

Nonequilibrium fluctuations and nonlinear response of an active bath

Hunter Seyforth,^{1,*} Mauricio Gomez^{1,*}, W. Benjamin Rogers², Jennifer L. Ross³, and Wylie W. Ahmed^{1,†}¹*Department of Physics, California State University Fullerton, California 92831, USA*²*Department of Physics, Brandeis University, Waltham, Massachusetts 02452, USA*³*Department of Physics, Syracuse University, Syracuse, New York 13244, USA*

(Received 1 November 2021; accepted 15 March 2022; published 18 April 2022)

We analyze the dynamics of a passive colloidal probe immersed in an active bath using an optical trap to study three physical processes: (1) the nonequilibrium fluctuations transferred to the probe by the active bath, (2) the friction experienced by the probe as it is driven through the active bath, and (3) the force relaxation of the probe returning to its equilibrium position. We measure the local force dynamics where all of the following characteristics are of $\mathcal{O}(1)$: the size of the probe colloid relative to the active bath particle; the size of the probe colloid relative to the characteristic run-length of an active particle; and the timescale of probe movement to the persistence time of an active particle. We find at Péclet (Pe) $\ll 1$ the active suspension exhibits shear thinning down to the solvent viscosity (but not below); at $0.85 < Pe \leq 5.1$, the active bath shear thickens; and at $Pe \geq 8.5$, the effective viscosity of the active bath shows a decreased effect of thickening and plateaus. These results are in agreement with recent modeling and simulations of the nonlinear rheology of an isotropic active bath, providing experimental verification, and suggesting the model predictions extends to moderately dense suspensions. Further, we observe that the distribution of force fluctuations depends on Pe , unlike in passive equilibrium baths. Lastly, we measure the energy transfer rate from the active bath to the probe to be $\langle J \rangle \approx 10^3 k_B T/s$, which leads to an increase in the effective diffusion of the probe by a factor of ~ 2 .

DOI: [10.1103/PhysRevResearch.4.023043](https://doi.org/10.1103/PhysRevResearch.4.023043)

I. INTRODUCTION

Collections of self-propelled particles have become a cornerstone for theoretical and experimental studies of active matter [1–3]. Model systems (living and nonliving) cover a wide range of length scales, from nanometer to meter [4–13], but they all share a common trait: the individual objects that compose the system consume energy and generate self-propulsion [1,14,15]. Consequently, these systems are far from equilibrium and exhibit interesting dynamics, such as violation of the fluctuation dissipation theorem (FDT) [16–19], broken detailed balance [20–23], entropy production [24–27], collective motion [28–31], giant density fluctuations [32–34], active self-organization [35–38], and novel rheology [39–43]; none of which are observed in systems at thermodynamic equilibrium.

To obtain an understanding of the bulk properties of active baths, investigations are often focused on length scales much larger than the individual active particles using techniques such as microviscometers or macroscopic rheometers [40]. These studies were the first to reveal the intriguing observation

of superfluidity in suspensions of swimming bacteria [44–46]. This superfluidlike behavior results from a macroscopic balance between viscous dissipation and the input energy of the swimming bacteria [40], and have motivated a large number of theoretical studies [47–58]. Some studies have investigated the local dynamics at the microscopic scale and how they might give rise to novel bath properties [35,47–49,59,60]. And at the scale of individual swimmers, investigations have revealed complex dynamics that depend on the local environment [61–67], which could play a role in the bulk active bath properties. Pioneering studies at the microscopic scale showed: enhanced tracer diffusion [68–70] and force fluctuations [71], power-law stress fluctuations and violation of FDT [16], and a memory-less friction kernel [72].

Here, we use a well-established model system for creating a microscopic active bath—a suspension of swimming *E. coli* [73,74]—and study the enhanced local dynamics of an immersed probe particle due to active fluctuations. We employ approaches from nonequilibrium statistical mechanics [16,17,75] and colloid physics [76–78] to measure the local fluctuations and rheology at the colloidal scale. Building on previous work [16,71,72], we study force fluctuations by direct measurement of a passive colloidal probe in an active bath using an optical trap and the photon momentum method (PMM). We use a moderately dense concentration ($\phi_{\text{eff}} = 0.2$) to create an isotropic active bath, where no long-range structures, flows, or orientational order are observed and test recent theoretical predictions for the nonequilibrium properties [47]. Specifically we investigate the effect of the active bath on the local fluctuations, microrheology, and relaxation

*These authors have contributed equally to this work.

†Corresponding author: wahmed@fullerton.edu

Published by the American Physical Society under the terms of the [Creative Commons Attribution 4.0 International](https://creativecommons.org/licenses/by/4.0/) license. Further distribution of this work must maintain attribution to the author(s) and the published article's title, journal citation, and DOI.

of an immersed probe particle in a regime that has not yet been explored: moderate density and nonlinear response.

We find at $Pe = 0$ the probe experiences enhanced force fluctuations and the active bath approaches the solvent viscosity, but not below; at intermediate Pe (0.85 to 5.1) the active bath shear thickens to $\sim 3\text{--}5X$ the viscosity of a comparable passive colloidal suspension; and at high Pe (8.5 to 50.9) the effective viscosity decreases and exhibits a plateau. Further, the amplitude of force fluctuations in the active bath depend on Pe , a behavior that is uniquely nonequilibrium.

II. MATERIALS AND METHODS

A. Sample preparation

Escherichia coli are a well-characterized model system for use as active colloids [73]. *E. coli* were purchased from Carolina Scientific (item No. 155068) and used within 48 hr of arrival. We determined the cell density in our experiments by using optical density spectrophotometry. The measured $OD_{600} = 0.8$ corresponds to $n \sim 10^9$ cells/mL, which is equivalent to an effective volume fraction of $\phi_{\text{eff}} = 0.2$. This effective volume fraction accounts for cell body and flagella bundle. Randomly oriented cells reach “overlap” at $\phi_{\text{eff}} \sim 0.1$ [73]. We sandwiched a $20\text{ }\mu\text{L}$ droplet of solution containing *E. coli* in a sample chamber made from a glass slide and a coverslip (Fisher Scientific, 12-545F) with vacuum grease (Dow Corning, Z273554) to seal the chamber. Throughout the paper, this active suspension of swimming *E. coli* is called the “active bath,” and “passive bath” refers to a sample of only water. The inset of Fig. 1 shows a representative image. Measurements were made in the middle of a sample chamber of height $\sim 300\text{ }\mu\text{m}$ and thus hydrodynamic effects due to the confined geometry have a small effect on measured viscosity ($<2\%$), as estimated by Faxen’s correction for a microsphere near a boundary [79].

B. Optical tweezer measurements

For microscopy and optical trapping, we used a Nikon TE2000 with a $60\times/1.2NA$ water-immersion objective and Hamamatsu ORCA-Flash4.0 V2. The optical tweezer system (Impetux Optics S.L.) includes the optical trap, piezo stage positioning, and force detection. The $60\times$ objective focuses the near-infrared laser (1064 nm, IPG-YLR-10, IPG Photonics) to create the optical trap. The photon momentum method (PMM) [80,81] was implemented with a $1.4NA$ oil immersion condenser and a position sensitive sensor, digitized at 50 kHz, allows for force detection and laser tracking interferometry. For the force calibration to be accurate, it is critical to use a condensing objective with higher numerical aperture than the trapping objective and to minimize scattering of light through the sample [80,82]. The PMM approach provides direct access to the optical trapping force, even in the nonlinear regime, and does not depend on linear calibration of position and trap stiffness. A drawback of this approach is we do not have direct access to position information for trajectory analysis. Labview (National Instruments) was used to control all experimental hardware and data acquisition.

We used a colloidal probe, $r = 5\text{ }\mu\text{m}$ (Alfa Aesar, 42717) as our passive tracer particle for all optical tweezer

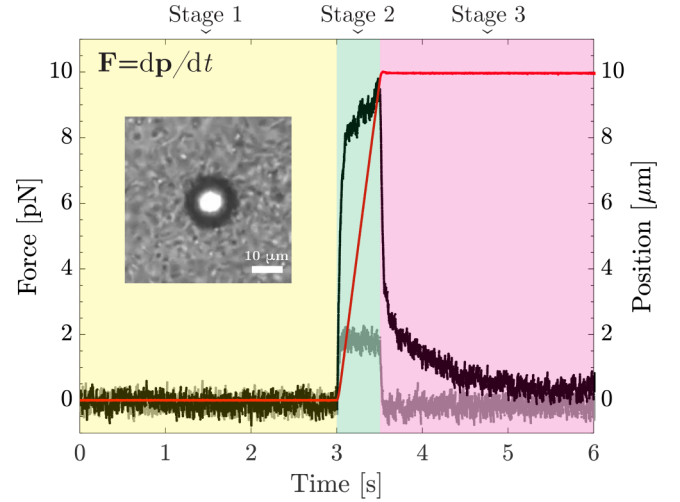


FIG. 1. Overview of experimental protocol: spontaneous force fluctuations are measured in stage 1 (left, yellow shaded), nonlinear mechanical response in stage 2 (middle, green shaded), and force relaxation in stage 3 (right, magenta shaded). The left vertical axis shows the optical trap force, measured via PMM, in the direction parallel to stage motion for an active (black) and passive (grey) bath. The right vertical axis shows the stage position (red), indicating time periods of no motion (stage 1 and 3) and constant velocity (stage 2). Data shown for constant velocity of $\langle U \rangle = 20\text{ }\mu\text{m/s}$ ($Pe = 8.5$). Already evident in stage 2 (green shaded) is the increased viscosity of the active suspension relative to water and the viscoelastic-like relaxation in stage 3 (magenta shaded). Left inset show representative image of a colloid optically trapped in the active bath (scale bar = $10\text{ }\mu\text{m}$). Note that duration of stage 1 and 3 are much longer, but not shown for clarity.

measurements. We chose a probe size that allowed us to measure length scales larger than individual *E. coli*. Force measurements were conducted separately on both active and passive baths. There are three distinct stages in each measurement as shown in Fig. 1: stage 1, the spontaneous force fluctuations of the probe (piezo is stationary); stage 2, nonlinear microrheology of the probe moving through the bath at constant velocity, $\langle U \rangle$, covering a range from $2\text{--}120\text{ }\mu\text{m/s}$; and stage 3, force relaxation of the probe as it recovers from stage 2 perturbation back to its equilibrium position. A representative example experiment is shown in Fig. 1.

C. Data analysis

We calculate the force spectrum $\langle |\tilde{F}|^2 \rangle$ [Fig. 2(a)], by estimating the power spectrum of a finite force signal, $F(t)$, sampled at 50 kHz, using Welch’s method with a Hamming window [83]. We fit the force spectrum to our analytic model using nonlinear least squares [84]. The active energy spectrum [Fig. 2(b)] was calculated by taking the ratio of force spectra from the active and passive bath and subtracting thermal (passive) fluctuations, $E_{\text{act}} = \langle |\tilde{F}_{\text{active}}|^2 \rangle / \langle |\tilde{F}_{\text{passive}}|^2 \rangle - 1$, where E_{act} is a function of frequency in units of $k_B T$ [85]. All probability distributions were calculated assuming stationarity and normalized such that, $\int \mathcal{P}(F) dF = 1$, where \mathcal{P} is the probability density, and F is the force of interest. For example, in the inset of Fig. 2(a), we use the forces from stage 1, while

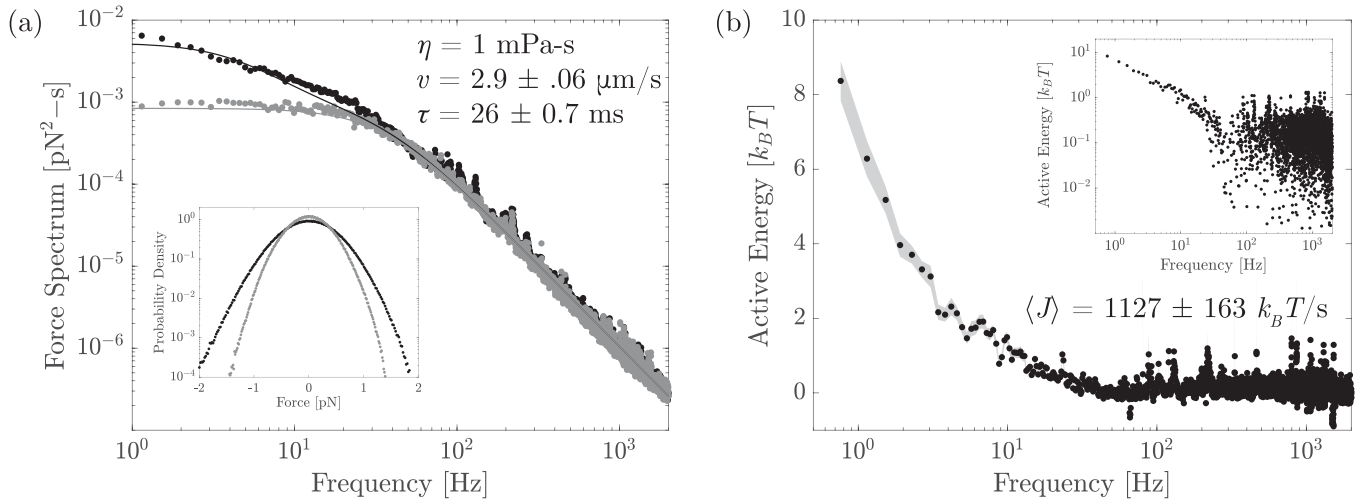


FIG. 2. Nonequilibrium fluctuations in an active bath: (a) force spectra calculated from stage 1 are shown for a colloid in an active bath (black) and passive bath (grey). At low frequencies ($f < 50$ Hz) the force spectra in the active bath is greater. Theoretical fit to equation 2 (solid lines) estimates the viscosity of the bath ($\eta = 1$ mPa s), and characterizes the active process on average by its active burst velocity ($v = 2.9 \pm 0.06$ $\mu\text{m/s}$) and timescale ($\tau = 26 \pm 0.7$ ms). Fit for the passive bath (solid grey) corresponds the same viscosity as the active bath ($\eta = 1$ mPa s) and zero activity ($v, \tau = 0$). Inset shows the probability density of force fluctuations for an active (black) and passive (grey) bath. (b) The active energy spectrum quantifies the nonthermal energetic fluctuations of a colloid in the active bath (shaded grey region indicates standard error of the mean). Integrating this spectrum provides an estimate of the energy dissipation rate $\langle J \rangle$ via the Harada-Sasa equality [75]. Inset shows a log-log plot of active energy spectrum.

in Fig. 4, we use the force measured during stage 2. All data analysis was completed in MATLAB.

D. Microrheology

To measure the nonlinear response we use Pulling Active Microrheology (PAM) [76,77,86], where the probe is pulled through the sample at constant velocity for a duration of 0.5–1 s. While these types of measurements are often “mixed

mode,” as in neither constant force nor velocity, our experimental parameters (i.e. stage velocity, probe size, bath particle size) put us well within the regime for constant velocity [78]. In PAM, it is common to define a “generalized Stokes relation,” which relates the average force $\langle \mathbf{F} \rangle$, taken from the finite force signal, on the probe particle to its average velocity $\langle \mathbf{U} \rangle$, where $\langle \mathbf{F} \rangle = 6\pi r \eta_{\text{eff}} \langle \mathbf{U} \rangle$, η_{eff} is the effective viscosity of the suspension, and \mathbf{U} is the velocity of the stage, ranging from 2–120 $\mu\text{m/s}$. We use this relation to calculate the effective

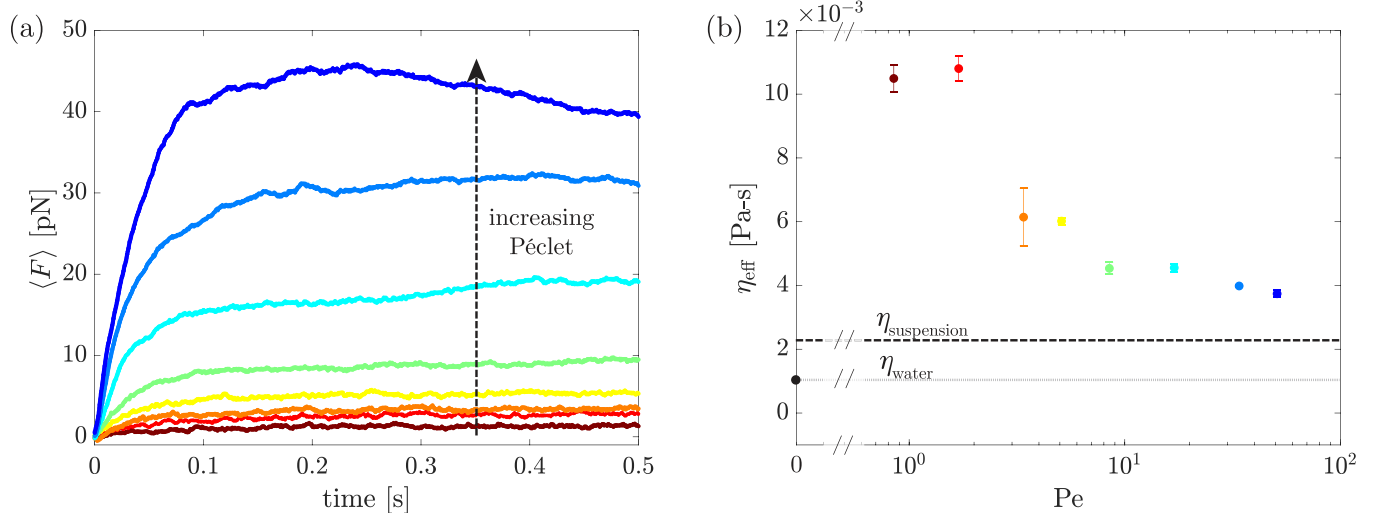


FIG. 3. Nonlinear microrheology and effective viscosity: (a) ensemble averaged force as a function of time, $\langle |\mathbf{F}(t)| \rangle$, is shown for measurements in stage 2 (constant velocity) for $\text{Pe} = 0.85$ (brown), 1.7 (red), 3.4 (orange), 5.1 (yellow), 8.5 (green), 17.0 (cyan), 33.9 (blue), and 50.9 (royal). Plateau forces clearly increase with Pe . (b) Effective viscosity, η_{eff} , as a function of Pe . Dashed horizontal lines show the viscosity of water (η_{water}) and expected viscosity of the passive suspension ($\eta_{\text{suspension}}$) according to the Krieger-Dougherty relation. Note the horizontal axis break (//) to allow a data point at zero Pe , where the active bath has an effective viscosity equivalent to water. Increasing Pe causes shear thickening with decreasing strength.

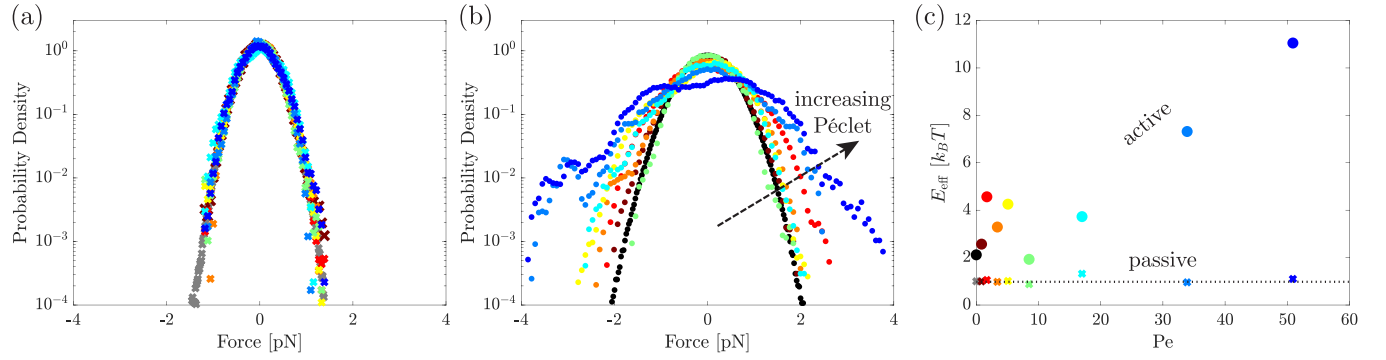


FIG. 4. Force fluctuations depend on Péclet number: colored symbols indicate Pe. (a) In a passive bath, the probability density of force fluctuations shows no dependence on Pe. (b) In an active bath, the distribution of forces clearly widens with increasing Pe. (c) The effective energy of the active bath consistently exhibits fluctuations greater than equilibrium and this effect increases with Pe. Dashed horizontal line indicates thermal equilibrium, $E_{\text{eff}} = k_B T$, [symbols differentiate data for the passive (\times) and active bath (\bullet)].

viscosity of our suspension as a function of Péclet number (Pe). Pe is defined for active suspensions as, $\text{Pe} = \dot{\gamma} \tau_r$ [47], where $\dot{\gamma} = 3\langle |\mathbf{U}| \rangle / \sqrt{2}r$ is the shear rate and τ_r is the persistence time of the active bath particle. For *E. coli*, persistence times are roughly one second [64,65], so we use $\tau_r = 1$ s for simplicity, such that $\text{Pe} = \dot{\gamma}$. Therefore in our PAM experiments we explore the regime, $0.85 < \text{Pe} < 50.9$. This data is color coded in figures as $\text{Pe} = 0.85$ (brown), 1.7 (red), 3.4 (orange), 5.1 (yellow), 8.5 (green), 17.0 (cyan), 33.9 (blue), and 50.9 (royal). We refer to this as nonlinear rheology for two reasons: (1) the forces measured (via PMM) are outside the linear regime of the optical trap and (2) the measured viscosity has a nonlinear relationship to shear rate.

To estimate the effective viscosity of our moderate volume fraction suspension in the absence of activity, we employ the widely used Krieger-Dougherty relation, $\eta_{\text{eff}}/\eta_0 = (1 - \phi/\phi_{\text{max}})^{-2}$ [87–91], where ϕ is the volume fraction and η_0 is the viscosity of the background solvent. Using our volume fraction $\phi = \phi_{\text{eff}} = 0.2$ and a $\phi_{\text{max}} = 0.63$ (for spherical packing) we estimate the viscosity of an equivalent isotropic passive suspension to be $\eta_{\text{eff}}/\eta_0 = 2.15$. This value provides a baseline expected viscosity of suspension without activity.

E. Theoretical model

As discussed previously [85], we model the stochastic forces of the optically trapped colloidal probe subject to thermal and nonthermal forces with the overdamped Langevin equation [3,92]. That is, the position $\mathbf{r}(t) \in \mathbb{R}^2$ of the colloidal particle is governed by

$$\gamma \dot{\mathbf{r}} + \kappa \mathbf{r} = \gamma \mathbf{u} + \sqrt{2D}\gamma \xi, \quad (1)$$

which balances the deterministic frictional and optical trap forces with the random active and thermal forces. In Eq. (1), κ is the optical trap stiffness, $\gamma = 6\pi R\eta$ is the friction coefficient of the Stokes' drag where R is the particle radius and η is viscosity, and D is the thermal diffusion coefficient of the zero-mean, δ -correlated Gaussian white noise process ξ . In this model, active bath particles collide with the probe particle, transferring energy, which manifests in an active burst velocity of the probe, \mathbf{u} . This active burst velocity, \mathbf{u} , is modeled as an Active Ornstein-Uhlenbeck (AOUP) process

with characteristic strength v , timescale τ , and correlations $\langle u(t)u(s) \rangle = v^2 \exp^{-|t-s|/\tau}$ [3,85,93]. This model allows for an analytic form of the force spectrum, as derived previously [85],

$$S_{ff}(\omega) = \left(2\kappa^2 D - \frac{2\tau\kappa^2 v^2}{\mu^2 \tau^2 - 1} \right) \frac{1}{\mu^2 + \omega^2} + \frac{2\tau\kappa^2 v^2}{(\mu^2 \tau^2 - 1)} \frac{1}{\tau^{-2} + \omega^2}, \quad (2)$$

where ω is frequency in rad/s, $\mu = \kappa/\gamma$, and $v = |\mathbf{u}|$. Equation (2) is fit to the experimentally measured force spectrum measured in stage 1 to extract nonequilibrium activity. We note that more complex and realistic models of the active process could be used specifically for *E. coli* [64,94], however, we use the AOUP process for generalizability to nonbacterial active baths and analytic tractability [93].

III. RESULTS AND DISCUSSION

A. Stage 1: Nonequilibrium force fluctuations

To extract the nonequilibrium force fluctuations on the colloid due to the active bath we focus on stage 1 (Fig. 1, yellow) where the colloid is fluctuating in the stationary trap due to forces from the surrounding media. We use the force spectrum, a commonly used approach [17], to quantify the force fluctuations on a colloid in both an active and passive bath. The average force spectra, shown in Fig. 2(a) for active (black dots) and passive (grey dots) baths, exhibit two notable features: (1) In the high-frequency regime ($f \gtrsim 50$ Hz), they collapse on one another; and (2) at lower frequencies ($f \lesssim 50$ Hz), the two curves diverge. These measurements show that in the active bath the high frequency fluctuations are dominated by thermal forces and the low-frequency fluctuations are dominated by nonthermal forces due to activity, as seen previously [16,72,95].

By fitting the analytic equation for the force spectra [Eq. (2)], we extract several physical parameters from the model, specifically, η , v , and τ . Interestingly, the extracted viscosity was indistinguishable between the active and passive bath, $\eta = 1$ mPa s, during stage 1. This suggests that the

swimming bacteria in the active bath do not contribute to the overall suspension viscosity as experienced by the colloid but do contribute to enhanced fluctuations [39,42,46–48,50,59]. This dichotomy highlights the lack of a direct connection between fluctuation and dissipation.

The two parameters that characterize the microscopic activity of the bath are the burst velocity and timescale (which are both zero for a passive bath). The burst velocity $\langle v \rangle = 2.9 \pm 0.06 \mu\text{m/s}$ and timescale $\langle \tau \rangle = 26 \pm 0.7 \text{ ms}$ represent the average nonequilibrium fluctuation transmitted to the probe colloid from the active bath. Both of these values are smaller than those of a single swimmer [64], as expected since the probe colloid is larger and its motion is likely due to many collisions. The burst velocity allows estimation of the average nonequilibrium force fluctuation to be approximately, $F = 6\pi r\eta v \approx 0.3 \text{ pN}$, sustained for an average time τ . This activity is manifested in a wider distribution of force fluctuations experienced by the probe during stage 1 in the active vs passive bath (Fig. 2, inset). This type of non-Gaussian force fluctuations are common in nonequilibrium systems [96,97].

To further characterize the nonequilibrium fluctuations, we calculate the active energy spectrum from the ratio of the force spectra [85,98]. Figure 2(b) shows that low-frequency active fluctuations have energy scales on the order of $k_B T$, which corresponds to a dissipation rate of $\langle J \rangle \approx 10^3 k_B T/\text{s}$ when integrated over all available frequencies, *a la* the Harada-Sasa equality [75,85]. This value, $\langle J \rangle$, estimates the average rate of energy transferred from the active bath to the probe colloid that is manifested in translational fluctuations. It is worth noting, that this value is remarkably close to the power dissipated by an individual swimming bacteria [99,100], but this is likely a coincidence since the overall motion of the probe colloid is presumably due to a large number of collisions. To quantitatively relate the average burst velocity/timescale, force fluctuation, and dissipation rate of the active bath to the individual swimming bacteria requires a detailed micromechanical model that considers momentum exchange—a topic of future work.

Overall, analysis of spontaneous force fluctuations during stage 1 (stationary piezo stage) allows characterization of the amplitude, timescale, and energetics of nonequilibrium fluctuations experienced by the probe colloid in an active bath. The parameters extracted from our theoretical fit provides an estimate of the effective self-diffusion of the probe colloid in an active bath where, $D_{\text{eff}} = D_{\text{thermal}} + D_{\text{active}}$, where $D_{\text{thermal}} = k_B T / 6\pi r\eta$ and $D_{\text{active}} = v^2 \tau / 6$ [101]. We find that the thermal and active diffusion coefficients are 4.4×10^{-14} and $3.6 \times 10^{-14} \text{ m}^2/\text{s}$, respectively, indicating that the active bath almost doubles the effective diffusion of the probe colloid at long timescales.

B. Stage 2: Nonlinear microrheology and effective viscosity

To characterize the response of the active bath to an applied force we focus on stage 2 (Fig. 1, green) where the colloid is pulled through the active suspension at constant velocity (or Pe). The force response increases in magnitude with increasing Pe , and shows an initial slope followed by a plateau, as shown in Fig. 3(a). To quantify the viscous response of the

active bath we calculate the effective viscosity (η_{eff} , see Methods) which exhibits a strong dependence on Pe [Fig. 3(b)].

A recent theoretical study has highlighted that the effective viscosity is strongly dependent on local length scales [47], but experimental comparisons are lacking. For direct comparison to this recent theoretical work, we introduce two length scales: The distance moved by the colloidal probe during a characteristic time, $L = U \tau_L$, where $U = \langle |\mathbf{U}| \rangle$ is the probe speed maintained for a time τ_L . The distance moved by the active bath particle, $\ell = v \tau_r$, where v is the self-propulsion speed and τ_r is the persistence time. Here, since both timescales are of $\mathcal{O}(1)$, then $L/\ell \sim U/v$. Further we introduce the center-to-center separation distance of the probe and active particle upon contact to be $R_c = r + a$ where r is the size of the colloidal probe and a is the size of the active particle. In our experiments $\ell/R_c \sim 1$, meaning the distance traveled by an active bath particle during its characteristic reorientation time, τ_r , is comparable the center-to-center distance of the probe and active particle pair.

At “zero” Pe (or zero shear rate), where $L \ll \ell$, the viscosity is equivalent to that of water even though it is actually a dense suspension. This zero shear viscosity is deduced from the stage 1 fit, because η_{eff} is not defined for $\mathbf{U} = 0$. In this regime, the active bath particles travel a much greater distance than the probe during a time, τ_r , and are able to transfer force to the probe from all directions. According to the Krieger-Dougherty relation, a passive suspension of $\phi_{\text{eff}} = 0.2$ the expected viscosity is $\eta_{\text{eff}} \approx 2 \text{ mPa s}$, whereas our measured viscosity is roughly half that. This is consistent with several previous studies that have found superfluid behavior of active suspensions due to an effective shear thinning caused by the active swimmers [40,45–47,49,59,102]. However, our data indicate that the effective microviscosity decreases to the solvent viscosity but we do not observe further thinning. This discrepancy between previous studies could be due to measurements that probe different length scales and/or the absence of large scale ordering in our active bath. Specifically, the microviscosity measured here characterizes the local environment at the colloidal scale ($r = 5 \mu\text{m}$), whereas previous measurements were of bulk environments with length scales on the order of $10^2 \mu\text{m}$ for microfluidic viscometers [45,60] or 10^3 – $10^4 \mu\text{m}$ for macrorheometry [46,102]. Our measured thinning of the active bath down to the solvent viscosity, but not lower, is in agreement with recent simulations of an isotropic active bath [47]. Superfluidization to levels below the solvent viscosity may require large-scale shear to organize flow fields [44,59] and may only be evident on larger length-scales.

At intermediate Pe (0.85 to 5.1), where $L/\ell \sim 1$, we see a large increase in effective viscosity of three to five times the value expected for a passive suspension. In this regime, the probe particle and the active bath particles move comparable distances during a time, τ_r . The proposed explanation [47] is that active particles behind the probe have difficulty pushing because they are moving at roughly the same speed, whereas the opposite is true for active particles in front of the probe that are able to push backward on the probe—leading to force thickening. It is interesting to note that this mechanism for force thickening [47] is completely independent of hydrodynamic lubrication interactions as occurs in passive colloidal

suspensions [103,104]. Recent simulations further support the above mechanism of force thickening, namely an inhomogeneous distribution of active particles [105].

At large Pe (8.5 to 50.9), where $L > \ell$, we see a relative decrease in the effective viscosity (or a decreasing effect of shear thickening) that seems to plateau. In this regime, the probe particle moves much further than the active bath particle during the reorientation time τ_r . Here, in line with Burkholder and Brady [47], we expect that the active particles behind the probe are not able to fill in the wake left by the probe motion and active particles in front are not able to escape and accumulate in the boundary layer. Essentially, at high probe velocities the active bath cannot “keep up” and the effective viscosity resembles that of a passive suspension exhibiting a high Pe plateau. The measured plateau is roughly twice the expected viscosity for a passive suspension of hard colloidal spheres estimated via the Krieger-Dougherty relation for $\phi_{\text{eff}} = 0.2$ [87]. This larger plateau viscosity could be due to nonspherical geometry or interactions between the active bath particles (*E. coli*), which are unaccounted for in this estimate.

Overall, our nonlinear microrheology results largely confirm theoretical predictions [47]. At $Pe \ll 1$, the active bath particle motion dominates and thins the suspension leading to a reduced zero-shear plateau viscosity equivalent to that of the solvent (water). At intermediate Pe , where the motion of the probe particle and active bath particle are comparable ($L \sim \ell$), the active bath particles push backward on the advancing probe and the suspension thickens. At $Pe > 8.5$, the probe motion dominates ($L > \ell$) and the active bath particles cannot keep up with its motion leading to a plateau viscosity as seen in passive suspensions. This type of non monotonic shear thickening at the single particle level is qualitatively similar to previous theoretical predictions in dilute suspensions [50].

C. Force fluctuations depend on Péclet number

An advantage of measuring the nonlinear response of the active bath using optical tweezer microrheology is access to full information on the force fluctuations experienced by the probe [106]. These fluctuations are related to effective temperature relations and nonequilibrium work theorems [76,107,108]. To focus on the fluctuations, we analyze the direction orthogonal to PAM to remove the direct influence of the trap motion and plot the probability density of force fluctuations in Fig. 4. For the passive bath composed of a Newtonian solvent (i.e., water), the force fluctuations orthogonal to trap motion do not depend on Pe [Fig. 4(a)].

For the active bath suspension, the fluctuations increase with Pe and become non-Gaussian [Fig. 4(b)]. We can characterize this by plotting the effective energy E_{eff} of the particle as a function of Pe [Fig. 4(c)]. We calculate E_{eff} from the variance of the force distributions in Figs. 4(a) and 4(b); assuming the fluctuations in the passive bath at $Pe = 0$ have an energy of $k_B T$ (grey, \times). Specifically, the effective energy was calculated as $E_{\text{eff}} = \sigma^2 / \sigma_{\text{grey}, \times}^2$, where σ^2 is the variance of the force distribution of interest and $\sigma_{\text{grey}, \times}^2$ is the variance of the force distribution at $Pe = 0$ in a passive bath.

The E_{eff} plotted in Fig. 4(c) shows a clear dependence on Pe for the active bath (\bullet) but not for the passive bath (\times).

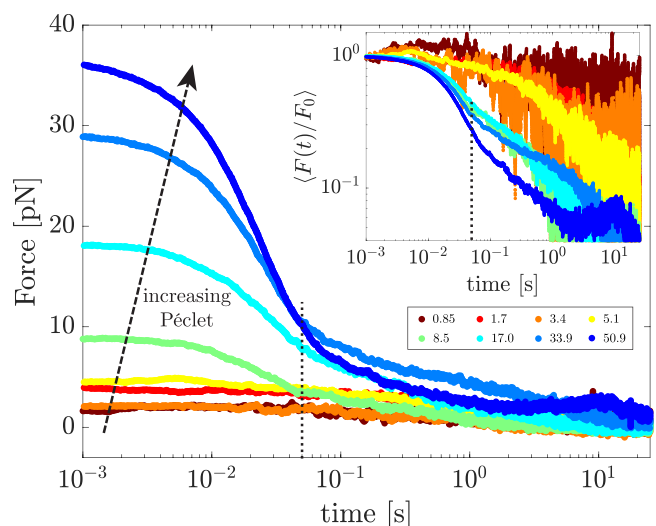


FIG. 5. Force relaxation depends on Pe . For $Pe \geq 8.5$, the force relaxation exhibits a rapid decay for $t \leq 50$ ms, followed by a slow relaxation. For $Pe < 8.5$, the initial rapid decay is not observed. Colored symbols in legend indicate Pe for each data set. Inset shows the normalized force relaxation.

At low Pe , this relationship is weak but the E_{eff} of the active bath is always greater than the passive bath. As Pe increases, the E_{eff} of the active bath clearly increases. Enhanced fluctuations at high Pe (but not low Pe) have also been observed in dense suspensions of passive colloids [76]. Therefore we interpret this as follows: At low Pe , enhanced fluctuations come primarily from the activity of the bath particles. At high Pe , enhanced fluctuations are a combination of activity and steric interactions due to the probe pushing active bath particles at high shear rate. This interpretation is consistent with our effective viscosity measurements [Fig. 3(b)] where at $Pe < 8.5$ activity of the bath plays an important role, whereas at $Pe \geq 8.5$, a viscous plateau is observed, qualitatively consistent with passive colloidal suspensions.

D. Stage 3: Force relaxation

Force relaxation is observed in stage 3 (Fig. 1, magenta) where the optical trap is stationary and the probe is relaxing from its perturbed state in stage 2 (Fig. 1, green). This force relaxation is challenging to interpret due to the large number of physical processes occurring simultaneously, e.g., active fluctuations, heterogeneous bath density, colloidal suspension dynamics, viscoelastic effects. However, one clear observation is the dependence on Pe as shown in Fig. 5. For $Pe \geq 8.5$, forces exhibit an initial rapid decay during the first 50 ms (dashed vertical line in Fig. 5) followed by a slow relaxation to the equilibrium position. For $Pe < 8.5$, forces exhibit only the slow relaxation to the equilibrium position. This is in stark contrast to the nearly instantaneous relaxation for a Newtonian fluid in thermal equilibrium (Fig. 1, grey).

Figure 5 inset is the normalized force relaxation, which accentuates this effect showing a rapid decay for $Pe \geq 8.5$ and a slow relaxation for $Pe < 8.5$. We interpret this as follows: At $Pe \geq 8.5$, the rapid decay is due mainly to the passive properties of the bath, where large forces cause steric

rearrangements of the bath particles. This is followed by a slower force relaxation due to the active fluctuations at $t > 50$ ms. This is consistent with measurements of the force spectra [Fig. 2(a)] where the timescale of the active process was estimated to be $\langle \tau \rangle = 26$ ms and thus the effects of such activity is visible on timescales greater than that. At $Pe < 8.5$, the force relaxation is dominated by the bath activity, because steric interactions due to large deformation are absent. Recent work suggests that activity of the bath can have a strong effect on relaxation dynamics [109,110]. To interpret the relaxation, extension of active viscoelastic models [111] to the nonlinear regime and incorporating active elements into a viscoelastic memory kernel are promising next steps. These models must consider the microscopic dynamics (e.g., the detailed interactions between the probe and bath particles)—a topic reserved for future work.

IV. CONCLUSION

Altogether, our results show that an immersed micron-scale probe in a moderately dense ($\phi_{\text{eff}} = 0.2$) active bath of *E. coli* experiences, on average, active forces of $\langle F \rangle \sim 0.3$ pN for a duration of $\langle \tau \rangle = 26$ ms resulting in non-thermal energy transfer of $\langle J \rangle \approx 10^3 k_B T/s$. This results in enhanced diffusion at long timescales and superfluidlike thinning down to the solvent viscosity at $Pe \sim 0$. At intermediate Pe , the active bath shear thickens to 3–5X the viscosity of a

comparable passive suspension, exhibits increased amplitude of force fluctuations and a slow relaxation back to equilibrium from its perturbed state. At higher Pe , the active bath exhibits a viscous plateau of 2X the viscosity of a comparable passive suspension, shows force fluctuations that increase with Pe , and exhibits a rapid force decay followed by a slow relaxation to equilibrium from its perturbed state. Our results complement previous experimental [16,68,72] and theoretical studies [40,47], and contribute to the emerging picture that when the distances traversed in a characteristic time by the immersed probe and active bath particle are small, $L/\ell \leq 1$, the active bath exhibits novel nonequilibrium properties; and when $L/\ell > 1$ that active bath behaves much like a passive colloidal suspension. A natural important extension of this work would be to systematically vary the activity of the active bath, controlling L/ℓ , to study the effect on active fluctuations and viscosity experienced by the embedded probe. This could be accomplished using a heat exchanging fluid bath [112] or localized laser heating [113,114].

ACKNOWLEDGMENTS

This material is based upon work supported by the National Science Foundation under Grants No. NSF DMR-2004566 to W.W.A., No. NSF DMR-2004417 to J.L.R., and No. NSF DMR-2004400 to W.B.R. H.S. and M.G. were partially supported by the Dan Black Family Trust Fellowship.

-
- [1] C. Bechinger, R. Di Leonardo, H. Löwen, C. Reichhardt, G. Volpe, and G. Volpe, Active particles in complex and crowded environments, *Rev. Mod. Phys.* **88**, 045006 (2016).
 - [2] G. Popkin, The physics of life, *Nature (London)* **529**, 16 (2016).
 - [3] É. Fodor and M. C. Marchetti, The statistical physics of active matter: From self-catalytic colloids to living cells, *Physica A* **504**, 106 (2018).
 - [4] S. Ghosh, A. Somasundar, and A. Sen, Enzymes as active matter, *Annu. Rev. Condens. Matter Phys.* **12**, 177 (2021).
 - [5] J. Elgeti, R. G. Winkler, and G. Gompper, Physics of microswimmers—single particle motion and collective behavior: A review, *Rep. Prog. Phys.* **78**, 056601 (2015).
 - [6] R. Alert and X. Trepat, Living cells on the move, *Phys. Today* **74**, 30 (2021).
 - [7] H. H. Wensink, J. Dunkel, S. Heidenreich, K. Drescher, R. E. Goldstein, H. Löwen, and J. M. Yeomans, Meso-scale turbulence in living fluids, *Proc. Natl. Acad. Sci. USA* **109**, 14308 (2012).
 - [8] A. Bricard, J.-B. Caussin, N. Desreumaux, O. Dauchot, and D. Bartolo, Emergence of macroscopic directed motion in populations of motile colloids, *Nature (London)* **503**, 95 (2013).
 - [9] L. Giomi, N. Hawley-Weld, and L. Mahadevan, Swarming, swirling and stasis in sequestered bristle-bots, *Proc. R. Soc. A* **469**, 20120637 (2013).
 - [10] C. Scholz, S. Jahanshahi, A. Ldov, and H. Löwen, Inertial delay of self-propelled particles, *Nat. Commun.* **9**, 5156 (2018).
 - [11] C. Gouiller, F. Raynal, L. Maquet, M. Bourgoïn, C. Cottin-Bizonne, R. Volk, and C. Ybert, Mixing and unmixing induced by active camphor particles, *Phys. Rev. Fluids* **6**, 014501 (2021).
 - [12] A. Cavagna and I. Giardina, Bird flocks as condensed matter, *Annu. Rev. Condens. Matter Phys.* **5**, 183 (2014).
 - [13] F. Ginelli, F. Peruani, M.-H. Pillot, H. Chaté, G. Theraulaz, and R. Bon, Intermittent collective dynamics emerge from conflicting imperatives in sheep herds, *Proc. Natl. Acad. Sci. USA* **112**, 12729 (2015).
 - [14] S. Ramaswamy, The mechanics and statistics of active matter, *Annu. Rev. Condens. Matter Phys.* **1**, 323 (2010).
 - [15] M. C. Marchetti, J.-F. Joanny, S. Ramaswamy, T. B. Liverpool, J. Prost, M. Rao, and R. A. Simha, Hydrodynamics of soft active matter, *Rev. Mod. Phys.* **85**, 1143 (2013).
 - [16] D. T. N. Chen, A. W. C. Lau, L. A. Hough, M. F. Islam, M. Goulian, T. C. Lubensky, and A. G. Yodh, Fluctuations and Rheology in Active Bacterial Suspensions, *Phys. Rev. Lett.* **99**, 148302 (2007).
 - [17] W. W. Ahmed, É. Fodor, and T. Betz, Active cell mechanics: Measurement and theory, *Biochimica et Biophysica Acta (BBA) - Molecular Cell Research* **1853**, 3083 (2015).
 - [18] D. Mizuno, C. Tardin, C. F. Schmidt, and F. C. MacKintosh, Nonequilibrium mechanics of active cytoskeletal networks, *Science* **315**, 370 (2007).
 - [19] P. Martin, A. Hudspeth, and F. Jülicher, Comparison of a hair bundle's spontaneous oscillations with its response to mechanical stimulation reveals the underlying active process, *Proc. Natl. Acad. Sci. USA* **98**, 14380 (2001).
 - [20] C. Battle, C. P. Broedersz, N. Fakhri, V. F. Geyer, J. Howard, C. F. Schmidt, and F. C. MacKintosh, Broken detailed balance

- at mesoscopic scales in active biological systems, *Science* **352**, 604 (2016).
- [21] I. A. Martínez, G. Bisker, J. M. Horowitz, and J. M. Parrondo, Inferring broken detailed balance in the absence of observable currents, *Nat. Commun.* **10**, 3542 (2019).
- [22] F. Gnesotto, F. Mura, J. Gladrow, and C. P. Broedersz, Broken detailed balance and non-equilibrium dynamics in living systems: A review, *Rep. Prog. Phys.* **81**, 066601 (2018).
- [23] A. P. Tabatabai, D. S. Seara, J. Tibbs, V. Yadav, I. Linsmeier, and M. P. Murrell, Detailed balance broken by catch bond kinetics enables mechanical-adaptation in active materials, *Adv. Funct. Mater.* **31**, 2006745 (2021).
- [24] C. Nardini, É. Fodor, E. Tjhung, F. van Wijland, J. Tailleur, and M. E. Cates, Entropy Production in Field Theories without Time-Reversal Symmetry: Quantifying the Non-Equilibrium Character of Active Matter, *Phys. Rev. X* **7**, 021007 (2017).
- [25] L. Dabelow, S. Bo, and R. Eichhorn, Irreversibility in Active Matter Systems: Fluctuation Theorem and Mutual Information, *Phys. Rev. X* **9**, 021009 (2019).
- [26] S. Shankar and M. C. Marchetti, Hidden entropy production and work fluctuations in an ideal active gas, *Phys. Rev. E* **98**, 020604(R) (2018).
- [27] S. Pigolotti, I. Neri, É. Roldán, and F. Jülicher, Generic Properties of Stochastic Entropy Production, *Phys. Rev. Lett.* **119**, 140604 (2017).
- [28] C. Dombrowski, L. Cisneros, S. Chatkaew, R. E. Goldstein, and J. O. Kessler, Self-Concentration and Large-Scale Coherence in Bacterial Dynamics, *Phys. Rev. Lett.* **93**, 098103 (2004).
- [29] T. Vicsek and A. Zafeiris, Collective motion, *Phys. Rep.* **517**, 71 (2012).
- [30] A. Sokolov and I. S. Aranson, Physical Properties of Collective Motion in Suspensions of Bacteria, *Phys. Rev. Lett.* **109**, 248109 (2012).
- [31] H. Wioland, E. Lushi, and R. E. Goldstein, Directed collective motion of bacteria under channel confinement, *New J. Phys.* **18**, 075002 (2016).
- [32] H.-P. Zhang, A. Be'er, E.-L. Florin, and H. L. Swinney, Collective motion and density fluctuations in bacterial colonies, *Proc. Natl. Acad. Sci. USA* **107**, 13626 (2010).
- [33] S. Ramaswamy, R. A. Simha, and J. Toner, Active nematics on a substrate: Giant number fluctuations and long-time tails, *Europhys. Lett.* **62**, 196 (2003).
- [34] L. Berthier and J. Kurchan, Non-equilibrium glass transitions in driven and active matter, *Nat. Phys.* **9**, 310 (2013).
- [35] S. Gokhale, J. Li, A. Solon, J. Gore, and N. Fakhri, Dynamic clustering of passive colloids in dense suspensions of motile bacteria, *arXiv:2110.02294*.
- [36] M. F. Hagan and A. Baskaran, Emergent self-organization in active materials, *Curr. Opin. Cell Biol.* **38**, 74 (2016).
- [37] G. S. Redner, M. F. Hagan, and A. Baskaran, Structure and Dynamics of a Phase-Separating Active Colloidal Fluid, *Phys. Rev. Lett.* **110**, 055701 (2013).
- [38] S. Mishra, A. Baskaran, and M. C. Marchetti, Fluctuations and pattern formation in self-propelled particles, *Phys. Rev. E* **81**, 061916 (2010).
- [39] Y. Hatwalne, S. Ramaswamy, M. Rao, and R. A. Simha, Rheology of Active-Particle Suspensions, *Phys. Rev. Lett.* **92**, 118101 (2004).
- [40] D. Saintillan, Rheology of active fluids, *Annu. Rev. Fluid Mech.* **50**, 563 (2018).
- [41] G. I. Menon, Active matter, in *Rheology of complex Fluids* (Springer, New York, 2010), pp. 193–218.
- [42] B. M. Haines, I. S. Aranson, L. Berlyand, and D. A. Karpeev, Effective viscosity of dilute bacterial suspensions: A two-dimensional model, *Phys. Biol.* **5**, 046003 (2008).
- [43] V. Gyrya, K. Lipnikov, I. Aranson, and L. Berlyand, Effective shear viscosity and dynamics of suspensions of microswimmers from small to moderate concentrations, *J. Math. Biol.* **62**, 707 (2011).
- [44] A. Sokolov and I. S. Aranson, Reduction of Viscosity in Suspension of Swimming Bacteria, *Phys. Rev. Lett.* **103**, 148101 (2009).
- [45] J. Gachelin, G. Mino, H. Berthet, A. Lindner, A. Rousselet, and É. Clément, Non-Newtonian Viscosity of *Escherichia coli* Suspensions, *Phys. Rev. Lett.* **110**, 268103 (2013).
- [46] H. M. López, J. Gachelin, C. Douarche, H. Auradou, and E. Clément, Turning Bacteria Suspensions into Superfluids, *Phys. Rev. Lett.* **115**, 028301 (2015).
- [47] E. W. Burkholder and J. F. Brady, Nonlinear microrheology of active brownian suspensions, *Soft Matter* **16**, 1034 (2020).
- [48] E. W. Burkholder and J. F. Brady, Fluctuation-dissipation in active matter, *J. Chem. Phys.* **150**, 184901 (2019).
- [49] S. C. Takatori and J. F. Brady, Superfluid Behavior of Active Suspensions from Diffusive Stretching, *Phys. Rev. Lett.* **118**, 018003 (2017).
- [50] D. Saintillan, The dilute rheology of swimming suspensions: A simple kinetic model, *Experimental Mechanics* **50**, 1275 (2010).
- [51] C. Maes, Fluctuating Motion in an Active Environment, *Phys. Rev. Lett.* **125**, 208001 (2020).
- [52] S. Ye, P. Liu, F. Ye, K. Chen, and M. Yang, Active noise experienced by a passive particle trapped in an active bath, *Soft Matter* **16**, 4655 (2020).
- [53] S. Liu, S. Shankar, M. C. Marchetti, and Y. Wu, Viscoelastic control of spatiotemporal order in bacterial active matter, *Nature (London)* **590**, 80 (2021).
- [54] A. Puglisi and U. M. Bettolo Marconi, Clausius relation for active particles: What can we learn from fluctuations, *Entropy* **19**, 356 (2017).
- [55] S. Chaki and R. Chakrabarti, Effects of active fluctuations on energetics of a colloidal particle: Superdiffusion, dissipation and entropy production, *Physica A* **530**, 121574 (2019).
- [56] S. Chaki and R. Chakrabarti, Entropy production and work fluctuation relations for a single particle in active bath, *Physica A* **511**, 302 (2018).
- [57] A. W. C. Lau and T. C. Lubensky, Fluctuating hydrodynamics and microrheology of a dilute suspension of swimming bacteria, *Phys. Rev. E* **80**, 011917 (2009).
- [58] M. Knežević, L. E. Avilés Podgurski, and H. Stark, Oscillatory active microrheology of active suspensions, *Sci. Rep.* **11**, 22706 (2021).
- [59] S. Guo, D. Samanta, Y. Peng, X. Xu, and X. Cheng, Symmetric shear banding and swarming vortices in bacterial superfluids, *Proc. Natl. Acad. Sci. USA* **115**, 7212 (2018).
- [60] Z. Liu, K. Zhang, and X. Cheng, Rheology of bacterial suspensions under confinement, *Rheol. Acta* **58**, 439 (2019).

- [61] A. J. Mathijssen, N. Figueroa-Morales, G. Junot, É. Clément, A. Lindner, and A. Zöttl, Oscillatory surface rheotaxis of swimming *e. coli* bacteria, *Nat. Commun.* **10**, 3434 (2019).
- [62] N. Figueroa-Morales, G. L. Mino, A. Rivera, R. Caballero, E. Clément, E. Altshuler, and A. Lindner, Living on the edge: transfer and traffic of *e. coli* in a confined flow, *Soft Matter* **11**, 6284 (2015).
- [63] G. Junot, N. Figueroa-Morales, T. Darnige, A. Lindner, R. Soto, H. Auradou, and E. Clément, Swimming bacteria in poiseuille flow: The quest for active bretherton-jeffery trajectories, *Europhys. Lett.* **126**, 44003 (2019).
- [64] N. Figueroa-Morales, R. Soto, G. Junot, T. Darnige, C. Douarche, V. A. Martinez, A. Lindner, and E. Clément, 3D Spatial Exploration by *E. coli* Echoes Motor Temporal Variability, *Phys. Rev. X* **10**, 021004 (2020).
- [65] A. Patteson, A. Gopinath, M. Goulian, and P. Arratia, Running and tumbling with *e. coli* in polymeric solutions, *Sci. Rep.* **5**, 15761 (2015).
- [66] E. P. Ipiña, S. Otte, R. Pontier-Bres, D. Czerucka, and F. Peruani, Bacteria display optimal transport near surfaces, *Nat. Phys.* **15**, 610 (2019).
- [67] A. Martínez-Calvo, C. Trenado-Yuste, and S. S. Datta, Active transport in complex environments, *arXiv:2108.07011*.
- [68] X.-L. Wu and A. Libchaber, Particle Diffusion in a Quasi-Two-Dimensional Bacterial Bath, *Phys. Rev. Lett.* **84**, 3017 (2000).
- [69] A. Jepsen, V. A. Martinez, J. Schwarz-Linek, A. Morozov, and W. C. K. Poon, Enhanced diffusion of nonswimmers in a three-dimensional bath of motile bacteria, *Phys. Rev. E* **88**, 041002(R) (2013).
- [70] G. Grégoire, H. Chaté, and Y. Tu, Active and passive particles: Modeling beads in a bacterial bath, *Phys. Rev. E* **64**, 011902 (2001).
- [71] G. Soni, B. J. Ali, Y. Hatwalne, and G. Shivashankar, Single particle tracking of correlated bacterial dynamics, *Biophys. J.* **84**, 2634 (2003).
- [72] C. Maggi, M. Paoluzzi, L. Angelani, and R. Di Leonardo, Memory-less response and violation of the fluctuation-dissipation theorem in colloids suspended in an active bath, *Sci. Rep.* **7**, 17588 (2017).
- [73] J. Schwarz-Linek, J. Arlt, A. Jepsen, A. Dawson, T. Vissers, D. Miroti, T. Pilizota, V. A. Martinez, and W. C. Poon, *Escherichia coli* as a model active colloid: A practical introduction, *Colloids and Surfaces B: Biointerfaces* **137**, 2 (2016).
- [74] H. C. Berg, *E. coli in Motion* (Springer Science & Business Media, New York, 2008).
- [75] T. Harada and S.-i. Sasa, Equality Connecting Energy Dissipation with a Violation of the Fluctuation-Response Relation, *Phys. Rev. Lett.* **95**, 130602 (2005).
- [76] L. Wilson, A. Harrison, W. Poon, and A. Puertas, Microrheology and the fluctuation theorem in dense colloids, *Europhys. Lett.* **93**, 58007 (2011).
- [77] L. G. Wilson and W. C. Poon, Small-world rheology: An introduction to probe-based active microrheology, *Phys. Chem. Chem. Phys.* **13**, 10617 (2011).
- [78] T. M. Squires and J. F. Brady, A simple paradigm for active and nonlinear microrheology, *Phys. Fluids* **17**, 073101 (2005).
- [79] J. Leach, H. Mushfique, S. Keen, R. Di Leonardo, G. Ruocco, J. Cooper, and M. Padgett, Comparison of Faxén's correction for a microsphere translating or rotating near a surface, *Phys. Rev. E* **79**, 026301 (2009).
- [80] A. Farré and M. Montes-Usategui, A force detection technique for single-beam optical traps based on direct measurement of light momentum changes, *Opt. Express* **18**, 11955 (2010).
- [81] J. Gieseler, J. R. Gomez-Solano, A. Magazzù, I. P. Castillo, L. P. García, M. Gironella-Torrent, X. Viader-Godoy, F. Ritort, G. Pesce, A. V. Arzola *et al.*, Optical tweezers: A comprehensive tutorial from calibration to applications, *arXiv:2004.05246*.
- [82] Y. Jun, S. K. Tripathy, B. R. Narayanareddy, M. K. Mattson-Hoss, and S. P. Gross, Calibration of optical tweezers for in vivo force measurements: How do different approaches compare?, *Biophys. J.* **107**, 1474 (2014).
- [83] P. Welch, The use of fast fourier transform for the estimation of power spectra: A method based on time averaging over short, modified periodograms, *IEEE Trans. Audio Electroacoust.* **15**, 70 (1967).
- [84] T. F. Coleman and Y. Li, An interior trust region approach for nonlinear minimization subject to bounds, *SIAM J. Optim.* **6**, 418 (1996).
- [85] C. Jones, M. Gomez, R. M. Muoio, A. Vidal, R. A. Mcknight, N. D. Brubaker, and W. W. Ahmed, Stochastic force dynamics of the model microswimmer *chlamydomonas reinhardtii*: Active forces and energetics, *Phys. Rev. E* **103**, 032403 (2021).
- [86] R. M. Robertson-Anderson, Optical tweezers microrheology: From the basics to advanced techniques and applications, *ACS Macro Lett.* **7**, 968 (2018).
- [87] I. M. Krieger and T. J. Dougherty, A mechanism for non-newtonian flow in suspensions of rigid spheres, *Trans. Soc. Rheol.* **3**, 137 (1959).
- [88] D. Quemada, Rheology of concentrated disperse systems and minimum energy dissipation principle, *Rheol. Acta* **16**, 82 (1977).
- [89] R. C. Ball and P. Richmond, Dynamics of colloidal dispersions, *Phys. Chem. Liq.* **9**, 99 (1980).
- [90] J. van der Werff and C. De Kruif, Hard-sphere colloidal dispersions: the scaling of rheological properties with particle size, volume fraction, and shear rate, *J. Rheol.* **33**, 421 (1989).
- [91] E. S. Boek, P. V. Coveney, H. N. W. Lekkerkerker, and P. van der Schoot, Simulating the rheology of dense colloidal suspensions using dissipative particle dynamics, *Phys. Rev. E* **55**, 3124 (1997).
- [92] K. Sekimoto, Langevin equation and thermodynamics, *Prog. Theor. Phys. Suppl.* **130**, 17 (1998).
- [93] D. Martin, J. O'Byrne, M. E. Cates, É. Fodor, C. Nardini, J. Tailleur, and F. van Wijland, Statistical mechanics of active ornstein-uhlenbeck particles, *Phys. Rev. E* **103**, 032607 (2021).
- [94] A. Baskaran and M. C. Marchetti, Statistical mechanics and hydrodynamics of bacterial suspensions, *Proc. Natl. Acad. Sci. USA* **106**, 15567 (2009).
- [95] P. Bohec, J. Tailleur, F. van Wijland, A. Richert, and F. Gallet, Distribution of active forces in the cell cortex, *Soft Matter* **15**, 6952 (2019).
- [96] K. C. Leptos, J. S. Guasto, J. P. Gollub, A. I. Pesci, and R. E. Goldstein, Dynamics of Enhanced Tracer Diffusion in Suspensions of Swimming Eukaryotic Microorganisms, *Phys. Rev. Lett.* **103**, 198103 (2009).

- [97] I. Rushkin, V. Kantsler, and R. E. Goldstein, Fluid Velocity Fluctuations in a Suspension of Swimming Protists, *Phys. Rev. Lett.* **105**, 188101 (2010).
- [98] S. Eldeen, R. Muoio, P. Blaisdell-Pijuan, N. La, M. Gomez, A. Vidal, and W. Ahmed, Quantifying the non-equilibrium activity of an active colloid, *Soft Matter* **16**, 7202 (2020).
- [99] T. Ishikawa, N. Yoshida, H. Ueno, M. Wiedeman, Y. Imai, and T. Yamaguchi, Energy Transport in a Concentrated Suspension of Bacteria, *Phys. Rev. Lett.* **107**, 028102 (2011).
- [100] S. Chattopadhyay, R. Moldovan, C. Yeung, and X. Wu, Swimming efficiency of bacterium *escherichiacoli*, *Proc. Natl. Acad. Sci. USA* **103**, 13712 (2006).
- [101] S. C. Takatori, W. Yan, and J. F. Brady, Swim Pressure: Stress Generation in Active Matter, *Phys. Rev. Lett.* **113**, 028103 (2014).
- [102] J. Y. Chui, C. Douarche, H. Auradou, and R. Juanes, Rheology of bacterial superfluids in viscous environments, *Soft Matter* **17**, 7004 (2021).
- [103] X. Cheng, J. H. McCoy, J. N. Israelachvili, and I. Cohen, Imaging the microscopic structure of shear thinning and thickening colloidal suspensions, *Science* **333**, 1276 (2011).
- [104] S. Pednekar, J. Chun, and J. F. Morris, Simulation of shear thickening in attractive colloidal suspensions, *Soft Matter* **13**, 1773 (2017).
- [105] M. Knezevic, L. Podgurski, and H. Stark, Oscillatory active microrheology of active suspensions, [arXiv:2109.11218](https://arxiv.org/abs/2109.11218).
- [106] L. Wilson, A. Harrison, A. Schofield, J. Arlt, and W. Poon, Passive and active microrheology of hard-sphere colloids, *J. Phys. Chem. B* **113**, 3806 (2009).
- [107] J. Kurchan, Non-equilibrium work relations, *J. Stat. Mech.: Theory Exp.* (2007) P07005.
- [108] D. J. Evans and D. J. Searles, The fluctuation theorem, *Adv. Phys.* **51**, 1529 (2002).
- [109] L. Caprini, A. Puglisi, and A. Sarracino, Fluctuation–dissipation relations in active matter systems, *Symmetry* **13**, 81 (2021).
- [110] L. Caprini, Generalized fluctuation–dissipation relations holding in non-equilibrium dynamics, *J. Stat. Mech.: Theory Exp.* (2021) 063202.
- [111] D. Banerjee, V. Vitelli, F. Jülicher, and P. Surowka, Active Viscoelasticity of Odd Materials, *Phys. Rev. Lett.* **126**, 138001 (2021).
- [112] S. Krishnamurthy, S. Ghosh, D. Chatterji, R. Ganapathy, and A. Sood, A micrometre-sized heat engine operating between bacterial reservoirs, *Nat. Phys.* **12**, 1134 (2016).
- [113] V. Blickle and C. Bechinger, Realization of a micrometre-sized stochastic heat engine, *Nat. Phys.* **8**, 143 (2012).
- [114] I. A. Martínez, É. Roldán, L. Dinis, D. Petrov, J. M. Parrondo, and R. A. Rica, Brownian carnot engine, *Nat. Phys.* **12**, 67 (2016).