

## Review Paper

# Ti<sub>3</sub>C<sub>2</sub> MXene-Polymer Nanocomposites and Their Applications

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29 **Graphical Abstract**

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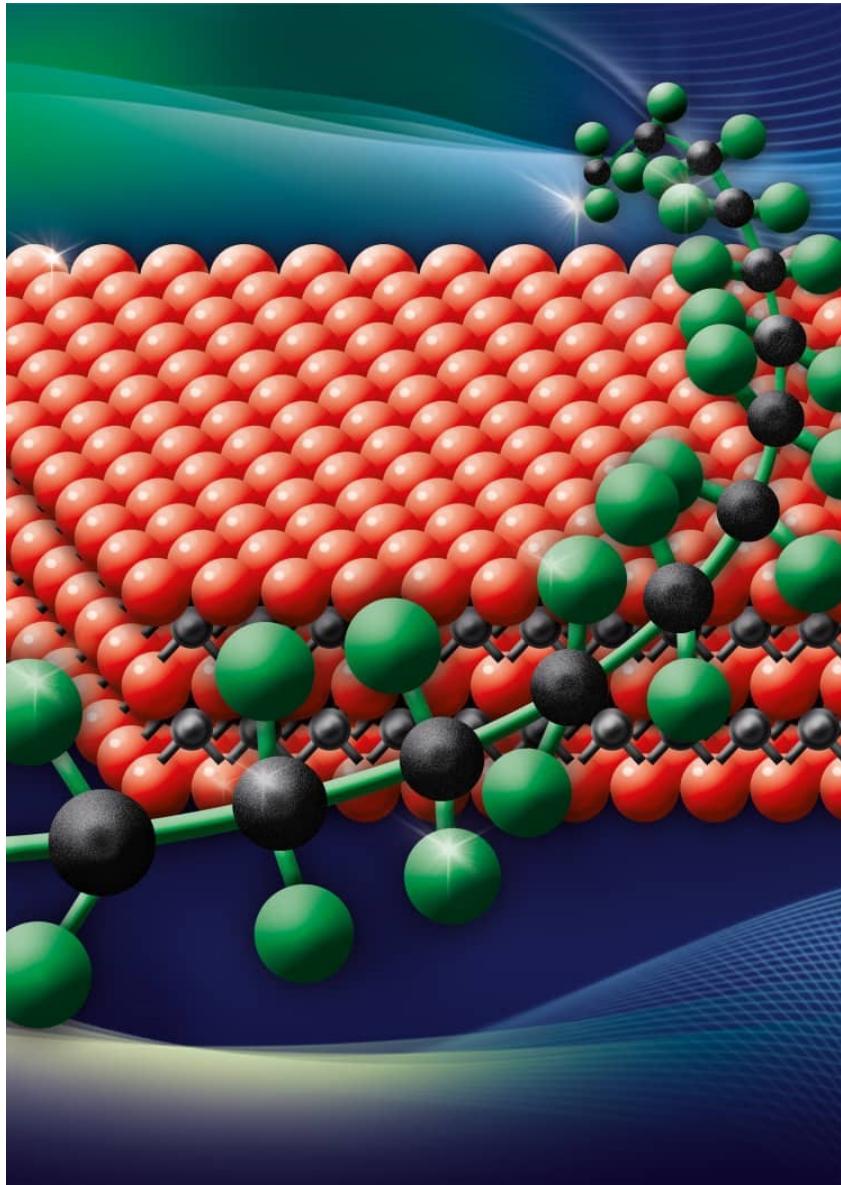
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43 Favorable interactions between polymer chains and Ti<sub>3</sub>C MXene flakes are essential to develop  
44 state-of-the-art MXene/polymer nanocomposite devices

45

46 **Abstract**

47 MXene/polymer nanocomposites simultaneously benefit from the attractive properties of MXenes  
48 and the flexibility and facile processability of polymers. These composites have shown superior  
49 properties such as high light-to-heat conversion, excellent electromagnetic interference shielding,  
50 and high charge storage, compared to other nanocomposites. They have applications in chemical,  
51 materials, electrical, environmental, mechanical, and biomedical engineering as well as medicine.  
52 This property-based review on MXene/polymer nanocomposites critically describes findings and  
53 achievements in these areas and puts future research directions into perspective. It surveys novel  
54 reported applications of MXene-based polymeric nanocomposites. It also covers surface  
55 modification approaches that expand the applications of MXenes in nanocomposites.

56

## 57    **Contents**

|                     |   |    |
|---------------------|---|----|
| 58    1             | Introduction .....  | 7  |
| 59    2             | Ti <sub>3</sub> C <sub>2</sub> MXene .....                              | 10 |
| 60    2.1           | Surface Chemistry .....   | 10 |
| 61    2.2           | Oxidation Stability of Ti <sub>3</sub> C <sub>2</sub> MXenes .....      | 11 |
| 62    2.3           | MXene Interlayer Distance .....   | 15 |
| 63    2.4           | MXene Synthesis .....   | 16 |
| 64       2.4.1      | Top-down Synthesis .....  | 16 |
| 65          2.4.1.1 | Large-scale Production .....  | 19 |
| 66       2.4.2      | Bottom-up Synthesis .....   | 21 |
| 67    3             | Ti <sub>3</sub> C <sub>2</sub> /Polymer Nanocomposite Fabrication ..... | 22 |
| 68    3.1           | Solvent Selection and Solvent Exchange .....                            | 22 |
| 69    3.2           | MXene Surface Engineering .....   | 24 |
| 70    3.3           | Hydrogels, Foams and Aerogels .....                                     | 29 |
| 71    4             | Ti <sub>3</sub> C <sub>2</sub> /Polymer Nanocomposite Processing .....  | 32 |
| 72    4.1           | Rheology of MXene Containing Systems .....                              | 32 |
| 73    4.2           | Coating Techniques .....  | 34 |
| 74    4.3           | Fiber Spinning and Melt Processing .....                                | 41 |
| 75    5             | Applications Based on MXene Properties .....                            | 44 |
| 76    5.1           | Heat Generation Capability .....  | 44 |
| 77       5.1.1      | Joule Heating and Wearable Heaters .....                                | 44 |
| 78       5.1.2      | Self-healing Coatings .....   | 47 |
| 79    5.2           | Thermal Conductivity and Heat Stability .....                           | 51 |
| 80       5.2.1      | Thermally Conductive Nanocomposites .....                               | 51 |
| 81       5.2.2      | Anti-dripping, Flame-retardancy and Smoke Supprive Nanocomposites ..... | 52 |
| 82    5.3           | Electrical Conductivity .....   | 55 |
| 83       5.3.1      | Conductive Films .....  | 55 |
| 84       5.3.2      | Sensors .....   | 56 |
| 85          5.3.2.1 | Motion Sensors .....  | 56 |
| 86          5.3.2.2 | Humidity Sensors .....  | 57 |
| 87          5.3.2.3 | Bio-electrochemical Sensors .....                                       | 59 |
| 88    5.4           | 2D Layered Structure .....  | 61 |
| 89       5.4.1      | Polymer Reinforcement .....   | 61 |

|     |       |   |    |
|-----|-------|---|----|
| 90  | 5.4.2 | Corrosion Resistive Coatings.....                     | 65 |
| 91  | 5.4.3 | Electromagnetic Interference Shielding.....           | 65 |
| 92  | 5.4.4 | Gas Separation and Air Filtration .....               | 68 |
| 93  | 5.4.5 | Wastewater Treatment.....                             | 70 |
| 94  | 5.4.6 | Textile Engineering.....                              | 71 |
| 95  | 5.5   | Electrochemical Activity.....                         | 73 |
| 96  | 5.5.1 | Supercapacitors.....                                  | 73 |
| 97  | 5.5.2 | High Dielectric Materials.....                        | 75 |
| 98  | 5.5.3 | Artificial Muscles and Actuators .....                | 76 |
| 99  | 5.6   | Biocompatibility .....                                | 78 |
| 100 | 5.7   | Other Properties .....                                | 79 |
| 101 | 5.7.1 | Mechanical Dampers .....                              | 79 |
| 102 | 5.7.2 | Data Storage and Flash Memories .....                 | 80 |
| 103 | 6     | Risk Assessment of MXene/Polymer Nanocomposites ..... | 81 |
| 104 | 7     | Challenges and Future Outlook.....                    | 83 |
| 105 |       |   |    |
| 106 |       |   |    |
| 107 |       |   |    |
| 108 |       |   |    |
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112 **List of Acronyms:**

113 2D: Two dimensional  
114 AIBI: 2,2-Azobis[2-(2-imidazolin-2-yl)propane] dihydrochloride  
115 BMI: Bis(4-maleimidophenyl) methane  
116 CCG: Chemically converted graphene  
117 CNC: Cellulose nanocrystals  
118 CNF: Cellulose nanofiber  
119 CTAB: Cetrimonium bromide  
120 CVD: Chemical vapor deposition  
121 DDAB: Didodecyldimethylammonium bromide  
122 DGEBA: Diglycidylether of bisphenol A  
123 DFT: Density functional theory  
124 DI: Deionized water  
125 DMF: Dimethyl formamide  
126 DMSO: Dimethyl sulfoxide  
127 DTAB: Decyltrimethylammonium bromide  
128 EDX: Energy-dispersive X-ray  
129 EG: Ethylene glycol  
130 EM: Electromagnetic  
131 EMI: Electromagnetic interference  
132 EMW: Electromagnetic wave  
133 FA: Furfurylamine  
134 GO: Graphene oxide  
135 HF: Hydrofluoric acid  
136 ITO: Indium tin oxide  
137 KPS: Potassium persulfate  
138 LCST: lower critical solution temperature  
139 LLDPE: linear low-density polyethylene  
140 MILD: Minimally intensive layer delamination  
141 MQD: MXene quantum dot  
142 NMP: N-methyl-2-pyrrolidone  
143 NMR: Nuclear Magnetic Resonance  
144 NR: Natural rubber  
145 OTAB: Octadecyl trimethylammonium bromide  
146 PAA: Polyacrylic acid  
147 PAAm: Polyacrylamide  
148 PADC: Polydiallyldimethylammonium chloride

149 PAN: Polyacrylonitrile  
150 PANI: Polyaniline  
151 PC: Propylene carbonate  
152 PCL: Polycaprolactone  
153 PDMS: Polydimethyl siloxane  
154 PDT: Decentralized conjugated polymer  
155 PEDOT:PSS: poly(3,4-ethylenedioxythiophene):poly(styrene sulfonate)  
156 PEG: Polyethylene glycol  
157 PEO: Polyethylene oxide  
158 PET: Polyethylene terephthalate  
159 PI: Polyimide  
160 PP: Poly(3,4 ethylenedioxythiophene)-poly(styrenesulfonate)  
161 PPy: Polypyrrole  
162 PVA: Polyvinyl alcohol  
163 PVDF: Polyvinylidene fluoride  
164 PVP: Polyvinyl pyrrolidone  
165 PU: polyurethane  
166 PUF: polyurethane foam  
167 SA: Sodium alginate  
168 SEM: Scanning electron microscope  
169 SERS: Surface enhanced Raman scattering  
170 TPU: Thermoplastic polyurethane  
171 UHMWPE: Ultrahigh molecular weight polyethylene  
172 UV: Ultraviolet  
173 UV-Vis: Ultraviolet-visible  
174 XRD: X-ray powder diffraction  
175

176 **1 Introduction**

177 MXenes are a large family of electrically-conductive, hydrophilic, layered, two-dimensional (2D)  
178 nanomaterials made from transition metal carbides, nitrides, or carbonitrides with a range of aspect  
179 ratio and few atomic layer thickness<sup>1</sup>. More than 30 different compositions of MXenes have been  
180 synthesized to date<sup>1, 2</sup>. MXenes possess high electrical conductivity (~15,000 S cm<sup>-1</sup> for Ti<sub>3</sub>C<sub>2</sub>  
181 films), excellent solvent compatibility and stability, hydrophilicity, electrochemical behavior, and  
182 mechanical strength. A single-layer MXene is optically transparent (absorbing 3% of visible light)  
183 and can function as an electromagnetic interference shield<sup>3, 4</sup>. The general formula of MXenes is  
184 M<sub>n+1</sub>X<sub>n</sub>T<sub>x</sub>, where M signifies an early transition metal such as Ti, X is carbon and/or nitrogen, T  
185 is a surface functional group such as OH, F, and O, and x is the number of functional groups. The  
186 value of n is an integer between 1 to 4. The most-studied MXene is Ti<sub>3</sub>C<sub>2</sub>, which was first reported  
187 in 2011<sup>5</sup>. From a morphological point of view, MXenes are similar to GO, as the sheet thickness  
188 of a single layer of a MXene is approximately 1 nm, while their lateral dimensions can vary from  
189 a few hundred nanometers to tens of microns<sup>6</sup>. MXenes usually appear in the form of stacked  
190 sheets and their properties strongly depend on their morphology, and the nature of chemical species  
191 that exist between their layers. Single-layer MXenes can be easily synthesized by sonication or  
192 sever hand shaking of the multilayer counterpart<sup>7-10</sup>. Colloidal single-layer Ti<sub>3</sub>C<sub>2</sub> MXene has  
193 excellent dispersity in water and polar aprotic solvents<sup>11</sup>.

194 Polymers have exceptional properties in terms of impact and tensile strengths, fatigue,  
195 abrasion, corrosion, fracture resistance and other bulk properties. Their solubility in organic  
196 solvents enhances their compatibility with nanoparticles and facilitates their incorporation into 2D  
197 material systems. Hybrid materials simultaneously benefit from properties of both polymers and  
198 the nanoparticles; this has motivated the addition of 2D nanoparticles such as clay<sup>12</sup>, graphene<sup>13</sup>  
199 and GO<sup>14</sup> to polymer matrixes.

200 Graphene and Graphene Oxide have been widely explored as filler materials to develop  
201 polymer nanocomposites,<sup>15, 16</sup> with impregnation methods such as solution processing, in-situ  
202 polymerization, grafting, melt blending and other covalent, non-covalent modification  
203 techniques.<sup>17-21</sup> MXene and Graphene usually undergo identical processing routes due to their  
204 analogous surface morphologies. However, graphene and GO-based polymer nanocomposites  
205 have exhibited active adsorption of organic solvents into the graphene layers, which influences the  
206 properties of the material adversely and impacts their strength, surface chemical activity,

207 electronic, and thermal properties.<sup>22, 23</sup> Ti<sub>3</sub>C<sub>2</sub> MXene on the other hand, exhibits excellent solvent  
208 stability with tailorable adsorption properties due to the presence of surface functional groups on  
209 the basal planes. This relative advantage of MXene over their close counterparts, enables greater  
210 synergy between the filler and polymer matrix that can be harnessed to develop highly robust  
211 composite materials. MXene's ability to disperse within the polymer matrix without the addition  
212 of dispersing agents further facilitates its ability to be introduced during the initial polymer  
213 synthesis steps that can be adapted into an existing production line. Processes such as in-situ  
214 polymerization induce strong interfacial interactions between the polymer and graphene but also  
215 affect viscosity of the system which inhibits subsequent processing and material-forming.<sup>17</sup>  
216 MXene can be incorporated via in-situ polymerization without the relative disadvantages of  
217 viscosity stabilizing agents, active agglomeration, and solution incompatibility as discussed in later  
218 sections of this review. Another advantage of MXene is its relatively defect-free processing and  
219 synthesis via top-down approaches with high yields when compared to other 2D filler materials.  
220 Certain sensitive applications such as gas sensors and electronics require low error-prone systems  
221 which are expensive to manufacture with graphene via bulk processing routes. The synthesis of  
222 defect-free large area graphene sheets has been achieved with methods such as chemical vapor  
223 deposition. However, from an economic standpoint, they are less viable for large scale synthesis  
224 and implementation in sensitive technological fields such as electronics and energy storage.<sup>24</sup> The  
225 size and morphology being important, a surfactant-free stabilization is still a challenge to  
226 overcome in graphene synthesis.<sup>25</sup> Robust synthesis routes to manufacture high-  
227 quality monolayer, defect-free graphene sheets are yet to be achieved<sup>26</sup>.

228 In terms of properties, MXene, similar to GO is shown to exhibit size dependent variations  
229 which specially impacts its dielectric properties in polymer composites.<sup>27, 28</sup> Similar to graphene,  
230 the ratio of permittivity to the loss factor of large flake composites is higher to that of the  
231 composites with small filler flakes. In addition, a strong correlation with the charge accumulation  
232 at the surfaces between the two-dimensional flakes and the polymer matrix under an external  
233 applied electric field is also observed in MXene-polymer composites.<sup>28</sup> Graphene based  
234 composites have exhibited lesser conductivities specially when they are synthesized via melt  
235 processing, blending, solution casting, and CVD techniques. One reason of the latter can be the  
236 agglomeration of fillers in the matrix.<sup>29-31</sup> However, the diverse chemistry of surface modifications  
237 of graphene similar to MXene, continues to be an essential bridging tool, particularly in energy

238 and environmental technologies, which require good interfacing with other functional components  
239 such as polymers.<sup>31</sup>

240 Considering mechanical robustness of single-layer  $Ti_3C_2$  MXene, there are not many studies,  
241 unlike graphene and its derivatives.<sup>32-34</sup> However, single-layer MXene has reportedly exhibited the  
242 highest young's modulus among all solution processed two-dimensional materials<sup>32</sup>. The effect  
243 and imbibement of MXene's mechanical properties in hybrids are yet to be evaluated in more  
244 details to derive direct comparison with other 2D fillers. MXene as the latest member of 2D  
245 nanoparticle family is mixed with many polymers to develop state-of-the-art materials for different  
246 applications<sup>35-37</sup>. Recently several review papers have been published on MXene/polymer  
247 nanocomposites<sup>35, 38</sup>. Unlike previously published reviews papers, this review focuses more on  
248 processing aspects of MXene/polymer systems and describes potential applications of  
249 MXene/polymer nanocomposites in terms of inherent properties of MXenes. It first describes the  
250 surface chemistry of MXenes, their oxidation stability, their interlayer distance and then the  
251 synthesis methods of MXene. Next, MXene/polymer nanocomposite fabrication methods are  
252 explained. This section covers surface modification approaches to improve the affinity of MXene  
253 for polymers and delineates the development of MXene-based polymeric hydrogels, foams and  
254 aerogels. Next, the review paper describes processing methods of the nanocomposites which  
255 includes topics like solvent selection criteria and solvent exchange techniques. In addition,  
256 techniques such as solution casting, vacuum filtration, spray coating, spin casting, dip-coating,  
257 latex blending, electrostatic assembly, wet spinning, and electrospinning are discussed. MXenes  
258 can be processed along with thermoplastic polymers in high-temperature conventional processes  
259 such as compression molding, extrusion, and melt blending, which are also covered herein.  
260 Different applications of MXene/polymer nanocomposites based on inherent properties of MXene  
261 are discussed. The 2D structure of MXenes is highlighted, as it renders these nanomaterials  
262 appealing for use in anti-corrosive coatings, nanocomposites with high electromagnetic  
263 interference shielding capability, gas separation membranes, wastewater treatment membranes, air  
264 filters, smart textiles, sensors, wearable heater, and self-healing coatings.

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267

268 **2 Ti<sub>3</sub>C<sub>2</sub> MXeneSurface Chemistry**

269 Properties of MXenes can be tuned by modifying the surface chemistry of MXenes <sup>39</sup>. MXenes  
270 inherently possess hydroxyl, fluorine, chlorine and oxygen groups on their surface depending on  
271 the synthesis protocol used for the etching of their precursor MAX phase <sup>40</sup>. The distribution of  
272 these functional groups on single-layer MXene surface is not uniform, and the functional groups  
273 are mobile enough to migrate<sup>41</sup>. The concentration of the etching agent (HF) during MXene  
274 synthesis affects the population of oxygen groups as well as atomic defects in both single-layer  
275 and multilayer MXenes<sup>42, 43</sup>. Around 26% of all functional groups on the surface of a single-layer  
276 MXene are hydroxyl groups that are dispersed randomly on the surface<sup>44</sup>. At the present time, the  
277 synthesis of a MXene with uniform surface distributions of these groups is a challenge. <sup>1</sup>H and <sup>19</sup>  
278 F NMR spectroscopy results have shown that the population of hydroxyl groups is much lower  
279 than those of oxygen and fluorine ones<sup>45, 46</sup>. However, it has been reported that the reaction of a  
280 single-layer MXene with an alkali changes the fluorine to hydroxyl groups<sup>47</sup>. Also, it has been  
281 verified that thermal annealing of a pristine single-layer MXene removes fluorine and hydroxyl  
282 groups from the surface of the MXene<sup>48</sup>. Oxygen-terminated MXenes are more stable than  
283 hydroxyl-terminated counterparts which eventually transform into oxygen-terminated ones<sup>49</sup>.  
284 Moreover, MXenes with more oxygen functional groups have stronger interactions with metal  
285 ions such as Li and possess higher mechanical strength compared with those MXenes containing  
286 fluorine or hydroxyl terminations<sup>50, 51</sup>.

287 Several theoretical studies revealed that fluorine prefers to occupy the most  
288 thermodynamically stable sites of Ti<sub>3</sub>C<sub>2</sub>. The fluorine presence improves the stability of the  
289 MXene in aqueous electrolytes and simultaneously enhances its electron transport properties such  
290 as transmission/absorption<sup>52-54</sup>. In addition, DFT studies have shown that a higher population of  
291 fluorine facilitates the delamination of Ti<sub>3</sub>C<sub>2</sub> into thinner sheets<sup>55</sup>. For single-layer Ti<sub>3</sub>C<sub>2</sub> to work  
292 as an electrocatalyst for hydrogen evolution reaction, however, DFT and experimental results  
293 showed that high population of fluorine groups in the basal plane deteriorates Ti<sub>3</sub>C<sub>2</sub> performance<sup>1</sup>.  
294 In applications where the presence of fluorine is not desirable, treating single-layer Ti<sub>3</sub>C<sub>2</sub> with  
295 argon removes fluorine groups and generates hydrophilic functionalities instead<sup>56</sup>. When  
296 multilayer Ti<sub>3</sub>C<sub>2</sub> is used for energy applications, optimizing surface functional groups facilitates  
297 the tailoring of energy band gap to enhance its performance<sup>57</sup>. When 2D nanoparticles such as GO

298 and  $\text{Ti}_3\text{C}_2$  are used for wastewater treatment, the population of oxygen-containing groups on the  
299 surface affects water permeability, as these groups are capable of establishing transient hydrogen  
300 bonds<sup>58</sup>. So, to increase water permeance, it is necessary to decrease the population of such groups.  
301 On the other hand, for applications such as ethanol dehydration by MXene membranes, higher  
302 population of oxygen functional groups is favorable<sup>59</sup>. Removing heavy metal ions by a single-  
303 layer  $\text{Ti}_3\text{C}_2$  film is another example where a high population of surface hydroxyl groups is  
304 favorable<sup>60</sup>. If single-layer  $\text{Ti}_3\text{C}_2$  is used for air purification applications, surface functional groups  
305 of the  $\text{Ti}_3\text{C}_2$  are important again as they can interact with air pollutants causing the adsorption of  
306 them on  $\text{Ti}_3\text{C}_2$  surface and invariably cleaning the air molecules to deliver purified air<sup>48</sup>. It is  
307 imperative to control the nature and type of functional groups since their variable affinities may or  
308 may not be beneficial for the hybrid. In addition to inherently available surface functional groups  
309 (F, CL, OH, O), other functionalities can also be attached on MXene surface by electrostatic  
310 attraction forces, impregnation, reaction with silane coupling agents or grafting of polymer  
311 brushes. Surface functionalization of MXenes and its importance in the fabrication of hybrid  
312 materials will be discussed in the next sections in detail.

313

## 314 **2.2 Oxidation Stability of $\text{Ti}_3\text{C}_2$**

315 MXene colloidal dispersion in water is stable because of MXene's negative zeta potential. However,  
316 a potential impediment in the use of MXenes in an aqueous mixture is the relatively low shelf life of MXene  
317 flakes due to the oxidation of Ti layers, which leads to the formation of titanium oxide. The oxidation is a  
318 result of the interaction of the flakes with water. In the case of a non-aqueous mixture, the flakes can react  
319 with dissolved oxygen in the medium. MXene hydrolysis plays the main role in complete transformation  
320 of  $\text{Ti}_3\text{C}_2$  MXenes into anatase ( $\text{TiO}_2$ ) in aqueous media<sup>61</sup>. The degradation is indicated by a gradual change  
321 in the mixture color from black [colloidal solution] (Figure 1A) to light gray (3 days), off-white (14 days),  
322 and milky white (28 days)<sup>62, 63</sup>.

323 The degradation of a single-layer MXene may be explained by exponential growth kinetics.  
324 Nucleation initiates from the flake edges, and the flake size plays a crucial role in the rate of degradation<sup>11</sup>.  
325 Smaller flakes deteriorate faster. Thus, the deterioration rate can be lowered by controlling the flake size  
326 during delamination steps or by altering the surface chemistries of the flakes. Multilayer MXenes with  
327 tailored surface moieties such as  $\text{Al}(\text{OH})_4^-$  have shown greater structural stability while exhibiting  
328 passivation against oxidizing reagents<sup>64</sup>. Moreover, altering surface moieties have also shown greater

329 stability for thinner and smaller flakes indicating the impact of lateral dimensions in-tandem to surface  
330 functional groups being vital for overall colloidal stability of MXene<sup>64</sup>.

331 When the use of an aqueous medium is required, storing colloidal MXene in a hermitic Ar-sealed  
332 container, at lower temperatures (i.e., refrigeration), and in a dark environment can reduce the oxidation  
333 rate significantly<sup>11</sup>. Another potential route to develop MXenes with longer shelf life is by edge-capping  
334 MXene flakes with a polyanion such as a polyphosphate, polysilicate, or polyborate in a low concentration  
335 (< 0.12 M). Since MXene oxidation starts from the flake edges, edge capping prevents oxide nucleation  
336 and growth right at the source, thereby increasing shelf life<sup>65</sup>. More recently, it has been reported that the  
337 synthesis route of the MAX phase has a significant effect on  $Ti_3C_2$  MXene aqueous colloidal stability<sup>66</sup>.  
338 When  $Ti_3AlC_2$  MAX phase was synthesized by the use of excess aluminum; i.e., well above the required  
339 stoichiometric ratio (that is two moles of aluminum instead of one mole), MXene flakes showed stability  
340 up to 6 months after storage in an aqueous solution. The higher stability can be attributed to the lower  
341 concentration of defects (i.e., Ti vacancies) in the material. However, the reason for the increased stability  
342 has not been fully understood yet<sup>66</sup>.

343 Water and oxygen are two main reasons of MXene degradation where this degradation is  
344 quicker in liquid media compared with solid counterparts<sup>67</sup>. To protect MXenes from  
345 degradation, at least one of them (oxygen or water) or preferably both of them should be  
346 eliminated<sup>68</sup>. De-aerating aqueous MXene colloids with an inert gas like argon is the first technique  
347 to remove oxygen. To remove water, one may think that the easiest way is the centrifugation of  
348 MXene colloid and then drying the sediment or filtration of the colloid to get MXene powder or  
349 film. However, for subsequent applications, the redispersion of these dried powders or films in a  
350 new solvent needs long sonication times. Sonication not only breaks down the flakes and impairs  
351 some good properties of MXene, but also rarely provides fully single-layer flakes again. Regarding  
352 MXene properties deterioration by sonication, it has been reported that despite similar inherent  
353 conductivity, smaller flakes compared with bigger counter parts have less chance to form a  
354 conductive network due to the higher number of resistive contact points in their network. Thus,  
355 sonication should be avoided to keep electrical conductivity of a MXene network high. Under  
356 these conditions, a solvent exchange method is favorable<sup>62</sup>. In such a method, water is replaced  
357 with another solvent without a need for drying a colloid and for MXene sonicating to redisperse<sup>62</sup>.  
358 The detrimental effects of oxygen on MXenes are much lower in an organic solvent compared  
359 with the water. Thus, a sonication-free solvent exchange method is an effective way for lowering

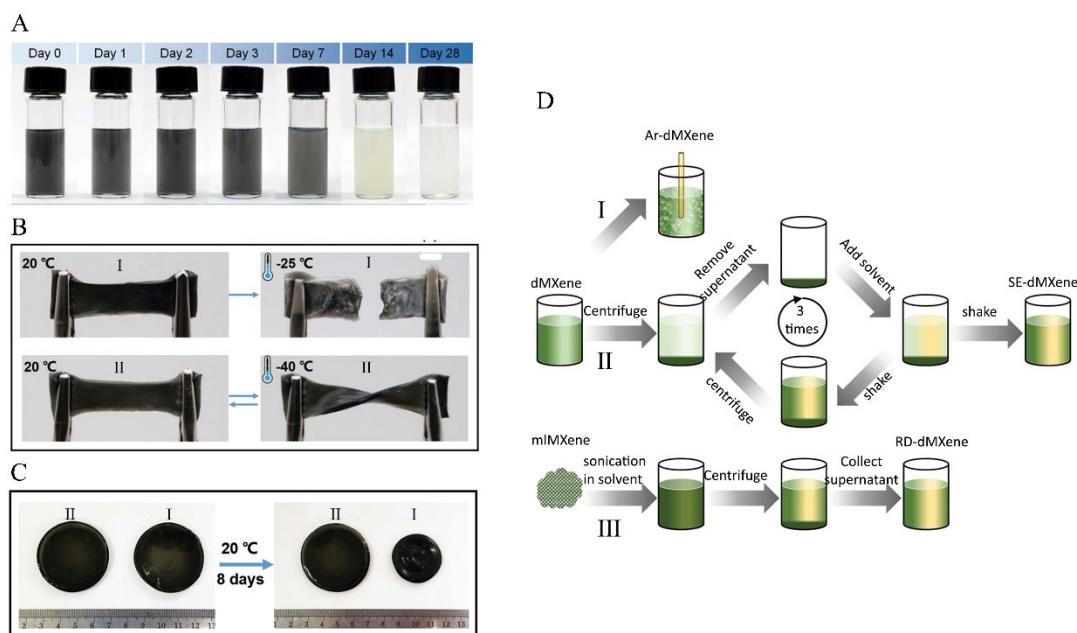
360 the degradation rate of MXenes, even more effective than de-aerating the colloid with a gas like  
361 argon or nitrogen<sup>62</sup>.

362 Another motivation for solvent exchange is the immiscibility of water with many organic  
363 polymers. An aqueous colloidal MXene cannot be mixed with a polymer dissolved in a water-  
364 immiscible organic solvent for nanocomposite fabrication. To overcome this problem, exchanging  
365 the aqueous medium of MXene colloid with a solvent like DMF is a decent option. In addition, for  
366 MXene-based devices that are supposed to work in temperatures lower than 0 °C, using an aqueous  
367 dispersion of MXene is not possible due to freezing of water in those temperatures. A good  
368 example is single-layer MXene-based hydrogels used as conductive motion sensors, working at  
369 sub-zero temperatures. By exchanging water with EG, which is a well-known anti-freezer material,  
370 the functionality of the sensors extends to temperatures as low as -40 °C (Figure 1B). This figure  
371 shows that a MXene-based nanocomposite containing EG keeps its twistability at temperatures as  
372 low as -40 °C. However, the counterpart nanocomposite containing water shows brittleness at that  
373 temperature. In addition, replacing of water with EG prolongs the service life of the hydrogel  
374 sensor in room temperature as the evaporation rate of EG is much lower than that of water. The  
375 EG-containing hydrogel sensors keep their functionality for a longer time compared with water-  
376 containing counterparts (Figure 1C)<sup>69</sup>.

377 Recently, Syedin et al.<sup>62</sup> proposed a solvent exchange procedure to replace water with other  
378 solvents without using sonication. Figure 1D shows this sonication-free solvent exchange  
379 procedure and compares it with another available solvent exchange method which needs  
380 sonication. According to Syedin's method<sup>62</sup>, the first solvent which is usually water is separated  
381 from MXene flakes by centrifugation. The supernatant will be decanted and a new solvent, DMF  
382 for example, will be added. Vigorous handshaking or a mechanical shaker is used to re-disperse  
383 MXene sediment, deposited at the bottom of the centrifuge tube, into fresh DMF. Centrifugation  
384 is then repeated to separate the added DMF from MXene flakes and then be decanted. This cycle  
385 is repeated by adding fresh DMF, redispersion, centrifugation and supernatant decantation for  
386 three times to assure that there is no trace of initial solvent in the final solvent-exchanged colloidal  
387 MXene. As the Figure 1D-II shows, no sonication is needed in this novel solvent exchange  
388 technique.

389 Using the technique described in the previous paragraph, solvent-exchanged  $Ti_3C_2$  has  
390 been dispersed in polar solvents like methanol, ethanol, isopropanol, acetone, DMF, and DMSO.

391 The DMF and DMSO colloids were found to be stable, similar to the original MXene in water  
 392 colloid, without using any sonication. Figure 4B indicates that methanol is a poor solvent for  $\text{Ti}_3\text{C}_2$ .  
 393 However,  $\text{Ti}_3\text{C}_2$  forms a stable colloid in methanol when the sonication-free solvent exchange  
 394 technique is applied. This points to the superiority of Syedin et al.'s method to other available  
 395 methods<sup>62</sup>. Solvent-exchanged colloids prepared by Seyedin et al. showed dark color after 28 days  
 396 meaning no oxidation happened in non-aqueous media. In addition, this method is capable of  
 397 further delaminating MXene flakes even compared with original fresh single-layer MXene in  
 398 water. In comparison with aqueous colloidal single-layer  $\text{Ti}_3\text{C}_2$  purged by argon, shown in Figure  
 399 1D-I, dispersing solvent-exchanged  $\text{Ti}_3\text{C}_2$  into ethanol, acetone, DMF, DMSO, and etc. downshifts  
 400 the 002 peak in XRD spectrum. Moreover, this method allows for transferring MXene flakes from  
 401 one medium to another sequentially. For example, one can start with a MXene colloid containing  
 402 water as the dispersing medium, then exchange water with DMSO, DMSO with ethanol, ethanol  
 403 with chloroform, and finally chloroform with acetone, to get a stable colloid in the last step of the  
 404 solvent exchange process<sup>62</sup>.



405  
 406 Figure 1. A) Color change of colloidal  $\text{Ti}_3\text{C}_2$  due to degradation over time, Reproduced with permission from ref.<sup>62</sup>  
 407 Copyright (2019), Wiley Online Library. B) Hydrogels containing (I) water and (II) ethylene glycol both show good  
 408 flexibility at 20 °C, but (I) turns into a brittle material at -40 °C due to freezing of the water. C) (II) Hydrogel containing  
 409 ethylene glycol does not lose its solvent after 8 days of storage at 20 °C but (I) water-containing counterpart shrinks  
 410 due to the evaporation of water, Reproduced with permission from ref.<sup>69</sup> Copyright (2019), Wiley Online Library. D)  
 411 Three approaches to stop  $\text{Ti}_3\text{C}_2$  degradation (I) de-aerating with an inert gas, (II) sonication-free solvent exchange  
 412 process from water to an organic solvent, and (III) redispersion into an organic solvent by sonication, Reproduced  
 413 with permission from ref.<sup>62</sup> Copyright (2019), Wiley Online Library.

414      **2.3 MXene Interlayer Distance**

415      Many experimental and theoretical studies have shown that properties of MXene-based  
416      devices depend on the interlayer distance between the hierarchically-layered individual atoms of  
417      the M and X elements. The interlayer distance of the sheets is affected by the composition of the  
418      etchant with which the A layers are selectively etched in the top-down synthesis process. In fact,  
419      the population of surface functional groups and consequently the population and strength of  
420      hydrogen bonds formed between MXene layers, which affect the interlayer distance, are dependent  
421      on the etchant type and composition<sup>70</sup>. The interlayer distance is also a pressure-dependent  
422      parameter which endows MXenes with piezoresistive properties<sup>71</sup>. Argon treatment and nitrogen  
423      doping are some approaches to increase distance between layers of a multilayer MXene<sup>56, 72</sup>.  
424      MXenes with enlarged interlayer distances have high capability for working as the anode of  
425      sodium-ion batteries<sup>73</sup>.

426      Intercalation allows for adjusting the distance between MXene layers. MXenes with tuned  
427      interlayer distances are suitable for different post processes such as interlayer monomer diffusion  
428      and subsequent polymerization. For example,  $Ti_3C_2$  intercalated by  $\epsilon$ -Caprolactam undergoes ring  
429      opening polymerization to produce a MXene/Nylon nanocomposite that shows excellent water  
430      barrier properties<sup>73</sup>. In addition to monomers, many other chemicals such as surfactants and  
431      cationic solvents can be used for MXene intercalation. Each of these chemicals may affect  
432      interlayer distance and other inherent properties of MXene differently. For example, hydrazine can  
433      intercalate  $Ti_3C_2$  at the expense of decreasing its water content and number of hydroxyl and  
434      fluorine groups<sup>74</sup>. In other cases, some cations like  $Li^+$ ,  $Na^+$  and  $Mg^{2+}$  can intercalate  $Ti_3C_2$  by  
435      replacing water molecules between layers causing contraction and consequent reduction in  
436      interlayer spacing<sup>75</sup>. Some contrary reports also mention that the intercalation of  $Na^+$  between  
437       $Ti_3C_2$  layers in nonaqueous media increases the interlayer distance of  $Ti_3C_2$  as they work as pillar  
438      <sup>76</sup>. These disagreements remain as a simulation paper reported that the intercalation of  $Ti_3C_2$  with  
439       $K^+$  improves water stability between  $Ti_3C_2$  layers<sup>77</sup>. These three seemingly contradictory reports  
440      point to a need for a careful selection of an intercalant and processing medium for  $Ti_3C_2$   
441      intercalation procedure<sup>75-78</sup>. Some cationic surfactants such as CTAB can also work as a spacer to  
442      increase the interlayer distance of  $Ti_3C_2$  through pillaring<sup>39, 75</sup>. Moreover, using high valance  
443      cations like  $Al^{3+}$  for pre-intercalation is practiced to increase interlayer distance of  $Ti_3C_2$  sheets<sup>79</sup>.

444 As multilayer  $Ti_3C_2$  is a conductive nanoparticle, its interlayer distance and the ion  
445 rejection capability of MXene-based membranes vary by applying a voltage. Thus, voltage is a  
446 tool to inhibit or enhance the rate of ion intercalation. The control of  $Ti_3C_2$  interlayer distance and  
447 ion-rejection capability of MXene-based membranes by electrical potential are special features  
448 that distinguish MXene from other 2D nanomaterials<sup>80</sup>.

449 To suppress self-restacking of MXene nanosheets and increase MXene inter-layer distance,  
450 electrostatic self-assembly between negatively charged  $Ti_3C_2$  sheets and positively charged GO  
451 sheets is performed successfully<sup>81</sup>. Self-assembly between negatively charged pristine single-  
452 layer  $Ti_3C_2$  MXene and positively charged amine-functionalized  $Ti_3C_2$  MXene also increased  
453 MXene inter-layer distances<sup>82</sup>. To suppress restacking, it is also possible to insert another 2D  
454 nanoparticle between MXene sheets. For example, reduced graphene oxide is inserted between  
455 MXene sheets to suppress its self-restacking and to prevent from shrinkage in its interlayer  
456 distance. The latter hybrid structure is implemented in heavy metal ion removal processes<sup>60</sup>.

457 Annealing of MXene sheets at high temperatures lets the adjustment of the interlayer  
458 distance in MXene thin films and membranes. Sintering usually decreases the interlayer distance  
459 due to loss of water and surface functional groups at high temperatures. In addition, annealing  
460 increases the risk of multilayer MXene oxidation and the formation of  $TiO_2$  nanoparticles on the  
461 MXene flakes<sup>83</sup>.

## 462 2.4 MXene Synthesis

463 MXenes have been synthesized using different approaches, leading to the production of  
464 MXenes with different qualities in terms of size<sup>84</sup>, surface functional groups<sup>45</sup>, and structural  
465 defects<sup>43</sup>. Details of single-layer MXene synthesis are described elsewhere thoroughly<sup>85, 86</sup>. Here,  
466 we limit our focus to general guidelines and the reactions that are involved. In general, there are  
467 two types of MXene synthesis approaches, top-down and bottom-up.

### 468 2.4.1 Top-down Synthesis

469 Top-down approaches involve an etchant addition to the parental material, MAX phase, or  
470 in-situ production of the etchant in the presence of a MAX phase. The etchant is usually HF or a  
471 mixture of HCl/HF. HF can be formed in-situ by mixing of a fluoride salt with HCl. Different

472 salts like LiF, NaF, KF, and NH<sub>4</sub>F can be used. This in-situ production of HF is safer than the  
473 external addition. In the case of in-situ formation of HF, the cleanness of the surface of the  
474 synthesized MXene depends on the type of salt used, as the cations have different affinities for the  
475 surface of MXenes. For example, a single-layer MXene etched with a mixture of NaF/HCl  
476 contains less Na<sup>+</sup> on its surface compared with the one synthesized with LiF/HCl, as it is much  
477 easier to wash out Na<sup>+</sup> from the surface, compared with Li<sup>+</sup><sup>87</sup>. Some other environmental-friendly,  
478 green HF-free methods like electrochemical etching in dilute HCl, anodic corrosion, and etching  
479 in Lewis acidic melts like ZnCl<sub>2</sub> are described in the literature<sup>88</sup>.

480 MAX phase is a ceramic with a general formula of M<sub>n+1</sub>AX<sub>n</sub>, where M is a transition metal  
481 like Ti, A is an element from groups 13 and 14, and X is carbon and/or nitrogen. Ti<sub>3</sub>AlC<sub>2</sub> is the  
482 most used MAX phase. The general formula of MXenes is M<sub>n+1</sub>X<sub>n</sub>T<sub>x</sub>, which is obtained by the  
483 removal of A element. T represents OH, O, F, and CL surface functional groups, which are  
484 generated on the surface and edges of MXene during the etching process<sup>5</sup>.

485 The synthesis of single-layer MXene consists of three steps including etching, washing, and  
486 delamination (Figure 2A). In the etching step, HF comes into contact with the MAX phase to  
487 remove its A element. The amount of HF should be adjusted accurately, otherwise an excessive  
488 amount of HF causes complete dissolution of the MAX phase which is unfavorable<sup>88</sup>. In the case  
489 of Ti<sub>3</sub>AlC<sub>2</sub>, Al will be removed by an etchant with a HF concentration between 10 to 50 wt.%. The  
490 required time for etching depends on HF concentration and temperature. For example, at room  
491 temperature, by using an etchant with HF concentration of 50 wt.%, just 2 hours is needed to  
492 remove Al from Ti<sub>3</sub>AlC<sub>2</sub><sup>85</sup>. As the reaction is exothermic, MAX phase should be gradually added  
493 to the etchant to prevent from uncontrollable heat generation. In-situ formation of HF results in  
494 larger MXene flakes than direct addition of pure HF. The mole ratio of LiF to HCl significantly  
495 affects the quality of the resulting MXene. Two usual mole ratios of LiF to HCl are 5 M LiF: 6  
496 M HCl and 7.5 M LiF: 9 M HCl. The most recent method is the addition of HF/HCl mixture to  
497 etch the MAX phase, which like the LiF/HCl etchant, allows for the production of large size single-  
498 layer MXene.<sup>89</sup>

499 Second step is washing which occurs after etching to remove etchant and some by-products  
500 like AlF<sub>3</sub> or LiF. Due to the presence of HF and possibly HCl, the reaction medium is extremely  
501 acidic. Thus, it is necessary to wash off acids to increase the pH of the medium to around ~6 and  
502 obtain a stable colloidal MXene. One cycle of washing consists of centrifugation, the decantation

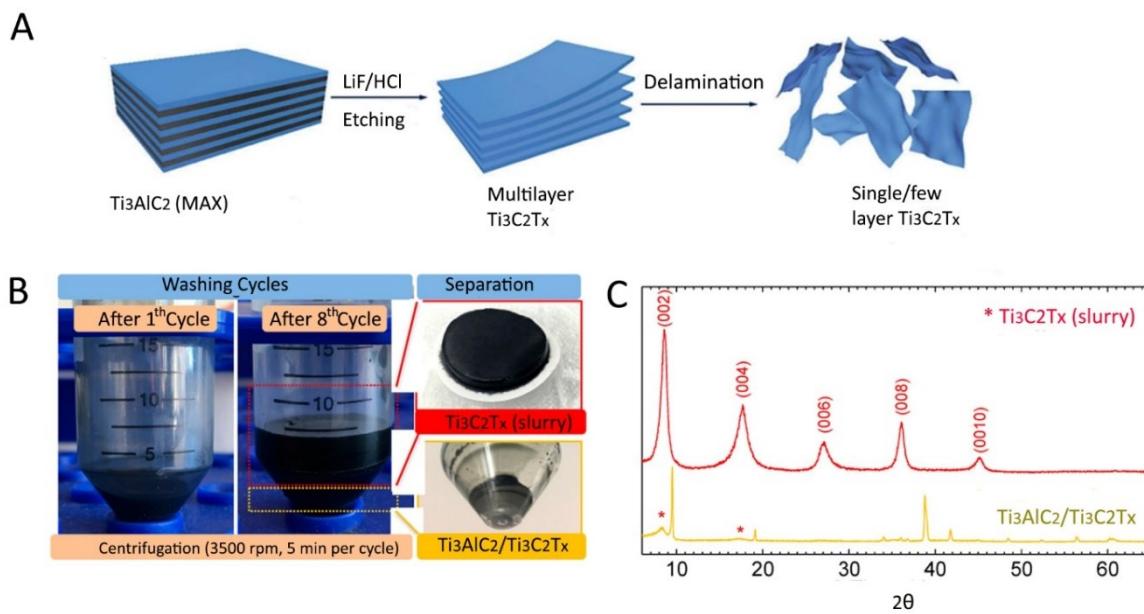
503 of the supernatant which is an acidic water, the addition of fresh water, and the re-dispersion of  
504 MXene sheets that are settled down on the bottom of the centrifuge tube. This cycle is repeated  
505 until supernatant reaches a neutral pH. The product of this step is an aqueous colloidal multilayer  
506 MXene, where the layers are held to each other by hydrogen bonding or Van der Waals forces. If  
507 the purpose is the synthesis of multilayer colloidal MXene, the procedure finishes in this step.  
508 MXene dried powder or films can then be obtained from the colloid by filtration or casting of the  
509 colloid<sup>85</sup>.

510 The third step is the delamination of the multilayer MXene to single-layer ones. This can be  
511 done by ultrasonication, hand shaking, the addition of intercalants or all/some of them together.  
512 The need for sonication or handshaking for the delamination is dependent on the etchant type. For  
513 example, MAX phases etched by 7.5 M LiF: 9 M HCl mixture or HCl/HF mixture usually do not  
514 need sonication for delamination. The approaches that do not need sonication for delamination are  
515 called MILD approaches. The advantage of MILD methods is that single-layer large flakes can be  
516 produced. Sound waves generated during the course of sonication usually break down MXene  
517 flakes. A large-flake MXene usually has better properties than small-flake counterparts. For  
518 example, although the conductivity of a large MXene flake is the same as that of a small flake of  
519 the same MXene, larger flakes form a more conductive network due to the lower total contact  
520 resistivity of larger flakes. To facilitate delamination, different materials are used as intercalant.  
521 LiCl, DMSO, tetraalkylammonium hydroxides, and lithium ions are a few to name. In the MILD  
522 approaches, after the addition of an intercalant like LiCl, the delamination of multilayer MXene is  
523 expected to happen after stirring the colloid for several hours and then vigorous handshaking. Next,  
524 the colloid undergoes another centrifuge cycle to separate single-layer from multilayer sheets and  
525 possibly remained unetched MAX phase. When delamination occurs, the sediment on the bottom  
526 of the centrifuge tube swells up significantly which is observable with a naked eye (Figure 2B). In  
527 addition, the existence of a dark supernatant after centrifugation is another sign of successful  
528 delamination. That dark supernatant contains single-layer MXene that should be collected as the  
529 final product<sup>85</sup>.

530 To close this section, a few more points are worth to mention. XRD and EDX spectroscopies  
531 are the best characterization techniques to assure about the success of the etching. A peak at  $2\theta \sim$   
532  $39^\circ$  in the XRD spectrum of MAX phase disappears after a successful etching (Figure 2C). Also  
533 002 peak of  $Ti_3AlC_2$  downshifts from  $9.5^\circ$  to  $9^\circ$  and then to  $\sim 6^\circ$  upon etching and then

534 delamination. In addition, no trace of Al should be observed in the EDX spectrum. If a MXene  
 535 with a large flake size, several microns, is required, etching of a MAX phase with large grain size  
 536 has been recommended. Whenever sonication is needed for whatever reason, it is advised to purge  
 537 colloidal MXene with an inert gas like argon or nitrogen and also keep it in an ice bath during the  
 538 sonication. If MXene is not used immediately after production, it is recommended to store it in  
 539 argon or nitrogen sealed vials and keep it in a refrigerator. This is important as it is shown that  
 540 single-layer  $Ti_3C_2$  MXene degrades by 42%, 85% and 100% after 5, 10 and 15 days of storage,  
 541 respectively, in open vials<sup>11</sup>. Finally, if a person is suspicious to MXene degradation due to a long-  
 542 time storage, a UV-Vis test can be used. Possible degradation changes the 700-800 nm peaks of  
 543  $Ti_3C_2$  MXene<sup>85</sup>.

544



545

546 Figure 2. A) Schematic showing the synthesis of a MXene from a MAX phase via etching, and MXene delamination,  
 547 Reproduced with permission from ref. <sup>90</sup> Copyright (2019), Royal Society of Chemistry. B) Expansion of MXene  
 548 sediment upon delamination after several centrifuge cycles; the top-right inset shows the obtained MXene film after  
 549 filtration, and the bottom-right inset displays leftovers of multilayer MXene and unetched MAX phase at the centrifuge  
 550 tube. C) XRD results showing that the peak at  $2\theta \sim 39^\circ$  of  $Ti_3AlC_2$  MAX phase disappears after etching and its 002  
 551 peak also downshift from  $2\theta \sim 9^\circ$  (yellow spectrum) to around  $2\theta \sim 7^\circ$  (red spectrum), Reproduced with permission  
 552 from ref. <sup>85</sup> Copyright (2017), American Chemical Society.

553

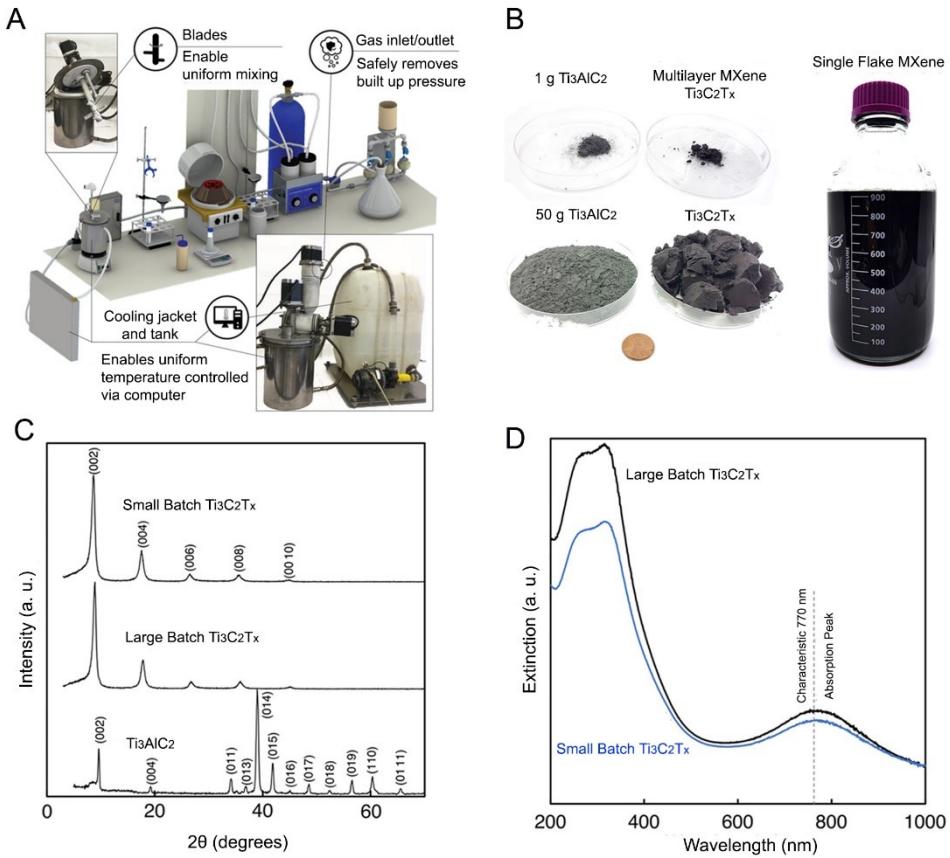
#### 554 2.4.1.1 Large-scale Production

555  $Ti_3C_2$  MXene has usually been synthesized using a top-down approach. Although it looks  
 556 simple at the first glance, the scale up of the approach needs great attention to heat transfer, mixing,

557 and safety issues. To synthesize MXene from a MAX phase in large quantities, a reactor with  
558 following properties is needed: 1) A screw feeder to feed a MAX phase automatically and  
559 gradually to the reaction medium to minimize the exposure of human staffs to dangerous HF acid  
560 as well as to assure the uniform addition of MAX phase; 2) A cooling jacket to remove heat from  
561 the reactor, preventing exothermic reaction runaway; 3) A gas outlet to release the generated gases;  
562 4) Engineered mixing blades to improve homogeneity and prevent MAX phase settlement; 5)  
563 Internal gas feeding to feed a gas into the reaction medium if needed; and 6) An internal  
564 thermocouple <sup>91</sup>. Using a reactor with the aforementioned features, Shuck et al.<sup>91</sup> synthesized 50 g  
565 single-layer MXene in one batch and found that the properties of the obtained MXene are similar  
566 to the properties of the MXene obtained via 1 g synthesis procedure. Figures 3A and 3B show the  
567 reactor that they used and the product that they obtained from that reactor. In MXene synthesis,  
568 yield is defined as the ratio of the obtained single-layer MXene to the fed MAX phase. A 60 %  
569 yield is usually obtained when MXene synthesis starts with 1 g MAX phase. However, this value  
570 decreased to 52% when the synthesis started with 50 g MAX phase. Losing some of materials in  
571 discarded supernatants in each washing cycle, inability to delaminate all multilayer MXene, and  
572 multilayer MXene sedimentation are the main reasons for the decrease in the yield <sup>91</sup>.

573 Comparing properties of a single-layer MXene synthesized in a small reactor with those of  
574 a MXene produced in a large reactor, it was found that there is no difference in terms of particle  
575 size, surface functional groups, optical properties, crystalline structure, atomic composition and  
576 conductivity. Figures 3C and 3D show the similarity of XRD and UV-Vis spectra of MXenes  
577 produced in a small and a large reactor. The scaleup does not require changing the temperature,  
578 reaction time or any other reactor operating conditions. Finally, this scale up approach to  
579 synthesize single-layer  $Ti_3C_2$  seems to be applicable to other kinds of MXenes<sup>91</sup>.

580



581

582 Figure 3. A) A pilot-scale setup including a reactor to synthesize a large quantity of MXene  $\sim$  50 g. B) Images of  
 583 showing 1 g and 50 g of the produced MXene as well as colloidal single-layer MXene. C) XRD results. D) UV-Vis  
 584 spectra showing the similarity of spectra of the large-batch-produced MXene and the small-batch-produced MXene.  
 585 Reproduced with permission from ref. <sup>91</sup> Copyright (2020), Wiley Online Library.

586

#### 587 2.4.2 Bottom-up Synthesis

588 This approach is widely used for the synthesis of MXenes other than  $\text{Ti}_3\text{C}_2$ . Although the  
 589 focus of this review is on  $\text{Ti}_3\text{C}_2$ , for completeness we briefly review bottom-up synthesis methods.  
 590 In these methods, the synthesis starts from smaller building blocks, like atoms and molecules.  
 591 CVD is a usual bottom-up approach for the synthesis of MXenes. For example, CVD has been  
 592 used to synthesize defect-free  $\varphi\text{-Mo}_2\text{C}$  crystals with a lateral size of around 100 microns, which is  
 593 much bigger compared with that of defect-prone MXenes synthesized with top-down methods  
 594 (around 10 microns). So, for applications where a high lateral length and a perfect crystalline  
 595 structure are required, CVD is recommended <sup>92</sup>.  $\varphi\text{-Mo}_2\text{C}$  was synthesized at a reaction temperature  
 596 of 1085 °C while gaseous methane was fed to the reaction medium as a carbon source and a bilayer

597 substrate of Cu/Mo was used as the source of Mo. At such a high temperature, the Cu/Mo substrate  
598 melts and an alloy of Cu-Mo forms. The Mo species from the Cu/Mo interface diffuse through the  
599 molten Cu layer to reach the surface of Cu layer where decomposed methane gas exists as a source  
600 of carbon. When the reaction between Mo and carbon is complete, the system needs to be cooled  
601 down carefully to let the formation of perfect defect-free 2D layers <sup>92</sup>. Plasma-enhanced-pulsed-  
602 laser deposition can be also used in conventional CVD to improve the efficiency of the reaction  
603 between Molybdenum and carbon and prevent the former from oxidation<sup>93</sup>.

604 Salt-templated synthesis is another bottom-up approach for the synthesis of 2D  
605 nanomaterials. Here, 2D metal oxides are used as precursors for the synthesis of 2D metal  
606 nitrides via the ammoniation reaction. For example, to synthesize MoN, firstly a MoO<sub>3</sub>-coated  
607 NaCl powder is obtained via the reaction of Mo precursor at NaCl powder under argon  
608 environment at 280 °C. The 2D MoO<sub>3</sub>-coated NaCl is ammoniated in an NH<sub>3</sub> environment at 650  
609 °C. This ammoniation reaction converts MoO<sub>3</sub> to MoN, and NaCl helps MoO<sub>3</sub> keep its 2D structure  
610 during the conversion. The leftover NaCl in the final product can be washed out by deionized water  
611 <sup>94</sup>. Similar to the protocol described above for the synthesis of MoN, the synthesis of Mo<sub>2</sub>C through  
612 the conversion of MoO<sub>2</sub> is possible<sup>95</sup>.

### 613 3 Ti<sub>3</sub>C<sub>2</sub>/Polymer Nanocomposite Fabrication

#### 614 3.1 Solvent Selection and Solvent Exchange

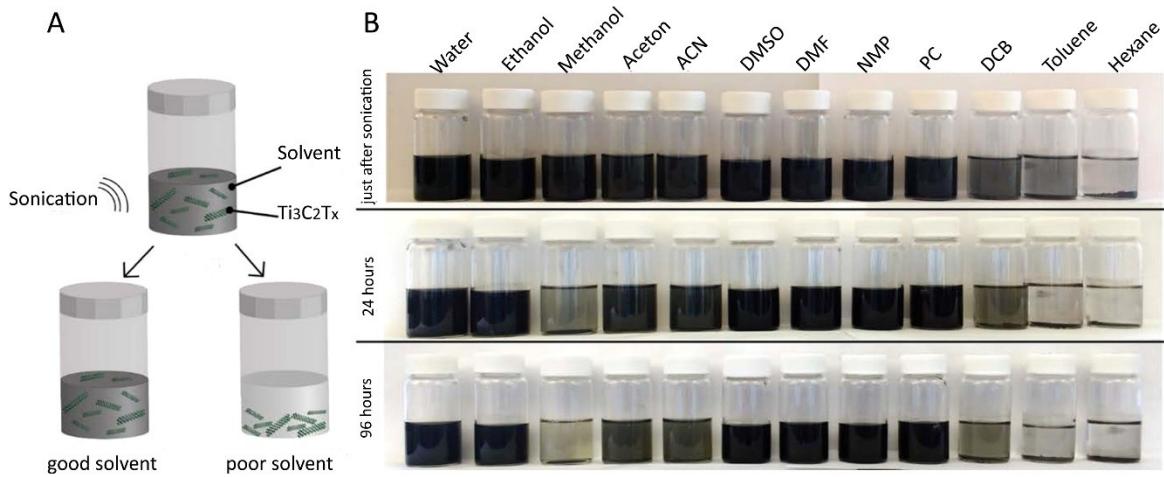
615 Selection of a solvent to disperse MXene is the first step for solvent-mixing processes. The  
616 solvent should be able to dissolve the concomitant polymer to form a stable solution. In this  
617 section, important parameters and selection criteria are laid out to identify suitable processing  
618 conditions for fabricating MXene/polymer nanocomposites. Also, in this section, several MXene  
619 surface modification methods are reviewed. Fabrication of foams, hydrogels, and aerogels from  
620 MXene and MXene/polymer mixtures is discussed as well.

621 MXene synthesis in water is well established<sup>1</sup>. Aqueous colloids of single-layer Ti<sub>3</sub>C<sub>2</sub>  
622 possess excellent stability and safety for processing, and are inexpensive to prepare<sup>1</sup>. However,  
623 MXenes in the presence of water and oxygen degrade over time. In addition, water intercalated  
624 between MXene flakes may decrease MXene's performance in electrochemical applications. A  
625 stable suspension of a MXene in an organic solvent is sometimes needed for mixing the MXene  
626 with a polymer. A stable suspension is a suspension in which MXene flakes do not agglomerate

627 over time (Figure 4A). Drying single-layer  $Ti_3C_2$  MXene to remove water and then redispersion in  
628 an organic solvent have shown that the MXene is stable in ethanol, DMF, DMSO, NMP, and PC.  
629 However, it has poor stability in 1,2 dichlorobenzene, hexane, toluene and methanol<sup>63</sup>. Figure 4B  
630 shows the dispersibility of single-layer  $Ti_3C_2$  in different organic solvents right after, 24 hours  
631 after, and 96 hours after the redispersion<sup>63</sup>.

632 To analyze systematically the suitability of a solvent for MXene dispersion, the surface  
633 tension, viscosity, dielectric constant, and boiling points of various solvents should be considered.  
634 As a rule of thumb, a polar solvent with high boiling point, high surface tension and high dielectric  
635 constant is a decent choice for MXene dispersion. Thermodynamic properties like Hilderbrand and  
636 Hansen solubility parameters of the solvents allow for a better evaluation of a solvent<sup>63</sup>. A good  
637 solvent for MXene dispersion should ideally have high dispersion interactions and high polarity.  
638 However, establishing of hydrogen bonds is not important. As an evidence,  $H_2O$ , NMP, PC, DMF,  
639 and DMSO are good solvents for MXene dispersion, as they exhibit high polarity and dispersion  
640 interactions. An analysis of solvent properties with thermodynamic tools helps one to design a  
641 mixture of poor solvents in a way to convert it into a good solvent for MXene dispersion. For  
642 example, acetonitrile is a poor solvent for MXenes while it is highly polar. On the other hand,  
643 aromatic solvents are not polar but have high dispersion interactions. A 1:8 v/v mixture of DMF  
644 and chloroform has been reported to disperse  $Ti_3C_2$  well<sup>96</sup>. Thus, a right composition of proper  
645 solvents is needed for good single-layer MXene dispersion<sup>63</sup>.

646 It is also possible to modify the surface of a single-layer MXene to tailor its dispersibility  
647 in different solvents. Surface energies of MXenes are strongly dependent on their surface  
648 chemistry which consequently determines MXene wettability by different solvents<sup>97</sup>. For example,  
649 the presence of long hydrocarbon chains on single-layer MXene surface may negatively affect its  
650 dispersibility in DMF which is already known to be a good solvent for pristine single-layer MXene  
651<sup>97</sup>. Moreover, it is observed that the dispersibility of pristine single-layer MXene in water decreases  
652 by grafting of 2-isocyanatoethyl methacrylate on its surface. At the same time, however, DMF  
653 disperses this kind of surface modified MXene better than water<sup>98</sup>. Surface chemistry and  
654 consequently the dispersion of MXene in a solvent may be affected by etchant composition. For  
655 example, MXene etched by HF may show a slightly different dispersibility in a solvent compared  
656 with a MXene etched by LiF/HCL mixture. The reason is difference in population of surface  
657 functional groups and the kind of species between MXene layers<sup>63</sup>.



660 Figure 4. A) Images showing the stability of Ti<sub>3</sub>C<sub>2</sub> flakes in a good and a poor solvent after sonication. B) the evolution  
 661 of Ti<sub>3</sub>C<sub>2</sub> colloid stability over time shows that only ethanol, water, DMSO, acetone, NMP, DMF, and PC are good  
 662 solvents for Ti<sub>3</sub>C<sub>2</sub> dispersion, Reproduced with permission from ref. <sup>63</sup> Copyright (2017), American Chemical Society.

### 664 3.2 MXene Surface Engineering

665 MXene inherently has hydroxyl, fluorine and oxygen groups on its surface. However, for  
 666 many other applications, new surface functional groups are required. Hydrophobic Ti<sub>3</sub>C<sub>2</sub>  
 667 membranes were synthesized by reacting single-layer Ti<sub>3</sub>C<sub>2</sub> with a silane coupling agent bearing  
 668 fluorine groups. This allowed for selective salt filtering in water treatment (solar desalination)<sup>17</sup>.  
 669 Silane coupling agents were also used to develop vertically-aligned Janus Ti<sub>3</sub>C<sub>2</sub>-based aerogels  
 670 where one end is hydrophilic, and the other end is hydrophobic for seawater purification through  
 671 solar desalination. The hydrophobic end of the aerogel inhibits salt accumulation on the surface,  
 672 increasing the longevity of the polymer membrane for longer durations of functional usage<sup>99</sup>. Non-  
 673 inherent surface functional groups may also be created by alteration in MXene synthesis steps. For  
 674 example, applying sound waves during MAX phase etching creates peroxide groups on the surface  
 675 of a MXene. This new functional group enables a MXene to work as a conventional initiator to  
 676 initiate a free-radical polymerization. Acrylate monomers in the presence of peroxide-containing  
 677 single-layer MXene are recently polymerized<sup>100</sup>. Similarly, the addition of alcohol to water during

678 the etching step may lead to the creation of alkoxy group on MXene surface which is a non-  
679 inherent functionality<sup>101</sup>.

680 The presence of amine groups on MXene surface opens many new applications for  
681 MXenes. Aminosilane coupling agents can be grafted on MXene surface (Figure 5A). It is shown  
682 that the surface charge of pristine  $Ti_3C_2$  changes from negative to positive in a wide pH range 2 to  
683 ~10.5 due to the grafting of an aminosilane coupling agent and the protonation of its amine  
684 groups<sup>82</sup>. Other silane coupling agents bearing methacrylate<sup>102</sup>, perfluoroalkyl<sup>17</sup> as well as alkyl  
685 groups<sup>103</sup> are also grafted on  $Ti_3C_2$  surface. These silane coupling agents usually react with  
686 hydroxyl groups on the surface of  $Ti_3C_2$ <sup>82</sup>. In one example, methacrylate bearing silane coupling  
687 agents were grafted on the surface of  $Ti_3C_2$  followed by grafting of sulfonated polyelectrolyte  
688 brushes on  $Ti_3C_2$  surface by polymerization of sodium-p-styrenesulfonate from the methacrylate  
689 sites. These modified MXenes were then used as nanofillers to incorporate into sulfonated poly  
690 (ether ether ketone) or chitosan to make proton conducting membranes<sup>102</sup>.

691 Grafting of polymer brushes on MXene surfaces through surface initiated photografting  
692 and polymerization can generate hybrid structures where the polymerization initiates with solution  
693 mixing of the constituents and then the UV irradiation of the system. Although this review paper  
694 focuses on  $Ti_3C_2$  MXene, in following we discuss a paper published on the surface modification  
695 of  $V_2C$  MXene as it introduces a novel method for surface modification. In Figure 5B, grafting of  
696 poly(2-(dimethylamino)ethyl methacrylate) brushes on the surface of vanadium carbide ( $V_2C$ )  
697 resulted in a hybrid stimuli-responsive material which shows sensitivity with change in  
698 temperature and carbon dioxide concentration. Poly(2-(dimethylamino)ethyl methacrylate) has an  
699 LCST around 40 °C and its grafting on  $Ti_3C_2$  MXene surface improves MXene dispersibility in  
700 water at  $T < 40$  °C. In the presence of  $CO_2$ , its tertiary amine groups can get protonated and show  
701 increased conductivity. Thus, these stimuli-responsive behaviors may open new applications for  
702 MXene/polymer nanocomposites in new areas such as sensors and biological areas<sup>104</sup>.

703 To give  $Ti_3C_2$  the chance of participation in free-radical polymerization, Huang et al.<sup>98</sup>  
704 modified the surface of single-layer  $Ti_3C_2$  by 2-isocyanatoethyl methacrylate. They dispersed 0.1  
705 g of  $Ti_3C_2$  powder in DMF by bath sonication and added 3 gr of 2-isocyanatoethyl methacrylate  
706 (weight ratio of 30). In surface modification reactions of nanoparticles, it is always recommended  
707 to add the modifying agent in excess. The reaction was continued for 4 hours. It is believed that  
708 the bonding happens due to the reaction between  $-N=C=O$  groups of the surface modifier and OH

709 groups of MXene. The modified  $Ti_3C_2$  was obtained by centrifugation and then vacuum drying <sup>98</sup>.  
710 Here, it is necessary to remind that most of surface modification reactions of  $Ti_3C_2$  occur through  
711 its OH groups.

712 The impregnation of  $Ti_3C_2$  with PEG is another example of surface modification of  
713 MXenes. When a PEG grade with molecular weight of 10000 g/mol was used, the interlayer  
714 distance between  $Ti_3C_2$  flakes increased from 15.4 to 19.7 Å. PEG is a water-soluble polymer.  
715 Thus, it can be added to aqueous dispersion of  $Ti_3C_2$  easily. By freeze-drying of the  $Ti_3C_2$ /PEG at  
716 -60 °C for 96 hours, PEG-treated  $Ti_3C_2$  had been obtained and then was added to TPU. The increase  
717 in interlayer distance and interaction improvement between oxygen/hydroxyl groups of  $Ti_3C_2$  and  
718 polar groups of TPU cause enhancement in the dispersion of  $Ti_3C_2$  in TPU during a melt blending  
719 process<sup>105</sup>.

720 PANI has been polymerized on the surface of  $Ti_3C_2$  to change  $Ti_3C_2$  surface charge and to  
721 increase its interlayer distance. In acidic media, aniline changes into a radical-cationic monomer  
722 and undergoes polymerization. It is also possible to impregnate  $Ti_3C_2$ /PANI hybrid with CTAB  
723 which is a cationic surfactant. This process also changes the surface charge of pristine  $Ti_3C_2$  from  
724 negative to positive. It is important here to highlight that even without impregnation with CTAB,  
725  $Ti_3C_2$ /PANI shows positive surface charge up to pH~ 8.5. However, impregnation with CTAB  
726 causes multilayer  $Ti_3C_2$ /PANI to keep its positive surface charge in wider pH range of 3-12<sup>106</sup>.  
727 Thus, in addition to aminosilane coupling agents, one can consider PANI polymerization or  
728 cationic surfactant impregnation as methods to change the surface charge of  $Ti_3C_2$  from negative  
729 to positive. In addition to CTAB, the impregnation of  $Ti_3C_2$  with other cationic surfactants like  
730 OTAB, DTAB, and DDAB has also been practiced. As Figure 5C shows, these cationic surfactants  
731 interact with single-layer  $Ti_3C_2$  through their positively-charged head<sup>97</sup>.

732 Silver has plasmonic and antibacterial properties. Similarly,  $Ti_3C_2$  has excellent  
733 antibacterial and antifouling properties. Several researchers have impregnated  $Ti_3C_2$  with silver  
734 nanoparticles to take the advantage of possible synergistic effects. For example, single-layer  $Ti_3C_2$   
735 was impregnated with silver nanoparticles to develop ultrahigh-flux, fouling-resistant  
736 nanofiltration membranes for water purification and biomedical applications<sup>107</sup>. The process of  
737 incorporation of silver nanoparticles into  $Ti_3C_2$  usually starts by the addition of aqueous solution  
738 of  $AgNO_3$  to aqueous suspension of the MXene. The  $Ag^+$  ions are absorbed on the surface  
739 functional groups of  $Ti_3C_2$ , OH for example, due to electrostatic attractions. Subsequently, the

740 cation receives an electron from  $\text{Ti}_3\text{C}_2$  and undergoes a further reduction reaction to form  $\text{Ag}^0$ . The  
741 latter works as a nucleation center for further growth of silver nanoparticles on single-layer MXene  
742 surface. In this hybrid system, usually named  $\text{AgNP}@\text{MXene}$ , spherical silver nanoparticles are  
743 anchored firmly to  $\text{Ti}_3\text{C}_2$  surface, and their size is usually between 20 to 50 nm <sup>108</sup>.

744

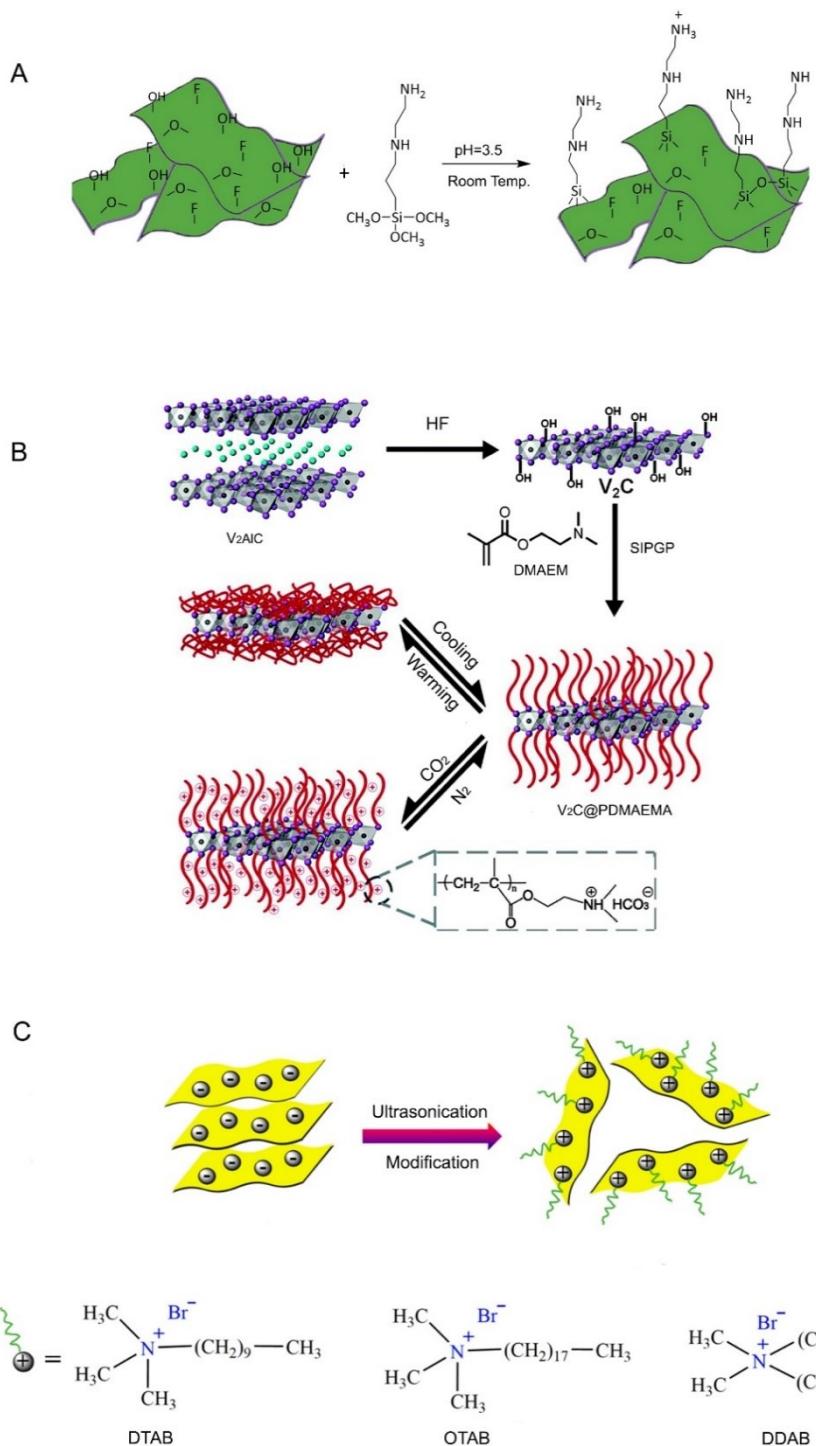
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782 Figure 5. A) Grafting of an aminosilane coupling agent on the surface of a MXene, Reproduced with permission from  
783 ref. <sup>82</sup>Copyright (2020), Wiley Online Library. B) Grafting of a stimuli responsive polymer brush on the surface of a  
784 MXene by polymerization of dimethylaminoethyl methacrylate to produce a hybrid material sensitive to heat and CO<sub>2</sub>,  
785 Reproduced with permission from ref.<sup>104</sup> Copyright (2015), Royal Society of Chemistry. C) Attachment of three  
786 different cationic surfactants to the surface of a MXene by electrostatic attraction, Reproduced with permission from  
787 ref. Copyright (2019), MDPI <sup>97</sup>.

788    **3.3 Hydrogels, Foams and Aerogels**

789        This section describes several important MXene-based intermediate products such as foams,  
790        hydrogels, and aerogels made. It then reviews processing techniques that can be applied to these  
791        products to make devices for real-world applications.

792        Hydrogels are a three-dimensional network of hydrophilic polymer chains connected to  
793        each other by crosslinking agents<sup>109-111</sup>. Hydrogels are used usually as water absorbents.  
794        Nanocomposite hydrogels containing a MXene as the crosslinking agent can be synthesized by in-  
795        situ polymerization of a monomer like acrylamide in the presence of a colloidal MXene. As Figure  
796        6A shows, conventional initiators like KPS can be used to synthesize hydrogels through a free-  
797        radical polymerization<sup>112</sup>. Zhang et al.<sup>112</sup> sonicated re-dispersed  $Ti_3C_2$  powder for three days  
798        continuously in water. They then added acrylamide which is a water-soluble monomer to the  
799        colloidal  $Ti_3C_2$  along with KPS to initiate the polymerization. Compared with conventional  
800        hydrogels made from organic crosslinkers like N,N-methylene bisacrylamide possessing an  
801        irregular collapsed pore structure, their  $Ti_3C_2$ -based hydrogels had honeycomb regular fine  
802        structure. In addition to hydrophilic acrylamide groups of the polymer, hydroxyl and fluorine  
803        groups on the surface of  $Ti_3C_2$  form hydrogen bonds with water molecules resulting in a significant  
804        water uptake by such  $Ti_3C_2$ -based hydrogels<sup>112</sup>.

805        It is even possible to synthesize a MXene-based hydrogel via free-radical polymerization  
806        without using any conventional initiator. Tao et al.<sup>100</sup> introduced a method called sonication-  
807        assisted MILD etching method in which delamination simultaneously happens with etching.  
808        MXene produced by this technique inherently has peroxide groups on its surface. Thus, it is  
809        possible to initiate a free-radical polymerization without a need to add any conventional initiator.  
810        It is believed that cavitation bubbles, produced by sound waves, generate  $H_2O_2$  in the etching  
811        reaction medium which then interacts with OH groups on the surface of MXene to form peroxide  
812        groups. However, experiment results have shown that these peroxide groups on the surface of  
813         $Ti_3C_2$  stay active around one week at room temperature and then lose their activity to initiate  
814        polymerization. Single-layer  $Ti_3C_2$  MXene with peroxide surface functional groups are still water  
815        dispersible and the addition of monomers like isopropylacrylamide to them gives the chance of  
816        running a free-radical polymerization (Figure 6A). In addition to isopropylacrylamide,  $Ti_3C_2$ -  
817        based hydrogels made from the polymerization of other monomers including acrylamide, N,N

818 dimethylacrylamide, methyl methacrylate and hydroxyethyl methacrylate have been synthesized  
819 by peroxide-decorated  $\text{Ti}_3\text{C}_2$ <sup>100</sup>.

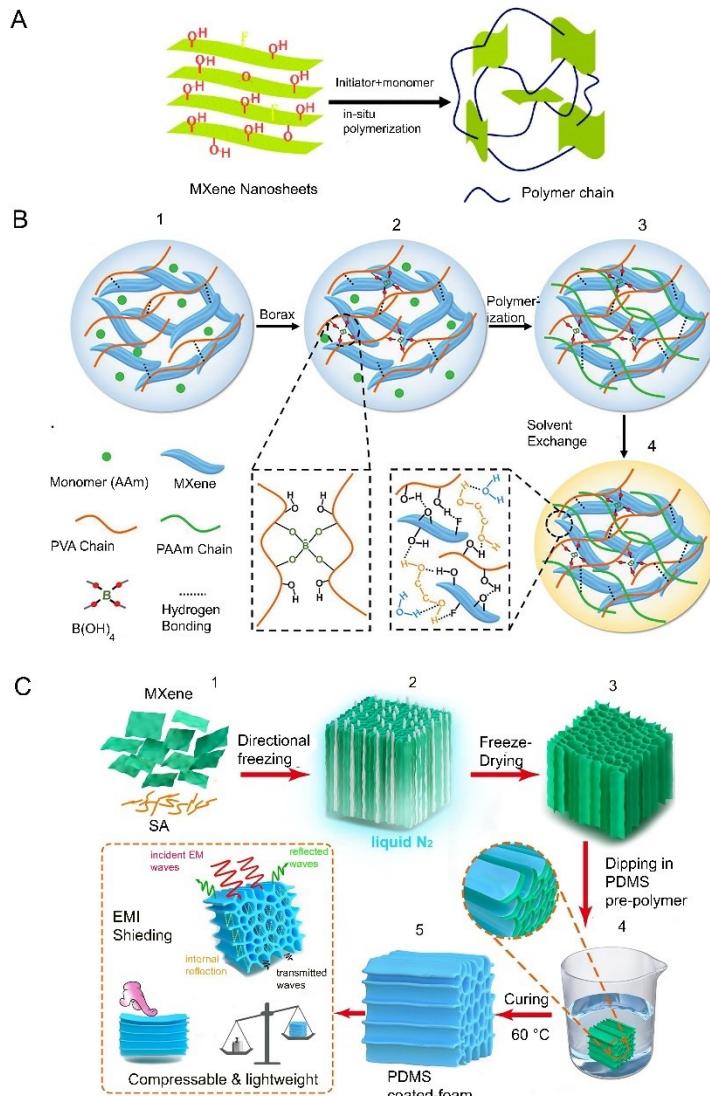
820 It is also possible to use two polymers simultaneously to synthesize a MXene-based  
821 hydrogel. For example, Liao et al.<sup>69</sup> mixed an aqueous solution of PVA with acrylamide monomer,  
822 methylene-bis-acrylamide crosslinker, AIBN initiator, single-layer  $\text{Ti}_3\text{C}_2$  aqueous suspension and  
823 then in-situ polymerized the mixture at 60 °C to form a hydrogel (Figure 6B, steps 1-3). They also  
824 added borax (sodium tetraborate decahydrate) to the polymerization system to give the ability of  
825 dynamic crosslinking between the hydroxyl groups of PVA and tetrahydroxyl borate ions. The  
826 dynamic bond formation endows the hydrogel with the chance of self-healing. A part of water was  
827 also exchanged with EG to give it anti-freezing feature<sup>69</sup> (Figure 6B, step 4).

828 In a research by Wu et al.<sup>113</sup>, three polymers were used simultaneously to synthesize a  
829 hydrogel. Dopamine grafted sodium alginate and phenylboronic acid grafted sodium alginate were  
830 mixed with water/glycerol mixture and then acrylamide was polymerized in-situ to make the third  
831 polymer of the hydrogel network. The presence of three polymers as the hydrogel network creates  
832 a self-healing structure which will be discussed in detail in following sections. Glycerol was added  
833 to the hydrogel to increase its moisture retention. Glycerol establishes hydrogen bonds with water,  
834 helping hydrogel to keep its moisture for a long time. Consequently, the retention of moisture  
835 endows the hydrogel enough flexibility to be bended and twisted without any mechanical damage  
836 over a long period of time<sup>113</sup>. Keeping a high amount of water in a hydrogel structure is  
837 advantageous.  $\text{Ti}_3\text{C}_2$ /cellulose hydrogels made via crosslinking of cellulose with epichlorohydrin  
838 were able to keep 98 wt.% water in their structure and also showed stable drug release and heat-  
839 generation upon UV-irradiation<sup>114</sup>. This huge amount of water is stored inside the pores of the  
840  $\text{Ti}_3\text{C}_2$ /cellulose hydrogels. It is also possible to adjust the size of the pores by light irradiation.

841 Foams and aerogels are other MXene-based products that can be used for various  
842 applications. The conversion of a MXene film to a MXene foam is possible by using hydrazine  
843 as a foaming agent. Hydrazine reacts with hydroxyl groups on the surface of MXene resulting in  
844 the generation of many gaseous products upon the occurrence of a series of reactions. The pressure  
845 generated by these gases overcomes the Van der Waals forces between MXene layers which  
846 pushes them apart from each other. As a result, a porous cellular MXene structure is formed. This  
847 process changes a MXene from a hydrophilic material to a hydrophobic one but does not alter the  
848 MXene's electrical conductivity even in the foam state<sup>115</sup>.

MXene-based foams with higher mechanical properties can be fabricated by incorporating a polymer into MXene structure. Compared with pure MXene foams which were discussed in the previous paragraph, the MXene/polymer foams are durable and keep their electrical and mechanical properties after several hundreds of compression cycles<sup>116</sup>. To develop such foams, in what follows we describe a method based on freeze-drying technique, which is widely used by researchers for foam fabrication. The first step is the preparation of an aqueous solution of a water-soluble polymer like sodium alginate and then the addition of MXene suspension to the solution (Figure 6C-1). We call this polymer as the primary polymer. The role of the primary water-soluble polymer, e.g., sodium alginate, in this process is improving gelation ability of MXene sheets to keep the porous structure of the system and to improve its stability after foam formation. The next step is (non-)directional freezing by immersing the system in liquid nitrogen (Figure 6C-2). It is important to know that when just one side of a container containing colloidal MXene is in contact with a cold source like liquid nitrogen, the orientation of MXene flakes to form an unidirectional system occurs upon freezing<sup>117</sup>. Next step is freeze-drying which causes the formation of a porous material through the sublimation of the ice between MXene flakes (Figure 6C-3). To incorporate a secondary reinforcing polymer into the foam structure, the material is immersed in a pre-polymer. Curing of the pre-polymer improves mechanical properties of the foam (Figure 6C-4). Usually an elastic polymer like PDMS is used as the secondary reinforcing polymer to coat interior parts of the foam<sup>116</sup>. Such aerogels are able to withstand a load 1000 times higher than their original weights (Figure 6C-5)<sup>116</sup>. It is also important to note that the amount of the primary water-soluble polymer affects the size of vertically formed channels.

PVA is a decent polymer for fabricating MXene/polymer foams. Because of the strong hydrogen bonds between surface functional groups of single-layer  $Ti_3C_2$  and hydroxyl groups of PVA, the foam is able to withstand a load ~5000 times higher than its own weight<sup>118</sup>. Polyimide is also another decent choice for foam fabrication<sup>119</sup>. In a study by Liu et al., colloidal single-layer  $Ti_3C_2$  was mixed with polyamic acid, and the mixture was then undergone a freeze-drying technique. Strong interactions between this polymer and surface functional groups of single-layer  $Ti_3C_2$  caused the formation of 3D robust aerogel structure<sup>119</sup>. Thermal annealing of the aerogel at 300 °C in an argon atmosphere converted polyamic acid to polyimide<sup>119</sup>.



878

879 Figure 6. A) In-situ synthesis of a MXene-based hydrogel by free-radical polymerization where the MXene plays the  
 880 role of crosslinking agent. Reproduced with permission from ref.<sup>120</sup> Copyright (2020), Royal Society of Chemistry B)  
 881 Synthesis of a MXene-based hydrogel with two polymers as the hydrogel matrix (3) and ethylene glycol (4) as liquid  
 882 phase with the ability of hydrogen bond formation and dynamic covalent bonding for self-healing application,  
 883 Reproduced with permission from ref.<sup>69</sup> Copyright (2019), Wiley Online Library C) Synthesis of a foam with oriented  
 884 MXene flakes (2) by freeze-drying technique (3) coated with PDMS (4) for EMI shielding (5), Reproduced with  
 885 permission from ref.<sup>116</sup> Copyright (2020), Elsevier.

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## 887 4 Ti<sub>3</sub>C<sub>2</sub>/Polymer Nanocomposite Processing

### 888 4.1 Rheology of MXene Containing Systems

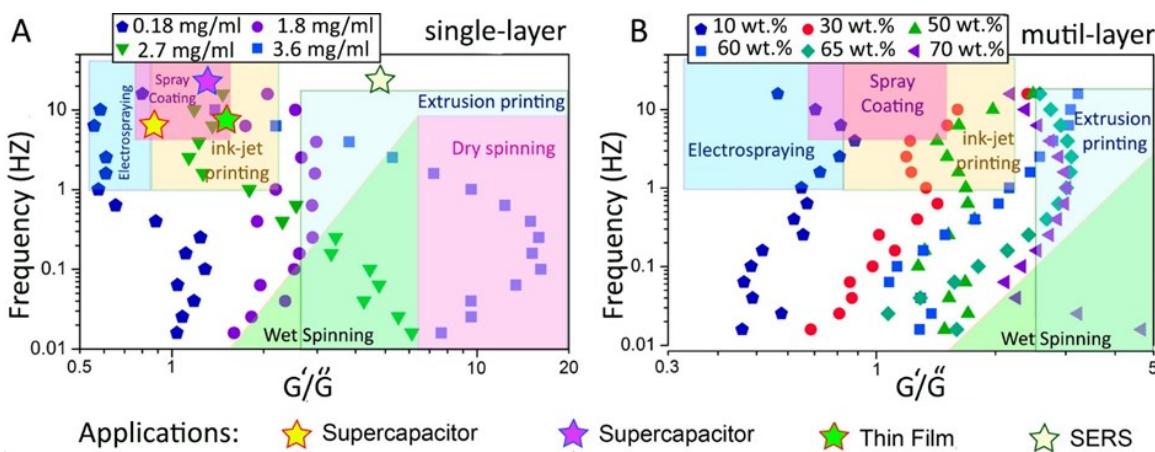
889 Rheological properties of MXene are required to be known to select an appropriate  
 890 processing method for shaping MXene-based products. Here, various coating, thin film and

891 nanocomposite processing methods are described in detail. To keep the paper short and focused,  
892 however, we do not discuss the coatings and thin film processing techniques that are not used  
893 widely in academia. Interested readers are referred to Ref. <sup>121-123</sup>.

894 Good dispersion of MXenes in a polymer solution is the first step to obtain homogenous  
895 MXene distribution in a thin polymer film after solvent removal. Rheology can be used to evaluate  
896 the distribution of a MXene in a polymer solution based on the quality of interactions in the  
897 solution. An increase in storage modulus ( $G'$ ) indicates the possibility of the formation of a 3D  
898 elastic network between a polymer and  $Ti_3C_2$ . Mirkhani et al.<sup>124</sup> assessed the dispersion of  $Ti_3C_2$   
899 in a PVA solution and determined that there are strong interactions between  $Ti_3C_2$  and PVA<sup>124</sup>.

900 Having a good understanding of rheological properties of MXenes is necessary to select a  
901 suitable processing method for a specific target. Some of these processing methods are solution  
902 casting, vacuum filtration, spray coating, spin casting, dip-coating, latex blending, electrostatic  
903 assembly, wet spinning, electrospinning, ink-jet printing, and extrusion printing. It is shown that  
904 rheological properties of single-layer  $Ti_3C_2$  in water is very different from rheological properties  
905 of their multilayer counterparts<sup>125</sup>. For example, multilayer  $Ti_3C_2$  aqueous suspensions with the  
906 concentration of 70 wt.% still show flowability while a single-layer  $Ti_3C_2$  aqueous suspension  
907 shows elasticity at much lower concentrations. Generally, rheological properties of  $Ti_3C_2$  colloids  
908 depend on their surface charge, particle size, surface chemistry and the number of layers in a  
909 MXene sheet stack<sup>125</sup>.

910 Processability charts for single-layer and multilayer MXenes (Figure 7) help to select a  
911 suitable processing method based on an application. Colloids with dominant loss moduli ( $G'/G'' <$   
912 1) are suitable for a process with a high shear rate such as spray or spin coating. However, colloids  
913 with dominant elastic moduli ( $G'/G'' > 1$ ), which are able to keep their given shape, are suitable for  
914 a process such as extrusion that requires a high viscosity. These processing charts work like a map.  
915 By knowing the type of the MXene suspension (single-layer or multilayer), and the shear rate that  
916 the suspension will experience, we can locate a point inside these maps and determine whether the  
917 located point is in the region of our intended processing method or not. Usually, single-layer  
918 MXene colloids are used for high shear-rate processes while multilayer MXene colloids for low  
919 shear-rate processes<sup>125</sup>.



921 Figure 7. Processability chart (frequency versus the storage-modulus-to-loss-moduli ratio) determines the suitability  
 922 of electrospraying, spray coating, ink-jet printing, wet spinning, dry spinning, and extrusion printing for an aqueous  
 923 MXene suspension depending on the applied share rate (A) single-layer  $\text{Ti}_3\text{C}_2$  and (B) multilayer  $\text{Ti}_3\text{C}_2$ , Reproduced  
 924 with permission from ref. <sup>125</sup> Copyright (2018), American Chemical Society.

## 925 4.2 Coating Techniques

926 Solution casting is a simple method to make pure MXene and MXene/polymer  
 927 nanocomposite films. Pristine or surface functionalized MXene is dispersed in a solvent in which  
 928 the polymer is also soluble. Sonication and/or magnetic stirring are usually required to improve  
 929 the homogeneity of the mixture. By casting of the mixture and then the evaporation of the solvent,  
 930 a thin solid film will be obtained (Figure 8A). Casting can also be carried out by some automatic  
 931 instruments to have higher quality thin films, compared with manual casting<sup>126</sup>. For water-soluble  
 932 polymers, usually water is used to dissolve the polymer and also disperse MXene. For organic  
 933 polymers, usually DMF is used as it is a good solvent for both polymer dissolution and MXene  
 934 dispersion. For example, MXene flakes with surface grafted sulfonated polyelectrolyte brushes  
 935 were dispersed in DMF where sulfonated poly(ether ether ketone) was also dissolved in DMF as  
 936 polymer matrix. The mixture was then cast on a glass substrate and annealed at 60 °C for 12 hours  
 937 to develop a proton conducting membrane<sup>102</sup>. In another study, acrylic terpolymers of styrene,  
 938 butyl acrylate and hydroxyethyl acrylate were dissolved in DMF<sup>127</sup>. Pristine  $\text{Ti}_3\text{C}_2$  or PPy-  
 939 intercalated  $\text{Ti}_3\text{C}_2$  were also dispersed in DMF, and the mixture was undergone stirring, sonication  
 940 and then casting onto a Teflon disc to develop nanocomposite films with high dielectric constant.  
 941 After casting, it is recommended to dry the product in an oxygen-free environment like glove box

942 and then carry out a thermal annealing process to assure the removal of solvent residues. To ensure  
943 safety, the thermal annealing is better to be carried out in a vacuum oven to avoid oxygen.

944 Solution casting can be utilized to stimulate an in-situ reaction during the nanocomposite  
945 formation process. For example, after the addition of single-layer  $Ti_3C_2$  to epoxy resin Epon 862  
946 in acetone, it was cured in-situ with diethyl methyl benzene diamine<sup>48</sup>. The mixture was stirred at  
947 70 °C for 1 hour, then transferred to a mold for casting, and finally cured at 120 °C for 5 hours<sup>48</sup>.  
948 Multilayer casting is also a good technique to produce alternative multilayered films (Figure 8B).  
949 As the first step, a polymer solution, like PVA in water, with a predetermined concentration is cast  
950 on a substrate and then left to dry. This is followed by depositing colloidal suspension of  $Ti_3C_2$ .  
951 This cycle can be repeated many times to develop a multi-layer film with desired numbers of layers  
952<sup>128</sup>.

953 Vacuum filtration is another widely used technique for coating/thin-film fabrication.  
954 Starting material in this technique is usually a suspension of a MXene or a MXene/polymer  
955 mixture. Filtration setup consists of a filter paper with a pore size smaller than MXene flake size  
956 and a Buchner flask connected to a vacuum pump to accelerate solvent suction. The final product  
957 is a dried or paste-like thin film<sup>129,130</sup>. Water-soluble polymers are often selected for this technique.  
958 When there are interactions between polymer and MXene (e.g., via hydrogen bonding or  
959 electrostatic attraction), defect-free, mechanically-stable thin composite film can be fabricated.  
960 Pristine MXene or MXene/polymer thin films with adjustable thicknesses can be obtained by  
961 changing the concentrations of the materials introduced to the vacuum filtration setup. Due to the  
962 presence of a vacuum force in this technique, the flakes can be oriented in the force direction  
963 enabling the development of hierarchically structured films<sup>124</sup>.

964 Vacuum filtration is suitable for the fabrication of MXene-based nanocomposite films  
965 from electrically-neutral polymers such as PVA or electrically-charged polymers like PADC. To  
966 prepare a solution for vacuum filtration, it is sometimes necessary to warm up the MXene/polymer  
967 mixture to obtain a homogenous system. This may worry one about MXene degradation specially  
968 in aqueous systems. For example, PVA dissolves in water at high temperatures and the addition of  
969 aqueous colloid MXene to warmed PVA solution may degrade the MXene. However, no MXene  
970 degradation is reported even by stirring a single-layer MXene/polymer aqueous mixture at 80 °C  
971 for 12 hours<sup>131</sup>. A single-layer MXene/cellulose nanocomposite is another system that was

972 fabricated by vacuum filtration technique thorough dispersing/dissolving both components in  
973 deionized water<sup>132</sup>.

974 Alternative vacuum filtration is another technique for the fabrication of multilayered thin  
975 films where each layer is made from pristine MXene or pure polymer. Figure 8C shows a  
976 multilayer film containing 6 layers of CNF and 5 layers of MXene. During this process, MXene  
977 suspensions and CNF solutions are filtered alternatively and usually the top and bottom layers of  
978 the multilayered structure are made from polymers. It is important to know that when a single-  
979 layer composite film of MXene/CNF with similar composition to that of the multilayered film was  
980 made by mixing of the CNF and MXene and running the vacuum filtration for one cycle, the  
981 properties of single-layer structure were not comparable with multilayer counterpart. The  
982 multilayer one with exact chemical composition showed higher electrical conductivity, mechanical  
983 properties and EMI shielding capability<sup>112</sup>. It is also interesting to know that the electrical  
984 conductivity and EMI shielding capability are dependent on the number of MXene and polymer  
985 layers in the multilayer film.

986 The pore size of the filter and the intensity of the vacuum are important factors determining  
987 the required time for vacuum filtration process<sup>121</sup>. In addition, enough attention should be paid to  
988 peeling off the MXene/polymer thin film from the filter to avoid any damage. As vacuum force  
989 causes orientation of MXene flakes, the samples prepared by vacuum filtration may show some  
990 changes in their XRD pattern compared with a similar sample prepared by other methods like  
991 solution casting. As a result, one can conclude that under similar chemical composition, a  
992 processing method of MXene/polymer mixture for the fabrication of a thin film may affect its X-  
993 ray diffraction pattern by changing the intensity and broadness of the peaks<sup>133</sup>.

994 Spray coating is an easy-to-use technique to make a MXene-based coating over a large  
995 surface area (Figure 8D)<sup>73, 134</sup>. Thin, transparent, conductive, pure MXene or MXene-based  
996 nanocomposite films can be developed by this method. An advantage of this method is its  
997 compatibility for different kinds of substrate, the creation of a coating without surface damages  
998 and its flexibility for using with different kinds of MXene suspensions containing different  
999 intercalants<sup>73</sup>. Spray coating was used to coat the surface of PU foams by a flame-retardant mixture  
1000 containing single-layer Ti<sub>3</sub>C<sub>2</sub><sup>98</sup>. The mixture was dispersed in DMF and then applied on the surface  
1001 of PU by spray coating<sup>98</sup>. The thickness of the coatings can be controlled by the concentration of  
1002 the sprayed material as well as the spraying duration<sup>121</sup>.

1003        Spin coating is a widely used technique for the creation of thin films from a solution or  
1004        suspension<sup>135, 136</sup>. A tiny amount of a liquid containing the depositing material is placed on a  
1005        substrate, and the rotation of the substrate then starts (Figure 8E). Most of the material is usually  
1006        thrown away from the substrate, and what is left forms a thin, defect-free homogenous smooth  
1007        film. The thickness of the film can be adjusted by controlling the rotation speed, amount and the  
1008        concentration of the depositing material in the liquid. In addition to usual substrates, thin MXene-  
1009        based films can be deposited on a transparent substrate by this technique to develop conductive  
1010        and transparent systems<sup>121</sup>.

1011        The substrate that is used in a spin coating process may affect the properties of the  
1012        deposited film. Thus, it is necessary to minimize the contact of the depositing material with the  
1013        substrate. Wu et al.<sup>137</sup> developed thin hybrid films of multilayer Ti<sub>3</sub>C<sub>2</sub> and PDT by adding the  
1014        components to DMF and carrying out a spin coating process on Ti<sub>3</sub>C<sub>2</sub>-FTO substrate. After the  
1015        process, the system was dried up at 80 °C under vacuum for 8 hours, and the thin hybrid  
1016        MXene/PDT film was carefully peeled off from the Ti<sub>3</sub>C<sub>2</sub>-FTO substrate. The FTO substrate itself  
1017        was coated with Ti<sub>3</sub>C<sub>2</sub> to minimize the direct contact of PDT/Ti<sub>3</sub>C<sub>2</sub>/DMF paste to FTO, preventing  
1018        from the possible effects of the FTO on the structural and mechanical properties of the obtained  
1019        film. Other researchers also have used this technique to deposit MQD/PVP on ITO electrode<sup>138</sup>.

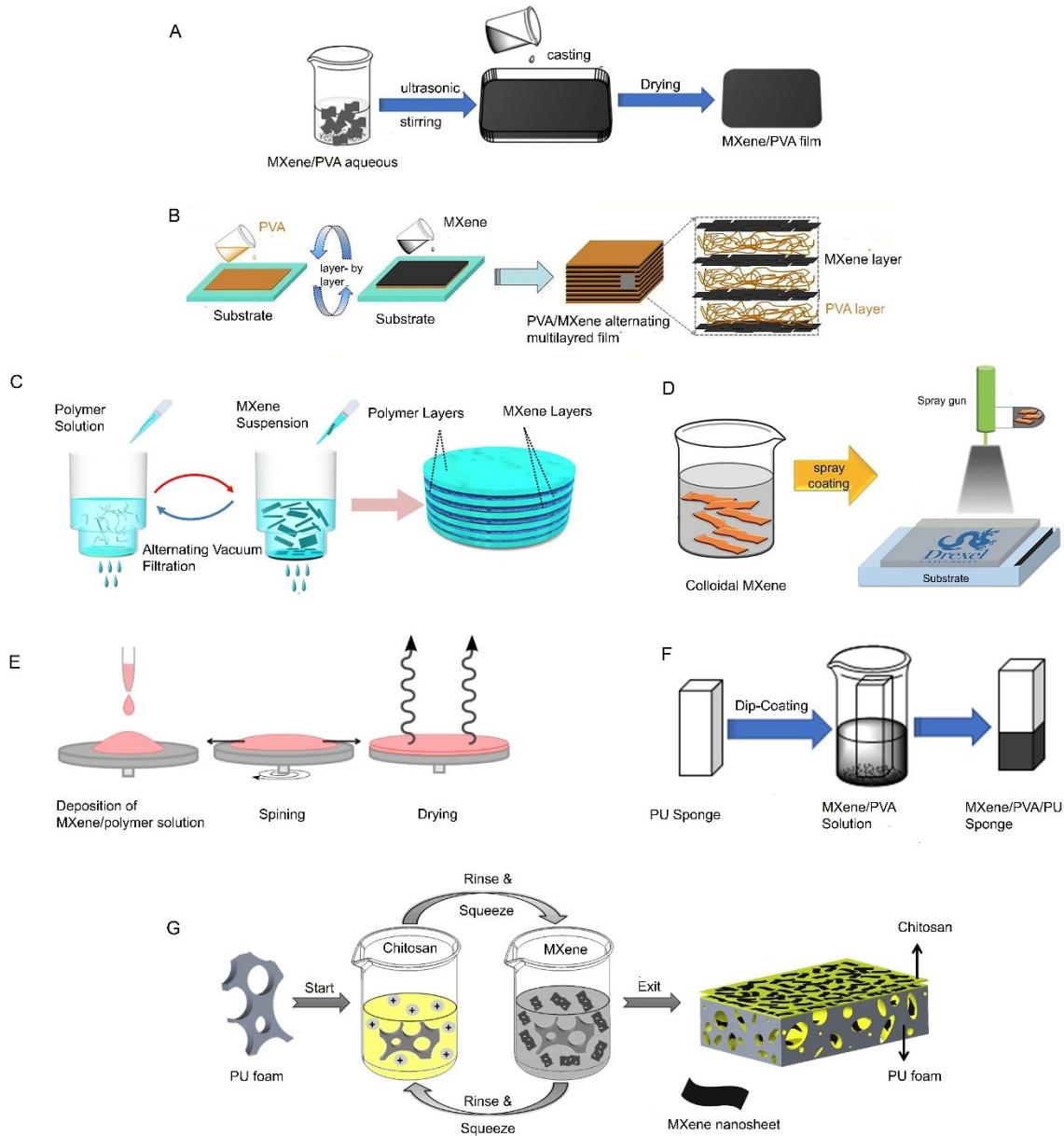
1020        Similar to spin or solution casting, dip coating is a robust and controlled technique for  
1021        developing homogenous MXene/polymer hybrids (Figure 8F)<sup>139</sup>. Complex polymer materials such  
1022        as electrospun polymer fibers or thermoplastic polymers such as PU can be coated with a MXene  
1023        to develop a uniform film thickness on their surface. The thickness of the deposited film is  
1024        dependent on the viscosity of the dipping solution and the dipping/withdrawal velocities of the  
1025        substrate<sup>121</sup>. Moreover, in typical dip coating processes, the thickness of the coatings can be  
1026        controlled by regulating the number of dipping cycles and the rate of solvent evaporation during  
1027        thermal annealing. PET surfaces were coated with PPy-functionalized Ti<sub>3</sub>C<sub>2</sub> by dip coating process  
1028        to fabricate conductive textile for EMI shielding applications<sup>140</sup>. Similarly, a PU sponge was  
1029        coated with single-layer Ti<sub>3</sub>C<sub>2</sub> to develop free standing MXene-polymer foams for flame-  
1030        retardancy applications<sup>141</sup>.

1031        Layer-by-layer dip-coating was used to fabricate MXene/polyelectrolyte multilayers. In  
1032        case of using pristine Ti<sub>3</sub>C<sub>2</sub> that has a negative surface charge, the coating process starts with  
1033        immersing the substrate in the polycation solution for a specific amount of time. Next, it is removed

1034 from the solution, rinsed for several minutes, and then immersed in colloidal MXene suspension.  
1035 This process is repeated several times to reach a desired thickness. Two points should be  
1036 highlighted here. First, the thickness of each layer in the final multilayer film can be adjusted by  
1037 changing the immersion duration. In other words, it is not necessary to have an equal immersion  
1038 time for both positively and negatively charged components. Second, layer-by-layer dip-coating  
1039 has advantages over ordinary dip-coating. For example, layer-by-layer dip coating is suitable for  
1040 coating with charged components<sup>142</sup>, as mixing of the charged components may cause the  
1041 precipitation of the components before the formation of a coating, which decreases the smoothness  
1042 and homogeneity of the final coating. For example, layer-by-layer dip-coating has been used for  
1043 the deposition of single-layer Ti<sub>3</sub>C<sub>2</sub> that has negative charge and chitosan that has positive charge  
1044 on the surface and internal pores of PUF (Figure 8G)<sup>143</sup>. Also, dip-coating was used to coat small-  
1045 size and large-size single-layer MXene on cellulose yarns<sup>144</sup>.

1046 Latex blending is a common method of fabricating polymer blends. It involves mixing of  
1047 two lattices and then removing the liquid phase. A latex can be also mixed with colloidal MXene  
1048 to make a nanocomposite. Polymer lattices produced by emulsion, suspension, and dispersion  
1049 polymerizations can be used in this process<sup>145, 146</sup>. Lua et al.<sup>147</sup> used this technique to make a  
1050 nanocomposite of single-layer Ti<sub>3</sub>C<sub>2</sub> and NR. In the pH range of 2-12, both Ti<sub>3</sub>C<sub>2</sub> and NR  
1051 nanoparticles have negative surface charge and the electrostatic repulsion between them assures  
1052 their homogenous dispersion in water. Vacuum filtration of the mixture led to a flexible and  
1053 conductive MXene/NR nanocomposite film. It was shown that Ti<sub>3</sub>C<sub>2</sub> flakes locate between NR  
1054 particles and make a conductive network of flakes across the cross section of the film. It is also  
1055 possible to use this method to crosslink a rubber by adding crosslinkers such as dicumyl peroxide  
1056 followed by thermal compression. For example, the obtained single-layer MXene/NR  
1057 nanocomposite was crosslinked at 170 °C under pressure 10 MPa for 20 min<sup>147</sup>.

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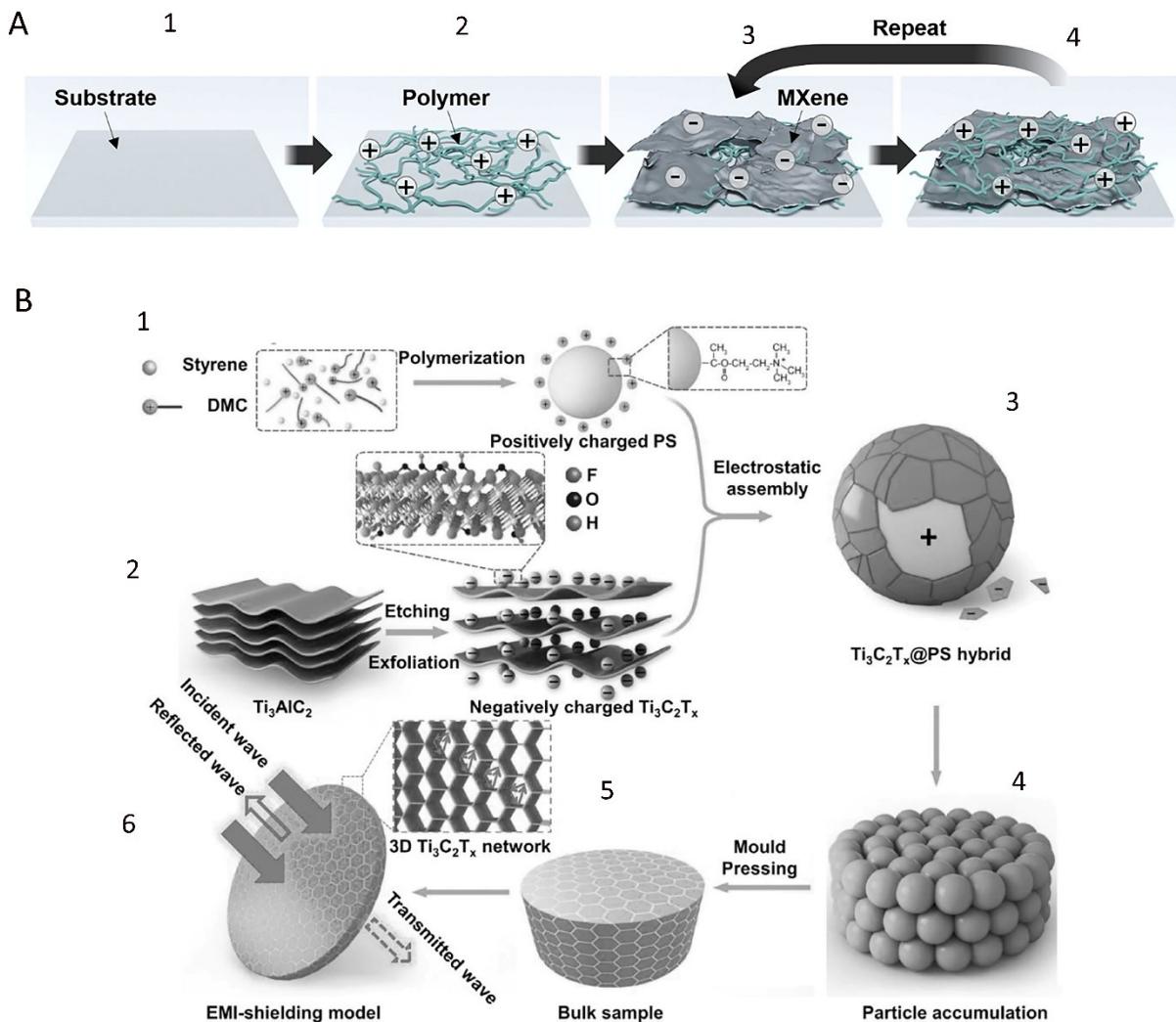
1061 Figure 8. A) Solution casting method for the fabrication of MXene/polyvinyl alcohol thin films, Reproduced with  
 1062 permission from ref.<sup>141</sup> Copyright (2019), Elsevier. B) Multilayer casting of a polymer solution and MXene  
 1063 suspension, Reproduced with permission from ref.<sup>128</sup> Copyright (2020), Elsevier. C) Alternative vacuum filtration to  
 1064 produce multilayer MXene/polymer thin films, Reproduced with permission from ref.<sup>112</sup>Copyright (2020), American  
 1065 Chemical Society. D) spray coating process to make a thin film from a MXene colloid, Reproduced with permission  
 1066 from ref.<sup>73</sup>Copyright (2016), Wiley Online Library. E) Spin coating process to make a thin film from a MXene colloid  
 1067 or MXene/polymer mixture consisting of three steps of deposition, spinning and solvent drying. F) Dip-coating of a  
 1068 foam in a MXene colloid bath, Reproduced with permission from ref.<sup>141</sup> Copyright (2019), Elsevier. G) Layer-by-  
 1069 layer dip-coating process, Reproduced with permission from ref.<sup>143</sup>Copyright (2020), Elsevier.

1070

MXenes inherently have negative surface charge due to the presence of hydroxyl and oxygen groups on their surface. Thus, it can participate at electrostatic assembly coating. MXenes stick to any species with positive surface charge due to electrostatic attraction. The positively charged species can be a single polycation chain (Figure 9A), a positively charged polymer particle (Figure 9B), or any other (in)organic nanoparticle with positive surface charge. As steps 3 and 4 in Figure 9A show, the coating process can be repeated several times to reach a desired thickness. Usually, layer-by-layer assembly technique works well for the fabrication of nanocomposites from components that establish electrostatic attraction with each other. The nanocomposites made from the oppositely charged species are defect-free and have high structural and mechanical stabilities. Here, we bring some examples to highlight the versatility of this technique. A tiny amount of  $Ti_3C_2$ , 0.26 vol.%, was added to a positively charged polystyrene latex to make conductive polymeric nanocomposite thin films (Figure 9B). When  $Ti_3C_2$  content was increased to 1.9 vol.%, the conductivity increased to  $1081\text{ S.m}^{-1}$ . To reach such high conductivity with a conventional compression molding method, a larger amount of single-layer  $Ti_3C_2$  is required<sup>148</sup>. Another example is self-assembly between MXene flakes driven by electrostatic attraction. By grafting aminosilane coupling agents on the surface of single-layer  $Ti_3C_2$ , positively charged flakes were synthesized and retained their positive charge in a wide pH range up to  $\sim 10.5$ . Upon mixing with pristine single-layer  $Ti_3C_2$  that inherently has negative surface charge, a multilayer film was formed due to the contact of these oppositely-charged species<sup>82</sup>. Pristine single-layer  $Ti_3C_2$  can also participate in self-assembly or layer-by-layer assembly processes with other positively charged species such as modified carbon nanotubes<sup>139</sup>. One advantage of layer-by-layer assembly is its repeatability. The process can be repeated many times to form several layers of depositing material to reach a desirable thickness<sup>139</sup>. It is worth to mention that the concept of electrostatic assembly can be implemented via different techniques such as layer-by-layer dip, spin, and spray coatings, which are discussed in detail in Ref.<sup>121</sup>.

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1097



1098

1099 Figure 9. A) layer-by-layer assembly driven by electrostatic attraction between  $\text{Ti}_3\text{C}_2$  with negative surface charge  
1100 and a polymer chain with positive surface charge, Reproduced with permission from ref.<sup>142</sup>Copyright (2019),  
1101 American Chemical Society. B) Self-assembly between positively-charged polystyrene nanoparticles produced by  
1102 emulsion polymerization (1) and  $\text{Ti}_3\text{C}_2$  (2) leading to a  $\text{Ti}_3\text{C}_2$ /polymer nanocomposite (3) through latex blending and  
1103 filtration (4) and then molding (5) to get a thin nanocomposite film (6) for EMI shielding, Reproduced with permission  
1104 from ref.<sup>148</sup> Copyright (2017), Wiley Online Library.

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### 1106 4.3 Fiber Spinning and Melt Processing

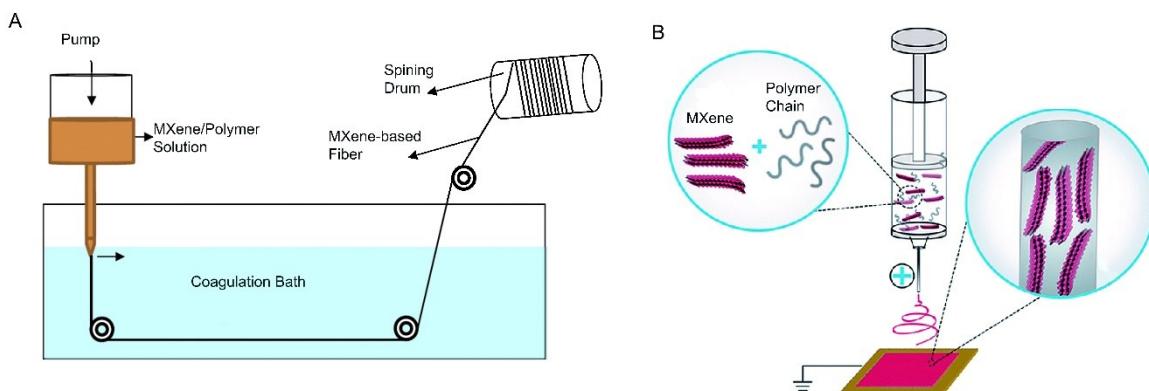
1107 Wet spinning is a fiber processing method in which a polymer solution is passed through a  
1108 spinneret and then enters into a coagulation bath containing polymer non-solvent (Figure 10A)<sup>149</sup>.  
1109 Upon solvent/non-solvent exchange, polymer fibers are formed. To prepare a MXene/polymer

1110 mixture for wet spinning, the solvent of polymer and dispersing medium of the MXene should be  
1111 similar. If they are not similar, the solvent exchange technique allows for using a similar solvent  
1112 for polymer dissolution and  $Ti_3C_2$  dispersion. Using the solvent exchange technique, Syedin et al.  
1113<sup>62</sup> fabricated  $Ti_3C_2$ /PCL,  $Ti_3C_2$ /PAN and  $Ti_3C_2$ /PVDF fibers by wet spinning. Solvent was  
1114 exchanged from water to DMF allowing  $Ti_3C_2$  to be mixed homogeneously with PCL, PAN and  
1115 PVDF solutions. SEM images of the obtained fibers show that  $Ti_3C_2$  disperses in the polymers  
1116 very finely and creates an electrically conductive fiber with very smooth surface morphologies.  
1117 As mentioned before, solvent exchange without using sonication retains the larger  $Ti_3C_2$  flakes  
1118 and delaminates them further. This caused  $Ti_3C_2$ /PCL nanocomposite with 23 wt.%  $Ti_3C_2$ ,  
1119 produced by wet spinning technique, shows conductivity 1.84 mS/cm, which is ideal for  
1120 applications requiring active conductive pathways<sup>62</sup>.

1121         Electrospinning is a widely used technique for the fabrication of nanofibers from polymer  
1122 solutions or polymer melts by using electrical force (Figure 10B). The electrospinning setup  
1123 consists of an injection pump, syringe, needle, high-voltage supply, and a collector. An electrical  
1124 field is generated between tip of the needle and the collector by applying high voltage. Upon  
1125 pumping of the polymer solution, charged threads are formed and are drawn toward the collector  
1126 by electrical forces. In contrast to wet spinning, electrospinning does not require coagulation bath  
1127 to solidify the ejected polymer thread from needle. Polymer solutions containing dispersed MXene  
1128 flakes can also undergo electrospinning to produce composite nanofibers<sup>150</sup>. Conductive  
1129 nanofibers from  $Ti_3C_2$ /PAA in DMF/water mixture,  $Ti_3C_2$ /PEO in ethanol/water mixture and  
1130  $Ti_3C_2$ /PVA in ethanol/water mixture were synthesized by electrospinning<sup>151</sup>. Different voltages  
1131 and tip-to-collector distances are required to successfully run electrospinning process. Viscosity is  
1132 another factor which needs to be adjusted as it significantly affects the diameter of the produced  
1133 nanofibers. In MXene/polymer systems, viscosity is dependent on the concentration of the polymer  
1134 as well as MXene/polymer interactions. Hydrogen bonding is one of these interactions. Hydrogen-  
1135 bond-forming polymers like PVA and PEO interact with hydroxyl and fluorine groups of MXene  
1136 and affect the viscosity of the system significantly. Positive effects of single-layer MXene on  
1137 nanofiber properties, like conductivity, can be observed at concentrations as low as 1 wt.% with  
1138 respect to polymer<sup>151</sup>.

1139 MXene coated nanofibers produced by electrospinning can be used for the fabrication of  
1140 wearable electronics and sensors. To develop such devices, MXene can be dispersed in an aqueous  
1141 solution containing a water-soluble polymer such as PEO and then coated on a substrate like PET  
1142 by electrospinning. The coated yarns can be used for the manufacturing of wearable electronic and  
1143 sensors<sup>152</sup>. These wearable devices have enough mechanical strength to keep their electroactivity  
1144 even after thousands of bending cycles. An advantage of MXene/polymer electrospinning process  
1145 is the self-orientation of 2D MXene nanosheets in the flow direction (Figure 10B). This  
1146 phenomenon increases the chance of inter-connection of MXene flakes in a nanofiber and thus  
1147 electrically conductive nanofibers can be obtained at lower MXene concentrations compared with  
1148 a process in which self-orientation does not happen<sup>153</sup>

1149



1150 Figure 10. A) Wet spinning setup for the production of MXene-based nanocomposite fibers, Reproduced with  
1151 permission from ref.<sup>149</sup> Copyright (2015), Elsevier. B) Electrospinning causing the orientation of MXene sheets along  
1152 the axis of the nanocomposite nanofibers, Reproduced with permission from ref.<sup>150</sup> Copyright (2019), Royal Society  
1153 of Chemistry.

1154

1155 Compression molding is another method of nanocomposite manufacturing. In this method,  
1156 the applied pressure reduces contact resistance between MXene nanosheets in a nanocomposite.  
1157 It was used to enhance the conductivity of films made from a single-layer  $Ti_3C_2$ /polystyrene  
1158 composite<sup>148</sup>. In this study, the mixture was compression molded for 30 min at 130 °C under  
1159 pressure 500 MPa, and no  $Ti_3C_2$  degradation was reported<sup>148</sup>. In another study<sup>154</sup>, multilayer  
1160  $Ti_3C_2$ /UHMWPE was compression molded. A  $Ti_3C_2$  powder was mixed with a UHMWPE powder  
1161 by a high-speed mixer, and the mixture was then warmed up at a rate of 10 °C/min to 220 °C and  
1162 kept at that temperature for 30 min under a pressure of 10 MPa. Again, no thermal degradation of

1163 multilayer  $Ti_3C_2$  was reported under this processing condition<sup>154</sup>. Compression molding of  
1164 multilayer  $Ti_3C_2/PVDF$  at 190 °C for 20 min at a pressure of 5 MPa has also been practiced<sup>155</sup>.  
1165 These studies showed that  $Ti_3C_2$  does not degrade in high temperature processes. An advantage of  
1166 compression molding is that the thickness of the MXene/polymer films can be easily adjusted by  
1167 controlling the hot-pressing parameters like pressure and temperature<sup>105</sup>.

1168 Extrusion and melt blending are other techniques of nanocomposite manufacturing.  
1169 Extruders can be used for polymer compounding, adding an additive to a polymer, and dispersing  
1170 nanoparticles within a polymer. Using this technique, Cao et al.<sup>156</sup> added  $Ti_3C_2$  into LLDPE where  
1171 no degradation of  $Ti_3C_2$  is reported under this extrusion process<sup>156</sup>. Using a melt blending  
1172 technique, Sheng et al.<sup>105</sup> blended PEG-treated- $Ti_3C_2$  with TPU in a Brabender Plasticorder mixer  
1173 working at 180 °C for 6 min with a screw speed 60 rpm. They then compression molded these  
1174 samples at 180 °C for 10 min at the pressure of 10 MPa. They did not report a need for an inert gas  
1175 stream to prevent  $Ti_3C_2$  degradation. These studies indicate that  $Ti_3C_2$  keeps its outstanding  
1176 physical, chemical and mechanical properties even after being processed at those high  
1177 temperatures and pressures<sup>105</sup>.

1178

## 1179 **5 Applications Based on MXene Properties**

1180 In this section, various applications of MXene-based devices are discussed. These applications  
1181 include textile engineering, fire retardancy, sensors, self-healing coatings, and electromagnetic  
1182 interference shields. For each of these applications, a suitable processing method is described. We  
1183 categorize applications of MXene/polymer devices based on each MXene property that is of  
1184 interest.

### 1185 **5.1 Heat Generation Capability**

#### 1186 **5.1.1 Joule Heating and Wearable Heaters**

1187 Wearable heaters can appear in the form of a cloth, bandage, or knee brace made from thin  
1188 films or fabrics that produce heat upon applying an external stimulus like sunlight or voltage.  
1189 Before the discovery of MXenes, other materials like graphene, CNT, silver nanowires and copper  
1190 wires had been used for Joule heating applications<sup>157-159</sup>. However, the discovery of MXenes  
1191 revolutionized these applications. For the sake of human safety, it is important to develop Joule

1192 heating clothes that generate enough heat by applying low voltages. Fortunately, MXene-based  
1193 fabrics are able to generate huge amount of heat and provide temperatures as high as 150 °C just  
1194 by applying a voltage as low as 6 V. An ordinary cotton fabric can be converted to a Joule heating  
1195 cloth by spray-drying of a  $Ti_3C_2$  colloid on its surface. Zhang et al.<sup>158</sup> used a spray gun and a  
1196 hairdryer to repeat a spray-drying cycle for several times to produce a single-layer  $Ti_3C_2$ -based  
1197 Joule heating fabric (Figure 11A). The process is robust and allows for mass production of Joule  
1198 heating fabrics.

1199 In MXene-based Joule heating fabrics, the amount of generated heat increases with voltage  
1200 and with the amount of incorporated MXene. Figure 11B-1 shows that the temperature of a cotton  
1201 fabric containing 6 wt.%  $Ti_3C_2$  goes from room temperature to 150 °C in less than one minute upon  
1202 applying a voltage of 6 V. The temperature stays at 150 °C as long as the voltage is applied. When  
1203 these  $Ti_3C_2$ -containing cotton fabrics are worn by a human, it is possible to locally warm a part of  
1204 the body which is in contact with the fabric (Figure 11B-2). The amount of incorporated MXene  
1205 to induce Joule heating property is usually not high to impair the breathability of the fibers.

1206 Thin transparent films of PU containing AgNP@MXene can generate heat under sunlight  
1207 <sup>108</sup>. Figure 11C shows a 100-micron thick film that attaches to human's skin very easily. The film  
1208 contains only 0.08 wt.% of the AgNP@ $Ti_3C_2$  <sup>108</sup>. The ability of the film to convert sunlight to heat  
1209 was monitored in an experiment in which the ambient temperature was -12 °C and the human's  
1210 skin temperature was initially 18.3 °C. The figure shows that the irradiation of sunlight for 1 min  
1211 increased the temperature of the bare skin to 18.8 °C and the temperature of the part covered by  
1212 the PU nanocomposite film to 24.3 °C. This experiment shows the effectiveness of  
1213 AgNP@ $Ti_3C_2$ /PU nanocomposites as a skin-mountable, sunlight-driven wearable heater<sup>108</sup>.

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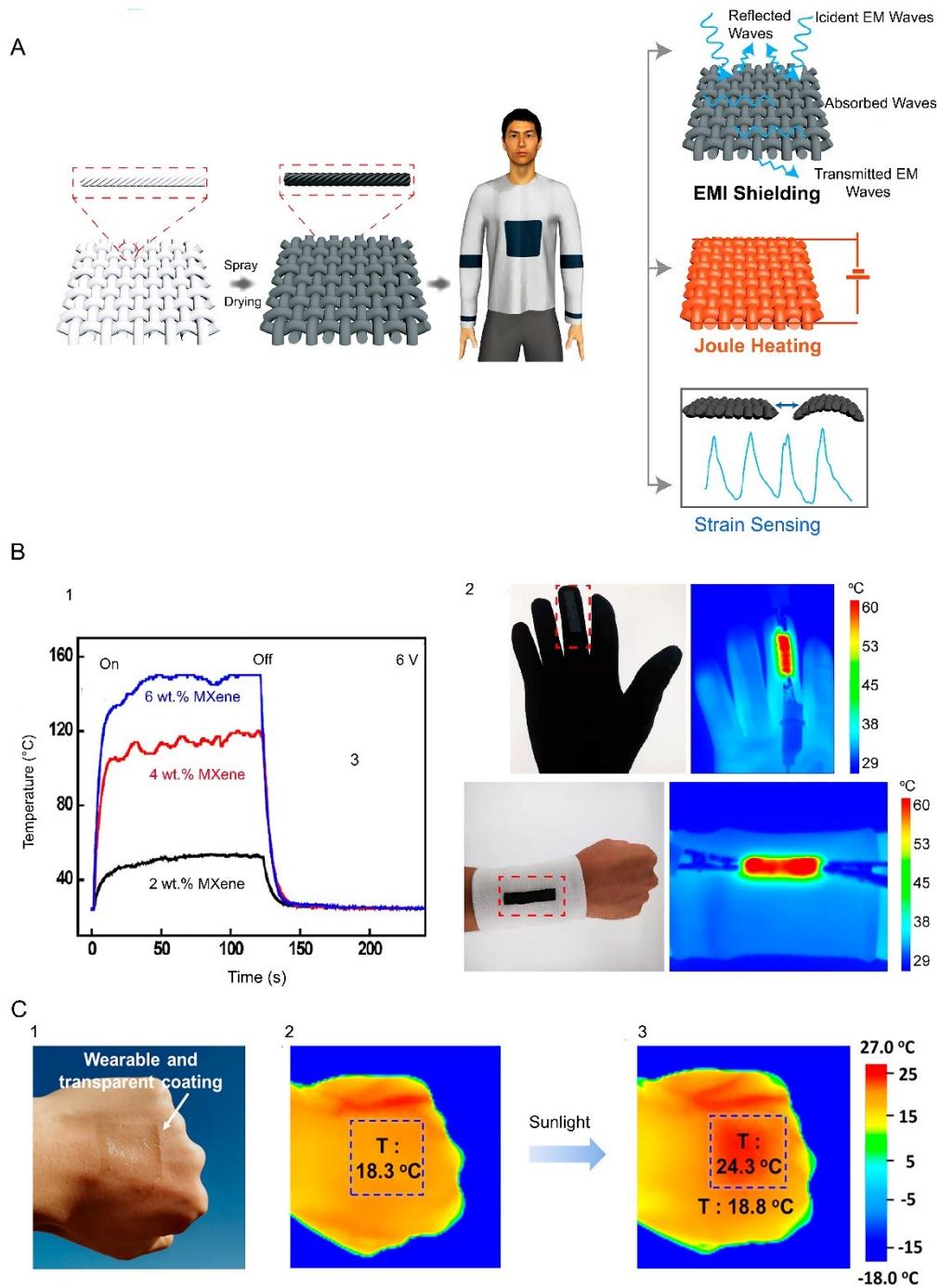
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1226 Figure 11. A) Coating of a cotton fabric with colloidal  $\text{Ti}_3\text{C}_2$  and its applications as an EMI shield and  
 1227 a Joule heater and a motion sensor. B) Joule heating ability of  $\text{Ti}_3\text{C}_2$ -coated cotton fiber which reaches to 150 °C after 1 min under applied  
 1228 voltage 6 V (1) and local heating of a body part when the fabric worn by a person (2), Reproduced with permission  
 1229 from ref.<sup>158</sup> Copyright (2020), American Chemical Society. C) transparent sunlight-driven  $\text{Ti}_3\text{C}_2$ -based wearable

1230 heater mounted on a human's hand, Reproduced with permission from ref.<sup>108</sup> Copyright (2019), American Chemical  
1231 Society.

1232

1233 **5.1.2 Self-healing Coatings**

1234 Nature has inspired engineers to develop self-healing coatings that are able to repair their physical  
1235 damages and recover their original functionality without any intervention or with minimum  
1236 intervention<sup>160</sup>. There are mainly two underlying mechanisms for self-healing: the formation of  
1237 dynamic covalent bonds and the establishment of non-covalent interactions. Imine bonds,  
1238 coordination bonds, bonds formed in the Diels-Alder reaction, Boronate ester bonds, and disulfide  
1239 bonds are some examples of dynamic covalent bonds. Electrostatic interactions, hydrophobic  
1240 interactions, host-guest interactions, and hydrogen bonds are examples of non-covalent  
1241 interactions that can be used for the formation of self-healing coatings (Figure 12A)<sup>161</sup>. To have a  
1242 real self-healing polymer coating, remote activation and suitable mechanical properties are  
1243 required.

1244 Any functional filler with the capability of converting light, electrical field, or  
1245 (electro)magnetic field into heat is favorable for the self-healing application. The incorporation of  
1246 a MXene into a polymeric coating not only increases the mechanical properties of the coating, but  
1247 also enhances its light-to-heat conversion efficiency, which is of interest in self-healing coatings.  
1248 In addition, MXenes have hydrogen-bond-forming groups on their surface that can be exploited to  
1249 develop self-healing polymer coatings. A necessary condition to have a self-healing coating is the  
1250 reversibility of polymer network. A crosslinked polymer network should dissociate to let polymer  
1251 chains move to fill the damaged part of the coating under an external stimulus like heat or light.  
1252 Upon the removal of the stimulus, the crosslinked polymer network should then be re-formed. By  
1253 the addition of  $Ti_3C_2$  to PVA, self-healing hydrogels were developed by hydrogen bond formation  
1254 between surface groups of the  $Ti_3C_2$  and hydroxyl groups of the polymer<sup>162</sup>. Single-layer  
1255 MXene/epoxy self-healing coatings are also prepared using the Diels-Alder reaction<sup>163</sup>. Based on  
1256 this reaction, a crosslinked network of an epoxy resin dissociates at high temperatures around 150  
1257 °C and forms again when the coating cools down (Figure 12B). As this figure shows, an epoxy  
1258 oligomer bearing dangling furan rings is formed by reaction between DGEBA and FA. In the  
1259 presence of  $Ti_3C_2$ , this oligomer reacts with BMI at 60 °C for 12 hours to form a crosslinked

1260 network via a reaction between furan rings and maleimide of BMI. The same reaction is reversed  
1261 at 150 °C.

1262 Light-induced self-healing coatings are much more valuable than thermally-induced self-  
1263 healing coatings, as they allow for repairing damaged parts of the coatings remotely. In such a  
1264 coating, solar radiation can be used to stimulate the coating and repair the damaged area. As  $Ti_3C_2$   
1265 is an excellent photothermal filler for both near infrared and solar light, a 3-minute  $3.28\text{ W.cm}^{-2}$   
1266 solar irradiation has been found to increase temperatures of epoxy coatings with 0.57, 1.42, 2.8  
1267 and 5.44 wt.%  $Ti_3C_2$  from room temperature to 33.1, 43.4, 68.4, and 125.9 °C, respectively. Figure  
1268 12C shows the trend of temperature increase of the epoxy coating containing different amounts of  
1269  $Ti_3C_2$  versus sunlight irradiation intensity. Thanks to remote-triggered self-healing capability, a  
1270 crack in a  $Ti_3C_2$ /epoxy coating containing 2.8 wt.%  $Ti_3C_2$  can be fixed after 10 min by the  
1271 irradiation of a  $4\text{ W. cm}^{-2}$ -intensity solar light<sup>163</sup>.

1272 As mentioned before, MXene-based hydrogels with a double network of PVA and PAAm  
1273 show self-healing properties due to the presence of borax,  $Na_2B_4O_7.10\text{ H}_2O$ . In the presence of  
1274 borax, dynamic crosslinking bonds between hydroxyl groups of PVA and tetrahydroxyl borate  
1275 ions are formed. In addition, some interactions between PVA, multilayer MXene and solvent-  
1276 exchanged EG endow the hydrogel with self-healing property. Similarly, in hydrogels made from  
1277 a tertiary polymer network of dopamine grafted sodium alginate, phenylboronic acid grafted  
1278 sodium alginate and PAAm, the presence of B-O-C leads to the formation of dynamic covalent  
1279 ester bonds which endow the hydrogel with self-healing abilities<sup>113</sup>.  $Ti_3C_2$ -based hydrogels are  
1280 conductive where their conductivity correlates with their self-healing abilities. Any rupture or  
1281 damage in the hydrogels deteriorates the continuity of electron-conducting passages and  
1282 consequently reduces the conductivity of the hydrogel. On the other hand, reforming the passages  
1283 by taking the advantage of the self-healing properties facilitates electron transport, and increases  
1284 the conductivity of the hydrogel. As Figure 12D shows, un-damaged hydrogel is conductive and  
1285 transfers electrical current in a circuit to light up an LED lamp. However, the light turns off when  
1286 the hydrogel is cut. The lamp turns on again as the  $Ti_3C_2$ -based hydrogel wire heals. This example  
1287 shows the high capability of the hydrogel for the recovery of the damaged parts and the retrieval  
1288 of its electrical properties<sup>69</sup>.

1289 Thermoplastic polymers can be used for developing of a self-healing coating as well. The  
1290 chains of this family of polymers have enough mobility to move and fill a crack or ruptured area

1291 at a temperature higher than their melting point. Thus, adding effective light-to-heat converting  
1292 nanoparticles to a thermoplastic material and taking the advantage of visible or infrared light result  
1293 in the fabrication of self-healing thermoplastic coatings. For example, AgNP@single-layer-  
1294 MXene was added to PU matrix with melting temperature  $\sim 95$  °C. The presence of 0.16 wt.% of  
1295 the nanoparticle in PU coating with the thickness of 100 micron, caused temperature increase to  
1296 106 °C and 145 °C after 1 and 5 min, respectively, under the irradiation of Vis-IR light with 600  
1297 mW. cm<sup>-2</sup> intensity. This excellent photothermal conversion property of AgNP@MXene  
1298 originates from the synergistic effects and cannot be obtained by using a single-layer MXene or  
1299 silver nanoparticles alone<sup>108</sup>. The presence of silver in AgNP@MXene helps this hybrid  
1300 nanoparticle to absorb more light in the wavelength range 400 to 650 nm. Driven by its plasmonic  
1301 effect, the silver part of the AgNP@MXene, similar to its MXene part, converts light to heat and  
1302 then transfers the generated heat to MXene sheets which are located in their close vicinity.  
1303 Moreover, due to high aspect ratio and thermal conductivity of MXene sheets, the generated heat  
1304 is distributed homogeneously in the whole of the coating. By this mechanism, it is shown that  
1305 healing efficiency of transparent PU coatings containing just 0.16 wt.% AgNP@MXene is 98%<sup>108</sup>.

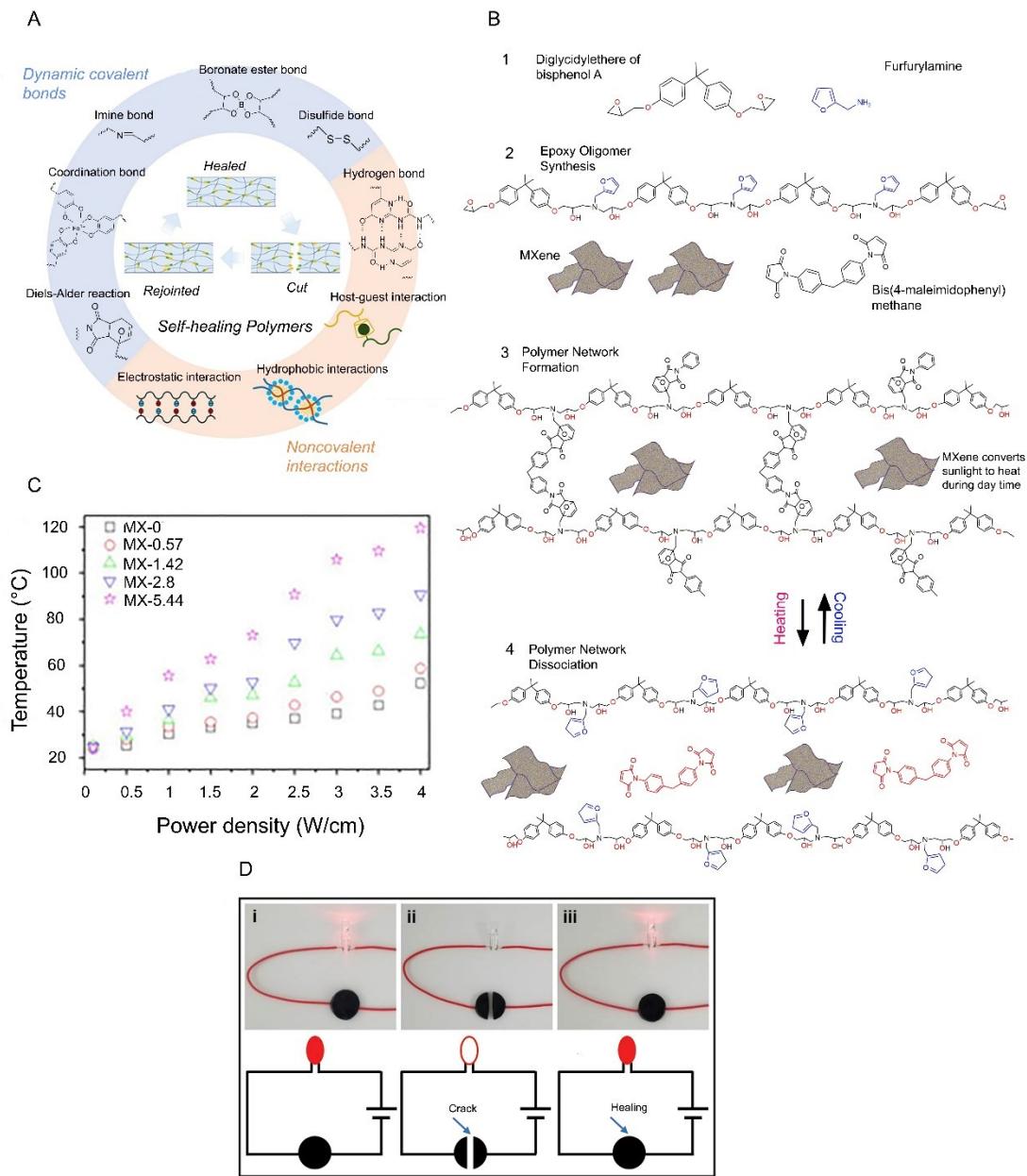
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1312 Figure 12. A) Various dynamic covalent bonds and noncovalent interactions for developing self-healing coatings,  
 1313 Reproduced with permission from ref.<sup>161</sup> Copyright (2019), Elsevier. B) Monomer used for epoxy oligomer synthesis  
 1314 (1), the oligomer mixing with  $Ti_3C_2$  (2), crosslinking to form a polymer network (3), dissociation of polymer network  
 1315 upon temperature increase to develop an  $Ti_3C_2$ /epoxy self-healing coating (4). C) Temperature increase in an epoxy  
 1316 coating containing different amount of  $Ti_3C_2$ , Reproduced with permission from ref.<sup>163</sup> Copyright (2018), MDPI. D)  
 1317 Ability of a hydrogel for passing of electrical current (i), its inability when it is damaged (ii), and retrieving its  
 1318 conductivity to pass electrical current after self-healing (iii), Reproduced with permission from ref.<sup>69</sup> Copyright  
 1319 (2019), Wiley Online Library.

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1323 **5.2 Thermal Conductivity and Heat Stability**

1324 **5.2.1 Thermally Conductive Nanocomposites**

1325 MXene has excellent thermal conductivity along with exceptional electrical conductance. MXene  
1326 addition to polymers which are usually thermally insulators can convert them to conductive  
1327 counterpart. Compared with graphene-based nanocomposites that showed typical thermal  
1328 conductivities of 0.14 to 0.41 W/mK for a 2 wt% loading<sup>164, 165</sup>, MXene-based polymer hybrids  
1329 have exhibited a slightly better thermal properties of 0.5 W/mK with less filler loadings,<sup>166,167</sup>.  
1330 Thermal conductivity requires strong interactions between the polymer and the additives to  
1331 facilitate the kinetics of heat transfer. MXenes' high thermal conductivity significantly overcomes  
1332 the thermal resistivity of polymeric matrix leading to a uniform and high thermal conductivity,  
1333 when the concentration of MXene is high enough to form a network.

1334 To develop an efficient thermally conductive system, it is important to make a connection  
1335 between MXene flakes inside the nanocomposite to form a MXene network. The concentration at  
1336 which network formation happens is called percolation concentration. To have a percolation at a  
1337 low concentration, it is recommended to embed a 3D network of oriented MXene flakes inside a  
1338 polymer matrix, rather than just randomly dispersing MXene flakes, Figure 13A. As it was  
1339 mentioned before, the synthesis of a unidirectional, 3D MXene structure is possible by freeze-  
1340 drying. It is shown that such 3D oriented structure provides excellent heat transfer pathways in a  
1341 polymer matrix (Figure 13B). The incorporation of just 0.7 wt.% of single-layer  $Ti_3C_2$  into PDMS,  
1342 a thermally insulator polymer, improved the thermal conductivity of the polymer by 220% and its  
1343 electrical conductivity by 14 orders of magnitude<sup>117</sup>. Yan et al.<sup>168</sup> deposited silver nanoparticles  
1344 on the surface of single-layer  $Ti_3C_2$  and then connected  $Ti_3C_2/Ag$  nanoparticles to each other by  
1345 using silver nanowires through a hot pressing technique. The silver nanoparticles on  $Ti_3C_2$  surface  
1346 acted as welding points for the attachment of the silver nanowires. Yan et al.<sup>168</sup> reported that the  
1347 thermal conductivity of an epoxy nanocomposite containing just 15 wt.% of the  $Ti_3C_2/Ag$   
1348 nanoparticles is 100% higher than that of pure  $Ti_3C_2$ <sup>168</sup>. Liu and Li<sup>169</sup> reported that adding 12.71  
1349 wt.% PVA into  $Ti_3C_2$  decreased the thermal conductivity of  $Ti_3C_2$  from 55.2 to 47.3 W/m.K, which  
1350 is still higher than many materials such as stainless steel, Fe,  $SiO_2$ ,  $Al_2O_3$ . This indicates that the  
1351  $Ti_3C_2/PVA$  nanocomposite can ideally replace many materials that are used in thermal conduction  
1352 applications<sup>169</sup>.

Having high thermal conductivity is advantageous when a nanocomposite is designed to work as EMI shielding material<sup>170</sup>. In fact, high thermal conductivity helps to dissipate EM energy as heat quickly. For example,  $\text{Ti}_3\text{C}_2/\text{PVDF}$  nanocomposites are used as EMI shielding materials. The thermal conductivity of the nanocomposite with 22.55 vol.%  $\text{Ti}_3\text{C}_2$  is 0.766 W/m.K, which is four times higher than that of pure PVDF. In these nanocomposites, the heat generated upon the absorption of EM wave dissipates quickly due to the existence of phonon transfer pathways. By quick heat dissipation here we mean that their cooling thermogram shows an exponential decay with time<sup>155</sup>.

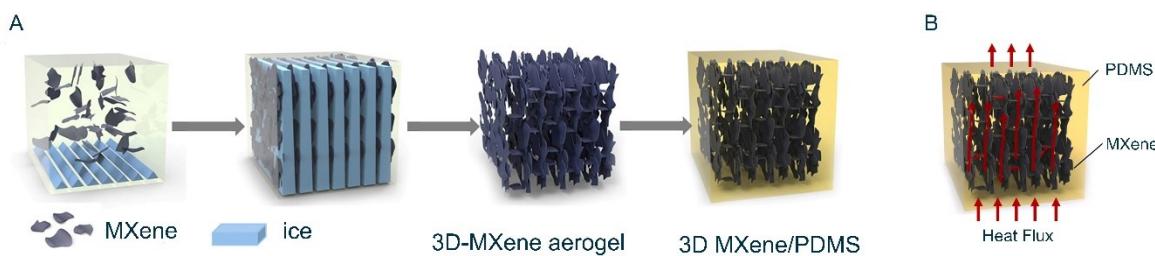


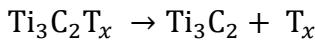
Figure 13. A) The formation of a 3D MXene network by freeze-drying technique and then embedding it in a PDMS matrix. B) Heat transfer pathways generated in a PDMS matrix by a MXene network, Reproduced with permission from ref.<sup>117</sup> Copyright (2020), Elsevier.

**5.2.2 Anti-dripping, Flame-retardancy and Smoke Suppressive Nanocomposites**

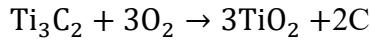
In order for polymer nanocomposites to have more real-life applications, their thermal properties should be improved<sup>171-173</sup>. When plastics burn, the combustion products can form a liquid droplet which possibly separates from the bulk of the burning material. This unfavorable phenomenon is called dripping which is dangerous as it can spread fire and accelerate fire growth<sup>174</sup>. Anti-dripping additives are usually added to virgin polymers to improve their resistance during a fire incident. MXenes can work as an excellent anti-dripping additive. The addition of single-layer  $\text{Ti}_3\text{C}_2$  to PVA thin films and PU sponges improved anti-dripping properties of both polymers<sup>141</sup>.

The thermal behavior of MXenes and how they increase thermal resistance of polymer nanocomposites can be explained as follows. Upon heating of  $\text{Ti}_3\text{C}_2$ , firstly entrapped water molecules between MXene flakes evaporate. This usually happens up to 130 °C. In the next step,

1378 when temperature increases up to 350 °C, surface functional groups of  $\text{Ti}_3\text{C}_2$  including O, F and  
1379 OH are removed according to:



1380 In the next step when temperature goes up to 550 °C, the oxidation of  $\text{Ti}_3\text{C}_2$  to  $\text{TiO}_2$  happens:



1381 Figure 14A schematically shows the conversion of  $\text{Ti}_3\text{C}_2$  via combustion in air. Thus, when a  
1382 polymer nanocomposite containing  $\text{Ti}_3\text{C}_2$  burns in air,  $\text{Ti}_3\text{C}_2$  oxidizes into  $\text{TiO}_2$  which forms a  
1383 protective layer on the surface of the nanocomposite endowing excellent anti-dripping properties.

1384 Figure 14B also schematically shows the formation of this protective layer.

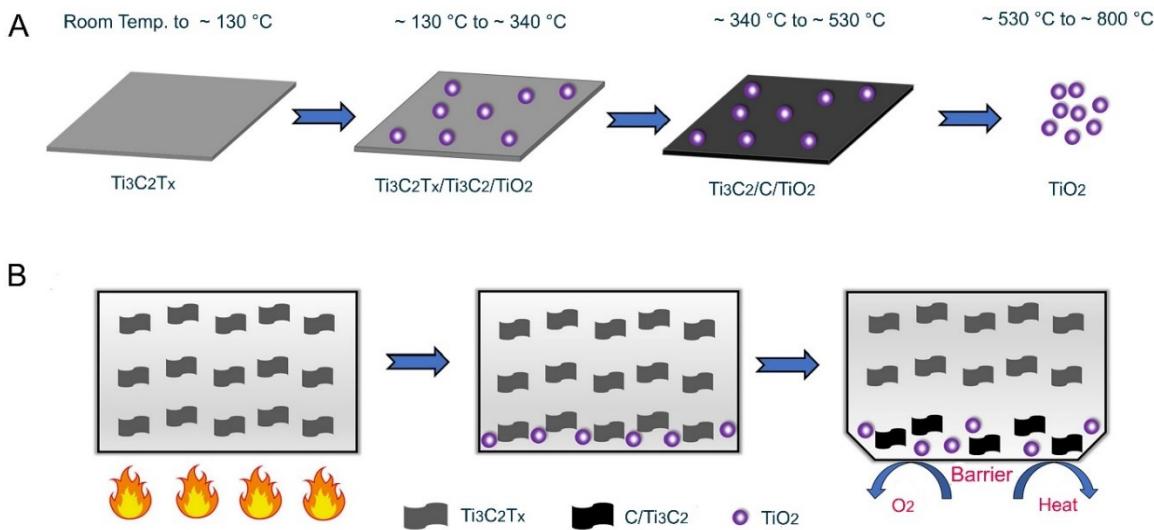
1385 PU is used in many laboratories, industrial areas, and residential places. However, its  
1386 flammability and rapid flame spread have been always a concern.  $\text{Ti}_3\text{C}_2$  has been used to develop  
1387 self-extinguishing PU foams.  $\text{Ti}_3\text{C}_2$  as a part of intumescent flame-retardant mixture was coated  
1388 on PU foams by spray coating. The presence of  $\text{Ti}_3\text{C}_2$  synergistically helps to the formation of a  
1389 barrier layer during a fire incident. This layer which is called intumescent char layer works as an  
1390 insulator and sticks to the surface of PU.  $\text{Ti}_3\text{C}_2$  flakes work as a compact protective layer during  
1391 combustion and suppress oxygen, fuel and heat transfer between PU foam and the fire zone by  
1392 creating a tortuous barrier layer. A burning PU foam coated by  $\text{Ti}_3\text{C}_2$  self-extinguished after 10  
1393 seconds and did not reignite. However, the same PU foam without a  $\text{Ti}_3\text{C}_2$  coating burned out  
1394 completely after 20 seconds<sup>98</sup>.

1395 When using a MXene as a flame-retardant agent, it is important to incorporate an optimal  
1396 amount of MXene. An excess amount of MXene in an intumescent flame-retardant mixture  
1397 decreases MXene's efficacy for flame retardancy, smoke suppression, and self-extinguishment. It  
1398 increases thermal conductivity of the protecting layer, which is unfavorable here, and outweighs  
1399 the favorable barrier effect of the MXene. In addition, it decreases the interfacial adhesion of the  
1400 char layer and consequently lessens its fire protection efficiency. Excellent fire protection  
1401 properties are usually obtained only by adding 1 wt.% single-layer MXene, while the addition of  
1402 more than 2 wt.% is not recommended<sup>98</sup>. Regarding the smoke suppression ability of single-layer  
1403  $\text{Ti}_3\text{C}_2$ , it is believed that during the combustion, the  $\text{Ti}_3\text{C}_2$  converts into anatase  $\text{TiO}_2$  in-situ where  
1404 the latter reduces the amount of  $\text{CO}_2$  and CO emissions during burning<sup>98</sup>. In a similar research<sup>143</sup>,  
1405 to improve the thermal stability (flame-retardancy and smoke suppression) of PUF, a single-layer  
1406  $\text{Ti}_3\text{C}_2$ /chitosan coating was applied by a layer-by-layer dip coating process. It was found that 8

1409 bilayers of  $\text{Ti}_3\text{C}_2$ /chitosan endow the best flame retardancy and smoke suppression as the total  
 1410 smoke and heat release decreased by 66.5% and 71.1% respectively, compared with neat PUF.  
 1411 Similar to previous reports, the presence of  $\text{Ti}_3\text{C}_2$ /chitosan improved char layer formation during  
 1412 the combustion, which works as a protective layer and prevents from the release of combustion  
 1413 volatile products to the outer environment<sup>143</sup>. The addition of PEG-treated  $\text{Ti}_3\text{C}_2$  to TPU also  
 1414 increased onset degradation temperature, maximum degradation temperature as well as char  
 1415 formation amount<sup>105</sup>. Technically, onset degradation temperature is a temperature at which 5 wt.%  
 1416 weight loss is observed. Single-layer  $\text{Ti}_3\text{C}_2$ /PI aerogel also showed anti-flammability properties<sup>119</sup>.  
 1417 Pan et al.<sup>175</sup> showed that the addition of  $\text{Ti}_3\text{C}_2$  into PVA retards thermal decomposition of the  
 1418 nanocomposite and significantly reduces the release of hydrocarbons and carbonyl products  
 1419 formed by the combustion of the PAV matrix<sup>175</sup>. Si et al.<sup>97</sup> used a grade of single-layer  $\text{Ti}_3\text{C}_2$   
 1420 modified with a cationic surfactant to enhance flame-retardancy and smoke suppression of  
 1421 polystyrene. They reported improvements in the latter properties due to enhanced dispersion of the  
 1422 modified  $\text{Ti}_3\text{C}_2$  in the polystyrene matrix, thanks to the presence of the cationic surfactants.

1423

1424



1425

1426 Figure 14. A) Conversion of  $\text{Ti}_3\text{C}_2$  to  $\text{TiO}_2$  via combustion in air. B) Formation of a fire protective layer, made mainly  
 1427 from  $\text{TiO}_2$ , in a  $\text{Ti}_3\text{C}_2$ /polymer nanocomposite which undergoes combustion in air, Reproduced with permission from  
 1428 ref.<sup>141</sup> Copyright (2019), Elsevier.

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1430

1431 **5.3 Electrical Conductivity**

1432 **5.3.1 Conductive Films**

1433 Polymers in general are electrical insulators. However, they can turn into conductive  
1434 nanocomposites by the addition of conductive nanomaterials like MXene. When conductive  
1435 nanoparticles are added to polymers, there is a concentration at which filler percolation happens.  
1436 This causes an insulating polymer turns into a conductive material with an isotropic electronic  
1437 conductivity. A conductive polymer nanocomposite can be fabricated with lower MXene contents  
1438 if MXene lateral size increases.  $Ti_3C_2$  in acrylic polymers has shown a percolation threshold as  
1439 low as 6-7 vol.%<sup>127</sup>. Conductive, flexible, transparent, and self-standing nanocomposite films are  
1440 obtained by adding 1.7 vol.% of single-layer  $Ti_3C_2$  to the copolyimide-6,10, resulting in improved  
1441 conductivities and flexibility<sup>126</sup>.

1442 Water-soluble polymers are a decent option for the fabrication of the MXene-based  
1443 conductive nanocomposite thin films. For example, water-soluble PAAm-based nanocomposites  
1444 exhibited a conductivity of  $3.3 \times 10^{-2}$  S/m by incorporating 6 wt.%  $Ti_3C_2$ <sup>176</sup>. Reaching a  
1445 desirable conductivity with a smaller amount of MXene is feasible by replacing multilayer MXene  
1446 with single-layer one. The intercalation of  $Ti_3C_2$  by intercalants like DMSO facilitates the  
1447 production of single-layer MXene. The addition of intercalated MXene to a polymer solution and  
1448 then processing of such a system leads to a conductive polymer film with isotropic properties<sup>176</sup>.  
1449 Surface chemistry of  $Ti_3C_2$  is an important aspect, which affects the conductivity of  $Ti_3C_2$ /  
1450 polymer nanocomposites. The removal of surface functional groups from the surface of MXene  
1451 eliminates electron transfer resistance sites, which ultimately increases the conductivity of a  
1452  $Ti_3C_2$ /polymer nanocomposite. Conductive  $Ti_3C_2$ /epoxy nanocomposites have been developed for  
1453 EMI shielding application. The epoxy resin containing 15 wt.% annealed  $Ti_3C_2$  shows 176% and  
1454 37% higher electrical conductivity and EMI shielding, respectively, compared with an epoxy resin  
1455 containing 15 wt.% pristine single-layer  $Ti_3C_2$ <sup>48</sup>. As discussed before, annealed  $Ti_3C_2$  does not  
1456 have OH or F groups. Some other examples of hybrid systems to fabricate conductive  
1457 nanocomposite films are  $Ti_3C_2$ /PI<sup>119</sup>,  $Ti_3C_2$ /NR<sup>147</sup> and  $Ti_3C_2$ /C hybrid foam/epoxy<sup>177</sup>. In general,  
1458 the addition of MXenes to polymer matrices can be similar to other nanomaterials. However,  
1459 recent studies on  $Ti_3C_2$  MXene exhibited the highest electrical conductivity of 15,000 to 20,000  
1460 S/cm<sup>66,178</sup> obtained up to now from any solution processed 2D material. This high conductivity

1461 outweighs the advantages of MXenes over other nanomaterials, including reduced graphene oxide,  
1462 for conductive nanocomposite fabrication.

1463 **5.3.2 Sensors**

1464 **5.3.2.1 Motion Sensors**

1465

1466 Sensitive tools for the cognition of molecular species, and tiny movements as well as effective  
1467 algorithms are required to monitor a process and safely operate it <sup>179, 180</sup>. The development of  
1468 hybrids materials containing low-defect fillers for sensing application is widely investigated to  
1469 fulfill the latter purposes. Defect-free MXene can be synthesized via a top-down synthesis  
1470 approach with mild etching procedures. A relative advantage of MXenes over other materials such  
1471 as graphene<sup>24</sup> is its easy and cost-effective synthesis with minimal structural defects. MXene-  
1472 based nanocomposites are excellent motion detectors with capability to detect both intensity and  
1473 direction of a motion. Their working principle is based on change in resistivity upon compression  
1474 and tensile deformations. Under tensile deformation, the distance between MXene flakes in a  
1475 MXene-based sensor increases which results in less contact between MXene flakes, harder  
1476 electrical charge transport and consequently lower electrical conductivity. On the other hand,  
1477 under compression deformation, the distance between MXene flakes decreases which means  
1478 higher chance of charge transport and thus higher electrical conductivity. Usually MXene-based  
1479 hydrogels are used as a sensor. They are sensitive enough to show lower or higher electrical  
1480 conductivity, depending on the direction of a moving object on their surface. For example, when  
1481 a cylinder moves on the surface of a MXene-based PVA hydrogel, it shows increase in electrical  
1482 conductivity if the cylinder moves in *x*-direction while shows decrease in electrical conductivity if  
1483 the cylinder moves in *y*-direction. The reason is that movement in *x*-direction creates compression  
1484 deformation and movement in *y*-direction creates tensile deformation. In addition, the extent of  
1485 change in the electrical conductivity varies upon change in the speed of the moving cylinder. These  
1486 observations confirm that PVA hydrogel sensors containing single-layer MXene are both speed  
1487 and direction detectors. These hydrogels easily attach to various parts of human's body without  
1488 any adhesive. They were attached to fingers, hands, and forehead of a human and successfully  
1489 detected different movements of each of these parts (Figure 15A). For example, when a finger  
1490 bends, resistivity increases by 20% (Figure 15A-1). Another interesting application of these  
1491 hydrogels is signature detection (Figure 15B). Each person has his own unique style of signing

1492 and writing. This means that the amount of the pressure that a person puts on a pen or his speed of  
1493 signing vary from another one. This means each person creates a distinct pattern of change in  
1494 electrical conductivity if he signs on a piece of such hydrogels sensors<sup>162</sup>. Figure 15B also shows  
1495 that writing the word “ok” with different styles leaves a different pattern of change in resistivity.

1496 MXene-based hydrogel sensors made from a tertiary polymer network of dopamine grafted  
1497 sodium alginate, phenylboronic acid grafted sodium alginate and PAAm were synthesized. Again,  
1498 the deformation of the sensor changes its electrical conductivity. An important parameter in  
1499 designing MXene-based sensors is the amount of the added MXene. As mentioned before,  
1500 deformation changes the distance between MXene flakes in a polymer network. If flakes get close  
1501 to each other upon deformation, conductivity increases and vice versa. If more-than-required  
1502 MXene is loaded to a polymer network, the flakes are always in contact with each other regardless  
1503 of the deformation extent. Thus, the system usually shows high conductivity and consequently is  
1504 not sensitive enough to work as a good sensor. By adjusting the amount of single-layer  $Ti_3C_2$ , Wu  
1505 et al. developed a wearable, self-adhesive, healable epidermal sensor which is able to detect very  
1506 tiny movements in chest upon breathing<sup>113</sup>.

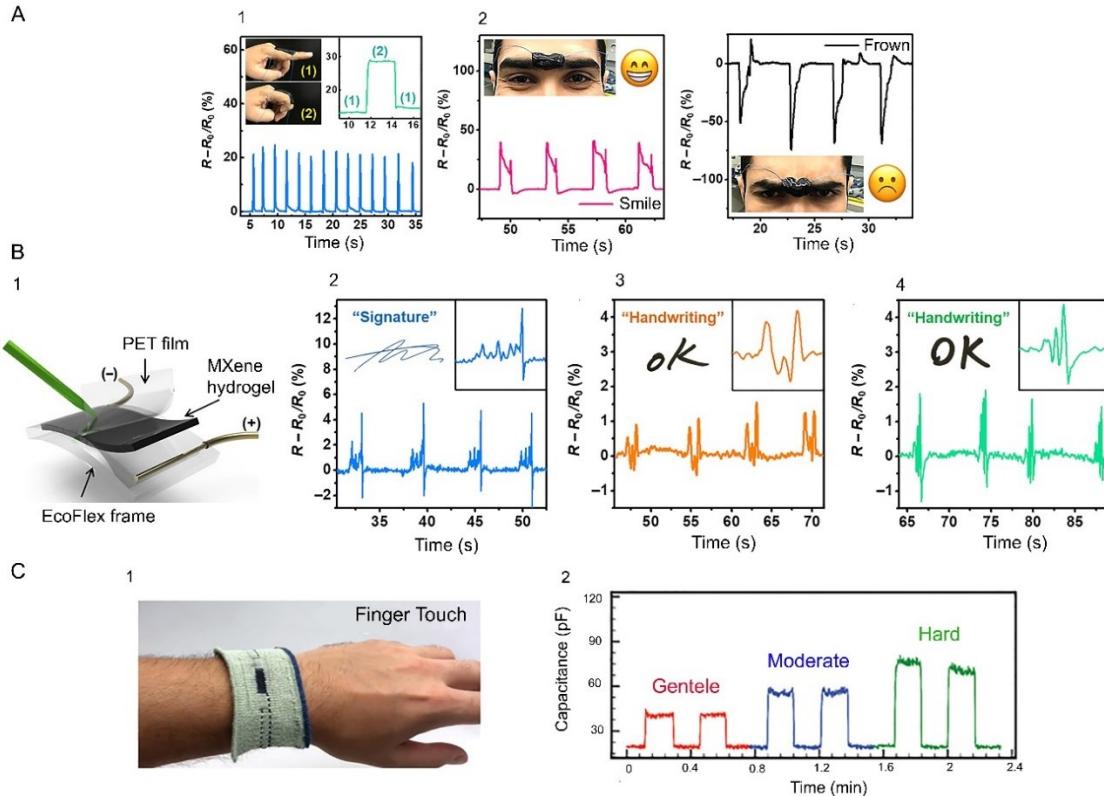
1507 MXene-based hydrogels made from a double network of PVA and PAAm can act as a  
1508 motion-detection sensor. As before, relative electrical resistivity changes upon sensor deformation  
1509 due to change in distance between MXene flakes and consequently change in the ease of electron  
1510 transfer. In fact, the sensing response is defined as  $R/R_0(\%) = ((R-R_0)/R_0) \times 100(\%)$ . In this equation,  
1511  $R_0$  is orginal resitance of the sensor before deformation and  $R$  is the resistance of the sensor after  
1512 the deformation. Sensors developed from single-layer  $Ti_3C_2$ /PVA/PAAm are such sensitive that  
1513 can detect the motion of a throat during swallowing or motion of a finger upon bending<sup>69</sup>. Three  
1514 more examples are:  $Ti_3C_2$ /chitosan nanocomposite biosensors to detect organophosphate based  
1515 pollutant in water and foods<sup>181</sup>, single-layer  $Ti_3C_2$ /PI aerogel sensors for motion detection<sup>119</sup>, and  
1516 single-layer  $Ti_3C_2$ / cellulose fibers as pressure sensors.<sup>144</sup>

1517

### 1518 5.3.2.2 Humidity Sensors

1519 MXene/polymers are used as humidity sensors and their underlying mechanism is similar  
1520 to motion sensors. As Figure 16A shows, these sensors are sensitive enough to detect humidity  
1521 change by human breathing. Upon change in humidity, water molecules can be adsorbed or  
1522 desorbed reversibly into a MXene-based sensor which changes the interlayer distance between

1523 single-layer  $\text{Ti}_3\text{C}_2$  flakes. Consequently, this affects the electron tunneling resistance. Figure 16B  
1524 shows a multilayer structure of  $\text{Ti}_3\text{C}_2/\text{PDAC}$  made by layer-by-layer dip coating technique used  
1525 for humidity sensing. When humidity is low, the interlayer distance decreases and thereby  
1526 resistivity (conductivity) decreases (increases). In the same figure, equivalent electrical circuit  
1527 corresponding to dry and humid states are shown as well.  $R_{t1}$  and  $R_{t2}$  resistances are added to the  
1528 circuits when a sensor experiences a humid environment. Another assumption is that water (polar  
1529 molecules) adsorbed by  $\text{Ti}_3\text{C}_2$ , at a high humidity environment, interacts with surface functional  
1530 groups of  $\text{Ti}_3\text{C}_2$  and decreases the conductivity. However, experimental results show that change  
1531 in interlayer distance upon water adsorption is the dominant mechanism in decreasing the  
1532 conductivity rather than water interaction with single-layer  $\text{Ti}_3\text{C}_2$  surface functional groups <sup>142</sup>.  
1533 One of the outstanding features of  $\text{Ti}_3\text{C}_2$ -based humidity sensors is their fast response and recovery  
1534 times. They are quick enough to distinguish inhalation/exhalation rates of a person during running  
1535 from walking<sup>142</sup>. The results of the sensors are accurate enough as they show that both frequency  
1536 and domain of the resistivity signal are low when the person is walking. However, they increase  
1537 when that person starts to run and again decrease when the person walks again<sup>142</sup>.



1538

1539 Figure 15. A) PVA/ $Ti_3C_2$  sensor is able to detect bending of a finger (1), and forehead movement (2). B) PVA/ $Ti_3C_2$   
 1540 hydrogel assembly (1) used as surface sensor which is able to generate a specific resistivity pattern on  
 1541 the surface (2) and also generate different resistivity patterns upon changing the writing style of the word “OK”,  
 1542 Reproduced with permission from ref.<sup>162</sup> Copyright (2018), Science. C) pressure sensors made from  $Ti_3C_2$ -containing  
 1543 fabric worn by a person (1) and its capacitance sensitivity to a finger touch (2), Reproduced with permission from  
 1544 ref.<sup>144</sup> Copyright (2019), Wiley Online Library.

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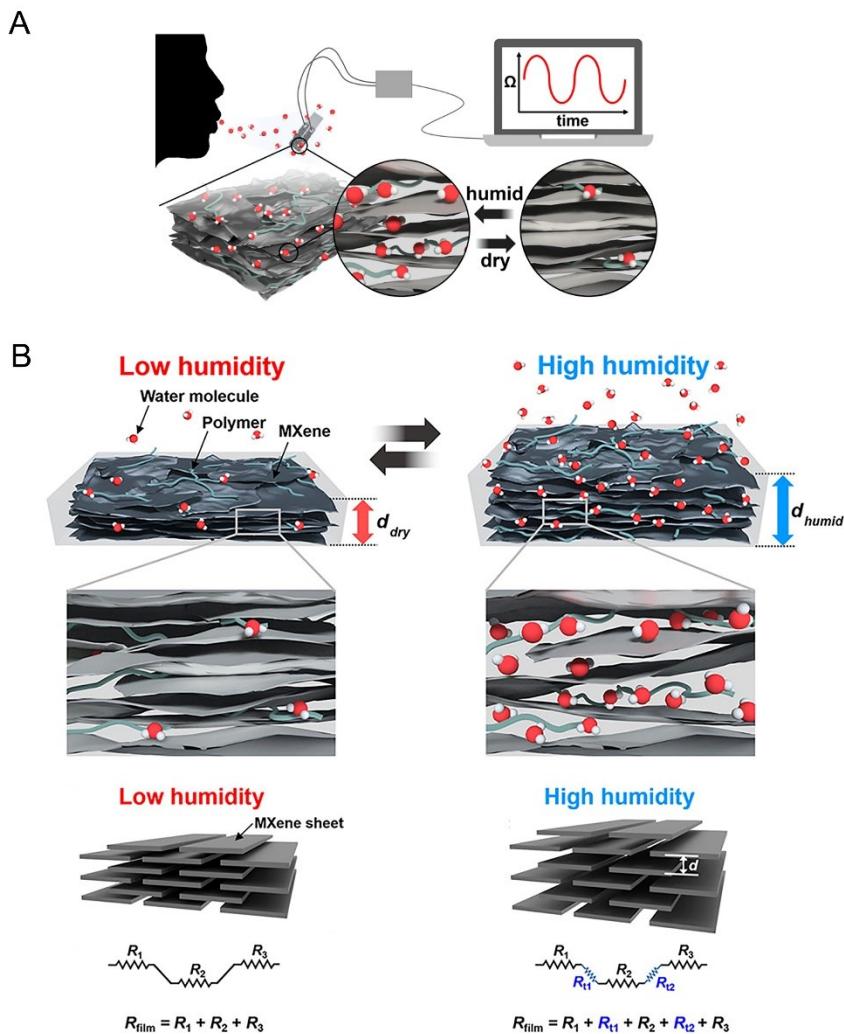
### 1546 5.3.2.3 Bio-electrochemical Sensors

1547

1548 MXene-based biosensors are used for measuring the concentrations of urea, uric acid, and  
 1549 creatinine in the blood of a patient continuously and online during a hemodialysis treatment. This  
 1550 online monitoring system determines the required dialysis time to reach an acceptable level of the  
 1551 species in a patient’s blood. Liu et. al.<sup>182</sup> developed a bio-electrochemical sensor which consists  
 1552 of four different layers for blood analysis. The top layer receives the blood and sends it to the  
 1553 second layer, which works as a dialysis member and lets just some species in the blood (Da < 1000)  
 1554 to reach the third layer. The third layer contains some microchannels and a detection chamber that  
 1555 collects the species that had the chance to pass through the second layer. The sensing electrode  
 1556 which contains single-layer  $Ti_3C_2$  is the fourth layer, which is able to analyze the blood sample

1557 accumulated in the detection chamber. In the work of Liu et. al.<sup>182</sup>, urea, uric acid and creatinine  
1558 were three species of interest that were simultaneously detected by a Ti<sub>3</sub>C<sub>2</sub> biosensor through three  
1559 different detection mechanisms.

1560 Uric acid is an electroactive material which allows it to be detected by Ti<sub>3</sub>C<sub>2</sub>-based  
1561 biosensor. Through hydrogen bonding with the surface functional groups of Ti<sub>3</sub>C<sub>2</sub>, the uric acid is  
1562 absorbed on the surface. This causes change in the electrical flow rate (*I*) of Ti<sub>3</sub>C<sub>2</sub>-based biosensor  
1563 depending on the concentration of the absorbed uric acid. To detect creatinine, it is first brought  
1564 into contact with copper cations, the complex is adsorbed on the negatively-charged surface of  
1565 Ti<sub>3</sub>C<sub>2</sub>, and creatinine is then detected using square wave voltammetry. Urea detection is also  
1566 possible through immobilizing urease on MXene and using glutaraldehyde to catalyze urea,  
1567 generating specific signals for urea analysis. Detailed mechanisms of the detection can be found  
1568 elsewhere<sup>182</sup>; however, the important point here is that Ti<sub>3</sub>C<sub>2</sub>-based biosensors can simultaneously  
1569 detect several components in a blood sample through different mechanisms.



1570

1571 Figure 16. A)  $Ti_3C_2$ /polymer sensors are sensitive enough to detect change in humidity by human breathing. B)  
 1572 Change in interlayer distance of a  $Ti_3C_2$ /polymer humidity sensor upon water absorption/desorption and the  
 1573 corresponding electrical circuit in both dry and humid states, Reproduced with permission from ref.<sup>142</sup> Copyright  
 1574 (2019), American Chemical Society.

1575

## 1576 5.4 2D Layered Structure

### 1577 5.4.1 Polymer Reinforcement

1578 Similar to many other 2D nanomaterials, MXenes can improve mechanical properties of  
 1579 polymers<sup>183</sup>. The morphology of MXene/polymer nanocomposites is usually recognized as “brick-  
 1580 and-mortar”. This morphology is favorable for increasing mechanical properties of hybrid  
 1581 structures. In a “brick-and-mortar” morphology, a single-layer MXene works as the brick and

1582 polymer plays the role of the mortar, which facilitates stress transfer to MXene flakes. In fact, the  
1583 polymer works as an intermedia glue to improve mechanical properties of the nanocomposite<sup>133</sup>.  
1584 However, Zhou et al.<sup>112</sup> showed that sometimes multilayer structure of a MXene/polymer system  
1585 is more effective than “brick-and-mortar” structure for improving mechanical properties of  
1586 nanocomposites. For example, they showed that in comparison with a single-layer  $Ti_3C_2$ /CNF film  
1587 with “brick-and-mortar” morphology, the multilayer  $Ti_3C_2$ /CNF film with the same composition  
1588 shows 1.2, 1.9, and 2.4 higher tensile strength, fracture strain and toughness, respectively. They  
1589 believe that this difference originates from the different mechanism of crack propagation in these  
1590 two systems under pressure and is discussed in details in reference<sup>112</sup>.

1591 Simulation results on  $Ti_3C_2$ /epoxy system have shown that the presence of  $Ti_3C_2$  improves  
1592 elastic properties of the nanocomposites. Acrylate resins which are a family of polymers with low  
1593 glass transition temperature and high flexibility are also mixed with  $Ti_3C_2$ <sup>184-186</sup>. Experimental  
1594 results have shown that the addition of  $Ti_3C_2$  flakes to acrylate resins increases their glass  
1595 transition temperature and elastic modulus due to limiting polymer chains movements<sup>127</sup>. If  
1596  $Ti_3C_2$  flakes orient in a specific direction in a nanocomposite, the enhancement of mechanical  
1597 properties in the alignment direction will be more pronounced. Moreover, the extent of  
1598 improvement in mechanical properties correlates with  $Ti_3C_2$  aspect ratio. Usually, higher aspect  
1599 ratio endows higher stiffness to a MXene/polymer system<sup>187</sup>. Surface functional groups of MXenes  
1600 also play an important role in improving mechanical properties of MXene-based nanocomposites,  
1601 as they are the sites which form interactions with polymers. For example, due to strong hydrogen  
1602 bonding between surface functional groups of  $Ti_3C_2$  and PVA, their nanocomposite showed  
1603 improved tensile strength and elongation at break, compared with pristine PVA, just with the  
1604 addition of 2 wt.%  $Ti_3C_2$ <sup>175</sup>. A similar improvement in mechanical properties was reported when  
1605 single-layer  $Ti_3C_2$  was mixed with NR<sup>147</sup>. On the other hand, annealed  $Ti_3C_2$  which has less  
1606 surface functional groups is not effective enough in improving mechanical properties of polymers  
1607 compared with pristine single-layer  $Ti_3C_2$ , which has hydroxyl, fluorine and oxygen groups<sup>48</sup>.

1608 The addition of  $Ti_3C_2$  to polymers can increase their crystallinity, as it works like a  
1609 nucleation agent.  $Ti_3C_2$  may increase both crystallinity and crystallization temperature of a  
1610 polymer<sup>155</sup>. Higher crystallinity subsequently improves thermal and some of mechanical  
1611 properties. Also, creep resistance of a polymer can be improved just by the addition of a tiny  
1612 amount (~ 2 wt.%) of a MXene, if a perfect interface between the polymer and the MXene is

1613 formed. To have a perfect interface, usually surface modified MXenes are used as filler. For  
1614 example, a surface modified multilayer  $Ti_3C_2$  was added to UHMWPE, and a perfect interface  
1615 between the polymer and multilayer  $Ti_3C_2$  was formed which facilitated stress transfer<sup>154</sup>. The  
1616 presence of multilayer  $Ti_3C_2$  also decreases the friction coefficient of the polymer, improves  
1617 abrasion resistance as well as hardness of UHMWPE<sup>154</sup>. The addition of  $Ti_3C_2$  to LLDPE also  
1618 showed that  $Ti_3C_2$  works as a nucleation agent in this polymer and increases the polymer  
1619 crystallization rate in 2 wt.% loading. However, crystallization rate decreased upon 4 wt.%  $Ti_3C_2$   
1620 loading due to chain movement restrictions. For crystallization, polymer chains need to nucleate  
1621 and then move to complete crystal structure. High mobility is not favorable because it prevents  
1622 from nucleation. Low mobility is not also favorable as it does not let polymer chains move and  
1623 reorganize themselves as a crystal. This is the reason that maximum crystallization rate in polymers  
1624 happens in a temperature between glass transition temperature and melting temperature. Glass  
1625 transition temperature is the region with high chance of nucleation and low rate of chain  
1626 movement. Melting temperature is a region with high chance of chain movement and low rate of  
1627 nucleation. Thus, maximum crystallization rate occurs in a region where an acceptable  
1628 combination of nucleating rate and chain movement exists. The addition of 4 wt.% multilayer  
1629  $Ti_3C_2$  to LLDPE decreases the movement of chains such significantly that reduces the  
1630 crystallization rate<sup>156</sup>.

1631 MXenes can affect the crystallization rate of water-soluble polymers as well.  $Ti_3C_2/PEO$   
1632 nanocomposites with 0, 0.1%, 0.5%, 1%, 2% and 5 wt.%  $Ti_3C_2$  were prepared by Huang et al.<sup>188</sup>  
1633 using the latex blending method. Maximum crystallization rate and minimum half-crystallization  
1634 time were observed for the nanocomposite containing 0.5 wt.%  $Ti_3C_2$  as nucleation agent causing  
1635 optimum nucleation and chain movement rates at this  $Ti_3C_2$  weight percentage. In addition to the  
1636 improvement in crystallization properties, the presence of  $Ti_3C_2$  enhanced the ionic conductivity  
1637 of PEO nanocomposites. This is important as PEO is widely used as a solid electrolyte in energy  
1638 storage devices<sup>188</sup>. PVA as a water-soluble polymer, along with a  $Ti_3C_2$ , can undergo a solution  
1639 blending process to make a nanocomposite. Due to the presence of many hydroxyl groups in PVA  
1640 structure, there is a high chance of hydrogen bond formation between the polymer and  $Ti_3C_2$ .  
1641 These favorable interactions make a perfect interface between the nanocomposite's component  
1642 and develop a mechanically durable nanocomposite. In fact, stress is easily transferred to  $Ti_3C_2$   
1643 flakes when the PVA/ $Ti_3C_2$  nanocomposite undergoes an external load. These favorable

1644 interactions also improve the stiffness and the strength of the nanocomposite films <sup>130</sup>. The same  
1645 favorable interactions exist when a polycation is selected as the water-soluble polymer matrix to  
1646 be mixed with a MXene.

1647 As mentioned above, surface modified MXenes are added to polymers in the sake of  
1648 improving interfacial interactions and developing a perfect interface. For example, the addition of  
1649 0.5 wt.% PEG-treated  $Ti_3C_2$  to TPU increased tensile strength and elongation at break  
1650 simultaneously. Covering of  $Ti_3C_2$  sheets with PEG chains caused their favorable interactions with  
1651 TPU and consequently  $Ti_3C_2$  exfoliation in TPU matrix. The interactions were effective enough  
1652 to increase tensile strength without deteriorating the toughness of the nanocomposite. In fact, the  
1653 PEG chains establish hydrogen bonds with TPU causing the creation of a perfect interface between  
1654  $Ti_3C_2$  and TPU. At the same time, the stiffness of  $Ti_3C_2$ /TPU nanocomposite as well as glass  
1655 transition temperature of TPU were increased which are attributed to chain movement restrictions  
1656 <sup>105</sup>. These evidences show that MXene has positive dual effects on toughening and strengthening  
1657 of a polymer nanocomposite.

1658 Regarding hydrogels, MXenes improve their mechanical properties by optimizing their  
1659 pore structure. For example, single-layer  $Ti_3C_2$ -based polyacrylamide hydrogel showed enhanced  
1660 mechanical properties due to honey-comb pore structure induced by the presence of  $Ti_3C_2$ . This  
1661 structure facilitates the release of mechanical stresses significantly due to its uniform fine  
1662 structure<sup>112</sup>.  $Ti_3C_2$ -based hydrogels have shown elongation up to 1000% and bending deformation  
1663 up to 180 degrees. After deformation or compression, such hydrogels can recover to their initial  
1664 geometry very quickly. These outstanding mechanical properties are obtained just by the addition  
1665 of 0.0145% to 0.0436 Wt.%  $Ti_3C_2$  with respect to polyacrylamide <sup>112</sup>. Compared with regular  
1666 hydrogels made from organic crosslinkers,  $Ti_3C_2$ -based hydrogels show higher deformation  
1667 tolerability and quicker recovery. These properties are derived due to the lower crosslinking  
1668 density of  $Ti_3C_2$ -based hydrogels compared with that of the hydrogels made from organic  
1669 crosslinkers. Moreover,  $Ti_3C_2$ -based hydrogels have higher chain molecular weight between  
1670 crosslinking points which endows them higher flexibility and extensibility<sup>112</sup>.

1671  $Ti_3C_2$  with surface-grafted sulfonated polyelectrolyte brushes was added to sulfonated  
1672 poly(ether ether ketone) to make a proton conducting membrane. The surface-grafted  $Ti_3C_2$   
1673 increased Young modulus, tensile strength, and thermal stability of the proton conductive  
1674 membrane, but decreased its elongation at break <sup>102</sup>. The addition of  $Ti_3C_2$  to PVA hydrogels

1675 increased its elastic modulus, toughness, and stretchability significantly. For example, a piece of  
1676 2.5 cm hydrogel was stretched to 86 cm which means stretchability of 3400%. Under similar  
1677 conditions, the same hydrogel without MXene showed maximum stretchability of 2200%<sup>162</sup>.

1678 **5.4.2 Corrosion Resistive Coatings**

1679 Metal substrates are vulnerable against corrosion when they are in contact with water or aqueous  
1680 electrolytes such as salt solutions. Organic coatings on a metallic substrate can decrease corrosion  
1681 rate by preventing the diffusion of corrosive media into metal/coating interface. Yan et al.<sup>189</sup> mixed  
1682 few-layer Ti<sub>3</sub>C<sub>2</sub> with epoxy resin and then applied the obtained mixture on the top of a steel sheet  
1683 to analyze the anti-corrosive properties of the coating. The best anti-corrosion results were  
1684 obtained with the addition of 1 wt.% Ti<sub>3</sub>C<sub>2</sub>. This is the concentration at which the pores of the  
1685 epoxy coating are covered by Ti<sub>3</sub>C<sub>2</sub> flakes. The organic coatings applied on a metal substrate  
1686 usually contain some micron-size pores which are channels for the diffusion of corrosive materials  
1687 to the metallic substrate. Thus, the presence of 2D MXene flakes can cover these pores and increase  
1688 the anti-corrosive properties of a coating. It is shown that the presence of Ti<sub>3</sub>C<sub>2</sub> in the epoxy  
1689 coating limits the diffusion of corrosive species like O<sub>2</sub>, Cl<sup>-</sup> and H<sub>2</sub>O toward the metallic surface<sup>189</sup>.

1690 The presence of Ti<sub>3</sub>C<sub>2</sub> in an epoxy coating also decreases its water absorption over time.  
1691 For example, the immersion of pure epoxy coating in a 3.5% NaCl solution for 96 hours caused  
1692 the absorption of 0.96 wt.% water, however, under the same condition, the epoxy coating  
1693 containing 1 wt.% Ti<sub>3</sub>C<sub>2</sub> just showed water absorption of 0.23 wt.%. Spray salt test results also  
1694 showed improved anti-corrosion properties of epoxy coating by the addition of Ti<sub>3</sub>C<sub>2</sub>. It confirmed  
1695 that the presence of an epoxy coating containing 1 wt.% Ti<sub>3</sub>C<sub>2</sub> on the metal surface significantly  
1696 suppresses the metal corrosion after a 15 days period<sup>189</sup>.

1697 **5.4.3 Electromagnetic Interference Shielding**

1698 To lower the extent of damages caused by radiation pollutions, materials with electromagnetic  
1699 interference shielding ability are needed<sup>190</sup>. Shielding is important to assure safe operation of  
1700 sensitive electronic devices as well as the safety of humans. Electrically conductive polymer  
1701 nanocomposites are favorable to be used for EMI shielding applications due to their light weight  
1702 and enough electrical conductivity to work as a shield.

1703 Currently, effective EMI shielding materials have a thickness higher than 1 mm<sup>133</sup>. Figure 17A  
1704 shows the correlation between thickness and EMI shielding efficacy of some common materials  
1705 and compares the performance of MXene with other ones as well. Although increase in thickness  
1706 improves shielding efficiency, increase in material consumption and weight gain disqualify this  
1707 strategy for improving EMI shielding efficiency. Given that, lightweight, low density, ultrathin  
1708 and efficient materials are always favorable for EMI shielding, these properties are attainable  
1709 through MXene-based polymeric nanocomposites. Excellent EMI shielding of MXenes originates  
1710 from their high conductivity, layered structure, and their unique surface chemistry especially their  
1711 fluorine functional groups.

1712 EMI shielding usually happens by reflection or absorption of an electromagnetic wave.  
1713 When a wave hits a MXene flake in a MXene/polymer nanocomposite shield, a part of the wave  
1714 is reflected due to the presence of the free electrons on the surface of MXene. The non-reflected  
1715 portion of the wave passes through the layers of MXene and losses a part of its energy upon  
1716 traveling through each flake of MXene. As Figure 17B shows, each MXene layer acts as a barrier  
1717 of the wave and dissipates some of its energy. In addition to absorbing the energy of the wave, the  
1718 MXene flakes inside the shield can work as a reflection surface where repetitive internal reflection  
1719 of some traveling waves inside the shield further intensifies the energy dissipation. At last, the  
1720 dissipated energy of the waves will increase the temperature of the EMI shield<sup>129</sup>. Thus, shielding  
1721 is the result of absorption and reflection of the waves in a material.

1722 Thin Ti<sub>3</sub>C<sub>2</sub>-based films mainly have good EM wave absorption capability<sup>129</sup>. It is  
1723 advantageous to develop absorption-dominant EMI shielding materials as they minimize the twice  
1724 the electromagnetic pollution compared with the reflection-dominant counterparts<sup>118</sup>. When an  
1725 EM wave reaches an EMI shielding material, it can enter the material or reflect from its surface.  
1726 The chance of entrance is higher for absorption-dominant ones compared with reflective-dominant  
1727 counterparts. Usually high number of free electrons on a material surface increases the chance of  
1728 wave reflection<sup>133</sup>. If the EM wave enters a MXene-based polymer nanocomposite foam material,  
1729 it has a high chance to undergo several internal reflections to dissipate its energy as heat. The  
1730 porous structure of the foam and the layered structure of MXene hasten the energy dissipation of  
1731 the EM wave. However, the same MXene-based polymer nanocomposite with the same chemical  
1732 composition in the form of a thin film does not have the ability to dissipate the EM wave quickly.  
1733 Thus, to have an absorption-dominant EMI shielding material, foams are recommended<sup>118</sup>.

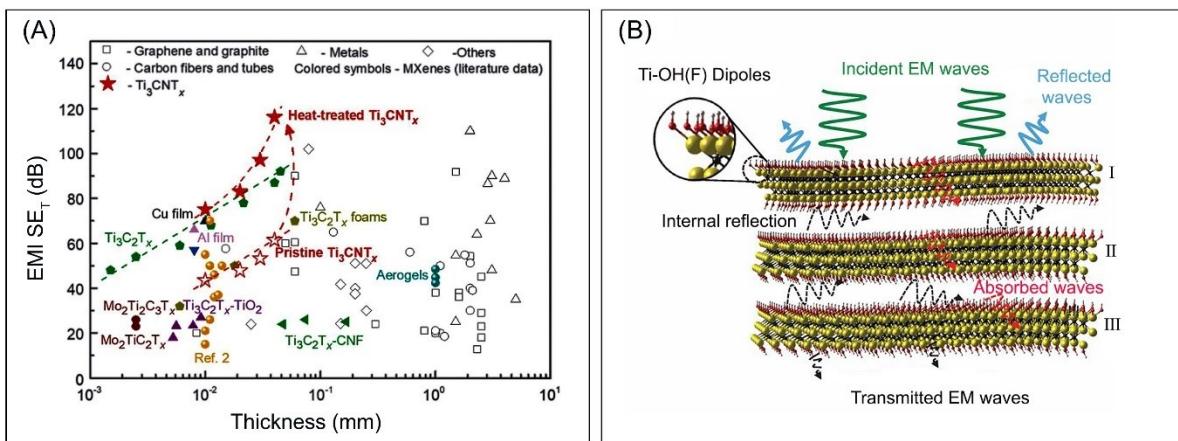
1734 Morphology of a MXene-based nanocomposite also affects its EMI shielding mechanism.  
1735 In a thin MXene-based nanocomposite film with “brick-and-mortar” morphology, there are a lot  
1736 of interfaces between MXene flakes for wave scattering and repetitive reflections. Thus, the hybrid  
1737 nanocomposite behaves as an absorption-dominant EMI shielding material <sup>133</sup>. However, multi-  
1738 layer morphology can result in the development of reflective-dominant EMI shielding materials.  
1739 Zhou et al.<sup>112</sup> made single-layer  $Ti_3C_2$ /CNF polymer nanocomposites with alternative vacuum  
1740 filtration technique and found that the EMI shielding capability of the nanocomposite depends on  
1741 the number of  $Ti_3C_2$  and CNF layers. Maximum shielding was obtained when 4 layers of  $Ti_3C_2$   
1742 and 5 layers of CNF. More than 90% of the incident EM waves were reflected right after reaching  
1743 the system due to the conductivity of the nanocomposite and the high impedance mismatch. In  
1744 fact, when the impedance mismatch in the interface of the air and the nanocomposite increases,  
1745 the chance of reflection of the EM waves from the interface increases. Zhou et al.<sup>112</sup> showed that  
1746 multilayer  $Ti_3C_2$ /polymer systems, compared with single-layer mixed  $Ti_3C_2$ /polymer systems, are  
1747 more effective in developing reflection-dominant EMI shielding materials due to increased  
1748 impedance mismatch <sup>112</sup>.

1749 In EMI shielding materials, the energy of a wave is dissipated as heat. Thus, for stable  
1750 operation, it is necessary to transfer the generated heat. As an electron and heat conductive  
1751 material,  $Ti_3C_2$  conducts both electrons and phonons efficiently. Thus, a defect-free network of  
1752  $Ti_3C_2$  in a thin nanocomposite film creates an expressway for phonon transport and increases in-  
1753 plane thermal conduction of the nanocomposite. The dissipation of EM waves as heat can  
1754 significantly increase the temperature of a shield and create the risk of burning. Thus, in addition  
1755 to thermal conductivity, an efficient EMI shielding material should possess high thermal stability  
1756 and anti-dripping properties. Fortunately,  $Ti_3C_2$  endows a  $Ti_3C_2$ /polymer nanocomposite with  
1757 excellent flame-retardancy and anti-dripping properties, as discussed before <sup>128</sup>. Thermally stable  
1758 polymer nanocomposite with a degradation temperature over 100 °C are fabricated for EMI  
1759 shielding application by mixing single-layer MXene as thermally-stable nanoparticle with PANI,  
1760 which is a conductive polymer<sup>191</sup>.

1761 Pure  $Ti_3C_2$  foams with a hydrophobic surface are introduced as excellent EMI shielding  
1762 material for working under wet condition<sup>115</sup>. Nanocomposites of single-layer  $Ti_3C_2$  and water  
1763 soluble polymers are also used as EMI shields <sup>129</sup>. An increase in the MXene content of these  
1764 nanocomposites caused improvement in their EMI shielding efficiency. Some other conductive

1765 Ti<sub>3</sub>C<sub>2</sub>/polymer nanocomposites used for EMI shielding are single-layer Ti<sub>3</sub>C<sub>2</sub>/polystyrene thin  
 1766 films<sup>148</sup>, single-layer Ti<sub>3</sub>C<sub>2</sub>/PDMS foams<sup>116</sup>, single-layer Ti<sub>3</sub>C<sub>2</sub>/epoxy<sup>192</sup>, PET fibers coated by  
 1767 single-layer PPy-functionalized Ti<sub>3</sub>C<sub>2</sub><sup>140</sup>, PVB/Ba<sub>3</sub>Co<sub>2</sub>Fe<sub>24</sub>O<sub>41</sub>/Ti<sub>3</sub>C<sub>2</sub><sup>193</sup>, single-layer  
 1768 Ti<sub>3</sub>C<sub>2</sub>/cellulose nanofiber<sup>132</sup>, Ti<sub>3</sub>C<sub>2</sub>/PEDOT:POSS<sup>194</sup>, polyaniline/Ti<sub>3</sub>C<sub>2</sub><sup>195</sup>, etc<sup>196</sup>. Graphene-  
 1769 based polyurethane composites were also developed as EMI shielding materials. However, the  
 1770 presence of less-conductive pathways (compared with MXene-conductive pathways) resulted in a  
 1771 decreased ability in EMI shielding of graphene-based material.<sup>197</sup>

1772  
 1773



1774  
 1775 Figure 17. A) Correlation between thickness and EMI shielding efficiency as well as comparison between the  
 1776 ability of Ti<sub>3</sub>C<sub>2</sub> with other materials for this application, Reproduced with permission from ref.<sup>198</sup> Copyright (2020),  
 1777 Science. B) Mechanism of internal reflection of an electromagnetic wave between three Ti<sub>3</sub>C<sub>2</sub> flakes to dissipate its  
 1778 energy, Reproduced with permission from ref.<sup>129</sup> Copyright (2016), Science.

1779

#### 1780 5.4.4 Gas Separation and Air Filtration

1781 Two-dimensional materials have evolved as building blocks for developing high performance  
 1782 membranes towards selective ion permeation, gas separation, water treatment, bio-fouling  
 1783 resistant, and nanofluidics<sup>199-203</sup>. Their sub-atomic level thickness, stacking behavior coupled with  
 1784 high structural and morphological integrity, endow them minimal transportation resistance and  
 1785 high permeation flux which are ideal for selective sieving of intercalating species<sup>204, 205</sup>.

1786 MXenes due to their layered morphology with a single-layer thickness of ~1 nm possesses  
1787 a highly active surface containing termination groups such as -O,-F,-OH and sometimes -COOH,<sup>1</sup>  
1788 <sup>206</sup> enabling strong and favorable interactions, dispersion, and stability within the incorporating  
1789 matrix. Due to its lamellar structure, the created channels in the hybrid matrix provide selective  
1790 transport of ions and particles by generating micro-pathways (Figure 18A)<sup>207</sup>. In addition, high  
1791 solubility in aqueous media along with precisely tailorabile interlayer spacing of MXene sheets can  
1792 enable the confinement of a specific molecule while allowing other species to permeate easily  
1793 through the porous inter-planar channels.

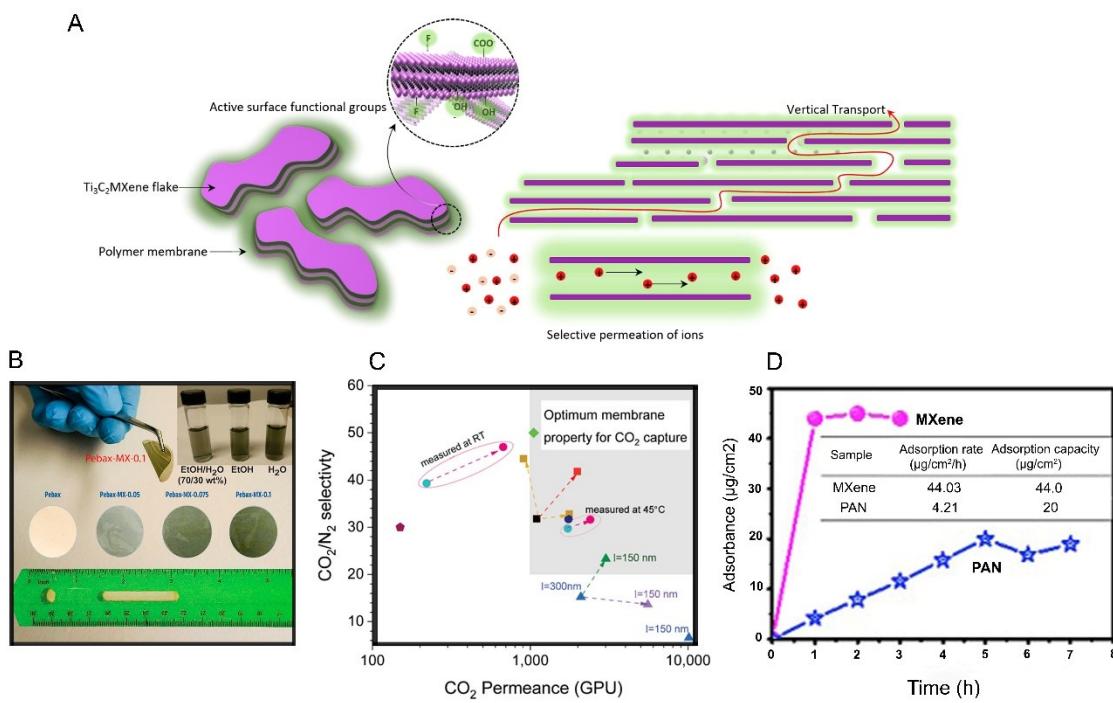
1794 MXenes' stacking behavior, tunable interlayer spacing and surface properties as discussed  
1795 earlier have created great opportunities to explore MXene-based composites for membrane  
1796 applications<sup>208</sup>. Low membrane resistance is favorable for selective separation. In addition,  
1797 MXenes' active surface can be chemically functionalized to adjust selective interaction between  
1798 species based on the nature of the permeating species. For example, membranes with reversible  
1799 carrier activity are envisioned which are capable of interacting selectively to one gas component  
1800 while allowing free permeation to other components in the mixture<sup>209</sup>.

1801 Pristine  $Ti_3C_2$  films have exhibited diffusion control mechanisms <sup>27</sup> causing molecular  
1802 sieving effects that are ideal for separation membranes. Single-layer  $Ti_3C_2$  MXene films exhibit a  
1803  $H_2$  permeability greater than 2,000 Barrer exceeding the Robeson upper bound<sup>210</sup>. In membrane  
1804 gas separation, there is always a trade-off between selectivity and permeability. The performance  
1805 (selectivity and permeability) of a membrane in separating a gas pair is evaluated relative to the  
1806 most-recent Robeson bound for the gas pair<sup>211, 212</sup>. A membranes, the separation performance of  
1807 which is above the Robeson bound is better than one with a performance below the bound<sup>212</sup>.

1808 A freestanding  $Ti_3C_2$  MXene lamellar membrane was developed to harvest osmotic power  
1809 generated by the salinity gradient. These ion-selective membranes exhibited an osmotic energy  
1810 conversion efficiency of 40% at room temperature<sup>203</sup>.  $Ti_3C_2$  MXene-based flexible polymer  
1811 hybrids (mixed matrix membranes) were developed for  $CO_2$  capture using PEBA-1657 with high  
1812  $CO_2/N_2$  permeability above 2008  $CO_2/N_2$  upper bound, Figure 18B&C <sup>213</sup>. Liu et al developed  
1813 stable, robust  $Ti_3C_2$ -based poly(ether-block-amide) (PEBA) hybrid membrane for  $CO_2$  absorption  
1814 with a  $Ti_3C_2$  loading as low as 0.15% and got permeation rates as high as ~22 GPU. In another  
1815 study, single-layer  $Ti_3C_2$  decorated PAN fibers were developed for selective trapping of

atmospheric particulates enabling a one-step air purification in-tandem to anti-bacterial functionality<sup>48</sup>. The membranes exhibited extended performance life coupled with stable structure morphology, Figure 18D. In another study, borate and polyethylenimine (PEI) molecules interlocked between  $\text{Ti}_3\text{C}_2$  MXene sheets exhibited  $\text{H}_2/\text{CO}_2$  selective transport and separation<sup>214</sup>. MXene's additional functionality as an active bacteriostatic agent can further be harnessed to integrate and develop multi-role purification and anti-biofouling functionalities for membranes in industry scale air/water treatment facilities.

1823



1824

Figure 18. A) Schematic diagram of selective permeation of species through MXene-polymer membranes. B) Flexible  $\text{Ti}_3\text{C}_2$ -PEBAX membranes exhibiting high functional stability, Reproduced with permission from ref.<sup>213</sup> Copyright (2020), American Chemical Society. C) High  $\text{CO}_2$  permeance of the membranes. D) Absorbance rates of  $\text{Ti}_3\text{C}_2$ -PAN membranes with extended performance and durability, Reproduced with permission from ref.<sup>48</sup> Copyright (2019), Elsevier.

1830

#### 1831 5.4.5 Wastewater Treatment

1832 Polymer membranes containing nanoparticles are used widely in wastewater treatment and  
1833 desalination applications<sup>215, 216</sup>. High surface hydrophilicity is favorable in such membranes as it

1834 prevents from the fouling and increases the membrane service life. Han et. al. developed a  
1835 MXene/polysulfone membrane to separate dyes and inorganic salts from water. They also reported  
1836 that dye and salt rejection rates of the membrane improve by increasing the single-layer  $Ti_3C_2$   
1837 content <sup>217</sup>. Tradeoff between membrane flux and solute rejection has been an ever-existing  
1838 challenge in alcohol-purifying membranes based on graphene and other filler materials such as  
1839 metal organic frameworks<sup>218, 219</sup>.  $Ti_3C_2$  can address this tradeoff. The addition of  $Ti_3C_2$   
1840 to polyethyleneimine is practiced to develop membranes for purifying alcohol-based mixtures.  
1841 The presence of  $Ti_3C_2$  facilitates the transport of alcohol through the membrane thanks to its  
1842 surface hydroxyl groups and, at the same time, blocks the transport of solutes with molecular  
1843 weight cut off 200 Da. <sup>220</sup>.

1844 The development of MXene/polymer hybrid materials for membrane applications is  
1845 relatively new which provides a large scope for future development. In a recent study, flexible and  
1846 structurally stable single-layer  $Ti_3C_2$ -cellulose photothermal membranes exhibited near 100%  
1847 efficiency in inhibiting bacterial growth and showed efficient solar-driven water evaporation<sup>221</sup>.  
1848 The inherently strong interactions between a  $Ti_3C_2$  and cellulose fibers enable a synergistic  
1849 coupling of flexibility without the loss of the membrane's functional integrity which envisions an  
1850 easily scalable and sustainable fabrication process for long-term wastewater treatment  
1851 technologies.

1852 To remove nitro compound pollutants from wastewater, nanofiber of  
1853 PVA/PAA/ $Fe_3O_4/Ti_3C_2@AgNP$  are produced by electrospinning process.  $Ti_3C_2@AgNP$  here  
1854 means  $Ti_3C_2$  nanosheets containing silver nanoparticles on their surface. This nanocomposite  
1855 nanofiber is capable to catalytically reduce 4-nitrophenol and 2-nitroaniline which are two well-  
1856 known nitro compound pollutants. The presence of  $Fe_3O_4$  endows single-layer  $Ti_3C_2$  with magnetic  
1857 properties and recyclability <sup>131</sup>.

#### 1858 5.4.6 Textile Engineering

1859 Wearable electronics, energy storage devices, and sensors are some applications of  
1860 MXenes in textile engineering. MXenes let the production of multifunctional fibers which are  
1861 conductive, water repellent and possess exceptional EMI shielding. In addition, such fibers and  
1862 mats can have excellent Joule heating performance to create heat by applying an electrical voltage  
1863 to them. These multifunctional textiles, for example, can be used to produce cloth for a pregnant

1864 woman who concerns to protect her fetus from detrimental microwaves radiations. Wearable  
1865 heaters for self-heating garments, thermotherapy and sensor fabrics are some areas that these  
1866 multifunctional textiles can be used<sup>140, 158</sup>.

1867 PET is a polymer which is used widely for fiber manufacturing and its combination with  
1868 MXenes can lead to the development of multifunctional textiles. To improve interactions between  
1869 PET and Ti<sub>3</sub>C<sub>2</sub>, Wang et al. polymerized pyrrole between Ti<sub>3</sub>C<sub>2</sub> layers to prepare a stable  
1870 conductive single-layer Ti<sub>3</sub>C<sub>2</sub> ink<sup>140</sup>. PPy creates additional polar groups on Ti<sub>3</sub>C<sub>2</sub> surface and  
1871 improves the adhesion of Ti<sub>3</sub>C<sub>2</sub> to PET. Next, PET fibers were coated by this ink through repetitive  
1872 dip coating process. Finally, to change hydrophilic fibers into hydrophobic counterparts, a silicon  
1873 coating was applied on the Ti<sub>3</sub>C<sub>2</sub>-containing PET fibers again by dip coating process. Compared  
1874 with hydrophilic fibers, hydrophobic ones can keep their performance in humid environments for  
1875 a long time and protect their sensitive components, like MXenes, from oxidation and degradation  
1876<sup>140</sup>. Hydrophobic fibers not only work for a long time, but also are durable against repetitive  
1877 washing with detergents. In addition, they keep their breathability even though a hydrophobic  
1878 coating, like silicon, is applied on their surface. Regarding the combination of a MXene and PET  
1879 in textile engineering, single-layer Ti<sub>3</sub>C<sub>2</sub>/PEO nanofibers coated on a PET yarn were developed  
1880 for supercapacitor applications. Such yarn supercapacitors with excellent flexibility, strength and  
1881 high-power density can be used in wearable energy storage devices<sup>152</sup>.

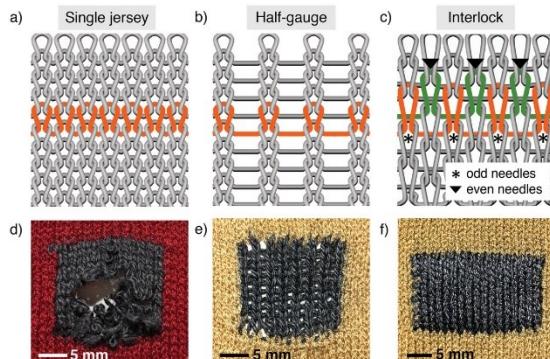
1882 Having low mechanical properties is one of the challenges in producing MXene-based  
1883 nanofibers. To overcome this problem, it is possible to add another filler to MXene/polymer  
1884 mixture for reinforcing of the system. For example, mechanical properties of Ti<sub>3</sub>C<sub>2</sub>-based PVA  
1885 nanofibers produced by electrospinning were improved by the addition of CNC. In fact, when two  
1886 fillers are used in a polymer matrix simultaneously, tailoring of electrical, mechanical and thermal  
1887 properties is much easier compared with the time that just one filler is used. As both CNC and  
1888 MXene are fillers with high aspect ratio, both have the chance of self-orientation along the fiber  
1889 axis. Thus, their simultaneous presence not only improves mechanical properties of the nanofiber  
1890 significantly, but also enhances its thermal stability without impairing flexibility. These excellent  
1891 set of properties introduce multilayer Ti<sub>3</sub>C<sub>2</sub>/CNC/PVA nanofibers for flexible and wearable energy  
1892 storage devices<sup>153</sup>.

1893 Flexibility of Ti<sub>3</sub>C<sub>2</sub>-containing fibers is very important as they are supposed to be knitted  
1894 by industrial knitting machines. Fibers undergo higher tension and bending stresses when are

1895 knitted by industrial machines, compared with hand knitting. Figure 19 shows three usual patterns  
1896 of fiber knitting where each one needs a different level of fiber flexibility. For example, Single  
1897 jersey knitting pattern needs the highest fiber flexibility while half gauge pattern needs the lowest  
1898 one. It is possible to adjust the flexibility of MXene-containing fibers by changing the size of the  
1899 incorporated MXene flake. Usually, fibers coated with bigger MXene flakes show higher  
1900 conductivity/lower flexibility and vice versa. As a result, when both conductivity and flexibility  
1901 matter, a fiber can be coated with a mixture of small and large MXene flakes to possess both  
1902 flexibility and conductivity in an acceptable level. In addition, great attention should be paid to  
1903 knitting method. Less-flexible fibers cannot be knitted through Single jersey pattern which needs  
1904 the bending of fibers with short bending radius; however, they can usually withstand bending and  
1905 tension stresses exerted by other knitting patterns like half-gauge and interlock, Figure 19<sup>144</sup>.

1906

1907



1908

1909 Figure 19. Different knitting patterns: single jersey (a, d), half-gauge (b, e), and interlock (c, f), Reproduced with  
1910 permission from ref.<sup>144</sup> Copyright (2019), Wiley Online Library.

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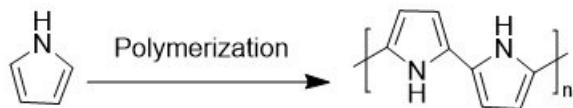
## 1912 5.5 Electrochemical Activity

### 1913 5.5.1 Supercapacitors

1914 The advent of MXenes has further advanced the battery and supercapacitors technologies.  
1915 A combination of a MXene and a conductive polymer, like MXene/PPy one, is usually used for  
1916 supercapacitor applications. The advantage of MXene/conductive polymer nanocomposites is  
1917 addressing of the tradeoff between transport properties and charge storage capability of a  
1918 supercapacitor<sup>222</sup>. In-situ electrochemical polymerization technique can be used to synthesize a  
1919 nanocomposite thin film of MXene/conjugated conductive polymer. The electrochemical

1920 polymerization in the presence of a MXene can be carried out for polymerization of different  
1921 organic monomers and the produced nanocomposites can be used in mobile power supplies, micro-  
1922 portable electronic and electromechanical systems<sup>223</sup>.

1923 PPy homopolymer has intrinsic flexibility as well as high electrochemical activity,  
1924 however, suffers from low capacitance and limited charging/discharging cycling stability.  
1925 Intercalation of PPy chains between MXene flakes overcomes these problems<sup>224</sup>. To efficiently  
1926 intercalate MXene, pyrrole is polymerized between MXene layers by the electrochemical  
1927 polymerization mechanism:



1931 Like the polymerization of pyrrole, the polymerization of PANI occurs between  $Ti_3C_2$  MXene  
1932 layers. The in-situ polymerization of PANI allows the development of bendable, and foldable  
1933 electrodes for the fabrication of all-solid-state supercapacitor<sup>225</sup>.

1934 MXenes have been used widely as anodes in supercapacitors, while their usage as a cathode  
1935 has been limited due to the risk of oxidation in this electrode. To overcome this problem and  
1936 develop a high-performance supercapacitor, an asymmetric structure with MXene as negative  
1937 electrode and MXene/PANI nanocomposite as the positive electrode of the supercapacitor was  
1938 introduced<sup>226</sup>. This novel positive electrode showed a volumetric capacitance of  $1,632 \text{ F CM}^{-3}$   
1939 and a rate capability of  $827 \text{ F CM}^{-3}$  at  $5,000 \text{ mV s}^{-1}$  which are among the highest ever-reported  
1940 values. The asymmetric supercapacitor made from this MXene/PANI positive electrode and pure  
1941 MXene negative electrode showed a high energy density of  $50 \text{ Wh L}^{-1}$  and a power density of  $127$   
1942  $\text{KW L}^{-1}$ <sup>226</sup>.

1943 Recently a nice review paper on MXene-based supercapacitors was published by Hu et. al.  
1944<sup>227</sup>. The review discusses different topics including charge storage mechanisms in aqueous and  
1945 non- aqueous media, and the effects of surface chemistry of MXene and the structure of the  
1946 MXene- containing electrodes on the performance of the supercapacitor. Other topics like MXene-  
1947 containing symmetric supercapacitors, asymmetric supercapacitors, microsupercapacitors, and  
1948 transparent supercapacitors are also discussed. Covered in this review paper are also  
1949 MXene/polymer composites used for supercapacitor fabrication. Other examples of  
1950  $Ti_3C_2$ /polymer nanocomposites used for energy storage are  $Ti_3C_2$ /polysulfide<sup>228</sup>,  $Ti_3C_2$ /poly(3,4-

1951 ethylenedioxythiphene),  $Ti_3C_2/PDT^{137}$ ,  $Ti_3C_2/PANI/CCG^{106}$ , and  $Ti_3C_2/PVA$  as on-chip micro-  
1952 supercapacitors<sup>229</sup>. Another recent review on MXene-based nanocomposites for rechargeable  
1953 batteries and supercapacitors is Ref.<sup>230</sup>, which is worth reading, as it extensively discusses  
1954 MXene/carbon nanocomposites, MXene/metal oxide/sulfide nanocomposites, MXene/metal  
1955 nanocomposites.

1956 **5.5.2 High Dielectric Materials**

1957 High dielectric materials are used in semiconducting industry to replace silicon dioxide. In this  
1958 context, an ideal material is the one which stores a lot of electrical charges with minimum loss. To  
1959 successfully develop a material with high dielectric constant, high dielectric permittivity and low  
1960 dielectric loss are required. The former demonstrates the ability of a material to store electrical  
1961 charge and the latter represents how dissipated a material is with respect to an external electric  
1962 field.

1963 Single-layer  $Ti_3C_2/PVA$  nanocomposite has shown extremely high dielectric constant,  
1964 because  $Ti_3C_2$  is a conductive nanoparticle and disperses well in PVA matrix. The good dispersion  
1965 of  $Ti_3C_2$  causes the formation of a network of nanocapacitors. High conductivity of  $Ti_3C_2$  also  
1966 causes a significant electrical conductivity disparity between the MXene and PVA, which  
1967 increases interfacial polarization. If MXene sheets align perfectly in a way to face each other  
1968 completely, a larger surface and consequently a larger network of nanocapacitors can be formed,  
1969 compared with random orientation. This provides the chance of storing a huge amount of electrical  
1970 charge. Every manufacturing technique which increases the alignment of MXene flakes to face  
1971 each other completely, creates a nanocomposite with higher dielectric constant. This is the reason  
1972 that under similar composition, single-layer  $Ti_3C_2/PVA$  nanocomposites made from vacuum  
1973 filtration show higher dielectric constant compared with the ones made from solution casting<sup>124</sup>.  
1974 It is very important to mention that the formation of a network of nanocapacitors by MXene flakes  
1975 is favorable here. However, the formation of a conductive network by MXene flakes in the polymer  
1976 matrix must be avoided extremely as it causes the leakage of electrical charge. The presence of an  
1977 insulator polymer between MXene flakes prevents from charge leakage. To avoid charge leakage,  
1978 it is also important to keep the loading content of MXene lower than its percolation threshold. A  
1979 “brick-and-mortar” morphology, containing no inter-connected network of MXene flakes is  
1980 favorable here.  $Ti_3C_2/PVA$  nanocomposite films with 10 wt.% single-layer  $Ti_3C_2$  obtained by

1981 solution casting and vacuum filtration have been reported to have dielectric constants of 371 and  
1982 3166, respectively<sup>124</sup>. These dielectric constant values highlight the importance of MXene  
1983 orientation in a polymer matrix. As another example, the addition of  $Ti_3C_2$  to PVDF has been  
1984 reported to increase dielectric permittivity significantly<sup>231</sup>.

1985 **5.5.3 Artificial Muscles and Actuators**

1986 Electroactive polymers are used as actuators and artificial muscles. In these systems, stored  
1987 electrical energy is converted into mechanical deformation. To work as an actuator, a material  
1988 should have acceptable bending strength, quick response time, long service life in air as well as  
1989 low driving voltage. Each actuator consists of three parts including an electrolyte and two  
1990 electrodes. An ionic polymer membrane can be used as the electrolyte which is sandwiched  
1991 between two conductive electrodes<sup>232</sup>.

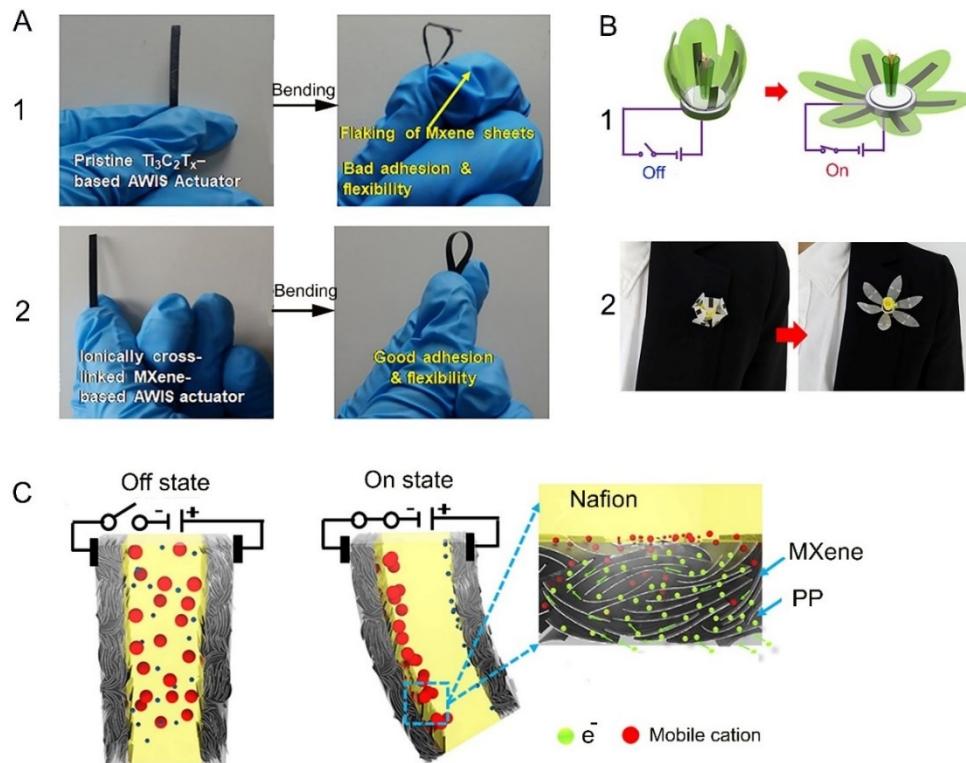
1992 MXenes have enough electrical conductivity to be used as an electrode. However, its low  
1993 stretchability limits its application in actuators. To overcome this problem, polymers like PP are  
1994 mixed with a MXene. The polymer ionically bonds to MXene surface and causes its intercalation.  
1995 This hybrid structure has fast charge transport as well as ion intercalation/de-intercalation ability  
1996 with improved stretchability, rendering this so-called ionically-crosslinked  $Ti_3C_2/PP$   
1997 nanocomposite an excellent material for electrode fabrication of actuators. The polymer is able to  
1998 establish hydrogen bonds with oxygen and hydroxyl groups on the surface of the  $Ti_3C_2$ , and to  
1999 work as a pillar to prevent from the restacking of  $Ti_3C_2$  flakes. It can also facilitate reversible  
2000 transportation of electrons and ions between the electrolyte and the electrodes<sup>232</sup>.

2001 Actuators made with Nafion as the electrolyte and a mixtures of  $Ti_3C_2:PP$  (1:2 wt.) as an  
2002 electrode were fabricated<sup>232</sup>. They showed 1.37% bending strain when they were subjected to 1  
2003 V. To develop durable actuators, adhesion between the electrolyte and the electrodes is important.  
2004 A pristine MXene film as electrode does not make a good adhesion with the electrolyte. However,  
2005 its hybrid nanocomposite with PP showed significant adhesion to the electrolyte which lets the  
2006 actuator to keep its functionality even after 18000 bending cycles<sup>232</sup>. Figure 20A shows that the  
2007 actuator made from a pristine MXene cannot tolerate manual bending while the actuator made  
2008 from  $Ti_3C_2/PP$  electrode undergoes bending without mechanical degradation.

2009 Different nanoparticles like GO<sup>233</sup> and carbon nanotube<sup>234</sup> can be also used for actuator  
2010 manufacturing. However,  $Ti_3C_2$  is superior to other nanoparticles for actuator development due to

2011 its high capacitance. It is important to know that the magnitude of the bending deformation and  
 2012 the response time of ionic actuators are directly proportional to the capacitance of electrodes.  
 2013 MXene-based actuators show high energy transduction which is defined as the ratio of received  
 2014 electrical energy to generated mechanical energy. To show a few applications, artificial flowers  
 2015 made from  $Ti_3C_2$ -based actuators are displayed in Figure 20B. Similar to the blooming of a real  
 2016 flower, applying of an electrical current can open the artificial flower. It is also interesting to know  
 2017 that under voltage 2 (V), this actuator generates a force which is 28 times higher than its weight  
<sup>232</sup>. Figure 20C shows the driving force of the bending. Higher ion migration and faster charge  
 2019 transfer cause larger bending strain in the actuator. Under an applied voltage, the  $Ti_3C_2$ -based  
 2020 electrode intercalates with a higher number of cations on the cathode size of the actuator. This  
 2021 increases the  $Ti_3C_2$  interlayer distance, causes swelling of the electrode, and bends the actuator<sup>232</sup>.

2022



2023

2024 Figure 20. A) Pristine  $Ti_3C_2$  as electrode does not have enough adhesion to electrolyte to make a mechanically stable  
 2025 actuator against bending (1). However, its nanocomposite with PP improves its adhesion and makes it possible to  
 2026 fabricate an actuator with bending ability (2). B)  $Ti_3C_2$ -based artificial flower blooms like a real flower upon  
 2027 connection of electrical current (1) and can be mounted on a coat for decoration (2). C) Ion migration is the driving  
 2028 force for the bending of an actuator, Reproduced with permission from ref.<sup>232</sup> Copyright (2019), Science.

2029

2030 **5.6 Biocompatibility**

2031 Like graphene, MXenes are bio-compatible nanomaterials. Consequently, their applications in  
2032 biomedical areas are expanding, thanks to their large surface area, cytocompatibility, good  
2033 adhesion for cell proliferation, tunable surface chemistry, and high absorbance in near-infrared  
2034 region<sup>235</sup>. MXene/polymer nanocomposites are widely used in nanomedicine due to their  
2035 synergistic antibacterial properties, excellent light-to-heat conversion, selectivity, and stimuli-  
2036 responsiveness toward malignant cells. Recently, two review papers discussing the applications of  
2037 MXene/polymer nanocomposites in medicine science were published<sup>235, 236</sup>. Below we briefly  
2038 review some applications of MXene/polymer nanocomposites in biomedicine area.

2039 MXene/polymer nanocomposites are used as antimicrobial agents. It is reported that 2D  
2040 nanoparticles improve cell membrane permeability, damage membrane cell by their sharp edges,  
2041 and destroy the DNA of bacteria<sup>237</sup>. Compared with other 2D nanosheets, Ti<sub>3</sub>C<sub>2</sub> has outstanding  
2042 antibacterial properties even better than GO due to its high electrical conductivity, which causes  
2043 better interaction with the cell membrane. Ti<sub>3</sub>C<sub>2</sub> oxidation causes the formation of TiO<sub>2</sub> which is  
2044 also a well-known antibacterial agent<sup>38</sup>. MXene's ~100% light-to-heat conversion efficiency as  
2045 well as its high thermal stability compared with organic materials enable MXene/polymer  
2046 nanocomposites to be used as a photothermal agent for cancer treatment. Recent studies have  
2047 explored mono-elemental 2D materials based on borophene, silicene, germanene, stanene,  
2048 phosphorene, arsenene, antimonene, bismuthene, selenene, gallene, and tellurene, which are  
2049 chemically tractable materials for cancer nanomedicine<sup>238</sup>. MXene-based polymer  
2050 nanocomposites in-tandem with other mono-elemental materials such as germanene have  
2051 potentials towards clinical translation in near future<sup>239-241</sup>. In a research by Xing et. al.<sup>114</sup>, a  
2052 Ti<sub>3</sub>C<sub>2</sub>/cellulose hydrogel was used as an anticancer treatment. The hydrogel attacked the tumor  
2053 cells by two different mechanisms of photothermal and chemotherapy activities. As a  
2054 chemotherapy approach, an anticancer drug was loaded to the hydrogel where its in-vivo  
2055 controlled release was also possible. As a photothermal approach, irradiation of near infrared light  
2056 let Ti<sub>3</sub>C<sub>2</sub> to generate heat locally in the vicinity of tumor cells and fortunately malignant cells are  
2057 vulnerable against the generated heat. Given that, the photothermal efficacy of the Ti<sub>3</sub>C<sub>2</sub>/cellulose  
2058 hydrogel is dependent on light irradiation duration, laser power, and the amount of the Ti<sub>3</sub>C<sub>2</sub> in the  
2059 hydrogel. In addition, the light irradiation helped the chemotherapy approach by faster drug release

2060 under near infrared light irradiation. In fact, the pores of the hydrogel storing the drug in  
2061 themselves expand under light irradiation and release more drug over time<sup>114</sup>.

2062 Drug delivery is another area in which MXene/polymer nanocomposites have been used.  
2063 As  $Ti_3C_2$  has negative surface charge, drugs with positive surface charge can attach to it. A polymer  
2064 with negative surface charge is usually coated on drug-loaded MXene flakes to protect it during  
2065 circulation in bloodstream. The drug-loaded MXene has been reported to be pH and temperature  
2066 responsive. Fortunately, tumor cells have a lower pH compared with healthy cells. Thus, pH  
2067 responsive materials like MXene/polymer nanocomposites can distinguish healthy cells from  
2068 malignant counterparts to deliver the drug to the target cells.  $Ti_3C_2$ -based polyacrylamide  
2069 hydrogels are found as excellent drug carrier as a high amount of drug can be loaded to them. The  
2070 hydrogels also show high drug release rate compared with the conventional polyacrylamide  
2071 hydrogels with no  $Ti_3C_2$ . Uniform porous structure as well as high water-uptake of  $Ti_3C_2$ -based  
2072 hydrogels are the main reasons for such excellent drug carrier properties. In addition, conductive  
2073 MXene-based polyisopropyl acrylamide hydrogels show a LCST around 34 °C which is a great  
2074 property for drug delivery. The latter is used as photothermal agent for drug delivery and cancer  
2075 treatment<sup>100</sup>.

2076 In addition to drug delivery, MXene-based nanocomposites have found applications in  
2077 bioimaging and bone regeneration<sup>236</sup>. Following are some other examples showing  
2078 MXene/polymer nanocomposite applications in the areas of health and medicine science.  
2079 MXene/PVDF membranes as antibacterial surfaces<sup>242</sup>, MXene/Polyoxometalates for tumor cell  
2080 eradication<sup>243</sup>, MXene/Polycaprolactone with hydrophilicity, protein absorption and cell viability  
2081 for bone tissue engineering, cancer therapy and wound dressing<sup>96</sup>.

## 2082 **5.7 Other Properties**

### 2083 **5.7.1 Mechanical Dampers**

2084 Having excellent reversible compressibility is a necessary condition for a material to work as a  
2085 damper.  $Ti_3C_2/PI$  aerogels have shown excellent reversible compressibility even under large  
2086 strains up to 80%. After such large deformations, MXene/PI aerogel returns to its original shape,  
2087 while keeping its robust structure. The aerogel shows energy loss upon deformation which is  
2088 required for a good damper. For example, under a strain deformation of 80%, an energy loss  
2089 coefficient of 80% was observed. High reversible compressibility and excellent damping

2090 capability nominate  $Ti_3C_2/PI$  aerogel as an appropriate material for shock absorption. When a piece  
2091 of this damper is attached on back side of a glass slide, the protected glass can withstand against a  
2092 mechanical strike exerted by a pendulum. However, the removal of the damper causes the fracture  
2093 of the un-protected glass upon the same strike. In addition, the intensity and extent of the  
2094 pendulum's return after strike are significantly lower in the presence of the damper. This shows  
2095 excellent ability of the damper in energy dissipation<sup>119</sup>. It is also worth mentioning that the aerogel  
2096 is very deformable and superlight that can stand on top of the dandelion. It has exceptional fatigue  
2097 resistance as showed just 7% volume deformation after 1000 loading-unloading cycles at a fixed  
2098 strain 50%. In addition to good reversible compressibility, the aerogel showed acceptable  
2099 reversible stretchability below 20% strain. Thus, it can be concluded that reversible  
2100 compressibility of a material can be different from its reversible stretchability<sup>119</sup>.

2101

## 2102 **5.7.2 Data Storage and Flash Memories**

2103 MXene quantum-dots are tiny MXene flakes with a size of about 3 nm.  $Ti_3C_2$  quantum-dots can  
2104 be produced by carrying out the following steps<sup>138</sup>: disperse a multilayer  $Ti_3C_2$  powder in water;  
2105 add a very small amount of ammonia (1-2 drop per 0.3 gr MXene in 20 ml water) to the mixture;  
2106 and let the mixture undergoes a hydrothermal process at 100 °C for 6 hours. The  $Ti_3C_2$  quantum  
2107 dots obtained with this method are less than 10 nm in lateral size and show higher hydrophilicity  
2108 as well as a higher edge effect compared with the pristine  $Ti_3C_2$ . Quantum dot  $Ti_3C_2$ , which  
2109 contains the same F, O and OH surface groups, disperses in solvents like ethanol<sup>138</sup>.

2110 Similar to MXenes, MXene quantum dots (MQDs) disperse easily in aqueous solutions  
2111 containing water-soluble polymers. For example, Quantum dot  $Ti_3C_2$  can be dispersed in a PVP  
2112 matrix finely. It is possible to adjust the conductivity of this MQD/PVP by changing the amount  
2113 of MQDs in the system. In fact, this system can show insulator, irreversible resistive switching,  
2114 reversible resistive switching and conductor behavior with increased amount of MQD in the  
2115 system. These materials with irreversible resistive switching property show write-once-read-many  
2116 times effect and materials with reversible resistive switching property benefit from Flash Memory  
2117 effect. These features suggest MQD-based polymeric nanocomposites as secure data storage  
2118 materials<sup>138</sup>.

2119 **6 Risk Assessment of MXene/Polymer Nanocomposites**

2120 In every technology, process safety is of prime importance. Despite advances in process safety and  
2121 the introduction of increasing tighter safety regulations, more than 50 serious incidents happened  
2122 in the U.S. over the past ten years<sup>244</sup>. Product safety is also of great importance, as the users of a  
2123 product and the environment should not be harmed by the product. Risk assessment allows for  
2124 identifying and evaluating process and product safety risks.

2125 Although MXene/polymer nanocomposite devices provide a lot of benefits, their production  
2126 and usage cannot be risk-free to human health, equipment, or the environment. Risks associated  
2127 with each step of MXene synthesis and MXene/polymer nanocomposite fabrication can be  
2128 summarized as follows. The first step is the synthesis of a MAX phase. Aluminum, titanium,  
2129 titanium carbide or graphite that are used in the MAX phase synthesis are combustible powders.  
2130 Thus, there is a risk of dust explosion. The risk of the dust explosion increases, as the particle size  
2131 of the raw materials decreases<sup>245</sup>. After sintering of the powders to prepare the MAX phase, a  
2132 milling step is required to convert the bulk material to a powder. Here again dust inhalation and  
2133 dust ignition risks exist. To overcome these risk factors, powders should be handled in a gentle  
2134 way to prevent their release into the environment, and any static charge generation should be  
2135 avoided. It is also advantageous to work in an inert environment like argon to avoid oxygen, which  
2136 is an essential element for explosion and fire<sup>245</sup>.

2137 MXene synthesis itself starts by the direct addition of HF to MAX phase or in-situ generation  
2138 of the acid by a mixture like LiF/HCL. HF is very corrosive and dangerous to human health. If it  
2139 comes into contact with a human's tissue, it can degrade it and even dissolve the bone. In addition,  
2140 HF used for the synthesis of MXene can create a great risk for metal-based and glass-based  
2141 instruments. HF can dissolve and damage any glassy or metallic part of an instrument that comes  
2142 into contact with HF during MXene synthesis. Heat, hydrogen gas, and water vapor which are  
2143 generated during etching a MAX phase are other sources of possible incidents. Hydrogen is highly  
2144 flammable and its generation rate should be determined especially if the etching process is going  
2145 to be scaled up. A MAX phase should be added to an etchant solution at a very slow rate, as the  
2146 reaction is very exothermic [etching of one gram of  $Ti_3AlC_2$  releases 9.12 kJ heat]. For example,  
2147 when 500 gr of the MAX phase is suddenly added to an etchant solution, the reaction medium  
2148 temperature can increase up to 270 °C<sup>245</sup>.

2149 Moreover, a large amount of acidic wastewater is produced during MXene synthesis. These  
2150 are the waters that are used for washing of the etched MAX phase to increase the pH of the medium  
2151 to neutral one around 6~7. As an estimation, for each gram of MXene production, near 1 litter of  
2152 water is needed for washing out the acid. As a result, a large amount of water is consumed for  
2153 MXene synthesis and consequently a great amount of acidic wastewater is generated which needs  
2154 appropriate treatment and disposal procedures.

2155 For the fabrication of some MXene/polymer systems, solvent exchange is required. Thus,  
2156 water should be replaced with an organic solvent, as many polymers are not water soluble. This  
2157 process involves the evaporation of water and then redispersion of solid MXene in an organic  
2158 solvent by sonication. Sound waves generated during the sonication process can be dangerous to  
2159 humans<sup>246</sup>. The added organic solvent to dissolve the polymer is then removed during the  
2160 MXene/polymer nanocomposite fabrication process. This removal can be through evaporation,  
2161 interacting with a non-solvent, etc. Regardless of the solvent removal method, a release of an  
2162 organic solvent to the environment happens. This is detrimental to the environment.

2163 MXene/polymer nanocomposite devices can cause some risks to humans and the environment  
2164 as well. Wearable MXene/polymer heaters that are worn by a person may cause burning. These  
2165 devices generate heat by applying a voltage or receiving sunlight. Exceeding safe voltage may be  
2166 very dangerous to the person by the generation of a lot of heat. Wastewater membranes that include  
2167 a MXene on their structure may release the MXene over time. The effect of the leached MXene  
2168 on marine animals is not understood and needs to be studied. Another possible risk in  
2169 MXene/polymer nanocomposite devices exist when they are used as electromagnetic interference  
2170 shields. In this application, the device dissipates the energy of a wave by converting it to heat.  
2171 Although MXenes have good thermal conductivity and heat stability, a significant accumulation  
2172 of heat may lead to burning of the device. These are just some examples of the possible risks  
2173 associated with MXene/polymer nanocomposite devices and should be addressed before  
2174 introducing these devices to the market.

2175 As MXenes have some properties similar to GO, a risk analysis of GO can give some hints on  
2176 possible risks of MXene and MXene/polymer nanocomposite devices. Fadeel et al.<sup>247</sup> recently  
2177 have published a paper on environmental and health risks of graphene-based materials. With  
2178 respect to health risks, they discussed interaction of immune system of a human with graphene-  
2179 based materials, the effects on reproductivity and pregnant women, biodegradation of graphene-

2180 based materials, and dermal effects of graphene-based materials, as well as their effects on central  
2181 nervous system. Pulmonary effects, cardiovascular effects, and gastrointestinal effects are some  
2182 other health-related risk factors discussed by Fadeel et al.<sup>247</sup> With respect to environmental risks,  
2183 the effect of graphene-based materials on bacteria, photoautotrophs, seed plants, invertebrates,  
2184 vertebrates, and ecotoxicology are discussed. Occupational exposure to graphene-based materials  
2185 is also discussed by them. All of these risk assessments may be required for MXene-based  
2186 materials and should be carried out by researchers in this field.

2187

## 2188 7 Challenges and Future Outlook

2189 This review discussed the development, synthesis, and applications of  $Ti_3C_2$  MXene-based  
2190 polymer composites.  $Ti_3C_2$  MXene has diverse yet tailorable surface chemistries, tunable flake  
2191 size, and high electrical and thermal conductivities. Coupled with its unique surface morphology,  
2192 high aspect ratio, and solvent stability across a range of solvents, it has huge potential to be  
2193 incorporated into polymer hybrids and heterostructures for various applications. Furthermore, the  
2194 ability to modify the surface chemistry during the initial stages of synthesis process enables its  
2195 synergistic coupling with polymers via conventional facile synthesis routes such as wet/melt  
2196 processing, and coating. In addition, grafting or impregnation with functionalized nanoparticles  
2197 have great potential for applications ranging from targeted drug delivery, energy storage, wearable  
2198 heaters, self-healing coatings to developing nano-pesticide systems due to their high load carrying  
2199 capacities (high volume ratios). However, developing robust MXene/polymer nanocomposites  
2200 requires a better understanding on the impact of the filler material with the polymer chain  
2201 conformation, mobility, and the degree of chain ordering. Functionalization routes based on  
2202 covalent and non-covalent interactions may lead to the emergence of hybrids, which are  
2203 sustainable and scalable for transition to industrial applications. Methods to diminish aggregation  
2204 and clumping inherent to polymers matrix phases, to achieve uniform distribution of the filler is a  
2205 challenge yet to be addressed. It is anticipated that a uniform distribution of MXenes in the matrix  
2206 will facilitate isotropic material behavior with improved lifetimes and become the next generation  
2207 of functional nanocomposite material along with other two-dimensional material hybrids.  
2208 Development of responsive polymer matrixes with MXene filler have great potential for  
2209 implementation in smart technologies such as intelligent membrane separation systems, adaptive

2210 sensors, and multi-modal electronic switches. However, some properties of MXenes such as the  
2211 control of interlayer spacing, surface terminations, and selective chemical activity require further  
2212 investigation.

2213

2214

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2223

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