 12c), suggesting that the spiciness anomalies propagate at speed close to the mean current velocities (Kolodziejczyk et al., 2019). Secondly, the spiciness anomalies west of 100°E extend northwestward, towards the subtropical southwestern Indian Ocean, through the subtropical gyre (not shown). A positive spiciness signal occurs in the SAMW outcropping areas during 2004-2009, while a negative spiciness signal takes place during 2010-2015 (Figure 12d). It takes around 3 years for these spiciness signals to spread into the interior of the subtropical ocean. Thus, a significant freshening/cooling trend on the $\sigma_{\theta}=26.5\text{-}26.8\text{ kg}\cdot\text{m}^{-3}$ isopycnal surfaces appear over much of the SIO during 2004-2018 (Figures 12). Moreover, the strengthening Indonesian Throughflow over the past decades might contribute to the cooling/freshening trend between 15°S and 20°S in the SIO (Hu et al., 2019; Li and Wang, 2015; Zhang et al., 2018). The enhanced circulation in the SIO (not shown) might also contribute to the spiciness anomalies when this anomalous current crosses the salinity front (Li et al., 2012; Schneider, 2000), which likely explains the uneven spatial distribution of the spiciness anomalies.

5 Discussion

The SAMW subduction rate is closely related to the deep winter mixed layers in the SAMW formation region. Air-sea buoyancy forcing and wind forcing are considered the two most

important processes responsible for the formation of deep winter mixed layers in the Subantarctic Zone (Holte et al., 2012). Gao et al. (2018) point out that wind forcing rather than buoyancy forcing is responsible for increases in the depth and thickness of the SAMW over the southern hemisphere oceans during 2005-2015 through stronger convective overturn. Qu et al. (2020) suggest that the deepening mixed layers and consequently the increasing SAMW subduction rate contribute to increasing the SAMW volume during 2005-2019, as a result of strengthening westerly winds. However, Kolodziejczyk et al. (2019) imply that the Ekman pumping anomalies can not explain the deepening of isopycnal surfaces and that the air-sea buoyancy flux anomalies may be the possible driving force during 2006-2015. Hong et al. (2020) suggest that changes in both sea surface buoyancy flux and Ekman pumping contribute to the MLD changes over the SAMW formation region in the SIO during 2004-2015. Thus, the relative importance of air-sea buoyancy flux and wind forcing varies with different periods and formation regions.

In this study, we investigate the role of air-sea buoyancy flux and Ekman pumping to understand the thermodynamic and dynamic processes involved in the MLD variability observed during 2004-2018. The air-sea heat exchange and surface winds from both ERA5 and NCEP2 are used to calculate the sea surface buoyancy flux and Ekman pumping to test the uncertainties due to datasets. The results from ERA5 are consistent with those from NCEP2 (not shown). A decreasing trend of the buoyancy flux occurs in the SAMW formation region during 2004-2018. Meanwhile, wind stress curl shows a positive trend in the SAMW formation region during 2004-2018. Our results indicate that the increasing trend of the L-SAMW subduction rate can be explained by strengthening downward Ekman pumping and buoyancy loss via more robust mixing during 2004-2018.

A subduction-heaving-transformation sequence is proposed to explain the volume balance of the water masses in the interior ocean, and this is regarded as the primary mechanism driving

the volume variability of the SAMW (Portela et al., 2020). It suggests that the transformation rates not only result from ocean surface buoyancy fluxes, but also from diapycnal mixing in the ocean interior. Diapycnal mixing is well known to be important near the ocean's surface and bottom (Cerovečki et al., 2013; Rintoul, 2018; Rintoul and Naveira Garabato, 2013; Abernathey et al., 2016). In addition, the importance of diapycnal mixing for water transport has been reported at intermediate depths of 500-1000 m in certain conditions (Garabato et al., 2004; Portela et al., 2020). Cerovečki and Mazloff (2016) assess the role of air-sea buoyancy fluxes and diapycnal mixing in the SAMW formation in the density range of 26.7-27.2 $\text{kg} \cdot \text{m}^{-3}$ using the SOSE model results during 2008-2010. The formation rate is 7.9 Sv due to surface buoyancy flux and 8.8 Sv due to ocean diapycnal mixing, balanced by advective export into the interior ocean. A net transformation between Upper Circumpolar Deep Water and the lighter Antarctic Intermediate Water/SAMW layers is found by estimating water mass conversion at the surface and within the interior ocean (Downes et al., 2011; Lumpkin and Speer, 2007; Sloyan and Rintoul, 2001b). More recently, Portela et al. (2020) suggest that the diapycnal transformation from the lower to the upper layers plays an essential role in the SAMW upper-layer volume gain.

6 Summary

A gridded Argo dataset is used to investigate the formation and property variations of the SAMW and their impacts on spiciness in the subtropical SIO during 2004-2018. A warming/salinification trend of the SAMW is observed, within a two-layer structure, consisting of relatively thicker layer of more warm, salty and light SAMW and a thinner layer of cool, fresh and dense SAMW, during the period of observation. The decomposition of temperature and salinity anomalies shows that both heating and spiciness are essential for the observed changes in the SAMW properties. The warming/salinification contribution from

heaving is more substantial than the cooling/freshening contribution from spiciness. Thus, an overall warming/salinification trend of the SAMW is detected in the SIO.

The intensifying wind stress curl over the Subantarctic Zone leads to the deepening of the isopycnal surfaces of the SAMW during 2004-2018. This deepening of isopycnal surfaces is also supported by the surface buoyancy flux loss during 2004-2018. The maximum deepening of the isopycnal surfaces is found in the M-SAMW, favoring not only an increase in the volume of the warm and salty L-SAMW but also a decrease in the volume of the cool and fresh D-SAMW (Figure 13).

The cooling/freshening contribution from the spiciness process is mainly due to a southward displacement of density outcropping lines, which induces the subduction of colder and fresher water from the south. The southward displacement of density outcropping lines in the SAMW formation region during 2010-2015 is due to the increased mixed-layer temperature during winter.

The subducted colder and fresher water spreads along isopycnal surfaces via the subtropical gyre, which results in a cooling/freshening spiciness trend over much of the subtropical SIO during 2004-2018.

Our results suggest that the 15-year-long trends of the SAMW properties involve both dynamic and thermodynamic processes. The decomposition of changes in the SAMW properties into heaving and spiciness processes relates closely to climate variability, ocean ventilation, and air-sea interaction induced thermohaline shifts. The SAMW transmits surface signals at high latitudes into the ocean interior towards lower latitudes, providing important memory for climate variability and anthropogenic change. The changes of ocean temperature and salinity caused by ocean ventilation and air-sea forced thermohaline shifts are quite significant but with opposite signs under current climate change; however, this cannot be displayed in Cartesian coordinates. Further investigations using particle tracking (Lange and van Sebille, 2017) in

conjunction with climate model simulations (Eyring et al., 2016), and more attention to the dynamics and thermodynamics drivers, will help to increase understanding of present-day and future SAMW changes, and therefore of our changing climate system.

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Data Availability Statement.

Argo data were collected and made freely available by the International Argo Program and the national programs that contribute to it (<http://www.argo.ucsd.edu>, <http://argo.jcommops.org>). The ERA5 dataset is provided by CMEMS at <https://cds.climate.copernicus.eu/cdsapp#!/dataset/reanalysis-era5-single-levels-monthly-means?tab=form>. The GPCP precipitation is obtained from NASA/GSFC (<http://precip.gsfc.nasa.gov>). The OAFlux evaporation is available at <http://oaflux.whoi.edu>.

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831 **List of Tables**

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Table 1. The standard deviation of total variations and interannual-to-decadal variations of volume-weighted mean potential temperature and salinity of the SAMW and corresponding heaving and spiciness process.

	STD_{θ}	$STD_{\theta-H}$	$STD_{\theta-S}$	STD_S	STD_{S-H}	STD_{S-S}
Variations	0.0522	0.1986	0.0786	0.0051	0.0256	0.0180
Interannual-to-decadal variation	0.0184	0.0522	0.0377	0.0047	0.0068	0.0084
Percentage	35%	26%	48%	92%	27%	47%

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Figure 7. Wintertime (July-September, JAS) mixed-layer depth anomalies (bar), (a-c) sea surface buoyancy ($-B_{net}$, positive means buoyancy loss, line), and (d-f) downward Ekman pumping velocity (line) averaged over the SAMW subduction regions (55°-140°E, 30°-55°S) between different isopycnal layers. High-frequency signals are removed by applying a 13-month running mean twice.

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 $(Adv_e = -\rho C_p V_e \frac{dMLT}{dy})$ and (c) their changes between 2010-2015 and 2004-2009. Time series
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918 different classes of the SAMW (shading) and potential density (black lines) during 2004-2009,
919 and climatological mean low-PV (enclosed green contour); (b) Same with (a), but for the
920 (mixed layer) 2010-2015/ (subsurface) 2013-2018. Color and corresponding areas in the
921 subsurface low-PV (enclosed green contour) represent average temperature and volume of
922 different classes of the SAMW, respectively.

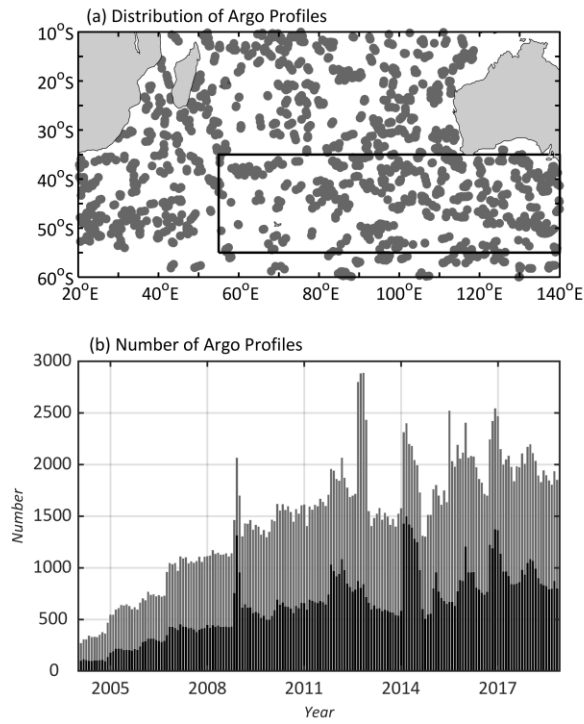
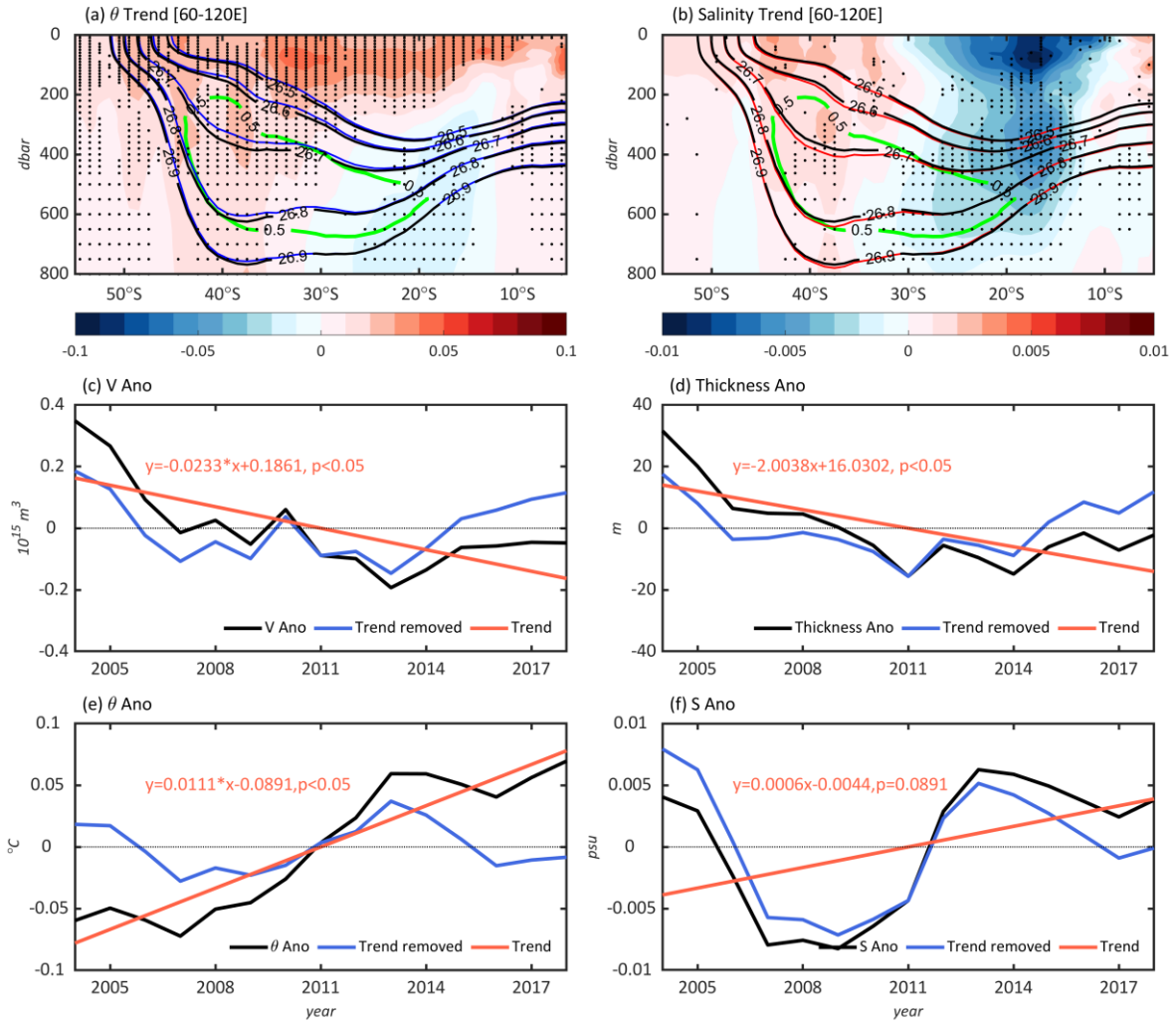


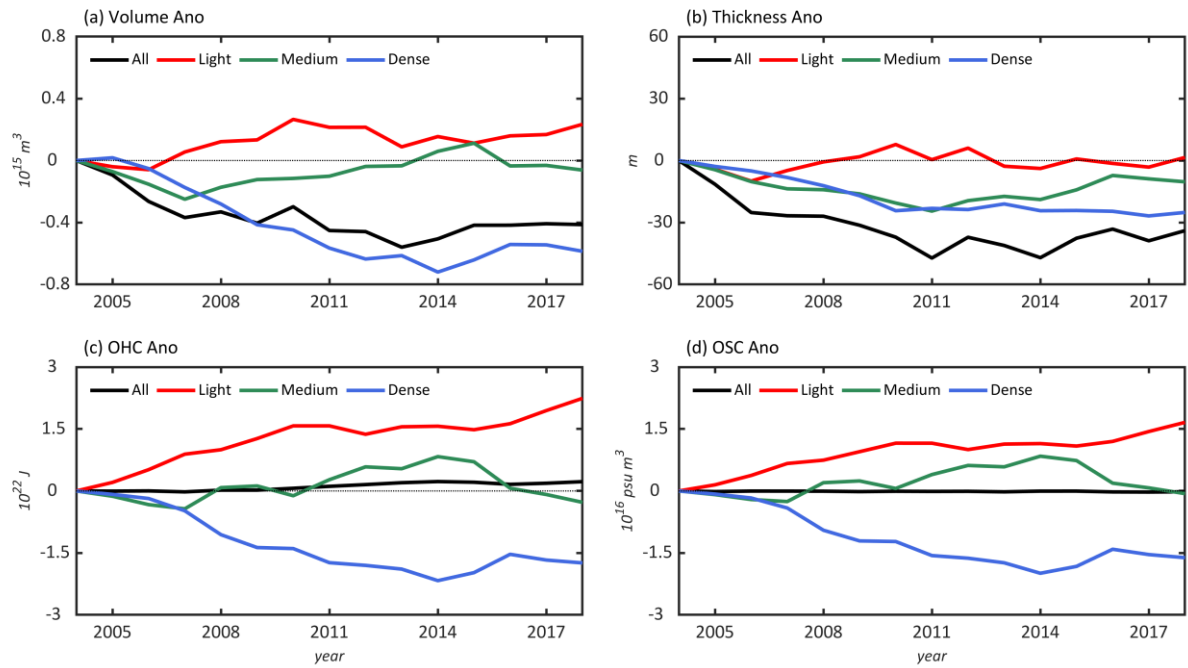
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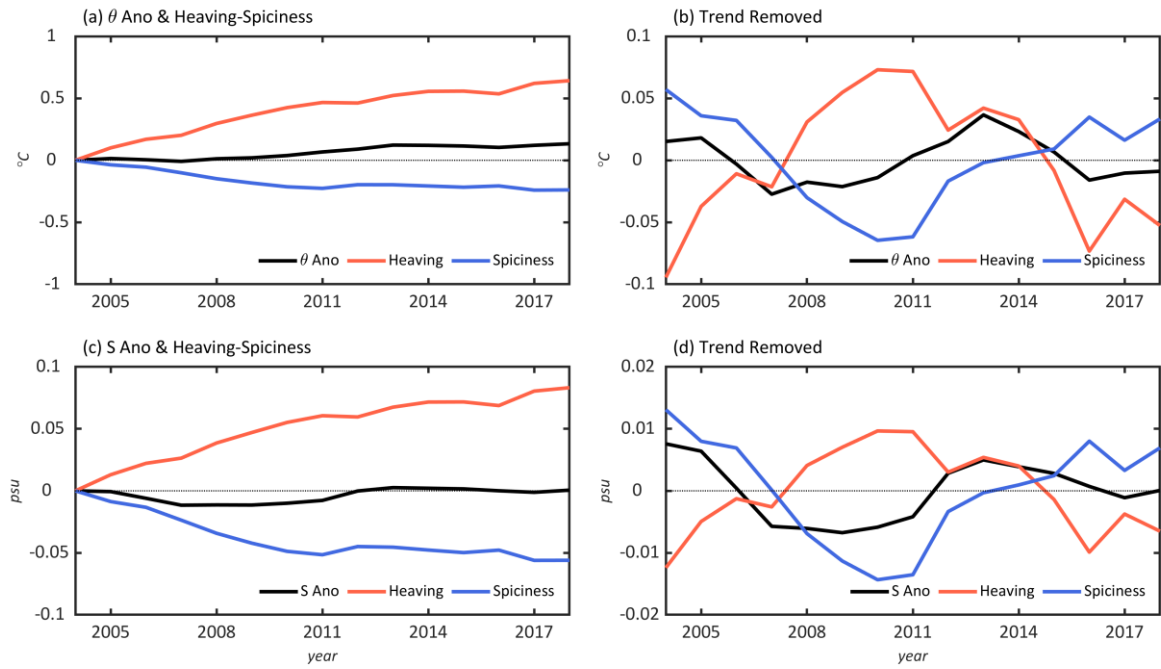


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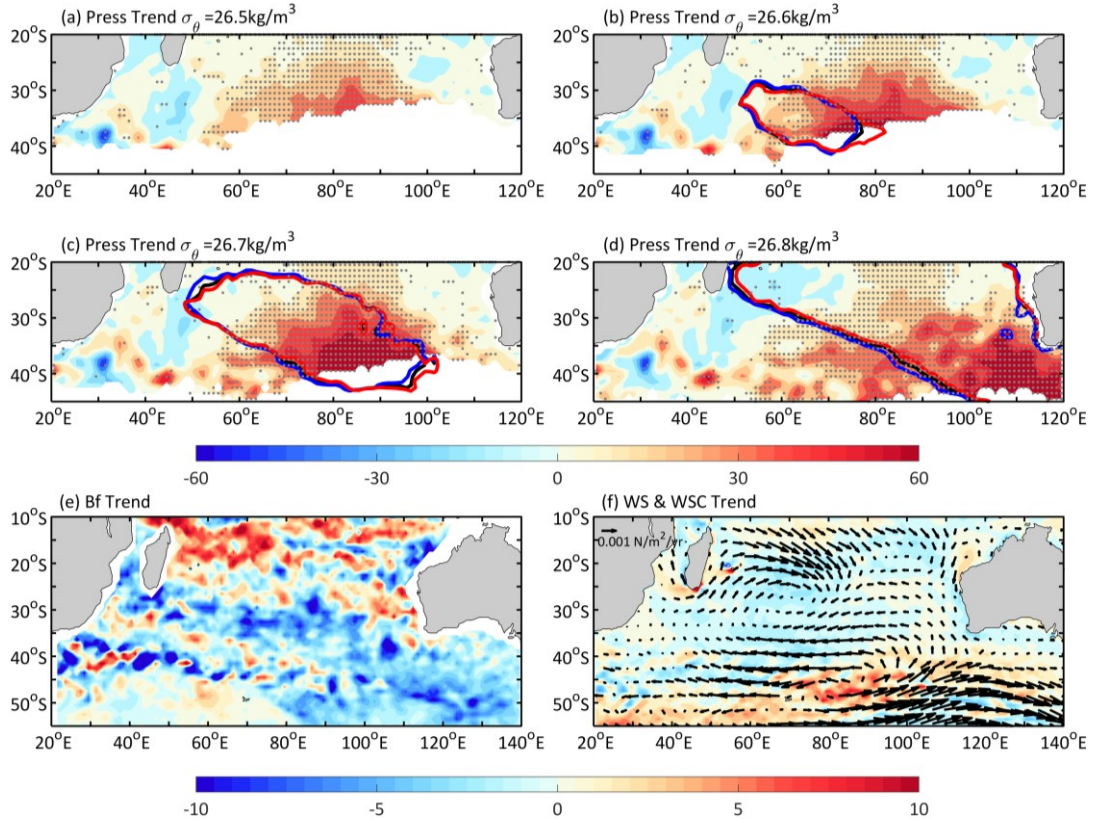


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 959 ($10^{-9} \text{ N} \cdot \text{m}^{-3} \cdot \text{yr}^{-1}$, shaded) during 2004-2018.

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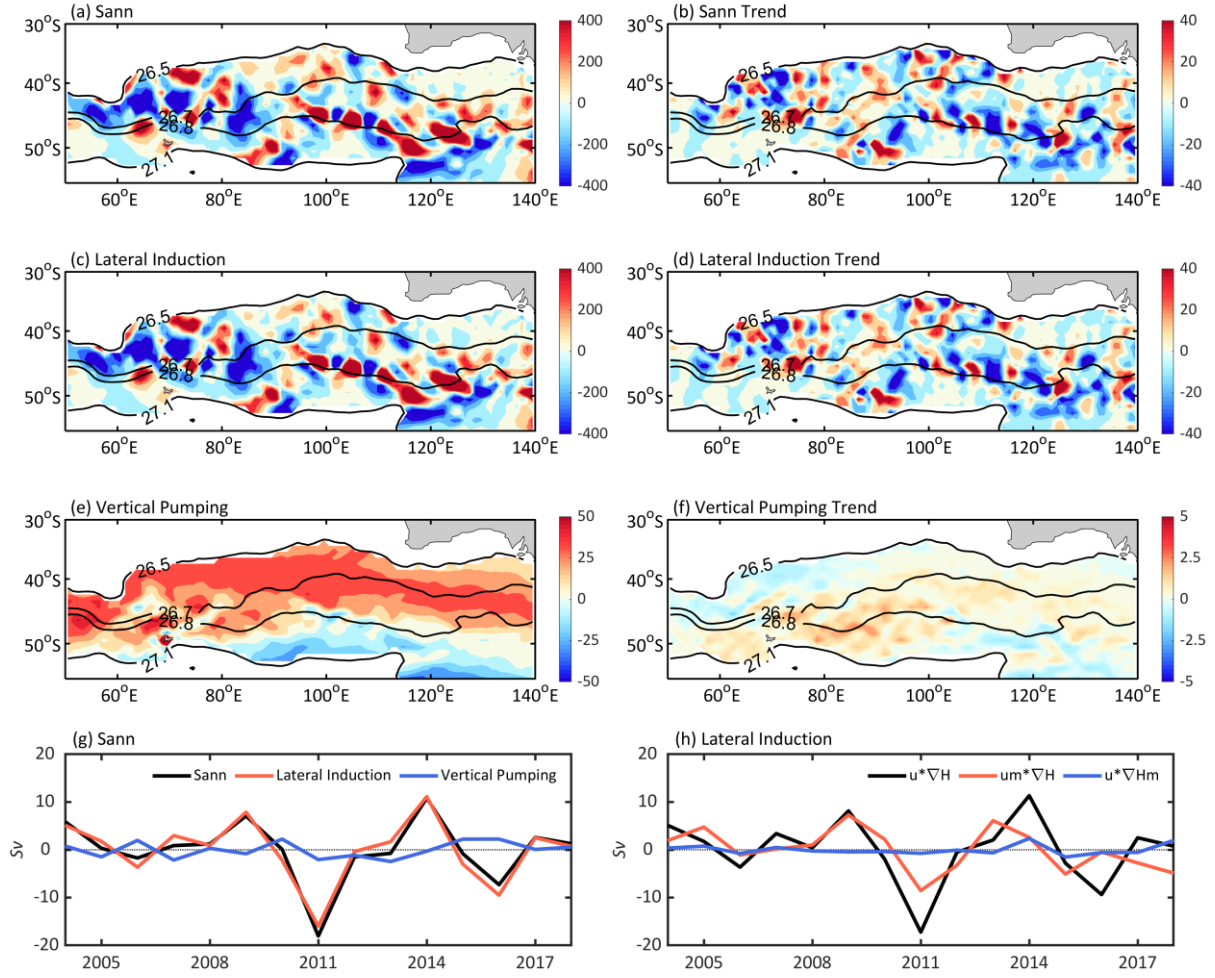


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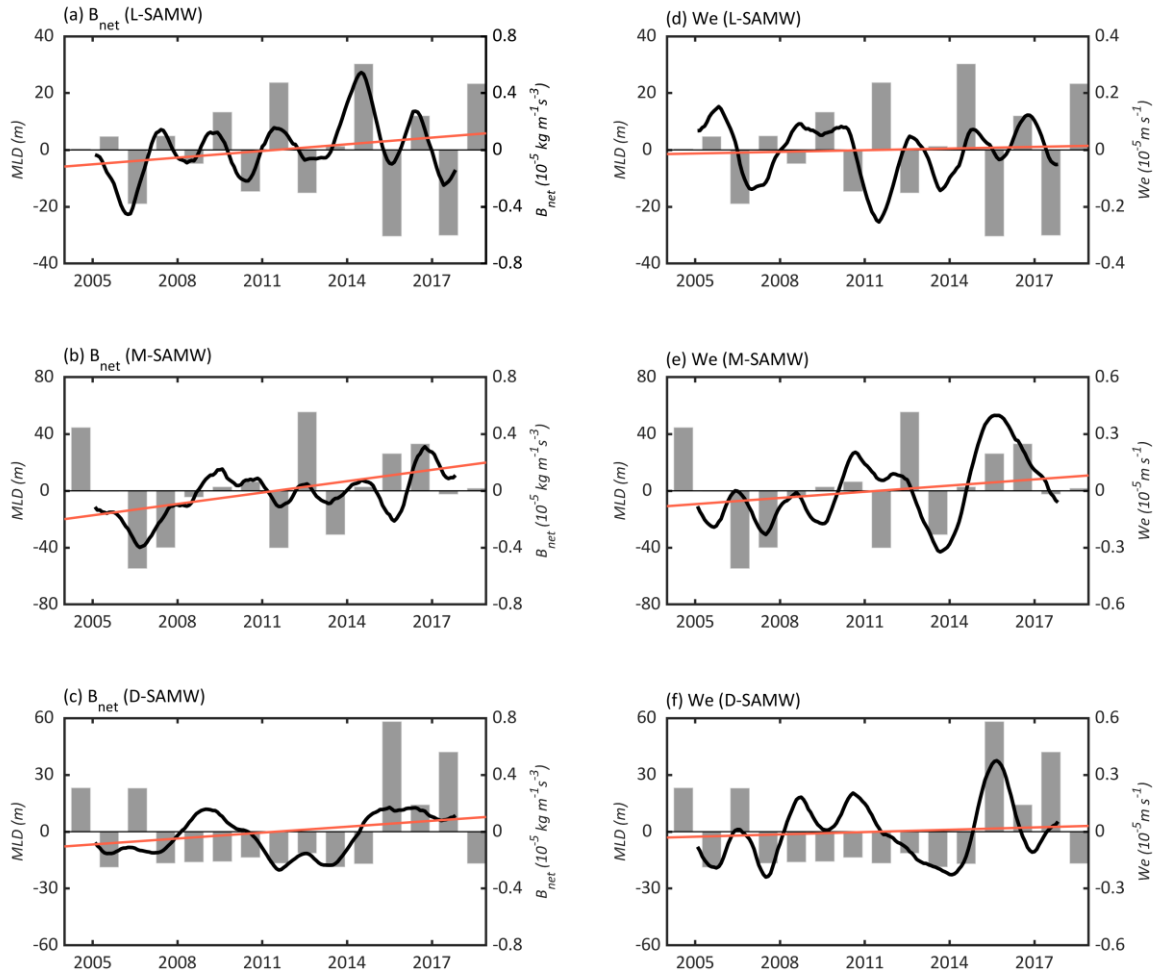
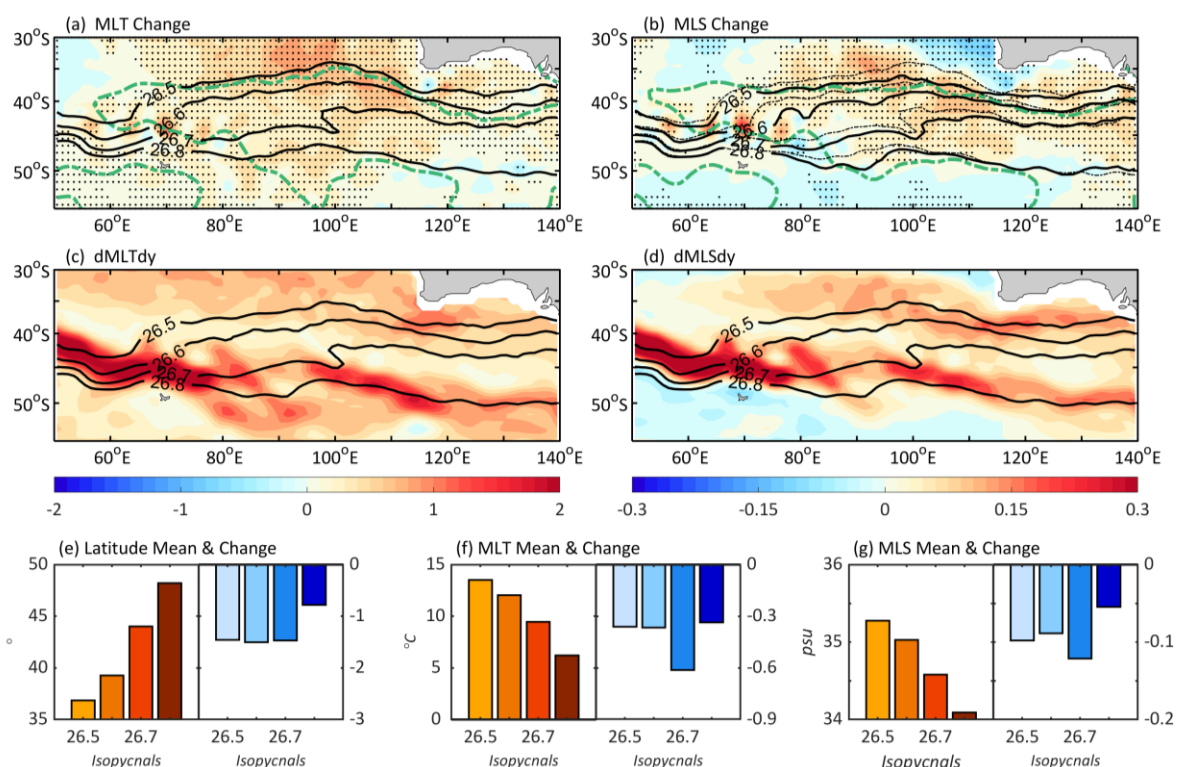


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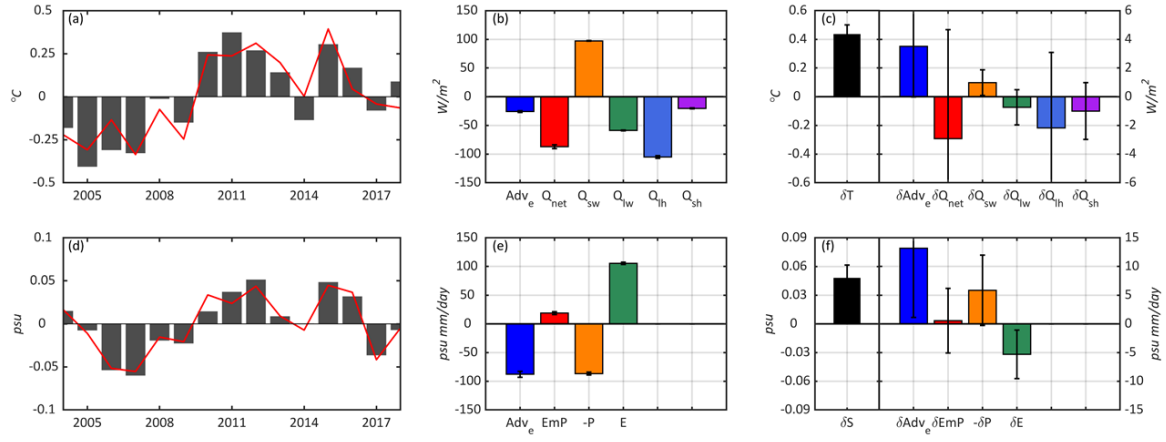
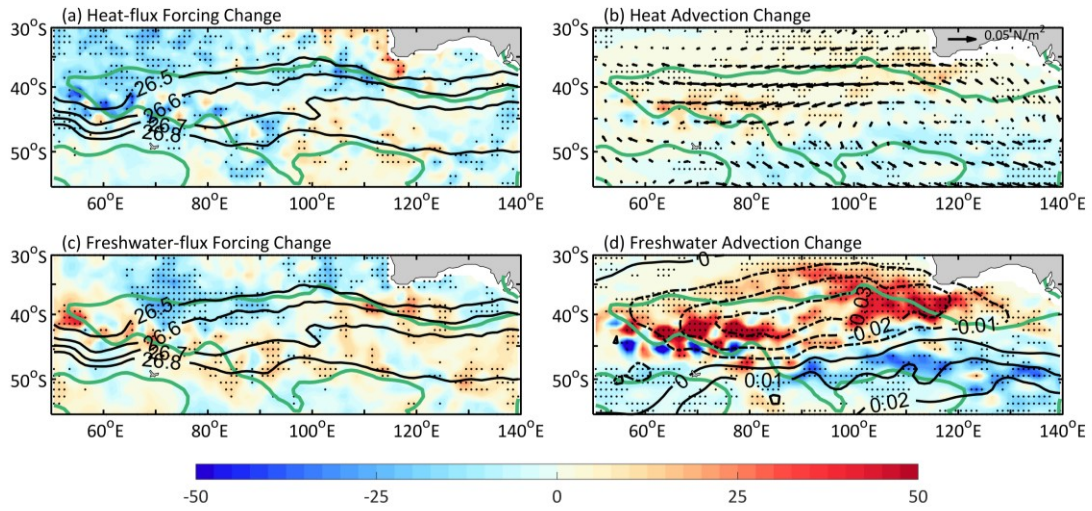


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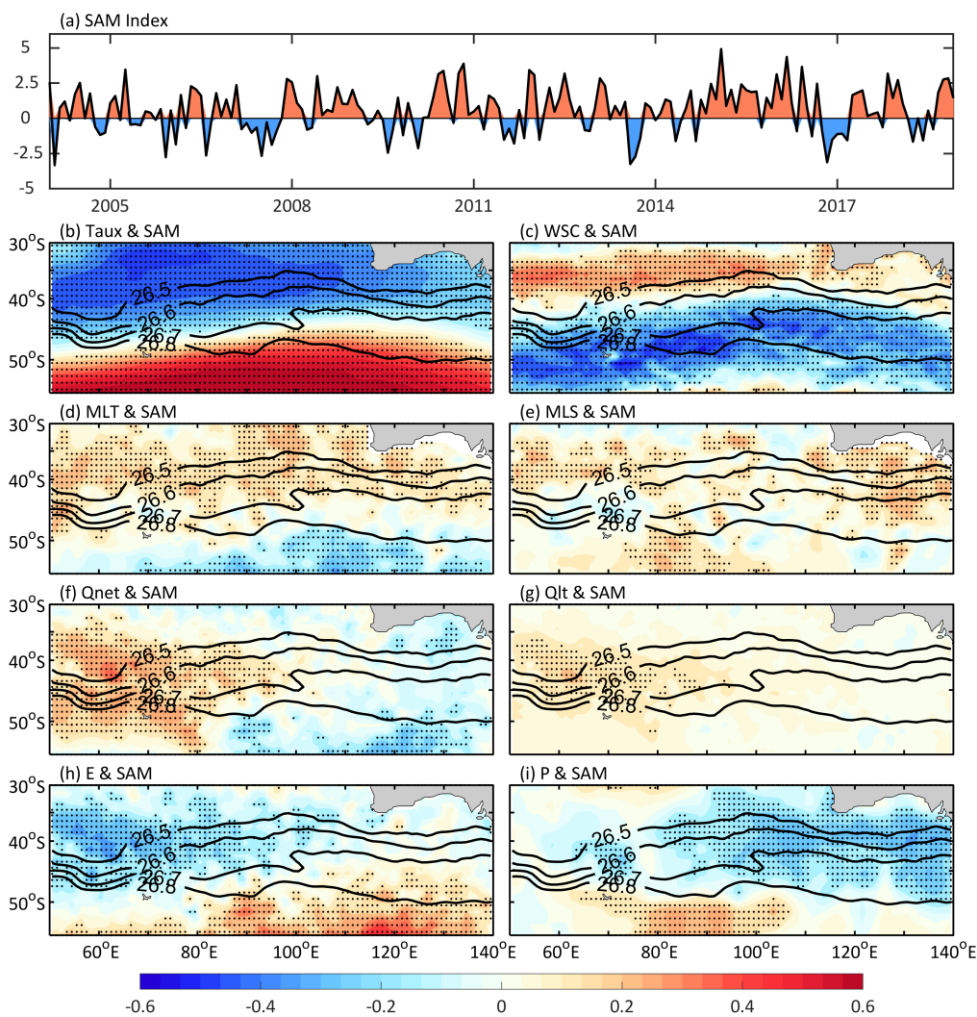
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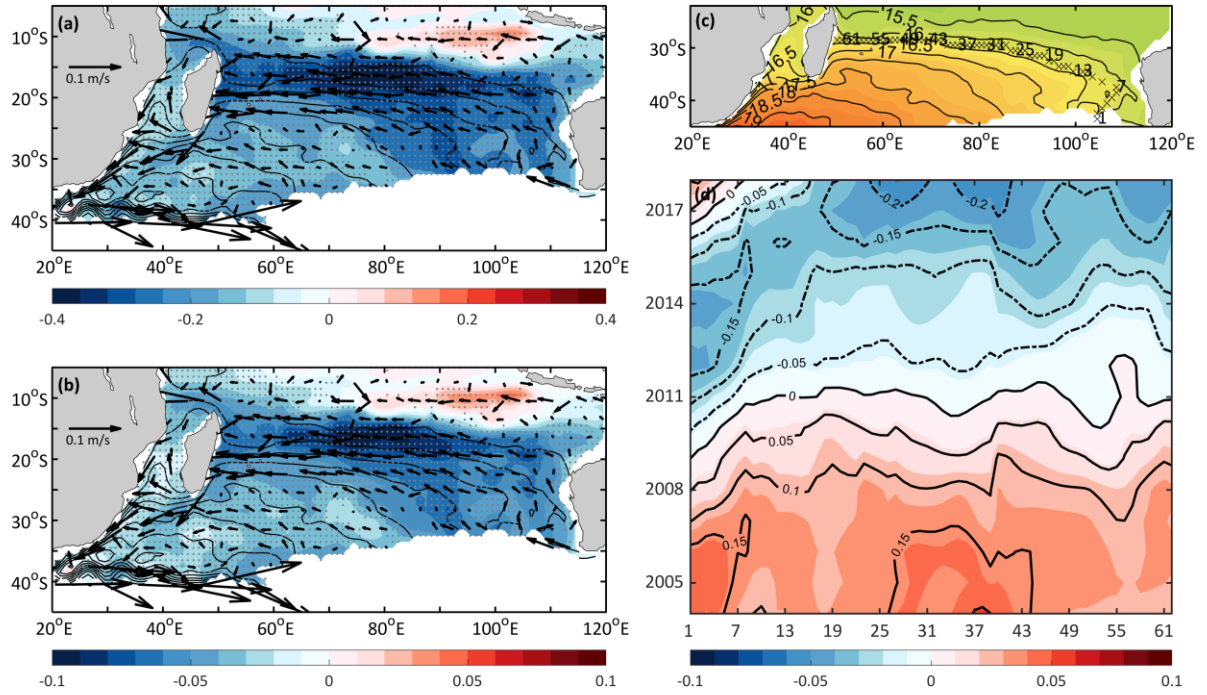
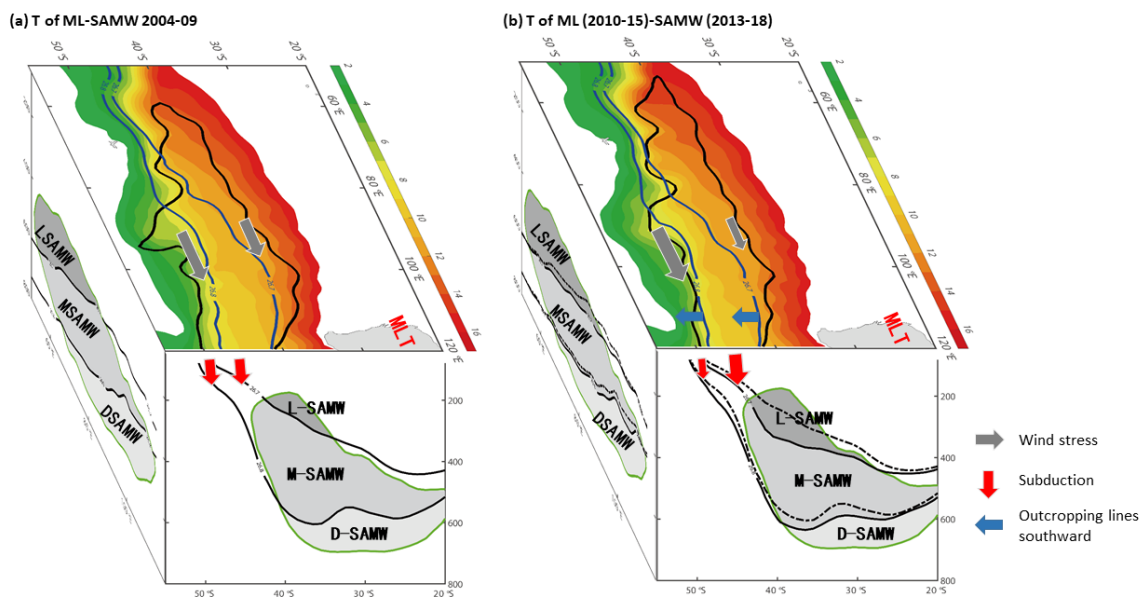


Figure 12. The linear trend of Argo annual mean (a) potential temperature ($^{\circ}\text{C} \cdot \text{yr}^{-1}$, shaded) and (b) salinity ($\text{psu} \cdot \text{yr}^{-1}$, shaded) averaged on $\sigma_\theta = 26.5-26.8 \text{ kg} \cdot \text{m}^{-3}$ isopycnal surfaces during 2004-2018, superimposing with annual-mean streamlines (contours) and geostrophic currents (vectors). (c) Annual-mean streamlines (acceleration potential) for mean current averaged on 26.6-26.8 isopycnal surfaces from 2004-2018, superimposing with the pathway for anomalous spiciness signals. (d) Hovmöller diagrams of Argo salinity anomalies along point stations shown in (c). High-frequency signals are removed by applying a 3-year running mean.

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1035 **Figure 13.** Schematic diagram of changes in the SAMW properties and formation. (a) Surface:
1036 climatological mean winter mixed-layer temperature (shading), deep mixed layer at a depth of
1037 150 m (black contour), and potential density (blue lines) during 2004-2009; Subsurface:
1038 different classes of the SAMW (shading) and potential density (black lines) during 2004-2009,
1039 and climatological mean low-PV (enclosed green contour); (b) Same with (a), but for the
1040 (mixed layer) 2010-2015/ (subsurface) 2013-2018. Color and corresponding areas in the
1041 subsurface low-PV (enclosed green contour) represent average temperature and volume of
1042 different classes of the SAMW, respectively.

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