

1 **Evolution and transformation of the North Icelandic**
2 **Irminger Current along the north Iceland shelf**

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9 **Key Points:**

- 10 • While propagating clockwise around north Iceland, the North Icelandic Irminger
11 Current cools and freshens mainly because of lateral mixing.
12 • Baroclinic instabilities result in locally enhanced eddy kinetic energy over the slope
13 northeast of Iceland.
14 • Dense water forms only sporadically on the north Iceland shelf; a significant con-
15 tribution to the Denmark Strait overflow is questionable.

Abstract

The North Icelandic Irminger Current (NIIC) flowing northward through Denmark Strait is the main source of salt and heat to the north Iceland shelf. We quantify its along-stream evolution using the first high-resolution hydrographic/velocity survey north of Iceland that spans the entire shelf, along with historical hydrographic measurements as well as data from satellites and surface drifters. The NIIC generally follows the shelf break. Portions of the flow recirculate near Denmark Strait and the Kolbeinsey Ridge. The current's volume transport diminishes northeast of Iceland before it merges with the Atlantic Water inflow east of Iceland. The hydrographic properties of the current are modified along its entire pathway, predominantly because of lateral mixing with cold, fresh offshore waters rather than air-sea interaction. Progressing eastward, the NIIC cools and freshens by approximately $0.3\text{ }^{\circ}\text{C}$ and $0.02\text{--}0.03\text{ g kg}^{-1}$ per 100 km, respectively, in both summer and winter. Dense-water formation on the shelf is limited, occurring only sporadically in the historical record. The hydrographic properties of this locally formed water match the lighter portion of the North Icelandic Jet (NIJ), which emerges northeast of Iceland and transports dense water toward Denmark Strait. In the region northeast of Iceland, the NIIC is prone to baroclinic instability. Enhanced eddy kinetic energy over the steep slope there suggests a dynamical link between eddies shed by the NIIC and the formation of the NIJ, as previously hypothesized. Thus, while the NIIC rarely supplies the NIJ directly, it may be dynamically important for the overturning circulation in the Nordic Seas.

Plain Language Summary

The North Icelandic Irminger Current (NIIC) impacts the Icelandic climate and ecosystem by transporting salt, heat, and nutrients onto the north Iceland shelf. It also contributes to the large-scale “overturning circulation” whereby warm water flowing northward in the surface layer is cooled, sinks, and returns to the south at depth. We use a multitude of observational data, including the first high-resolution shipboard survey of temperature, salinity, and velocity that spans the entire north Iceland shelf, to study changes in the NIIC's properties and transport along the current's pathway. The NIIC progresses clockwise along the edge of the shelf around north Iceland. It cools and freshens along the way as it mixes with offshore waters from the Iceland Sea. On the shelf, wintertime heat loss to the atmosphere also cools and densifies the water. However, these locally formed dense waters contribute very little to the dense water that participates in the large-scale overturning circulation.

1 Introduction

Warm, saline Atlantic Water flowing northward into the Nordic Seas and the Arctic Ocean constitutes the northern extremity of the upper limb of the Atlantic Meridional Overturning Circulation (AMOC). Extensive heat loss to the atmosphere in the Nordic Seas cools the inflow. The resulting dense water returns southward at depth and passes through gaps in the Greenland-Scotland Ridge into the deep North Atlantic. This water mass transformation is of key importance to the AMOC, which impacts Earth's climate by transporting heat poleward (Chafik & Rossby, 2019; Årthun et al., 2018; Tsubouchi et al., 2021).

The Atlantic Water crosses the Greenland-Scotland Ridge in Denmark Strait, at the eastern and western sides of the Iceland-Faroe Ridge, and in the Faroe-Shetland Channel (Fig. 1; e.g., Helland-Hansen & Nansen, 1909; Østerhus et al., 2019). The inflow branches to the east of Iceland collectively account for most of the Atlantic Water volume transport across the ridge (Østerhus et al., 2019). This warm and saline water progresses northward through the eastern Nordic Seas while releasing heat to the atmosphere (Mauritzen, 1996; Isachsen et al., 2007). The modified Atlantic Water masses recirculating in Fram

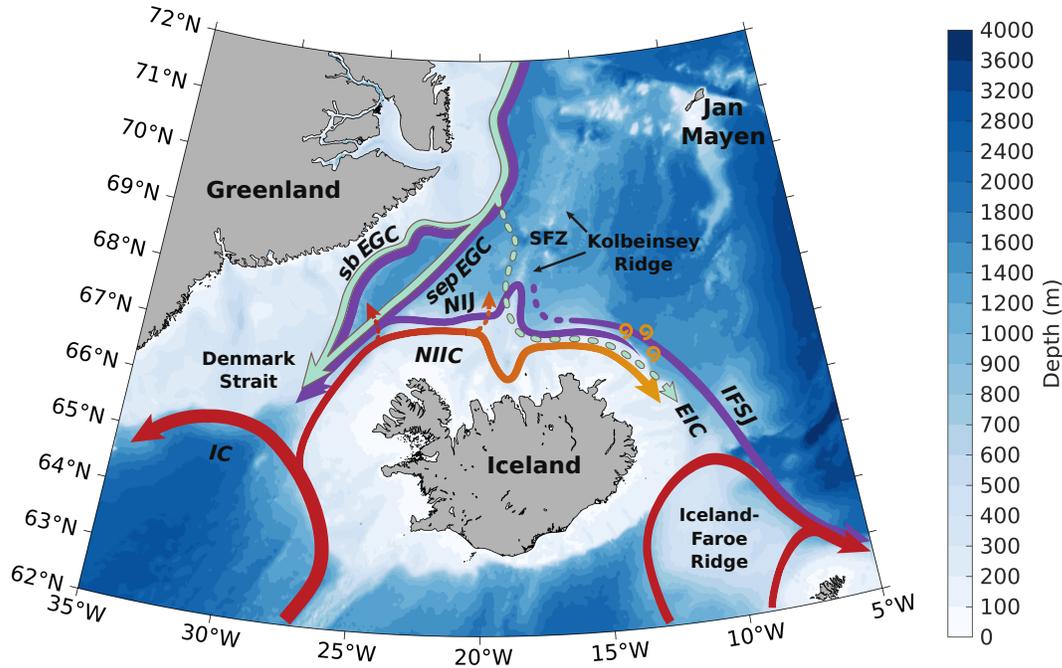


Figure 1. Bathymetry and circulation near the north Iceland shelf. Schematic pathways of the inflow of Atlantic Water into the Nordic Seas (red arrows), the outflow of dense water (purple arrows), and the flow of fresh surface water (light green arrows). The acronyms are: EIC = East Icelandic Current; IC = Irminger Current; IFSJ = Iceland-Faroe Slope Jet; NIIC = North Icelandic Irminger Current; NIJ = North Icelandic Jet; sb EGC = shelfbreak East Greenland Current; sep EGC = separated East Greenland Current; SFZ = Spar Fracture Zone. The colored shading is the bathymetry from ETOPO1 (Amante & Eakins, 2009).

66 Strait and exiting from the Arctic Ocean merge in the East Greenland Current, which
 67 returns the densified water toward the Greenland-Scotland Ridge (Håvik, Pickart, et al.,
 68 2017; Rudels et al., 2005). This transformed water is called Atlantic-origin water because
 69 of its primary modification in the Atlantic domain in the eastern Nordic Seas (Swift &
 70 Aagaard, 1981). The continual along-stream transformation is referred to as the rim cur-
 71 rent overturning loop.

72 West of Iceland, the North Icelandic Irminger Current (NIIC) brings Atlantic Water
 73 into the Nordic Seas through Denmark Strait. The NIIC bifurcates from the Irminger
 74 Current south of the strait and follows the continental slope west of Iceland (Fig. 1). The
 75 NIIC has the smallest volume transport of the three inflow branches. Nonetheless, it is
 76 a major source of heat, salt, and nutrients to the north Iceland shelf, substantially af-
 77 fecting the local ecosystem (e.g., Jónsson & Valdimarsson, 2012b). The nutrient-rich At-
 78 lantic Water facilitates plankton growth on the shelf, which is important for primary pro-
 79 duction and ultimately the capelin biomass, which in turn is a major food source for the
 80 Icelandic cod stock (Stefánsson & Ólafsson, 1991; Thórdardóttir, 1984; Astthorsson &
 81 Vilhjálms, 2002; Astthorsson et al., 2007). Furthermore, the spawning grounds of some
 82 of the main Icelandic fish stocks are located off the island’s southwest coast, and their
 83 eggs and larvae are transported by the NIIC toward the feeding areas on the northern
 84 shelf (Jónsson & Valdimarsson, 2005). The current also impacts the regional climate (e.g.,
 85 Malmberg & Kristmannsson, 1992). During the so-called “ice-years” between 1965 and
 86 1970, the Atlantic Water inflow to the north Iceland shelf was reduced, and cold, fresh
 87 surface water and sea ice covered the shelf (Malmberg & Jónsson, 1997). Since the mid-

1990s, however, the warm Atlantic Water has prevailed on the north Iceland shelf, and the volume, temperature, and salt transports have generally increased (Jónsson & Valdimarsson, 2012b; Casanova-Masjoan et al., 2020).

The path of the NIIC has been investigated in several studies using a variety of methods. Shortly after passing through Denmark Strait, a portion of the NIIC recirculates and returns to the south, as shown from historical hydrographic data (Casanova-Masjoan et al., 2020) and high-resolution numerical simulations (Saberri et al., 2020). While surface drifters indicated that some portion of the NIIC also retroflects when approaching the complex bathymetry west of the Kolbeinsey Ridge (Fig. 1, Valdimarsson & Malmberg, 1999), most of the Atlantic Water continues along the shelf toward northeast Iceland (Jónsson, 2007; Casanova-Masjoan et al., 2020). The presence of the NIIC north-east of Iceland has also been suggested from numerical models (Logemann et al., 2013; Behrens et al., 2017; Zhao et al., 2018; Ypma et al., 2019). However, the ultimate fate of the NIIC remains unclear. The model results of Våge et al. (2011) suggest that the current’s volume transport decreases progressing eastward, and what remains of the current may leave the shelf east of Iceland and merge with the Atlantic Water inflow east of Iceland or mix with surface waters from the Iceland and Norwegian Seas and progress eastward (Stefánsson, 1962; Read & Pollard, 1992; Perkins et al., 1998; Ypma et al., 2019). The properties of the NIIC on the shelf east of Iceland may at times be indistinguishable from offshore water masses because of local water mass transformation, making it challenging to trace the NIIC from hydrographic observations alone in this region (Read & Pollard, 1992; Ypma et al., 2019). The fate and pathway of the NIIC may also vary on interannual timescales, as suggested by occasional seaward displacements of the NIIC northeast of Iceland (Macrander et al., 2014) and surface drifters whose trajectories differed between two deployment years (Valdimarsson & Malmberg, 1999).

Northeast of Iceland, the presence of the East Icelandic Current (EIC, Fig. 1) further complicates the picture. There, the EIC merges with the NIIC (Casanova-Masjoan et al., 2020) or, at least at times, continues adjacent to the NIIC (Macrander et al., 2014). The EIC originates from the East Greenland Current and advects cold, fresh surface water and Atlantic-origin water at depth into the Iceland Sea (Jónsson, 2007; Macrander et al., 2014; de Jong et al., 2018). It is still unclear whether this current approaches the Iceland shelf break west of the Kolbeinsey Ridge (Casanova-Masjoan et al., 2020) or east of the ridge after passing through the Spar Fracture Zone (de Jong et al., 2018). East of Iceland, the pathway and velocity of the EIC are variable, as inferred from surface drifters, hydrographic surveys, and moored current meters (Poulain et al., 1996; Perkins et al., 1998). Float trajectories suggest that the EIC progresses from the Iceland Sea into the Norwegian Sea (Voet et al., 2010; de Jong et al., 2018), where its cold, fresh surface waters reduce the ocean heat content and increase the freshwater content (Mork et al., 2019). However, the current’s volume transport, extent, and variability remain elusive.

The water transported by the NIIC is modified along its entire pathway. The largest along-stream changes occur west of Iceland during summer and fall when the inflowing Atlantic Water is warmest (Casanova-Masjoan et al., 2020). Polar Water stemming from the southward-flowing East Greenland Current reduces the proportion of Atlantic Water in the NIIC to approximately 68 % prior to reaching the Kolbeinsey Ridge (Jónsson & Valdimarsson, 2005, 2012b). Farther downstream, mixing with the EIC may alter the NIIC’s composition further. The NIIC may also be modified by air-sea interaction; the importance of this process relative to along-stream mixing is presently unknown.

During winter, the waters on the shelf are cooled by the atmosphere. Hydrographic observations near Denmark Strait indicate that some of the Atlantic Water can reach densities as high as the overflow water (taken to be denser than $\sigma_{\Theta} = 27.8 \text{ kg m}^{-3}$, Dickson & Brown, 1994). This occurs in particular during winters with strong cooling (Saberri et al., 2020). Numerical simulations suggest that the majority of this overflow water quickly

140 leaves the shelf and recirculates directly southward through Denmark Strait instead of
 141 continuing along the north Iceland shelf (Ypma et al., 2019; Saberi et al., 2020).

142 The overflow water that exits the Nordic Seas through Denmark Strait is mainly
 143 composed of the Atlantic-origin water modified in the rim current overturning loop, along
 144 with colder, denser water formed in the interior basins of the Greenland and Iceland Seas
 145 (Swift & Aagaard, 1981; Strass et al., 1993; Mauritzen, 1996; Mastropole et al., 2017).
 146 The latter water mass is referred to as Arctic-origin water (Swift & Aagaard, 1981; Våge
 147 et al., 2011) and is primarily advected into Denmark Strait by the North Icelandic Jet
 148 (NIJ; Fig. 1; Våge et al., 2011; Harden et al., 2016; Semper et al., 2019). The NIJ fol-
 149 lows the continental slope westward, directly adjacent to the eastward-flowing NIIC when
 150 the bathymetry steers the two currents into close proximity (Pickart et al., 2017). North-
 151 east of Iceland the eastward-flowing Iceland-Faroe Slope Jet (IFSJ) is located seaward
 152 of the NIJ (Fig. 1). This deep current has very similar hydrographic properties to the
 153 NIJ and supplies dense water to the Faroe Bank Channel overflow (Semper, Pickart, Våge,
 154 Larsen, et al., 2020).

155 While the origin of the IFSJ is unknown, the NIJ emerges northeast of Iceland (Våge
 156 et al., 2011; Semper et al., 2019). Våge et al. (2011) hypothesized that the NIJ is part
 157 of an interior overturning loop in the Iceland Sea. According to their idealized numer-
 158 ical simulations, the NIIC and NIJ are dynamically linked through instabilities in the
 159 NIIC and water mass transformation in the interior basin. Such instabilities along the
 160 front between the NIJ and NIIC have been observed (Huang et al., 2019; Semper et al.,
 161 2019; Casanova-Masjoan et al., 2020). This suggests that the NIIC might be instrumen-
 162 tal in the emergence of the NIJ.

163 The unknown fate of the NIIC northeast of Iceland and the undetermined relative
 164 importance of air-sea heat fluxes for the modification of the current’s properties moti-
 165 vate further investigation of the NIIC and its role in the AMOC. Here we use the first
 166 high-resolution hydrographic/velocity survey north of Iceland that spans the entire shelf,
 167 in combination with historical hydrographic measurements as well as data from satel-
 168 lites and surface drifters. Based on this collection of observational data sets, we eluci-
 169 date the pathway and transport of the NIIC, characterize the along-stream evolution of
 170 its hydrographic properties, and quantify the water mass transformation on the Iceland
 171 shelf and its potential contribution to the Greenland-Scotland Ridge overflows.

172 2 Data and methods

173 2.1 Shipboard hydrographic/velocity surveys

174 Our main data set consists of eight transects from a high-resolution hydrographic/velocity
 175 survey conducted on board R/V *Knorr* in September 2011 that crossed the NIIC between
 176 Denmark Strait and east of Iceland (Fig. 2). The typical station spacing was 10 km on
 177 the shelf, 5–7.5 km in the vicinity of the shelf break, and 5 km over the slope. The hy-
 178 drographic data were obtained using a Sea-Bird 911+ conductivity-temperature-depth
 179 (CTD) instrument. The CTD was mounted on a rosette with Niskin bottles, which were
 180 used to collect salt samples for calibrating the conductivity sensor. The final accuracies
 181 of the temperature, practical salinity, and pressure are 0.001 °C, 0.002, and 0.3 dbar, re-
 182 spectively (Våge et al., 2011; Semper et al., 2019). We applied the Thermodynamic Equa-
 183 tion Of Seawater – 2010 (TEOS-10; IOC et al., 2010) to calculate Conservative Temper-
 184 ature, Θ , and Absolute Salinity, S_A , hereafter referred to as temperature and salinity,
 185 respectively.

186 Upward and downward-facing lowered acoustic Doppler current profiler (LADCP)
 187 instruments were mounted on the rosette to measure velocity. The measurements were
 188 processed using the LADCP Processing Software Package from the Lamont-Doherty Earth
 189 Observatory (Thurnherr, 2010, 2018). The barotropic tides were removed from the ve-

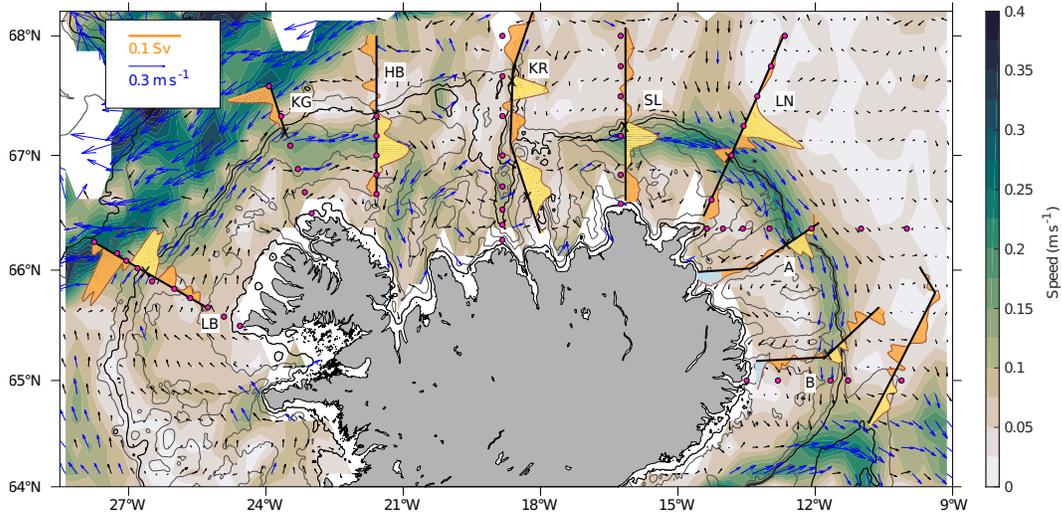


Figure 2. Transects of the high-resolution hydrographic/velocity survey in September 2011 (black lines; see text for station spacing along the transects). At each transect, the shelf break is marked by a black cross. The speed (color) and velocity (black arrows, blue arrows for magnitude $> 0.1 \text{ m s}^{-1}$) from surface drifters are shown in the background. The depth-integrated cross-section volume transport in the upper 100 m for each transect is indicated by the shaded curve (yellow segments corresponding to the NIIC; blue segments corresponding to the coastal current; orange segments for the remainder of the transect). The MFRI standard hydrographic stations are shown by magenta circles. The 50 and 400 m isobaths from ETOPO1, which outline the shelf area used for the analyses of the historical hydrographic data, are highlighted in black, while the 100, 200, 300, and 500 m isobaths are contoured in gray. The transect acronyms are: LB = Látrabjarg; KG = Kögur; HB = Hornbanki; KR = Kolbeinsey Ridge; SL = Slétta; LN = Langanes Northeast.

190 locities using an updated version of a regional inverse tidal model with a resolution of
 191 $1/60^\circ$ (Egbert & Erofeeva, 2002). See Semper, Pickart, Våge, Larsen, et al. (2020) for
 192 details.

193 We used Laplacian-spline interpolation (Pickart & Smethie, 1998) to construct ver-
 194 tical sections of temperature, salinity, and potential density referenced to the sea sur-
 195 face (hereafter referred to as density), with a grid spacing of 2 km and 10 m. Following
 196 Semper et al. (2019), we constructed analogously gridded vertical sections of absolute
 197 geostrophic velocity by referencing the integrated geostrophic shear from the hydrographic
 198 fields with the depth-averaged LADCP velocity at each grid point. The top and bottom
 199 50 m were excluded from the depth averages for grid points with bottom depths greater
 200 than 200 m to avoid undue influence from the surface and bottom boundary layers. The
 201 origin of each transect (distance $y=0$ km) was placed at the shelf break (Fig. 2). The
 202 along-stream direction x is taken to be positive toward east, i.e., clockwise direction around
 203 Iceland. The distance from the Látrabjarg transect (Denmark Strait) was determined
 204 along the midpoints between the 50 m and 400 m isobaths.

205 The volume transport of the NIIC was estimated from the absolutely referenced
 206 geostrophic velocity sections by integrating the positive along-stream velocities in the
 207 vicinity of the shelf break (Section 3). In particular, the horizontal boundaries of the NIIC
 208 were determined by the distinct bands of the highest positive velocities seen in the ver-
 209 tical sections (Figs. 2 and 6). For each section we also checked that the hydrographic prop-
 210 erties associated with this near-shelf break velocity band were consistent with the prop-
 211 erties of the same band of the respective upstream and downstream sections. This section-
 212 by-section approach considering topography, velocity, and hydrography helped identify
 213 the most coherent pathway of the NIIC as captured by our synoptic survey. The Kol-
 214 beinsey Ridge section is unique in that there are essentially two shelf breaks (Fig. 6). While
 215 some portion of the NIIC follows the outer shelf break, the main flow was located near
 216 the coast at the inner shelf break. The hydrographic properties of the latter flow are more
 217 similar to the neighboring sections. This branch was therefore considered the main branch
 218 for the transport estimate. For all sections, we included only water lighter than $\sigma_\Theta =$
 219 27.8 kg m^{-3} (i.e., lighter than overflow water). At Langanes Northeast and Section A,
 220 where the current was located seaward of the shelf break, this distinguishes the NIIC from
 221 the eastward-flowing IFSJ underneath (Fig. 1).

222 The uncertainty of the transport estimate combines several error sources. The to-
 223 tal error of the LADCP instrument and the processed velocity data was estimated to 3 cm s^{-1} ,
 224 while the inaccuracies in the tidal model are 2 cm s^{-1} north of Iceland (Våge et al., 2011;
 225 Semper et al., 2019). The combined uncertainty, determined as the root-sum-square of
 226 these two errors, is 3.6 cm s^{-1} , which was then scaled by the cross-sectional area of the
 227 NIIC at each transect. This is a conservative estimate of the transport error because we
 228 do not assume that the errors are uncorrelated across the section. There is also a sta-
 229 tistical uncertainty due to the temporal variability of the current, but this cannot be as-
 230 sessed from a single survey.

231 To further investigate the evolution of the hydrographic properties in the NIIC, mea-
 232 surements from 11 additional hydrographic/velocity surveys were used. These surveys
 233 were mainly conducted along the monitoring transects of the Marine and Freshwater Re-
 234 search Institute of Iceland (MFRI, Fig. 2), with increased resolution over the slope. Fur-
 235 ther details regarding these data sets (Semper et al., 2019; Semper, Pickart, Våge, Tor-
 236 res, & McRaven, 2020a,b; Semper, Våge, et al., 2020), including the R/V *Knorr* 2011
 237 survey, are provided in Semper et al. (2019). For each transect of the 11 surveys, we iden-
 238 tified the warm, saline core of the NIIC from the gridded vertical sections of tempera-
 239 ture and salinity. Of these grid points, we considered only those with velocity exceed-
 240 ing 0.1 m s^{-1} , and divided them into Θ S-classes of 0.1°C and 0.005 g kg^{-1} . We then de-
 241 termined the envelope of these hydrographic properties, excluding bins containing less
 242 than 2% of the total number of data points. These Θ S-envelopes, which outline the core

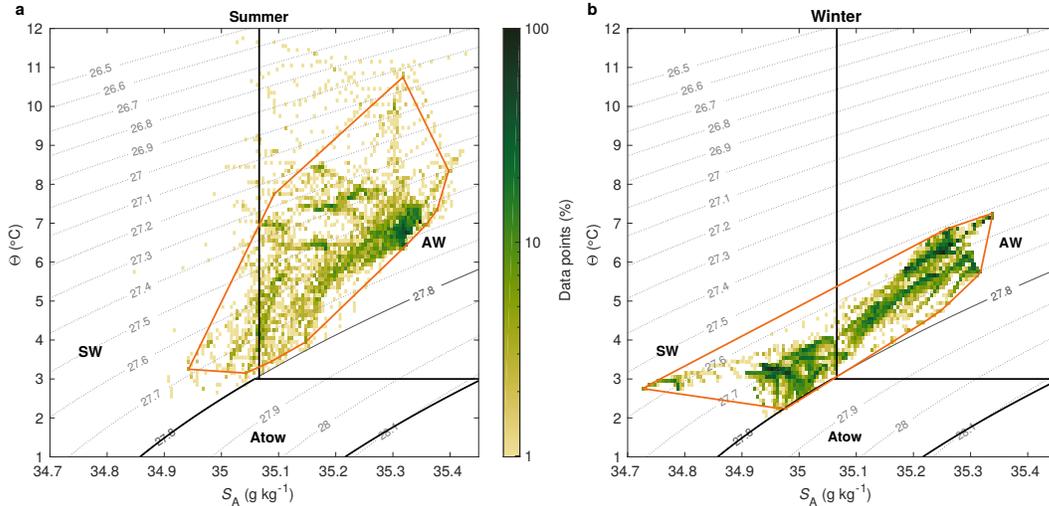


Figure 3. Outline of the NIIC core in Θ S-space. Binned a) summer and b) winter hydrographic properties from all hydrographic/velocity surveys (see text for details). Note the logarithmic color scale. The core of the NIIC is outlined by the envelope (orange polygon), which encompasses all bins that contain at least 2% of the total number of data points. The gray contours show density. Water masses are separated by thick black lines; their acronyms are: AW = Atlantic Water; Atow = Atlantic-origin water; SW = Surface Water.

243 of the NIIC, were constructed for summer and winter surveys separately (Fig. 3). As sur-
 244 veys from several years were considered in the analysis, interannual variability in the hy-
 245 drographic properties of the NIIC is to some extent included in the envelope.

246 The water masses present in our data are Atlantic Water, which is commonly de-
 247 fined by temperatures and salinities exceeding 3°C and 35.066 g kg^{-1} (equivalent num-
 248 bers from Swift & Aagaard, 1981) and overflow water, which is denser than $\sigma_\Theta = 27.8\text{ kg m}^{-3}$
 249 (Dickson & Brown, 1994) but lighter than Nordic Seas Deep Water, which exceeds den-
 250 sities of $\sigma_{0.5} = 30.44\text{ kg m}^{-3}$ (Rudels et al., 2005). The two classes of overflow water, Atlantic-
 251 origin and Arctic-origin water, are distinguished by temperatures above and below 0°C ,
 252 respectively. The remaining broad range of fresh waters is collectively referred to as Sur-
 253 face Water.

254 All hydrographic/velocity surveys were used to compute the volume transports of
 255 the NIJ and IFSJ in Θ S-space (as in Semper et al., 2019; Semper, Pickart, Våge, Larsen,
 256 et al., 2020), which we compare to the composition of dense water on the shelf in Sec-
 257 tion 6.

258 2.2 Historical hydrographic measurements

259 The historical hydrographic observations on the Iceland shelf between 1980 and 2016
 260 used in this study are a subset of the composite data set originally compiled by Våge
 261 et al. (2015) and updated by Huang et al. (2020), where information about quality con-
 262 trol and the references to the individual data sets are found. The profiles were obtained
 263 from the Unified Database for Arctic and Subarctic Hydrography (UDASH), the Inter-
 264 national Council for the Exploration of the Seas (ICES), the World Ocean Database (WOD),
 265 the Argo float program, the Norwegian Iceland Seas Experiment database (NISE), the
 266 Global Ocean Data Analysis Project version 2 (GLODAPv2), and the MFRI hydrographic
 267 database. We considered only profiles on the Iceland shelf north of Denmark Strait be-

268 tween the 50 and 400 m isobaths to exclude stations near the coast and on the slope, re-
 269 spectively. Duplicate profiles between the different archives were removed from the data
 270 set. We refer to winter (summer) profiles as those collected between February and April
 271 (July and September). The density at the deepest measurement depth of each profile is
 272 taken to represent the bottom density. We determined the mixed-layer depths of the pro-
 273 files following Våge et al. (2015): Two independent automated routines provided an es-
 274 timate of the base of the mixed layer, according to a density-difference criterion (Nilsen
 275 & Falck, 2006) and the curvature of the temperature profile (Lorbacher et al., 2006). Each
 276 hydrographic profile was also visually inspected, and when neither method accurately
 277 determined the mixed layer, we manually estimated the mixed-layer depth following the
 278 routine used by Pickart et al. (2002).

279 **2.3 Near-surface drifter data**

280 The Global Drifter Program (GDP) is a global 0.25° by 0.25° climatology for mea-
 281 surements from 15-m drogued and undrogued drifters. Version number 3.05 of the cli-
 282 matology includes drifter data collected between February 1979 and April 2019. We used
 283 the mean near-surface velocity and its variance. The product is archived and distributed
 284 by the Atlantic Oceanographic and Meteorological Laboratory of the National Oceanic
 285 and Atmospheric Administration (AOML/NOAA; [https://www.aoml.noaa.gov/phod/
 286 gdp/mean_velocity.php](https://www.aoml.noaa.gov/phod/gdp/mean_velocity.php)). Documentation of the data set, including details on the cor-
 287 rections applied, is provided by Laurindo et al. (2017).

288 **2.4 Satellite altimetry and sea surface temperature**

289 We used sea level anomalies from the Envisat satellite, which were computed from
 290 the difference between the sea surface height and the mean sea surface height of the en-
 291 tire mission at each location. The along-track, filtered sea level anomalies cover the pe-
 292 riod 2002–2010 at a typical resolution of 7 km. We chose the Envisat mission as it pro-
 293 vides the longest continuous record with a repeating orbit to avoid interpolating and smooth-
 294 ing the data. Ground track data points with less than 30 passes or within 30 km of the
 295 Iceland coast were removed before the analysis.

296 Sea surface temperatures were obtained from a reprocessed analysis product based
 297 on the Operational SST and Sea Ice Analysis (OSTIA) system. The data are on a global
 298 regular grid at 0.05° resolution and provide an estimate of the daily average tempera-
 299 ture at 20 cm depth. For consistency, we consider only the time period of the sea sur-
 300 face height anomalies (2002–2010). Both satellite products are distributed by E.U. Coperni-
 301 cus Marine Service Information (<http://marine.copernicus.eu>, product identifiers
 302 SEALEVEL_GLO_PHY_L3_REP_OBSERVATIONS_008_062 and
 303 SST_GLO_SST_L4_REP_OBSERVATIONS_010_024).

304 **2.5 Atmospheric reanalysis data**

305 To investigate the effect of atmospheric heat fluxes on water mass transformation,
 306 we employed the ERA5 atmospheric reanalysis product from the European Centre for
 307 Medium-Range Weather Forecasts, which has a spatial resolution of approximately 31 km
 308 and a temporal resolution of 1 hour (Hersbach et al., 2020). In particular, we used the
 309 surface turbulent heat fluxes and radiation terms on the north Iceland shelf, bounded
 310 by the 50 m and 400 m isobaths, from 1980 to 2016.

2.6 Estimation of eddy kinetic energy

Eddy kinetic energy (EKE) was computed from the surface drifter data and the sea level anomalies. In general, EKE can be expressed as

$$\text{EKE} = \frac{1}{2} (u'^2 + v'^2), \quad (1)$$

where u'^2 and v'^2 are anomalies relative to the mean of the along-stream and cross-stream velocities, respectively. For the altimetry data we make use of the relation between the along-track sea surface height anomalies η' and the cross-track velocity anomalies through geostrophy:

$$u' = \frac{g}{f} \frac{\partial \eta'}{\partial y}, \quad (2)$$

where g is the gravitational acceleration and f is the Coriolis parameter. Since only the surface geostrophic velocity in the cross-track direction can be obtained from along-track altimetry data, isotropy is assumed (Lilly et al., 2003). This implies that the variable parts of the flow in the along-track and cross-track directions have similar amplitudes ($u' \approx v'$), which is a reasonable assumption for an eddy field (von Appen et al., 2016). As such, we simplify Equation 1 for the satellite data to

$$\text{EKE}_{\text{sat}} = \frac{1}{2} (u'^2 + v'^2) \approx u'^2. \quad (3)$$

3 Pathway and transport of the NIIC

The pathway of the NIIC is illustrated by the near-surface flow field inferred from drifters (Fig. 2). The NIIC follows the shelf break northwest of Iceland. Immediately downstream of the Hornbanki section, where the bathymetry becomes complex, the bulk of the NIIC turns southward and flows along the inner shelf break before veering back to the main shelf break as the current approaches the Slétta section. Northeast of Iceland, where the continental slope is steep, the near-surface velocities are particularly enhanced. Prior to crossing the Kolbeinsey Ridge, some portion of the flow is deflected northward (Fig. 2). A retroflection of the NIIC back toward Denmark Strait was identified by Valdimarsson & Malmberg (1999), also using surface drifters. Jónsson & Valdimarsson (2012a) suggested that this recirculation is a semi-permanent feature, as observations from a year-long moored record on the deep western flank of the Kolbeinsey Ridge indicated frequent presence of Atlantic Water in the uppermost 200–300 m. While this off-shelf Atlantic Water may be transported back toward Denmark Strait by the shallow part of the NIJ, which at times extends to the surface (Semper et al., 2019), it may also be entrained into the EIC and advected eastward across the Kolbeinsey Ridge (Jónsson & Valdimarsson, 2012a). The EIC and the NIIC cannot be clearly distinguished in the surface drifter fields, and northeast of Iceland the currents may merge (Fig. 2). South of 65°N, on the southeast side of Iceland, the remaining flow on the shelf appears to turn eastward and become entrained in the Atlantic Water inflow across the Iceland-Faroe Ridge (Figs. 1 and 2).

The volume transport in the upper 100 m during the 2011 survey is consistent with the velocities inferred from the surface drifter data, indicating that the location of the NIIC during the 2011 survey was similar to the mean configuration of the near-surface flow (Fig. 2). The exception is near the Langanes Northeast transect, where the NIIC was displaced offshore of its climatological location (Fig. 2). Macrander et al. (2014) demonstrated from contemporaneous mooring observations that this seaward displacement lasted several weeks. While such excursions may occur intermittently at this location, the Atlantic Water layer off the shelf was particularly thick during the fall 2011 event (Macrander et al., 2014).

The vertical sections from the 2011 survey show that by the time the NIIC has progressed from Denmark Strait to northeast Iceland, the Atlantic Water, which fills almost

355 the entire shelf, has cooled and freshened substantially (Figs. 4 and 5). We quantify this
356 modification in Section 5. At the most inshore stations of Sections A and B, fresher wa-
357 ter with slightly increased velocities is present (Figs. 2, 5, and 6). This is the signature
358 of the anticyclonic coastal current, which is distinct from the NIIC (Valdimarsson & Malm-
359 berg, 1999; Astthorsson et al., 2007). Overflow water ($\sigma_{\Theta} \geq 27.8 \text{ kg m}^{-3}$) was observed
360 on the outer shelf at Section B (and at the Hornbanki and Slétta transects, not shown),
361 where the dense water banks up along the slope. This up-tilt of deep isopycnals is a per-
362 sistent feature along the slope north of Iceland (Semper et al., 2019; Semper, Pickart,
363 Våge, Larsen, et al., 2020). We address the presence of overflow water on the shelf in Sec-
364 tion 6.

365 In the two transects east of Iceland (Sections A and B), a lens of Atlantic Water
366 was located offshore, detached from the core of the NIIC. These lenses divert heat and
367 salt from the shelf into the Iceland Sea, as illustrated by the anticyclonic near-surface
368 eddy in Section B (between 45 and 65 km distance from the shelf break; Figs. 4–6). We
369 investigate the eddy activity northeast of Iceland in Section 4. Formation of eddies is
370 one mechanism that may reduce the transport of the NIIC to some extent (Våge et al.,
371 2011), as the water from the Iceland Sea exchanged during the eddy formation processes
372 will be denser, and any water exceeding the overflow water density limit is not consid-
373 ered in our transport estimate (Section 2).

374 We now present the volume transport estimates from the September 2011 survey
375 and discuss them in the context of the existing literature. The volume transport of the
376 NIIC generally decreased from west to east (Fig. 7). Between the inflow through Den-
377 mark Strait at Látrabjarg and the Hornbanki section 300 km to the northeast, the trans-
378 port of the NIIC was reduced by approximately 50%. This decrease likely results from
379 a partial retroreflection of the NIIC north of Denmark Strait that has been inferred from
380 numerical simulations (Saberri et al., 2020) and previous transport estimates (Casanova-
381 Masjoan et al., 2020). The retroreflection likely accounts for the presence of Atlantic Wa-
382 ter on the western side of Denmark Strait (Mastropole et al., 2017).

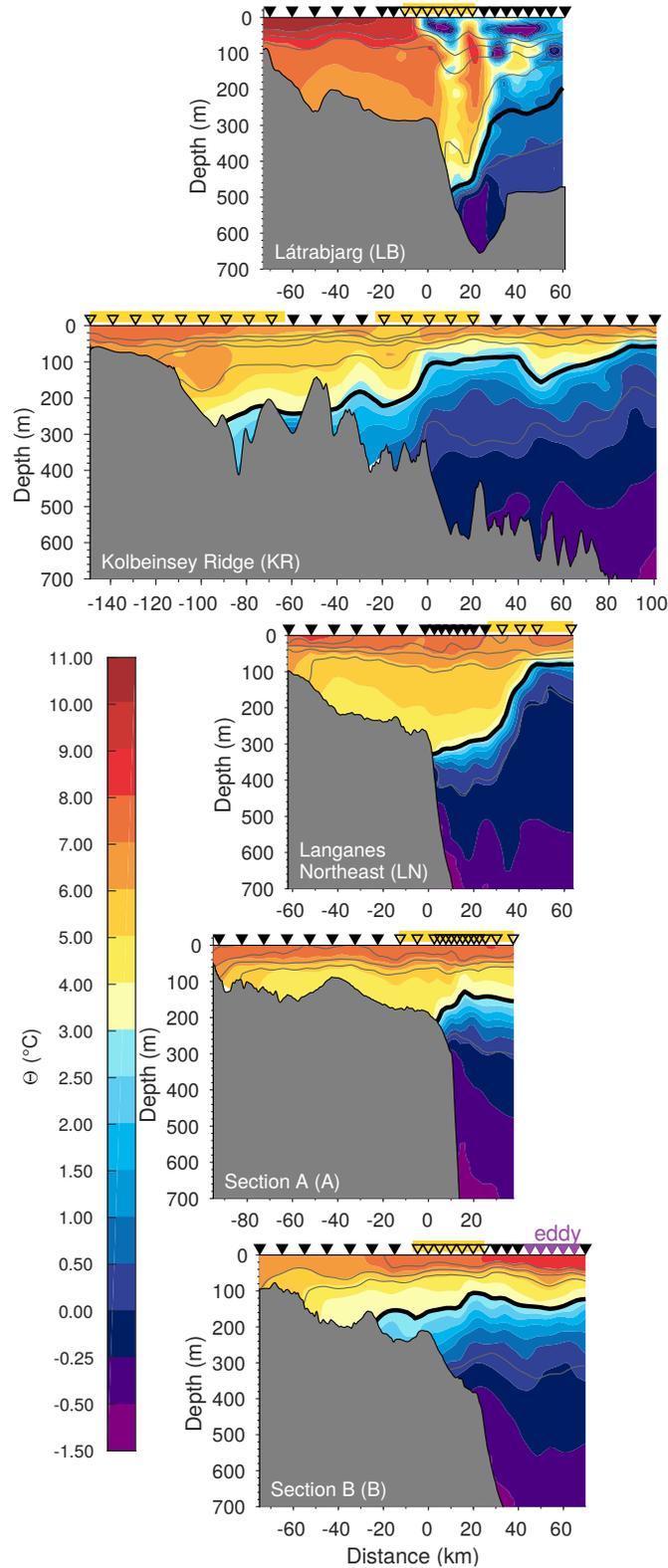


Figure 4. Vertical sections of temperature (color) from the high-resolution hydrographic/velocity survey in 2011 for five transects across the slope north of Iceland (see Fig. 2 for locations). Density is contoured every 0.2 kg m^{-3} (thin gray lines); the 27.8 kg m^{-3} isopycnal is highlighted in black. The black triangles indicate the locations of the stations, and the purple triangles in Section B mark an eddy. Open triangles with a yellow bar mark the segments of each transect used for the transport estimate of the NIIC in the vicinity of the shelf break (the Kolbeinsey Ridge section has an inner shelf break as well (near -113 km), as discussed in the text). The bathymetry is from the ship's echosounder; the origin of the horizontal axis is placed at the shelf break.

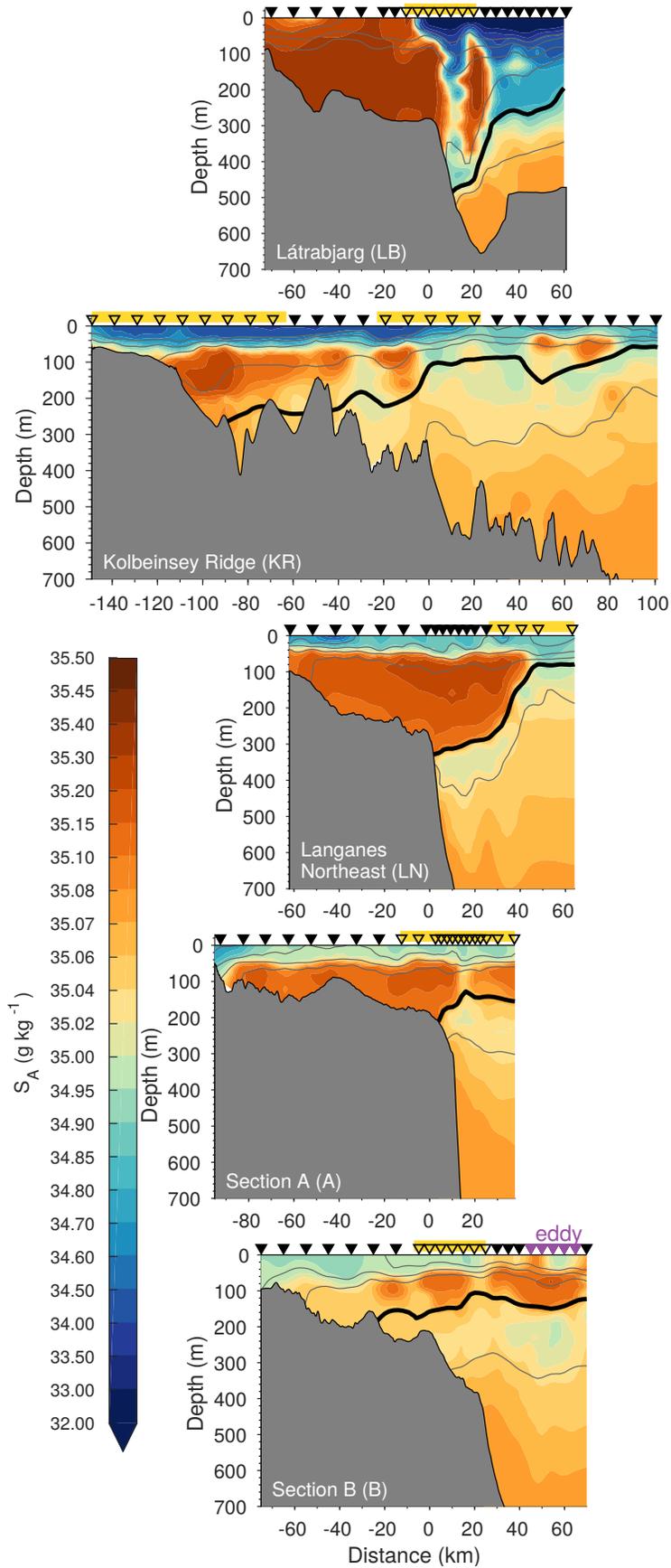


Figure 5. Same as Fig. 4 except for salinity.

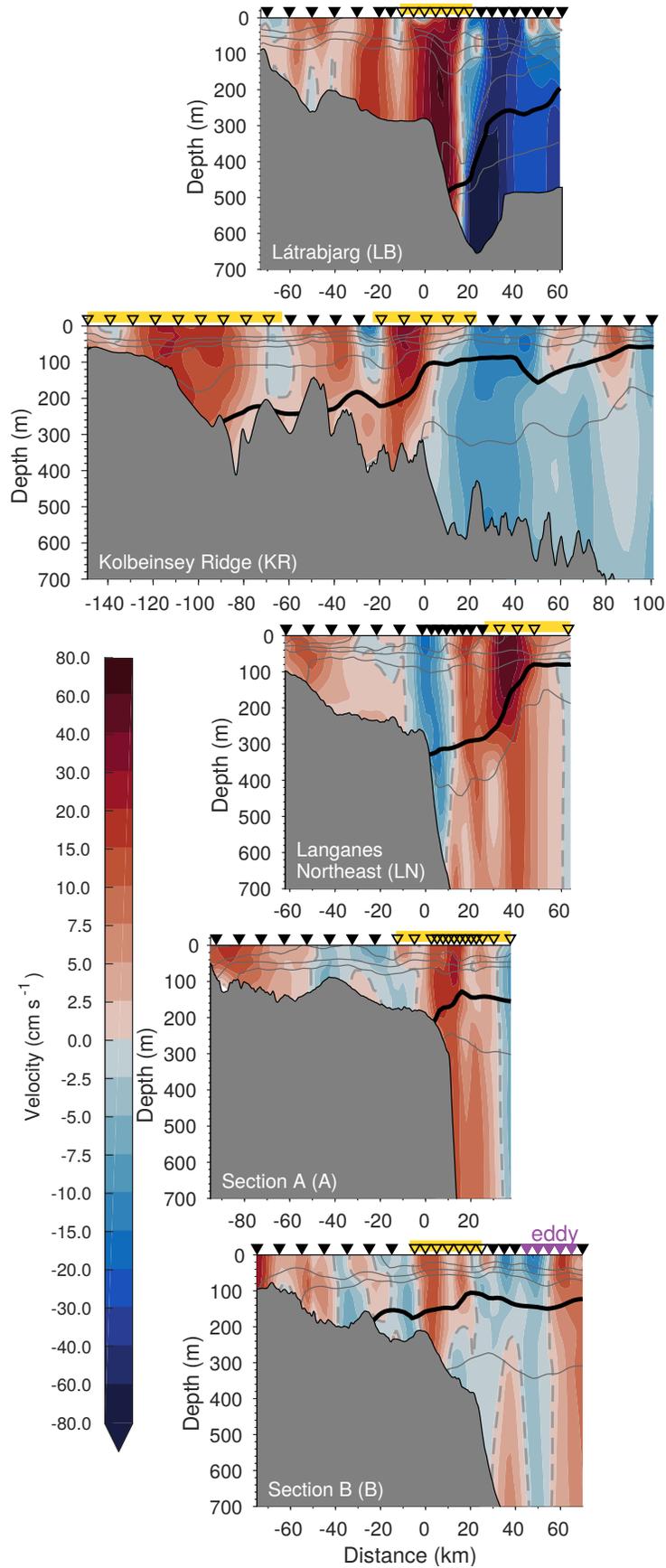


Figure 6. Same as Fig. 4 except for absolute geostrophic velocity (positive velocities are directed clockwise around the island).

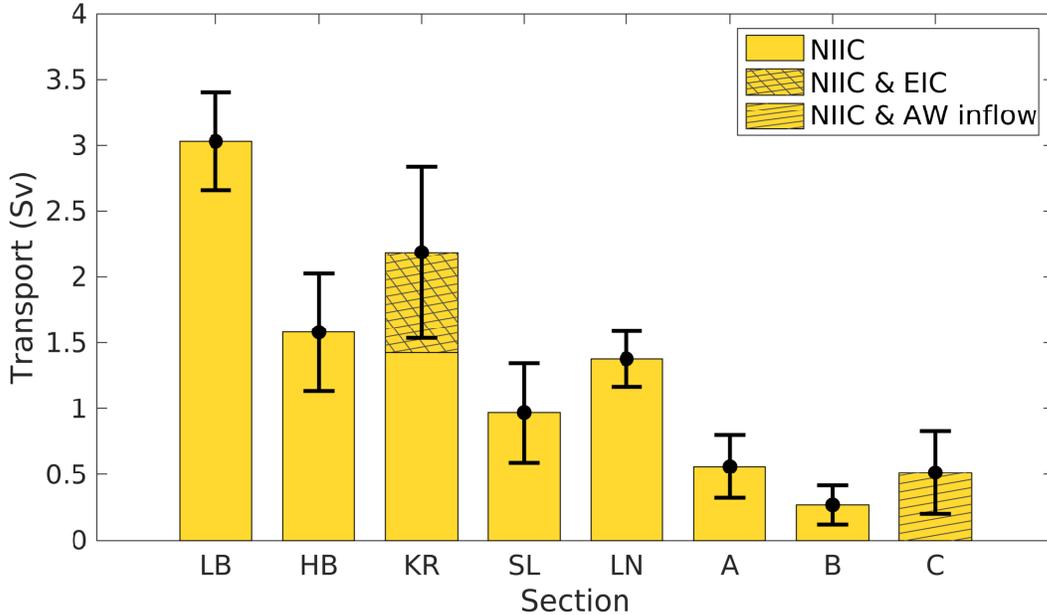


Figure 7. Along-stream volume transport of the NIIC estimated from the high-resolution shipboard survey in 2011. The hatched portions indicate transports where the NIIC has likely merged with the EIC (Section KR) and the Atlantic Water (AW) inflow east of Iceland (Section C). The locations of the sections are shown in Fig. 2. The error bars indicate the uncertainty (see Section 2 for details). The transect acronyms are: LB = Látrabjarg; HB = Hornbanki; KR = Kolbeinsey Ridge; SL = Slétta; LN = Langanes Northeast.

383 Our transport estimate of 1.6 ± 0.4 Sv ($1 \text{ Sv} \equiv 10^6 \text{ m}^3 \text{ s}^{-1}$) for the Hornbanki transect
 384 is at the upper end of the range from previous studies. Using 21 years of data from
 385 three moorings with limited vertical coverage, the mean Atlantic Water transport of the
 386 NIIC at the Hornbanki transect was estimated to 0.9 ± 0.1 Sv (Jónsson & Valdimarsson,
 387 2012b; Østerhus et al., 2019). At the nearby Kögur section, which was not sampled in
 388 our survey, Pickart et al. (2017) estimated an Atlantic Water transport of 1.71 ± 0.22 Sv
 389 from six absolute geostrophic velocity sections. Both studies applied an end-member ap-
 390 proach distinguishing undiluted Atlantic Water from fresh Polar Water entrained into
 391 the NIIC. By contrast, Casanova-Masjoan et al. (2020) investigated the full transport
 392 of the NIIC (i.e., not just the Atlantic Water contribution) from gridded satellite alti-
 393 metry data combined with the MFRI hydrographic sections collected between 1993 and 2017
 394 (typically occupied three to four times per year). They obtained absolute geostrophic
 395 velocities using the altimetry data as reference and inferred mean transport estimates
 396 for the Kögur and Hornbanki transects of 1.16 ± 0.11 and 1.37 ± 0.05 Sv, respectively. Our
 397 results for the full NIIC transport are based on a single survey, which was conducted in
 398 a year with relatively large NIIC volume transports (Casanova-Masjoan et al., 2020). Fur-
 399 thermore, our tight station spacing of approximately 7.5–10 km may have resolved flow
 400 that was not captured by the MFRI monitoring stations which are typically spaced 18–
 401 20 km apart. Considering the disparate data and methods in addition to the well-documented
 402 interannual variability in volume transport of the NIIC (e.g., Jónsson & Valdimarsson,
 403 2012b; Zhao et al., 2018; Casanova-Masjoan et al., 2020), our Hornbanki transport es-
 404 timate appears reasonable and complements the range of earlier results.

405 Toward the next section along the Kolbeinsey Ridge the volume transport increased
 406 (Fig. 7), likely due to the influence of the EIC. The main portion of the NIIC was found

407 in the vicinity of the inner shelf break at the Kolbeinsey Ridge section (Fig. 6). This ve-
 408 locity core bracketed the warmest and saltiest Atlantic Water signature. Farther offshore,
 409 the second velocity core had a weaker lens of Atlantic Water, but immediately above this
 410 was a region of slightly colder water with surface-intensified velocities (Figs. 4 – 6) in-
 411 dicative of the EIC. As the EIC most likely constitutes a significant fraction of the outer
 412 core (whose portion of the Kolbeinsey Ridge transport is hatched in Fig. 7), the total
 413 Kolbeinsey Ridge transport value is anomalously large. This double-core structure is con-
 414 sistent with the mean hydrographic and velocity sections of Casanova-Masjoan et al. (2020).
 415 The MFRI standard section closest to the Kolbeinsey Ridge is the Siglunes line (roughly
 416 20 km to the west), and the long-term mean of this section displays two velocity cores
 417 at nearly the same locations as the two cores in Fig. 6. Casanova-Masjoan et al. (2020)
 418 identified the inner core as the NIIC and the outer core as the EIC since it contained only
 419 a small percentage of their Atlantic Water end member. The fate of this outer velocity
 420 core remains an open question. The mean sections of Casanova-Masjoan et al. (2020)
 421 indicate that the EIC and the NIIC merge. While the horizontal resolution of these sec-
 422 tions is relatively low, we cannot exclude a minor contribution from the EIC in our trans-
 423 port estimates farther east. However, according to Macrander et al. (2014), the EIC did
 424 not merge with the core of the NIIC in fall 2011 (around the time of our survey) but flowed
 425 farther offshore.

426 Progressing farther eastward, the next significant change in volume transport oc-
 427 curs between Langanes Northeast and Section A (Fig. 7). This reduction in volume trans-
 428 port of the NIIC could be caused by a portion of the flow branching off the main flow,
 429 although it should be kept in mind that temporal variability may affect the changes in
 430 transport between all consecutive sections in the survey. This off-branching flow could
 431 be a recirculation or an offshore branch at Section A (where our section does not extend
 432 as far beyond the shelf break as at Langanes Northeast). The lower transport at Sec-
 433 tion A could also be the result of locally enhanced eddy activity, which is addressed be-
 434 low in Section 4. Note that we excluded the observed eddy at Section B from the NIIC
 435 transport. Finally, the volume transport increase at Section C, east of Iceland (Fig. 7),
 436 can be explained by the Atlantic Water inflow from the south merging with the remnant
 437 of the NIIC (Fig. 2). This is corroborated by the presence of warmer and more saline
 438 water compared to the upstream sections (we have therefore hatched the Section C trans-
 439 port value in Fig. 7).

440 **4 Eddy activity northeast of Iceland**

441 Northeast of Iceland the continental slope steepens and velocities are enhanced (Fig. 2).
 442 Furthermore, troughs that bisect the shelf are common in this region (Fig. 2). As locally
 443 steep topography generally tends to make currents more baroclinically unstable (e.g., Spall,
 444 2010), the NIIC may be particularly susceptible to baroclinic instability northeast of Ice-
 445 land. Likewise, topographic irregularities such as troughs favor both baroclinic and barotropic
 446 instability by changing the potential vorticity of the flow (Chérubin et al., 2000).

447 The NIIC is likely subject only to baroclinic instability, not barotropic instability
 448 (Casanova-Masjoan et al., 2020). To investigate the latter, we expanded the analysis of
 449 Casanova-Masjoan et al. (2020) using our September 2011 hydrographic/velocity data.
 450 Relative to their sections, our data set has a higher horizontal resolution that better re-
 451 veals extrema in the lateral gradient of the along-stream velocity. Nonetheless, we found
 452 that the necessary condition for barotropic instability is not fulfilled in the NIIC (not
 453 shown), in agreement with Casanova-Masjoan et al. (2020). By contrast, the current gen-
 454 erally satisfies the necessary condition for baroclinic instability (Casanova-Masjoan et
 455 al., 2020).

456 If the NIIC is baroclinically unstable northeast of Iceland, eddies may form that
 457 detach from the current and divert heat and salt off the Iceland shelf. The 2011 Lan-

458 Langanes Northeast transect (Figs. 2 and 6) reveals that the NIIC had deviated from its cli-
 459 matological mean position, indicative of an unstable, meandering current (Corlett & Pickart,
 460 2017). At Section B a detached eddy was observed, whose temperature and salinity match
 461 the water in the NIIC (Figs. 4–6).

462 To investigate whether eddy formation is partly responsible for the drop in NIIC
 463 volume transport between Langanes Northeast and Section A (Fig. 7), we computed the
 464 mean EKE both from along-track satellite altimetry and surface drifters (Section 2) north
 465 and east of Iceland. We excluded the western Iceland Sea where the high EKE in the
 466 East Greenland Current resulting from substantial mesoscale variability in the vicinity
 467 of Denmark Strait (e.g., Håvik, Våge, et al., 2017) overwhelms the signals farther east.
 468 Notably, the area between Langanes Northeast and Section A corresponds to a local max-
 469 imum in EKE, which is apparent from both data sets (Fig. 8a and b). This suggests that
 470 eddies are common features in this area. The eddy observed at Section B was thus likely
 471 formed farther upstream and advected eastward by the EIC.

472 The EKE over the slope far exceeds the EKE within the Iceland Sea gyre, which
 473 we take to be the background level EKE (Fig. 9). The gyre has been identified by the
 474 dynamic height of the sea surface (Våge et al., 2013); its southwestern part is located
 475 seaward of the box indicated in Fig. 8. Compared to the gyre, the seasonal variability
 476 is more pronounced over the steep continental slope: the eddy activity is particularly en-
 477 hanced between November and January, while it is significantly lower in early summer
 478 (Fig. 9). The strong wintertime EKE signal is reflected in the pronounced variability in
 479 sea surface temperature in the same area (Fig. 8c). By contrast, the temperature front
 480 between the NIIC and the surface waters farther offshore is weakened during summer
 481 (not shown), likely due to the presence of a warm, fresh surface layer that extends from
 482 the shelf into the interior Iceland Sea (Pickart et al., 2017; Semper et al., 2019) and that
 483 may mask the surface signature of the eddies.

484 While our results cannot conclusively demonstrate a link between the steep slope
 485 northeast of Iceland, a baroclinically unstable NIIC, and the formation of eddies, com-
 486 parison to better-studied areas is instructive. This can elucidate the implications of the
 487 eddy activity for the Iceland Sea. Localized eddy formation due to unstable boundary
 488 currents over steep topography is common, for example in the Lofoten Basin (Isachsen
 489 et al., 2012; Richards & Straneo, 2015) and the Labrador Sea (Lilly et al., 2003; Gelder-
 490 loos et al., 2011), where the lateral heat fluxes from these eddies play an important role
 491 for the water mass transformation. In the Labrador Sea, anticyclonic warm-core eddies
 492 with radii of 15–30 km detach from the West Greenland Current, and EKE is particu-
 493 larly enhanced during winter (Lilly et al., 2003; Pacini & Pickart, 2022). The size of these
 494 so-called Irminger Rings is determined by the length scale over which the slope changes
 495 in the along-stream direction (Bracco et al., 2008). The size inferred from the topographic
 496 length scale northeast of Iceland is consistent with the smaller radius of approximately
 497 10 km for the anticyclonic eddy identified in our high-resolution survey.

498 Such interplay between boundary currents and the interior basin has also been sug-
 499 gested for the Iceland Sea. In particular, Pickart et al. (2017) proposed that the dynam-
 500 ics of the NIIC and the NIJ may be linked through the locally enhanced exchange of heat
 501 and salt from the NIIC to the interior Iceland Sea by eddies. Our results identify the slope
 502 northeast of Iceland as locus of the eddy activity. The observations of enhanced eddy
 503 kinetic energy presented here are also consistent with the idealized numerical simulations
 504 of Våge et al. (2011). According to their study, the NIIC sheds eddies into the interior
 505 basin, where the warm water is transformed by air-sea heat exchange. The densified wa-
 506 ter subsequently returns to the continental slope and sinks, supplying the NIJ. A high-
 507 resolution numerical simulation also identified the boundary current system north of Ice-
 508 land and water mass transformation in the Iceland Sea as key to the formation of the
 509 NIJ (Behrens et al., 2017). However, wintertime observations demonstrate that the prod-
 510 uct of local water mass transformation in the Iceland Sea is not sufficiently dense to ac-

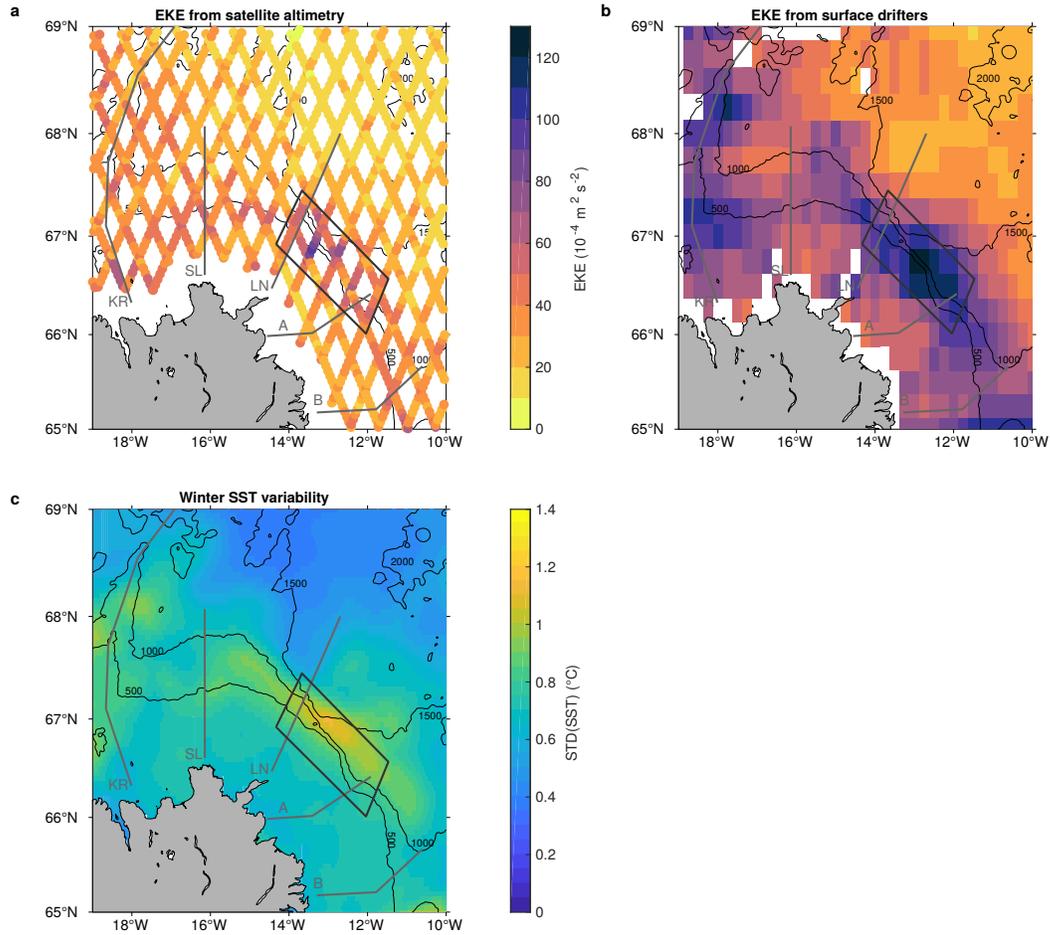


Figure 8. Mean EKE northeast of Iceland inferred from a) along-track satellite altimetry (Envisat) in the period 2002–2010, and b) surface drifter velocities. c) Standard deviation of sea surface temperature obtained from the OSTIA product for January to March 2002–2010. The region of enhanced eddy activity is highlighted in black in each panel. The transects from the high-resolution hydrographic/velocity survey in 2011 are marked in gray. The 500, 1000, 1500, and 2000 m isobaths from ETOPO1 are contoured. The transect acronyms are: KR = Kolbeinsey Ridge; SL = Slétta; LN = Langanes Northeast.

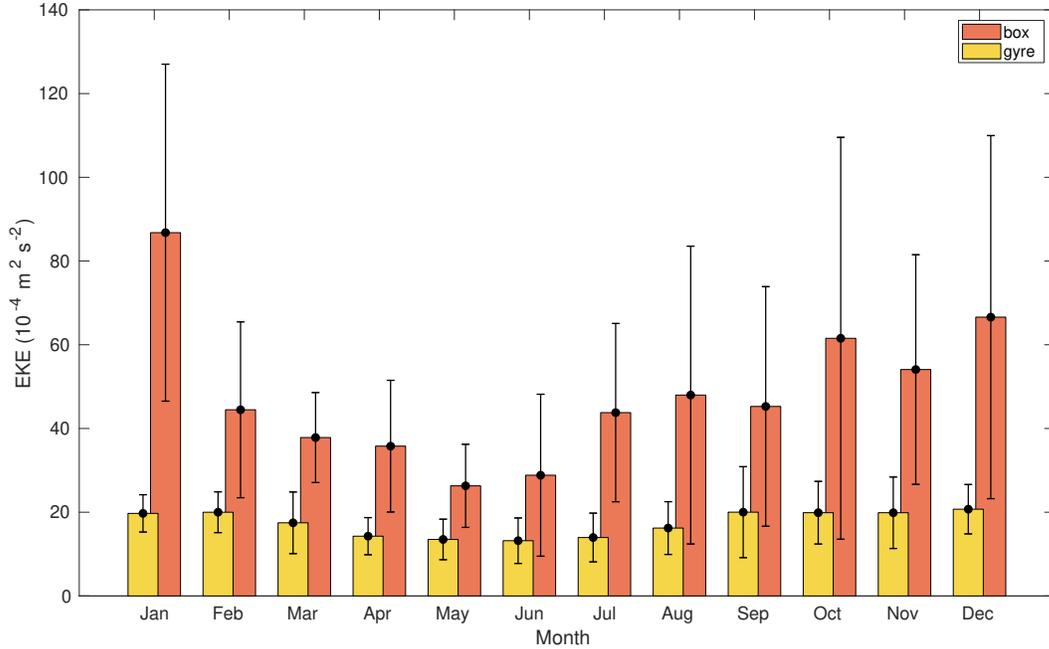


Figure 9. Seasonality of EKE northeast of Iceland. Monthly mean EKE within the Iceland Sea gyre as defined by the dynamic height contours of the sea surface (Våge et al., 2013, yellow bars) and the box in Fig. 8 delimiting the area of enhanced eddy activity northeast of Iceland (orange bars). The EKE has been inferred from along-track satellite altimetry over the period 2002–2010. The error bars indicate the standard deviation.

511 count for the bulk of the NIJ (and the IFSJ) in the present climate (Våge et al., 2015,
 512 in revision). Tracing the Atlantic Water in the NIIC in two ocean circulation models,
 513 Ypma et al. (2019) also showed that very little of this water ultimately supplies the over-
 514 flow through Denmark Strait. Finally, the Greenland Sea has recently been identified
 515 as the main source of dense water to the NIJ (Semper et al., 2019; Huang et al., 2020).
 516 All of this suggests that the NIIC plays only a marginal role as a source of water to the
 517 NIJ. However, it is still unclear how the dense water from the Greenland Sea is entrained
 518 into the NIJ and how and why the current first emerges northeast of Iceland (Semper
 519 et al., 2019). As this region also has a local EKE maximum, a dynamical aspect of the
 520 link between the NIIC and the NIJ, as hypothesized by Våge et al. (2011) and consis-
 521 tent with the implications of our results, may still hold.

522 5 Along-stream evolution of the NIIC

523 The vertical sections from the 2011 survey (Figs. 4–6) demonstrate that the hy-
 524 drographic properties in the NIIC evolve substantially from Denmark Strait to east of
 525 Iceland. We investigate this further using all available hydrographic measurements on
 526 the north Iceland shelf collected during summer and winter (Section 2), acknowledging
 527 the fact that there is an advective time scale of 2–3 months from west to east. For each
 528 profile, we averaged the hydrographic properties that fall within the corresponding en-
 529 velope of the NIIC core (Fig. 3).

530 The distribution of these mean hydrographic properties (Fig. 10) shows a general
 531 tendency of cooling and freshening with increasing distance from Denmark Strait in sum-
 532 mer and winter. The inflow of Atlantic Water through Denmark Strait is warmer in sum-

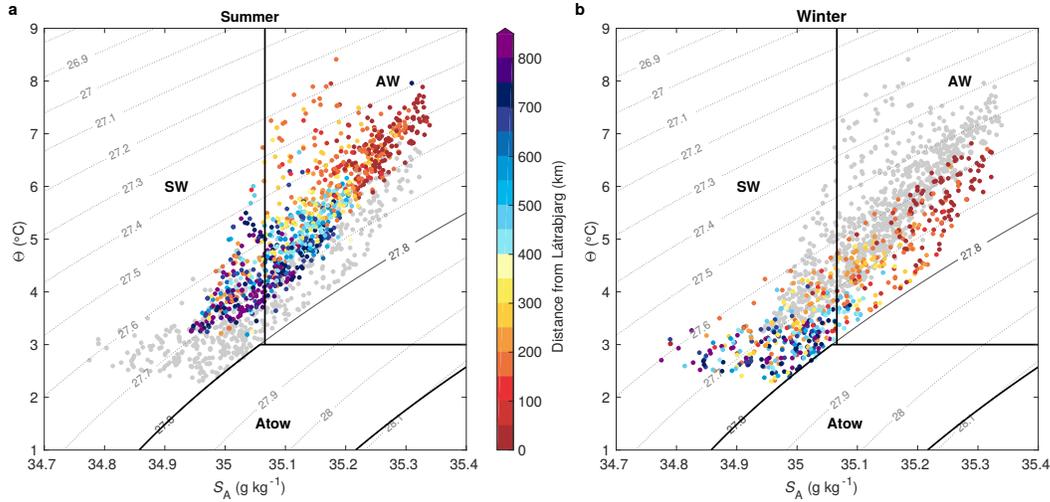


Figure 10. Distribution of hydrographic properties in the NIIC. ΘS -diagram of a) summer and b) winter hydrographic properties in the NIIC from the historical measurements. The mean of each profile within the core of the NIIC as defined from hydrographic/velocity surveys (see Section 2 for details) is colored by distance from the Látrabjarg transect (Denmark Strait). For reference, the properties of winter and summer are shown by gray dots in the background in panels a) and b), respectively. The gray contours are density. The water masses are separated by thick black lines; their acronyms are: AW = Atlantic Water; Atow = Atlantic-origin water; SW = Surface Water.

533 mer than in winter, which agrees with previous studies (e.g., Casanova-Masjoan et al.,
534 2020; Jónsson & Valdimarsson, 2012b).

535 In winter the NIIC is generally colder, and the fresh water mass classified as Sur-
536 face Water dominates most of the stations beyond the Kolbeinsey Ridge (approximately
537 450 km northeast of Denmark Strait). This water, resulting from wintertime transfor-
538 mation on the shelf, is also known as North Icelandic Winter Water (Stefánsson, 1962).
539 It may mix with ambient denser waters in the Iceland and Norwegian Seas and eventu-
540 ally contribute to the overflows across the Iceland-Faroe Ridge and possibly the Faroe
541 Bank Channel (Meincke, 1974; Read & Pollard, 1992; Hansen & Østerhus, 2000; Fogelqvist
542 et al., 2003; Ypma et al., 2019).

543 The winter properties are mainly confined between the 27.6 and 27.8 kg m^{-3} isopy-
544 cnals. We emphasize that these winter hydrographic properties are found within the core
545 of the NIIC, and that denser waters can be present on the shelf as observed at several
546 transects in the 2011 survey (Section 3). A few of the profiles near Denmark Strait are
547 as cold, fresh, and dense as some of the easternmost profiles. These waters may have been
548 advected by the NIIC through Denmark Strait or were formed locally on the shelf. Such
549 local water mass transformation is explored in Section 6.

550 To quantify the along-stream evolution of the NIIC, we grouped the hydrographic
551 properties from Fig. 10 according to distance from Denmark Strait. We chose the dis-
552 tance classes such that each class contained one of the MFRI monitoring sections, ensur-
553 ing an adequate number of profiles in each group (Fig. 11e and f). In summer, the
554 NIIC cools from 6.7 ± 0.4 °C at Látrabjarg to 4.2 ± 0.5 °C east of Iceland and freshens
555 from 35.25 ± 0.03 g kg^{-1} to 35.05 ± 0.04 g kg^{-1} , where the uncertainties are the difference
556 between the median and the 25th or the 75th percentile (whichever was larger). This cor-

557 responds to a reduction in temperature and salinity of $0.3\text{ }^{\circ}\text{C}$ and 0.02 g kg^{-1} per 100 km,
 558 respectively (Fig. 11a and b). During winter, the inflow at Látrabjarg is approximately
 559 $1.1\text{ }^{\circ}\text{C}$ colder than in summer. During this season the NIIC cools from $5.6 \pm 0.9\text{ }^{\circ}\text{C}$ to
 560 $2.9 \pm 0.2\text{ }^{\circ}\text{C}$ and freshens from $35.23 \pm 0.06\text{ g kg}^{-1}$ to $34.95 \pm 0.06\text{ g kg}^{-1}$ toward east Ice-
 561 land. The winter trends for the decrease in temperature and salinity are $0.3\text{ }^{\circ}\text{C}$ and 0.03 g kg^{-1}
 562 per 100 km, respectively. The 25th percentiles of the summer salinity overlap with the
 563 75th percentiles of the winter salinity on the western shelf, indicating that the inflow's
 564 seasonal change in salinity is less pronounced than in temperature. All trends are sig-
 565 nificant at the 99% confidence level according to the Student's t test.

566 Most of the transformation during winter occurs west of the Kolbeinsey Ridge (ap-
 567 proximately 450 km northeast of Denmark Strait). This is consistent with the findings
 568 of Casanova-Masjoan et al. (2020), who argued that the hydrographic properties of the
 569 NIIC are primarily modified before it merges with the EIC. However, the two sets of re-
 570 sults cannot be quantitatively compared because we considered the along-stream evo-
 571 lution of the NIIC core, whereas Casanova-Masjoan et al. (2020) referred to the merged
 572 flow of the EIC and NIIC and applied a static Atlantic Water definition of warmer than
 573 $3\text{ }^{\circ}\text{C}$.

574 While the cooling and freshening rates of the NIIC are not significantly different
 575 in summer and winter ($0.3\text{ }^{\circ}\text{C}$ and $0.02\text{--}0.03\text{ g kg}^{-1}$ per 100 km, quantified by a regres-
 576 sion analysis), the increase in density is significantly different at the 95% confidence level
 577 between the seasons. The NIIC cools slightly more and freshens slightly less in summer,
 578 both of which increases the density relative to the winter scenario. This is reflected in
 579 the evolution of the median density over distance and in ΘS -space (Fig. 11c and d). The
 580 transformation during summer is less isopycnal than during winter, when density changes
 581 due to freshening and cooling approximately balance. This suggests that atmospheric
 582 heat loss plays only a minor role in cooling the core of the NIIC in winter. (In summer,
 583 the net atmospheric heat flux changes sign and the ocean gains heat.) Instead, isopy-
 584 cnal mixing with cold, fresh surrounding waters is the dominant process responsible for
 585 the modification of the NIIC. As the cooling and freshening signal is larger on the outer
 586 shelf than near the coast (not shown), the water mixing with the NIIC must originate
 587 from offshore, in the Iceland Sea.

588 To support the notion that atmospheric heat loss plays a minor role in modifying
 589 the core of the NIIC, we carried out the following simple calculation. First we estimated
 590 the wintertime heat loss between our survey lines using the NIIC temperatures from the
 591 historical hydrographic data set (Fig. 11). Then, for an idealized water column of 200 m
 592 depth and 1 m^2 in surface area, we integrated atmospheric heat fluxes from ERA5 over
 593 the respective area for the period of the travel time inferred from the NIIC's velocity.
 594 The observed cooling between two survey lines from Fig. 11, minus that due to the air-
 595 sea heat flux, is the cooling due to other processes such as mixing with colder water masses.
 596 Our rough estimates indicate that atmospheric heat loss contributes as little as 5–25%
 597 to the wintertime modification of the NIIC core along the north Iceland shelf.

598 **6 Water mass transformation on the north Iceland shelf**

599 The considerable along-stream modification of the NIIC motivates us to investi-
 600 gate the water mass transformation of all waters on the north Iceland shelf in more de-
 601 tail. While overflow water is commonly present on the shelf, it is unclear whether this
 602 results from advection or local formation. We now assess the local formation of overflow
 603 water on the shelf and possible contributions to the NIJ and IFSJ. As in Section 5, we
 604 consider the historical hydrographic data north of Denmark Strait.

605 The mean mixed-layer density on the north Iceland shelf in winter is 27.7 kg m^{-3}
 606 with a standard deviation of 0.1 kg m^{-3} . Of the 806 winter profiles, 85 (11%) have mixed

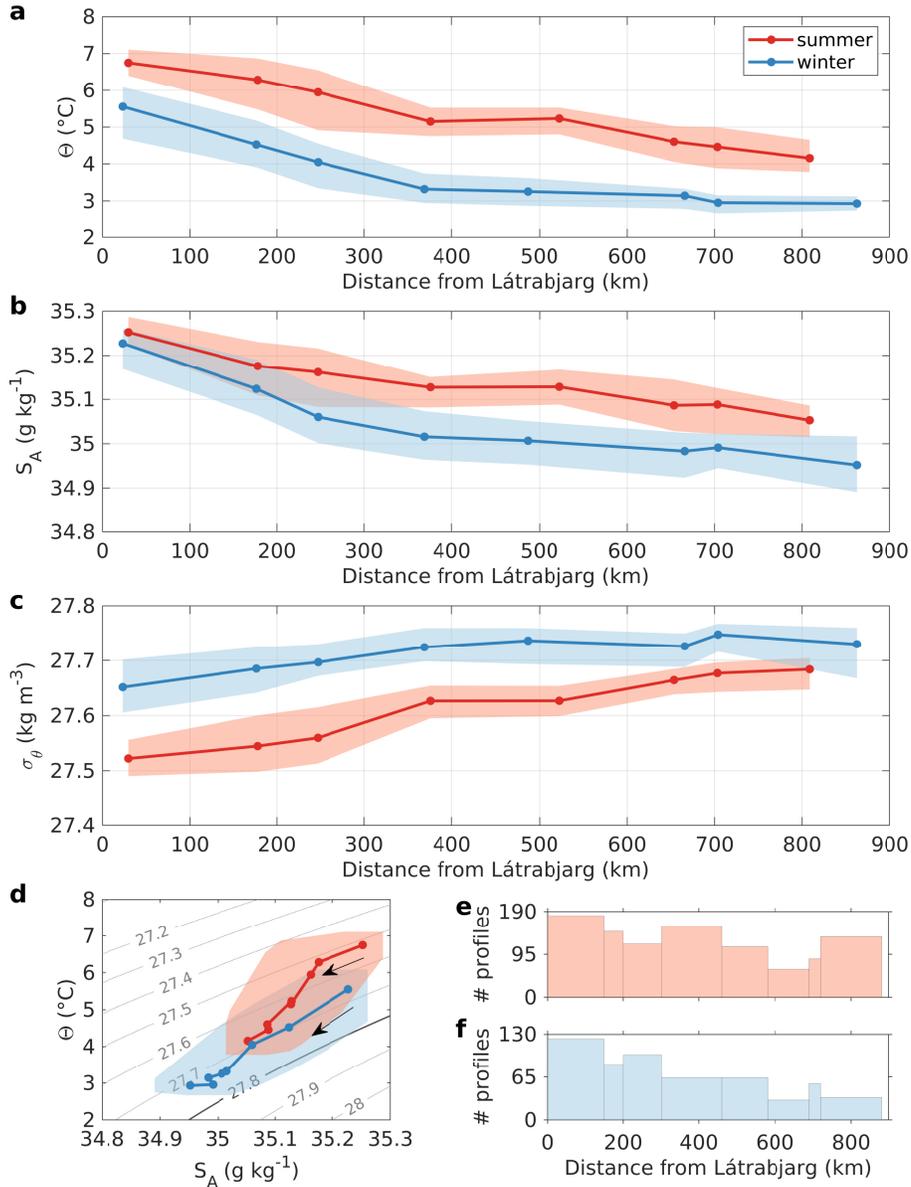


Figure 11. Along-stream evolution of a) temperature, b) salinity, and c) density in the core of the NIIC for summer (red) and winter (blue) from the historical hydrographic measurements in Fig. 10. The median properties of each distance class are marked at their mean distance from the Látrabjarg transect (Denmark Strait). The range between the 25th and 75th percentiles is indicated by the shading. The evolution of the median properties in ΘS -space is shown in d), where the area between the 25th and 75th percentiles is covered by the envelope. The arrows point toward increasing distance from Látrabjarg. The number of profiles per distance class for summer and winter is displayed in panels e) and f), respectively (note the different scales on the y -axis).

607 layers that exceed overflow water density (Fig. 12a). (Unsurprisingly, none of the 1197
 608 summer profiles has such a dense mixed layer.) However, dense winter mixed-layers do
 609 not necessarily imply significant local overturning, as less than one-third of these pro-
 610 files are homogeneous all the way to the bottom (Fig. 12a). Of all winter profiles, less
 611 than 3% are both homogeneous to the bottom and exceed the density of overflow wa-
 612 ter.

613 We note that the vast majority (85%) of the winter profiles were obtained in Febru-
 614 ary, and further heat loss likely continues to densify the mixed layers until the end of win-
 615 ter. To estimate the mean mixed-layer density at the end of April, we used a one-dimensional
 616 mixed-layer model known as the PWP-model (Price et al., 1986), which has previously
 617 been employed in the Iceland Sea (e.g., Moore et al., 2015; Våge et al., 2018). We ini-
 618 tialized the model with the average temperature and salinity profiles from all of the Febru-
 619 ary measurements (where the bottom depth of the mean profile is 400 m and the initial
 620 mixed-layer depth is approximately 150 m). The mean winter heat fluxes from ERA5 on
 621 the north Iceland shelf over the sampling period 1980–2016 were imposed at the surface
 622 at each time step. We applied the forcing over three months (February–April), conser-
 623 vatively assuming that all February profiles – irrespective of their sampling date – were
 624 exposed to cooling for the entire period. The simulations indicate that only by increas-
 625 ing the atmospheric forcing by 50% above the mean ERA5 values, does the mean mixed
 626 layer attain overflow water density. While mixed-layer densities exceeding 27.8 kg m^{-3}
 627 may have occurred more often than the historical hydrographic data set biased toward
 628 February suggests, an additional three months of heat loss for the most part did not re-
 629 sult in overflow water formation by the end of the winter season.

630 The bottom densities on the shelf greatly exceed the mixed-layer densities (Fig. 12b).
 631 Overflow water occupies the deepest part of the water column, in particular where troughs
 632 bisect the shelf, such as north (near 19°W) and east (near 66°N) of Iceland. We iden-
 633 tified a total of 739 profiles with overflow water at depth. The large majority of these
 634 profiles were stably stratified; only 24 profiles were vertically homogeneous. This sug-
 635 gests that there are two distinct causes for the presence of overflow water on the shelf:
 636 local transformation of the mixed layer and the up-banking of dense water near the shelf
 637 break at depth, with the latter being the dominant cause. This is consistent with the
 638 fact that the dense water at depth is present both in summer and winter (Fig. 12b), and
 639 agrees with the results of Jochumsen et al. (2016), who demonstrated that there is no
 640 significant seasonal variability of the bottom temperature and salinity properties below
 641 approximately 250 m depth on the Iceland shelf. In the 2011 survey, overflow water was
 642 observed near the shelf break at several transects (Section 3). Such up-banking of dense
 643 water along the north Iceland slope supports the middepth-intensified structure of the
 644 NIJ, and is well documented (Jónsson & Valdimarsson, 2004; Våge et al., 2011; de Jong
 645 et al., 2018; Semper et al., 2019). The mechanism causing the up-banking of the dense
 646 water remains to be studied.

647 The occurrence of dense mixed layers, however, can likely be explained by local wa-
 648 ter mass transformation (Fig. 12a). Before the mid-1990s, dense-water formation on the
 649 north Iceland shelf appeared to be more common, whereas mixed layers denser than $\sigma_\theta = 27.8 \text{ kg m}^{-3}$
 650 have scarcely been observed since (Fig. 12c). This agrees with the notion that the wa-
 651 ters on the shelf have become warmer and saltier over the past decades (Casanova-Masjoan
 652 et al., 2020), with the net effect of a slightly decreasing trend in density. However, con-
 653 sidering that the majority of the wintertime profiles stem from after 1995, conclusions
 654 regarding dense-water formation on the shelf before 1995 are tentative. After the mid-
 655 1990s, there were only three winters (1995, 2004, and 2016) when more than one-third
 656 of the mixed layers on the shelf exceeded overflow water density. Geographically, these
 657 dense profiles were observed over a large area on the central northern shelf. This sug-
 658 gests that the dense mixed layers result from transformation on the northern shelf, down-
 659 stream of the inflow through Denmark Strait.

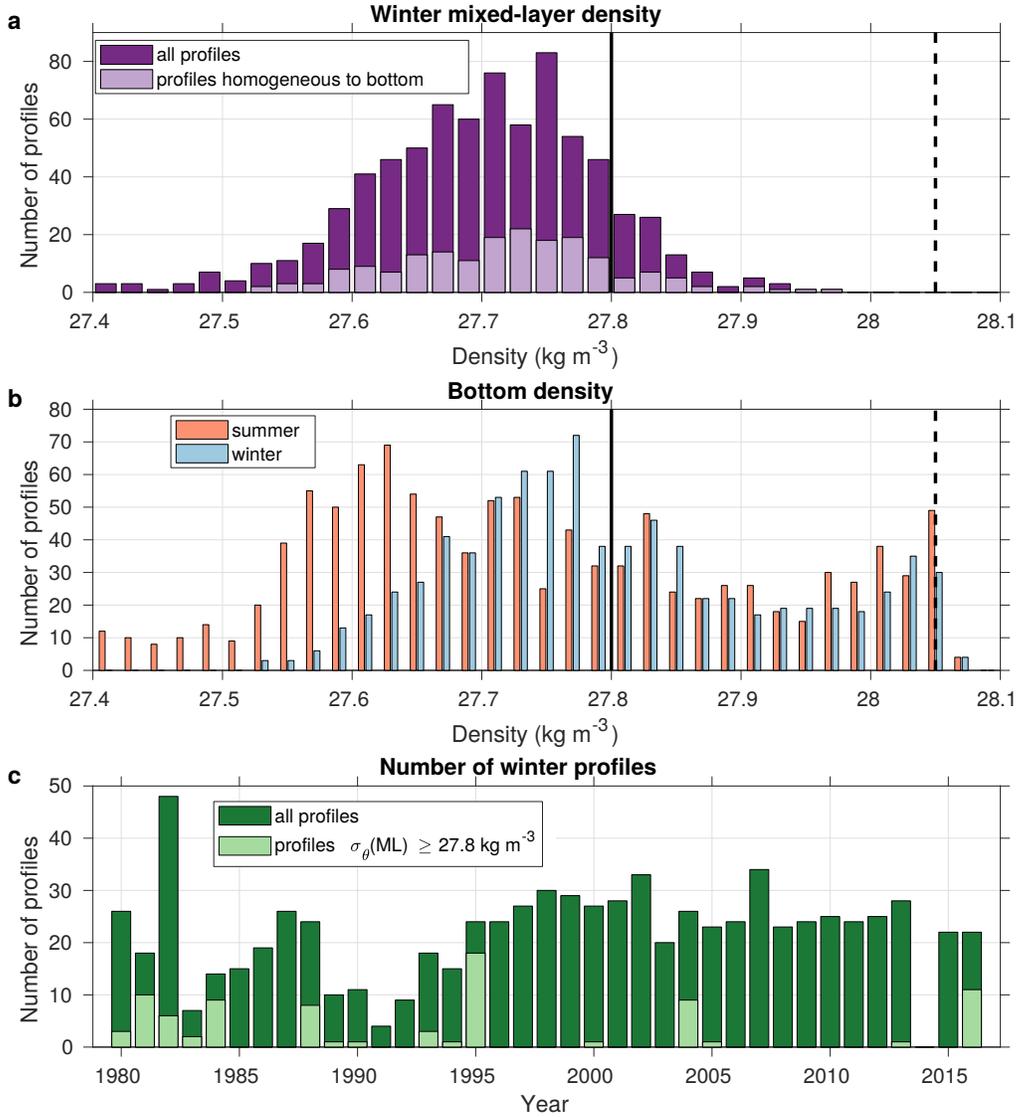


Figure 12. Density distribution and number of winter profiles per year on the north Iceland shelf. Distribution of a) mixed-layer density for all winter profiles (purple), including the subset of profiles that are homogeneous all the way to the bottom (light purple); and b) bottom density for all summer (red) and winter (blue) profiles. The x -axis is truncated at 27.4 kg m^{-3} for increased legibility. The 27.8 kg m^{-3} isopycnal delimiting overflow water and the 28.05 kg m^{-3} isopycnal indicating the transport mode of the NIJ (Semper et al., 2019) are marked by the solid and dashed black lines, respectively. c) Interannual variability in the number of winter profiles (green), including the subset of profiles with mixed layers (ML) exceeding the density of overflow water (light green).

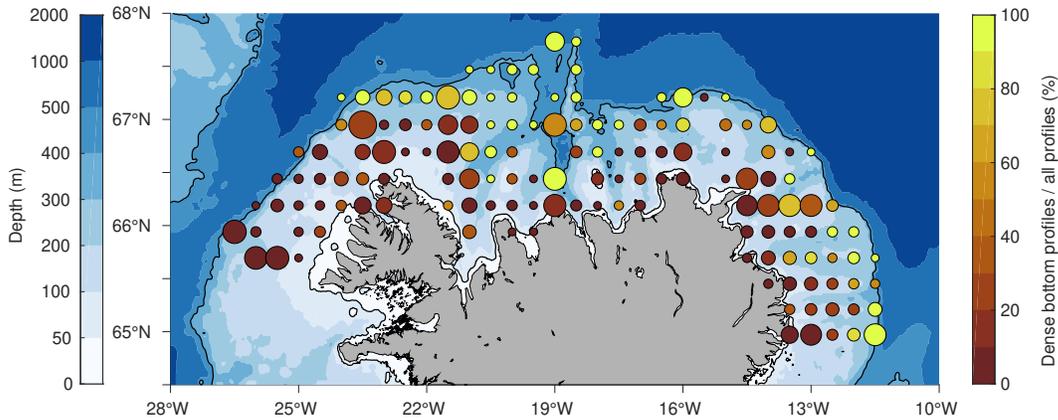


Figure 13. Map showing the ratio of profiles (from all seasons) with bottom densities exceeding overflow water density to the total number of profiles located within 0.5° longitude \times 0.25° latitude bins. Due to the binning, the locations of some of the markers extend outside the 50 and 400 m isobaths highlighted in black. The number of total profiles per bin, ranging from 1 to 157, is proportional to the size of the markers. The colored shading is the bathymetry from ETOPO1.

660 Interestingly, the hydrographic properties of the overflow water on the shelf differed
 661 considerably between these three years: the mixed layers were warm and saline in 2004
 662 and 2016, but cold and mostly fresher in 1995 (Fig. 14). The mixed-layer properties of
 663 all years partly match the hydrographic properties of the upper layers of the NIJ, and
 664 to some extent the IFSJ (the IFSJ observations are based on a single survey, Semper,
 665 Pickart, Våge, Larsen, et al., 2020). The upper portion of the currents (which is more
 666 variable in properties than the deeper portion), contains Atlantic-origin water. As such,
 667 water mass transformation on the north Iceland shelf may, on rare occasions, contribute
 668 to this component of the Denmark Strait and Faroe Bank Channel overflows. We note,
 669 however, that it is unclear to what extent waters from the north Iceland shelf may be
 670 entrained into the IFSJ, which is located farther offshore than the NIJ (Semper, Pickart,
 671 Våge, Larsen, et al., 2020). Considering that the NIJ often shares a common front with
 672 the NIIC (Pickart et al., 2017), and that there may be a dynamical link between these
 673 two currents (Section 4; Våge et al., 2011), direct entrainment of dense shelf waters is
 674 more likely for the NIJ than for the IFSJ. In any case, Arctic-origin overflow water ac-
 675 counts for a more substantial volume transport in both the NIJ and the IFSJ, and such
 676 dense water was not observed in the mixed layers on the north Iceland shelf. This is con-
 677 sistent with previous observational studies suggesting a Greenland Sea origin for the dens-
 678 est portion of these currents (Pickart et al., 2017; Brakstad et al., 2019; Semper, Pickart,
 679 Våge, Larsen, et al., 2020; Huang et al., 2020).

680 The recent numerical simulations by Garcia-Quintana et al. (2021), who argued that
 681 the Iceland shelf is an important source of water to the NIJ, are not consistent with our
 682 results. Their modeling study suggests that wintertime water mass transformation on
 683 the northwestern Iceland shelf leads to the formation of overflow water and dense-water
 684 plumes that supply up to 20 % of the NIJ's volume transport. The model's density struc-
 685 ture is not representative of the observations, in particular near the coast, where the strat-
 686 ified, fresh coastal current is present. In this region, dense mixed layers extending to the
 687 bottom form in the model and supply the dense-water plumes that cascade through the
 688 submarine canyons north of Iceland. This is incongruent with the observations. Further-
 689 more, the high salinity of the overflow water that supplies the NIJ in the model, result-
 ing from direct transformation of the saline Atlantic Water in the NIIC, is not consis-

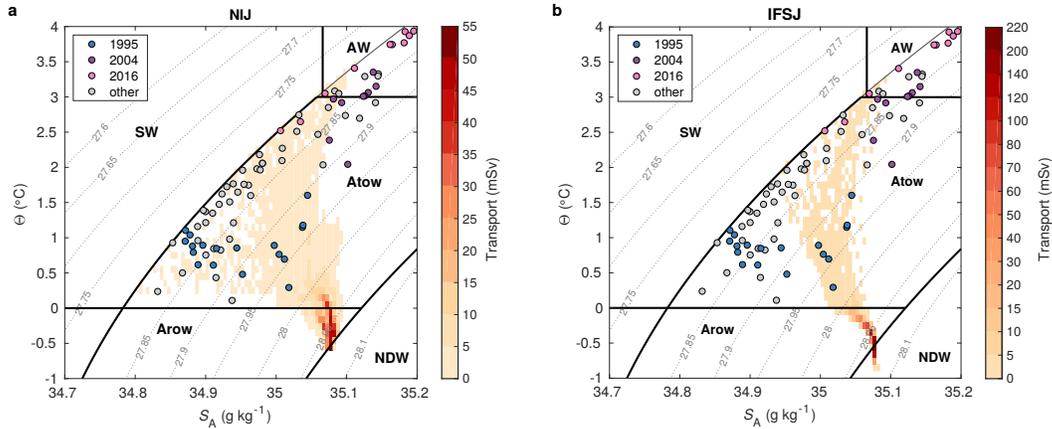


Figure 14. Hydrographic properties of the winter mixed layers on the north Iceland shelf exceeding overflow water density (circles colored according to the year of observation) in relation to the mean volume transport of overflow water in the a) NIJ and b) IFSJ displayed by temperature/salinity class (see color bar). The gray contours are density. The volume transport in the NIJ is an average of nine occupations at the Hornbanki section (Semper et al., 2019), while the transport in the IFSJ is an average of seven transects between northeast Iceland and the Faroe Islands (Semper, Pickart, Våge, Larsen, et al., 2020). Water masses are separated by thick black lines; their acronyms are: AW = Atlantic Water; Atow = Atlantic-origin water; Arow = Arctic-origin water; NDW = Nordic Seas Deep Water; SW = Surface Water.

691 tent with the observed salinity in the NIJ (Semper et al., 2019). Our observations indicate that
 692 dense-water formation on the north Iceland shelf is rare, in direct contradiction to the notion that the
 693 Iceland shelf is a major source to the NIJ as inferred from the numerical simulations by Garcia-Quintana et al. (2021).
 694

695 The contrasting hydrographic properties of the dense mixed layers in 1995 versus
 696 those in 2004 and 2016 indicate that the water mass transformation occurred under different
 697 conditions. The winter of 1995 was characterized by stronger and more frequent
 698 northerly winds over the Nordic Seas than previously observed, leading to low air temper-
 699 atures in Iceland (Malmberg & Jónsson, 1997; Valdimarsson & Malmberg, 1999). The
 700 influence of Arctic waters north of Iceland was substantial (Malmberg & Jónsson, 1997),
 701 while the heat transport of the NIIC was reduced and the Atlantic Water fraction was
 702 at a minimum of 36 % (Jónsson & Valdimarsson, 2012b). These extremely cold condi-
 703 tions favored local formation of overflow water. By contrast, the winter of 2004 followed
 704 the highest measured Atlantic Water inflow in the NIIC in 2003, when the flow was com-
 705 posed of 76 % Atlantic Water (Jónsson & Valdimarsson, 2012b). This high 2003 inflow
 706 was likely driven by intensified winds southwest of Iceland caused by the strengthening
 707 and westward shift of the Icelandic Low (Zhao et al., 2018). The strong Atlantic Wa-
 708 ter inflow brought large amounts of heat and salt onto the north Iceland shelf. While
 709 some heat was lost to the atmosphere during fall, the high salinity was likely reduced
 710 at a slower rate and facilitated densification and local formation of relatively saline over-
 711 flow water the following winter. The proportion of Atlantic Water in the NIIC in 2015
 712 was very high as well, and the same mechanism likely led to the very warm and saline
 713 overflow water on the shelf the following winter. According to Jónsson & Valdimarsson
 714 (2012b), in most winters the proportion of Atlantic Water in the NIIC varies between
 715 53 and 67 %, so the winters of 1995 and 2004 were exceptional on opposite ends of this
 716 range. This suggests that the Atlantic Water fraction of the NIIC may dictate whether

717 overflow water is formed on the north Iceland shelf and also determine its final proper-
 718 ties.

719 **7 Conclusions**

720 Using hydrographic/velocity data from a high-resolution shipboard survey from Septem-
 721 ber 2011, in combination with historical hydrographic measurements as well as satellite
 722 and surface drifter data, we investigated the evolution and transformation of the NIIC
 723 along the north Iceland shelf. The current generally follows the shelf break, except in
 724 the region of complex bathymetry near the Kolbeinsey Ridge, where the NIIC is deflected
 725 toward the coast along what can be considered an inner shelf break. The volume trans-
 726 port estimates and surface drifter data demonstrate that portions of the current recir-
 727 culate in Denmark Strait and also west of the Kolbeinsey Ridge, consistent with previ-
 728 ous studies. At the Hornbanki transect, approximately 300 km northeast of Denmark Strait,
 729 we estimated a transport of 1.6 ± 0.4 Sv, using absolute geostrophic velocity from the high-
 730 resolution hydrographic/velocity survey. This is within the range of earlier estimates,
 731 which are available for this section from disparate data sets and methods. The trans-
 732 port of the NIIC diminished significantly northeast of Iceland, and what remained of the
 733 current merged with the Atlantic Water inflow east of Iceland in fall 2011. However, we
 734 note that the current's eastward extent may vary seasonally and interannually; further
 735 investigation is needed to conclusively determine the ultimate fate of the NIIC.

736 The region northeast of Iceland is prone to baroclinic instability due to the steep
 737 bathymetry and enhanced velocities of the NIIC. Such instability facilitates the forma-
 738 tion of eddies, which divert heat and salt from the shelf into the Iceland Sea. This pro-
 739 cess may contribute to the reduction of the volume transport of the NIIC, as some of the
 740 water exchanged with the Iceland Sea is likely overflow water, which is not considered
 741 in the transport estimate. EKE inferred from satellite altimetry and surface drifters, as
 742 well as sea surface temperature variability, revealed enhanced eddy activity in this re-
 743 gion – in particular during winter. The co-location of this region with the emergence of
 744 the NIJ is an intriguing finding that deserves further exploration. Our observations are
 745 consistent with the simulations from the idealized model of Våge et al. (2011), who hy-
 746 pothesized the existence of a dynamical link between the NIIC and the formation of the
 747 NIJ.

748 The properties of the NIIC are modified along its entire pathway from Denmark
 749 Strait to east of Iceland. Considering all available historical hydrographic measurements,
 750 we estimate that the core of the current is freshened by approximately $0.02\text{--}0.03$ g kg⁻¹
 751 per 100 km and cooled by 0.3 °C per 100 km in both summer and winter. The mixing
 752 with cold, fresh offshore waters along the NIIC's pathway appears to be the dominant
 753 mechanism that modifies the current, rather than air-sea interaction.

754 While dense overflow water is present on the north Iceland shelf year-round, espe-
 755 cially in the vicinity of the shelf break, local formation of overflow water occurred only
 756 in approximately 11 % of all winter profiles over the period 1980–2016, mainly before the
 757 mid-1990s. The hydrographic properties of the water transformed on the shelf match the
 758 lighter portion of the NIJ and occasionally the IFSJ. Dense water formed on the north
 759 Iceland shelf may thus contribute to the shallower component of these slope currents.
 760 However, most of the more recent dense mixed layers were recorded during three partic-
 761 ular winters that coincided with unusually low and high proportions of Atlantic Wa-
 762 ter in the NIIC.

763 The importance of the NIIC's heat and salt transport for the local climate and ecosys-
 764 tem is well known (e.g., Jónsson & Valdimarsson, 2012b). Previous studies have also sug-
 765 gested that there is a direct link between the NIIC and the NIJ, implying a significant
 766 influence of the NIIC on the northern extremity of the AMOC and thus large-scale cli-

767 mate (Våge et al., 2011; Pickart et al., 2017). Our results indicate that overturning on
 768 the north Iceland shelf may only sporadically supply the NIJ. Nevertheless, enhanced
 769 eddy kinetic energy in the region where the NIJ emerges suggests that the NIIC may play
 770 a key role for the dynamics of the NIJ and thus the overturning circulation in the Nordic
 771 Seas.

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 780 the corresponding author. The references to the individual data sets can be found in Huang
 781 et al. (2020). The hydrographic/velocity data are available in PANGAEA with the iden-
 782 tifiers 10.1594/PANGAEA.919516, 10.1594/PANGAEA.919515, 10.1594/PANGAEA.903535,
 783 and 10.1594/PANGAEA.919569 and on <http://kogur.who.i.edu>. The near-surface drifter
 784 data are archived and distributed by the Atlantic Oceanographic and Meteorological Lab-
 785 oratory of the National Oceanic and Atmospheric Administration (AOML/NOAA; [https://](https://www.aoml.noaa.gov/phod/gdp/mean_velocity.php)
 786 www.aoml.noaa.gov/phod/gdp/mean_velocity.php). The satellite sea surface height
 787 and sea surface temperature data are distributed by the E.U. Copernicus Marine Ser-
 788 vice Information (<http://marine.copernicus.eu>, product identifiers SEALEVEL_GLO_PHY_L3_REP_
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